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*Live in the Making*









# Cave Spring High School

Acadade 2007



# A Timeline In The Making

3712 Chaparral Drive  
Roanoke, VA 24018

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# A Timeline in the Making



Wing-IT

**KNIGHTS** Michael Cilek(11), Matt Burnette(11), Kevin Banks(11), Alex Proffit(12), Ben Perfater(11), Merrit Ford(11), Ian Carol(11), and Jeppe Jeusen(12) all showed school spirit by painting up for the homecoming game against Alleghany. Ben said, "The idea for painting up came up one day at lunch then we spread the idea to our other friends. We also bought plastic helmets, swords, and silly string. People enjoyed watching us freeze; I couldn't last the whole game, I had to put on my jacket."



Mrs. Gatschal

**PICTURE DAY** Megan Glassman(11) sits and smiles for the camera while having a yearbook photo taken by Wing-IT Photography. Megan said, "It's always stressful trying to decide what outfit to wear for picture day."



**POWDER-PUFF** The Senior Powder-puff team, cheerleaders and coaches take a group photo after the game. Seniors won 12 -6.

August 22 - 25

Welcome Back

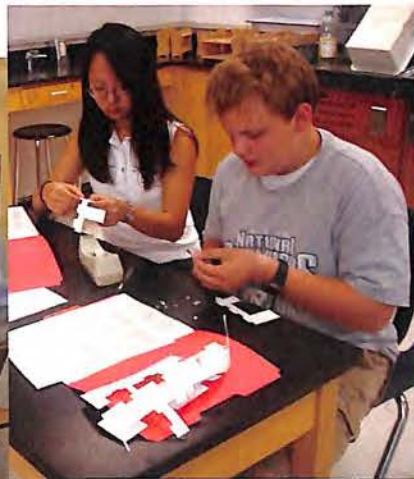


**A**s a short lazy summer came to a close everyone prepared for the upcoming year! Students and faculty quickly settled into new routines. Friday night football games were the first order of business. As the weather changed, academics took center stage. Freshmen eagerly began their high school career. Students quickly learned the importance of studying for tests and exams. They put forth effort into all of their assignments. Juniors decided on what class ring they were going to select and started thinking about the colleges that they might want to attend. Seniors of course got a bad case of senioritis and were ready to leave the nest and start a whole new chapter of their lives.

Thus, another timeline for the Knights was complete.

*Rachel Trantz*  
Editor

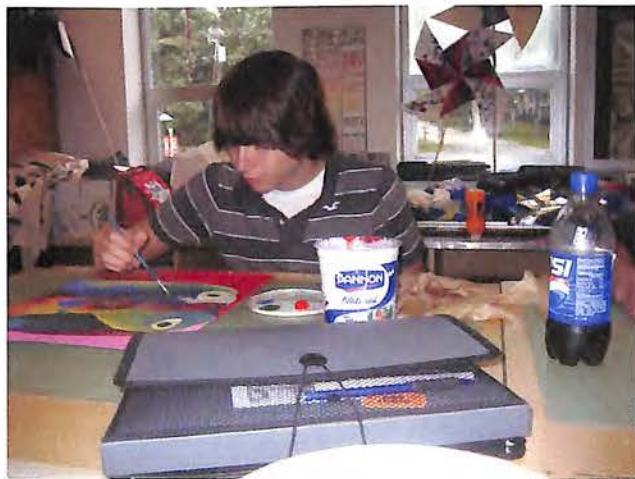
*Laurin Ann Link*  
Editor



Mrs. Gotschal

Mrs. Gotschal

Mrs. Gotschal



Mrs. Gotschal

**PAINTING** Geoff Bernardal(12) works on a painting in his 2D art class. Geoff said "I like this class because it is different than the rest of my classes and it is more laid back. I needed another credit and I enjoy drawing and painting."



Kaylin Foor

**ART** Kristen Kyle(11) works on a piece for art class, to be turned in along with 9 other mediums. Kristen said, "Art is one of the best ways I can express myself. This piece was African inspired."



Mrs. Gotschal

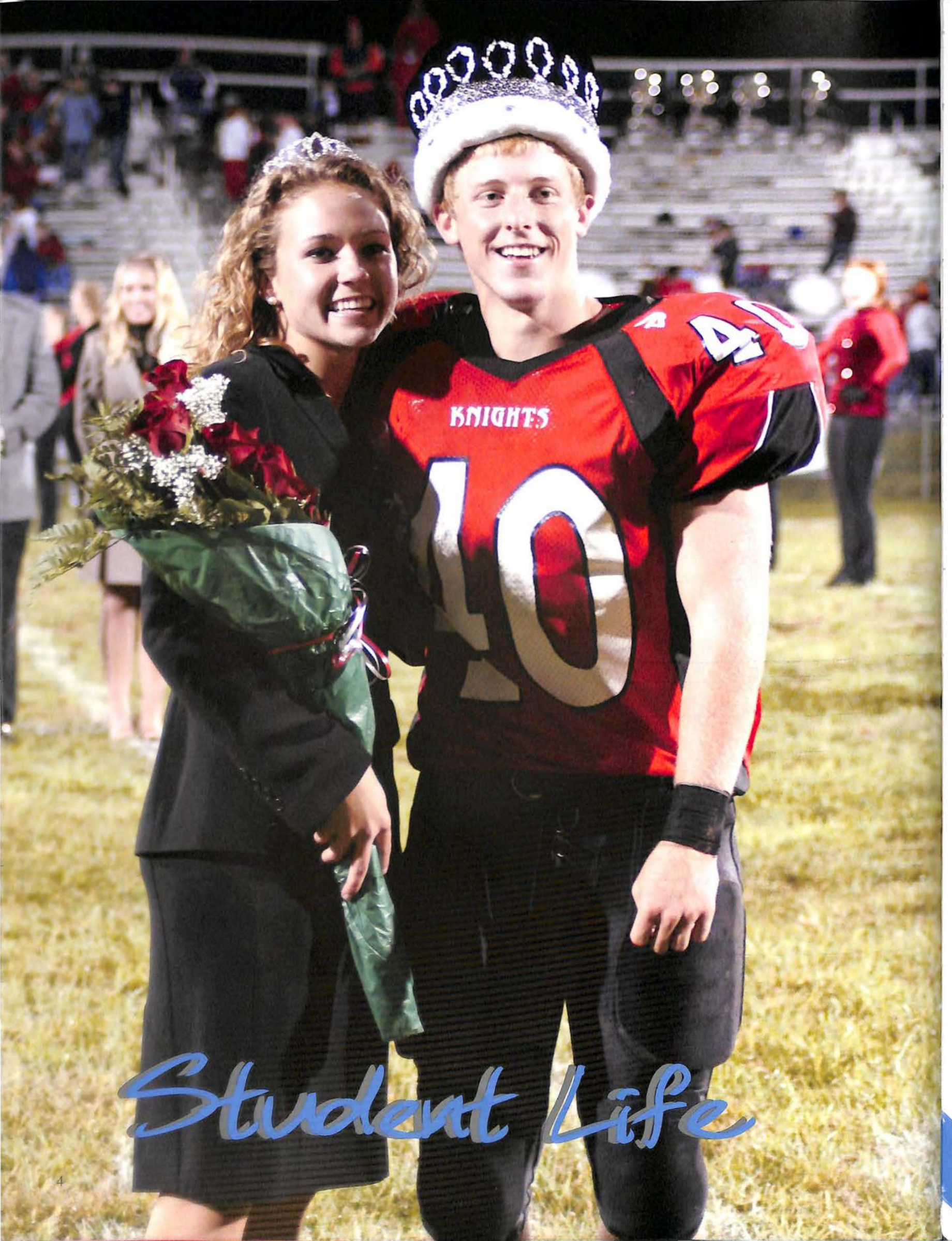
**MIMES** Jordan Goss(9) and Jessica Durham(9) put on mime make-up for drama class. Drama students participated in mime and clown routines. Jordan said, "I enjoyed dressing up and getting to use crazy facial expressions."



Tracy

**RINGS** Kaylin Foor(11) looks at class rings during her lunch period. Kaylin said, "I'm really excited about getting my class ring because I will always have it to remind me of high school."





*Student Life*



# Students Live Their Lives

During the summer some students took different and exotic trips to various countries. Rachel Travitz (12) and Catey Robbins (12) took a cruise around the West Carribean for 9 days. Their trip consisted of visiting Jamaica, The Bahamas, The Cayman Islands, and Mexico.

On the 27th of September the Junior and Senior girls participated in the Powderpuff football game. It was the first powderpuff game in the past two years.

Seniors kept the tradition of wearing togas on the Thursday before the homecoming dance. Then, on Friday they went wild and dressed up as jungle animals. The homecoming parade went as scheduled, and after the parade students flocked to the stadium to support our football team. Despite Alleghany taking the win, the student body showed tons of school spirit by painting their bodies and wearing knight armor.

Next, the holiday season was welcomed by all. Midnight Madness kicked off basketball season. Then as winter came, students began exchanging secret santa gifts, and all around enjoying the season. Snow days were a time for sleeping in and drinking hot chocolate. All the while juniors were dreaming of prom, and the seniors anticipating graduation day.



# Summertime and the livin's easy



Erin Griffin

**PHONE** Meghan Deal-Nevins(11) talks on her cell phone on a summer night. Meghan said, "I went out with my friends almost every night. We could always find something fun to do."



Kaylin Foor

**SUMMER NIGHTS** Liz Wilson(10) and Lauren Goetsch(11) have fun while on a break at ASP. "It was a good experience getting to help others that are less fortunate," said Liz.



Kaylin Foor

**FUN HOUSE** Kiana Vafaei-Avaal(11) and Haley Earls(11) play in the fun house at the Salem Fair. Kiana said, "I love summer because it's so laid back, we're able to stay out late with our friends and be stress free."



Kaylin Foor

**POOL PARTY** Kaylin Foor(11) and Catey Robbins(12) jump into Catey's family pool. Catey said, "My favorite part of summer is going to the pool everyday with my friends and just hanging out in the sunshine."

The school opened its doors for summer vacation and the students were finally free. While some students vacationed to the beach, others went on mission trips or even out of the country. Mrs. Gottstein's Spanish students traveled to Costa Rica, and Ms. Duffy's German students went to Germany. Each group learned about the culture they had been studying and also obtained new information about them. The students also had the opportunity to practice the languages with the native people.

Next, helping the community was the route some students chose to take over the summer. The students associated with ASP (Appalachain Service Project) traveled to Hinton, West Virginia to build homes for poverty stricken areas. Although a trip to the beach sounds ordinary to some of these students, others found it to be relaxing and the best part of their summer. Any way you put it, living life between summers is the hardest part of the year.

Catey Robbins  
Student Life Editor

**OUTDOORS** Ryan Martin(12), Scott Barrier(12) and Crispin Harwell(12) deflate their boat after rafting. Ryan said, "Enjoy going camping and doing things outdoors during the summer with my friends."



Jacquelyn Gottstein

**COSTA RICA** Mrs. Gottstein's students traveled to Costa Rica as part of the Spanish class curriculum. Students went kayaking and mountain climbing. The friends enjoyed learning about the culture of the country.



Kaylin Foor

**APPALACHAIN SERVICE PROJECT** Mallory Porter(9) takes a break from the ASP service project. Members enjoyed a picnic at the site where they were working. While taking breaks, Mallory and her fellow workers socialized with the families that they were helping.

June 7 - August 22  
Summer Fun



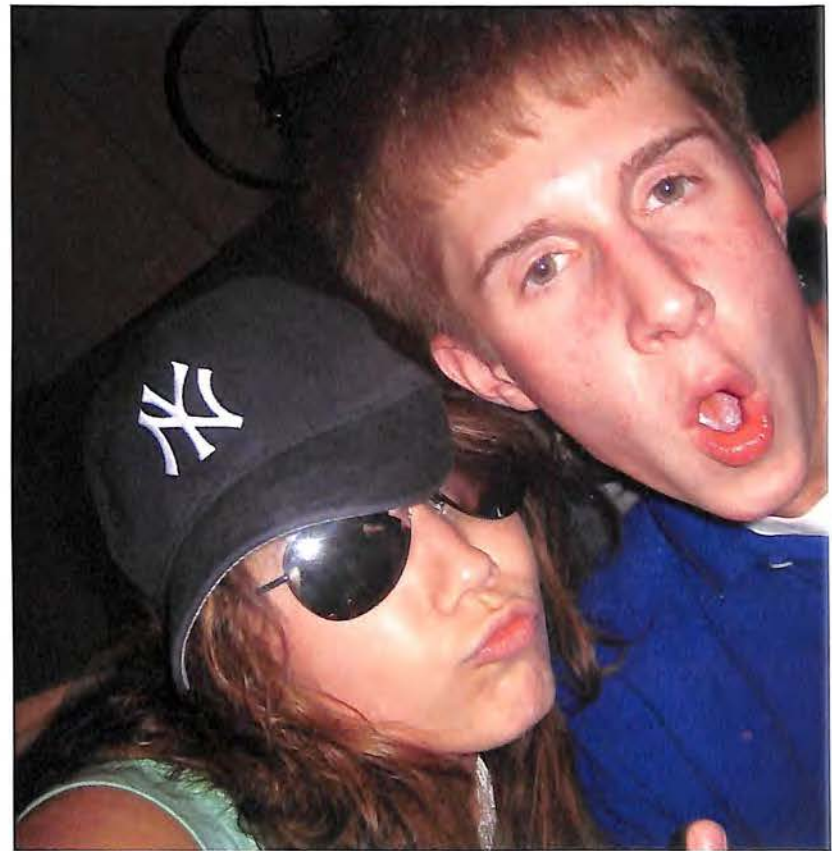


Ryan Martin



McKenzie Garst

**MUD RUN** Kellee Jacobsen(12), Tina Crawford(12), McKenzie Garst(12), Whitney Williams(12) and Erin Griffin(12) rinse off after the Mud Run, which is sponsored by the Marine Corps. Erin said, "It was fun to run with all my friends and help support a good cause at the same time."



Laurinam Link



Larry Herrett

**OLIPHANT, ONTARIO, CANADA** Every summer for two weeks Kaylin Foor(11) and her family take a trip to see their family in Canada. "I love going to Canada because I get to spend time with my cousins and everything is stress free while I'm there" quoted Kaylin.



Kaylin Foor

**SUMMER FUN** Laurin Ann Link(11) and Andrew Secrist(12) goof off while watching a movie with friends. "I enjoyed doing things with all of my friends over the summer and just catching up with the people I wasn't able to talk to as much during the school year" said Andrew.

**GOOFING OFF** Jessica Williams(11) dances on the deck while spending time at a friend's lake house. "I enjoy going to the lake during the summer especially with my friends. It's really relaxing and we always have a good time" said Jessica.



# Back To School

## Back To Reality

*Erica Horseman*  
Student Life Staff

**LOCKERS** Rachel Freeman(12) gets books for her next class. "It's nice to finally get a senior locker, it seems like yesterday that I was getting books out of those bright orange lockers."



Sandy Gotschal



Erica Horseman



Erica Horseman

**FIRST DAY** Hannah Babcock(11) grabs a doughnut before heading into the first day of school. Hannah says, "I was really tired and not ready for school, so it was nice to get a doughnut."

All good things must come to an end, and summer is no exception. It was back to the reality of school: homework, tests, and for some college applications. So, it's always nice to have the traditional assembly the first day of school, or to be given a doughnut as you walk in the building for the first time. Even nicer to finally realize that you are a senior, and this is your last year.



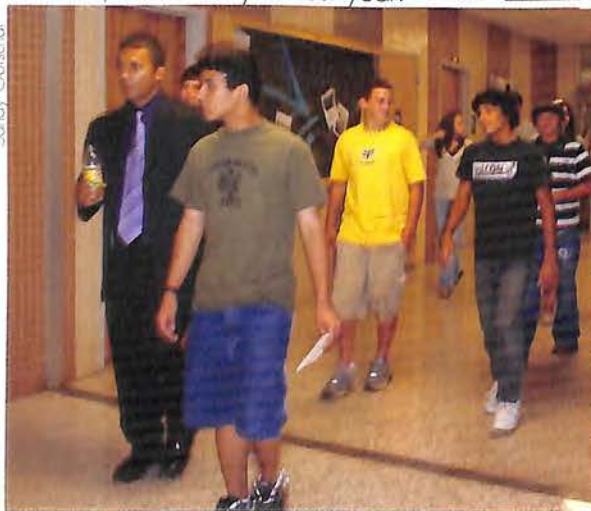
Wright



Sandy Gotschal

**ART** Elena Remine(11) and Megan Hodges(12) work on their art projects in Mrs. Carr's room.

**CEREMONY** Mr. Martinez walks his class to the Knighting Ceremony on the first day of school, where Tina Crawford was Knighted



Sandy Gotschal

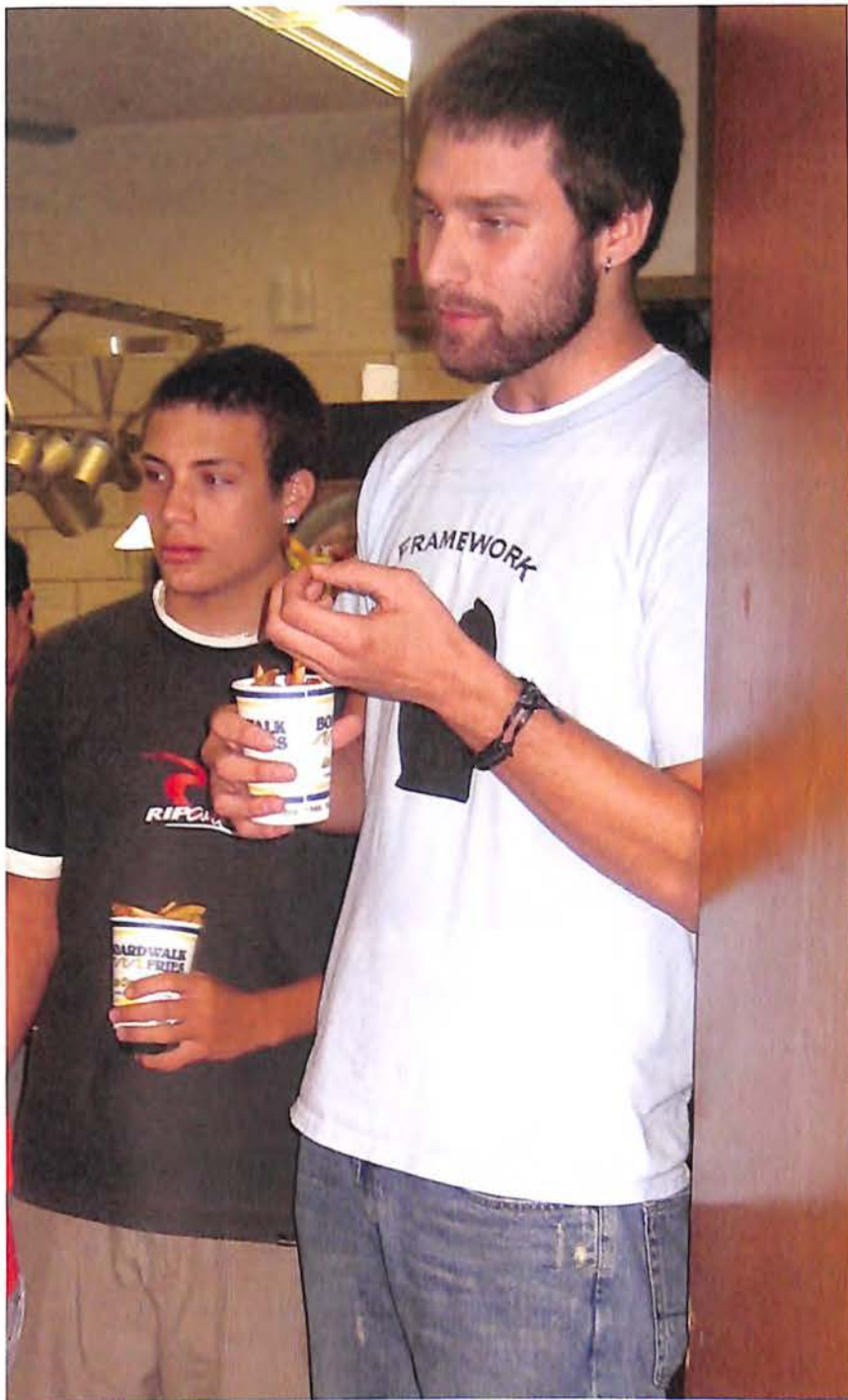


Erica Horseman

August 22-25

First Week of School





**FOOD** Mitch Snider(12) and Anthony Perry(12) wait in line to purchase their lunch. Mitch says, "I always get fries at lunch, but I wish they still served cookies."



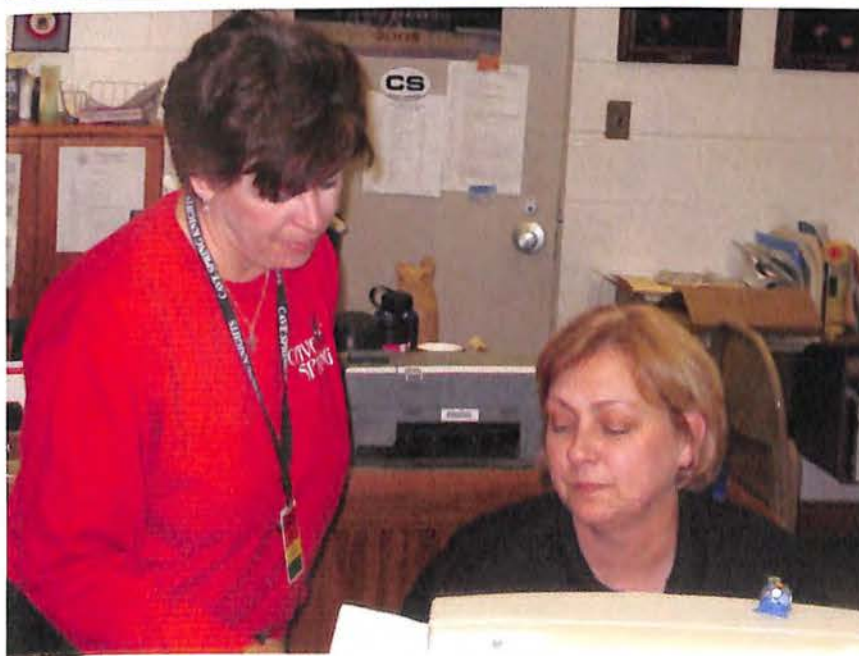
**CHUBBY BUNNY** Mr. Lustig's 8th period history class plays chubby bunny. The game was part of a group project in which they tried to sell marshmallows to the class. Virginia Gust(11) laughed as she said, "It was kind of embarrassing having a mouth full of marshmallows."



**ASSEMBLY** Dr. Cobble talks with Katherine Jetton(12) and Chris Mecca(12) before the assembly on the first day of school.



Erica Harrison



**LUNCH TALK** Ryan Martin(12) Crispin Harwell(12) and Jeff Wardach(12) talk about football at lunch. Ryan says "My favorite part of lunch is being able to sit and talk with all of my friends."



# Spirit Week

## Showin' That Knight Pride



WingIT



Tamara Taylor

Katy Keister(11) said, "Cheering at the pep rally before the homecoming game is a fun way to get ready for the big weekend."

Seniors stood outside the lobby the lobby on Friday morning handing out animal crackers as part of their Senior Safari theme



Erin Griffin



Erin Griffin



Tamara Taylor



Erin Griffin



Erica Horsman

**1** Scott Barrier(12) stopped by the snack machine to purchase a snack at the end of the day. Scott dressed in baggy pants and a tanktop for Hip Hop Day. Wednesday of spirit week was also the powderpuff game. Scott stated, "I like dressing up during spirit week because it makes me feel like im getting invovled."

**2** Standing outside Friday morning for the Senior Safari theme, Sal D' Angel(12) dressed up as a gorilla. Sal said, "It was really fun being the gorilla. Emily Matko and I pretended that I was King Kong and every so often I would run and pick her up and carry her across the parking lot screaming."

**3** Kate Johnson(11) and Kelsey Mueller(11) purchase lunch. Kate and Kelsey dressed as twins on Tuesday, which was Twin Day. Kate said, "I liked dressing up for Twin Day because it was cool seeing everyone around the school dressing alike."

**4** Teachers also got involved with spirit week. Mrs. Hartley dressed in her cowboy hat and jeans for Western Day. "The western attire felt comfortable because it was what I wore everyday in South Dakota," Mrs. Hartley says.

September 25-29  
Spirit Week





Wing-IT



Tamara Taylor



Erin Griffin



Kelly Keegan

**PEP RALLY** Corey Reese(9) and Eric Penino(9) talked during the pep rally while they watched a dance routine performed by the drill team. Corey said, "My favorite day of spirit week was when all the seniors dressed as pirates and in togas."

**SAFARI DAY** Kevin Munson(12) showed his spirit by dressing as a tiger for the Senior Safari. Kevin stated, "I was the first to volunteer to wear the lion costume, and I tried to scare all the younger kids as they walked into the school."

**BALLOONS** Lindsay Matko(10) helped decorate the sophomore hall for red and black day. Each class worked together to try and make their hall the best it could be. "Helping decorate was a lot of fun. I liked how people helped so our hallway would look good," Lindsay stated.

*Erin Griffin*

*Student Life Staff*

**POWDER-PUFF** Andrew Secrest(12), Andrew Sinnes(12), Sal D'Angelo(12) and Sam Kerr(12) performed a stunt at halftime during the powderpuff game. The senior men also performed a dance routine on the sidelines during the game. "I helped coach the guys and made up a dance for them to perform. It was a lot of fun and everyone seemed to like it!" Erica Horseman(12) stated. Erica helped with the chants and stunts for the senior powderpuff cheerleaders.

**IN THE STADIUM** Students showed their spirit at the homecoming football game by wearing red and black and standing during the entire game. Some of the students even painted on their chests to show their spirit.



Erin Griffin



Whitney Williams



Erin Griffin



Wing-IT



Wing-IT



# We've Got Spirit Yes, We Do!

## We've Got Spirit, How 'bout you?

Erica Horseman  
Student Life Staff



Wing It



Sandy Coatschal

**PARADE** Juniors prepared their "Viva las Juniors" float before the homecoming parade. Stephanie Crawford(11) said, "It was really fun helping decorate the float, and how often do you get to be in a parade?"



Kelly Keegan

**SENIOR FUN** Friday morning Sal D'Angelo(12) holds Sam Kerr (12) outside of the school. Sam said, "My senior spirit week was definitely one of the best. I kept my camera with me all week so I could take pictures of everyone dressed up."



Erin Griffin

**MAKE IT UNIQUE** The seniors work hard to decorate the main lobby to fit the Senior Safari theme. They worked tirelessly on decorating the lobby for 3 to 4 hours.



Sandy Coatschal

**DECORATE** Maella Somerville(10) helps decorate the drama hallway with shining stars and red and black decorations. "I really like decorating for spirit week and I wish the decorations were up all the time. It makes school so much more fun with all of the decorations," said Maella.

September 29-25

Spirit Week







Sandy Gotschal

**WELCOME TO THE JUNGLE** Keeley Peters(12) paints the "Welcome to the Jungle" sign for Senior Safari. Keeley said, "We had a lot of people help this year and tons of great ideas," said Keeley.



Erin Griffin

**GOIN' WILD** Kara Fitzgibbon(12) drew on a giraffe measuring each grade levels height as part of the Senior Safari, Goin' Wild theme. Kara explained, "I got the idea for the giraffe when I was looking in my pantry at home and saw the measuring giraffe from when I was a kid that had all of my measurements on it."



Erin Griffin



Sandy Gotschal

**GREEN THUMB** Lauren Lyon(12) and Jaclyn Atkinson(12) show off their twin day attire which included matching green thumbs. Lauren said, "We designed our own costumes, and green is my favorite color so that's why we had all of the green. We were like Jolly Green Giants."



Erin Griffin

**IN THE HUDDLE** The Senior powder-cuff team huddle together before the next play. Maggie Wagner(12) then scored another touchdown for the Senior team. Maggie said, "We finally got to settle that Senior/Junior rivalry!"



2006



Wing-IT



Wing-IT



Wing-IT



Wing-IT

Dance

Music

Friends

# Homecoming

dance till you drop

The 2006 Homecoming dance was held on September 30th. It was a very exciting time for all students and faculty. The students participated in various activities during the homecoming week, all leading up to the dance on Saturday night. Girls found the perfect dress, and guys put on their sharpest suits. Couples went out to dinner, and then headed to the high school for the dance. The 2006 Homecoming theme was "Here's to the Knight". The gymnasium was decorated in school colors, and lights were strung all along the rafters. Indeed, everyone lived up the "knight".

Rachel Travitz  
Editor



Wing IT



Wing IT



Wing IT



**GIRLS:** What was the hardest part in preparing for the dance?

**HAIR AND MAKEUP:** "Hair is a big part of getting ready. For a girl, everything has to be perfect," said Mary Ashtin Nichols(12).

**FINDING A DRESS:** "I went to every store but it worked out better for me just to borrow a dress from a friend," said Erica Horseman(12).

**GETTING A DATE:** Catey Robbins(12) said, "With homecoming being so close to the beginning of the year, it was hard to find a date in time. I was really excited when Marvin Struefing(12) asked me."

**BOYS:** What was the hardest part in preparing for the dance?

**THE CAR:** "Usually getting a sweet car is hard but I got lucky, my dad rented a Mustang, and I got to drive my date to homecoming in it" said Andrew Sinnes(12).

**FINDING A SUIT:** "It was really difficult to find a shirt that matched her dress, but we found it eventually" said Kyle Stuart(12).

**GETTING A DATE:** "It was hard getting a date. I didn't know many girls, but I asked Catey Robbins and we had fun" said Marvin Struefing(12).

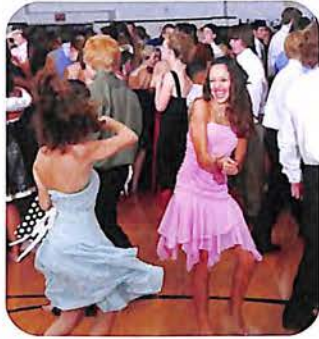
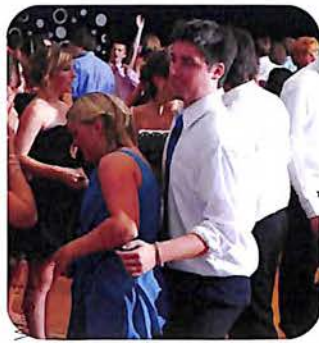
September 30

Here's to the Knight





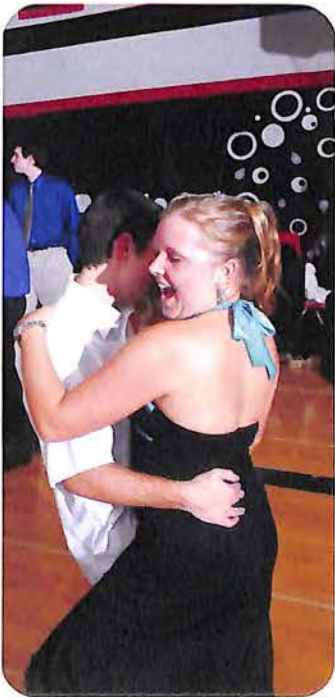
Dance



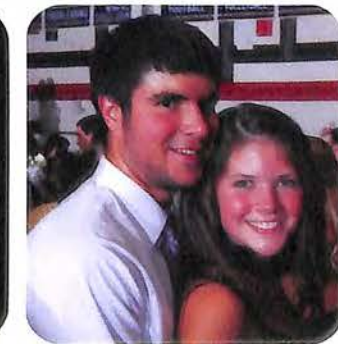
Music



Courtesy of Laurin Ann Link / The Roanoke Times



Friends



Courtesy of Laurin Ann Link / The Roanoke Times



Courtesy of Laurin Ann Link / The Roanoke Times



Courtesy of Laurin Ann Link / The Roanoke Times

# Knightlife

## Students After Hours

As the sun faded away, the students came to life for the night. Starting in the fall, students attended football games each Friday night and helped cheer the team to victory. After the game, one could find most of the fans hanging out at Brambleton Deli or Buffalo Wild Wings. On Saturday nights, most of the guys watched college football with a big group of friends. "I like watching football with my friends and just enjoying their company," said Michael Klugel(12). Most students liked spending their weekends with friends, either going out to movies or just hanging out at each other's houses. As the winter season approached the basketball teams prepared to begin the season. Students then turned their attention to the athletes playing in the weeknight basketball games. Christmas finally rolled around and many people enjoyed exchanging gifts with friends and swapping secret santa gifts. "My favorite part about secret santa is finally seeing who had me and what the other people received," said Hannah Hawthorne(10). Even while school was in session students still found ways to have fun, even if it was just hanging out at home or going to dinner and a movie.

*Catey Robbins*

*Student Life Editor*



Laurin Ann Link



Kaylin Foor



Hannah Hawthorne



The student section yells and cheers for the volleyball team at a home game. Andrew Sechrist(12) said, "I love being in the student section and yelling for the team. I feel like we're really helping them to win the game."

Kacie Hoffman(11), Lydia Tran(11), Amanda Couture(11), Virginia Gust(11), Brooke Ulrey(11), Kate Johnson(11), and Brittani Couture(9) dress up for a Halloween party. "I love Halloween because I can dress up and be something different," said Lydia.



Amanda Couture



Laurin Ann Link(11), Jacquelyn Anderson(10), Gabrielle Frohock(9), Jessica Williams(11), Ann Zimmerman(10), Kaylin Foor(11) and Catey Robbins(12) goof off before taking a road trip. "I love spending time with all the drill team girls and bonding with them, it's really fun," said Jacquelyn.

Jackie Burke(11) goes to Mill Mountain Coffee and Tea on Starkey Road after a football game to relax and have a smoothie with friends. "I really enjoy hanging out with my friends, it takes me away from my academic load," said Jackie.



Laurin Ann Link

August 22-June 7

Knightlife





Kaylin Foor



Amanda Couture



Kaylin Foor

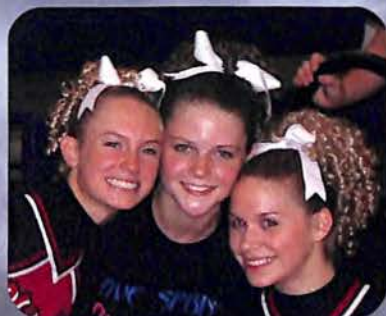


Hannah Hawthorne



Laurin Ann Link

Katy Keister(11), Rachel Wilkinson(11) and Kelly Keegan(10) stop for a picture before a cheer competition. "I love being a competition cheerleader and competing against the other schools," said Katy.



Erica Horsemann

Jordan Reid(10), Chelsea Patton(10) and Kathryn Moore(10) look at pictures on Chelsea's cell phone. "My cell phone is my life, there's no way I could live without it," said Chelsea.



Hannah Hawthorne

Marion Whison(10) studies with friends. "I like studying with my friends because if I can't figure out an answer, I can compare them and they can help me," said Marion



Hannah Hawthorne

Erica Horsemann(12) helps a fellow cheerleader get ready for competition. "I enjoy helping the other girls get ready, it really is a lot of fun," said Erica.



Erica Horsemann



Kaylin Foor

Daniel Neighbors(10) holds on to Elmo while chatting with his friends. "I like to joke that it's my comfort stuffed animal, my friends get a kick out of it," said Daniel.

Melissa Meinhart(10), Sara Walton(10), Jordan Reid(10) and Laura Dodson(10) perform at a Halloween party. "This year my friends and I dressed up as the Cheetah Girls, it was so much fun," said Sara.



Hannah Hawthorne



# Be Independent!

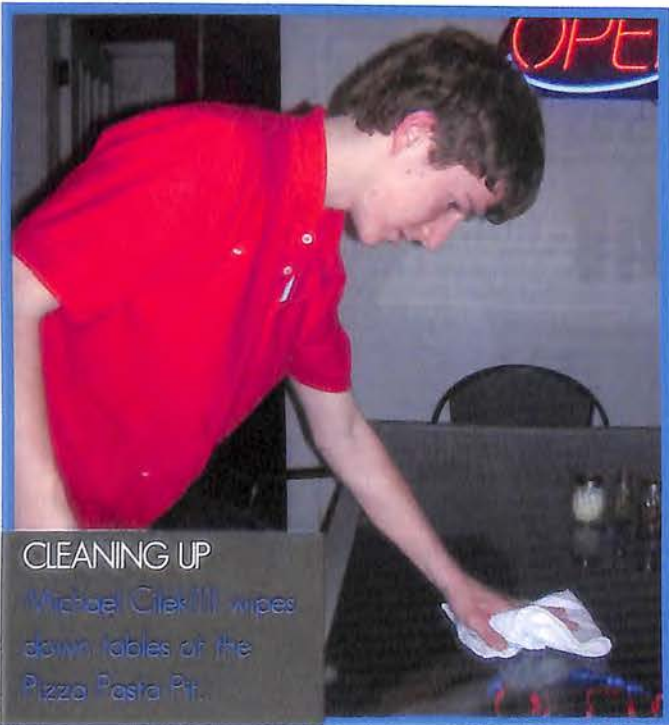
## Students Working Hard

### PETLAND

Leigh Basham(12) works at Petland. Leigh started the job last year and immediately fell in love with it. "I love being able to work with the animals. Since I want to be a veterinarian it gives me a chance to see what I'm in for," said Leigh.



Rachel Trivitz



### CLEANING UP

Michael Citek(11) wipes down tables at the Pizza Pasta Pit.

Rachel Trivitz



Catey Robbins

### HELPING CUSTOMERS

Kirsten Boyd(12) smiles after helping a customer at Kroger.

### CASHIER

Chad O'Donnell(11) rings up a customer at Hardee's.



### SECRETARY

Ana Resnick(11) answers the phone and helps customers at her internship.

Year Round

Jobs



*M*any students have jobs. Many get jobs to take up time after school or to save up money for gas. Some students began working because their parents wanted them to learn responsibility. Others work at places where they are interested in pursuing a career in later on in life.

Chelsea Custer(11) works at Once Upon A Child. "I love the environment and my co-workers. It's not too stressful and we all hang out outside of work as well," said Chelsea.

Some students enjoy working at places where they can dress up. Tessy Henry(12) works at Corned Beef and Company downtown. "I like dressing up for work, but other times I wish I had a uniform so I wouldn't have to worry about what to wear to work each day," said Tessy.

Although most students can find certain things that they don't like about their jobs, Chelsea said, "I can't complain." Many people like to get jobs where some of their friends work as well, so they'll always have some fun while earning a little extra money.

All in all, jobs are good for students, rather it be to pay for their car insurance, or to save some money for vacation time.

*Cotey Robbins*

*Student Life Staff*

**SERVING** Allison Crawford(12) types an order in the register at Corned Beef and Co. "I like working at Corned Beef. A lot of people from school work with me, so we always end up having a good time while we're there," said Allison



Erin Griffin

**LIFEGUARD** Meaghan Dill(12) lifeguards at the Roanoke Athletic Club pool. "It's fun working at the RAC because I like lifeguarding. I also like being able to work out whenever I want to" said Meaghan.



Rachel Travitz



Rachel Travitz

**HOSTESS** Melissa Horan(11) works as a hostess at Ragazzi's. "It isn't very hard working at Ragazzi's, I just seat people and sometimes take their drink orders. I enjoy it for the most part," said Melissa.



# Winter and Fall Weekends



Students enjoy the season

Mary-Ashtin Nichols(12) sits by the fire drinking Hot Chocolate on one of the cold winter days.

Jordan Reid(10) goes to a Christmas party at Katie Smith's house. "I had a lot of fun at the Christmas party," said Jordan, "All my friends were there and we had a great time."



Liz Spar

Sports Staff



Rachel Trivitz



Vaughan Stevens(12) goes skiing with some of his classmates during the winter break.



Jessica Williams(11) and Kaylin Foor(11) go snowboarding over the winter break.

Meredith Siner(11) puts powdered sugar on top of her Christmas Cookies



Haley Earles(11) and Lauren Reid(11) smile before they open Christmas presents from one another.



Lauren Goetsch(11) helps hand out Secret Santa gifts at a Christmas party.



Katie Smith(11) and Sarabeth Kerr(11) open presents at a Christmas Party.

Rachel Trivitz

Editor



November 1st - March 1st

Weekends





# What do you do during the winter?

"On the days that we have off school due to bad weather, I usually hangout with friends from my neighborhood."  
-Zach Hinchel(9)

"I like to play video games during the winter because it is just too cold to go outside".  
- Nick Nordberg(10)

" During the Winter, when we have a day off from school I like to go sledding."  
-Amiee Brydges(10)



Heidi Fredstrom (11) makes a snow angel during a break at one of the Academic Team tournaments. Heidi said "I really like snow, so when I saw it was snowing I couldn't resist the opportunity to play in it."

## Snowy Days

During the snowy days students went outside and enjoyed the crispy winter air. Some played in the snow, and some made snowmen. During the coldest part of the season students went on ski trips with their families and friends.

Throughout the winter season Roanoke County Schools were closed on 5 different occasions. On those Days off some students hung out with their families since they couldn't get out of the house. Others went outside with their friends and played a sport. Jessie Durham(9) said, "During the winter I go outside and play basketball with my friends."

Indeed, students don't let the cold weather stop them from going out and enjoying the winter weather.



Meaghan Dill(12) and Rachel Travitz(12) bake cookies one afternoon during the fall. "We tried to make Christmas tree shaped cookies, but they didn't end up looking anything remotely like a tree. We ate them anyway," Meaghan said.



"When it starts getting too cold to do anything outside I spend my time by going shopping, cooking, and reading".  
-Graham Grasty(10)

"I like to sleep in on the days that we get out of school because of the snow".  
-Jordan Goss(9)

"I don't really let the season decide what I do,, so I usually sit around listening to music all day"  
-Aleix Aliff(9)



# Fashion Addict

Erin Griffin  
People Staff

## What's in?

### THE NEW TREND



#### STRAIGHT LEG

Many girls are wearing straight leg jeans. It's a fashion that's back from the 80's. Kaylin Foor(11) said "I really like my skinny jeans because I can wear high heels and people can actually see my shoes!"

Rachel Travitz

#### TIFFANY & COMPANY

Tiffany and Company jewelry is also a very "in" trend. Lindsay Stocks(12) wears her Tiffany necklace to school. She stated, "I really like my necklace, it goes with a lot of clothes that I have."



Erin Griffin



#### KHAKI PANTS

Mary-Ashtin Nichols (12) shops for Khaki pants. Mary-Ashtin said, "Khaki pants go with a lot of different colors and it's something different to wear during the winter other than jeans."

Rachel Travitz

#### POLOS

"I like wearing polos because they are very comfortable and there are lots of colors. I can wear a different one everyday," said Mitch Snider(12).



Erica Horseman



#### UGG BOOTS

Taylor Yarber(11) wears a pair of Uggs which seemed to be quite a popular trend. "I like to wear my Uggs because they are very comfortable and match a lot of clothes," said Taylor.

Erin Griffin



Erin Griffin

Lindsey Matko(10) wears a necklace that she had made with some of her friends. Lindsey said, "making jewelry is fun because you can choose many different colors to wear with all different outfits."



Catey Robbins

A new and different trend was girls making their own jewelry to wear. Haley Earles(11) said "I really like to make my own jewelry because it allows you to be creative and to make jewelry that matches your clothes."

#### SHOES



Erin Griffin

Sperry Topsiders are the new trend for the year 2007. Katie Mills (12) stated, "I love my Sperrys, they are so comfortable and look cute with just about anything."



#### VESTS

Chris Downie(12) wears his favorite vest while getting a drink before lunch. "I like wearing vests because you can wear them over anything and they keep you warm," said Chris.

August 22nd - June 6th

Fashion



## DRESSES

Rachel Freeman(12) hangs out outside after school. Rachel said "I like wearing dresses because you can dress them up or down and either way it's a completely different look."



Rachel Freeman



Erin Griffin

## DAVID YURMAN



Erin Griffin

## HEADBANDS



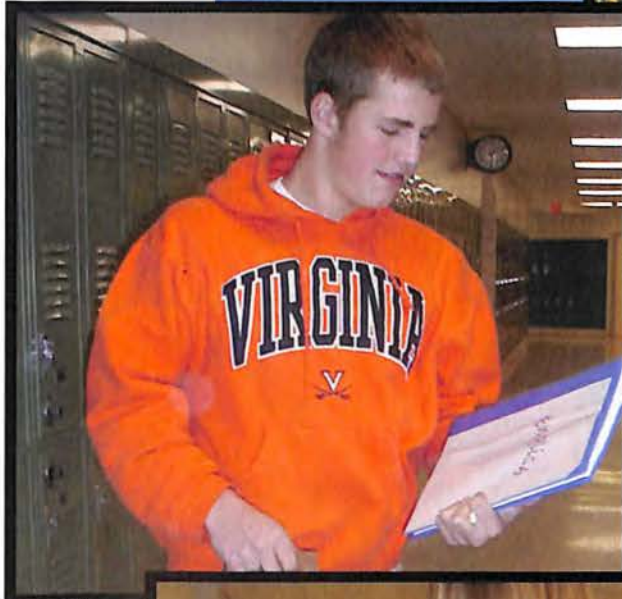
Erin Griffin

## FLATS



Taylor Foote

## LEGGINGS



Catey Robbins

Clay Nash (11) walks around the halls wearing his Virginia hoodie. "Hoodies are comfortable and it's cool because you can support your favorite college," said Clay.



Rachel Trivitz

Rachel Trivitz

## THE NORTH FACE

Erica Horseman(12) and Erin Griffin(12) walk down the hall after one of their classes. They both carry a North Face book bag which was a popular trend for the year.



# Seniors



Cotey Robbins  
People Staff



# Spring Break

Spring Break can be a very stressful time for some high school Seniors. Seniors make their final decision on what college they will attend. Also, they take trips to see the campus they'll be spending their time on over the next year. Katie Mills(12) said, "I'm going to Tennessee for college. so over spring break making a visit is important. I'll see the campus and know what I'm in for next year."

Some parents reward their Seniors early with a weeks vacation to paradise. Rachel Travitz(12) enjoys taking vacations to tropical islands. Rachel said, "I went to Jamaica on vacation and it was absolutely amazing." Some other students enjoy visiting family over the little break. Erica Horseman(12) spent time with her father in Washinton D.C. while Andrew Secrist spent time helping at local shelters. Whether making a college visit or vacationing to a tropical spot, spring break is always a blast for Seniors.

Chris B. Anderson

Niketa Aneja- Lacrosse

Jadyn E. Atkinson- French Club, Literary Magazine, Film Club, Fine Arts Club(VP, Secretary, Treasurer), Art Honor Society(President), Theatre Club, Lacrosse

Michael E. Austin Jr- Cross Country

Scott A. Barrier- Football, Outdoor Track

Leigh A. Basham- Cheerleading(Captain), Key Club

Frank Beltran- Football, Fine Arts Club, TSA, Leo Club

Michael D. Bern- Indoor/Outdoor Track, Soccer, Guidance Office Runner, Symphonic Band, Spanish Honor Society, Beta Club, Spanish Club, National Honor Society

Geoffrey W. Bernardo- Ultimate Frisbee

Emma Berry- Library Runner, Theatre Club, Academic Team (Captain), Forensics

Joshua V. Birkhoff- Track and Field, Lacrosse, German Club, Key Club, FCA, DECA

Jessica Boatwright- Softball, Basketball, Cross Country(Captain), Key Club, Film Club, Symphonic Band, Spanish Honor Society, BETA Club, Spanish Club, Indoor Track





Adam L. Bock- Soccer, DECA, Science Club  
 John M. Bohon- Baseball, Basketball, TSA  
 Gregory C. Boitnotte



Sarah A. Bowyer- Equestrian Club, Choir  
 Kirsten A. Boyd- Softball, Swimming, Equestrian Club,  
 FCCLA, SADD, Theatre Club, Spanish Club  
 John R. Braden- Theatre Club, Film Club



Elizabeth R. Bredekamp- Symphonic Band,  
 Marching Band, Drum Major, German Club, Key  
 Club, Film Club, Academic Team, Drama Club  
 Kelsey N. Bryant- Cheerleading, Key Club, The  
 Knight Letter Staff, Spanish Club  
 Jonathan W. Burgess- Football



Shane E. Butler- Soccer, Basketball, DECA  
 Colin J. Cannon- Basketball, Drama  
 Jared K. Casazza- Football, Basketball, DECA,  
 Chess Club



Amanda N. Cayton  
 Joseph A. Chandler  
 Amy Chang- Choir, Lacrosse



Jadlyn M. Clark- Softball, Basketball, French Club  
 Macon Claybrook  
 Rachael L. Conway

# Seniors

Courtney R. Cook- Literary Magazine  
 Kristen N. Cooley- Wrestling(Manager), FCCLA  
 Melissa A. Cordell- Track and Field, FCCLA,  
 Photojournalism Staff



Allison R. Crawford- Cross Country, Track and  
 Field, Special Education Helper



Christina L. Crawford- Volleyball, Swimming,  
 Track and Field, Senior Vice President, FCA,  
 FBLA, DECA, Special Education Helper, BETA  
 Club, Spanish Club Secretary



Chason M. Croom- Science Club

Salvatore R. D'Angelo- Soccer, Track and Field,  
 Forensics, Latin Club



Lauren K. Davis- Cheerleading(Captain),  
 Attendance Runner, FCCLA, Fine Arts Club, Art  
 Honor Society, Spanish Club



Kristen A. Deweese- Equestrian Club, Key Club,  
 FCCLA

Meaghan M. Dill- Cross Country(Captain),  
 Track and Field, Lacrosse(Captain), French Club,  
 French Honor Society, Guidance Office Runner,  
 Film Club, Beta Club, SCA VP, SCA Secretary



Jacob L. Dodson- Burton

Michael W. Doughty- Golf, Swimming, Knight  
 Letter

William C. Downie- Swimming, FCCLA, TSA,  
 Track and Field, GSA, International Club,



Drama Club, Knight Letter, German Club

Molly C. Doyle- Literary Club, Film Club, GSA,  
 Art Honor Society

Emily R. Dunn- Burton

Jaimie L. Echternach- Lacrosse, Special Education  
 Helper, Equestrian Club



Delaney A. Elkin- Swimming

Nicholas A. Fanti- Football, Soccer, Swimming

## What's on your license plate?

Looking out into the parking lot one could easily spot some Senior's cars. Seniors made a statement through their personalized tags. Some showed school spirit with "CS BBALL" while others had a nickname, like "BIG AP." Catey Robbins(12) said, "I got my personalized plate because I wanted to be able to recognize my car. I love to dance, my plate fits me perfectly!"

