

Your day  
Your pride  
Your school  
Your energy  
Your thoughts

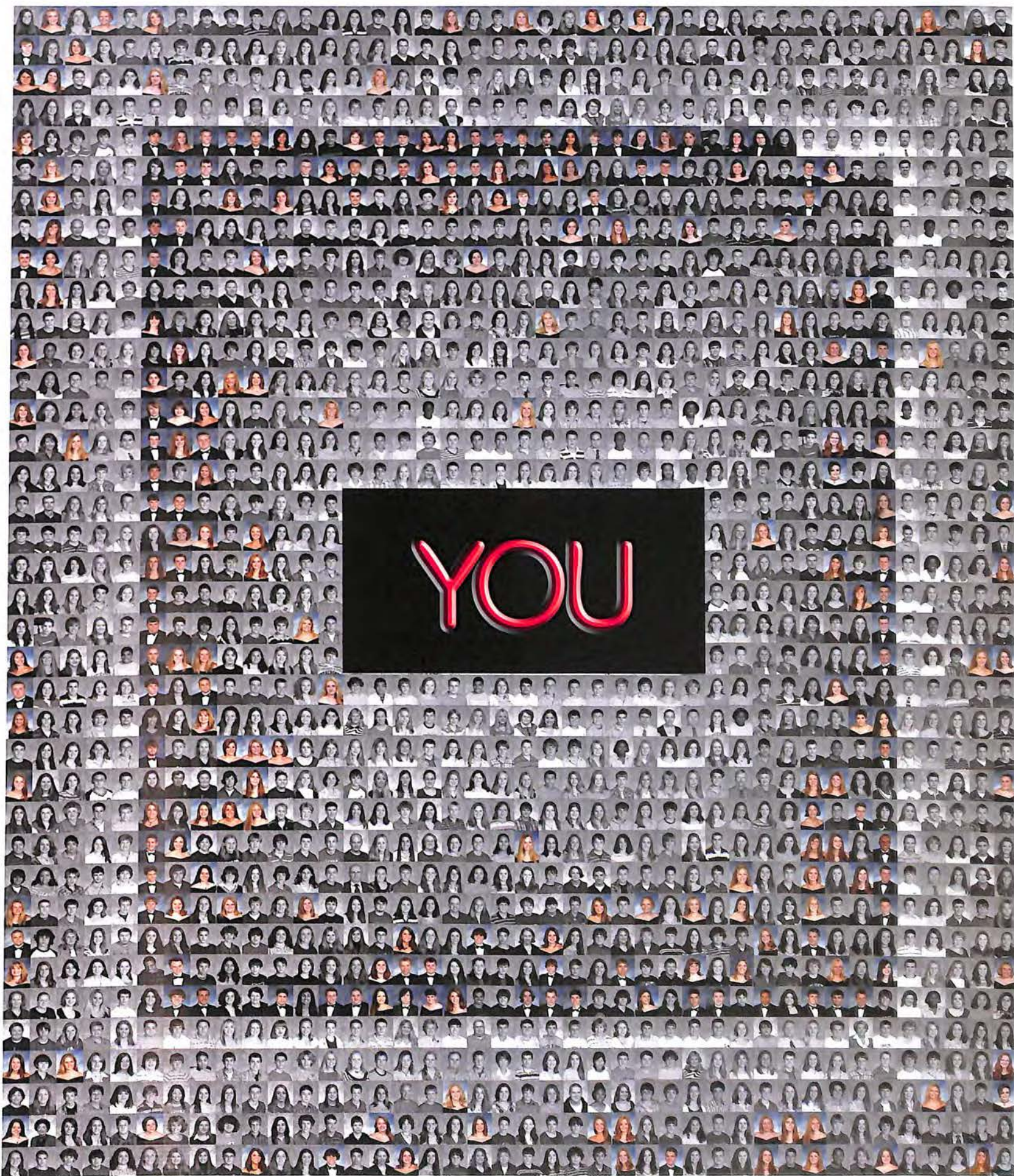
YOU











*Accolade 2005*  
*Cave Spring High School*

3712 Chaparral Drive  
Roanoke, VA 24018  
Volume 49  
(540) 772-7550  
fax: (540) 772-2107  
Population: 819



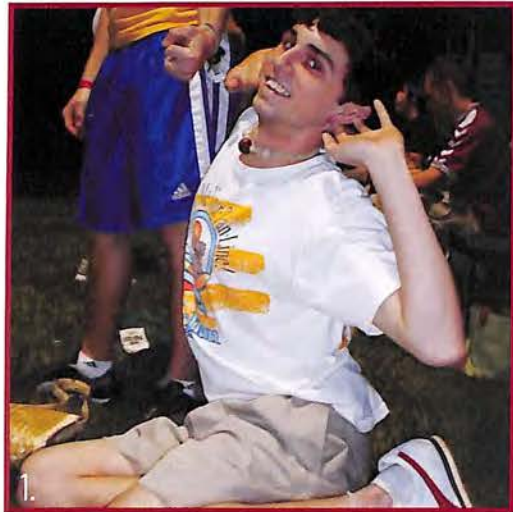
Wing It



Wing It



Wing It



Alex Veatch



Wing It



1. Goofing off and striking a funny pose, Ryan Epperly(12) shows us his "model side".

2. The sophomore class shows off their newly decorated float in the homecoming parade.

3. Varsity cheerleaders walking off the basketball court after an outstanding performance.



Wing It



Wing It



Wing It



Wing It



# YOU

Sunlight poured in, while 819 students began the journey of their new school year. The students gathered in the auditorium for the knighting ceremony of Alex Kostura (12). New faces of students and teachers started their Cave Spring High School life such as the Algebra 2 teacher Ms. Jennings, and photography teacher Mr. Stover. Students truly united when an unexpected tornado passed through the Roanoke area, causing the first real tornado drill.

As the Homecoming week approached early in October, students felt the immediate festivities of spirit week. Students were able to make memories with their friends and have fellowship amongst their class. Adding new spirit week days such as Opposite Sex Day provided for students to use their imagination and have entertainment. Seniors turned the lobby into a drive in movie theater complete with cars and a concession stand with free root beer floats, as well as candy for those who took a minute to dance with seniors on their way into school. Indeed, Spirit Week and Homecoming let students cut back on the stress of starting school and make memories with their classmates.

The Knights once again took home district, regionals, and state titles. Members of the golf team competed in the state match. The volleyball team was runner up in states and finished their season with a record of 26-2. Sports teams continued to sweep the competition in basketball, indoor track, and swimming. The spring sports teams battled hard through the last months of class, pushing themselves and their teammates to give their best performance.

Prom came and went, the seniors spent their last days together participating in Senior week and taking their final exams. As the year came to a close, students began to reflect on the activities of the past. Through competitions, dances, and community service projects students had a chance to express themselves. The one the unique

*YOU*



Mrs. Martin





# YOUR *Life*

...started school with the Knighting ceremony  
...first football game was against Glenver for a win of 33-to-0

...Hurricanes Frances and Ivan caused early dismissals  
and school closing in early September due to flooding

...spent eighth period in the library waiting out the  
tornado that touched down on Starkey Road

... Powder Puff Game was canceled twice due to weather

...Spirit Week: Hawaiian Day, Hip-Hop Day,  
Opposite Sex Day, Western Day, and Red-Black Day

...Homecoming Court: Aaron Bock; King Maggie Cannon;  
Queen Alex Lemmer; Prince Lora Light; Princess

...Defested Hidden Valley football team for the second  
year in a row 20-7

...With the theme of " A Knight In Paris " prom was a huge  
success. Students finished their prom night by sailing away  
on "A Knight's Cruise."



Courtesy of Donna Miles





Camille Miles

Sandy Gotshal

Camille Miles



# Your memories at Coe Spring



Camille Miles

Before leaving for holiday break, Jaclyn participates in a class holiday party. Each member of the class brought gifts to exchange with the classmates.

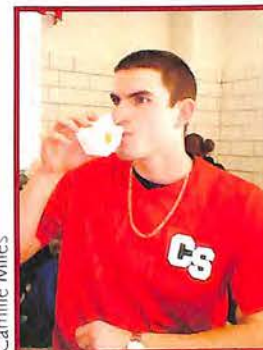
**Jaclyn Atkinson**  
Sophomore



Camille Miles

"One of my favorite parts of the day has to be lunch because I sit with friends and teammates and discuss our upcoming games and events."

**Robert Mills**  
Senior



Camille Miles

"My favorite day to buy lunch is Thursday because that is Stake and Potato day. Every Thursday I buy three stakes, they're so good!"

**Alan Moore**  
Senior



Camille Miles

Handing out doughnuts to students in-between exams, Maggie serves students. "SCA sold the doughnuts as a fundraiser for the club," Maggie said.

**Maggie Cannon**  
Senior



Sandy Gotshal



Sandy Gotshal



Camille Miles





Camille Miles



Logan Paris



Laurinann Link



Megan Bowles

# Sizzlin' Summer



"I think summer is exciting because it gives us a break from worrying about school," said Megan Bowles (11). Summer vacation is filled with fun, vacationing with friends or family, and a lot of relaxation. Summer is a time for students to take a break from the business and hustle of academics and after school activities. The term "school night" isn't in a high school student's vocabulary during summer.

German Club students took a trip to Germany over the summer. "The best thing about Europe was being there and experiencing the culture," said Emily Ewoldt (11). John Bast (12) said, "I thought it was an awesome trip, I made a lot of new friends. I liked how we got to use all we have learned with our German Language."

Summer is a time for students to experience new places and meet new people. Laying out by the pool and having fun is more of a concern than remembering your algebra formulas or foreign language conjugations.

Logan Paris  
*Student Life Editor*



## Summer activities



Caitlin White

"Summer is a good part of the year because it gives me a time to relax. This summer before my senior year, I just wanted to hang out with friends and make it the best summer ever."

Maggie McClung  
*Senior*



Caitlin White

"I had a lot of fun over the summer being with all of my friends and my boyfriend Cel. We went to the beach and just had fun before our senior year."

Caitlin White  
*Senior*



Camille Miles





“Over the summer we had a lot of cheer bonding, one time we went to Smith Mountain Lake and got on boats and hung out in the water. I love cheer bonding experiences because I like to be close with my team.” said Kaitlin Rice (11).



Megan Bowles



Maggie Cannon

Colin Cannon (10) feeding an Ostrich said, “I had fun at the Natural Bridge Safari Park over the summer because I enjoyed feeding and seeing the different kinds of animals that you don’t usually see around Roanoke.”

Hitting a Pinata, Ann Northern (11) said, “I liked going to Rancho Viejo and having fun with my friends while having good food.”

Camille Miles



“My family had been planning the trip to Alaska for a couple of years. It was a great experience to see another state, even though it was cold during the summer.”

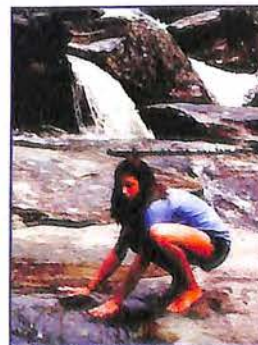
Camille Miles  
Senior



Carrie Doughty

Going down the Dare Devil Drop, Carrie Doughty (11) said, “I love summer because it isn’t stressful. It is a great time to relax with friends and soak up the sun.”

Carrie Doughty  
Junior



Camille Miles

Leah Miles (9), playing in the water said, “We took a trip to the Peaks of Otter, because we knew it would be something we would enjoy. I had a good time with my family on the trip.”

Leah Miles  
Freshman



Kendal Martin had the honor of presenting the Knight during the assembly on the first day back to school. "I was a little nervous because I was told to do it last minute, however, I had fun and felt truly honored to be on stage with the Knight."

Mandy McAden(12) and Kendal Martin(12) walk the Knight out at the Back to School Assembly. "It was an honor to be able to escort the most prestigious student in the senior class in front of the entire school," said Mandy.



Mitzi Martin



Mitzi Martin

Alex Kostura(12) had the honor of being the Knight. "It was a great honor to know that the staff and students voted me for the Knight. It makes me feel proud to be the Knight."

## Back To School Night



Mrs. Martin

Giving a helping hand to the "Greenback Knight", Kate said, "I got to hang out with my friends. We were keeping ourselves amused while we tried to hand out the thousands of sheets we were supposed to give people."

Kate Webb  
Senior



Mrs. Martin

"I had volunteered to help out at the band table for Back to School Night. We were selling band magnets, window clings and other things to raise money for a new logo on the band truck"

Laura Ireson  
Junior



Mrs. Martin







Mitzi Martin



Mitzi Martin



Jennifer Bukovsky



Jennifer Bukovsky



Mitzi Martin

# New Beginning

Walking into the school, students see old traditions tied in with many new ones. Although summer was a time to relax and get away from all of the stress of school, people were anxious to get back into the routine of school.

One of the things students look forward to is sports. "I love going to all of the games and participating in our school spirit. I think that is the best part about our games," said Kaitlin Rice(11). Over the last few years, the student section had started to decrease in size. Many students were hoping that the student section would become larger and more spirited for every sport.

The students who came to the high school as freshmen had to face many new changes. "We have more freedom; and because there are so many kids I am always meeting new people," said Laurinann Link(9).

Something else students expected to be the same was the bell schedule. Making homeroom shorter and adding ten minutes to the end of school day has had a negative effect on some students. "I don't like how we have hardly any time in homeroom which is where I used to do some last minute studying", said Ashley Bland(11). With these changes, students had to get back into the reality of the new school year.



Megan Bowles  
*Shadow Life Editor*

"At Back to School Night, Jessica Griffith and I told people about FBLA and encouraged everyone to join." FBLA was only one of the many tables at Back to School Night.

Lauren Ammar  
Junior



Mrs. Martin

Emily Ewoldt and Laura Jones help out with the German Back to School booth on Back to School Night. "It was exciting being able to be there with my friends during Back to School Night."

Emily Ewoldt  
Junior



Mrs. Martin

Helping out at Back to School Night, students play chess while persuading other students to join the Chess Club. "This was a time to be with my friends and just have fun."

Daniel Oh  
Senior



Talking to friend Charles Sublett(11) , Ryan Epperly(12) said, "I was excited to find out that I was chosen for the fashion section. I just like to look nice. My favorite stores are Abercrombie and Fitch, and American Eagle."



1. Brittany Harlow(9) talking to a friend in the hallway.  
 2. Lindsey Baumael(10) helps to organize her yearbook class.  
 3. Carrie Doughty(11) putting make up on before her next class  
 4. Colin Cannon(10) walks up the annex staircase.  
 5. Caitlyn Kock(11) studying quick before class





Carrie Doughty



# Runway

## Ready

"I think something important about fashion is staying true to yourself and finding a fashion that fits you.", said Laurinann Link(9). Clothing is usually something most high school students think about when they wake up in the morning.

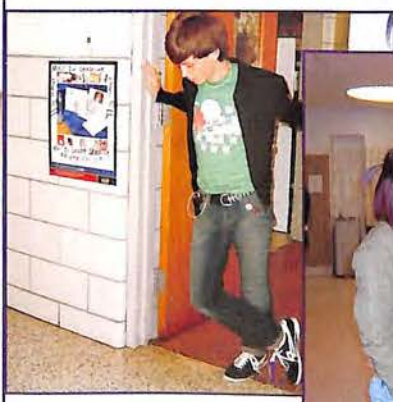
"I don't really like baggy clothes or corporate giants such as Abercrombie or Hollister. I like a lot of vintage clothes." said Hunter Hobbs(11). It seems that style from the 80's is making a come back. For example, Cardigan sweaters and leg warmers are a new fad for high school students.

Another fashion trend which seemed to be big in 2005 was movie related. High school students have started to 'wear pink on wednesdays' to copy the movie "Mean Girls." "I have a preppie style, I like colored polo shirts with popped collars. I love wearing pink shirts," said Zack Hart(12).

Overall, the most popular trends among teenagers are Polo shirts, Pearl necklaces and bracelets and Mini-skirts. Overall Fashion is something important to all teens, whether they dress to impress or simply to be comfortable.



Logan Paris  
*Student Life Editor*



## Fashion made

1. "Hunter Hobbs(11) hanging out in the cafeteria. 2. Rachel Freeman(10) and Irena Stanasic(10) laugh with each other in the hall way. 3. Zack Hart(12) looking at his notebook before class. 4. Kiara Gomez(12) looks for her homework during her second period class. 5. Laurinann Link(9) studying for her spanish test.





# Knights *Pride*

"Spirit Week was a lot of fun. It got me excited about the upcoming game and dance," said Kaitlin Rice(11). While many students were preparing for the many events leading up to the Homecoming Game and Dance, they anxiously picked out their costumes for each different spirit day.



Red and Black Day had an outstanding turnout, and was the most popular day. "My favorite part of Spirit Week was Friday when everyone was involved and most people dressed up," said Mckenzie Garst(10).



Continuing the tradition of an SCA cookout, students gathered outside of the school to enjoy this event. Students looked forward to the powderpuff game, as it was an important event carried over from previous years. When this game got canceled due to rain, there were many disappointed students. Although this was upsetting, it didn't stop students from getting pumped up for the rest of the week. "These types of events are what unite the students and faculty," Hunter Hobbs(11) said.



Megan Bowles  
Student Life Editor



"I enjoyed decorating the school for Spirit Week because it's a special privilege for my senior year. I liked being with my friends and to making the school look good."

Marie Vitello  
Senior



"The reason why I dressed up as a baseball player was because I was dared by one of my friends."

Camille Miles  
Senior



"It was fun to be able to dress up different, especially having a girl to help me get ready before school."

Barrett Henderson  
Senior

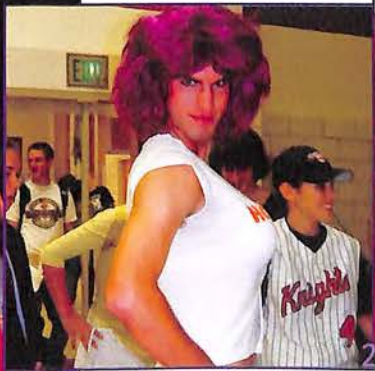
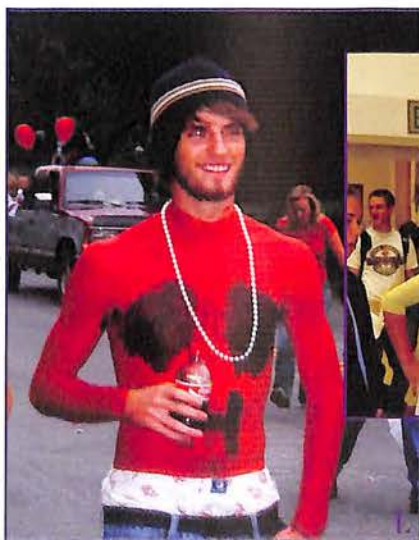


## Spirit Week *Memories*





Rachel Longmire(11) and Brandi Cooper(11) put up decorations in the junior hall for spirit week. "I loved being able to spend time with my friends while decorating for our class. This was a very busy week, but it was worth it and I enjoyed it a lot," said Rachel.



1. Joel Murphy(12) walking in the parade with his body painted as part of the senior float. 2. Alan Moore(12) participating on opposite sex day for Spirit Week. 3. The Juniors sitting atop their float during the parade. 4. Megan Bowles(11) and Emily Ewoldt(11) riding in the parade for Homecoming Court.



Leigh Basham(10) and Anthony Perry(10) put on their boutineer and corsage before the homecoming dance. Leigh said, "I enjoy homecoming because it's a time to have fun and to see people dressed up."

"This was my third homecoming at Cave Spring so by now I look forward to it because I know I will have a good time," said Casey Leffue(11).



Andrea Thorton

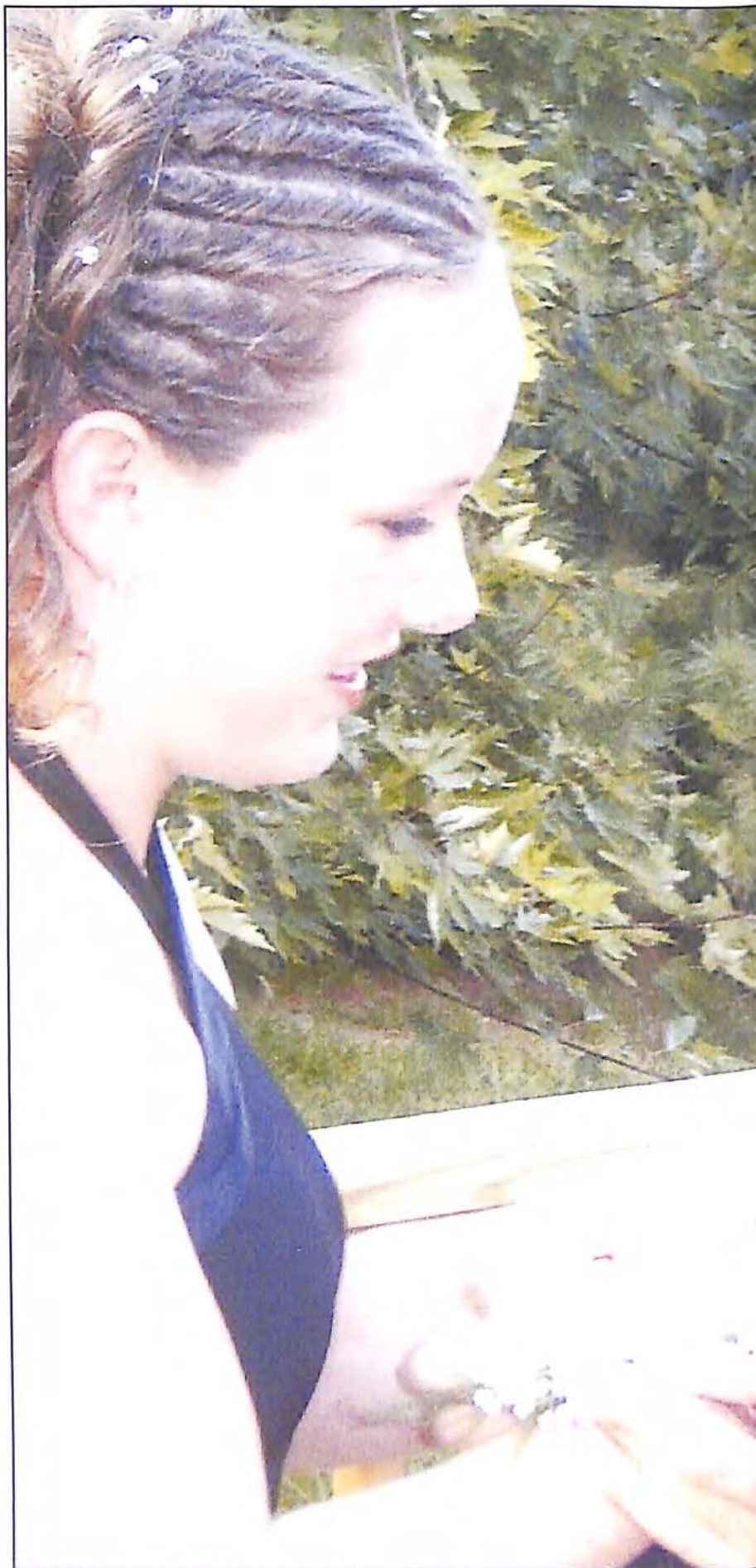


Meredith Lumsden

Morgan Kittenger(11) and Meredith Lumsden(11) get ready for the homecoming dance. Meredith said, "I think that the DJ should have played more songs that you could dance to; although, my homecoming experience was okay this year."

# Homecoming

*Memories*



Wing IT

"The best part about homecoming was having a wonderful date and celebrating the football teams win. I think spirit week is the best week of school."  
Aaron Bock  
Senior



Wing IT

"My favorite part about homecoming was the dance itself and getting to see everyone all dressed up and having a good time. Dancing with everyone was so much fun."  
Leah Miles  
Freshman



Wing IT





Leigh Basham



# Get down to knight

Coming to the high school after the homecoming football game, the cheerleaders spent long hours decorating the school for the event that would happen the next night. Lauren Sledd(11), A Varsity Cheerleader, said, "Even though we are at the school until the early hours of morning, it's exciting getting to see what the dance is going to look like before everyone else."

Homecoming is a time for students to get dressed up and dance with their friends. Some students don't particularly like dressing up, but still have a good time at the dance. Peter Wells(11) said, "I don't think that homecoming should be so formal, I probably spent about 200 dollars."

Evan Jacobs(12) said, "I think that the photostation should have been in the lobby for more room. Also, I think everyone should encourage dancing more." Mrs. Williams, former k92 emoloyee, hired the dj for the night.

Maggie Cannon(12) ,the homecoming queen said, "My night was mostly made by hanging out with my friends before and after the dance." The rest of the Senior court consisted of Aaron Bock, King, Alex Lemmer, Prince, and Lora Light, Princess. "I was really honored to be on court, it was nice that people thought about me," said Bonnie Culpepper(12).

In conclusion, homecoming may not be so much about the music and dancing, but more about dressing up, mingling, and just being with friends.



Logan Paris  
*Student Life Editor*

"My homecoming experience my junior year was the best I've had in highschool. I loved being on court. It was a huge honor, but very stressful."

Emily Ewoldt



Wing IT

"The best part is getting to dance, and getting ready. The worst part was having to go late. I am really excited about prom because I know that I will have a great time."

Julie Jones



Wing IT

"Being Homecoming Queen truly was an honor, but the best part about Homecoming was really just being with my friends. We will all be going to college in the fall, so we really have to make these times last."

Maggie Cannon



Megan Bowles

Lauren Sledd

Lauren Sledd

Megan Bowles



# DOLLARS AND SENSE



Aside from school, many students are encouraged to get jobs. Although time is limited, students had to fit their jobs into their busy schedules. Most parents would be excited to hear their child was getting a job because, like most high school students, their wants and needs get more expensive. "I got a job at Chuck E. Cheese so I could have extra money to spend." said Jordan Bergloff(11).



When searching for a job, finding one can sometimes be a pain and get very frustrating. Picking jobs that are most convenient for you is the best route to take. "I work at Toad'ly Kids which is right up the street from where I live, and I really like the people I work with," said Meredith Lumsden(11).



Even during the summer, when all you want to do is sit and relax, think about the money you could be earning for the many activities you want to take place in. The next time you decide you need a little extra money or even just something to do in your spare time, you could choose to get a job, which is probably the best choice.

Megan Bowles

*Student Life Editor*

## Workin' Hard



Megan Bowles



Megan Bowles

"I recently got a job at Elderberrys. I really like it because I know a lot of people that work there and we all get along. It is a nice environment," said Katelyn.

Katelyn Reilly



Lauren Sledd

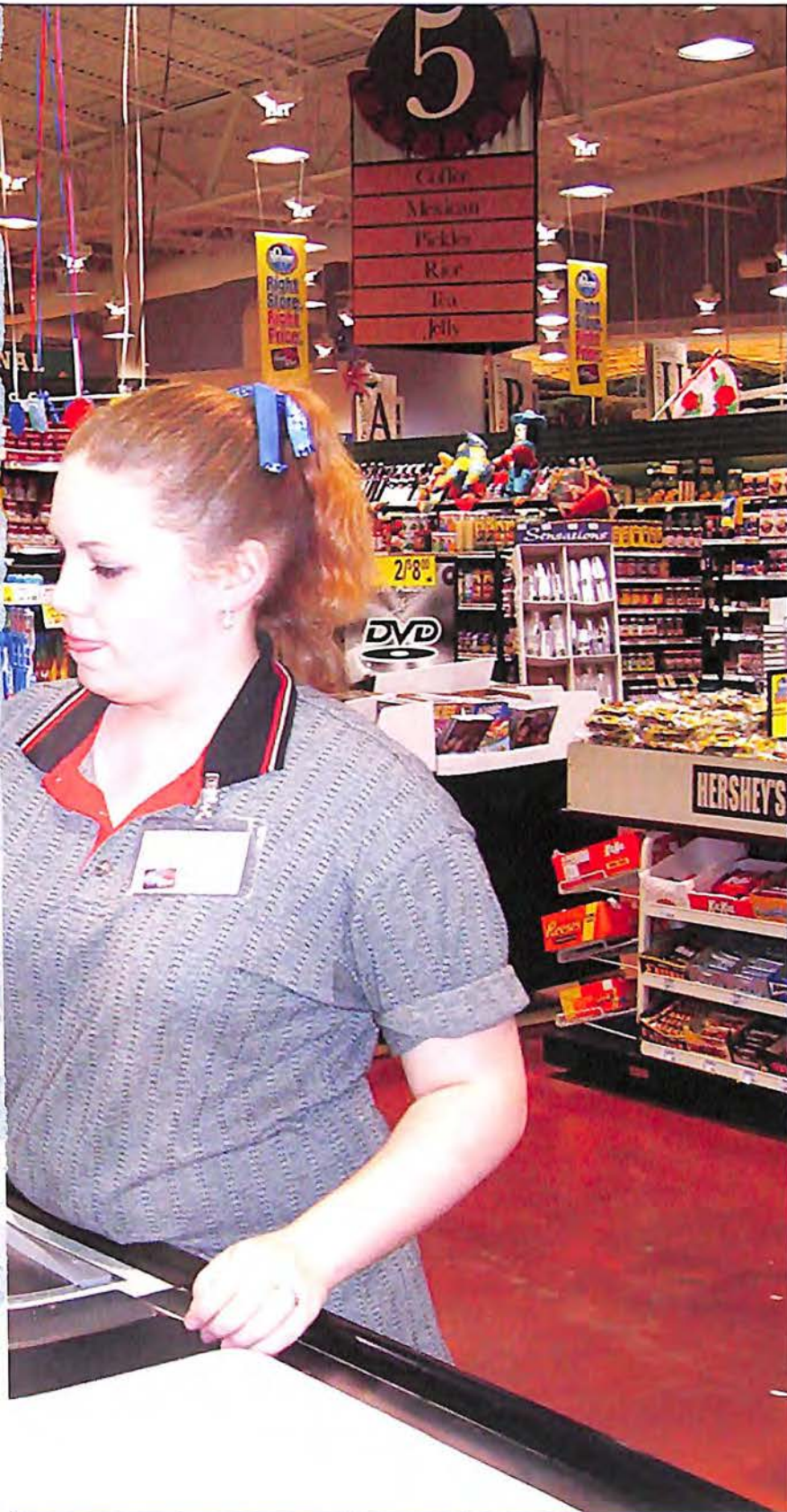
Making a sweet tea for a customer, Jill said "I like my job because it is really laid back but challenging. I can also crack jokes with my workers which is always nice."

Jill Bessett



Megan Bowles





"I have had my job for more than six months, and I really like the people I work with because we all get along with each other," said Jordan about her job at Chuck E. Cheese.

Jordan Bergloff



Megan Bowles

"I love my job even though I am the only person from Cave Spring that works there," said Melissa about her job at T.J. Maxx.

Melissa Justice



Megan Bowles

"My job is challenging because it constantly keeps me busy," said Wade about his job at Grand Home Interiors.

Wade Hammes

Working at Sleepy Hollow Kennel, Alex Veatch(11) said, "Even though I work for my parents, helping out at the kennel is great. I love all of the dogs."



Megan Bowles



Megan Bowles

Amanda Young(11) helps a customer at JC Penney. "This job is laid back and not very hectic. It gives me a chance to earn extra money," said Amanda.

"I got a job so I could save up money because I am going to Hollywood on vacation," said Ashley Moore(12) about her job at Kroger.







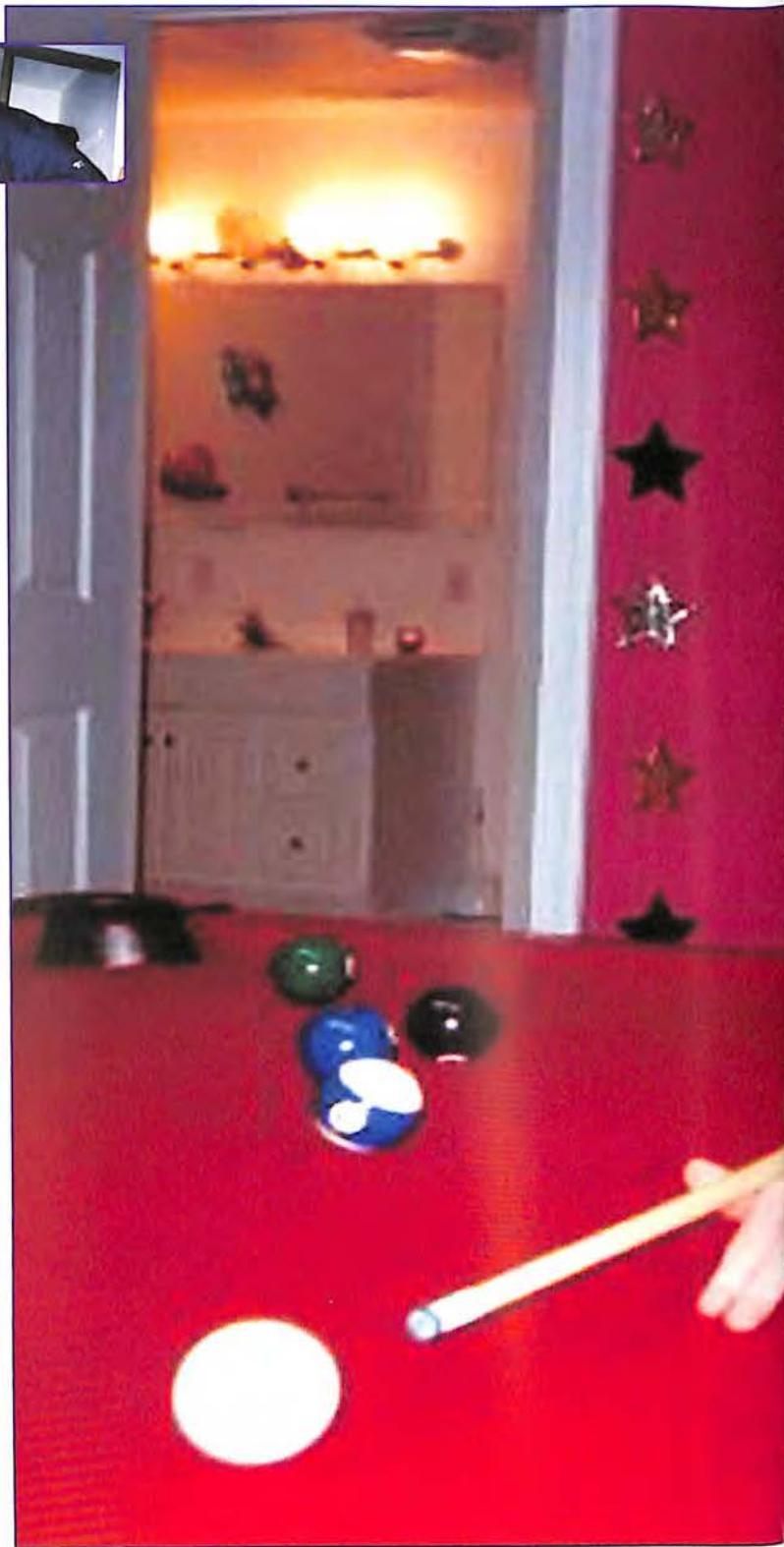
# Knight *Life*

"I basically hang out with my friends and practice with the basketball team after school and on the weekends," said Tristin Kaase (11). Students sit in class, waiting for the last bell to ring, thinking about their after school activities.

Students try to find things to do that are exciting and different. Trey Tyler (11) practices with his band members to prepare for upcoming shows." Trey said, "I love playing in my band because guitar is something that I love, and I like being able to hang out with my friends while we practice." His fellow band members are: Hunter Hobbs (11), John Clarke (11), and Spencer Thomason (11).

In closing, students explore their true passions when out of an academic setting. Whether it be in sports or personal interests, students strive to perform outside of school as well as they do in school.

Logan Paris  
*Student Life Editor*



Lauren Harris (10) and Whitney Williams (10) look for something to make for breakfast. "I enjoy cooking so Lauren and I wanted to make something everyone would like for breakfast."

Whitney Williams  
*Sophomore*



Logan Paris

"I was on my way home from a friend's house after I stayed the night there and I wasn't ready to be awake yet, so I thought I would take a pillow and lay down."

Ana Scott  
*Sophomore*



Logan Paris

Playing *Dance Dance Revolution*, a video game that is based on techno dancing, Nick Towers (12) said, "I like video games especially *DDR* because I think it is a lot of fun."

Nick Towers  
*Senior*



Logan Paris

## After School *Memories*





Pete Hamilton (10) plays pool at a friend's house. Pete said, "I like playing pool because it's something I can play with my friends and we can have a good time."

Leah Miles



1. Lindsey Stocks (10) and Jaclyn Atkinson talk at a friend's birthday party. 2. Kristen Cooley (10) has dessert at Ruby Tuesdays. 3. Mallory Myers (11) decorates a shirt for her dance team competition. 4. Leigh Basham (10) plays with her dog in the river during the flood.





### Studying at the library

Kyle Bomar(11) uses his time after school to study and get homework done in the school library. "The school library is where I can actually concentrate on my work. It is also more convenient than the Roanoke County Library," said Kyle.

### Preparing for Practice

Lauren Sledd(11) and Tina Crawford(10) put on their tennis shoes and prepare to go to practice directly after school. "Practicing after school everyday is really time consuming," said Lauren.



Megan Bowles



Megan Bowles

Skyler Kea(11) checks out a book after school for his English project. Skyler uses the school library instead of the public library because it is more convenient. "They also have everything I need," said Skyler.

# School *After Dark*



Studying for Spanish, Logan said, "I have to study for spanish more than I study for other subjects because it is harder. I like to study at school because I can get more studying done in a quiet environment than I can at home."

Logan Paris  
Sophomore



Courtney helps out at the snack bar at a varsity basketball game. "I thought it was fun to help my mom during a basketball game. It was hard to keep up with the prices though."

Courtney Cooper  
Freshman







Nick Fanti



Daniel Hamrick



Kaitlin Rice



Mandy McAden

# Knights School

With the school bell ringing to end the school day, some students rush to change or get ready for their after school activities.

From many different practices, clubs, or even makeup work, students put in many extra hours after school weekly. Many students spend 10 to 15 hours weekly staying after school. "I spend about 1 to 2 hours weekly taking tests or participating in sports," said Cassie Baker(11). Cassie participates in lacrosse and band.

Homework can become an issue for some students. Questions are asked like "How am I supposed to finish homework and manage after school activities at the same time?" Lauren Sledd(11) said, "I hardly ever have time to get my homework done because of practice. That is why I am glad we have study hall."

After school activities are a time for students to take place in school related activities and still be in a school environment.



Megan Bowles



Megan Bowles



Megan Bowles

Megan Bowles  
*Student Life Editor*

Wendy, a cheerleader, stays after school to decorate the varsity girls basketball locker room. "It is fun to be able to tell people I got to put up decorations for the team I cheer for."

Wendy Young  
Junior



Reading over a worksheet in the school library. Josh said, "I usually do not get home until late because I'm always staying after school."

Josh Swain  
Junior



Finishing up a cooking project for Culinary Arts. Catey Robbins(10) cuts a stick of butter to add to her ingredients. "I love Culinary Arts but it is hard to get everything done on time," said Catey.

Catey Robbins  
Sophomore



Alex Veatch



Courtesy of Mr. Anglim



Wing It



Courtesy of M. Martin



# YOUR niche

- ...Volunteering at the Battered Women's Shelter with Leo Club
- ... Eating at El Rodeo and enjoying spanish costumes with the Spanish Club
- ...Collecting over 10,000 items for the United Way
- ...Getting pledges toward Roanoke County Funds by a phone-a-thon with the Beta Club
- ...SCA Coordinated a blood drive with the Red Cross
- ...Decorating the field with balloons and signs with the KPP
- ...Visiting the BioTech Center at Virginia Tech with the Science Club
- ...Making Santa hats for cancer patients with the Key Club
- ...Giving back during the holidays, the French Club donated towards the Angel Tree
- ...Wrapping packages with FBLA at the Rescue Mission
- ...Making scarves for Turning Point with DECA
- ...Decorating downtown windows with the Art Club

Laurnann Link



Sorting cans that were donated towards the United Way, Mandy McAden (12) divided the cans for the SCA.



Laurinann Link



Courtesy of J. Spangler



Courtesy of J. Lucki



Camille Miles



Making holiday hats for a local hospital, Jake Gerl(9) enjoyed key club. "I really enjoyed having fun with my friends while making hats for those in need," Jake said.

