



Unity

ACCOLADE 2018

By Sarah Clark

Unity Bonding Coming Class of Classes
Into 2012 Uniting
Focus Together

2 — 4 — 38 — 44 — 60 —

Opening Studen Life Photography Senior Underclass

*Study
Groups*

*Coming
Together
As a Team*

*Unity
Runs Deep*

*Finding
the People*

—108— 162— 222— 260

Academic

Sports

Community

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Unity



Cave Spring High School
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Phone 540-772-7550 / Fax 540-772-2107
Population: 851
Accolade, Volume 56



SUPPORT Students gather outside the school to help send Kendall Bayne (10) off to Duke University for surgery. During the last period, students surprised Kendall in their 'Team Kendall' shirts and hundreds of purple balloons. SCA president, Meredith Young (12) said, "The balloons were a way for us to show Kendall our hope, love, and support for her." 'Fight Like a Knight' has become a popular phrase in the community symbolizing strength and unity.

STORMING THE FIELD Students storm the field after defeating Pulaski in a final score of 22-20. The Knights came from behind during the fourth quarter for the victory. Samuel Wright (12) punched the ball in for the touchdown late in the fourth quarter. Jordan Bryant (11) is credited with the interception to ensure the win. The team continued to go onto the state playoffs.

UNITY

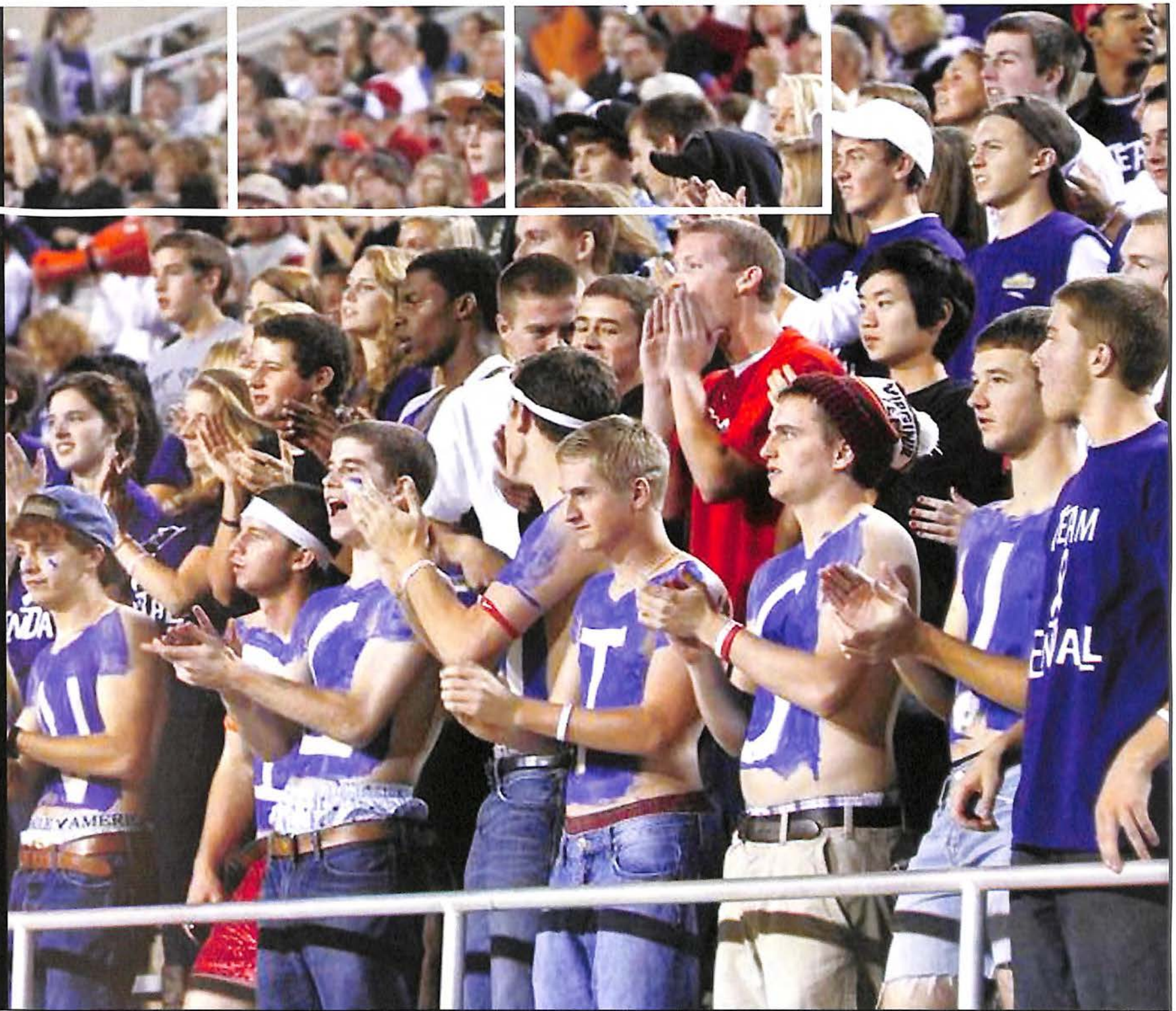
United As One



Unity, by definition, is the state or fact of being united or combined into one, as of the parts of a whole. But, in high school, it truly is so much more than that. High school is a time to discover oneself through both the good and bad times. Some might say that the monotony of one school year stunts a person's personal growth much faster than the time it takes to complete high school. However, these individuals never stop and take a look at what, or rather who, is passing by them in the halls. The student body is not a group of strangers who quickly glance at one another and move along, but a collection of colleagues, families, and friends. When this group of students finds something they support and believe in, the student body rises as a collective union ready to lend a hand or in any way whenever possible. So as the students walk out of the doors in June, they do not leave simply unchanged or without connections to others. No matter what the students did during the year, they were united with their fellow students. After all, Knights Ride Together!







United As One

Student Life



EXCEL. Alex Thomas(12) talks to astronaut Roger Crouch while participating in NASA's Virginia Aerospace Science and Technology Scholars 2011. VASTS focused on teaching and applying the principles of aerospace engineering.



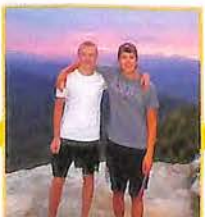
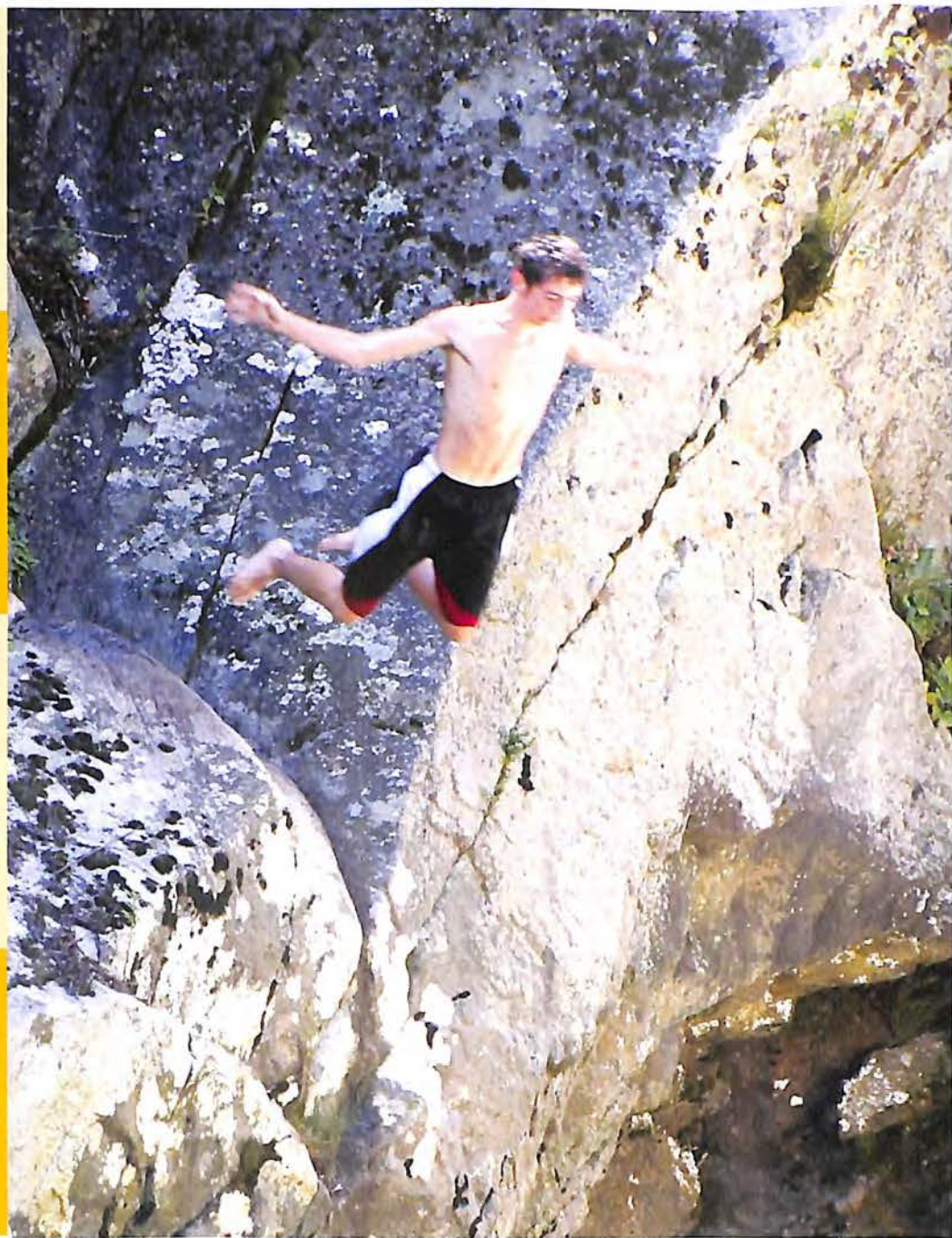
MAGIC. Mary Britt(12) and Kathleen Searl(12) stand in front of Hogwarts Castle at the Wizarding World of Harry Potter attraction at Universal Studios. The castle was a popular attraction for Harry Potter fans to visit.



SWEDEN. Adam Witham(12) stands by the Winter Subcamp at the 2011 World Scout Jamboree in Sweden. This was a two week long event where scouts from all over the world experienced different cultures.



BEACH. Julia Lowen(11) and Sarah Lowen(10) pose in front of their beach house while staying at Myrtle Beach. The family travels to Myrtle Beach every summer for vacation.



Embody Summer Spirit

Summer

W

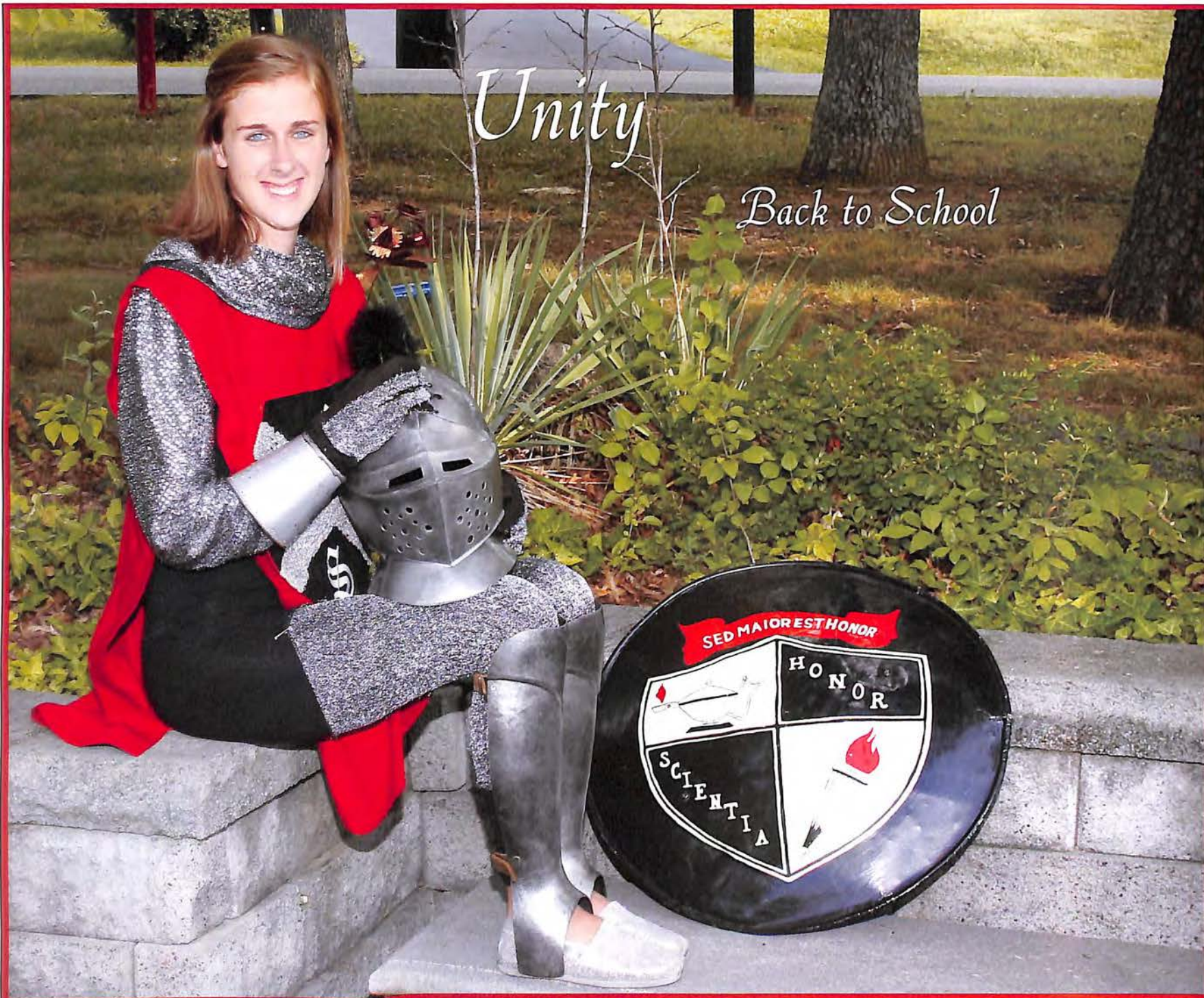
arm weather, sunshine, and a long break from school were what students had to look forward to during the summer. During summer, everyone had time to relax and unwind after a long and stressful school year. Some students chose to spend their free time close to home, while others vacationed to exotic places and met new people. Whether it was lounging on the beach or going to another country; traveling was a great way to take advantage of the summer season. Even when students stayed around their hometown, they found many different activities to fill up their days and make their break from school exciting. Whether it was spent in the Roanoke valley hiking up to McAfee Knob, camping by the James River, shopping in Richmond, or just hanging out with friends by the pool, they enjoyed the time off from the stress of school. Some students even chose work during the summer in order to earn extra money. Whether that was their first job experience or a steady seasonal job, earning a paycheck was another activity students fulfilled during their summer days.



Student Life — Summer 6-7

Unity

Back to School



As fall rolled around, students began to get back into their same old routine centering around school. This year students had to adjust to a ten point grading scale along with an A/B block schedule. Besides these two large adjustments, the middle school was torn down for remodeling. Because of this, the eighth graders were placed throughout the high school among the older students. On the first day of school, all the students gathered together for the yearly tradition of the Knighting Ceremony. Once the principal Steven Spangler finished knighting Shannon Craighead (12), the auditorium burst with applause.

Shannon has spent most of her high school years participating in student activities and playing volleyball. After being joined on stage by her parents Raymond and Lisa Craighead, Shannon addressed her classmates. She stated that she hoped this year would "dominate" and wished everyone a good year. She also encouraged everyone to do something that they were uncomfortable doing in hopes of bettering themselves. Jokingly, she added that she was "not very good at public speaking". Becoming the Knight is the most prestigious honor for a student. Students were nominated by peers during their junior year, and the Knight is officially chosen by the faculty and staff. Shannon was honored to be the 51st Knight.



LESSON..
Julia Weston (10) taking notes during a class lecture. Students were able to use their laptops to take notes to study. Many teachers used laptops to give tests and quizzes.



LOCKERS.
Jessica Buckley (12) stops by her locker in between classes to get a book. Lockers allow student to store their books between classes. Each grade has a designated locker hallway.



LAPTOPS.
Two students pick up their laptops from the depot. Each grade level received take home laptops. The 9th graders received new laptops this year with technology grants given to Roanoke County.

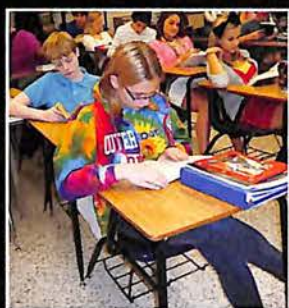




JUNGLE. Jordan Bryant(11) dresses as an ape for animal day. His costume was unique and drew attention throughout the day.



SWAG. Senior Elizabeth Thompson (12) participates in swag day. Swagger is the way one presents ones self in a confident but modest fashion.



FLASHBACK. On blast from the past day, tie dye shirts were extremely popular with ninth, tenth, and eleventh grade students, wearing them for that Thursday.



JELLYFISH. Jessica Buckley(12) dresses up like a jellyfish on animal day. Animal day was a hit and many funny and crazy outfits were seen. On that Monday morning.



PAINTING-UP. Annabel Bryson(12) and Amory Mayo (12) smear on eye black in preparation for the junior/senior powderpuff game.



Spirit Week

Days of the Week

Spirit week was a week for all students to go crazy with costumes and creativity. Each day was different, and brought many new eccentric ideas. The student body came together and made this homecoming week one of the best. Seniors included their own spirit week themes and switched up the school's themes for their own ideas. Costumes ranged from gladiators to Harry Potter attire. There were different takes on simple ideas.

On Friday of spirit week, the freshmen in black, superstar sophomores, jackpot juniors, and seniors in wonderland decorated their hallways to fit with their themes. The hallways were decorated with oscar statues, stars with individual names, and a giant tea party table. Outside the school, papier-mâché trees were placed under the atrium. One tree was designed with a hole in it to represent the tree that Alice fell into Wonderland from. All the class themes were unique and represented the students in each class to perfection.



Spirit Week

The Days

The SCA spent weeks preparing and debating ideas for the Homecoming spirit week days. The schedule for Spirit Week was revealed by a fashion show during the Pep Rally before the Lord Botetourt vs. Cave Spring game.

On Monday the theme was animal day and for the senior class, it was under water day. Tuesday was "Blast from the Past," but the seniors opted to wear togas. On Wednesday the Powderpuff participants dressed up in their uniforms, while the rest of the student body dressed up as what they wanted to be when they grew up. The seniors chose to dress up in Star Wars apparel. Thursday was swag day, but for the senior class it was goth day. Friday was class day and each of the classes decorated and dressed up in their own class theme. The students wore the Mighty Knights t-shirts sold and designed by the SCA to the homecoming game.





MAD. Dillon Oleary (12) dresses up as the Mad Hatter from *Alice in Wonderland*. What he wore went along with the seniors' theme. The seniors had the quote "We're all Mad Here," that went on the back of their t-shirts created for homecoming. The seniors decorated the lobby with with different props to recreate the tea party scene from *Alice in Wonderland*.



GRYFFINDOR. Pamela White (9) dresses up as Harry Potter on "When I grow up" spirit day. While she dressed up as Harry Potter her best friend dressed up as Dobby the house elf from the movie *Harry Potter and the Chamber of Secrets*.



PAST. On "Blast from the Past" spirit day Emily Jensen (12) wears a toga. All of the seniors decided to do different days from everyone else to make them unique and stand out from the rest of the students in other grades. For several years in a row the Seniors decided to make up their own theme for the different Spirit days.



RETRO. Kinjal Patel (9) and Makenzie Duncan (9) dress up in retro clothing for "Blast from the Past day." Students from all grades dressed up for this day during Spirit Week. The students enjoyed participating in Spirit Week for it's a fun addition for the Homecoming dance which was on the following Saturday night.



Spirit Week

The Parade

The traditional Homecoming parade proved to be an exciting event that added to a feeling of school pride and spirit. As everyone lined up in the parking lot, the eagerness of the students and bystanders was evident. For the parade, every grade level created a theme for their class and then built a float to represent their theme. Clubs and sports teams also made floats to reflect their plans for the year, some being decorated in an impressive fashion, while others had students cheering and throwing candy along the parade route. This was also the time to present the Homecoming court, who were selected by their peers to represent their class in the chance to be named Homecoming king or queen. The Knight Shannon Craighhead (12) was found leading the procession on horseback. The band followed, performing the school song and fight song as they marched down Chaparral. This was a time for the community to come together as one in support of the school. As the line of floats turned into the stadium, an enthusiastic crowd followed in anticipation for a Homecoming game that no one would ever forget.



FIRE. As she marches down the street, Krysta Luzynski(10) twirls a fire baton while leading the marching band. Krysta performs a complex routine, consisting of multiple leaps and tosses, which caught the attention of the crowd. Krysta began twirling baton from an extremely early age and has now been to a countless number of competitions.

TOGETHERNESS. The girls on the varsity volleyball team show their pride and support for the school. They threw candy to the children who were watching the parade. By being in the parade, they were also enticing the crowd to come to their games and support them. Eventually, the team went on to win the state volleyball championship.

CREATIVE. Siera Loveday (11) decorating a poster for the choir float. The other students of the choir also took part in decorating their float, designing colorful posters to promote the choir and show support for the football team. During the parade, the choir chanted the Fight Song and cheered.

DANCE. Members of the drill team hold up a poster asking for students to join the team. At the game, they stood with the marching band and cheered and danced to the band's tunes. The homecoming game was the debut for the dance team. The girls showed off their pride and dance moves before the enthusiastic fans.

SHOUT. Juniors represent their theme "Jackpot Juniors". The juniors' theme was supposed to have a Las Vegas sort of feel, with playing cards and glamorous clothing. However, instead of getting a class shirt that conveyed their theme, they wore "Fight Like a Knight" T-shirts in support for Kendall Bayne(10).



Student Life -- Homecoming Parade 14-15

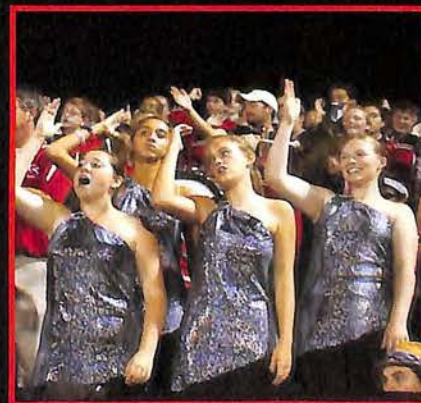


Masquerading the Night Away

Homecoming

On September 23rd at the Allegheny game, the Homecoming court was presented to students, faculty, families and friends. Among the many freshman, sophomore, junior and senior representatives, Sam Wright (12) and Meredith Young (12) were crowned as Homecoming Prince and Princess and Reece Kingery (12) and Knight Shannon Craighead (12) were crowned as Homecoming King and Queen. The game that night was a success, with the school winning with a score of 45-21.

The following night, after the excitement of winning the game, the students walked into the school and saw it transformed into a fantastic representation of the homecoming theme, "Masquerade". The festivities included personal masks, allowing the students to be part of the theme, as well as music, snacks and the comradery of their friends.





CELEBRATION. After a long day at school Timothy Rindorf(11) puts on a costume to celebrate Halloween. While some students went out trick-or-treating, he spent the evening with his friends at a Halloween party. Tim attended Ashlyn Mastrangelo's(12) party with other members of the marching band and flag corps.



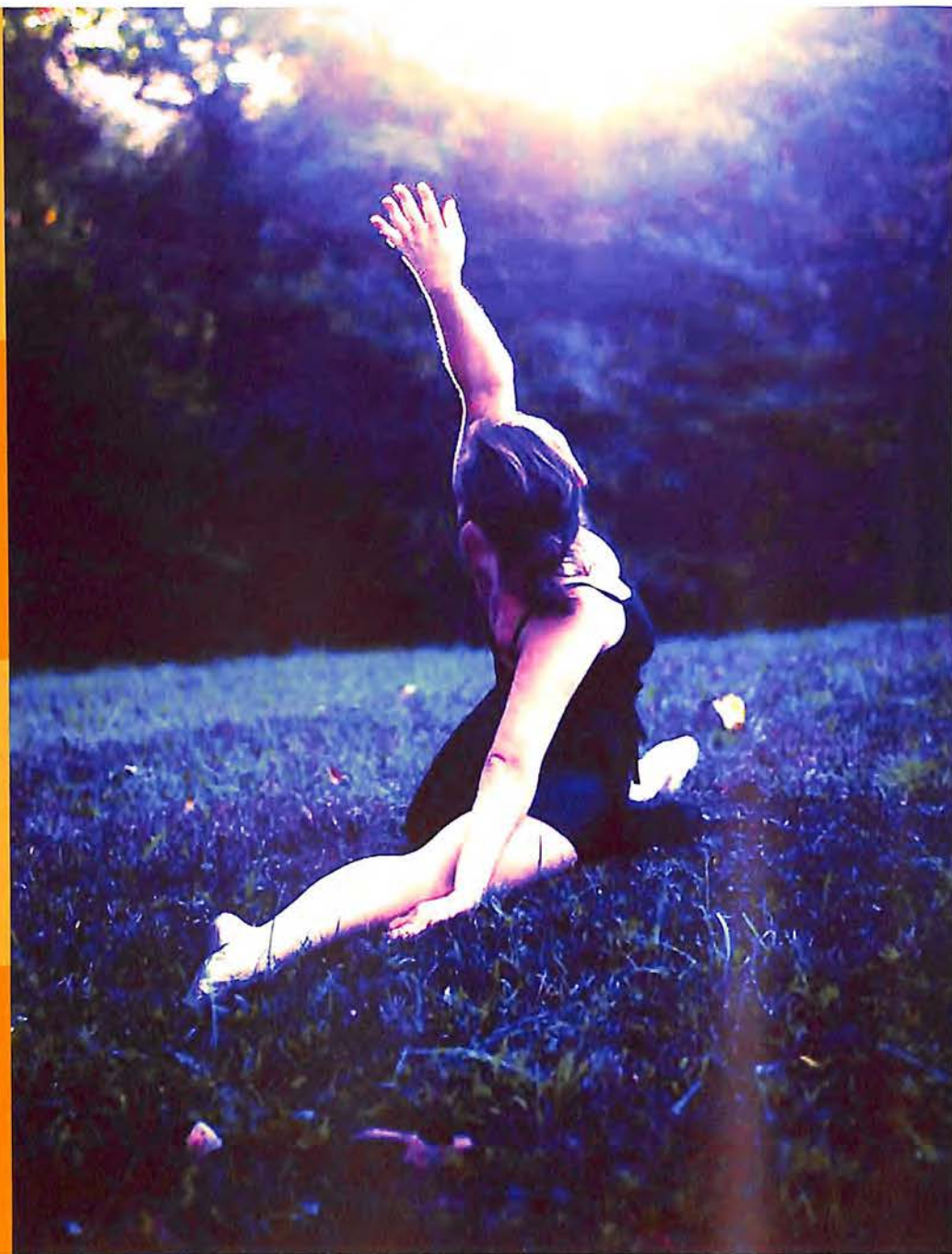
APPLES. Ottalia Walker(12) peels apples to make apple butter on the first day of Fall Break. "Making apple butter is a fun activity that brings all three generations of my family together," sated Ottalia. This special time of bonding between family is often shared with friends teaching them the process of making apple butter.



BEST FRIENDS. Caitlin Ragan(12) and Emily Wright(12) take their Senior pictures together near Catawba. Instead of a professional photographer they had a friend take several senior pictures. Before taking their pictures they ate at one of their favorite restaurants, The Homeplace. The Homeplace is where students go for good old fashion homecooked food.



HALLOWEEN. There is a first time for everything! Steven Klaiber(12) carves his first pumpkin in order to get in the Halloween spirit. Instead of doing a traditional Jack-O-Lantern face, Steven used stencils to carve out a much more elaborate pumpkin.

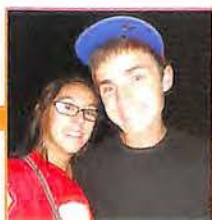


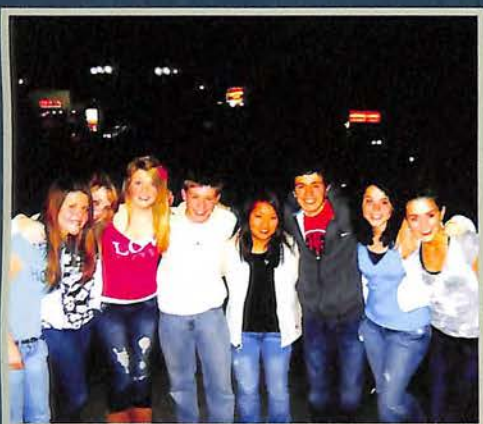
The Season of Change

Fall

*A*s summer faded away, and the leaves turned, students had to adapt to the changing weather. With the slight chilly breeze in the air the students knew that the hot summer weather was over with and that the school year was starting to get more serious. Students looked forward to the upcoming holidays such as Thanksgiving and Halloween. Over the holidays students participated in many different activities such as carving pumpkins, going to haunted houses, and spending time with friends.

Fall was the time of the year that friends got together and spent time with one another. Each moment that was spent created a new memory that would last forever. Some students volunteered during the fall season for different events such as Dog-tober fest for the St. Francis Service Dogs foundation and the Jaycee's haunted house. Those events were fun ways for the students to earn much needed volunteer hours. Most of the Beta Club volunteer events took place in the fall because more opportunities were offered. The mild climate of the fall season also made the volunteer work less taxing for the students.





Lighting up the Knight

Knight Life

Waiting for the Weekend is a very true song lyric. Students woke up on Monday morning and began another countdown to Friday. When the dismissal bell finally rang, students crowded the halls, ready to head home and prepare for the night and weekend ahead. But where were these eager and excited students heading off to on the official start of the weekend? Well there have been many options of entertainment throughout the year.

One of the biggest events was the Friday night football games. Before the game, some students tailgated to get hyped up and excited and ready to cheer on their Knights to victory. Others chose to start their night at a party to spend quality time with their friends before the game. The school's true unity was shown by the loud cheering that rang out from the student section: "Knights Ride Together!"





DOWN THE SLOPES. Cortney Cooper (11) is riding the ski lift, up to her favorite slope, at Snowshoe in West Virginia. She enjoyed snowboarding, spending time with friends, and participating in Roanoke Young Life. Cortney especially loved to go off jumps for a feeling of freedom and weightlessness.



EAGER BODIES. Nicholas Colozza (9) feels the beat of the music around him at the *Roanoke Jingle Bell Run for Arthritis 5K*. While he waited for the race to begin, he worked off some of his nerve anxiety with the rest of the runners. Nicholas placed 41st in the race with a time of 21:37.



FLASH OF LIGHTS. The unity of the season is felt by looking at the shining lights at Joshua Gotschal's (12) home and through the method they were using to put up lights. Joshua, with his friend Cody Bushman (12) climbed the roof of the house to put up the multiple levels of lights and wreaths. There was an adventure involved in the placement of the lights due to the shortage of white twinkle lights needed to complete the design.



WARMING UP. Selena Salazar (10) is working on organizing the cups for the new Knight and Day Café. The idea of the café was introduced by Stephen Biscotte, a biology teacher, and the café was a huge hit. The Culinary Arts department ran the espresso attraction from Tuesday to Friday on B days only.



Season of Joy

Winter

*B*risk and cold weather, wintery wonderlands, warm beverages, "Joyful Noise", and "Roasting Chestnuts on an Open Fire" were just some of the minuscule components happening during winter, which made it such an astonishing season. On wintery days, students indulged themselves with eggnog, hot cocoa, or hot flavored drinks to warm themselves during the cold and snowy weather on the wintery days. Songs were sung by many because it "tis the season to be jolly." Winter concerts were enjoyed as well. Students listened to beautiful and festive songs, played and sung by the band and choir as well as attending concerts performed by professional groups like the Brass Five. Although there were no official exams, many teachers still gave major tests for a final opportunity for students to better their final grade. Final assignments were also given at the end of the semester. The brisk and snowy weather was what made this season the "Most Wonderful Time of the Year."

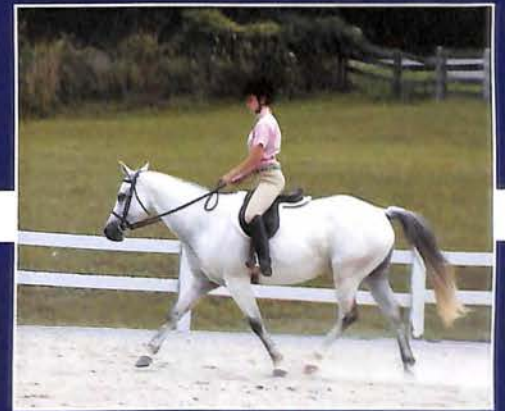
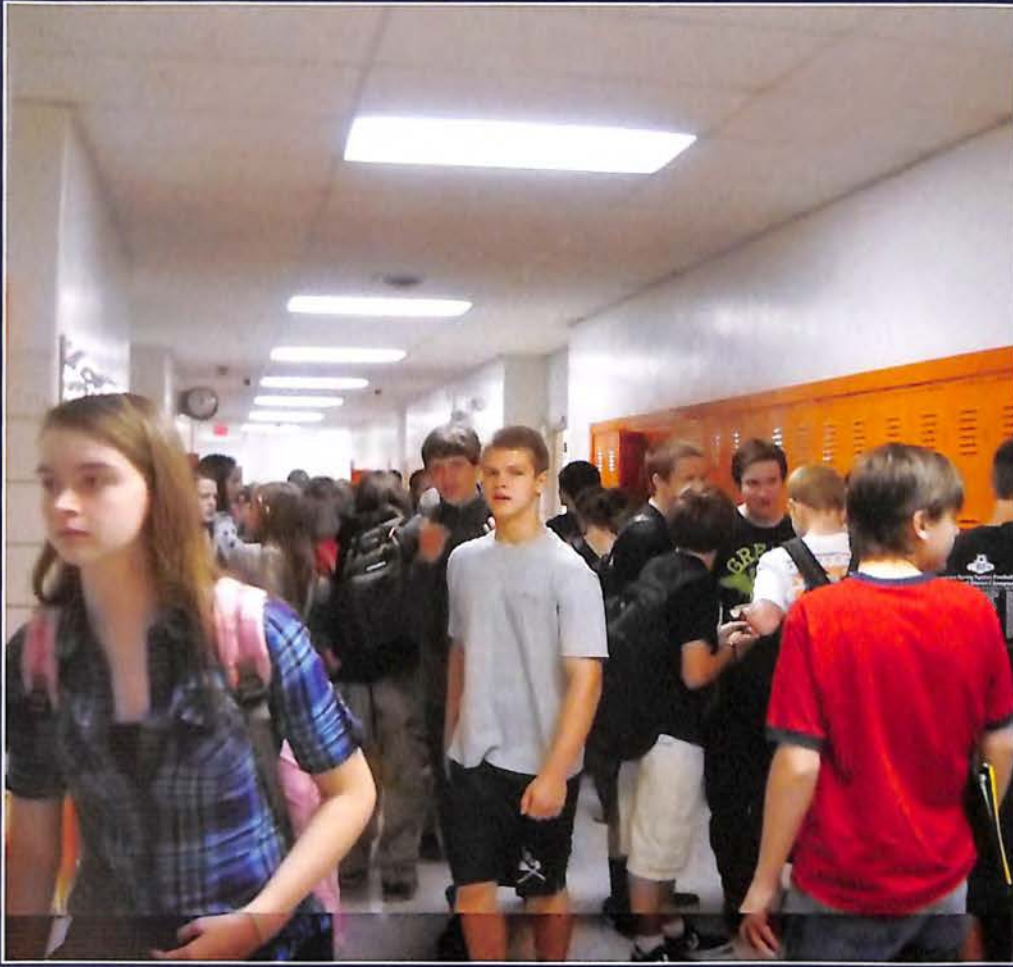




Monday marks the beginning of the school week. Since the weekend was over, students had to prepare to restart their school week routine. On this day, students enjoyed various extracurricular activities such as going out to eat, spending time with friends, and socializing with students from other schools. A common Monday night activity for some students consisted of participating in the valley wide event called Younglife. Members would meet at another member's house and spend quality time together. Later they would meet with other schools and intermingle. Bojangles was a popular place for the students to meet.

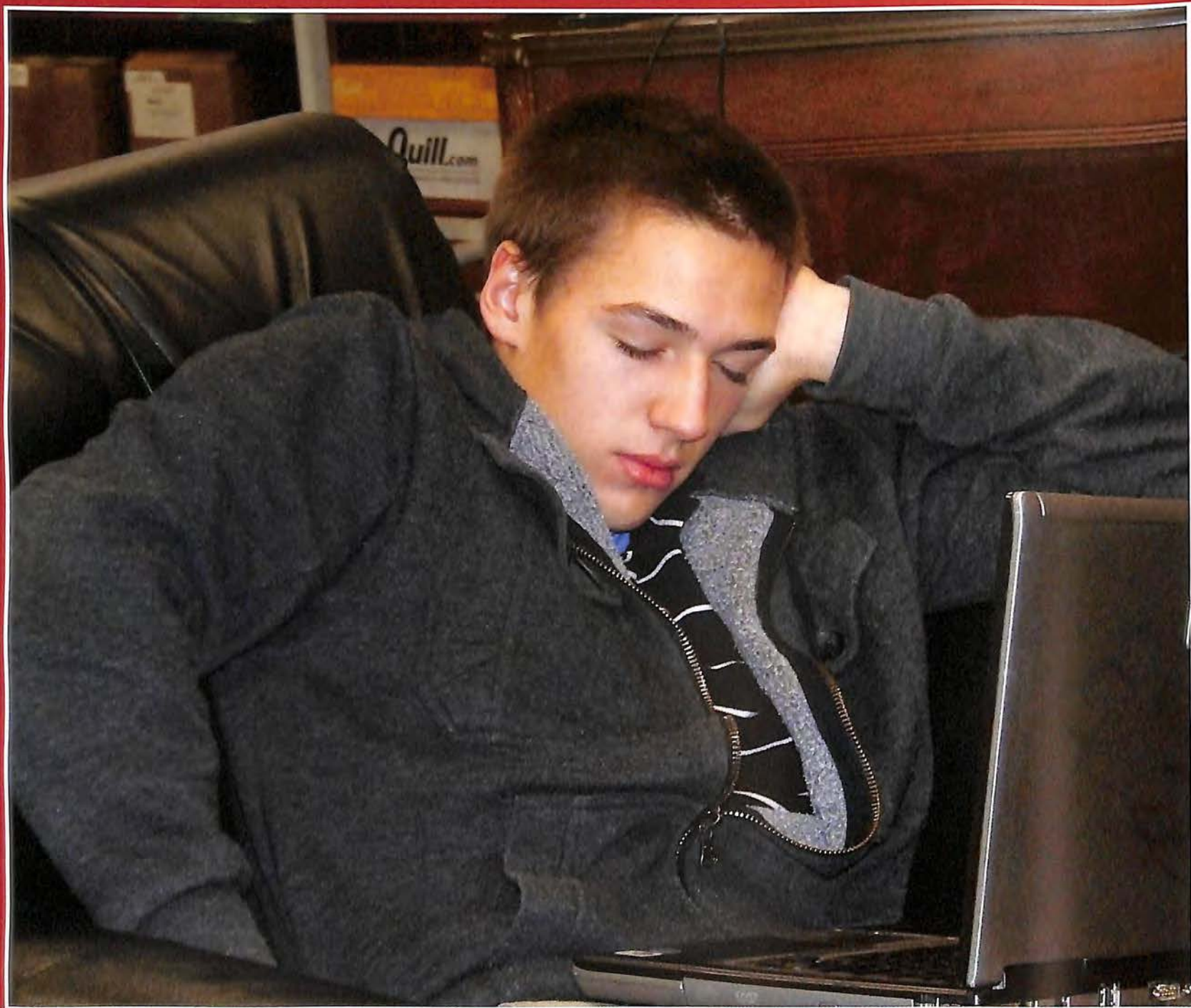
Also on Mondays, various sports teams practiced and perfected their skills. Many students had after school jobs, working at places such as Panera Bread, the RAC, Baja Bistro, and Katie's Ice Cream. It was common for students to work twenty to thirty hours per week.

On one particular Monday morning the school held an assembly for Rachel's Challenge where students pledged to end bullying. After school that day, about fifty students met and formed a Friends of Rachel or F.O.R Club, which was made to start a chain reaction. There, students were encouraged to spread kindness to everyone. This club also meets on Monday afternoons.



Monday

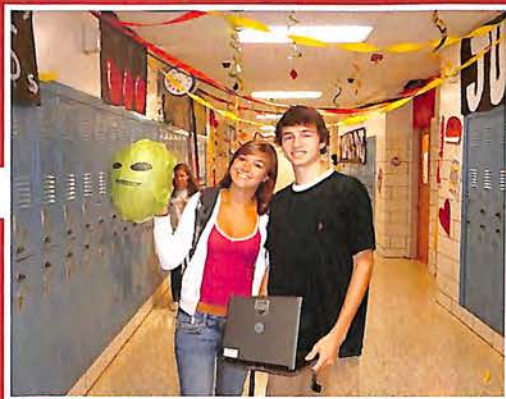
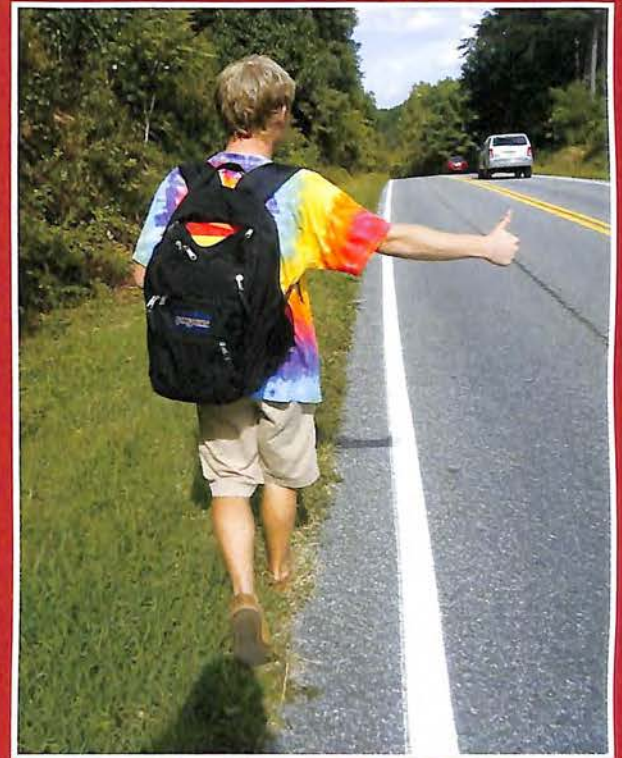




*F*or some students, Tuesdays were the worst day of the week. On this day, students lazily wandered through the halls, half asleep, some even crashing during study halls. During Spirit Week, underclassmen dressed up for "Blast From the Past" on Tuesday, while seniors wore togas. After school, students attended extracurricular activities, did homework, or went out with friends. Buffalo Wild Wings was a popular place for students to hang out on Tuesdays for 45 cent wing night.

Students also participated in sports practices after school, especially when the weather was nice. Many students could be found running laps outside, shooting lay-ups in the gym, or even practicing routines in the cafeteria. Whether there was a scheduled team practice or students decided to practice on their own, many took advantage of Tuesday afternoons to improve in their favorite sport.

The drama department spent Tuesday evenings practicing for the spring show. The marching band started their preparation for Friday night football games and Saturday competitions late into Tuesday afternoons. Some students attended choir or play rehearsals outside of school, as well. With almost a full week worth of homework, tests to prepare for, and projects to do, many students found themselves working late into Tuesday nights, regardless of extracurricular activities.