Emily Matko(12) is a gymnast for Roanoke Academy of Gymnastics.



Emily Matko

Jessica Boatwright(12) shows off her Hokie pride. She will be attending VT in the fall.



Jessica Boatwright

Sam Kerr(12) is showing off his Knight Pride.



Sam Kerr

Lindsey Stocks(12) has her name, Lindsey Rachel, on her tag.



Lindsey Stocks

Alex Proffit



Kim Hunt



Catey Robbins



Chelsea Kelley



Tina Crawford



Corey Pickrel



*Erica Horseman*

*People Staff*



Shaun E. Ferguson: Football, Basketball, Track and Field

Kara S. Fitzgibbon: Tennis, French Honor Society, Literary Magazine, Senior Treasurer, French Club, Homecoming Court

Rachel M. Freeman: Lacrosse, Fine Arts Club, Art Honor Society

Demarest L. French: Basketball, Key Club, Attendance Runner, FCCLA, FBLA, DECA, YOVASO

Britton M. Garst: Soccer, Front Office Runner, Guidance Runner, Latin Club, YOVASO, KPP

Kelsea N. Geer: Lacrosse

Jennifer M. Gianni

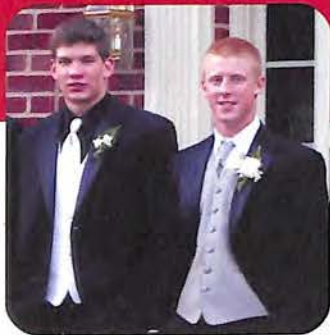
Mitch T. Glasscock

Nicole A. Glennon: Equestrian Club, Key Club, SADD, Latin Club

# Through Thick and Thin

together through it all

Erin Griffin  
People Staff



From playing on the playground in Kindergarten to helping each other fill out college applications, some students have been together through it all. These are the best friends, through thick and thin. Jessica Pollock(12) and Kelsey Webb(12) met the first day Kelsey was born. "My mom took me to the hospital when Kelsey was born, which was about one month after me. Ever since then we have been best friends," Jessica said. Even though they are now getting ready to go off to college they still look back on all their good memories. From when they were little playing mortal combat in Jessica's basement to driving around in Kelsey's car; they have been truly inseparable.

Scott Barrier(12) remembers meeting Ryan Martin(12) the first day of Kindergarten, and they have been friends ever since. "For the past five years, Ryan and I have been playing football together for Cave Spring and that has given us the opportunity to have a lot of fun together," Scott said. Ryan and Scott also visit the Barrier's cabin in Montana during the summer. They applied to University of Montana together and both were accepted. "The most memorable time for Scott and I would be this year's Homecoming, because we were both on the court together," Ryan said. No matter if it's sports, vacations or Homecoming one always needs a best friend to get through it all. These friends have stood the test of time.

McKenna Grau: German Club, Key Club, Film Club, Spanish Honor Society

Kathryn Gordon: Academic Team, Soccer, Lacrosse

Cody M. Greene: Key Club, Literary Magazine, Attendance Runner, Film Club, Fine Arts Club, Art Honor Society, Spanish Debate Society, Beta Club, Spanish Club, Literary Club

Erin R. Griffin: Cheerleading, Volleyball, FCCLA, FBLA (Vice President), Photojournalism, Lacrosse

Valerie A. Gurevich: Cheerleading, FCCLA, Knight News, Deca

Jenny L. Hale: Burton, Choir

William P. Hamilton: Basketball (Captain), Deca

Byron L. Hamlin: Football, FBLA, Deca

Lauren I. Harris: Cheerleading, Photojournalism





# Seniors



Jennifer S. Harvey- Volleyball, Soccer(Captain), Spanish Club, Senior Class Officer  
Crispin A. Harwell- Football, Wrestling, Track  
James A. Hayden- Tennis



Andrew Hellesen- Tennis, Football  
Theresa H. Henry- Basketball, Track and Field, Cross Country, French Club, Guidance Runner, Special Education Helper, Beta Club, Leo Club  
Brian M. Hoback- Burton



Megan L. Hodges- Choir  
Amber N. Holland- Attendance Runner  
Erica L. Horseman- Cheerleading(Captain), Key Club, Attendance Runner, FBIA, FCCLA, Knight News, Yearbook Staff, TSA



Chandler Hudson- Wrestling  
Elizabeth H. Hudson- Key Club, Library Helper, Special Education Helper, Science Club, Theatre Club, Spanish Club, Leo Club  
Amber L. Humston



Kimberly D. Hunt- Basketball(Captain), Softball(Captain), German Club, Guidance Runner, FCCLA  
Devlin J. Hyde  
Melissa Ivanco- Cross Country(Captain), Track and Field, Knight Letter



Kellee N. Jacobsen- Soccer, Swimming (Captain), Lacrosse, Key Club, Front Office Runner, FCA, FBIA, Latin Club, KPP  
Catherine N. James- Soccer, Attendance Runner, FCCLA, Key Club  
John W. Jennings- Track and Field, Cross Country, Key Club, Latin Honor Society, Attendance Runner, FCA, Ultimate Frisbee, TSA, Beta Club

Jeppe Jensen- Soccer, Guidance Office Runner,  
 International Club  
 Katherine J. Jetton- Track and Field, Volleyball,  
 Basketball, SCA (President), CVA  
 Brittany M. Jviden



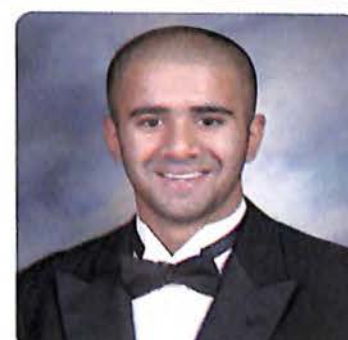
Garrett R. Johnson- Baseball (Captain), FCCLA,  
 FBLA, DECA, TSA  
 Angela C. Jones- Basketball  
 Christopher R. Jones



Christopher M. Jones- Beta Club, Governors  
 School  
 David A. Jones  
 Kristen R. Jones- Key Club



Chelsea L. Kelley- Softball, Beta Club, Key Club,  
 KPP  
 Samuel H. Kerr- FCA, Cross Country, KPP,  
 Ultimate Frisbee  
 Yousuf Khan



Blake R. Kalber- Baseball  
 Michael V. Kluge- Baseball, Track and Field,  
 TSA  
 Lauren F. Kruppel- Lacrosse



Muriel G. Kytchen- Softball, FCCLA, FBLA,  
 DECA, TSA, Key Club  
 Janel A. Lambach- French Honor Society, Key  
 Club, Library Helper, Choir, Theatre Club,  
 Academic Team, Forensics  
 Andrew J. Lavinder- Golf, Basketball



# Seniors

## Dodgeball

Young Life sponsored a dodgeball tournament at Cave Spring Baptist Church. The tournament allowed high school students in Young Life to compete in a fun-filled activity. There were nine girls teams and six boys teams. Hidden Valley High School was the other school that attended the tournament. The idea for a dodgeball tournament was brought up early in the year by a young life sponsor, and the idea was immediately popular. The senior girls' team consisted of Jourdan McDaniel(12), McKenzie Garst(12), Brooke Ulrey(11), Tina Crawford(12), Rachel Beaumont(11), Whitney Williams(12), Jennifer Harvey(12) and Kellee Jacobsen(12). "The most fun part was definitely beating the Hidden Valley senior girls' team, the 'Dodging Dinos,'" said Kellee. Both the senior girls and boys teams won their tournaments.

Kellee also had this to say about the Young Life program, "There were so many opportunities to do things in Young Life. You could attend Rockbridge, the Young Life summer camp, and All District Young Life. All District Young Life was where the Hidden Valley and Cave Spring Young Life groups got together.

Indeed, Young Life served as a way to bring students together for fun and fellowship. The sponsors were known for being fun and loved by students. They always put off a positive image and could be looked up to as good role models.



Cameron N. Lee- Soccer  
 Krystal L. Lehrer- Burton, Cosmetology  
 Stephan P. Lendway- Soccer, Cross Country  
 (Captain) Track and Field, Chess Club, Jazz  
 Band, Science Club, Beta Club

Brandon W. Lester- Burton, Football  
 Chen Lin - Tennis, Cross Country, Spanish Honor  
 Society, Academic Team  
 Robert D. Lindsey- Burton, Auto Service

Lauren C. Lyon- Track and Field, Cross Country  
 Guidance Office Runner, Equestrian Club, Fine  
 Arts Club, Symphonic Band  
 Jennifer R. Mabry- Key Club, SADD  
 Ian A. Magee- Jazz Band, Symphonic Band,  
 Marching Band

# Seniors

Kaylin Foor  
Staff



Nicole Glennon(12) said, "It's fun to make changes to your hairstyle even though it's a bit pricey."



"Gas prices are outrageous. They skyrocketed this year and it kept me from wanting to drive places," said Shaun Ferguson(12)

## One Costly Year...

- Student fee: \$20
- Class fee: \$45
- Course fee's: \$5-\$120
- Laptop fee: \$80
- Parking pass: \$25
- Homecoming dress: \$150
- Homecoming tickets: \$30/couple
- Average cost of graduation: \$150
- Senior pictures: \$200
- College application fee's: \$0-\$150
- Prom tickets: \$70
- Prom dress: \$240
- Yearbook: \$60
- Jeans: \$70
- Mid-grade gas: \$2.14
- Hair cut: \$45
- Dinner out: \$20
- A trip to the tanning bed: \$5-\$7
- Minimum wage: \$5.15

Gregory J. Malysa: Tennis, Indoor/Outdoor Track, Academic Team, Beta Club  
James A. Markey: Soccer, JV Basketball, KPP(President), DECA, FBLA(President)  
Heather Martin

Ryan Martin: Football(Captain), Outdoor Track, Homecoming Prince  
Emily J. Matko: KPP, Swimming  
Jourdan P. McDaniel: Soccer, Basketball

Katherine S. McFarland: Science Club, Academic Team, Drama, Film  
John D. Mantosh Jr.  
Mackenzie N. Meador: Softball, FCCLA





Christopher R. Mecca- Theatre Club, Student  
Advisory Council, Choir, Natural Helper  
Brett J. Miller- Art  
Katie Mills- Key Club



Kyle S. Moir  
Mathew R. Morgan- Indoor/Outdoor Track  
Donald Moser



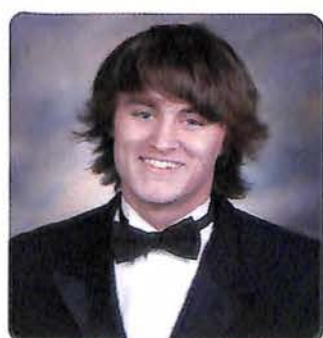
Caroline G. Muelenaer- Cross  
Country/Captain, Track and Field, Spanish Club,  
Spanish Honor Society  
Kevin L. Munson- Swimming/Captain, Baseball,  
FBLA, DECA  
Latara C. Nance- Cosmetology, Burton



Andrew J. Nichols  
Mary-Ashtin M. Nichols- Soccer, Lea Club  
Thomas O'Keefe- V Football, Baseball



Dana E. Orr- Track and Field, Cross  
Country/Captain, Key Club, Academic Team  
Catherine O. Padis- French Club, French Honor  
Society, Film Club, FCCLA, Academic Team  
Monica Paige Basketball Manager



Logan Paris- Photojournalism  
Elijah G. Patterson- Burton, Welding  
Grayson Patterson- Golf, DECA

Clint E. Pendleton- TSA  
 Fain A. Perrin- Football, Track and Field Hurdler  
 Captain, Rugby, French Club, Library Helpers,  
 Attendance and Front Office Runners, FCA,  
 Chess Club, Forensics, Latin Club  
 Anthony J. Perry- Soccer, FCA



Keeley M. Peters- Art Honor Society, Library  
 Helpers, Literary Magazine, Fine Arts Club,  
 Beta Club  
 Daniel C. Pikerel- Baseball, FCCLA, Deca,  
 Spanish Club  
 Ashley K. Poff



Jessica R. Pollock- Outdoor Track, Swimming,  
 Key Club, FCA, FCCLA, Theatre Club  
 Nicholas A. Proffit- Soccer, Track and Field,  
 FCA, Spanish Club, Dodgeball Club  
 Aidan Rea- Symphonic Band, Theatre Club,  
 Marching Band



Andrew C. Reburn- Football  
 Kristen L. Redwine  
 Elena K. Remine- FBLA, Spanish Club



Taylor T. Renfro- Art  
 Ronica K. Richardson- Choir, Cross Country,  
 Indoor/Outdoor Track  
 Ryan J. Ridkey



Ann C. Robbins- Drill/Dance Team(Captain), Key  
 Club, FCCLA, Photojournalism Staff, FCA  
 Mitchell G. Roberson- Football  
 Brandon A. Ruth- FBLA, TSA, Building Trades



## Talent & Auditions

The talents of three seniors shines as they were selected by colleges to pursue their art. Chris Mecca, Ian Magee, and Irena Stanisc were recognized as three seniors with superior talents.

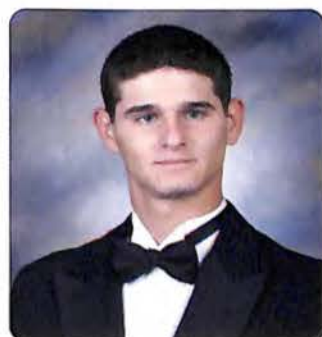
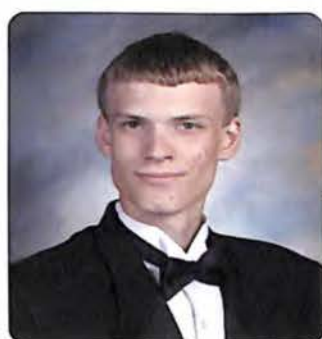
Chris Mecca was accepted into the Shenandoah Conservatory Musical Theatre program. The school is in the top five musical theatre colleges in the country. The school auditions between 1,500 to 2,000 students and accepts only fifteen males into the musical theatre program. Chris has also studied tap, piano, and voice.

Ian Magee stated, "I enjoy playing the trumpet because it is fun and is an outlet for stress." He plans on playing the trumpet at Radford University in the fall. Ian intends on making a career out of doing something musical, whether it be playing the trumpet or another instrument.

Irena Stanisc has won many prestigious awards for her art. She won the Silver Award for her portfolio displayed at the Scholastic Art and Writing Contest. Her art was displayed at the Corcoran Museum in Washington, D.C. Irena received a full scholarship to VCU.

*Kaylin Foor*  
Senior Staff

# Seniors



Nicholas A. Seamans- Photojournalism Staff  
Andrew D. Secrist- Baseball, Basketball, Key Club, Guidance Office Runners, FCA Leader, Spanish Honor Society, Beta Club  
Benjamin A. Sellars- Football, Literary Magazine, Science Club, TSA, Senior Video

Kevin A. Shank  
Shannon P. Showalter- Cheerleading  
Andrew M. Sinnes- Baseball, Latin Club

Justin Smedley- Tennis, Basketball, Deca  
Lucy M. Smith- Soccer, Swimming, Basketball  
Mitchell Snider- FCCLA, FBIA, Deca, Ultimate Frisbee, TSA

Mark Spar  
Adam N. Spencer- Baseball, Key Club, FCA, FCCLA, FBIA, Ultimate Frisbee  
Irena Stanisc- Key Club, Library Helper, Attendance and Front Office Runners, Fine Arts Club, Art Honor Society (Vice President), Spanish Honor Society, Beta Club, Spanish Club

# Seniors

Rachel Travitz

Editor

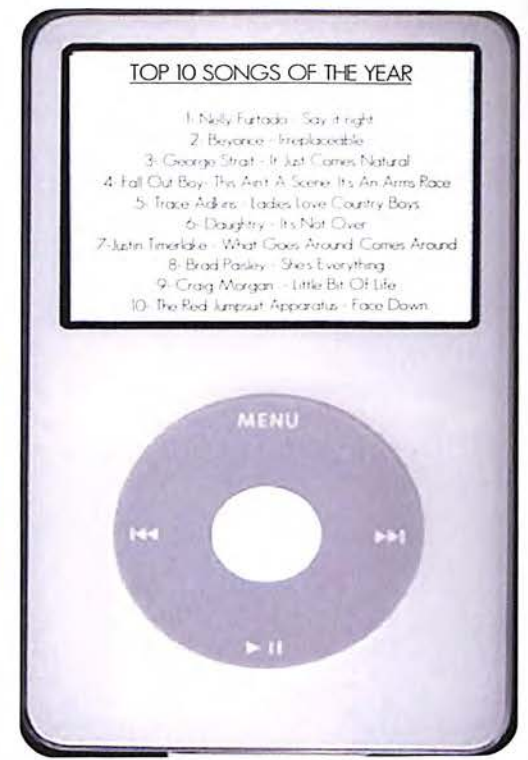
## What Is On Your Ipod?



1. Nicholas Seamans(12) listens to his Ipod before school. Nick said, "I really like listening to my Ipod. It goes wherever I go and I don't have to worry about burning CDs now."



2. Melissa Ivanco(12) hangs out at a track meet listening to music on her Ipod. Melissa said, "I really like my Ipod. It lets me store all of my favorite songs so now I have no need for CDs."



### TOP 10 SONGS OF THE YEAR

1. Nelly Furtado - Say it right
2. Beyonce - Irreplaceable
3. George Strait - It Just Comes Natural
4. Fall Out Boy - This Ain't A Scene, It's An Arms Race
5. Trace Adkins - Ladies Love Country Boys
6. Daughtry - Its Not Over
7. Justin Timberlake - What Goes Around Comes Around
8. Brad Paisley - Shes Everything
9. Craig Morgan - Little Bit Of Life
10. The Red Jumpsuit Apparatus - Face Down

Ava P. Stephens: Cross Country, Track and Field, NAHS, Swimming  
 Glenn V. Stevens: Soccer  
 Lindsey R. Stooks: Soccer, Key Club, Attendance, Office Runner

Crystal L. Strickler  
 Ashley R. Suggs: French Club, FCCLA  
 Daniel H. Taylor: TSA

Alexa P. Tolusso: Senior Class Officer, Swimming(Captain), Lacrosse, Key Club, Senior Class Officer(Treasurer), Jazz Band, Beta Club, Spanish Honor Society, Spanish Club(President)  
 Rachel L. Travitz: Cross Country(Captain), Indoor and Outdoor Track, Science Club, Key Club, Photojournalism Staff(Editor), Theatre Arts Club  
 Mateo A. Urrea: Soccer, Swimming

Jared R. Varney: Wrestling  
 Cynthia A. Vaughan: Choir, Track and Field, Fine Arts Club, Theatre Club  
 Kathryn D. Vaught: Lacrosse, Latin Club, Film Club, FCCLA



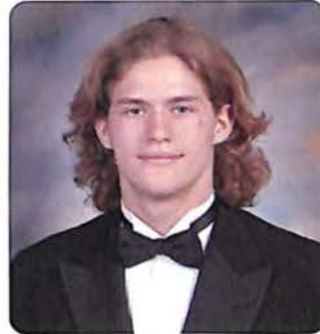




Elizabeth C. Vest- Key Club, Equestrian Club, FCA, FCCLA, FBLA, Science Club, TSA, Spanish Club, Leo Club  
 Margaret C. Wagner- Volleyball(Captain), Key Club, KPP  
 Amber L. Walters- Fine Arts Club, Art Honor Society



Jeffrey C. Wardach- Football, Wrestling, Track and Field, German Club, Latin Club, DECA, TSA  
 Kelsey A. Webb- Swimming, Key Club, DECA, Beta Club, TSA  
 Haley E. Wells- Marching Band, Symphonic Band, Swimming, Concert Band



Jessika L. Wells- Spanish Club, Leo Club  
 Seth P. Western  
 David G. White- Football, Academic Team



Lauren A. White- Drill Team  
 Reanna M. Williams  
 Whitney M. Williams- Cheerleading, Attendance Runner, FCCLA, FBLA



Rachel C. Wise- FCCLA, Film Club, SADD  
 Mary L. Woody- Cross Country(Captain), Indoor/Outdoor Track, Guidance Runner, French Honor Society, Symphonic Band, Beta Club  
 Justin J. Yun- Football, Wrestling, Fine Arts Club, Art Society, Art Honor Society



Jacqueline M. Zilloux- Cross Country(Captain), Indoor/Outdoor Track, Guidance Runner, Spanish Honor Society, Spanish Club, Debate, Beta Club

# Class Rings



Rachel Travitz



Rachel Travitz



Rachel Travitz

*Holly Fitzwater*  


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*People Staff*

Gem stones, birth stones, metal types, engraving, and hundreds of unique styles were only some of the endless options for juniors as they sat through an assembly to find out more about class rings. After all the orders were placed, the waiting began. Juniors waited in anticipation for the day they could finally wear their pride on their finger. In December, the rings finally came in and the wait was over.

"I really love my class ring! It was so hard to pick my ring out because there were so many options to choose from. I'm really pleased with how my ring turned out," said Haley Earls(11).

"My class ring was pretty easy to pick out. I knew the style I wanted and went from there. I really like my ring so the hardest part about getting my ring will be trying not to loose it," said Daniel Motley(11).

"It was really hard for me to pick out my ring. The colors and styles were all so pretty I wanted them all. I love the one I settled on," said Kacie Hoffman(11).

After the long period of waiting to wear their pride, the rings finally came to the school on December 15th. After the traditional ring ceremony held in the auditorium juniors showed off their new class rings. With the rings on hand they truly became the proud class of 2008.

Sarah Anglim  
 Cabot Armentrout  
 William Avery  
 Hannah Babcock



Amanda Baker  
 Kaitlyn Baker  
 Kevin Banks  
 Enkhmaa Battumur



Rachel Beaumont  
 Harold Benitez  
 Tiffany Bennett  
 Stephanie Bierwagen





# Juniors



Sarah Bingham  
Daniel Bishop  
Megan Boehling  
Brandon Bowman



Christopher Boylan  
Molly Briggs  
Brett Buckland  
Jacquelyn Burke



Matthew Burnette  
William Caldwell  
Ryan Capps  
Benjamin Carlin



Ian Carroll  
Benjamin Cary  
Leah Casler  
Jordan Cates



Reuben Chapman  
Lauren Chapmon  
Michael Cilek  
Klint Ciriaco III



# Juniors

Katherine Clay  
Eleanor Connor  
Courtney Cooper  
Joshua Cornwell



Breanna Courtright  
Amanda Couture  
Mellanie Craighead  
Stephanie Crawford



Ashley Crouch  
Douglas Currie  
Chelsea Custer  
John D'Orazio



Ryan Davis  
Meghan Dealnevs  
Kassondra Dean  
Stephanie DeHart



James Dodson  
Bryan Doss  
Daniel Downing  
Alexander Doyle



# Psychology and Sociology

Sociology and psychology are both classes juniors and seniors take to learn more about human behavior and the general way humans think. While it sounds difficult, the efforts are worth the rewards. Students obtain more about the people around them and learning more about behaviors of humans. This class also turned out to be fun and enjoyable as students worked their way through the human mind by doing activities in the classroom.

"I took psychology because when I go to college it's a course I'm considering taking. Learning about it now will help me with my plans for the future. The class is interesting too. We have different experiments that help us, we already have done experiments to help us understand human nature," said Laura Pope(11).

Katherine Ellis(11) said, "I took a psychology class to learn about a new and interesting subject. I also wanted to study the mind to better understand human nature. The discussions and experiments we do have really taught me a lot on how to interpret human behavior."

"I took sociology to learn about how people interact differently in certain situations. It's amazing how the human mind works. This class has really helped me understand the fundamentals of human behavior. My favorite part of the class was a unit where we wrote down the lyrics to our favorite song and learned how it related to sociology," said Chris Downie(12).

Whether these classes were taken for the future or to simply learn about something new, students agreed that it was very useful and turned out to be surprisingly great. The human mind and behaviors change daily, so students found it interesting to learn more about why we interact the way we do.



*Holly Fitzwater*

*People Staff*



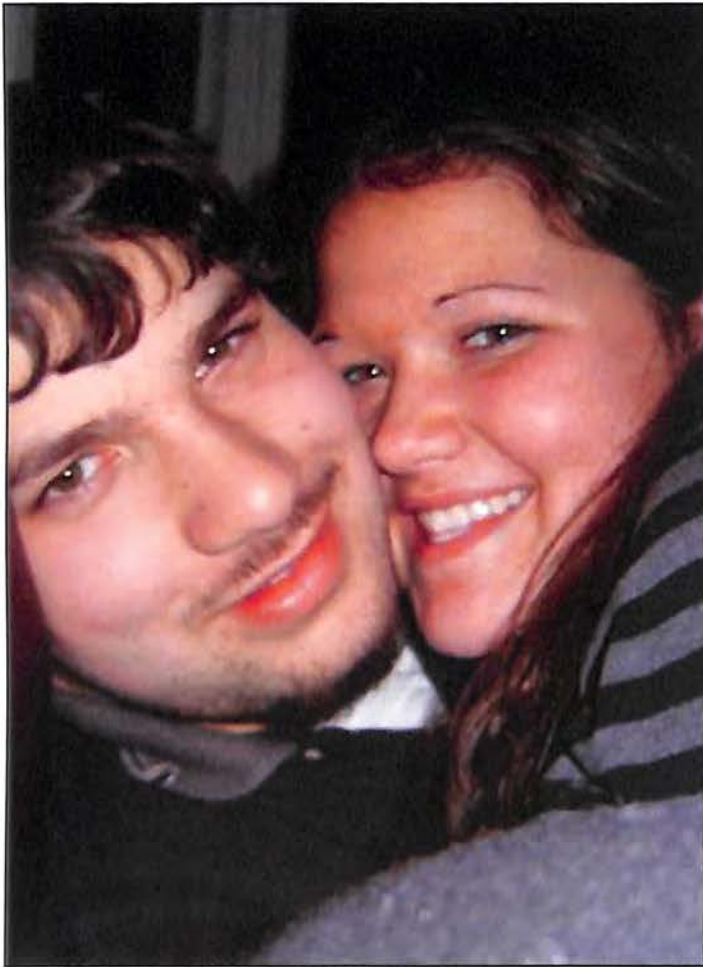
Kristina Duncan  
Adam Dyer  
Kendall Earles  
Haley Earls



Antonina Edwards  
Katherine Ellis  
James Falls  
Gregory Ferguson



Laura Fisher  
Jasmine Fleenor  
Kaylin Foor  
Robert Ford



# The Perfect Date

*Holly Fitzwater*

*People Staff*

Spending time with people you care about has always been something treasured. Over the past year, old relationships have faded and new ones begun. Whatever the case, it didn't stop teens from going out and having a good date with their special someone.

Eric Guyes(II) said, "My perfect date would have to consist of dinner and a movie. You know, something laid back and relaxing so you can get to know the person but have a good time doing so."

"I think the perfect date would be going out to a movie and then taking the guy back to my house for one of my mom's dinners. My mom is a great cook and I would want to be able to see if the guy gets along with my parents," said Nikki Gaddy(III).

"My perfect date would have to involve lots of food. I think it would be really impressive if we stayed home and she cooked for me," said Felix Kueda(II) about his ideal date.

From dinner, to movies, to simply staying at home, everyone had different ideas about what he or she would prefer to do on their perfect date. No matter what the case, the night was sure to be planned for perfection. Besides, it's not so much about where you are as much as it is about who you're with.

David Frank  
Heidi Fredstrom  
Jessica Friend  
Brittany Frost



Auburn Gaddy  
Andrea Gardiner  
Garrett Garlington  
Jacob Gerl



Megan Glassman  
Lauren Goetsch  
Lauren Gould  
Luigi Greco





# Juniors



Shiry Guirguis  
Virginia Gust  
Eric Guyes  
Ryan Hall



Kristin Hambright  
William Harriman  
Rugaya Hassan  
Alecia Hayden



Andrew Henahan  
Rachel Henry  
Kacie Hoffman  
Melissa Horan



Peyton Howell  
Andrea Howes  
Robert Hudson  
Lincoln Humphry



Bryan Jellerson  
Juliana Jimenez  
Kathryn Johnson  
Shannon Johnson



# Juniors

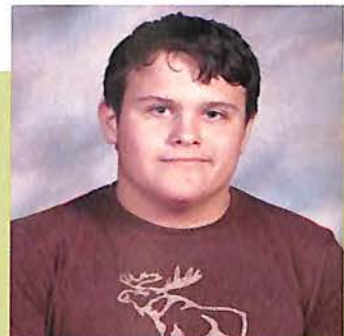
David Kaplan  
Jonathan Keegan  
Darryl Keeling  
Kaitlyn Keister



Maureen Kelleher  
Andrew Kellingner  
Kelsey Kerr  
Sarah Kerr



Samantha Kessel  
Michele King  
Daniel Knowles  
John Koch



Felix Koeda  
Kristen Kyle  
Brittany Lanier  
Kelsey Largen



Samuel Lasky  
Ryan Leet  
Eric Lefevers  
Michael Lester





# Traffic Jam

Holly Fitzwater

People Staff

With the large number of juniors and seniors, the parking lots seemed to be full at all times of the day. Faculty and staff also added to the heavy number of vehicles that piled in and raced out every time the clock reached 3:10. Students of the sophomore class also began getting learners permits while some even got licenses. The students that were brought to school increased the number of cars to the parking lots and before long, it became one crowded jumble of automobiles. Some students found that this made them late to class.

"I get up early and try to get out of the house so I can get to school on time but some days I'm still late," said Chad O'Donnell(III).

"The line to pull into the lot can be so long with all the cars and buses trying to get in. Sometimes I'm almost running through the halls just to make it on time," said Rachel Beaumont(III).

Danny Knowles(II) didn't seem to mind the traffic as much. "I don't like being late but I normally get to school early enough that I don't really have to worry about it."

Some students minded being late and other didn't let it bother them. Whether students had to get up early to get a head start on traffic or not, they all seemed to make it to school eventually. Luckily, the car filled lots never caused any severe damages; only more delays.



Joshua Link  
Laurin Ann Link  
Lydia Longmire  
Kara Marshall



John Mastrangelo  
Amy McCoy  
Leah Miles  
Alycia Miller



Lindsay Miller  
Evan Mixon  
Meredith Moore  
Daniel Motley



# The Story of Juanita Prada

Derek Mastrangelo  
& Tamara Taylor  
People Staff

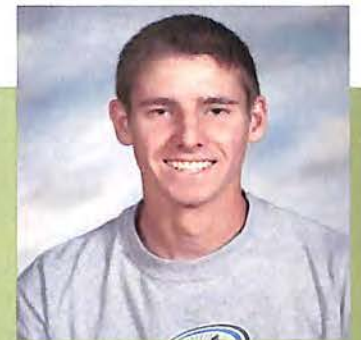


Family friend and Cave Spring junior Derek Mastrangelo was asked by Santiago to attend the Light the Night Walk. Derek said, "I feel that I'm not only close to Santiago, but also the rest of his family. When Santiago asked me to come I was honored and immediately said that I would be able to attend. When I arrived I was surprised by the number of people that were there. Everyone was united for the same reason, to help find a cure." Sarah Anglim(11), Danny Bishop(11), Brittany Bowling(10), Jake Gerl(11), and Laura Pope(11) also attended to show support for Juanita and her family. "As we stood and listened to John Carlin greet everyone and speak about the event it started to rain, but the rain didn't faze people in the slightest," said Derek.

Juanita Prada, sister of Santiago Prada(11), was diagnosed with leukemia in 2002. Juanita went through treatment and was considered to be cured. Then, the unthinkable happened and the leukemia returned. Through all of this Juanita still kept her bright smile for everyone she met. In Roanoke an annual event, Light the Night Walk is held. Light the Night is a part of the leukemia and lymphoma society.

Although it was wet and cold people continued to walk as if it were a clear fall night. At the end of the night the group had paid tribute to those whose lives had been touched by leukemia and lymphoma. Together the event raised over \$46,000 for research grants and patient services. This was a perfect example of how a community can come together for the greater good and accomplish anything.

Clayton Nash  
Jaclyn Norkus  
Chad O'Donnell  
Hunter Oliver



Daver Olivera  
Samuel Overfelt  
Shawna Paige  
Ashley Palmer



Michelle Pannell  
Allyson Paone  
Maria Pasquarell  
Tanmay Patel





# Juniors



Benjamin Perfater  
David Poff  
Laura Pope  
Santiago Prada



Brittany Pulley  
Sabrina Rackow  
Kevin Reeder  
Laura Reese



Lauren Reid  
Kimberly Remine  
Ana Resnick  
Robert Rice



Euridice Rodriguez  
Kayce Rush  
Rachel Scott  
Hannah Seagle



Matthew Simonic  
Meredith Siner  
Stephen Sinnes  
Katie Smith



# Juniors

Timothy Smith  
Timothy R. Smith  
Elizabeth Smoak  
Maximillion Snyder



John Spadaro  
John Stovall  
Ethan Studentic  
Joshua Stultz



Lydia Tran  
Eliza Tuttle  
Brooke Ulrey  
Kiana Vafaei\*Avval



Danielle Vankerckhove  
Joseph Vaughn  
Aimee Veatch  
Kristen Wade



Gregory West  
Amber Whedon  
Sarah Wheeler  
Robert White



# The Path To Success

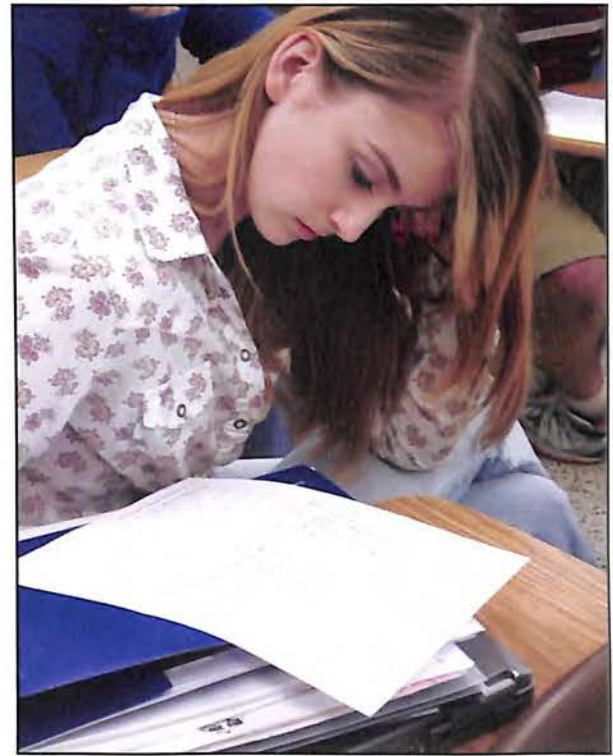
Graduating seniors told juniors that high school was full of great times and plenty of relaxation. Seniors would have said that their junior year was full of things to do and places to see. During this busy year, juniors found themselves over-worked with little sleep as thoughts of a successful future filled their minds. Trips to colleges and extra studying were only a few things students did to help pave a path for life after high school.

"I found myself studying just about every night for a couple hours each night. It's hard work to try and do so well but it will definitely be worth going to college," said Lauren Goetsch(11).

"I don't always remember to study so some nights I ended up forgetting about a huge test or something that's coming up the next day. With sports, it's hard to keep up with all my work but I make sure to keep good grades in my classes so I can still play for the team," said Darryl Keeling(11).

"I study all the time. I really want to go to college and do something with my life so I make sure to ask questions in class. I do all my homework just to make sure I understand the lesson. I know that all the preparation is going to get me somewhere great in the future," said Elizabeth Smoak(11).

Between eight classes, sports, homework, and home life, students made time to study and keep an eye on their future. While juggling all these different tasks proved to be difficult, the students knew that it would be worth it in the future.



*Holly Fitzwater*

*People Staff*



Rachel Wilkinson  
Jessica Williams  
Kayla Wills  
Evan Wofford



Raymond Wray  
Patricia Wright  
Steven Wright  
Richard Xiao



Taylor Yarber  
Amber Young  
Hana Yun  
Kevin Zhang

# Sixteen Candles

Holly Fitzwater  
People Staff



There's cake, ice cream, dancing, laughing, singing, and a whole lot of fun no matter what students decided to do for their sixteenth birthday. Everyone will experience it and most of us have either heard songs or seen shows based on a teens big day. Throughout sophomore year, many students turned sixteen and had a variety of things planned for his or her big day. Other students had turned sixteen previously but still remembered everything they had done to celebrate. No matter what the situation, all were very excited about the day.

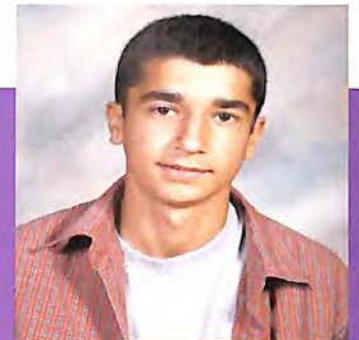
Reba Balzer(10) said, "For my sixteenth birthday, me and some friends rented a limo and went to Hooters for dinner. Everyone stared at us like we were famous! To top the night off, the people at Hooters sang to me; it was great!"

Stephanie Miranda(10) said, "I just went out to lunch at the Red Palace with my family but we still had a lot of fun. It was really embarrassing when the restaurants staff sang to me. It felt like everyone was staring at me."

While some students found themselves spending time with only a few people, Marion Whisnant(10) wanted to do something close to what one would typically see on TV. "It was huge! I invited a ton of people so I had a great time. My parents got the country club rented out for me and there was music, dancing, food, and lots of fun. It was the best sweet sixteen ever!" said Marion.

Whether the time was spent with family, friends, or the two combined, it was guaranteed that each birthday was spent in its own unique way; doing whatever the individuals enjoyed most. And so it remains, blowing out sixteen candles is a tradition teens continue to look forward to and love.

Genevieve Anderson  
Jacquelyn Anderson  
Nancy Lee Andrews  
Neil Aneja



Carl Austin  
Stephanie Ayers  
Mary Ball  
Rebecca Balzer



Derrick Barnes  
Bilguun Battuul  
Paige Baumann  
Miles Bennett



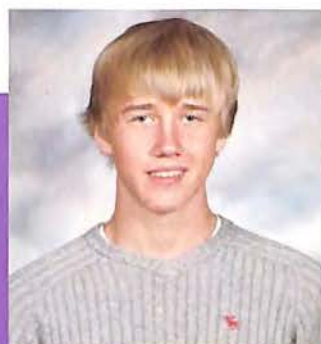
# Sophomores



Ryan Bennett  
Jocelyn Bernardo  
Alea Bier  
Monica Boatwright



Kathryn Bondurant  
Lauren Bosche  
Michael Boucher  
Brittany Bowling



Kyle Boyd  
Andrew Brammer  
Deidre Brass  
Kevin Briggs



Hugh Brown  
Richard Brown  
Amiee Brydges  
Autumn Burdette



Devin Cain  
Joseph Cary  
Juliette Cash  
Tyler Caveness



# Sophomores

Kevin Ciriaco  
Karra Clark  
Steffen Clark  
Gary Clipp



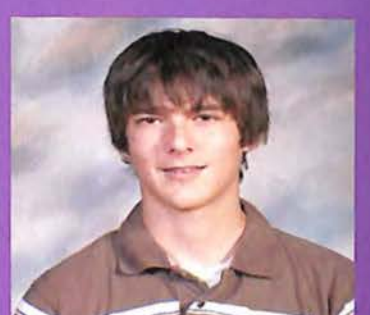
Niall Coffey  
Danielle Cohan  
Whitney Cole  
Stephanie Coleman



Casey Cook  
Sarah Cornwell  
Karina Coronado  
Paul Craighead



Rachal Crum  
Keli Dalton  
Rebecca Davis  
Joshua Dean



Gerald Debatto  
Joanne Devera  
Kristan Diones  
Laura Dodson





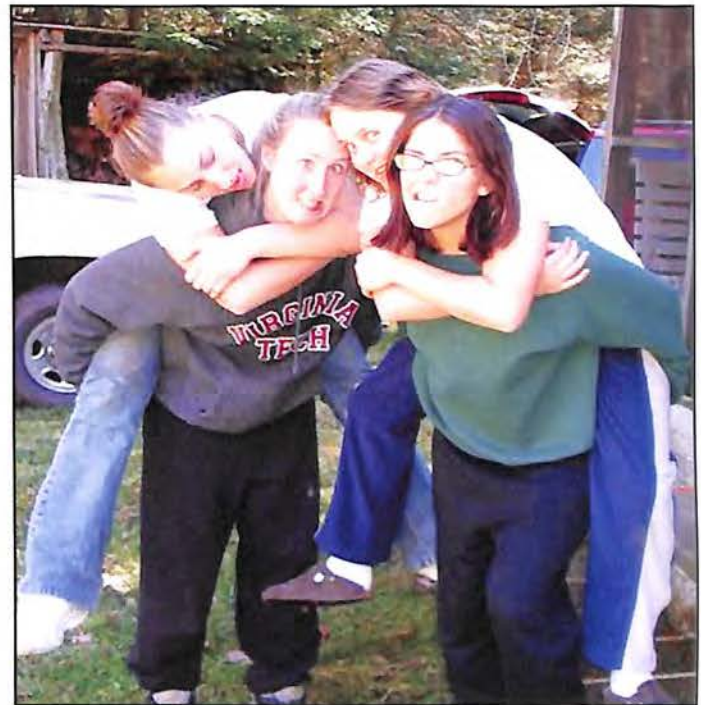
# Hangouts and Traditions

There were many designated hang out spots for sophomores. They spent the year snagging rides from their junior and senior friends to get to their favorite spots. Friday night football games were the first order of business. Before students headed off to the game, they stopped at Kroger to get food for tailgating, which was another popular activity. Being at a central location, Kroger was a popular meeting place for the sophomores to meet up with their upperclassmen friends. When the football season ended, it was time to hit up the gym. Sophomores took to the stands to watch the basketball teams.

On some of the many rainy days, sophomores chose to stay home and watch movies, go out and see a movie, or go to the mall with friends. The mall was one of the most commonly visited places. Karra Clark(10) said, "When I moved here from New Jersey, I thought it was a really small place, but now I realize that there is plenty to do. My friends and I go to the mall and shop all the time."

Monica Boatwright(10) said, "It's fun to go out and do things with my friends but I really like just staying around the house and goofing off with whoever is around."

Whether their time was spent out on the town or simply hanging around the house, wherever students were at the time, it was the place to be.



Holly Fitzwater  
People Staff



Michael Donato  
Frank Dowie  
Jacob Eanes  
Eric Evans



Paul Fariss III  
Hillary Ferguson  
Olivia Ferguson  
David Francisco



Candice Furrow  
William Garcia  
Alexandra Gerhardt  
Kyle Gibson

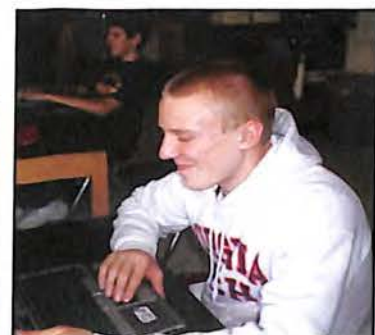
# Working Hard for Varsity

Putting in extra effort and talent, sophomore athletes take positions on varsity teams. Greg Mackey played point guard for the boys varsity basketball team. "Playing on varsity is a great opportunity to learn from the older, more experienced players," said Greg.

Lindsey Matko was on varsity cheerleading and was also on the competition squad. "I really enjoyed cheerleading and I feel like my talents were better used on varsity," said Lindsey.

Another underclassmen on a varsity team was Lauren Bosche. Lauren was on varsity volleyball and was able to move on with the team to states. The team won another state title. "It was such an honor to be on such an accomplished team and be able to go to states," said Lauren.

There was at least one sophomore on almost every varsity team including, Meredith Walker on soccer, and Ted Lyle on baseball. Kelly Keegan and Kelsey Martin were also on varsity cheerleading.



*Erica Horseman*

*People Section*

Eric Gladfelter  
Briana Glennon  
Graham Grasty  
Taylor Graves



William Williams  
Casey Guthrie  
Lauren Guzinski  
Travis Hahn



Megan Hale  
Jacquelyn Harris  
Elizabeth Hatcher  
Hannah Hawthorne



# Sophomores



Courtney Henson  
Brittany Herberger  
Joshua Hinchee  
Ashley Hodges



Justin Holt  
Frank Hudson  
Raymond Hudson  
Natalie Iannello



Theodore Ivanco  
Danielle Jewell  
Andrew Jones  
Lindsey Jones



Kelly Keegan  
James Kennedy  
Catherine Kerenyi  
Kylie Kerr



Jordan Key  
Fizza Khaliq  
Sharodlee Kinchen  
Andrew Kinder



# Sophomores

Brendan King  
Brook King  
Matthew Knuppel  
Mary Kuebler



Kimberly Kufel  
Kathryn Lawryszek  
Heather Lehrer  
Susan Lilly



Harrison Lima  
Ashton Linkenhoker  
Megan Loar  
Joseph Lombart



Victoria Long  
Ariannys Lopez  
Yingzhu Luqiu  
Ted Lyle



Chase Mabry  
Dontel Mactarland  
Gregory Madkey  
Margaret Magee



# First Car Worries

As the time sophomores receive drivers license approaches, sophomores begin to tell their parents what type of car they hope to drive. Dream Cars set aside, it gets down and dirty and there were heated debates between teens and parents about the type of transportation the teen would have. Despite all the arguments there is sometimes positive thinking. Parents say fast sports cars are not the thing their children need, while students beg and plead for their own hot rod.

The following cars were chosen as favorites of students, Dodge Charger, Chevy Impala, Pontiac GTO, Toyota Camry and BMW 325i. The BMW 325i and Pontiac GTO were chosen as the absolute favorite car by students. The Chevy Impala however, was still a parent's favorite choice for its safety and reliability on the road.

While some students received brand new cars for their sixteenth birthdays, others took the hand-me-down cars from older siblings or parents. In the end no matter what car the student ended up with, most students were just satisfied to be driving at all.



Holly Fitzwater  
People Staff

Kayla Wills  
People Staff



Danielle Malkos  
Daniel Maloney  
Zachary Marrano  
Amanda Martin



Kelsey Martin  
Quinlyn Mastaw  
Rian Mastrangelo  
Lindsey Matko



Kevin McAden  
Brittain McCall  
Tyler McCoy  
James McDearmon

# Taking the Lead

*Erin Griffin*  
*People Staff*



*I*n the spring production *Music Man*, Emily Smith played Marian the Librarian which was one of the leading roles. Playing such a large part in the play was very important to Emily because she tried hard to earn the part. Emily has been acting for years. Ever since Emily was little she has been in little plays with her sister, but didn't start doing larger plays until middle school.

"Music and theater is a big passion of mine, and sharing that passion with others is always rewarding," said Emily. Emily does a lot of classical voice training and piano outside of school which helps her in musical theater. Marian the Librarian wasn't Emily's first big role in a play; she has had many parts in the Community Theater that she was very proud of earning. Getting one of the lead roles in the play was also very important to Emily because she is a sophomore. Normally bigger roles go to the seniors.

Emily said, "I was so excited to get the part of Marian the Librarian because I know a lot people tried out for the part and I felt honored to be able to receive the part. It's also such a fun role to play; I hope I do her justice."

The spring production is put on for the Roanoke Valley to show off student's talents in the theater arts department.