Jake Gerl  
Freshmen

Sandra Cotschal



Singing her lines, Kelly Anglim(12) performs at a local nursing home. "I love doing the play You're a Good Man Charlie Brown with drama. I play Patty, and it is fun and challenging to play a five year old," Kelly said.

Kelly Anglim  
Senior

Laurinann Link



At the french club holiday party, Lauren White(10) talked with Olivia Pattis(10). "The best part of french club is the holiday parties we have during the year," Lauren said.

Lauren White  
sophomore

Alyssa Wilson



Cody Greene(10) attached yarn to balloons and cups with the art club. "The best part of art club is being able to enrich others and the school with our art," Cody said.

Cody Greene  
Sophomore







Alyssa Wilson



Alyssa Wilson

### Artistic Minds

1. Members of Art Club show off their float at the Homecoming parade. 2. Shannon Johnson(9) cuts figures out of a card board box. 3. Shanon Johnson(9), Jordan Cates(9), Matti Hamed(9), Eliza Tuttle(9) make decorations for the lobby during the holiday season.

# Your Artistic Side

- Along with the famous traditions of the school is our growing Art Program. The Art Club was infamous for late nights after school decorating for events such as MidKnight Madness. A major accomplishment from their year was creating a coloring book for children in the community with their original sketches. We are always busy drawing, painting and putting up decorations or doing jobs throughout the community," said Shannon Johnson(9).

The Art Honor Society held a children's workshop around the Holiday Season. "We have different programs for every holiday," said Amanda Young(11). They also gathered to decorate pumpkins for hospitalized children during Halloween. Kristen Williams(11) said, "Art Club is perfect for any creative student that has felt left out in the past withal the emphasis on sports and technology, you are finally able to interact with other artists who are enthusiastic about creating beauty."

Alyssa Wilson  
Club Editor



Alyssa Wilson







Working at "The Queen's Tavern" for the Renaissance Fair, Chris Downey(10) helps sell food as a fundraiser for the art department.

Art Department

# Showing *Your* Artistic *Side*

Amanda Young

Paul Bernardo (12) helped a child find their creative side. A child painted an ornament to hang on the Christmas tree with the help of Paul.



Paul Bernardo  
Senior

Amanda Young

Justin works on a project during his art class while socializing with friends. Most members of the Art Club have made lasting friendships through their creativity.



Justin Yun  
Sophomore

Sandy Gotschal

Lincoln Humphry (9) and Gregory Ferguson (9) carefully cut out their art to be sure not to ruin it. After they are done they will hang them around the school.



Lincoln Humphry  
Freshmen



Amanda Young

The Art Club spent long hours decorating their float for the Homecoming Parade and were extremely pleased to win first place in the decorating contest.



Amanda Young



Sandy Gotschal





# Your Friends serving the community



Nora Vitello (11) helps out in her community by making things to brighten up sick kids lives during christmas.



Kristen Jones (10) gathers her things after leaving a key club meeting during the morning.



John Gordon (11) puts fabric paint on a green and red santa hat that key club sends to cancer patients.



Working hard, Maggie Cannon places decorations on her almost finished santa hats for the local hospitals.



Decorating hats for local hospitals, members of the Key Club worked hard to finish their project.

Camille Miles]

Camille Miles

Alyssa Wilson







Alyssa Wilson



Camille Miles



Alyssa Wilson

### Headline

1. Bonnie Culpepper(12) announces dates of service events. 2. Hannah Babcock(9), Laura Pope(9) and Lauren Gould(9) decorate hats. 3. Key club members come to have a meeting in the gym.

# Serving the Community

While some students sleep in on a Tuesday morning, others come to the Beta Club, but not all students can join this club it is a society for seniors only who have a 3.5 GPA. The Beta Club helps out with the community by doing community service. They also hold the annual classroom quiz contest.

While the Beta Club members meet on a Tuesday, Key Club members come on a Thursday to meet in the gym. "The Key Club helps out with the community says Sarabeth Kerr(9) and I really enjoy doing things for others." This club is about helping people in the community, so they do community service hours. They cleaned the school up to name one service. The Key Club members were one of the clubs handing out pledges, red ribbons and keys during Red Ribbon Week.

Also on Thursdays Leo Club members come to school bright and early to meet in the gym. These students volunteer at different places during their free time to help the community. They helped serve dinners at the rescue missions by peeling apples and potatoes. Doug Currie(9) says "Leo Club does a lot of different projects, we do food drives, helped out with Red Ribbon Week and worked at the rescue mission." While at the shelter Turning Point they helped the mothers by watching their children while they were in group sessions. "The kids are so appreciative and sweet," says Maggie Cannon(12).

All of these clubs help out the community by volunteering to those who need and want help. They may think they're not but they are. As Doug Currie(9) says "If we all take the time to help each other, the world would be a better place."

Alyssa Wilson

*Clubs Editor*



Camille Miles





Logan Paris



Megan Bowles



Megan Bowles

1. Mrs. Zegas talks with student Ronica Richardson(10) during a FCCLA meeting. 2. Josh Leamnsen(11), TSA club member, works on a computer in the basement. 3. Jessica Griffith(12) helps make melt chocolate for the candy sale that FCCLA ran.



Mrs. Lucki



# Tech Clubs

*Push towards the future*

FBLA, Future Business Leaders of America, spent their Christmas holiday helping out at a homeless shelter. "After I left the shelter I felt so appreciative of what I have. I know we all felt good about helping people in need," said Camille Miles(12).

FCCLA is a club that takes place in volunteering opportunities such as catering for different projects and taking classes at Hotel Roanoke. "I love Mrs. Zegas because she makes FCCLA a lot of fun," said Ronica Richardson(10). The Culinary Arts class spent many days making chocolates and different candies for the upcoming Easter Holiday. "We spent many days during class to prepare these chocolates in order to raise money for our club," said Megan Bowles(11).

TSA, Technology Student Association, do many different projects in their club that go from photography to computers. "We do a range of different projects, and with Mr. Hamilton being the teacher, it makes it the class a lot of fun," said Josh Leamnsen(11).

DECA, Distributive Education Clubs of America, is made up of students in marketing classes. There are many projects that these students participate in such as community service, a range of fund-raisers. One activity that the marketing class took part in this year was the Formals for Less dress sale, which they really enjoyed.



# New Experiences *With* Technology Clubs



Kate Okeefe (12) and Alex Sline (12) prepared for the *Formals for Less* dress sale by keeping track of the dresses that were being sold. Alex said, "My fashion marketing class is a good experience because I learn many new things that are interesting."

Mrs. Lucki



"I enjoy FCCLA because the people in the club are really cool and it has great opportunities for everyone to make new friends. It's fun to be with your friends."

Janel Lambach  
Sophomore



"I loved being in the fashion show. Fashion marketing is a fun class, and DECA is a good club to be in. It helps you get more experience with business."

Mandy McAden  
Senior



Hunter said, "I like TSA because it is something different to do during the day. We get to go to competitions and design things on the computer."

Hunter Hobbs  
Junior



Cutting pieces of apple pie for the students in Culinary Arts, Erin said, "I helped make candy and different things for our projects in FCCLA"

Erin Griffin  
Sophomore



Megan Bowles

Mrs. Lucki





# Students *lending* a helping *hand*



Katie gave advice for giving blood: "Make sure you don't eat beforehand, and don't look when they put the needle in." Katie said, "I was both nervous and excited. I had always wanted to give blood."

**Katie Davies-Ross**  
Senior



Brian sorts volleyball and football badges so the K.P.P. members can pass them out to students and teachers. The badges were a way to get the whole school pumped up for the football and volleyball game that night.

**Brian Bosche**  
Junior



Chelsey registers teachers, students, and other members of the community to give blood. The donor had to read paperwork to ensure they were eligible to donate their blood.

**Chelsey Hamilton**  
Senior



Lauren signs various people in at the beginning of a K.P.P. meeting while enjoying a cup of coffee. She commented, "I enjoy K.P.P. because we get to show our Knight pride!"

**Lauren Goetsch**  
Freshmen



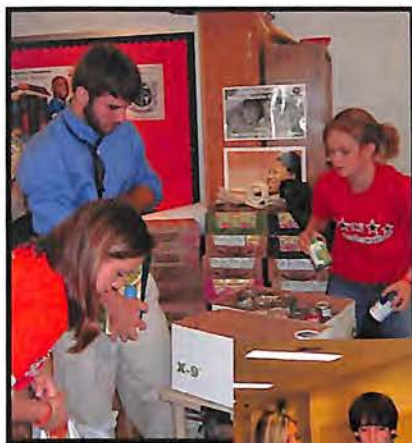
Laurinann Link



Laurinann Link







### Showing Spirit

1 Andrew Sellers(12) Mandy Mcaden(12) and Kendal Martin(12) count and box cans for the S.C.A. food drive. 2 Leah Miles(9) and Brooke Ulrey(9) decorate the stadium. 3 Susie Dye(12) Alex Lemmer(12) Michael Jetton(12) and Alex Roth(12) bring in cans and toiletries to be counted.

# Getting involved

The Knights Pep and Pride (K.P.P.) is the school's spirit club. Camille Miles(12) explained, "The K.P.P. is important to our school because it makes people aware of all the sports so you can get bigger crowds to support the teams. It is a great way to show pride in your school."

K.P.P. tried to get the entire school to learn the school song, and wear school colors. Every time there was a competition the K.P.P. was there handing out badges and selling red and black milk jug shakers.

Kendal Martin(12) stated, "In being president of K.P.P., I have learned how to be a leader. I have also learned how to effectively coordinate events. I have come to understand and appreciate the difficulties of taking on a leadership roll."

Another club providing service to our school is the S.C.A.. Not only did the S.C.A. plan many events for homecoming such as the cookout, and spirit week, but they also have two blood drives a year, and sponsored a canned food drive for Thanksgiving.

S.C.A. President Maggie Cannon(12) commented, "I love S.C.A. because it is great to help the school and the community in the company of your friends."

Indeed, the K.P.P. keeps our school spirit going all year long, and the S.C.A. works hard to make our school a better place to be.

Laurinann Link



Laurinann Links







Betsy Hudson and Caroline Muelenaer ordered their dinner at El Rodeo. The Spanish Club enjoyed dining out at a restaurant with a traditional Spanish theme.

### Exploring Different Cultures

1. Heather Couture(12) signs up to bring food for a Christmas party in a French Club meeting.
2. Tanmay Patel(9) enjoys some Spanish cuisine at El Rodeo
3. The Leaders of the French Club show the adopted angels from the angel tree.

# Worldly Studies

The Foreign Language clubs are famous for their parties and service projects. The French Club held car washes, and sponsored three angels from the school wide angel tree at Christmas time. When asked, almost all of the members were in agreement that one of the best advantages of being involved in a foreign language club is the delicious foreign food! The Spanish Club ventured for one outing to El Rodeo, where they enjoyed.

One of the other language clubs, the French Club, showed that they were a great help to the school and the community also. Casey Leffue(11) explained how the French Club had helped her, "If you ever need help in French you have a chance to talk to others in higher levels of French who can help you later."

Emily Ewoldt(11) said, "We have fun parties like Oktoberfest and go on fun trips to Busch Gardens. We also went to Europe this summer which was a blast!"

The Spanish Club, French Club, and German Club used all of their time to have fun and learn about different cultures.



Laurinann Link





Courtesy of Spanish Club advisor

# Having *a little* fun with *languages*



Andrea commented, "The people in the French Club are really cool, and it's great to be able to make new friends and speak a fun, different language."

Andrea Thornton  
Junior



Laura is the president of the German Club. Laura explained, "The German Club helped me when we went to Germany last summer. It has also increased my German speaking skills."

Laura Jones  
Junior



Kaylin and Haley Earles (9) enjoyed food at the French Club's holiday party. Kaylin said one of the best things about French Club was, "meeting with everyone and doing things for the community."

Kaylin Foor  
Freshmen



Emily said, "I am part historian with Stacey Craighead. I've gotten friends to join who don't even take German. It's just a lot of fun to come and be a part of."

Emily Ewoldt  
Junior



Laurinann Link



Laurinann Link





# Extra *Time* Extra *Education*



Emma described one of her funniest experiences while being in the forensics club, "There was this one time when Mr. Sauls left the light on in his car and the battery died."

**Emma Berry**  
Sophomore



Derek explained some activities he participated in while being on the chess team, "We talk to Mr. Powers, play 'Tribes' or 'Civilization' and even play chess on occasion."

**Derek O'Dell**  
Senior



Devin manages to get a little rest before the science club meeting. He commented, "I joined the science club because I heard of all the cool field trips that they take."

**Devin Koch**  
Freshmen



The President of the Science Club, Maggie, explained why she loved being in the club, "Dr. Ross is a really funny person, and we get the opportunity to explore science outside of the classroom."

**Maggie Cannon**  
Senior

Jameson Hinkle (12) investigates a model of the human body more closely. Jameson, a member of the Science Club, steps in front of class to identify the liver.



Laurinann Link



Laurinann Link







### Absorbing the Academics

1 Daniel Oh(12) studies the chess board looking for his next move. 2 Karen Thompson(12) studies lines for her next competition. 3 Rachel Scott(9) helps Jeremy Gilbert(12) with his next move.

# Adding Effort

The four academic clubs are the Chess club, Debate, Forensics, and the Science club. The President of the Chess Club, Derek O'Dell(12) explained some activities he enjoyed while being in the Chess Club; "You get to meet the infamous man himself, Mr. Powers, and we were also ninth in the State of Virginia."

Another member of the Chess Club Rachel Scott(9) commented, "It's really fun and relaxed, and you don't have to be a good player to be on the team." Rachel explained one of her favorite chess club experiences, "I love laughing with other chess players because the chess pieces never seem to stay on the board."

Another of the academic clubs, the debate team, is small but powerful. Jackie Zillioux(10) commented, "It really improves your thought process, speech and opens your mind to view issues in new ways."

The final academic club, the Forensics club, is lead by Mr. Sauls. The members of the club came in individually when they needed help with their work. Karen Thompson(12) explained, "We read and perform different pieces of prose, poetry, drama or whatever. It's like acting."

Academic clubs give students a chance to get invlved in subject they are interested in outside of their classes.



Laurinann Link

Laurinann Link





# YOUR *leaders*

...painted and shirtless in the cold while supporting the

football team

...dancing with the underclassmen in the

entranceway for senior day

...coming together to decorate the hallways and floats  
for spirit week

...enjoying the short lived "Senior Movie Night"

on Thursday evenings

...being recognized for athletic achievements on senior

nights

...playing games and revealing superlatives on

Senior Day

...taking on the Junior Class in the annual powderpuff  
football game

...sponsoring needy children from the angel tree in guidance

...showing off their acting skills in the spring production

...finding the perfect date and dancing the night  
away at the Prom

...Taking part in the festivities of Senior Day

...saying goodbye at the graduation ceremony at  
the Civic Center







Maggie Cannon



Maggie Cannon



Maggie Cannon



# Your memories about senior year



Cleaning out her locker, Katy gets herself organized. "I just couldn't take it anymore. You know you're messy when you can't even find a book in your locker!" Katy said.

**Katy Meacham**  
Senior



Lee takes a quick look over test materials before class starts. "I like to look over my notes right before the test. It helps me to remember the material better," Lee said.

**Lee Bradshaw**  
Senior



Emily receives instructions from her marketing teacher. The marketing classes planned many fundraisers including the Formals For Less dress sale in the Spring.

**Emily Nichols**  
Senior



Helping set up the lights for the Miss Roanoke Valley Pageant. Kelly volunteers her extra time. Drama students worked diligently throughout the month of March to prepare for the pageant.

**Kelly Anglim**  
Senior



Susan Jones



Susan Jones



Susan Jones



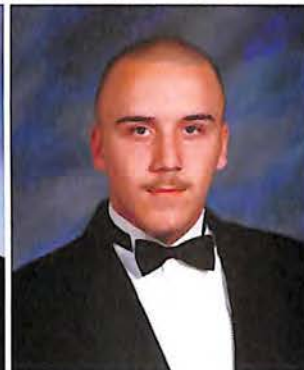
Ashley Akers  
Danielle Alvarez  
Christopher Amos  
Samantha Anderson



Sara Anderson  
Kelly Anglim  
Landon Arrington  
Erich Arthur



Beau Austin  
Kinnie Austin  
Benjamin Babcock  
Justin Balzer



# Advice:

*Seniors tell all*



Sabrina Rackow

"I worry about my SAT scores and my GPA for colleges," admitted Jackie Reins (12) as she studied for a class.

According to Kady Fredstrom (12), "One of the reasons you should work in the library is because you always have access to the computers."

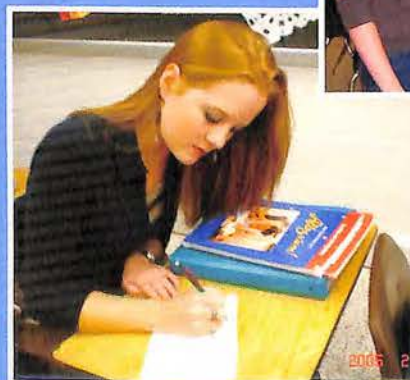


Sabrina Rackow

Senior Maggie Cannon gives advice to an underclassmen in one of her classes. "It is very easy to get help from Maggie," Laurinann Link (9) said.



Sabrina Rackow



Sabrina Rackow

When it comes to dealing with stress Chelsea Hamilton (12) knows how to deal with it. "I just keep reminding myself that I'm going to college next year."





Amber Barton  
John Bast  
Jennifer Bennett  
Sarah Bern



Paul Bernardo  
Jillian Bessett  
Richard Bishop  
Aaron Bock



James Bohon  
Richard Bradshaw, II  
Koren Breighner  
Devin Brown



Daniel Bukovsky  
Rachel Burks  
Sara Campbell  
Maggie Cannon

### “Move it, freshman!”

That’s what is expected to hear when walking down the hall of your first year of high school. Being new at a school can include having a lot of fun and very scary. Knowing any useful advice that you can get is wonderful, and some of the best advice that you get comes from the upperclassmen.

When asked, seniors gave advice on a range of topics. They gave advice about school and more important, advice about life. “Don’t wait until your senior year to concentrate on your academics. They are the most important, don’t get distracted,” is what David Downing(12) advised. There was also advice on how to act. Underclassmen have always heard this, but somehow it seems more motivating when it comes from some one that you look up to. Sara Campbell(12) told me, “Be yourself, don’t be a follower, be a leader.”

We all have that special someone in school that you just couldn’t get along with, nevertheless, listen to this. “Be nice to everyone, because you never know when it will come back to get you!” said Jessica Cragun(12). High School is filled with people you do not like, people you do like, your first love, and the notorious gossip channel. But just remember what Lee Bradshaw(12) has to say about it, “Don’t get caught up in the drama. It’s high school, in ten years it will not matter who said what to you.”



## Rewarding Seniors

Overflowing with red and black the hallways showed spirit that had been around since the first graduating class. Decorating the school late at night was one on the list of many traditions and privileges that seniors got involved in every year.

Seniors had privileges that came with being wiser and older. Exemption from second semester exams was the most praised. If they received an A or B in their class, and missed no more than five days of school they did not have to take the final exam for that class. "It feels great to finally be rewarded for our hard work, and it gives the seniors motivation to get an A or B," said Bonnie Culpepper(12). Getting out of school two minutes early and being the only students to be homecoming queen or king were the other two privileges seniors had.

For as long as could be remembered, traditions such as senior day, Baccalaureate, and spirit week had also been observed. The powderpuff game, greeting underclassmen in front of the school on spirit week, and creating the senior float were some of the other traditions. "I was looking forward to the powderpuff game, and being looked up to by all the underclassmen. I enjoyed it because it was going to be hilarious and being looked up to just because it feels cool," said Jameson Hinkle(12). Beach week seemed to be a favorite. "That means it's all over and you have one last blast with your friends. What could be better?" said Ben Babcock(12). All the events and fun times they were involved in were passed on to all the upcoming seniors.

**Lindsey Baumeel**  
*People Section Editor*

Jaime Carpentieri  
Kami Christley  
Jessica Cragun  
Jennifer Craighead



Bonnie Culpepper  
Rose D'Angelo  
Katherine Davies-Ross  
Isaiah Davis



Matthew Davis  
Shawn Day  
Derek Dooley  
David Downing



Brian Duggar  
Susan Dye  
Kiara Elkin  
Emily Elsea





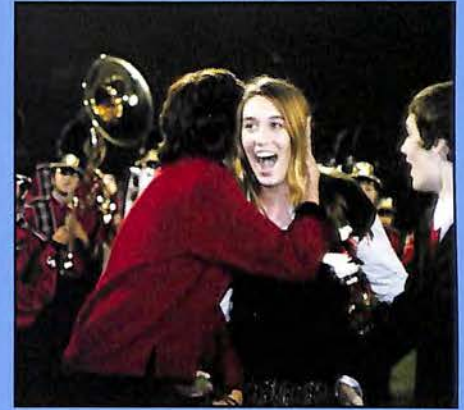
# Privileges and Traditions

*Seniors count their blessings*

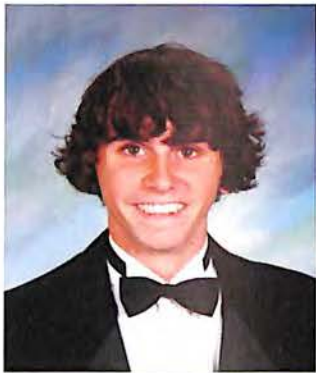


Hugging former king Ben Bredenkamp, Aaron Bock(12) happily accepted his crown as Homecoming King. "I had no idea that I was going to be King, but it was cool because I felt like the whole school really respected me," Aaron said.

After the senior bell rings Latoya Jones(12) visits her locker and avoids the rush of the underclassmen. "Senior bell is helpful because I can get to my car on time and get to work," she said.



Maggie Cannon(12) was crowned Homecoming queen. "I was extremely suprised. It was my first time on court, and there were lots of other girls who had been on court for a while so I was the last person that I thought would get queen," said Maggie Cannon(12).



Ryan Epperly  
Rachel Falligant  
William Falls  
Kathryn Fanti



David Finkler  
Neil Francis  
Jagger French  
Laura Garrett



Jeremy Gilbert  
Bailey Glasscock  
Julia Goad  
Kiara Gomez



Jessica Goodspeed  
Rachel Gould  
Kelly Graham  
Drew Grasty



Jessica Griffith  
Rachael Gromada  
Sarah Guilliams  
Ryan Guilliford



Hugh Hagan  
Carlos Hale  
Jessica Hambricht  
Chelsey Hamilton



Justin Hammes  
Anne Hancock  
Joanna Hardie  
James Hart



Mallory Haynes  
Barrett Henderson  
Rebecca Henderson  
Samuel Hiatt



Jameson Hinkle  
Whitney Hoback  
Allison Hodges  
Stephanie Hodges







Brandi Holland  
Braedon Houk  
Lindsey Hughes  
Matthew Hundley



Evan Jacobs  
Jessie Jennings  
Michael Jetton  
Phillip Johnson



Jessica Jones  
Latoya Jones  
Victoria Kasza  
David Kessel, Jr.

# Senior Privileges:

## *Getting Out Early for 8th Pd. Studyhall*



Sam Smith (12) gathers his books before he heads home. "One of the best parts about senior year is the senior bell which allows us to get out a few minutes earlier than the underclassmen. It makes it a lot easier to get out of the parking lot."

Kelly Anglim (12) opens the door to freedom as she steps out and prepares for the drive home. "It's nice to have an eighth period study hall because I'm able to get out of school a whole forty-five minutes earlier than normal," Kelly said.



Emily Elsea (12) and Paul Bernardo (12) leave school early as part of their senior privilege. This allows seniors to miss the hustle and bustle of the parking lot around three o'clock.



Jameson Hinkle (12) prepares to leave school in a different way. "I was trying to reenact a scene from "Dukes Of Hazard" and it worked!" said Jameson.





"In order to twirl things such as fire and knives, you have to be 100% focused on every move you make. If I didn't take the time and really think about what I was doing, I could be seriously injured," says Katherine Reid (12).



"Even though we have to stay in the band section of the stands, I'm still able to socialize. I enjoy being with the band, flag core, and drill team, because we have such a good time together in the stands," Katherine Reid (12) commented.



When asked if she ever missed being a 'normal student' at a football game, Katherine Reid (12) explained, "I have never been to a football game with just my friends so I guess you can't miss what you've never had."

Stephanie Kingrea  
Tracey Kinsey  
Alexander Kostura  
Katherine Larosa



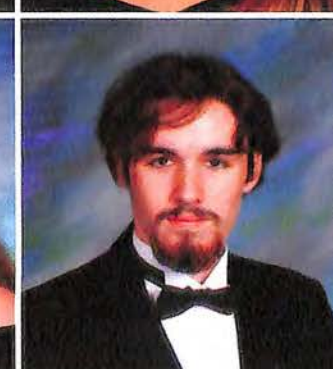
Alexander Lemmer  
Spencer Lendway  
Lora Light  
Shane Lump



Kevin Mabe  
Justin Marianetti  
Kendal Martin  
Amanda McAden



Megan McClung  
Amanda McConkey  
Andrew McFague  
Brooklyn McGhee





# Center Stage

## *Band star Katherine Reid*

School spirit is shown at our school in many different ways. For Katherine Reid (12), baton twirling is her way of showing spirit, and it is so unique that she is the only one in the entire school who does it.

"I enjoy being able to show my school spirit in a unique way," said Katherine. Even though twirling is fun, it isn't always easy. "At times it is difficult to be the only twirler. For example, if I were to forget what to do on the field, I would have no one to look at for help," Reid said. However, Katherine has been the school twirler for three years and says that, "by now all my concerns and worries have passed and I now enjoy every moment as the twirler."

A lot of people aren't aware of the serious concentration and dedication a twirler must have. Katherine often has to work with things such as fire and swords. She said, "it used to bother me but I quickly learned that I couldn't be afraid of what I was doing in order to be safe."

All and all, being the high school twirler has made a great impact on Katherine's high school experience. "Being the twirler has had nothing but positive affects on me. It has taught me responsibility and self-discipline through the demanding practices and commitments. Because of my positive experience in high school, I am considering a twirling opportunity for college."

**Lauren Sledd & Sabrina Rackow**  
*People Section Editors*



Ryan McLarty  
Katy Meacham  
Jennifer Mecca  
Stephanie Melnik



Joyce Metzler  
Camille Miles  
Robert Mills  
James Mills, Jr.



Jennifer Minch  
Courtney Mixon  
Puja Mody  
Ashley Moore



Paulus Moore  
Ashley Moravy  
Caitlin Morgan  
Joel Murphy



Kyle Murphy  
Melissa Muskopf  
Amanda Neighbors  
Emily Nichols



Adam Nielander  
Derek O'Dell  
Hye Oh  
Kate O'Keefe



Ashley Overfelt  
Daniel Overstreet  
Carsone Paitsel, III  
Christina Perry



Camille Miles

Stresses of senior year really catch up to Barrett Henderson(12). "Sometimes I need to take a break from class. I just get tired of so much work"

Jill Basett(12) on the other hand, doesn't mind the work that comes along with being a senior. "Chemistry class is one of my hardest classes, but I still enjoy it."

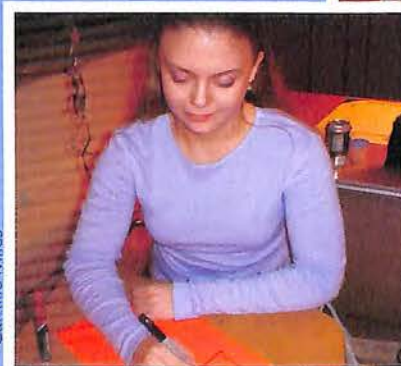


Camille Miles

Balancing a sport as a senior takes up a lot of time. "Being on track and having so much homework is a lot harder than I ever imagined," said Katie Davies-Ross(12).



Camille Miles



Camille Miles

Brandi Holland(12) gets through the battle of senior year with no sweat. "Although most people don't agree, senior year has been fun and easygoing. I enjoy doing extra things like making signs for the football team," Brandi said.

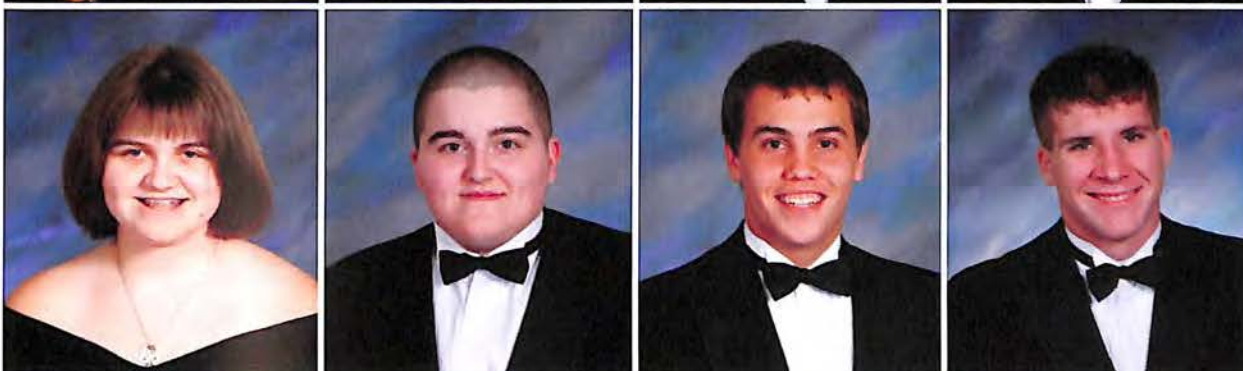




Kara Pevarski  
Kristen Pevarski  
Jacquelynn Raines  
Ciaran Rea



Katherine Reid  
Allison Richardson  
Alexander Roth  
Joseph Ruckert



Erin Rudder  
Evan Rudder  
Chaffin Scott  
Andrew Sellers



Kelly Shepherd  
Kala Simpkins  
Michael Sitze  
Alexandra Sline

# Myths: *About Senior Year*

Senior year is a time to work hard, have fun, and live up the last year you have in high school. Although seniors do have the most fun, there are many myths that follow along with being a senior. "Everyone says your senior year is stress free, easy, and fun," said Philip Johnson(12). Barrett Henderson(12) agreed saying, "I thought you could slack off senior year." Both of these seniors were shocked to find out that these myths are false. "This year has been more stressful, and harder, than any other year I have had. I think it is more stressful because we have to worry about college applications, maintain our grades, and in my case, also balance a sport," Philip added. Barrett also admitted that classes were harder than expected. "Spanish II and Chemistry are tough," he said. Classes for seniors weren't the "easy breeze" they were made out to be.



Samuel Smith  
Eric Snider  
Kelly Sowder  
Kasey St. Clair



Jocelyn Stephens  
Jerrod Tackett  
Theresa Terry  
Brian Thompson



Karen Thompson  
Richard Thrasher, Jr.  
William Towers  
Andria Tran



Brian Trent  
Brittney Tucker  
Brice Ulrey  
Timothy Uptegrove



Marie Vitello  
Clinton Watkins  
Kathryn Webb  
John Wentsel



Caitlin White  
Ian White  
Trelisha Whitehead  
Valerie Wilson





# Beating Senioritis

*Buckling down for one final year*



Amanda Young

Beth Young(12) worked on a project for Child Care II. She is learning about the care and safety of children. Beth said, "when I get a project assigned to me, I start it a week before it is due that way I will have time to get it finished."

Beth Young  
Senior

Phillip Yamine(12) gets a bit of a breather" as he walks through the hall on his way back to business class. "The hallways are terrible there are always too many people in them. Almost everybody travels in the hallway at sometime in the day and it gets really crowded," he said.

Phillip Yamine  
Senior



Amanda Young

Courtney Mixon(12) works on homework assignment for her history class. "I try to get all my homework done, that way I can get the effort points for that assignment. Also it helps me to start learning the information for each of my classes.

Courtney Mixon  
Senior



Amanda Young



Corey Wray  
Kevin Wu  
Phillip Yamine  
Ashley Young



Elizabeth Young  
Jennifer Zegas



Niles Harvey



Niles Harvey



Niles Harvey



Niles Harvey



# YOUR game

...-Practicing hard after school to perform in games

...Triumphing over the Titans for the second year in a row in football

...Going to States for the third year in a row in Girl's Volleyball

...Gaining strong new players and overcoming injuries in Boy's Basketball

...Starting off their season strong in swimming

...Coming together for team bonding at the Girl's JV and Varsity Basketball sleepover

...Playing together in the off-season to keep their game proved important for the tennis team

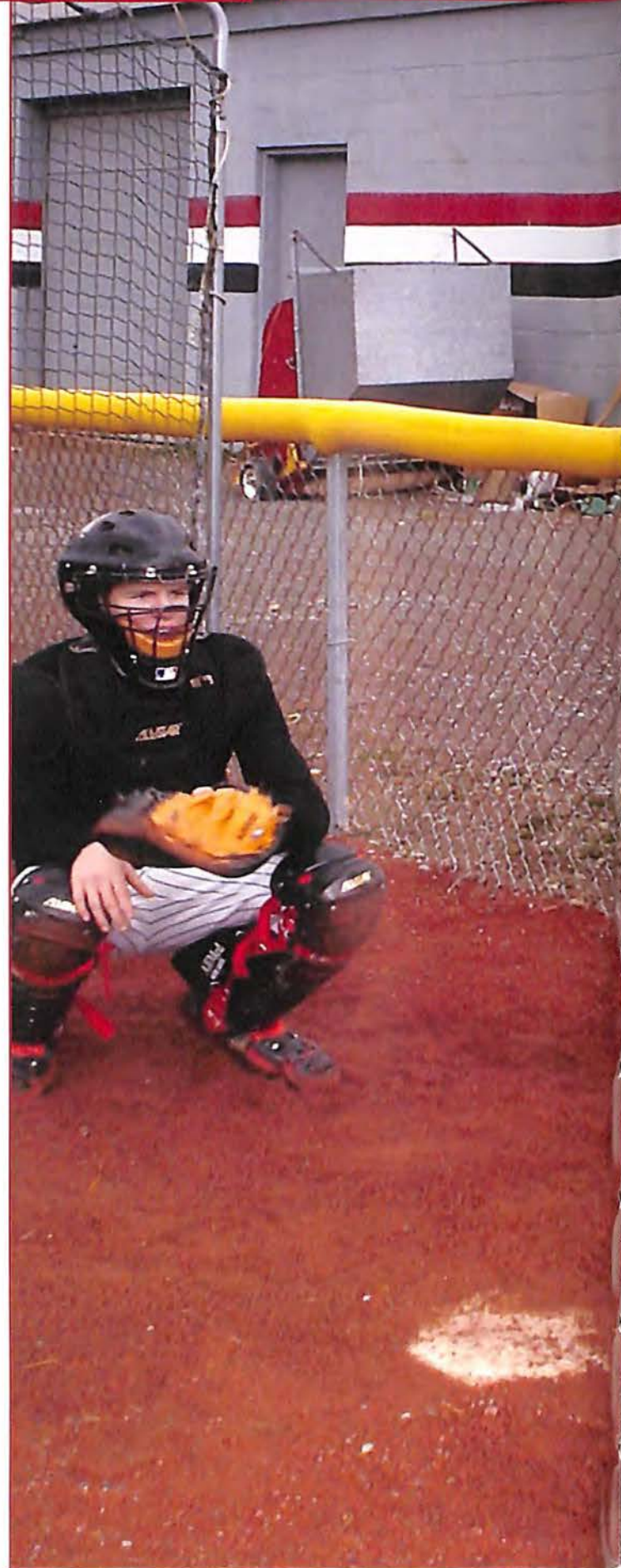
...Rejoicing after placing fourth in the Region for the Varsity Competition Squad

...Making it to states for the second year was Lee Bradshaw

...Watching film in Mr.Martinez's room during lunch to prepare for games

...Getting out early to travel and bond with teams over a good meal

...Triumphing over adversity to end the year on a good note for the school's sports seasons





Niles Harvey



Wing IT



Niles Harvey



Carnille Miles

# Your thoughts about rivals



"On the court we're enemies, but off the court we are gentlemen and friendly to each other. It's all about sportsmanship, that is a main focus of your team."

**Michael Jetton**  
Senior



"Many people think Hidden Valley is our biggest rival, but I think Salem is because they are bigger competition."

**Maggie Wagner**  
Sophomore



Whenever a sports team competes with a rival school the tension is always high and the pressure is on. Competing against rivals makes the teams perform to the best of their ability to win.

**Kevin Munson**  
Sophomore



"Our biggest rival is Hidden Valley High School. When we play them I get really pumped before the game because all the fans are there cheering you on and wanting you to do your best."

**Mark Passerotti**  
Junior



Niles Harvey  
Division Page



Niles Harvey  
Sports



Carnille Miles



# THIRD AND GOAL

*Knights pull off a victorious season*



Brian Thompson (12) dashes with the ball while Tommy Burgess (11) assists him by blocking off tackles. "This year has been a lot of fun and incredibly successful," Brian said.



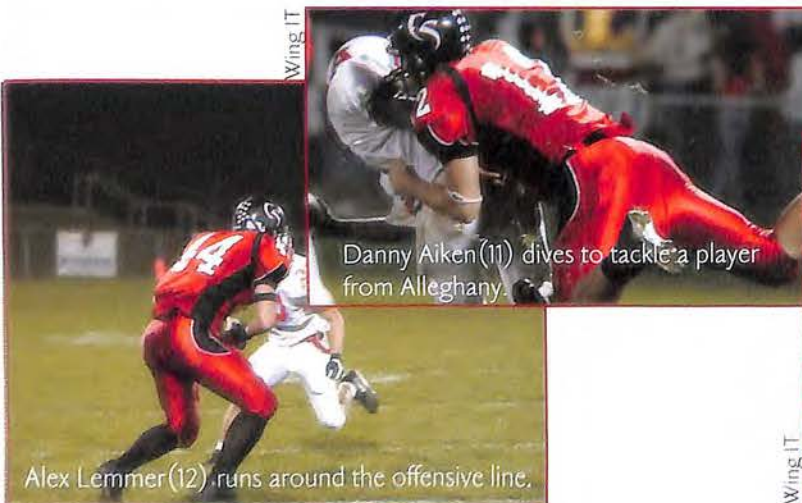
Will Osborne (11) jumps up to catch the ball. "I get the ball and look for a gap in the defense and run straight for it."



Kenny Horan (11) attempts to dodge out of the way of his opponents. Kenny, who has played many positions, said, "My favorite is probably wide receiver."

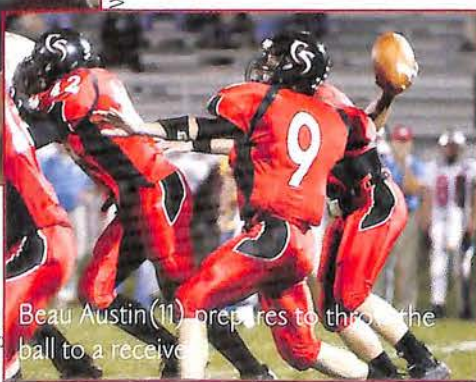


David Redick (11) changes direction to fake out an opponent. This was David's first year of playing football. "Playing football for the first time was the greatest experience of my life," he said.



Danny Aiken (11) dives to tackle a player from Allegheny.

Alex Lemmer (12) runs around the offensive line.



Beau Austin (11) prepares to throw the ball to a receiver.





Wing IT



Wing IT



Wing IT

# FAST facts

- The game versus Christiansburg extended into triple overtime.
- Tommy Burgess(11), David Redick(11), Andrew Sellers(12), Alex Lemmer(12), Matt Davis(12), Wade Snyder(12), Stephen Fralin(12), Chafin Scott(12), Danny Aiken(11), Sam Cole(11), and Josh Leamson(11) were all honored on the All-District teams.
- Tommy Burgess(11), David Redick(11), Andrew Sellers(12), Alex Lemmer(12), and Matt Davis(12) were all honored in All-Region.
- The team totaled 3,438 yards with 150 first downs for the season and scored 39 touchdowns.



Danny Aiken(11) fights off a player from Hidden Valley. Danny took on the role of both a receiver and a quarterback. "Being able to play numerous positions has helped me become a better player all around," said Danny.