Tuesday



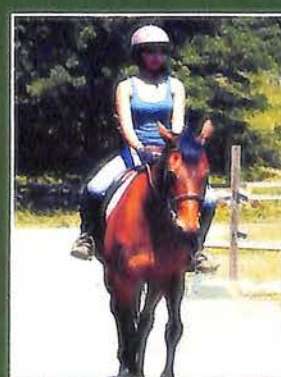
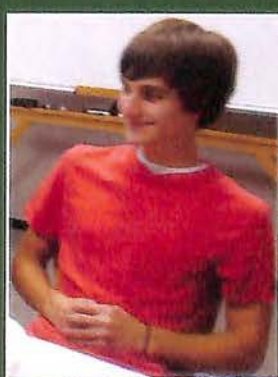


By the middle of the week, students were beginning to look forward to the weekend. Numerous activities added to students' normal workload in order to fill the time. Students used their time after school to participate in extra-curricular activities, broaden their minds or earn a paycheck. A few people could be found spending their afternoons at the *Roanoke Times* working on *The Edge*, the section of the regional newspaper written by teens, for teens. Others attended youth groups at different churches around the Roanoke valley. Still others participated in various lessons, including dance, horseback riding, and choir. Sports practices such as Valley AFC soccer also took place on this day. Marching band practice was also held outside the school on Wednesdays. Many students could also be spotted working at different businesses around town, from retail to restaurants. Students certainly were kept busy throughout the school year not only with academics, but with jobs, sports, and private lessons also.

In addition to activities outside of school, Wednesdays held special meaning for a large majority of students. On multiple Wednesdays, students wore white to show their support for Kendall Bayne, a student battling cancer. During spirit week, students dressed up for future careers on Wednesday. Seniors went through the day dressed in their most outlandish Star Wars outfits. Although a Wednesday occurs every week, the activities students partook in on this day were filled with memorable moments. Students will always cherish the friends they laughed with, activities they loved, and the memories they will carry forever that happened on Wednesday.



Wednesday



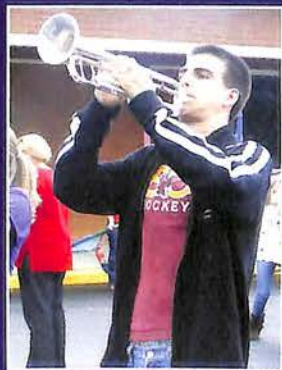


By the time Thursdays rolled around, many students were already looking forward to the weekend. Due to block scheduling, students didn't return to their Thursday classes until the following Monday. This weekly break caused a sense of anticipation building throughout the day. After school, students filled their last school night of the week with countless events and activities. Cheerleaders attended weekly tumbling sessions outside of regularly scheduled practice time to prepare for competitions. This allowed them to improve their tumbling and perfect their routines. Also, students attended volleyball games and JV football games on Thursdays. An exciting student section showed up to games with tons of energy, and their presence showed their support for the various teams.

Some students chose to volunteer at the various elementary schools in the area on Thursday mornings before school. They helped kindergarten and first grade teachers with any tasks they needed done in preparation for the day. The volunteers did everything from helping children with reading and writing, to helping children with counting. Some students who participated regularly in Younglife on Monday nights also attended Campaigners on Thursday nights. Sports teams and marching band also held special practices on Thursdays. Other students took private lessons in dance and music.



Thursday





*F*riday is Game Day. With the student section, the flag corps, the marching band, the cheerleaders, and of course, the football players, everyone's ready to gear up for the Fall Friday night lights. Students use Friday to start the weekend off right, whether they are heading to breakfast before school, or possibly getting to school an hour early to take care of last minute studying.

As the final bell rings at 3:25, most students flood the parking lot in attempt to get out before the Friday rush hour, while others stay after to get ready for the game. Girls in the flag corps can be found braiding their hair, while cheerleaders gather to go over routines before the game. All students take care of various commitments before game time.

The student body unites at 7:30 for the football game. Then following the game, students head to restaurants to socialize (Buffalo Wild Wings is a hot spot for cheerleaders as well as for the players.) Friday is a day for the students to finish up school work and prepare for the weekend.

Students proceed to cram as much as they can into the two days of freedom.



Friday

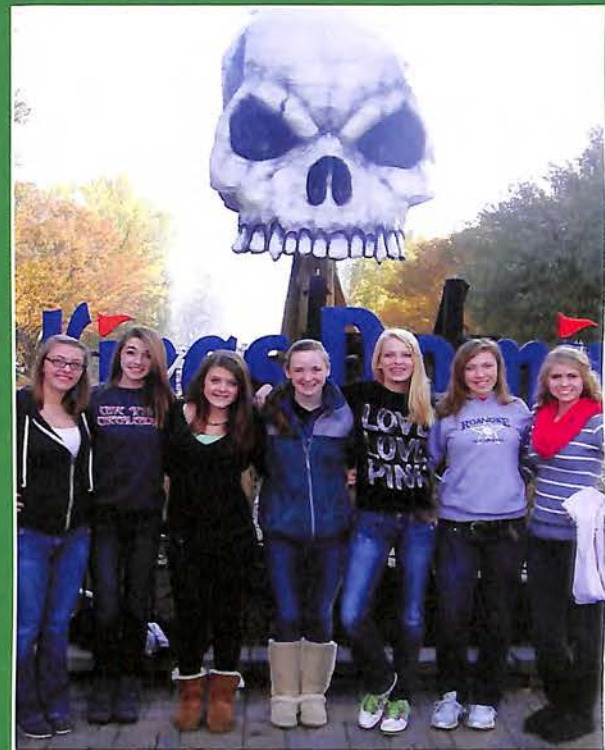




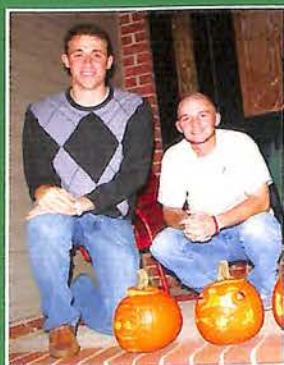
Saturday is the first day of the weekend that students have an entire day to do whatever they want. People spend this day in many different ways -- more than just hanging out with friends around town. The many different sports teams travel to and compete in tournaments on Saturdays.

The cross country team in the fall had meets on every Saturday where they traveled to away meets or hosted meets at Green Hill Park. Year-round softball players, such as Cortney Cooper (11), traveled to tournaments in and out of the state. Year-round swimmer Jacob Siar went as far as Japan to participate in a meet and also competed in an Olympic Trials.

Students took advantage of the first day without school by traveling -- whether in, or out of state. Some went to amusement parks such as Kings Dominion. To get into the Halloween spirit, Harrison Richards and Steve Klalber carved pumpkins. The competition cheerleading team spent one Saturday completing a scavenger hunt with one challenge being to put up a stunt in front of someone's house. Katie Searl participated in a lacrosse tournament where her team placed first overall, and Louisa Britt played the part Luisa in the play *The Fantasticks*. The Layman Family Farm was also a popular place to spend Saturdays. Amber Lichenstein shot pumpkins at a target out of a cannon nicknamed "Dorothy." For some students a popular activity was to tour colleges to see what school would be the right choice for them in the near future.



Saturday





Sunday was the last day of the weekend, the last chance to do something fun before school came back into the picture. Students made use of the day in a variety of ways.

Students went to church and participated in numerous activities, whether it was a Sunday school class, or youth group. At youth group, they participated in team and character building activities.

Sunday was also a time for sports, whether it was watching them or playing on recreational teams. Students took the opportunity away from school to get together with friends and family. Some students also traveled to college or NFL stadiums to cheer on their favorite team. This made a nice getaway from their tedious daily activities. Students also participated in rec league sports, competing in travel tournaments and games against their fellow students as well as athletes across the area. Besides sports, students also attended music lessons and performed in concerts on Sundays.

Although many students saw Sunday as an end to their weekend, break, or fun, Sunday was really the beginning: the beginning of a new week, new experiences, and new adventures.



Sunday



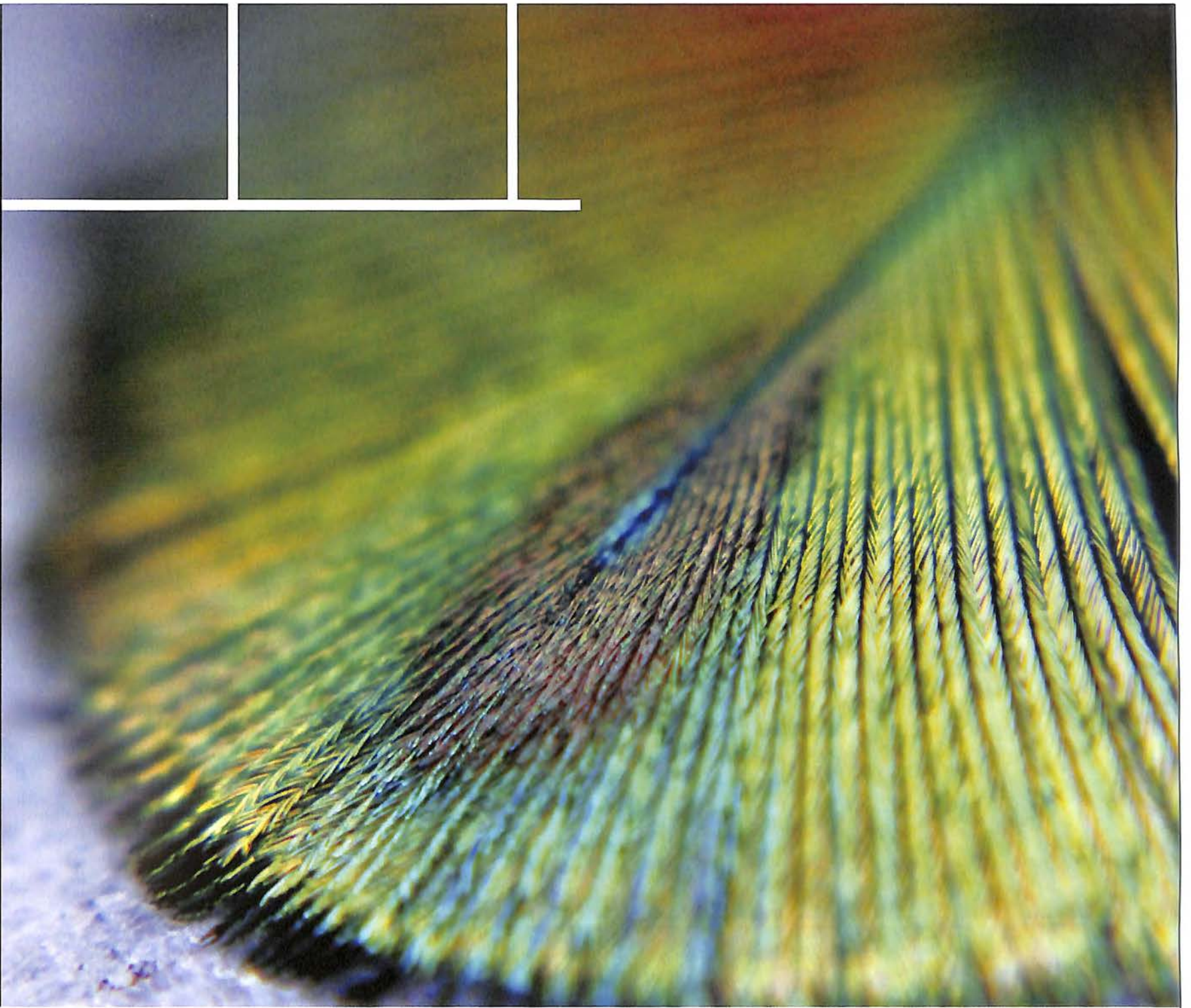
The Accolade staff held a photography contest for all Cave Spring students and selected the most exquisite and eye popping photos, as seen on the following pages. Unique and diverse tastes led to the creation of the "Best Abstract," "Best Animals," "Best Nature," and "Best Assorted" categories. For each category, six elite photos prospered over all of the other photographs. Jessica Nguyen, Julia Ferguson, Caitlin Williams, and Nick Frohock had a theoretical view on the world when they created abstract reflections on the world. Their distinctive eye for the world allowed them to capture a faction of the ever going phenomena of time.

Gail Adams, Jessica Nguyen, Julia Ferguson, and Nick Frohock expressed their love and respect for the beauty of the world's creations. A keen eye was required for confining the beauty of minuscule and alert animals while exceptional perspective helped capture the larger of creatures.

Daniel Seymour, Nick Frohock, Hannah Ferguson, Ottilia Walker, and Olivia Kiser possessed a gentle and passionate view to the outer world around them. A finely crafted web on a cool and misty day as well as beautiful breathing taking skies were placed upon the nature page, inspiring others to find the beauty throughout the world.

Olivia Kiser, Jessica Nguyen, Helen Bower, Jessica Nguyen, Nathan St. Clair, and Daniel Seymour articulated miscellaneous view points on the aspects of life that cannot be confined to a category because of the individualistic exquisiteness of the photos.

These elite photographers were shown their distinctive appreciation through the means of this exceptional honor.



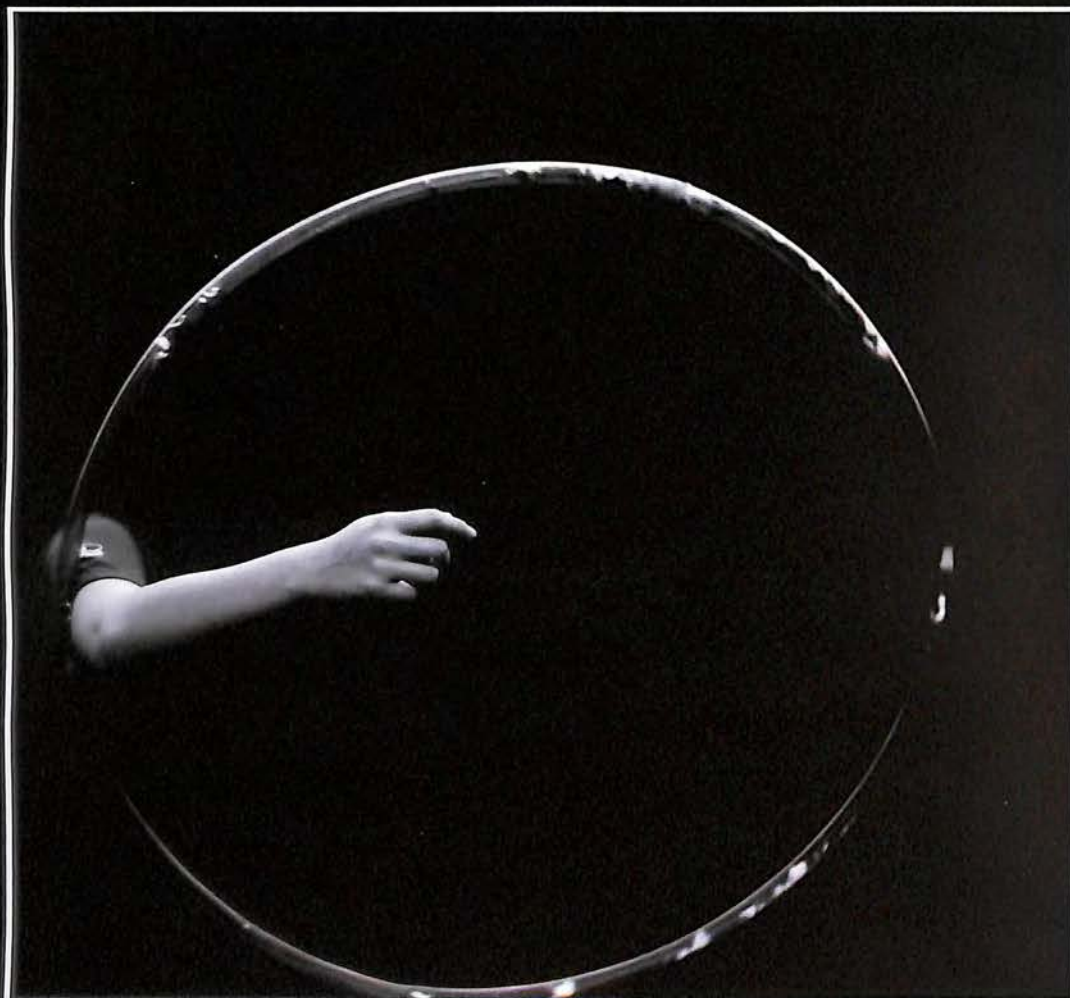
Julia Ferguson

My Photography

Photo Contest

Best Abstract

Jessica Nguyen



Jessica Nguyen

Julia Ferguson



Caitlin Williams

Jessica Nguyen

Nicolas Frobock

Best Animals

Jessica Nguyen



Jessica Nguyen



Gail Adams



Julia Ferguson



Nicholas Frobock



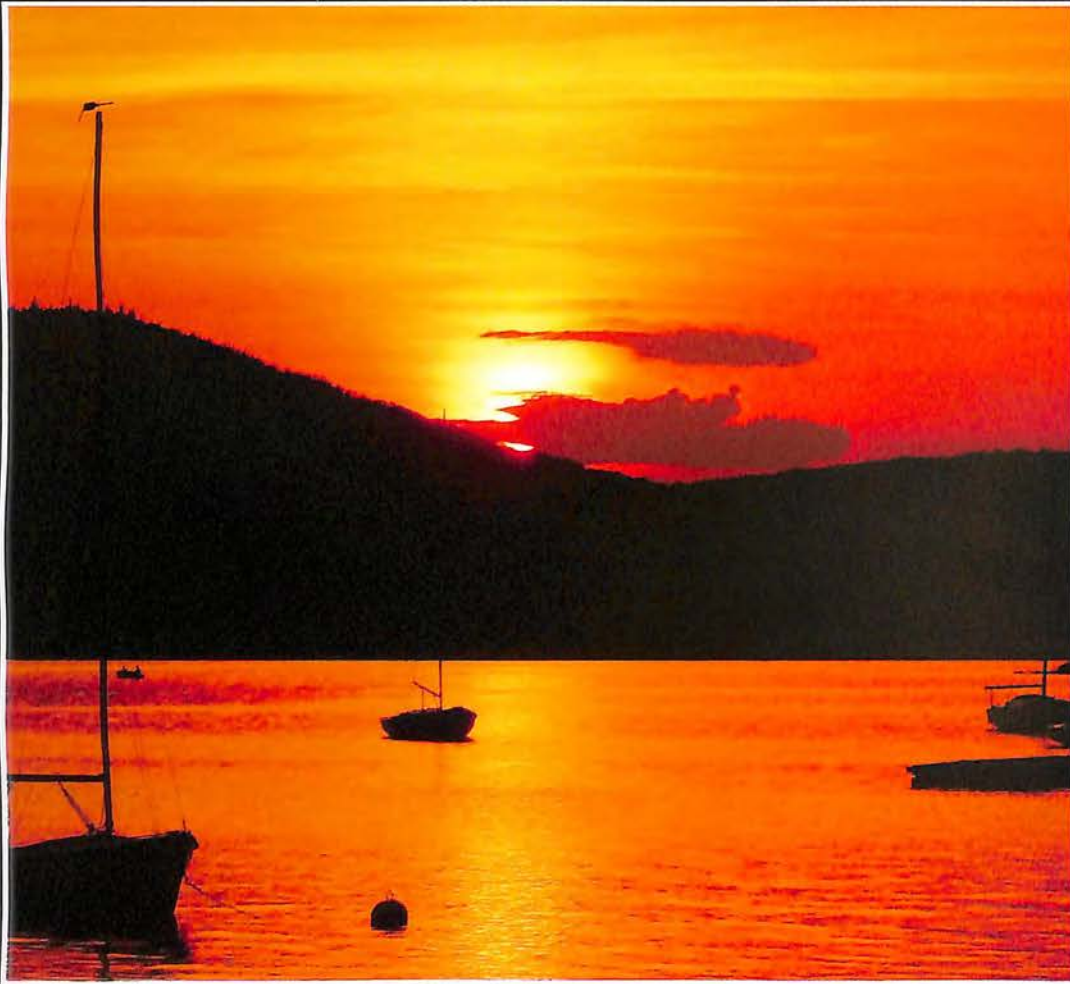
Julia Ferguson

Best Nature

Nicholas Frobock



Hannab Ferguson



Daniel Seymour



Ottilia Walker



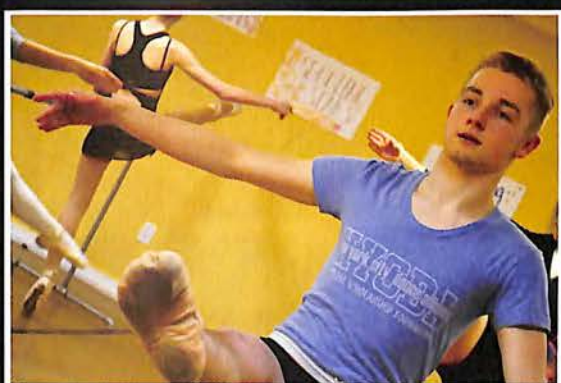
Nicholas Frobock



Liv Kiser

Best Assorted

Jessica Nguyen



Helen Bower



Liv Kiser



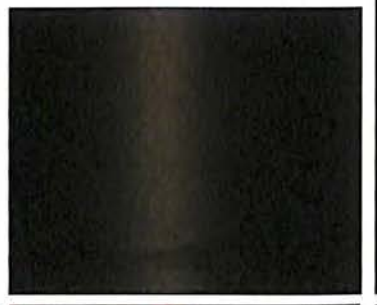
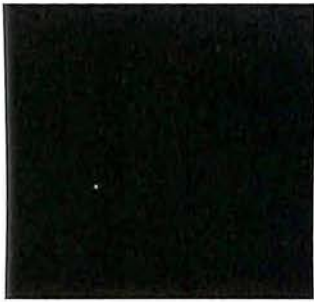
Jessica Nguyen

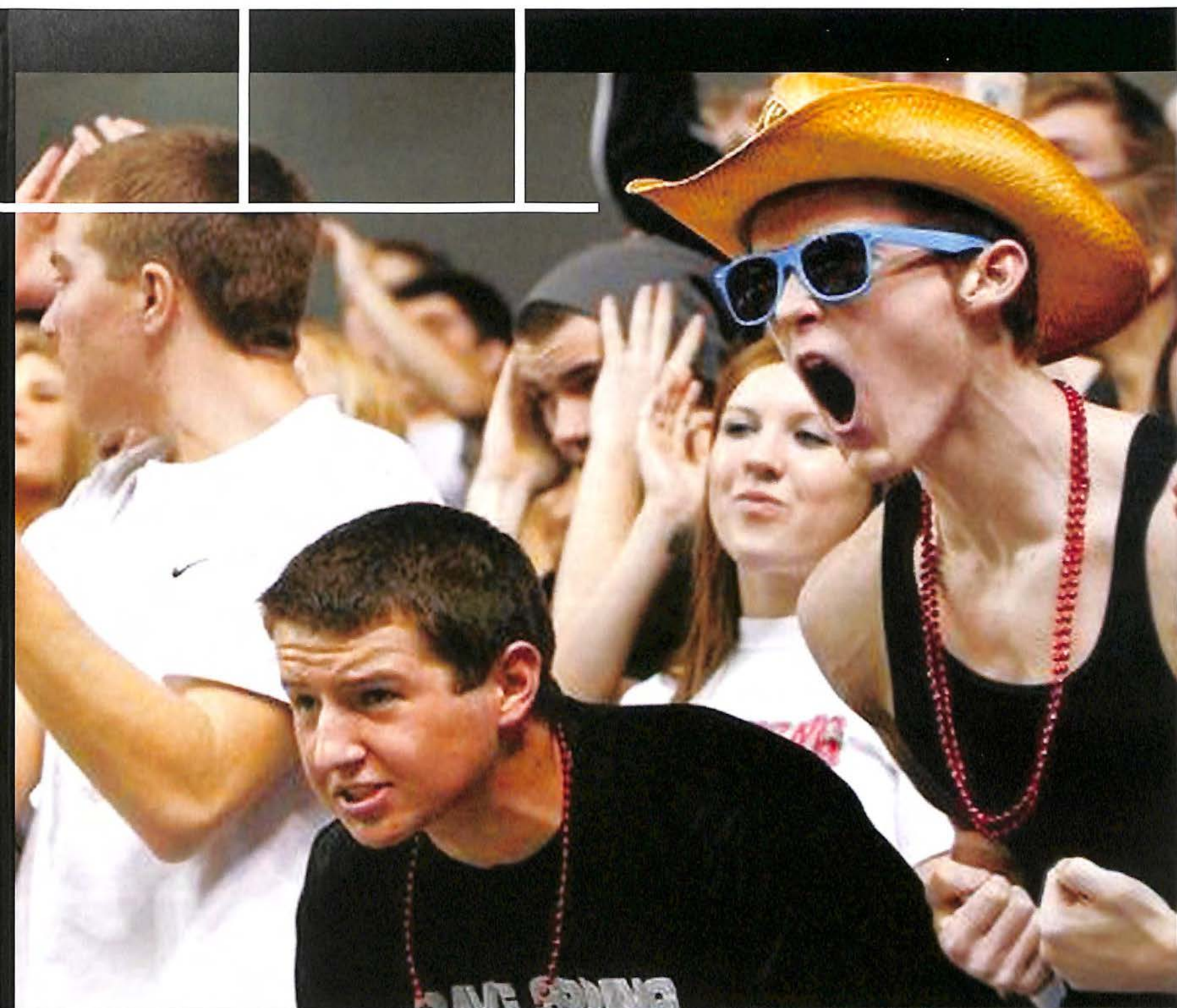


Nathan St. Clair



Daniel Seymour





Class of 2012

Seniors

Riding to Cure Diabetes

Juvenile Diabetes Research Fund

The Juvenile Diabetes Research Fund (JDRF) is a worldwide organization helping to fund research for treatment options and cures for Juvenile Diabetes around the world. Diabetes is an autoimmune disease that affects children and adults of all ages; it destroys the insulin-producing cells of the pancreas. Due to the attack on insulin in the pancreas, people with Juvenile Diabetes have to take daily insulin supplements to make up for their body's inability to produce it. The JDRF holds a series of bike rides around the country to help fund the curing of Diabetes.

Jack Kiser and his family took a trip up to Death Valley, California for the "JDRF Ride to Cure Diabetes". The race is a one day race, but the trip lasted from Thursday to Saturday. Jack said, "I decided to do this ride for Diabetes because my sister has Diabetes and I don't want her to have to worry about it anymore". The "JDRF Ride in Death Valley" is a 102.79 mile bike ride, with an elevation of 1,335.3 ft. "I really had to work toward this goal, considering it was 117 degrees on some places of the race course". The high temperatures of Death Valley are around 120 degrees, so during this ride it wasn't even at its high. The ride can make a huge impact on people's lives in many ways. "It changed my outlook on how drastic this disease really is", said Jack. The JDRF bike rides happen year around and will continue throughout the entire year. Avid bike fanatics around the world get prepared by training for their bike ride many months before the actual race. "I trained all summer long, and worked really hard to get prepared for helping the cure", Jack stated.

The JDRF provides local Cycling coaches to help prepare for this intense bike ride. Jack says, "The advice I would give to someone hiking this race in the future would be that if you want something, go get it, period." This bike ride can be a great experience for anyone who wants to achieve the goal of helping find the cure of Diabetes, one pedal at a time.

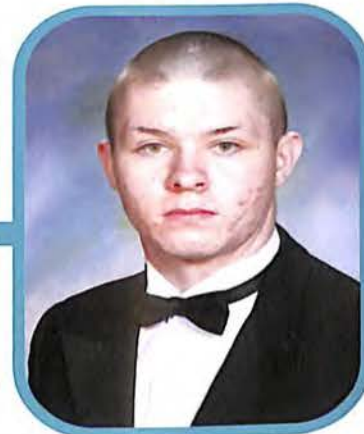


Amin Abuhawwas

Gail Adams

Eric Anderson

Kevin Arnold

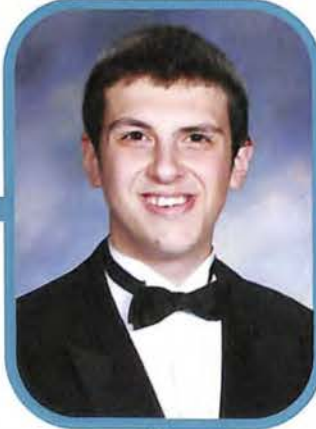


Elizabeth Avery

Fadi Azzam

Grant Backlund

Tanveer Bhatia



Michael Bier

Michael Bingham

Matthew Blades

Kohava Blount





Corbin Boodee

Brittany Boughal

Helen Bower

Shelley Bowles



Joshua Bowyer

Mary Britt

Chase Brittain

Matthew
Brunstetter



Maurice Bryant

Annabel Bryson

Jessica Buckley

Carrie Burke



Clare Burton

Cody Bushman

Anna Canale

Mackenzie Chance



Kazel Ciriaco

Austin Clark

Christopher Clayton

Daniel Cloeter

Studio: NYC

Summer Dance Academy

Summer Vacation is a time for relaxing and fun. Many students go on trips with family and friends to unwind and escape the hard work associated with the school year. However, two students took a trip for a different kind of escape. Jessica Buckley and Anthony d'Alelio both went to New York for the New York City Dance Alliance Summer Intensive held at LaGuardia High School – the inspiration for the movie "Fame". The two submitted videos of themselves singing and dancing as part of their application and were accepted to attend this two week dance program.

While in New York Jessica and Anthony took classes ranging from ballet and jazz, which were held every day, to hip-hop, tap and Musical Theatre. These classes varied throughout the two week period, in addition to vocal lessons which were held every day as well. These lessons were given by some of the most prestigious instructors in the country.

Besides classes, they engaged in activities in the city such as attending Broadway shows and enjoying time in central park. At the end of the program, the academy put on a showcase in which Jessica and Anthony performed in various pieces. Jessica performed a tap number and musical theater piece; Anthony performed a contemporary piece and musical theatre piece as well. The two were grateful for such an educative and inspirational experience.

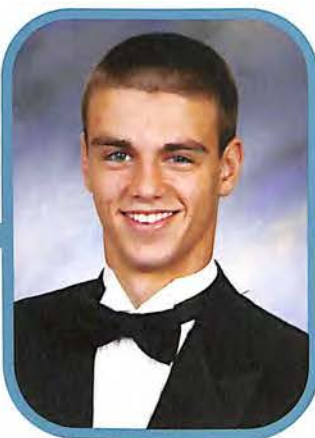


Dylan Cohan

Johnathan Colebrook

Peyton Conner

Kathryn Cotter



Victoria Counsell

Alexander Couture

Shannon Craighead

Clare Crawford



Jacqueline Crawford

Tyler Croes

Aaron Cupp

Anthony d'Alelio





Keoni Dade

Lauren DeGidio

Jennifer DeHart

Dominic DeLotto



Lena Didas

David Dodson

Callie Dorsey

Danielle Duff



Taylor Early

John Edmunds

Christina Elliott

Travis Emerson



Austin Epperly

Danielle Ferguson

Hannah Ferguson

Julia Ferguson



Devin Fleenor

McKennon Flint

Tyler Francis

Nicole French

City to City

Ashlyn's Summer Trip

Many students decide to travel with their families to different states across the continental United States. However, instead of traveling to just one or two different locales, Ashlyn Mastrangelo spent her summer on a coast-to-coast road trip with her family. Ashlyn started the excursion by going to South Carolina to visit her grandmother, and then went on to spend time in Louisiana, Texas, Arizona, Wyoming, North and South Dakota, Wisconsin, and Kentucky.

Like many parents, Ashlyn's parents decided they wanted to have a memorable vacation with the entire family before she went off to college. The family traveled over two thousand miles and they weren't just driving the entire time. They stopped and explored many different areas taking day trips to the Grand Canyon, New Orleans, and Mount Rushmore. The trip was definitely memorable, not only for the exciting family time, but for an interesting and unplanned side adventure.

Ashlyn and her family had the interesting experience of an over night stay in a junk yard. This of course was not a decision they intended to make (no one plans on subjecting themselves to that much inconvenience for the sake of family togetherness). During the course of their trip, their camper began experiencing problems and eventually broke down, so they waited the engine long enough to pull into the junk yard and set up camp for the evening until they could get the proper supplies needed to fix the camper and continue their cross-country adventure.



Nicholas Frohock

Forrest Gallup

Erica Garten

William Gerhardt



Ryan Gladfelter

Sydney Glassman

Colin Glenney

Danielle Goebel



Joshua Gottschal

Alex Greene

Willis Greenstreet

Jessica Gregory





Reece Griffith

Adam Guyes

Emily Hale

DJ Hall



Lea Hamilton

Joshua Hammes

Graham Harkey

Kyle Harris



Logan Harris

Courtney Hodges

Travis Hodges

Zachary Hodges



Jessica Linkous

Jerry Huang

Emily Jensen

Garrette Johnson



Meredith Kea

Muzzimal Khan

Hannah Kinder

Macy Kinder

Travel The World Together

Softball In Europe

Kayla was on the North American Stars Cup Team. They played softball in Rotterdam and The Netherlands and went 4 and 2 against the Dutch and German Teams. Most of the Dutch and Germans were in their 30's and 40's. Usually, softball is played outdoors on a field but with it being cooler, the Europeans played in a gym. "It was a lot different because the bases were 5 feet closer, no right field, the ball was softer and harder to hit, and they played it off the walls."

"It was a great experience but I like playing outside better," Kayla said. After playing ball they were able to tour around. One would think it would be hard to navigate around Europe but it was actually very easy because most Dutch people speak English and were able to point them in the right direction. It was gorgeous because of all the buildings, canals, and windmills. They visited Anne Frank's house and got to see where Frank hid, her letters, and even her journal.

After the Netherlands, they headed to Paris. They were able to see the Louvre, Arc de Triumph, Notre Dame, Napoleon's Palace, and the Eiffel Tower. "It was so beautiful." Kayla's favorite part was the Eiffel Tower. She loved being able to see all the sites from the top and loved the food. Kayla says, "it was a great experience and I would love to go back and do it again."



Reece Kingery

Jackson Kiser

Steven Klalber

Joshua Klimatis



Andrey Komlev

Shannon Koon

McKenzie Kostura

Zachary Lacy



Annabelle Layman

Emily Letora

Victoria Lichtenstein

Kelli Long





Patricia Long

Daniel Lord

Debra Lustig

Kayla Malkos



Jourdan Markey

April Martin

Holly Martin

Andrew Mastrangelo



Ashlyn Mastrangelo

Gabriel Maxwell

Amory Mayo

Ryan McCoy



Caleb McGuigan

Theodore Melnik

Mark Mercier

James Metzgar



Joshua Metzgar

Emily Meyers

Christopher Milan

Jessica Mitchell

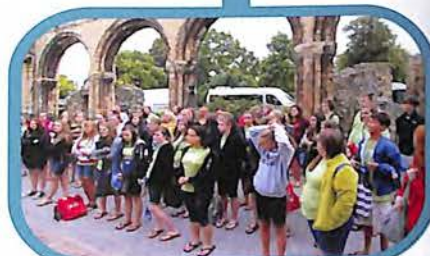
Enchanting England

Roanoke College Children's Choir

The Roanoke College Children's Choir went on a European excursion over the summer to perform in England. The choir normally had about two hundred and fifty members who sang in local concerts.

Senior Laura Powell (12) has participated in The Roanoke College Children's Choir for many years. Laura says her favorite part about choir is, "being able to share the greatest moments of my life with some of my closest friends." In the summer of 2011, the choir traveled to England, which was Laura's favorite trip. She enjoyed it immensely. When asked about her favorite moment, she responded, "It was probably singing in some of the oldest cathedrals in the world with singers from all around. The outside world melted away when we were singing together."

Women's voice types include soprano and contralto/alto. Lyric coloratura, lyric soprano, light lyric, full lyric, and mezzo soprano are all different variations of soprano. They range from high octaves to lower octaves. Men voice types are tenor, baritone, bass-baritone, and bass. All of the mens' ranges consist of deep voices, however some have more depth than most. Most choirs are separated according to their vocal "status".



Austin Mobley

Melissa Moody

Joseph Morganelli

Saim Mustafa

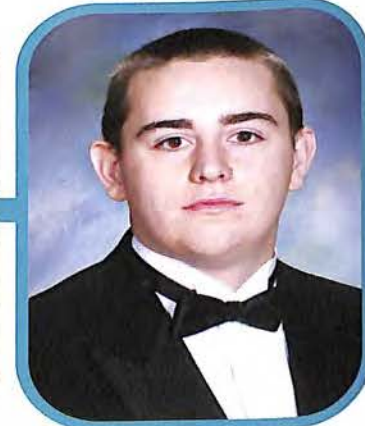


Charles Nastos

Jessica Ngyuen

Kasey Neil

Codie Ober



Michael O'Connor

Dillon O'Leary

Jonathan O'Meara

Conner Overfelt





Melissa Oviedo

Tyler Pace

Noelle Patterson

Jessica Paz'Tello



Andrew Peterson

Timothy Phillips

Michael Phlegar

Justin Plymale



Holly Poole

Laura Powell

Molly Raber

Caitlin Ragan



Ryan Reader

Jesse Reed

Jeffry Reoch

Alysia Richards



Harrison Richards

Katherine
Roatenberry

Stephen Robbins

Tatiana Rosa

Spreading Faith

El Salvador Mission Trip

During the summer Casey Taylor traveled to San Salvador, the capital of El Salvador, with her church youth group. The youth group stayed in San Salvador for a week and spent most of their time in an orphanage playing with and helping the young children that lived there. Casey said that it was a great experience to work with the children and that, "even though there was a language barrier, (they) still connected with the children and (they) will never forget how much they loved (them)." The children loved spending time with the youth group and got excited everytime they saw them.

While in San Salvador, her youth group organized a vacation bible school for an orphanage. During their visit, the youth group organized events for the children to participate in. They organized games, crafts, and other activities such as singing to entertain the young children. They also started building an equestrian ring that could be used for therapy for children in the orphanage that needed it. Casey said that the youth group's mission was to spread their faith and influence the children's lives through it.



Victoria Rothbort

Maegan Rutherford

Catherine Saliba

Erick Salinas



Lamone Saunders

Likeith Saunders

Melissa Schaefer

Kathleen Searl



Robert Seymour

Morgan Shannon

Taylor Shaw

Jacob Star





Anthony Simmons

Kelsey Sine

Hannah Sitze

Lauren Sledd



Amanda Small

Anna Smith

Nicole Smith

Jason Snebold



Alexander Snodgrass

Riley Snyder

Jacob Sortore

Daniel Sowell



William Steele

John Straub

Danielle Stump

Daniel Swaffar



Austin Sweeney

Devon Tanner

Erin Tanner

Casey Taylor

United in Interests

Senior Favorites

Seniors are a separate group, set aside from the rest of the school, who seemingly have a mind unlike the rest of the school. This exclusive class developed favorites throughout their final year in their castle. Harry Potter and the Deathly Hallows, part one and two, was the favorite movie on the big screen while Switched at Birth and Criminal Minds was preferred for T.V. shows. The senior class's cherished store was TJ Maxx. Buffalo Wild Wings was the desired place to eat after a long fought game, while in school, pork steak and gravy with mashed potatoes was the unquestionably favorite school lunch. Being seniors, these students let senioritis kick in and selected study hall as their favorite class. Having spent their lives with their friends, the senior's favorite part of their final year, the day that stuck out from all the others was the day of their official end of their high school year, Friday June 8th, 2012



Alexander Thomas

Ashley Thomas

Brianna Thomas

Elizabeth Thompson



Dylan Tokotch

Nicklaus Usery

Zachary Utterback

John Varney



Ashlen Veatch

Luke Volosin

Troy Von Beck

Christopher Wagner





Benjamin Walker

Kyle Walker III

Ottilia Walker

Stormy Welcher



Jessica Wells

Elizabeth Williams

Michelle Williams

Savannah Wilson



Adam Witham

Zev Woodstock

Clay Woody

Emily Wright

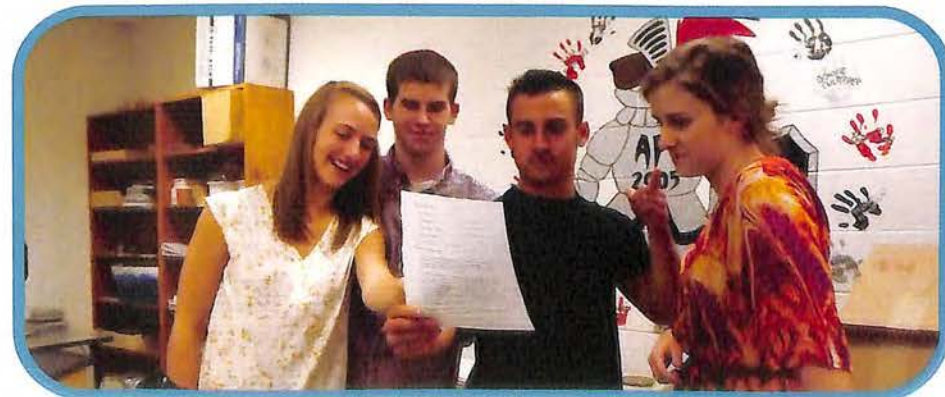


Samuel Wright

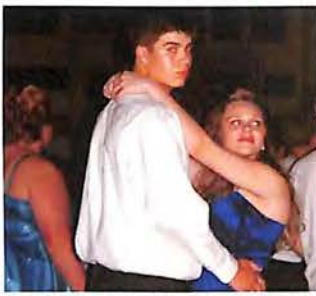
Meredith Young

Michael Zhang

Erik Zimmerman



Senior Class Officers. The senior class officers discuss important class events in SCA sponsor Mrs. Margaret Taylor's room. During the year, Shannon Craighead served as President, William Gerhardt served as Vice-President, Elizabeth Williams served as Secretary, and Ryan Gladfelter served as Treasurer.





Classes of 2013-2015

Underclassmen

A Helping Hand

Disciple Now Youth Retreat

DiscipleNow(D-Now)isaretreatweekendforallChristianYouthGroupsthroughout the Roanoke Valley. The church youth, which is a large portion of the church, go out and have the chance to play an important role in student lives'. D-Now is community focused and set to help people in the Roanoke community. Courtney Cooper, a Cave Spring Junior, participated in Vinton Baptist's D-Now weekend. Cooper said, "D-Now weekend was such an inspiring trip where I made lots of new friends and grew stronger in Christ." D-Now participants stay in "Host Homes" all weekend. Host Homes are homes are opened by church family's who are willing to give the young people a place to stay and eat. Each group picks a community service project to work on throughout the weekend, helping a family that is in need. Cave Spring teacher, Alan Moore, is the youth leader at Vinton Baptist, and helped with the D-Now weekend. "It's so amazing how each and every person in the youth group can help in such big ways, making a huge impact in the community. D-Now has been a retreat weekend for several years and will continue to make a huge difference throughout the world," stated Mr. Moore.



Jared Adams

Marvi Ali

Olivia Allen

Megan Argabright



Shawn Arthur

Maya Azar

Mouhanad Azzam

Connor Baker



Mary Balzer

James Beheler

Clayton Benton

Madison Billings





Adam Bishop

James Blackwell

Andrew Board

William Bradley



Nicholas Brediger

Carly Broome

Zanebia Brown-Saunders

Dylan Brucki



Jacqueline Bryant

Jordan Bryant

Cody Burchett

Stuart Burke



Madelyn Burton

Kathryn Butler

Lauren Butler

Cody Caldwell



Travis Calloway

Joseph Caplinger

Sarah Cattigan

Lauren Chapman

Performances Around the World

Dancing in Prague

*K*athryn Butler has been dancing since she was four years old and has spent 5 years in Southwest Virginia Ballet. Now a senior company member, she has taken classes in ballet, jazz, modern, lyrical, tap, and pointe.