Cara McFague  
Katy McFall  
Sarah McIntosh  
Mason McLeod



Dillon Meacham  
Molly Meador  
Melissa Meinhart  
Eric Minch



Sarah Mitchell  
Kathryn Moore  
Taylor Moore  
Brittany Moran





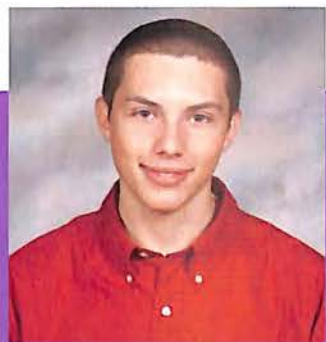
# Sophomores



Carter Mull  
Sean Murphy  
Thomas Murphy  
Christopher Nastos



Daniel Neighbors  
Quentin Nichols  
Lauren Nielsen  
Nicholas Nordberg



Travis Noyes  
William O' Brien  
Margaret Osborne  
Zachary Osborne



Airelle Overfelt  
Paul Overfelt III  
Ine Paige  
Mitali Patel



Monikaben Patel  
Chelsea Patton  
Heather Pearson  
Joshua Poage



Matthew Podlecki  
Mollie Puckett  
Liam Rea  
Daniel Rector



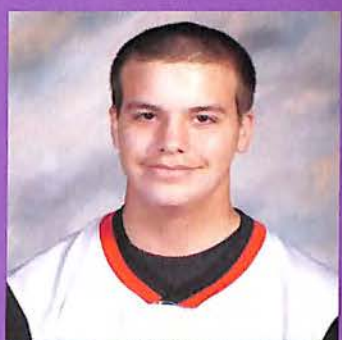
Jordan Reid  
Molly Reilly  
Jon Riggins  
James Robinson



Kristen Robinson  
Adam Roland  
Katherine Rooney  
Ryan Ruth



Daniel Rutherford  
Sarah Schaefer  
Brennan Scott  
Evan Sexton



Kellie Seymour  
Benjamin Shapiro  
Ceary Shay  
Sophia Shelton





# Cell Phone Craze

*Holly Fitzwater*

*People Staff*

*I*t is apparent that many students use different forms of technology ranging from laptops and flat screen televisions to satellite radios. But one of the most common and popular forms of technology today is the cell phone. Many students and adults claim that they would be lost or confused without their cell phones but others find it just an accessory and not a necessity.

"I love my cell phone. It gives me privacy when I talk to people and I can keep all my friend's numbers in it so I don't have to memorize a number to talk to someone. It's always with me," said Kelly Keegan(10).

"I don't have a cell phone. I think it would be nice to have but it's not something I need so it doesn't bother me," said Devin Cain.

"I really like having a cell phone because people can reach me wherever I am unless I'm not getting service. Having one just makes things a lot easier like when I need to be picked up from school or our practice time is changed. I'm not sure what I would do without my phone," said Jordan Reid(10).

Whether students already owned a cell phone or were close to getting one, the device proved to be a reliable means of communication. However, some still found it was something they could do without and didn't let their social lives revolve around a piece of technology.



Monika Slowikowski  
Emily Smith  
Logan Smith  
Samantha Snyder



Maella Somerville  
Elizabeth Spar  
Madeleine Sprenger  
Kayla Spurgeon



Michael Spurgeon  
Holly Strickler  
Cierra Stump  
Caitlan Swaffar

# Show Me The Money



*Holly Fitzwater*

*People Staff*

*New clothes: \$200.00 Fuel: \$50.00 Sporting events: \$5.00 Movie ticket: \$8.25 Dinner out: \$30.00.*

No matter how you looked at it, going out on the weekends cost money. Teenagers found themselves on a job hunt to bring in enough cash to make sure going out wouldn't leave them broke.

"I've interviewed for a couple jobs and I don't really like working but its a way to make money so I can't complain," said Chelsea Patton(10).

Ryan Bennett(10) said, "I don't have a job and I don't plan on getting one. My parents give me money every now and then and that gets me enough for what I want to do normally. Plus, I'm too lazy to work."

"I don't have a job but my mom takes care of just about everything I want to do. Since I play sports, I really don't have time to work and I think thats why my mom pitches in," said Meredith Walker(10).

Even though working day after day was time consuming teenagers found it worth being able to have some fun. Not having to count on their parents for every penny was also a plus of earning money. Lessons of the value of a dollar were taught to students as well as preparing for the future. Students with jobs were a little more prepared to enter the working world and make it on their own.

Aaron Thomason  
Eric Thornhill  
Devian Trevey Boltrott  
Tara Turner



Tatum Tyler  
Parker Vascik  
Traci Vaught  
Ellen Vest



Alexander Vigh  
Alexander Vinson  
Ferron Wade  
Jennifer Wade



# Sophomores



Sarah Waldron  
Meredith Walker  
Sara Walton  
Lashonda Webb



Laura Weeks  
Brittany West  
John Wheelock  
Marion Whisnant



Emily White  
Brittany Williams  
Ian Williams  
Jodie Williams



Rachel Williams  
William Williams  
Elizabeth Wilson  
Taylor Woodrum



Kristen Wray  
Melissa Wray  
Bryan Wright  
Daniel Wright



# Sophomores

Tiffany Wright  
Carlos Ybarra  
Hillary Young  
Jia Zheng



Ann Zimmerman  
Alexander Zuber



# Big Brother, Big Sister

Kayla Wills  
People Staff

The sophomore class was filled with students with upperclassmen siblings. Big Brother was no longer a reality show for Niall Coffey, Ceara Shay, Samantha Snyder and Melissa Wray. Siblings were commonly found sitting together at lunch and mingling in the hallways. Kyle Boyd, Lindsey Matko, Amanda Martin, and Tiffany Wright found themselves picking up rides from their older sisters.

"If you embarrass me in front of my friends I will deal with you at home," was a common lecture given by the older sibling as the school day started. There was plenty of love between the siblings as well. Sophomores got rides to and from school and work as well as out to the mall and the movies.

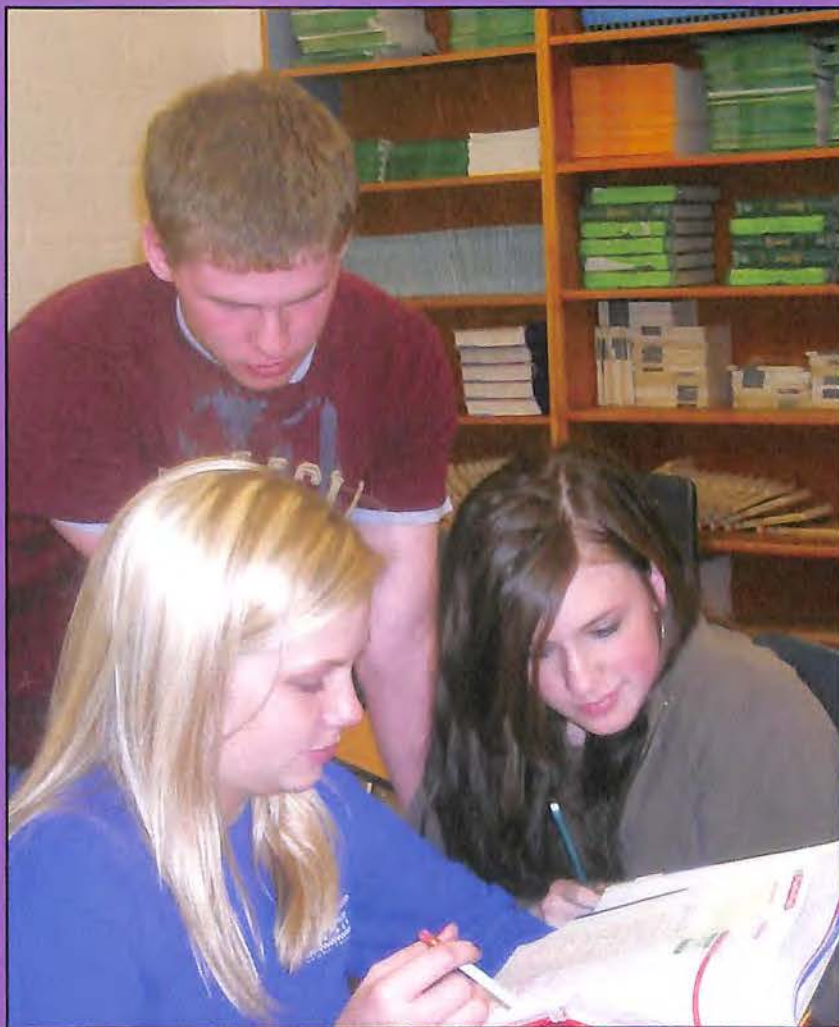
Samantha Snyder(10) depended on her older brother Max(11) for rides back and forth to their track meets and practices.



For the Matko sisters, it was all about sports. To and from practices and games were the common destinations for the girls. Teddy(10) and Melissa(12) Ivanco shared a sport. Both Teddy and Melissa ran track and field.

"Emily(12) is not just my big sister, she is one of my best friends. She takes me to and from school everyday. She even waits for me to get through with cheerleading practice," said Lindsey Matko(10).

No matter what the occasion, these sophomores depended on their brothers and sisters to get them to and from places safely, and to just have someone to talk to when the school day hadn't gone as well as planned. Teddy(10) and Melissa(12) Ivanco shared a sport, the siblings both run track and field.





Courtesy of Lauren Marley



Rachel Trivitz

# Freshmen

Alexis Aliff  
 Louis Alvarez  
 Andrew Anderson  
 Ashley Anderson



Brooke Anderson  
 Emily Anderson  
 Patrick Anderson  
 Somen Asif



Sara Assaid  
 Reema Azar  
 John Barbee  
 Robert Barfield



Chelsea Bartholomew  
 Courtney Beasley  
 Zachary Beckner  
 Andrew Benitez





# Freshmen Fast Facts

Tamara Taylor  
People Staff

Scot Freeman(9), Simon Harrison(9), Andrew Benitez(9) attended the State Wrestling Meet during February.

Courtney Gaddy(9) was on Varsity Softball

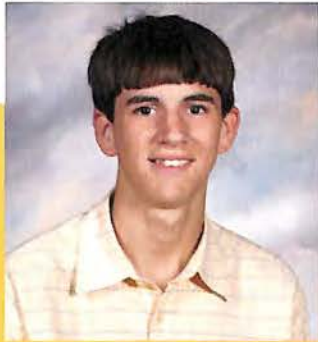
Jocelyn Kellinger(9) was on the Varsity Volleyball Team.

Lauren Markey(9) and Sarah Zillioux(9) both made the Varsity Girl's Soccer Team

Piper Hagan(9), Mallory Porter(9), Ann Wheelock(9) all were on the Tennis Team.



Christopher Bernitt  
Alexander Berry  
Laura Blades  
Allison Blankenship



Thomas Boehling III  
Taylor Bohon  
Ryan Boughal  
Frank Boxley



Arin Brenner  
Malinda Britt  
Seth Brown  
Timothy Brown



Michael Burns  
Joseph Carlano  
Alvin Carpenter  
India Carper



# Preparing for the Future

*Tamara Taylor*  
*People Staff*

January was a busy time for guidance counselors and students as the time for selecting classes for the following year approached. With a long list of different classes, it was often hard to decide which classes to take. With the wide variety of classes offered some students already knew which classes he or she wanted to take. They also tried to choose classes that would better prepare them for life after high school. Some students opted to take pre-ap classes in order to gain knowledge in the subjects that most interested them. They also took more difficult classes in order to help them advance towards an advanced diploma. Whether going to the advanced or standard diploma all students were given the opportunity to gain new knowledge and awareness.

"When the time came to select my classes I immediately knew which classes I wanted to take," Brittani Couture(9) said. Overall, freshmen knew that the classes they had chosen would better help them to achieve and succeed in the future.

Esther Cho  
Kristly Ciriaco  
Katie Cloeter  
Katherine Cloud



Ryan Cloud  
Christopher Coffman  
Matthew Compton  
Andrew Conley



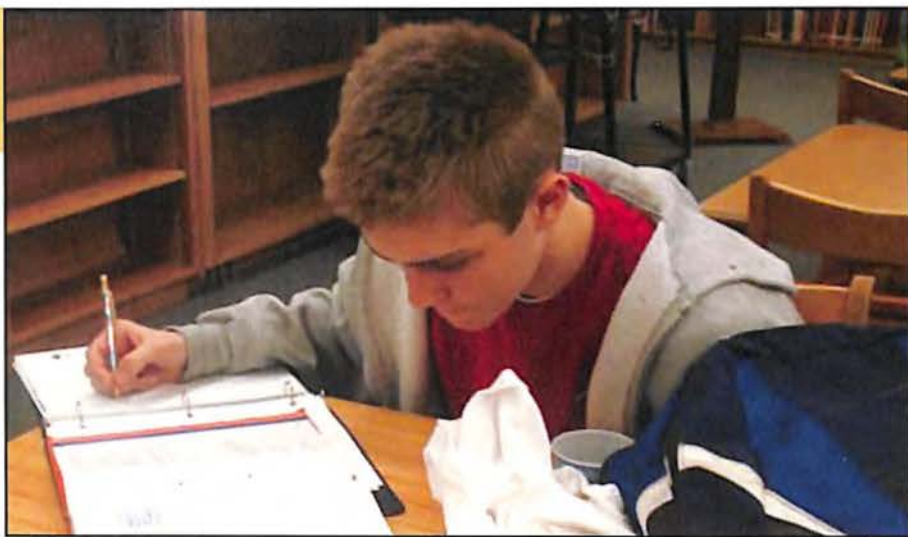
Samuel Cooley  
Luis Cordero Rios  
Brittani Couture  
John Craighead



Drew Craighead II  
Bethany Crane  
Megan Cromer  
Marcus Dagenais Lewis







Tamara Taylor



Tamara Taylor

# Freshmen



Joshua Delves'Evans  
Quentin Dill  
Donald Dimassimo  
William Dooley



Hanna Dorsey  
Brenden Dreyer  
Kimber Dreyer  
Jacqueline Duncan



Jessica Durham  
Cory D' Orazio  
James Earles  
Morgan Edmunds



Kristina Eichblatt  
Benjamin Emery  
Logan Emery  
Meghan Epperly



Mrs. Gotschal



Mrs. Gotschal



Mrs. Gotschal

# Freshmen

Jacob Equi  
Nathan Ewoldt  
Neekta Farahmand  
Luke Feldenzer



John Fendley  
Jordan Ferguson  
Amanda Ferrarisouza  
Lauren File



Katherine Ford  
Angela Foreman  
William Fortune  
Scot Freeman



Gabrielle Frohock  
Kayla Funk  
Courtney Gaddy  
Samantha Garten





During an awards assembly held on Tuesday April 24, 2007 the following Freshmen recieved academic awards

Outstanding Academic Achievement Awards:

- Reema Azar
- Alexander Berry
- Allison White

3.4+ GPA

- Ashley Anderson
- Reema Azar
- Christopher Bernitt
- Alexander Berry
- Taylor Bohon
- Cory D'Orazio
- Kayla Funk
- Elliot George
- John Griffith

- Kyle Keister
- Patricia Longmire
- Idorenyin Ndem
- Mark Overstreet
- Bethany Poff
- Morgan Poff
- Ethan Scott
- Emily Slaughter
- Nicholas Socky

- Molly Western
- Ann Wheelock
- Allison White
- Tyler Wiseman
- Sarah Zillioux
- Colleen Zimmerman



Elliot George  
Kelsey Gerl  
Virginia Gibbons  
Ashlyn Gibson



Dillon Gibson  
Jordan Goss  
Sean Gould  
Tucker Green



John Griffith  
Amanda Grubb  
Ethan Hafey  
Piper Hagan



Adam Hager  
Charles Harman  
Edward Harriman  
Benjamin Harris



# Friends and Fellowship

*Tamara Taylor*  
*People Staff*

*Y*oung Life became a very large part of the Cave Spring Community. Many students ranging from freshmen to seniors attended the sessions that were often held at Brittani and Amanda Couture's home on Monday nights. At Young Life not only were students able to have fun and meet new people, but they also learned about the different aspects of fellowship that can be treasured for a lifetime.

"The best part about Young Life are our leaders Cliff, Meg, and Susan. They care about every person that comes into Young Life and always tried to get more people to come," said Lauren Markey.(9)

Sean Gould(9) said, "Young Life is the best thing ever and it gets students excited to learn all about fellowship."

As time goes on, many students were still encouraged to join this fun, and exciting group where learning was encouraged.

Simon Harrison  
Kelsey Hauschildt  
Kristen Heilesen  
Alexis Helms



Joshua Henderson  
Timothy Henderson  
Zachary Hinchee  
William Hogan



Samantha Holman  
Sarah Houhoulis  
Frazier Howes  
Angela Huang



Christopher Hughart  
Jacquelyn Huneault  
Alex Hunter  
Coy Hypes

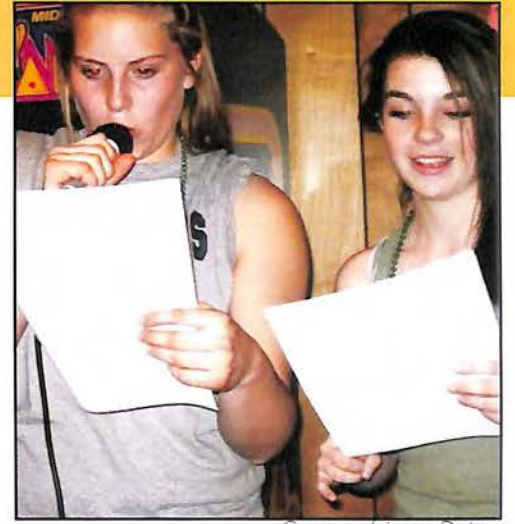




Courtesy of Meghan Epperly



Courtesy of Brittani Couture



Courtesy of Jessica Durham

# Freshman



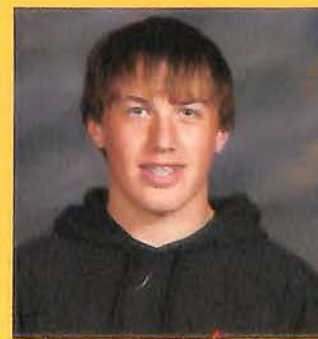
Erik Jacobsen  
Briana James  
Caitlyn James  
Murray Joiner III



Sterling Jones  
James Kasza  
Kyle Keister  
Grant Kelley



Jocelyn Kellinger  
Ahmad Khan  
Richard Kim  
William King



Katelyn Kittinger  
Steven Koll  
Sean Kyle  
Garrett Legg



Mrs. Gotschal



Tamara Taylor



Catey Robbins



Mrs. Gotschal

# Freshmen

Ami Lehrer  
Carlee Loftus  
Patricia Longmire  
Christian Lundy



Daniel Lustig  
Olivia Lyon  
Nicholas Macfarland  
Tia Marchenko



Lauren Markey  
Jared Martin  
Thomas Mazza  
Ryan McCoy



Ryan McDowell  
Samantha McGee  
Olivia McGuigan  
John McLeod





# Don't Worry, Be Happy

*Tamara Taylor*  
People Staff

Students constantly had certain worries that nagged them from day to day. Students worried about anything from a huge test to their appearance when going out. No matter what the day or time, everyone had something on their mind. At times students asked their friends for advice to help clear up any worries.

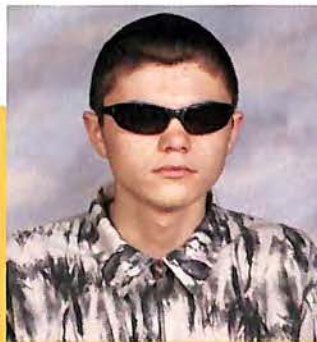
Jocelyn Kellinger(9) gave advice on how to overcome worries, "Always have your friends there beside you to help you through everything."

Courtney Gaddy(9) advised, "Worrying about things holds you back from going forward, so it's best that you look ahead to overcome any type of worries that could further cause stress."

Overall, many freshmen found ways to forget about the millions of worries that occur in everyday life and remained as happy as possible.



Benjamin Mead  
Cameron Meador  
Ryan Mecca  
Todd Mick



Stephanie Mire  
Igor Mistulov  
Pratik Mody  
Emily Moye



David Munson  
Michael Nance  
Idorenyin Ndem  
Alyssa Nepper



Benjamin Nowak  
Morgan Oliver  
Kaung Oo  
Mark Overstreet



# Freshmen Life

*A* day in a life of any average freshmen showed that there were many daily routines carried out by the students. Freshmen gave their thoughts about their daily activities and rituals.

"I come to school and just do my best to ignore highschool drama. I also try to make good grades, so I can get into a good college."  
-Alexis Aliff(9)

"After I arrive at school in the morning I usually go to the cafeteria to talk with my friends until it is time to go to homeroom. I like going to homeroom because I get a little time to relax before the day really gets going."  
-Alyssa Nepper(9)

"I go to Burton and then come back to Cave Spring before 2nd period starts. While waiting for my classes to start I hangout with my friends. We tend to have some pretty crazy moments throughout the day."  
-Tia Marchenko(9)

Robyn Owens  
Amanda Paige  
Brittany Palmer  
Nicholas Pappas



Mary Parson  
Megan Pendleton  
Eric Pennino  
Bethany Poff



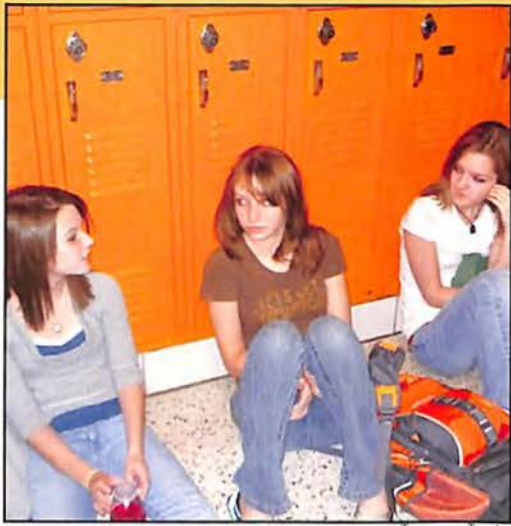
Morgan Poff  
Mallory Porter  
Cody Rebok  
Corey Reese



Edwin Resnick  
Patrick Russo  
Ethan Scott  
Matthew Sedivy







Tamara Taylor



Courtesy of Sean Kyle



Tamara Taylor

# Freshmen



Sarah Sharp  
Ashleigh Sherman  
Caleb Sigmon  
Emily Slaughter



Bryan Smith  
Sydney Smith  
Nicholas Socky  
Jordan Spangler



Hannah Spurgeon  
Ashley Stocks  
Mariah Stump  
C.T. Talevi



Tamara Taylor  
Frank Terry  
Cara Thomas  
Barbara Triplett



Courtesy of Ginny Gibbons



Courtesy of Sarah Sharp



Mrs. Gotschal

# Freshmen

Yalitza Vega  
Jacob Walters  
Krystal Walters  
Cray Webb



Joseph Wells  
Molly Western  
Ann Wheelock  
Allison White



Justin White  
Jack Wilkes  
Emmaline Wilson  
Issac Wilson



Nathan Wimmer  
Tyler Wiseman  
Thomas Witten  
Kennon Wright





# Friday Night Fever

*Tamara Taylor*  
*People Staff*

sporting events and hanging out with friends were just a few of the things that consumed the lives of students on Friday nights. Hanging out in the Kroger parking lot or stopping by the Country Store for ice cream and a soda were often rituals of many students on Fridays. Freshman, Ann Wheelock(9) said, "I like to meet a bunch of my friends at the movies, and then go to Starbucks in Barnes and Noble." Even though freshmen did not have the privilege of driving, they found ways to hang out with their friends and have a night out on the town. Rides were a dime a dozen, freshmen could usually find an upperclassmen friend or family member willing to give them a ride to their desired destination. From time to time, one's ride would be going some place a little more exciting, so they would decide to tag along. Laura Patel(9) said, "Wow, Friday nights are the best with friends and parties, but we do have days when we just want to chill at a movie or go to a friends house."

Overall, freshmen had no trouble getting around on a Friday nights, nor did they have a dull moment.



Tamara Taylor



Courtesy of Brittani Couture



Courtesy of Brittani Couture



Tamara Taylor



Sarah Zillioux  
Colleen Zimmerman



# Administration



Mrs. Martha Cobble  
Principal

Mr. Paul Lineburg  
Assistant Principal

Mrs. Diane Herchenrider  
Assistant Principal



Mr. Paul Lineburg  
Assistant Principal



# Faculty



Rachel Trantz  
Laurin Ann Link  
Editors



Connie Alonso-Masher



Lisa Armstrong



Miss R. Avery



Mr. J. Barnes



Miss E. Barnett



Ms. B. Bivens



Ms. D. Bliss



Mrs. B. Blount



Mrs. M. Branisteanu



Mrs. P. Bredenkamp



Mrs. D. Burrs



Mrs. B. Campbell



Mrs. P. Carr



Mr. J. Carrell



Mr. J. Casart



Mrs. R. Davis



Mrs. J. Deason



Mrs. S. Deas



Mrs. J. Deas



Mr. J. Deas



Mrs. S. Dunstan



Mr. D. Edsall



Miss J. Ficarro



Mrs. S. Flora



Mr. T. Fulton



Mrs. J. George



Mrs. S. Gotschal



Mrs. J. Gottstein



Mr. B. Hall



Mrs. T. Hartley



Mrs. F. Hill



Mr. P. Hill



Mrs. N. Hoffman



Mrs. M. House



Mr. A. Huray



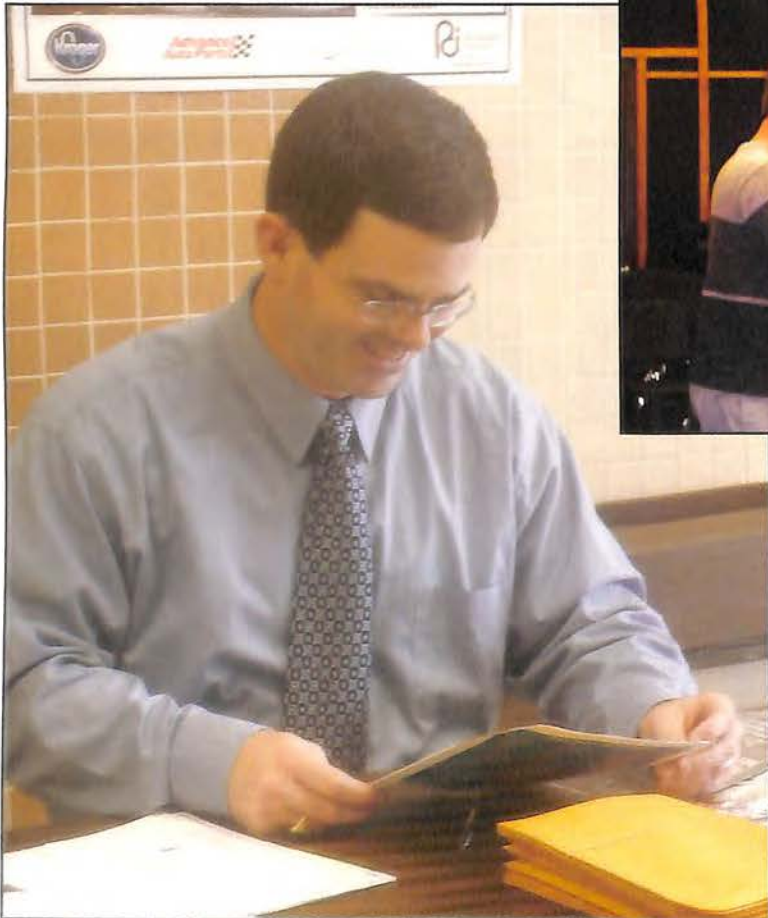
Ms. B. Johnston



Mrs. P. Joshi



Mr. Andrew Kufel



Kayla Wills



Kayla Wills



Kayla Wills



Kayla Wills

Kayla Wills



Kayla Wills



Mrs. George lectures her biology class on the proper dissection techniques. Mrs. George returned as a substitute half-way through the year.

Mr. Crouse carries a students laptop back to the laptop depot. He was responsible for fixing the school provided laptops.



Kayla Wills



Kayla Wills



Kayla Wills



Mr J Larocco



Mr. J Laughner



Mr. J. Legault



Ms. L Long



Mrs J Lucki



Mr P Lustig



Mrs B Maciorowski



Mr T Maguire



Mr B Mantz



Ms D Malcolm



Mr T Moll



Mr E Martinez



Mr F McWilliams



Mr W Miller



Ms J Miller



Mrs J Miller



Mr J Miller



Mr J Miller



Mrs. Gotschal



Mrs. Gotschal

Mr. David Nedrow works on a letter of recommendation. Guidance counselors served as friends as well as faculty for some students



Mrs. Gotschal

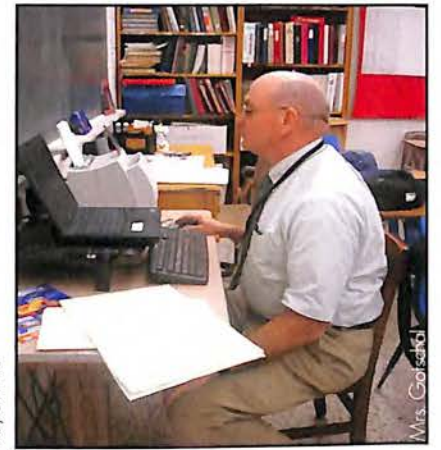
Bookkeeper, Connie Alonso-Mosher tracks the spending of clubs and takes in money from the cafeteria. This was only one of many of her daily tasks.



Mrs. Gotschal



Kayla Willis



Mrs. Gotschal



Mr. D. Nedrow



Mrs. D. Nichols



Ms. L. Overstreet



Mrs. M. Overstreet



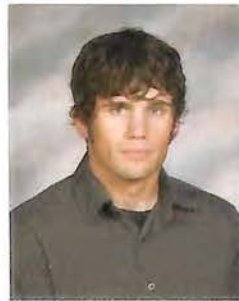
Ms. Paige



Mrs. M. Patterson



Mr. J. Resdine



Mr. D. Perdue



Mrs. A. Pfeiffer



Mr. R. Powers



Mr. M. Price



Mrs. S. Price



Mr. J. Price



Mrs. J. Price



Mrs. J. Price



Mr. J. Price



Mrs. J. Price



Mrs. J. Price





Mr. T. Sauls



Mrs. S. Sine



Mrs. A. Smith



Mrs. B. Smith



Mrs. K. Smith



Mr. P. Soucie



Mr. E. Spruell



Mr. J. Swartz



Mrs. B. Thomas



Mrs. B. Twine



Mrs. S. Tyler



Ms. M. Vagts



Mr. M. Walker



Mrs. S. Wall



Ms. L. Willett



Mrs. P. Williams



Ms. K. Wilson



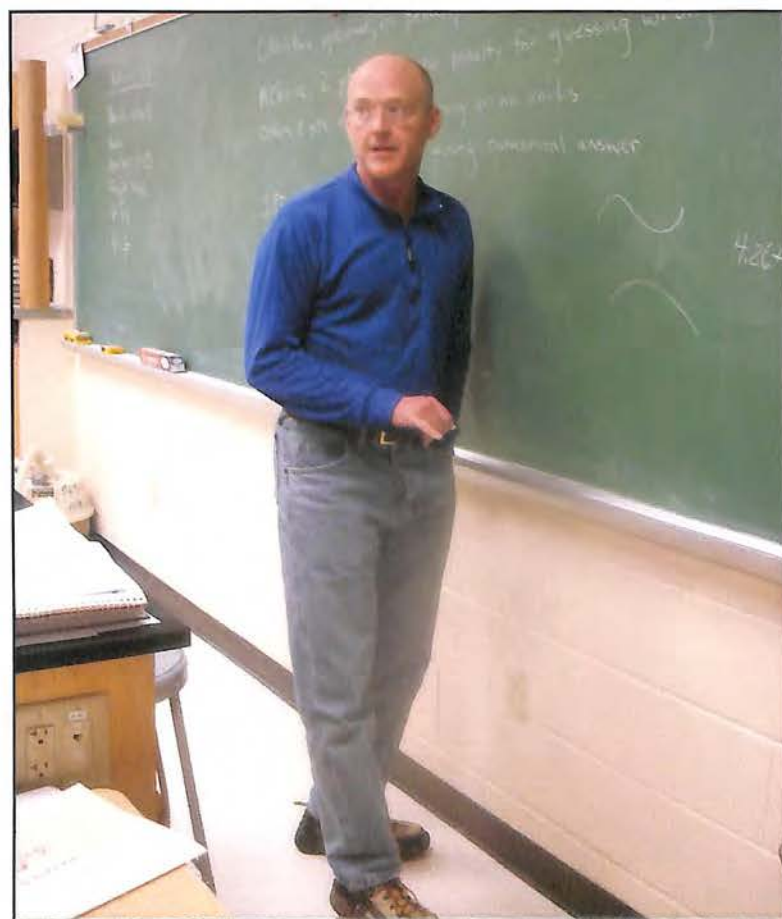
Mr. R. Wolfe



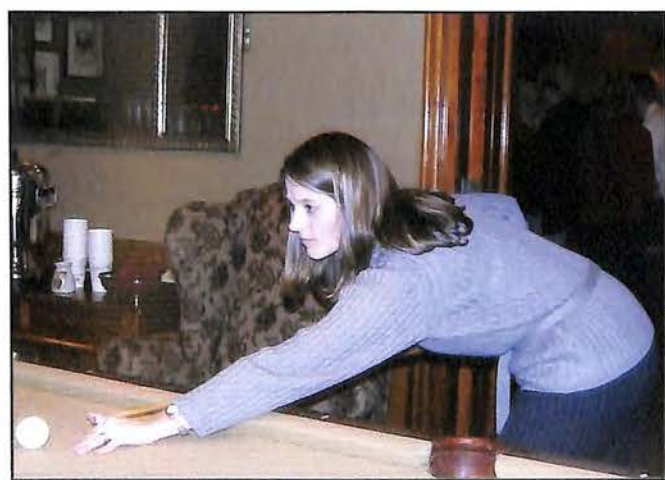
Mr. Wright



Mrs. Gotschal



Mrs. Gotschal



Mrs. Gotschal

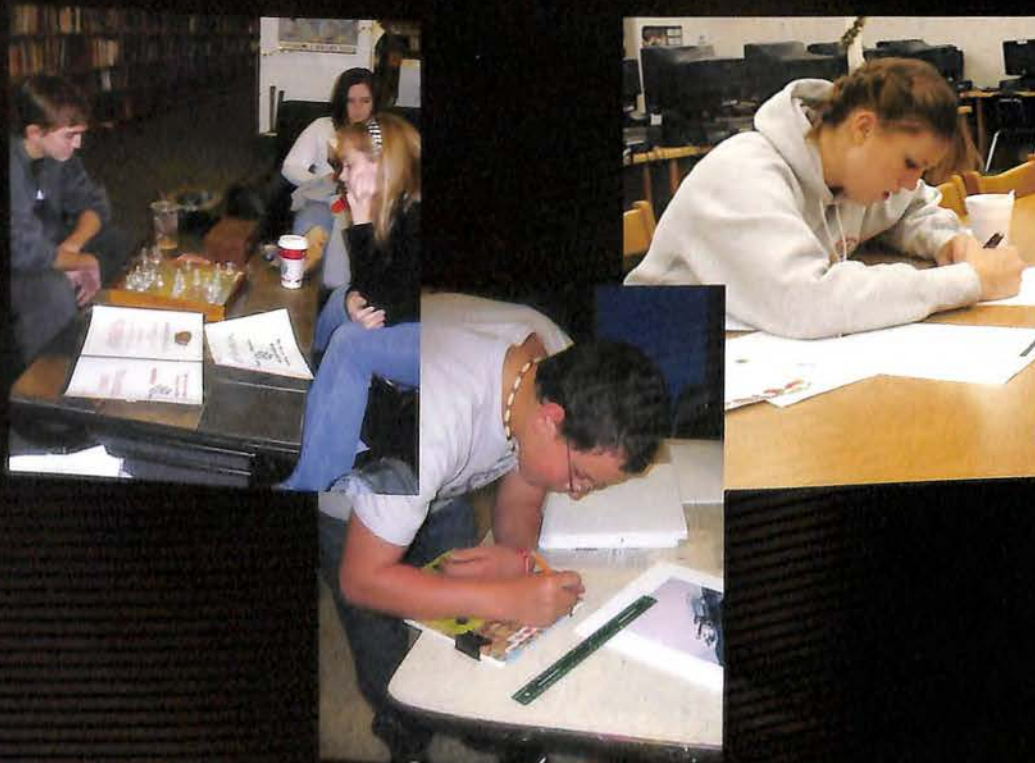
# Lessons Learned

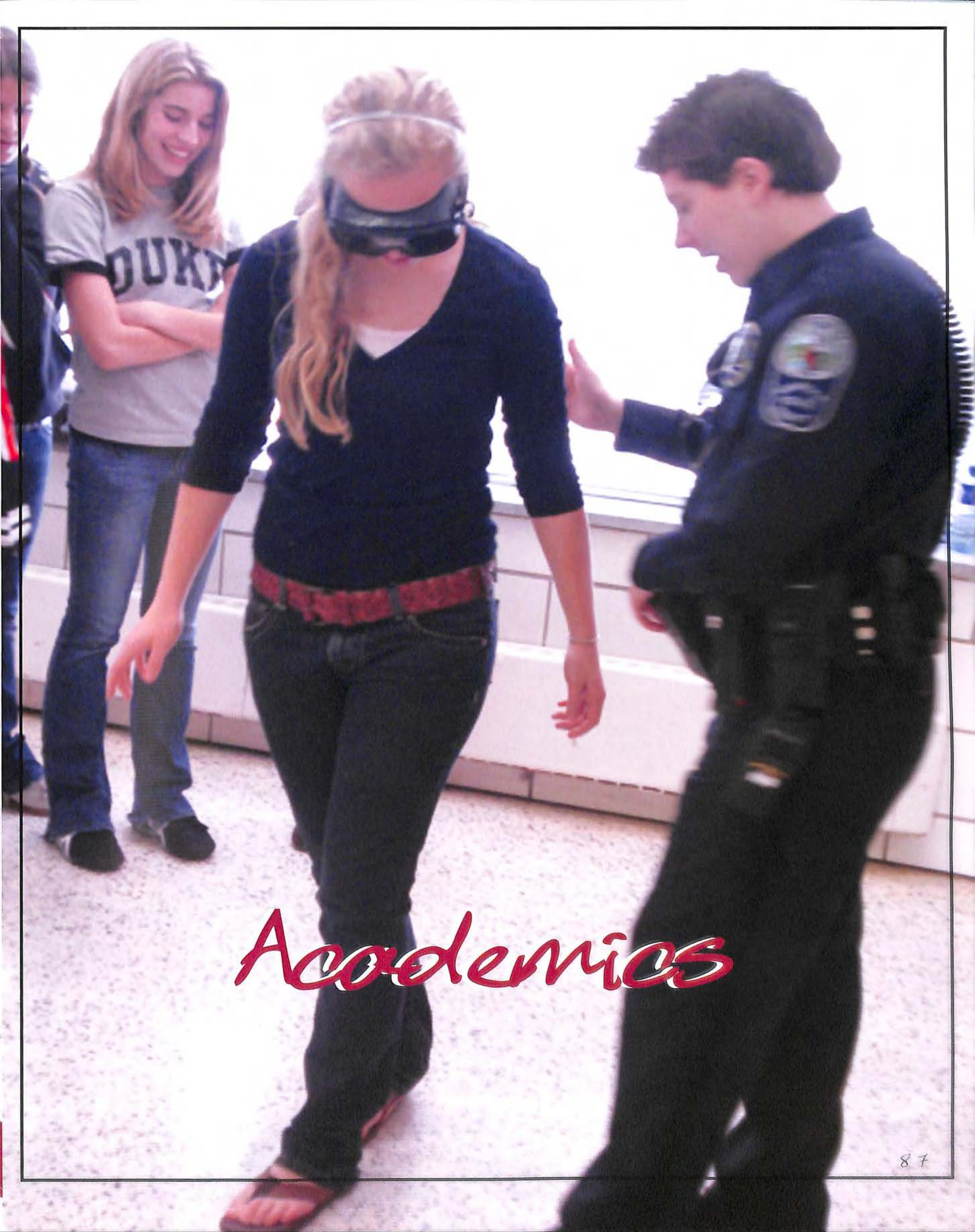
With twenty-two new teachers on staff, there were a variety of new faces seen throughout the school. Coming from states across the nation they brought along with them new ideas and styles of teaching. The new teachers were given more experienced teachers as mentors. Also, they eagerly took leadership roles in extracurricular activities. Student Government, FCA, and KPP are just a few that saw new leaders in their organizations.

There were many other changes brought about as well. To make student's lives a little easier textbooks such as the Algebra II textbook were put on laptops. Many students benefited from this change because they had fewer heavy books to carry around in backpacks. Also, new to the school was the class Digital Photography and Computer Graphics taught by Mrs. Pfeiffer and Ms. Campbell.

Another new addition to the school was Resource Officer, Officer Torzewski. Officer Torzewski could be found at various activities and throughout the campus on school days.

Indeed, the school benefited from all of its new additions.





# *Academics*

# The Art of Literature

Rachel Travitz  
Editor

Erin Griffin  
Academic Staff

## Language and Composition



Rachel Travitz

**READING** Luigi Greco(11), Derek Mastrangelo(11) and Alex Doyle(11) read during their English Class.



Rachel Travitz

**LAPTOPS** Sarah Zilloux(9) and Mallory Porter(9) work on the Blackboard Academic Suit in English class.



**1 COLLECTIVELY** Maggie Wagner(12) and Justin Smedly(12) work together for a project during class. Maggie said, "I like when we get to work with partners on assignments because it's fun working together!"

**2 GRADES** Murray Joiner(9) gets his grade from Mr. Neal. "I like when my teachers tell me my grades. It helps me see how much time I have to improve them." Murray said.



Rachel Travitz

**POWERPOINT** Michael Austin(12) presents a presentation on the Renaissance Era.



Rachel Travitz

**IN CLASS** Lincoln Humphrey(11), Katy Keister(11) and Adam Dyer(11) listen to classmates read aloud during class.



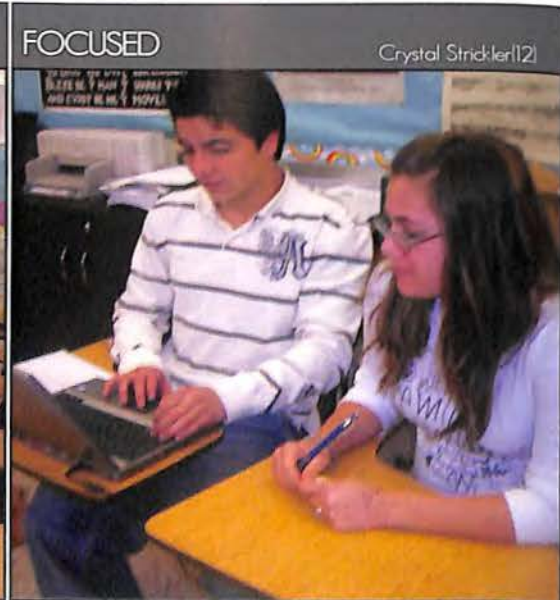
**ONLINE** Nikki James(12)



**EXTRA HELP** Rebecca Davis(10)



**LISTENING** Jennifer Giannini(12)



**FOCUSED** Crystal Strickler(12)

Rachel Travitz

Mrs. Gotschal

Rachel Travitz

Rachel Travitz

August 22 - June 6

English



## PRESENTING

Michael Kluge(12) gets ready to present a power point during his English class. "I like presenting power points in classes because I feel comfortable talking in front of the class and think it's an easy grade," said Michael.



Rachel Travitz



Rachel Travitz

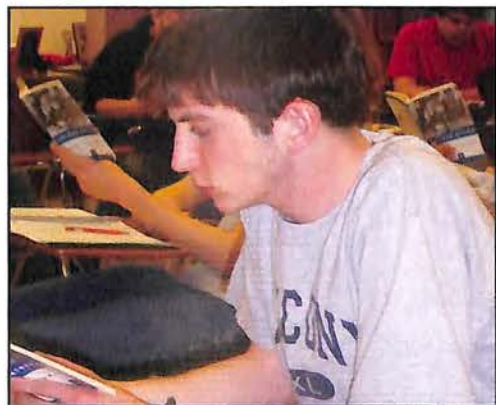


Rachel Travitz



Rachel Travitz

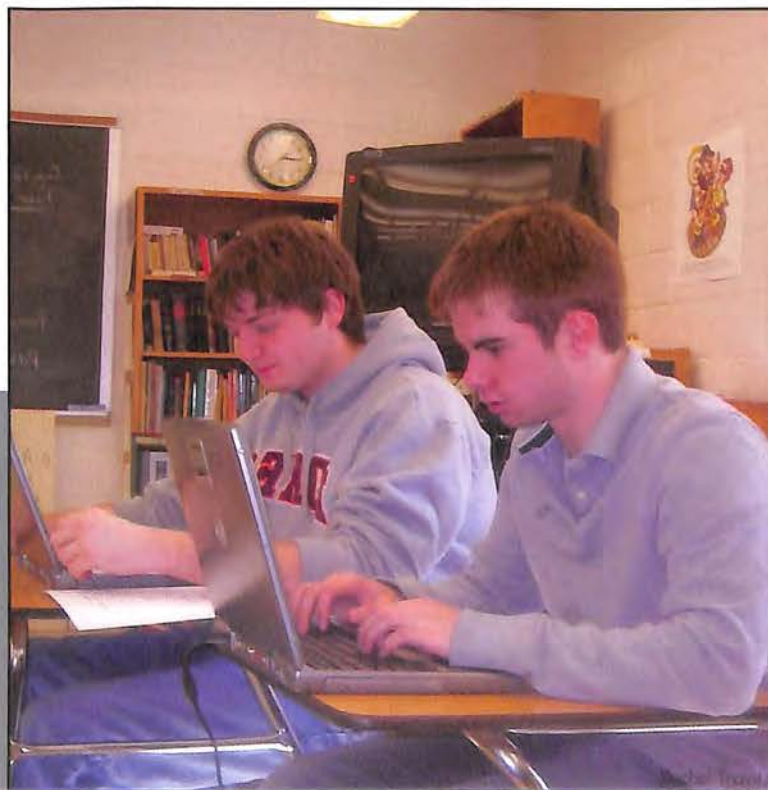
**BOOK WORK** Justin Yun(12) works on questions in his literature book. "I like when we read stories in our literature books because there are many different kinds of stories and plays. I also like when we read the plays in class and each person has a different part. It isn't as boring as listening to the same person," Justin said.



Rachel Travitz

## WORKING TOGETHER

Working on their laptops, Kyle Stuart(12) and Jared Casazza(12) look up information for a project. Kyle said, "I like being able to use our laptops in class so we don't have to go to the library everytime we need the internet. It's also good that we get to take them home incase we didn't finish something in class and can use the internet at our houses."



# "Extra, Extra"

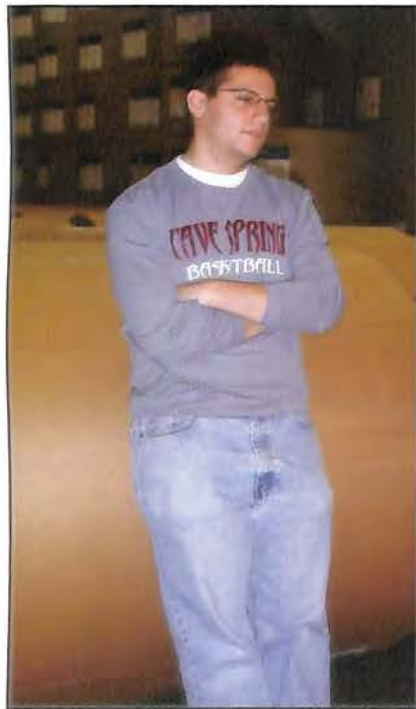
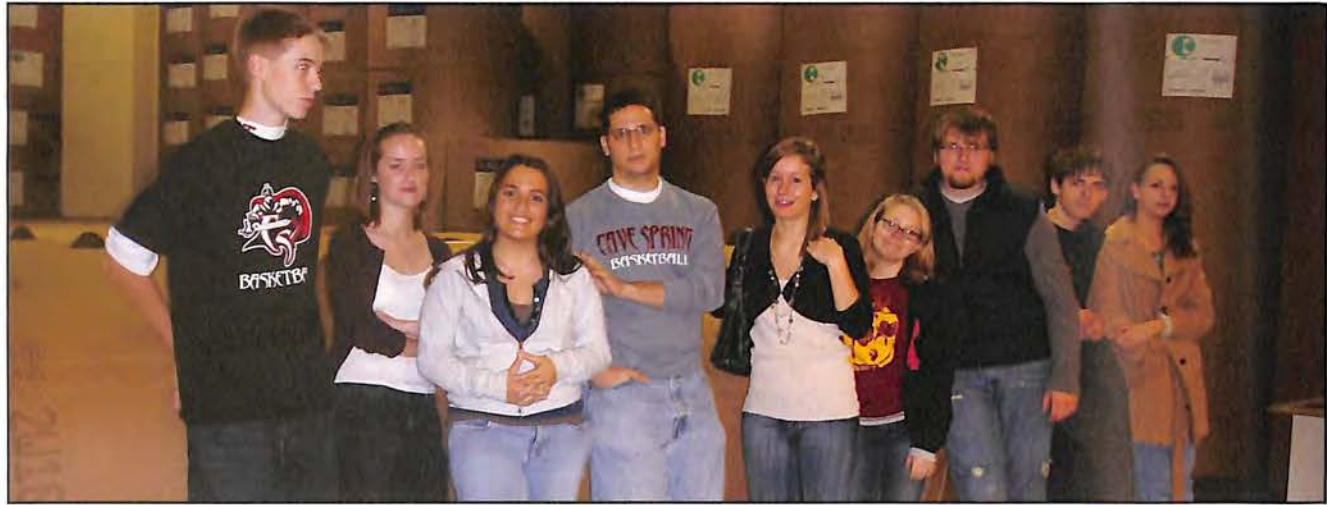
## Read All About It



### EDITING

Kim Kufel(10) and Chelsea Custer(11) proofread and edit papers before sending them out for the finalization.