Andrea Thornton  
*Sports Editor*



**Front Row:** Brian Thompson, Andrew Sellers, Alex Lemmer, Beau Austin **Second Row:** Kevin Reeder, Greg West, Matt Simonik, Tucker White, Randall Akers, Brady Stovall, Daniel Downing, Ben Perfater, Darryl Keeling, Paul Craighead **Third Row:** Steven Wright, Jay Barret, Brent Ring, Daniel Knowles, Corey Epperly, Cabot Armentrout, Paul Craighead, Billy Raines, Ray Wray, Bryan Doss, Ryan Capps, Clay Nash **Fourth Row:** Wade Hammes, Kenny Horan, Alex Roth, Shane Lumppp, Nick Fanti, Stephen Fralin, Danny Aiken, Kyle Stuart, Chaffin Scott, Jeff Deke, Joe Langford **Fifth Row:** Sam Cole, Will Osborne, Quincy Ruckert, David Rivera, Stephen Patterson, Charles Sublett, Fain Perrin, Chauncey Lumppp, Ryan Martin, Scott Barner, Wade Snider **Sixth Row:** David Redick, Jeff Wardach, Drew Reburn, Brian Anderson, Jeremy Spradlin, Frankie Beltran, Daniel Hamrick, Cnsprin Harwell, David White, Brandon Lester, Drew Sitze, Matt Davis **Seventh Row:** Jonathan Burgess, Mark Passeretti, Coach Castro, Coach Maxey, Coach Zegarski, Coach Riley, Coach Cam **Eighth Row:** Coach Simmons, Coach Fulton, Coach Emory, Josh Leamson, Tommy Burgess **Ninth Row:** Coach Hamlar, Coach Swartz, Coach Finotz, Coach Devey

SCOREBOARD	
<u>Opponent</u>	<u>Score</u>
Glenvar	33-0
Northside	34-7
Lord Botetourt	42-7
Alleghany	33-6
William Byrd	17-7
Blacksburg	35-7
Christiansburg	27-30
Salem	21-28
Pulaski	20-21
Hidden Valley	20-7





Caitlyn Long(11) sets Jennifer Harvey(10) an outside set. "Being the setter is a very stressful position, but our team is so strong as a whole that the weight isn't all on my shoulders," said Caitlyn.



Wingit



Niles Harvey

Jumping up, Katherine Jetton(10) attempted to block a ball. "I love this team. Everyone is extremely close!" said Katherine.

In ready position Lauren Clary(11) prepared to pass the ball. "We work really hard every practice so that we'll be prepared for whoever we face in our next match," she explained.



Courtesy of Niles Harvey

# Going the Distance

*Playing with all of their heart*

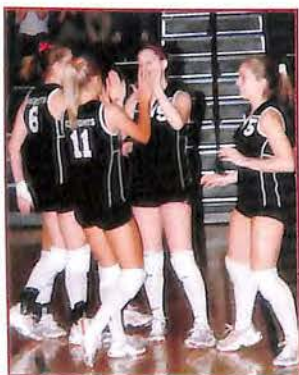
Andrea Thornton  
Sports Editor

## FAST facts

- The volleyball team won 1st in the district, 1st in the region, and 2nd in the state, making it to the state finals for the 3rd year in a row.
- The match record for the year was 26-2 with 21 straight wins and a game record of 79-7 with 43 straight wins.
- 10 of the 12 girls on varsity played for Roanoke Juniors traveling volleyball; 6 of them played on the National Team.
- The captains, Stacey Craighead(11) and Lauren Clary(11), were both named to the All-District and All-Region teams.



Wingit



Courtesy of Niles Harvey



Wingit





"I love being a part of this program and have learned so much from my experiences with my coaches and teammates," said Andrea Thornton (11).



Front Row: Lauren Clary, Stacey Craighead Second Row: Jessica Lancaster, Erica Wiegand, Tina Crawford, Caitlyn Long, Christie McFarland Third Row: Coach Mark Tanis, Coach Tamalyn Tanis, Laura Jones, Maggie Wagner, Andrea Thornton, Katherine Jetton, Jennifer Harvey, Coach Aaron King, Coach Mike Wiegand

SCOREBOARD		
Games Won	Opponent	Games Lost
3	Northside	0
3	Christiansburg	0
3	Patrick Henry	0
3	Millbrook	0
3	Western Albemarle	0
3	Waynesboro	2
1	William Byrd	1
3	Northside	0
3	Robert E. Lee	0
3	Blacksburg	0
3	Hidden Valley	0
3	Salem	1
3	Pulaski County	0
3	Christiansburg	0
3	Blacksburg	0
3	Western Albemarle	0
3	Hidden Valley	0
3	Salem	0
3	Pulaski County	0
3	Christiansburg	0

Courtesy of Niles Harvey

Courtesy of Niles Harvey



Courtesy of Niles Harvey



Courtesy of Niles Harvey





# Running Ahead

*Cross Country proves they're The Real Deal*



Courtesy of Niles Harvey

Courtesy of Niles Harvey



Courtesy of Niles Harvey

Rounding a corner, Jackie Zillioux(10) focused on the goal winning. "The key is to get into your rhythm," said Jackie.



Courtesy of Niles Harvey

Running up a hill, Dana Orr(10) competed against another runner. "I love running, that's why I joined this team." said Dana.



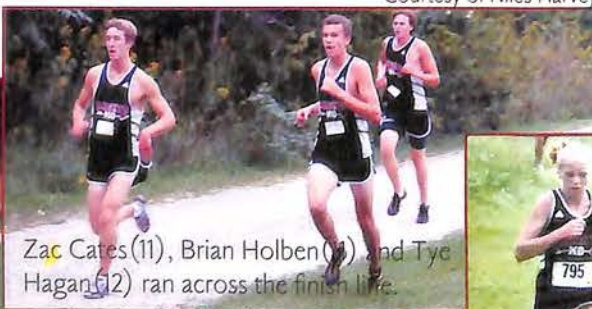
Courtesy of Niles Harvey

Making a loop in the course, Brian Holben(11) pushed himself. "I love trying to break my personal best times." said Brian.

Courtesy of Niles Harvey



Lauren Lyon(10) ran alongside of Meaghan Dill(10).



Zac Cates(11), Brian Holben(11) and Tye Hagan(12) ran across the finish line.

Courtesy of Niles Harvey



Coach Tommy Maguire pointed Laurel Sitze(11) in the right direction.



Courtesy of Niles Harvey



Courtesy of Niles Harvey



Courtesy of Niles Harvey



# FAST facts

- The boys cross country team finished their season earning 2nd in the district, 3rd in the region, and 7th in the state.
- The girls team succeeded in winning 1st in the district, 2nd in the region, and 8th in the state.
- In order to physically prepare for cross country meets, the team gets a good night's sleep two nights before, starts drinking water, to stay hydrated, a day before, and doesn't eat or drink any dairy products the day of the meet.
- Practices consist of hard, competitive workouts on Mondays and Wednesdays at different, strenuous locations. Tuesdays and Thursdays consist of long, slow, relaxed runs. On Fridays before meets, the workout is less intense so the runners aren't worn out for the meet the following day.



Courtesy of Niles Harvey

Concentrating on the race, Mary Woody(10) ran the course. "The best part thing about cross country is pushing myself to the limit and being with all of my friends," said Mary.

Andrea Thornton  
*Sports Editor*



First Row: Alycia Miller, Lauren Lyon, Nikki Harvey, Laurel Sitze, Jackie Zilloux, Meaghan Dill, Melissa Ivanco, Paul Lendway, Tim Smith, Tessy Henry, Kristin Boyd. Second Row: Mary Woody, Lydia Riall, Lee Bradshaw, Tye Hagan, David Finkler, Jonathan Carlin, Zac Cates, Brian Holben, Sam Kerr, Daniel Overstreet, Max Snyder. Third Row: Susie Dye, Adam Nielander, Zach Elmore. Fourth Row: Ava Stephens, Meredith Moore, Brock Vaughn, Chen Lin, John Jennings, Coach Loesel, Coach Maguire, Trey Tyler, Even Mixon, Ben Carlin, Danny Bishop, Spencer Lendway, Allison Crawford, Jessica Boatwright.

## SCOREBOARD

MEET	GIRLS	BOYS
Blue Demon Invitational	1st	2nd
Radford Invitational	2nd	3rd
Golden Eagle Invitational	1st	1st
Annual Metro Invitational	1st	2nd
Runnin' With The Wolves	2nd	3rd
Knight's Fab 5	1st	1st

Districts	1st	2nd
Regionals	2nd	3rd
States	8th	7th

JV

Blue Demon Invitational	1st
Radford Invitational	1st



Concentrating on lining the ball up to the hole, Michael Doughty (10) tried to sink his putt. "I love matches because I get to play against other people from other teams," Michael said.



Wing IT



Wing IT

Watching his teammates, Gray Patterson (10) hopes for a good win. "Being on the golf team gave me a chance to make a couple new friendships," Gray said.

Chipping the ball into the hole Vicki Kasza (12) competes as the only girl on the team. Vicki finished 6th out of 75 girls in the Sate match.



Wing IT

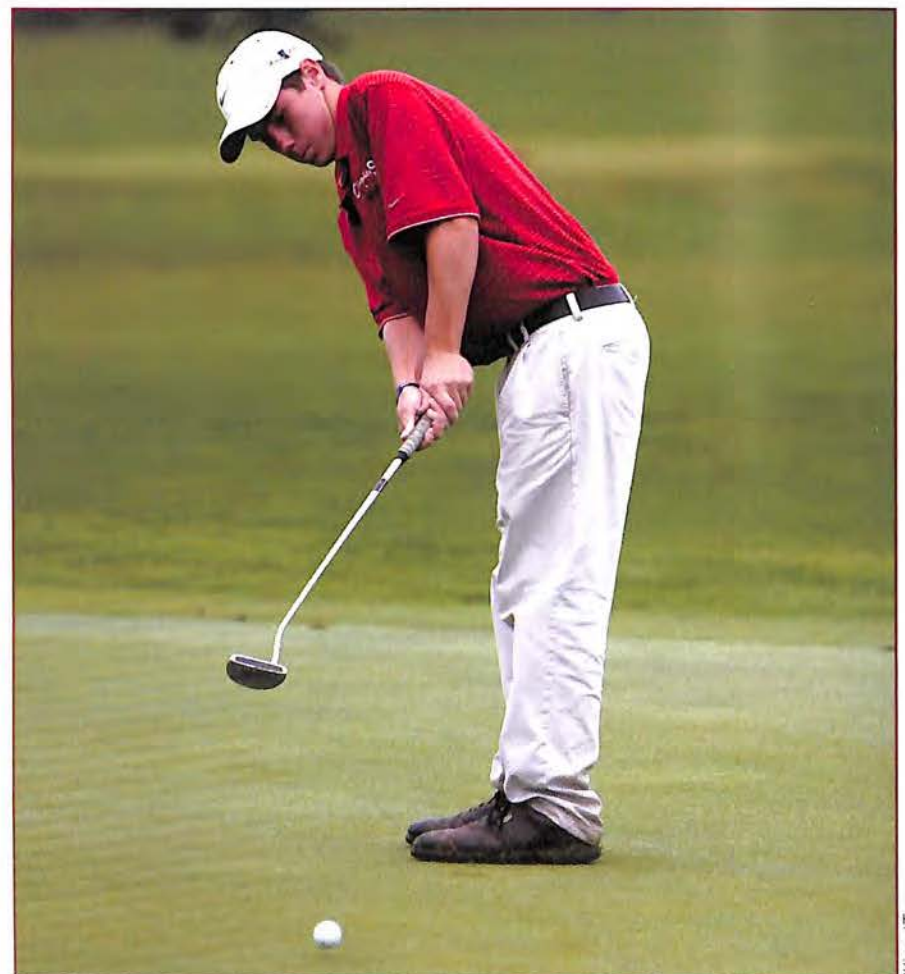
# Driving for the Win

*the Knights were up to par*

## EAST facts

- In a golf match, six players from each team play in the match. The four lowest scores from each team count towards the overall score of the team. The golfer with the lowest score is declared the medalist.
- Jerrod Tackett (12) was the top medalist for the golf team, accumulating two medals.
- The captains of the golf team were Michael Jetton (12), Vicki Kasza (12) and Jerrod Tackett (12).
- Jerrod Tackett (12) and Gray Patterson (10) were the two players to compete in regionals. Jerrod and Vicki Kasza (12) later went to play in the state golf match.

Leigh Basham  
*Sports Editor*



Wing IT



Wing IT

Driving the ball toward the hole, Michael Jetton (12) followed through with his shot.



Camille Miles

Bouncing the golf ball on his club, Chris McCoy (11) warms up for the match.

Putting the ball, Andrew Lavinder (10) focused on his putt during one of his golf matches. Andrew has played for the golf team for two years.





Following through his shot, Jerrod Tackett (12) chipped the ball into the hole. "The golf team practiced four days a week," Jerrod said.



First Row: Gray Patterson, Will Averett, Ben Chapman, Michael Doughty, Hunter Hobbs, Andrew Lavinder  
Second Row: Coach Mike Duncan, Jerrod Tackett, David Kessler, Michael Jetton, Chris McCoy, Vicki Kasza, Coach Duncan Haley

<b>Rural Retreat</b> <b>323-338</b>	<b>Staunton River</b> <b>346-352</b>
<b>Patrick Henry</b> <b>316-302</b>	<b>District Mini</b> <b>second</b>
<b>District Mini</b> <b>second</b>	<b>District Mini</b> <b>second</b>
<b>District Mini</b> <b>second</b>	<b>Patrick Henry</b> <b>321-322</b>
<b>District Mini</b> <b>second</b>	<b>William Byrd</b> <b>301-304</b>





# Movin' On Up

## *Knights In Training*

The Junior Varsity makes a play on the opposing team, while striving for a win. "The best part of the game is when you make the tackles" said Franki Beltran (10).



Courtesy of Niles Harvey



Courtesy of Niles Harvey

Receiving a serve, Taylor Yarber (9) concentrates on passing the ball.



Courtesy of Niles Harvey

The team set up a play against Hidden Valley. "The best part about being on the team was sharing time with friends." Said Lauren Knuppel (10).



Front Row: Kevin Reeder, Greg West, Matt Simonic, Tucker White, Randall Akers, Brady Stovall, Daniel Downing, Ben Perfater, Darryl Keeling, Clay Nash 2nd row: Steven Wright, Jay Barrett, Brent Ring, Danny Knowles, Corey Epperly, Cabot Armentrout, Paul Craighead, Bill Raines, Raymond Wray, Brian Doss, Ryan Capps 3rd row: Jonathan Burgess, Frankie Beltran, Fain Perrin, David White, Ryan Martin, Kyle Stuart, Scott Barrier 4th row: David Rivera, Jeff Wardach, Drew Reburn, Jeff Deke, Stephen Patterson, Brandon Lester Back Row: Coach Castro, Coach Foutz, Coach Hamler

### Scoreboard

Opponent	Score
Northside	14-24
Lord Botetourt	7-28
Alleghany	28-48
William Byrd	14-21
Blacksburg	38-0
Christiansburg	38-6
Salem	42-0
Pulaski	58-0
Hidden Valley	24-12

Record 09



Courtesy of Niles Harvey

Attempting to sack the opposing quarterback the Junior Varsity team works hard for a win. "Everybody gets along really well", said Kyle Stuart (10).





Courtesy of Niles Harvey



Courtesy of Niles Harvey



Courtesy of Niles Harvey

# FAST facts

Erin Griffin(10) and Lauren Knuppel(10) were the JV Volleyball captians.

JV Football players got to work with the Varsity boys if their behavior and playing was good.

Before each game the JV Volleyball had a team meeting.

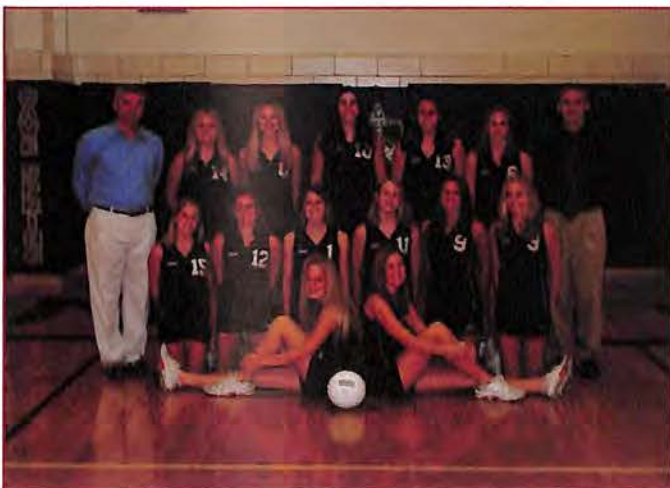
On the bus, Jv Football either listens to music or is silent to visualize on their performance at the game.

Leigh Basham  
*Sports Editor*



Courtesy of Niles Harvey

Concentrating on her play, Allyson Paone(10) assists her teammate to help score against the other team.



1st row: Lauren Knuppel, Erin Griffin  
2nd row: Melissa Horan, Stephanie Crawford, Taylor Yarber, Kelsey Kerr, Leah Miles, Kara Marshall  
Third Row: Coach Wiegand, Kendall Patterson, Lauren Bosche, Gina Burgess, Allyson Paone, Kelsey Largen, Coach Aaron King

## Scoreboard

Score	Opponent	Score
0-2	Nothside	2-1
1-2	Patrick Henry	--
2-0	William Byrd	2-1
2-1	R.E. Lee	--
2-1	Blacksburg	2-1
2-1	Hidden Valley	2-1
2-1	Jefferson Forrest	--
1-2	Salem	2-1
2-0	Pulaski	2-0
2-1	Christiansburg	2-0
2-0	W. Albemarle	--



Cheering the football team on Brandi Cooper(11) said, "I really enjoy cheerleading because it's so exciting and you have the ability to pump the crowd up."



Wing IT

Courtesy of Niles Harvey



While practicing before the pep rally, Megan Bowles(11) performs one of her stunts. "Being on the court, and just being at the game is a great experience," Megan said.

During a time-out the cheerleaders entertained the crowd. "Trust and teamwork are key to a successful stunt." said Lauren Davis(10).



Courtesy of Niles Harvey

# Got Spirit?

*Let's hear it*

Leigh Basham  
*Sports Editor*

## FAST facts

- Every summer before the season starts, the cheerleaders attend a week long camp to learn new stunts and cheers.
- The competition cheerleaders practiced three to four days a week for three hours each night to get ready for competition.
- After a touchdown during the football game, the cheerleaders do a dance to the fight song.
- The captains of the cheerleading squad were Mandy McAden(12), Annie Hancock(12) and Kendal Martin(12)



Courtesy of M. Martin

During the summer, at camp, the cheerleaders were given time to work on a routine and then performed it at the end of the day



Wing IT  
Courtesy of Niles Harvey

Rachel Longmire(11) cheered the team on during her third year as a varsity cheerleader.



Lauren Sledd(11) showed spirit to the fans during a stunt. "I love supporting the team. It's great being up close to the game." she said.





Courtesy of M. Martin



Wing IT

### Football

Front row: Mandy McAden, Lauren Davis, Kaitlin Rice, Caitlyn Koch, Ann Northern, Wendy Young, Kendal Martin, Annie Hancock  
 Second row: Sarah Kane, Jessica Griffith, Lauren Sledd, Jordan Bergloff  
 Back row: Rachel Longmire, Brandi Holland, Brandi Cooper, Stephanie Fortune, Camille Miles, Megan Bowles, Leigh Basham



Wing IT

### Basketball

Front row: Caitlyn Koch, Mary Swaffar, Wendy Young, Rachel Longmire, Lauren Davis, Leigh Basham  
 Second row: Erica Horseman, Camille Miles, Annie Hancock, Mandy McAden, Brandi Holland, Megan Bowles,  
 Back row: Lauren Sledd, Kaitlin Rice, Stephanie Fortune, Jordan Bergloff, Brandi Cooper, Sarah Kane



# Off the Blocks

*Swim team dives into success*



Mary Lawson (11) walks to the end of the board to dive. "I'm the only diver on the team. I think diving is a lot of fun because it's totally different from what everyone else does," said Mary.

Carrie Doughty



Andrea Thornton

Kelsey Webb (10) stays in stride. "Being on this team is a great way to have fun while doing what I love," Kelsey said.



Courtesy of Niles Harvey

Julie Sablik (11) focuses before starting her race. "[The hardest part] is the pressure you feel because you know the team is depending on you," said Julie.



Andrea Thornton

Channing Porter (11) prepares to dive into the pool as her teammate finishes her round of the relay. "I like swimming the relays because it's the only event where you truly feel like a team player," said Channing.



Andrea Thornton

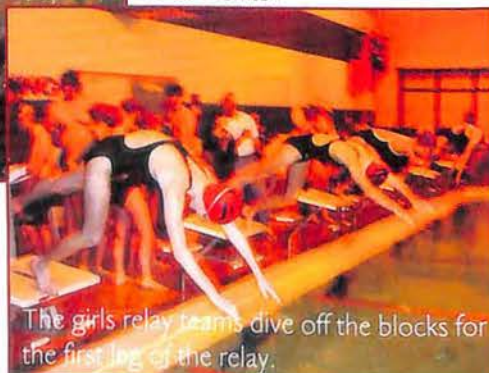
Chris Dean (11) warms up to rap music before each swim meet.



Carrie Doughty (11) works hard swimming the backstroke.

Andrea Thornton

Andrea Thornton



The girls relay teams dive off the blocks for the first leg of the relay.



Andrea Thornton



Andrea Thornton



Andrea Thornton



# FAST facts

- The girls team placed 2nd in the district, 3rd in regionals, and 8th in the state. The boys teams finished 2nd in the district, 4th in the region, and 13th in the state.
- The team captains were Kara Campbell, Scotty Hardwig, Julie Sablik, and Hal Walker, who were all juniors. "Our captains are extremely fun and supportive of all of us," said Priscila Nakano(11).
- Kevin Munson(10) finished 11th in the state in both 200 Free and 500 Free. The mens 100 Free relay team (Kevin Munson(10), Scotty Hardwig(11), Hal Walker(11), and Nick Fanti(10)) finished 9th.
- Julie Sablik(11) placed first in the 200 Freestyle, the 200 Individual Medley, the 100 Butterfly, and the 500 Freestyle at the All-Timesland rankings. At States, Julie finished 3rd in the 200 Individual and 1st in the 100 fly for the second year in a row.



Carrie Dougherty

Alexa Tolusso(10) stretches out before starting the meet. "Warm ups are essential to make sure that you can compete at your highest level," said Alexa.

Andrea Thornton  
*Sports Editor*



Front Row: Scotty Hardwig, Kara Campbell, Hal Walker, Julie Sablik, Jamison Hinkle, Kiara Elkin, Scott Watkins, Jeremy Gilbert  
Second Row: Casey Leffue, Priscila Nakano, Channing Porter, Lauren Ammar, Stephanie Dehart, Apoorva Acharya, Kenzie Conner, Amber Young, Jackie Burke  
Third Row: Jessi Pearson, Jessica Lancaster, Kelsey Webb, Tina Crawford, Alexa Tolusso, Kellee Jacobsen, Molly Kelleher, Katy Kaiser, Dani Vankirkov  
Fourth Row: Ava Stevens, Lucy Smith, Peter Wells, Kevin Munson, Nick Fanti, Michael Ceilic, Brok Vaughn, Nora Vitello  
Back Row: Bob Fendly, Delaney Elkin, Max Snyder, Chris Downey, Kristin Boyd, Akash Kasari, Chris Dean, Coach Holly Moore

SCOREBOARD		
Girls	Opponent	Boys
120- 35	Nothside	110- 33
95- 73	Salem	120- 47
95- 73	Botetourt	97- 50
91- 68	William Byrd	92- 19
81- 11	Pulaski	75- 16
97- 3	Radford	90- 7
74- 18	Christiansburg	73- 18
98- 70	Blacksburg	84- 81
91- 64	North Cross	81- 77
74- 96	Hidden Valley	51- 113



# Pushing the Limits

*knights run the extra mile*



At Virginia Tech for Districts, Meaghan Dill(10) practiced for her next event at the meet. "I love track because it is a simple sport, It's you agaisnt the clock," Meaghan said.



Leigh Basham

Resting up after running the 500, Jonathan Carlin(11) got ready for his next event. "When I'm out on the track all I can think about is just getting to the finish line," he said.



Leigh Basham

Lauren Sledd(11) cleared 5 feet at the district meet. "The district meet in high jump was a lot more competitive than it was previously," Lauren said.



Leigh Basham

Participating in the long jump, Tina Crawford(10) got ready to go. "The competition can get tough, but I love jumping, so I really enjoy the practices and going to all the meets." Tina said.







Leigh Basham

Leigh Basham

Leigh Basham

# FAST facts

- Indoor track practiced everyday after school for two to three hours outside in the winter weather.
- Coach Maguire and Coach Loesel are known to do the assigned work out with the runners during practice.
- Often times before meets, the track team will have a huge pot luck in the cafeteria in order to eat a good meal.
- The girls team finished 2nd in districts, only 14 points behind 1st place Blacksburg. The boys team finished strong at 5th place, beating out Hidden Valley by 40 points.



Leigh Basham

Running the mile in the district meet, Lee Bradshaw (12) came in first place. "Being on track means you have to train hard to win easy," he said.

Leigh Basham  
*Sports Editor*



Wing IT

Front row: Meaghan Dill, Kelsey Kerr, Kelsey Mueller, Lauren Knuppel, Danielle Cohon, Alicia Miller, Koren Breighner, Laurel Sitze, Allison Crawford, Marie Pasquarell Second row: Lauren Bosche, Caroline Muelenaer, Dana Orr, Jessica Williams, Haley Earls, Lauren Sledd, Katie Davies-Ross, Lauren Clary, Tina Crawford, Mary-Ashtin Nichols, Jackie Zillioux, Nikki Harvey, Jasmine Fleenor Back row: Tatum Tyler, Liz Wilson, Courtney Riall, Kristen Kyle, Kelsey Largen, Kaylin Foor, Allison Richardson, Jessica Hambright, Jordan Bergloff, Joanna Hardie, Marie Vitello, Melissa Ivanco, Lydia Riall, Mary Woody, Jennifer Wade.



Wing IT

Front row: Adam Bock, Teddy Ivanco, Paul Lendway, Grey Malysa, Fain Perrin, Daniel Oh, Spencer Lendway, Daniel Overstreet, Jeff Chrisman Second row: Wayne Breighner, Tim Smith, Ian Cardenas, Billy Mullins, Michael Burn, Chin Lin, Ben Carlin, Matt Morgan, Merritt Ford, Sam Lasky, Doug Currie Back row: Lee Bradshaw, Steven Wright, Kyle Murphy, Josh Birkhoff, Josh Roupe, Evan Mixon, Jacob Jimenez, Sal D'angelo, Jonathan Carlin, Jake Gerl, Danny Bishop, Darryl Keeling, Stephen Patterson





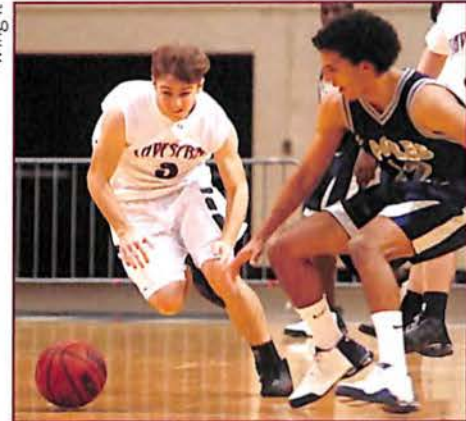
# Big Shots

## Boys Basketball Aims High



Steven Nowlin(11) rushes down the court. "The best part of being on this team is the team work that is shown on and off the court to support each other," said Steven.

Wing It



Wing It

Kenny Horan (11) prepares to dive for a loose ball. "I just love everything about basketball, It's awesome to be a part of the team," Kenny said.



Wing It

Beau Austin (12) gets low in defense position. "It's great being on this team because we all have fun and get along so well," said Beau.



Wing It

Brian Thompson (12) calls out plays to his teammates while dribbling down the court. "As long as we work as a team then we'll stay strong and successful," said Brian.



Wing It

Brice Ulrey (12) follows through after making a shot.

Wing It



Courtesy of Niles Harvey

Sam Cole (11) prepares to throw the ball to one of his teammates.





Courtesy of Niles Harvey



Wing It



Wing It



# FAST facts

- The team competed in the Holiday Hoopla Tournament at Salem Civic Center. They fought hard and finished in 3rd place in the tournament.
- Throughout the season the team pushed into Overtime three times, and even went into Double Overtime twice.
- The boy's team practices six days each week for two hours, and even come in on Saturday mornings at 11am for two hour practices.
- The team defeated Hidden Valley in District Semifinals, finished 2nd in the District Tournament, and made it to Regional Quarterfinals against Pulaski.



Wing It

Alex Lemmer(12) jumps up high to sink a shot. "Half of making a shot is physical, the other half is just knowing that you're capable of it," said Alex.



Andrea Thornton  
*Sports Editor*



**Front Row:** John Michael Bohon, Coach Cook, Coach Kern, Brian Thompson, Alex Lemmer, Coach Billy Hicks, Coach Bob Hicks, Pete Hamilton **Back Row:** Kenny Horan, Charles Sublett, Beau Austin, Brice Ulrey, David Redick, Michael Jetton, Danny Aiken, Steven Nowlin, Sam Cole, Alex Roth, Manager Byron Hamlar

SCOREBOARD	
Opponent	Score
William Byrd	76-50
Lord Botetourt	64-66
Northside	57-68
Patrick Henry	51-72
William Byrd	67-45
Lord Botetourt	63-64
Colonial Forge	59-53
Gar-Field	41-53
Patrick Henry	48-41
Roanoke Catholic	74-71
Blacksburg	51-46
Northside	46-60
Hidden Valley	46-71
William Flemming	29-42
Salem	59-52
Pulaski	49-73
Christiansburg	56-41
Blacksburg	45-47
Hidden Valley	62-65
Salem	48-42
Pulaski	65-69
Christiansburg	71-42



Reaching up, Maryellen Elie(10) catches the ball from her teammate. "Being part of team helps each player succeed on and off the court," She said.



Wing IT



Wing IT

Concentrating on her play, Caitlyn Long(11), prepares to shoot the ball. "My favorite part about being on the team is just being with my teammates," she said.

Christie McFarland(11), tried for an open shot. "Basketball is full of intense hardwork, but I love it.", said Christie.



Wing IT

# "We all play because we simply love the game"

-Christie McFarland

## FAST facts

- A quote that Coach Long recites to the team is "Winners run a race not to win, but because they love to run."
- The basketball team practiced six days a week for three to four hours a day.
- Before each game the girls take 30 seconds, to pray and think about their game.
- The captains of the team were Lora Light(12), Becca Henderson(12) and Lauren Gerl(11).



Wing IT

Looking for an open player, Katherine Jetton(10) throws the ball to a teammate. "Through basketball I've gained perseverance and focus," she said.



Wing IT

Dribbling the ball, Jaci Clark(10) makes a play on the other team. "When I'm out on the court, I plan ahead which plays to call," she said.



Wing IT

Running past her opponent, Lora Light(12) keeps the ball out of reach of the other team. "Basketball is something you put your heart into," said Lora.





Jumping to make a basket, Becca Henderson (12) scores for the Lady Knights. "Through basketball I have become more confident and outgoing," she said.

Wing IT



Front row: Christie McFarland, Maryellen Elie, Jaci Clark, Kim Hunt  
 Second row: Coach Esteban Martinez, Lora Light, Jessica Boatwright, Caitlyn Long, Coach Linda Long  
 back row: Katherine Jetton, Lauren Gerl, Rebecca Henderson, Tristin Kaase

Wing IT

SCOREBOARD	
Opponent	Score
William Byrd	54-61
Lord Botetourt	39-61
Fleming	58-48
William Byrd	39-53
Alleghany	57-77
Andrews	50-60
N. Mecklenberg	55-65
Wesleyan	49-51
Blaksburg	36-67
Hidden Valley	51-66
Jefferson Forest	49-68
Salem	36-50
Pulaski	42-51
Christiansburg	57-52
Blacksburg	42-51
Hidden Valley	35-50
Salem	44-47
Fleming	54-41
Alleghany	50-59
Pulaski	30-49
Christiansburg	35-44

Wing IT



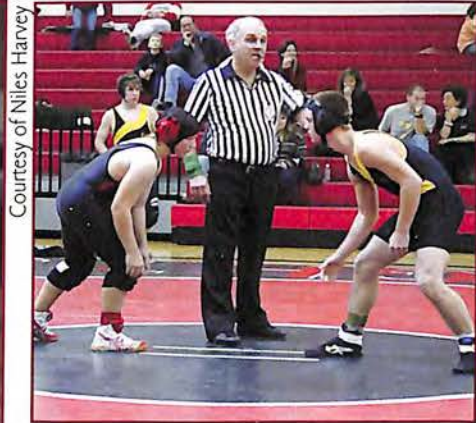
# Tough Enough

## Wrestling Tackles Doubts



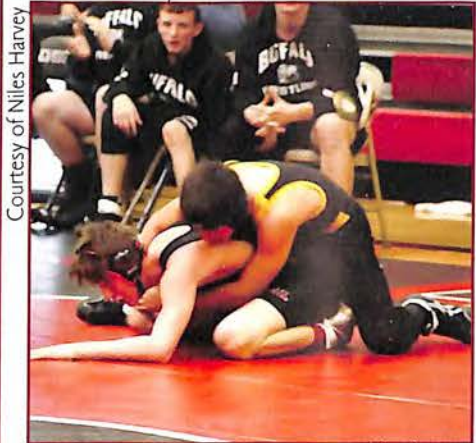
Andrew Sellers(12) fights hard to win his match. "The wrestler with the best technique will always win the match," said Andrew.

Courtesy of Niles Harvey



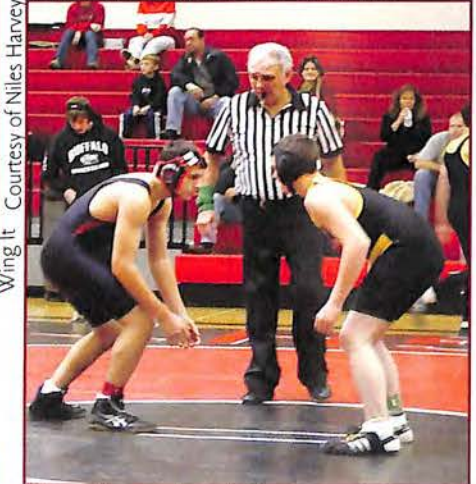
Courtesy of Niles Harvey

Brent Ring(9) gets ready to make his first move. "The first move is one of the most important," Brent said.



Courtesy of Niles Harvey

In starting position, Matt McCoy(10) prepared to wrestle his opponent. "This program is still growing, we'd all like to see new faces next year," said Matt.



Wing It Courtesy of Niles Harvey

Chandler Hudson(10) concentrates on taking down his opponent. "Wrestling is a difficult sport, you just have to keep focused on your goal," Chandler said.



The team plays around before starting up practice, enjoying a bit of fun on top of all the hard work.

Courtesy of Jim d'Alieio



The team looks on as one of their teammates competes



Andrew Sellers(12) "gets in the zone" in his own special way.

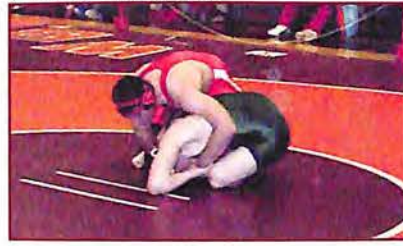
Courtesy of Jim d'Alieio



Courtesy of Jim d'Alelio



Courtesy of Jim d'Alelio

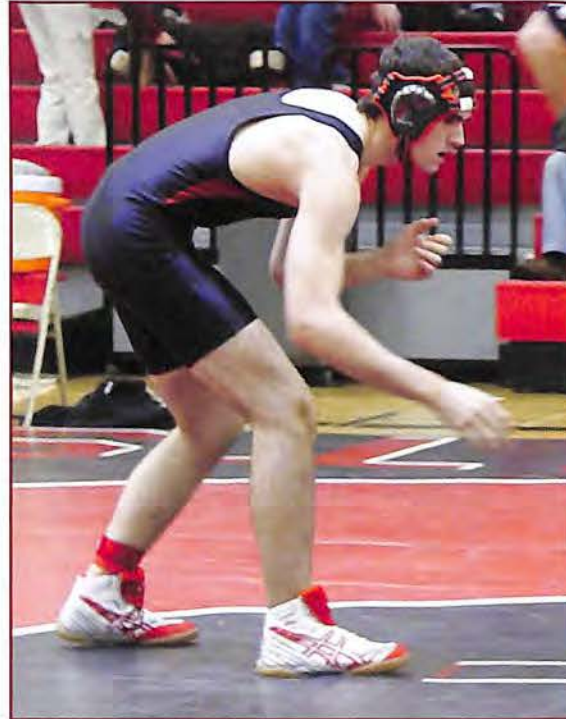


Courtesy of Jim d'Alelio



# FAST facts

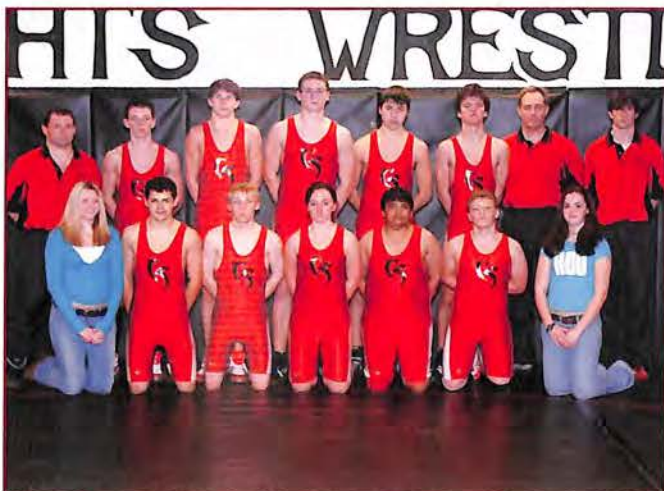
- As a collective group, the team has strongly improved their skills and winning record. They have won as many matches in this one season as they have in the past three years combined.
- Andrew Sellers is ranked 5th in the state. He placed 2nd in the Titan Toughman, 1st in the Christiansburg Inv., 1st in Stuarts Draft Inv., 1st in Highlanders Inv., 3rd in Big Orange and is 23-3 for the season.
- Molly Briggs (9) is the only female wrestler on the team. "I do have to work just as hard or harder because the guys have a few advantages over me," said Molly. "But I'm treated like a CS wrestler, no different than any other guy on the team."
- Practices are very challenging and intense. Being in good shape and very conditioned is a key to victory for wrestling. On top of normal practices, the team also weight lifts 2 to 3 times each week.



Courtesy of Niles Harvey

Kristopher Wiseman (11) gets down low and gets ready to start the match. Kris said, "Everyone on the team works hard and works together."