Over the summer, her dance company joined a program with other dance groups from around the world that went to Prague to take dance classes with international teachers and participate in the New Prague Dance Festival and Competition. The Southwest Virginia Ballet group does not usually compete, as is company just dances for the joy of it and to expose people to the art of dance. The students just wanted to learn and not worry about a competition or let competitiveness get in the way of making new friendships. A wide variety of dances were performed by the dance company in Prague, consisting of romantic ballet, classical ballet, neoclassical, and pointe character, some of which were choreographed by the company's director Pedro Szalay. Although they were not there to compete, the group ended up winning 1st place for costumes with original choreography and 1st place for classical dance. Kathryn said that her favorite part of the experience was making friends from other countries, most of whom she still keeps in touch. When asked about her love for dance, she explained, "Seeing that art such as dance is truly international was amazing. I loved being able to meet hundreds of people my age that love dance just as much as I do on the other side of the world. Dance proves to be a language in itself."



Emily Chrisman

Michael Christley

Michael Colozza

Courtney Cooper



Eric Culbertson

Kerri Dalton

Weston Dean

Molly Derryberry



Jackson Doyle

Emily Drinkwater

Taylor Duncan

Erika Durrance





Jessica Dwyer

John Eichblatt

Marwa Eltaib

Caroline Evans



Jonathan Evans

Lauren Fariss

Caleb Fisher

Hailey Fitzwater



Ryan Flora

Adam Foutz

Jennifer Frank

Hannah Furrow



Delaney
Garcia/Vega

Eliza Gaylord

Evan Gill

Matthew
Gladfelter



Ian Glenney

Kyle Gunville

Elvera Gurevich

Bree'Ann Guthrie

Foreign Exchange

Studying in France

Anna Henshaw first realized her love for traveling when she spent a short time with a family in South Korea. After this first cultural experience, she decided that she wanted to travel throughout her life. The idea of becoming an exchange student came to mind after the last time her family hosted a Korean exchange student, which was during her sophomore year. She began looking up foreign exchange programs similar to her previous short one, and saw websites that offered full year exchanges. At first, Anna thought this would be too difficult for her to manage, but the idea slowly grew on her.

The program Anna decided to participate in was called Rotary International, a service organization that works to improve the world and has an extremely active student exchange program. Anna says she hopes to take math courses while in France since those courses are fairly international. Because she has only been taking French since her sophomore year, she is sure she will be an excellent charades player by the end of her journey and is glad that her classes in France will not count for credit. In late August Anna will be departing from America to the town of Calais, a small town in northern France close to England. As of right now, there is no word about who Anna's host families will be, but she hopes she will know more about them soon. She will return in the summer of 2013 and will see her family during the latter part of her stay. Anna is extremely excited for her upcoming school year and truly believes "living in another culture is an eye opening and remarkable experience."



Haylie Hamilton

Erin Harris

Jessica Hart

Anna Henshaw



Hunter Hickam

Austin Hill

Clive Hillyard

Grace Holley



Erin Holsinger

Janos Horvath

Bailey Jenkins

Breana Johns





Lauren Joiner

Jenna Jones

Remington Jones

Taylor Jones



Michelle Justice

Dakota Kelly

Candace Keng

Sarah Kerenyi



Matthew Ketterer

Byung Kim

Olivia Kiser

Bryan Kolozvary



Lucas Kosinski

Brandon Krapa

Garrett Lee

Zachary Leet



Kathleen Legg

Isabel Lemay

Madeleine Lerch

Jerilowe Lim

"I'm in the Band"

We Burned the Skyline

The band We Burned the Skyline was formed in March 2011 and now includes Tim Rindorf, Cody Rogers, Collin Ensor, Zach Carr, and Eric Sutton. They play metalcore and deathcore music and are inspired by the bands Sleeping with Sirens, Nile, Born of Osiris, and Nightwish. The back story of the band's name came from a dream Tim had. He said, "One night I had a dream that Cody and I were standing on a hill, and he pulled out a match, lit it, and the whole sky lit on fire." The first song they ever wrote was called "Till Death Do Us Part", which was written in December 2010, before the band was even formed. We Burned the Skyline has performed at various house shows in Roanoke, some variety shows with other teen bands, a Kendall Bayne benefit concert that Tim helped organize, and in a national battle of the bands where the band came in 4th place. This past year, they have released an EP album titled *Fist Your Family*, which has received outstanding reviews from listeners. When asked about why he wanted to start a band, Tim said, "I started this band because I had been in previous bands, and performing original music for a crowd and having them go insane is the best feeling ever. You only get the 'insane' reaction in a metal band."



Marsha Line

Annice Link

Colby Loftus

Tania Lopez



Coty Love

Siera Loveday

Julia Lowen

Melody Makoui



Heather Martin

Adair McCabe

Tanner McCoy

Samuel McGray





Ryan McDowell

Daniel McGee

Alyssa McKinley

Meagan McLeod



Simbada
Mehmedovic

Bailey Micklem

Laura Miller

Natasha Miranda



Ian Moonen

Luke Morgan

Nathan Morrison

Victoria Muncy



Dorothy Nguyen

Maria Oakley

Ramie O'Brien

Jarrett
Overstreet



Smit Patel

Joseph Peery

Sarah Penny

Nicole Podlecki

Putting on a Play

Summers at Shakespeare Camp

Every summer since 2009, Caroline Whelan has spent three weeks at a Shakespeare Camp at the American Shakespeare Center in Staunton, Virginia. This is located at the Blackfriars Theater, the only reproduction of Shakespeare's indoor theater in the world. The camp is affiliated with Mary Baldwin College and students have the opportunity to work with acting MFA and BFA students and teachers from the college. At the beginning of each session, Caroline had to audition for a part in one of the three plays put on. After she and the other campers were separated into each play, the days consisted of warm-ups activities such as yoga, master classes, lectures by professionals, play rehearsals, and other activities.

Caroline's fascination with Shakespeare comes from the fact that people still read his works hundreds of years after they were written. "Knowing that people who were alive four hundred years ago heard and spoke the same words I've read and heard and spoke is just interesting to me." Her favorite part of attending this camp is meeting new people. Campers are shy and awkward at first, but all become friends and eventually a family. Eventually the camp seems like it's flying by, and campers often say, "the days are long, but the weeks are short." Caroline's favorite plays are *Macbeth*, *Cymbeline*, and *The Winter's Tale*, but at camp she has performed in *Macbeth*, *Richard III*, and *Two Noble Kinsmen*. Her favorite part in the play was when she was a member of "the mask tribe" in *Two Noble Kinsmen*. For this part, Caroline had to play twelve different characters throughout the hour-long play. She stayed on stage during the entire play and had the opportunity to work with neutral mask.



Alexander Poff

McKenzie Prillaman

Lavanya Shree
Raghavendra'
Prasad

Matthew
Randolph

Dillon Rebok

Allison Reese

Brice Reid

Amy Reilly

Lisa Reimann

Matthew Reiter

Timothy Rindorf

Lauren Roach



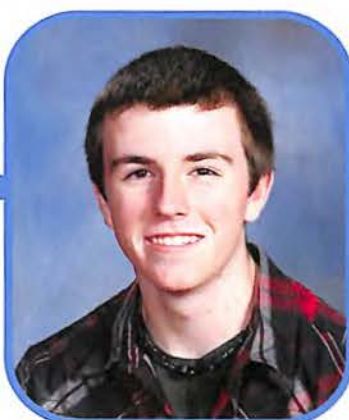


John Roberts

Cody Rogers

Colin Rooney

Ebony Ruffin



Rhea Rupert

Harrison Russell

Jacob Schuyler

Kendall Scott



Briana Setliff

Tyler Sharp

Ana Silva

Amanda Simmons



Terrell Simmons

Tiffany Simmons

Christina
Smallwood

Caillin Smedley



Brett Smith

Erin Smith

Sarah Smith

Shelby Smith

Need For Speed

Motocross Racing

Dillon Rehok (11) received his first bike when he was thirteen years old from his older brother, Cody. His brother outgrew his bike, so he handed down his hold bike to Dillon. Dillon thought it would be cool to learn how to ride a dirt bike. His dad taught him how to ride and he caught on quickly, he mastered it the first day.

The dirt bike was a Kawasaki KLX 110. Dillon said, "It was the best feeling ever" it was a big hobby of Dillon's and he enjoyed riding the bike. Dillon travels to Martinsville and other places around the southern parts of Virginia for practice and competitions. He has won two trophies in both of the competitions he has raced in. He mostly just rides for the thrill. Now Dillon has a Honda CRF 150 R, he likes this bike better because it is smaller and easier to control on the course.

Dillon rides every weekend until his bike runs out of gas, or until it gets to dark to ride safely. He rides with some of his friends, Bailey Micklem (11), Landon Snyder (10), and Connor Baynet (8). Dillon rides to relieve stress, "when you get on the bike, all you think about is riding and what is in front of you. You forget about all your stress and it just makes you feel better". The farthest he has traveled to compete is Durhamtown, Georgia. Dillon and his dad went back to Georgia for spring break just to ride and practice. The course has eight different tracks one can ride on and perform different types of stunts. Bailey Micklem (11) has won a trophy and different metals out of the competitions he has raced in. Bailey stated he rides because "everytime I ride, the tracks are challenging and is exciting. It is something different and it gives you a good adrenaline rush every time you suit up and ride."



William Smith

Inani Sowell

Robert Stanley

William Steele



Tanner Tamaro

Victoria Thomas

Paige Thompson

Marta
Timmerman



Bradley Tomlinson

Colleen Truskey

Kenneth Tryal

Brenda Turcios
Perez





Andrea Van
Kerckhove
Jennifer Vigh
John Vitello
Brianna von Beck



Ashley Wagner
Mark Webb
Matthew Webb
Kyle Westlake



Rebekah Wheeler
Caroline Whisnart
John Wiggins
Carys
Wigglesworth



Brandon Williams
Jack Woody
Joshua Zayas
Blaine Bittinger

JUNIOR CLASS OFFICERS, Marsha Line (11), Adair McCabe (11), Eliza Gaylord (11), and Hailey Fitzwater (11) are planning activities for the junior class. Students campaigned for their offices at the end of their sophomore year with speeches and video's shown on the close circuit television. Then the sophomore class, voted on who they wanted their class officers to be. Officers then began planning activities for the class to participate, such as homecoming hall decorations.



Ring of Success

A Swimmer of Victory

*F*ew athletes graduate from high school with a coveted state championship ring, yet Hailey Bivens, a sophomore, is swimming her way into the record books at Cave Spring. After winning a state ring her freshman year, Hailey continued to exert herself at an elite level of dedication to the sport. This dedication led her to winning her second state title of her young high school career this past season. The relay team of Hailey Bivens (10), Maggie Harmon (9), Lauren Cowher (10), and Jaqueline Crawford (12) broke the state record for the 200 meter free style relay in route to winning the state title for the event.

Hailey Bivens knows all too well that success like this does not come without sacrifice and hard work. For Bivens, there is no off season. The sophomore swimmer attends practice both before and after school, and on the weekends. Her day begins before most teenagers her age are even awake, as she has practice at 4:30 am before school. Her time in the pool does not end there, however, as she goes to swim practice again when school lets out. Bivens' dedication, coupled with her commitment to school, often leads her to miss social events with her friends. These many sacrifices by Bivens will prove to be well worth it though once she graduates, as Hailey aspires to swim in college.



Brianna Agee

Elijah Ahmed

Taylor Alout

Rachael Altice

Austin Amos

Taylor Anagnostou

Corey Atwater

Nathaniel Axt

Karibul Ayens

Peter Ayers

Elias Azar

Ulises Buggain



Edwin Ball
 Skyler Barbour
 Hunter Barker
 Kendall Bayne



Parker Benzie
 John Bertrich
 Lance Bibbs
 Hailey Bivens



Meagan Beard
 Destiny Bonds
 Kayla Borie
 Melinda Boyd



Julia Bratu
 Chad Brittain
 Maxwell Cameron
 Benjamin Cardenas



Jacob Cash
 Sean Champney
 Sandy Chang
 Patrick Chen

Ten Girls of One Goal

Girls Lacrosse

Sarah Lowen (10) is an astonishing athlete who has a love for lacrosse. She ran indoor track for the high school during the winter season in order to stay in shape for her core sport. Sarah played lacrosse on the South County Lacrosse team along with many other girls' lacrosse players at the high school. Sarah was equated with her teammates Lena Didas (12), Casey Taylor (12), and her sister Julia Lowen (11). South County Lacrosse was a club sport that catered to any girl who did not participate in their school's team or played club because their school did not have a team. Sarah played the positions of midfield and attack which required running an average of three miles or more during a game. The lacrosse team played against other schools such as Patrick Henry and William Flemming; however, they also played against other various club teams. The coach for South County, Emily Phillips, used to be a coach for North Cross's field hockey team but jumped at the chance to coach lacrosse, since she used to play for Roanoke College.



Bobbie Chumley

Emily Clark

Jordan Clifton

James Cole

Groff Collins

Emma Conner

Lauren Cowher

Adam Cox

Lisa Crawford

Natalie Cupp

Kyle Curtis

William Davis

(20)





Emilee Derryberry

Aaron DeVera

Mikael Diaz Perdue

Kelsey Dickerson



Bryan Dreyer

Victor Duval

Mason Early

Sean Easley



John Edwards

Jennifer Elig

Collin Eneor

Abigail Epperly



Cody Eubank

Taylor Eubank

Sierra Evans

Katherine Farley



Griffin Ferguson

Hollie Ferguson

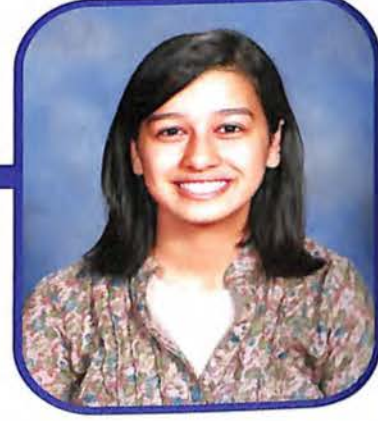
John Ferguson

Katie Fortner

Many Minds as One

Sophomore Favorites

Sophomore year is the year when students are starting to make a name for their class. The sophomore class had their preferences of events and shows. Early in the year, sophomore students loved the football games more than any other athletic event that was held by the high school. The intensity of the game and the results that the football team produced made the games extremely exciting for this class. For relaxing vacations students preferred Spring Break as their favorite time off from school. When away from school, many of the sophomores commonly chose Daytona Beach as the popular vacation destination. Just before Spring Break, the Hunger Games came into theaters. The movie attracted many sophomores to the movies. After they saw the movie it was chosen as the movie of the year for the class. On the small screen, however, *Pretty Little Liars*, *The Bachelor*, and *House* were their favorite television shows. The sophomores eagerly awaited the end of the year anticipating starting the new school year as juniors.



Avenia Full

Emily Fulton

Taylor Gardner

Kenneth Canivet

Lou Gorgoulis

Meghan Giannone

Kelly Graves

Deena Habasi

Charles Hage

Elijah Hager

Sam Halder

Ian Hall



Claire Harkey

Colin Harris

Kathleen Harris

Carl Heath



Noah Holland

Annie Hough

Camillus Huggins

Sarah Hummons



Eric Jeffers

Michelle Jirout

Taylor Kaase

Megan Karpow



Megan Keesee

Allieon Kelley

Thomas Kidd

William Kidwell



Caitlyn King

Tanner King

Benjamin Lacy

Edison Lagan

Music Takes You Places

Travels to Poland

Throughout the summer, students travel to foreign countries to gain perspective and have new experiences. For Megan Pasquarell, that cultural experience happened to take place in Opole, Poland. Over the summer, she heard about a trip to Poland with the Roanoke Youth Symphony Orchestra and thought that it would be an amazing experience. At first, she just attended a few meetings, but soon she was determined to pay for the trip and go. Megan and four other members of the RYSO traveled abroad for two weeks in early August. When in Poland, Megan was hosted by the Lahuga family whose son, Kamil, had come to America the year before to explore Roanoke and perform for the community and RYSO. The students stayed in Opole for the majority of the time, which is a Sister City with Roanoke.

During their stay in Opole, Megan and the others took tours around the city and other neighboring places. For the most part, they would just walk around, viewing the sights and shopping. Later during their stay, they attended an international music camp to take lessons with world renowned teachers and learn tips from other people. Her favorite part of her stay was touring a city called Krakow because of the market square and the delicious restaurants. Megan also met many people, especially at the music camp. She has around fifty friends on Facebook from Poland. A large part of her experience, though, was touring Auschwitz. She feels as though it changed her and says "I was in shock for a couple days after that." All in all, the experience was well worth her time and made a huge impact on her. Megan will never forget her days in Poland.



Sarah Lawryczek

Kayla Lester

Michaela Lester

Alexander Line



Hunter Loving

Sarah Lowen

Christopher Lucas

Krzysztof Luzynski

Andrew

Maciazowski

Harold Manala

Christopher
Mannon

Cayla Martin





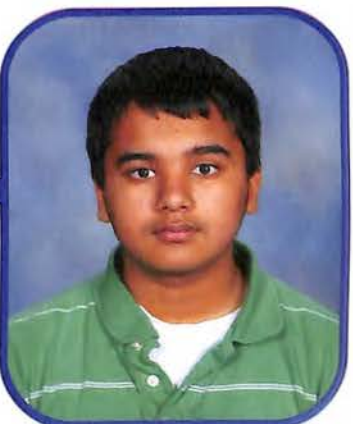
Erin Martin
Chase McDaniel
Chandler McGraw
Tyler McLeod



Kaleb Mehrer
Brett Meyers
Justin Miller
Paul Mills



Kayla Minton
Haley Mitchell
Lucas Mobley
David Morrow



Matthew Mart
Erika Mountcastle
David Murphy
Shabi Mustafa

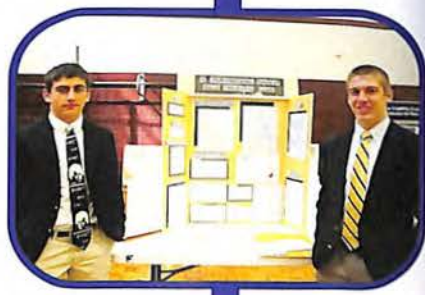


Matthew Neil
Lauren Nepper
Jesse Newman
Alexander Nguyen

Project of Triumph

A Sports Fluid Study

Sebastian Welford (10) is a bright young mind in the evolving technological world. Sebastian, who was a straight A student, was accepted into the Governor School. At this school, he underwent a science fair project with a fellow Governor's School student Walker Brand (10) of Hidden Valley High School. These two minds put together a study on the potential use of certain fluids in sporting equipment. After they completed their project, Walker and Sebastian had to prepare a presentation for judges at the county science fair. Their hard work went on to prevail at the county level science fair where they were awarded first place, leading them to go onto the regional level. Parker Benzie (10) also achieved first in his division at the county level and went on to reach a second place finish at the regional level. Parker also attended the Governor's School that Sebastian and Walker went to. Sebastian and Walker's project, "A Hydrodynamic Study of Shear Thickening Fluids," went on to reach third place at the regional science fair. The regional accomplishment was a symbol to the bright future ahead of Welford.



Shannon O'Leary

Megan Pasquarell

Branden Perry

Siera Pendleton

Davin Phillips

Matthew Pilegar

Ashia Qazi

Breanna Kagan

Cory Kauchelien

Justin Kauchelien

Christie Reed

Dulany Klenyon





James Kudler
Kylie Kudler
Selena Salazar
Binuk
Samarasinghe



Anthony Sanders
Olivia Saez
Annalee Schuck
Mckenzy Settles



Daniel Seymour
Robert Shelton
Lauren Sigman
Alexander Smith



Brooke Smith
Nicholas Smith
Nicholas Smith
Mackenzie Snyder



William Snyder
Jacki Spencer
Jordan Stafford
Cassidy Stovall

Four Events of Brilliance

A Prospering Gymnast

Stephanie Weisburg is an aspiring, young, talented gymnast, who is competing in her 14th year of gymnastics. Stephanie currently practices at the Roanoke Academy of Gymnastics. In 2011, Stephanie competed at the Junior Olympic National Championships for Women's Gymnastics. She qualified for the Junior Olympic competition at a level 9. In order for her to accomplish this prevailing triumph in gymnastics, Stephanie had to practice at least twenty hours a week, four hours every week day, and she even practiced extra on weekends. Stephanie's favorite event was the floor events. In the floor events, gymnasts were able to choose their desired selection of instrumental music. This allowed performers to express themselves in their routine. While Weisburg did not love the beam all the time, at her Region competition she received an outstanding 9.45 on the beam. This young gymnast has a bright future ahead of her.



Courtney Stever

Tyler Tallafeno

Mikala Tapp

Michael Tate

Jayce Taylor

Noah Thompson

Logan Turner

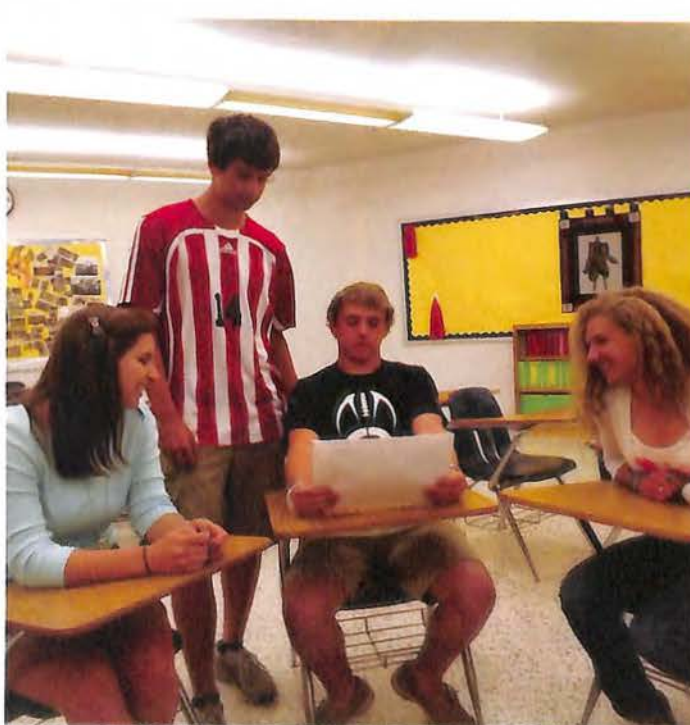
Heather
Vandergrift

Amy Yeatch

Rachel Wadell

Stephanie
Weisburg

Sebastian
Wolford



President Benjamin Cardenas(10), Vice President Jacob Cash(10), Treasurer Kallie Wilkes(10), Secretary Katie Fortner(10)

Hannah Wellons
Austin Wells
Tara Wells
Steven Westlake

Julia Weston
Stephanie Whitt
Kallie Wilkes
Carlynn Williams

Zachary Williamson
Jonathan Wingfield
Luke Woode
Emily Woolwine

Cassandra Wright
Erika Zeller

Get Your Game On

Summer Softball

Abby Beatty's summer was not as relaxing as those enjoyed by some of her classmates. Abby spent her summer playing her favorite sport, softball. Abby attended a softball camp at The University of North Carolina where Abby and about eighty other softball players participated in different training activities. The softball camp lasted for five days Monday to Friday. Not only did the camp participants get to work with coaches from the University of North Carolina, but they also stayed in the dorms on campus.

Each day the players alternated between hitting and throwing drills to refine their skills. Towards the end of the camp each player was put on a team and then proceeded to compete in a tournament where each team played against each other. Because Abby was one of the top players at the camp, she was awarded with an All-star team award. Abby is excited to bring her skills back home to play for the Varsity Knights.



Wyatt Alshire

Taylor Agee

George Ahl

Saffaya Ahmed



Ty Albritten

Catherine Alcock

Justin Alouf

Nicole Armstrong



Rahya Asim

Lauren Austin

Smriti Bagam

Lauren Baker





Rachel Baker
Isalah Baylor
William Beard
Abigail Beatty



Jordan Bennett
David Blades
Andrew Bond
Griffin Bower



Katelyn Bradley
Thomas Bradley
Tiffany Bradley
Brandon Brenner



Jaemine Brooke
William Brooke
Chase Brown
Mercedes Brown



Hannah Bryant
Alanna Bullock
Kelsey Burchett
Charles Camden

Glider Flying

Up, Up, and Away

Grace Molunphy(9) has been around planes her whole life. When her dad was sixteen he earned his pilot's license and has been flying ever since. You aren't allowed to fly alone until you're sixteen years old. Before then, you have a student pilot's license, which is equivalent to a learners permit. The family travels to Blue Ridge Soaring Society in New Castle, Virginia to fly. "The society is like a country club, we are all like one big family", she said. Grace has known that she has wanted to fly since she was a little girl. The family owns two planes, a glider plane and a twin engine plane. What is unique about the Molunphy family is that they fly both planes as a family activity.

Glider planes are different because they have no engine. They are a lot easier to control, quieter, and less bumpy. Because they have no engine, Gliders are controlled by the wind. To take off they are pulled by a tow-plane on a thick rope. Grace said "I like to fly gliders because I like the way it feels when you take off, you feel so in control and that's the best part. Once you're in the air and look down, the view is so pretty. I just love the way it makes me feel and how quiet and soothing everything is."



Kayla Carver

Ryan Carver

Samantha
Caraway

Laura Cattigan



Jacob Clark

Sarah Clark

Meghan Cole

Grant Cole



Nicholas Colozza

Darren Craighese

Juliana Crowder

Annabelle Davis





Lila Derrico

Eric Dishner

Meghan Dowdy

Mackenzie Duncan



Trevor Durham

Danielle Durrance

Kaitlyn Dwyer

Alexis Elliott



Safa Eltaib

Alex Emery

Brendan Eubank

Andrew Farley



Richard Fishwick

Kinsley Fitzwater

Aidan Fleenor

Cole Flora



Lauren Flores

Zachary Foutz

Alayna Francis

Connor Frazier

Just for Kicks

American TaeKwonDo

TaeKwonDo America is a national organization, that lets students participate in the program of martial arts instruction. Andrew Farley (9) has been doing TaeKwonDo at Abbott's KaeKwonDo in Roanoke for two years. During the week, Farley goes to the center to practice and engage in his TaeKwonDo skills and talent classes. TaeKwonDo is a literal translation meaning "foot", "fist", and "way". There are 9 belts in the TaeKwonDo curriculum. Farley, is a senior blue belt, which means that soon he will be a rising brown belt. Students must be tested by instructors before they move to the next belt. "I really like doing TaeKwonDo, it's really fun and I love everything about it", Farley says.



Brennan Gallagher

Danielle Gallant

Khoelen Ganbayar

Jordan Gilson



Darian Goodrich

Justin Goria

Emily Graham

Alexis Green



Antgail Gregory

David Guillaume

Travis Gunville

Emily Hadfield





Austin Hahn

Kristina Hale

Kayla Hall

Rodger Hall



Veronica Hamilton

Matthew Hamn

Maggie Harman

Kendall Harris



Daniel Hartman

Tyler Hazelwood

Evan Heath

Elena Hernandez



Wesley Hicks

Samuel Hillyard

Layan Hinson

Lydia Hoepfner



Gillian Horn

Zoe Horn

Nicholas Houheulo

Zachary Howard

Around the World

Traveling around the world for fun

In life, people are always wishing they could visit or live in another country other than their own. They think it would be cool to visit and get a taste of how people live in other countries. Brandon Brenner (9) travels around the world every summer visiting different places while on vacation. His family each summer pick a different place to visit and then make plans to go. A few past places Brandon's family has gone to is Australia, Europe, and Barcelona. "It's so much fun being able to travel around the world for vacation, instead of the usual beach trip students take in the summer. I think adapting to the different life styles for a long term would be really hard. I like to go different places every summer and escape from Virginia," Brenner stated.



Kaitlyn Huff

Kayla Huff

Adam Huffman

Ryan Hunter



Craut Laniello

Ryan Ler

William
Imman'soeke

Andrew Jacobson



Marshall James

Kelley Johnson

Taylor Johnson

Chloe Kestler





Yvette Kennedy

Cameron Kenny

Kylie Kent

Hannah Kilgore



Shane Kinchen

Haley Kingery

Charity Kimaitie

Cortanea
Kimaitie



Amber Koleszary

Joe Lankford

Caroline Laughon

Alina Lemire



Lauren
Lichtenstein

Jeremy Linkous

Amanda Manson

Tanner Martin



Jolie Matze

Cameron Meghee

Justin McGuire

Sydney McEligue

Move Across the Country

Traveling a long way to America

Coming from Switzerland to America, Grant Patterson traveled 4,246 miles and 8 hours of flight time to reach Roanoke, Virginia. Grant lived in Switzerland from the time he started first grade. When asked about his life in Switzerland, Grant discussed the many differences between the two countries.

There are huge differences between the culture of Switzerland and the United States. "It's more spread out here, where in Switzerland, everything is crowded and everyone is pretty much on top of each other," Grant stated. "Not only is the culture different, but so is the language. Where English is spoken here, German is the more common spoken language in Switzerland. "It was hard to learn the language at first, but after time, I finally got it right". Grant said, "it was a really fun and a great experience."



Zachary Meadows

Robert Milly

Julie Mitchell

Grace Molumphy



Sara Morgan

Melissa Mertellaro

Kelsie Moore

Sara Muncy



Carllyn Murphy

Michael Murphy

Alexis Neal

Anthony Nichole





Sean O'Connor

Jayden Olsen

Mallory Orr

Bryce Pappas



Cassandra Parulis

Kinjal Patel

Grant Patterson

Diego Paz Tello



Kathryn Penny

Littleton Perkins

Josephine Perrin

Ashley Phillips



Megan Phillips

Mercy Plumb

Taylor Poff

Danielle Puroel



Nayanashree
Raghavendra
Praod

Rachel Ramsey

Jimmy Ratliff

Joshua Kellner

Passion for Hunting

An all season sport

Deer hunting is a sport in which people will dress in camo and take a whole day to go out in the woods and search for deer. Chase Hamlin (9), Jonathan Roach (9), and Tyler Hazelwood (9) have been hunting since they were little and still continue to carry out the sport. All three boys hunt on Bent Mountain on an 88 acres of land. Hamlin has killed a total of 4 deer in his life, and being only a freshman, will increase as his age does. "It's a fun hobby to add to my dirtbiking", said Tyler. They all boys go out in November, being the start of the season, and stop hunting around December. "I usually go by myself, but sometimes I go with my dad", Chase said. "I go with my dad most of the time. It's pretty fun and intense, especially when you get a kill," said Roach. The boys can't wait for next years season to start.



Hunter Richards

Marteva Kiffle

Jonathan Roach

Dominic Kucera



Audrianna Schoonover

Maeve Seely

Emily Sharp

Charles Zimmerman



Hailey Sitze

Jessica Blakeman

Joshua Smith

Ryan Smith





Spencer Smith
 Zachary Smith
 Aaron Sortore
 Holly Spangler



Victoria Spicciati
 Nathan St. Clair
 Noah St. Clair
 Austin Steinhafel



Matthew Stiles
 Stephanie Strom
 Adam Sulkin
 Elizabeth Thomas



Austin Thompson
 Lauren Toulinson
 Jason Tran
 Julia Treubert



James Truckey
 Carley Ubery
 Andrew Via
 Grayson Wade

We Asked the 9th Graders?

What are your favorite...?

When freshmen were asked what were some of their favorite things there were a variety of answers, but there were some responses that reigned supreme. Their favorite school lunch was a tie between Pizza and Pork Steak and Gravy. Many of the students polled went as far as saying that Pork Steak was a highlight of their day. The Freshmen's favorite sporting event was the football games. While at school, students seemed to love taking a break to get a refreshing drink (whether Gatorade, Soda, or Sobe Life Water) from the vending machine between classes.

When asked about shopping the consensus on a favorite store was TJ Maxx and Vans. The favorite vacation spot, any time of year, was the beach. It was unanimous that the favorite television show was *Pretty Little Liars* and their favorite movie was the new phenomenon of *The Hunger Games*, which was unanimously their favorite book as well.



Samuel Walker

Hamoon Weaver

John Wells

Treshawn Webb



Ketelah Wellons

Seth Wheeler

Stuart Whelan

Pamela White



Amara Williams

Garrett Williams

Bethany Witham

Tristan Witham





Cassandra Witten

Christopher
Woodrum

Austin Wright

Grant Yates



Ryan Christleigh
Yeaman

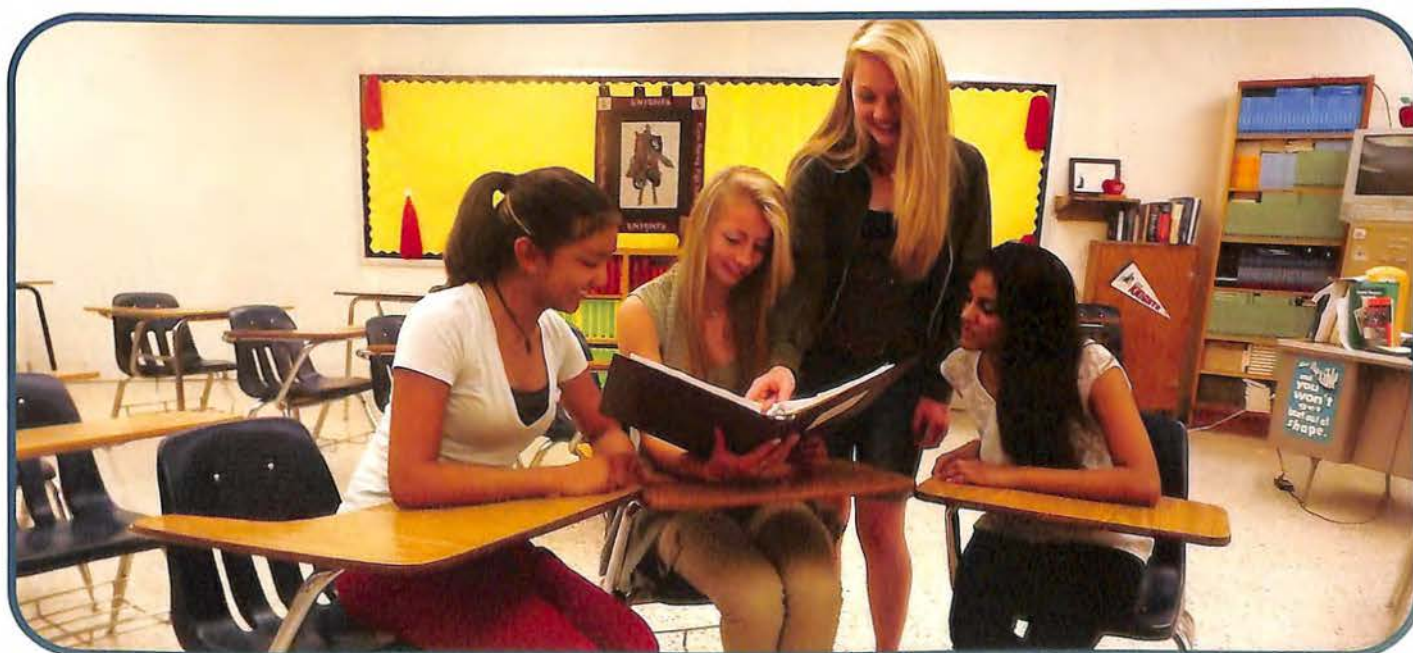
Cheyenne Young

Dominique Young

Alicia Zheng



Haley Zielinski



Freshman class officers: (L-R) Samantha Casauay, Treasurer. Alayna Francis, Vice-President. Pamela White, President, Kinjal Patel, Secretary. Make plans for homecoming. Class officers were elected by their classmates in May of the previous year.

Phenomenal Ambitions

Aiming for high goals.

*T*heresa Hartley is a teacher with a unique accomplishment in her connection to NASA. Mrs. Hartley worked with NASA to create a project to further develop a way for students to learn about artifacts on NASA mission 14 the magnetosphere. The better understanding of the magnetosphere provided a way so that students could understand space weather and how it affects Earth more clearly. When quoted, Mrs. Hartley said that "one of the things that was really interesting was the way that the group of people worked with, and got together in social media. I had to learn about Facebook, Twitter, Skype, and the Edustorm." She found it interesting that new ways of communication in the learning environment, along with further improved technologies, have made connecting with education resources much easier.

Another teacher that won high honors was Mr. Stephen Biscotte. Mr. Biscotte was nominated for the McGlothlin Award. Mr. Biscotte made it to the semi-finals. The McGlothlin is presented for teaching excellence. This award is given to teachers that excel in their fields. The award is to recognize innovative full-time classroom teachers. This is just two teachers that were recognized for their hard work and long hours dedicated to students.



Connie Alonso-Mosher

Lisa Armstrong

Chris Benson

Stephen Biscotte

Elizabeth Bivens

Joe Boon

Sherry Brittain

Elizabeth Corbett

Mary Douglas

David Dunstan

Jessica Ficcarro

Tim Fulton





Melvin Garrett

Jeannine George

Sandy Gotschal

Erinn Hailey



Terena Hale

Theresa Hartley

Billy Hicks

Fionna Hill



Page Hill

Nancy Hoffman

Dr. Shawn Hughes

Andrew Huray



Ashley Huray

Phil Iler

Amy James

Rebekah Johnson



Jennifer Kalafut

Tracey Lange

Joe LaRocco

Amy Leonard

Linda Long

Jacki Lucki

Peter Lustig

Tommy McGuire



Doreen Malcolm

Ken Mangone

Erich Mauer

Elizabeth Mayer

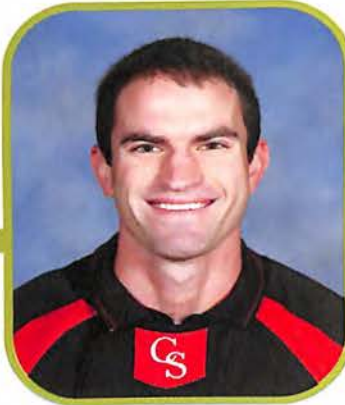


Harrilyn Mills

Paulis Moore

Holly Moore

Margaret Moore



Kristin Moran

Matthew Neale

Catherine Parker

Shane Pendleton



Anne Pheiffer

Emily Pitts

Lewis Pitts

Bob Powers





Matt Price

Brian Quakenbush

Stuart Rawlings

Ann Rutherford

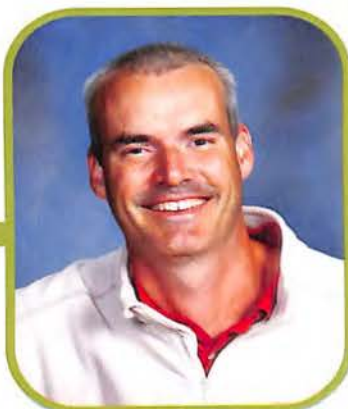
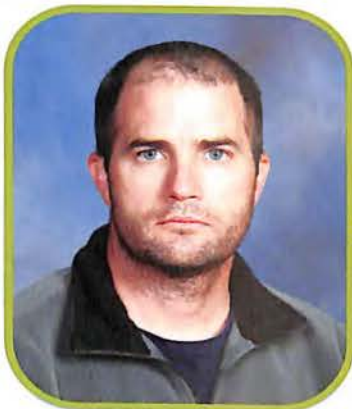


Timothy Sauls

Kelly Shilling

Susan Sine

Barbara Smith



Paul Soucie

Mitch Spalding

Edward Spruell

John Swartz



Teresa Tate

Margaret Taylor

Laurel Thompson

Sherrie Tyler



Elizabeth Willett

Kimberly Wilson

Rick Wolfe

Nancy Zimmerman

Leading the Students

Faculty and Staff

LIBRARIAN. Edward Spruell reads the paper while he waits for the day to begin. The library was a popular destination for underclassmen and upperclassmen who needed books for research on reports assigned to them by their teachers.

ATTENDANCE. Jeannine George spends her school day working hard to ensure that each student is present and accounted for. She had to take care of all of the aspects involved with the students attendance. Mrs. George was also responsible for calling home to report students absences.



PHONE. Sherry Brittain, a front office secretary, answers the phone. She helped with many different things in the office. From looking up schedules to keeping parents informed about school events, She was also responsible for putting together the morning announcements. Mrs. Brittain had close connections with the office runners and with faculty members that she worked with.



DIRECT. Brian Quakenbush, the band director, directs the band students during camp. During this week long camp the band went through each set for their performances. The band learned their music while the color guard learned their routines. This camp was the first time the two groups were able to practice their performances as one group.



BUFFER. Paul Hickman, new to the custodial staff, buffs the hallway floors while they are clear of students. The custodians were constantly going around the school, keeping the halls, bathrooms, and classrooms clean and functional. Students enjoyed interacting with the custodians and for many of the students they were on a first name basis with each of them.



LIBRARY. Officer Spalding, the school resource officer, talks to a student and a fellow faculty member Edward Spruell. He frequently traveled around the school in order to interact with students and other faculty members. Officer Spalding sponsored FOR Club, or Friends of Rachel, during its first year of being a club. They met for meetings throughout the year in the library.





ADMINISTRATION. (L-R) Athletic Director Jon Hartness, Principal Mr. Steve Spangler, Assistant Principal Mrs. Fiona Hill and Assistant Principal, Mrs. Tracey Lange, pose for a picture with the Wing-It photographer. The administration helped to handle all aspects in keeping the school up and running.

LECTURE. Paulis Moore lectures his Algebra II students on how to do the process of factoring, while Shelley Bowles (12) takes notes from the Active Board. Mr. Moore also taught Algebra I and Algebra Functions along with his Algebra II classes.



WHISTLE. John Swartz tells his P.E. students to stop what they're doing by blowing the whistle. His Advance P.E. class played hockey, tennis and other sports. Mr. Swartz was also in charge of the well-ness program for the faculty.

GUIDANCE. Mrs. Nancy Zimmerman is the guidance secretary. Mrs. Zimmerman organized everything in the guidance office and was in charge of all the applications and transcripts the seniors sent to colleges throughout the year.





COPYING. Ann Rutherford makes copies of information for a SCA fundraiser. Mrs. Ann Rutherford was one of the leaders for the SCA club along with Mrs. Margaret Taylor. Mrs. Ann Rutherford worked with the special education department also.

HELPING. Harrilyn Mills helps her student edit her paper for an AP- English class assignment. In Ms. Mills' AP-English classes she spent much time preparing Catherine Saliba (12) students for the AP- English exam which occurred in May.



SERVING. Mrs. Barbara Smith celebrates Pi day with her students. Every year she has her students bring pies to her class on this day in order for them to get extra credit. Afterwards, Mrs. Smith donated all of the extra pies to the local Rescue Mission.

MANAGING. Mrs. Connie Alonso-Mosher is the book keeper for the school. Mrs. Mosher handles all the financial obligations for the school..



Maintaining the School

Faculty and Staff

CALL. Doreen Malcolm answers a phone call and transfers it to the guidance office. When parents called the school, it was her responsibility to transfer the call where it needed to go -- whether it be guidance attendance or administration.

GRADING. Margaret Taylor enters in grades into blackboard for all of her classes. Mrs. Taylor taught one senior A.P. Chemistry class along with several junior Advanced Chemistry classes.



ORGANIZING. Rachel Davis organizes papers that were placed on her desk by her students. Mrs. Davis taught Pre-AP English for the sophomore class. She helped her students learn the more difficult concepts of grammar and literature. Mrs. Davis tried to expand the students reading with assigning books such as *The Glass Menagerie* and *Tuesdays with Morrie*.



SPANISH. Jenn Kalafut smiles for the camera while holding the book upside down as a joke for the photographer. Mrs. Kalafut taught Spanish 1. She was considered part time high school and part time middle school teacher due to the fact that the middle school was sharing the building while the middle school was being remodeled, and she also taught high school Spanish I.