**FIELD TRIP** In early November the newspaper staff went to The Roanoke Times to see the its' printing press.



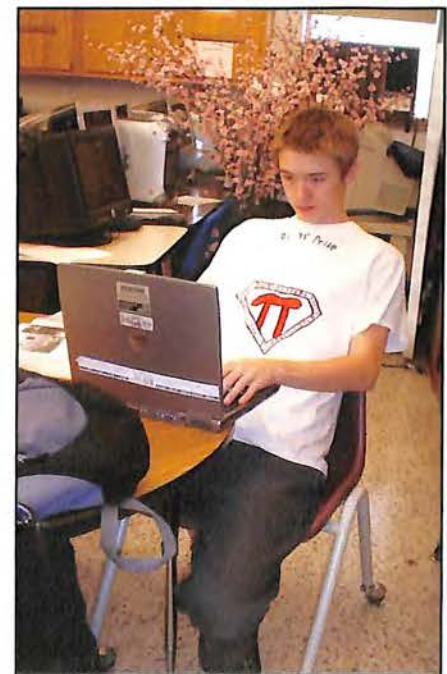
### THE ROANOKE TIMES

David Kaplan(11) Stops to observe everything while on the trip to tour The Roanoke Times building



### PARTY

Kim Kufel(10) and Chelesea Custer(11) grab a bite to eat and socialize during one of their newspaper parties. They treated themselves to food and fellowship after meeting an important deadline.



August 22- June 6  
Journalism and  
Photojournalism





### WRITING

Erin Griffin(12) writes a body copy for one of her senior stories. "Working on the yearbook is a lot of hard work," said Erin. "But all the time and effort we put into each of our sections makes everything turn out great. It's important for all of us to help each other out and put in a little extra time to make sure it all turns out the way it should."



### PROOF READING

Holly Fitzwater(10) proofreads papers, making sure there are no errors on the final copies. Holly stated, "It helps a lot when the staff members proofread each others papers. It's easy to miss errors that we have made on our own pages, so an extra person reading over our spreads can prevent a lot of mistakes."



### SPREADS

Catey Robbins(12) makes a joke in between working on her spreads. "You have to lay back and have some fun during class," says Catey. "It helps to relieve some of the stress from all the work."

### FUNNY FACE

Liz Sparrow(10) and Hannah Hawthorne(10) take a break from their classwork after finishing their pages for the day.



# Putting the Facts Together

Catey Robbins  
Academics

## One Piece at a Time

### DISCUSSING

Mrs. Wilson discusses Science with Kyle Schreier(12). Kyle said, "We can be doing something in class that have no rubric about and I just ask Mrs. Wilson and she explains it perfectly."

Rachel Travis



Rachel Travis



Rachel Travis



Rachel Travis



Rachel Travis



Catey Robbins

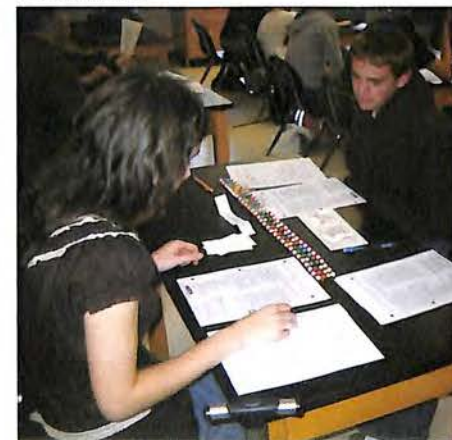
### Labs, Labs, Labs



Carter Mull(10), Greg Mackey(10) and Liz Wilson(10) work on a Biology lab in Mr. Barnes class.



Alexis Aliff(9) and Cody Rebok(9) work on their laptops during Earth Science in Mrs. Floras class.



Kathryn Lawryszek(10) and James Kennedy(10) discuss their lab for Biology in Mr. Barnes class.

August 22 - June 6

Science







Rachel Trivitz

**BOOKWORK** Kevin Munson(12) and Kelsey Webb(12) work on a worksheet dealing with muscles and their functions. "Anatomy is very interesting and I've learned a lot about the body and how it works," said Kelsey.



Rachel Trivitz

**MOLE DAY** The AP Chemistry class poses for a picture on Mole Day. Nikita Anjali(12) said, "I love AP Chemistry, and Mole Day was a lot of fun, especially since we got to make food and T-shirts."



Rachel Trivitz

**STUDYING** Leigh Basham(12) flips through her book to find the answers on her study guide. Leigh said, "I took anatomy because I want to be a veterinarian and it will really help me learn the different parts of the body."



Rachel Trivitz

**WORKSHEETS**  
Lindsay Miller(11) works on her Ecology worksheet. "Ecology isn't so bad, I'm learning a lot about the environment," said Lindsay



Hannah Howthorne

**LAB**  
Sara Walton(10) and Melissa Meinhart(10) work on their Science lab. Melissa said, "I like Biology because it's the subject I succeed in most."

# 10

Things you need for a Science Class

1. Lab Notebook
2. Beaker
3. Safety Goggles
4. Apron
5. Thermometer
6. Graduated Cylinder
7. Periodic Table
8. Bunsen Burner
9. Eye Dropper
10. Flask





Rachel Trivitz



Erica Horseman



Erica Horseman

# Working Hard in Class, It All Adds Up!

Erica Horseman  
People Staff



Mrs. Coatschal



Rachel Trivitz

**PI DAY** Students made shirts in celebration of "Pi Day." "Pi Day was so much fun. We got extra credit for making shirts and bringing in circular food," said Kayla Funk(9).

**STUDY HELP** Mrs. Minicler helps Logan Funk(10) and Katherine Rooney(10) with Algebra II. "I am always willing to give extra help to students. I like when students show the effort to ask for help," said Mrs. Minicler.



Erica Horseman



Rachel Trivitz



Erin Griffin

August 22- June 6

Math





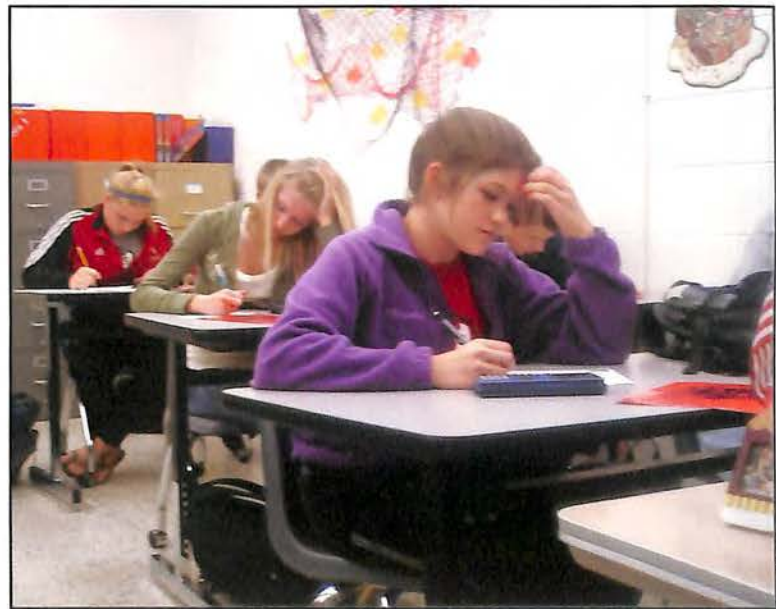
**COLLEGE ALGEBRA** Shane Butler(12) gets help with his classwork from Ms. Johnston. "I love Ms. J, she helps me whenever I need it," said Shane.

Rachel Trivitz



Erica Horseman

**PRECALC** Kacie Hoffman(11) helps Kelsey Mueller with a problem. "I like that we get time in class to work on homework, then I can ask questions or get help from a friend," said Kacie.



Erica Horseman

**TESTS** Morgan Oliver(9) Kelsey Hauschildt(9) and Lauren Markey(9) work hard on their tests. "It's nice having my friends in my class, we can all help each other with homework, and study for tests together," said Morgan.



# Working on Wellness

## How We Function

*Nick Seamans*  
People Staff

### THROUGHOUT THE YEAR

Gym and Health are required courses for Underclassmen to graduate from. Both gym and health taught by the same group of teachers. Along with the activities required by the state, the teachers engage students in activities such as, biking, jogging, weightlifting, and skating. In health students learn about nutrition, the body, and other subjects that deal with Human health.

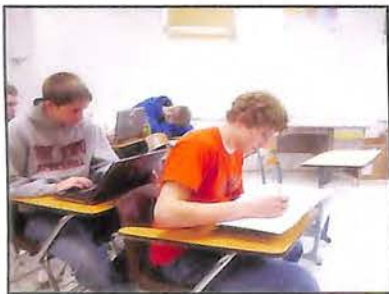


Rachel Travis

Kayla Wills



Kayla Wills



Rachel Travis



Hannah Howlhome



### HEALTH CLASSWORK

Patrick Russo(9) and Tyler Reynolds(10) work on health an assignment in class.

August 22- June 6  
Health, Drivers Ed,  
and Gym





Hannah Hawthorne

### DRIVERS ED

One of the largest steps in High School that a student takes is gaining their drivers license. To many, it is one of the most important steps in life.



Hannah Hawthorne



### SKATING

Underclassmen felt that skating was one of the most enjoyable activities in gym class.



### LECTURE

Mr. Schwartz lectures his students on the benefits of a healthy lifestyle.



Keaton Trevino

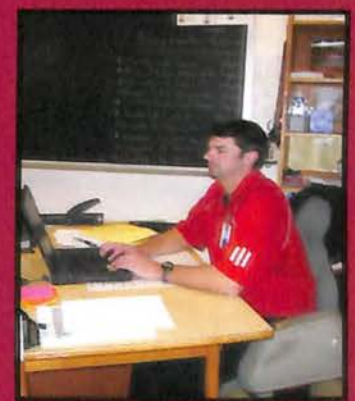
### GETTING FIT

In gym, sports such as football, basketball, soccer, baseball, and others sports are offered as part of the class to help increase students healthy.



### WARM UP

One of the most important activities high school gym class teaches is how to correctly warm up. Without a warm up many of the activities in gym would be harder to accomplish. Graham Grasty(10) Brittany Herberger(10) and Sophie Shelton(10) participated in various warm ups in class.



### LESSON PLANS

Coach Miguera works on his computer to make his lesson plans for the next class period.





Mr. Gatzdal

**PROJECT**

Breck Vaughn(11) and Ryan Lee(11) work on building their model house during class. "Mr. Souci teaches us how to make models of houses so that in the future we can be architects," said Breck.

**COMPUTER**

Jessica Williams(11) works on the computer. "I really like this class because it's helping me to prepare for my future career," said Jessica.



Mr. Gatzdal



Mrs. Gatzdal



Mrs. Gatzdal

**ASSISTANCE**

Carl Austin(10) asks for help from Mr. Mantz during class. Carl said, "I have a lot of fun in technology. I love learning all the new things Mr. Mantz teaches us."



Erica Holman

**DRAWING**

John Michael Behar(12) draws a design for a project on the board. "This class is very interactive and we stay busy the whole period," said John Michael.



# A New Age

## CONSTRUCTION

Chris Boylan(11) builds framing for his model house. Chris said, "I really enjoy making things in this class."



Erica Horseman

David Fransisco(10) watches as a classmate demonstrates an activity they have learned in class. David said, "Some of the people in class have had more experience with some of the activities so it's easy to watch and learn."



Mrs. Gotschal

David Fransisco(10)

Dana Orr(12) sets up the projector for a presentation. "I really like this class because it's different from the core classes and you get to do more hands on activities," said Dana.



Mrs. Gotschal

Dana Orr(12)

Dan Lustig(9) works on a project on the computer. The students usually plan their ideas on the computer before actually making their project. Dan said, "I enjoy the technology class because it's something that I'm interested in."



Mrs. Gotschal

Dan Lustig(9)

Matt Jordan(11) begins to put together his project. Technology is a big help in preparing students for a future in architecture. "This class is really helping to prepare me for college and what I want to do in the future," said Matt.



Mrs. Gotschal

Matt Jordan(11)

Crispin Harwell(12) designs his project. "Technology class never gets boring there's a lot more to the class than just sitting down and taking notes," said Crispin.



Mrs. Gotschal

Crispin Harwell(12)



Mrs. Gotschal

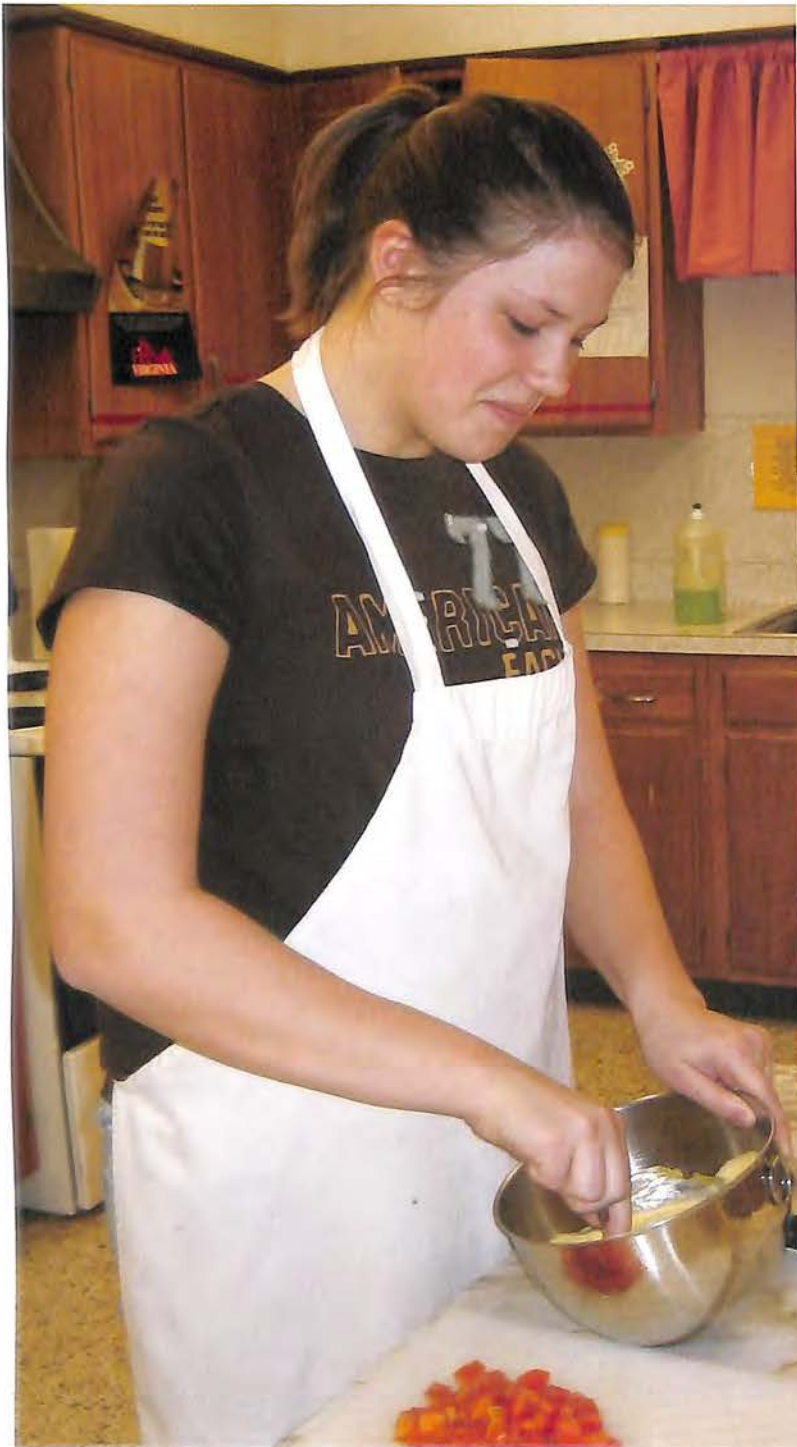
## CLAMP

Evan Mixon(11) clamps wood together for a project. Evan said, "I like wood shop because I get to work on major project with my friends."



# Food and Fashion

## The Necessities of Life



Cotey Robbins  
Staff



### MAKING BREAD

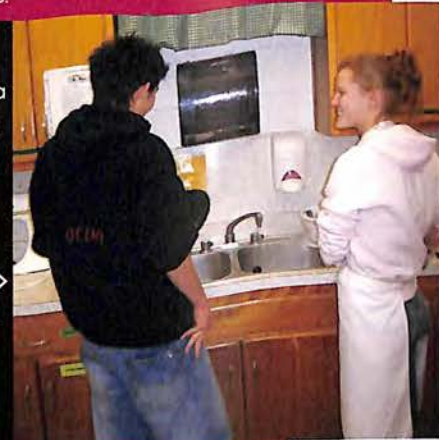
Jocie Bernardo(10) puts a label on the bread made during class. "I enjoy making the food and a bunch of my friends are in the class with me, so no matter what, I always enjoy it," said Jocie.

### << MIXING

Jacquelyn Anderson(10) mixes some vegetables up in a bowl during Culinary Arts class. Jacquelyn said, "I like the class because I am learning to make different foods I have never tried before."

### WASHING DISHES>>

Delaney Elkin(12) and Felix Koeda(11) wash dishes after finishing their cooking project. "I don't really mind doing the dishes since I have someone else helping me," said Delaney.



### ^^DESIGNING

Courtney Beasley(9) works on her room design in Interior Design class. "Creating our own rooms was really fun, we could do whatever we wanted and then we chose the furniture and color scheme's we also wanted to use," said Courtney.

August 22 - June 6

Culinary Arts & Fashion







**<< RENAISSANCE**  
Valerie Gurevish(12) moves flowers and candles to help set up for the Renaissance Fair.

**SEWING MACHINE >>**  
Ashlyn Gibson(9) works on her dress for Fashions class. "We chose whatever we wanted to make, I chose a dress because it looked like it would be fun," said Ashlyn.



**<< INGREDIENTS**  
Megan Loar(10) reaches into the refrigerator for some ingredients. "Making bread was our favorite project!" said Megan.

**OVEN >>**  
Sharodlee Kinchen(10) puts the baking rack back into the oven. "I like the class because all my friends are in there with me and we're learning together," said Sharodlee.



**<< HELPING OUT**  
Mrs. Wall looks on at her computer at a website about home layouts and designs. "I enjoy teaching and finding new things to teach online," said Mrs. Wall.

**LAYOUT >>**  
Angela Jones(12) picks out patterns and accessories for her room she designed in class.



## Top 5

Easiest things to make:

- 1 Bread
- 2 Cakes
- 3 Cookies
- 4 Salsa Dip
- 5 Muffins





Erica Horseman

**PLANNING** Ms. Lucki, Andrew Markey(12), and Gray Patterson(12) plan out their next marketing project. "I really enjoy teaching these students, and better preparing them for the future. The business world is so much more competitive these days, marketing prepares them for certain business scenarios that they will come in contact with later in life," said Ms. Lucki.



Tamara Taylor

**FUNDRAISERS** Robbie Shay(12) cuts out decorations for the Spring Fling Dance. "Advanced Marketing is helping raise money for After Prom by holding the Spring Fling Dance in March. We are also having a pep rally to raise money," said Robbie.



Erica Horseman



Erica Horseman

**PHONE CALLS** Valerie Gurevich(12) makes phone calls to local businesses asking for donations for their fundraisers. "Marketing has helped me with customer service, selling, and problem solving. I have learned how to plan and successfully run events, advertisements and sales promotions," said Valerie.



Erica Horseman

August 22- June 6

Marketing





Erica Horseman

**PEOPLE SKILLS** "Marketing can help prepare me for my future in business. There is a lot of teamwork involved, and it is all about connecting with people," said Shannon Showalter(12).



Tamara Taylor



Erica Horseman

# Students In Training

Erica Horseman  
People Staff



Tamara Taylor



Erica Horseman

## For the Future

**MONEY** Andrew Markey(12) and Gray Patterson(12) put teachers pictures on jars for the After Prom fundraiser. "The teachers who raised the most money performed a stunt at the pep rally. Our goal was one thousand dollars," said Andrew. "We thought that this would be a great way to raise money and really get students attention. If Mr. Lustig and Mr. Mattheissen won then they would have to shave and wax their legs," said Gray.



Tamara Taylor



# Ways of the World

## Since the Beginning of Time

Rachel Travitz

Editor

### 1: LISTENING

Matt Knuppel(10) listens to Mr. Walker about World War Two.

### 2: LAPTOP

Sarah Anglim(11) works on a Blackboard activity. "I really like Blackboard, it's an easy way to get all of our assignments for each day" said Sarah.

### 3: TEST TIME

Shannon Showalter(12) looks over her notes before she takes a test in Dual Government. Shannon said, "Even though I know the information, I always have to take a quick glance right before the test."

### 4: RESEARCH

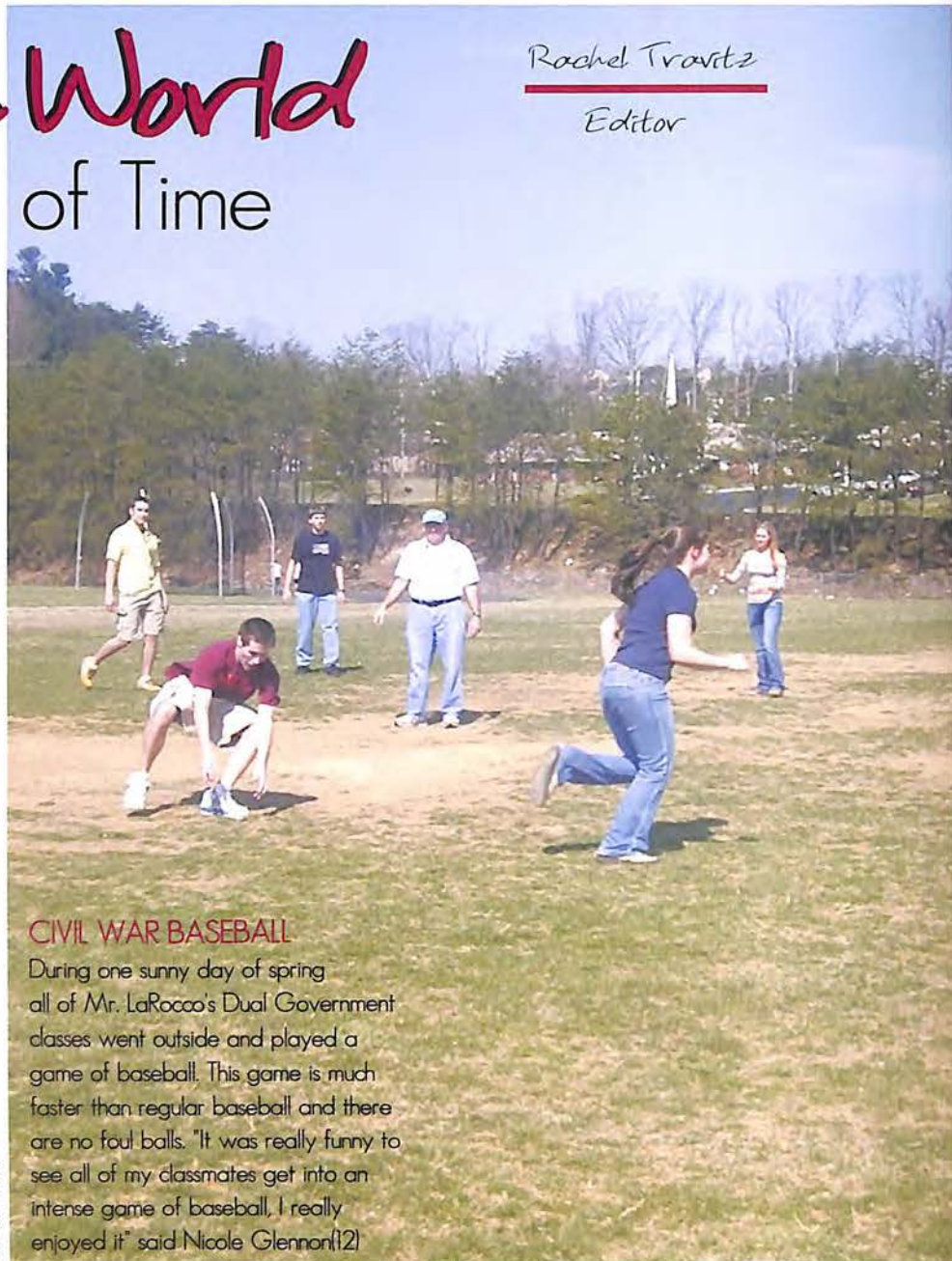
Rachel Henry(11) researches about Virginia's History for a project in her Social Science class.

### 5: TAKING NOTES

The class listens attentively for specifics about what is going to be on their upcoming test.



Rachel Travitz



### CIVIL WAR BASEBALL

During one sunny day of spring all of Mr. LaRocco's Dual Government classes went outside and played a game of baseball. This game is much faster than regular baseball and there are no foul balls. "It was really funny to see all of my classmates get into an intense game of baseball. I really enjoyed it" said Nicole Glennon(12)

Rachel Travitz



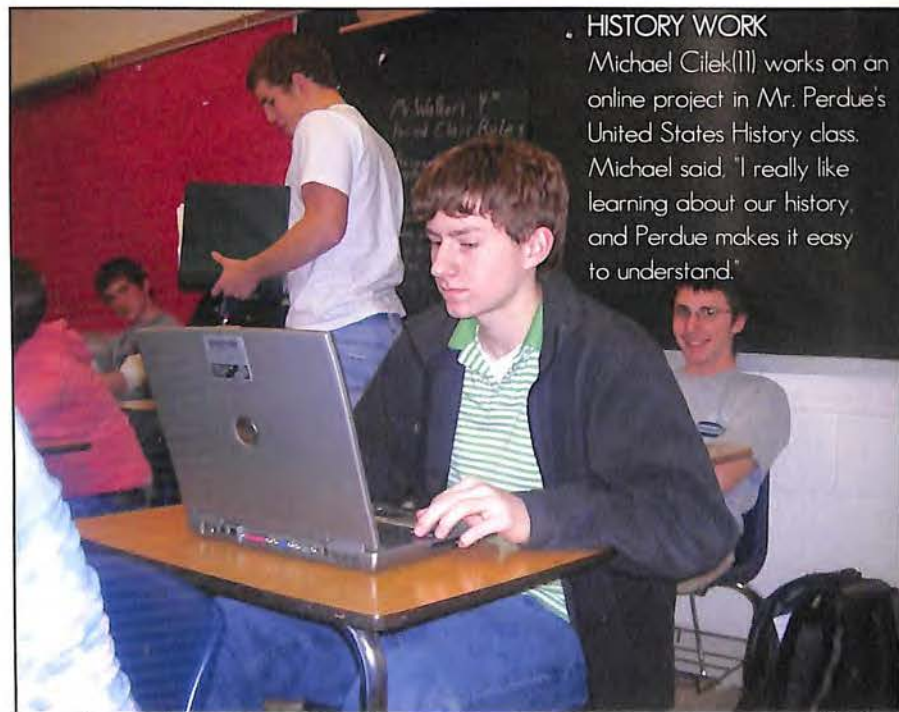
### GOVERNMENT

Students listen to their teacher talking about politics and how government has a role in our everyday lives.



### SCORING HIGH

Aiden Real(12) finished up a test during Ms. Long's history class.



### HISTORY WORK

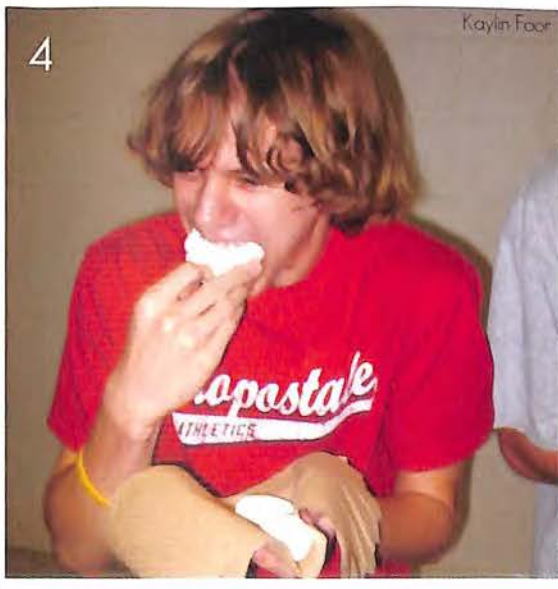
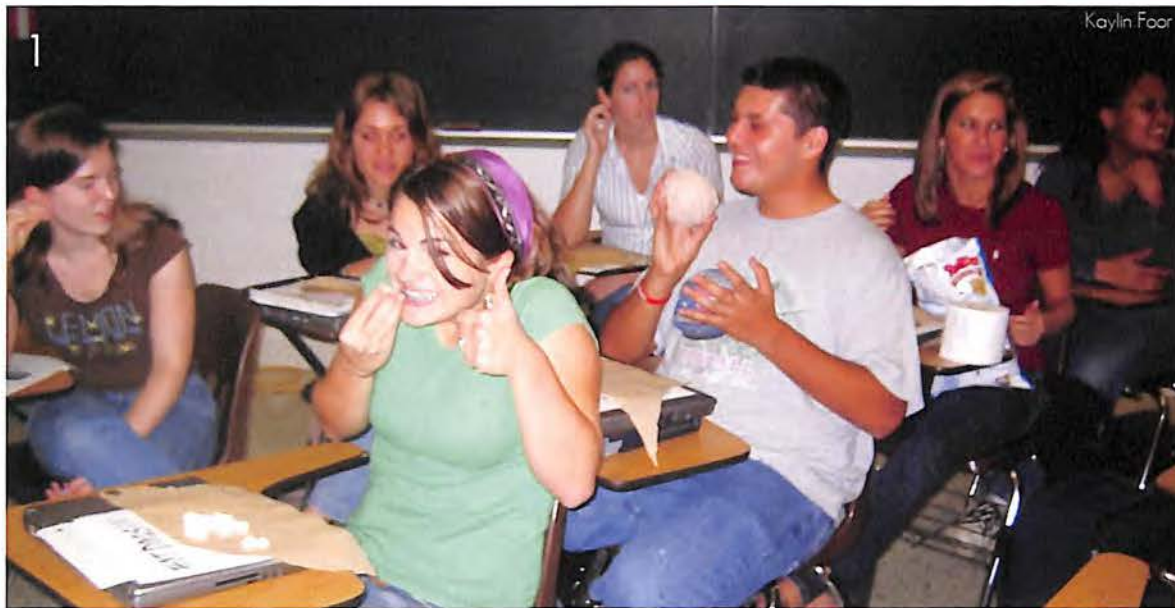
Michael Cilek(11) works on an online project in Mr. Perdue's United States History class. Michael said, "I really like learning about our history, and Perdue makes it easy to understand."

Rachel Travitz

August 22 - June 6

History





**1 RESEARCH** Mr. Lustig's class does a research project on the 1900's with an advertisement about the time period.

**2 TEACHING** Mr. Walker teaches tenth grade World History II. He used powerpoint presentations to give notes to his classes.

**3 POWER POINT** Mr. Perdue reads over and explains a powerpoint on the Reconstruction Period. "Mr. Perdue's powerpoints have great pictures and they explain a lot without being too wordy," said Dani VanKerckhove(!!!).

**4 CHUBBY BUNNY** Mr. Lusitg's class had to research a product invented before 1910 and then try to sell it to classmates. One group chose marshmallows. As an advertisement kick they had the students play Chubby Bunny.

## CIVIL WAR BASEBALL

### ANDREW LAVINDER



Rachel Trivitz

"It was fun to go outside and do something different than our everyday routine." Andrew said.

### ANDREW SECRIST



Rachel Trivitz

"I really liked going outside and playing the baseball game. It was a nice way to end a stressfull week." Andrew said.

### LAUREN KNUPPEL



Rachel Trivitz

"Even though I am not the best at baseball Civil War baseball was easy and enjoyable. I am glad Mr. LaRocco gave us the chance to play it." Lauren said.



# SINGING ON THROUGH

## THE KNIGHT

Kayla Wills  
Academic Staff

THEY DON'T STOP TILL THE BREAK OF DAWN



Courtesy of Janel Lambach

**PREPARING** Sarah Waldron and Jen Giannini get out their song books before the bell rings. "Mrs. Smith makes choir fun. I have a blast everyday" said Waldron.

**INSTRUMENTAL** Sarah Bowyer (12) plays the piano for her choir class. Students played the instrumental parts as well as sang along.



Courtesy of Mrs. Gotschal



Courtesy of Janel Lambach

**SITTING** Jackie Duncan(9) and Lyn Baker(11) prepare to sing in the all district choir. Cave Spring High school hosted the all district choir for the first time in the schools history. Students were chosen based on talent. "It was great to be chosen for all district choir. It was a wonderful experience" said Baker.



Courtesy of Mrs. Gotschal

**CHATting** Colleen Zimmerman (9) chats with her choir teacher about the upcoming concert. "Singing for our school is such a thrill. I really am glad I took choir this year" said Zimmerman.

August 22 - June 6

Choir





**LAUGHING** Graham Grasty cracks a joke before the bell rings. "As a sophomore, I tend to be the laugh of the class" said Grasty.

**SMILING** Cynthia Vaughan laughs as fellow classmates make their own rendition of a song. "I have really enjoyed being in choir. I'm going to miss it next year" said Cynthia.



Courtesy of Mrs Gotschal

Courtesy of Mrs Gotschal



Courtesy of Mrs Gotschal

**READING** Lydia Longmire and Jen Giannini read over their songs before class. "I really love being able to sing to my hearts content. Choir is so much fun" said Giannini



Courtesy of Mrs. Gotschal

**DISCUSSION** Lyn Baker discusses the plans for the up coming concert with teacher Mrs. Smith. "Choir is so much fun we really do have a good time" said Baker



# Reading the Notes

making the music



Kaylin Foor

Kaylin Foor  
Staff



Courtesy of Mrs. Zuber



Mrs. Gotschal

**PERFORMANCE** The symphonic and concert bands perform patriotic music for the Veteran's Day assembly.

## WOODWINDS



Kaylin Foor



Kaylin Foor



Kaylin Foor

**FUNDRAISERS** Members of the Symphonic band listen to a presentation for an upcoming fundraiser. Every year the band raises money for an annual trip and for their band dues.

## BRASS



Kaylin Foor



Kaylin Foor



Kaylin Foor

**PRACTICE** Mr. Brian Quakenbush leads the band in a selection for the concert. The Concert Band practiced during 6th period everyday. The band's first performance was the Winter concert where Christmas music was featured. Band members also played for the Spring production, "The Music Man" for the first time.

## PERCUSSION



Kaylin Foor



Kaylin Foor

August 3-June 9

Band







## The 3 Main Components of Band Class:



Kaylin Foor

**INSTRUMENT** a device that can be used to produce musical tones or sounds.

Types of instruments:  
Woodwinds, Percussion,  
Brass, and Strings

**CONDUCTOR** The band director, Mr. Quakenbush, intensely conducts the band in a sight reading piece. Sight reading is a large part in becoming a strong, successful musician; it strengthens music reading skills.



Kaylin Foor



Kaylin Foor



Kaylin Foor

**SHEET MUSIC** music printed on unbound sheets of paper.

**JAZZ BAND** The Jazz Band met every Tuesday and Thursday morning to play music based on popular tunes. They used their practice time to learn pieces they performed for their concerts or gigs. The band performed at such events as the Jazz Cafe and at the Middle School. These performances helped recruit members for the high school band.



Ms. Gotschal



« PAINTING  
Danielle Malkos(10)  
paints a fence which is  
part of the set for the  
Spring production.

PRACTICE»  
Beth Bredenkamp(12), Joanne  
Deveral(10), Brittany  
Bowling(10), Jody Williams(10)  
and Heather Pearson(10)  
practice lines for the show.

Ms. Gotschal



Ms. Gotschal



« ACTING  
Emily Smith(10) practices  
her lead role in Music  
Man. Emily was  
Marian the Librarian in  
the Spring Production.  
This was Emily's first  
year in drama at  
CSHS.



Ms. Gotschal

« LIGHTS  
Reed Braden(12) works the  
teleprompter for the Miss  
Roanoke Valley Pageant.  
Drama students worked  
behind the scenes for the  
pageants.

WARMING UP »  
Sarah Anglim(11), Paul  
Ferris(10) and Megan  
Glassman(11) looking over  
scripts before practice.

Ms. Gotschal



« MIMES  
Maella Somerville(10)  
and Graham Grasty(10)  
perform mime routines  
which were part of a  
class activity.

SINGING »  
Doug Currie(11) and  
Santiago Pradd(11)  
practice a song from  
Music Man.



Ms. Gotschal

# Playing the Role

Making the Character Come Alive

Evin Griffin  
Student Life Staff



Ms. Gotschal

The theater involves at least three important parts- the story, the actor, and the audience. Students in drama learn about all three parts. In the fall drama students learn clown and mime routines in order to help build character. Students then prepare routines to perform at the Fall Festival at Penn Forest Elementary. "This Is A Test" was the one act performed at the Virginia High School League competition in the fall.

The winter months are filled with visits to local nursing homes and hospitals. As spring approached thoughts of the Spring Musical filled the air. "Music Man" was selected as the spring show. Students took charge with preparing the scenes, building the sets, and making the costumes. The long hours of practice paid off as the show opened May 25th.

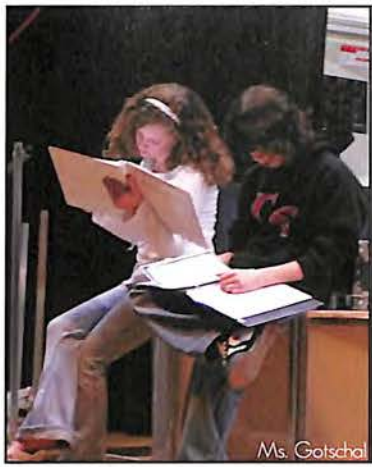


Ms. Gotschal

August 22-June 9

Drama





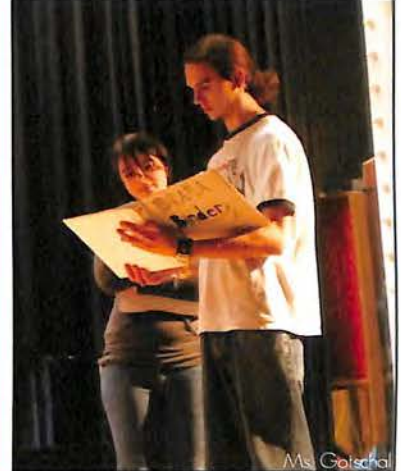
« **READING**  
Colleen Zimmerman(9)  
and Zach Hincheel(9)  
go over their scripts  
before starting  
practice.

**SOUND »**  
Doug Currie(11)  
checks the  
volume before the Miss  
Roanoke Valley Pageant.



« **MONOLOGUE**  
Paul Farris(10)  
recites a  
monologue to other  
drama students.

**STUDYING »**  
Derek Mastrangelo(11)  
and Janel Lambach(12)  
look over their drama  
notes during class.



« **DRAWING**  
Graham Grasty(10)  
and Maella  
Somerville(10) make  
Pinwheels For Peace.

**HAVING FUN »**  
Sarah Mitchell(10),  
Heather Pearson(10),  
and Molly Reilly(10)  
take a moment and  
relax before the bell.



« **STRETCHING**  
Katherine Ellis(11)  
holds a  
leg lift while practicing  
for drama. Some  
students warm up each  
day before practice by  
stretching.

**IMPROVISATION»**  
Sarah Anglim(11)  
and  
Emily Smith(10) do an  
improve.



**SKETCH** Jodi Bryant(10) draws in her sketch book. "I just draw whatever pops into my head, so I always carry my my sketch book with me," said Jodi.



Erica Horseman



Erica Horseman

**WATER COLOR** Cynthia Vaughn paints a water color of a flower. "This was one of the projects that I have been working on for the art fair," said Cynthia.



Erica Horseman



Erica Horseman

**PHOTOSHOP** Monika Patel works on a photo in Photoshop, in her Digital Photography art class. "I like Photoshop because you can take a regular picture and stretch it or invert the colors," said Monika.



Erica Horseman



Erica Horseman

**PAINT** Eoin Coffey(12) works on a project for the art fair. "I never know what to draw until I listen to music and relax, that's where I get all of my inspiration."



Wendy Phaffor said, "I love teaching students about the importance of art."



Wendy Cordell said, "I really like using photoshop and editing photos."



Matthew Morgan said, "I like to use art as a way to express my creativity."



Megan Hodges said, "There are no rules in art, I just draw whatever I want."

What's your favorite technique in art?

August 22-June 6

Coloring Our World



# Paints and Canvas

## Coloring Our World

Cotey Robbins

People Staff

Erica Horseman

People Staff



Kaylin Foor

**RETRO** Cody Greenell(12) works on his 50's style artwork for the art fair. "This is one of the pieces that I am putting in my portfolio for The College of Santa Fe. I really like the 50's style theme. it's classic!" said Cody.



Erica Horseman



Kaylin Foor



Kaylin Foor

**WORLD** Molly Doyle(12) paints the world for the World Language poster contest. "I want to participate in the contest because first and second place wins money and it would be a nice addition to my college fund." said Molly.



Erica Horseman

**PORTRAIT** Jordan Corneill(11) paints each stroke carefully on her portrait of an orphan from Mexico. For this project we had to pick a picture of an orphan and reproduce it as a painting. I chose to do mine of a boy from Mexico." said Jordan



Erica Horseman



Erica Horseman



# Learning the Language

Cotey Robbins

People Staff

## Studying for Success

### VOCABULARY >>

Lisa Liqui(10) studies out of her French book during class. Lisa said, "I like French and learning about the language. Also, most of my friends are in the class with me, so we make it fun even when we're learning something really hard."



### REVIEW >>

Susan Lilly(10) reviews Spanish in class. "It's important to review my work from the day before, it helps me understand the next day's lesson better," said Susan.



### TAKING NOTES

Kate Johnson(11) and Matthew Podlecki(10) take notes in Mrs. Gottstein's Spanish 3 class. Matthew said, "Mrs. Gottstein usually picks a student to write the words on the board about what we're learning. Sometimes it's easier learning from your peers."



### CLASSWORK >>

Monica Boatwright(10) and Paige Bauman(10) work in their books during Mr. Martinez's Spanish class.



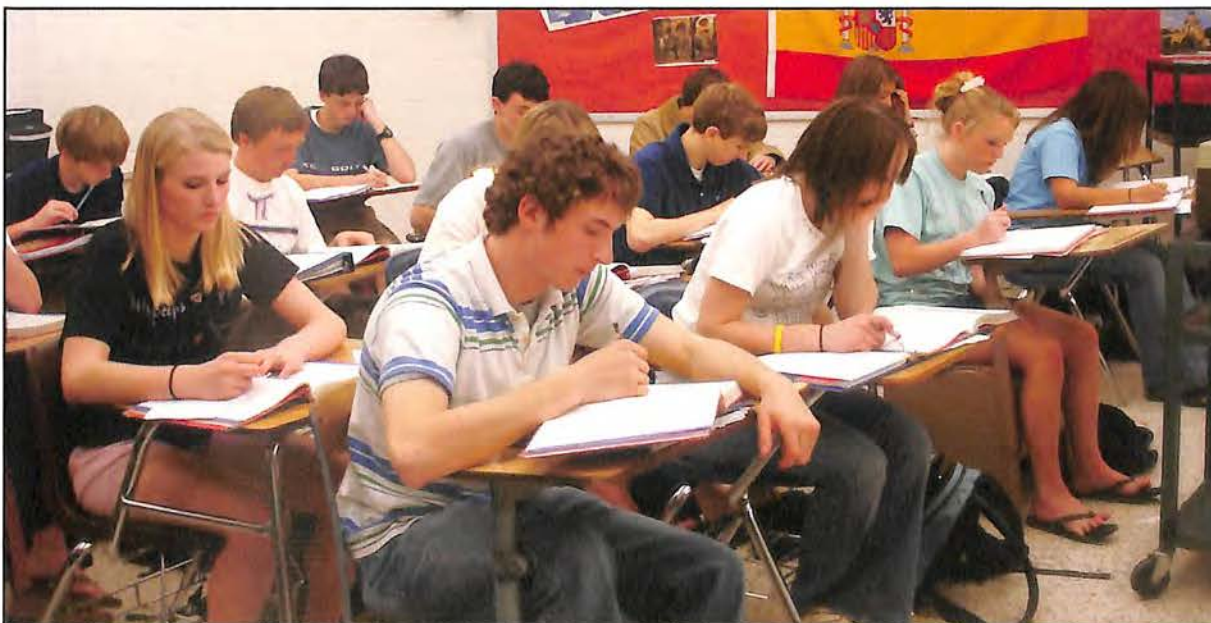
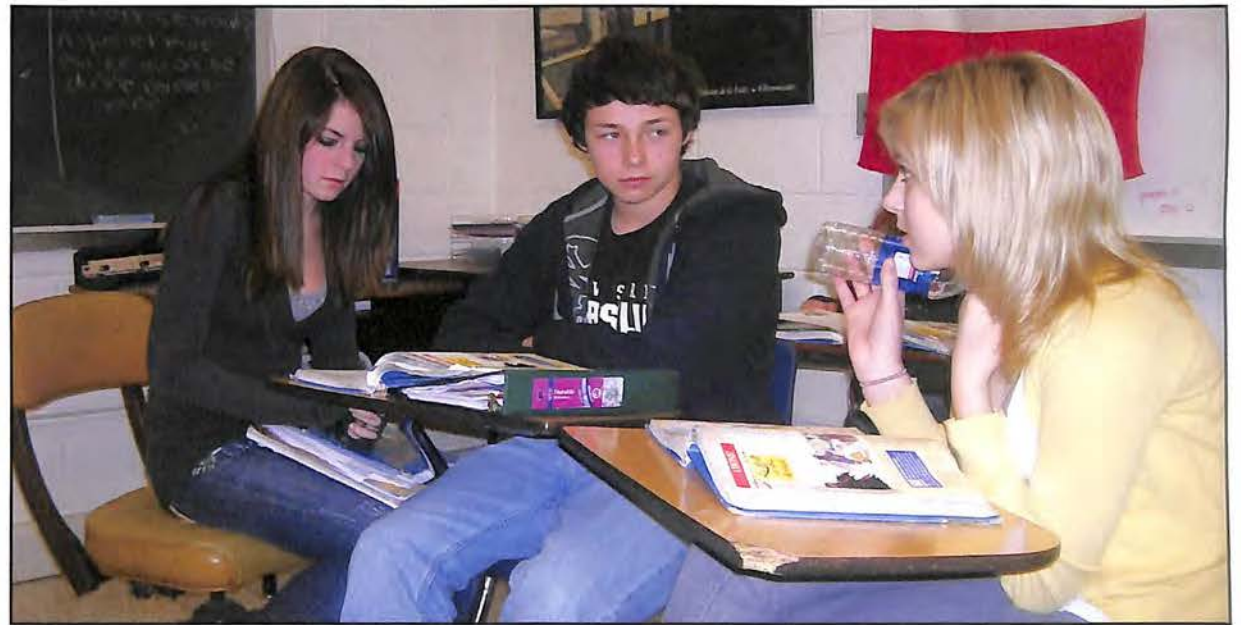


### << OUTDOORS

Ms. Avery takes her French class outside to study vocabulary about nature. "She makes learning fun for all of us. I'm really happy that I decided to take the language. Everyday we learn something new and I look forward to the class," said Catherine Kerenyi(10).

### BOOK WORK

Ginny Gibbons(9), Aaron Thomason(10) and Jordan Goss(9) do bookwork in French class. Ginny said, "I love taking French now because Ms. Avery is the best French teacher this school has ever had." Each day during that class, Ms. Avery allows extra time to be spent doing book work or studying vocabulary. "It's really easy to learn about the language when we have so much time to spend on it, it's really nice," added Jordan.