Andrea Thornton  
*Sports Editor*



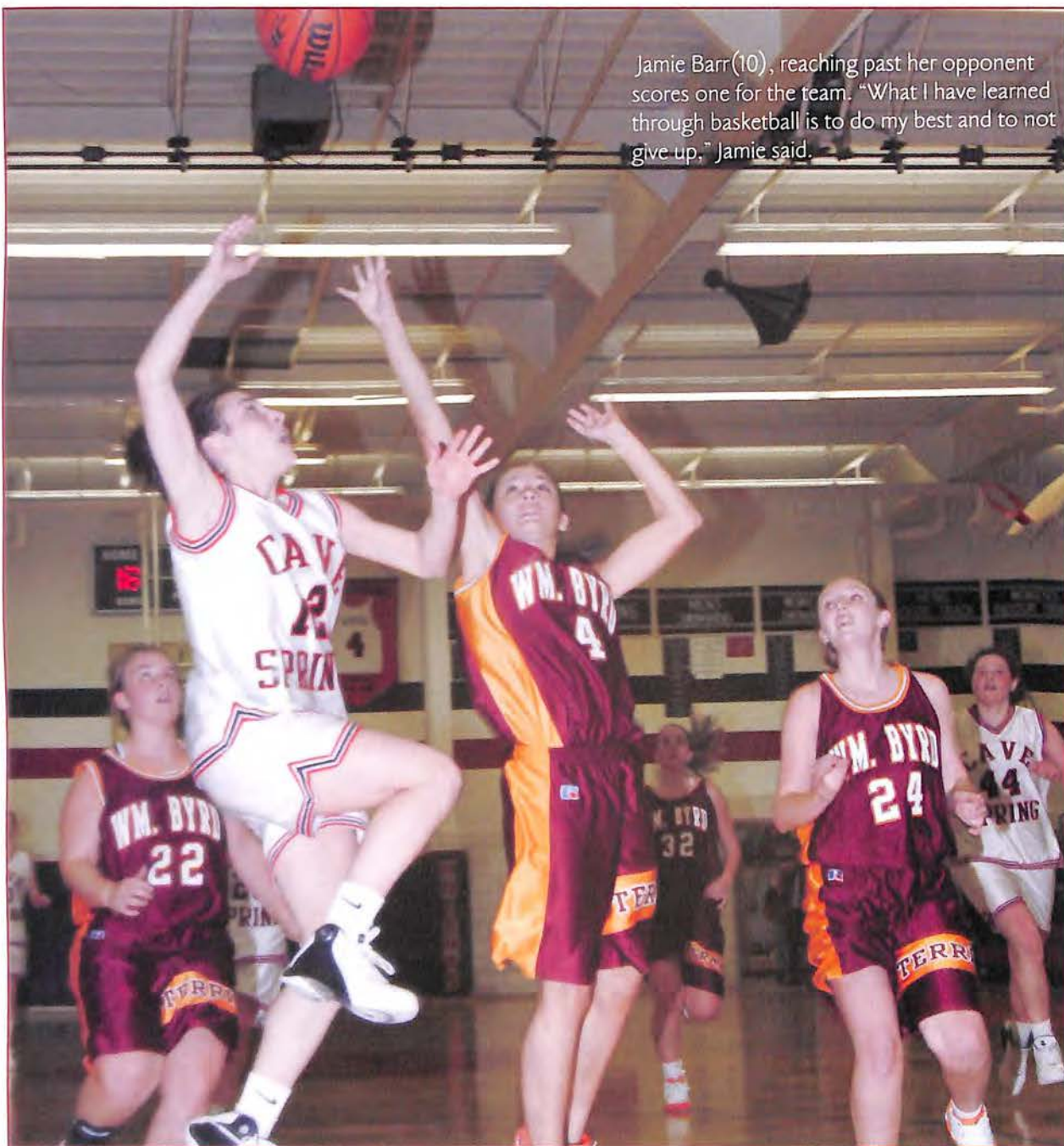
Front Row: Manager Kayla Meador, Chandler Hudson, Jarod Varney, Molly Briggs, Tanmay Patel, Brent Ring, Manager Jamie Echternach **Second Row:** Coach Jim d'Alelio, Phillip Johnson, Matt McCoy, Jeff Wardach, Nick Crum, Drew Reburn, Coach Don Craighead, Coach Hurd **Not Pictured:** Andrew Sellers, TJ Marshall, Kris Wiseman

SCOREBOARD	
Tournament	Result
Knights of the Round Table	0 - 3
Titan Toughman Invitational	14th place
Stuarts Draft Invitational	1 - 3
Christiansburg Invitational	8th place
Blacksburg Invitational	0 - 4
Glenvar Invitational	8th place
Big Orange Invitational	16th place
Covington Tournament	8th place



# Devotion and Hardwork

*Junior Varsity goes all out*



Jamie Barr(10), reaching past her opponent scores one for the team. "What I have learned through basketball is to do my best and to not give up," Jamie said.



Wing IT

Dodging his opponent, Shaun Ferguson(10) dribbled the ball down the court. "I enjoy this sport because it keeps me in shape," Shaun said.



Wing IT

Jumping up, Andrew Markey(10) shot the ball to score for his team. "I love basketball it's such an intense game," said Andrew.



Wing IT

Leigh Basham

While flying in the air during a stunt, Valerie Gurevich(10) showed spirit to the crowd. "Cheerleading is about being on the court getting the crowd involved," she said.

## SCOREBOARD

Girls	opponent	Girls	Boys	opponent	Boys		
28-22	William Byrd	Salem	31-25	42-27	William Byrd	Hidden Valley	49-53
33-22	Lord Botetort	Christianburg	24-17	50-45	Lord Botetort	Salem	40-42
47-37	William Fleming	Blacksburg	48-38	44-43	E.C. Glass	Pulaski	44-52
32-22	William Byrd	Hidden Valley	33-20	41-47	Northside	Christianburg	37-23
47-30	Alleghany	Salem	32-25	53-61	Patrick Henry	Blacksburg	52-38
36-17	Glenvar	William Fleming	46-27	55-37	William Boyd	Hidden Valley	34-35
36-32	Lord Botetourt	Alleghany	53-39	50-47	Lord Botetourt	E.C. Glass	29-38
38-47	Blacksburg	Pulaski Co.	34-16	67-33	Roanoke Catholic	Pulaski	40-41
32-27	Hidden Valley	Christianburg	52-46	42-26	Blacksburg	Christianburg	42-23
42-21	Jefferson Forrest			50-38	Northside		

Wing IT





Wing IT



Wing IT



Leigh Basham

# FAST facts

- The captains for the girls JV basketball team were Jamie Barr (10), Brooke Ulrey (9), and Megan Boehling
- The captains for the boys JV basketball team were Andrew Markey (10) and Andrew Secrist (10)
- Both the boys and girls Junior Varsity team practiced six days a week after school for two hours each day.
- The captains for the fall cheerleading season were Erica Horseman (10) and Shannon Showalter (10). The captains for the winter season were Courtney Ferguson (10) and Kenzie Conner (9).



Wing IT

Front row: Valerie Gurevich, Sabrina Rackow  
 Second row: Kristen Hambright, Lydia Longmire, Carla Scott, Hayley Troth, Kenzie Conner, Coach Tracey Williams  
 Back row: Courtney Ferguson, Erica Horseman, Shannon Showalter, Kelsey Bryant, Rachel Wilkinson

Leigh Basham  
*Sports Editor*



Wing IT

Front row: Paige Baumann, Sara Walton, Brooke Ulrey, Monica Boatwright, Kim Kufel, Nina Edwards, Jamie Barr  
 Back row: Coach Cheryl Rhodes, Brittany Frost, Oliva Ferguson, Meredith Walker, Abby Redick, Aimee Veatch, Megan Boehling, Coach Mike Downs



Wing IT

Front row: Greg Mackey, Shane Butler, Matt Aiken  
 Second row: Shaun Ferguson, Andrew Markey, David Kaplan, Andrew Kellinger, Daniel Downing, Andrew Lavinder, Brett Buckland  
 Back row: Coach Tim Myers, Matt Burnette, Michael Beckwith, Andrew Secrist, Justin Smedley, Colin Cannon, Coach Randall Meck  
 Not pictured: Pete Hamilton







# YOUR CLASS

- ...adjusting to new independence and a new atmosphere
  - ...decorating floats for the Homecoming Parade
- ...running for class offices and taking time out of school for class meetings
  - ...getting permits, going to Drivers Ed. Classes, and getting cars made students more mobile
- ...preparing for standardized tests and taking prep courses for the SATs
  - ...attempting to turn class rings 106 times for the 2006 graduating class
  - ... making stops by the laptop stations in the library to fix computer problems
- ...hitching rides with upperclassmen after school and events
  - ...struggling through the infamously crowded underclassmen hallways
- ...visiting colleges over breaks to find a university that fit their needs and personalities
  - ...working hard throughout the year to make a good transcript to send to colleges
- ...taking classes with those older and younger and learning to bond amongst each other inside and outside of school





Alex Veatch



Alex Veatch



Emily Ewolt



# Your thoughts about classes



Standing in the hallway before the homeroom bell, Kelly and friends discuss their previous weekend activities while checking out each others accessories.

**Kelly Hall**  
Junior



Studying and catching some breakfast before school, Chauncy Lumpo prepares for a test in one of his classes. Many students come in early to homeroom to prepare for the day's tests.

**Chauncy Lump**  
Junior



Taking a break from helping set up the Miss Roanoke Valley Pageant, Aimee takes a breather on the runway. Students put in long hours after school preparing for the event.

**Aimee Veatch**  
Freshman



Receiving extra help from a teacher, Channing works hard to earn her grade. Teachers are willing to help their students perform to the best of their ability.

**Channing Porter**  
Junior





# How Much *do you stress?*

Just like each year of high school, junior year came with its own bundle of stresses. Daniel Hamrick(11) spoke for many of his peers when he said that working to keep good grades for the colleges, stresses him out. However, when it became too much for him Daniel says to, "just relax and it will all work out." That was just one way of dealing with it. Brian Hobb(11) said to, "study when you are stressing out about exams." There were other alternatives to stop the stressful repercussions of school, grades, and college preparations. Alex Veatch(11) said, "To deal with stress I try to set aside time each day to just chill out and forget about school." It seemed to work well for her. Other stresses of junior year were like every year. They included peer pressure and keeping jobs.

Whether techniques included relaxing, studying, or chilling out to remove stress, it was important to remember not to stress too much. The junior year was a mix of college picking and keeping good grades, but also just having fun because before anyone knew, the high school experience would be over.

**Sabrina Rackow**  
*People Section Editor*



Sabrina Rackow

Christie McFarland(11) gives advice about junior year, "All stress is, is how you interpret the situation yourself."

Amber Jewel(11) is reading her book to keep up with her English grades.



Sandy Gotschal



Sabrina Rackow

"Studying in groups helps me to not stress so much with grades," says Cassandra Baker(11). Many juniors say that a major stress of their year is keeping up good grades for colleges.

Apoorva Acharya  
Daniel Aiken  
Rebecca Almond  
Lauren Ammar  
Brian Anderson  
Edward Avery



Cassandra Baker  
Brett Barber  
Reese Baumann  
Michael Beaumont  
Travis Beckner  
Casey Benson







Jordan Bergloff  
Melissa Bernitt  
Ashley Bland  
Kyle Bomar  
Brian Bosche



Megan Bowles  
Wayne Breighner  
Jennifer Bukovsky  
Thomas Burgess  
Kara Campbell



Jonathan Carlin  
Lynda Carr  
Graham Casler  
Zachary Cates  
Angela Cayse



Jerald Chauncey  
Brittany Chewning  
Allyn Clark  
John Clarke  
Lauren Clary



Samuel Cole  
Danielle Conner  
Caitlin Conway  
Brandi Cooper  
Alan Cordell



Meredith Coury  
Heather Couture  
Jillian Cox  
Stacey Craighead  
Nickolos Crum



Clinton Custer  
Megan Dalton  
Christopher Dean  
Joanna Delaney  
Brittany Dimassimo



Richard Diones  
 Alison Donato  
 Quinn Dougherty  
 Caroline Doughty  
 Paige Earls  
 Nicole Edwards



Chelsea Eichenbaum  
 Lindsey Epperly  
 Sara Equi  
 Emily Ewoldt  
 Andrew Feldenzer  
 Robert Fendley



Jessica Ferguson  
 William Fitzgerald  
 Stephanie Fortune  
 Stephen Fralin  
 Laura George  
 Lauren Gerl



Andrew Gilliam  
 Chella Glennon  
 Maeghan Gliniecki  
 John Gordon  
 Juliann Greco  
 Randall Grubb



Claire Guzinski  
 Chelsey Hall  
 Kelly Hall  
 Sarah Hamby  
 Daniel Hamrick  
 George Hardwig



Daniel Harris  
 Nicole Harvey  
 Leah Helms  
 Tracy Heptinstall  
 James Hobbs  
 Brian Holben



Justin Holland  
 Kenneth Horan  
 Laura Ireson  
 Jane Jennings  
 Amber Jewell  
 Jeffrey Johnson





# SAT'S

## *Planning for the Future*

The SAT's were a very time consuming part of junior's school year both during school and outside of school. Study methods, scores, PSAT's, and what colleges look for were some of the concerns.

Most students said taking the PSAT's either helped them or will help them get a better score on their SAT's. Taking study courses or buying computer programs to help study were popular among students. Some of them however, used other methods of preparing for them, "I bought a thick, sixteen dollar Spark Notes all about the different types of questions on the SAT's, and it has prepared me a lot," said Josh Swain(11).

The overall feeling associated with the SAT's was nervousness. Students felt colleges paid much more attention to your SAT scores than your actual grades. This caused many more students to attempt to prepare themselves better, for fear of their SAT scores being the only reason their college of choice wouldn't accept them. Whether they used books, computer programs, study-help classes, or even just their own brains, many juniors were planning on taking the SAT's in May.

**Lindsey Baumoei**  
*People Section Editor*



Lindsey Baumoei

Filling out an SAT packet in the lobby, Josh Swain(11) was signing up to take the SAT's. "I feel I'll do better on the SAT's than the pSAT's because it went through all the steps of the regular SAT's and I know what to expect," he said.

Flipping through a study book, Lindsey Epperly(11) prepares herself for the SAT's. "I am nervous but I know if I don't do well I have another chance to improve my scores," she said.



Lindsey Baumoei



Lindsey Baumoei

Handing an SAT packet to a student, Mrs. Reidy enjoys assisting them. "I usually gave them a packet or signed them up, really whatever they needed help with," she said.



Julienne Jones  
Laura Jones  
Michael Jones  
Melissa Justice  
Tristin Kaase



# Cruising

## Around Town

"Most of the driving I do is running errands for my Mom," Megan Bowles(11) said. Many students use their driving privledge to lend a helping hand for the family. Jessie Ferguson(11) said, "I volunteer to do errands because my parents help pay my gas, so why not." In a poll taken of the junior class, most juniors spent approximately 13-15 hours a week driving. Michelle Madison(11) said, "I get out and ride around because it is so much fun to just grab a friend and drive until you can find something to do." "I usually drive to a friends house, the mall, or the grocery store. I just like to drive and wherever I end up always seems to bring a smile to my face," Natalie Mardoyan(11) said.

**Amanda Young**  
People Section Editor



Ashley Bland(11) is getting out of her car to go to school. She said, "I like to drive that way I don't have to get my parents to give me a ride."

Amanda Young



Leaving school, Megan Bowles(11) hops in her car. "Even though I live close to school I still drive because when it's cold outside it's nice to stay warm on the drive to school. Anything is better than walking."

Camille Miles

Arriving to school, Courtney O'Quinn(11) gathers her school books and prepares to start the day. "Driving to school helps me get there on time and early enough so that I'm not late to homeroom," she said.



Amanda Young

Sarah Kane  
Skyler Kea  
James Kerr  
Akash Kesari  
Morgan Kittinger  
Caitlyn Koch



Joseph Kozicky  
Brandon Lakes  
Jessica Lancaster  
Joseph Langford  
Anthony Larosa  
Mary Lawson







Joshua Leamnson  
Jordan Leet  
Casey Leffue  
Sarah Lilly  
Caitlyn Long



Emily Long  
Rachel Longmire  
Chauncey Lump  
Meredith Lumsden  
Michelle Madison



Evan Malone  
Natalie Mardoyan  
Jessica Markham  
Amanda Mauer  
Christopher McCoy



Ryan McFague  
Christine McFarland  
Elizabeth McGee  
Sean McGhee  
Stephen Meinhart



Jacob Moore  
Kristie Moore  
Aaron Moses  
Christopher Murphy  
Mallory Myers



Priscila Nakano  
Ann Northern  
Charles Nowlin  
Courtney O'Quinn  
William Osborne



Micah Pasquarell  
Mark Passeretti  
Jessica Pearson  
Ashley Poage  
Channing Porter



Matthew Porter  
 Daniel Potter  
 David Redick  
 Katelyn Reilly  
 Lydia Riall  
 Kaitlin Rice



Zachary Rice  
 Krystel Rogers  
 Joshua Roupe  
 Quincy Ruckert  
 Julie Sablik  
 Amy Scott



Amelia Seagle  
 Bethany Shelton  
 Heather Sitze  
 Lauren Sledd  
 Trevor Smith  
 Kaye Sowder



Jeremy Spradlin  
 Charles Sublett  
 Jillian Sullivan  
 Joshua Swain  
 Jennifer Talevi  
 Areli Tamez



John Terry  
 Spencer Thomason  
 Shannon Thornhill  
 Andrea Thornton  
 Trey Tyler  
 Virginia Vaughn



Daniel Vaught  
 Alexandra Veatch  
 Nora Vitello  
 Harry Walker  
 Alyssa Walton  
 Molly Webster



Peter Wells  
 Lael Whiteside  
 Alicia Whorley  
 Erica Wiegand  
 Sarah Williams  
 Krista Windschitl





# CAFETERIA COOKIES

*fresh out of the oven*

Cafeteria cookies were the most popular food served during lunch time. Juniors especially, were raving about how they couldn't get enough of them. The big "ooey gooey" cookies are liked primarily for their large size and being very doughy. Andrea Thornton (11) said, "If you can eat them without using a spoon, they're over-cooked. The more raw they are, the better."

When students were asked how many cookies they bought a week, the average was 2-3. For Ann Northern (11), however, she claimed that per week she ate, "as many as I can stuff in my mouth."

The food preparation technicians also gave a variety of cookie types, and all of them were liked! Wendy Young (11) said, "The carnival cookies are the best!" The cookies were a hit no matter which type is served.

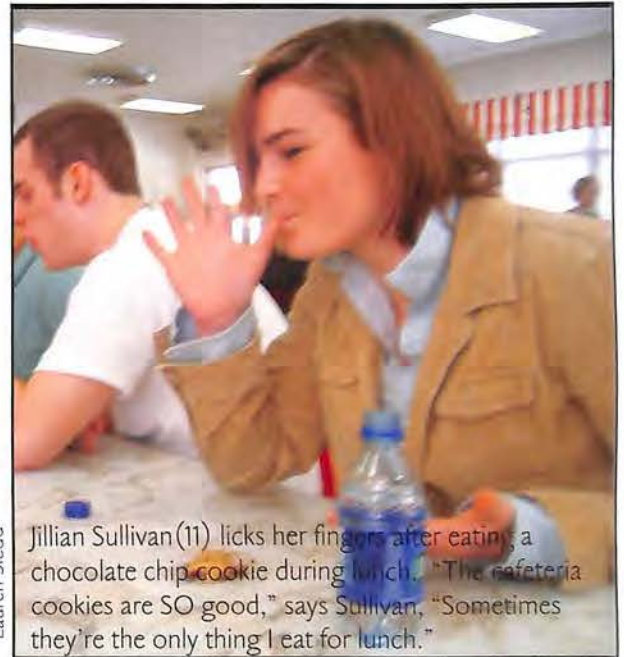
All in all, the cafeteria cookies have made lunch time more delicious for students. Sometimes, they have even made someone's day. "I love cookies because they are the perfect snack for a stressful school day," said Megan Bowles (11).

Lauren Sledd  
*People Section Editor*



Lauren Sledd

Passing out a cookie to an anxious student, Kim Stevens enjoys seeing the smiles on students' faces every Monday, Wednesday, and Friday. "My least favorite days of the week are Tuesdays and Thursdays because they don't sell cookies -- it depresses me," said Andrea Thornton (11).



Lauren Sledd

Jillian Sullivan (11) licks her fingers after eating a chocolate chip cookie during lunch. "The cafeteria cookies are SO good," says Sullivan, "Sometimes they're the only thing I eat for lunch."



Christopher Wiseman  
Kristopher Wiseman  
Yuri Woodstock  
Christina Yamine  
Amanda Young  
Wednesday Young

"The joy I have when I receive an unbaked cookie is undescrivable," said Carrie Doughty (11).



# On The Big Screen

## seeing box office hits

When you are going to the movies and you arrive too early to just sit in the theater, what do you do? A group of students decided to spend their spare time playing a game called "Mall Hide and Go Seek. The game is usually played before going to the movies at the mall closest to the theater. Valley View Cinema has the student discount tickets, yet many young people in Roanoke are still going to Carmike Cinema because of their lower snack prices. The most popular day for going to the movies is on Friday or the weekends. "I go when I'm bored... or when there is a great movie out," said Kelsey Bryant (10).

You may be going to the movies but what type of movie will you see? Results taken from a poll amongst the sophomore class showed that horror movies were among the most popular to see. A sophomore said that they like going to horror movies because, "I like the conflict and suspense that horror movies present. It's fun to be scared." Other favorite movie types are comedies and "chick flicks."

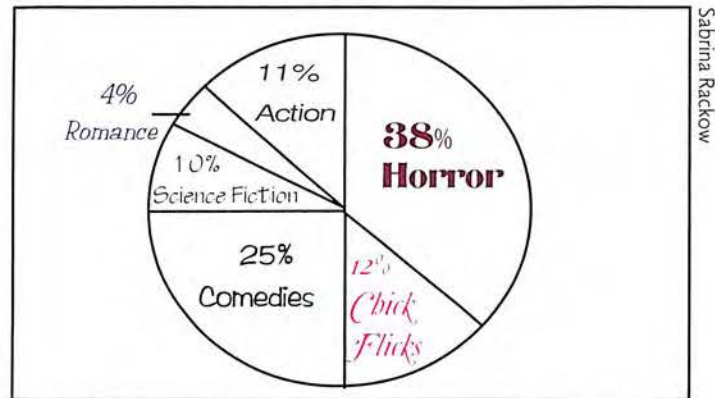
Sabrina Rackow  
People Section Editor



"I like to see comedies and scary movies," said Krystal Lehrer (10) while looking at the movie times while waiting for the bell to ring.



"Its relaxing to go to the movies with friends," says Erica Horseman (10) as she talks to Lauren Davis (10) about this weekend.



After taking a poll of sophomores it turns out that horror movies have taken an increase in the interest of viewers.

Chris Anderson  
Nikita Aneja  
Matthew Angers  
Benjamin Arthur  
Jaclyn Atkinson  
Abigail Austin



Michael Austin, Jr.  
Jamie Barr  
Scott Barrier  
Leigh Basham  
Elizabeth Beasley  
Frank Beltran



Michael Bern  
Geoffrey Bernardo  
Emma Berry  
Joshua Birkhoff  
Jessica Boatwright  
Adam Bock







John Bohon  
Gregory Boitnotte  
Sarah Bowyer  
Kirsten Boyd  
John Braden



Kim Bradshaw  
Elizabeth Bredenkamp  
Alicia Brown  
Kelsey Bryant  
Jonathan Burgess



Shane Butler  
Kayla Caldwell  
Colin Cannon  
Micah Carper  
Joseph Chandler



Amy Chang  
Jaclyn Clark  
Macon Claybrook  
Eoin Coffey  
Megan Coffman



Whitney Cole  
Rachael Conway  
Courtney Cook  
Kristen Cooley  
Melissa Cordell



Holly Cox  
Allison Crawford  
Christina Crawford  
Chason Croom  
Salvatore D'Angelo



Lauren Davis  
Kristen Deweese  
Meaghan Dill  
Jacob Dodson  
Michael Doughty



William Downie  
 Danyelle Duncan  
 Emily Dunn  
 Antonio Easley  
 Jaimie Echternach  
 Maryellen Elie



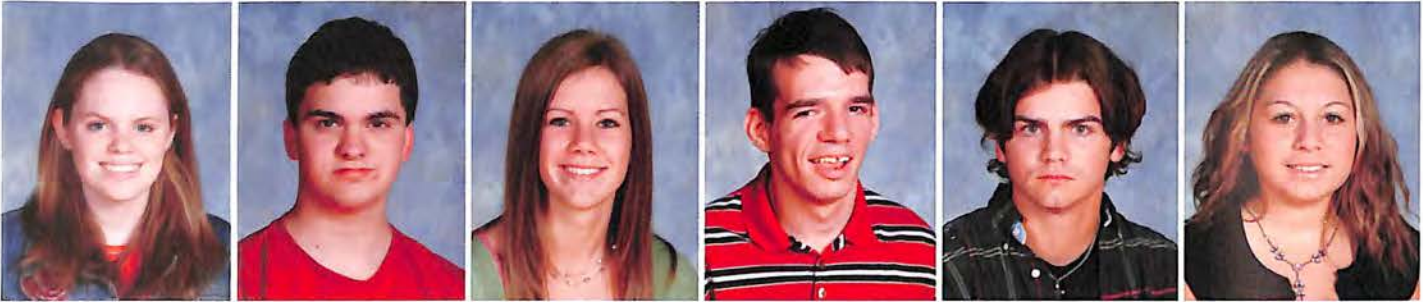
Delaney Elkin  
 Nicholas Fanti  
 Courtney Ferguson  
 Shaun Ferguson  
 Jessica Fields  
 Kara Fitzgibbon



Ronald Flowers, Jr.  
 Rachel Freeman  
 Demarest French  
 Britton Garst  
 Nicole Glennon  
 Mckenna Gnau



Kathryn Gordon  
 Cody Greene  
 Erin Griffin  
 Brian Griffith  
 Ridge Gunter  
 Valerie Gurevich



David Hale  
 Jenny Hale  
 William Hamilton  
 Byron Hamlar  
 Jennifer Harvey  
 Crispin Harwell



Cory Hauschildt  
 Andrew Heilesen  
 Theresa Henry  
 Brian Hoback  
 Megan Hodges  
 Amber Holland



Justin Holt  
 Erica Horseman  
 Chandler Hudson  
 Elizabeth Hudson  
 Amber Humston  
 Kimberly Hunt





# Vita Pups

## Sunshine of the Sophomores

There was a rage in the cafeteria that came in many different flavors. Vita pups were slushy drinks that were very popular among the sophomore class, particularly the boys.

They weren't just any slushy drinks though. Vita pups were surprisingly more nutritious than most slushy drinks were that you could get, and they came in many more flavors. Some people, however, even mixed base flavors to get a new flavor of their own. "My favorite flavor is ocean pacific because it is tasty. That is a mix of blue raspberry and lime," said Justin Smedley(10).

To many students vita pups were an everyday thing. Some even got vita pups out of school at gas stations because they just couldn't let go of their tasty goodness. "If I have no vita pup, I will not survive. The first day of ninth grade Mitch Snider(10) and I begged for money to get one and ever since then I've averaged at least three a week," said Adam Bock(10)

Some students may have had more of an interest in vita pups than others, but to the majority of the school they were definitely a good treat to get during lunch. "Vita to me means everything. What does a rainbown mean to a leprachaun? Exactly, vitas are like rainbows," said Colin Cannon(10).

**Lindsey Baumoe**

*People Section Editor*



Lindsey Baumoe

Sitting in the cafeteria, Gray Patterson(10) enjoys a vita pup. "My favorite flavor is lemon lime and raspberry. It's called ocean mist and it's the best two flavors combined," he said.



Lindsey Baumoe

Purchasing a vita pup in the cafeteria Jesse Steele(9) waits patiently. "My favorite flavor of vita is anything berry," he said.



Devlin Hyde  
Melissa Ivanco  
Kellee Jacobsen  
Catherine James  
John Jennings



Katherine Jetton  
Juan Jimenez  
Garrett Johnson  
Angela Jones  
Christopher Jones



Christopher Jones  
David Jones  
Kristen Jones  
Chelsea Kelley  
Samuel Kerr



# More Than Just Fun

*The responsibility of a life*

A common pastime of Sophomores was baby-sitting which required giving constant attention, love and care for the children they watched. Before going to a job, baby-sitters prepared fun and safe activities for the children to do while mom and dad were out for the night. Veronica Richardson(10) said, "I like to make cookies with the children I baby-sit because it is fun and educational, also the children love to make things that they can eat." When Sophomores were asked the average amount of time they usually baby-sat for, results reported around five hours. Jenny Hale(10) said, "I baby-sit after school until about six o'clock Monday through Friday. I planned activities for the children to do while also taking their interests and ideas into consideration." Although baby-sitting is a great first job for many, there were responsibilities that came with it, such as being a role model for the children and helping them decide between right and wrong.

**Amanda Young**  
People Section Editor



Yousuf Khan  
Blake Klaiber  
Michael Kluge  
Ronald Knowles  
Lauren Knuppel  
Muriel Kytchen



Janel Lambach  
Andrew Lavinder  
Cameron Lee  
Krystal Lehrer  
Stephan Lendway  
Brandon Lester



Chen Lin  
Robert Lindsey  
Lauren Lyon  
Jennifer Mabry  
Ian Magee  
Gregory Malysa







Andrew Markey  
Timothy Marshall  
Ryan Martin  
Emily Matko  
Matthew McCoy



Jourdan McDaniel  
Katherine McFarland  
John McIntosh, Jr.  
Joshua McKnight  
Mackenzie Meador



Christopher Mecca  
Brett Miller  
Jessica Miller  
Katie Mills  
Kyle Moir



Matthew Morgan  
Donald Moser  
Caroline Muelenaer  
Kevin Munson  
Latara Nance



Thomas O'Keefe  
Dana Orr  
Catherine Padis  
Logan Paris  
Elijah Patterson



Grayson Patterson  
Stephen Patterson  
Clint Pendleton  
Fain Perrin  
Anthony Perry



Keeley Peters  
Daniel Pickerel  
Ashley Poff  
Jessica Pollock  
Nicholas Proffit



Aidan Rea  
 Andrew Reburn  
 Kristen Redwine  
 Ronica Richardson  
 Ryan Rickey  
 David Rivera



Ann Robbins  
 Sandra Rothbort  
 Brandon Ruth  
 Christopher Rutherford  
 Kyle Schroers  
 Ana Scott



Andrew Secrist  
 Benjamin Sellars  
 Kevin Shank  
 Robinson Shay  
 Shannon Showalter  
 Andrew Sinnes



Justin Smedley  
 Lucy Smith  
 Mitchell Snider  
 Mark Spar  
 Adam Spencer  
 Irena Stanisic



Brittany St. Clair  
 Ava Stephens  
 Glenn Stevens  
 Lindsey Stocks  
 Crystal Strickler  
 Tiffany Strickler



Kyle Stuart  
 Ashley Suggs  
 Mary Swaffar  
 Daniel Taylor II  
 Alexa Tolusso  
 Amanda Towers



Jared Varney  
 Cynthia Vaughan  
 Kathryn Vaught  
 Elizabeth Vest  
 Margaret Wagner  
 Amber Walters





# Halo and Halo 2: *video game obsession*

The new obsession that sophomores have outside of school seems to be Halo and the most recent Halo 2. Vaughan Stevens(10) said, "Halo is really unique because you can play against people from all over the world."

When Halo 2 was announced to come out, students could not wait to get their hands on it. "Halo 2 has more going on and you can go on x box live," said Vaughan. Mitch Snider(10) said that he preferred Halo 2 over other games, "You can play online against your friends and there are more game features."

The continued obsession with the video game has also led to Halo parties. When asked what takes place at the parties, Snider said, "you link up 4 x boxes to different tv's and play up to sixteen people at once."

Apparently, this game is new and unlike any other video game made. This "fad" for Halo will not be ending for a while.

**Lauren Sledd**  
*People Section Editor*



Maggie Cannon

Shane Butler(10) doesnt even stop to take off his bookbag before starting a game of halo after school.



Maggie Cannon

Justin Smedley(10) concentrates hard during this "intense" game of halo.



Jeffrey Wardach  
Kelsey Webb  
Haley Wells  
Jessika Wells  
Seth Western  
David White



Lauren White  
Brian Williams  
Reanna Williams  
Whitney Williams  
Rachel Wise  
Jodi Wood



Mary Woody  
Justin Yun  
Jacqueline Zillioux



# On The Mat

## *Refusing to be just one of the guys*

Molly Briggs (9) did something that not many girls can say they have participated in. She joined the wrestling team for the second year in a row. Her first year was at Cave Spring Middle School. "My grandfather coached wrestling at PH and my dad wrestled for Cave Spring, it just looked like something that I'd like to do," said Molly. Obviously being a girl, she wasn't just one of the guys. "I'm treated the same as any other guy on the team, but they're sweet to me and make me laugh a lot," Molly commented. Other than being the only girl on the wrestling team Molly also got the privilege of being the wrestler of the week, "I did really good one week and they announced it, I was really surprised and happy," Molly explained.

"My favorite part is wrestling each day and learning more, I like watching a lot of the other wrestlers and asking questions to help me improve," said Molly. In the end it's Molly's love for the sport that keeps her going. "It's exciting and intense. It gets me into better shape and I love traveling to all of the different schools and getting the experience."

**Sabrina Rackow**  
*People Section Editor*

Niles Harvey



Molly shakes hands with her female opponent. "I have to stay focused through out then entire game."

Sabrina Rackow



During her free time, Molly studies to keep her grades up so she can still participate on the team.



Niles Harvey

Molly is dominating over her opponent during one wrestling match against another girl. "Its cool that other girls are into wrestling too," commented Molly.

Randall Akers  
Sarah Anglim  
Cabot Armentrout  
William Avery  
Hannah Babcock  
Amanda Baker



Kaitlyn Baker  
Jay Barrett  
Bilguun Battuul  
Rachel Beaumont  
Harold Benitez  
Margaret Bennett



Tiffany Bennett  
Sarah Bingham  
Daniel Bishop  
Megan Boehling  
Charlotte Boxley  
Christopher Boylan







Molly Briggs  
Brett Buckland  
Gina Burgess  
Jacquelyn Burke  
Matthew Burnette



William Caldwell  
Ryan Capps  
Ian Cardenas  
Benjamin Carlin  
Benjamin Cary



Leah Casler  
Jordan Cates  
Reuben Chapman  
Lauren Chapmon  
Jefferson Chrisman



Michael Cilek  
Katherine Clay  
Eleanor Conner  
Courtney Cooper  
Joshua Cornwell



Breanna Courtright  
Amanda Couture  
Mellanie Craighead  
Paul Craighead  
Stephanie Crawford



Ashley Crouch  
Douglas Currie  
Chelsea Custer  
Heidi Dagostaro  
Ryan Davis



Meghan Dealnevens  
Kassondra Dean  
Stephanie Dehart  
James Dodson  
John D'Orazio



Bryan Doss  
 Daniel Downing  
 Kristina Duncan  
 Nicholas Dunn  
 Kendall Earles  
 Haley Earls



Antonina Edwards  
 Nicholas Eichblatt  
 Katherine Ellis  
 William Epperly  
 James Falls  
 Gregory Ferguson



Laura Fisher  
 Jasmine Fleenor  
 Kaylin Foor  
 Robert Ford  
 David Frank  
 Heidi Fredstrom



Jessica Friend  
 Brittany Frost  
 Auburn Gaddy  
 Jacob Gerl  
 Megan Glassman  
 Lauren Goetsch



Lauren Gould  
 Luigi Greco  
 Virginia Gust  
 Eric Guyes  
 Daniel Hale  
 Ryan Hall



Kristin Hambright  
 Matti Hamed  
 Hannah Harbin  
 Brittany Harlow  
 William Harriman  
 Andrew Henahan



Rachel Henry  
 Kacie Hoffman  
 Melissa Horan  
 Peyton Howell  
 Lincoln Humphry  
 Bryan Jellerson





# Junior Miss Star City

## *competing for the title*

Finding a stunning dress, glamorous jewelry, and the perfect hairstyle were some of the preparations Laurinann Link(9) had to undergo in order to compete for the title of Junior Miss Star City. In order to participate in the pageant, each contestant had to go through an extensive application process, which included going through an interview. Each contestant competed in five categories: Scholastic, Interview, Talent, Fitness and Poise and were judged according to performance. The winner of the pageant received the title of Junior Miss Star City, a scholarship, and advanced to the state competition.

As an active member of the Roanoke College Children's Choir, Laurinann used her singing ability for the talent portion of the pageant. Along with singing, Laurinann was also a ballet dancer at Linda Watkins School of Dance and a member of the yearbook staff. The nationwide motto of America Junior Miss is "Be Your Best Self", which inspired contestants to strive to live by moral principals, receive a good education, stay fit and healthy, help in the community and set goals for life and work to reach them.

**Camille Miles & Maggie Cannon**  
*Yearbook Co-Editors*



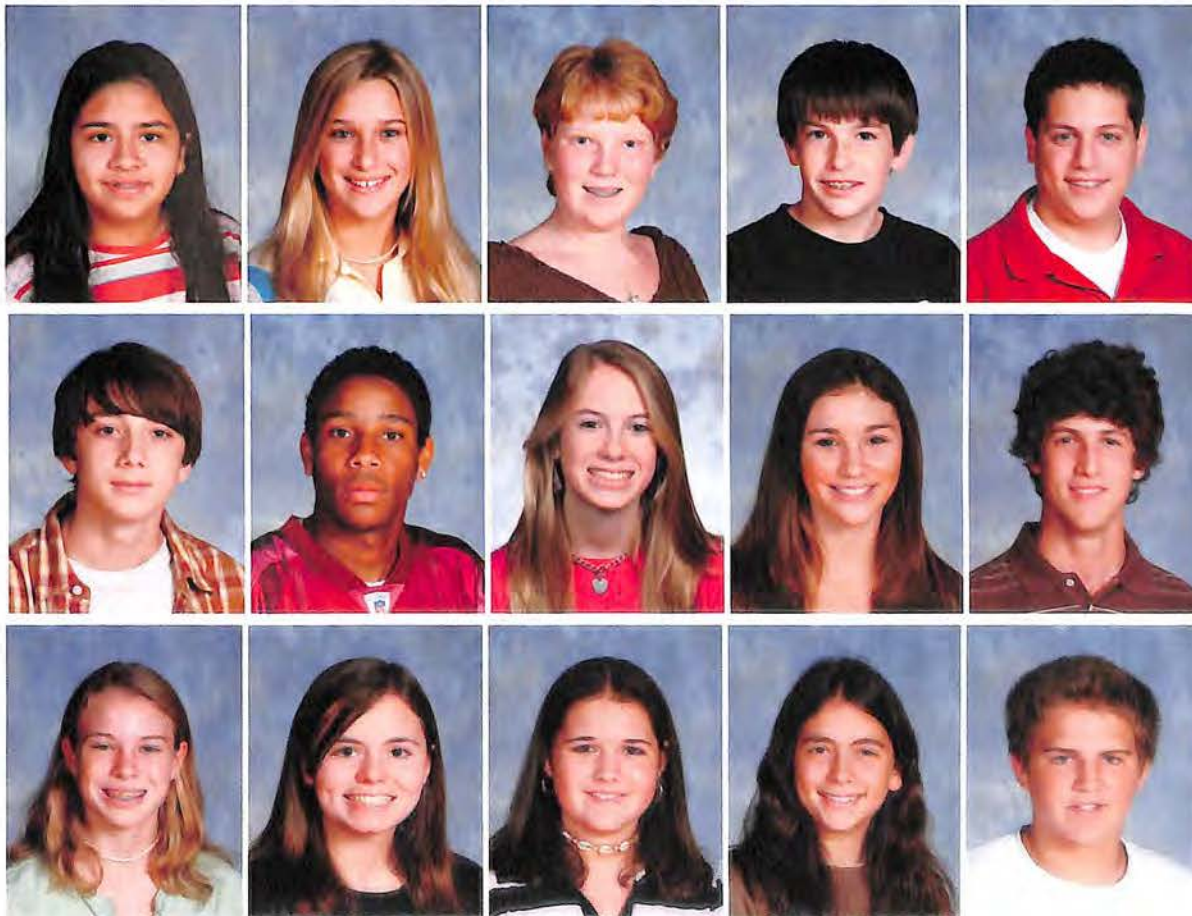
Courtesy of Mrs. Ina Link

One of the rewards of winning Junior Miss Star City was that Laurinann got to meet local celebrities such as the 2004 Miss Roanoke Valley winner, Alana Malick and news reporter Jennifer Waddel.



Courtesy of Mrs. Ina Link

Proudly displaying her sash and crown, Laurinann beams with happiness as winning the title sets in.



Juliana Jimenez  
Kathryn Johnson  
Shannon Johnson  
Matthew Jordan  
David Kaplan

Jonathan Keegan  
Darryl Keeling  
Kaitlyn Keister  
Maureen Kelleher  
Andrew Kellinger

Kelsey Kerr  
Sarah Kerr  
Samantha Kessel  
Michele King  
Daniel Knowles



# Digital Age

## *students and technology*

Almost every freshman agreed that cell phones and instant messaging dominated most of their spare time. Ever since the integration of technology in the classrooms due to the laptops each freshman received, students were now more accustomed to this new privilege. Cassie Dean(9) said, "I am always on the phone or on-line from the time I walk in the door after school, till the time I have to go to bed. I probably spend 20 hours a week either on-line or talking to friends on the phone." Students enjoyed catching up on things they didn't have time to catchup on in school. "I enjoy talking on the phone because I can talk to people I don't see that much or that live farther away," Amanda Baker(9) replied. "Not everyone gets to see their friends during school, so the phone and the internet are their last resort for communication."

**Amanda Young**  
People Section Editor



Doug Currie(9) and Kevin Nichols(9) use their internet for school activities and to talk to their friends.