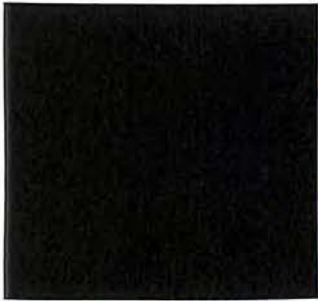


SPIRIT. Fiona Hill dresses in red and black to show her school spirit during the school's Homecoming Spirit Week. Mrs. Hill was a new addition to the administration staff. Mrs. Hill had the responsibility of being the Senior class administrator. Students first knew her as the SOL coordinator for the school.



PLANNING. Mary Douglas, who teaches from Spanish 2 to AP Spanish, works at her desk during her planning period. Mrs. Douglas had taught many of her students for years before teaching them in AP. These students experienced her cultural food days and field trips. On food days each student brought in an authentic dish and enjoyed it while listening to Spanish music.







In and Out of the Classroom
Academics

DRAW. Victoria Lichtenstein(12) and Logan Harris(12) create an image of a person for their English class. They had to create a poem about a certain stereotype and use that to draw and color a person based on that poem.

ROLES. During history class, Jackson Doyle(11) and Kenneth Tryal(11) put on a skit for the class, portraying Andrew Jackson and a banker, then called the "Bank Monster". Performances were common in the U.S. History classes because they require students to teach their peers. This proved to be an interactive lesson for the class, and helped reinforce what was read in the textbook.



PAINT. During Mrs. Mills's English class, Erick Salinas (12) and Fadi Azzam(12) paint a crest for their English project. the crest resembles what they like to do and their hobbies. It also symbolizes their family backgrounds.



CORRUPTION. Zachary Williamson(10) informs his history class about the election of 1824 and John Quincy Adams' supposed corrupt bargain with Henry Clay. At the time, students learned about the instantaneous formation of the Democratic party and how it quickly changed the results of the next election.

COMPILE. Kendall Scott (11) helps her group put together a colonial newspaper that they named "Thy Freedom Years". Members of this particular group wrote various articles about the Boston Tea Party, from an interview with Samuel Adams to political cartoons about the causes of the event.





LITERATURE. After reading *The Canterbury Tales*, students in Mrs. Gotschal's class began preparing presentations about the various characters in the book. Each student was given a character that most closely resembled his or her own personality. The purpose of this exercise was to help the students with characterization skills and remember characters by associating them with their fellow classmates. Everyone in the class gained insight to their own personality as well as the personalities of their peers.



DISCUSSION. Together, Hailey Fitzwater(11) and Michelle Justice(11) look up answers in the textbook. They had previously been playing a review game invented by Mr. Joseph. LaRocco their teacher called "organized confusion". During this game, students would each hold a card containing a question and an answer pertaining to the chapters they were studying. They would then go around to other students and try to answer as many questions as possible from memory.



INFORM. With Jessica Hart (11) narrating, Jared Adams(11) and Tyler Sharp(11) share a performance with the class to represent South Carolina's threat to secede from the Union. The class was beginning to study the Civil War. The class was learning the causes of the war from all across the country. As their teacher Mr. Joseph LaRocco often said, "We spend so much time studying the Civil War because it happened in our own backyard."



MUSICAL. Before winter break, Mr. Timothy Sauls plays his banjo for students. He told his students that playing music before the holiday was a tradition he had been doing for years. As a member of the band the Celtibillies, he has traveled to many different parts of the state to perform. Mr. Sauls also shared some fiddle music with the class. He informed his students that he was a self-taught fiddler. Music is just one of his many passions. Mr. Sauls teaches English 11AP.

Gaining Worldly Wisdom

English and History

The English and History classes go hand in hand, perfecting writing skills and recollecting events and times of the past. Students in English classes go through grammar and read pieces of literature ranging from *Romeo and Juliet* to *Into the Wild*. During history lessons, younger students learn more about world history and geography, while upperclass students discover the secrets of United States history and government.



FOCUS. After returning from the Burton Center for Art and Technology, Jessica Dwyer(11) relaxes in the library and reads *As I Lay Dying* to prepare for her impending quiz in English class. Faulkner proved to be an extremely difficult read, but the students powered through the storyline recognizing certain techniques such as symbolism and stream of consciousness.

PARTNERS. Clare Crawford (12) and Debra Lustig (12) work together during a group lab assignment in AP biology. This was the first year that AP biology had to be split into two classes due to the high number of AP science students enrolled in the program.

CLASSWORK. Camillus Huggins (10) works silently on algebra II problems before the end of class. Class work is designed to stimulate the mind of students and to make them really test their knowledge of a subject.

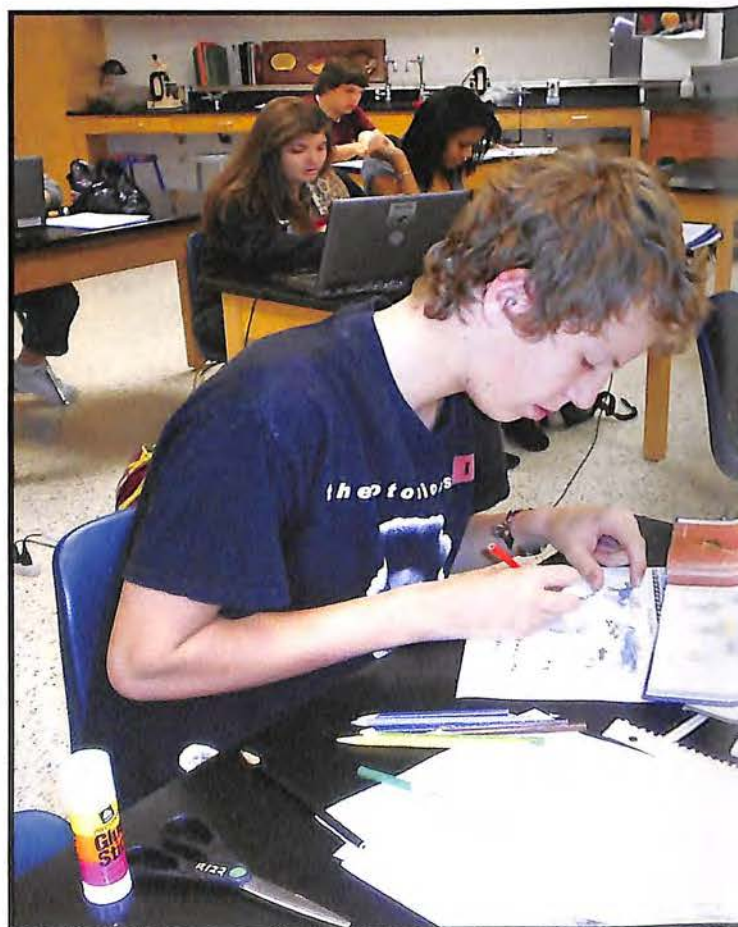


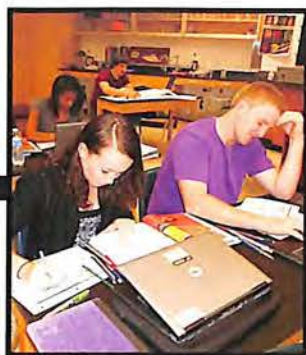
LAB. Anna Canale (12) and Jeffery Reoch (12) dissecting a cat during an anatomy lab. The cat dissection lab proved to be a favorite among students. This lab was designed to help students observe and analyze the anatomy of a body.

ANATOMY. Molly Raber (12) tests her muscle exertion in a lab during anatomy. By conducting this test, she was able to see how much force her muscles use while in pointe class.



WORKING. Forest Gallup (12) coloring a map of the world in ecology. Ecology is the study of ecosystems.





ECOLOGY. Danielle Ferguson (12) and Graham Harkey (12) color a chart during a lesson about ecosystems. Each ecosystem was designated by a certain color. These distinctions highlighted the differences between each one and made it easier for the students to learn and memorize. Worksheets helped students review material for upcoming tests.



ALGEBRA II. Kelli Long (12) solves a problem during a class lecture in Mr. Moore's Algebra II class. The block schedule allowed students to have more time on task during a lesson, which meant more practice and review. Even though this was Mr. Moore's first year of teaching at Cave Spring, he had experience with block scheduling since he moved from teaching at Lord Boutetourt, which also had block scheduling.



AP BIOLOGY. Melissa Moody (12) conducts an experiment on the spreading of viruses from one person to another. Biology is the study of life and how all things affect it. AP Bio students had to complete a minimum of twelve labs per year in order to be better prepared for the material on the AP exam. One of the student's favorite lab involved genetically engineered bacteria that was inserted with a chemical from a jellyfish to make it glow.



CALCULUS B/C. Adam Guyes (12) asks a question during a class lecture in Kelley Shilling's calculus class. Calculus is broken up into two parts: Calculus AB and Calculus BC. If the BC AP exam was taken the score that was received could have replaced the AB AP exam score taken the previous year. This was because the BC AP exam consisted of a lot of AB material.

Cohesive Calculations

Math and Science

*M*ath and science class are two required subjects for high school graduation. Science courses range from earth science, biology, chemistry, physics, anatomy, and ecology. Science courses involve lab experiments, lab reports, and many tests. Algebra I, geometry, algebra II, precalculus, calculus, and statistics are some of the rigorous math courses available to students. Students learn to use graphing calculators as well as how to solve problems without one.



PARTNERS. Dominic Delotto (12) works with Eric Anderson (12) on how to solve a problem in Calculus BC. Calculus BC is a continuation of Calculus AB. Both courses were AP level classes.

Unity. Josh Gotschal(12), Jack Kiser(12), Amy Reilly(11), and Cody Bushman(12) came together from the Journalism and Yearbook classes to collaborate a few finalizing touches on the Yearbook and Senior Edition of the newspaper.

ADVERTISEMENTS. McKenzie Prillaman(11) works on the Business Ads section in the back of the yearbook. Staff members were required to go to various local companies and sell ad space to help pay for the printing of the yearbook. This helped the students learn the art of salesmanship and the value of having good relationships with business professionals.



SENIOR ADS. Grace Holley(11) works on her page of Senior Ads. These ads were very special because parents and grandparents would buy ad space, send in memorable photos (whether they be baby pictures or current one) and write their own personal message to their graduating senior as they make their way into the adult world.

POLL. Sarah Lowen (10) works on a poll for the second issue of *The Knight Letter*. The newspaper staff members worked diligently on collecting facts on various school or student related activities to bring the student body information on the issues that were important to them.



EDIT. Helen Bower. (12) the editor in chief of the newspaper, edits a copy for a special 'Cave Spring Gives Back' story. Helen was in charge of reviewing all of the student researched and written articles as well as editing the copy and placing it according throughout the publication.





EDITING. Daniel Seymour (10) is hard at work for the Photojournalism class. After the page layouts were designed, staff members were required to take pictures and write stories on their assigned pages. Before submitting the pages, students were asked to look over pages (not their own) to catch any mistakes that may have been missed before they sent the book to press.



COPY. John Roberts (11), a Knight Letter sports writer for three years, works on his story for newspaper. The stories, or "copies", were on a variety of subjects decided on by the student staff as well as their faculty advisor. After copies were assigned, the students went through multiple drafts to get the most information to the student body.



COOPERATION. Mehgan Giammona (10) and Mikala Tarpy (10) compile facts for a story they were writing together. Many times students were paired for stories that required extra research or a variety of interviews. With more hands on deck for a story, more information could be gathered and given to the student body.



FOCUS. Macy Kinder (12) works diligently on her pages in photojournalism. As one of the Accolade's co-editors, she, along with the other co-editor and page designer helped their faculty advisor make decisions on the designs, cover, page-layouts, story choices and photo selection for the yearbook.

Sedulous Staffers

Yearbook and Newspaper

The Yearbook and Newspaper staffs are both integral parts of the school. The Newspaper staff is in charge of the school newspaper, The Knight Letter, which is produced four times a year. The students have meetings to discuss what important or note-worthy events are happening that quarter in order to bring the students information that is relative to them.

The Yearbook staff is just as busy throughout the course of the year, working on the yearbook. The staff members are in charge of taking photos, writing articles; to place on the student designed page layout, and selling ad spaces in the back of the yearbook. By putting in the extra time and effort, the two staffs produce memories that last longer than four years of High School.



STAFF MEMBERS. The members of the Accolade Staff take a break from working on the yearbook for some staff bonding. Having strong interpersonal relationships with the other staff members allowed for good work ethic and an increase in productivity through the year's course work. With the successful relationships, when paired off, students were able to divide and conquer the responsibilities of taking picture, writing copy, and naming the students photoed.

FACIALS. Otilia Walker(12) stares into space as a dreaming mime to demonstrate different facial expressions in Mrs. Sandra Gotchal's Theater Arts Class. Facial expressions, as well as costuming and makeup were vital parts of the performing process. Otilia performed with Amanda Small(12) in a skit which mostly consisted of Otilia either falling on her face or being trapped in a box. However, despite their battle of wits, the two made-up at the end and parted as friends.

MAKE-UP. Lauren Chapman (11) applies make-up for her character before she performs her mime routine. Each student was required to find or create their own make-up design that fit the character and skit they were performing. Per tradition, Lauren donned an entirely black outfit with a page-boy hat to portray a traditional mime.

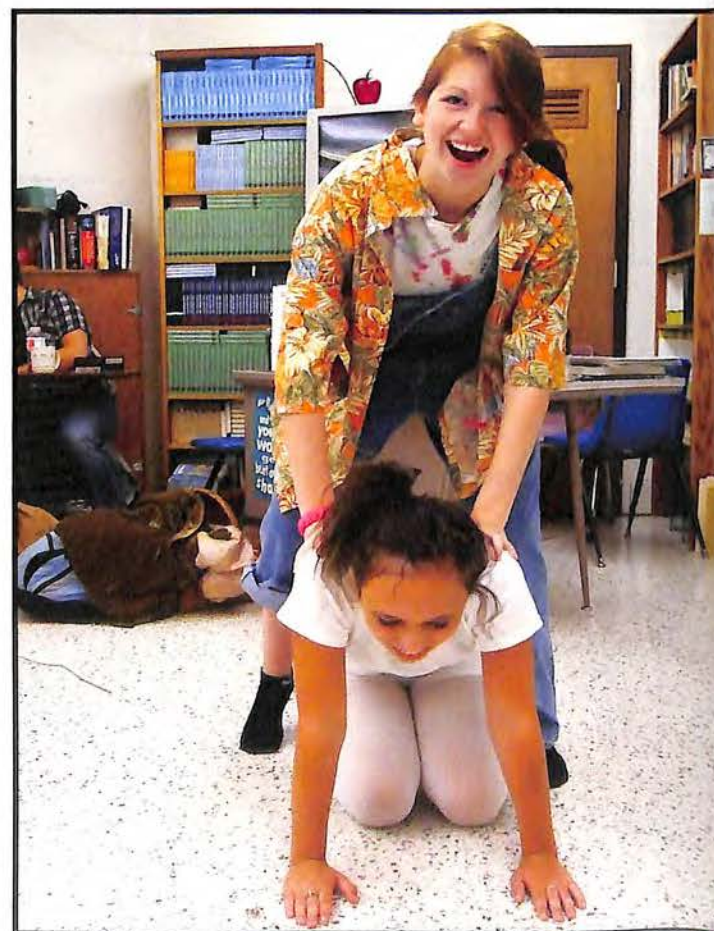


LAZY DAYS. Melissa Mortellaro (9) lays on the floor during a clown skit in Mrs. Sandra Gotschal's Theater Arts class. Besides class, Melissa also participated in community theater including Scrooge around the holiday season.

PIE FACE. Garrette Johnson(12) stands sadly at the conclusion of his clown skit. Garrette played a hobo clown, the clown that the most tricks are played upon. Garrette's pie in the face was the result of him trying to get back at the other two clowns that were harassing his character.



LEAP FROG. Ashlyn Mastrangelo(12) and Shelly Bowels(12) play leap frog in a skit. Shelly's character would play a trick on Ashlyn's character when she wasn't looking to show the hierarchy of clowns and their mischievousness.





TEA PARTY. Mercy Plumb (9) and Melissa Mortellaro(9) have a tea party during their mime skit. The two girls attempted one of the more difficult mime movements: the "mime sit". This mime movement involved tensing the muscles in the legs to give the appearance of sitting on an invisible chair.



CLOWNING AROUND. Kinjal Patel(9) and Pamela White(9) participate in a clown skit. Pamela played a traditional clown and Kinjal played a white face clown; clowns of average cleverness and above average cleverness respectively. The Theater Arts class was greatly entertained by the hysterical antics of their classmates in the early fall.



CUE. Lauren Chapman(11) and Garrette Johnson(12) perform a mime skit in the theater arts class. Garrette's character was trying to impress Lauren's character, but to no avail. Each skit was required to have eight separate movements including, but not limited to walking, falling, stairs and of course the ever important mime box.



ASSISTING. Ortilia Walker (12) helps Amanda Small(12) apply stage make-up. The two girls were partners in a mime routine in the Theater Arts class. The face make-up was required along with the traditional costume of form fitted black pants, striped or solid black shirt, and soft shoes for easy movement.

Classwide Catastasis

Theater Arts

*T*heater Arts is a returning feature to the curriculum after a two year hiatus. This course aids students down a path of self discovery through the course of multiple published works and exercises involving facial expressions, movement and line memorizing techniques. The students worked on various forms of expression starting the year with improvisation, clown and mime skits and preparation for both VSHL One-Act and Forensics Competition.



RECOGNITION. The cast of the competitions piece "I Bring You Flowers" gets recognized at an assembly. The cast placed 3rd at regionals after coming in 2nd at Districts. Mercy Plumb(9) played the Nurse, Ortilia Walker(12) played Faye, Anthony d'Alelio(12) played Jim, Garrette Johnson (12) ran the lighting, Lauren Chapman (11) was the stage manager/student director, Holly Poole(12) ran the sound, and Julia Ferguson(12) moved set and Mrs. Sandra Gotschal was the faculty director and sponsor.

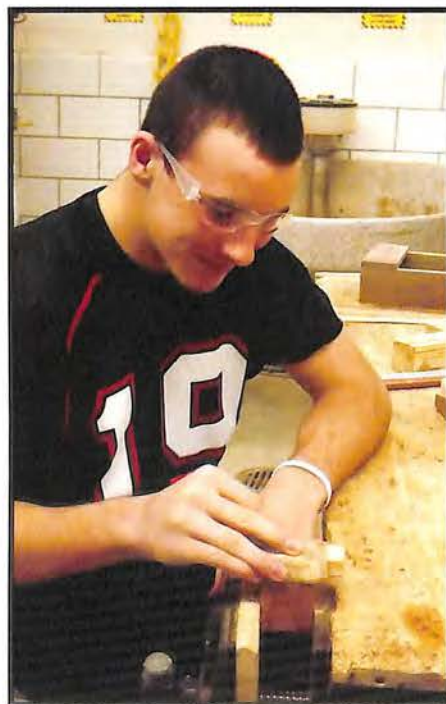
MEASUREMENTS. Brice Reid (11) focuses in on the saw in the technology education room. When the occasion called for it, students were required to alter the saw to adjust the cut. Different saws can cut wood differently. A circular saw cuts the wood at an angle, a table saw is used to cut thick pieces of wood, and a band saw cuts primarily curves into the wood.

CONCENTRATION. Jonathan O'meara (12) and Hunter Barker (10) concentrate as they use a belt sander to smooth wood in shop class. The key to proper sanding technique was to always sand with the grain so as not to compromise the quality of the wood. Besides learning proper techniques when working with wood, students were taught to use a variety of tools that will add to their repertoire of life skills.

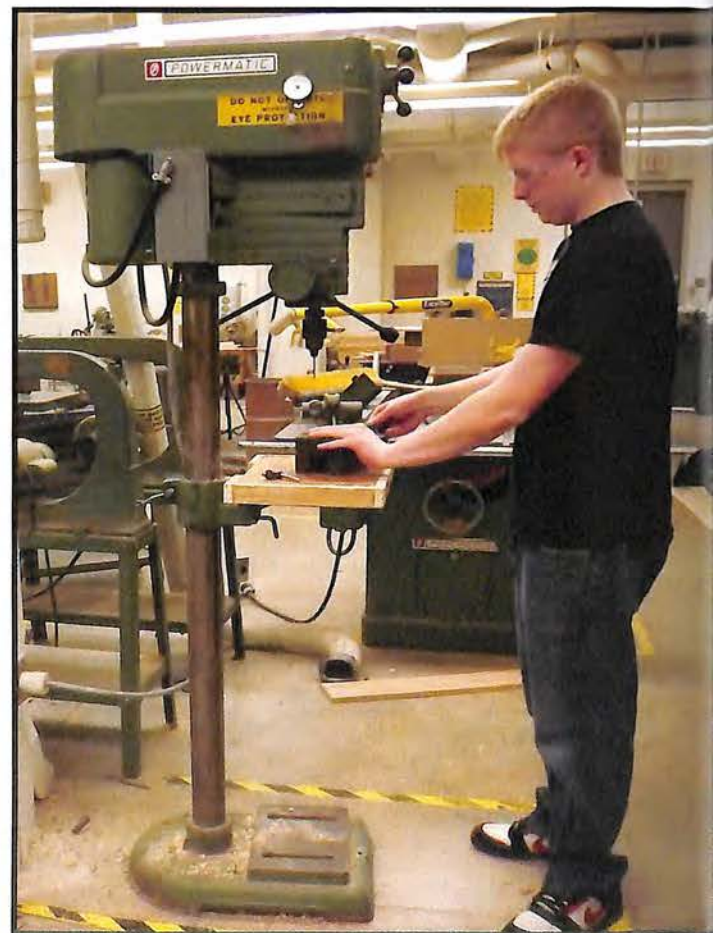


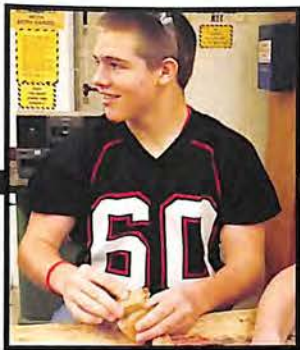
RESEARCH. Will Brooks (10) explore possible methods which would make their building more simplistic. Students learned that research and development were key components to being successful in this class. Research allowed them to fully understand the projects they were undertaking, while development allowed them to incorporate what they learned into their project.

SMOOTHING. Austin Amos (10) sands down a piece of plywood. He would later alter the dimensions of the plywood to turn it into one of their various projects. Plywood was used in technology education because it was inexpensive and flexible which made it much easier to work with.



MITER-SAW. Jayce Taylor(9) saws a piece of wood in half. Later the wood would be sanded down and sized to fit into the clock he was making. A miter-saw was used to make crosscuts in the wood which were incorporated into the frame of the clock.





AUDIT. Hunter Barker (10) listens to Mr. Rawlings as he tells the class what they are going to do for that day. Each day when the students came into class they were informed about what they were going to do. Mr. Rawlings was technically a middle school teacher who was transferred over from the middle school to teach at the high school. He was a valuable asset to the technology education aspect of the school and students enjoyed having him teach them the principles of wood shop.



EXPECTING. Riley Graves (10) concentrates on the teacher's example project. Students had to make a cube inside of a cube. Holes were drilled through the sides of a wooden cube and then another instrument was used to sand down the inner portions of the cube until it formed yet another cube. It was an interesting feat to accomplish since the inner cube was facing the opposite direction of the main cube. Even though this was a difficult task it was reached.



CASTING. Edwin Ball (10) begins a seemingly complicated project which can only take a full hour and a half block to finish. Most of the beginning projects were uncomplicated but as the students grew in expertise and experience they were allowed to attempt more projects that required greater knowledge of the assignment and the skills they had learned. Block scheduling was an advantage in this class since it gave the students more time to spend on their projects in one sitting.

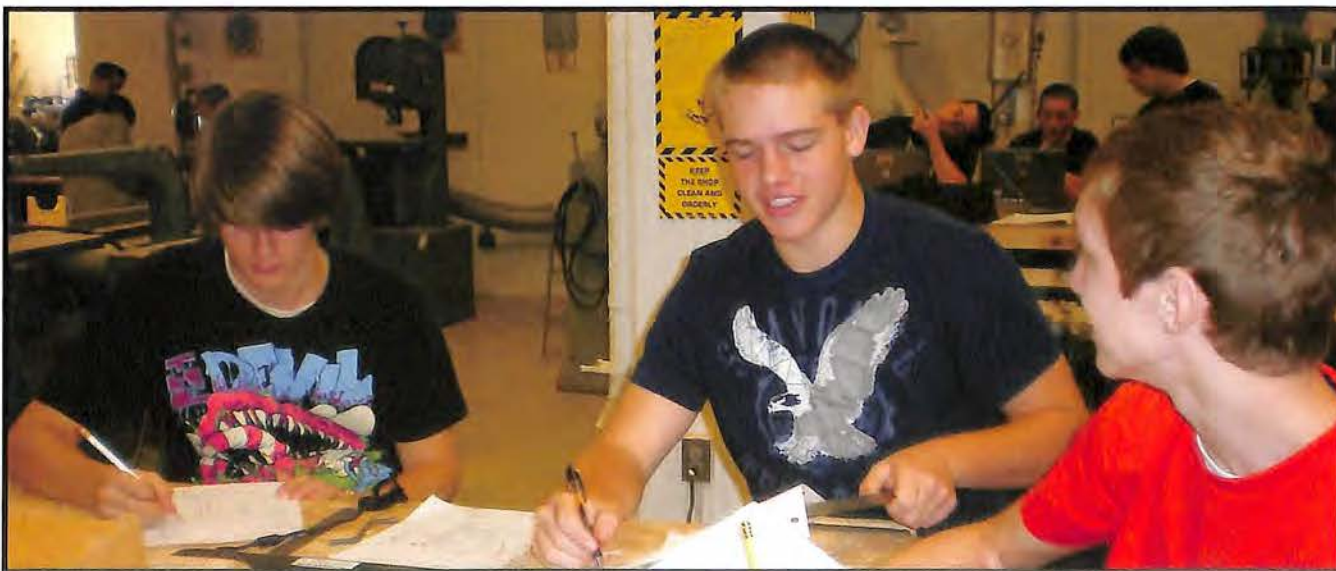


ATTENTIVENESS. Tanner Tamaro (11) wears safety goggles while observing another student cutting a piece of wood. Students were separated into groups of two when they were working with saws so that one could watch and the other could participate. Goggles were an important safety precaution in the wood shop class because it was common for wood pieces to fly up from the saw while they were being cut; however, it was possible for the setting on the saw to be altered in order to eliminate the risk for potentially harmful hazard.

Imagining the Possibilities

Technology Education

Technology is a class that is useful to every student in the high school. Mr. Sousie and Mr. Rawlings teach the technology classes. Also available is wood shop. The classes made basic woodwork items such as a cube. Then next project was more difficult. The students had to construct clocks.



DIMENSIONS. Chase Brown (10), Hunter Barker (10), and Chase McDaniel (10) draw sketches of their next project. Drawing was meticulous, but required in order to create an accurate impression of an object. Students who took this class were dedicated to building their projects the best that they could and devoted their time to make sure it was perfect. Objects drawn on the graphing paper were not drawn to size but rather required smaller dimensions to be later built to size. Students did this to incorporate details into their design which would otherwise have been omitted.

FOOD DRIVE. Jessica Paz (12) and Kazel Ciriaco (12) place cans in boxes for the annual food drive. The marketing class was in charge of organizing the food drive in November. Food was provided for needy families in the area during the holiday season.

SELLING. Terrell Simmons (11) and Ian Glenney (11) work on designing clothes and hats for Superbowl XLVI. Jacki Lucki has the students design apparel to sell at the stadium. Costs of the items, location of the stand, and expected revenue are all included in the project.



COMMUNICATION. Garrette Johnson (12) prepares a press release for the ecology fair. Students were taught the importance of good community relations.

FASHION. Carry Burke (12) modeled in the ecology fair fashion show for the marketing class. All the clothes were provided by Platos Closet. Fashions ranged from casual to formal attire. Students from both marketing and DECA helped with the fashion show and the ecology fair. Students from outside the program were asked to help with the modeling.



ECOLOGY FAIR. Brandon Williams (11) prepares for the ecology fair, held Thursday the 26th of April. The ecology fair was held to bring awareness to students and promote a greener lifestyle.





BRANDS. Jonathan Evans (11) helps Harrison Richards (12) with the basics behind the development of a brand. Harrison enjoyed his first year in marketing and plans to possibly consider it as a career choice. This was Jonathan's first year in marketing. However, he quickly grasped the objectives assigned to him. Jonathan will try and fit Advanced Marketing into his schedule next year.



CHOICES. Sargent Morris of the National Guard speaks to a marketing class. Sargent Morris talked to the class about different job opportunities, career choices, and the benefits of joining the army. Jacki Lucki often had experienced speakers come talk to the students about leadership opportunities, real life events, and post-graduation opportunities. This provided a great opportunity to get various view points from each speaker.



RECYCLING. Vicky Rothbort (12) and Holly Poole (12) walk around the school to collect bottles for DECA. Ms. Lucki often had both DECA Club and the marketing classes work on the same tasks. The school was filled with containers that allowed students to recycle their plastic bottles. Each week Jacki Lucki had her marketing students collect the bottles from the bins so they could be sent to the recycling plant.



FOOD DRIVE. Hannah Sitze (12) and Molly Raber (12) work together on gathering supplies for the annual food drive. The Marketing classes often prepared boxes and other materials for the food drive. The classes also took part each day in gathering the cans from each class. At the end of the drive the classes counted the cans and organize them into boxes. Once the winner of the drive was determined, that class, as well as the marketing classes, were awarded a free breakfast from a local fast food chain.

Future Professionals

Marketing

Marketing classes are for students that are looking to increase their knowledge in areas such as leadership, business, finance, and advertising. Advanced Marketing, Sports Marketing, General Marketing, and Introduction to Marketing, which mostly consists of underclassmen, is beneficial to students considering careers in business, management, or marketing. Marketing teacher Jacki Lucki has over fifteen years of teaching experience and provides a tremendous amount of insight in the marketing field. As one of the most popular electives in the school, Marketing, continues to provide an early step to business life in the real world.



DEDICATION. Part of a Sports Marketing class works on their recent assignments individually. Much of marketing consists of working on assignments either individually or in groups, then presenting it in front of the class.

BAKING. Students from Terena Hales culinary arts class prepare a cream cheese filling for pumpkin rolls. These pumpkin rolls were sent to families across the Roanoke valley as well as other dinner foods. The students are honored to take part in helping families in this area have a great holiday dinner.

HANGING OUT. The guys of the Family and Consumer Science class pose for a picture at the state fair in Richmond, Virginia. This is a field trip that the class takes every year and after the fair they go to Short Pump, a very big mall in Richmond. Classmates said it was "fun and a great excuse to get out of school for a day."



YUM. Jackson Doyle (11) makes good puppy chow mix with his classmates for the holiday season. He volunteered to be the "guinea pig" for tasting the mixture.

LISTENING. David Murphy(10) and Brett Meyers (10) listen intently to Mrs. Hale giving directions on how to make puppy chow, a mixture between melted chocolate chips, chex mix and powdered sugar, while other students in the class are making pumpkin rolls.



WATCHING. Stephanie Lynch (11) and Taylor Alouf (11) watch their classmates while they just finished making the mixture for they daily rescipe. They enjoy culanary arts class because they get to make different foods and experience the life behind an oven.





FRIENDS. Terena Hale and her two friends enjoy the State fair in Richmond, Virginia for FCCLA club which stands for Family, Career, Community, Leaders of America. They take students with them so they can have fun and ride rides. They also enter them in a little competition where they have to make a project that has to do with FCCLA. posters, art project, etc.. It's a great way to hang out with your classmates and grow closer.



BONDING. Students practice peer bonding skills with each other. This is an activity used to help each other get to know them better and become familiar with how they are, and what they like. Peer bonding is fun and you get to meet people in a way that you haven't before. It gets you acquainted with the others and helps you understand the meaning of diversity. Everyone is different in their own way and to see that come out in bonding it is truly amazing. The students are closer than before and know more about the ones they are in class with.



COOKING. Robert Shelton(10) Pours water into another pot for a recipe in Culinary Arts class. He is pouring boiling water so he has to be careful to not burn his self. In culinary arts you have to be sure you make exact measurements or the food might be ruined. You Cant have too much or too little.



FUN. Lauren Sledd(12) and Kelsey Sine(12) sitting in culinary arts while others watch a movie. They watch movies in class to help them understand more about the class and to give them examples. A good show they watch is Cake Boss. Its a show where people compete in making cakes and the judges judge them on their creativity and how the cake overall looks. Students can use this show as a inspiration to help them in the future with making cakes and other desserts.

Family and Consumer Sciences

Baking As A Team

Family Consumer Sciences are concepts of students learning how to adapt to family lifestyles. Students in this class learn to cook, adapt, and cope with their family and friends. They go on trips to learn how to work together as a team.



YUMMY. Terena Hale and students, Steven Robbins(12), Amy Reiley(11), and Michelle Williams(12) made a cake for Lewie and Emily Pitts' daughter Zoey's second birthday party. It was made with fondant, pink and white frosting, and had a minnie mouse on top also made with fondant.

SPOTLIGHT. The tenors and bases gather around the piano to sing a German version of "Silent Night" called "Stille Nacht". This arrangement called for the men to sing the melody, so the choir director Jonathan Myers had them gather around the piano during the concert to create a better sound.

SKILL. Maeve Sedivy(9) plays her bassoon, warming up by practicing scales and putting her sight-reading skills to the test. Warm ups are an extremely important time for musicians because that is when instruments are tuned and players mentally and physically prepare themselves for the musical pieces they are about to play.



PERFORMANCE. At back to school night, the choir sings the National Anthem for parents. This performance was also the choir's debut for the school year. This song, in addition to a rendition of "Joy to the World", was also sung for an audition for the Disney Candlelight show, which gives high school choirs the opportunity to sing at Disney World.

RHYTHMIC. Shawn Arthur (11) plays his snare drum during his band class to practice for marching band. Marching band practice took place after school. As a percussionist, he served an important purpose in the band, keeping a constant rhythm and beat to help the marchers keep in time and step with the music.



WINTER. Melissa Moody (12) plays the flute part to music from *Charlie Brown* during a fun practice before winter break. Other holiday songs were played for enjoyment and to put the students in the holiday mood. She and the other flutists enjoy playing the higher notes of the musical pieces, practically floating above the melody.





ASSIST. Handing out the dresses for concerts is one of the many duties Ashlyn Mastrangelo (12) helps perform. As the vice president of the choir, she was in charge of organizing and distributing outfits. She also had a part in the winter concert in which she gave a speech about a few of the selections performed concerning the holidays Christmas and Hanukkah. The other class officers had a part in introducing the choir's songs in the concert as well.



CAROL. Emily Chrisman (11) plays the oboe while rehearsing music for the band's upcoming holiday concert. The oboe is one of the most difficult instruments to play with reeds that are extremely sensitive, yet Emily enjoys playing and performing with her oboe. As an avid oboist, she also serves as first chair in the Roanoke Youth Symphony Orchestra.



AUDITION. Michelle Justice (11) practices singing "Blow, Blow Thou Winter Wind", her audition piece for All-District Choir. This particular audition consisted of singing a practiced song and sight reading. Making the All-District choir was an extreme honor and lead the way for getting into All-State Chorus. The All-District Choir performance was a success and took place in February.



BRASS. Warming up their saxophones, Grant Backlund (12), Lucas Kosinski (11), and Willis Greenstreet (12) tune their instruments as class begins. Together, they played simple selections to practice sight reading and scales. These students tuned their instruments to one another, listening to their own instrument pitch and changing it to match the people around them.

Melody and Harmony

Band and Choir

With music in their souls, members of the band and choir love to hear the sound of melodies mingling with harmonies. These challenging courses require students to stay in tune, keep a rhythm, and read music. Although difficult, these classes are also extremely rewarding. Students learn to play an instrument or use their voices to create a beautiful sound, leaving each member with a new skill.



CONCERT. Some members of the brass section practice their part in "Jingle Bells" during Symphonic Band. The trumpets had much of the melody, while the euphoniums add the underlying tones and harmonies to the music. Their upcoming Winter Concert was fast approaching, so the class quickly went through their repertoire of music and then went on the stage to practice to hear their dynamics in the auditorium and change their approach to the music accordingly.

BATTLESHIP: Spanish two students are reviewing conjugations by playing a review game with a partner. Students got in pairs and used the setup, just like the game battleship, and placed words at the top of the page and the forms on the side of the page. A student would pronounce a word and form while the other student returned with the correct verb. If a student guessed correctly, then the other student would mark the box they guessed, just like in battleship.

TAMALE. Cody Burchett (11) is enjoying an authentic Spanish Tamale for food day. Tamales helped students taste an essence of the vast culture of Spanish. Christopher Benson (faculty) used a food day, as seen in the picture, for a break from the long 90 minute blocks as well as the long school year.



QUADRILINGUAL. Chandler McGraw (10) is preparing for his chapter four quiz. Chandler is an inquiring student who learned the languages of Russian, French, Spanish, and English. He studied Russian over the summer on his own, before the school year, while he took French, Spanish, and English at Cave Spring. Through his experience, McGraw concluded that his favorite language, other than English, was the Russian language.

INTERACTIVE. Ian Georgoulis (10) is eagerly raising his hand, anticipating with a gleam of anticipation that Rebekah Johnson (faculty) will select him to answer her question for the class. Georgoulis participated regularly in the flow of the classroom experience. This behavior resulted the learning environment which Rebekah Johnson endeavored for in her plans of her newly equated formula for the accomplishment and triumph of her students.



LEARNING. Christopher Benson (faculty) is helping Spanish students research culture notes. Culture was an indispensable necessity for foreign languages. It helped students learn more about the language and country they learned about. Each language and country possessed a different word system, way of speaking, and culture, which made a reason for students to learn culture with language.





UNDERSTAND. Kinsey Fitzwater(9) is broadening her knowledge of Spanish through the use of her electronic textbook. Kinsey was in her second year of Spanish, where her knowledge was further tested by Christopher Benson (faculty). In Spanish two, students had to grasp the Spanish grammar concepts to a better bilingual student in the Spanish language. Kinsey could blend the cultures of two worlds through the use of her studies in Spanish.



Help: Selena Salazar (10) and Melody Makoui (11) are helping each other study. These two French students were studying in preparation for their French three quiz on December 8th. Salazar was showing Makoui a vocabulary term on her electronic textbook. The two students were very active in class, they always participated, and gave feedback to Rebekah Johnson (faculty), which lead to their success on the test.



FOOD. John Vitello(11) enjoys his tapas during a food day in Spanish class. John stated that there was plenty of food to go around, but the tapas were the best. Language classes always liked to have at least one day of the year designated for a food day. It showed the students what types of food other countries ate in everyday life. Foods in other countries could be very diverse from ones in the United States, so it is a good experience for the students.



HOMEWORK: Katherine Farley (10) is working on her homework, using one of the resources on her laptop to expand her knowledge. Farley, a bilingual student of French, did her homework daily. She used her time wisely and prudently studied her preferred and beloved language. Katherine's love and interest in the foreign countries and cultures blended her into an aspiring student.

Blending Cultures

World Languages

French teachers: Rebekah Johnson and Harrilyn Mills, Spanish teachers: Jennifer Kalafut, Ashley Shell, Christopher Benson, and Mary Douglas, and Latin teachers: Jacquelyn Wilkins and Ashley Huray work with students to help teach their students more about their language. The teachers' methods of teaching helped students use their creativity and learn how the cultures of America blends with other cultures. All of these teachers' hard work and teachings, made it so students could truly incorporate the languages of the world together.



GAMES: Ryan Florat (11) and Annabel Bryson(12) are consulting about the final answer for jeopardy review. Latin classes played jeopardy in order to provide students with a diverse and pleasurable way of reviewing previously obtained information such as Latin history, culture, vocabulary, and verbs.

SPRINT. Luke Morgan(11) readies himself to sprint to the ball during a volleyball game. The class mimics a tournament setting by facing off against different teams in class.

FOUR-SQUARE. Lauren Austin(9) serves the ball during a game of four square in her freshman P.E class. Because she was in the "King" position she served at the start of every turn. Lauren was also on the indoor and outdoor track team. Lauren went to states in the triple jump during indoor track.

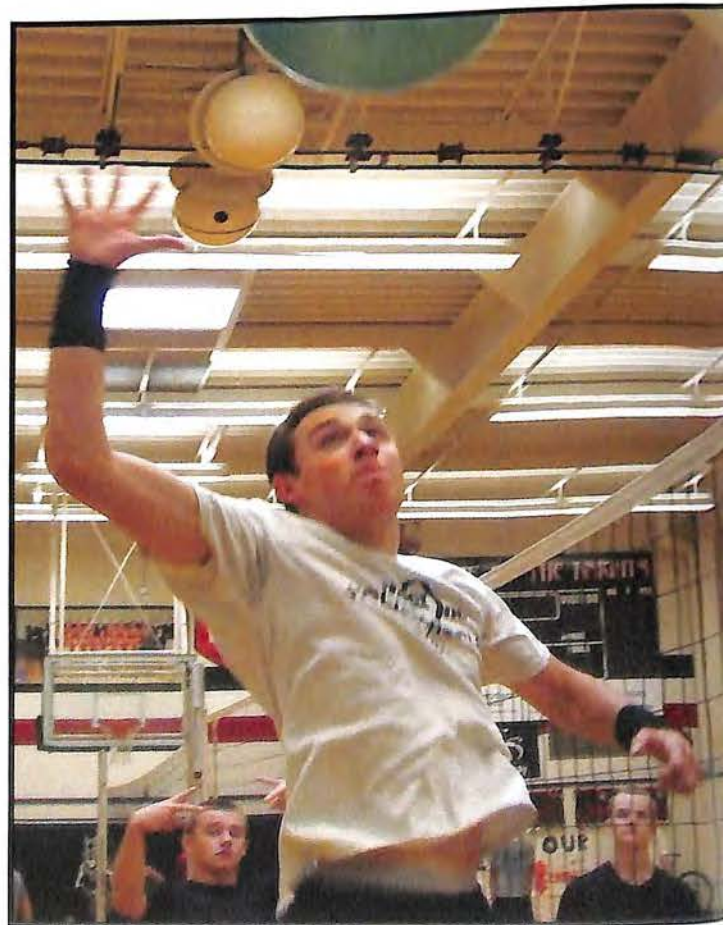


SEARCH. Ryan Hunter (9) completes a health worksheet during his freshman health class. Each student in the health class had to complete worksheets for every unit.

SERVE. Griffin Bower(9) serves the ball during her P.E. volleyball unit. The P.E. class participated in units of different sports each nine weeks.



SPIKE. Harrison Richards(12) spikes the ball over the net in Advanced P.E. He perfected this spike for the Student-Faculty Volleyball game fundraiser.

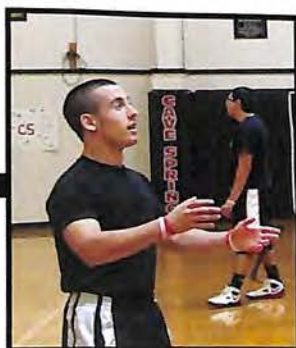




RESEARCH. Ryan Smith(9) completes a worksheet during his freshmen health class. During class they participated in different activities, including webquests, review games, oral presentations, worksheets, and textbook assignments. Worksheets were sometimes used as review for chapter tests. The new laptops that freshman received were helpful for these webquests and other online activities.



SET. Matthew Hamm(9) gets ready to set the ball while playing volleyball in his P.E. class. P.E. had many different units focusing on a particular sport. In these units the students learned the rules of the sport they were participating in. For the volleyball unit the students switched positions after every play, which insured that they would be able to experience each position and learn the specifics about it.



PREPARE. William Gerhardt(12) prepares to catch the ball while playing basketball in Advanced P.E. Advanced P.E. is a class available to juniors and seniors after the two required years of P.E. during freshman and sophomore year. They participate in many activities at a more advanced level than those played in the freshman and sophomore P.E. classes. The games that they play can get extremely competitive.