### << STUDYING

Meredith Walker(10) and Ted Lyle(10) study their Spanish vocabulary during class. "Mr. Martinez usually gives us time at the beginning or end of class to study vocabulary for our next quiz. It is actually really helpful" said Meredith. The students are allowed to get with a partner and quiz each other on what they're learning. Some chose to do bookwork to broaden their knowledge about the Spanish culture.



# A New Way of Learning

A new way of thinking

Shaun Ferguson



**BUSINESS** Latara Nance(12) works on a project during her class at Burton.

Shaun Ferguson



**GO-CART** A welding student works on the class go-cart.

Shaun Ferguson



**BREAK**  
A student takes a break during masonry class. The students at Burton have a wide variety of classes to choose from.



Shaun Ferguson

**WELDING** Chris Rhodes(12) sits on the chicken that he built during welding at Burton. His project was entered in a competition. Chris said, "I've really enjoyed taking welding all four years of highschool. I'm looking forward to having a job using the techniques that I have learned from Burton."

August 22 - June 6  
Burton and Governors  
School





# Preparing for...

## the Future

Jackie Zillioux



### TEACHING

The teachers at the Governor's School are supportive of their students while also pushing them so that they can excel to their full potential.

### LOCKER

Ben Nowak(9) opens his locker to gather his books for Spanish Class after returning from Governors School. Ben not only attended Governors school but played on the JV Soccer team.

Laurin Ann Link



Kaylin Foor

Kaylin Foor



Kaylin Foor

Kaylin Foor

**COMPUTER** Greg Malysa(12) does his work on the computer. "Our classes are very tough but it's really helping to prepare us for the future," said Greg.

### What is your favorite thing about Governors School?

"My favorite part of Governor's School is all the hands on learning that we get to do."

Mary Woody (12)



1

"The best part about Governor's School is getting prepared for college."

Michael Bern (12)



2

"They trust us more to make our own decisions. The classes are more challenging as well."

Jackie Zillioux (12)



3

"Governor's School is great because of the intense learning in all of my classes."

Greg Malysa (12)



4



Jackie Zillioux

### READING

Emma Berry(12) reads and works on her classwork. "Going to the Governors School has really helped me to prepare for college" said Emma.



**TEAM WORK** Mary Woody(12) and Jackie Zillioux(12) work together on a project. "I've really enjoyed taking classes at the Governors School since my freshmen year," said Jackie.





Kiana Vafaei-Avval(11) uses her laptop to complete an assignment. "I didn't expect this class to be fun, but it actually isn't bad," said Kiana

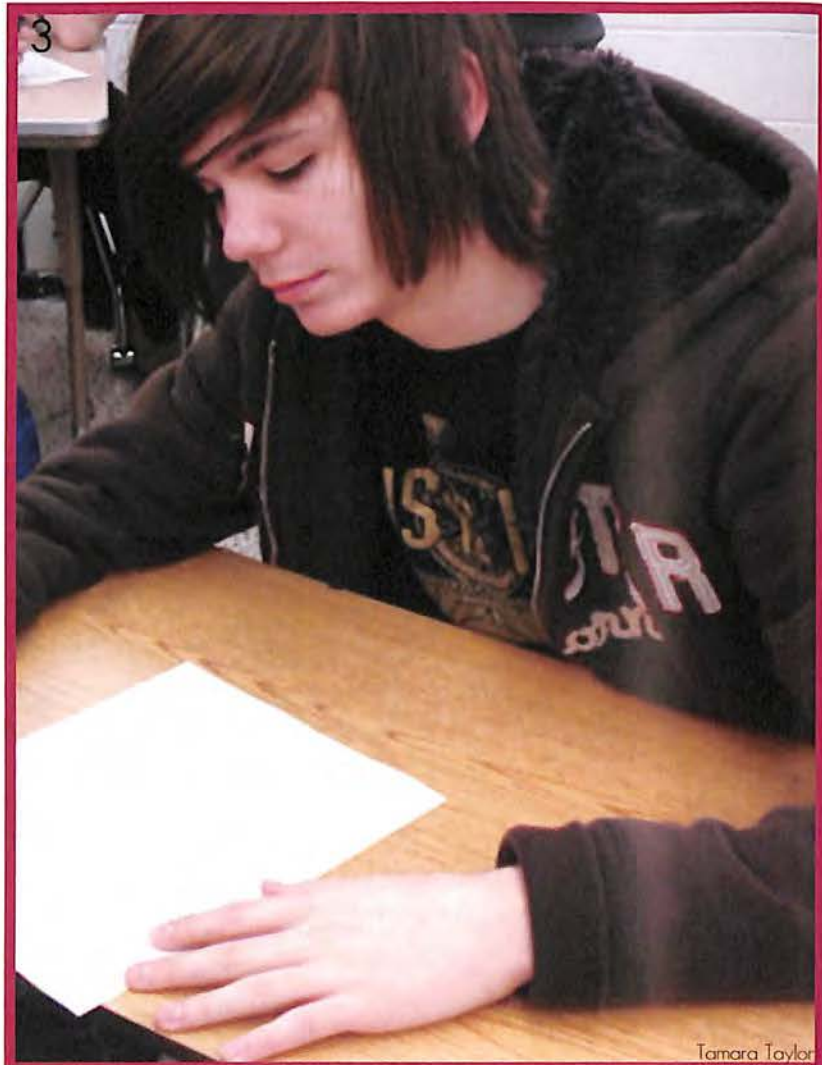
Ryan Capps(11) looks through his notes. "We don't take many notes but when we do, they're important so I try to take all of them."



Tamara Taylor



Tamara Taylor



Tamara Taylor



Tamara Taylor

### LISTENING

1 John Spadaro(11) sits at the front of the room and listens closely. "This class is pretty cool. I really like the experiments we do."

### WORKSHEETS

2 Lauren Knuppel(12) and Katie McFarland(12) team up to do a class worksheet. "I didn't think I'd like this class but it's actually not bad at all."

### PROJECTS

3 Garrett Garlington(11) works on a project in class. "I don't really like doing worksheets but the experiments we do are pretty cool."

### NOTES

Jaclyn Norkus(11) takes notes. "I love learning about the human mind, and this class has really helped me," said Jaclyn.



Tamara Taylor

### PARTNERS

Alecia Hayden(11) and Devon Koch(11) study together before class. "We don't take too many tests in this class, it's mostly labs, but when we do have tests I always study," said Alecia



Tamara Taylor



Tamara Taylor

August 22-June 6

Psychology & Sociology



# Exploring The Mind

## The Way We Tick



Tamara Taylor

### CLASS TIME

Brittany Lanier(11) works on her assignment. "This class is really challenging but I really enjoy it."

### TEACHING

Mrs. Hammes teaches her psychology class. "I really enjoyed studying the way people think when I went through school so it's really great to see these students wanting to learn this fascinating subject," she said.



Tamara Taylor



Tamara Taylor

### WORKSHEET

Nikita Anejal(12) spends classtime working on a worksheet. "This class is really great I love the challenges."



Tamara Taylor

### GROUP WORK

Jasmine Fleenor(11) and her group do an activity. "We do a lot of group work in this class. I like group work because it helps to understand things and it makes the work more fun," said Jasmine.

*Holly Fitzwater*  


---

 People Staff



**TECHNOLOGY** Ryan McDowell(9) and Whitney Cole(11) below sit down with Ms. Bivens to find useful information on the internet to complete a class assignment. Students used the schools computer lab in the library to research projects. When the current computer lab was unavailable.



Mrs. Tyler

Kaylin Foor



Kaylin Foor



Mrs. Tyler

**ASSISTING** Michael Doughty(12) assists Whitney Cole(11) down the hall from homeroom. "I enjoy helping others, because one day you may need help yourself," stated Michael.

**LENDING A HAND** Ellen Vest(10), Tatum Tyler(10), Tina Crawford(12) take the time to help out Michael Spurgeon(10) in life skills class for an Earth Day lesson.



August 22 - June 6

Student Aids



# Giving the Time to Help Out

## Students Lend a Hand

What do you enjoy most about being a Student Aid?

"I like being an office runner because I get to know the ladies in the office better and they are really nice to Kellee and I!"

Makenzie Garst(12)

"The students are always making comments about our help. That makes helping them worth it. This makes working with them a very rewarding way to spend our time."

Tina Crawford(12)

"I like going into Guidance during lunch and helping out. This also gives me more time to study with Jeppe Jensen."

Alex Proffitt(12)

"I like helping Mrs. Tylers' students because it's enjoyable watching how happy and excited they are when working on a project."

Michael Doughty(12)



### COOKING

Tatum Tyler(10) helps out in preparing a dirt cake with Whitney Cole(11) on Earth Day in Life Skills class. Students help Mrs. Tylers class during Culinary arts class and Physical education.

### BLACKBOARD

Alex Proffitt, Jeppe Jensen, and Haley Earls meet in the Guidance department to check assignments on blackboard. Blackboard was a new process for students to check assignments and post assignments.





Latin II

- III Finish "Jason Gets the Fleece"
- II "Jason Gets the Fleece" (lines 1-12)
- II "Escape Through Murder" (lines 1-13)
- II Finish "Jason Gets the Fleece"
- III Finish "Escape Thru Murder"
- II "Escape Thru Murder" (1-13)
- III "Balled Mutton" (lines 1-11)
- II Finish "Escape Through Murder"



Latin III

- Martial 1-5
- Spartacus
- "Daphne and Apollo" (lines 452-464)
- Spartacus
- "Daphne and Apollo" (lines 470-482)
- Gladiator Combat
- "Daphne and Apollo"

GRADUATION  
COUNTDOWN:  
43 days!



Clubs

# Clubs Lending A Hand

The clubs and organizations started the school year off right by doing various activities to help the community. The art club began the year by heading up the project "Pinwheels for Peace." Students throughout the school designed and created pinwheels that symbolized his or her definition of peace. The pinwheels were then displayed along Chaparral Drive and the local news stations covered the charity work of the art club.

The drama club also supported the community by going to nursing homes and performing for the elderly. They also performed at Penn Forest Elementary's Fall Festival. The drama club truly put their talents to good use by bringing joy to others.

Next, the SCA held its' annual blood drive. Students and faculty lined up and willingly donated blood to the Red Cross. The SCA also held its' annual food drive.

During the winter holidays various clubs donated money to the Angel Tree. These generous donations also went towards providing meals for less fortunate families in the school. The holidays were made a little brighter by clubs lending a helping hand in the community.

Indeed, the many different clubs and organizations worked together, held meetings, and organized ways to better the community.



# Revealing Their Talent

## Painting, Drawing and Sculpting

Kayla Wills

Arts Staff



Kayla Wills



Kayla Wills



Mrs. Gotschal

**SKETCHING** Jordan Cates(11) sketches her newest creation during an Art Club meeting. Art Club students participated in special assignments throughout the year including the annual art show and Pinwheels for Peace. In March, the Art Club celebrated Youth Art Month by composing numerous drawings, paintings and sculptures to be displayed in the art room and throughout the school. Three selected students had their art work publicly displayed on an electronic billboard on Route 221.



Mrs. Gotschal

August 22 - June 6

Art Club







Mrs. Gotschal

# Art Club... The Ups & Downs



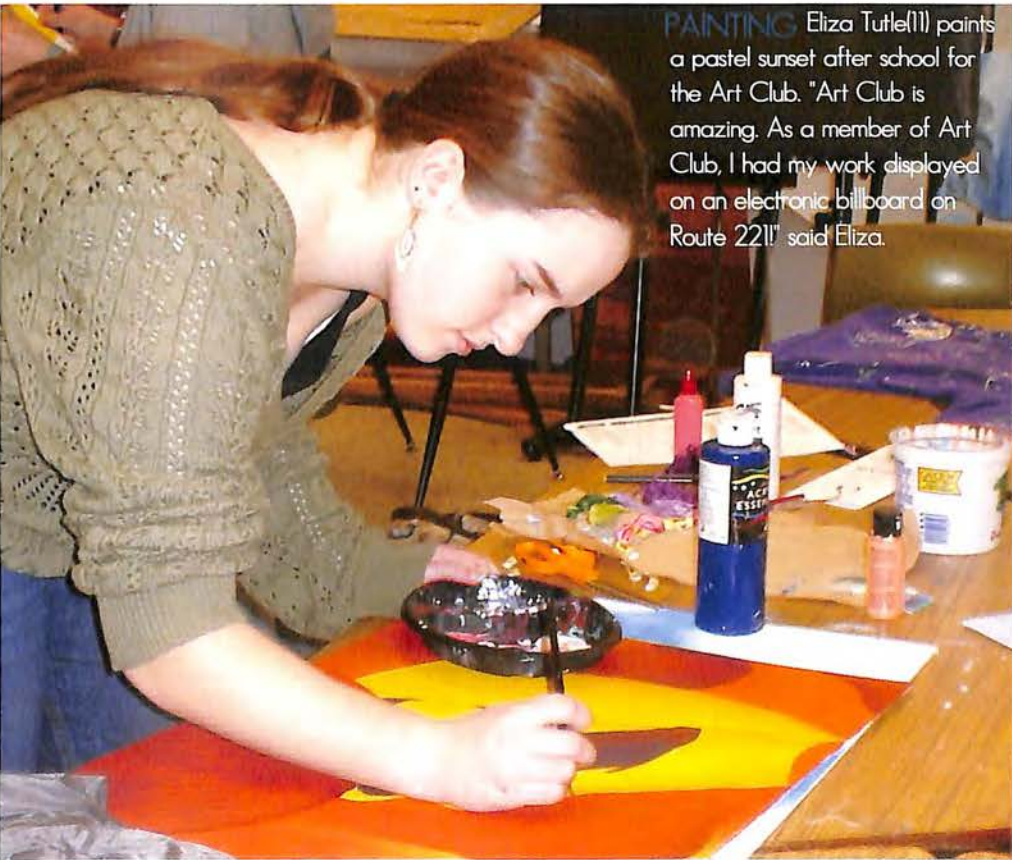
Kayla Wills

**PAINTING** Jackie Burke(11) paints her freshly dried sculpture. "I love being in art club, we have so much fun and do so many different projects," said Burke. Jackie was also one of many art students to have her artwork displayed at Barnes and Noble.

**CHOOSING** Matthew Morgan(12) and Michelle Fisher(11) pick out a poster for an upcoming art show. "The shows and projects are so much fun," said Fisher.



Kayla Wills



**PAINTING** Eliza Tuttle(11) paints a pastel sunset after school for the Art Club. "Art Club is amazing. As a member of Art Club, I had my work displayed on an electronic billboard on Route 22!" said Eliza.

Kayla Wills



Kayla Wills

**TEACHING** As the faculty advisor of the Art Club, Mrs. Pat Carr coordinates and oversees all of the Art Club events. Mrs. Carr also taught various art classes.



# Beta and Key Club



**VOLUNTEER** Members of the Beta club wait patiently at the Roanoke Civic Center to find out exactly what they will be assigned to help with during Global Youth Service Day.



**WORKING** Michael Bern (12), Emma Berry (12) and Chen Lin (12) prepare for the Beta Induction Ceremony held in the Auditorium on May 3rd. The Senior members brought snacks to celebrate after the induction. Chen said "It is always nice to have time after the ceremony to talk with your friends about the ceremony and welcome new members to the club."



**EXPLAINING** Freshman Kyle Keister explains to the Key Club about the Crop Walk. Members walked five miles through downtown Roanoke, raising money for underprivileged children in Africa.



**HELPING** Beta Club members Ana Resnick(11), Rachel Wilkinson(11) and Katherine Jetton(12) assist the SPCA during the Youth Service Day. "I really enjoyed working with the SPCA and helping them with all the animals. It was a great experience" said Ana.



**WAITING** As a junior, Brittany Lainer participated in many of the Key Club events. "I really enjoyed my third year in Key Club. We always seem to find someone that needs our help" Brittany said.

**READING** Senior Lauren Knipple looks on at a presentation from Key Club International is presented. "It was a blast to have the head of Key Club International come to our school" said Knipple.



August 22 - June 6

Beta & Key Club



# Serving The Community

Kayla Wills  
Clubs Staff

One day at a Time



**PLANNING** Junior Haley Earls works on a project in Mr. Cozarts' class. As a Key Club officer, Haley had to be creative and very organized when making decisions for upcoming projects. "I really enjoyed being a Key Club officer. However the aspect that I enjoyed best was working and planning our activities and fundraisers for upcoming projects" said Haley.



Kaylin Foor



Lydia Tran  
Beta Club



Korra Clark  
Key Club



# Business as Usual

works for me



Mrs. Gotschal

## WRITING

Ryan Davis (11) celebrates the completion of his worksheet. "I like FCCLA because it's really laid back," said Davis.



Mrs. Gotschal

## MEETINGS

"We have a wonderful time in FCCLA together no matter what we're doing," said Gia Zheng(10).



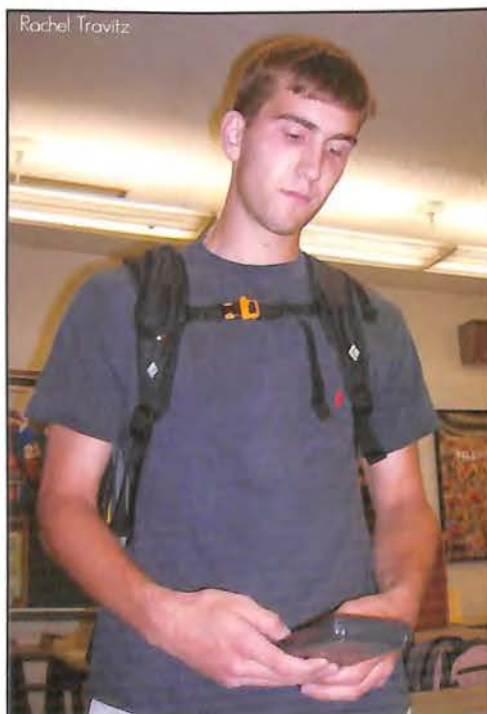
## READING

Scott Harriman(9) reads along to learn more about business. "I didn't expect DECA to be very interesting, but it really is," said Scott.

## Top 10

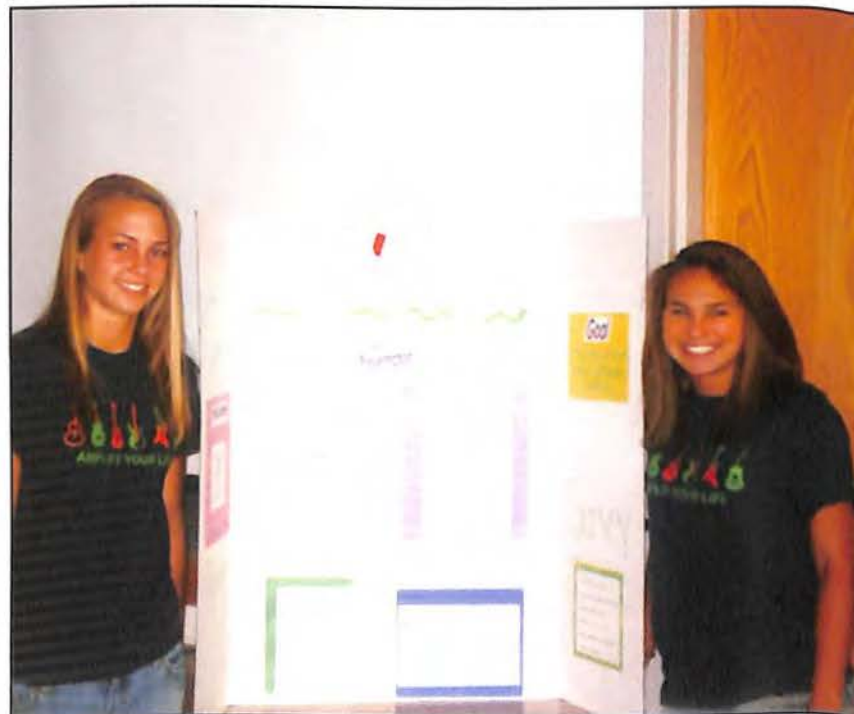
The Best Parts of Belonging to Deco or FCCLA.

- 1: Meetings
- 2: Food
- 3: Competitions
- 4: Friends
- 5: Fundraisers
- 6: Sewing
- 7: Fashion
- 8: Cooking
- 9: Business
- 10: Field Trips



## CALCULATING

Andrew Markey(12) Totals the amount taken in from the after prom fundraiser. Andrew participated in the DECA for the past four years.



## STATE COMPETITION

Kelsey Largent(11) and Lauren Reid(11) present a display as part of a competition for FCCLA held in Virginia Beach. During the competition their presentation won the second place silver medal.

August 22 - 25

Welcome Back





Tamara Taylor

### WORKING

Molly Kelleher(11) puts loose change back into the envelopes. "The fundraiser that was held for the memorial fund for Virginia Tech. The students and faculty contributed generously," said Molly. The DECA club was responsible for turning the money into the schools memorial fund.



Rachel Travitz

### TALKING

"I really like being a part of DECA. All the different things we do are great," said Andrea Gardiner(11).

### ARRANGING

Michelle King(11) works on learning how to better arrange flowers. "FCCLA has been a lot of fun and it's really neat to work with culinary arts" said Michelle.



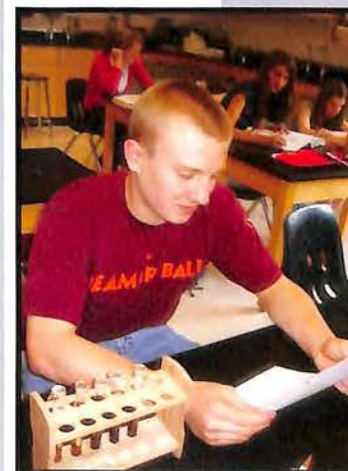
Mrs. Gotschal



Tamara Taylor

### COUNTING

Mrs. Lucki, Delaney Elkin(12) and Charlotte Boxley(11) add up the amount of money they raised for Virginia Tech memorial fund. "It's amazing what a little spare change can add up to," said Delaney.



Tamara Taylor

### REVIEWING

Greg Mackey(10) looks over his papers for FCCLA while sitting in class. "I really like being part of the club and it's a plus that the field trips are exciting," said Greg.

*Holly Fitzwater*

*People Staff*



# Together We Stand

## With Spirit and Pride



SCA

Mrs. Gotschal

The SCA is part of the student governing body and is in charge of many school activities. Each year they sponsor a blood drive and "Coats for Kids." Katherine Jetton(12) was President. Mrs. Rutherford took on another year of being a sponsor with Miss Avery.



KPP

Catey Robbins

KPP stands for Knights Pep and Pride, and was an exciting club to be a part of. The KPP decorates the football stadium before home games and puts balloons up in the gymnasium for basketball and volleyball games. Andrew Markey(12) and Cameron Leel(12) acted as Co-Presidents and new teachers such as Mr. Walker took part in being sponsors.

Rachel Travitz



**BLOOD DRIVE** The Blood drive was aided by the SCA who participated in helping the process and had some members give blood themselves. Each year the Red Cross comes to the school and asks students ages 17 and over to donate blood. Amber Young(11) was one of the students who gave blood. "It felt good to know that I was doing something that could actually save someone else's life" said Amber. Kristen Redwine(12) also gave blood, Kristen said "It was a good experience and I'm really happy that I could make a difference for someone who needs blood."

Rachel Travitz



August 22 - June 6

SCA & KPP





**POSTERS** Rachel Henry(11) and Andrea Gardiner(11) look over their KPP posters before posting them around the school. Andrea said, "I like being in KPP and making the posters to put up. We can be creative and show spirit at the same time." Rachel said "It allows me to show my school spirit and help get the school excited about all of our upcoming events and games."



**PLANNING** Andrew Markey(12) writes up his plans for the next sporting event. Andrew said, "It's important that you show school spirit within the school. That's why I joined, to get involved more with the school and show my school spirit." Andrew also said, "in KPP we make signs for the games, set-up the tailgate parties, make noise and start chants at the games, and help make the "Knights" out of Styrofoam cups beside the tennis courts at football games."

**SPIRIT** Megan Boehling(11) shows her school spirit outside of KPP by wearing her t-shirt to school or practice. "I like being in KPP, we decorate the stadium and gym before games, and always have a lot of fun," said Megan. This is Megan's third year on KPP and she plans on being in the club again for her senior year.

## SCA and KPP



Catey Robbins

**TALKING** Amanda Couture(11) stated, "I ran for SCA to be active in the school and community. I love being a part of clubs that get a lot accomplished." It was Amanda's second year with SCA and she said, "I love it because my "club mates" and I work really well together, we have fun and we get a lot accomplished for our school and community."



Catey Robbins

**PRESIDENT** Katherine Jetton(12) was President of SCA. "I enjoy being President and working with everyone on the council with me. We get along perfectly together and we all respect each others ideas. It makes working together a lot easier," said Katherine. The teachers who sponsor SCA are always quite helpful to the students as well. Katherine added, "If it weren't for the help of the teachers, SCA would be nearly impossible for us to run. They help out so much."



## Words From Around the World

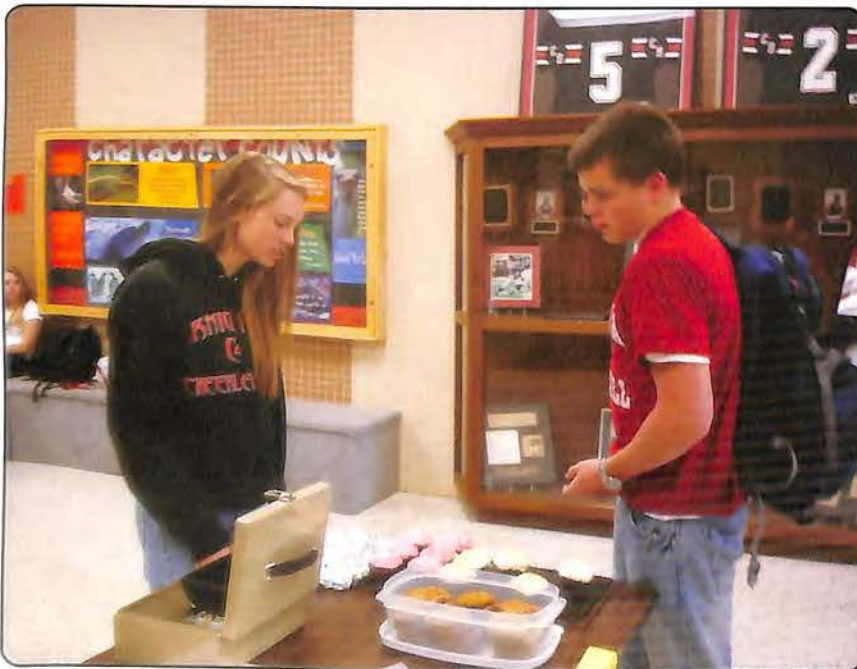
### Adding Culture to Our Everyday Life



**PARTY** Chris Downie(12) dances with Miss Avery during an International Club get-together. "I have such a great time in my foreign language club with my classmates. It gives me an opportunity to meet other people that aren't in my class," said Chris.



**MASKS** Students show off their masks they made during their French Club meetings. "I love being in French club," said Stephanie Ayers(10), "All of the people are really great. We all have a great time and get along whenever we're together."



**SELLING** Katy Keister(11) sells cupcakes and cookies before school for French Club. "We all have a great time in French Club," said Katy. "It gives all of us a chance to really get to know each other without having to worry so much about classwork."



**DANCING** Members of various clubs gather in the library and have a good time dancing with each other. Sam Lasky(11) said "Spanish Club was a lot more fun than I expected. Everyone gets along great and were all so carefree and laid back."

August 22 - June 6

Foreign Language Club





**CELEBRATION**

Sarah Waldron(10) socializes with friends during a party for her foreign language club. "Being in Spanish club is fun," said Sarah, "we get to do several extra activities together and it's always a good time."



**BAKE SALE**

Sophie Shelton(10) helps Meg Magee(10) hand out snacks for students coming in through the lobby before school.



**VALENTINES DAY**

Marion Whisnant(10) Sara Walton(10) and Tina Crawford meet in the library during a Valentines Day celebration for Spanish Club. The Spanish Club found that there were many different ways to celebrate all the different holidays.



Mary Woody(12) has been a member of French Club for four years. "Even though I have studied French for several years I have really enjoyed the French language." Mary said, "so it's ironic that I will be going to a college in Florida where everyone speaks Spanish."



Allison White(9) is in her first year of Latin Club. "Latin Club has been amazing," said Allison. "I love spending time with my classmates and getting to know more about Latin outside of the classroom environment."



**SWEETS**  
Meg Magee(10) sells doughnuts and other treats for French Club in the morning before homeroom and classes



**THIRSTY**  
Alexa Tulusso(12) helps Matti Hamed (11) fellow Latin Club member hand out drinks in the Library.



# Clashing Craniums

## The Power of $E=mc^2$



**A**cademic Quizbowl Competition consists of intense, Jeopardy style questions with two four person teams vying for a win in every match. The Cave Spring Academic Team was exploding with talent. The team traveled to North Carolina, West Virginia, and all over Virginia, picking up trophies at almost every tournament it attended. Through the guidance and support of the team's coach, Mr. Powers, the team garnered four first place trophies, won the River Ridge District season and tournament. Also, they received Region III runner-up, and was ranked fifth in the state. In addition, many individual awards and other trophies at the many tournaments attended were received. All of the hard work paid off, for the second year in a row the team qualified twice for the NAQT National Tournament in Chicago.

Written by: Katie McFarland(12)

Rachel Trivitz  
Editor



Olivia Padis

## What was your most memorable moment from Academic Team?

### Scoreboard

- Spotswood - Semifinalist
- USAC XIV - Octofinalist
- Speedway Shootout - Semifinalist
- Tech Triumph Tournament - 1st Place
- Right Triangle Open - 3rd Place
- Ritchie County Invit - 1st Place
- Bridgeport Invit - 4th Place
- UVA Cavalier Open - 1st and 2nd
- 2007 NAQT States - 1st Place
- 2007 Sausbury Hippocampus - 1st Place
- 2007 VHSL Districts - 1st place
- 2007 VHSL Regional - 2nd Place
- 2007 VHSL States - 5th Place



KATIE GORDON (12)

Going to overnight tournaments with the whole team. Places like Raleigh and Greensboro in North Carolina were the most memorable.



OLIVIA PADIS (12)

Being with all of my friends everyday after school and on weekend tournaments was my favorite part of being on the Academic Team. Also, Mr. Powers was a great coach.



DAVE WHITE (12)

Competing against Maggie Walker Governors School one of our rival teams for the first time was very memorable. It was quite a learning experience.



KATHRYN LAWRYSEK (10)

I enjoyed being on the Academic Team because of the challenges it presented it also gives me a chance to hang out with my friends.

August 22 - June 6  
Debate &  
Academic Team





**PRACTICE MAKES PERFECT** After school the team meets in Mr. Powers' room for 2 hours to practice trivia questions. They practice for the numerous competitions that they have throughout the season. Mr. Powers said, "Each tournament we traveled to had memorable moments. The one time I will never forget is when Greg Malysa rang in with an answer of 'Toto for Yamamoto'. This was a famous WWII admiral that planned Pearl Harbor and the other name was a dog."

Olivia Padis



**SMILES** Greg Malysa (12) and Olivia Padis (12) smile as their picture was being after one of their competitions. "Competing against other teams is the best part of Academic Team," said Greg Malysa (12).

Olivia Padis



**TROPHY** The Academic Team poses for a picture after receiving their award. "We finally beat our biggest rivals, Salem, and we were undefeated against them the whole season," said Emma Berry (12).

## What was your favorite part of Debate Team?

Olivia Padis



HEIDI FREDSTROM(11)

"I really like debate because it allows me to throw new and old ideas back and forth."

Rachel Travitz



JACKIE ZILLIOUX(12)

"I like Debate because it made me a better at speaking in front of crowds."

Olivia Padis



CAROLINE MUELENAER(12)

"Debate is something that I have always liked, and it has made me a better public speaker."

Olivia Padis



**PRACTICE** Heidi Fredstrom and Olivia Padis(12) practice their trivia knowledge with Mr. Neale and Mr. Matthiessen.

Olivia Padis



**COMPETITION** The Academic Team takes a break during one of their intense competitions. "Mr. Powers was a great coach and he prepared us for each and every tournament" said Katie McFarland (12).



**GETTING READY** Jackie Zillioux and Caroline Muelenaer(12) get ready to leave for one of their in-season debate competitions. "I really enjoy the rides going to and from our tournaments it allows us the time to bond and enjoy our time together."

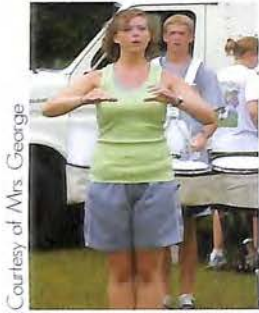


# Marching To the Beat of the Knight



**PARADE** The Marching Knight's lead the Homecoming parade down Chaparral. They played excerpts from their 2006 half time show, World War II.

Courtesy of Mrs. Zuber



Courtesy of Mrs. George

**BETH BREDEKAMP** Beth Bredekamp(12) was the head Drum Major for the marching band season. It took a lot to step up to the plate and lead the band. Beth said, "I felt that as a Senior, it was my duty to help continue the transfer of power to a constant Senior/Junior Drum Major relationship." Beth said after graduation she will miss the pride she obtained from leading the Cave Spring Marching Knight's.

## Drum Majors



Courtesy of Mrs. George

**HANA YUN** The Junior Drum Major, Hana Yun(11), led the band for the first time. She said that she decided to become a Drum Major because she thought it could help the band and felt like she could make an impact while doing it. Hana will become the head Drum Major for the 2008 Marching Band season. She is looking forward to helping the band with any possible problems and conducting them again.



Courtesy of Mrs. Foot



Courtesy of Mrs. George

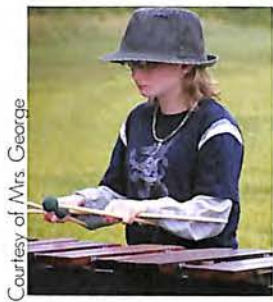


Courtesy of Mrs. George

Knight Pride

August 3-November 11





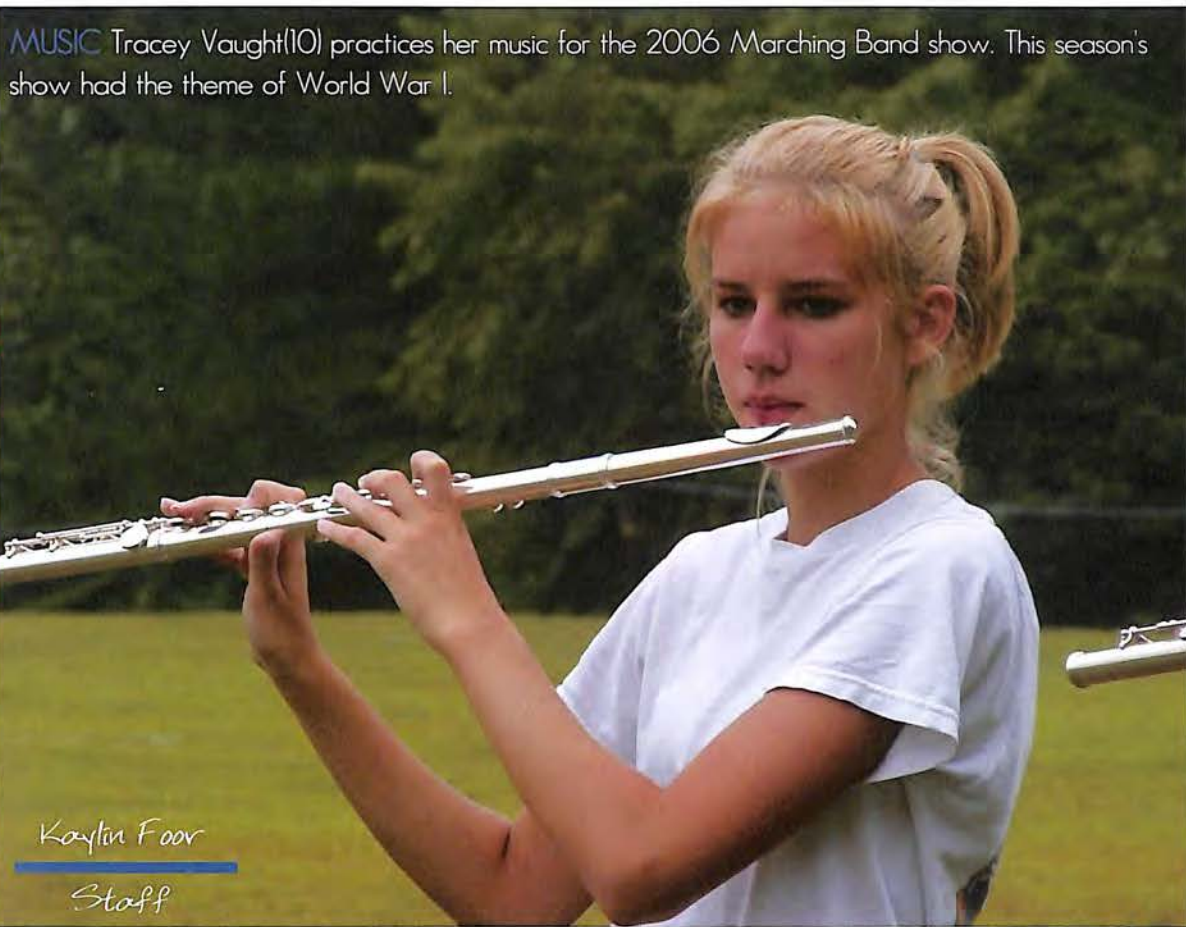
Courtesy of Mrs. George



Courtesy of Mrs. George



Courtesy of Mrs. George



Kaylin Foor  
Staff

**MUSIC** Tracey Vaught(10) practices her music for the 2006 Marching Band show. This season's show had the theme of World War I.



Courtesy of Mrs. George



Courtesy of Mrs. George



Courtesy of Mrs. George

Courtesy of Mrs. George



Kaylin Foor

**STAND TUNES** The marching band plays stand tunes to get the crowd pumped up at the Cave Spring vs. Northside game.



Courtesy of Mrs. George

**BAND CAMP** Every summer the marching band travels to Ferrum College for band camp. While there they learned the drill and music for the upcoming shows.



Courtesy of Alex Zuber

**LIFTS** The drill team practices a lift that is part of the show. Jia Zheng(10) stated, "Being lifted by the girls was a new experience. It helped us bond because we had to trust each other."

**MAJORETTE** Kenzie Conner(11) twirls a baton. She was the only majorette for the Marching Band and choreographed her own routines.



Courtesy of Mrs. George



# C.S.D.T.

## Check Us Out



Laurin Ann Link



Wing-T



Kaylin Foor

**HAIR** Laurin Ann Link(11) gets her hair braided before an away game. "It's always fun getting ready with the rest of the team. If one of us forgets something, someone else always has extra," said Laurin Ann. The Drill Team performed at half-time during football games.



Cotey Robbins  
Clubs Staff

Kaylin Foor  
Clubs Staff

## Top 10

songs to dance to :

1. I'mma Shine- Youngbloodz
2. Pump It- Black Eyed Peas
3. Idlewild Blue- Outkast
4. Wait A Minute- Pussycat Dolls
5. Black Betty- Ram Jam
6. Fergalicious- Fergie
7. Money Maker- Ludacris
8. Sexy Back- Justin Timberlake
9. Ain't No Other Man- Christina Aguilera
10. Get Low- Ying Yang Twins



Kaylin Foor

**KOBE** Jacquelyn Anderson(10) catches a shrimp in her mouth at dinner while bonding with the team. "I love doing things with the girls, they're all really sweet and we're like a big family," said Jacquelyn.



Courtesy of Carolyn Robbins

August 1 - December 2

Drill & Dance Team





Courtesy of Kelly Zuber

## Some normal routines of the Drill Team:



Kaylin Foor

**SMILE** Jessica Williams(11), Laurin Ann Link(11), Jacquelyn Anderson(10), and Kiana Vafaei Avval(11), practice their smiles before performing at the Pulaski vs. Cave Spring game. This was also the night where all seniors were recognized.

**DINNER** Jessica Williams(11), Catey Robbins(12) and Kaylin Foor(11) pose for a picture during dinner at Kobe. The drill team frequently got together for dinner and bonding. Being together outside of practice helped all the girls become better friends, which made performing easier.

Katey Robbins



Courtesy of Kelly Zuber

Front Row: Kaylin Foor, Jessica Williams, Lauren White, Catey Robbins, Jacquelyn Anderson, Jia Zheng  
 Back Row: Gabrielle Frohock, Kiana Vafaei Avval, Laurin Ann Link, Katherine Ellis, Ann Zimmerman



Lauren White

**CROWNS** Lauren White(12) receives her Drill Team crown at the end of Band Camp. Lauren said, "This was my last year getting crowned, so it was a little bittersweet." It is a tradition for the captains to present each member of the team with a crown while commending them on their good qualities.



# Living the Life

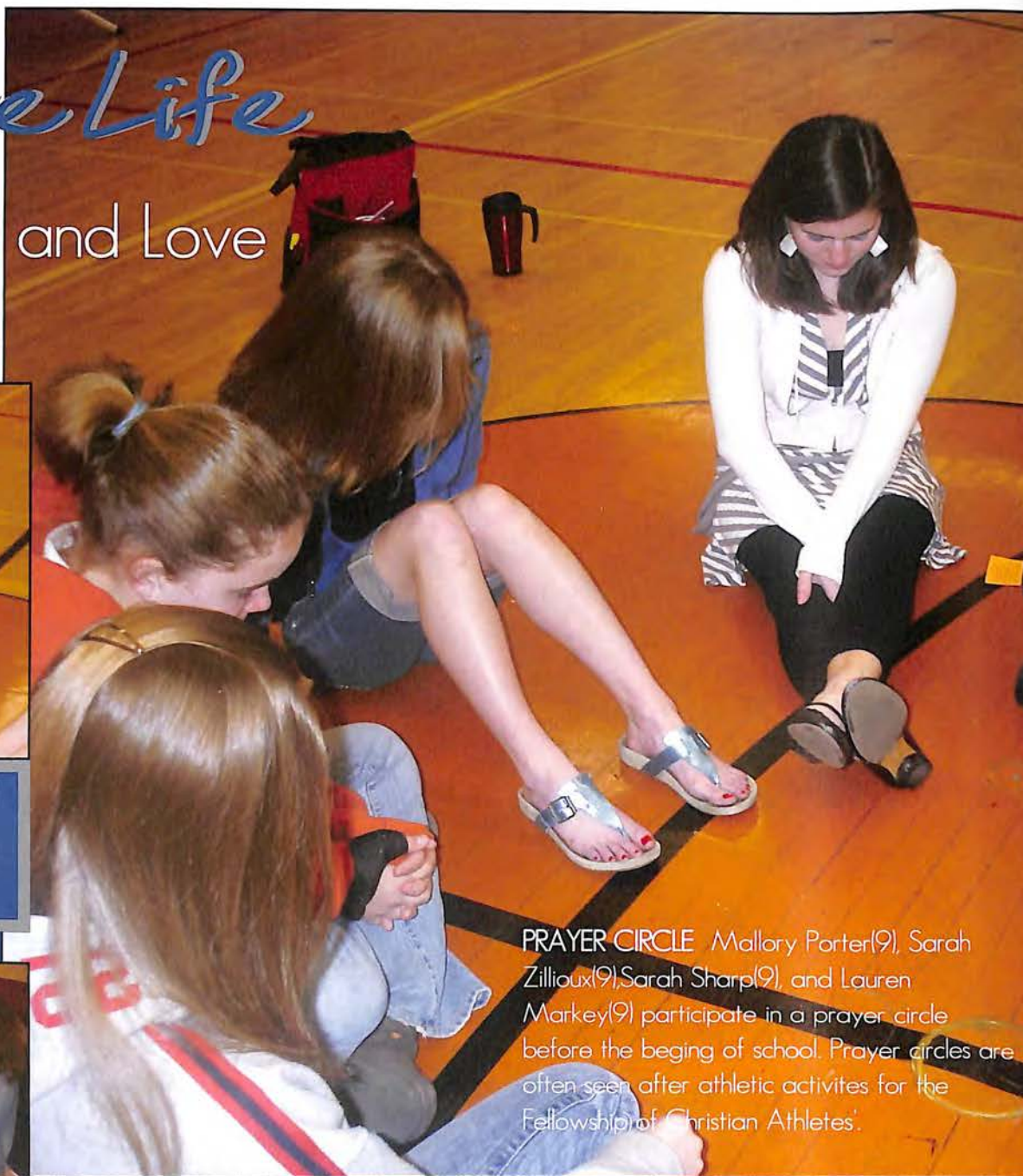
## Faith, Hope, and Love

Kaylin Foor

Clubs Staff



**PRAYER CARDS** Weekly prayer cards were handed out during FCA with different Bible verses on them. Logan Smith(10) and sits in a circle with her prayer card while the group talks about the verse for that week.



**PRAYER CIRCLE** Mallory Porter(9), Sarah Zillioux(9), Sarah Sharp(9), and Lauren Markey(9) participate in a prayer circle before the begining of school. Prayer circles are often seen after athletic activities for the Fellowship of Christian Athletes.



### Fellowship of Christian Athletes

#### Why do you enjoy being in the FCA?



Max Snyder(11) said that his favorite part of being in FCA is, "The food, the friends and the fellowship."



Kenzie Conner(11) said that she likes being a part of FCA because "Its a good place for Christians to get together"

**BIBLE STUDY** Andrew Secrist(12) reads his Bible during his lunch period. Andrew has been actively involved with FCA since his freshmen year. Andrew said, "I love FCA because it attracts tons of people in our school in an amazing way."



Kaylin Foor

August 22 - June 6

FCA & FBLA





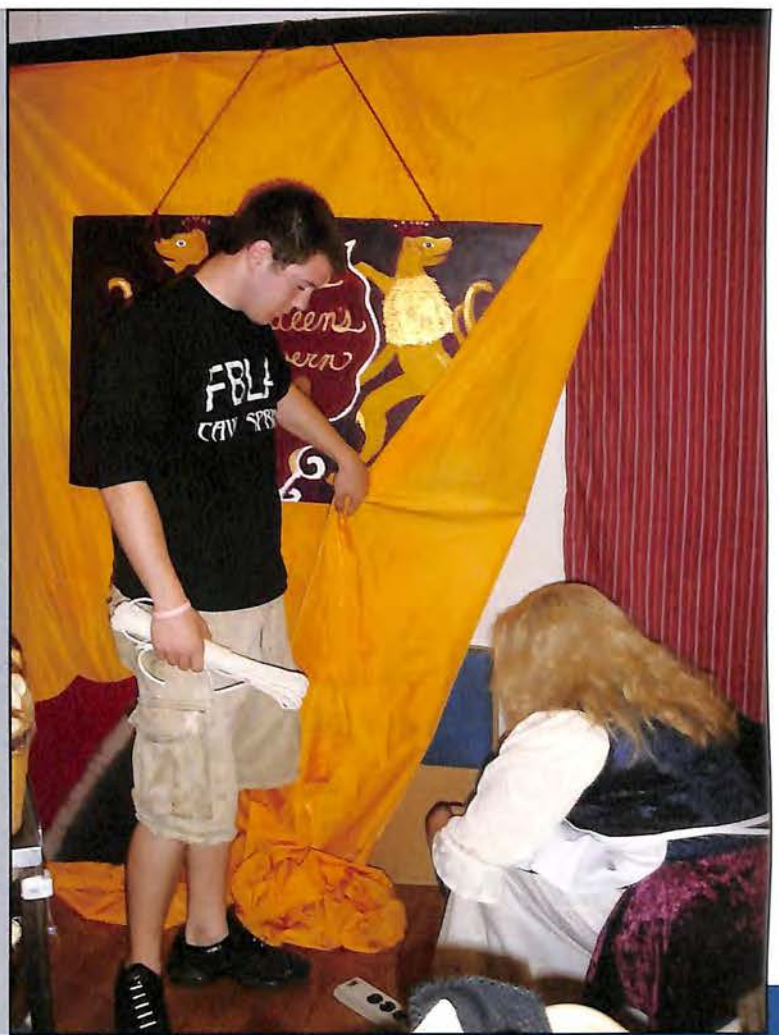


Catey Robbins

**HELPING OUT** Nick Fanti(12) helps Mrs. Wall with decorations for the Renaissance Fair. The fair was in March and FBLA played a large role in the decorating process.



Nick said, "It's cool being in FBLA because it has to do with business and when I graduate from college I want to do something business related."