Mrs. Gotschal



Melissa Horan(9) said, "I talk on the phone almost every night. I love to talk to my friends."

Mrs. Gotschal



Margaret Bennett(9) said, "I spend about an hour on the phone at night and two to four hours online everyday."

Mrs. Gotschal

John Koch  
Kristen Kyle  
Brittany Lanier  
Kelsey Largen  
Samuel Lasky  
Ryan Leet



Eric Lefevers  
Michael Lester  
Joshua Link  
Laurinann Link  
Lydia Longmire  
Shannon Lovell



Kara Marshall  
John Mastrangelo  
Amy McCoy  
Leah Miles  
Alycia Miller  
Sarah Miller







Evan Mixon  
Bradley Moore  
Meredith Moore  
Matthew Morrow  
Daniel Motley



Kelsey Mueller  
William Mullins  
Clayton Nash  
Jaclyn Norkus  
Daver Olivera



Monica Paige  
Shawna Paige  
Ashley Palmer  
Michelle Pannell  
Allyson Paone



Maria Pasquarell  
Tanmay Patel  
Kendall Patterson  
Benjamin Perfater  
Michelle Perry



David Poff  
Laura Pope  
Santiago Prada  
Brittany Pulley  
Jordan Pulley



Sabrina Rackow  
Billy Raines  
Kevin Reeder  
Laura Reese  
Ana Resnick



Courtney Riall  
Robert Rice  
Brent Ring  
Carla Scott  
Rachel Scott



Hannah Seagle  
Richard Shelor  
Matthew Simonic  
Meredith Siner  
Stephen Sinnes  
Sarah Smith



Timothy Smith  
Elizabeth Smoak  
Maximillian Snyder  
John Spadaro  
Jesse Steele  
John Stovall



Ethan Studenic  
Joshua Stultz  
Hannah Swann  
Kadee Taylor  
Kevon Taylor  
Norris Taylor



Shari Thornton  
Nicholas Thrasher  
Lydia Tran  
Daniel Triggs  
Hayley Troth  
Eliza Tuttle



Katelin Tuttle  
Brooke Ulrey  
Danielle  
Vankerckhove  
Joseph Vaughn  
Aimee Veatch



Kristen Wade  
Catherine West  
Gregory West  
Sarah Wheeler  
Jessica White  
Robert White



Rachel Wilkinson  
Jessica Williams  
Alyssa Wilson  
Ryan Wilson  
Raymond Wray  
Patricia Wright  
Steven Wright





# Sibling Rivalry

## Friend or Foe?

The freshman class has an overwhelming amount of older siblings within the school. Many of them like, or didn't mind, having an older brother or sister, while some of them wished they had the school to themselves. Stephanie Crawford(9) said, "I like having my older sister here because she introduces me to people that I don't know." Aimee Veatch(9), on the other hand, said, "An advantage of having my sister here is that when I need her, she's there. A disadvantage of having her here is when I don't need her, she's still there."

Having an older sibling at school could be a lot of help, especially since most freshman don't have their drivers' license. Aimee Veatch(9) said, "Alex, my sister, gives me a ride to most of my practices." Whether siblings like each other or not, they were forced to spend a lot of time together.

When Leah Miles(9) was asked if she even communicated to her older sister during school, she said, "Well, I don't really ever see my sister, so I guess we don't really talk." Most of the freshmen agree that they hardly ever saw their older brother/sister in school, but at least they knew they had them there if they ever needed them."



Lauren Sledd

A lot of freshmen got rides from their siblings. Alyssa Wilson(9) said, "My sister drives me to school almost everyday."



Lauren Sledd

Stephanie Crawford(9) is really close with her older sister Tina Crawford(10). "I like that me and my sister both play volleyball, because we can play together at home," said Stephanie.

**Lauren Sledd**  
People Section Editor



Richard Xiao  
Taylor Yarber  
Amber Young  
Hana Yun  
Daniel Zegas



Yu Zhang



# Head Honchos

## Administrators & Guidance



Sabrina Rackaw

"I like working for Cave Spring High School because of the tremendous students and supportive community that makes this the best high school in Virginia," said Mr. Paul Lineburg.



Sabrina Rackaw

Good students, parental support, good athletes, and fun people make it a great working atmosphere," said Mr. Randy Meck.



Sabrina Rackaw

As assistent principle for the sophomore and freshman class, Mrs. Diane Herchenrider is also in charge of making school schedules for all students and works with attendance.

Mrs.Reidy works hard on senior portfolios in the career center. She was always working hard to help students with their choices in colleges.



Sabrina Rackaw



Sabrina Rackaw

"I enjoy working with students and each day is deifferent and challenging," commented Mrs. Penny Williams.

- Amanda Ackley
- Heidi Baird
- Julian Barnes
- Randy Boone
- Pat Bredenkamp
- Elizabeth Broyles



- Deidre Burns
- Pat Carr
- Gary Carrell
- Martha Cobble
- Sandy Collier
- Rachel Davis







"We have a great school and community. Overall, parents, students, and teachers enjoy working and learning together. I greatly appreciate the fact that our community is so supportive of the challenges confronting both teens and teachers," commented Dr. Martha Cobble.



"The faculty and students are a joy to work with!" commented Ms. Doreen Malcom.



"I like being Assistant Principal because it allows me to work with all students and teachers," said Mr. Paul Lineburg.



Judith Dickerson  
Jeanne Dinkins  
Susan Dobbs  
Jo Dowdy  
Mike Dull  
Diane Edwards

Elizabeth Farshtey  
Mary Flora  
Sandra Flora  
Ben Foutz  
Glenda Fralin  
Tim Fulton





Lindsey Baumoe



Lindsey Baumoe



Lindsey Baumoe



Lindsey Baumoe



Lindsey Baumoe

Sitting in her office and going through paperwork, Mrs. Edwards enjoys doing her job. "My favorite part is the fact that there is never a dull moment. It's always full of craziness," she said.



Lindsey Baumoe

Sitting in her chair, Mrs. George takes a moment to think about her job. "I love the kids," she said.



Lindsey Baumoe

Talking to a student, Mrs. Twine helps them get the paper they needed to return to class. "My favorite part about my job is meeting new, young people," she said.

- Justin Garland
- Jeannine George
- Linda George
- Sue Giles
- Jean Goad
- Sandy Gotschal



- Scott Hamilton
- Ellen Hannan
- Tracy Harmon
- Sue Harris
- Diane Herchenrider
- Nancy Hoffman





# Helping Out

*Important Roles Around the School*



Lindsey Baumel

1. Mrs. Seamon answers the phone in the front office helping to direct each call that comes into the school. Not only is Mrs. Seamon a member of the staff, but she is also the mother of two Cave Spring graduates.



2.

2. Mrs. Smith works alongside Mrs. Seamon at the center of the school. In addition to being one of the main secretaries of the school, she is also Dr. Cobble's personal secretary. Mrs. Smith is also in charge of faculty absences in the school.

3. Mrs. Rutherford works steadily in the busy attendance office during second period. Mrs. Rutherford plays a dual role as a member of the staff working in Special Education as well.



3.



Lindsey Baumel



Lindsey Baumel



Lindsey Baumel



Brenda Johnston  
Bonnie Kelley  
Joe LaRocco  
Kim Larsen  
Janie Layman  
Joe LeGault

Paul Lineburg  
Linda Long  
Peter Lustig  
Tommy Maguire  
Doreen Malcolm  
Esteban Martinez



# “Now Today, Class...”

*Teachers Educate Their Students*



Camille Miles

“Yearbook allows working with students in a different environment. We’re always under stress with deadlines but the end result always comes together producing the end product for the book,” Mrs. Sandra Gothschal said.



Tina Cannon

Making his lessons plans, Mr. Shane Pendleton gathers materials to teach. Mr. Pendleton teaches history and science.



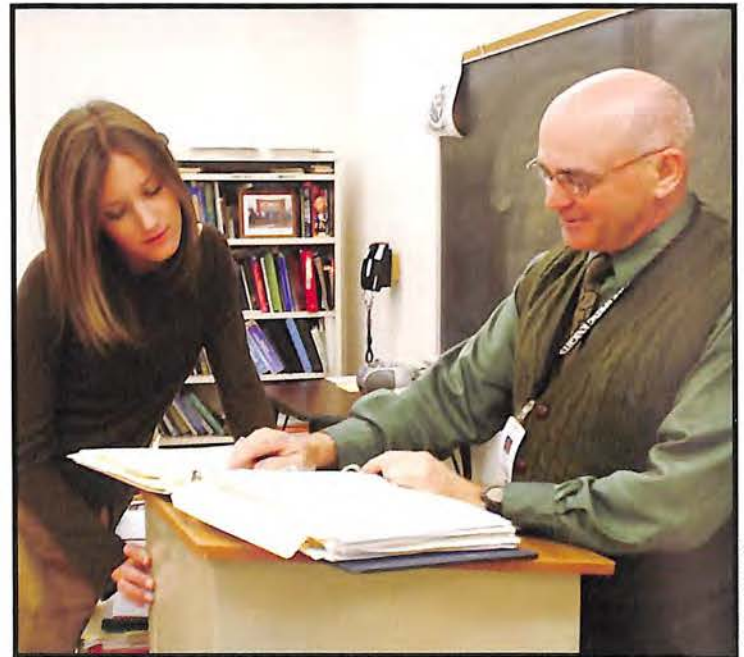
Camille Miles

As a new teacher, Mrs. Marilyn Guzinski, grades papers. “This is a wonderful school with great kids and staff. There is a very positive atmosphere here,” said Mrs. Guzinski.

“Everyday there is something new to discover and I love to join my students in this process. I love to see the look on students faces when they “get it”,” said Mrs. Whitney Ray.



Tina Cannon



Camille Miles

Putting in some extra time after school, Mr. Joe Larocco helps a government student. “My favorite part of teachig is when my former students come back at various times and say “thank you” for helping them,” said Mr. Larocco.

Beth Mast  
Erich Mauer  
Connie McGuire  
Randy Meck  
Rachael Miller  
Holly Moore



Lee Mosely  
Lenora Overstreet  
Shane Pendleton  
Anne Pfeiffer  
Robert Powers  
Sue Price





Natalie Mardoyan



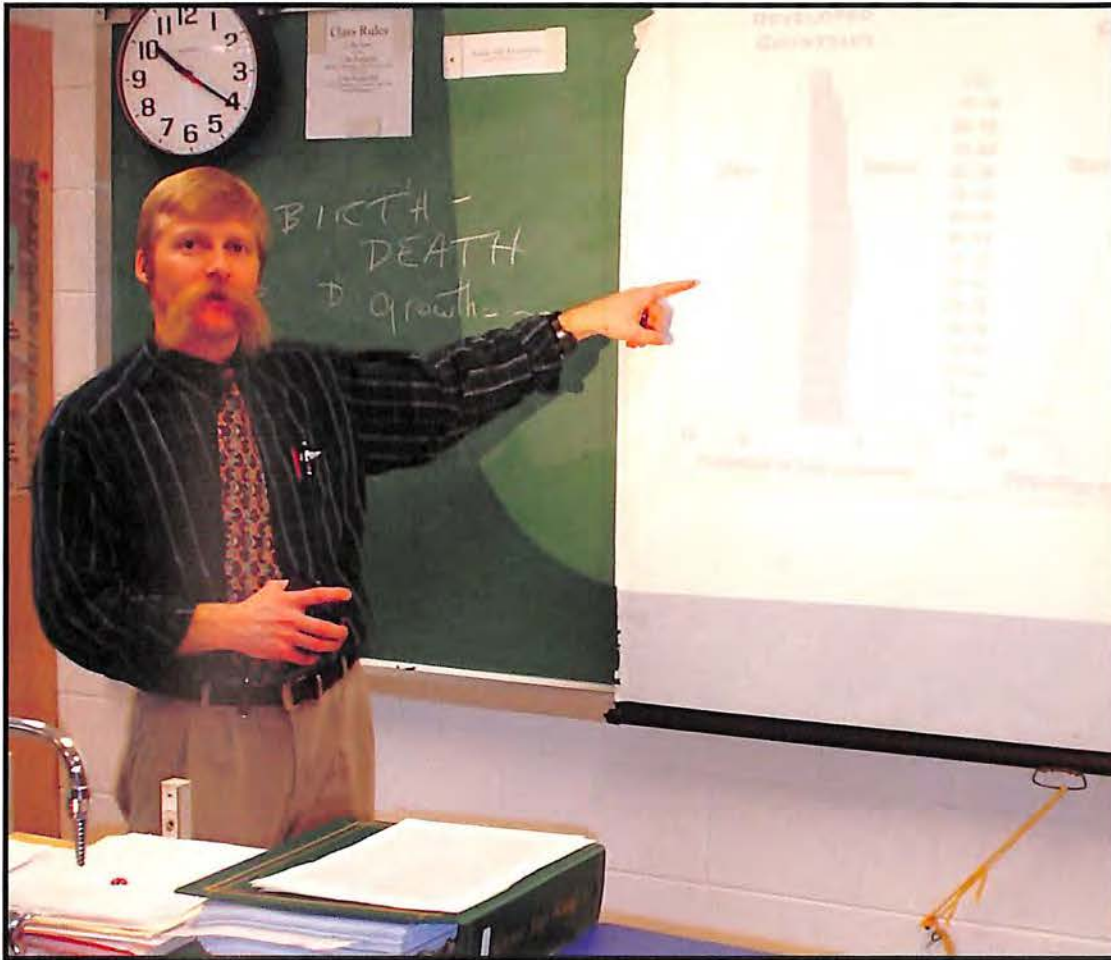
Lindsey Baumel



Camille Miles



Camille Miles



Camille Miles

Giving a lecture on human population around the world, Mr. Julian Barns, opens his student's minds with interesting facts and statistics. Mr. Barns teaches ninth grade Earth Science, tenth grade Biology, and Ecology to eleventh and twelfth graders. "I really enjoy turning students onto the journey of knowledge," said Mr. Barns.



Lindsey Baumel

Mrs. Sherri Tyler tallies her students grades for the end of the grading period. "My job is very challenging and rewarding. I love my students and hope to make a difference," said Mrs. Tyler.



Natalie Mardoyan

"I love teaching Biology because it's always interesting and always changing," Mrs. Linda George said. "My favorite thing about my job is meeting all of the interesting people," she said.



Whitney Ray  
Pat Reidy  
Beverly Rhymer  
Mike Riley  
Rebecca Ross  
Ashley Rucker



Ann Rutherford  
Jerry Salyer  
Tim Sauls  
Paula Seamon  
Scott Simmons  
Anne Smith



Natalie Mardoyan



Natalie Mardoyan



Lauren Sledd



Sandy Gotschal



Pat Neighbors works the cash register and helps to make the freshly baked cookies. She said, "I really enjoy working here, and have found that I love talking to the students."



As Pat Hartman prepared the pizza she said, "I love serving the students and working with everyone. It's really nice meeting new people."



Debbie Fezell claimed that she also loved working with all of the children. She can be found making the salads the morning before lunch.

Barbara Smith  
Jacqueline Spangler  
Melissa Speer  
Edward Spruell  
John Swartz  
Barbara Thomas



Susan Trinchere  
Theresa Twine  
Sherrie Tyler  
Mary Vagts  
Liz Willett  
Penny Williams





# Behind The Scene

## The Cafeteria and Custodial Staff



1.

1. Lawrence Mitchell said, "I like watching the students here play their different sports." Mr. Mitchell read about the sports' results everyday before work.



2.

2. Dreama Rhodes (manager) loves working on the cafeteria staff and plans to do it until she retires. She said, "I am very blessed to have this job."



3.

3. Morris Pendleton spent everyday after school cleaning the halls of the school and each and every classroom.

Lauren Sledd



Rochevious "Heavy" Nance

Lauren Sledd



George Meador

Lauren Sledd



Angela Ferrell

"Thing I love most about my job would have to be the people I work with and the teamwork we have together" - Angela Ferrell



Tracy Williams  
Sally Zegas



Sandy Gotschal



Andrea Thornton



Natalie Mardoyan



Andrea Thornton



# YOUR *Mind*

...dissecting pigs and cats in Biology classes

...visiting the Virginia Tech Psychology department with Mrs.Hammes' class

...learning different types of routines and characters in Theater Arts Classes

...Learning to accurately prepare meals of nutritional value in foods classes

...managing a clothing store, designing clothes, and competitions were a large part of the Fashion Marketing class

...accurately observing internal citation and researching topics in English classes

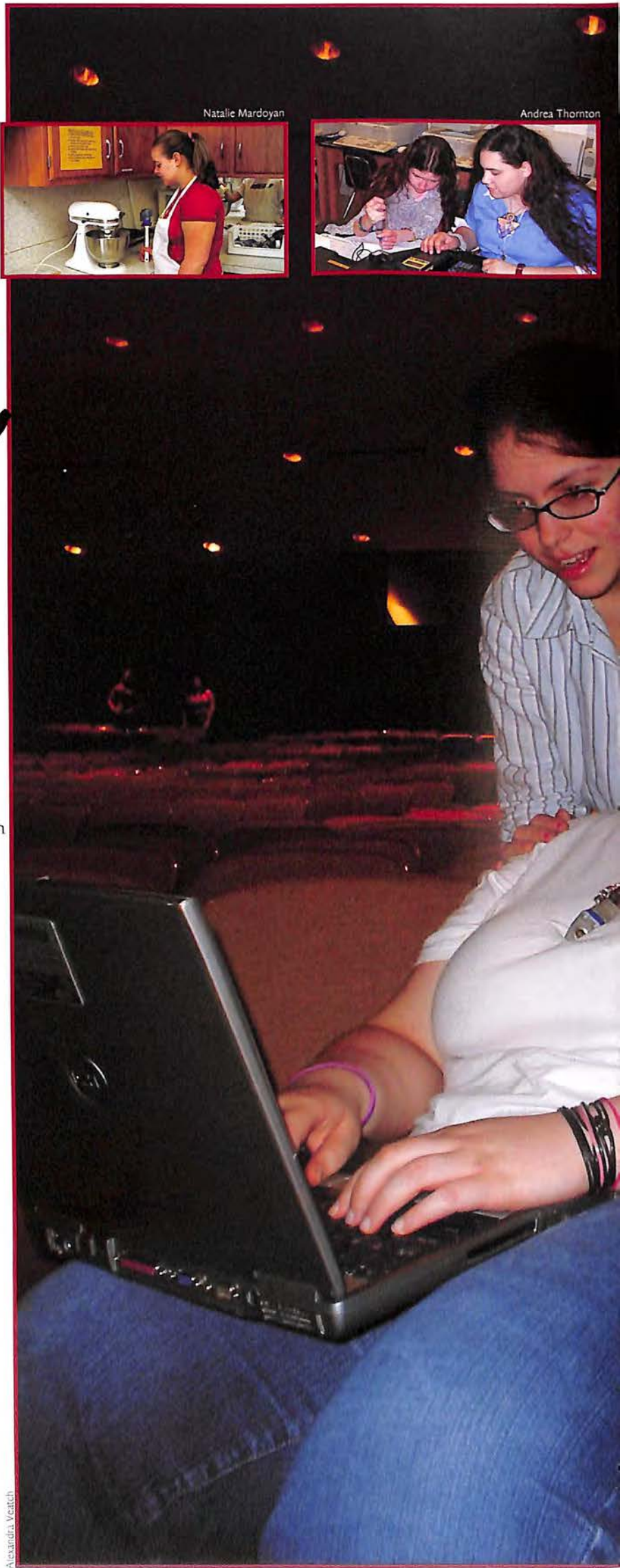
...gaining interest in the history of our country and state and the ways our government functions

...working hard to inform students on the issues within and outside our school through journalism

...how to manage your own business and take care of your accounts in the future

...broadening cultural horizons through studying foreign languages

...staying up to date with the world around you and issues facing today's society in current affairs and sociology



Alexandra Veatch



Natalie Mardoyan



Sandy Gotschal



Sandy Gotschal



# Your *thoughts* about *classes*

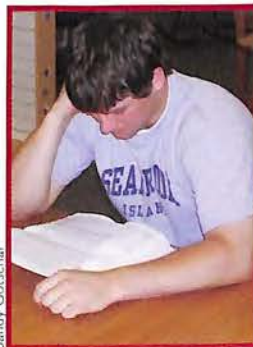
Sandy Gotschal



Jordan looks in his notebook for the homework assignment due that day

Jordan Leet  
Junior

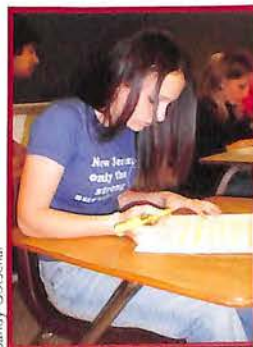
Sandy Gotschal



Andrew studies in the library during lunch. Many students used their lunch hour to catch up on class assignments.

Andrew Feldenzer  
Junior

Sandy Gotschal



Nancy highlights a handout for quick studying later. Many still prefer hardcopies over using laptops.

Nancy Jones  
Sophomore

Sandy Gotschal

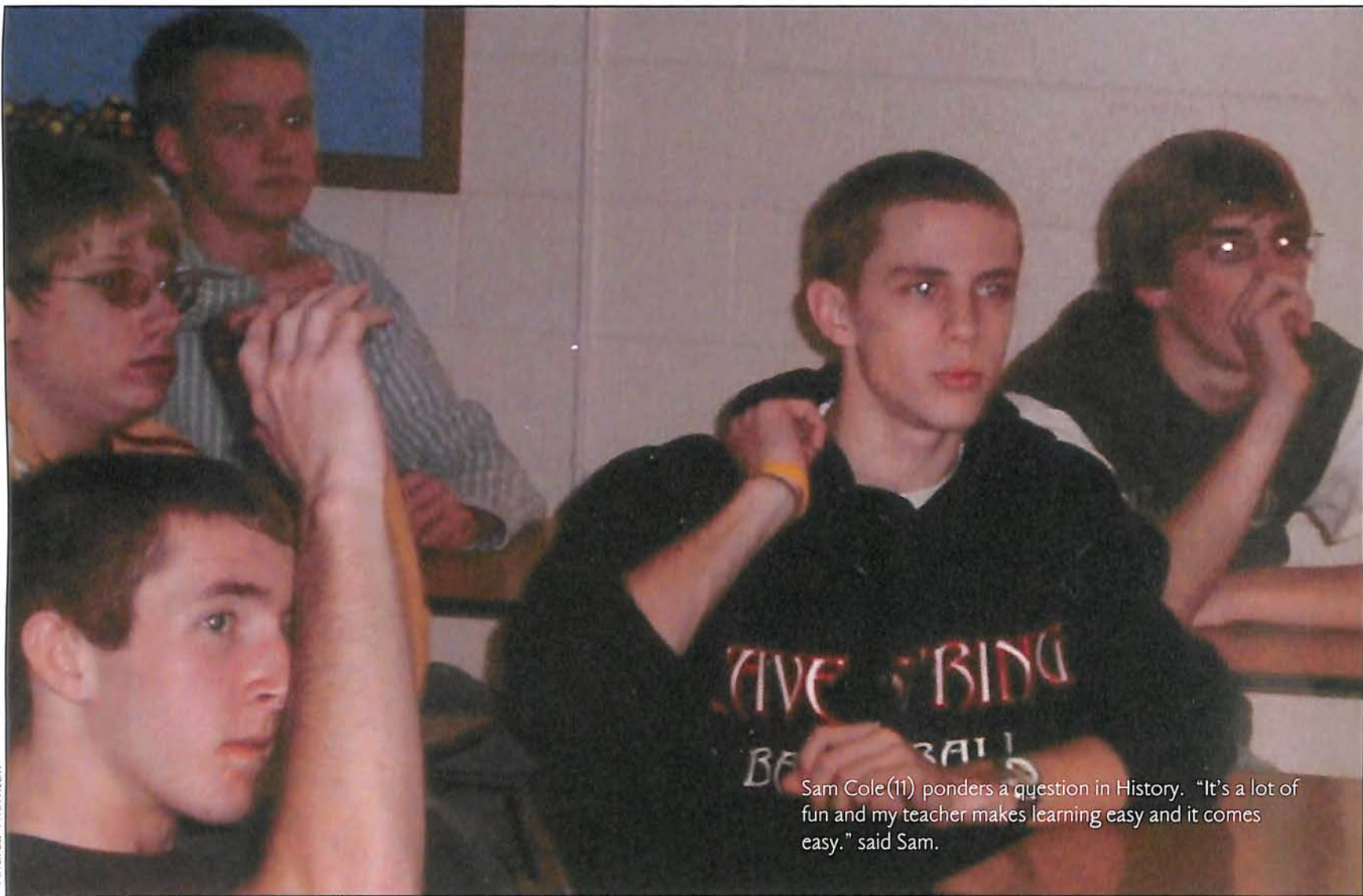


Sarah catches up on an English reading assignment during homeroom. Even though homeroom was shortened students still found time to get work accomplished.

Sarah Guilliams  
Senior







Sam Cole(11) ponders a question in History. "It's a lot of fun and my teacher makes learning easy and it comes easy." said Sam.



Andrea Thornton

"Mr. Lustig is hilarious and his random tangents and stories are the best," said Sarah Kane (11). Dual History was a popular course among the Junior Class.

Tyler Kerr (11) plays a review game in Mr. Lustig's eighth period Dual History Class. Students in Lustig's class loved the review games because if your team won, you receive extra credit.



Andrea Thornton



Alexandra Veatch

Matt Simon (9) copies notes for his first semester exam. "I enjoyed reading Romeo and Juliet"; my classmates did a great job reading."



# Napoleon & Shakespeare

## Students in History & English



Laurinann Link



Alexandra Veatch

For the first time in five years the class, Current Affairs, where students study current events, read the newspaper daily, and discuss social issues was offered to students. In Mr. Lustig's Current Affairs class, students read the Roanoke Times daily and played a Jeopardy game on Fridays to reinforce their reading of current affairs.

When asked what she liked about Current Affairs, Shannon Thornhill (11) said, "discussing what's going on and seeing other opinions on topics is really fun and the Jeopardy games we play are crazy!". "It's a fun class and an interesting way to keep up with the news," said Brian Thompson (12). Katie Mixon (12) was asked if she would take Current Affairs again, she said, "Yes! It keeps me informed because it encourages me to read the paper and watch the news...oh yeah, and it's taught by my favorite teacher."

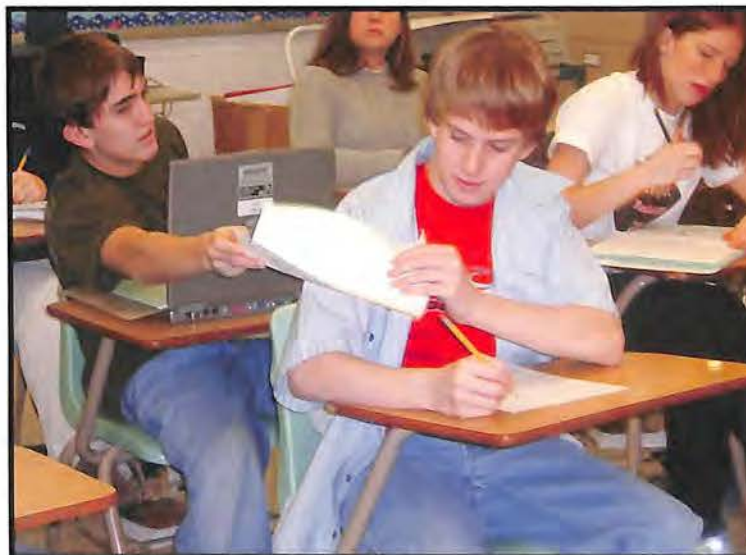
Students in Current Affairs not only get a chance to take a new class, but also have a chance to discuss everything from the war in Iraq, to the presidential debate, and the tsunami and local news with their peers.

*Alexandra Veatch*  
Academics Editor



Chelsea Custer (9) gets a review sheet from Mrs. Mast. Freshman took World History 1 from Mrs. Mast and Ms. Long.

Laurinann Link



Ryan Capps (9) hands an English handout to Steven Sinnes (9) in Mrs. Price's class. Freshman read books like *Animal Farm* and short stories.

Alexandra Veatch



Alexandra Veatch



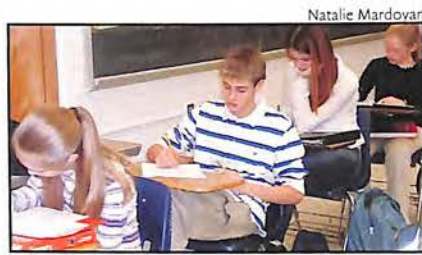
Laurinann Link



Andrea Thornton







*Mckenna  
Gnau  
(10)*

"Algebra is interesting. It's structured and never changes." said Mckenna Gnau.

"One of my favorite labs was the Flame test lab. It had very pretty colors." Chemistry is a class most students take their junior year.



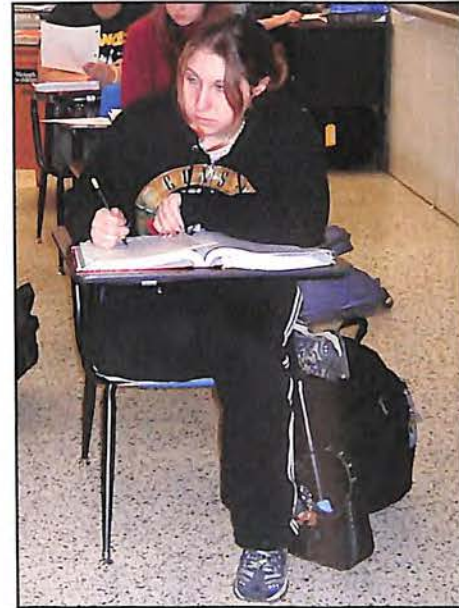
*Scott  
Grubb  
(11)*

*Caitlyn  
Koch  
(11)*

"The most interesting part of my chemistry class is Ms. Overstreet's sense of humor." The M&M lab was a favorite among students.

"I liked seeing how people predicted the weather" Taking earth science added a new aspect to school.

*Alex  
Falls  
(9)*



Amber Walters prepares to hand in her homework. "I like it when Mrs. Willett helps me with my math problems."

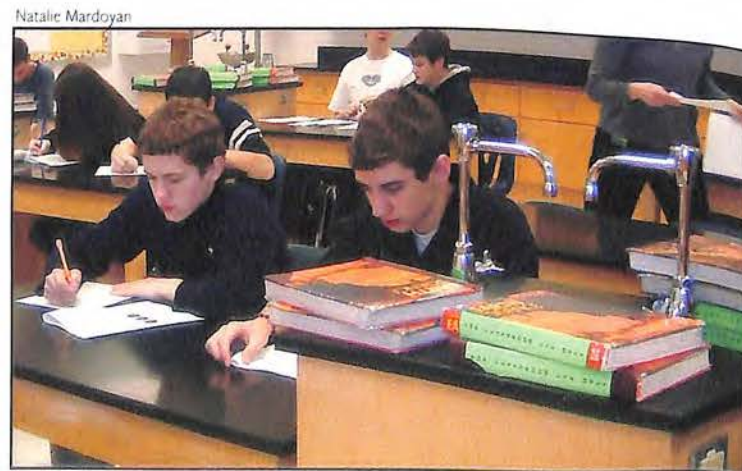


Kathryn Gordon(10) works hard on her Math work. "Math has always been my hardest subject." she said.



Richard Xiao(9) corrects his homework at the begining of class. "Everytime the Red Soxs won a game Mr. Fulton gave us a free homework grade."

Andrew Hanohan(9) studies hard for his Earth Science exam. "I like learning about all the weather patterns and how the forecasts are predicted." said Andrew.





# Mind Over Matter

## What are the odds

Students in Math and Science strive to receive good grades, and found their Science labs to be very interesting. Brittany Chewing(11) took an interest in her chemistry labs, "I enjoyed experimenting with all the medicines," said Brittany. Other labs incorporated activities outside the classroom. "An exciting lab was the leaf lab, we spent two days just walking around outside," said Amber Scwell (11).

A hit amongst students in Ms. George's biology class was the Human Genetics lab. "You were given certain hereditary traits and you used those traits to find out what your children would look like," said Kathryn Vaught(10). "I think the most interesting part of my earth science class was learning more about our solar system and the threats from space," said Tricia Wright(9).

Math can be difficult to some, and easy to others. Ms. Johnston's geometry class did many interesting projects throughout the year. "We made ornaments before the holidays, for extra credit on a test," said Sabrina Rackow(9). "I like the willingness of my teacher to stay after school to help me and other students when we did not understand our work," said Meredith Lumsden(11).

*Natalie Mardoyan*  
Academics Editor



Trey Tyler(11) and Meredith Lumsden(11) work on a lab in Ms. Overstreet's class. "My favorite lab was the the Flame test lab. We burned certain chemicals and observed the colors they emitted." said Trey .



Natalie Mardoyan



Natalie Mardoyan



Natalie Mardoyan





S. Gotschal

Stephanie DeHart (9) and her classmates sit and listen to a lecture in Mrs. Farshtey's Latin Class.



Alexandra Veatch

Betsy Hudson (10) prepares for a new lesson in Spanish by copying notes off the over-head. Students in Spanish 2 learned about grammar and also about the culture of Latin America and Spain. "I really enjoyed learning about the customs and traditions of the Spanish," said Betsy.

Laura Iresom (11) copies notes for Latin Class. Students in Latin studied everything from grammar to Greek mythology. "I took Latin because I really like the teacher and didn't want to take Spanish again," said Laura.



S. Gotschal



S. Gotschal

Kadee Taylor (9) works on an assignment in Mr. Martinez's class. Students gained real world experience in Spanish; learning to speak Spanish has become an asset in today's world.



# Espanol & Lingua Latina

## Students learn the Languages of Romance

Students in Latin and Spanish courses got a chance to learn, not only a language, but gained appreciation for it. With all the hard work that goes into learning a foreign language, many students still found time to take humor in the class and got to really like it.

Many students even had favorite words or phrases. "My favorite word in Latin is nugas, which means nonsense. I'm really interested in studying multiple languages in the future. Having learned Latin now will help me in studying other languages." said Joanna Delaney (11). Sara Equi (11) said that her favorite phrase in Spanish is "Buscando a Nemo", which translates to Finding Nemo. Brian Trent (12), who is in Latin, said that his favorite word in "patria", which means country. "My favorite word in Spanish is chaqueta (jacket) because its just fun to say." said Ashley Poage(11).

Although, Many student took Latin and Spanish to prepare them for college and the future or simply to fulfill graduation requirements, students still found humor and enjoyment in such demanding classes.

*Alexandra Veatch*  
Academics Editor



Alexandra Veatch



S. Gotschal



Alexandra Veatch

Aimee Veatch(9) takes notes in Srta. Spangler's Spanish 2 class. "I really like Spanish. Plus it may come in handy some-day."



Alexandra Veatch

Students in Sra. Dickerson's Spanish 4 class learn about famous Spanish artists like El Greco and Velazquez. Lauren Gerl (11) "We were able to do something different and it was fun!"



Alexandra Veatch



Alexandra Veatch



Alexandra Veatch





# German & French

*Students expand horizons by studying foreign languages*

Students in German and French knew the value of learning a foreign language; and teachers were making it easier to learn a foreign language. Teachers used creative ways to teach their class; by playing games and taking trips, they reinforced what they have been learning. During the summer, students are given the opportunity to travel to a foreign country like Germany. Students in French were also given the opportunity to see a one man french play during school, which helped to reinforce what they had learned about and talked about in class.

“Frau really helps students to connect with the German language and culture by being creative in the classroom,” said Laura Jones (11). After the French play at Northside High School, Andrea Thornton (11) said, “I was really amazed with the talent of the performer. It was awesome how he did an entire show all by himself. My classmates and I really enjoyed it.”

With all the creative learning opportunities offered to students, students and teachers alike enjoyed learning about a sometimes difficult language.

*Alexandra Veatch*  
Academics Editor



Bethany Shelton (11) writes the answers for her in-class work during French. “Taking so many years of a single language is going to look good for colleges, which is why I’m taking it,” said Bethany.





Andrea Thornton



Andrea Thornton



Andrea Thornton



Emily Ewoldt

*Tristen Kasse (11)*

Stacey Craighead (11) and Tristen Kasse (11) play a game with a football in German. The teacher used games to reinforce lessons.

*Paige Earls (11)*



Andrea Thornton

Paige Earls (11) answers a question in French. Paige and other students were in the smallest French class, which consisted of thirteen students.

Amanda Neighbors (12) talks to her French teacher. "The best thing I have learned is to be able to roughly translate French pieces of writing."



Andrea Thornton

*Amanda Neighbors (12)*

Jeff Wardach and a classmate go over some homework in German. Students studied the language as well as culture of Germany.

*Jeff Wardach (10)*



Emily Ewoldt



Alexandra Veatch



Andrea Thornton

Zach Rice (11) and Lydia Riall (11) listen to a lecture in French class. Lydia and Zach were also a part of the class with thirteen students. Lydia and Zach were in their fourth year of French.

Emily Ewoldt (11) and Derek O'Dell (12) talk about the German homework after class. "I really love German, especially after my awesome trip to Germany over the summer break," said Emily.





# Real World Experiences

*Marketing and Business Students prepare for the future.*



Tracy Harmon



Camille Miles

Doug Frank(9) and Latoya Jones(12) talk to Fox News Anchor Jennifer Waddell, about dressing for job interviews. "It was fun rifling through Jennifer Waddell's suitcase," said Doug. The Marketing class learned valuable tips for living in the real world.



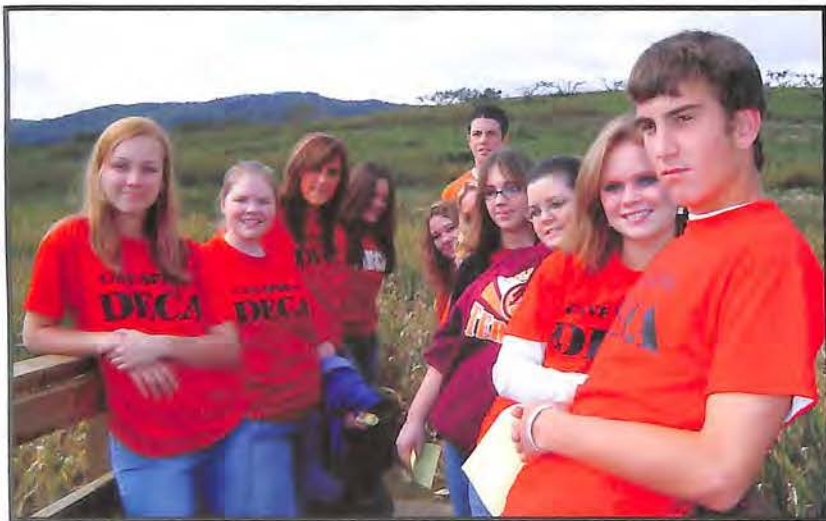
Ashley Rucker

Housekeeping...you need a pillow? This class is as sweet as the mint on that pillow. The Hotel Marketing class, along with the other Business and Marketing programs, is teaching valuable skills that will benefit students in the real world. Students in the Hotel Marketing class learned important workplace skills at area businesses such as The Holiday Inn, Brandon Oaks, and Hunting Hills Country Club. Students learned practical workplace skills and made money during school.

Students used this unique opportunity to gain experience for their future. "Hotel Marketing is a great class because you learn awesome people skills. It also prepares you to solve everyday problems," said Rose D'Angelo(12). Stephan Meinhart(11) worked at The Hunting Hills Country Club. "I took Hotel Marketing because I wanted a class where I could do hospitality jobs instead of being at school," said Stephan.

For the Hotel Marketing class everyday was full of valuable job opportunities and memories that will last a life time.

*Alexandra Veatch*  
Academics Editor



The DECA leadership team and members took a trip to a corn maze for a team building activity. DECA students were also involved in activities that benefited the community.