HIT. Kyle Gunville(11) hits the ball across the net with his ping-pong paddle, while playing pickle ball in his Advanced P.E. class. Because the volleyball nets were already set up in the gym because of the freshman and sophomore P.E. classes, Mr. Swartz decided to blend two games, tennis and ping-pong, into one game. He combined these two games by using ping-pong paddles to hit a ball over lowered volleyball nets.

Strengthening Mind and Body

Health and P.E

Health and P.E. are mandatory for freshman and sophomores. Mrs. Moore says, "you don't call lunch the cafeteria, so why would you call physical education, gym." P.E. and Health combine to teach students how to take care of their bodies and to participate in activities that keep them fit. With each class now being an hour and half long, some changes had to be made. For example, the P.E. classes have a break halfway through class.



CHARGE. Graham Harkey(12) charges the ball while Matt Randolph(11) gets ready for a play during a game of pickle ball in Advanced P.E. For many athletes, Advanced P.E. was used as a way to stay in shape for their sports before or after their sport's season.

FOCUSED. Students often used their textbooks, the internet, and asked Mr. Huray questions to better understand how to complete their assignments. The abundance of resources allowed them to quickly finish and understand their given assignments.

FINALIZE. Students finalize their business assignments. This class helped students to better understand and more efficiently use technology that is commonly used in the business world and the business environment. A better understanding of the computers that they commonly worked with allowed them to quickly and effectively navigate the software and programs they used.



LISTENING. Mrs. Long's psychology class attentively listens while she explains family behavior. A wide variety of topics help students to learn about society, norms and behaviors.

ATTENTIVE. Nathan Morrison(11) pays attention while another classmate gives a presentation. Psychology students presented projects through either moviemakers or powerpoint presentations.



INTERACTIONS. Matthew Randolph (11) walks through Walmart dressed as an old man in order to "break a norm." He pretended to fall to see how the people around him reacted.





ATTENTION. Adam Shelton(11) gives Mrs. Long his full attention while she talks about the lesson for that day. Mrs. Long taught both psychology and government classes. During her psychology periods they participated in a wide range of activities. For example, they watched movies, played games, and made movie maker presentations in order to learn the material. Movies provided examples of real life situations on topics they had learned about during class.



EDIT. Kaleb Mehrer(10) finishes his Microsoft Office business project that was due that day. Members of the business class learned to effectively use softwares and programs that are commonly used in the business world. This class effectively prepared them to eventually work in the business world. Students found this class to be interesting, educational, and beneficial to their understanding of the way business aspects of the outside world work.



REFERENCE. Ty Albritton(9) uses his text book as a reference while he finishes his daily business assignment. Business was a specialty class that focused on the business aspects of organizations. Students learned how to effectively run a business as well as how to keep up the paperwork end of the organizations or businesses that they could one day run. Students in business showed interest in jobs that would require an immense knowledge of business topics.



SEARCHING. Darian Goodrich(9) looks for an answer in his textbook that corresponds with the question on his computer assignment. Most of the time the class used computers since much of actual business affairs revolve around technology and computers in the modern business world. Students found this class interesting because it related to the real world.

Cooperative Learning

Psychology and Business

While psychology teaches students about society and the interactions between people in that society, business helps to prepare students to be a part of society in the future and improve it with the knowledge of technology. The human and technological aspects of society go hand in hand, therefore, psychology and business classes are helpful to a student when learning about real life situations they will encounter outside of school.



PROJECTS. Matthew Blades(12), McKennon Flint(12), and Devin Fleenor(12) work on a Word Documents project in business class. Business Classes did everything from learning how to work with new software programs to learning how to finalize and present presentations using them.

PAINT. Colleen Truskey (11) finishes painting her piece of art work. Different artistic techniques included caricature, color, gilding, mosaic, and surrealist. Colleen focused on primarily painting surrealist pictures and her artistic talent showed through her imaginative interpretations of basic works.

STICK. Lavanya Shree Raghavendra Prasad (11) makes sure that her pieces of paper are sticking together to avoid falling off. In this art project, the students chose a picture of a person that they wanted to recreate. They then tore up different colored pieces of paper and glued them down to reconstruct the person that they chose.



COLORFUL. Kerri Dalton (11) paints a picture with a vast array of colors. She used a black background to contrast the bright colors that she used. By using a black background she made the different colors pop and made the picture really stand out from the rest.

PLAN. Zachary Howard (9) turns to his partner and plans out what he should do next on his piece of work. Most of the students asked for advice on their art project. They liked to have a second opinion and assistance on their work to gain new ideas to make their art better and more creative.



MOLD. Kallie Wilkes (10) is molding her clay getting ready to knead it into a sculpture. It took a long time to knead the clay out and form it to the shape that they wanted it to be. After the students finished with their clay sculptures the teacher took their sculptures to the kiln to bake.





PRECISE. Rabiya Asim (9) carefully presses her art work together so that she receives the look that she wants. The art students spent several days on this particular art project so that they could perfect their picture and make their art piece look like a real photograph. Snippets of magazine and newspaper pictures used in the pictures flowed together to make on big picture even though both were from different collections media



WORK. Alayna Francis (9) and Sandy Chang (10) inspect their artwork to make sure that it is in perfect condition. They worked very hard on this art piece. So they wanted to make sure that it wasn't damaged and that every single piece was in the correct place and glued down securely. They had to be positive that the pieces merged together in a seamless act of artwork.



BRUSH. Emily Wright (12) adds white windows to her black skyline painting. The background was composed of a mixture of colors which helped to depict the night time colors of sunset. Purple, yellow, and green created an ambiance of mixtures of colors. A skyline painting may seem like an easy task but being able to incorporate different colors to get a specific feeling is a difficult feat.



PERFECT. Noelle Patterson (12) adds the finishing touches to her art work before turning it in. She was in AP art and therefore had to complete various paintings and pictures which determined her grade in the class. The AP class was smaller than all the other classes. This is because most art students find it complicated to complete the work that the teacher asks of them in the AP art class.

An Amalgamation of Colors

Art

The Knights art classes use their imagination to come up with a creative pictures. The hardest part in coming up with a great picture is being able to have an abstract mind. The only way to create an unique piece of artwork is to have an original mind and creative way of thinking.



CREATE. Stephanie Strom (9) creates and sculpts her clay figure to make sure it has the right posture and shape. Earlier in the school year the art students went on a field trip to Washington D.C to visit the different Art Museums there. The Museums that they visited included: The National Gallery of Art, The Smithsonian American Art Museum, The Smithsonian National Portrait gallery, and The Smithsonian Freer Gallery of Art. The art teacher thought that traveling to the different museums would add to the student's art experiences.

SEARCH. Annalee Shuck(10) looks up a student's schedule so that Olivia Sass(10) can locate where they are in the building at that time. Looking up a student's schedule makes it so that they can quickly find the students that the office needs to locate. Students schedules are complicated and the office workers need the student helpers in order to efficiently find the students they need in a reasonable amount of time.

ATTENDANCE. Mrs. George hands Anna Henshaw (11) a note to run to a student. Colin Glenney(12) waits for another note that will be taken to a different classroom. Usually attendance needs to call students out of class to address attendance or tardiness issues. If a student missed school they would be expected to bring a note to attendance in a reasonable amount of time after returning.

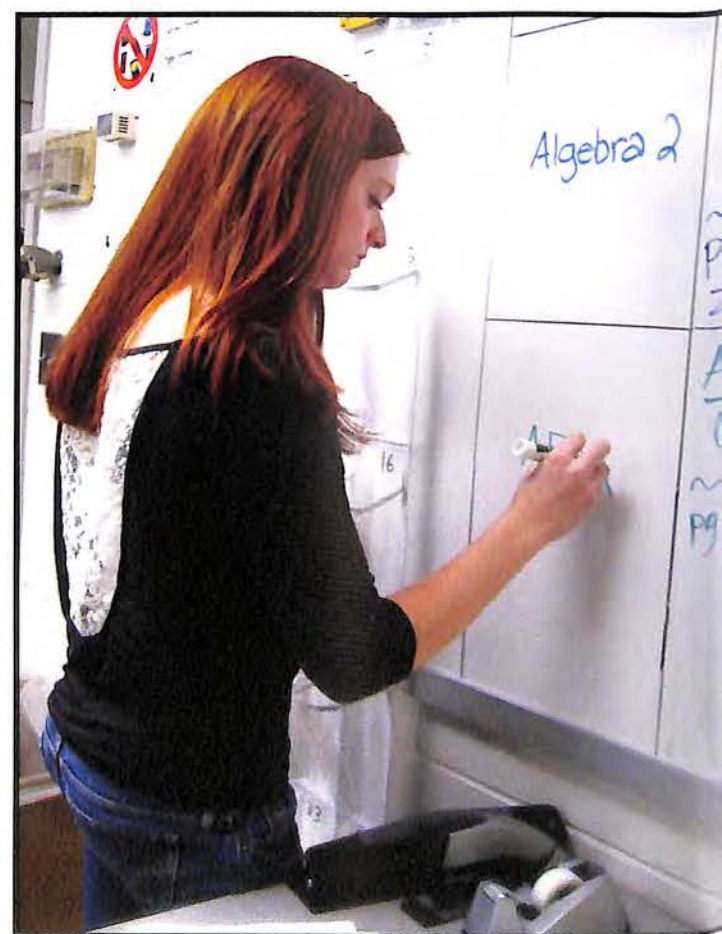


GUIDANCE. Mark Mercier(12) and pass their time by doing homework when they are not needed. They also ran notes to students when the guidance office needed the students for applications or schedule issues.

GRADING. Hannah Ferguson(12) grades papers for Mr. Dunstan during her study hall block. Students chose to spend their study hall blocks helping teachers out with grading papers, organizing classrooms, or writing down assignments.



ASSIGNMENTS. Devon Tanner(12) writes the homework assignments on the board for Mr. Moore's math blocks. She also helped grade papers with Casey Taylor(12) who was also his student helper during their study hall period. Aside from grading papers and organizing assignments on the board, they had time to work on homework as if they were in their regular study hall.





WORKING. Jerry Huang (12) is helping Mrs. Zimmerman find students in the school. He took a note to a student in order to inform them to report immediately to the guidance office for a meeting with their counselor. Mrs. Zimmerman kept up with all of the paperwork regarding students' schedules and applications if applying to college. For seniors, their assigned guidance counselor received the information and completed the necessary parts of the application in order to send it off to colleges.



COMPLETING. Adam Witham (12) works on college applications while sitting in the guidance office waiting to be given a note to run to a student. It was necessary for the guidance counselors to pull seniors out of class in order to work out college applications and schedule problems. While underclassmen did not have college applications to worry about, the guidance counselors still had to meet with them in order to talk about future plans and to work out schedule issues.



ASSISTING. Annalee Shuck (10) writes a note to inform a student that they are needed in the office to pick up an item or to meet with a faculty member. Students sometimes had to leave class immediately to pick up an object in the office. Also, when a principal or vice principal needed to talk to a student, those individuals could "call" them to their office by writing a note and running it to the student in class. Due to limited availability students had to leave class immediately.



WAITING. Erik Zimmerman (12) works on a homework assignment while waiting to run a note for Mrs. Zimmerman. Guidance helpers ran notes to get students out of their next class for a meeting with their guidance counselors. Although the notes usually dismissed the student only after that particular class, when necessary the note was an immediate dismissal from that class. This usually meant the guidance counselor needed to meet with them right then due to other appointments or time sensitive issues.

Connecting the School

Student Helpers

Student helpers took time out of their day to help teachers and other faculty members with various tasks. Some teachers asked students to help organize their rooms, to help grade assignments, or in the case of science helpers, to clean up and set up for labs. Office, guidance, and attendance runners helped to connect the school by efficiently calling students to the various places they were needed without disrupting the classes by using the intercom.



ORGANIZING. Clare Crawford (12) and Jessica Dwyer (11) read and work on homework in the library after finishing stacking and shelving books for Mr. Spruell. Whenever a book was returned to the library, the library helpers made sure that they shelved the books in the correct order. They also made sure that the books were put back on the right shelf according to the Dewey Decimal System.

FILM. Mark Webb (11) and Candace Keng (11) film their next broadcast for the holiday season at the Burton Center for Mass Communication. Both Mark and Candace have been in the Mass Communications program for multiple years, studying the areas of television, radio, and print media. Next year, Keng and Webb will be offered an internship to help them focus on the major elements of the communication industry. Most Mass Communication students are students who would like to excel in Communications as a full time career.

DEVELOP. Taylor Shaw (12) helps take pictures in the Child Development program at Burton, for the "Hollidaz". Taylor has been in the Child Development program for four years and hopes to have a future career as a teacher. In the program, Shaw helps children, and learns how to cope with the everyday dealings of a child.



STUDY. Morgan Shannon (12) finishes some work and studies for her science class at Roanoke Valley Governor's School. Governor's school is for applied applicants only, in which people have to be accepted to attend. Morgan has been going to Governor's school for four years, excelling in scientific ability for future careers.

CARING. Emily Clark (10) helps a little kid in Child Development glue her holiday project together. Emily helps with children everyday to learn how to cope with children and learn the expected roles of a teacher. This Burton program gets students ready to become a teacher and know what to expect in the classroom.



INFLATE. Austin Steinhafel (9) pumps up a tire at Burton's car shop. Each tire has to have perfect air pressure to make sure it's safe for using. Austin is currently enrolled in Burton's Auto Service Technology. In this program, Burton provides students with the hands-on experience in the repair of modern automobiles. This program can help students get prepared for their ASE Exam





TASK. Dylan Tokotch (12) performs precise Calculus steps at Governor's School. Dylan is a senior and in his fourth year in Governor's school. In order to be accepted in the programs at the Governor's School a student must go through a special acceptance process. So to be accepted in the Governor's School is a big honor.



BUILD. Zachary Hodges (12) hammers the nail firmly into the wood. If the wood is not in good condition, it can be dangerous. Zachary is in the Woods Tech program at Burton. The Woods Tech program lets students have hands-on building experience while learning certain techniques of the trade. Students have the opportunity to build different types of wood projects, such as steps, and mailboxes.



RECORD. Devin Phillips (10) and John Edwards (10) record the information used to predict the outcome of the car crash in Criminal Justice. For a future career in Criminal Justice, a police officer has to know the dangers of certain situations. Devin Phillips wrote down the possibilities and outcomes of possible wrecks. An officer would need to know the entry ways, and upcoming intersections of a highway.



PROCEED. Amanda Simmons (11) walks to class on a nice day at the Burton Center. Simmons is enrolled in the Criminal Justice Program at The Burton Center. She has been doing this program for two years and wants to soon have a career in criminal justice. This program starts in the morning and goes on until 11 o'clock. It is a two hour program. This program helps you prepared for the everyday life of fighting crimes.

Minds of Many Schools

Burton and Governor's School

The Burton Center and Roanoke Valley Governor's School are both specialty schools in the Roanoke Valley for students who would like to excel in special programs, such as Environmental Sciences, College Preparatory courses, Wood Shop, and Computer Technologies. The Burton Center and Governor's School both require an application to be chosen for the specific course.



ORGANIZE. Ryan Reader (12) organizes his tool box, making sure everything is in its place. In car shop, if one isn't organized, it makes it very hard to find what you need to get the job done right. Reader is currently in the Auto Service Technology, and learns how to manage different types of engines and cars. For different cars and engines, you need different size bolts and screws. Keeping the different sizes arranged in an orderly manner is a big aspect of having a successful work place. Reader has been in this program since his freshman year and knows a lot of information of how brake systems and engine performance works.





Extracurricular Cohesion

Clubs and Activities



MODERATING. McKennon Flint (12) and his father help prepare the academic team for an upcoming VHSL competition. McKennon moderated the practice while his father offered his advice and commentary. Mr. Flint served as a parent volunteer and assistant coach to the Academic Team when needed.

BONDING. The Academic Team admires their hard work after school. The team decorated a tree for Christmas in the library and spent the day after school celebrating Christmas, even putting all of their Secret Santa gifts under it. Some of the gifts were laughable such as a massive amount of macaroni or an apron, where as others were serious and meaningful.

KNOWLEDGE. The Academic Team proudly displays their trophy after completing in the Virginia Tech Fall Novice Invitational. The team placed 1st out of eighteen teams after weeks of practice. The A-team was undefeated throughout the entire competition, while the B-team placed 5th.



OLEFIN. At Thomas Jefferson High School for Science and Technology, Madelyn Burton (11), McKennon Flint (12), Michael Zhang (12) and James Cole (10) compete in the Olefin Tournament. The team placed third out of twenty one teams in the Daniel Bracket.



PRIDE. After the Virginia Tech Fall Novice Competition, competitors Colin Rooney (11), Madelyn Burton (11), James Cole (10) and Adam Guyes (12) show off their trophy. James served as the A-Team captain and was named Top Individual at that competition.

MERRIMENT. Michael Zhang (12) and Mark Mercier (12) laugh at some of the antics at the Academic/Debate Teams' Christmas Party. After winning a match against Pulaski County High School, the team cleared out their gear and enjoyed food, drink and the exchanging of gifts.





Combining Knowledge

Academic and Debate Team



During the year, two groups of scholastically gifted students used their skills in a variety of competitions. Both the Academic and Debate Teams were coached by math teacher Robert Powers on Tuesdays and Thursdays; and Mondays and Wednesdays after school respectively.

The Debate Team received new resolutions bimonthly and the students, as well as Mr. Powers, would sit down and begin discussing possible arguments to be presented as well as brainstorming ideas of points to bring out. Since an argument had to be presented for both sides, many pro-con lists were made. After which, the students would go out and do research on the given resolution, gathering quotes and evidence to manufacture cases for the argument. Once cases were compiled, students would practice their debates in front of their teammates, which was followed by a barrage of questions similar to what they would face at a competition.

The Academic team too had a productive season which ended up being extended as they continued to the State Competition where, after defeating Christiansburg, they were named the VHSL AA State Champions. Leading up to that victorious moment, though, the Academic team was hard at work. Many times, the team members were assigned topics, or categories that they had to write questions for their teammates to answer. They would also do scrimmage matches during practices where the members were divided up into two teams and would compete against each other. Mr. Robert Powers stated that on the way to competitions, the team would play games in the car. "It not only encouraged team bonding, but also got them ready for competition where they would be required to think on their feet."



SALE. Gail Adams (12) and Helen Bower (12) volunteer on their day off at the English Department's book sale for BETA club. This book sale was a huge and beneficial fundraiser for the English department.

BANQUET. Laura Powell (12) and Kayla Malkos (12) put out the food for a staff banquet, which every BETA Club member contributed a dish to. Some members volunteered as servers as well as a clean-up crew.

PODIUM. Molly Raber (12) and Bailey Jenkins (11) lead a Key Club meeting. Molly and Bailey were in charge of coming up with the volunteer activities that Key Club participated in throughout the school year. Key Club participated in several different volunteer opportunities such as passing out water at the Drumstick Dash.



SERVING. Alexander Thomas (12) was uncovering food for the teachers lunch. This lunch was made and served by the BETA club members for the faculty conference work day. This provided the BETA club members extra hours which was needed for the organization.



SCARE. Zev Woodstock (12) and Meredith Young (12) get into the Halloween spirit while volunteering at Jaycee's Haunted House for BETA Club. BETA Club members were praised on how well they acted out their parts while scaring the patrons who visited the haunted house.

RUNNER. Debra Lustig (12) along with other BETA club members, run water to the cross-country athletes as they come across the finish line after finishing their race at Knights Crossing. Knights Crossing was the biggest meet that was hosted by the cross-country team.





Making Connections

BETA & Key Club

*B*efore officially becoming a member of BETA Club, each member must recite a pledge promising to be honest, to serve their community, and to maintain an exemplary reputation. BETA members uphold this pledge by volunteering throughout the community and helping with school events. From volunteering at Dog-tober Fest and Jaycee's Haunted House to tutoring fellow classmates, BETA Club members strive to help their community and their colleagues. It is also considered a high honor to be accepted into BETA because of its high standards for academic achievement along with involvement in the community.

Key Club members also focus on being involved in the community through volunteering. Kiwanis is a business service organization that sponsors Key Club and helps the club get involved in the community. Key Club members participate in many events throughout the community; one such event was The Drumstick Dash which benefited the Rescue Mission.



SUPPORTING. Peyton Connor(12), Shelley Bowles(12) and Ashlyn Mastrangelo(12) hold up signs made by the drama students at an assembly for fall activities. The Drama Club was recognized for their performance of "I Bring You Flowers" at both the Riverridge District competition, where they took 2nd place; and the Region IV regional competition, where they placed 3rd. The students wanted to support the cast and show their pride for CSHS Drama.

FLOWERS. Anthony d'Alelio(12) and Otilia Walker(12) rehearse an emotional scene from their VHSL competition piece, "I Bring You Flowers." Anthony and Otilia portrayed a married couple that has undergone the tragedy of losing their daughter. The wife is in a mental institution, and the husband is trying to bring her back to reality. For their performances, both actors won Top Acting awards at the District competition. Anthony also won an acting award at the Regional Competition

SUCCESS. With their coach, Mrs Sandra Gotschal, Lauren Chapman(11) and Otilia Walker(12) show off their ribbons from the River Ridge District Forensics Competition. Lauren chose prose, while Otilia participated in poetry. Both girls placed third in their respective categories.



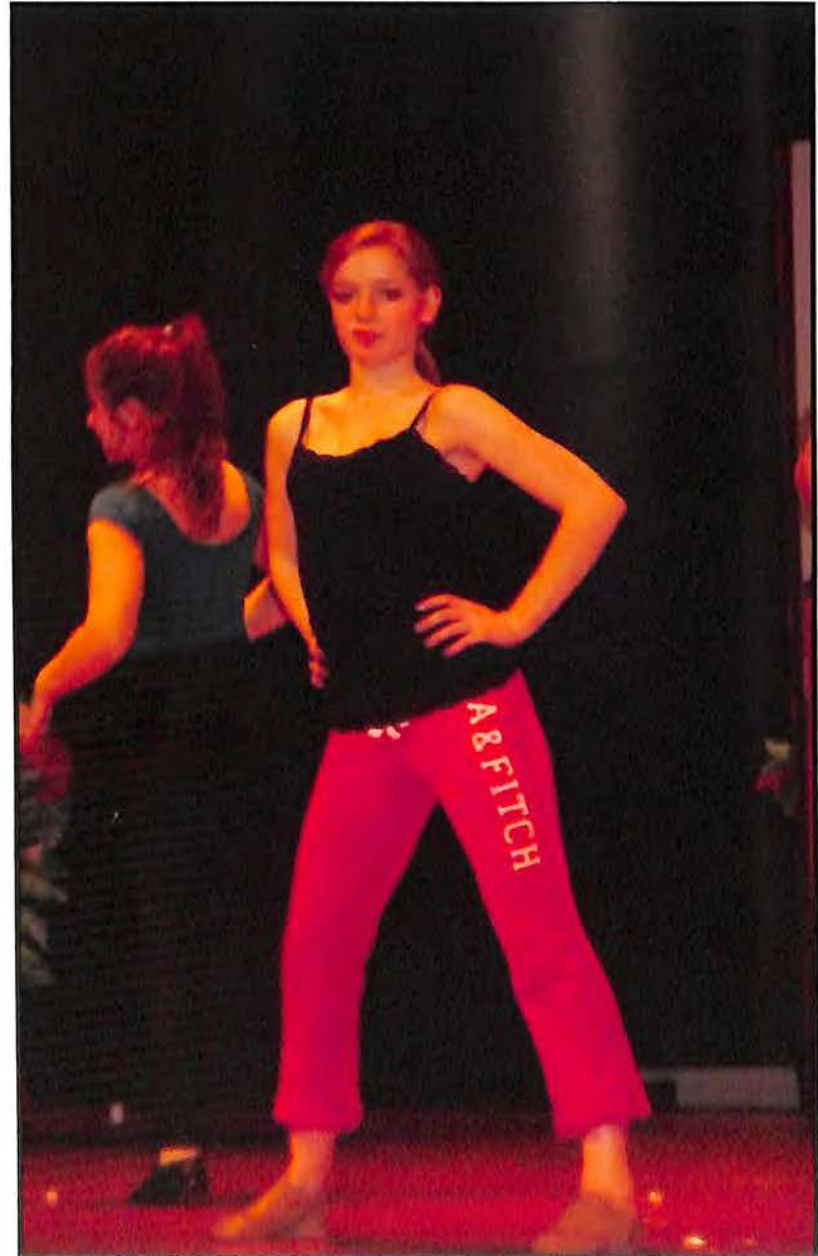
PIRATES.

Ashlyn Mastrangelo (12) reads a story in class. The students were practicing their pieces for forensics competition. The story was about a boy who spends the day with pirates and decides, after seeing that pirates don't get tucked into bed, don't get read bedtime stories, and don't get any goodnight kisses, that "the pirate's life" isn't for him. Story Telling was just one of the many categories offered by the VHSL.



RELIEF. The Drama Club Competition Team heaves a sigh of relief in the afternoon after performing their piece at the VHSL One-Act district competition at Salem High School. The Team was the first to perform at districts with the show "I Bring You Flowers" on Saturday, November 5, 2011. The cast spent the entire day together performing, grabbing a bite to eat and celebrating their victory.

DANCE. Lauren Butler (11) practices choreography for the opening number of "Footloose". In the show, Lauren played the character of Wendy Jo, one of the teens in fictional Texas town Bomont, where dancing is against the law. Through many trials, including going up against powerful Reverend Moore, protagonist Ren is able to help his friends regain freedom and really "Cut Loose!"





Cast of Characters

Drama Club



Throughout the year, the drama club worked on a variety of projects and performances. Some of the biggest was the VHSL One-Act competition, Forensics competition and, of course, their spring production of "Footloose".

The casts worked hard at learning their lines, their staging, and, most importantly, the importance of good cast relationships. "After spending months of time together, the cast becomes kind of like a family," remarked one student. "You come to rely on them for support throughout the entire production."



MASQUERADE. Shannon Craighead(12) decorating for the homecoming dance. The theme for the new dance was masquerade ball which included decorations such as glittered masks and strings of multi-colored bright lights.

T-SHIRTS. Elizabeth Williams (12) sells a homecoming t-shirt to Jessica Buckley (12). This years t-shirt theme was 'The Mighty Knights.' The SCA sold over 350 shirts to the student body.

CANDY CANES. Weston Dean(11) and Likeith Saunders(12) selling candy canes to raise money for the women's battered shelter. The F.O.R. club merged with prevention club to form a new addition to the school's clubs and activities. F.O.R. club promotes Rachel's Challenge, a program that promotes anti-bullying, anti-drinking, and anti-drug campaigns.



HELPING. Lauren Chapman(11) helps load food to be sent to the Community Store during Thanksgiving week. The SCA collected food from the community for families in need of food for a Thanksgiving dinner during the holiday break.



ANNOUNCE. F.O.R. Club president Erin Smith(11) and club sponsor Officer Spaulding hand out candy canes to students during lunch. This fundraiser benefited the Battered Woman's Shelter.

MASK. Dylan Cohan (12) puts up a mask decoration for the homecoming dance. The homecoming theme was completely set up by the Student Council Association.





Serving the Community

SCA, Pep, and F.O.R. Club



The SCA, Pep Club, and F.O.R. Club are dedicated to serving not only the school, but also the community. SCA led fundraisers such as the boo grams, the Thanksgiving drive, "Kendal's Karnival", and the blood drive to raise awareness about important charities. Charities that benefited from these fundraisers ranged from the United Way to the Roanoke Food Pantry. People who were in need of assistance were also helped by these clubs. The Pep Club raises school spirit within the students as well as within the community. The club made signs to support teams and helped raise money for their programs. F.O.R. Club, which supports Rachel's Challenge, was a new addition this year. Members sold holiday grams and donated the money to The Battered Women's Shelter. It also helped raise awareness about bullying and encouraged students to get involved in their school and community.



SYNCHRONIZED. Those involved spent months practicing the routine so that everyone was in sync with each other during the show. Marching band is based on the movements of the individual to contribute to the overall united look of the whole.

MOTIVATE. Band members spend six days out of their summers learning the music and becoming familiar with the sets. They used this time to learn the show so that they could practice and perfect it the rest of the season.

PRECISE. The trumpeters follow in line in perfect step with each other. The overall united look of the band relied on the synchronization of the individuals.



ENTERTAIN.

During the Hidden Valley half-time show, the Marching Band took the field while the Hidden Valley Band watched from the stands. Their show was called "Things That Never Were."



COMMITMENT. Band members practiced everyday after school so that their routine looked and sounded exactly how they intended it to. Their hard work and many hours of practice produced an exceptional show in which helped them to improve and place in competitions.

SKILLS. Seventh grader Cole Bunn plays the xylophone during the finale of the half-time show. He was honored to be a part of the marching band at such a young age and was very committed through the entire season.





Staying In Sync

Marching Band

*M*arching band was an instrumental form of school spirit and was an activity that involved practice and precision. Each individual was responsible for knowing their own part in the show in order for the show to look and sound synchronized. The marching band, which had had the same uniforms for twelve years, received new uniforms for the 2011-2012 school year. While they had to wait a little longer than they originally intended for the uniforms to come in, the uniforms finally arrived just in time for the Hidden Valley football game. Band members performed for the first time in their new uniforms facing their rivals.



ORGANIZATION. Jessica Paz-Tello (12) and Kazel Ciriaco (12) are sorting different cans to ease the unloading process. Arranging cans was the last step before shipping in the project that the two were participating in. Jessica greatly enjoyed the service project. The two seniors were a huge part of the club and would be big shoes to refill for the upcoming year.

PACKAGING. Jason Snebold (12) and Jacki Lucki (faculty) are boxing up goods and totaling up the numbers of canned goods. Jason would place the canned goods into the boxes as Jack tallied up the cargo that was to be shipped out. The splitting of the two task led to an easier, more efficient, and more accurate way of human powered packaging. Jacki allowed her students to do different task for a learning experience for them.

TEAMWORK. Hannah Sitze (12) and Molly Raber (12) are working together to speed up the efficiency of the box making process. The two seniors were participating in the first step of their project in DECA. They had to construct many boxes so that they could be filled with many nonperishable cans or Roman Noodles.



INTERACTION.

Jacki Lucki and Garrette Johnson (12) discuss their ideas with one another over the upcoming idea for the DECA. Johnson was a vital to the organization of the group and helped bring out the finest characteristics in every member. Garrette and Jaki formed a stupendous coinciding relationship which led to a successful year in DECA.



DISCUSSION. Nicholas D'Alelio (11) and Breana Johns (11) look at an exhibit at the ecology fair. The marketing class invited community organizations that featured a greener way of living.

ASSEMBLING. Brandon Williams (11) is transporting boxes from the folding station to the loading station. An assembly line-like method of corporation was utilized in projects for more productive accumulation.





Stock-piling the Community

DECA & FCCLA

The DECA & FCCLA clubs serve their communities with aspiration of a good life for all. These two clubs, led by Jaki Lucki (faculty), helped ease some of the troubles throughout the Roanoke Valley. Service projects taught students how to use team work and other life skills as well as assist the community. Over the course of the year, these clubs silently helped the world without needing tremendous glorification, from others.



MORE. Kelsey Dickerson (10) practicing her vocabulary skills in order to become more fluent in the French language. This aspiring young student had a great mind and love for French and put in extra study time for vocabulary. The French Club helped Kelsey get to interact with others who shared the same love for the language as well as to enhance her relationship with Rebekah Johnson.

CRÊPES. Rebekah Johnson taught her French Club how to make Crepes at a typical Friday meeting November 18th, in the Culinary Arts room. Rebekah always seemed to brighten the mood of all her students with her happy and relaxed personality, while her upbeat personality overtook the environment and increased students' interest in learning to a broader gateway to the path of accomplishment.

RECRUITMENT. Mary Douglas, Christopher Benson, Rebekah Johnson, and Ashley Huray are eagerly waiting for new students at the electives fair. These teachers talked to parents and students about the different languages that the school provided and sometimes even tried to get aspiring language students to join the language clubs.



CACHE-CACHE. William Beard (9) flies out of his seat to find a hiding spot for the game. Cache-Cache is a French game meaning "to hide."



EYES AND EARS. Olivia Nepper (8), Josephine Perrin (9), and John Vitello (11) are listening and watching Rebekah Johnson (faculty) explaining how to make a French crêp. Listening to the teacher was important for students so that they would know how to make their very own crêp.

COMMUNICATION. Grant Iannello (9) is interacting with other club members. Talking to others in French which helped him and others gain more fluency in the French language.





Melding of Cultures

Foreign Language Clubs

Foreign languages are a vital component of the education for high school students. The Spanish and French clubs were created in order to assist and further implement the learning of a secondary language. Rebekah Johnson and Christopher Benson created a for students to further learn the cultures of French and Spanish countries as well as a time to interact with other students who shared their interests in foreign languages.



SHOT. An attacker took a shot on the Kustlung goalie. Attack players had to be able to take shots as soon as they were clear and undefended. Most shots had to be placed in spots around the goalie so that it would be more difficult for him to block the shot.

SPRINTING. An attack wing begins to run down the field toward the other team's goalie. While the player was running down the field, they had to look for open players to pass to. It was important for attack to get themselves open so that the player with the ball had someone to throw to.

PUSH. A defender holds a stick in front of an attacker to discourage a pass to an open attacker. Defense was to be played tight so that it would keep the attacker rushed and force him to get rid of the ball more quickly, which then usually resulted in an incomplete pass or an easily intercepted pass.



OUTRUN. Once a defender receives the ball from either a turnover or a missed ground ball he has to be able to throw it to an open attacker. This transport down the field helped for the ball to be passed more quickly and with a higher level of accuracy.



SWITCHING HANDS. Players have to be adept at using both of their hands to make a pass or shot. To evade defenders, players would switch from their dominant hand to their recessive hand which would throw off players who were on them. It allowed for easy access down the field.

CRADLING. A player protects the ball by moving it in a side by side motion in the head of the stick. Cradling the ball kept the ball from falling out of the pocket because it kept it confined to the net by constantly keeping the ball in motion.





Making The Cut

Mens Lacrosse

Lacrosse is an up and coming sport at the school this year with the creation of the first Knight's team. It is becoming a popular sport and people who play once are automatically hooked. Lacrosse combines running and hand-i coordination to keep every game constantly moving and in action. The team consists of midfielders, defense, attack, as well as a fast reflexed goalie. Members of the team who are graduating hope to see even more new people joining the team next season.





PERFORM. Victoria Muncy(11) dances and twirls a chain flag while performing to the song "Pure Imagination". These flags, as well as a routine incorporating more dance, added a flowing visual effect with a pop of color. Chain flags were a new feature, that the girls had never seen before.

PARADE. While marching in the homecoming parade, the girls of the color guard spin their flags to the rhythm of the Fight Song, being played by the marching band. The crowd cheered for the band and color guard as they walked down the street, trailing behind the majorette twirling fire batons.

PREPARATION. Before the pre-game show begins at Salem's stadium, Allison Reese (11) marches onto the field to set her flags in the correct spots. Setting the flags in the correct spots were crucial to the routines since transitions between the songs were quick.



CHEER. Members of the drill team chant and cheer with pom-poms for the entire length of the parade and into the stadium. The homecoming parade and game was where they made their debut, dancing on the sideline to the songs of the marching band. Even though they were not part of the band, they enjoyed being dancing along with the band and color guard.



KICK LINE. Ration (8), Michelle Justice(11), and Laura Miller (11) celebrate a winning game by dancing in the stands while the marching band performs stand tunes. Traditionally, the girls of the color guard formed a kick line while the Fight Song was being played

HOOP. While the drum line members perform their solo, Krysta Luzynski(10) twirls with a hoop baton. She impressed the audience with her superb skills and intricate tricks, such as high tosses and leaps.



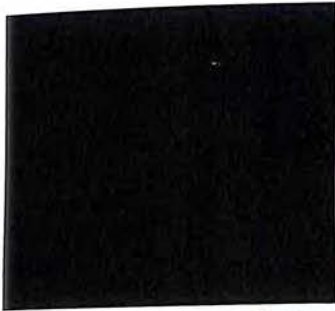


Performing as One

Color Guard and Drill Team

The color guard was said to have been responsible for showing the drama of the music. Their colorful flags and bright smiles added flair to the half-time show. The majorette presents a unique sparkle to the performance, as she leaped across the field twirling batons, a hoop, and knives. A new drill team cheered and danced on the sidelines, showing their pep and spirit. Although they were not part of the marching band, the team had routines to go with the band's stand tunes.







United As One Team
Sports

Running Together

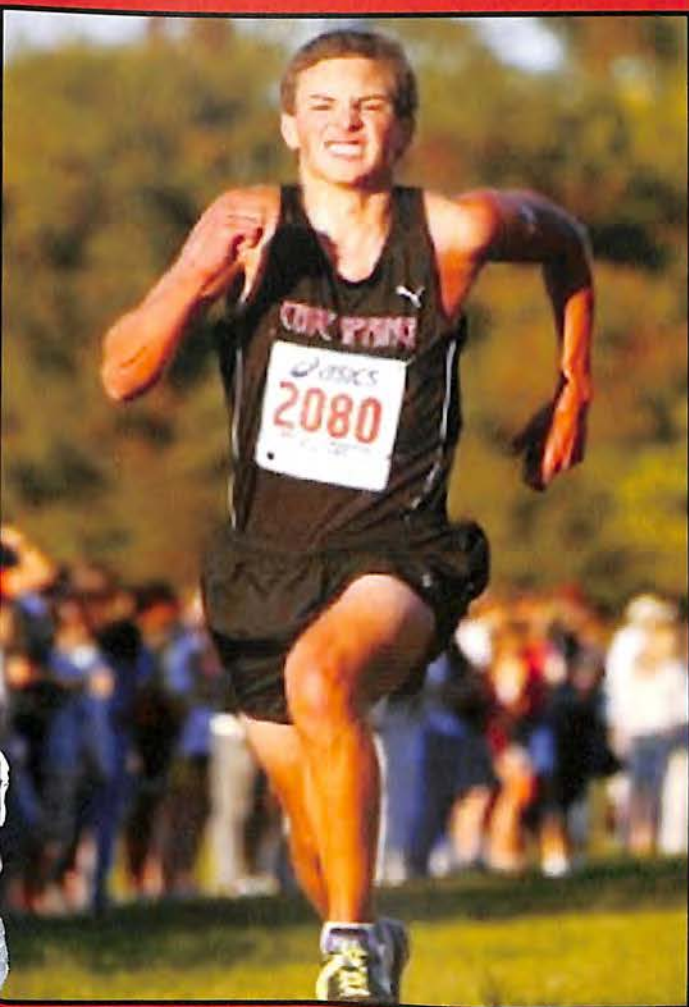
Boys Cross Country



LEADING OFF. Caleb McGuigan (12) leads the race at the *Blue Demon Invitational* where he leads the second fastest freshman in Virginia, Noah Combs. McGuigan made an aspiring effort to lower his time during the summer and he led the team with sensational enthusiasm at the Appalachian State cross country camp. Caleb was a gear runner for the Knights, he ran as the Knight's number five runner at different times in the year. McGuigan ran as a varsity runner at *Clash with the Titans*, *Outlands Invitational*, *Golden Eagle Invitational*, *Metro XC Championships*, *Runnin' with the Wolves*, *Rocktoberfest*, and finished at the *River Ridge Darter XC Championships*. He concluded the year with a season best time of 18:28 at *Metro*.



From Row: Gianni Iannello, Ryan Smith; Middle Row: Hunter Mollica, Aaron Sottore, Nicholas Colozza; Back Row: Coach Tommy McGuire, Cody Burchett, Joshua Gotschal, Jason Snehold, John Wiggins, Robert Seymour, Mark Mercier, Joseph Caplinger, Matthew Phlegar.



ONE VOICE. Robert Seymour(12) leads the boys cross country team in their "kill chant." Robert was the Knight's leader and number one runner. At cross country camp, at Appalachian State, Seymour made his goal of "all I do is win" very clear. This bold statement would carry throughout the season, coining the phrase "I'm never done!" Robert did seem to be "never done." He trained for over 1,000 miles during the summer and then never seemed to be beaten by winning *Runnin with the Wolves*, *Rocktober*, the *Metro Cross Country Championships*, and winning the first *River Ridge District* title in the history of his coach's career. Finally, Robert Seymour ran a personal best 5k time of 15:34.50 at *Great American Cross Country Festival* in Cary NC.

FINAL STRETCH. Daniel Seymour(10) is finishing at the *Metro Cross Country Championships*. He ran a time of 17:20.18 at *Metro* with a strong kick and proved the words of his coach to be accurate. Prior to the race, coach Maguire told Seymour that "it's the last point one of the race that separates the men from the boys and makes it cross country." Daniel always trained vigorously, trying to stay as close as he could to Robert Seymour as he could, and would even add on extra time during long runs and extra sets during workouts. He finished the season with a 17:08.00 at the *VHSL State XC Meet*.



Scorebox	Varsity	JV
Clash of the Titans.....	10th	4th
Blue Demon Invitational.	9th	4th
Knights Crossing.....	10th	6th
Oatland Invitational.....	23rd	
Golden Eagle.....	3rd	2nd
Metro.....	3rd	
North County Classic.....		4th
Runnin with the Wolves..	9th	4th
River Ridge District.....	4th	
Regional IV.....	4th	
VHSL State XC Meet.....	13th	



PUSHING ONWARD. Joseph Caplinger(11) is pushing the pace around a turn at *Clash with the Titans*. He finished with a time of 19:21.28. Caplinger was a vital key in pushing the boys on past pretunked favorite Hidden Valley by running a 17:44.56 at the very same course as *Clash*. He finished the season with a season best time of 17:33.00.

Closing the Ranks

Girls Cross Country



TRADING. Lisa Reimann(11) sprints to the finish in the Blue Demon Invitational. Lisa was a foreign exchange student from Germany whose personal record was reached on October 5. Her time was 22:27.31 at the Metro Cross Country Championships. She was ranked fifth consistently throughout the cross country season. Lisa chose to participate in the Cross Country team instead of other extracurricular activities because she felt drawn to the aspect of running through different landscapes.



Front Row: Melissa Schaefer, Emily Drinkwater, Kerrie Dalton. Back Row: Coach Tommy Maguire, Andrea Van Kerckhove, Meredith Young, Katie Portner.



THOUGHTS. The girl's cross country team prays before their run at *Clash of the Titans*. They do this in order to get ready for their race and to also become mentally prepared. "Running is 90% mental, the rest is physical." This quote basically sums up the motivation for the girl's team. The women's team shocked the running community when they beat out, favorite, Salem in the *River Ridge District XC Championships*, lead by District winner Katie Fortner, by a convincing 17 points and went onto the *Region IV Championships*.

STRIDES. Emily Drinkwater(11) strides downhill at *Blue Demon*. She was the girl's number three runner and was essential to the team making it to the *Region IV Championships* when she ran her personal best time of 21.09 at the *River Ridge District XC Championships*.