**DISCUSSING** Kellee Jacobsen(12) discuss upcoming events for FBLA. "I like FBLA, a lot of my friends are in there with me and we always have fun together," said Kellee



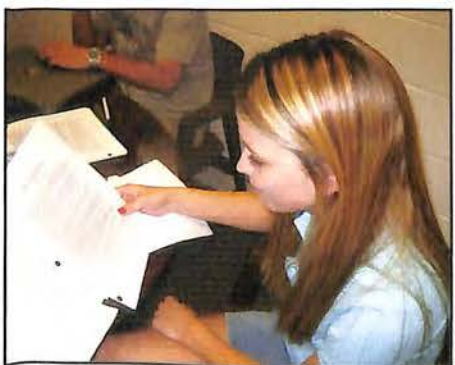
Catey Robbins

# Keeping Busy

## Making Business Happen

*Catey Robbins*

*Club Staff*



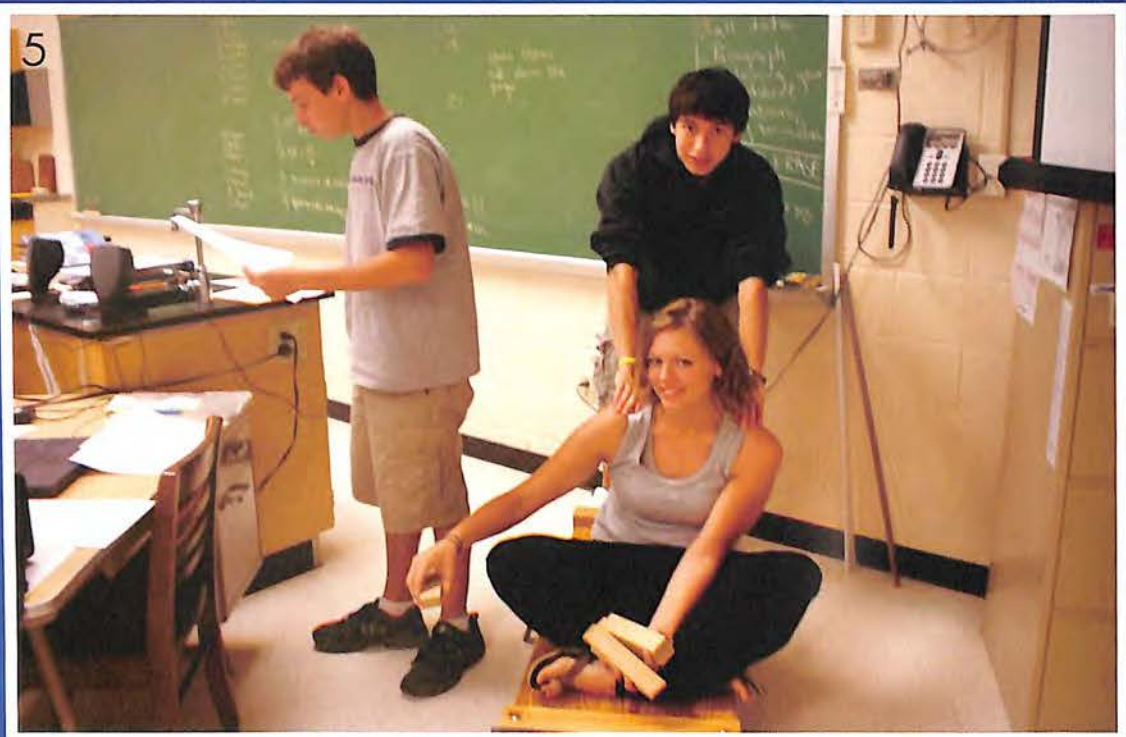
Catey Robbins

The Future Business Leaders of America (FBLA) meets once a month with Mr. Huray. The FBLA officers were Andrew Markey(12) President, Erin Griffin(12) Vice President, Demi French(12) Secretary and Lauren Reid(11) Treasurer. FBLA sponsored a Chili Cook-off during the fall in which students paid to come eat chili and watch their favorite team. The Atlanta Falcons took on the Washington Redskins in NFL. "FBLA is a great club to be in, especially if you're looking to go into business later in life," said Lauren. Besides discussing business all the time the club does other things as well such as helping out the Culinary Arts classes with the Renaissance Fair.

## Future Business Leaders of America



# Putting the Chemicals Together and Sparking the Imagination



1 Mr. Barnes explains the directions of a lab to students. "Students better understand concepts if you can show them before hand," said Mr. Barnes.

2 Rachel Freeman(12) goes for an extra study session to finish her physics project. "Dr. Laughner is always willing to give you extra help outside of class, and he tries to make science fun and hands on," said Rachel.

3 Frank Hudson(10) writes down his observations of the lab. "My favorite thing to do in science is labs," said Frank.

4 Janel Lambach(12) holds the pendulum as Pete Hamilton(12) reads the directions to her. "We do the experiments without any help from Doc Loc because it helps us learn more for ourselves and we use more problem-solving skills," said Janel.

5 Micheal Austin(12) pushes Beth Bredekamp(12) on a cart while she drops blocks for the experiment while Doug Frank read the instructions(11). The purpose of this experiment was to find the relationship between velocity, distance and time. It was also a lot of fun being pushed around on the cart," said Beth.

6 Dr. Laughner shows students polarized light using the two polarized films. "I use as many props and gadgets as possible to show kids how things work. They get a better understanding if they can actually see and hold what they are learning," said Dr. Laughner.



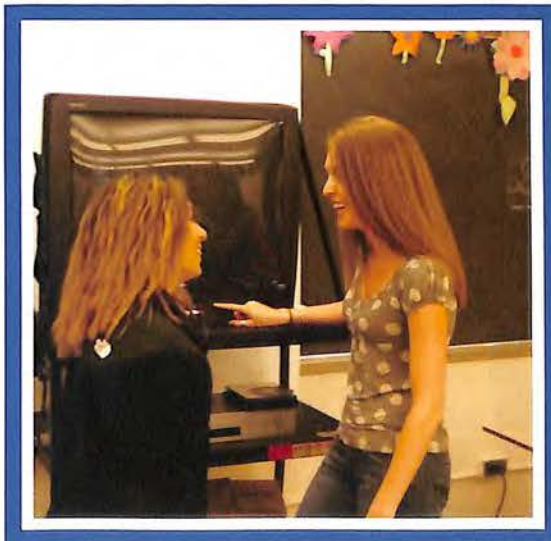


# Movie Madness

## Turning Down the Lights



**RUDY** Maggie Wagner(12) hands Whitney Williams(12) 'Rudy,' one of the Character Counts movies the Film Club watched. " 'Rudy' is such a classic movie, but I cry everytime I watch it," said Whitney.



**PUSH PLAY** Shannon Showalter(12) and Valerie Gurevich(12) push play and get ready to watch the next movie. "Before we watch a movie we make popcorn get comfortable and turn off the lights. What's a movie without popcorn?" said Shannon.

### Top 10 Movies

1. An Inconvenient Truth
2. I am Sam
3. Rudy
4. Pirates of the Carribean
5. Ferris Bueller's Day Off
6. Robin Hood: Prince in Tights
7. The Majestic
8. The Others
9. Rosencrantz and Guildenstern
10. A Walk to Remember



**POPCORN** Pete Hamilton(12) and Kevin Munser(12) eat popcorn as they watch "The Inconvenient Truth."



**CRITICS** Haley Wells(12) and Chris Downiel(12) sat at lunch discussing the last movie that they watched. "Pirates of the Caribbean is my favorite movie," said Haley.



**VOTE** Mr. Sauls writes a list of movie choices on the board for the upcoming Film Club meeting so members could vote on what to watch next



## FLYER

Kim Kufel(10) works on a flyer to hang up in the hallways for the sophomores.



Erin Griffin

## PLANNING

Kenzie Conner(11) looks in prom books to get ideas for the dance. "I really enjoyed being on Prom Committee. After all the planning we do, its fun seeing the dance come together."



Mrs. Gotschal



Erin Griffin

## DRAWINGS

Taylor Yarber(11) draws different designs for the entrance and prom table decorations. Taylor says, "I love decorating and planning for parties. I'm definitely glad I got to be on prom committee!"



Erin Griffin

## NOTES

Megan Boehling(11) takes notes during a junior class meeting. Megan was the Junior Vice President for 2006-2007

August 22- June 6  
Prom Committee &  
Class Officers



# Leading the Way Towards A Better Tomorrow

*Erin Griffin*  
*People Staff*

**P**rom committee members met every Wednesday after school to discuss things to make prom a big hit. They have to pick a theme, design the room, tables, dance floor, and plan the menu. Kaylin Foor(11) said, "I liked being on prom committee because I could put my thoughts into planning the dance. It took such a long time to plan out the dance, seeing it all come together was very rewarding."

**C**lass officers worked hard from the start of the school year doing their best to make a great year. Alexa Tolusso(12) said, "My favorite part of being a class officer is being able to help decorate the halls and senior float for homecoming. The main lobby was a lot of fun for all the seniors to come together and make a great day!" Class officers really made the voices of students count to make a great school year with many memories.



Erin Griffin



Erin Griffin

## SIGNS

Kaylin Foor(11) puts up signs up in the halls for information about prom. "We decided to put up signs, that way everyone can read them and get information in case they don't hear the announcements. I hope prom turns out to be a big hit year because everyone has worked so hard on it," said Kaylin.

## WORKING HARD

Tina Crawford(12) makes a list of things needed to be talked about in the next class officer meeting. "I always think of things before the meeting and make sure I write them down so I don't forget," said Tina.



Erin Griffin

## SHARING IDEAS

Jennifer Harvey(12) and Alexa Tolusso(12) share ideas about activities for senior day.

## FRESHMEN OFFICER

Thomas Boehling(9) is part of the freshmen class officers. This was his first year being a class officer.



Tamara Taylor

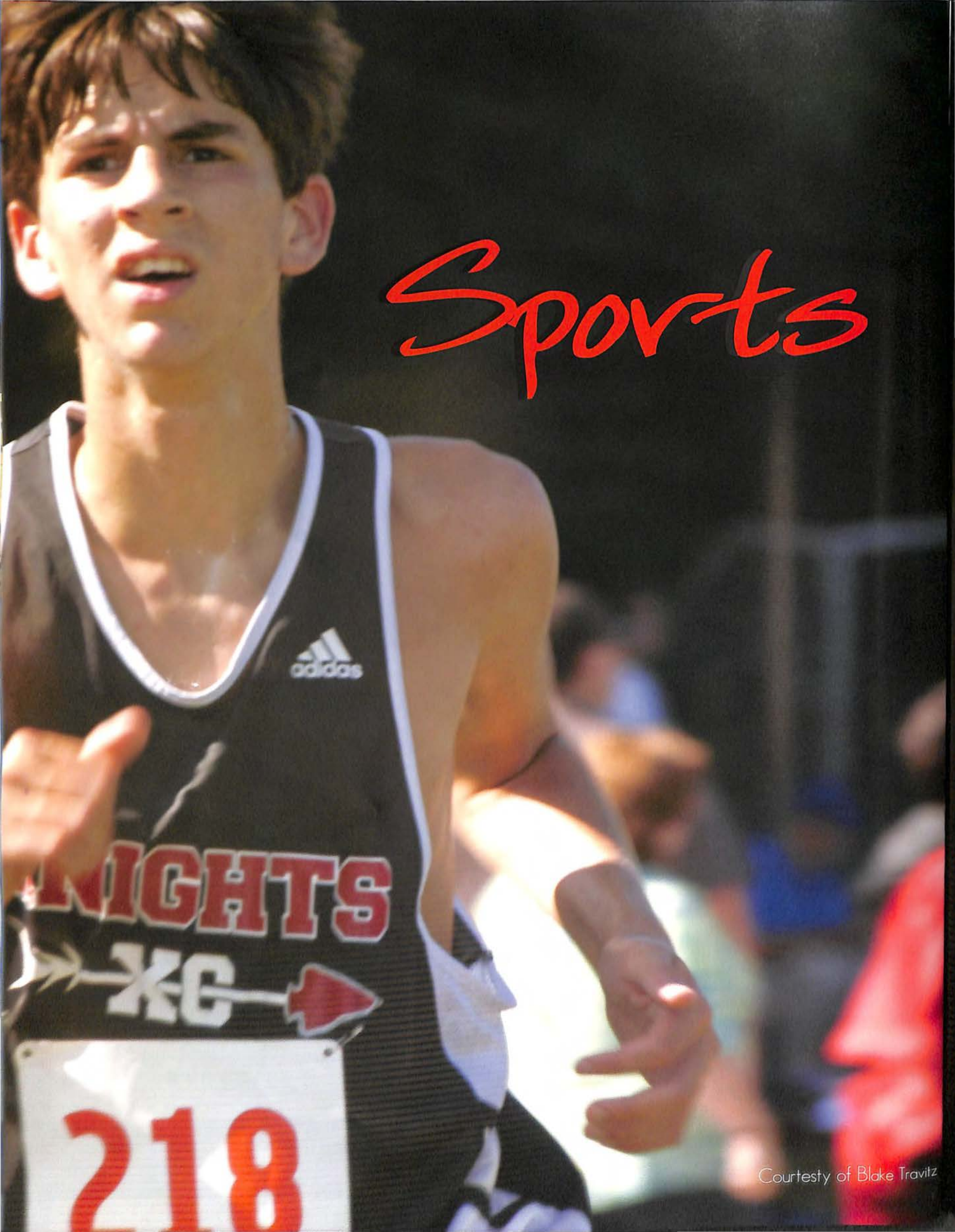


Erica Horseman

## IDEAS

Greg Mackey(10) looks through a list of ideas to talk about for an upcoming class officer meeting. "Being a class officer is a great experience and will look good on my college applications," said Greg.





# Sports

Courtesy of Blake Travitz

# Rising to Every Challenge

With a new school year and a new athletic director there were many adjustments to be made. The outdoor track team added three new coaches to the staff. Coach Fast for sprints, Coach Huray for shot-put, and Coach Lewis for high jump and long jump came on board for the season. The girls Varsity Basketball team also received new direction from Coach Ficarro, Coach Rickman, and Coach Hicks.

Sports continued to show their excellence by sending several teams to state level competitions. Girls cross country sent their entire team to states and finished 10th out of 16 teams. Girls Varsity Volleyball brought in another state championship title. It was their fourth time winning states out of the past five years.

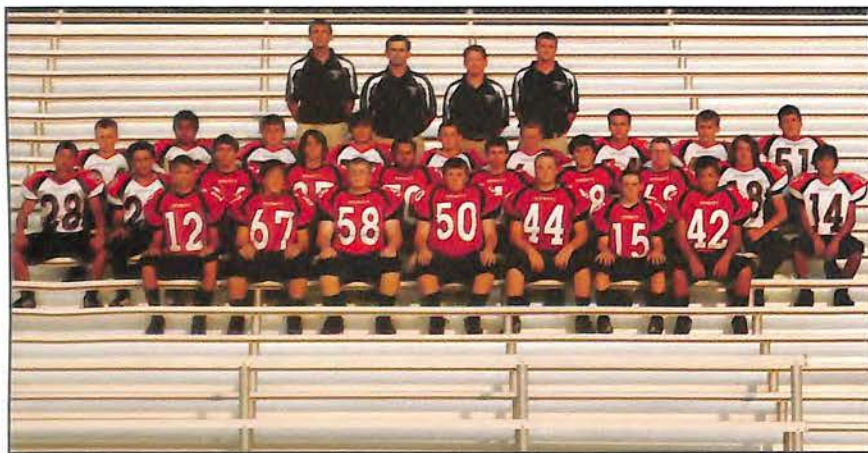
Wrestling sent three freshmen players to states under the direction of their new coach, Coach Long.

All in all, the sports teams accomplished many goals, and took all the changes in stride.





## The Team



## The Players

**First Row:** Eric Jacobsen, Jacob Walters, Dillon Meacham, Paul Overfelt, Nathan Wimmer, Zac Osborne, Tucker Green  
**Second Row:** Andrew Benitez, Coy Hypes, Devin Cain, Daniel Maloney, Cray Webb, Quentin Dill, Alex Berry, Billy O'Brien, Tim Brown, Hunter Harbeson  
**Third Row:** Drew Craighead, Eddy Resnick, Joey Carleno, Corey Reese, Will Fortune, Logan Emery, Evan Sexton, Grant Kelly, Kyle Keister  
**Back Row:** Jacob Lewis, Tim Fulton, Niles Harvey, Cole Shepherd

## Words of Wisdom



Coach Fulton

Coach Fulton always tells his team before the games to go out and work their hardest while playing. Practicing hard is also a good technique to winning the games.

Coach Lewis



Coach Lewis is new to the JV staff and always tells the guys that hard work pays off, on and off the field.

July 30 - November 10

JV Football



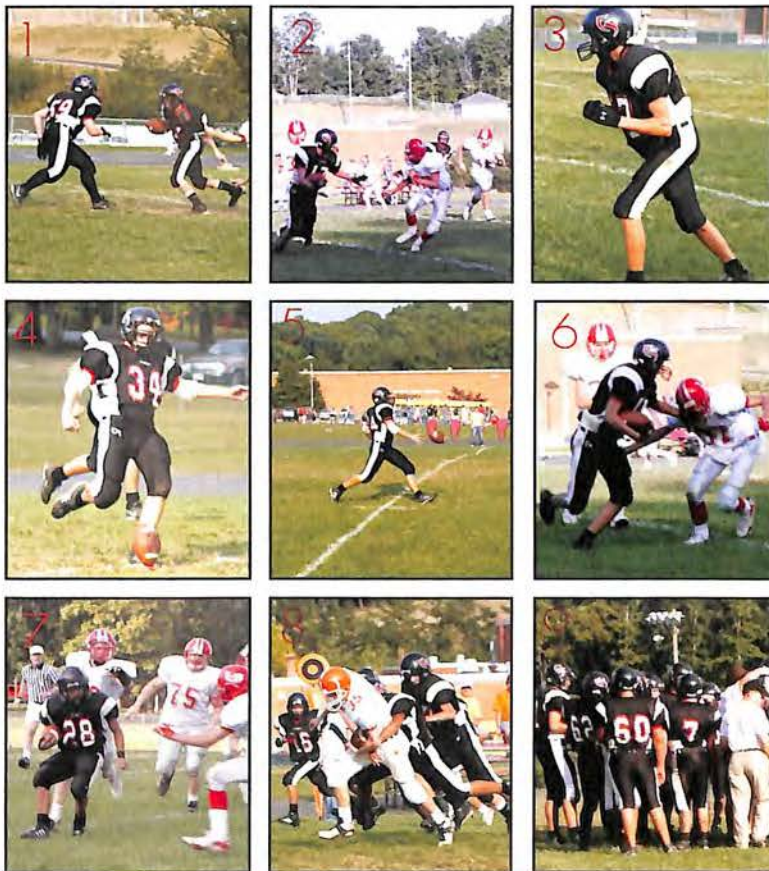


# Scoreboard

Staunton River	L
Northside	L
Lord Botetourt	L
Alleghany	L
William Byrd	L
Blacksburg	L
Christiansburg	L
Salem	L
Pulaski	W
Hidden Valley	W

**LINE UP** The team lines up before the ball is snapped. Daniel Maloney(10) said, "This season was really enjoyable because of all the friends that are on the team with me."

**TACKLE** The players come in for a tackle on the William Byrd offense. Dillon Meacham(10) said, "The team practiced hard each and every day. I also really liked all of the coaches."



Catey Robbins

Staff

- 1 **RUNNING** hard with precision, running backs have one of the hardest jobs on the field.
- 2 **DODGING** opponents on the Lord Botetourt defense, Erik Jacobsen(9) puts his hand out to block them off.
- 3 **PREPARING** for the play and watching the ball snap, so no false starts will occur.
- 4 **KICKOFF** by the team can be the most exciting part of the game. The team gets pumped up that the game is finally starting.
- 5 **FOURTH AND ONE** on fourth down, the team punts the ball away.
- 6 **PROTECTING** the ball from tacklers is extremely important. If the player is tackled and the ball falls loose, a fumble has occurred.
- 7 **SPINNING** Andrew Benitez(9) makes a spin move around the defenders.
- 8 **DEFENDERS** Several defenders tackle a William Byrd player. Tackles from behind almost always catch them off guard.
- 9 **TEAM HUDDLES** before the game always give words of wisdom and encouragement.



# Inside The Game



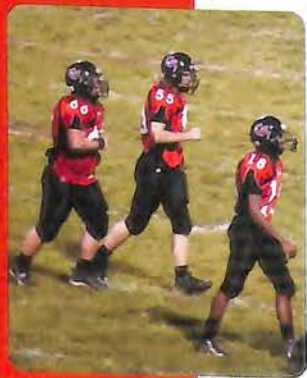
Daniel Downing(11) steps back to throw a pass.



Clay Nash(11) takes the snap and prepares for the kick.



Nick Fanti(12) watches the game while on the sideline. Nick was the kicker for the team.

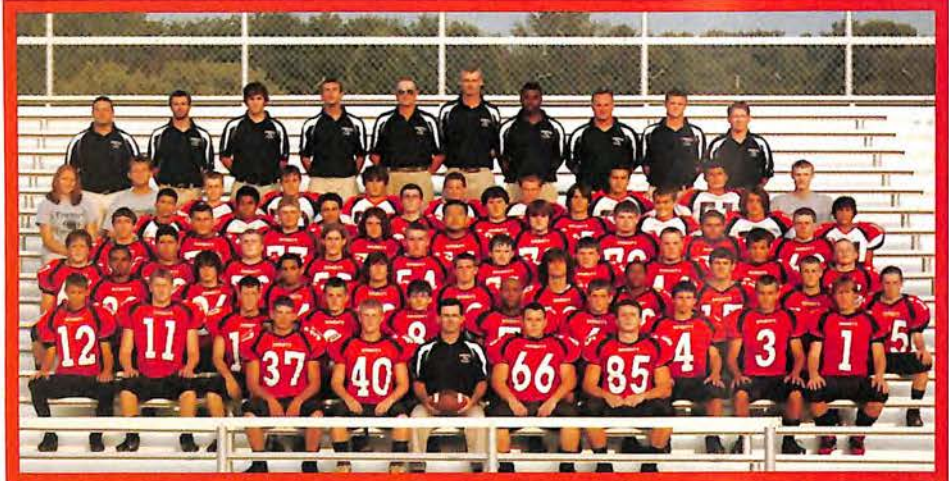


Crispin Harwell(12), David White(12) and Shaun Ferguson(12) take the field before the game.

## Thunderstruck

Drive, Determination, Desire to Win

*Kaylin Foor*      *Cotey Robinson*  
 Sports Staff      Sports Staff

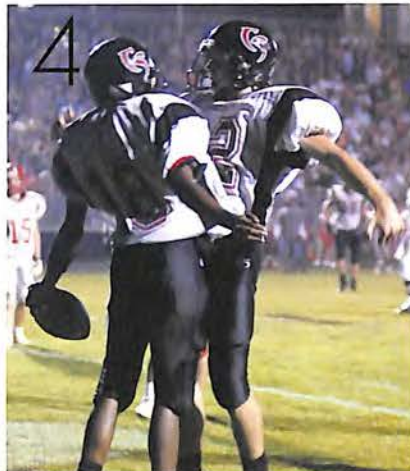


Front Row: Ryan Martin, Scott Barrier, Coach Fulton, Crispin Harwell, Jeff Wardach  
 Second Row: Erik Jacobsen, Matt Simonic, Nick Fanti, Tyler Caveness, Greg West, Darryl Keeling, Tucker White, Quentin Dill, Kevin Reeder, Daniel Downing. Third Row: Byron Hamlar, Brian Doss, Nathan Dodson, Thomas O'Keefe, Adam Dyer, Drew Reburn, Shaun Ferguson, Brady Stovall, Clay Nash, Zac Osbourne. Fourth Row: Jacob Walters, Frankie Beltran, Dillon Meacham, David White, Jay Barrett, Mitch Roberson, Paul Overfelt, David Wimmer, Tucker Green, Brent Ring. Fifth Row: Devin Cain, Raymond Wray, Greg Ferguson, Cabott Armetrout, Justin Yun, Alex Falls, Jared Casazza, Cray Webb, Billy O'Brien. Sixth Row: Andrew Benitez, Eddy Resnik, Coy Hypes, Doug Currie, Alex Berry, Daniel Maloney, Grant Kelly, Tim Brown, Hunter Harbeson. Seventh Row: Aimee Veatch, Paul Fariss, Drew Craighead, Joey Carleno, Corey Reese, Will Fortune, Logan Emery, Evan Sexton, Kyle Keister, Ben Sellars. Last Row: Claude Chaison, Shane Draper, Doug Perdue, Jacob Lewis, J.D. Hinderlite, John Swartz, Michael Hamlar, Kevin Clifford, Cole Shepherd, Niles Harvey



1  
Two of the captains, Jeff Wardach(12) and Crispin Harwell(12) lead the football team onto the field before a game.

2  
Daniel Downing(11) talks to the team about the upcoming play. Daniel was the Knight's quarterback for the first time.



3  
Scott Barrier(12) gets the next play from the coaches during a timeout.

4  
Shaun Ferguson(12) and Thomas O'Keefe(12) bump chests after a touchdown.



Jeff Wardach(12), Crispin Harwell(12), Daniel Downing(11) and Justin Yun(12) take the field to warm up before a game.

Coach Shepherd and Coach Perdue give instruction to Shaun Ferguson(12). "It was really easy to take directions from the coaches because they broke it down," said Shaun.



### Scoreboard

Cave Spring 16	Staunton River 8
Cave Spring 14	Northside 7
Cave Spring 14	Lord Botetourt 28
Cave Spring 21	Alleghany 27
Cave Spring 7	William Byrd 22
Cave Spring 0	Blacksburg 32
Cave Spring 6	Christiansburg 42
Cave Spring 0	Salem 49
Cave Spring 6	Pulaski 17
Cave Spring 10	Hidden Valley 28



# Gaining Strength

## Building for the Future

Hannah Hawthorne

Sports Staff



**HUDDLE** The team huddles around Coach Wiegand to listen to the game plan. "Coach Keesha Meek was the best volleyball coach that I've ever had," said sophomore captain, Kylie Kerr.

Wing IT

**SERVE** Rebekah Henderson(8) throws the ball into the air to serve to the opposing team. "I felt very honored to have the opportunity to play on a high school team when I'm only in middle school," said Bekah Henderson(8).



Wing IT



Wing IT



Wing IT



Wing IT

**SPIKE** Mariah Stump(9) spikes the ball over the net. Mariah said, "It took a lot of practice for me to learn how to correctly spike the ball, but when I finally did it was really rewarding."

**POOL** Some of the girls play volleyball while swimming at Emma Caveness(8) house for team bonding. Kristen Heilssen(9) said, "I really enjoyed hanging out with the team at Emma's house."

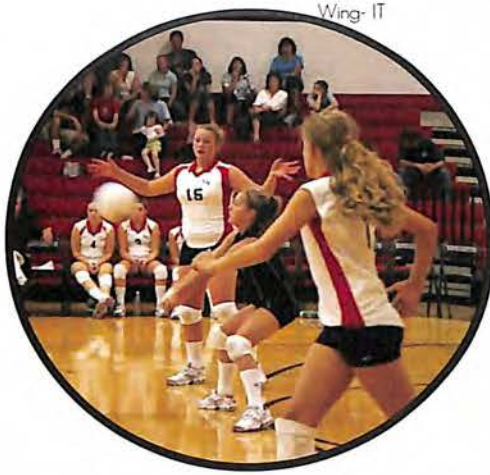


Ellen Vest

August 22-November 12

JV Volleyball





Wing- IT



Wing- IT



Wing- IT

**LEBERO** Courtney Gaddy(9) the lebero of the game, bumps the ball to the other team. The lebero is the player who is able to be subbed in without checking in with the refs. The lebero of the game gets to wear a different uniform than everyone else. The girl is not allowed to hit or set, but she can serve and pass during the game and they can only spike behind the 10 foot line. Her hand cannot go over the net.

Ellen Vest



Wing- IT



Wing- IT

Sophomore captain, Kylie Kerr, gets low to save the ball.



Wing- IT

Jordan Reid(10) watches the ball come over the net.



Ellen Vest

Kristen Heilssen(9), Courtney Gaddy(9), and Mariah Stump (9) swim together.



Wing- IT

Kristen Heilesen(9) gets ready to help the ball over the net.



Wing- IT

"Volleyball is a great sport, and I thoroughly enjoy the game and my teammates!" Ellen Vest(10).



Ellen Vest

Emma Caveness(8) gets a prank played on on while bonding with the team at her pool.



Ellen Vest

Jordan Reid(10), Bekah Henderson(8) and Cory Jacobsen(8)

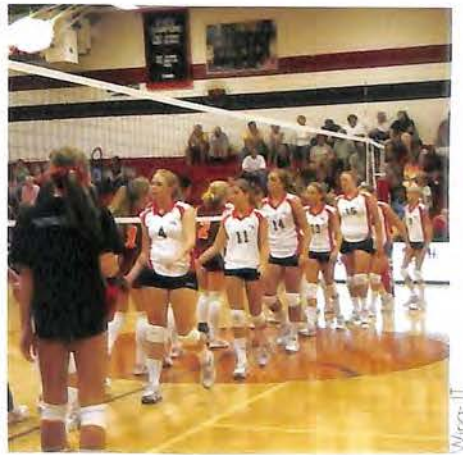


Wing- IT

Back Row: Coach Wiegand, Kristen Heilesen, Mariah Stump, Kylie Kerr, Emma Caveness, Rebekah Henderson, Coach Meek  
 Second Row: Corey Jacobsen, Courtney Gaddy, Jessie Fortner  
 Front Row: Jordan Reid, Ellen Vest

Scoreboard

Rustburg	2-0
Brookville	2-0
Patrick Henry	0-2
William Byrd	0-2
Blacksburg	2-0
Hidden Valley	1-2
Patrick Henry	1-2
Christiansburg	1-2
Pulaski	2-1
William Byrd	2-1
Franklin County	3-0
Brookville	3-0
Salem	1-2
Blacksburg	0-2
Hidden Valley	0-2
Christiansburg	2-1
RE Lee	2-0
Pulaski	2-0
Salem	0-2



Wing- IT

**SPORTSMANSHIP** The girls shake hands with the opposing team after three intense games. "I really enjoyed being a captain this year and our team was amazing!" said Jordan Reid(10).





1 Maggie Wagner(12) jumps and spikes the ball in a regional playoff game. "It was a really intense game," said Maggie, "All of the effort we put into practicing and the game itself was so worth it in the end."

2 Watching from the sideline, the team jumps up after winning the state championship for the fourth time. "It was really exciting to make it to the state championship again," said Emily White(10). "The team and I were so happy to win."



6 The players cheer on the rest of their team during the game for support. "It really gets the adrenaline rushing when the team cheers us on," said Meredith Walker(10). "The cheering keeps us all positive."

3 Kelsey Langer(11) bumps the ball to the opposing team.

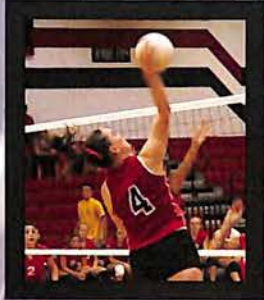
4 All of the players warm up together before one of their games. "We all have a good time before the game warming up," said Katherine Jetton(12). "It gets all of us focused and in a positive mood."



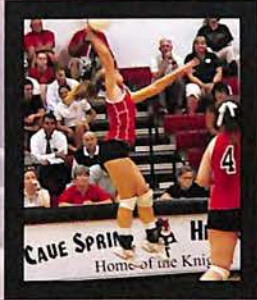
5 Players huddle around Coach Tanis during a game. "It's so important to stay focused during the game," said Kelsey Kerr(11). "If our heads aren't in the game, we can't put forth our best effort."



# We Rise ... To Every Occasion



Katherine Jetton(12)  
spikes the ball.



Jennifer Harvey(12)  
returns the ball to the  
opponent.



Maggie Wagner(12)  
serves the ball to the  
opposing team.

*Liz Spar*  

---

*Sports Staff*



Front Row: Katherine Jetton, Maggie Wagner, Jennifer Harvey  
Second Row: Kelsey Kerr, Taylor Yarber, Jocelyn Kellinger,  
Kelsey Lergen  
Back Row: Coach Meek, Coach Wiegand, Piper Hagan, Emily  
White, Meredith Walker, Lauren Bosche, Allyson Paone, Coach  
Mark Tanis, Coach Tamalyn Tanis



## VIRGINIA STATE CHAMPIONSHIP



### Scoreboard

Rustburg	3-0
Brookville	3-1
Mills Godwin	3-1
Heritage-Leesburg	2-1
Waynesboro	3-0
Western Albemarle	3-0
William Byrd	3-0
Blacksburg	3-0
Hidden Valley	3-2
Patrick Henry	3-0
Christiansburg	3-0
Pulaski	3-0
Deep Run	3-0
Salem	3-0
Blacksburg	3-0
Hidden Valley	4-0
Christiansburg	3-0
R.E. Lee	3-0
Pulaski	3-0
Salem	3-1
Blacksburg	3-0
Hidden Valley	3-2



# Hoop it Up !!



## To District Champs



Rachel Trantz  
Editor



Josh Henderson(9) shoots a layup. "This year was really intense," said Josh.



Hannah Hawthorne  
Sports Staff



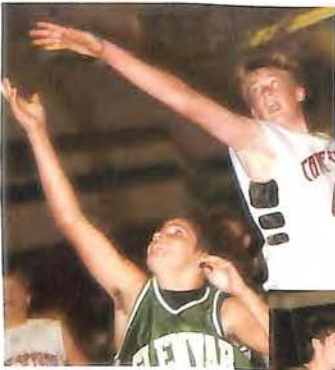
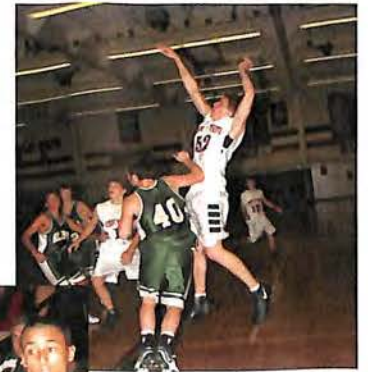
Freshman Jack Wilkes shoots a lay-up against Glenvar. "Mr. Kufel's coaching really helped me to improve this year," said Jack.

Matt Knupel (9) boxes out a player. Matt said, "I'm really proud of how well we did this season."

### Scoreboard

Glenvar	48-32 W
Auburn	47-30 W
William Byrd	37-36 W
Radford	41-31 W
William Byrd	33-27 W
Auburn	65-44 W
Northside	46-61 L
Radford	44-43 W
Blacksburg	47-42 W
Hidden Valley	31-30 W
Christiansburg	62-44 W
Pulaski	54-64 L
Salem	44-51 L
Blacksburg	52-30 W
Northside	39-45 L
Hidden Valley	42-21 W
Christiansburg	40-20 W
Pulaski	45-41 W
Salem	49-45 W

**JUMP SHOT** Matt Knupel(10) shoots a jump shot.



**JUMP** Josh Hendersen(9) jumps over his player to grab the rebound.

**DRIVE** Jack Wilkes(9) triples threats and gets ready to drive to the basket.



**DEFEND** Quentin Dill(9) hustles on defense. This was Quentin's second year on the JV team.

August 22 - November 12

JV Basketball







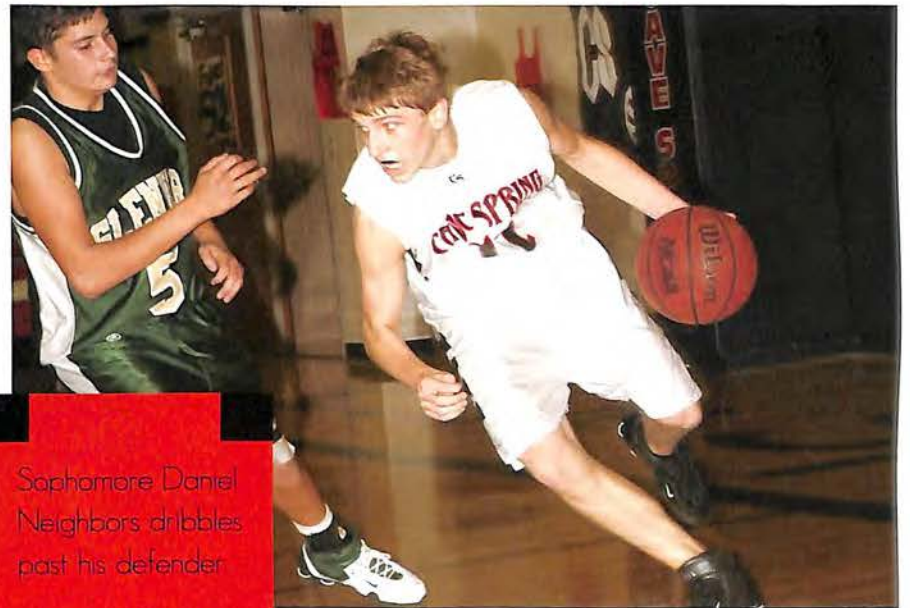
## TOUGH

Quinten Dill(9) fights to get possession of the ball. "Coach Kufel was a great coach. I feel like he has really prepared me for my next year of basketball," said Quentin. After the team's season was over freshmen Quentin Dill, Mark Overstreet, Josh Henderson, and Adam Hager were pulled up to help the varsity during districts.



## SHOOTING

Mark Overstreet(9) gets ready to shoot a foul shot. Mark said his moto for each game and practice is "The early bird gets the worm, but the second mouse gets the cheese."

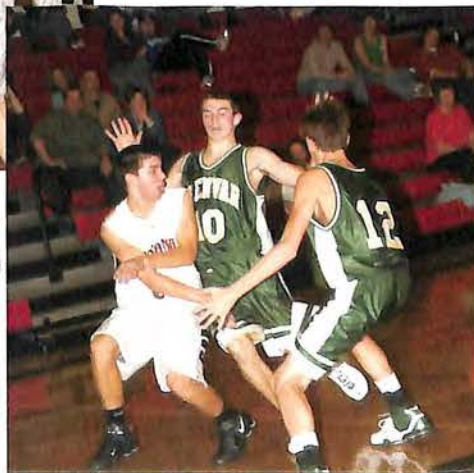


Sophomore Daniel Neighbors dribbles past his defender.



**HANDS UP** Matt Knupel(10) stands straight up to block a lay-up. Matt said "Because of my height it gives our team an advantage over the opponent."

**PASS** Quinten Dill(9) pushes a pass through two defenders. During the Glenvar High School game.



Front Row: Jack Wilkes, Justin White, Bruce Barbee, Daniel Neighbors, Adam Hager, Quentin Dill, Scott Harriman  
 Back Row: Coach Kufel, RJ Burns, Mark Overstreet, Erik Jacobsen, Josh Henderson, Matt Knupel, Taylor Moore, Bryan Wright, Coach Ryan Reynolds



# Q & A

What is one thing you do before each game?



"I ate Quizno's and had some power drink. I also listened to music with my boys," said Shane Butler (12)

"Before each game I got focused and listened to music," said John Michael Bohan(12)



Daivid Kaplan(11) said, "Every afternoon before a game I would shoot around and listen to music."



Andrew Lavinder(12) said, "I always listened to music to get me focused before each game."



"Basketball brought me closer together with old friends and helped me make new ones," said Byran Wright(10)



"Usually before each game I went home and relaxed and just got focused," said Pete Hamilton(12).



# Shooting For Success

## Scoring the Points



*Hannah Hawthorne  
Sports Staff*



**JUMP SHOT** Andrew Lavinder(12) takes a shot while being blocked by Pulaski defenders. "We had a kind of tough schedule this year, but I think we really surprised a lot of people in the end," Andrew said.

**TIP-OFF** Pete Hamilton(12) goes up for the ball at the beginning of the game. Pete said, "I've worked so much on my vertical and this year it really paid off."



**BLOCKING** Mark Overstreet(9) blocks an opponent trying to pass the ball. This was Mark's first year on varsity and he was the only freshmen on the team.

**TIMEOUT** Coach Hicks gives the team the next play during a timeout. The players were expected to memorize all of their plays.





**DUNK** Greg Mackey(10) shoots a lay-up during warmups before a game in the Holiday Hoopla tournament in December.

**BLOCK** Shaun Ferguson(12) jumps up to smack the ball down against a Blacksburg player.



**TEAMWORK** Brett Buckland(11) rotates over to help teammate Greg Mackey defend the basket.

**OFFENSE** Daniel Downing(11) prepares to defend his man. "I had to work really hard this year, but it paid off," said Daniel.



**DEFENSE** Pete Hamilton(12) blocks a shot by Radford point guard. Pete was a captain this year along with fellow seniors, John Michael Bohan, and Shane Butler.



**DEFENSE** Ryan Leet(11) focuses on the game and the players that were around him.

## Scoreboard

Glenvar	59-39 W
Auburn	85-51 W
William Byrd	65-54 W
Radford	52-40 W
William Byrd	54-61 L
Auburn	60-41 W
Northside	56-66 L
Radford	52-66 L
Patrick Henry	47-62 L
Osborn	63-68 L
Massaponnex	69-66 W
Blacksburg	18-49 L
Hidden Valley	44-68 L
Christiansburg	65-52 W
Pulaski	43-46 L
Salem	44-53 L
Blacksburg	26-47 L
Northside	45-52 L
Hidden Valley	26-27 L
Christiansburg	49-50 L
Pulaski	38-78 L
Salem	63-52 W



**Front Row:** Cager Hicks, Dawson Hicks, Brody Hicks.  
**Second Row:** Daniel Downing, Shaun Ferguson, Andrew Secrist, Andrew Lavinder, Shane Butler, Greg Mackey, Brett Buckland, David Kaplan  
**Back Row:** Coach Myers, Coach Hicks, Pete Hamilton, Ryan Leet, Justin Smedley, Matt Burnette, John Michael Bohan, Coach Hicks



**REBOUND** John Michael Bohan rebounds the ball. "We all worked really well together this year, it was a great senior year," said John Michael.

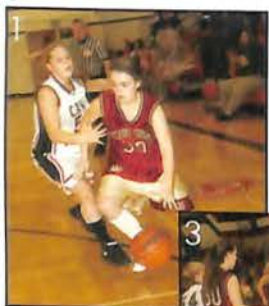


# Teamwork Is... The Name of the Game



Hannah Hawthorne  
Sports Staff

Wing-IT



Wing-IT



Wing-IT



Wing-IT

4 Chelsea Wiseman(9) steps in the lane for the rebound.

5 The team claps for their teammates during the William Byrd Christmas Tournament

6 Livie McGuigan(9) fights for possession during a jump ball.



Wing-IT



Wing-IT



Wing-IT

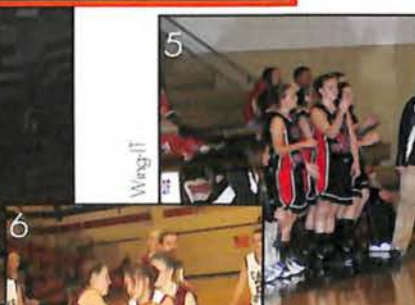
1 Lauren Markey(9) tries to stop a girl from driving to the basket.

2 Ellen Vest(10) slides over to defend her player.

3 Olivia Ferguson(10) steals the ball and begins to dribble down the floor



Wing-IT



Wing-IT



Wing-IT

7 Sara Walton(10) slides to play tough defense on her player.

8 Hannah Hawthorne(10) triple threats and prepares to pass the ball to a teammate.

9 Lauren Markey(9) puts her hands straight up to try and block a shot.



Wing-TT



**PLAYS** Sophomore captain Olivia Ferguson(10) triple threats to set up a play during the William Byrd Christmas Tournament in December. Olivia said, "Our team was really close this year, we spent lots of time together. Being so close was probably what helped us to work so well together during games.

**HELP** Two captains, Ellen Vest(10) and Sara Walton(10), rotate over on defense to help and stop the girl from scoring. "We really had a lot of fun together this year and I'm really going to miss all of the younger girls and our coaches next year," said Ellen.

Wing-TT



Wing-TT



**FAKE** Jessica Durham(9) fakes while looking to get the ball inside the paint to score during the Glenvar game. This was the game that turned around the team's whole season and gave the team some much needed confidence.

**SUPPORT** Hannah Hawthorne(10), Morgan Oliver(9), and Emma Caveness(8) watch and discuss the game going on. "I was really impressed on how well we did this year. No one expected us to be as good as we were, we really surprised a lot of teams," said Morgan.

Wing-TT



## Scoreboard

William Byrd	17-47 L
Glenvar	23-32 L
William Fleming	27-31 L
Patrick Henry	30-34 L
William Byrd	21-33 L
Glenvar	30-21 W
Patrick Henry	28-43 L
Staunton River	26-25 W
William Byrd	29-41 L
Liberty	28-36 L
Blacksburg	36-42 L
Hidden Valley	23-28 L
Christiansburg	27-38 L
Pulaski	27-32 L
Salem	40-26 W
Blacksburg	39-33 W
Hidden Valley	27-24 W
Christiansburg	42-37 W
William Fleming	26-21 W
Pulaski	23-33 L
Salem	26-31 L

Wing-TT



Wing-TT



Wing-TT



**Front Row:** Morgan Oliver, Chelsea Wiseman, Sara Walton, Ellen Vest, Hannah Hawthorne, Olivia Ferguson, Becca Henderson, Olivia McGuian  
**Back Row:** Manager Amanda Paige, Emma Caveness, Lauren Markey, Cara Thomas, Brittany Palmer, Jessie Durham, Manager Amy Lehrer

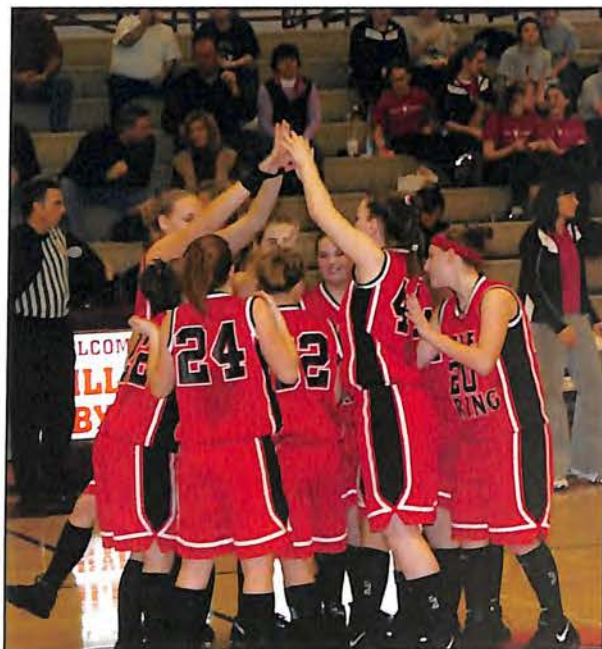


# A New Beginning

## Starting off Strong

### Scoreboard

William Byrd	57-50 WON
Glenvar	30-28 WON
William Fleming	41-42 LOST
Patrick Henry	48-51 LOST
William Byrd	51-48 WON
Glenvar	42-35 WON
Patrick Henry	48-35 WON
Liberty	40-22 WON
Blacksburg	44-32 WON
Hidden Valley	43-66 LOST
Christiansburg	48-56 LOST
Pulaski	41-52 LOST
Salem	50-43 WON
Blacksburg	39-38 WON
Hidden Valley	34-57 LOST
Christiansburg	46-50 LOST
William Fleming	26-32 LOST
Pulaski	54-53 WON
Salem	46-43 WON
Pulaski	39-45 LOST



Wing-IT



Wing-IT

### DRIBBLE

Brooke Ulrey(11) dribbles the ball up the court. "I'm really glad that we proved everyone wrong and did really well this year," said Brooke.



Wing-IT

### DEFENDING

Kate Moore(10) defends her player during the Salem game at the William Byrd Christmas Tournament.

### REBOUNDING

Kayla Spurgeon(10) gets ready to box out and get a rebound.



Wing-IT



Front Row: Monica Boatwright, Brooke Ulrey, Jourdan McDaniel, Coach Ficarro, Kim Hunt, Shawna Paige, Nina Edwards

Back Row: Sarah Bingham, Kate Moore, Angela Jones, Katherine Jetton, Amiee Veatch, Kayla Spurgeon.





## CROSSOVER

Monica Boatwright(10) crosses over to dribble past her defender. This was Monica's second year on the varsity team.



## TRIPLE THREAT

Kim Hunt(12) triple threatens while looking for an open pass near the basket. Kim said, "This year was really challenging with the new coaches but we all worked as hard as we could and tried to do our best."

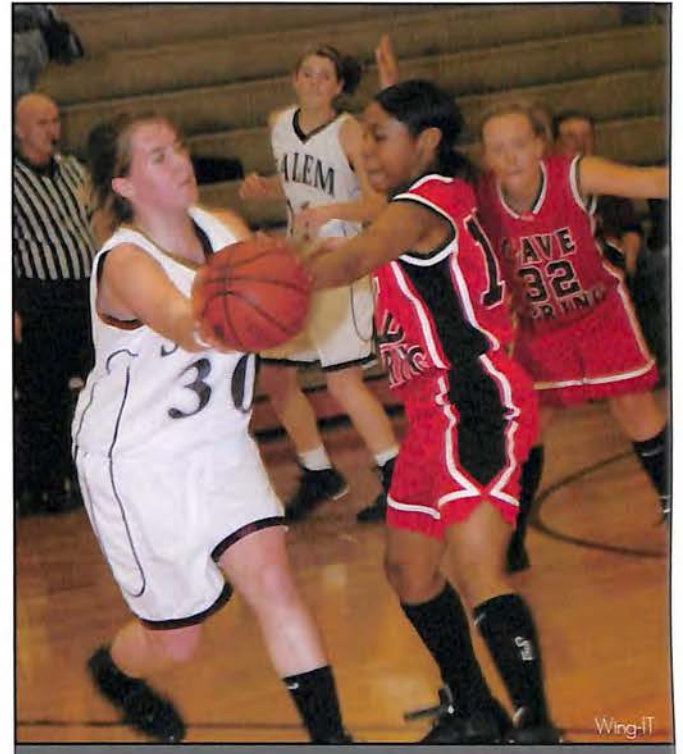


## TRAP

Shawna Page(11) and Katherine Jetton(12) trap a Salem player underneath the basket.