Ashley Rucker



Natalie Mardovan

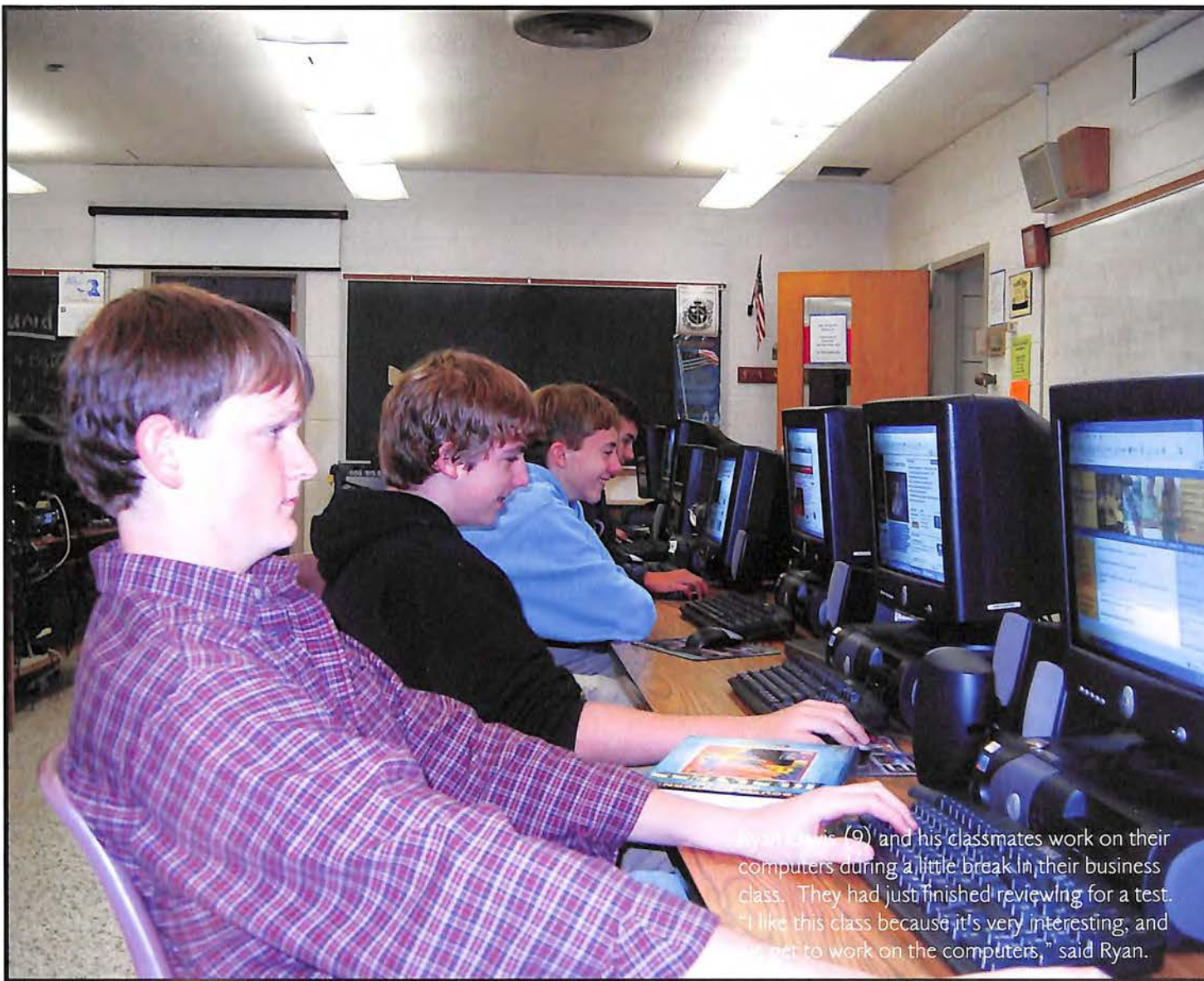


Ashley Rucker



Camille Miles





Ryan Lewis (9) and his classmates work on their computers during a little break in their business class. They had just finished reviewing for a test. "I like this class because it's very interesting, and we get to work on the computers," said Ryan.

Alexandra Veatch



Alexandra Veatch

Barrett Henderson (12) and Joe Langford (11) ask their teacher Ms. Maguire, for help. The two were studying for an upcoming quiz.

Kate O'Keefe (12) and Mandy McAden (12) wrap scarves that were later delivered to the area women's shelter. DECA is a program that works to develop future leaders in marketing, management, and entrepreneurship.



Ashley Rusker



Tracy Hammon

The Future Business Leaders of America participated in the FBLA Regional Conference at Camp Alta Mons. "The trip to Alta Mons was a great experience. We played team building games with students from other schools in our region," said Stacey Craighead (11).





Natalie Mardoyan



Natalie Mardoyan



Natalie Mardoyan



Natalie Mardoyan



Natalie Mardoyan

*Brian  
Trent  
(12)*

Brian works on his next project. "My favorite part of woodshop was getting to create things with great machines and tools."



Natalie Mardoyan

*Sean  
McGhee  
(11)*

Students go around school to take pictures for their photography class. "I like to take pictures of my church members and my family."



Natalie Mardoyan

David Hoss (12) works on a project in woodshop. "Woodshop was a more hands-on way of learning. Working with wood was fun and challenging," said David.



Natalie Mardoyan

*Andrew  
Sellers  
(12)*

Andrew watches his animation on the computer. "I love all the hands on projects. We got to melt down an old lawn mower engine."



Natalie Mardoyan

*Ryan  
Hall  
(9)*

The woodshop students got to work on various projects during the school year. "I got to learn how to use all sorts of tools in woodshop."



Natalie Mardoyan

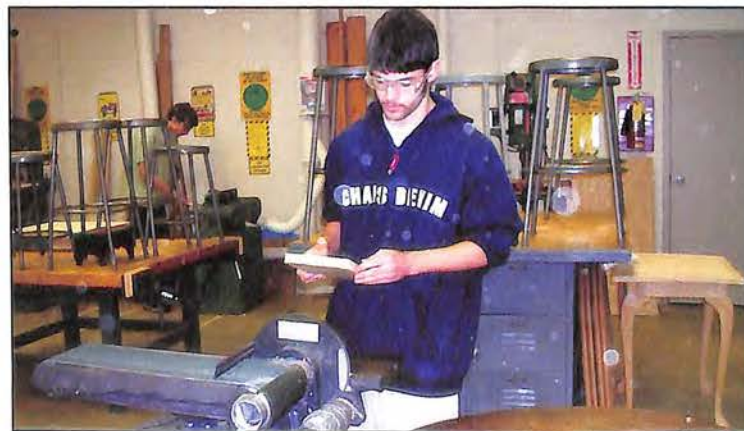
Coles Terry (11) works hard on making his cutting board in woodshop. "I enjoyed working with interesting people and making things," said Coles.



Natalie Mardoyan

Hunter Hobbs (11) works on a project in tech-ed. "I like animation. I am an avid artist, and I love technology. When I am able to use my imagination and the computer, I present my best work," said Hunter.

Danny Taylor (10) works on a cutting board in class. "In woodshop I got to learn how to make interesting things," said Danny.



Natalie Mardoyan



# Technology

## *Is the key*

Students in tech-ed, photography and woodshop, get a chance to experience and take classes that are unique. Students in photography learned about cameras and how to take good pictures. "I have learned how to develop and take pictures," said Ana Scott(10). "The chance to learn about photography in a hands-on way and going into the darkroom to work with negatives and chemicals was my favorite part," said Reed Braden(10). "I love to take black and white pictures." said Brittany Chewing(11). Students in photography enjoyed going around school taking pictures and developing them.

In woodshop, students get to build interesting items. "I built cutting boards, gun racks, and chairs," said Willie Fitzgerald(11). "I liked learning to work with machines and how to build things with my hands," said Beau Austin(12). "I got to learn how to use various tools and machinery to be able to build the best project I possibly can," said Kara Pevarski(12). "In tech-ed, I had fun learning useful information." said Josh Leamnson(11).

*Natalie Mardoyan*  
Academics Editor



Catey Robbins(10) and Jaimie Echternach(10) look at the negatives of the pictures they just took. "The hardest part about photography was learning the equipment," said Catey.

Natalie Mardoyan





Reese Baumann(11) and Brett Barber(11) work hard in masonry. "This masonry class will get me ready for a job when I get out of high school," said Reese.

Tina Cannon



Zac Cates

Tyler Kerr(11) listens to his teacher explain a problem in Pre Calculus. "I will be far ahead of other engineering students in a college. We've basically already completed our freshman year of college," said Tyler.

John finishes a project in engineering. "An exciting thing about my engineering class was using the massive machines to complete assignments in-class," said John Gordon(11).



Zac Cates



Prescilla Nakano

Emma Berry(10) finished working on a project in her fundamentals of research. "I wanted to take challenging classes and I wanted the freedom. It gives an idea of how classes will be in college," said Emma.



# Working Wonders

*Students get a head start on their career*

Students at Arnold R. Burton get to have a chance to take a class that will bring them closer to a career that they want. They can go to college or even to a job because of all they have learned. "If you stay in Masonry after Intro, you can go right from Burton into a Masonry job," said Brett Barber(12). Students at Burton and Governor's school work hard to achieve goals for the future. "I took AP physics, Engineering and AP Pre-Calculus at Burton. I was looking for something to make school more interesting. It gets me ready for work in real life, and ready for a job in Engineering," said Zac Cates(11). "In welding 1 we got to make things and learned how to use heavy machinery. I also learned how to weld and got to get an early start on becoming a fabricator," said Grey Patterson(10). Students at Governor's school were academically challenged. "I enjoy the math and science oriented classes at Governor's school as, well as the challenging nature of the classes. It helps me prepare for college level courses," said Daniel Bukovsky(12).

*Natalie Mardoyan*  
Academics Editor



Tina Cannon



Mary Woody



D. Veatch

Kasey St. Clair(12) works on placing the bricks in front of the building. "My masonry class went to the school and placed them," said Kasey.



Zac Cates

Daniel Vaught(11) completed his project for Engineering. "The class is hands-on and it prepares me for majoring in engineering," said Daniel.



Prescila Nakano



Natalie Mardoyan



Tina Cannon



# Driving Into A Healthy Life

## *getting a jump start*

Students in Drivers-ed. were anxious to finish their class and go out and get their licenses. Everyday, the students learned rules on how to drive by watching movies and taking notes. They also learned about road safety and objects around their vehicle. "Drivers-ed. has taught me how to stay safe and keep others around me safe," said Cassie Baker(11). Students took classes at the school because it was more convenient, and more importantly, it doesn't cost anything. "I took Drivers-ed. in school so I wouldn't have to pay for taking it privately," said Abby Austin(10). Mr Swartz has done many experiments to show consequences of actions taken by reckless drivers. "The worst thing was having to hear about all the wrecks and people's deaths," said Katie Gordon(10). Along with Drivers-ed., there are Health and Gym. Students enjoy learning in Health and exercising in Gym. They work together to achieve what they are required to do. They have good times and hard times. "The hardest thing about health is all of the worksheets," said Danny Taylor(10). Health is taken by ninth and tenth graders. However, gym class is offered to all students, but in the tenth grade four gym classes are offered. Gym and Health play a large role in teaching the students the healthy way to live life.

Natalie Mardoyan  
*Academics Editor*



Dribbling during gym class, Ana Scott(10) was doing drills. "I enjoy Gym Basketball because of the dribbling and shooting," Ana said.



Natalie Mardoyan



Natalie Mardoyan



Natalie Mardoyan



Natalie Mardoyan

*Nikita  
Aneja  
(10)*

"I like Basketball because it is a competitive sport which I love to play."



Natalie Mardoyan

*Nick  
Fanti  
(10)*

"I enjoy playing wiffle ball with my class because we enjoy working as a team."

"I enjoyed Health. The hardest part was studying mental disorders."



Natalie Mardoyan

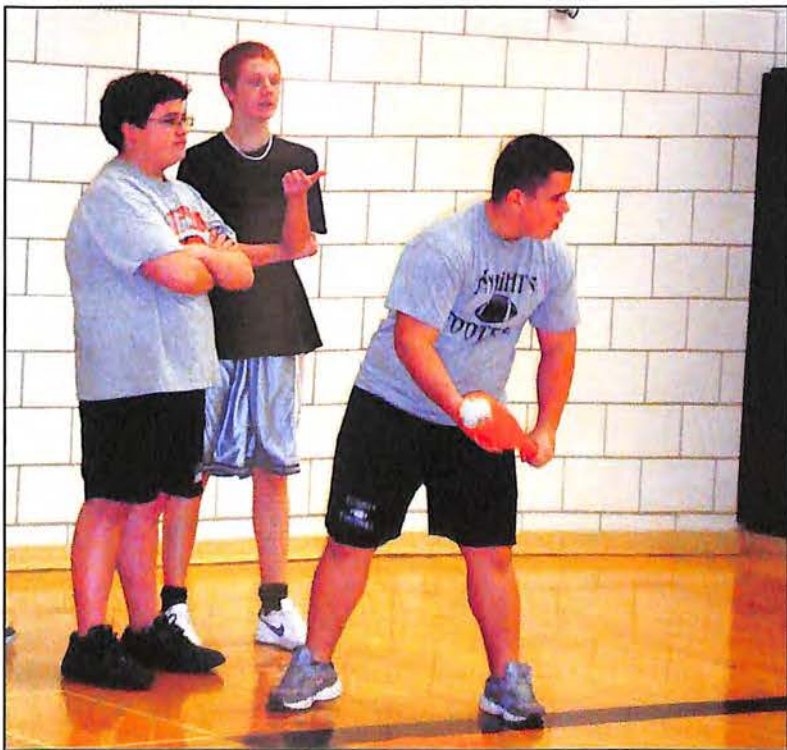
*Maggie  
Wagner  
(10)*

*Doug  
Currie  
(9)*

"Soccer is a competitive team sport. I love to play it."

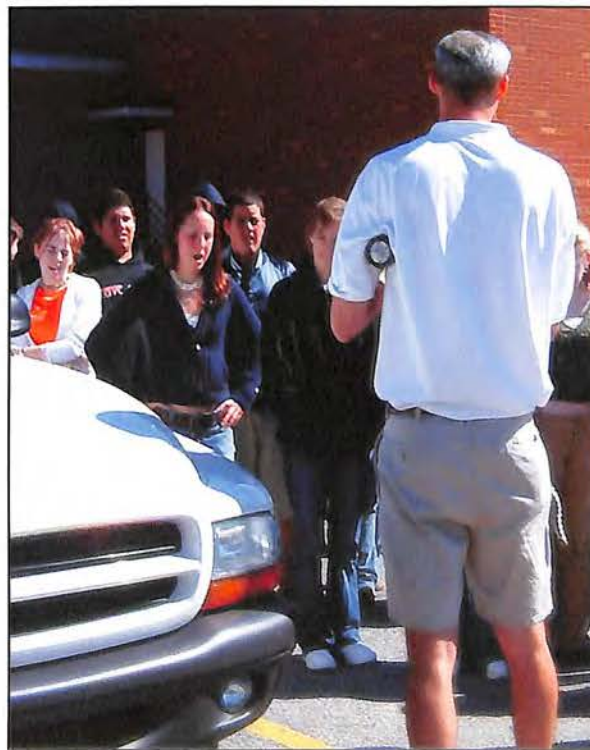


Natalie Mardoyan



Natalie Mardoyan

In the wiffleball series, Crispen Harwell (10) prepared to hit the ball. "I like playing around with Mr. Maguire. I enjoyed playing wiffle ball," said Crispen.

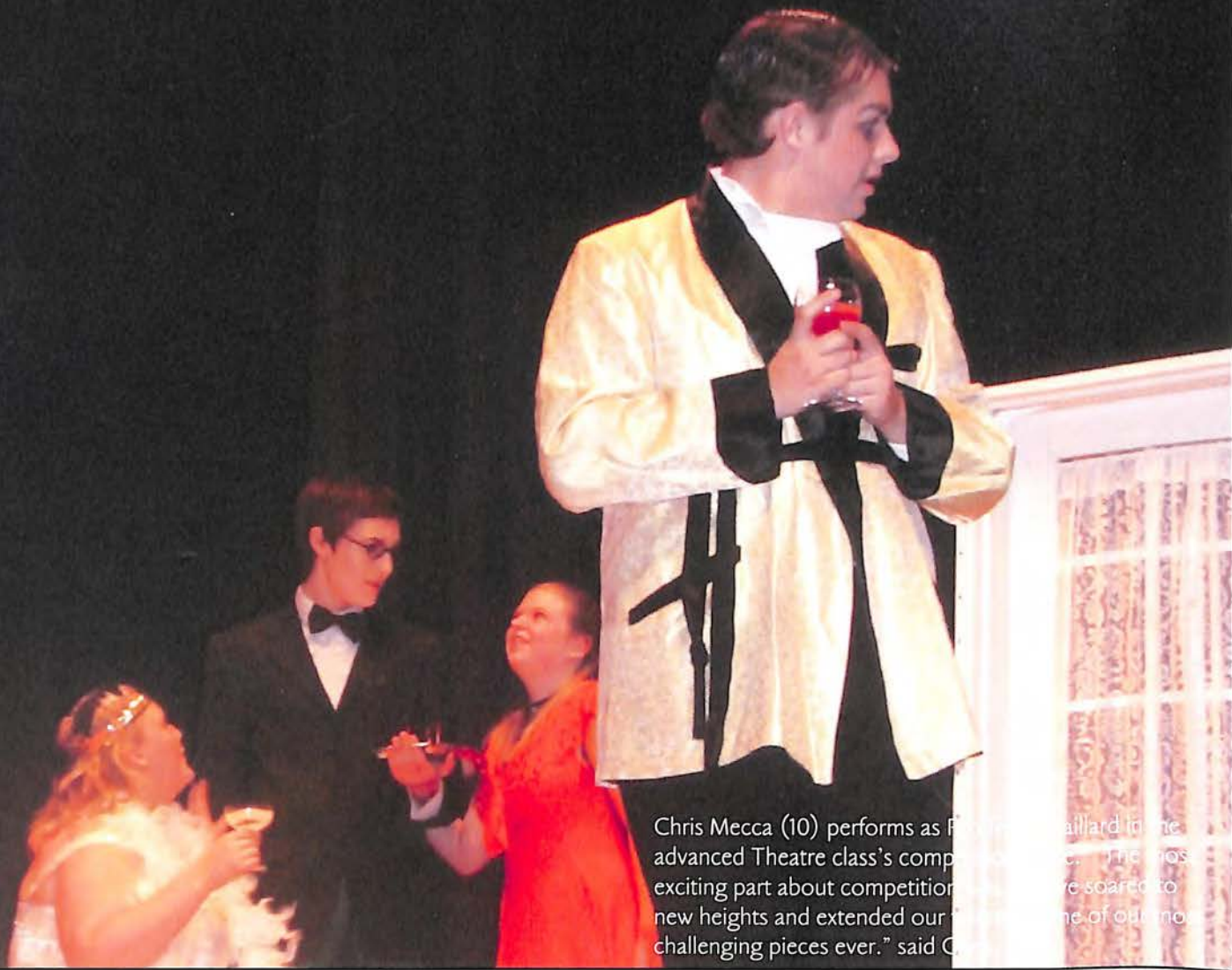


Natalie Mardoyan

Mr. Swartz was showing his class the impact during a collision. "Smashing a Pumpkin could help the students visualize the force of impact during a vehicle collision," said Mr. Swartz.







Chris Mecca (10) performs as Professor Maillard in the advanced Theatre class's competition piece, "The Most Exciting Part About Competition is that we've soared to new heights and extended our horizons beyond any of our most challenging pieces ever." said C



D. Veatch

Doug Curry (9) walks beside the Charlie Brown float. "I really enjoyed being in drama and working on the float was cool and it turned out great," said Doug.

Jackie Burke (9) works on a collage project for her two period long art class. Jackie and several other students participate in the zero and first period art class. "Art is a great way to express my creativity and get it all out of my system."



Alexandra Veatch



B. Anglim

Caitlin Conway (11) sits in costume, on the edge of the stage after a rehearsal of the "Infamous Soothing System of Professor Maillard". "Competition is the most fun we have in theatre, you meet tons of awesome people from other school." said Caitlin. Caitlin played a bottle of champagne in the show.



# Starving Artists

## Art & Theatre Art



Alexandra Veatch



B. Anglin

Art is doing something that expresses unusual perception and creativity (Webster's Dictionary); and the art and theatre art classes were the epitome of this definition. From acting, set building, and light designing, to painting, sketching, and sculpting, these students had it covered.

"Everyone has a different perception of art. Whether it's being on the stage like I am, playing an instrument, or painting a beautiful picture, it's all art. Students here at Cave Spring use art in many different ways everyday." said Emily Ewoldt (11) about how her theatre class displays art. On the subject of art Kristen Williams (11) said this, "As artists we learn to take completely useless objects or trash and turn them into exotic pieces of art. The next step is to figure out how they relate to the assignment."

Whether these students were performing at the Virginia High School League Theatre Festival or putting on the annual art show, the art students represented the school in a unique creative way.



S. Gotschal

Rachel Freeman (10) works on a project in Art Class. Many students participated in some art class, the school being the center for the visual arts.



S. Gotschal

Katherine Ellis (9) and Sarah Smith (9) perform a ballet dance at South Roanoke Nursing Home. The Theatre one and the advance Theatre classes performed a Christmas talent show at the nursing home.

Alexandra Veatch  
Academics Editor



Alexandra Veatch



D. Veatch



S. Gotschal







*Brian  
Bosche  
(11)*

Working on the school newspaper, Brian Bosche(11) said, "I signed up for this class at the start of the school year because it coincides with my work on 'The Edge' staff."

*Lauren  
Gould  
(9)*

Highlighting and editing an upcoming newspaper article, Lauren Gould(9) said, "You have to check and re-check stories thoroughly in order to make sure no mistakes are missed."



*Jessi  
Pearson  
(11)*

Working on a story for newspaper, Jessi Pearson(11) said, "The environment is very relaxed, but when it comes down to a deadline, it becomes stressful."

*Claire  
Guzinski  
(11)*

Discussing a class project with her teacher, Mrs. Williams, Claire Guzinski(11) said, "People say this class is a really relaxed environment, but at the same time we have to get things done on time."



Talking to her other classmates about ideas for the Literary Magazine, Bailey Classcock(12) said, "It is a fun class that gives me experience in writing, and gives me the chance to edit work."



Kelly Anglim(12) is a member of the Literary Magazine. Being on this staff, Kelly spends lots of time editing and correcting works that are being submitted to the plant.



Editing a piece of artwork for literary magazine, Jaclyn Atkinson(10) said, "I spend a lot of time going through my folder and reading all the entries for the magazine."

Lindsey Hughes(12) works hard in newspaper class. Although this class is a lot of work, but she enjoy it. Lindsey said, "I like it because we all get to hang out and it doesn't take that long to do our stories."





# Writing Towards the Future

The Literary Magazine and the Knight Letter are two student publications. All art work, photos, and other works are student oriented. Students spend many hours of their time on both of these works.

The newspaper comes out six times a year which means that the students are very busy all year long. The job of the journalism class is to write the article, do the layout, and then put the pictures and information on a disc to be shipped off to J & S Printing in Alabama. The turn around on the paper is only five days; The students get the work fast and immediately have to get started on the paper.

The Literary Magazine is a committee that creates a pamphlet filled with students' art, poetry, and short stories. The different art classes work together to make up the committee. Without having an actual class for this committee, students put in a lot of their own time and effort to put together this literary magazine, that comes out once per year.

**Megan Bowles**  
*Student Life Editor*



Laptops are important objects to have while being in the newspaper class. Chelsea Custer said, "Having a laptop makes it easier to get my work done."

Sandra Corcha







Halley Wells(10) playing her trumpet at band camp said, "Band is so much fun because I enjoy being with my friends and having fun."



Alexandra Veatch

Dana Orr(10) strums the strings of her guitar during strings class. Dana said, "I like playing the guitar because I enjoy listening to music that incorporates the guitar. The guitar class was offered for the first time as an extra band class."

Nora Vitello(11) and Beth Bredencamp(10) play their flutes at band camp. Nora said, "Band is exciting. I enjoy it so much because I love playing the flute and being with my friends."



Laura Ireson



Natale Marcovian

Ronica Richardson(10), Mark Passeretti(11), Andrew Henahan(9) and Chris Mecca(10) sing in choir class. Chris said, "Choir helps me improve my voice for plays and activities that I am in during the year."



# Beautiful Music

## Band & Choir



Natalie Mardoyan



Natalie Mardoyan

The unsung heroes of the music department seem to be the band and the choir classes. Although the choir didn't perform for the school, they performed multiple times for the community. Natalie Mardoyan(11) said, "I love choir because it gives me a chance to do something I love, everyone is united with it." Choir classes performed for elementary schools over the holidays, and bonded over pizza at Chuck E. Cheese. In class, choir enjoyed a laid back atmosphere as they do what most have loved since they were young. Kayla Caldwell(10) said, "I enjoy choir because it is an interesting way to improve your voice, and I get to make new friends." The choir are popular throughout the community for their entertainment.



"Ana Resnick(9) plays the guitar in her strings class. Ana said, "I like playing the guitar because I think it is a little different from the other instruments."

Alexandra Veatch

Band provided the larger part of music in the school. Performing in concerts every year, touring the elementary schools, and performing at football games, they were constantly in the public eye. "I love marching band, it's exciting to be live at the football games," said Nora Vitello(11).

"The social aspect of band is the best part, I really love the parties we have together. I love music so much," said Allyn Clark(11). Overall, students loved to express themselves through music.



Natalie Mardoyan

Natalie Mardoyan(11) and Courtney O'quinn(11) look over lyrics and music during class. "I love to sing and it is a good way to make new friends that share the same interests that you do," said Courtney.

*Logan Paris*  
Academics Editor



Laura Ireson



Natalie Mardoyan



Laura Ireson





# Queens of the Field

*lighting up football halftimes*

Students on the Drill Team and Flag Corps worked hard on their routines for the halftime show with the Marching Band. Before the football games, the Drill Team often gets together. “We all got our hair braided in two french braids. Our official ‘braider’ for the season was band member Casey Leffue,” said Heather Couture(11). Flag Corps not only enjoyed performing on the field, but also performed in the stands with their own routines to traditional band music. “My favorite thing about Flag Corps was dancing in the stands.” said Stephanie Hodges(12). The team made up smaller synchronized dance moves to use to the band music played throughout the game. However, performing in front of an audience was not always easy for the girls. Many members reflected on their first performance. “When I performed for the for the first time I got really nervous being in front of so many people that I almost forgot to start when the music began.” said Laura Ireson(11). Even though some were overtaken by the pressure of performing in front of a crowd, the girls were still able to laugh at themselves. “One time I was practicing and I messed up so bad that my flag went flying off the stage,” said Kaitlyn Baker(9). Indeed, the Drill Team and Flag Corps had a fantastic year of performance, through bonding and a general camaraderie between all the sections of the halftime shows.

Natalie Mardoyan  
*Academics Editor*



The Drill Team performed during the halftime at the football games. “What I enjoy the most about Drill Team was performing.” said Lael Whiteside(11).





Courtesy of Niles Harvey



Courtesy of Niles Harvey



Courtesy of Niles Harvey



*Heather  
Couture  
(11)*

"The first time I performed wasn't nervewracking for me at all because I'm so used to performing, and I love it."

*Sara  
Equi  
(11)*

"What I enjoy most about the Drill Team is that it gives me so many opportunities to perform."



Camille Whiteside

"Last year we used chain flags in one of our shows and while I was twirling the flag it flew out of my hand. So I had to finish the show without it."

"Performing is so much fun. It gives you such an adrenaline rush."



*Laura  
Ireson  
(11)*

*Lael  
Whiteside  
(11)*



Wing IT



Wing IT

Mallory Myers(11) stood in position ready to perform at their half-time show. Their theme for this years show was "Queen".



Wing IT

Standing at attention, Stephanie Hodges(12), got ready to perform. "The first time I performed I was thinking about how nervous I was and worrying that I would mess up."





# Dazzling Designs

The Interior Design class, and the Fashions Class, both lead by Mrs. Zegas, worked hard learning how to sew, design, and use their talents. Interior Design started the year off by learning about floor plans, where the students were able to design their own dream houses. Jenny Hale(10) commented on making her house. "It was fun, I wish I had the houses that we designed." The class explored their designs through many different approaches; some days the class would travel to the computer lab, and other days they would work in their classroom.

The Fashions Class made their own topo bags, blankets, and shorts, the class also learned how to make pajama pants. Danielle Conner(11) explained her favorite activity she did while in the Fashions Class, "Making p.j. pants, it was fun learning to do something new."

Courtney Cooper(9) commented, "We took samples of material we had used to make air pants, and we took them to make baby blankets for the battered women's shelter."

When Mrs. Zegas was asked what the one thing she would like to teach her students she replied, "Plan, plan everything before you begin a project. It helps the project run more smoothly." Mrs. Zegas also said, "I love the diversity, from setting up the floor plan, to using color and patterns to decorate."

Academics Editor  
*Laurinann Link*



Emily Matko(10) and Kacie Hoffman(9) start designing their dream homes. Kacie explained what she was looking forward to in the class, "Placing our dream homes on the computer helped to actually visualize how they will look."





Logan Paris



Laurinann Link



Logan Paris



Logan Paris

*Whitney Williams*  
(10)

Whitney puts together ideas for her dream home. Whitney said what she was looking forward to in her design class, "I am looking forward to designing, and putting colors together."

Logan looks at her Interior Design book during her freetime. "We usually have a lot of worksheets and packets so it is important for me to read the book so I know the right answers for the packets."



Laurinann Link

*Logan Paris*  
(10)

*Carla Scott*  
(9)



Laurinann Link

Carla is uses the sewing machine in Fashions Class. Carla said, "My favorite part of Fashions Class was making pajama pants. The class taught me how to use the sewing machine correctly."

"I am going to be putting together a room, using my artistic view to put together my dream house," said Jessica. She also explained, "I will be able to design a room for my future homes."

*Jessica Ferguson*  
(11)

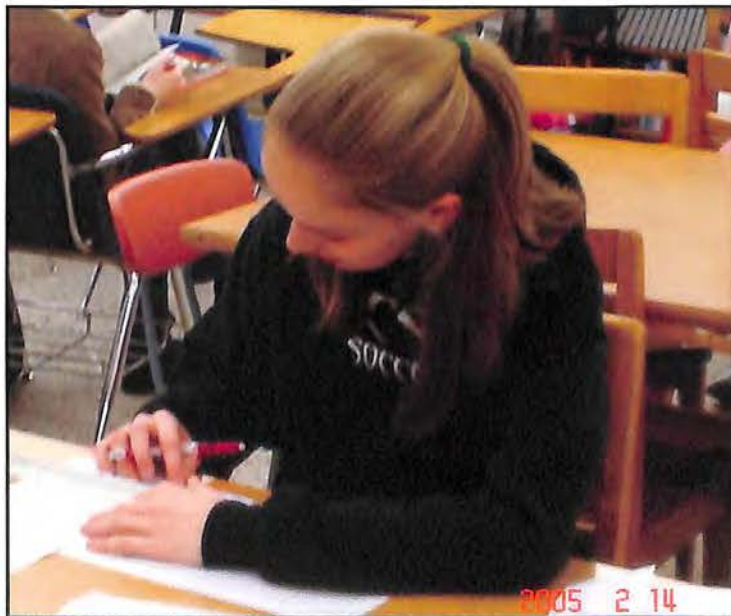


Logan Paris



Laurinann Link

Amy McCoy (9) reviews notes from her fashion class, taught by Mrs. Zegas.



Logan Paris

Kelsey Mueller(9) is hard at work in her interior design class. When Kelsey was asked what she was looking foorward to in her class she said, "Watching 'Trading Spaces'!" When asked if she enjoyed the class she replied, "Yes, because it is a relaxed class."





Lauren Link



Amanda Young



Lauren Link



Amanda Young



*Tiffany Bennett*  
(9)

The Child Development Class helps students learn how to take care of a child. Tiffany Bennett(9) said, "This class helps me to learn more about how hard it can be to take care of an infant."



*Mrs. Zegas*

Mrs. Zegas is the teacher for Introduction Culinary Arts. Mrs. Zegas commented, "The Culinary Arts class has been a lot of fun this year. We've worked on small business projects, catering events, cake decorating and a variety of other food topics."



Natalie Mardoyan

Heather Couture(11) gets the ingredients ready to mix in the mixer. Mrs. Zegas makes sure students do this first so their food turns out great.

Kathryn said, " This class is awesome because we get to eat almost all the time." This class makes and eats all of their school made food.



*Kathryn Vaught*  
(10)

*Rachel Falligant*  
(12)



"Introduction Culinary Arts is an awesome class because we get to eat all the time, but the best part is that we make the food ourselves."



Ashley Suggs(10) puts butter in measuring cup. The students put the butter into ice cube trays so they can have an easy access.

Natalie Mardoyan

Amber Humston(10) holds a baby. Students in Child Development learn how to hold a baby properly so they don't injure an infant.

Amanda Young



Students in Child Development learn the eating habits of an infant and toddler. Mrs. Zegas also gave the students a website to learn everything they need to know about an infant.



# Learning New Things

Would you like to know how to take care of an infant? The Child development class would be the class for you. This class taught students how to properly take care of infants and toddlers. To learn more about babies, the students did worksheets, packets and took babies, called "Baby Think it Over," home for a weekend to help them learn what it really feels like to be a parent. Tiffany Bennett(9) said, " This class is interesting and it will help me to learn the basic needs of children."

Do you want to learn how to make a healthy and delicious meal? The Nutrition and Wellness class is for you. This class taught students how to buy and serve healthy but good food. After learning how to properly buy and serve their food; they were shown how to keep leftovers preserved. The students also learned about food careers, food services and kitchen equipment.

The Introduction to Culinary Arts class helps students to explore gourmet dishes and other culinary techniques. Mrs. Zegas teaches the class how to prepare foods and what they need to get into a career that is related to food and nutrition. One activity that the students had done was make fried chicken. Mrs. Zegas has the students make a different dish everyday.

These classes involve trying new things and helping students learn about the life of an adult with a child, how to keep your body healthy and well or how to make a very exquisite dish.

*Aluma Wilson*  
Academics Editor



Students in Introduction to Culinary Arts start a worksheet on how their food turned out.

Natalie Mardoyan



Nutrition and Wellness, Child  
Development, Intro. Culinary Arts

139  
Academics





Marilyn Hammes

Preparing for a debate, Katie Fanti(12) and Nikki Harvey(11) dress up for their presentation on school uniforms. "We wanted people to see how distracting it would be if we didn't have uniforms because people would be able to wear whatever they wanted." Katie said.



Psychology students participate with the children whose parents volunteered to come into class. Each year the Psychology classes ask friends and family to bring in children up to age six to observe during the child behavior chapters of the psychology curriculum.

"One of my favorite projects we had to do in psychology was the one on child development. We had to get into groups and come up with different activities for the children to participate in. The main idea of the project was to see how age and gender differences effected their behaviors." Brandi Cooper(11) said.



After discussing the modern American values, Mrs.Harris breaks the class into groups and has them compare their answers to a question sheet they filled out earlier in class. Josh Swain(11) and Katie Mixon(12) compared their answers together.



# Brain Teasers

## Psychology & Sociology



Maggie Cannon



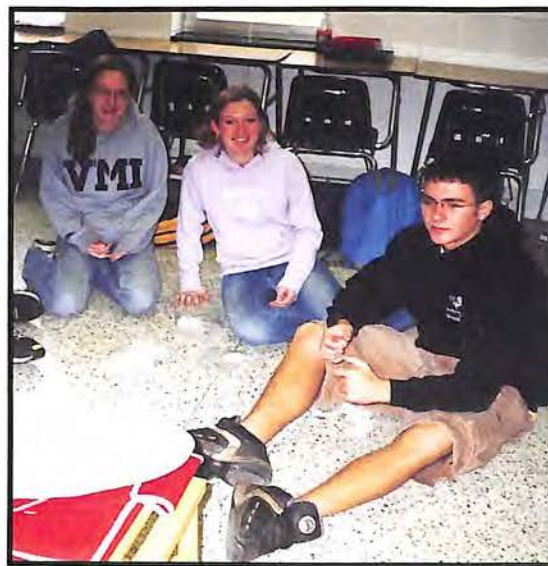
Maggie Cannon

Students in psychology and Sociology learn about being mentally happy and how to live a happy life. Stephanie Hodges (12) replied, "I like psychology class because it is not just book work, we have a lot of hands on projects."

One of the units studied in psychology is child development as a project students must come up with activities to do with the children and study their reactions. "We had little kids come in and we got to interact with them as a study," said Krystel Rogers (11). Laura Jones (11) agreed, "I like psychology because it is interesting and fun, we get to take field trips, do experiments, watch videos and work on case studies."

Mrs. Harris' Sociology classes studied a wide variety of items such as mysterious tribes, cults, and the background of well spoken Americans. Perhaps the most talked about study was on a video shown of The Yanomami tribe residing in the Amazon Rain Forest in South America, a culture which adopted self-inflicted pain as a part of everyday life. Hence, those taking Sociology gained a greater depth of knowledge on the lives, customs, and beliefs of many different types of people.

*Amanda Young*  
Academics Editor



As part of the child development and behaviors unit of the psychology classes, students prepared small projects to do with children who came into class from around the community.



Maggie Cannon

Students learned to work together in groups to create an educational yet fun activity for the children to participate in



Maggie Cannon



Maggie Cannon



Maggie Cannon





# Students

## Helping Students

Many students throughout the school enjoy helping the students in Mrs. Flora's and Mrs. Tyler's class.

"The best part about being a student aid was being able to have fun with the students," said Maggie Wagner (10). Most students said that the hardest part about being a student aid was having the patience.

"I wanted to be a student aid so I could help a child and hopefully positively impact a child's life," said Katie Davis-Ross (12).

"I wanted to be a student aid because my sister would always tell me stories about what she did with the kids, and how much fun she had with them. I wanted to do it too," said Kara Pevarski (12).

"The student aids were truly committed to my students. They are genuine, sincere, and dedicated to making a difference. They are kind and caring when no one is looking!" said Mrs. Tyler.

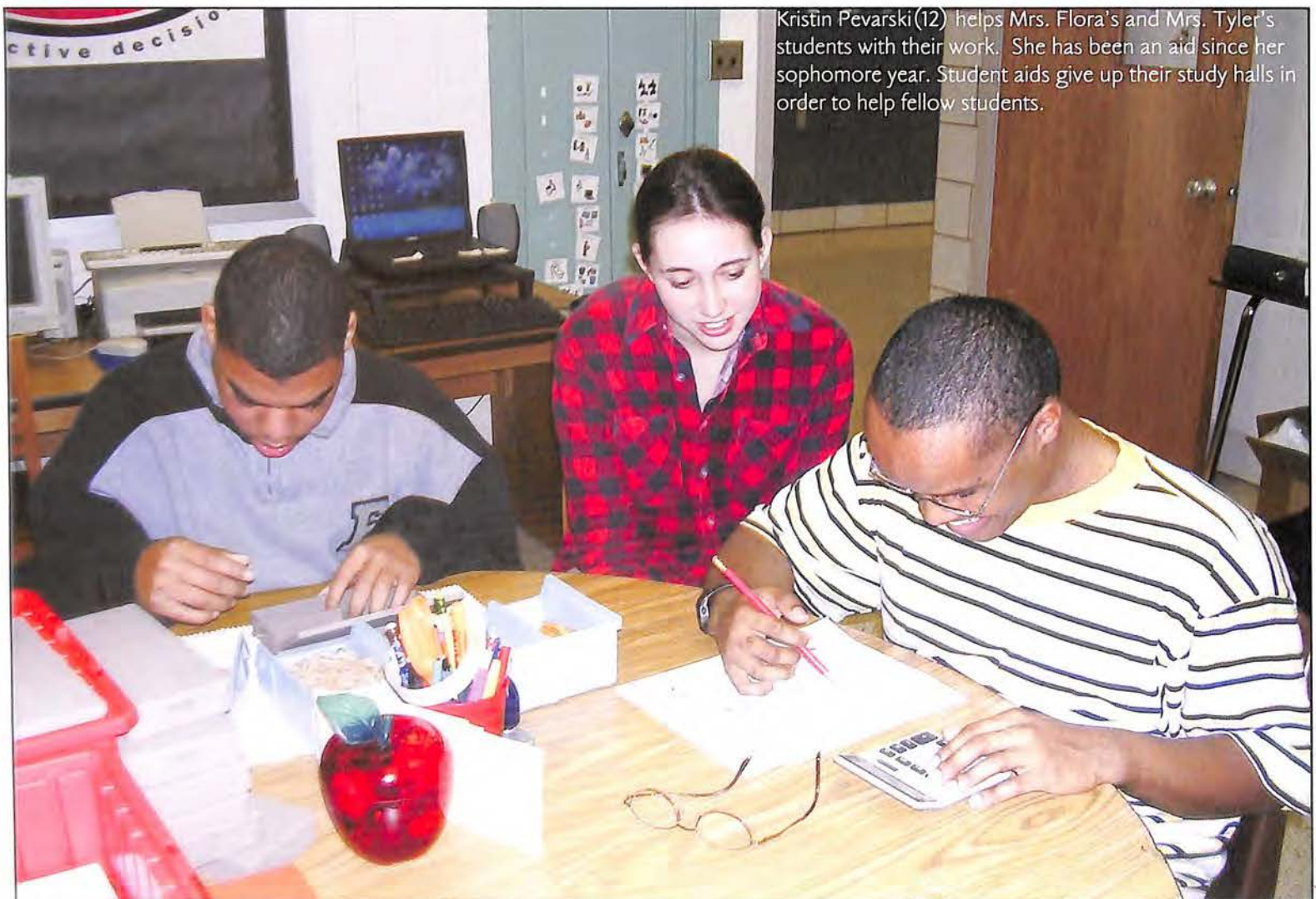
"The best part about being a student aid was the motivation the students gave me," said Chelsey Hamilton (12).