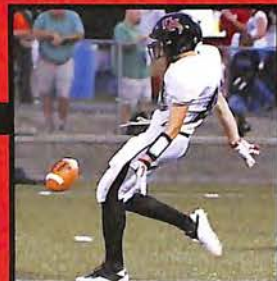
Scorebox	Varsity	JV
Clash of the Titans.....	13th	
Blue Demon Invitational.....	3rd	
Knights Crossing.....	16th	
Oatland Invitational.....	36th	
Golden Eagle.....	2nd	
Metro.....	5th	
Runnin with the Wolves....	4th	
River Ridge District.....	4th	
Regional IV.....	3rd	



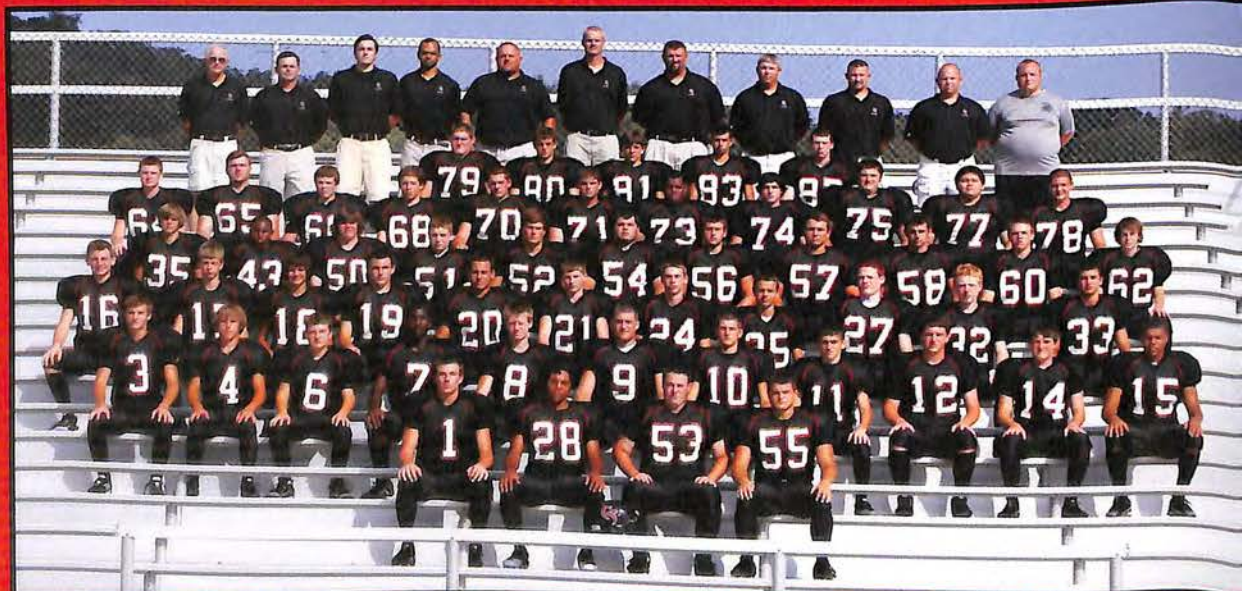
PUSHING. Kattie Dalton(11) runs a personal best time at *Knights Crossing*. Kattie was the leader in work ethic for the women's team and claimed her spot as the women's number 2 runner. She received 2nd team All-District Honors, running a personal best of 20:28.00, and was 7.62 seconds from All-Region Honors.

Taking the Field As One

Varsity Football



CRUSTY. Tight end Jordan Bryant(11) trucks a Northside defender to gain several more yards after catching a pass. Later in the game Jordan received another pass and ran into the end zone to score the first touch down of the Northside game. Not only was he an offensive tight end but he was also a defensive inside linebacker. Being in a defensive position allowed him to lead the team in tackles for the season. Besides being an important asset to the football team he also participated on the varsity basketball and baseball teams.

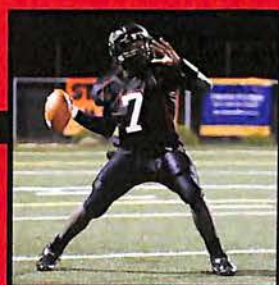


First Row: Reece Klingery, Samuel Wright, Kyle Harris, Nicholas Frohock; Second Row: Jonathan Evans, Jacob Cash, Thomas Bradley, Anthony Simmons, Alexander Lina, Jordan Bryant, Michael Christley, Sebastian Wellford, Mark Webb, Alex Emery, Sean Easley; Third Row: Jake Woody, John Ferguson, Adam Huffman, Austin Amos, William Gerhardt, Edwin Ball, Jonathan Rouch, Ty Albrighton, Kyle Curtis, Brendan Gallagher, David Morrow; Fourth Row: William Brooks, Joshua Smith, Brendan Eubank, Austin Thompson, Matthew Reiter, Joshua Hammes, Daniel Cloeten, Clay Woody, Tyler Francis, Hunter Barker, Justin McGuire; Fifth Row: James Truskey, Logan Turner, Spencer Smith, Joshua Reiter, Austin Steinhafel, Grant Yates, Isaiah Baylor, Tyler Hazelwood, Dylan Brucki, Joshua Bowyer, Nicholas Smith; Sixth Row: Zachary Williamson, Zachary Foutz, Matthew Hamm, Benjamin Cardenas, Adam Shelton.



HURTLE. Sam Wright (12) leaps over a Martinsville defender as he tears through for the first down. Samuel ran for 297 yards in the Martinsville playoff game. This was a personal record for him. However, this was not the only record Samuel broke. He shattered the single season rushing, career rushing, and career touchdown records, stealing them from the famous Tiki Barber. Samuel also broke the single season touchdown record and the Timesland area.

SCAN. Reece Kingery (12) analyzes the defense as he rolls out the pocket. He saw an open lane, so he tucked the ball and bolted for the first down. During the Salem game Reece ran for over 100 yards and had an interception on defense. Unfortunately, Reece reinjured his right knee two games later in the Blacksburg game. This was not the first time he hurt his knee (a total of 6 times), but this one was worse than the others to date. He was forced to miss the next two games, but returned in time for playoffs. Reece played the last three games with a torn meniscus, patella, MCL, and several ruptured tendons.



Scorebox

	CS	
William Byrd.....	28 - 14	
Martinsville.....	50 - 29	
Northside.....	21 - 45	
Lord Botetourt.....	34 - 18	
Alleghany.....	45 - 21	
Salem.....	26 - 29	
Pulaski County.....	22 - 20	
Blacksburg.....	40 - 6	
Christiansburg.....	26 - 21	
Hidden Valley.....	39 - 41	
Martinsville.....	41 - 9	
Regionals: Richlands.....	35 - 21	
State Semi-Finals: Brookville ..	27 - 38	



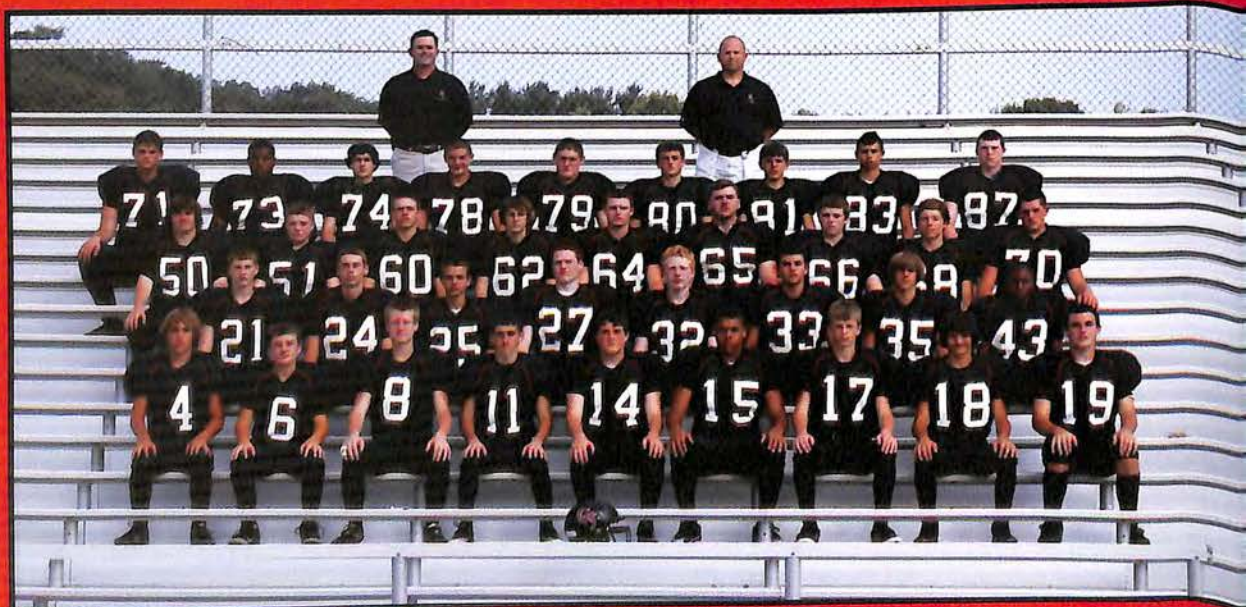
CUTBACK. William Gerhardt (12) catches a pass and jukes out an Alleghany defender as he runs down the field for big yards. William started at fullback on offense and outside linebacker on defense. He played a vital role in this year's Region IV Championship team. His hard work often went unnoticed as fullback, but the team greatly appreciated his fearless actions every down.

Assembling the Huddle

Junior Varsity Football



DOWN. Jacob Cash (10) gets down and ready to make a tackle during warm ups. Stretching and warming up properly is a great aspect of the game of the football. Without warming up correctly, your body will not be able to handle the Exercises you will be doing in the game. Practicing what you do in practice makes the mental game easier by knowing what you have to do to carry out your job. The team went 12 for 3, with 12 wins, and 3 losses the entire season. The aspect of warming up correctly and knowing the right things to do helped the team to achieve that goal.



Front Row: Jacob Cash, Thomas Bradley, Alex Line, Sebastian Wellford, Alex Emery, John Ferguson, Adam Huffman, Austin Anjos, Second Row: Anthony Ball, Jonathan Roach, Ty Albritton, Kyle Curtis, Brendan Gallagher, David Morrow, Will Brooks, Josh Smith, Third Row: Brendan Eubank, Austin Thompson, Hunter Backer, Justin McGuire, Patrick Truskey, Spencer Smith, Josh Reiter, Austin Steinhilber, Fourth Row: Grant Yates, Isaiah Baylor, Tyler Hazelwood, Nick Smith, Zac Williamson, Chase Hamlin, Ben Cardenas, Adam Shelton.



HUT. The players get ready to attack the vikings on a run to stop them from scoring. Attacking the other team with the right form, and right plays, will stop the Vikings from scoring, eventually winning the season's game. Defence is practiced every practice so the players can get the correct form and plays down to get ready for each and every game. Without this practice, the Vikings wouldn't have been stopped.

TAKE DOWN. Jonathan Roach(9) takes down the Christiansburg opponent who was trying to score. Jonathan Roach, who is a starting corner for the Junior Varsity football team, worked hard for his position everyday in practice. Soon after the Junior Varsity season was over, Roach moved up to the Varsity Football team, working for a starting position as the defensive safety.



Scorebox

CS

Franklin County.....	26	-	21
Brookville.....	21	-	14
William Byrd.....	6	-	0
Martinsville.....	7	-	0
Northside.....	14	-	22
Lord Botetourt.....	38	-	21
Alleghany.....	14	-	7
Salem.....	6	-	24
Pulaski.....	26	-	36
Blacksburg.....	36	-	0
Christiansburg.....	42	-	6
Hidden Valley.....	21	-	14



FIGHT. Tyler Albritton(10) and Sebastian Wellford(10) fight for possession of the ball during practice. Protecting the ball was an important part of the game and without the will to fight and win, winning games was nearly impossible. Tyler Albritton and Sebastian Wellford were both starting offensive players.

Hole in One

Golf



DOWN UNDER. Edison Lagan (10) practices his 7 iron shot to improve his iron game. The 7 iron was a shot normally used for a 150 foot chip. Lagan utilized this shot consistently throughout practice in order to form a more complete and well rounded game for the real matches. Edison was nothing less than astonishing for the men's team. He played a tremendous role in guiding the knights to a district and region title for the men.



Front Row: Andrew Board, Kenneth Garrett, Edison Lagan, Richard Fishwick, Cody Bushman; Back Row: Coach Andrew Huray, Nicholas Brediger, Theodore Melnik, Cody Caldwell, Stephen Robbins, Coach Stephen Biscorte.



THE FINAL STROKE. Nicholas Brediger (11) practices his long putts at the edge of the green to help lower his score under par. Long range putts were normally taken after long fairway hits and are considered, by some golfers, the hardest putts to perform during the course of the game.

THE IRON HIT. Kenneth Garrert (10) is hitting his second stroke of the hole with his six iron. Kenneth was on varsity and a part of the second placing men's golf team. He played when he reached the criteria for the team with patience, concentration, long driving capability, precise putting, and consistently reaching a score of eighty in practice practice.



Scorebox

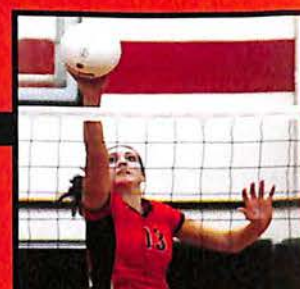
Heritage Invitational.....	2nd
Metro Invitational.....	2nd
Hunting Hills Country Club.....	2nd
Blacksburg Country Club.....	2nd
Hidden Valley Country Club.....	1st
The Meadows.....	3rd
Thorn Springs Country Club.....	2nd
Hanging Rock Country Club.....	2nd
District Tournament.....	1st
Regional Tournament.....	1st
State Tournament.....	2nd



INCH BY INCH. Meagan Board (10) places the ball carefully on the green. Board was about to make a putt, one of the hardest aspects of the game of golf. Meagan was one of only two girls on the golf team.

Unified in Victory

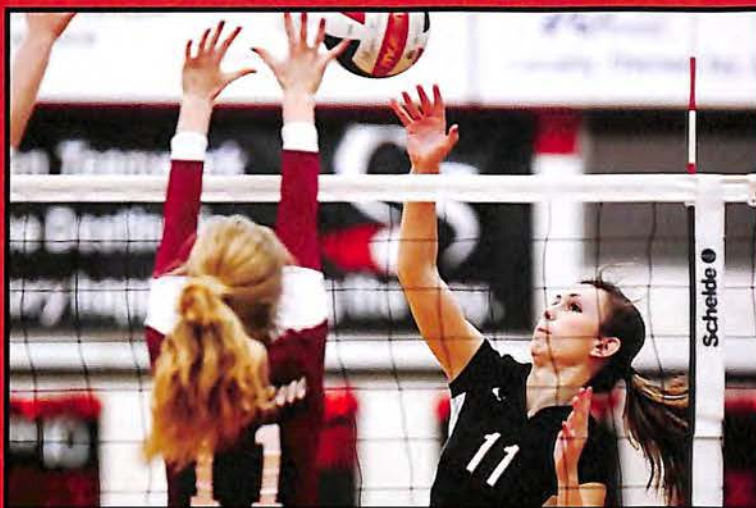
Varsity Volleyball



TEAMWORK. The team waits in anticipation before the ball is served. Once the ball was served, the other players got into position to put the ball into play. Each player had to remain vigilant at all times so that they were ready to hit the ball. It was not uncommon for players to dive for balls that went astray. It was extremely important for the players to know that their team had their backs during the play because they depended so much on each other to complete the plays and win the points.

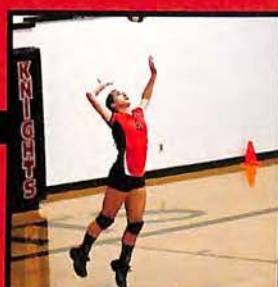


Front Row: Kelsey Sine, Morgan Shannon, Shannon Craighead, Lauren Sledd, Kelli Long; Middle Row: Sarah Smith, Kallie Wilkes, Annice Link, Alyssa McKuiley, Olivia Sass, Lauren Sigmon; Back Row: Coach Tamlin Tanis, Coach Mark Tanis, Kendall Scott, Eric Holinger, Coach Jenna Burnop.



SPIKE. Kelsey Sine(11) spikes the ball through the block during the team's game against Salem. The team won all three matches against Salem by more than ten points. With this win against Salem the volleyball team pushed their overall record for the season to 23 wins and 2 losses. The team played each team twice sometimes more, and each time they played Salem they won all three matches.

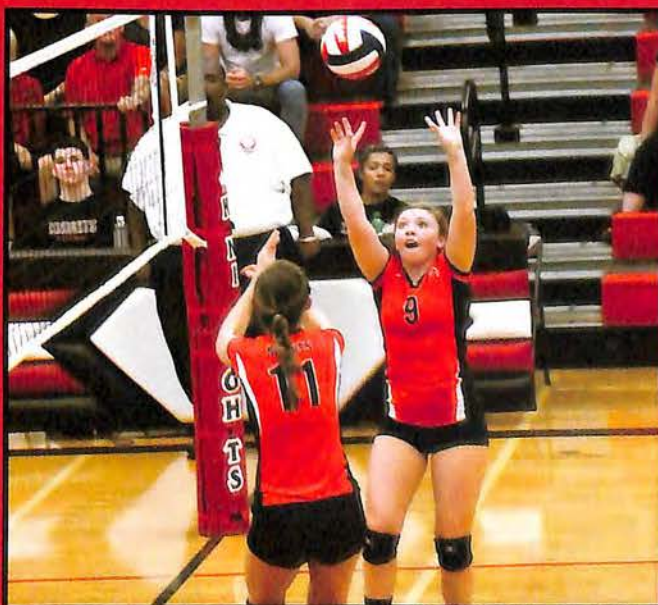
ACE. Erin Holsinger(11) tips the ball over the net in the state championship final match. The team won all three matches which quickly ended the game for their victory. The team played Jamestown, ranked 15th in the state, in the state game. At the end of the season the volleyball team was ranked first in the state and 47th in the nation. When asked about how playing in such a huge stadium affected the team and how the team reacted when they realized they had won the state championship Shannon Craighead(12) said, "The big arena was definitely intimidating because it's not something we were used to, but we didn't let that affect our game! We shut out everything around us and only focused on the court and played the way we had been all season. When we won we all piled on each other and hugged each other over and over. We laughed and cried and were just so happy to have finished our season with a win and relieved to know that we had achieved the goal we had set for ourselves from the beginning!"



Scorebox

CS

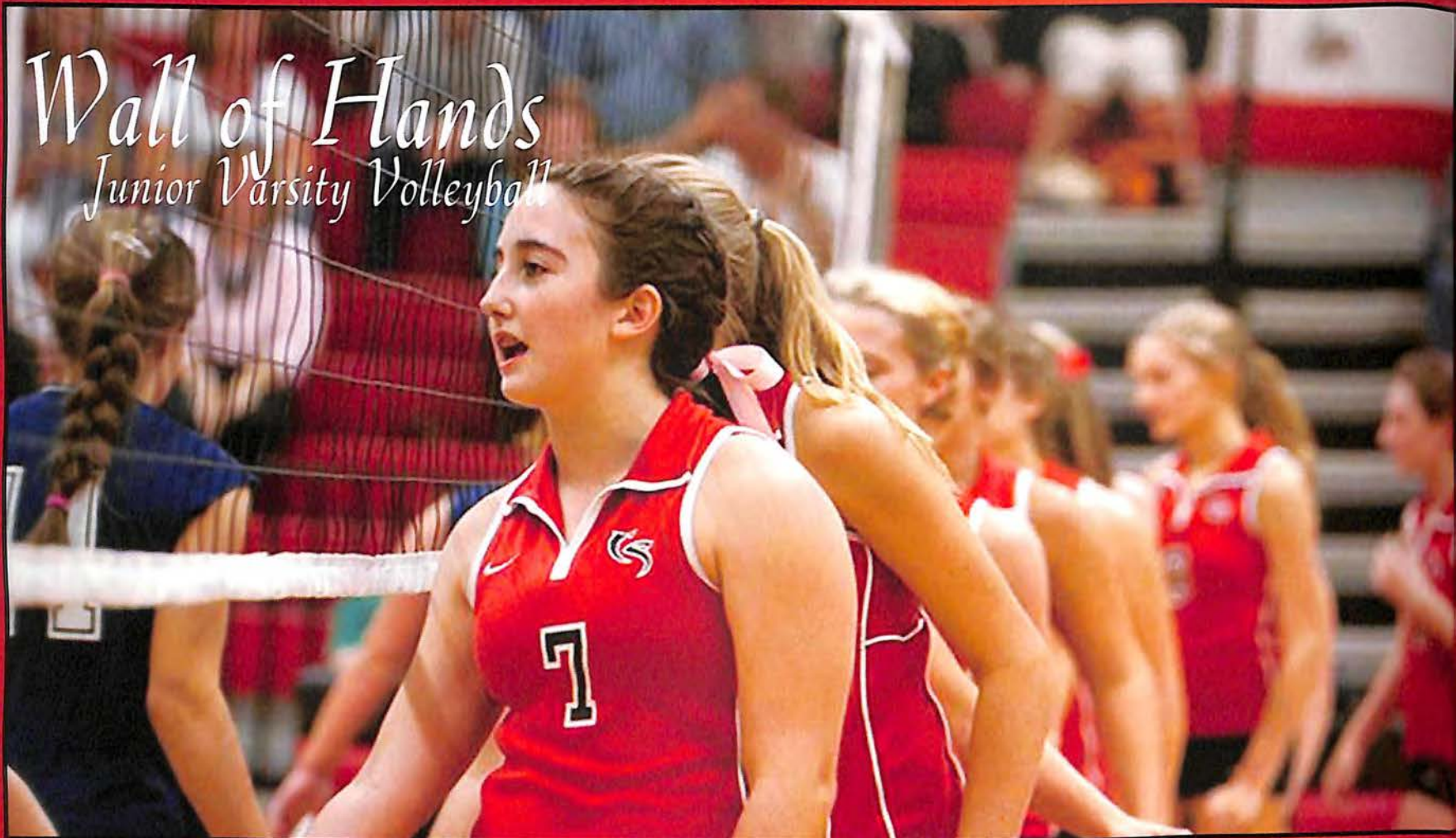
Liberty Christian.....	3	-	0
Jefferson Forest.....	3	-	0
Liberty Christian.....	3	-	0
Bath County.....	3	-	0
Salem.....	3	-	0
Pulaski.....	3	-	0
Blacksburg.....	3	-	0
Christiansburg.....	3	-	0
Hidden Valley.....	3	-	0
Salem.....	3	-	0
Western Albemarle.....	3	-	2
Atlee.....	3	-	0
Pulaski.....	3	-	0
Christiansburg.....	3	-	0
Blacksburg.....	3	-	0
Hidden Valley.....	3	-	0
District Semi-final: Salem.....	3	-	0
District Final: Hidden Valley.....	1	-	3
Region Quarterfinal: Bassett.....	3	-	0
Region Semi-final: Blacksburg.....	3	-	0
Region Final: Hidden Valley.....	3	-	0
State Quarterfinal: E.C. Glass.....	3	-	0
State Semi-final: Loudoun County.....	3	-	1
State Final: Jamestown.....	3	-	0



SET. Lauren Sigmon(10) sets the ball up for Kelsey Sine(11) to spike it from the middle. Even though Lauren Sigmon(10) was only a sophomore she proved to be a crucial part of the team and was an important factor in helping the team reach the state level. How team members communicated to complete the play was extremely important to the outcome of the game. Without their teamwork the volleyball team would not have been able to make it to the state level, let alone become state champions.

Wall of Hands

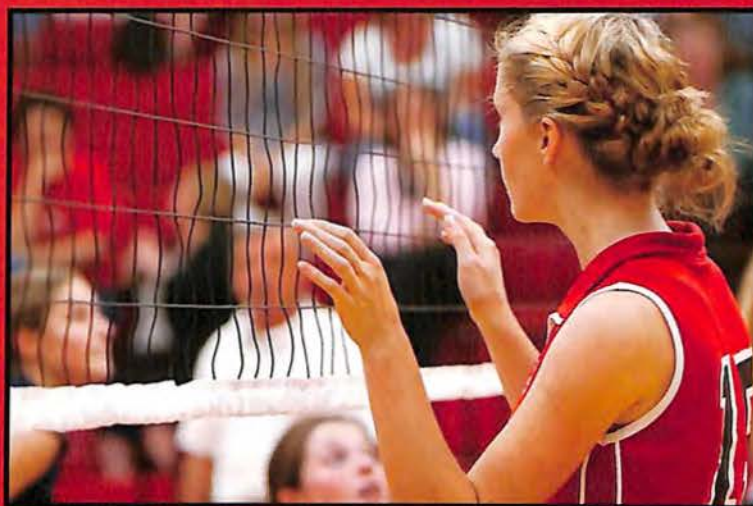
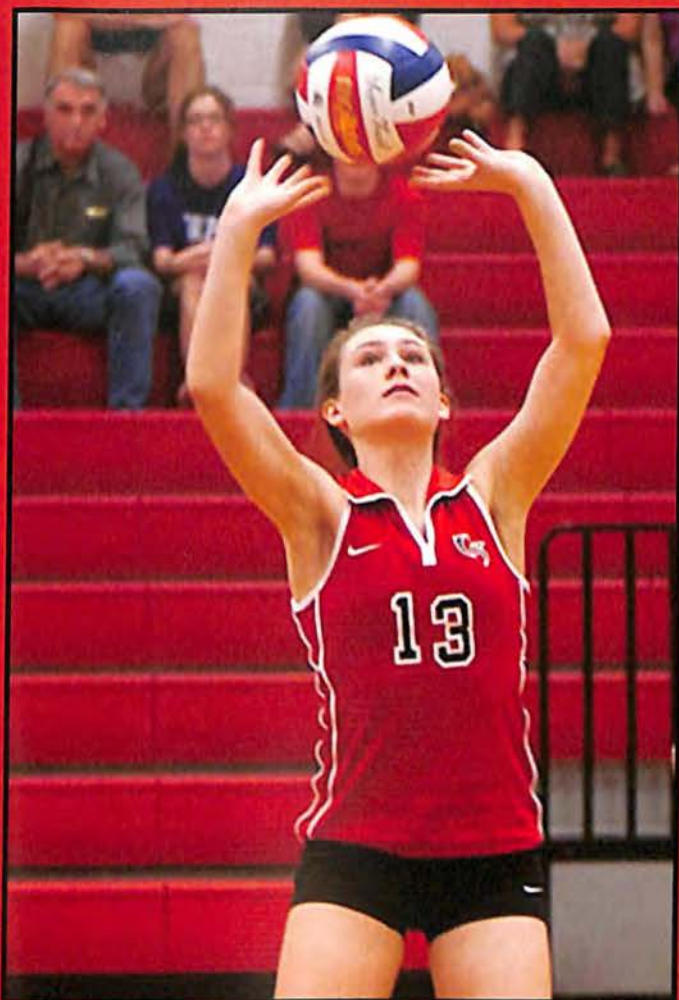
Junior Varsity Volleyball



CONCENTRATION Emily Fulton(10) watches the play in action as she observes her teammates get the ball to the other side of the net for a point. While watching the play, she has to be ready for the ball to come her way if the opposing team sends the ball back. Emily was also a member of both the indoor and outdoor track teams, participating in triple jump, pole vault, high jump, and multiple running events.



Front Row: Emily Fulton, Allison Kelly, Lauren Nepper, Mikayla Tarpy; Second Row: Maeve Sedivy, Alayna Foutz, Hannah Bryant, Sydney McFigue, Megan Harrison; Back Row: Hailey Sitze, Charity Klimidis, Contessa Klimidis, Cait Flippin.



PROTECT. Taylor Kaase(10) gets ready to put her hands up in the position to stop the ball from crossing the net. The team sends a minimum number of players up to the net to block the ball from coming over. This play is set when the opposing team is serving. If the play succeeds, the ball will be sent back to the opposing team and will have to be played again.

SET. Megan Harrison(8) hits the ball in the air for a teammate to spike over the net in the game against Salem High School. This move is key in because the set slows down the play then the spike speeds it up.



Scorebox

	CS
Liberty Christian.....	0 - 2
Jefferson Forest.....	1 - 2
Patrick Henry.....	2 - 0
Liberty Christian.....	1 - 2
Bath County.....	2 - 1
Salem.....	1 - 2
Pulaski.....	2 - 0
Blacksburg.....	0 - 2
Christiansburg.....	2 - 1
Hidden Valley.....	2 - 1
Salem.....	1 - 2
Western Albearle.....	0 - 2
Pulaski.....	2 - 0
Blacksburg.....	2 - 1
Christiansburg.....	2 - 0
Hidden Valley.....	0 - 2
Blacksburg Tourney.....	2 - 1
Blacksburg Tourney.....	2 - 1
Blacksburg Tourney.....	2 - 1
Blacksburg Tourney.....	0 - 2



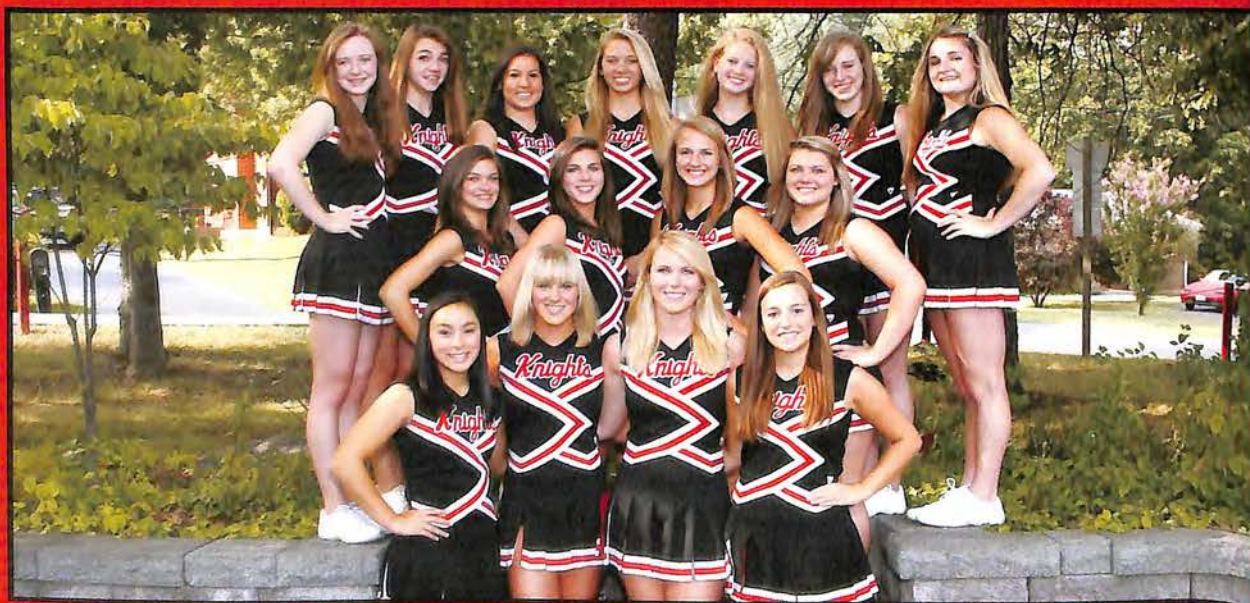
ASSIST. Conessa Klimtis(9) stops the ball from hitting the ground by tapping it to Megan Harrison(8) as she rushes to the ball to hit it across the net for a point. Communication is key to this sport because the players need to know who and when someone will get the ball.

Leading the Crowd

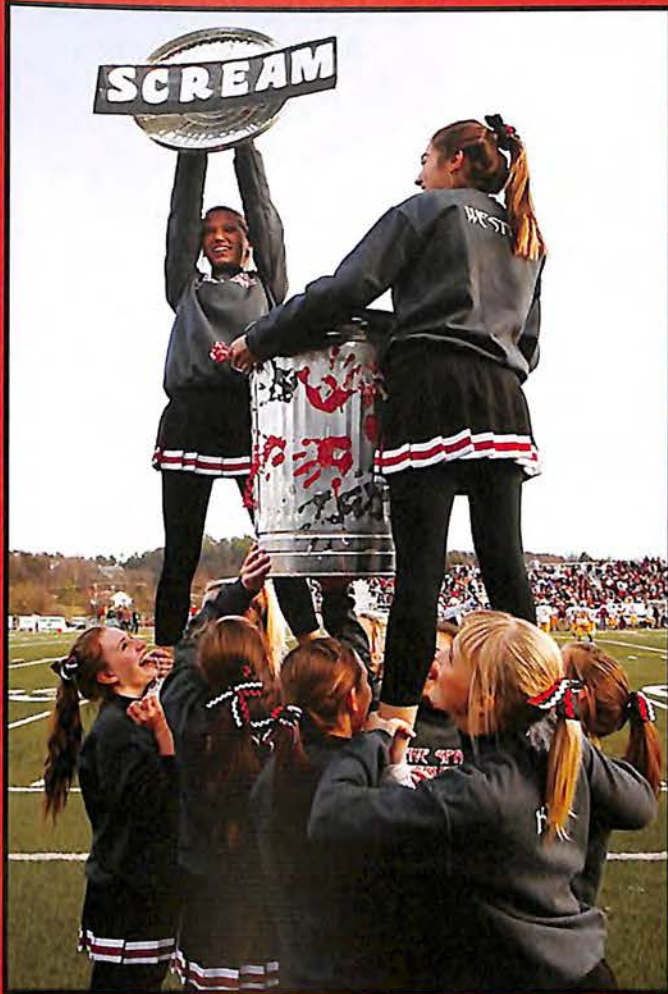
Sideline Cheerleading



COMMUNITY. Macy Kinder (12) high lives a rec cheerleader at a summer cheerleading camp put on by both the varsity and junior varsity squads. The rec cheerleaders had the ability to watch the high school cheerleaders perform a routine as well as learn new cheers and chants. The squad participated in the community by becoming involved in various activities. Along with hosting a cheerleading camp, the squad also volunteered at the Rescue Mission, where they read to children.

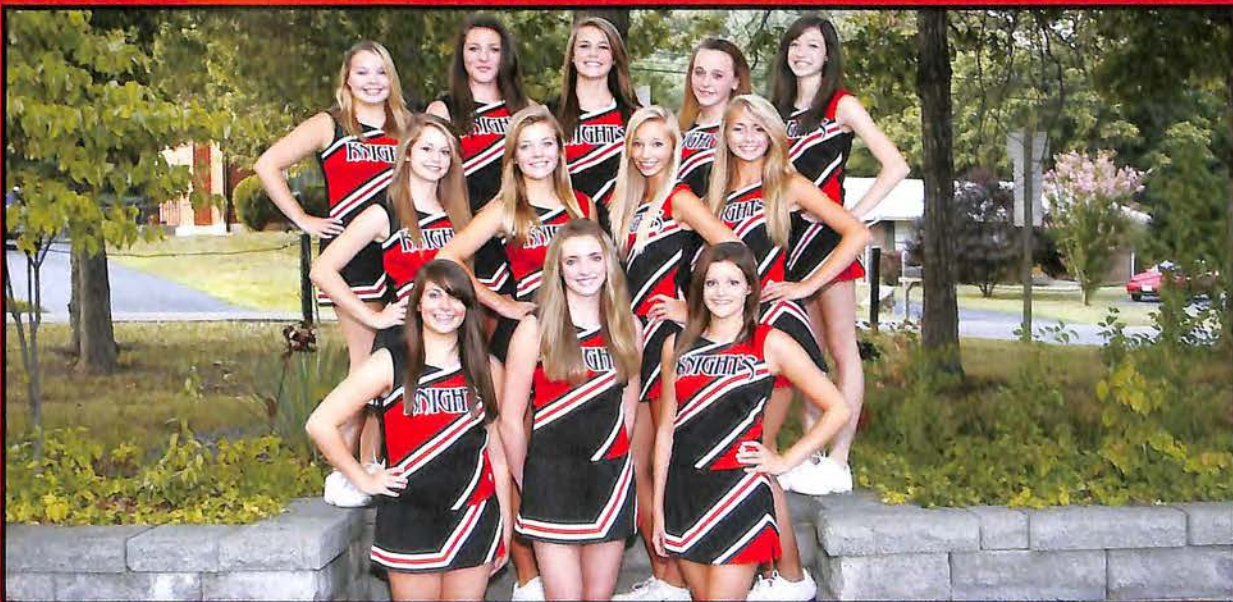


VARSITY Front Row: Nichole Smith (12), Macy Kinder (12), Amory Mayo (12), Molly Raber (12); Second Row: Riley Snyder (12), Conner Overfelt (12), Elizabeth Williams (12), Courtney Hodges (12); Back Row: Hailey Bivens (10), Julia Weston (10), Elveta Gurevich (11), Hailey Fitzwater (11), Oliva Allen (11), Breann Ragen (10), Jenna Jones (11).



SPIRIT. Hailey Fitzwater (11) and Conner Overfelt (12) lead the crowd in team cheers at the state playoff game against Martinsville. The squad cheered along the sidelines at every home and away game.

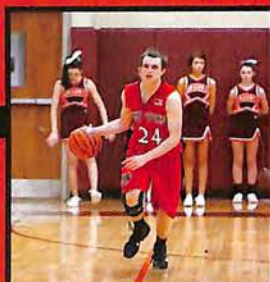
SCREAM. The squad introduced the "scream machine" as a way to get the crowd pumped up for the game. Each time the lid of the trash can was lifted, the fans would enthusiastically cheer on the team. This was one of the techniques used to involve the fans. Along with this, the cheerleaders threw candy and footballs to the crowd, used crowd participation signs, put up stunts, and gave fans shakers to make the crowd feel a part of the game.



JUNIOR VARSITY Front Row: Kendall Harris (9), Lauren Cowher (10), Lauren Baker (9) Second Row: Alexis Elliot (9), Kelsey Burchett (9), Kinsey Fitzwater (9), Alayna Francis (9) Back Row: Taylor Eubank (10), Elizabeth Morgan (9), Kayla Carver (9), Mercedes Brown (9), Lauren Austin (9)

Joining Forces

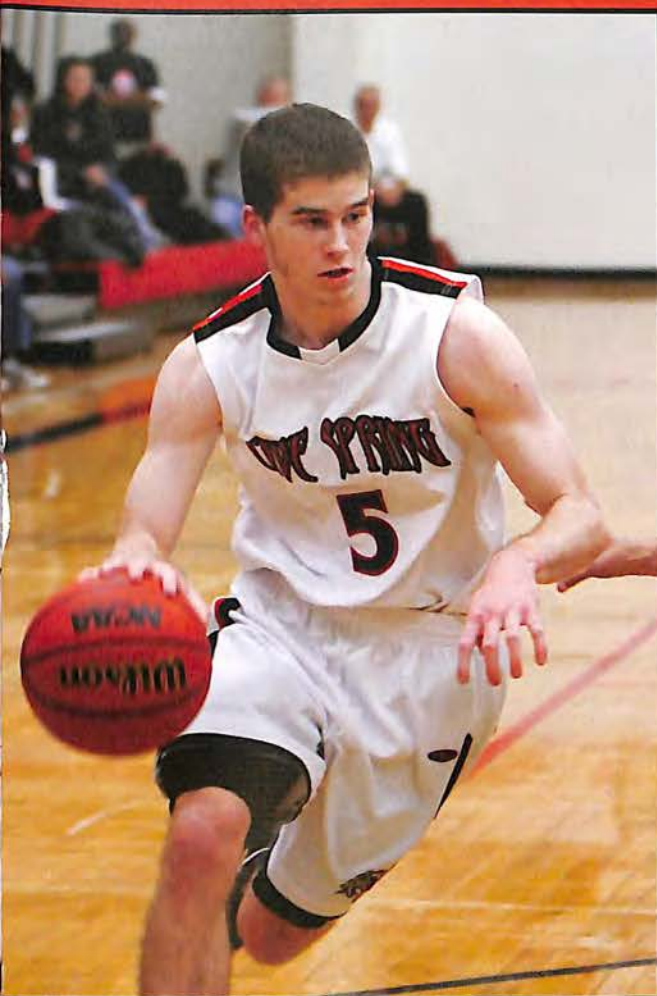
Boys Varsity Basketball



IN SYNC. The team huddles together after a quarter to discuss the game. Players and coaches did this to not only decide what plays to run next quarter, but to also analyze their opponents. Strategy was key. Players also watched film from previous games to analyze and strategize. Coach Hicks would usually be in the middle of the huddles to keep morale up and to also keep the team continually playing there heart.

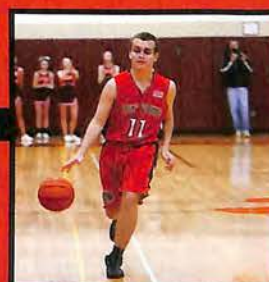


First Row: Aaron Cupp(12), Michael Phlegar(12), Victor Duval(10), Terrell Simmons(11), Alexander Couture(12), Anthony Simmons(12), Connor Baker(11), Jonathan Evans(11). Back Row: Manager Cody Caldwell(11), Assistant Coach Tim Meyers, Ryan Gladfelter(12), Jordan Bryant(11), Amin Abuhawwas(12), Harrison Richards(12), Benjamin Walker(12), Michael Colozza(11), Benjamin Lacy(10), Coach Billy Hicks, Manager Alexander Poff(11).



TEAM-SPIRIT. The student section supports the boys varsity basketball team during their game. Students came to games to cheer on their teams and raise the team's morale. There was always a particular section left empty for the students who wished to come to games. Most often the students who participated in the student section were seniors, this is because it was their last year to enjoy their school's sports.

TRAVERSING. Ryan Gladfelter(12) dribbles the ball down the court towards the basketball goal. Players would often either steal the ball or rebound a shot, then take the ball to the other end of the court for a shot. When a player received a foul they were able to also earn points by making a free throw shot without any opponents blocking them.



corebox	CS	
William Byrd.....	63	- 48
James River.....	71	- 69
Radford.....	64	- 70
William Byrd.....	76	- 73
Northside.....	72	- 54
William Fleming.....	51	- 62
James River.....	41	- 36
Radford.....	61	- 50
alem.....	58	- 45
ulaski.....	71	- 74
Hidden Valley.....	47	- 48
lacksburg.....	59	- 53
Northside.....	40	- 55
Christiansburg.....	67	- 71
alem.....	54	- 62
ulaski.....	72	- 43
lacksburg.....	57	- 61
Christiansburg.....	61	- 58
Hidden Valley.....	58	- 48



PIVOT. Benjamin Lacy(10) dodges around an opponent and approaches the goal. Benjamin Lacy and Victor Duval(10) were the only two sophomores to make the varsity team due to their dedication to improving their game in the off season.

Each Shot Counts

Girls Varsity Basketball



CHARGING. Cassandra Parulis(9) dribbles down the court with possession of the ball. While making her way down the court, she has to communicate with the other players on the court by giving them signals with her hand.



Front Row: Courtney Stover (10), Kelli Long (12), Jourdan Markey (12), Hannah Sizze (12), Zanebia Brown-Saunders (11). Back Row: Assistant Coach Cathryn Long, Cassandra Parulis (9), Annalee Shuck (10), Clair Flarkey (10), Taylor Asimakopoulos (10), Hailey Sizze (9), Coach Jessica Piccolo.



DRIBBLE Taylor Asimakopoulos(10) makes her way down the court in the game against Auburn High School. While running down the court, she looks for passes she can make to other teammates. Taylor has to know what the "play" is to know who to pass the ball to.

PASS After dribbling down the court, Jourdan Markey(12) gets trapped by two Auburn players while trying to pass the ball. Eager to pass the ball, Jourdan does not give up and works hard getting the ball to her teammate.

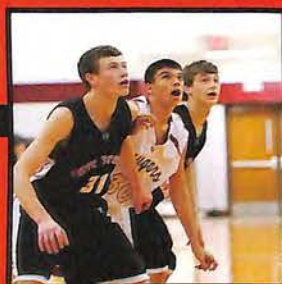


EAGER Hannah Sireel(12) and Clair Mackey(10) get down and ready to enter the game. Substitutes are permitted to check in at the score table before entering the game. While waiting, the girls watch the game carefully to observe the "plays" being made and any mistakes they can correct when going in the game.