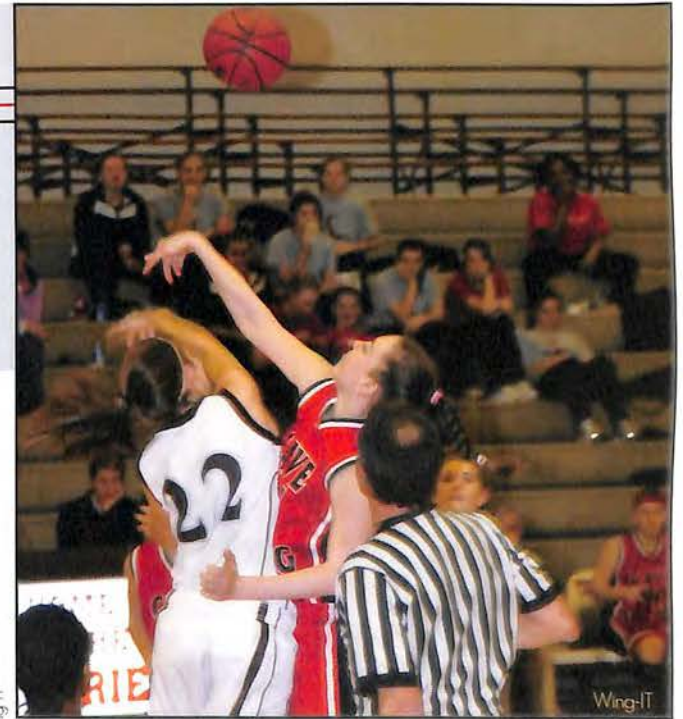
## DRIBBLE

Jourdan McDaniel(12) drives past two defenders for a lay-up. "Having Coach Ficarro as a new coach really pushed me to do my best for her and it really worked out for all of us in the end. It was a great season," said Jourdan.



## STEAL

Shawna Paige(11) goes for a steal. Shawna made honorable mention for the All-District team, Kim Hunt made second team All-District, and Katherine Jetton made first team.



## JUMP

Katherine Jetton(12) fights for the jump ball at the beginning of the game. Katherine has played basketball for the school three out of her four years.





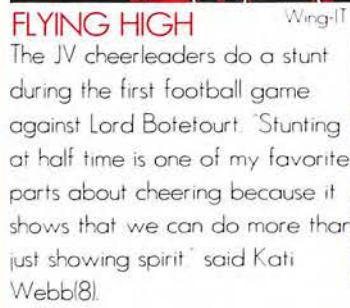
# Showing That Knight Pride And Pumping up the Crowd

*Erin Griffin*  
Sports Staff



## HALFTIME

Colleen Zimmerman(9) flies in a half during a time out at the first basketball game. "I really like flying, but at first I was really scared," said Colleen(9).



## FLYING HIGH

The JV cheerleaders do a stunt during the first football game against Lord Botetourt. "Stunting at half time is one of my favorite parts about cheering because it shows that we can do more than just showing spirit" said Kati Webb(8).



## Basketball Cheerleaders

Front Row: Colleen Zimmerman, Laura Blades, Megan Loar, Morgan Edwards  
Back Row: Nick Nordberg, Patricia Longmire, Coach Sadler, Sarah Sharp, Kati Webb



Niles Harvey



Sarah Sharp



Sarah Sharp



## Football Cheerleaders

Front Row: Megan Loar, Nick Nordberg, Laura Blades  
Back Row: Colleen Zimmerman, Kati Webb, Morgan Edwards, Sarah Sharp, Patricia Longmire

August 22 - 25

Welcome Back







Sarah Sharp

**CHEER CAMP** Cheerleaders take a break during a cheer camp given by Rickey Hill. "Camp was a lot of fun this summer. Since it's my first year at the high school I was scared, but it turned out to be a great time," said Colleen Zimmerman(9).



**SIDELINE** Katie Webb(8) calls out a chant during a basketball game. Katie said, "I love cheering at basketball games because you get to be closer to the fans than during football games."

Go Knights!



Niles Harvey



Sarah Sharp



Sarah Sharp

**HOMECOMING PARADE** Laura Blades(9) and Sarah Sharp(9) ride down Chaparral Drive during the Homecoming Parade. The girls were on their way to Bogel Stadium to cheer on the Knights in the Homecoming game against Allegheny. It was the first time both girls participated in the parade. Laura said, "I always loved watching the cheerleaders riding in the parade. It was awesome to finally get to be one of the cheerleaders."



Sarah Sharp



Sarah Sharp



# Q & A

One cheerleader can lift a crowd, but it takes a squad to lift a stadium

What was the best part of Cheerleading?

Meghan Deal-Nevins(11) said, "I love cheering with my best friend, Kendall Earles. It was our first year cheerleading."



Erica Horseman

**MAKE-UP** The girls wait to get their make-up done before competition so that they all look uniform.



Erin Griffin

**FLY HIGH** Danielle Malkos(10) does a scorpion during the quarter at the HV double-header.

"My favorite thing was being a Senior and also being a captain," said Lauren Davis(12).



Erin Griffin

Erica Horseman



Wing-IT

"I liked learning how to fly! It was so scary at first, but now I love it" said Megan Loar(9).



Lindsey Matko(10) said, "I love tumbling across the basketball court at timeouts. It starts a 'cheer war' with the other teams' cheerleaders."



"I love performing in front of people, and getting the crowd pumped up," said Kenzie Conner(11).



Wing-IT

## Football Season

Front Row: Whitney Williams, Shannon Showalter, Erin Griffin, Lauren Davis, Lauren Harris, Kelsey Bryant, Valerie Gurevich  
 Back Row: Sabrina Rackow, Samantha Snyder, Kenzie Conner, Kristin Hambright, Katy Keister, Rachel Wilkinson, Kelly Keegan, Kelsey Martin, Meghan Dealnevs, Kendall Earles, Lindsey Matko, Danielle Malkos  
 Not Pictured: Erica Horseman, Leigh Basham

Summer- February 8

Varsity Cheerleading





**Basketball Season**

Front Row: Erin Griffin, Valerie Gurevich, Erica Horseman, Lauren Davis, Leigh Basham, Kelsey Bryant, Whitney Williams  
 Back Row: Danielle Malkos, Samantha Snyder, Meghan Dealnevins, Kendall Earles, Coach Sadler, Rachel Wilkinson, Katy Keister, Kenzie Conner, Sabrina Rackow



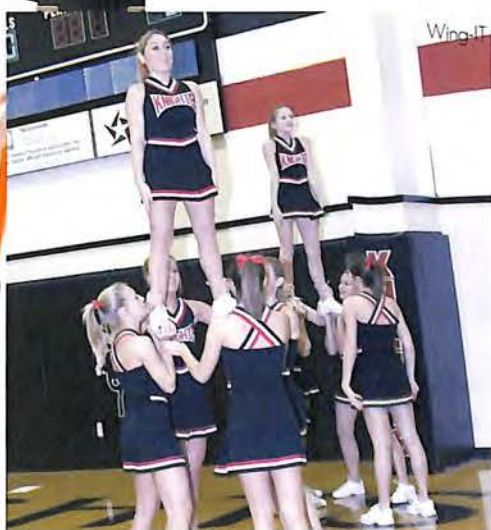
Erica Horseman



Erica Horseman



**SMILE** Lindsey Matko(10) smiles big before the district cheerleading competition at Hidden Valley. Lindsey said, 'I calmed my nerves by acting crazy and just having fun!'



**STUNT** Valerie Gurevich's(12) group prepares to push up their stunt from a half to a full in between the third and fourth quarter of the basketball game.

**Working hard and having fun before the season starts**

1 The cheerleaders put up three liberties during cheer camp with Rickey Hill, the coach for Virginia Tech's cheer squad and High Techs. 'I learn so much at cheerleading camp every year. It's nice to learn from someone who knows so much about cheerleading and can give me pointers' said Sabrina Rackow.

2 Holding hands the cheerleaders jump into Lauren Harris(12) pool during their Pirate Night bonding. 'Cheer bonding was a lot of fun because it was my first year cheering and I got to know everyone without the stress of learning all the cheers,' said Erin Griffin(12).



Erica Horseman



Erica Horseman



Erica Horseman  
Sports Staff



# In the Swing of Things

Kaylin Foor

Sports Staff

## On Par



Wing-It

**RAIN** James Kasza(9) stands under the umbrella with his clubs during a game of golf. The Cave Spring High School Golf team practiced at Hunting Hills Country Club.



Courtesy of Zac Osbourne

### SWING



Courtesy of Zac Osbourne

### PAR

## Common Items Found In A Golfbag:



Golf Ball



Tees



Golf Clubs



Umbrella



Scorecard

July 30-November 10

Golf





Wing-IT

Ben Chapman(11) chips the ball onto the green.



Wing-IT

Gray Patterson(11) places his golf ball on the green in preparation for his putt.



Wing-IT

Jack Wilks(9) reached down to pick up his golf ball after sinking a putt.



Courtesy of Zac Osbourne

**HOLE 8** Eric Hart(9) waits to move on to the next hole after hitting his ball. Eric was one of the many freshmen on the Golf Team last season.



Wing-IT

**Front row:** Ben Chapman, Scott Harriman, Jack Wilks, Justin White, James Kasza, Eric Hart, Cameron Meador, Ben Meade  
**Back row:** Coach Mike Duncan, Matt Harman, Chris Bernitt, Gray Patterson, William Avery, Michael Doughty, Andrew Lavinder, Coach Chuck Hart, Coach Duncan Haley

## Scoreboard

Floyd County: W  
 Metro Invitation: 2nd place  
 Patrick Henry, Northside(Tri-Match): W  
 William Byrd Blue Hills: W  
 Franklin County at Waterfront: W  
 Lord Botetourt/Blacksburg (Tri-Match): 2nd place  
 Alleghany High (Hunting Hills): W  
 River Ridge District Regular Season: 3rd place  
 River Ridge District Tournament (Ashley Plantation): 3rd place



Wing-IT

**CONCENTRATION** Jack Wilks(9) concentrates before he putts the golf ball. Figuring out what angle the ball needs to be hit is critical in order for it to go in. Concentration is an important part of being a successful putter.



Wing-IT

**RANGE** Ben Chapman(11) prepares to hit his ball during a game of golf. "Golfing is something I have always liked doing. Golf is an individual sport but it can also be a team sport."



Wing-IT

**PUTTING** Michael Doughty(12) concentrates on the shot before taking his swing. Michael was on the golf team for all four years of high school. He said, "Putting is the most important part of my golf game."



# Runners Live For ...



Rachel Travitz  
Editor

# ...Those Dirt Trails



Wing IT

Meaghan Dill



Wing IT

Blake Travitz



Rachel Travitz

Blake Travitz



Tatum Tyler



Blake Travitz

**THROUGH THE PAIN**  
Ben Harris (9) runs to the finish line during a Cross Country meet held at Green Hill Park. Ben said "I like running because of the team, and it's just a fun thing to do."

Blake Travitz



**RACE** Some of the guys from the JV Cross Country team run in the race hosted by Roanoke Catholic.

**RUN** Meaghan Boehling (11) runs through the 2nd mile of the race. She said "I like to run because it gets me ready for track."

Blake Travitz



Rachel Travitz

**MUD** The girls Cross Country team poses for a picture after the mud filled race during Octoberfest. "We were covered in mud from head to toe!" said Mary Woody (12).

**AWARDS** Brianna Glennen (10) received her awards for participation during the season. "I really like to run, and my friends on the team are the best." Brianna said.

Rachel Travitz



June 18 - November 25

Cross Country



# Q & A

Why do you enjoy running Cross Country?

-"The best part is having fun at XC camp with my friends," said Teddy Ivanco(10).

-"I love the camaraderie of the team," said Melissa Ivanco(12).

-"Running is just something that I love doing but the team spirit is the best part," said Rachel Travitz(12)

-"I like running because of the coaches," said Ryan Capps(11).

-"I like XC because of the friendships I've made along the way," said Meaghan Dill(12).

## Scoreboard

Blue Demon :	Boys 3rd
	Girls 3rd
Knights Crossing:	Boys 5th
	Girls 5th
Celtic Invt:	Boys 1st
	Girls 1st
Metro XC Invt:	Boys 2nd
	Girls 3rd
Octoberfest:	Boys 20th
	Girls 20th
VMI Invt:	Boys 8th
	Girls 3rd
Districts:	Boys 3rd
	Girls 3rd
Region III:	Boys 6th
	Girls 4th
State AA:	Girls 10th
	Tim Smith(11): 12th

Footlocker Championships:  
Tim Smith(11) and Rachel Travitz(12) competed in the race on November 25th, 2006.



Front Row: Coach Graham Castler, Jackie Zilloux, Rachel Travitz, Melissa Meinhart, Mary Woody, Caroline Muelener, Jessica Boatwright, Tatum Tyler, Reema Azar, Meghan Boehling, Melissa Ivanco, Jennifer Wade, Briana Glennon, Molly Reilly, Coach Stacie Maguire, Natilie Iannello  
 Second Row: Max Snider, John Wheelock, Mark Overstreet, Ryan Capps  
 Back Row: Coach Laurence Loesel, Andrew Smith, Ethan Scott, Buddy Huneault, Michael Austin, Teddy Ivanco, Benjamin Carlin, John Jennings, Tim Smith, Paul Lendway, Sam Kerr, Jacob Equi, Tyler Carlin, Taylor Bohon, Benjamin Harris, Timothy Henderson, Coach Tommy Maguire.



# Diving Into Competition

## And Racing to Win



Michael Doughty (12) rests on the side of the pool during practice. "Practice is really important in swimming because you constantly have to be conditioning and trying to improve your time," said Michael.

Monika Slowikowski (10) warms up for her next race. "Swimming keeps me in shape; and it's something that I really enjoy," said Monika.

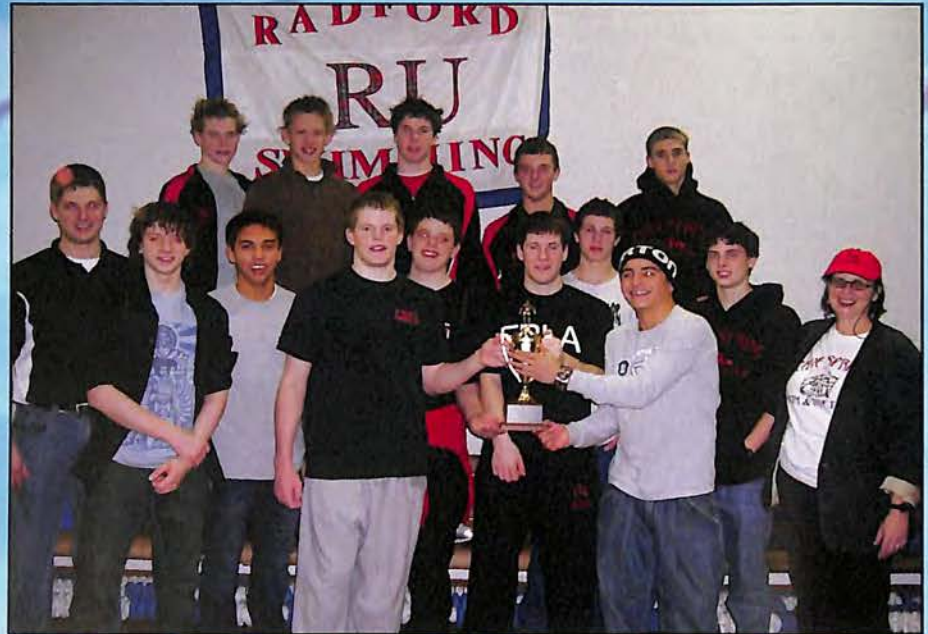


Kevin Munson says, "Before each meet I would eat Subway, lay down and listen to some slow jams."

"Before each meet I would eat a wrap and a smoothie from Elderberries," said Kellee Jacobsen (12).



Alexa Tolusso (12) dives into her lane for a freestyle race. "My favorite swimming style is freestyle," said Alexa.



Mr. Andy Huray



Wing-IT

**Front Row:** Hannah Seagle, Ginny Gibbons, Natalie Iannello, Molly Kelleher, Paige Baumann, Dani Vankerchov, Monika Slowikowski  
**Second Row:** Mateo Urrea, Lauren Knuppel, Alexa Tolusso, Kevin Munson, Michael Doughty, Nick Fanti, Kellee Jacobsen, Delaney Elkin, Beth Bredenkamp  
**Back Row:** Felix Koeda, Coach Huray, John Wheelock, Brock Vaughn, Michael Boucher, Matthew Podlecki, Heather Pearson, Ian Carroll, Nathan Ewoldt, Doug Currie, Luke Munson, Thomas Boehling, Coach Mills

November 12-March 11

Swim Team







Wing-IT



Wing-IT

Erica Horsemann

People Softf



Andy Hurry

**STATES** Nathan Ewoldt(9), Luke Munsen(9), Brock Vaughn(11), and Kevin Munsen(12) stand outside of the pool after the State meet

**BUTTERFLY** Ian Carroll(11) swims the butterfly stroke in his second race at the Gator Aquatic Center. "I swim for school and for Gators. I think that it is a great way to stay in shape and opens up doors for scholarships and college swimming," said Ian.

**START** Ava Stevens(12) dives into the pool for the relay. "It's my fourth year swimming for the school and one of my favorite event is the relay. I like that it takes a teamwork and everyone's effort to win," said Ava.



Mr. Andy Hurry

**GIRLS** Ava Stevens(12), Dani VanKerkchov(11), Monika Slowikowski(10), and Natalie Iannella(10) hug after finishing a great meet.



**FREESTYLE** Delaney Elkin(12) swims in freestyle in the meet against Hidden Valley. "I think that Freestyle is one of the hardest races to swim in because it's almost everyone's best style," said Delaney.



Erica Horsemann

**FINISH** The girls team climbs out of the pool after a strong finish in the meet against Patrick Henry.



Erica Horsemann



Erica Horsemann



Erica Horsemann

**SPLASH** Molly Kelleher(11) swims the butterfly stroke. "I push myself the hardest in the butterfly stroke," said Molly.



# Running like the wind



*What is your favorite brand of running shoe?*

- Name: Ryan Capps(11)  
Shoe: Nike Rival MD III  
Event: 400m, 800m
- Name: Mary Woody(12)  
Shoe: Asics HyperRocket  
Event: 800m
- Name: Kaylin Foor(11)  
Shoe: Nike Jana  
Event: High Jump, 55mHH
- Name: Max Snyder(11)  
Shoe: Nike Bowerman  
Event: 1600m
- Name: Dana Orr(12)  
Shoe: Asics DirtDiva  
Event: 3200m

Blake Travitz



Blake Travitz



Blake Travitz



Wing- IT



Blake Travitz



Wing- IT



Wing- IT



Blake Travitz



Blake Travitz



Rachel Travitz

## Scoreboard

Liberty LATFC	12/9/06
Heritage Meet	12/16/06
VMI	1/6/07
Fork Union	1/13/07
VMI High School Invite at Lexington	1/20/07
Microtel at VT	1/27/07
River Ridge Districts	2/5/07
Girls 2nd	
Boys 3rd	
Regionals	2/24/07
Girls 9th	
Boys 9th	
States	3/3/07

- Reema Azar(9)
- Lauren Boschel(10)
- Tatum Tyler(10)
- Kaylin Foor(11)
- Kelsey Largen(11)
- Aimee Veatch(11)
- Rachel Travitz(12)
- Mary Woody(12)
- Jackie Zillioux(12)
- Buddy Hannelout(10)
- Daniel Maloney(10)
- Ryan Capps(11)
- Tim Smith(11)
- Michael Bern(12)



Front Row: Jocelyn Kellinger, Caitlan Swaffar, Dana Orr, Samantha Snyder, Christina Eichblacht, Amanda Grubb  
 Second Row: Rachel Travitz, Molly Reilly, Mary Woody, Jessica Boatwright, Jackie Zillioux, Tatum Tyler, Amanda Couture, Stephanie Ayers  
 Back Row: Reema Azar, Allison White, Casey Ford, Kayla Funk, Jennifer Wade, Edy Ndem, Kaylin Foor, Kelsey Largen, Megan Boehling, Sarah Macintosh



Front Row: Andrew Smith, Elliot George  
 Second Row: Max Snyder, Billy Mullins, Michael Kluge, Alex Profit, Tyler Caveness, Michael Bern, Ryan Capps, Fain Perrin  
 Back Row: Kevin Briggs, Neil Aneja, Paul Lendway, Tim Smith, Taylor Bohon, Frazier Howes, Steven Wright, Robert Barfield, Teddy Ivanco, Matt Morgan

November 13- March 11

Indoor Track





Wing IT

Tatum Tyler



**RELAY** Reema Azar(9), Tatum Tyler(10), Rachel Travitz(12) and Jackie Zilliox(12) take a picture to show off their team spirit. "Braiding our hair and wearing our casual black socks gets us excited about our 4x400meter relay race," Reema said.

Wing IT



**PEP TALK** Coach Maguire gives a pep talk to the boys 4x800meter relay team before their race. "I like to give each athlete a word of encouragement before their race, to let them know that they can accomplish their goals" said Maguire

Wing IT



Tim Smith(11) runs in the 3200m race at Virginia Tech

Rachel Travitz



Megghan Dill(12) sits and waits with her teammates before her 1st race.

Rachel Travitz



Molly Reilly(10) runs in the 4x800m relay race at districts

Wing IT



Liz Wilson(10) hands the baton to Caitlan Swaffar(10) during the 4x200m relay race.



**THE START** Jackie Zilliox(12) gets ready for the gun to go off for the start of the 4x200m relay.



**SENIORS** The Senior girls like to get together outside of practice, so they enjoy going out to eat. "Hooters was a good choice" said Dana Orr(12)



**55m DASH** Kelsey Largen(11) runs in the 55meter dash. "Its my favorite event to run out off all my events." said Kelsey.



**DOWNTIME** Mary Woody(12) reads a magazine before her race.

Wing IT



Paul Lendway(12) competes in the 3200m run at Virginia Tech

Rachel Travitz



Coach Tommy Maguire smiles as one of his athletes sets a personal record

Wing IT

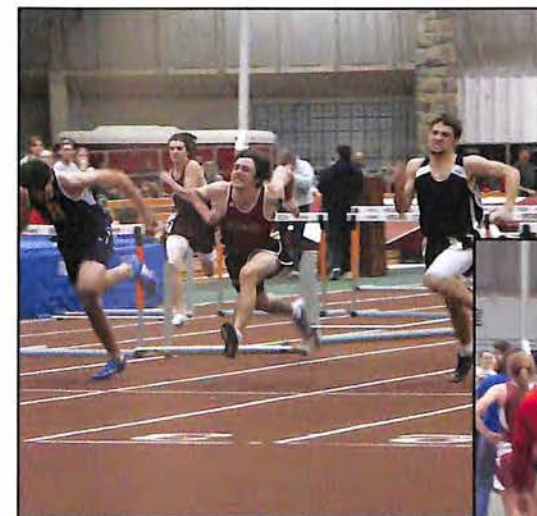


Steven Wright(11) completes in the triple jump at the Virginia Tech meet

Rachel Travitz



Max Snyder(11) hangs out with his teammates during the VHSI State Championship Meet



### PIN

Simon Harrison(9) pins an opponent during a match attempting to win. It was Simon's first year on the team.

### COACHING

Coach Long watches one of his athletes during a wrestling match.



Wing-IT



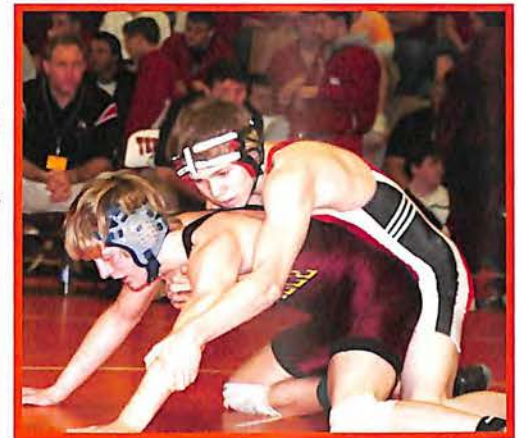
Wing-IT

# Working Through the sweat and tears

*Kaylin Foor*  
*Sports Staff*

### STARTING POSITION

In starting position, Scot Freeman(9) prepared for his match. "A lot of times, the very first move is the most important", said Scot.



Wing-IT



Wing-IT



Wing-IT



Wing-IT



Wing-IT

Scoreboard	
Franklin County	Lost
Knight's at the Roundtable	
	8th place
Titan Toughman	14th place
Heritage	Won
Blacksburg Invitational	12th place
Glenvar Invitational	13th place
District Duals	1 W-4 L
Big Orange	12th place
Covington Invitational	6th place
Districts	5th place
Region III	14th place
States	
Scot Freeman	2nd place
Simon Harrison	3rd place
Andrew Benitez	4th place

**STARE DOWN** Matt McCoy(12) intimidates an opponent during a round. Intimidation is a key factor in winning.

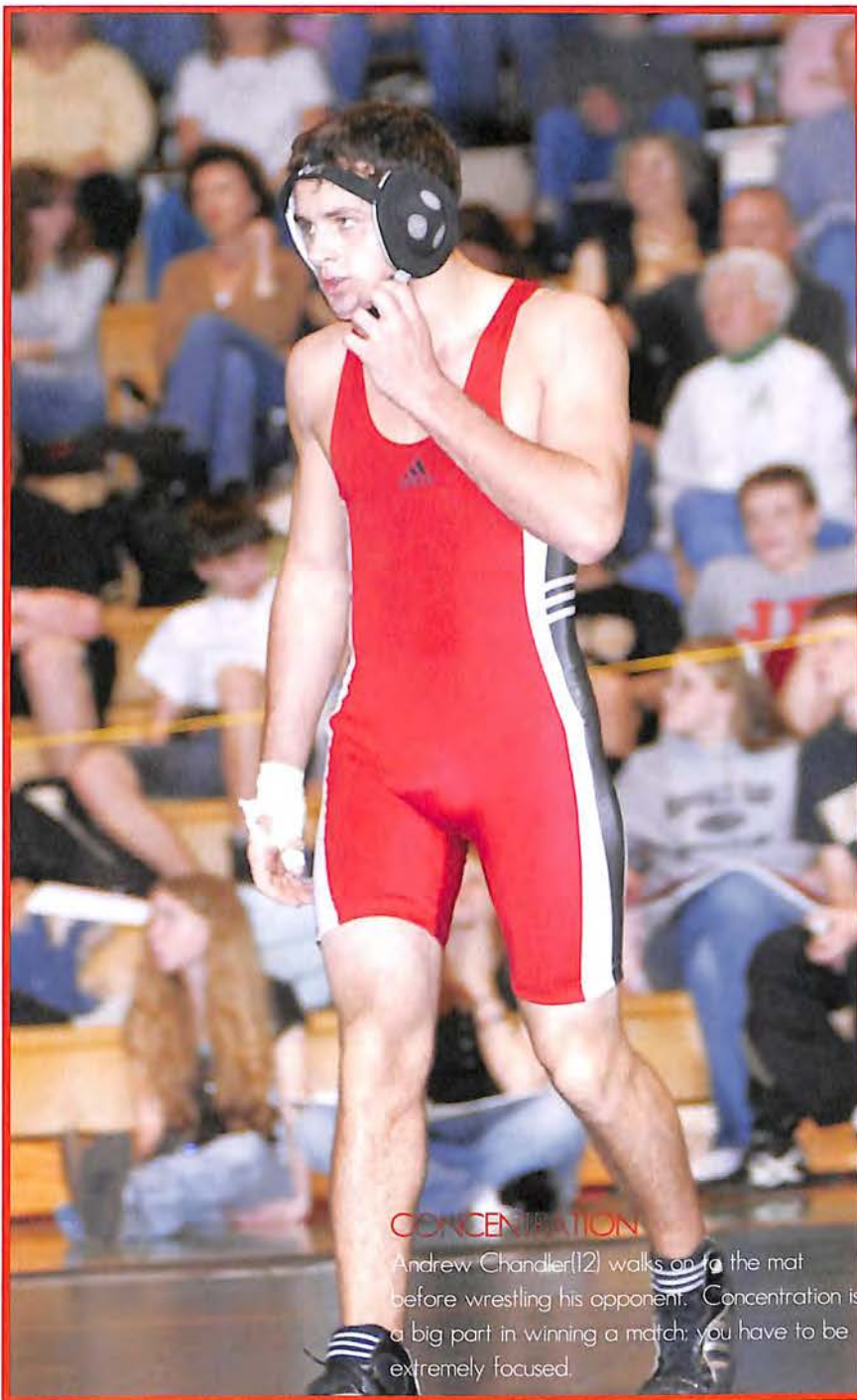


Wing-IT

December 5-February 3

No Pain, No Gain





**CONCENTRATION**

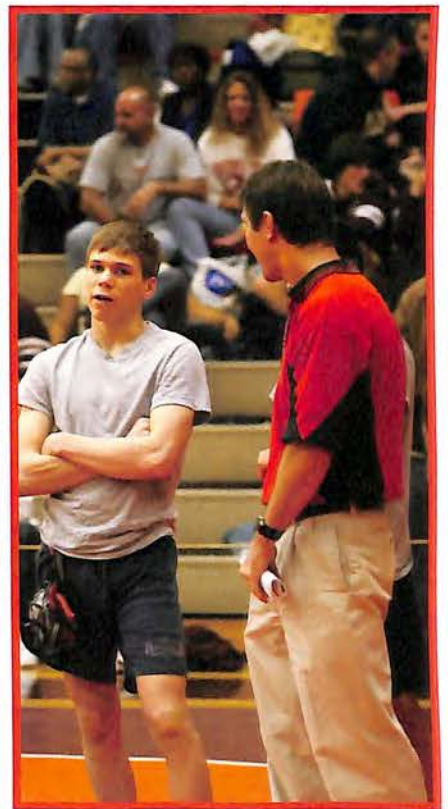
Andrew Chandler(12) walks on the mat before wrestling his opponent. Concentration is a big part in winning a match; you have to be extremely focused.

Wing-IT

**AGGRESSION** Patrick Russo(9) keeps his feet moving as he tries to pin his competition. Always being ready for the opponent to make a move keeps a wrestler on his toes.



Wing-IT



Wing-IT

**TALKING**

Scot Freeman(9) talks with Coach Long before a match. "The coach gives good pointers for your match. He usually knows what needs to be done," said Scot.

**NIGHTS WRESTLING**



Wing-IT

Front Row: Josh Evans, CT Talevi, Scot Freeman, Andrew Benitez, Ryan Mecca, Luis Cordero Rios  
 Second Row: Chandler Hudson, Bob Hudson, Matt McCoy, Patrick Russo, Corey Reese, Daver Olivera  
 Back Row: Coach Long, Kara Marshall(manager), Ryan Cloud, Eddy Resnick, Jake Eanes, Lindsey Miller(manager), Coach Craighead



Wing-IT



# Gaining Courage and Success

Kaylin Foor  
Sports Staff

## With That Extra Kick



Wing-IT



Wing-IT



Wing-IT

**UNITED** Before every soccer game, the boys soccer team gathers and links up in the middle of the field while the National Anthem is played.



Wing-IT

**KICK** Pratik Mody(9), who plays for JV, passes the ball to a teammate. "Soccer is a sport that I really like playing," said Pratik.



Wing-IT

**DRIBBLE** Vaughan Stevens(12) dribbles the ball towards the goal. "Soccer is something I have always played and enjoyed. It makes me think, but it is still an awesome sport," said Vaughan.



Wing-IT

**PASS** Passing the ball is a main offensive technique. Michael Cilek(11) passes the ball while traveling down the field.

## Junior Varsity



Wing-IT

Front Row: Scott Harriman, Jacob Equi, Michael Denato, James Kennedy, Ben Nowak, Pratik Mody  
Second Row: Timothy Henderson, Murray Joiner, Benjamin Harris, Daniel Wright, Brennan Scott, Andrew Kinder, Eric Thornhill  
Back Row: Coach Wright, Elliot George, Tom Murphy, Buddy Huneault, Chris Bernitt, Landon Epperly, Harrison Lima, Coach Neale

## Varsity



Wing-IT

Front Row: Taylor Woodrum, Merritt Ford, Will Dooley, Jeppe Jensen, Tom Torge, Alex Profit  
Second Row: Nick Fanti, Michael Cilek, Andrew Markey, Luigi Grecco, Adam Dyer, Bryan Jellerson, Andrew Kellinger  
Back Row: Adam Bock, Shane Butler, Cameron Lee, Vaughan Stevens

March 1-June 6

Soccer





Wing-IT



Wing-IT



Wing-IT



Wing-IT

# Junior Varsity



Wing-IT

Front Row: Danielle Cohan, Jordan Reid, Paige Bauman, Kate Moore  
Second Row: Kayla Funk, Virginia Gibbons, Jesse Durham, Kacie Ford, Morgan Oliver  
Back Row: Jocie Bernardo, Ashley Funk, Emily Cilek, Tori Doyle, Charlotte Welch, Coach Nikki Lepore

# Varsity



Wing-IT

Front Row: Lucy Smith, Jennifer Harvey, Mckenzie Garst, Jourdan McDaniel, Mary-Ashtin Nichols  
Second Row: Sara Walton, Marion Whisnant, Melissa Meinhart, Rachel Beaumont, Kelsey Mueller, Kelsey Kerr, Liz Wilson, Lauren Reid  
Back Row: Lauren Markey, Jennifer Wade, Kylie Kerr, Coach Baughman, Coach Martinez, Coach Lepore, Meredith Walker, Taylore Graves, Sarah Zillioux



Wing-IT

**DRIBBLE** Forward, Kelsey Mueller(11) dribbles the ball down the field.



Rachel Travitz

**JUGGLING** Jordan Reid(10) juggles the soccer ball with her knee during practice. Jordan said "I love soccer because it gives you such a rush when you're involved in the game"



Wing-IT

**COMPETITION** Jennifer Harvey(12) out-dribbles an opponent. Jennifer has played on the varsity soccer team since her Freshmen year



Rachel Travitz

**BUS** Rachel Beaumont(11) and Jennifer Harvey(12) wait in line to get on the bus to travel to an away game.



Rachel Travitz



Wing-IT



# Match Point

## To Our Advantage

Kaylin Foor  
Sports Staff



Wing-IT

Front Row: Anne Wheelock Laura Dodson, Kim Kufel, Mallory Porter

Back Row: Abby Daniels, Kara Fitzgibbon, Lauren Goetsch, Lauren Gould, Piper Hagen



Kaylin Foor



Kaylin Foor

**DOUBLES** Anne Wheelock(9) waits at the net for the tennis ball during a doubles match.



Kaylin Foor

**LINE-UP** During practice, the girls line up and return the ball across the net to work on their contact and their swing.



Rachel Trivitz

**SWING** Laura Dodson(10) gets ready to return a ball across the net. During practice, the girls tennis team practices returning the ball by continuously hitting it back and fourth while switching out players in an on-going pattern.

Kaylin Foor

**CONDITIONING** Lauren Gould(11) run laps around the tennis court during practice. This was Lauren's first year playing tennis for the Knight's.



Kaylin Foor

### Why do you enjoy being a part of the tennis team?

1



Mrs. Gotschal

Kara Fitzgibbon(12) said her favorite part about being on the tennis team is the team bonding and the food before every tennis match.

2



Kaylin Foor

Lauren Goetsch(11) said she likes being a part of the tennis team because all of the girls are so close. She likes the competition of sports but with tennis she says its fun as well. A match isn't just a game for us it's a social event where we get to bond and have a lot of fun.

3



Piper Hagen

Piper Hagen(9) said "I like being a part of the tennis team because I love the sport and the girls on the team are awesome!"

### CONTACT

At practice Mallory Porter(9) hits the ball back and fourth across the net with another teammate. They do this drill every practice to help with their swing and contact.

### CONCENTRATE

Below, Kim Kufel(10), keeps her eye on the ball as she prepares to return it to the other side of the court.



Kaylin Foor



Kaylin Foor



Kaylin Foor



Kaylin Foor



Kaylin Foor

March 1-June 6

Tennis







Wing-IT

**DETERMINATION** Ryan Davis(11) keeps his eye on the ball as his opponent returns it to him. "You have to be entirely focused while playing. With one slip up, you can lose a match," said Ryan.



Kaylin Foor

**RELAX** Thomas O'Keefe(12) above, relax's while watching a match against Blacksburg on the hill.



Wing-IT

**WATCH** Chen Lin(12), left, hits the ball to the opposing Blacksburg player. "Matches are pretty intense. You have to be really focused," said Chen.



Wing IT

Front Row: Greg Malysa, Nick McFarland, Eric Mueller, Sean Gould, Chris Coffman  
 Back Row: Ryan Davis, Thomas O'Keefe, John Riggins, Chen Lin, Corey D'Orozio, Coach Harvey

# What's in it for you?

Why these guys enjoy tennis.



Kaylin Foor

"It's a good group of guys on the team and I enjoy being able to play tennis with them," said Ryan Davis(11)



Kaylin Foor

"It's a great sport that you can continue to play throughout your life," said John Riggins(10)



Catey Robbins

Thomas O'Keefe(12) said, "Tennis is awesome. It keeps me in shape and gives me something to do."



Wing-IT

Wing-IT





Rachel Travitz

**BUNT** Morgan Poff(9) practices bunting. "During practice, we work on bunting, hitting, fly balls, ground balls, throwing, and our speed. These drills help us succeed during game-play," said Morgan.



Kaylin Foor



Kaylin Foor



Kaylin Foor

**LET'S GO KNIGHTS!** Some of the girls on the Varsity Softball team close practice with a "hands-in". Practice is concluded everyday with this same routine.

# Softball

Kaylin Foor  
Sports Staff

Junior Varsity



Wing-11

Front Row: Jacqueline Duncan, Morgan Poff, Taylor Parris, Tory Parris  
Second Row: Mariah Stump, Alyssa Nepper, Megan Marshall, Rian Masfrangola, Brittany Herberger, Lisa Liqui  
Back Row: Coach Stump, Coach Parris, Chelsea Wiseman, Tyler Wiseman, Sarah Houhoulis, Coach Kilbane

## GROUND BALL

Courtney Gaddy(9) goes for a ground ball. At practice, the coach hits the ball to different positions in the infield and outfield to give the girls practice with catching a throwing. "I love being a part of the team. It's a great experience because I'm only a freshman and I get to play with more experienced girls," said Courtney.



Kaylin Foor



Kaylin Foor

## HANDS IN

Jaci Clark(12), Courtney Cooper(11), Jessica Boatwright(12), Alea Beir(10), and Kayla Spurgeon(10), talk about the practice and an upcoming game. Alea said, "Softball is just fun. It's an extremely competitive sport in a way people would not understand unless they played the game."

Varsity



Wing-11

Front Row: Grace Kytchen, Chelsea Kelley, MacKenzie Meador, Jaci Clark, Jessica Boatwright, Kim Hunt  
Second Row: Courtney Gaddy, Courtney Cooper, Sarah Mitchell, Alea Bier, Jackie Harris  
Back Row: Olivia Ferguson, Brittany West, Meredith Moore, Kayla Spurgeon, Nina Edwards

## PITCHER

Tory Parris(8), JV, practices pitching before a game. "It's cool being the pitcher. I feel like I help hold down the team," said Tory.



Rachel Travitz



Kaylin Foor

## BATTING PRACTICE

Olivia Ferguson(10) goes for a ground ball during practice. "Softball is something I've always been involved with. It's awesome getting to play on varsity as a sophomore because I feel like I'm learning more about the sport."

March 1-June 6

Softball & Baseball



# Baseball



Courtesy of Mr. Boylan



Courtesy of Mr. Boylan



Courtesy of Mr. Boylan



Courtesy of Mr. Boylan



Front Row: Gerald Delotto, Oliver Delato, CT Televi, Zac Osbourne, Hunter Harbison, Bryan Kluge, Sam Mitchell  
 Second Row: Kris Diones, Meade McCloud, Aaron, Eric Gladfeltor, Jeremy Wimmer  
 Back Row: Coach Walker, Luke Feldenzer, Tucker Green, Alex Berry, Andrew Brammer, Steven Cole, Coach Roth



Courtesy of Mr. Boylan

**SWING** Blake Klaiber(12) prepares to make contact with the baseball. Bringing in a homerun, Blake racks up points for the scoreboard.



Courtesy of Mr. Boylan

**PITCH** Kevin Banks(11) throws a pitch. "Baseball is a cool sport and it's awesome getting a chance to play at a key position," said Kevin.



Courtesy of Mr. Boylan

**BONDING** Some of the guys from the team ride on a golf cart. Daniel Downing(11) said, "The guys on the team are really cool to hang out with."

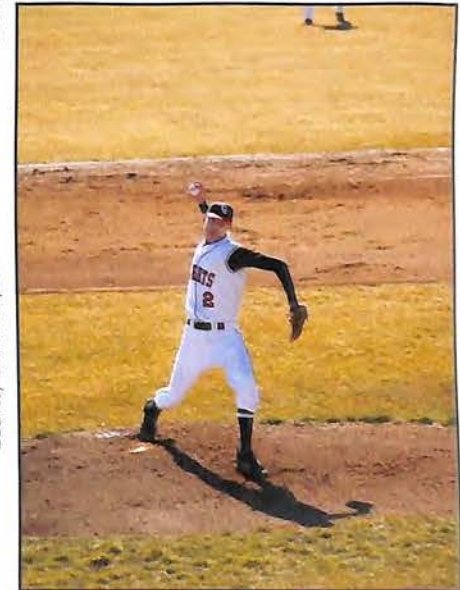


Courtesy of Mr. Boylan

**OUT** Brady Stovall(11) stretches out to stop a ball thrown from the left side of the field. First base is a key component of playing good defense: with every infield play, first base is always involved.



Wing-IT



Courtesy of Mr. Boylan



Front Row: Michael Kluge, Corey Pickeral, Kevin Munson, Garrett Johnson, Andrew Sinnes, Blake Klaiber  
 Second Row: David Kaplan, Brett Buckland, Stephen Sinnes, Chris Boylan, Kevin Banks, Adam Spencer  
 Back Row: Daniel Downing, Carter Mull, Nathan Wimmer, Kyle Gibson, Brady Stovall, Ted Lyle



Wing-IT



Courtesy of Mr. Boylan



# When the going gets to

**TRIALS** Tatum Tyler(10) watches her teammates while they run their time trials. "Time trials are important so you can see how much improvement has been made throughout the season," said Tatum



Rachel Travitz



Rachel Travitz



Mrs. Foor



Rachel Travitz



Kaylin Foor

Kaylin Foor  
Sports Staff

Rachel Travitz  
Editor

## The tough gets going

### 4 X 800M RELAY

The girls 4 X 800 meter relay stands by the finish line before their race begins. Reema Azar(9) said, "I love having the chance to be a part of this team. It's a good experience since I am only a freshman"



Blake Travitz



**RELAY** Megan Boehling(11) runs 200 meters during a sprint medley relay. "With relays you have to want to win for yourself and for the team," said Megan.

Kaylin Foor

## Girls Track



### RELAY FUNDRAISER

The first annual outdoor track relays was held March 24th to help raise money for the team. Teams made up of four people received pledges from family and friends of a set amount of money for how many laps the team ran. Rachel Travitz(12), Melissa Ivanco(12) and Dana Currell(12) run laps for their team.



Blake Travitz



Chip Addison

**Front Row:** Ava Stephens, Tessa Henry, Tina Crawford, Katherine Jetton, Melissa Ivanco, Jackie Zilliox, Mary Woody, Rachel Travitz, Nicole Glennon, Cynthia Vaughan  
**Second Row:** Alison White, Lauren Neilsen, Bethany Poff, Molly Riley, Dani Vankerckhove, Tatum Tyler, Sam Snyder, Caitlan Swaffar  
**Third Row:** Yalitzza Vega, Samantha McGee, Katie Cloeter, Reema Azar, Megan Loar, Brooke Anderson, Angela Foreman, Amanda Grubb, Rachel Crum  
**Back Row:** Megan Boehling, Kelsey Largent, Jocelyn Kellinger, Amanda Ferraisouza, India Carper, Edy Ndem, Kristen Heleson, Kristina Eichblatt, Neekta Farahmant

March 1 - June 6

Outdoor Track



# Boys Track



**WARM UP** Tim Smith(11) stretches before a run. He is a part of the distance team and has gone to states every year that he has been on the team.

Rachel Travitz



Chip Addison

**Front Row:** Max Snyder, Ryan Capps, Brock Vaughn, Dave White, Shaun Ferguson, Matt Morgan, Neil Aneja, Daniel Maloney  
**Second Row:** Mark Overstreet, Tim Smith, Paul Lendway, Billy Mullins, Taylor Bohon, Jordan Spangler, Tyler Caveness, Darryl Keeling  
**Third Row:** Parker Vascik, Steven Wright, Matt Burnette, Ethan Scott, Skip Carpenter, Coy Hypes  
**Back Row:** Andy, Teddy Ivanco, Ben Carlin, Ethan Hafey, Doug Currie, Nathan Dodson

**LONG JUMP** Matt Burnette(11) uses the tape measure to mark his long jump steps. The steps always have to be exact or you might scratch," said Matt.



Kaylin Foor



Kaylin Foor

**TEAM BONDING** The guys on the track team hang out on the bus to stay out of the rain during a meet. Jake Ger(11) said, "Rainy meets aren't too bad, you just have to deal with it and keep on running."

## Run Fast, Jump High, and Throw Far



**WARM UP** Darryl Keeling(11) warms up before a race. Warming up before a race is very important so you do not pull a muscle.



**PEP-TALK** Christina Crawford(12), Edy Ndem(9), Kelsey Largen(11), and Megan Boehling(11) talk about their upcoming race, the 4 X 100 meter dash relay, to Coach Loesel.

Kaylin Foor



**DRILLS** Rachel Crum(10) works on her sprinting drills before practice. Everyday the team warms up before practice with a series of set drills.

Kaylin Foor



**SPRINT** Amanda Grubb(9) sprints to the finish line during the 400 meter dash race. "Going from 8th grade track to JV was a tough transition since the running and competition were at a higher, more experienced level."

Doug Currie



# Working Together For a Common GOAL

Lacrosse is a game in which two 10-member teams attempt to send a small ball into the other team's netted goal. Each player is equipped with a Crosse or stick at the end of which is a netted pocket for catching, carrying, or throwing the ball.

Lacrosse teaches a lot of life skills such as teamwork, cooperation, and patience.

*Erin Griffin*  
*Sports Staff*

Teamwork is taught through working together and doing drills during practices. Cooperation is learned from working together during a game to score a goal. Patience is needed in a Lacrosse game where working with each other is so important in gaining a win.

All of these characteristics have been achieved by the CSHV Lacrosse Club this year as they worked towards a winning season.



Courtesy of Ryan Leet

**TEAM SPIRIT** The boys lacrosse team added "KG" stickers to their helmets after the Virginia Tech Tragedy. The stickers were to honor Kevin Grenada, a professor killed in the tragedy. He coached the New River Valley Lacrosse team.

## Student Spotlight



**Kathryn Vaught(12)**

Kathryn says, "My favorite part of lacrosse is definitely the games because they are so intense and exciting. I think lax should be school sponsored because Salem and PH both have strong programs and it's time Cave Spring and Hidden Valley jumped on the bandwagon."

"I play lacrosse because it's a different sport that isn't that big in Roanoke and is very challenging. I plan to continue playing throughout college at Guilford College," Meaghan said.

**Meaghan Dill(12)**



Front Row: Andrew Birkhoff  
Back Row: Coach Cooley, Eric Pennino, Ryan Leet, Josh Birkoff, Coach Rowe



Courtesy of Ryan Leet



Meaghan Dill

**HUDDLE** The team meets in a huddle before a game to talk about the upcoming plays they want to perform. Lauren Knuppell(12) says, "Before each game everyone gets together and we do a chant to get pumped up for the game."