"The best part about being a student aid was being able to see the kids smiling because we were interacting with them," said Chaffin Scott (12).

"My favorite part of being a student aid is joking around with the students but the hardest is when you can't help them," said Besty Hudson (10).

"The student helpers are a lot of fun to be around. They help me cook in life skills," said Isaiah Davis (12).

Natalie Mardoyan  
*Academics Editor*







Natalie Mardoyan

Jaci Clark (10)

"The hardest part about being a student aid was leaving the students."



Sierre Tyler

Tessy Henry (10)

"We have a lot of fun cooking, though getting the kids to listen is sometimes a challenge."

"This is one of the most meaningful classes that I have ever taught. These kids teach me something everyday I work with them."

"My favorite part of being a student aid was helping the kids through their day and seeing how different their days are from mine."



Natalie Mardoyan

Mr. Swartz

John Spadaro (9)



Sierre Tyler



Natalie Mardoyan

Allison Crawford(10) takes Ryan Wilson(10) to class first period. "I became a student aid because I love helping people and it's something I might want to do in the future," said Allison.



Natalie Mardoyan

Alex Sline(12) and Chelsey Hamilton(12) go down to the weight room to help students in Mrs. Flora's and Mrs. Tyler's class. "I have learned how to be more patient when I am around these kids," said Alex.





Wing It



Wing It



# YOUR TOWN

- ...gathering candy thrown from the Homecoming Parade
- ...introducing the 2004 Basketball Teams by coming out for Midnight Madness
- ...Supporting sports teams by buying business ads and billboards to pay for supplies
- ...Giving standing ovations for the Spring Production in May
- ...putting together the 2005 After Prom Party
- ...Participating in the Homecoming Parade by driving the Homecoming Court
- ...Traveling to Gretna for the Regional Playoffs
- ...Supporting Project 50 through donations, fundraisers, and running events
- ...Coming in to give blood for the American Red Cross
- ...Decorating to support Red Ribbon Week in October
- ...Supporting high school artists by buying and viewing pieces in the CSHS Art Show
- ...Watching the Girl's Volleyball team in Carroll County for the State Championship game







Tina Cannon

Wing It

# Your thoughts about service



Talking before Midnight Madness started, Mr. Redick and Mr. Horan anticipate their sons introduction.



Riding on a vintage fire truck, supporters of the Cave Spring Volleyball team ride a float in the Homecoming Parade.



Amanda Young



Amanda Young



Amanda Young

Courtesy of Barbara Blackney

Wing It



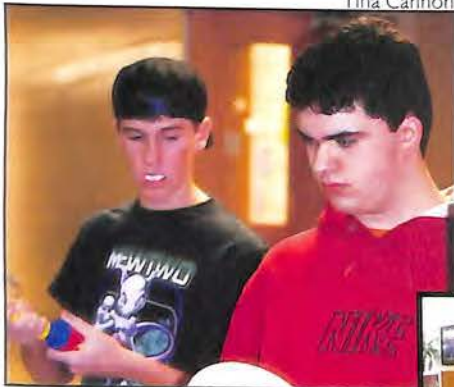
# A Sense of Community

## Top 10 Community Activities:

1. Project 50
2. Homecoming Parade/Game
3. MidKnight Madness
4. Red Ribbon Week
5. Formals For Less- Prom Dress Sale
6. Renaissance Fair
7. Spring Production
8. Sport Events- Concessions/Tickets
9. After Prom
10. Senior Day



Tina Cannon



< One of the activities at MidKnight Madness was having balloon animals, face painting, and temporary tatoos provided by the art classes.

Tina Cannon



∨ Receiving a door prize filled with college supplies, senior Cel Arrington gets a head start on collecting his college needs. The prize contained paper, pencils, and organizers.

> In March the marketing classes put on a Prom dress sale as a fundraiser. People throughout the community sold their old dress for a chance to make some extra cash.



Mrs. Gotschal

^ Showing off her Cave Spring pride, Lady's basketball coach, Linda Long paints her face with the school logo.



Camille Miles

Mrs. Gotschal



Mrs. Gotschal



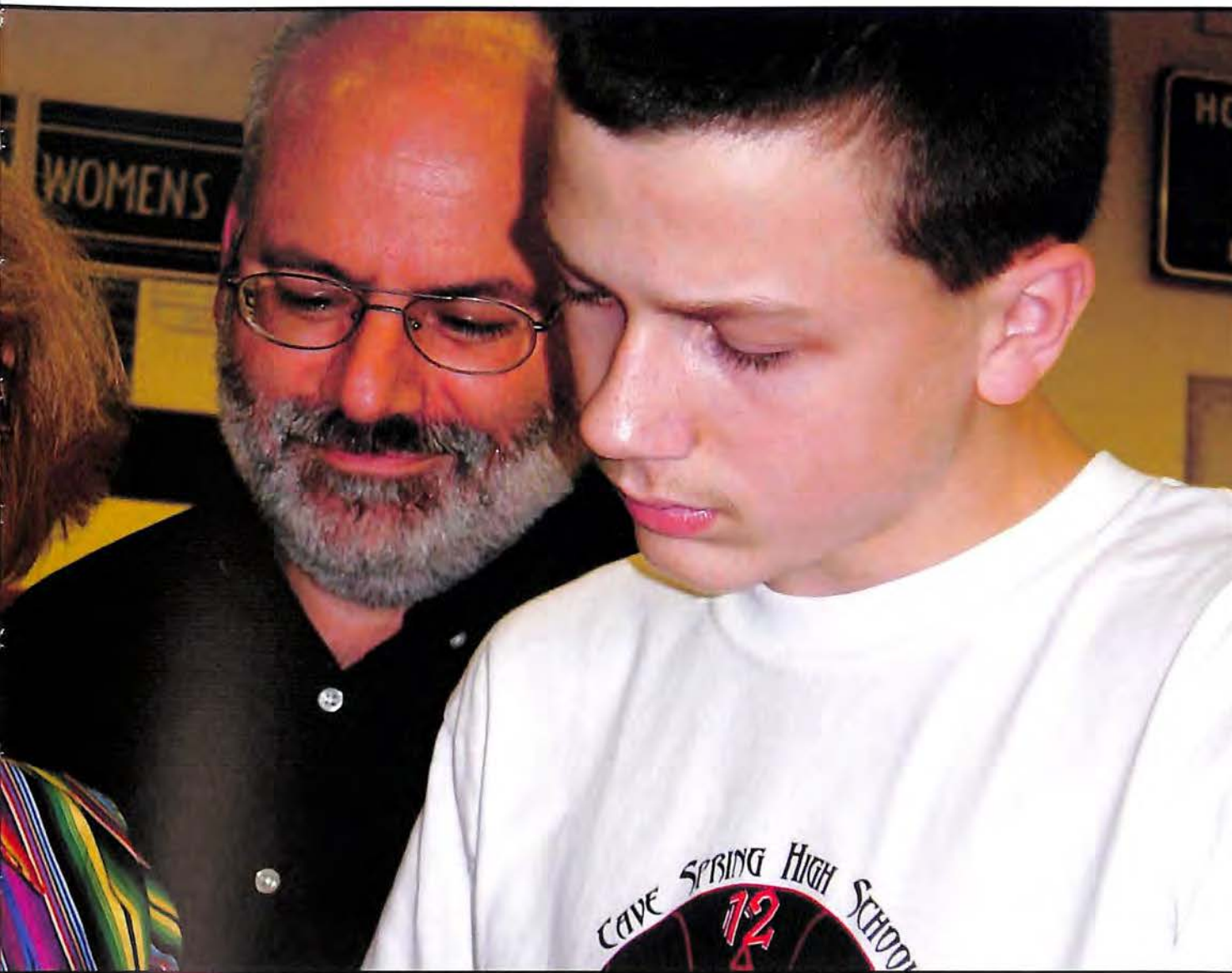
Tina Cannon



Tina Cannon







Camille Miles

This page is dedicated to wonderful fans and supporters of Cave Spring High School. We want to thank everyone for their hard work and dedication.

You stood on the side of the road collecting candy and cheering on our athletes, clubs, and other students. Throughout the fall, the fan support on Friday nights at the football game was amazing. The donations and volunteer efforts for the homecoming dance helped to create a memorable night for all the students.

MidKnight Madness was a huge success. Businesses around the community donated goods to be used as door prizes. Mark Overstreet had a chance to win a car through a basketball shooting contest! During the winter sports season, fans came from around the valley to cheer on the athletes and lend support.

Project 50, Red Ribbon Week, The Renaissance Fair, and the PTSA would not have been successful without the help of the community. Your volunteer efforts, time, and dedication keep the Cave Spring spirit alive!

The numerous volunteers helped to put on After Prom and provide a safe and friendly environment for the students to go to after prom for the evening. The celebration was a huge success.

Thank you for being part of the Cave Spring Family and giving your time and energy into making the 2004-2005 school year a huge success!

*Camille Miles, Maggie Cannon, Carrie Doughty*  
**Yearbook Editors**



Camille Miles



Tina Cannon



Camille Miles



Mrs. Lucky





# Colophon

*thanks for the memories...*



“You” is the 49th volume of the Cave Spring High School Accolade. The book was printed by Jostens, Inc. in Winston- Salem, NC. 700 copies were printed. The theme of the book was developed by Maggie Cannon and Camille Miles at a workshop in Hilton Head, SC. Headlines were written in **Genuine** and *Chelsea* while the captions and body copy were written in *Ebony*. There are 196 pages in the book including the supplement. The CSHS enrollment is 819. The yearbook staff used Adobe Pagemaker 6.5 and 7.0 to create the spreads on the Macintosh G4’s.



**Mrs. Gotschal-** You are such an amazing and strong woman and have truly set an example as a positive role model for each of us. This book would never have been finished without you keeping us motivated, as well as helping with corrections and organization. We thank you for the long hours you spent after school helping with the book. You are so organized with keeping a balance between all your activities. Not only are you a yearbook and newspaper advisor, senior sponsor, drama teacher, pageant coordinator, but you are also a second mom to all of us. **We love you!**

**Carrie**

Our little fashionista! It never ceased to amaze us how many items of clothing were in your wardrobe! You were always a huge help with proofs as well as getting everyone organized! Good luck next year, we will miss you!

**Logan**

So much Ice Cream! You were a wonderful worker, our little editor in training. You are so mature for your age, we keep forgetting you are only a sophomore! You were absolutely tremendous this year!

**Andrea**

Thank you for not ACTUALLY beating up Carrie! Remember the computers can't hear you, so stop yelling at them. Thank you for spending all your lunches in the room to finish your spreads early!

**Leigh**

You are the sweetest staff member ever! You never got mad when we spelled your name like a man (or Leah??). We loved hearing your adorable laugh throughout the room! Thanks for always finishing your spreads early.

**Megan**

Thanks for not complaining too bad when we gave you the tech club spread. You were such a great worker and were willing to do anything we asked.

**Sabrina**

You were such a comic relief with your funny shirts and your funny pictures you found on the internet. You really kept us positive when things got stressful. You are still the cutest little girl in the whole school. "Where's my supersuit!?"

**Camille~**

Thank you for all of the creative ways you helped us through the year. You helped us stay organized and made sure we got things done. Thank you for the food runs when we were here late, maybe one night you'll hear that midnight bell. Enjoy yourself at Radford University with Forrest next year.



We'll miss you!  
The Staff

**Maggie~**

Thanks for all of the support and long hours you've put in this year. You can always make us laugh when times get rough. You are our handy computer woman, who crawls under the tables when no one else will. We know you will have a blast at JMU. Logan promises to come and visit you to see cows. We will miss you, but you have to come back to visit.



We Love you Maggie!  
The Staff

**Lauren**

You are by far the most insane person in yearbook! I am glad you could make lasting bonds with the school staff, and got to see the making of the sweetest cookies in the world!

**Alyssa**

We really bonded with you towards the end of this year. Thank you so much for staying late to finish the book, and always having such a sweet disposition.

**Amanda**

Thanks for being patient with us while we made you share a computer the entire year! You were a great staff member, and we will miss you!

**Natalie**

You're nuts! The whole index, 8hrs of your weekend! We are forever in your debt! Thanks for putting in so much time during the big crunch!

**Alex**

you were so great doing anything and everything we asked you to do! You were always honest with us, and We're ready for the coup next year...

**Lindsey**

Thank you for being so helping and patient during your times on the couch! You were really there for us when we needed to you, and always were so willing to do anything that needed to be done

**Laurinann**

Our little GOOBER. You have been a little ray of sunshine this entire year. Try to keep in touch with your friends from Tech Support over the summer!

**Mrs. Cannon-**

You always kept us motivated, especially when you brought delicious candy! You were always ready, willing and able to come in when we needed you! You were so supportive during our difficult year, it never could've been a spring delivery without you!

**Kelly-**

Thank you so much for coming in late nights with us and pushing us through the proofs! We never would've figured it out without you!

**Mr. Harvey-**

You SAVED OUR TAILS on so many of our spreads this year! Anytime we needed a picture, you always came to the rescue! Thank you so much for helping out the Accolade Staff this year, we couldn't have finished half our spreads without your help!



# Graduation





# g Class of 2005





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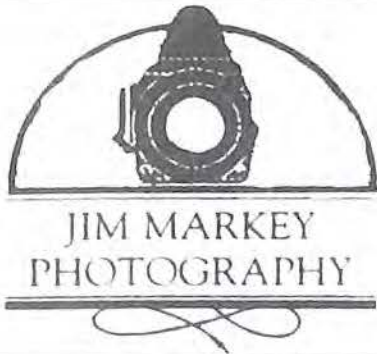
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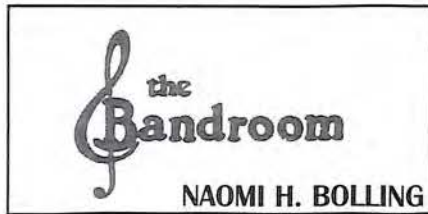
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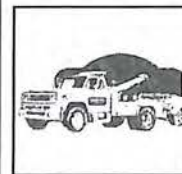


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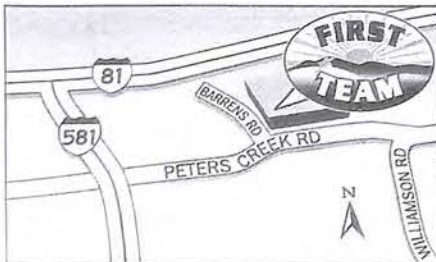
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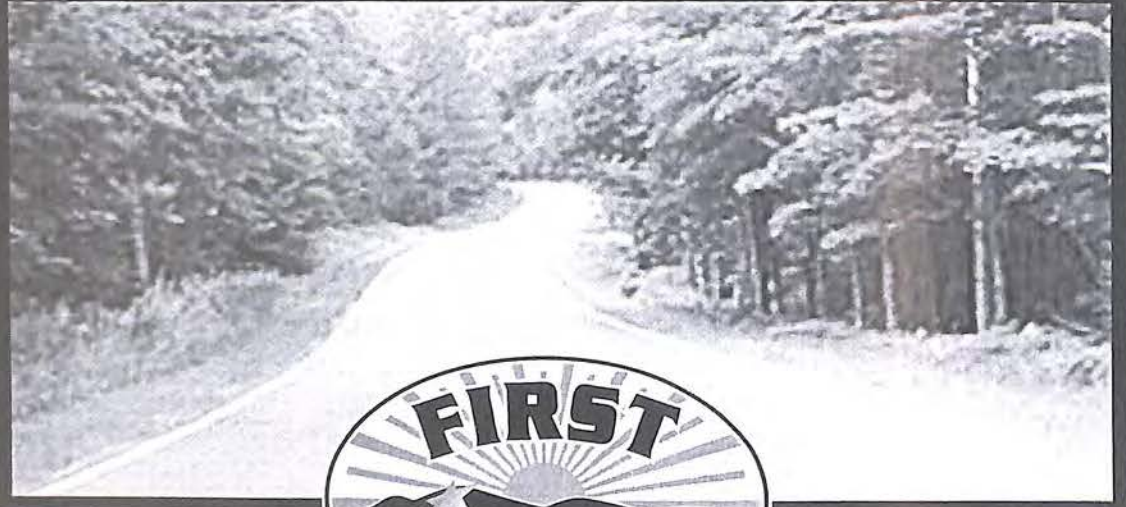
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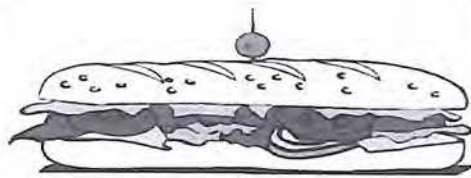


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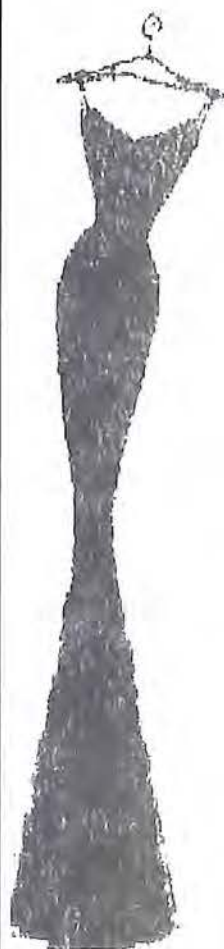
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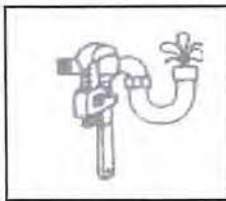
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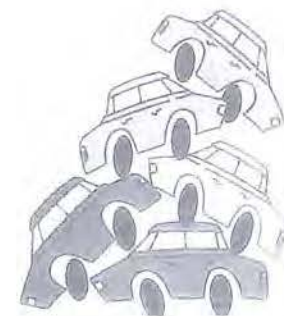
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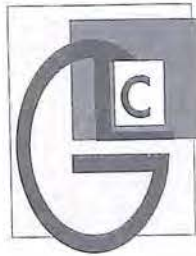
Felicitation Miss Scoots!!  
We are so proud - so draw on...

Ok - Miss Seed - Grow where you are planted!!  
Wherever that maybe...

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Congratulations Class of '05!



Stephanie Melnick



Stephanie Melnick

... Stephanie ...  
 We will watch you with pride as you carry your unique talents and independence into the future. We love you and wish you the best in whatever you choose.  
 Love,  
 Mom, Dad, Melissa, Leah, and Teddy

# Sara



Sara Anderson

*You've come a long way. Baby! We are so proud of you. We would like to keep you home with us forever. But we know you need to fly.*



Sara Anderson

*You will always be our Puddy. Dad, Mom, and Adam*

# Derek

11 years of Chess  
 13 years of Soccer  
 13 years of School

**Movin' on...  
 To the future**

With love from,  
 Mom, Dad, & Justin



Derek O'Dell

Derek O'Dell



Jennifer Craighead

# Jennifer,

We are very proud of you and hope you achieve all of your dreams.

Mom, Jay, and Paul

# "Kate Kathryn Elizabeth Webb"



Kate Webb

From your first day of school until the last... we are so proud of everything you've accomplished and look forward to your bright and happy future.



Kate Webb

**We love you!**

Mom, Kels, and Nolan

# Camille



Camille Miles



Camille Miles

*We cherish the time watching you grow into a beautiful person. Pre-school graduation seems like yesterday. Remember "someday I'm gonna be somebody?" Well, you have arrived. Congratulations as a Cave Spring High School class of 2005 graduate. So proud of you! The future is yours.*

*All our love,*

*Mom and Dad*



Camille Miles



# David

*Congratulations*

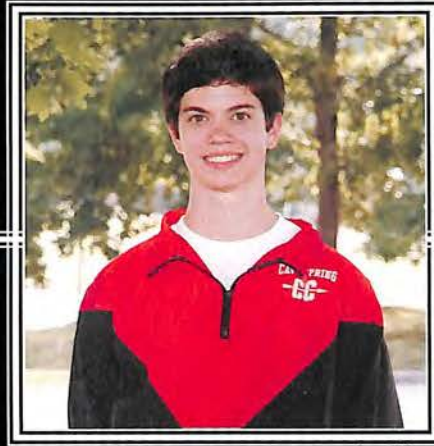
*We are so proud of you*

*Love,*

*Mom, Dad, and Catherine*



David Finkler



David Finkler



Caitlin Morgan

# Caitlin

We always knew that you would be going somewhere special! Jump high and reach for your dreams!

*All our Love,*

Mom, Dad, Meredith, Matthew, and Maggie



Caitlin Morgan

# *Sarah*

**Always follow your heart and you will be a great success.**

**We are so proud of you and all your accomplishments.**

*We love you.*

*Mom, Dad, and Michael*



Sarah Bern



Sarah Bern



Sarah Bern



# *Congratulations, Bonnie*

*As you mold and shape the years ahead of you,  
remember this:*

*Life is like baking a cookie; if you combine your  
memories and dreams and mix in your radiant  
smile, your love of life and people, and your  
empathetic nature, you will be assured of a well-  
rounded future. Thank you for all the joy and  
cookies you've given us in life, and remember,  
we'll always be 'round when you need us.*

*We love you and  
wish you the very best,*

*Mom, Dad, and Erin*



Bonnie Culpepper



Bonnie Culpepper

# **Brian**

**Congratulations!**

**We are so  
proud of you!  
May all your  
dreams come  
true!  
We Love You,**

**Mom, Dad,  
and Ben**



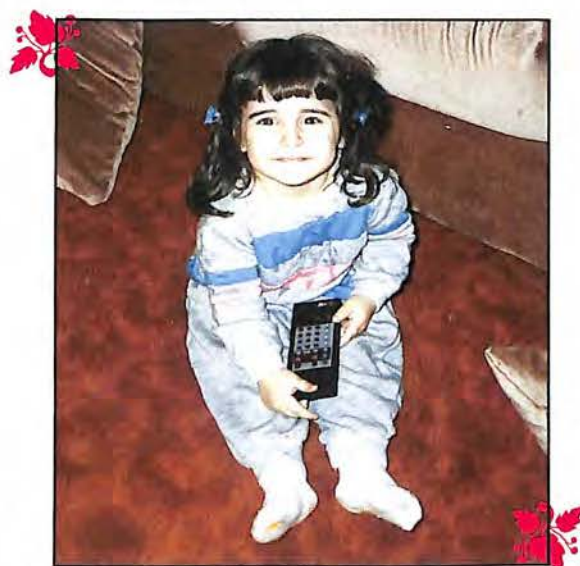
Brian Trent

**R  
O  
S  
E**

**We are so proud  
of you Rose.  
The best is yet  
to come.**



Rose D'Angelo



Rose D'Angelo

**Love,  
Dad, Mom, Sal**



# ROBERT

This young man always like to be clean even if it was in the kitchen sink. From T-ball at age 5, to the varsity at ages 14, 15, 16, & 17, you've always lived a clean life and played a clean game. We're all so very proud of you, Robert. Good luck in the future, in what you do.



Robert Mills



Robert Mills

Our love and best wishes,  
always  
Mom & Dad  
Granny & Paw Paw

# John Bast

**Congratulations!!**

**We are so proud of you!**

*Love, Dad, Mom, and Chris*



John Bast

# Emily,

*No matter where you go or what you are,  
you will always be my Shining Star!  
I am so proud of you.*

*Love,  
Mom*



Emily Elsea

# Trelisha

Our precious angel! We are so proud of you and the young lady you have become. Always keep your dreams close to your heart and you will achieve them. We pray that God will continue to bless you as you center this new phase of your life.

We Love You!

Mom,  
Dad,  
and Trevin



Trelisha Whitehead

# Ian



Ian White

# White

We are so proud of the person you have become and all that you have achieved. You have brought so much wisdom and laughter into our family. Always keep your kind heart and quick wit. Remember to have fun, work hard, and know that we are always here for you. Love, Mom, Dad, Emily, and Sophie.



Ian White



# Lindsey

I am so proud of you! You have worked very hard and look what you have accomplished! Good luck always.  
I love you bunches!  
Mom



Lindsey Hughes

KATE



Kate O'Keefe

*From the first day of school to the last day of school.*

*Congratulations Kate!*

Kate O'Keefe

*We are so proud of you!  
Love,  
Mom, Dad, Thomas and Nick.*



# Kendal

(Woo-Woo)

**"Follow your heart" and stay close to the Lord...**



Kendal Martin

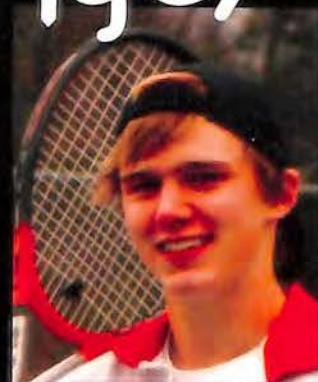
**We are so proud of you and hope your future is as happy as you have made us.**



Kendal Martin

**We "Love ya"  
Mom, Dad, Kelsey**

# Tye,



Tye Hagan

**Congratulations on your Graduation!**

**Where have all the years gone?**

**We Love you,  
Mom, Dad,  
Tom, Piper, and Jenny**

**Proverbs 16:3**



Marie Vitello

Marie,

Throughout your school years you have excelled as a student, athlete, leader, musician, friend, sister and daughter. We are very proud of you, and can't wait to see what's next!



With all our love,  
Dad, Mom, Mark,  
Nora, and John



Marie Vitello



Kara and Kristin,

★ We're So Proud Of You! ★



Kara and Kristin Pevarski

★ Love You,  
Chelsea and Mom



Derek Dooley

Congratulations  
Derek!

You will always be our Superman. We are so proud of you. Best of luck with your future!

Love,  
Mom, Dad  
Ashley & Will



Derek Dooley

Jeremy  
With faith and perseverance you have succeeded. We are proud of you! We are all behind you and have confidence in your future success.



Jeremy Gilbert

Love,  
Mom, Dad, Bruce and  
Rachel

# BARRETT

You have been such a blessing to us. May God bless you in all that you do. We love you so much!

Love,  
Mom, Dad, Brooke, Kevin, and Blaire



Barrett Henderson



Kiara Elkin

# Kiara,

Go out and dazzle the world with your grace.

We Love You!  
Delaney, Cacia  
Mama & Papa



Katherine Reid

# KATHERINE

## Congratulations!

*You have truly blessed our lives with immeasurable happiness. We are so very proud of the person you are and for your commitment to the Lord. As you prepare for your career in medicine and the ministry always remember:*

*"Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart..."*

and

*"Trust in the Lord with all your heart and lean not on your own understanding. In all your ways acknowledge Him and He will make your paths straight."*

Proverbs 3:3 & 3:5-6

*We love you and will always be here for you.*

Love,  
Mom & Dad



Katherine Reid



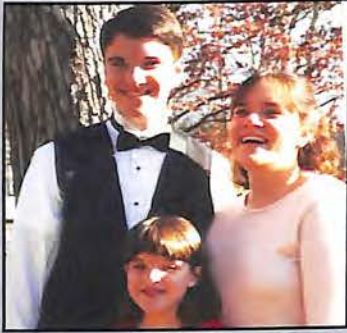
Katherine Reid



Katherine Reid



# ALEX



Alex Kostura

Then and now,  
our favorite  
brother!

We Love You!

Kathryn  
and  
McKenzie



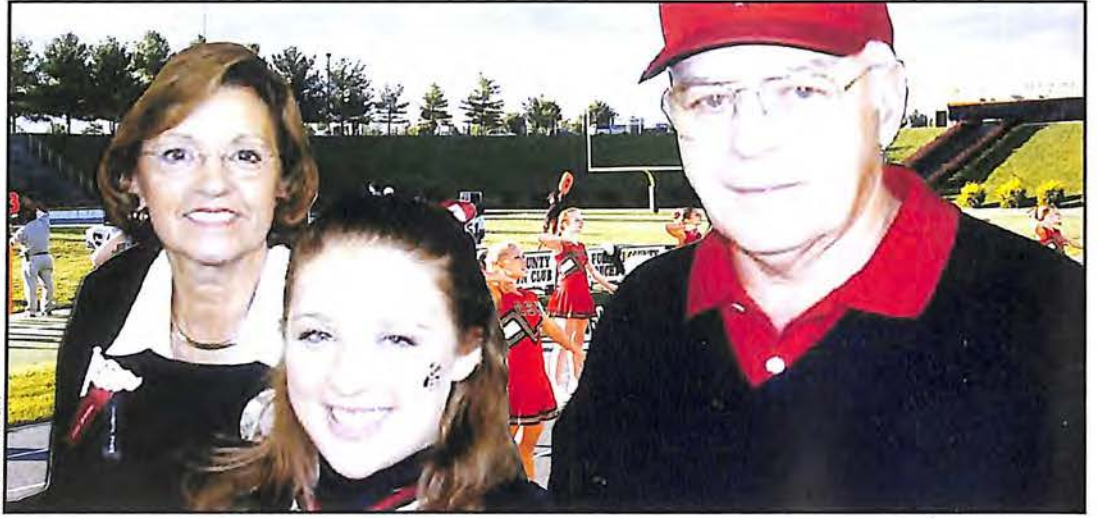
Alex Kostura



Alex Kostura

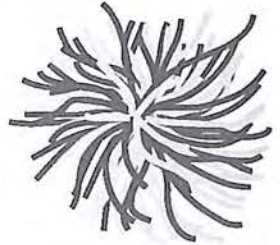
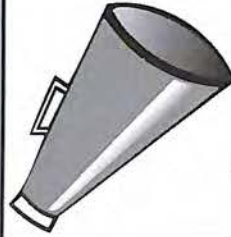
# KENDAL

Remember who you are and whose you are!  
You have been such a blessing to us.



Kendal Martin

We Love You,  
Gran & Pop Pop



# Rachel

"We know one girl who would rather clean  
a stall than her own room."



Rachel Gould

You have brought so much joy into our lives.  
We are so proud of you. May you have all the  
success and happiness life can bring.



Love,  
Mom, Dad, & Chris

# .....JUSTIN.....

We've watched you grow up,  
day by day for 18 years.  
Now you're graduating and  
we want you to know that  
together as a family there is  
nothing we cannot achieve.

We Love You,

Mom  
&  
Dad



Justin Maranetti



Justin Maranetti



# ALAN



Alan Moore

We're so proud of all you've achieved, the lives you've touched, and most of all for being you.

You bring us so much joy. Remember to put God first, work hard, love, play, and live life to the fullest.

*Happiness Always!*  
Love,  
Mom and Dad



Alan Moore

# Maggie

Thanks for the great memories! You are a wonderful daughter and sister.



Maggie McClung

May all your dreams come true. Knowing you, we are confident they will.



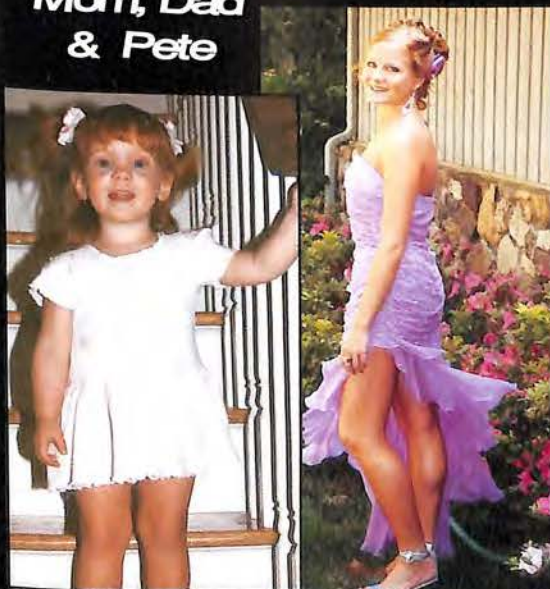
Maggie McClung

*Mom, Dad & Lindsay*

# CHELSEY

Embrace your sense of style! It will take you far.

Our Love Always-  
Mom, Dad & Pete



Caitlin White

18 years of joy in our lives and critters in our house. With your zest for life and boundless energy, we know that life will give you all that you ask for.

# Caitlin



Caitlin White



Caitlin White

Best of Luck, Pookie!

Love,  
Mom, Dad, Tucker,  
Tanner, & Billy



# Alex



Alex Kostura

*"From the Donald Duck nephew chorus, to the Pippin campfire Routine, to "Oops, I did it Again" dance routine, all the way to Broadway - you've been our favorite actor and recording star!"*

**Love  
Momaw  
and  
Aunt Lyn**



Alex Kostura

## *Congratulations*

### Cave Spring High School Band Seniors



Koren Breighner, Stephanie Hodges, Susie Dye, LaToya Jones, Ashley Young, Marie Vitello, Puja Mody, Katherin Reid, Alex Kostura, Ryan Gulliford, David Downing, Jessie Jennings, Mallory Haynes (bottom right), and James Mills (not pictured).

# Alex

Alex Sline



Alex Sline



Alex Sline



Alex Sline



**My brown eyed girl...**

**Eyes like magic and a heart of gold. all of which have touched our souls. As you grow older and time slips away it is hard to express what my heart wants to say. Take a chance and dare to dream. Our love will always guide you.**

*Love Always, MOM and COURTNEY*



JENNIFER



Jennifer Zegas



Jennifer Zegas



Jennifer Zegas

WE LOVE YOU,

Mom, Dad, Daniel,  
and Snickers

ALEX

MUCH LOVE

Thanks for being such a caring person (so entertaining!) We couldn't be happier...or prouder. Your future is unlimited! So- go and make good!

Mom and Dad



Alex Kostura



Alex Kostura



Alex Kostura



Maggie Boland Cannon

You were the angel from the beginning, a gentle beautiful child who brought joy to us when it was needed. Harrisonburg, VA, arriving after JMU football win, fairy godmothers, signature pink, Pop-Pop knowing, Michelle mistaken identity, preschool, Kristi and Ryan, treat or treating with football players. Portland East gatherings, flying kites, hot chocolate just us two, Lindsay's shadow, Colin's protector, trips to the beach, Delaware, Ohio, Michigan, Disney, rubber chicken present, football games, pajama parties, musical productions, and lots of love. Roanoke, VA, the only one who did not cry, Penn Forest Elementary, "BO", tea party, singing national anthem, rec basketball, hat adventures, guardian angels, Salem fair, Key West, cousins, family get-togethers, pat sales character award, campaigns, birthday broken arm, choosing Caroline. New York, "It will be alright Mom", Holden Beach, Christmas Eve, volleyball, athletic trainer, school leader, and caring friend. My dear child I am blessed to be here to see how you have spent your time, all who you have touched in our family are better for having you in their lives. *Dare to be Remarkable Maggie! Always, Mom*

"Life is to be Enjoyed not Endured" Jeff Cannon





# Daniel

Thanks for being such an awesome big brother!  
Have a blast in college!  
Love You,  
Jennifer



Daniel Bukousky



*We've Been Through It All...*  
Senior Cheerleaders 2005

Brandi Holland, Jessica Griffith, Camille Miles, Anna Hancock, Mandy McAden, Kendal Martin

# Trelisba

It's been such a joy to watch you grow into a lovely young lady- inside and as well as out. Follow your dreams and enjoy each day. Be happy! You make us proud to be your grandparents. We Love You!



Michael Jetton



Michael Jetton

**You are a fine young man and we are very proud of you.**

**Love,**

**Mom, Dad, Allison, Elizabeth, and Katherine**

# MICHAEL

# LaToya

We are so proud of our little angel. We wish you the best in life, and may you take God with



LaToya Jones



LaToya Jones

you as you take your first big step toward adulthood.

**Love Mom, Dad, and DJ.**

# AARON



Aaron Bock

**Best Wishes**  
Love Mom, Dad,  
Adam & Goldy



# Courtney

*From pre-school to senior year- here we are already! You're such a great daughter and blessing to your brother-dad-and me. We love you so much!!!*

*-Mom and Dad*

*Matthew 6:33*



Kelly Anglim



Courtney Mixon



Courtney



Courtney Mixon

# Kelly

*You are a shining star*

*We Love You*

*Mom, Dad, Sarah*



Kelly Anglim

# Brandi

You are a precious gift from God! Loyalty, dedication, loving, a friend to the end...these are just a few of the special qualities that make you an amazing young women. May God give you the desires of your heart and make all your plans succeed. Dare to dream and always believe in yourself! We are so very proud of you and we love you so much!

*Congratulations!*

*Love,  
Mom and MeMa*



Brandi Holland



Brandi Holland

# Jennifer

We are so proud of the dreams you have and the conviction you have to make those dreams come true. Your world is bright,

new, and bursting with possibilities! You will always be our sunshine!

*We Love You Very Much,  
Mom, Dad, Chris, and Ryan*



Jennifer Mecca



Jennifer Mecca

# Daniel



Daniel Bukovsky

*We are so proud of you!*

*Love,  
Mom and Dad*



Brandi Holland



# Tracey

Our little girl grows-up!!!!

We hope you find life to be  
 ALL - SO GRAND  
 Work to be fun  
 Health to be good  
 Art to be rewarding

We hope you find Happiness most of all  
 And remember, life is not always fair,  
 but if you look there is always a  
 positive to every negative.  
 NOW go to college!  
 Lots of Love from all your family.



**Sebastian:** Like I always say, Your Majesty, Children have got to be free to lead their own lives.  
**Titon:** You always say that? Well I guess there's one problem left.  
**Sebastian:** And what's that, Your Majesty?  
**Titon:** How much I'm going to miss her.

Love, Mom and Carrie



Tracey Kinsey

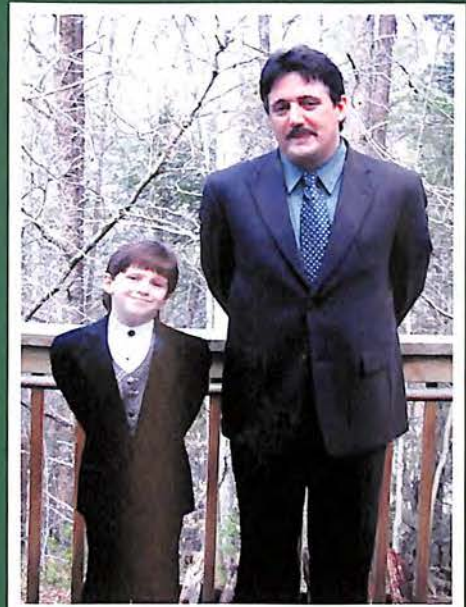


Tracey Kinsey

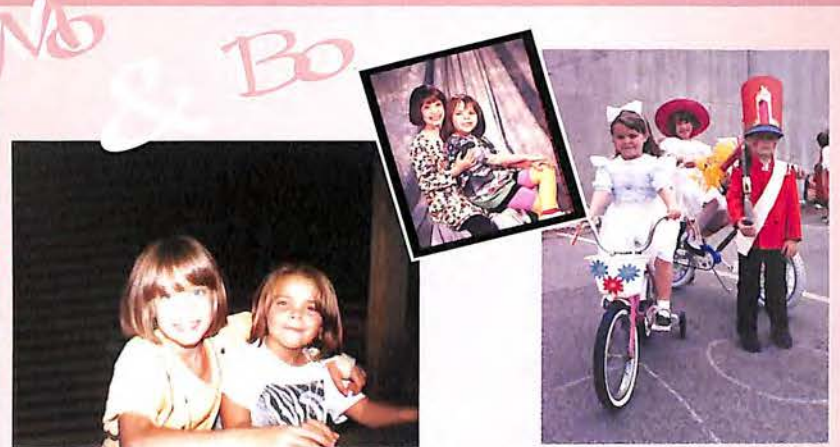


Thank you all for your unselfish gifts of time, your unending dedication to countless endeavors and your numerous sacrifices to the entire Cave Spring High School Community.