Scorebox	CS	
William Byrd.....	34	- 44
Northside.....	38	- 60
Auburn.....	42	- 58
Bassett.....	17	- 52
William Byrd.....	51	- 54
Northside.....	46	- 62
Patrick Henry.....	31	- 69
Auburn.....	29	- 43
Salem.....	22	- 53
Pulaski.....	51	- 61
Hidden Valley.....	46	- 57
Blacksburg.....	36	- 37
Christiansburg.....	28	- 76
Salem.....	29	- 56
Patrick Henry.....	29	- 51
Pulaski.....	43	- 61
Blacksburg.....	77	- 58
Christiansburg.....	21	- 42
Hidden Valley.....	32	- 57

Charging the Court

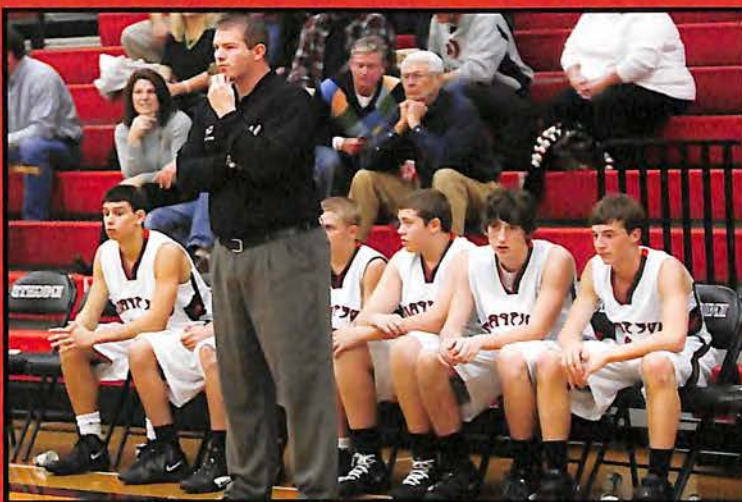
Boys Junior Varsity Basketball



BLOCK. Victor Duval(10) pressures the ball handler around the perimeter. Victor contributed to both the JV and varsity teams throughout the season. His dedication to improving his basketball skills in the offseason keyed his success on the court as well as being elected captain by his teammates.

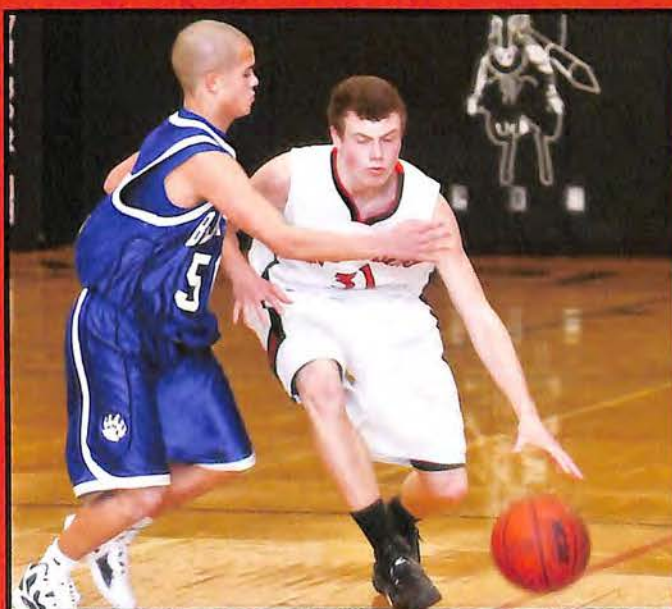


Front Row: Manager Christopher Woodrum(9), Chase Kelster(9), Ty Albritton(9), Alex Emery(9), Paul Mills(10), Andrew Jacobsen(9)
Back Row: Spencer Smith(9), Wesley Hicks(9), Noah St. Clair(9), Zachary Foutz(9), Benjamin Cardenas(10).



FOCUS. Coach Derrick Roth observes the game with his players. Coach Roth had to deal with more inexperience this season than in recent years. Although many of the players were freshman this season, the team looked to be competitive in every game.

REBOUND. Brody Hicks(8) battles for a rebound against the opposing team. Hicks was pulled up from the middle school team after their undefeated season. He continued to see more playing time as the season progressed and looked to help the team compete in every game.



DRIBBLE. Wesley Hicks(9) attempts to penetrate against the defense. Hicks, a major contributor to the team's successful season, worked hard over the summer to improve his basketball skills. Although Hicks is only a ninth grader, this is his second season on the JV level. Wesley was pulled up at the end of the middle school's season last year.

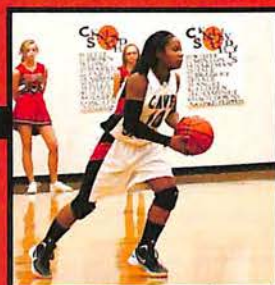
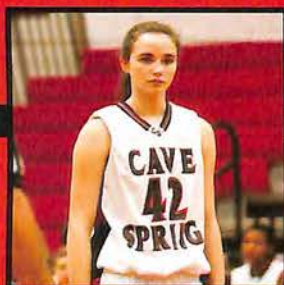
Scorebox

CS

William Byrd.....	40	-	49
James River.....	64	-	25
Radford.....	40	-	50
William Byrd.....	63	-	45
Northside.....	44	-	47
William Flemming.....	47	-	33
James River.....	64	-	25
Radford.....	48	-	52
Salem.....	56	-	41
Pulaski.....	53	-	42
Hidden Valley.....	52	-	42
Blacksburg.....	64	-	45
Northside.....	58	-	50
Christiansburg.....	57	-	44
Salem.....	63	-	60
Pulaski.....	74	-	34
Blacksburg.....	68	-	47
Christiansburg.....	51	-	49
Hidden Valley.....	67	-	60

Banded Together

Girls Junior Varsity Basketball



PASS. Jennifer Hartman(8) passes the ball down the court for a score. The team won many games due to the combination of the different players' skills. Much of the team consists of eighth graders, therefore, they will be attending high school next year and become eligible for participating in the varsity basketball program.



Front Row: Emogene Hale (8), Jennifer Hartman (8), Taylor White (8), Kayla Minton (10), Ebony Hale (8);
Back Row: Tiffany Bradley (9), Cait Flippen (8), Sloan Champney (10), Angalea Angel (8), Yvette Kennedy (9).



TEAMWORK. Before the game, the team gathers as each starting player is introduced over the speakers. Their teammates clapped for the starters as they ran down the line of players while being introduced. One teammate always waited at the end to encourage the player and wish them luck in the game. Then the players shook the hand of the opposing team's coach as a way to show good sportsmanship.

POINTS. Taylor White(8) shoots free throws after being fouled on by an opponent. She scored ten points in the Salem game for the Knights, followed by Cait Flippen who scored eight points for the team. The win over Salem was an great accomplishment for the junior varsity team.



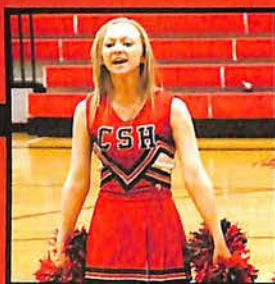
Scorebox	CS	
William Byrd.....	39	- 28
Northside.....	46	- 39
Auburn.....	2	- 0
Bassett.....	27	- 46
William Byrd.....	44	- 28
Northside.....	22	- 44
Patrick Henry.....	58	- 33
Auburn.....	2	- 0
Heritage.....	46	- 43
Lord Botetourt.....	27	- 50
Salem.....	33	- 29
Pulaski.....	32	- 31
Hidden Valley.....	26	- 33
Blacksburg.....	29	- 12
Christiansburg.....	46	- 23
Salem.....	39	- 32
Patrick Henry.....	40	- 33
Pulaski.....	44	- 37
Blacksburg.....	42	- 23
Christiansburg.....	33	- 15
Hidden Valley.....	44	- 53



THROW-IN. Andrea Angel(8) looks for an open team member to pass to in order to begin a play. The throw in was an important factor to complete successfully to insure that they kept possession of the ball.

Strengthening Spirit

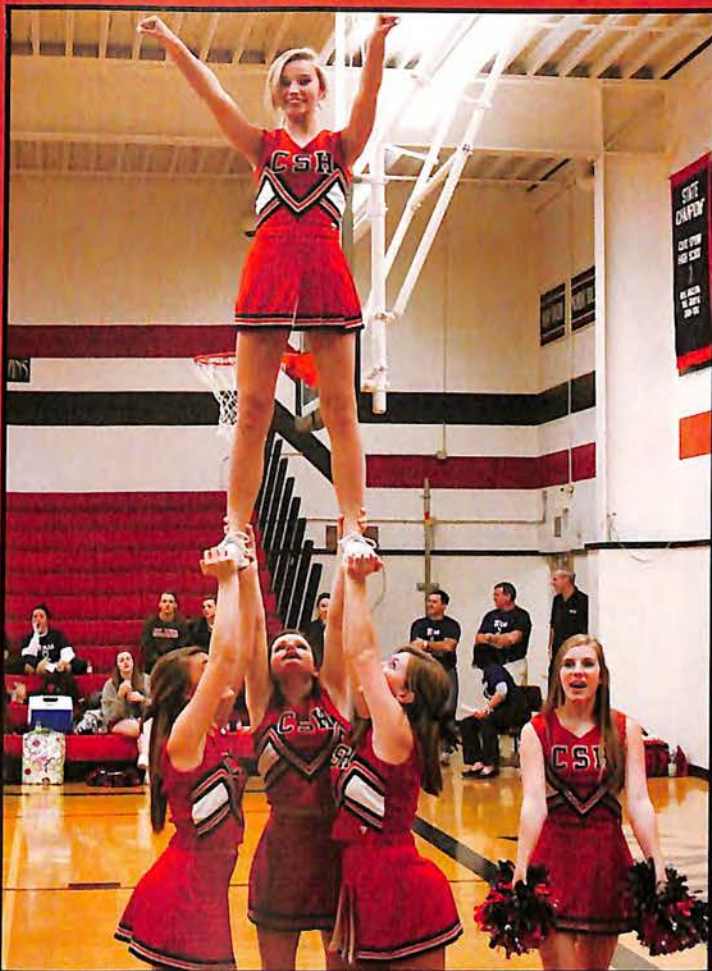
Line Basketball Cheerleading



SMILE. Kayla Carver (9) and Lauren Baker (9) on the sideline between quarters during a home game. For big rivalry games the cheerleaders showed school pride with spirited face tattoos.

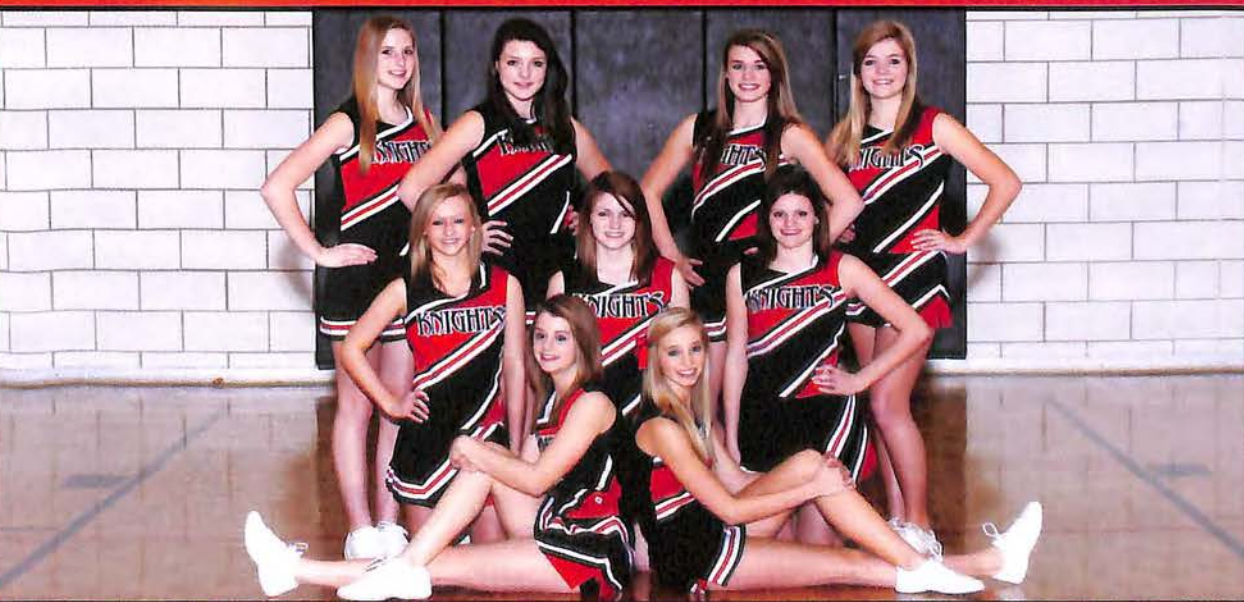


Front Row: Courtney Hodge (12), Molly Raber (12), Elizabeth Williams (12)
Back Row Jenna Jones (10), Olivia Allen (11), Elvera Gurevich (11), Breann Ragan (10)



CHANT. Breann Ragan (10) leading the crowd in a participation chant during a time-out. Since there is only a small amount of time during timeouts, the cheerleaders fill the time with different crowd pleasers.

STUNT. Kinsey Fitzwater (9) flies a stunt during half time at the junior varsity basketball game. Junior varsity cheerleading is a good way for the cheerleaders to practice stunts that will better prepare themselves for varsity level stunts.



Front Row: Lexi Elliot (9), Kinsey Fitzwater (9),
Second Row: Julie Mitchell (9), Carley Usery (9), Lauren Baker (9),
Back Row: Joffe Matze (9), Elizabeth Morgan (9), Kayla Carver (9), Kelsey Burchett (9)



Make A Wave

Girls and Boys Varsity Swimming



SHOOT. Nicole Podlecki(11) swims breaststroke at the December Invita. A common word used by the team to encourage the swimmer is "shoot". Everytime the swimmer comes out of the water to take a breath the swimmers done with or waiting for their heats yell "shoot" to get that swimmer going and help that swimmer remember the team is always there for that extra jolt of encouragement.



Front Row. Cole Cowher, Mercedes Brown(10), Paige Thompson(11), Sandy Chang(10), Maggie Harrison(9), Michael Chang, Cameron Milan, Katarina Martin, Gail Adams(12); **Second Row.** Kelsey Dickerson(10), Lauren Cowher(10), Nicole Podlecki(11), Amory M... (12), Andrea Van Kerchove(11), Lisa Reimann(11), Dominic Russo(9), Hailey Bivens(10); **Back Row.** Stuart Whisnant(9), Taylor B... (12), John Virello(11), Jacob Slac(12), Jerry Huang(12), Theodore Melnik(12), Mark Mercier(12), Richard Fishwick(9), Jared Adams(11)



CHAMPIONS. Amory Mayo(12), Hannah Ferguson(12), Gail Adams(12), and Jackie Crawford(12) hold the trophy after the girls team won the district title. The girls team ended up third in the state.

BREATHE. John Vitello(11) swims the 100 breaststroke at the December Invite in Christiansburg. This event involved John swimming four laps. Everytime he came up for air, his team mates would yell to encourage him to push through any fatigue and keep swimming.



Scorebox

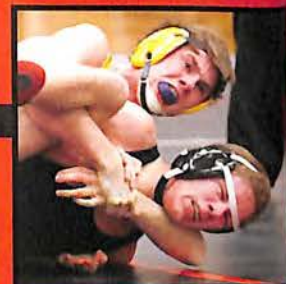
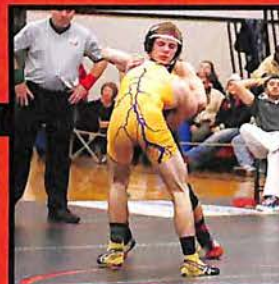
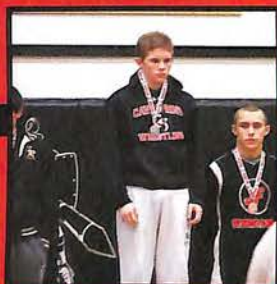
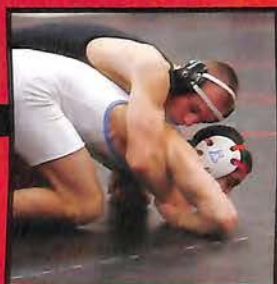
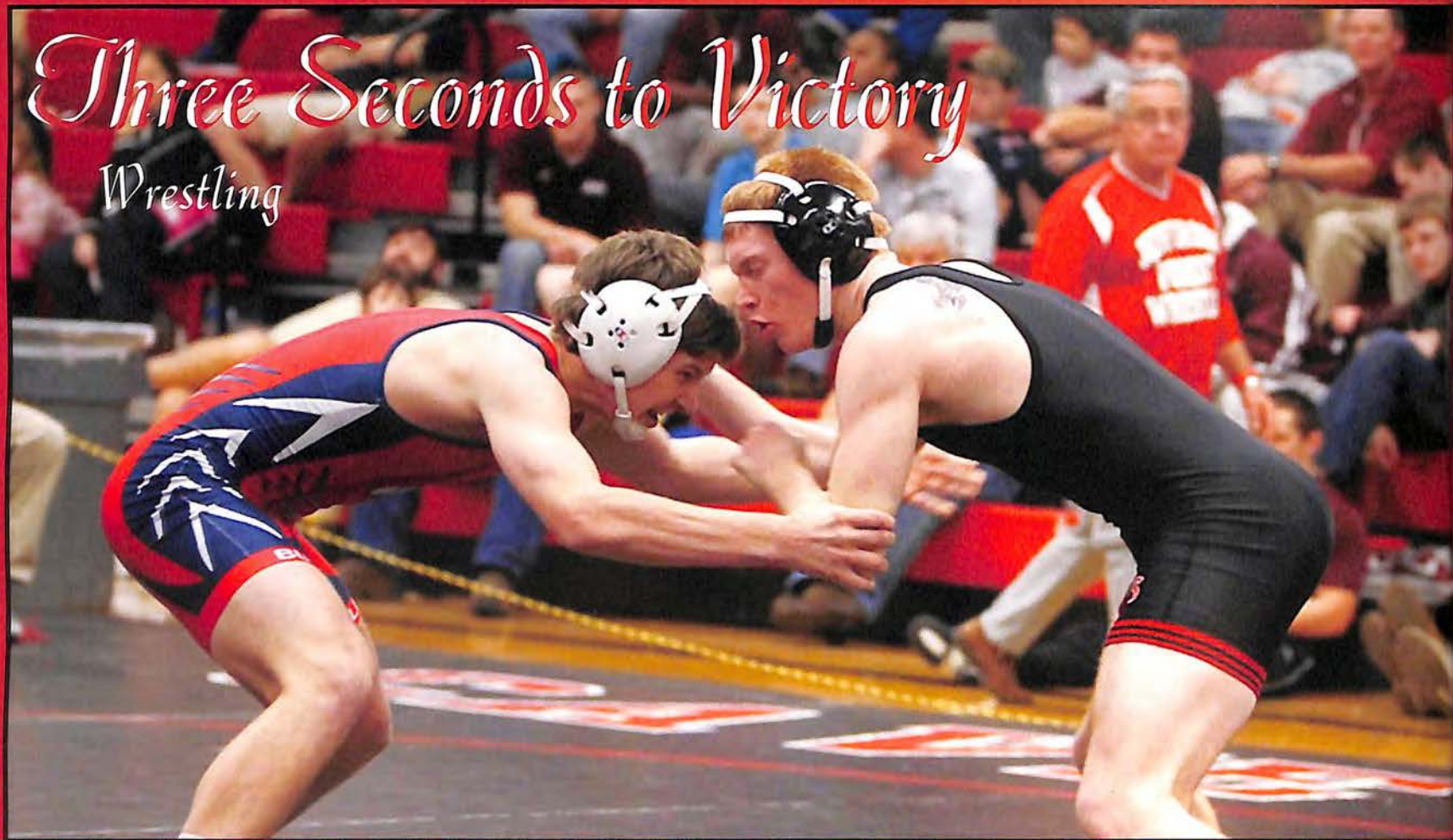
	Boys	Girls
Blacksburg.....	L	W
Patrick Henry.....	L	W
Roanoke Catholic.....	L	W
Salem.....	L	W
December Invitational.....	8th	5th
Pulaski.....	W	W
Christiansburg.....	W	W
Timesland Invitational.....	4th	2nd
William Byrd.....	W	W
Hidden Valley.....	L	W
Districts.....	4th	1st
Regionals.....	5th	1st
States.....	19th	3rd



DIVE. Hannah Ferguson(12) dives off the block for the 50 yard freestyle race. When asked about what it was like being on the team she said, "I love this team. Everyone is so kind and no matter what happens outside of the pool, at a meet and during practice, everyone is backing you up 100%. We are like a big family and it's just a good way to meet new people."

Three Seconds to Victory

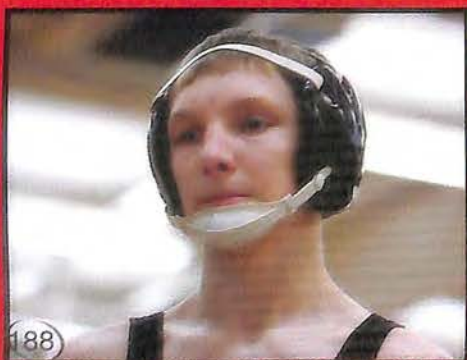
Wrestling

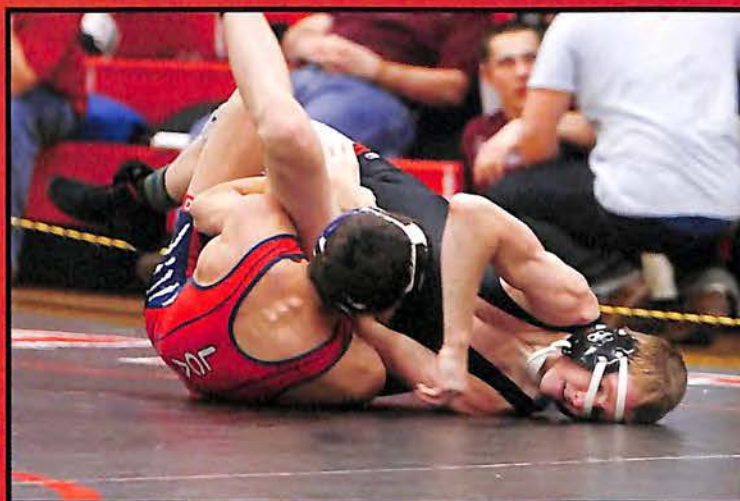
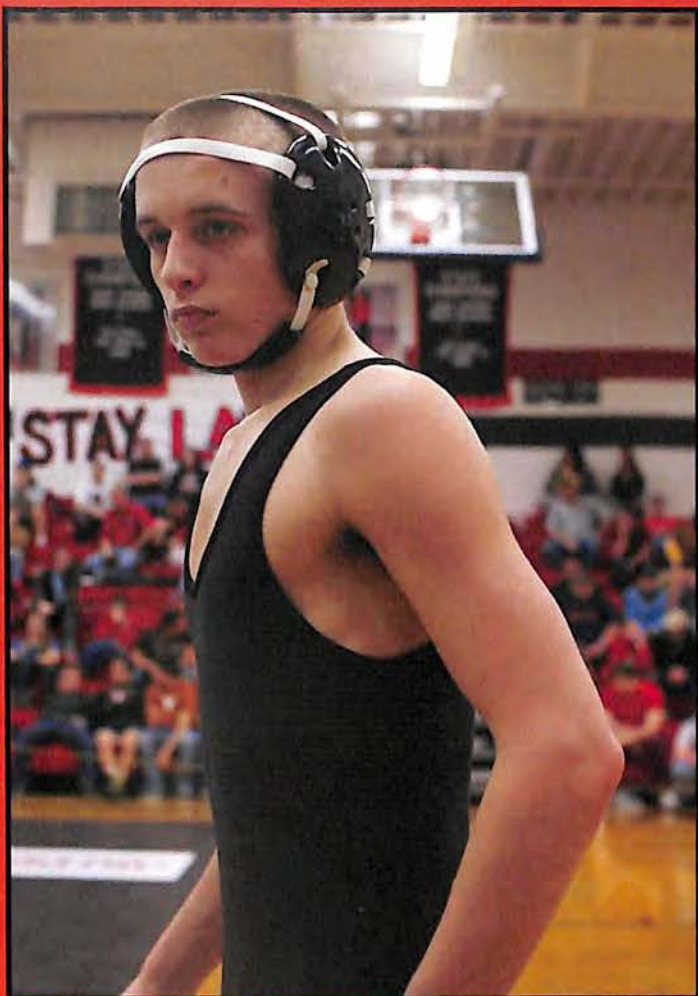


MAN OF PRIDE. Chase McDaniel (10), is walking onto the mat, getting ready to take on another opponent. It was vital to walk onto the mat with a confident mindset. Chase was a very successful wrestler, partly because he knew that this frame of mind was needed for a successful match and season. He came to the high school with a vast athletic background. Chase played as a quarterback in football as well as wrestler in middle school with outstanding skill in both sports. When he got to high school, he chose to focus his efforts on wrestling alone.



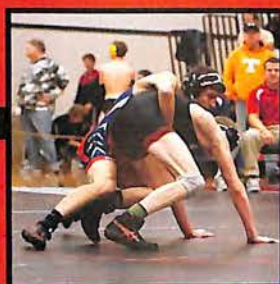
Front Row: Cameron Kenny (9), Noah Bushman (7), Josh Neighbors (7), Jacob Plunket (8), Ben Chapman (7), Nicholas Hahulis (9)
 Second Row: Khushen Ganbayar (9), Austin Mobley (12), Lucas Mobley (10), Cody Love (11), Austin Sweeney (12)
 Back Row: Coach Tim Ninenger, Travis Hodges (12), Evan Heath (9), Logan Turner (10), Zachary Hodges (12), Chase McDaniel (10), Adam Shelton (10), Coach Carter





MOMENT OF VICTORY. Travis Hodges (12), is pinning an opponent from Liberty Christian Academy. Travis was a skillful and wise senior wrestler who knew the road to success. Through the use of slight manipulation of certain muscles, he could work his way on top of an opponent for a pin. The last three seconds of a match were the most important moments of the duel because those three seconds were the three seconds to victory. Travis was a true leader for the team, who even showed up to school before seven in the morning to attend weightlifting.

INTIMIDATION. Austin Mobley (12), is staring down his fearful opponent with menacing eyes. Mobley had the true look of a wrestler when he stepped onto the mat. He would put on a face of anger and intimidation, emphasized by a large back tattoo. Austin was a team leader. In his final year, he served as a role model for his younger brother Lucas Mobley (10). Austin had a successful season and would be used as an example for others to base their training and match technique upon.



Scorebox

Shumaker Classic.....	3rd
Titan Toughman.....	2nd
Knights of the Roundtable.....	3rd
Ram Rumble.....	1st
Tiger Classic.....	9th
Knightdale Classic.....	3rd
Millbrook Tournament.....	4th
Big Blue.....	3rd
Big Orange.....	3rd
South County Slugfest.....	2nd
District Tournament.....	2nd
State Tournament.....	7th



HITTING THE MATS. Zachary Hodges (12), took a stand against John Stiles from Patrick Henry in a vicious battle. Zachary was an exceptional athlete who decided to become a wrestler, where he exceeded his competition swiftly and deftly.

Keeping Pace

Girls Indoor Track



READY. Olivia Sass (10) mentally prepares herself for the 55 meter dash at the Flames High School Invitational. In this event, she placed 103 out of 128 total contenders with a time of 8.79 seconds. Her friends cheered her on while watching from the sidelines and were there to support her after she finished the race.



Front Row: Emily Drinkwater (10), Kerri Dalton (10), Sarah Lowen (10), Maria Timmerman (11), Imani Sowell (11), Meagan McLeod (11), Candace Keng (11), Kendall Scott (11); Second Row: Taylor Alouf (10), Heather Vandergift (10), Erika Zeller (10), Katie Fortson (10), Lauren Nepper (11), Kayla Lester (10), Lisa Crawford (10), Olivia Sass (10); Third Row: Olivia Nepper (8), Robin Boeh (8), Ashley Phillips (9), Annie Hough (10), Ben Martin (10), Emily Fulton (10), Alayna Francis (9), Emily Clark (10); Back Row: Mikayla Smith (8), Molly Kiviny (8), Autumn Melin (8), Josephine Perrin (8), Jordan Clifton (10), Lauren Austin (9).



JUMP. Participating in the Triple Jump, Emily Fulton(10) leaps into the air, hoping to improve her landing and get a personal best. She was successful, placing 16th out of 57 contenders with a distance of 31-06.75. Emily was a fierce competitor in this event, which she has been doing since her middle school days. She also competed in the 55 meter hurdles and shot put.

LEADER. Katie Fortner(10) competes in the 1600 meter run at the Flames High School Invitational. For this event, she came in first place and set a new record, with a time of 4 minutes and 58 seconds. This placing gave 10 points to her team, helping pave the way to a high score for the entire team at the meet. Katie has always helped lead her team to victory and has given advice to those who looked up to her. She later went on to receive a state title.



Scorebox

Bulldog Invitational..... 6th

RR District Championship.. 4th

Region IV Championship.... 5th

State AA Championship..... 8th



DISCUSSION. Coach Tommy Maguire shares running techniques and pointers with Ashley Phillips(9) after she finished running in the 300 meter dash. After seeing her run, he gave her advice about what she needed to improve on in order to run faster during her next event. Afterwards, Ashley thanked her coach for his valuable insight and went on to improve her time during the next meet. Ashley went on to run the 500 meter run at River Ridge District Championship in 1:32.64, placing 13th.

Leading the Way

Boys Indoor Track



16 LAPS OF VICTORY. Robert Seymour (12) is passing Thomas Madden of skyline for the lead in the 3200. Robert finished the 3200 with a time of 9:27.02, winning his first state title. After winning a state title, Robert went on to run a 5000 meter race, the equivalent of 5 kilometers, at New Balance Indoor Nationals in New York where he finished 11th in the nation with a time of 15:08.19. Seymour's success led college coaches to giving Robert scholarship offers throughout the indoor season. After the season, Seymour had narrowed his college choices to Tennessee, High Point, and Virginia Tech. Robert had the most success running the 1600 meter, placing first or second four times, and the 3200 meter, placing first or second three times.



Front Row: Tyler McLeod (10), Reilly Graves (10), David Murphy (10), Jacob Cash (10), Aaron Sortore (9), Patrick Truskey (9), Tyler Hazelwood (9), Second Row: Tanveer Bhatia (12), Daniel Seymour (10), Joshua Gotschal (12), John Wiggins (11), Robert Seymour (12), Daniel Swaffar (12), Jason Snebold (12), Joseph Caplinger (11), Joshua Smith (9) Back Row: Stuart Whisnant (9), Hunter Mollica (8), Matthew Phlegar (10), Samuel Walker (9), Kyle Timmermann (8)



THREE FOR ONE. Tanveer Bhatia (12) is leaping for distance in the triple jump at the Flames High School Invitational. Tanveer finished the meet jumping 35-8.75. His personal best triple jump was 35-8.5, placing 7th, which he had jumped at the Cosmopolitan Invitation the previous outdoor season.

LIMITLESS BOUNDS. John Wiggins (11) is running the 3200 meter run at the Region IV Indoor T&F Championships held at Virginia Tech. John ran a time of 10:33.57, placing him ninth overall. In the indoor season, John excelled in the 3200 meter, where he individually made it to the region level. Wiggins' best 3200 meter time for the year was a time of 10:19.94 which he ran at the elite Virginia Tech High School Invitational. He also made it to the state meet in the 4 by 800 meter relay. This relay team, consisting of Daniel Seymour (10), Joseph Caplinger (11), John Wiggins (11), and Robert Seymour (12), won gold at the regional meet. John ran the 1600 meter once in the indoor season, but he set a personal best time of 4:45.24 at the Cave Spring Polar Bear Meet #1, improving his time by 29 seconds from his previous personal best 1600 meter time.



Scorebox

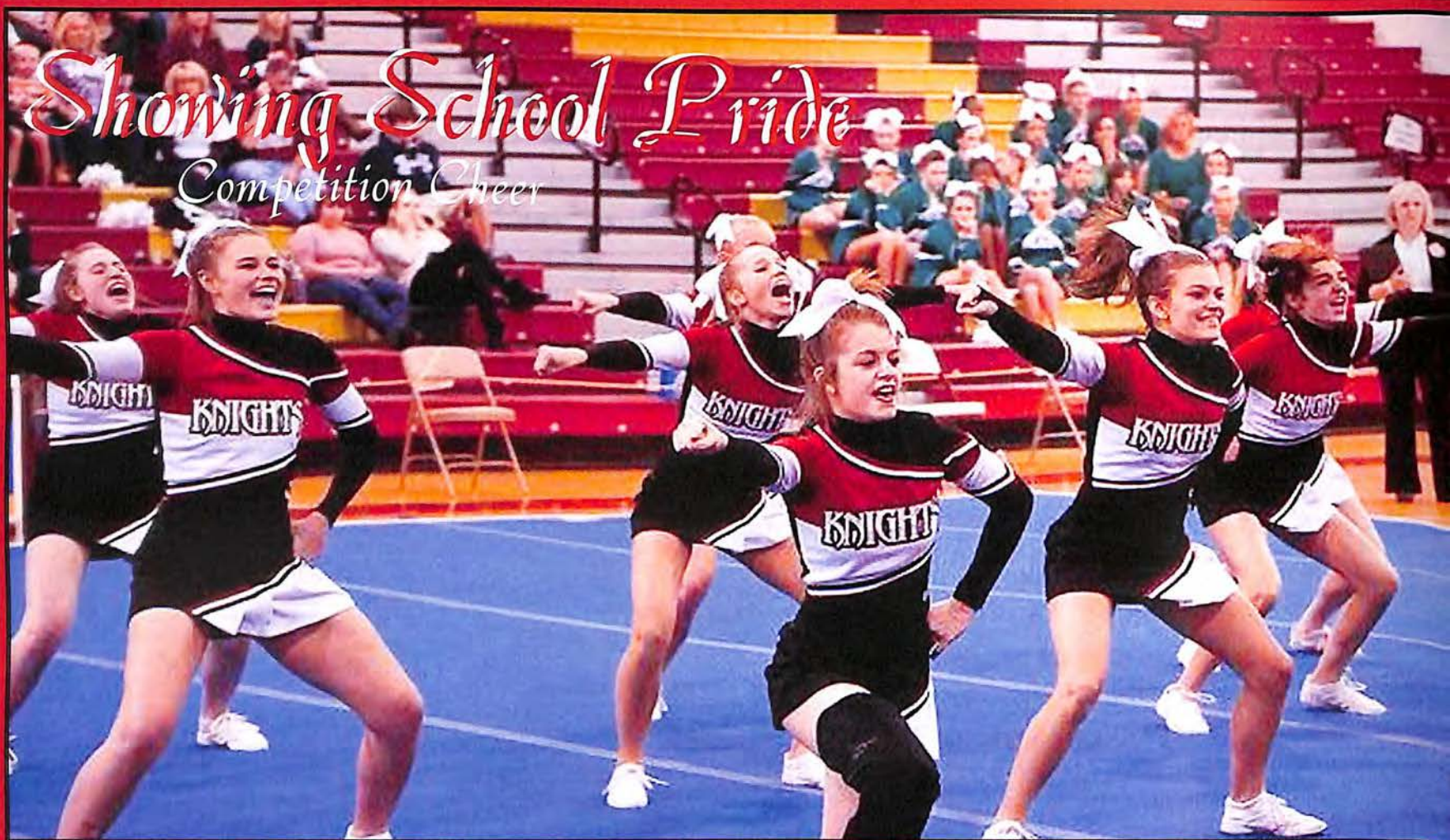
Districts.....	3rd
Region IV.....	5th
States.....	13th



JUMP. Samuel Wilker (9) competes in triple jump during the Liberty Flames Invitational. Triple Jump requires a lot of strength training to be able to progress jumping distance.

Showing School Pride

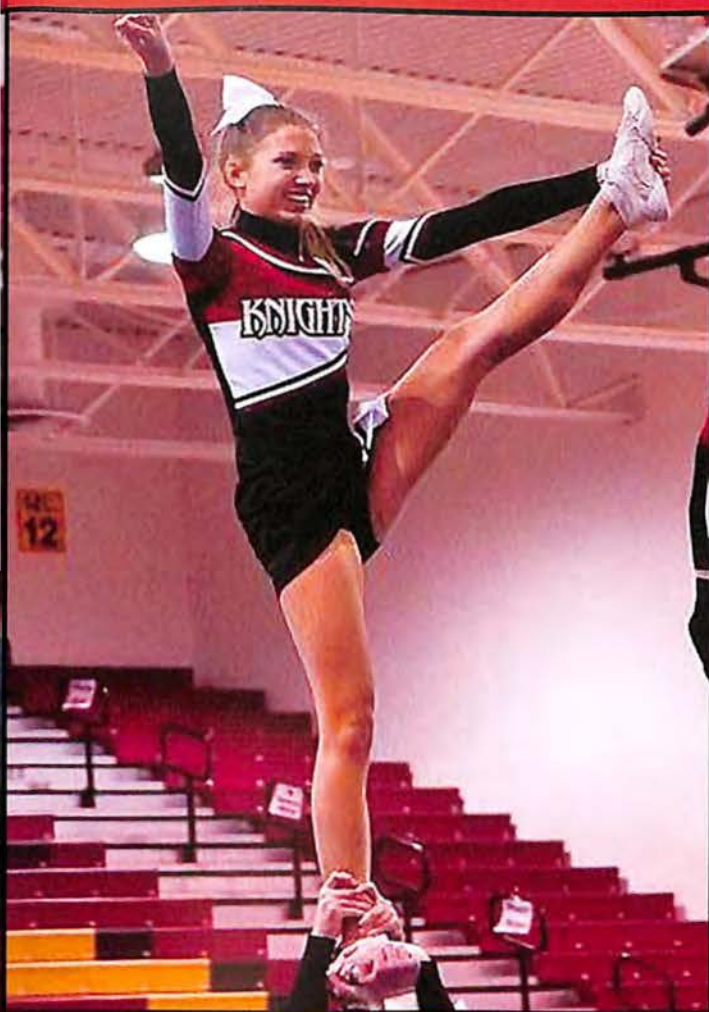
Competition Cheer



STUNTING. Hailey Fitzwater(11), Lauren Austin(9), and Julia Weston(10) hit the stunt sequence during a parent showing. Before every competition the squad performed in these showings. This is the cheerleaders' last chance to practice the routine in front of an audience before the competition itself. The showing acts as a way for the cheerleaders to practice with an audience and interact with a crowd before the actual competition.



Front Row: Niesle Smith(12), Mary Kinder(12), Kathryn Correr(12), Elizabeth Williams(12), Courtney Hodges(12), Riley Snyder(12)
 Second Row: Alexis Elliot(9), Elvera Gürevich(11), Hailey Fitzwater(11), Julia Weston(10), Lauren Cowher(10), Back Row: Lauren Austin(9), Kelsey Butcher(9), Elizabeth Morgan(9), Kinsey Fitzwater(9), Alayna Francis(9), Kayla Carver(9), Breann Rigan(10), Jenni Jones(11), Lauren Baker(9).



WALL. The cheerleaders hit their final stunt in their routine during the regional competition. They hit this stunt after completing two other sections of their routine. The first part of their routine consisted of standing tumbling, tumbling passes, and stunting all set to music. After completing this part of the routine the cheerleaders lead the crowd in a cheer accompanied with more stunting. The wall, a stunt that connected several different stunt groups, was the last part of the routine involving stunting and was set to music as well. The final part of their routine was the dance. This portion was approximately thirty seconds long and consisted of a dance where the cheerleaders showcased their sharp movements and synchronization.

HEEL STRETCH. Hailey Fitzwater (11) pulls her heel stretch in the opening stunt during the district competition. Stunts were one of the five categories in the competition worth fifteen points. This particular stunt required a great amount of flexibility. In order to be able to execute this stunt Hailey had to do stretches whenever possible to gain more flexibility.



Scorebox

Battle at Byrd.....	2nd
Cougar Classic.....	2nd
Central Invitational.....	1st
Districts.....	3rd
Regionals.....	2nd
States.....	16th



FIRST PLACE. The squad takes a group picture with the trophy from the Central Invitational in Woodstock, Virginia where they placed first. They came out on top after competing against ten other squads.

Attacking the Ball

Boys Varsity Soccer



CONNECTIONS. Mark Mercier(12) distributes the ball to and from his teammates. Being able to pass the ball accurately and efficiently was a necessity to the game for a successful result. Mark utilized passing whenever he played offense. However, Mark usually played the defensive position because of his ability to excel in whatever position was needed on the field.



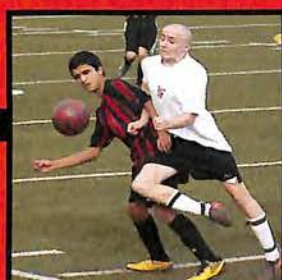
Front Row, Reilly Graves(10), Tyler Vaughn(11), Nicholas Snodgrass(10), Alexander Nguyen(10), William Bradley(11), Kyle Gunville(11), Jacob Sontag(12), Parker Benzie(10), Trevor Durham(9), Saim Mustafa(12); Back Row, Coach Brad Collins, Chase Brittain(12), Matthew Ketterer(11), Hunter Hickam(11), Adam Guyes(12), Matthew Blades(12), Michael Bier(12), Mark Mercier(12), Christopher Lucas(11), Coach Chris Collins.





THE FINAL LINE. Matthew Ketterer(11) is defending a Martinsville striker during the pre-season soccer jamboree. Matthew had worked his way up through the soccer ranks over his three years at the school. He was a Junior Varsity manager, a Junior Varsity starter, and a Varsity starter. Matthew played a major role on the defensive side of the game. He was most commonly placed in center defense, the last line of defense for his goalie. Ketterer's strong physical ability led him to become an intimidating force to strikers who opposed him throughout the game.

LAST DEFENSE. Adam Guys(12) prepares to throw the ball in play during the preseason jamboree. The senior was a part of the starting lineup for the second straight year. Adam played travel soccer in the fall, indoor soccer in the winter, and varsity school soccer in the spring. He had been a part of the team all four years. In these four years, Adam had an undefeated season during his two years of Junior Varsity soccer and two years of Varsity soccer.



Scorebox

CS

William Byrd.....	0 - 1
Northside.....	5 - 0
William Byrd.....	4 - 2
Northside.....	4 - 2
Franklin County.....	0 - 0
Franklin County.....	3 - 0
Salem.....	0 - 0
Pulaski.....	2 - 1
Blacksburg.....	0 - 0
Christiansburg.....	7 - 3



COUNTERATTACK. Chase Britain(12) transitions the game from defense to offense. Counterattacks were where goals were most commonly scored. Chase, a veteran player, used his knowledge of counterattacks on defense to start this quick transition to offense. Chase played two years in high school on Junior Varsity soccer team and then two years of high school on the Varsity soccer team.

Connecting as a Team

Varsity Girls Soccer



SPORTSMANSHIP. Erin Smith(11) is shaking hands with a player from Staunton River after the girls had a collision and both fell to the ground. Erin shook her hand as a gesture to say "sorry" to the other player.



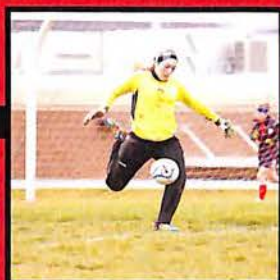
Front Row: Jessi Slackman(9), Bailey Jenkins(11), Adair McCabe(11), Clare Burton(12), Erin Smith(11), Kairlyn Huff(9), Kayla Huff(9), Kelsey Johnson(9), Lauren Joiner(11)
Back Row: Coach Whitney Huffman, Clair Harkey(10), Eliza Gaylord(11), Grace Holley(11), Kendall Scott(11), Haley Mitchell(10), Alyssa McKinley(11), Sarah Lawryszek(10), Meghan Giammona(10), Assistant Coach Maggie Dent.





DRIBBLE. Grace Holley(11)intercepts the ball from the opposing team, Jefferson Forest Cavaliers. As she runs, she kicks the ball and passes it to her team mate, communication is key for defensive players, when a player from the opposing team is coming for the ball, others players from the team have to communicate to complete the play the correct way.