March 1 - June 6

Lacrosse





Front Row: Meaghan Dill  
 Second Row: Kathryn Bondurant, Jaimie Echternach, Hillary Ferguson  
 Back Row: Kellee Jacobsen, Kathryn Vaught, Amy Chang, Nikita Aneja, Lauren Knuppel, Kim Remine

Meaghan Dill

## Lacrosse Terms

**Marking-** Being within a stick's length of an opponent

**Penalty Lane-** The path to the goal that is cleared when a free position is awarded to the attacking team

**Scoring Play-** The path to the goal that is cleared when a free position is awarded to the attacking team

**Stand-** All players, except the goalkeeper in her goal circle, must remain stationary following the sound of any whistle

**Clear-** Any action taken by a player within the goal circle to pass or carry the ball out of the goal circle



Meaghan Dill

**PASSING** Nikita Aneja(12) ran down the field after she caught a successful pass from Hillary Ferguson(10). This was Hillary's first year playing on the CSHV Lacrosse team. "I'm really glad I joined lacrosse because it's a great way to make new friends while playing a sport." Hillary said.



Meaghan Dill

**GAME PLAN** Players joined around Coach Allison as she gave them a game plan. "Our team is really good about listening to what is going on when the coaches talk instead of goofing off." said Jaimie Echternach(12).



Meaghan Dill

**DRAW** Meaghan Dill(12) starts off the beginning of the game against PH number 15 in the draw. Meaghan says, "Starting off each game with a good draw is very important so our team gets the ball first."

## Student Spotlight



Kellee Jacobsen(12)

"I have been playing lacrosse for three years. It's a lot of fun since it's a club sport joined with Hidden Valley. It's like having the school team before the schools were split up." said Kellee.

Nikita said, "Lacrosse is a very difficult sport. It has taken me three years to perfect my cradling and passing skills. It also involves a lot of running which is hard, but a good workout."

Nikita Aneja(12)



# The Roanoke Valley gets involved

The word "Community" can be defined as, "a social group of any size whose members reside in a specific locality, share a government and have a common cultural and historical heritage." This community is what has kept this school united. Parents and friends of Roanoke County students poured hours upon hours of time and effort into the school and its organizations. Whether it was a fundraiser such as the Knight Relays or Project 50 the community was always dependable. They dedicated their weekends and free time to help bring in money to support the school.

Some students showed their commitment to the community by volunteering at the Mill Mountain Zoo. The students that worked so hard in the community were influenced to do so by the teachers who encouraged them to do their best and get involved with their community. The teachers instilled in the students a sense of responsibility and dedication.

Thus, students, faculty, family, and friends all united to help make the school and the surrounding community a better place to live.





# Community



# Volunteer Efforts

Laurin Ann Link  
Editor

## Working to Enrich the Community



PTSA Mrs. Debbie Kaplan worked closely with faculty and students. She was a member of the PTSA and volunteered much of her time to benefit the community. Her son, David Kaplan(II) took on a leadership position in the SCA and volunteered in many other organizations as well. Together, this mother and son made a dynamic duo that worked to improve the community.

March 24

Community



# Pledges for Laps

"The track fundraiser was a great way for the team to bond. We got to spend an entire Saturday working together to earn our team the money we wanted to buy a shed just for track supplies. I really liked running for such a long time, it was something that I had never done before!"

India Carper(9)

"It was challenging; running for two hours is not an easy thing to do. It was rewarding in the end when the money was added up and I found out our team raised the most money. It was also nice to see the entire community getting involved. Grandparents, sisters, brothers, aunts, uncles, and neighbors all came out to support us."

Molly Reilly(10)

"I liked the idea of Kinight Relays. Our fundraiser day was a very enjoyable day. My team ran too many laps to count and we earned a considerable amount for the team funds. Participating in this fundraiser made me feel really good, because I felt like I had helped out the team."

Michael Bern(12)

"Despite the fact that our team had to be at the high school at six o'clock A.M. I enjoyed the Knight Relays. I was skeptical in the beginning, but when Coach Maguire explained what we would be doing it seemed like a great idea. We earned a lot of money for the team and the money was put towards our program."

Dani Vankerkhove(11)



**SUPPORT** Favorite substitute Mrs. Good faithfully supported the community. Not only did she substitute teach, but she volunteered her time to the drama department. Also, Mrs. Good could be seen at various sporting events selling tickets.

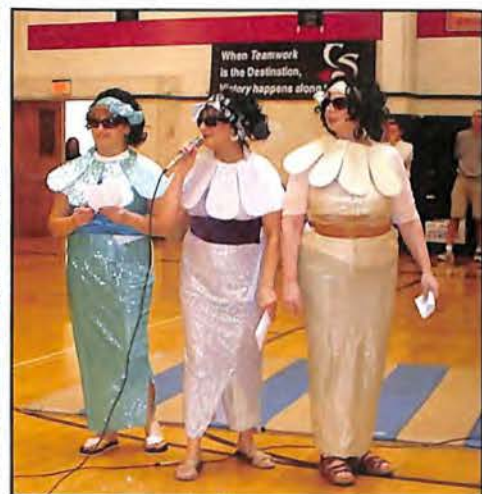
**ICE CREAM** The Track Team held a fundraiser in which money was collected for each lap students ran. This money was put towards a track fund. During the day Coach Maguire had pizza delivered and also had K92 radio station to bring by its ice cream truck to the site. "It was really nice of K92 to support our program by supplying dozens upon dozens of ice cream cones," said Coach Maguire.



# Building Hope With Helping Hands

Erica Horseman  
People Staff

Community service is work done by a person to benefit his or her community. Even more importantly community service that engages youth is often times referred to as "youth service." The future is in the hands of the youth, and these students are helping to make it a better one. Not only are they helping out in the community, but they are helping themselves. Community service strengthens young students' senses of civic engagement and nationalism, as well as assisting them in meeting educational, developmental and social goals. Students found time to volunteer in and out of school. Many students gave blood in the schools annual blood drive run by the SCA and the Red Cross. "I donated blood because I knew it was for a good cause and there is major shortage; so the need all the donations they can get," said Demi French(12). Other students participated in National & Global Youth Service Day, the largest service event in the world. Volunteers worked at Mill Mountain Zoo, planted trees, picked up trash around the school and much more. "I helped plant flowers around the school and pick up trash. Having flowers around the school just makes gives you a good feeling and it makes the school look so much better," said Taylor Graves(10).



**HOKIE HOPE** After the tragic events of April 16, 2007 at Virginia Tech, students gathered together in support of the victims, friends and family of the Virginia Tech massacre wore orange and maroon. The senior class assembled outside of the school with a sign reading "Hokie Hope" which every student was asked to sign. The school sent the sign along with donations collected to Virginia Tech to help with funeral, transportation and hotel costs for the families of victims. "These tragic events really hit close to home for us because we are so close to Tech and we know so many people that go there not to mention the number of us that will be attending there next year. It's just so hard to believe that something this horrible would happen," said Jessica Boatwright(12).

August 22 - June 6

Community





"I try to do as much volunteer work as I can and giving blood was just another way of helping the community," said Molly.

Molly Kelleher(11)

"The marketing class helped raise money for After-Prom by taking around jars with pictures of teachers for a pep-rally later in the week where the teachers would perform crazy stunts," said Lauren.



Lauren Gould(11)



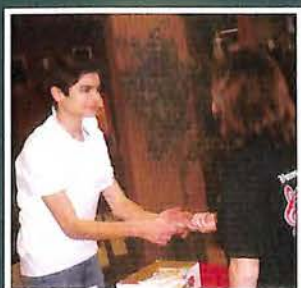
Whitney Williams said, "I do volunteer projects at school, but I also do a lot of volunteer work with my church group."

Whitney Williams(12)

"I gave blood because I'm a volunteer firefighter and I know how important a pint of blood can be in saving someone's life," said Jared.



Jared Varney(12)



"Choir sold snacks at All-Districts to help raise money for the choir program. With the money we raised we traveled to Nashville for a choir trip," said Graham.

Graham Crasty(10)

**PIE-EATING CONTEST** Miss Sadler pushes Mr. Huray's face into his pie as Mr. Neil digs into his. "It was really fun to pie Mr. Huray in the face, and also a really good fundraiser for After-Prom," said Miss Sadler.



**BONDING** Jourdan McDaniell(12), Marion Whisnant(10) and Melissa Meinhart(10) volunteer at the National & Global Youth Service Day with the soccer team as part of team bonding. "The soccer team tries to do as many things as we can to help the community but it also helps us get closer together which is really important for a team sport," said Jourdan.



# Colophon



# Letters from the Editors

**Mrs. Gotschal-** We love you so much! You are so much more than a yearbook teacher to us all, you're family. Thank you for always taking care of us and being there for anything we needed. If it weren't for you we would never have gotten a book we can be proud of. You have so much on your plate, I am always amazed by how well you keep up with everything. You are a strong lady and a great teacher, Mrs. G! Thank you so much for everything you do! Hope you're ready for next year!

**Mrs. Cleveland-** Terry! We always looked forward to your visits (and not just because you kept your laptop case filled with suckers!) Thank you for all your help and support! You are so knowledgeable and we are very lucky to have you as our rep. You never failed to surprise us with your funny comments! We know we can always count on you for anything we need. Thank you for everything! We love you and can't wait until next year!



Rachel Travitz  
Editor

**Rachel-** Wow! You really stepped up to the plate this year. You worked so hard to get this book out on time. You help every person with their spreads and are always in here working your butt off. You are an amazing girl and I'm so glad we got to know each other better this year! I LOVE YOU!!



Catey Robbins  
Sports Staff

**Catey-** You have been an amazing help to us! Being a second year staff member, you always knew how to get things done and in a timely fashion. You were a big help to all the new staff members. Everyone will miss you next year! Good luck at college! P.S. Terry wants to know how your date went!



Laurin Ann Link  
Editor

**Laurin Ann-** I don't think I have felt so much stress in my life! Thanks so much for making me smile everyday to take away some of that stress. You really are a great writer and would always catch those grammatical errors. Couldn't of made it without you this year girl! P.S. Thanks for always coming through for me!



Erin Griffin  
People Staff

**Erin-** You are such a sweetheart! You brought a sense of style into everyone of your pages and never hesitated to ask for help. You are a great photographer and we could always send you out to take fantastic pictures. P.S. Thanks for all those last minute study sessions for those ever so popular math tests.



Erica Horsemann  
People Staff

**Erica-** It was your first year on the staff but no one would ever know it! You are such a great girl and I will truly miss all of our sarcastic conversations. You were a blast this year, girl. Thanks for all your hard work. Everyone of your pages came out looking flawless, just a reflection on the person I suppose.



Nick Seamans  
People Staff

**Nick-** Coming to a new school half-way through the year was certainly a challenge! It was great to see you come out of your shell, and being our only guy you really took care of us! We could always count of you to help us with anything technical. Thanks for being such a big help and always keeping us organized with those senior information sheets!



Hannah Hawthorne  
Sports Staff



**Hannah** "No time, no time, no time!" Even though we always got onto you for playing Tetris you somehow managed to always get your work done. When things got hectic, and yearbook life got a little hard to handle, you would always say something to make everyone laugh. You are such a good friend to have and I don't know what I'm going to do without you next year!



Liz Spar  
Clubs Staff



**Liz** You are such an encouragement to everyone, and you always walked in the room with a big smile on your face. Despite your love for Tetris similar to Hannah's you still made class interesting. You're an amazing girl and we love you! P.S. thanks for those countless trips to the snack machine for us!



Tamara Taylor  
Academics Staff

**Tamara** You were our only freshman this year and such a cutie pie! You put so much time and effort into the people section! No matter how many little corrections we gave you, you always took them with a smile. If it weren't for you and your bubbly personality we would never have finished the book. Thanks girlie!



Holly Fitzwater  
Academics Staff

**Holly** Your middle of the year entrance was more than welcomed! You jumped right in and got the job done. You have a great personality and are so easy-going. All of your people stories were great and you always worked hard. You and Tamara made a great team. Thanks for joining the Accolade staff, we are truly grateful.



Kayla Wills  
Clubs Staff

**Kayla** You are such a sweet girl. We really appreciate you and all of your hard work on those Faculty spreads. Your enthusiasm is a great attribute and brings a lot of fun in our class. With out you those Club index pictures would of never have been completed. Thanks for everything girlfriend!!



Kaylin Foor  
Sports Staff

**Kaylin** You have the best eye for detail, and we never had to ask you for anything more than once. You were a hard worker and very dependable. Not only are you a good friend to us but a great role model for the upcoming year. We loved your random stories during lunch, they always made us laugh. You're an amazing friend and simply put, you're great!

# Jourdan



Jourdan McDaniel

I want you to know that I am very proud of the person you've become. Continue to work hard and you'll always have good luck.  
*With love,*  
*Dad*

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Samuel Kerr

You have brought such joy to our lives. We are so proud of the Godly Young man you have become!

Romans 8:38 and 39  
 Mark 1:17

We love you.

Mom, Dad, Claire and Sarabeth



Samuel Kerr



Meaghan Dall

# Meaghan

You have run the good race and we are very proud. Your schoolwork, sports, friendships, activities, work, family and faith; you have done well. A new race begins and we will cheer for you once again.

Love and Prayers,  
 Mom, Dad, and Quentin



Meaghan Dall



Meaghan Dall



Meaghan Dall



# JOHN JENNINGS

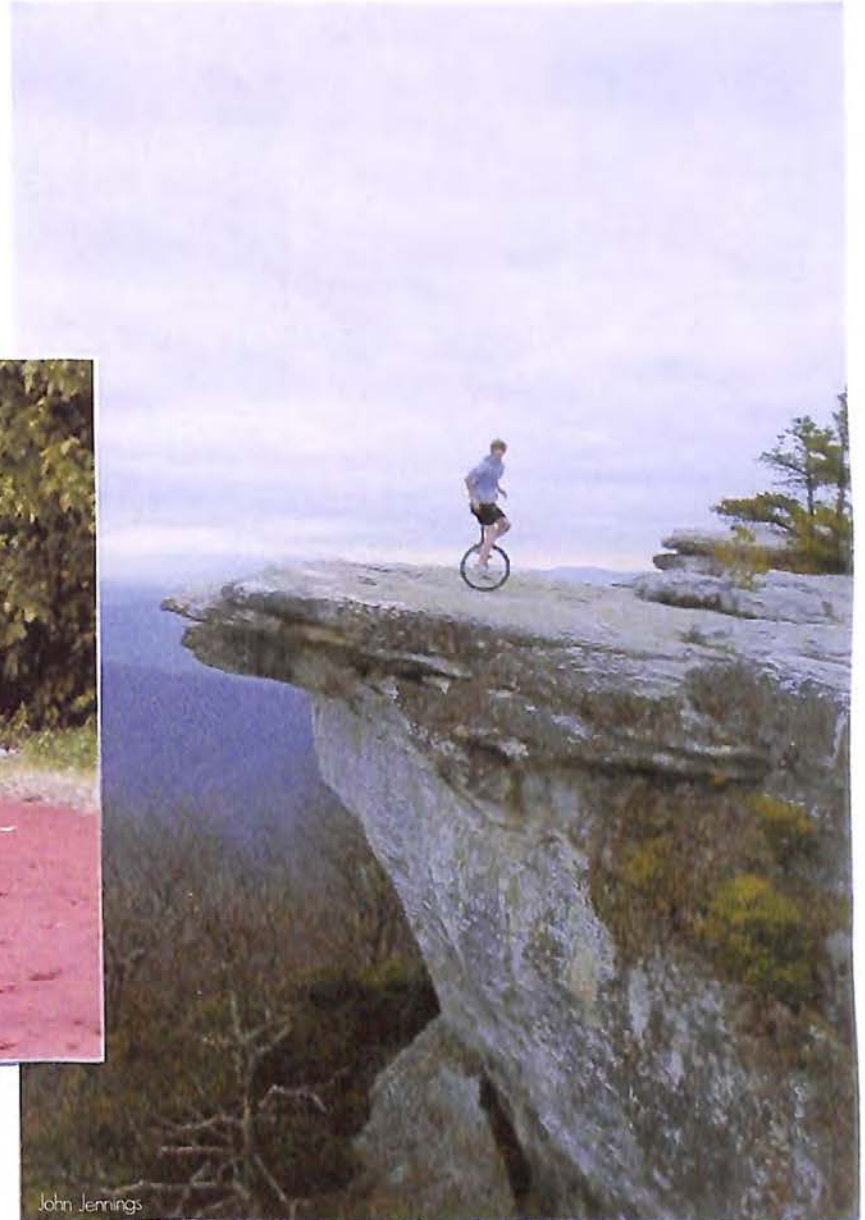


JOHN,

You showed us that for you, nothing is ever impossible. You have made us so proud For all that you have accomplished. You have a great future waiting for you. Thank you for bringing a sparkle to our lives.



We Love You !  
MOM & DAD



JOHN,

You're not just a younger brother, but a great friend. Good luck in College. Love, Curtis



JOHN,

I couldn't have asked for a better "little" brother. You'll always be my Johnny-boy.

Love, Jane





Alexa Tolusso



# ALEXA



Alexa Tolusso

You have always been a song in our hearts

Now it is time for you to begin to write your own masterpiece for you!



You have made us so very proud



XXXOOOXXXOOO

Dad, Lisa & Laura



Alexa Tolusso



## Kim

You will always be Kimberly to us! We are very proud of you, and we'll always be there for you!!!

Love, Dad, Mom and Steven



## Elizabeth



I know your mother would be so proud of you. She loved you so much. I know you have been through a lot that most kids don't have to go through, having lost both parents. But I know with your mother's love and the faith you have in God. You will do great in school and life. There will be a lot of tears in heaven this year for you filled with your mother's love!



S  
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N

From a beautiful little girl to a beautiful young woman you have become. We are so proud of you!

Love,  
Mom and Dad



Shannon Showalter

## ~Jenny~

Go out into the world and make all your dreams come true.



Jenny Hale

I'm so proud of you.  
Love,  
Mom

# Ryan

From preschool through senior year- Oh the places you will go!

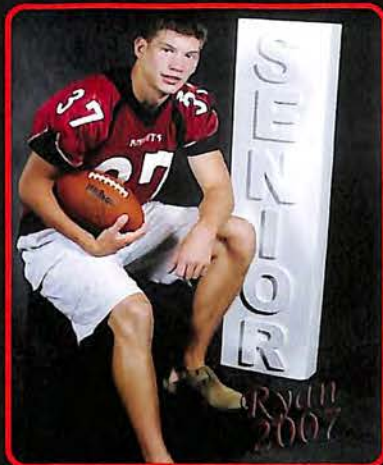
We are proud of you.

Love,

Mom, Chris & Kim



Ryan Martin



Ryan Martin



Ashley Suggs



Ashley Suggs

Ashley

Congratulations!!

We are so proud of the person you have become. Always keep your kind heart and quick wit. Set your goals high and don't settle for less. We are so proud of you!

Love,

Dad, Rhonda, Kimberly and Stephanie

# Whitney

We are so proud of the great person you are! You are such a blessing to our family. God bless you in all that you do.

Proverbs 3:5-6- 16:3

Trust in the Lord with all your heart, do not lean on your own understanding. In all your ways acknowledge Him and he will make your paths straight. Commit to the Lord whatever you do, and your plans will succeed.

We Love You,

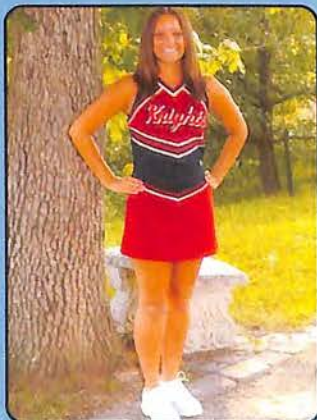
Mom, Dad, Caroline, & Brad



Whitney Williams



Whitney Williams



Whitney Williams



Whitney Williams



Whitney Williams



Jessica Boatwright

# Jessica

*Always remember...  
hakuna matata.  
Love,  
Dad, Mom, and  
Monica*



Jessica Boatwright



Jessica Boatwright

# Daniel

You have finally made it!! We love you and support you always! Mom, Dad, and Brittany



Daniel Lindley



Daniel Lindley



Daniel Lindley

# Delaney

*For 17 years, you've dazzled us with your smile*



*Now it's your time to*

**DAZZLE** the world

*Mom, Papa, Cacia and Kiara*

# Go Val!



Valerie Gurevich

We are very proud of your achievements. Congratulations! Mom, Dad, & Elvera



Kristen DeWeese

# Kristen



Kristen DeWeese

*God knew you were needed when he decided to give you to us! Your little face brightened many people's hearts and lives. Watching you grow has been a joy! You are so special to all of us in your family here and from above. With all our blessings we wish you love, happiness, health, and success!*



Kristen DeWeese

*Love,  
Mom and Dad*



Kristen DeWeese

# McKenzie

And will you succeed?  
 Yes! You will, indeed!  
 (98 and 3 / 4 percent guaranteed.)  
**KID, YOU'LL MOVE MOUNTAINS!**

So...

be your name Buxbaum or Bixby or Bray  
 or Mordecai Ali Van Allen O'Shea,  
 you're off to Great Places!

Today is your day!  
 Your mountain is waiting.

So...get on your way!  
 ---Dr. Seuss

Oh, The Places You'll Go

We are so proud of you!  
 Keep your head up, you will always find your way.

We Love you great, big mountainsfull!!!  
 Mom, Tim, Zane, Parker, Granny, Papa, and Aunt Kelley



McKenzie Garst



McKenzie Garst



McKenzie Garst



McKenzie Garst



McKenzie Garst

# Catey

You will and always will be  
 our sweet "baby girl." We  
 are so proud of the  
 beautiful and very special  
 young lady you have  
 become. We wish you all  
 the success and happiness  
 life can bring.  
 We love you!  
 Dad, Mom and David



Catey Robbins



Catey Robbins

# SCOTT

**YOU'VE BEEN A COWBOY AT HEART  
 SINCE BIRTH!**



Scott Barrier

Keep  
 following your  
 dreams!



Love-  
 Mom and Dad



Scott Barrier

# CHRISTOPHER

**"Opportunity Is Not A Lengthy Visitor"**



Chris Mecca

Believe in Yourself-in the  
 Power you have  
 To control your Own Life  
 Believe in Yourself-in the  
 Strength you have  
 To control your Own Life  
 Believe in Yourself-



Chris Mecca

**THERE'S NO LIMIT TO WHAT YOU CAN DO**

**BWYBND**

You are and ALWAYS will be an inspiration to us!!!  
 We love you, we are proud of you and we will always be here for you,  
 Mom, Dad, Jen and Ryan

# Pete- "Because you have kept My command to persevere..." Rev.3:10.

Pete Hamilton



You are a continual example to all who love you of holding on to God's commands as He stretches you! Thanks for the faithful young man you are!  
We love you and cannot wait to see all that lies ahead for your life.  
Mom, Dad, and Chelsey

Pete Hamilton



Kellee Jacobsen



Kellee Jacobsen



Kellee Jacobsen



*You have always been our princess! You make our lives brighter with just your smile. We love you. Mom, Dad, Erik, Corey, and Drew*

## Andrew



Andrew Secrist

God has richly blessed us with a wonderful son like you!  
We love you,  
Mom & Dad

Eph. 3:20,21

Dude,

"My wish for you

Is that this life becomes all that you want it to  
Your dreams stay big, your worries stay small  
You never need to carry more than you can hold  
And while you're out there gettin' where you're gettin' to  
I hope you know somebody loves you"

Love,  
Sarah



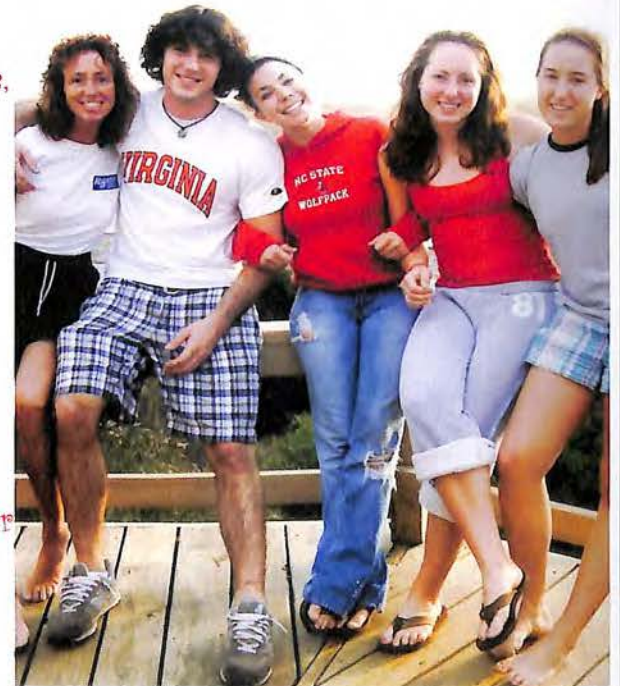
Frank Beltran



Tessy Henry

We had a little fight last night,  
We quarreled and we fought,  
My mother said it could or might,  
Be some thing with out a thought.  
We talked for about an hour,  
My mother and myself,  
How understanding a friend can be,  
But also just how sour.  
She said it doesn't matter,  
How fights can get you down,  
But to look deep inside you,  
And forget about the frowns.  
I know we will never be,  
As close as we were before,  
But even in the hardship,  
There comes a little more.  
And when you near the end of your  
path,  
Or the beginning of your road,  
Find your self a meaning,  
Find that garden already sowed.  
To find the first of friendship,  
Or maybe the last of Hardship.

By: Tessy Henry



Tessy Henry



Mackenzie Meador



Mackenzie Meador



Rachel Travitz

# Rachel...

congratulations from some of your biggest fans!

*Congratulations! We are so proud of you- We hope your dreams take you to the corners of your smiles, to the highest of your hopes and to the most special places your heart has ever known.*

*Love,  
Mom, Dad, and Cameron*



Mackenzie Meador



Rachel Travitz

With tons of love,  
Clark, Glynis, Brandt & Kinsey



Cody Greene

*"Go confidently in the direction of your dreams. Live the life you've imagined."  
Henry David Thoreau*

Cody,  
We are so proud of who you've become.

We Love You.  
Mom, Dad, and Jubilee



Cody Greene

# ~Grace~



Grace Kytchen



Grace Kytchen



Grace Kytchen

*"You can't always get what you want, but if you try sometimes, you just might find, you get what you need!"*

*We are so proud of you!*

*Love,  
Mom and Dad*



# Rachel

*Your choices in life  
affect your well-being,  
your character and  
your future. Choose  
well, laugh often and  
live with passion!  
We love you!  
Mom and Dad*

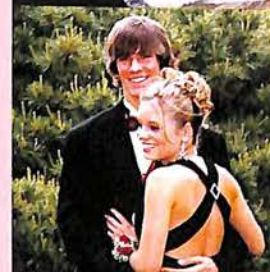
*We are really proud of  
you and also proud of  
your accomplishments  
on and off the track.  
Keep up the good  
work!*

*We love you-  
Grandma & Grandpa*

*My very best wishes  
are for you and  
your future.*

*Love,  
Grandmother*

All Photos of: Rachel Travitz



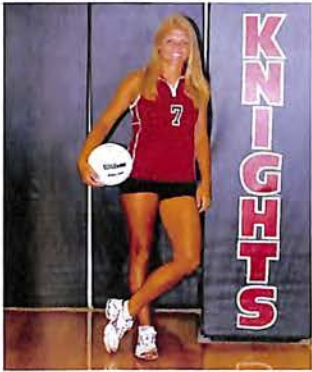


# Jennifer

You've worked hard, played hard and shined in every way. You are so special inside and out and we're very proud of you. Always remember how precious you are to us.

Love,

Mom, Dad, Stephanie & Emily



Jennifer Harvey



Jennifer Harvey



Jennifer Harvey



Jessika Wells

Jessika-

You are a special young lady and you have made us proud to be parents. Make your dreams come true!!

Love you so much  
Mom, Dad & Joseph



Jessika Wells

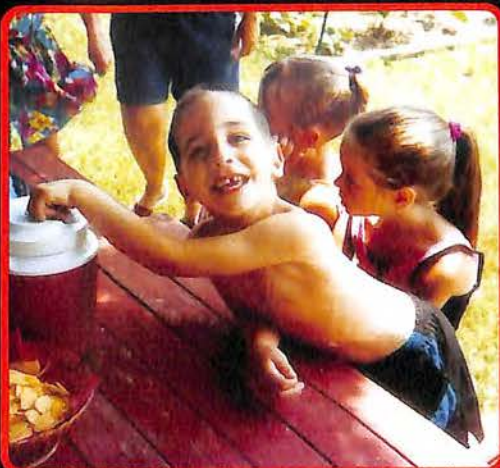


Sal D'Angelo

## Congratulations SAL

### We are so proud of you!

### Love Mom, Dad & Rose



Sal D'Angelo



Sal D'Angelo



Sal D'Angelo



Jourdan McDaniel

# Jourdan

As you plan to leave for college we are reminded of the value of our child. We were given you by God, we were given a gift. We love you and are so proud of how you have succeeded academically and athletically. You touched our hearts in ways you will never know.  
We love you Jourdan-  
Danny & Mom



Jourdan McDaniel



Jourdan McDaniel



Beth Bredenkamp

Beth-  
We've been by your side since your beginning. We're proud of the woman you are becoming.  
Love Always & Forever,  
Uncle Joe & Aunt Donna



Michael Doughty

# Michael

You're always a winner with us

Love, Mom, Dad  
Allison, Carrie & Matty

## Mary-Ashtin Nichols



Mary-Ashtin Nichols

Lov'in Life  
We love you, Mom & Dad



Michael Doughty



Mark Spar

# Mark

From simply new to slightly bruised  
From steps to wheels to cars you've cruised  
Those smiles and tears we dare not trade  
For these are memories that never fade



Mark Spar

As time goes by we hold on tight  
We wish for days long gone from sight  
From boy to man you've grown at last  
Who knew the days would go so fast



Mark Spar

Whichever path you choose to take  
The choices are there for you to make  
A chance to start again brand new  
How very proud we are of you



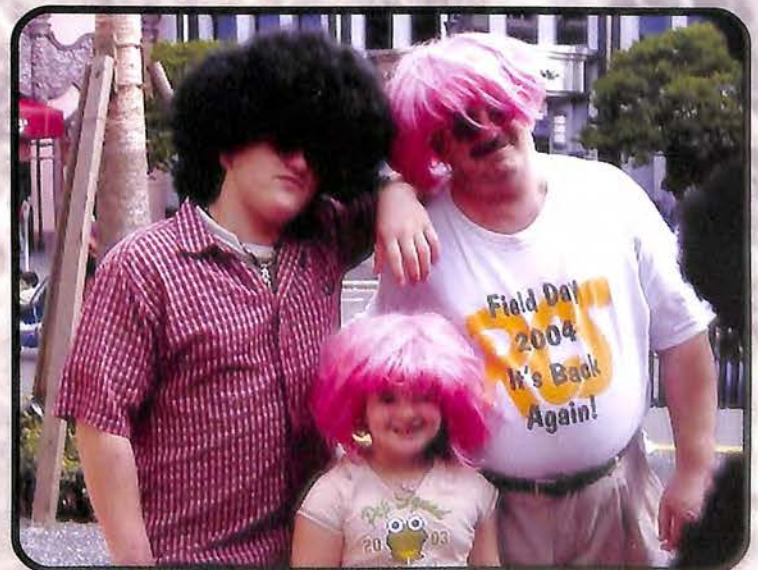
Mark Spar

Try to find some happiness in every day, don't take a single moment for granted and live your life like you're dreaming

We love you,  
Mom, Dad, Curtis, Liz and Sydney



Mark Spar



Mark Spar

# Congratulations Lauren!

We are so incredibly proud of you and all that you have accomplished. Your sweet spirit, your perseverance, and your commitment to God has blessed us as well as all those around you. Hold on to your faith, seek Him with all your heart, and you will accomplish great things.

We love you,  
Mom, Dad and Matthew



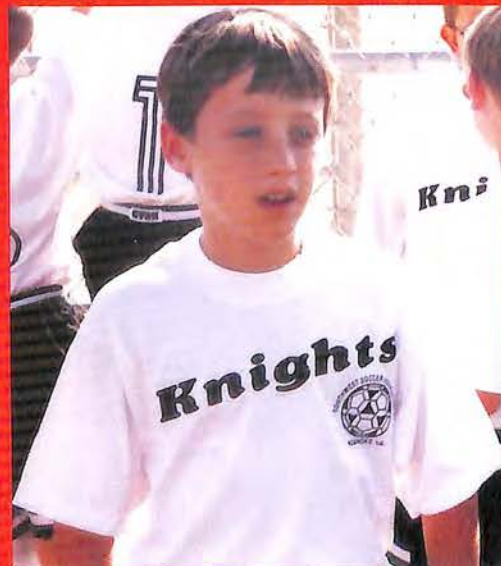
Jer. 29: 11 "For I know the plans I have for you," declares the Lord, "Plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call upon me and come and pray to me and I will listen to you. You will find me when you search for me with all your heart."



# Michael

Congratulations on all your accomplishments!  
We are all very proud of you!

Love,  
Dad, Mom & Sarah



Michael Bern

Michael Bern

Michael Bern

Andrew Markey



Always keep your kind heart, dedication and perseverance!

DREAM BIG!

The Future Is Yours!

Andrew Markey



# Andrew

You make us proud!  
We love you!  
Mom, Dad, Lynsey, Lauren & Jourdan

# \*Jennifer\*

Jen,  
May God be with you in all your endeavors and through your creativity, writing, singing, and humor. May the sky be your limit. Thank you for growing up but staying young forever.

Love,  
Mom, Dad & Anthony.

Jen,  
Good luck next year in all the rest. We've been through a lot but you'll always be my twin.

-Leigh

Jen,  
I am so proud of you and I can't believe how much we've grown together since fifth grade! I love you so much giannimariafer!

-Tara



Maggie Wagner Maggie Wagner

A little sister we are so proud of and a daughter we adore!  
We love you, Maggie  
"Say it back!"  
Your biggest fans-  
Mommy, Daddy, Katie and Will



Elizabeth Breidentkamp

You've come a long way baby. Now it is your turn to shine. Can't wait to see where this life will take you.

Love Mom & Dad  
Jer. 29:11



Elizabeth Breidentkamp

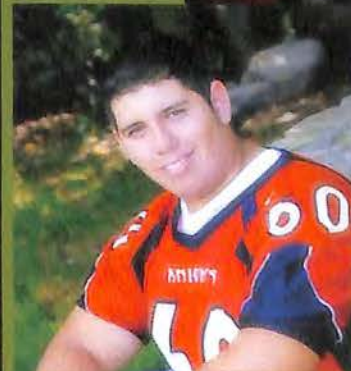
# F r a n k i e

We are both so very proud of the young man you have become. We wish you the best life has to offer you. Remember to work hard to make all your dreams come true. Live life to the fullest and most of all, be happy.  
With All Our Love,  
Dad & Mom



Frankie Beltran

Do not follow where the path may lead. Go instead, where there is no path and leave a trail.



# Erica Lindsay

Where has the time gone?  
Already a Senior and accepted to Randolph-Macon College...but you'll always be my "Pumpkin"!

Love, Mom





In Memory of  
Jonathan W. Powell



Colin

B  
U  
D  
D  
Y

Love,  
Dad



*Iaclyn*

*Iaclyn - life as an artist from the beginning years to forever  
One word sums you up Original one of a kind.*

*Remember to look for those interesting shapes in the clouds of  
life. Always follow your intuition. You have such a big heart.  
Anyone who respects your uniqueness will have a friend for life.  
Never stop learning. Reach out to this new adventure of college  
life. Now is the time to live your dreams. Look, feel, be, evolve.*

*We love you.  
Mom and Dad*



**GREY,**

We couldn't be more proud  
of you!  
All our love,  
Mom and Dad



Grey Patterson

*Veterinarians To Cats*

*Connie J. Conade, D.V.M*  
*Kimberly Jessup, D.V.M*  
*Kevin V. Britt, D.V.M*



*Congratulations class of 2007*

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**Jess**



I love you "Pookers".  
You are such an amazing  
daughter!  
Now go live your dreams and  
dazzle the world...I'll be here for  
you.  
Bye Bye Poops- Love, Mom

**Jessica** - My Little Princess



I'm so proud of you and  
Remember..you will always be my  
"favorite daughter!"  
Love,  
Dad



**Dana**



Dana Orr

*Our "Princess" has grown into a lovely  
lady. We are so proud of all of your  
achievements. Congratulations, Dana!*  
Love,  
*Mom, Dad, Stacy, and Wes*



Colin Cannon

**Colin**



Colin Cannon

Don't let go, you've  
got the music  
in you.  
One dance left, this  
world is gonna  
pull through

Don't give up,  
you've got a  
reason to live.  
Can't forget, we  
only get what we  
give

Always,  
Mom, Lindsay,  
and Maggie



Colin Cannon



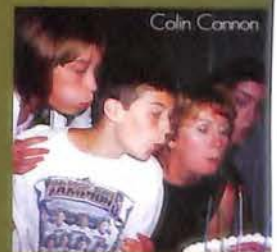
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### National Art Honor Society

Front Row: Jodi Bryant, Jacyln Arkinson, Lauren Davis  
Second Row: Trisha Wright, Jackie Burke, Rachel Scott, Eliza Tuttle  
Back Row: Lincoln Murphy, Kristen Kyle, Cody Greene, Jessica Williams, Kaylin Foor, Ava Stephens, Andrew



### Jazz Band

Front Row: Jasmine Fleenor, Kaylin Foor, Stephanie Dehart, James Kennedy, Shaun Kyle, Jia Zheng  
Second Row: Alex Zuber, Kevin Crinaco, Mint Crinaco, Elliot George, Derek Barnes, Jordan Key  
Back Row: Derek Mastrangelo, William Hartman, Eric Guyes, Daniel Rector, Ian Magee, Steven Wright



### Drama

Floor: Chris Downie, Andrew Secrat  
Front Row: Santiago Prada, Aidan Rea, Megan Glasman, Reed Braden, Katherine Ellis, Chris Mecca, Kenzie Conner, Katie McFarland, Sarah Anglin, Laura Pope, Derek Mastrangelo  
Second Row: Mrs. Gotschal, Brittany Bowling, NNick Nordburg, Patricia Longrine, Emily Smith, Molly Rilly, Danielle Makas, Jodie Wood, Amiee Brydges, Travis Hahn  
Back Row: Doug Currie, Heather Pearson, Jessie Durham, Maella Somerville, Graham Grasty, Jordan Goss, Chris Lundy, Zach Hinchee, Megan Hale, Rebecca Davis

### Literary Club

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### Fine Arts

Front Row: Savannah, Angelina, Fati, Perri, Haiz, Mikalram, David, Karissa

### FBLA

Front Row: Micaela, Myriam, Micaela, Lisa, Jane, Reid, Matt, Erin, Helen  
Back Row: Micaela, Myriam, Micaela, Lisa, Jane, Reid, Matt, Erin, Helen  
Front Row: Micaela, Myriam, Micaela, Lisa, Jane, Reid, Matt, Erin, Helen  
Back Row: Micaela, Myriam, Micaela, Lisa, Jane, Reid, Matt, Erin, Helen

### Fine Arts

Front Row: Angelina, Fati, Perri, Haiz, Mikalram, David, Karissa  
Back Row: Micaela, Myriam, Micaela, Lisa, Jane, Reid, Matt, Erin, Helen  
Front Row: Micaela, Myriam, Micaela, Lisa, Jane, Reid, Matt, Erin, Helen  
Back Row: Micaela, Myriam, Micaela, Lisa, Jane, Reid, Matt, Erin, Helen

### Student Advisory

Front Row: David, Nathan, ...

### Student Advisory

Front Row: Micaela, Myriam, Micaela, Lisa, Jane, Reid, Matt, Erin, Helen  
Back Row: Micaela, Myriam, Micaela, Lisa, Jane, Reid, Matt, Erin, Helen  
Front Row: Micaela, Myriam, Micaela, Lisa, Jane, Reid, Matt, Erin, Helen  
Back Row: Micaela, Myriam, Micaela, Lisa, Jane, Reid, Matt, Erin, Helen





**French Honor Society**

Front Row: Tessa Henry, Meaghan Dill, Olivia Pado, Lauren White  
Back Row: Max Snyder, Steven Wright, Katherine Ellis, Kara Fitzgibbon

**Choir**

Front Row: Janel Lambach, Lydia Longmire, Tiffany Bennett, Colleen Zimmerman, Caitlin James, Neekta Farahmand  
Second Row: Katelyn Kittinger, Jennifer Gianni, Patricia Longmire, Cynthia Vaughan  
Casey Cook  
Back Row: Sarah Waldron, Jacqueline Duncan, Mariah Slump, Christian Lundy, Graham Grasty, Sarah Cornwell

**Senior Class Officers**

Front Row: Kara Fitzgibbon, Jennifer Harvey, Tina Crawford, Alexa Telusa

**German Honor/German Club**

Front Row: Marvin Struhling  
Second Row: Sarah Scharfer, Elliott George, Beth Brederkamp, Richard Koo, Michelle Fisher  
Third Row: Jordan Key, Hana Yun, Alex Zuber, William Harriman, Sarah Beth Kerr  
Carter Swaffar  
Back Row: Jackie Burke, Joclyn Norkus, Tricia Wright, Sam Kerr, Eric Guives, Daniel Pector, Rachel Crum

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Front Row: Kathryn Lawryszek, Heidi Fredstrom, Caroline Muzkenor, Jackie Zilliox

**Sophomore Class Officers**

Front Row: Jia Zheng, Craig Mackay, Kim Kutei, Liz Wilson

**Freshmen Class Officers**

Front Row: Kerenai Wright, Thomas Boehling, Scott Hamman

**Junior Class Officers**

Front Row: Rachel Beckman, Steven Wright, Jordan Lutes, Megan Boehling





### Key Club

Front Row: Kayla Wills, Janel Lambach, Kristen Jones, Jia Zheng, Ann Zimmerman, Kyle Kerr, Caitlan Swaffar, Stephanie Ayers, Genevieve Anderson  
 Second Row: Andy Kinder, Brittany Lanier, Sam Kerr, Mallory Porter, Sarah Beth Kerr, Lauren Goetsch, Andrew Secrist, Sarah McIntosh  
 Back Row: Kristen DeWeese, Nicole Glennon, Jennifer Mabry, Olivia Ferguson, Haley Earles, Lyda Tran, Megan Boehling, Jordan Cates

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### Knights Pep and Pride

Front Row: Mr. M. Emily White, Kelly Keegan, Danielle Cohen, Kellie Jacobsen, Emily Marika, Kimberly Remine, Julie Cash, Lindsey Marika, Mr. Walker  
 Second Row: Rebecca Balzer, Stephanie Ayers, Sarah McIntosh, Genevieve Anderson, Brittany Lanier, Sarah Beth Kerr, Jordan Reid, Lauren Reid, Liz Wilson  
 Back Row: Kelsey Martin, Tabitha Ball, Brittany Herberger, Melissa Wray, Olivia Ferguson, Meredith Walker, Lauren Goetsch, Carter Mull, Andrew Markey, Cameron Lee

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### Latin Club

Front Row: Zac Osborne, Adam Dyer, Devin Koch, Paul Overfelt  
 Second Row: Tia Marchenko, Kelly Keegan, Rachel Wilkinson, Tyler Caveness, Megan Boehling, Nicole Glennon, Molly Doyle, Kellie Jacobsen, McKenzie Garst, Alex Hunter  
 Third Row: Chelsey Wiseman, Molly Briggs, Stephanie DeHart, Alyssa Nepper, Kristen Roberson, Alexa Tolasso, Lyda Tran, Kristen DeWeese, Caitlan Swaffar, Nina Edwards, Kristen Wray, Thomas O'Keefe  
 Back Row: CT Talevi, Ryan Davis, Matt Morgan, Seth Western, Andrew Sinnes, Kayce Rush, Kristen Redwine, Nick Norberg, Kacie Hoffman, Sabrina Rackow, Virginia Gust

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Front Row: Amber Humeaton, Ashley Crouch, Brianna Glennon, Amy Chang, David Kaplan, Tatum Tyler  
 Second Row: Stephanie Ayers, Ellen Vest, Jennifer Wade, Nicole Glennon, Caitlan Swaffar, Sam Snyder, Jennifer Mabry  
 Back Row: Scott Harmon, Adam McDeermon, Brittany Herberger, Sarah McIntosh, Kristen DeWeese

### Runners

Front Row: Katie McFarland, Tess Hendry, Cody Greene, Lauren Lyon, Mary Woody, Meg Osborne, Tari Lang, Sophie Shelton, McKenzie Garst, Kellie Jacobsen, Seth Brown  
 Second Row: Stephanie Ayers, Tiffany Bennett, Ann Wheelock, Jeppe Jensen, Brittany Lanier, Kiana Avval, Haley Earls, Lauren Goetsch, Holly Fitzwater  
 Back Row: Andrew Henahan, Megan Glaszman, Quentin Nichols, Cierra Stump, Rachel Crum, Rebecca Davis, Kristen Redwine, Katie Mills, Raymond Wray

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### Special Education Helpers

Front Row: Ellen Vest, Kellie Martin, Rebecca Balzer, Tatum Tyler  
 Second Row: Phyllis Moore, Kate Johnson, Jaime Eshernach, Kim Remine  
 Back Row: Alexa Tolasso, Ava Stephens, Tina Crawford

### Newspaper Staff

Front Row: David Kaplan, Chelsea Easter, Laura Weeks, Kim Kufel  
 Back Row: Amy Gotschal, Alle Helms, Brian Wright, Lauren Nelson, Chris Downie

### Science Club

Front Row: Lauren White, Kristen Roberson, Heather Piverson  
 Back Row: Ben Selars, Mason Whelan, Stephanie DeHart, Chris Jones





**Gay-Straight Alliance**

Front Row: Lauren Lyon, Kayla Wills, Janel Lambach, Peed Braden  
 Middle Row: Brittany Bowling, Genevieve Anderson,  
 Amee Brygges, Angela Jones, Chris Dawnie, Emma Berry, Andrew  
 Herndon

**Yearbook Staff**

Front Row: Laurinn Link, Rachel Trivitz, Catey Robbins, Erica  
 Horseman, Erin Griffin, Mrs. Gotschal  
 Back Row: Kayla Wills, Nick  
 Seamon, Kaylin Foor, Holly Fitzwater, Liz Spar, Hannah Hawthorne,  
 Tamara Taylor

**International Club**

Front Row: David Kaplan, Sam Lasky, Maria Yun, Blagun Battul, Ranya  
 Azar  
 Second Row: Eur Rodriguez, Jesse Jensen, Y. Chlo, Dawood  
 Back Row: Met Canaco, Igor, Mubajev, Kevin, Givanni, Ruggava, Hattar

**German/German Honor Society**

Front Row: Marlon, Ludwig  
 Second Row: Sarah Scharfer, Elbert  
 Third Row: Beth Proskop, Richard, Lisa, Michelle Fisher  
 Fourth Row: Hanna, Jan, Alex, Zuber, William Harman, Sarah Beth Ken  
 Fifth Row: Sophie, Lisa, Jackie Burke, Jackin, Norika, Tricia Wright  
 Sixth Row: Eric, Steven, Daniel, Pastor, Rachel, Crum

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**TSA**

Front Row: Lauren Lyon, Kayla Wills, Janel Lambach, Peed Braden  
 Middle Row: Brittany Bowling, Genevieve Anderson,  
 Amee Brygges, Angela Jones, Chris Dawnie, Emma Berry, Andrew  
 Herndon

**Spanish Honor Society**

Front Row: Victoria Garcia, Aliza, Marina, Timi, Maria, Jordan  
 Middle Row: Victoria Garcia, Aliza, Marina, Timi, Maria, Jordan  
 Back Row: Victoria Garcia, Aliza, Marina, Timi, Maria, Jordan

**Spanish Club**

Front Row: Stephanie, Mercedes, Paula, Alicia, Tracy, Justina, Mar  
 Middle Row: Stephanie, Mercedes, Paula, Alicia, Tracy, Justina, Mar  
 Back Row: Stephanie, Mercedes, Paula, Alicia, Tracy, Justina, Mar

**Beta Club**

Front Row: Sarah, Marlon, Ludwig, Lisa, Michelle Fisher  
 Middle Row: Sarah, Marlon, Ludwig, Lisa, Michelle Fisher  
 Back Row: Sarah, Marlon, Ludwig, Lisa, Michelle Fisher



**Chair Officers**

Front Row: Christian, Lundy, Janel Lambach, Colleen Zimmerman, Lundy, Vasaiphan



**Debate Team**

Front Row: Kaitlyn, Elizabeth, Heidi, Fredrickson, Caroline, Musker, Jackie, Zilles



**Academic Team**

Front Row: Heidi, Fredrickson, Caroline, Musker, Kaitlyn, Elizabeth, Jackie, Zilles  
 Middle Row: Emma, Berry, Second Row: Megan, Bushing, Greg, Malaya, Kevin, Zhang  
 Back Row: David, White, Lundy, Vasaiphan



**Lacrosse**

Front Row: Amy, Greg, Kaitlyn, Kaitlyn, Kaitlyn, Kaitlyn, Kaitlyn  
 Middle Row: Kaitlyn, Kaitlyn, Kaitlyn, Kaitlyn, Kaitlyn  
 Back Row: Kaitlyn, Kaitlyn, Kaitlyn, Kaitlyn, Kaitlyn