Love, Theatre Arts and Journalism



Maggie Cannon and Bonnie Culpepper



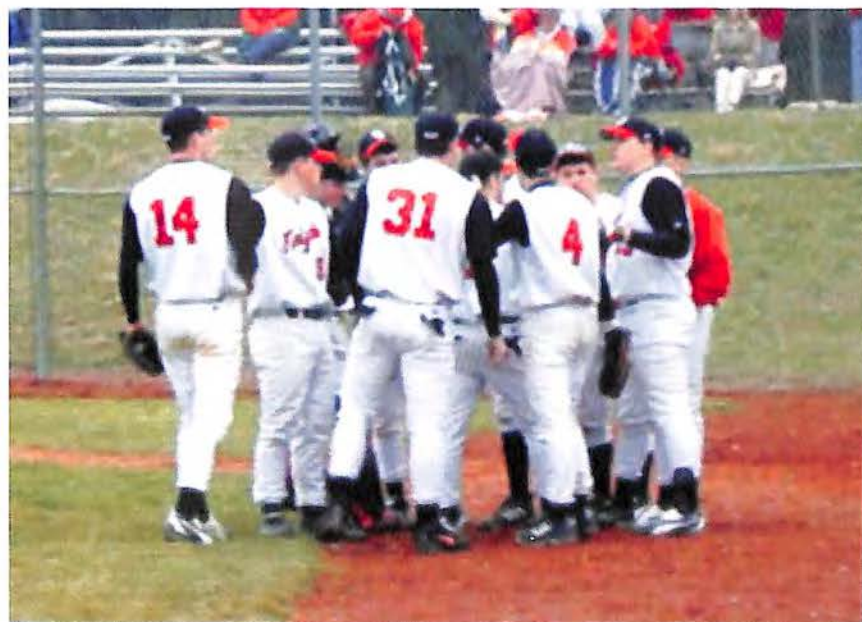
Penn Forest Elementary, to Cave Spring High School,  
 Maggie and Bonnie will remain  
 Friends Forever

friends friends friends friends  
 friends friends friends friends



“ Sports  
do not  
build  
character,  
they  
reveal it. ”

- John Wooden





# Big goals

*for kicking off a successful season*



Leigh Basham



Logan Paris



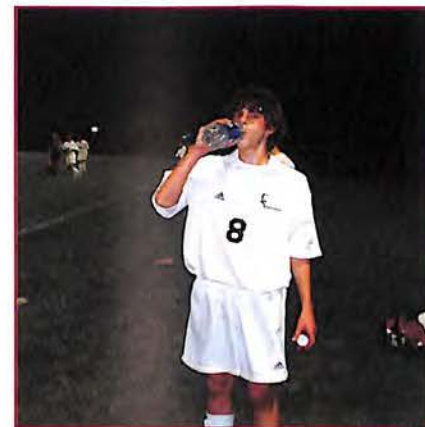
Leigh Basham



Front row: Andrew Kellinger, Shane Butler, Phillip Johnson, Andrew Markey, Luigi Greco  
 Second row: Assistant Coach Danny Bitton, Adam Bock, Beau Austin, Sam Hiatt, Cameron Lee, Derek O'Dell, Zach Cates, Coach Will Simpson  
 Back row: Hal Walker, John Carlin, Clint Custer, Tyler Kerr, Aaron Bock, Ian White, Derek Dooley

Wing IT

BOYS S C H E D U L E	JV games are played after Varsity		
	3/12	Jamboree	
	3/15	Lord Botetourt	
	4/4	Patrick Henry (JV)	
	4/5	Patrick Henry (V)	
	4/6	Lord Botetourt	
	4/8	Jefferson Forest	
	4/12	William Byrd	
	4/14	Patrick Henry (JV)	
	4/15	Patrick Henry (V)	
4/19	Blacksburg		
4/21	Hidden Valley (JV)		
4/22	Hidden Valley (V)		
4/26	salem		
4/29	Pulski Count		
5/3	Christiansburg		
5/6	Blacksburg		
5/9	hidden Valley (JV)		
5/10	Hdden Valley (V)		
5/13	Salem		
5/17	Pulaski County		
5/19	Christiansburg	Home Away	



Camille Miles

Drinking water on the side line, Luigi Greco (9) waits to get back into the game against Patrick Henry. He was one of the starters for the team.



Front row: Anthony Perry, Andrew Kinder, Jordan Pulley, Michael Cilek, Kyle Moir  
 Second row: Alex Profit, Bryan Jellerson, Sam Lasky, Ben Carlin, Vaughan Stevens, Chris Jones  
 Back row: Coach Niles Harvey, Spencer Lendway, Evan Mixon, Sal D'Angelo, Merritt Ford, Michael Bern, Cory Hauschildt, Assistant Coach Jay Poff

Wing IT



Looking for an open shot, Shane Butler (10) passed the ball to one of his teammates. This was Shane's first year of varsity soccer.

Logan Paris





Leigh Basham



Leigh Basham



Leigh Basham

Leigh Basham  
*Sports Editor*



Looking for an open player, Nikki James (10) prepares to kick the ball to a teammate. "I love being on the team with my friends, I can always count on them to help me out when I don't understand something," Nikki said.

Leigh Basham

At practice, Mary-Ashtin Nichols (10), works on the skill of juggling the soccer ball. She was one of the captains for the Junior Varsity team.



Leigh Basham



Wing IT

Front row: Rose D'Angelo, Jessica Hambright, Lydia Riall, Katie Fanti, Jennifer Talevi, Christie McFarland  
 Second row: Lucy Smith, Lindsey Stocks, Jill Bessett, Kelsey Kerr, McKenzie Garst, Areli Tamez, Kelsey Largen  
 Back row: Jennifer Mecca, Coach Glenn Haymen, Allyson Paone, Courtney Riall, Nikki James, Coach Esteban Martinez, Kady Fredstrom, Rachel Beaumont, Jennifer Harvey, Coach Angie Baughman, Sarah Hamby



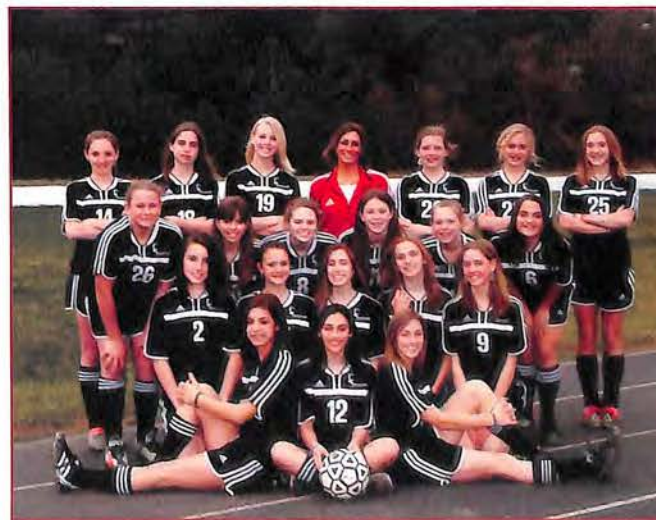
Leigh Basham



**GIRLS SCHEDULE**

3/16 Lord Botetourt	4/22 Hidden Valley (V)
3/24 William Byrd	4/26 Salem
4/4 Patrick Henry (JV)	4/29 Pulaski county
4/5 Patrick Henry (V)	5/3 Christiansburg
4/7 Lord Botetourt	5/6 Blakcsbug
4/12 William Byrd	5/9 Hidden Valley (JV)
4/14 Patrick Henry (JV)	5/10 Hidden Valley (V)
4/15 Patrick Henry (V)	5/13 Salem
4/19 Blacksburg	5/17 Pulaski County
4/21 Hidden Valley (JV)	5/19 Christiansburg

home away



Wing IT

Front row: Mary-Ashtin Nichols, Jamie Barr, Abby Austin  
 Second row: Taylore Graves, Melissa Meinhart, Taylor Yarber, Kelsey Mueller, Kellee Jacobsen  
 Third row: Kylie Kerr.  
 Katy Gordon, Jocie Bernardo, Paige Baumann, Chelsea Custer  
 Back row: Danielle Cohan, Kate Moore, Meredith Walker, Coach Nicole Lapore, Sara Walton, Marion Whisnant, Elizabeth Wilson



# Swinging Into Gear

*Tennis rules the court*



Andrea Thornton



Andrea Thornton



Andrea Thornton



Andrea Thornton

Steven Nowlin (11) anticipates the returned ball. "I love being able to play tennis every-day," said Steven.



Andrea Thornton

Brian Holben (11) concentrates on his teammate's match. Games and practices are always very intense," said Brian.

## BOYS

## S C H U D U L E

3/15	Lord Botetourt
3/22	Patrick Henry
3/24	William Byrd
4/6	Lord Botetourt
4/12	William Byrd
4/15	Patrick Henry
4/19	Blacksburg
4/22	Hidden Valley
4/26	Salem
4/29	Pulaski County
5/3	Christiansburg
5/6	Blacksburg
5/10	Hidden Valley
5/13	Salem
5/17	Pulaski County
5/19	Christiansburg

Home    Away



Andrea Thornton

Greg Malysa (10) ran to hit the ball. "Most of the time we have a lot of fun. The hardest practice we had was on the first day; we did sprinting drills for an hour and a half!" said Greg.

Andrea Thornton  
*Sports Editor*



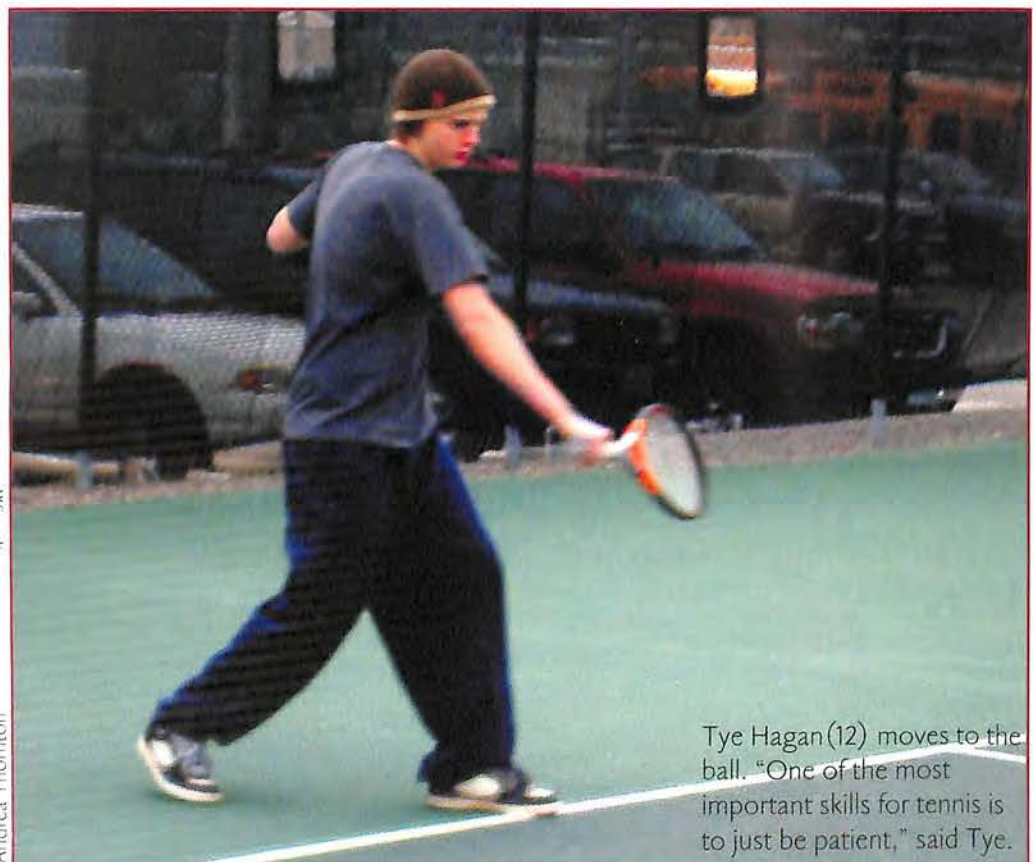
Wing It

**First Row:** Akash Kasari, Greg Malysa, Brian Dugger, Chen Lin

**Second Row:** Evan Jacobs, Sam Smith, Tye Hagan, Adam Neilander, Ryan Davis

**Back Row:** Brian Holben, Chris McCoy, Steven Nowlin, Coach Ross Harvey

Andrea Thornton



Tye Hagan (12) moves to the ball. "One of the most important skills for tennis is to just be patient," said Tye.





Andrea Thornton



Andrea Thornton



Andrea Thornton

Andrea Thornton



Bonnie Culpeper(12) examines her racket. "I always get into my own zone before matches so I can play my best," said Bonnie.



Andrea Thornton

Practicing, Megan Dalton(11) prepares to serve to her teammates. "You've got to get in the right mind set and be determined to win," advised Megan.



Andrea Thornton

Susie Dye(12) reaches to receive the ball. "It's very important to have a positive attitude and always keep your head up," said Susie.



Andrea Thornton



## GIRLS SCHEDULE

3/15 Lord Botetourt	4/26 Salem
3/18 Patrick Henry	4/29 Pulaski County
3/24 William Byrd	5/3 Christiansburg
4/5 Patrick Henry	5/6 Blacksburg
4/7 Northside	5/10 Hidden Valley
4/12 William Byrd	5/13 Salem
4/19 Blacksburg	5/17 Pulaski County
4/22 Hidden Valley	5/19 Christiansburg

Home Away

Wing It



**First Row:** Krista Windschitl, Emily Long, Bonnie Culpeper, Megan Dalton, Heidi Fredstrom  
**Second Row:** Kara Fitzgibben, Shari Thornton, Lauren Goetsch, Leah Miles, Brooke Ulrey  
**Last Row:** Katherine Jetton, Stacey Craighead, Coach Bill Mitchell, Susie Dye, Katie Davies-Ross



# Stepping up to bat

*The knights bring home a run*



Leigh Basham



Leigh Basham



Leigh Basham



Front Row: Barret Henderson, Andrew Feldenzer, Richard Diones, Wade Hammes, Blake Klaiber, Kevin Munson Second Row: David Kaplan, Andrew Sinnes, Robert Mills, John Bast, Jacob Moore, Andrew Sellers Back Row: Coach Duncan, Coach Dunstan, David Redick, Danny Aiken, Alan Moore, Jordan Leet, Coach Boone

Wing IT

Junior Varsity	SCHEDULE	Varsity
H	3/18 Northside	A
H	3/19 Franklin County	H
H	3/26 Glenvar	H
A	4/2 Glenvar	A
H	4/5 Patrick Henry	A
A	4/6 Franklin County	A
A	4/8 William Byrd	A
A	4/14 Northside	H
A	4/15 Patrick Henry	H
A	4/19 Blacksburg	H
H	4/22 Hidden Valley	A
H	4/23 William Byrd	H
H	4/26 Salem	A
A	4/29 Pulaski	H
H	5/3 Christiansburg	A
H	5/6 Blacksburg	A
A	5/10 Hidden Valley	H
A	5/13 Salem	H
H	5/17 Pulaski County	A
A	5/19 Christiansburg	H



Leigh Basham

During the game against Northside, John Michael Bohon(10) pitched the ball to an opposing player. He is motivated by the saying " A pitcher is nothing without a field behind them."



Front Row: Kyle Gibson, Andrew Secrst, Chris Boylan, Brent Ring, Michael Kluge, Kyle Stuart Second Row: Garrett Johnson, Carter Mull, Brett Buckland, Ted Lyle, Michael Austin, Nathan Dodson, Daniel Downing Back Row: Coach Roth, Brady Stovall, Andrew Secrist, Thomas O'Keefe, Cory Pickeral, John Michael Bohon, Peyton Howell, Assistance Coach Philip Wright, Coach Jason Beheler

Wing IT



Leigh Basham

Stepping up to bat, Robert Mills(12) waited for a pitch from his apponent.





Megan Bowles



Leigh Basham



Megan Bowles

Leigh Basham  
*Sports Editor*



Leigh Basham

Taking a few trial swings, Meredith Moore(9) waited for the pitcher to throw the ball. "You've got to have love for the game or else it wouldn't be fun," she said.



Megan Bowles

Kirsten Boyd(10) threw the ball to one of her teammates during practice. This was Kirsten's second year playing for the Knights softball team.



Leigh Basham



Wing IT

Front Row: Courtney Cooper, Kim Hunt, Kendal Martin, Jaci Clark, Mary Swaffar Second Row: Jessica Lancaster, Grace Kitchen, Jillian Sullivan, Jessica Boatwright, Meredith Moore, Mackenzie Meador, Chelsey Kelly



Wing IT

Front Row: Brittany West, Rachel Crum, Sarah Mitchell, Olivia Ferguson, Alea Bier, Jackie Harris, Ana Resnik Second Row: Coach Taliaferro, Monica Boatwright, Kristin Boyd, Lauren Gould, Kayla Spurgeon, Kristin Hambright, Coach Kilbane

V	JV	V	JV
H 3/15 Jefferson Forest	A	4/26 Salem	A
3/18 James River(JV)	H	4/29 Pulaski County	H
3/22 Franklin County(JV)	A	5/2 Christiansburg(JV)	H
TN 4/2 Gibbs Tourney(V)	H	5/3 Christiansburg(V)	H
4/4 William Byrd(JV)	H	5/6 Blacksburg	A
4/8 James River(JV)	A	5/10 Hidden Valley	H
A 4/14 Northside	H	A 5/13 Salem	H
A 4/19 Blacksburg	H	H 5/17 Pulaski County	A
H 4/21 William Byrd(JV)	A	A 5/18 Jefferson Fores	H
4/22 Hidden Valley	A	A 5/19 Christiansburg	A

**SCHEDULE**





# Picking Up Speed

*Track kicks it up a notch*



Andrea Thornton



Andrea Thornton



Andrea Thornton



**First Row:** Molly Briggs, Hannah Seagle, Ronica Richardson, Lauren Knuppel, Koren Breaner, Katy Mixon, Nikki Harvey, Dana Orr, Mary Woody, Nina Edwards **Second Row:** Julie Jones, Jackie Zillioux, Stacey Craighead, Tina Crawford, Lauren Sledd, Lauren Clary, Allison Crawford, Laurel Sitze, Melissa Ivanco, Lauren White **Third Row:** Aimee Veatch, Kara Campbell, Sarah Lilly, Katelyn Reilly, Lauren Lyon, Melissa Cordell, Stephanie Crawford, Kaylin Foor **Last Row:** Kayla Caldwell, Katherine Jetton, Rebecca Henderson, Christina Perry, Kate Webb, Marie Vitello, Jane Jennings, Megan Boehling, Stephanie Dehart, Ava Stevens

## SCHEDULE

4/1	Floyd County
4/6	Blacksburg/PH
4/9	Radford Invitational
4/13	Hidden Valley
4/20	William Byrd
4/22-23	Cosmos
4/27	Salem
5/4	Pulaski/Franklin Co.
5/7	VMI Invitational
5/11	Christiansburg

Home Away



Andrea Thornton

Matthew Morgan(10) jumped from box to box to improve his verticle. "Hurdling is hard because you've got to be able to run fast and clear the hurdles at the same time," said Matt.

Andrea Thornton  
*Sports Editor*



**First Row:** Jeff Chrisman, Daniel Oh, Daniel Overstreet, David Finkler, Lee Bradshaw, Trey Tyler, Spencer Lendway, Tim Smith, Jeremy Gilbert **Second Row:** Brian Dodson, Max Snyder, Ryan Capps, Justin Smedley, Billy Mueller, Shaun Ferguson, Darryl Keeling, Nick Thrasher **Third Row:** Antonio Hill, Jeff Wardach, Scott Barrier, Doug Currie, Danny Bishop, David Kessel, Chris Downie, Matt Morgan **Last Row:** Jeremy Spradlin, Matt Davis, Josh Roupe, Wayne Breighner, Jake Gerl, Ian Cardenas, Steven Wright, John Jennings

Andrea Thornton



Practicing quick takeoffs, the sprinting team lined up in 'set' position. "Coming off the starting line is one of most important techniques of sprinting. A good start can either make or break your race," Lauren Sledd(11).



# Accolade 2004-2005

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### Art Honors

Row 1: Lael Whiteside, Jessie Ferguson, Michelle Madison, Jessica Goodspeed  
 Row 2: Jaclyn Atkinson, Kara Fitzgibbon, Rachel Freeman, Amanda Young, Kristin Williams  
 Row 3: Cody Greene, Justin Yun, Sara Equi, Keely Peters, Lauren Gerl, Bailey Glasscock, Paul Bernardo



### French Honors

Row 1: Christina Perry, Kate Webb, Amanda Neighbor, Jessica Jones, Bethany Shelton  
 Row 2: Kristen Pevarski, Jane Jennings, Sarah Kane, Sarah Hamby



### SADD

Row 1: Jennifer Mecca, Ben McGee, Laura George, Katie Davies-Ross, Lora Light  
 Row 2: Koren Breighner, Nora Vitello, Emily Lory, Casey Leffevers  
 Row 3: Chirs Mecca, Doug Currie, Mallory Haynes, Laura Ireson



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### BETA Club

Row 1: Paja Mridy, Alex Keistura, Kendal Martin, Michael Jettor  
 Row 2: Kumi Bringham, Stephanie Hodges, Corey, Amanda Neighbors, Karen Thompson  
 Row 3: Kate Webb, Sarah Bern, Andra Jasi, Christina Perry, Samantha Anderson, Ryan Faulkford  
 Row 4: Alex Lemmer, Susan Dye, Derek Donley, Darin Overstreet, Kristen Pevarski, Lora Light



### Freshman Officers

Row 1: Megan Bowling, Taylor Yarber, Leah Miles, Jordan Cates



### Newspaper

Row 1: Clarie Guzinski, Chelsea Custer, Danielle Alvarez, Kelsey Bryant, Lindsey Hughes, Brian Boscene  
 Row 2: Lauren Gould, Jessi Pearson, Michael Doughty, Micah Pasquarelli



### Sophomore Officers

Row 1: Sai D'Angelo, Janel Lambach, Katherine Jettor, Meaghan Dill





### Leo Club

Row 1: Aaron Bock, Puja Mody, Maggie Cannon  
 Row 2: Adam Neilander, Katie Mixon, Amanda Neighbors, Lauren Ammar, Ashley Young, Carrie Doughty, Maeghan Cliniecki  
 Row 3: Melissa Bernitt, Paige Earls, Paul Bernardo, Joyce Metzler, Ryan Hall, Doug Currie



### Spanish Honors

Row 1: Maggie McClurg, Kiara Gomez, Sarah Bern, Jessica Lancaster, Kara Campbell, Priscila Nakano-Apoorva Acharya, Betty McGee  
 Row 2: Lauren Geri, Rebecca Almond, Lara Light, Ashley Poage, Alex Veatch, Julie Sabik, Ryan Gulliford, Brian Duggar  
 Row 3: Tye Hagon, Alex Lenna, Daniel Bukovsky, Ian White, Alex Kostura, Puja Mody, Adam Neilander, David Finkler, Bob Findley



### FCA

Row 1: Susie Dye, Bethany Shelton, Wendy Young, Kate Mixon, Michael Jones  
 Row 2: Sarah Kerr, Brandi Holland, Channing Porter, Kendal Martin, Kiera Windum, Stephanie DeHart, Kenzie Conner, Cassie Baker  
 Row 3: Will Osbourne, Stacey Craighead, Katherine Jettlin, Jessia Boatright, Kate Davis Ross, Alexa Tolusso, Kellee Jarriston, Jennifer Harvey, Kaylin Fidor  
 Row 4: Andrea Thiboutot, Andrew Helebrich, Alan Moore, Danny Aker, Sam Kerr, Andrew Seibert



### DECA

Row 1: Britt, Micke, Jackie Reins, Ashley Overstreet, Mandy McAden  
 Row 2: Claire Elm, Melissa Hagan, Shannon Showalter, Ashley Moore, Kellee Jarriston, Channing Porter, Emily Nichols, Erica Wiegand  
 Row 3: Joe Rukert, Sam Smith, Mikeline Meador, Jennifer Harvey, Demi French, Maggie Wagner, Sam Kerr, Justin Smedley

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### Equestrian Club

Row 1: Jessica Goodspeed, Kelly Angim, Cat West  
 Row 2: Kristie Boyd, Katie Gordon, Michelle King, Sarah Bowler, Reanna Williams  
 Row 3: Amanda Baker, Ashley Crum, Paul Bernardo



### FBLA

Row 1: [Illegible]  
 Row 2: [Illegible]  
 Row 3: [Illegible]  
 Row 4: [Illegible]



### Fine Arts Club

Row 1: [Illegible]  
 Row 2: [Illegible]  
 Row 3: [Illegible]  
 Row 4: [Illegible]



### Key Club Seniors & Juniors

Row 1: [Illegible]  
 Row 2: [Illegible]  
 Row 3: [Illegible]  
 Row 4: [Illegible]





**Senior Officers**  
Row 1: Puja Mody, Bonnie Culpepper, Kendal Martin



**Library Runners**  
Row 1: Kelly Hall, Emma Berry, Ronica Richardson, Danielle Conner, Kate Johnson, Leah Miles  
Row 2: Lindsey Epperly, Krystal Rogers, Jeremy Spradlin, Rachel Gromada



**Latin Honors**  
Row 1: Zac Cates, Joanna Delaney, Susie Dye, Joyce Metzler, Scotty Hardwig



**Peer Mediators**  
Row 1: Sara Kerr, Laura Jones, Rachel Burks  
Row 2: Jennifer Mecca, Jen Bukovsky  
Row 3: Ava Stephens, Alex Kostura, David Kaplan

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**German Club**



**Flag Corp & Featured Twirler**  
Row 1: Stephanie Hodges, Puja Mody, Katherine Reid, Jessie Jennings, Ashley Yisung  
Row 2: Molly Wetstater, Shannon Thornhill, Amy Scott, Laura Jensen  
Row 3: Savannah Jones, Kaitlin Baker



**Drill Team**  
Row 1: Julie Jones, Becca Almond, Heather Couture  
Row 2: Lael Whiteside, Kate Johnson, Lydia Tran, Mallory Myers  
Row 3: Lauren White, Sara Equi



**Debate Team**  
Row 1: Caroline Muelenaer, Jackie Zilloux





### Student Aids

Row 1: Chelsea Hamilton, Mallory Haynes, Tessy Henry, Amanda Neighbors, Kendal Martin  
Row 2: Andrew Sellers, Maggie Cannon, Katie Davies-Ross, Kara Pervarski, Kristin Pervarski, Allison Paone, Jaci Clark, Chaffin Scott, Betsy Hudson



### Knight News

Row 1: Erica Horseman, Valerie Gurevich  
Row 2: Emily Ewoldt, Caitlin Morgan, Jennifer Bukovsky



### Choir

Row 1: Mark Passeretti, Janel Lambach  
Row 2: Andrew Henohan, Reanna Williams, Natalie Mardoyan, Courtney O'Quinn, Amanda McConkey, Sarah Bowyer, Brittany Simmons  
Row 3: Julia Coad, Megan Hodges, Cynthia Vaughan, Amy Chang, Chris Mecca, Romica Richardson



### FCCLA

Row 1: Tracy Shaver, Megan Bowyer, Janel Lambach, Rachel Longline, Heather Conner, Kate Gaven Ross, Ashley Jough, Rebecca Almond, Romica Richardson, Kaitlyn Vaught  
Row 2: Allyson Bink, Shane Butler, Philip Yamine, Kaitlyn Vaught, Amanda Young, Janel Ewoldt, Tracy Bennett, Heidi Diagonaro, Kristina Dwyer, Nyla J. J. J.  
Row 3: Kaitlyn Vaught, Megan Bowyer, Catherine James, Shana Morrison, Kaitlyn Jetter, Kim Hunt, Brooke Jones, Kristin Deweese, Janel Lambach, Kaitlyn Vaught, Viki Kaza, David Knight, Evan Malone, Edin Coffey, Romica Richardson, Tracy Shaver, Janel Lambach, Rachel Longline, Kristen Redwine

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### Junior Officers

Row 1: Precilla Nakano, Emily Ewoldt, Rachel Jurgens, Brian Bowyer



### TSA

Row 1: Jane Jennings, Brian Trent, Andrew Sellers  
Row 2: Juliann Greco, Grace Kytchen, Hal Walker, Chris McCoy



### LEO Club

Row 1: Aaron Bock, Maggie Cannon, Michael Jetton, Jackie Zilliox, Brian Bosche  
Row 2: Susie Dye, Kendal Martin, Channing Porter, Carrie Doughty, Heather Chutire





### Science Club

Row 1: Katherine Reid, Akash Kesari, Maggie Cannon, Derek O'Dell  
 Row 2: James Hinkle, Cel Arrington, Vicki Kasza, David Kessel, Rebecca Henderson  
 Row 3: Jerrod Tackett, Kyle Murphy, Paul Bernardo



### Drama Club

Row 1: Ms. Gotschal, Colin Cannon, Kelly Anglim, Jennifer Bukobsky, Alex Veatch, Chris Meila, Kenzi Conner  
 Row 2: Laura Pope, Michelle Perry, Kaitlyn Baker, Caryn Lettice, Caitlyn Conway, Jessica Pollock, Megan Glassman, Alyssa Walton, Lindsey Hughes, Danielle Alvarez, Valerie Wilson  
 Row 3: Sarah Anderson, Kristen Boyd, Samantha Kessel, Karinne Ellis, Jaelyn Atkinson, Santiago Prada, Sarah Miller, Meghan DeNevis, Tina Wright, Sarah Anglim  
 Row 4: Doug Currie, Jessica Craighead, Amee Veatch, Sarah Smith, Brandi Cooper, Paul Bernardo, Reed Braten, Emily Ewaldt



### Chess Club

Row 1: Koren Breighner, Doug Frank, Daniel Oh  
 Row 2: Kevin Zhang, Jeremy Gilbert, Derek O'Dell



### Guidance Runners

Row 1: Ashley Akers, Michelle Fisher, Meghan Dill, Mary Woody, Niki James, Erica Horseman  
 Row 2: Alex Kostura, Jenny Hale, Lindsey Epperly, Kristie Moore, Jillian Sullivan, Puja Mody, Laura Ireson, McKenzie Garst  
 Row 3: David Finkler, Ciaran Rea, Joe Ruckert, Ryan McFague, Stephen Meinhart, Coles Terry

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### Spanish Honors

Row 1: [Names obscured]  
 Row 2: [Names obscured]  
 Row 3: [Names obscured]  
 Row 4: [Names obscured]



### KPP

Row 1: Charles Sublett, Alan Moore  
 Row 2: Camille Miles, Brandi Holland, Kendal Martin  
 Row 3: Lauren Coetzee, Brooke Urey, Katie Hoffman, Courtney Cooper, Britney Laine, Kenzie Conner, Stephanie Crawford  
 Row 4: Amanda Coulter, Laurmann Link, Megan Boering, Leah Miles, Katie Davies, Ross, Joyce Metzler



### Guidance Advisory

Row 1: Kaite Davies, Ross, Alex Kostura, Jennifer Bukovsky





### Yearbook

Row 1: Mrs. Gotschal, Carrie Doughty, Maggie Cannon, Camille Miles  
 Row 2: Alyssa Wilson, Amanda Young, Megan Bowles, Leigh Basham, Sabrina Rackow  
 Row 3: Laurinann Link, Natalie Mardoyan, Lauren Sledd, Andrea Thornton, Alex Veatch, Logan Paris, Lindsey Baumel



### Concert Band

Row 1: LaToya Jones, Lauren Harris, Kayla Caldwell, Brenna Courtright, Megan Glassman, Katie Clay, Nick Eichblatt  
 Row 2: Sarah Bingham, Heidi Fredstrom, Kristen Wade, Brittany Frost, Eric Lefevers, Evan Motley, Greg West  
 Row 3: Maria Pasquarell, Will Harriman, Derek Mastrangelo



### Key Club- Freshman & Sophomores

Row 1: Kristen Deweese, Irena Stanisic, Kacie Hoffman, Janer Cambush, Laura Pope, Kelley Bryant, Brittany Harlow, Hailey Earls, Nichole Clemion, Jennifer Mabry  
 Row 2: Tim May, Amy Chang, Kristen Jones, Megan Boehling, Merritt Ford, Hannah Babcock, Clay Nash, Kellee Jacobson, Lauren Knuppel, Sarah Beth Kerr  
 Row 3: Amber Lea Harrison, Kristen Redwine, Cameron Lee, Jacki Clark, Alexa Tolusso, Katherine Jettus, Andrew Sechrist, John Jennings, Samuel Kerr, Cody Greene



### Jazz Band

Row 1: Paul Lendway, Koren Breighner, Josh Roupe, Andrew Gilliam, Eric Lefevers  
 Row 2: Derek Mastrangelo, Will Harriman, Laura George, Lynda Carr, Amanda Mauer, Alex Kostura, Ian Magee

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### Band

Row 1: Irena Stanisic, Kacie Hoffman, Janer Cambush, Laura Pope, Kelley Bryant, Brittany Harlow, Hailey Earls, Nichole Clemion, Jennifer Mabry  
 Row 2: Tim May, Amy Chang, Kristen Jones, Megan Boehling, Merritt Ford, Hannah Babcock, Clay Nash, Kellee Jacobson, Lauren Knuppel, Sarah Beth Kerr  
 Row 3: Amber Lea Harrison, Kristen Redwine, Cameron Lee, Jacki Clark, Alexa Tolusso, Katherine Jettus, Andrew Sechrist, John Jennings, Samuel Kerr, Cody Greene



### Band Officers

Row 1: Nora Vitello, Lynda Carr, Laura Ireson  
 Row 2: Beth Mcgee, Allyn Clark, Andrew Guillam, Megan Dalton



### Girls Lacross Team





**SCA**

Row 1: someone, Brian Bosche, Mandy McAden, Michael Jetton, Maggie Cannon, Aaron Bock  
Row 2: Susie Dye, Kendal Martin, Channing Porter, Heather Couture, Carrie Doughty



**French Club**

Row 1: Laurel Kiser, Christina Perry, Sarah Bell, Asia Kikura, Tay Magill  
Row 2: Christi H., John Quinteri, David Fowler, Brian Holzen, Chris McCoy, Michael Berni  
Row 3: Ian Miller, Adam Neander, Sean McGee, Rebecca Almond, Alexa Tolazzo, Beth Winters, Maggie McLaugh, Kara Gomez  
Row 4: Ashley Rouge, John Sabik, Shannon Townsend, Channing Porter, Katherine Red, Jesika Melli, Betty Huston, Rachel Gramada, Phyllis Nakano, Claire Guzzini



**Marching Band**

Row 1: Cassie Baker, Lauren White, Lydia Fu, Heather Cloutier, Mallory Myers, Kate Johnson, Julie Jones, Lael Whiteside, Sara Egan, Bozsa Almond, Katherine Reed  
Row 2: Joannia Delany, Laura Reppin, Pua Moody, Malory Haynes, Molly Webster, Jessie Jennings, Amy Scott, Ashley Young, Stephanie Hodges, Lynn Baker, LuToya Jones  
Row 3: Tim Smith, Alyn Clark, Beth McGee, Carey Kiffin, Briana Courtwright, Nora Vitello, Emily Long, Beth Breznikamp, Christa Scherbaum  
Row 4: Aidan Rea, Kristen Wade, Evan Motley, Michal Pasquarrell, Haley Wells, Megan Dalton, Nick Eichblatt, Hans Yun, Megan Glassman, Kate Clay, Laura George  
Row 5: Maria Pasquarrell, Kirsten Breghner, Skye Kea, Andrew Gilliam, Derek Mastriaglio, Josh Rowan, Zach Rice, Will Hamman, Marie Vitello, Jasmine Fleisher, Amanda Mauer, Lynda Carr, David Downing



**Ultimate Frezzebee Team**

Row 1: Ryan Epperly, Gel Arrington, Adrian Staniecki, Jameson Hinkle  
Row 2: Naveen Nadanam, Coach Joe Antone  
Row 3: Sam Kerr, Akash Kesar, Pat Mallin, Mike Hodges, Jeff Bradant, Drew Myers, Greg Moore, John Campbell, Amanda Mauer

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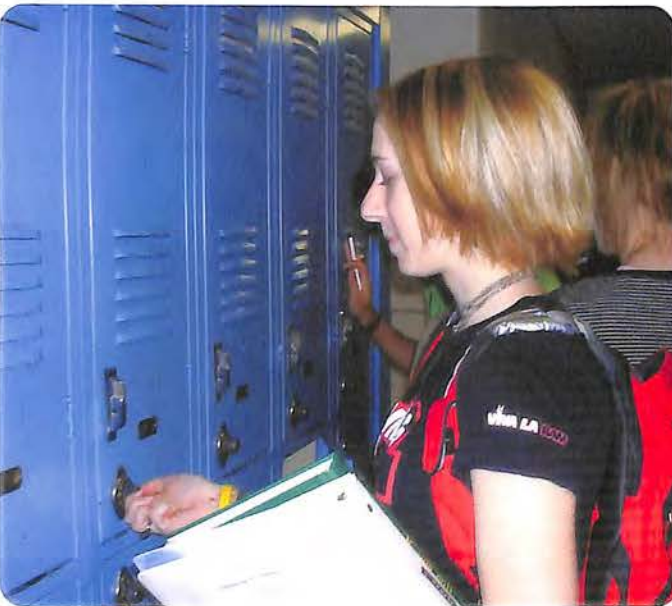




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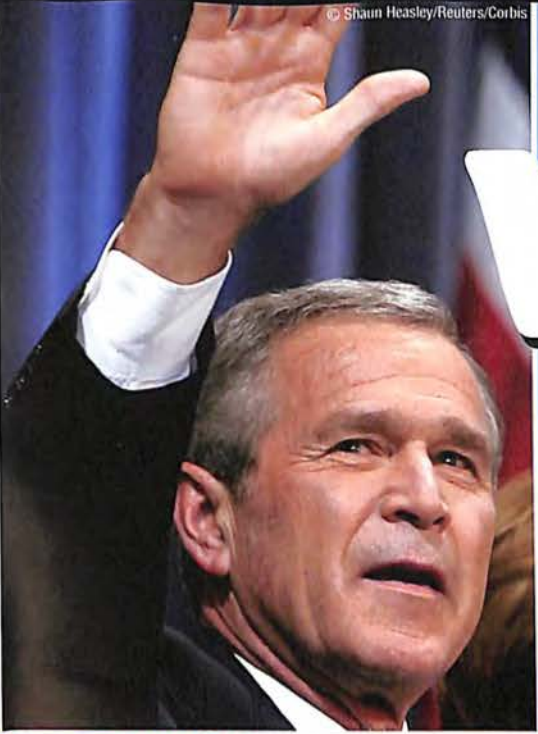


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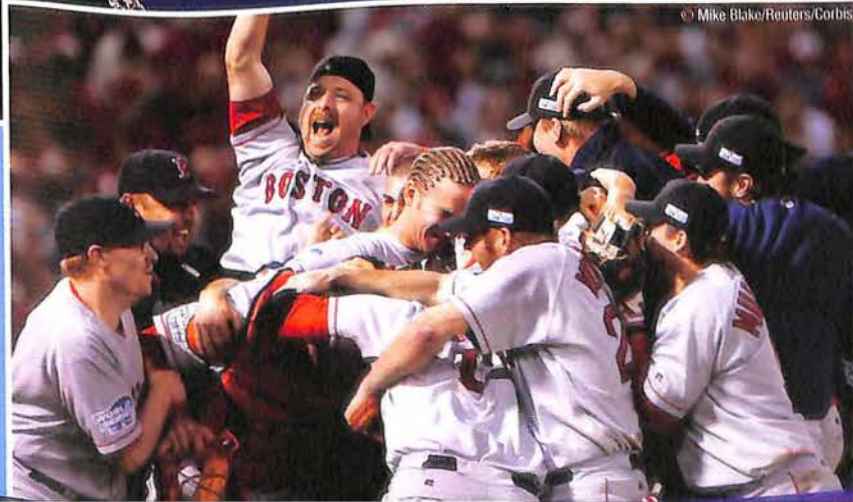
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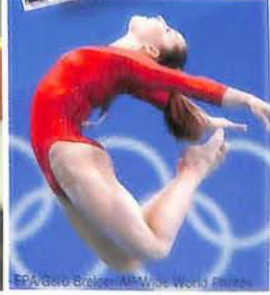
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