PASSING. Sarah Lawryszek(10) passed the ball to a teammate in overtime to try and score on the opposing team, the Salem Spartans, she successfully made the pass and the Knights scored. When you pass the ball you always have to be looking up to make sure you aren't passing it to the wrong team because in a split second anyone could be in the way.



Scorebox

CS

Patrick Henry.....	1 - 2
Patrick Henry.....	0 - 3
Brookville.....	3 - 1
Salem.....	1 - 0
Brookville.....	4 - 0
Pulaski.....	4 - 0
Blacksburg.....	0 - 3
Christiansburg.....	4 - 2
Hidden Valley.....	2 - 0
Salem.....	1 - 0



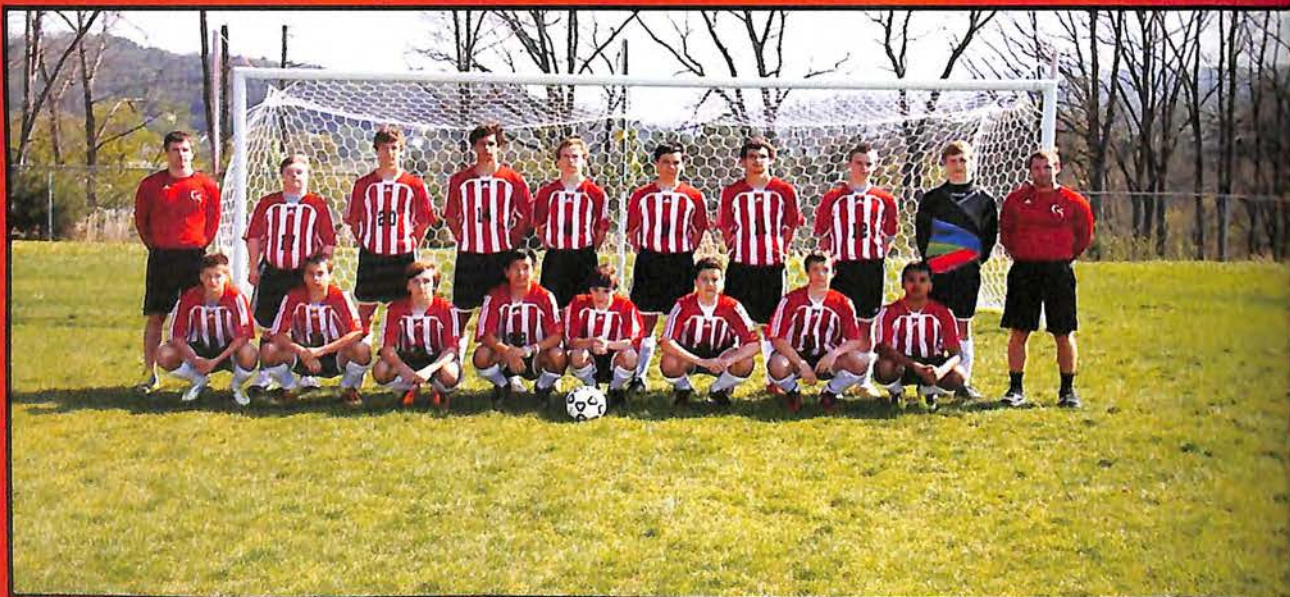
POWER. Kaitlyn Huff(9) gets the ball passed to her during a play. While a player from Stanton River comes to pressure her, Kaitlyn has to quickly get the ball to the front of the field for the Knights to take it up the field towards the goal.

Many Passes for One Goal

Boys Junior Varsity Soccer



FAST STRIKE. Khushen Ganbayar (9) made an offensive attack against the last Franklin County defender. He used his speed to help hit the ball past the final defender to have a one-on-one challenge against the opposing goalkeeper. Khushen was an important young leader on the Junior Varsity team in his second year on the team. This skilled athlete was given the opportunity to play Varsity soccer in his Freshmen year, but declined in order to have more playing time and gain leadership experience. He was one of the main scorers on the Junior Varsity team.



First Row: David Blades (9), Khushen Ganbayar (9), Brandon Brenner (9), Ryan Carver (9), Aaron Sortore (9), Shabi Mustafa (10)
Second Row: Coach Zach Cundiff, Christopher Woodrum (9), Chase Keister (9), Benjamin Cardenas (10), Stuart Whisman (9), Jason Tran (9), Griffin Ferguson (10), Samuel Hillyard (9)





SHOT STOPPER. Aaron Sortore (9), defended the Franklin County captain in a 2-0 Cave Spring win. Aaron was a strong force for the Junior Varsity team on defense as a midfielder. He used his extensive background in soccer in order to execute the proper position as well as forcing defenders and clearing the ball throughout the flow of the game. Aaron ran cross country in the fall, swam and ran indoor track in the winter, and played Junior Varsity soccer in the fall. He utilized his talents from previous sports in order to become an agile and versatile athlete on the soccer field.

STARTING OFF. David Blades (9), struck a goal kick during the Franklin County soccer game. David started playing soccer when he was around six years old and started playing travel for Valley AFC at the age of ten years old. David played and watched many soccer games. While watching his older brother Matthew play, David observed one of Matthew's teammates, Daniel Seymour (10). David modeled his playing style after Daniel's. One of aggressive defense, interactive game play, constant communication, and contribution to the offensive and defensive attack. David's aggressive playing style was apparent when he commented that the first Franklin County game was his favorite game because he had leveled an opposing player.



Scorebox

CS

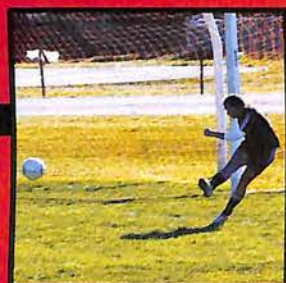
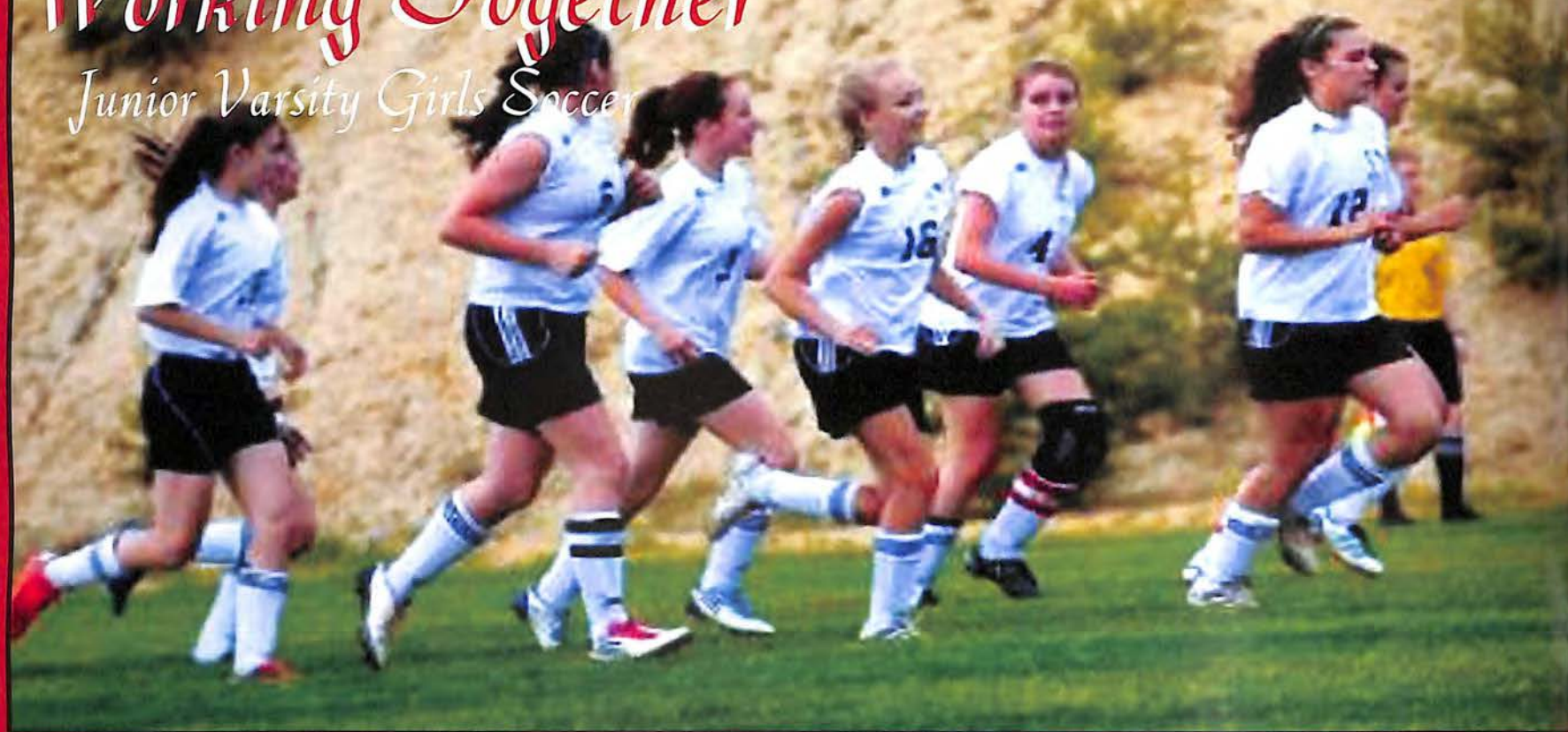
William Byrd.....	2 - 2
Northside.....	3 - 1
William Byrd.....	1 - 1
Northside.....	3 - 2
Franklin County.....	2 - 0
Franklin County.....	0 - 2



REVOLUTIONARY PASSING. Griffin Ferguson (10), distributing the ball to his teammates for a successful finish in a victory over Franklin County. Griffin was an experienced veteran on the Junior Varsity team from a previous season of play. Griffin played many minutes as a freshman and his playing time carried over to his sophomore year. He had one of the best skill sets on the Junior Varsity team because of his experience. Griffin set up his teammates for goals through magnificent and precise passing.

Working Together

Junior Varsity Girls Soccer



SHOT. Lauren Huff(8) passes the ball forward to her teammate Logan Skaff(8) for her to take a shot against Salem High School. This goal helped the team toward their victory over Salem.



Front Row: Lauren Huff(8), Lauren Nepper(10), Mikala Tarpy(10); Second Row: Lydia Hoeppner(9), Elise Jarema(8), Madison Monsour(8), Laura Cattigan(9), Melissa Mortellaro(9), Haley Zielinski(9), Laurel Harris(8), Lila Derrico(9); Back Row: Coach Scott Jenkins, Morgan Todd(8), Abby Frazier(8), Logan Skaff(8), Tessa Muzzy(8), Mercy Plumb(9), Amanda Boris(8), Kenzie Duncan(9), Team Manager Olivia Nepper(8).



DEFENSIVE SKILLS. Logan Skaf (8) is attacking the goal in a defensive drill against Amanda Boris (8) and Tessa Muzzy (8). When defending an attack, defensive players had to learn how to work with each other for pressure, cover, and balance. In addition to pressure, players had to learn how to utilize the placement of their feet and the angle of their hips to force attacking play into the defensive players.

SWITCHING THE PLAY. Abby Frazier (8) is extinguishing the opposition's attack by intercepting a pass and preparing to take the ball up the field. Abby was a vital player for the team and was placed where ever her coach needed her to play. Her ability to connect the attack and the defenders on her team helped The Knights had an edge over the other teams. When Abby was able to undergo this task, then the other team's defense would be spread out and at a disadvantage, when most goals were scored for the Knights.



Scorebox

CS

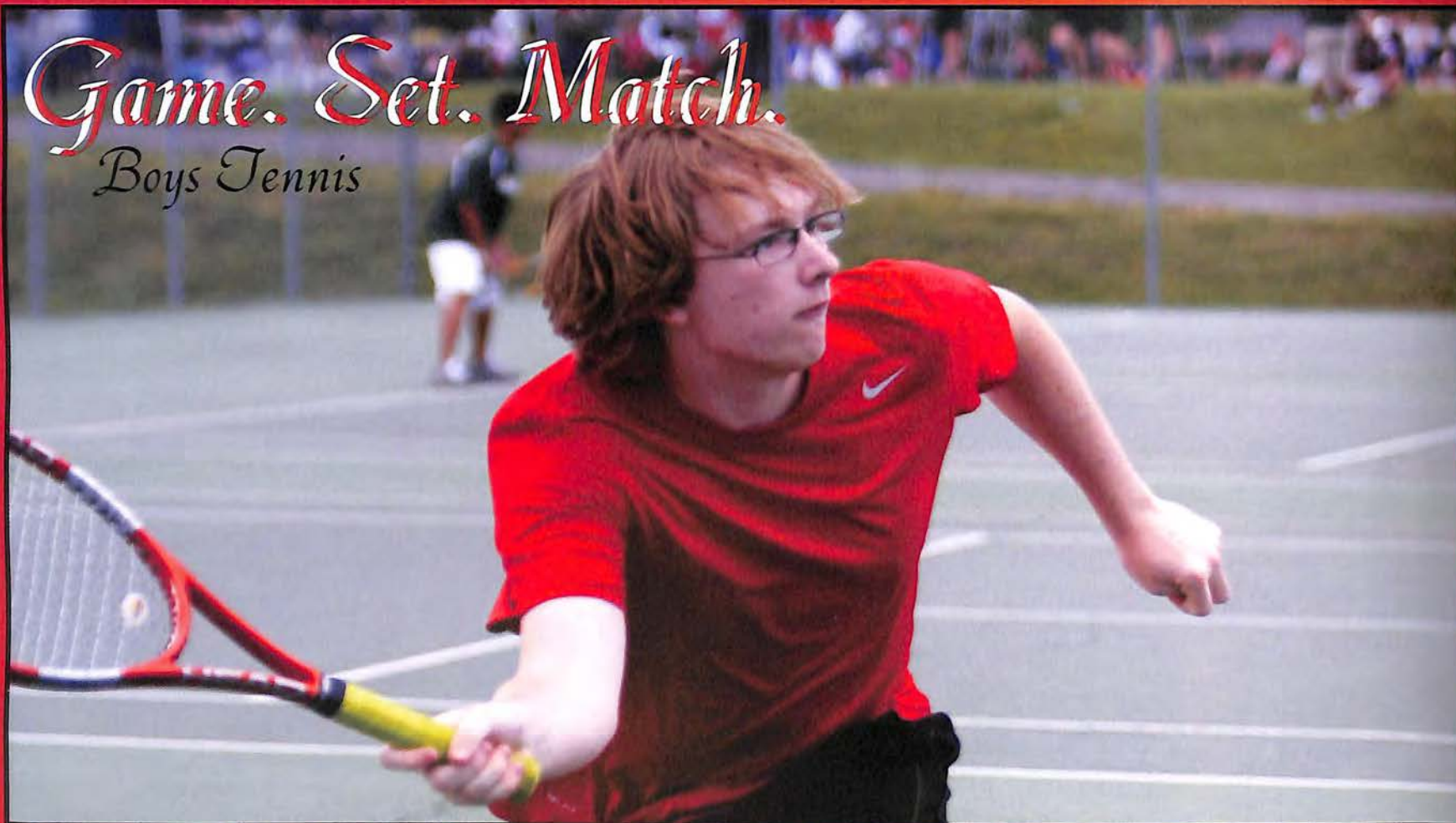
Jefferson Forest.....	1	-	3
Patrick Henry.....	4	-	0
Jefferson Forest.....	1	-	0
Patrick Henry.....	2	-	1
Brookville.....	4	-	1
Brookville.....	3	-	0
Pulaski.....	4	-	0
Blacksburg.....	0	-	1
Christiansburg.....	6	-	2
Hidden Valley.....	0	-	1
Salem.....	1	-	0



CELEBRATION Lauren Huff (8) and Abby Frazier (8) are celebrating a goal that was just scored. As a captain, Lauren tried to make her team as fired up as she could for a change in the game. Celebrations were used as momentum changers and as a way to depress the minds of the opposition.

Game. Set. Match.

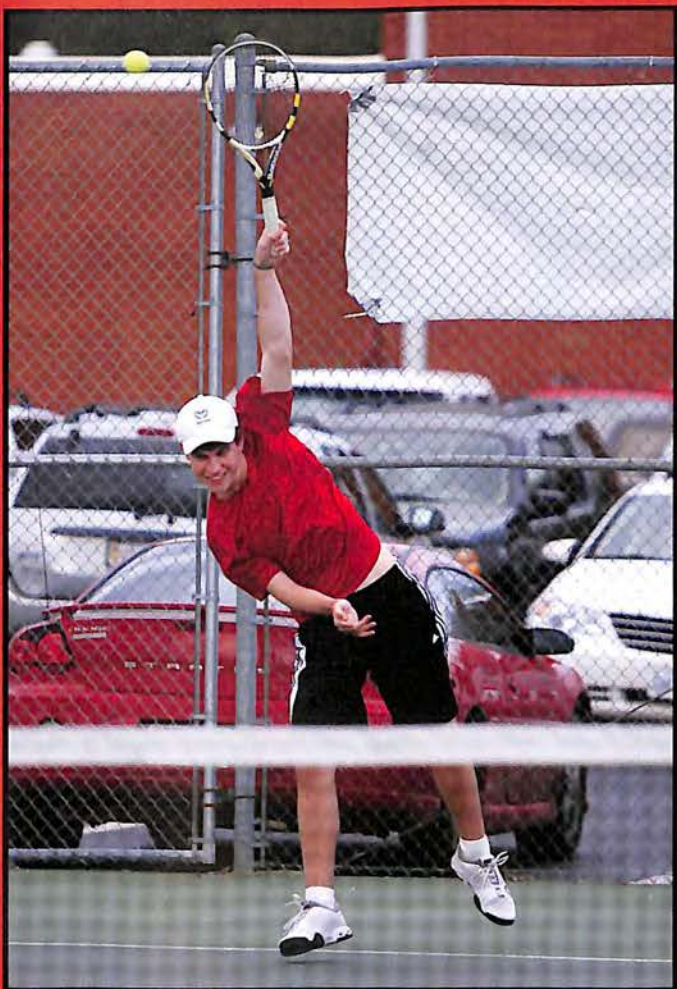
Boys Tennis



FOCUS. Elijah Hager(10) spins a ball over the net during a match. The sophomore competed in a lot of the matches and had a great season along with the rest of the team. Focus was an essential skill to master in order to be successful on the court.



Front Row: Binuk Samarasinghe(10), Tristan Witham(9), Smit Patel(11), Nolan Webb(11), Aaron DeVera(10), Tyler McLeod(10); Back Row: Evan Gill(11), Jordan Stafford(10), Elijah Hager(10), Eric Culbertson(11), David Dodson(12), Coach Ross Harvey.



BACK-UP. Elijah Hager(10) goes in for a backhand while Jordan Stafford(10) awaits a forehand return during a practice before the season begins. For Jordan and Elijah the backhand and forehand were essential strokes for them to master in order to gain the skill level needed to compete and win matches. For underclassmen dedication and perseverance were needed to become great players.

SERVE. David Dodson(12) serves the ball over the net during a match. David played for four years on the tennis team. David was a great player and role model for the entire team. David won many matches during his time playing and built a reputation as a great competitor for his match heroics.



Scorebox

CS

William Byrd.....	W
Franklin County.....	W
William Byrd.....	W
Northside.....	W
Franklin County.....	W
Northside.....	W
Christiansburg.....	W
Hidden Valley.....	L
Blacksburg.....	L



SHOT. Evan Gill(11) prepares to hit a shot during an early-season match. During his first year Evan played number four for the team and had many successes on the court. Evan was known for his fighting spirit and competitive nature during matches.

Winning Matches

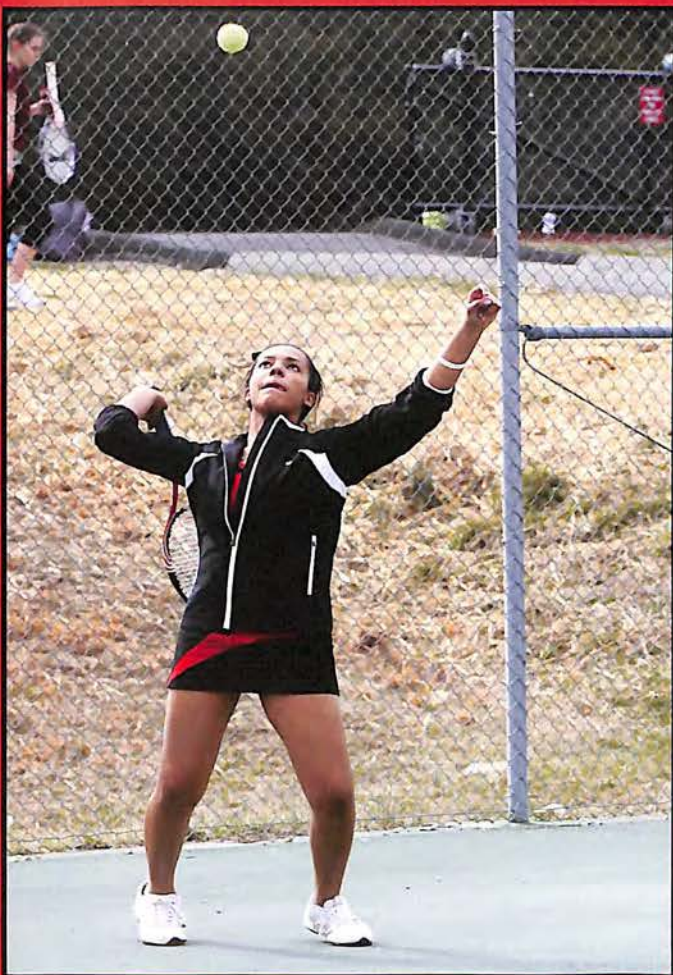
Girls Tennis



POWER. Katelyn Bradley(9) prepares to return the ball during a match. They remained undefeated during this match due to the abilities of the individual players. The players had to be able to backhand the ball as well as forehand it depending on where it was coming from. Their abilities and the coach's dedication combined with perseverance contributed to a winning team.



Front Row, Lauren Fariss(11), Lauren Sledd(12), Emily Meyers(12), Gillian Horn(9);
Second Row, Kelsey Dickerson(10), Caroline Whisman(11);
Back Row, Coach Susan Delp, Taylor Jones(11), Katelyn Bradley(9), Veronica Hamilton(9), Ebony Ruffin(11).



THE INITIAL HIT. Lauren Sledd(12) is preparing mentally and physically to serve the ball. She had a tremendous serve which made it difficult for her opponents to return. Lauren had received a scholarship to Catawba University before the season had even hit its stride. In her senior year, Lauren played on the State winning girls volleyball team and then worked her way up to the number one spot on the tennis team. This prestigious honor was a symbol of the hard work and skill that Lauren possessed and gave to the team.

PREPARATION. Taylor Jones(11) is working on her serving technique in a pre-game workout against William Byrd. The girls team won both of their matches against the girls William Byrd tennis team. Taylor was an experienced veteran player for the girl's team, playing in previous seasons. She was not only a great contributor to the physical part of the game, but her upbeat and enthusiastic encouragement helped strengthen the hearts and minds of her teammates.



Scorebox

	CS
William Byrd.....	W
Franklin County.....	W
William Byrd.....	W
Northside.....	W
Franklin County.....	W
Northside.....	W
Christiansburg.....	W
Hidden Valley.....	W
Salem.....	W
Pulaski County.....	W
Blacksburg.....	W



RETURN. Lauren Sledd(12) returns the ball during a match at the home court. Lauren was an intense competitor throughout the season. Early on in the tennis season she signed onto Catawba's tennis team where she was guaranteed a spot on the team.

Making the Play

Junior Varsity Softball

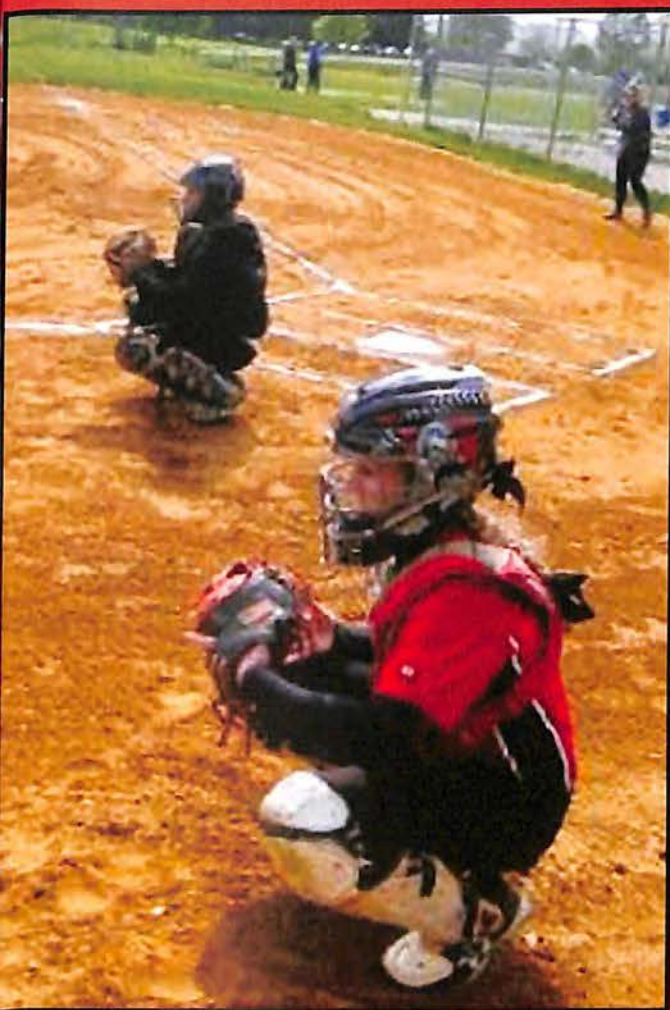


HITTING. Pamela White (9) gets ready to hit by looking at the coach to get the sign. She will either hit, bunt, or fake bunt. Whatever the signal is, the batter will do it and get on base and move the runners to scoring position.



Front Row: Pamela White(9), Kayla Lester(10), Hailey Sitze(9);

Back Row: Caitlyn Williams(10), Jordan Clifton(10), Cassandra Parulis(9), Alayna Fancis(9).



FIELDING. Hailey Sitze (9) is down and ready to catch anything that comes her way. Hailey is a freshman and the short stop for the JV Knights. If you're not ready for the ball to be hit to you, you will be more likely to miss the ball, and cause bad things to happen in the game, such as a loss.

CATCHING. Pamela White (9) helps warm up the catchers by catching their pitches before the game. By helping warm up the pitchers, Pamela also gets ready for catching by watching the pitch movements so everything is caught. If a pitch is not caught and gets by the catcher, runners will steal bases and have a possibility of scoring.



Scorebox

CS

William Byrd.....	W
Franklin County.....	W
William Byrd.....	W
Northside.....	W
Lord Botetourt.....	W
Franklin County.....	W
Tazewell.....	W
Northside.....	W
Salem.....	W
Pulaski.....	W
Blacksburg.....	W
Christianburg.....	W
Hidden Valley.....	W



CHEERING. Caitlyn Williams (10), first baseman for the JV Knights, walks back to the base from cheering on her pitcher and congratulating her team for getting the 2nd out of the inning. Without cheering and teamwork, their undefeated season would be nearly impossible.

Know it, Do it, Trust it, Believe It

Varsity Softball



GRINDER. Abigail Beatty(9) fields a ground ball in the jamboree. The jamboree started the softball season off with two wins and one loss. Abigail was one of two freshmen on the varsity team. She was a pitcher and a second baseman. Abigail was an important part of the team. She was a huge contribution to the season, and helped on many wins for our Knights. Being a freshman, Abigail still has three more years at Cave Spring High School, and will continue to make a mark for Knights Softball.



Front Row: Hannah Ferguson(12), Danielle Duff(12), Kayla Malkas(12), Noelle Patterson(12); Middle Row: Abigail Beatty(9), Danielle Strump(12), Caitlin Ragan(12), Hannah Sizze(12), Savannah Wilson(12), Taylor Asimakopoulos(10); Back Row: Madison Billings(11), Lauren Roach(11), Kylie Kent(9), Amanda Simmons(11), Courtney Cooper(11), Victoria Muncy(11).





NATIONAL ANTHEM. The Knights start the game with the Star Spangled Banner. The National Anthem was played at every game. The away team lines up in order of the batting line-up. When lining up, the Knights always put both feet on the line, due to a superstition of always stepping on the line before the game. Focusing and preparing for the game is essential for winning.

HOMERUN. Corney Cooper(11) is up to bat. Coach Lindsey Moore gave her the sign to hit. Cooper went up just like any at bat, intense and focused. But before she did one of the fans told her "if you hit it over, I will buy you dairy queen and bojangles afterwards." That made her more intense and made her want to hit it out even more. Sure enough on the first pitch she hit a bomb over the pitcher, over center field and over the 215 foot fence. When Cooper ran into home plate she said, "a blizzard better be included with that." Cooper stated, "it is the best feeling ever when you see the ball coming in at you and its the right one. Then after you hit it and it goes out, the adrenaline just keeps pumping."



Scorebox

CS

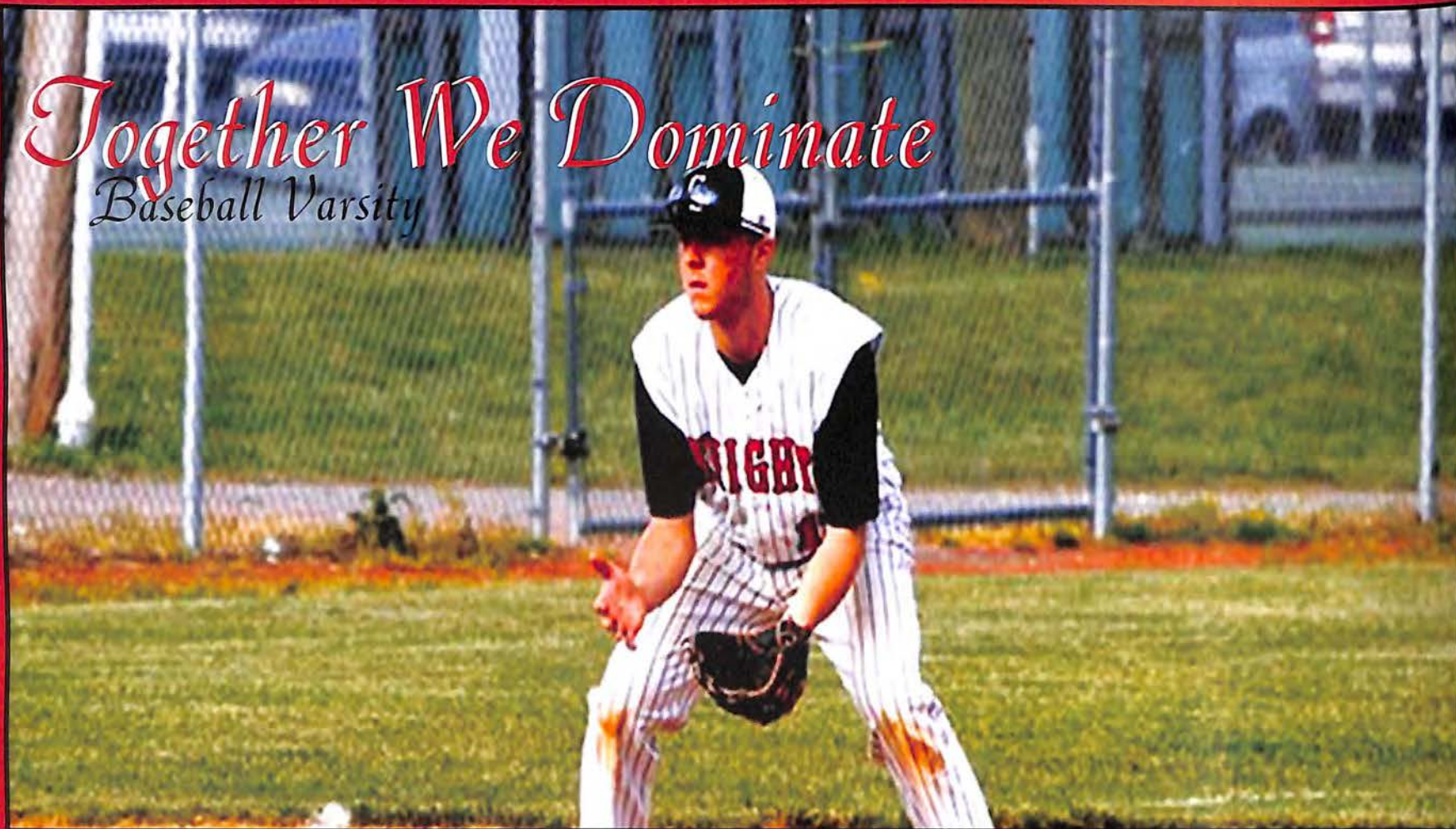
William Byrd.....	2	-	4
Franklin County.....	5	-	2
William Byrd.....	2	-	3
Northside.....	3	-	2
Lord Botetourt.....	7	-	6
Franklin County.....	6	-	5
Northside.....	0	-	4
Northside.....	6	-	9
Salem.....	5	-	7
Pulaski.....	7	-	0
Blacksburg.....	3	-	4
Hidden Valley.....	6	-	5
Salem.....	6	-	5
Salem.....	7	-	4



BONDING. The softball team went to Salem for a team bonding dinner. Team bonding is such an important factor so that every girl can get closer to one another and become better friends. It also allows the team to be able to get along better on the field because softball is a team sport not an individual sport. The better everyone gets along the better the team plays as a whole. "we are so close this year, it feels like a big family and we all love it." This year's team is such a unique and high goal-set team, that it will be almost impossible for the varsity softball team to not make it to states.

Together We Dominate

Baseball Varsity



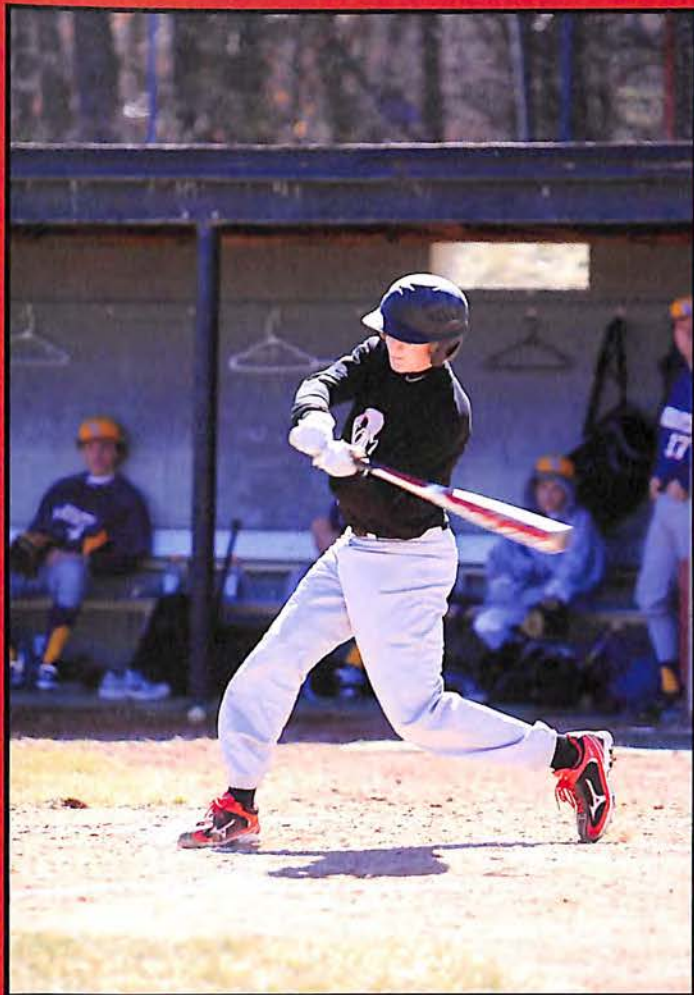
STRIKE. William Gerhardt(12) catches the third pitch to strike out the opposing batter. This is Williams fourth year on varsity. He took up baseball at a very young age and fell in love with it.



First Row: Maelenzie Snyder(10), Robert Stanley(11), James Beheler(11), Terrell Simmons(11), Tanner McCoy(11), John Roberts(11).

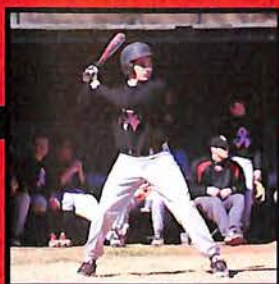
Second Row: Alex Emery(9), Clayton Benton(11), Jordan Bryant(11), Brett Meyers(10), Jacob Schuyler(11).

Back Row: Zachary Utterback(12), Travis Emerson(12), Benjamin Walker(12), Reece Kingery(12), William Gerhardt(12), Austin Epperly(12), Graham Harkley(12), Harrison Richards(12), Steven Klalber(12), Andrew Peterson(12).



STANCE. As Reece Kingery(12) comes up to bat he has his eyes on the ball and is determined to get a hit. Reece missed half the season due to his second knee surgery. His first game back was at Jefferson Forest, where he went two for three. "I always had to stay focused during my rehab process, but I was determined to come back as soon as possible" said Reece.

SWING. Austin Epperly(12) swings the bat against Patrick Henry at the Jamboree that started the season off the right way. The knights sent the Patriots home with a loss. "My favorite part of baseball is when the bat hits the ball and knowing it was good contact, with the sound of amazement" Austin said.



Scorebox

	CS	Opponent
Franklin County.....	3	- 2
William Byrd.....	2	- 9
Jefferson Forrest.....	5	- 4
Northside.....	5	- 10
William Byrd.....	1	- 3
Franklin County.....	5	- 4
Northside.....	2	- 4
Jefferson Forrest.....	7	- 4
Brookville.....	6	- 2
Salem.....	3	- 8
Pulaski.....	4	- 2
Blacksburg.....	14	- 3
Christiansburg.....	4	- 7
Hidden Valley.....	10	- 9
Salem.....	17	- 7
Pulaski.....	12	- 2



Rounding. Robert Stanley(11) rounds third as one of his teammates hits a line drive into the gap between short stop and second base. Robert is one of the fastest base runners on the team this year. Therefore, he holds the most stolen bases for the team this year.

Hitting to Win

Junior Varsity Baseball

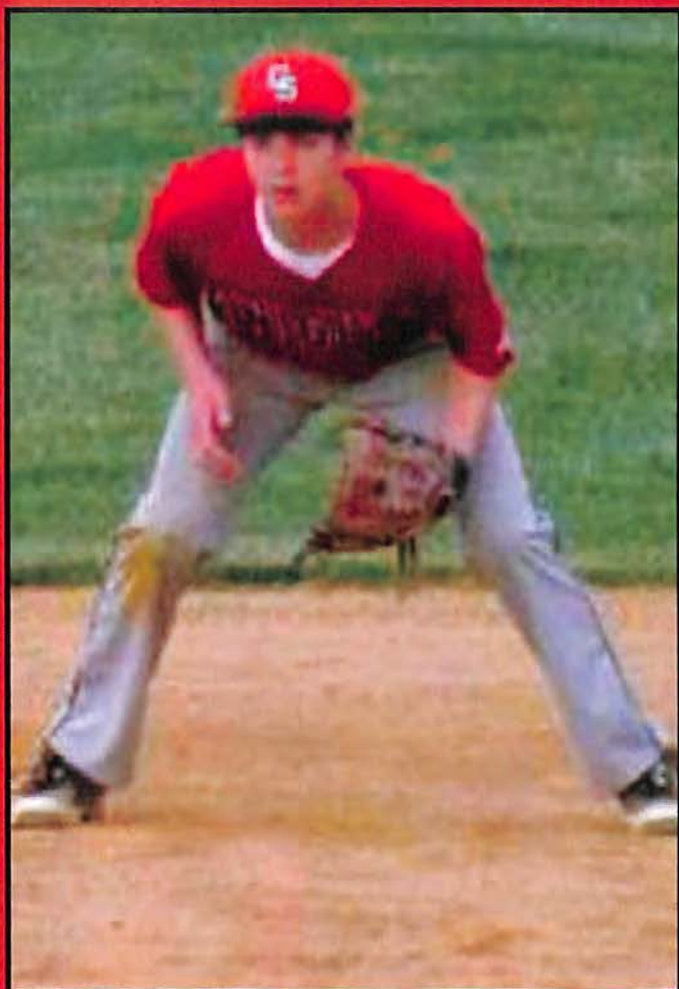


TARGET: Alex Emery (9) is a pitcher on the Cave Spring Knights, JV Baseball team, and is a dominating pitcher of the district. Alex moved up to the Varsity team after the JV season ended. Pitching is the most important part of the game and is crucial to a winning season. Alex has a variety of pitches such as a fastball, curveball, slider, and change up. With those pitches, JV Knights won a majority of their games.



Front Row: Joe Lankford(9), Shane Kinchen(9), Jonathan Roach(9), Daniel Hartman(9), Robert Milby(9), John Edwards(10);
 Second Row: Cole Flora(9), William Kidwell(10), Samuel Walker(9), Corey Atwater(10), Kendall Ayers(10), Adam Huffman(9);
 Back Row: Head Coach Riggleman, Austin Amos(10), Charles Hage(10), Sean Easley(10), Jordan Stovaul(8), Assistant Coach Bartles.

3	23	Cave Spring	H	Won	8-0
4	2	Cave Spring	A	Won	5-1
4	9	William Byrd	A	Won	12-7
4	14	Kavanan NY	W	Won	5-4
4	15	Proctor NY	W	Won	7-2
4	15	Carroll Moore OH	W	Won	2-1
4	16	Liverpool NY	W	Won	11-0
4	17	French OH	L	Lost	6-8
4	20	NY	W	Won	8-1
4	22	NY	W	Won	12-1
4	24	NY	L	Lost	10-11
4	27	NY	L	Lost	2-5
4	28	NY	W	Won	3-0
4	29	NY	W	Won	11-2
4	30	NY	W	Won	11-1
4	31	NY	W	Won	5-0
4	32	NY	W	Won	8-0
4	33	NY	W	Won	10-0
4	34	NY	W	Won	6-2



BASE HIT. William Kidwell (10) is up to bat ready to hit the ball against Salem High School. The pitch is getting ready to be pitched, and William is loading back ready to hit the ball. William Kidwell gets a double out of this at bat, and also scores two of his teammates. Kidwell is a tenth grade starter for the JV Knights and will be moving up to Varsity next year for his junior year. The Cave Spring Knights lost against Salem 17 to 5 but played good and had a good fight.

FIELD. Kendall Ayers (10) is the second baseman for the JV Knights baseball team. The second baseman is an important position and covers many areas of the field during the game. When playing the field, you have to be down and ready at every pitch because you don't know when the ball will be coming to you. The ball could come to you at any moment and any pitch, so you need to be ready. The Knight have had very few errors in the field this year, so the boys are obviously always ready for the ball.



Scorebox

CS

Franklin County....	0	-	10
Northside.....	0	-	6
Northside.....	0	-	3
Brookville.....	3	-	9
Salem.....	5	-	17
Pulaski	16	-	2
Blacksburg.....	7	-	0



FOCUS. Focusing during the game is a very important mental part for the game of baseball. If you don't focus, you won't be able to play to your best potential and do everything right. Corey Arvater (10) and Joe Lauchford (9) sit in the dugout focusing before hitting the field. While sitting in the dugout, they focus on what is happening, and cheer for their teammates while they either hit, or play defense.

Many Steps in One Race

Boys Outdoor Track



STEP BY STEP. Joshua Gotschal (12) is running the 400 meter leg of the Distance Medley Relay at Knights Track Classic. Joshua most commonly ran the 4x800 meter relay in track and had made it into the top five runners at the VHSL State Cross Country Championships with a time of 18:47.00. Throughout his four years of high school track, Joshua's best 3200 meter time was 11:38.23 and his best 1600 meter time was 5:24.81. In his indoor season of his senior year, he ran at the state meet in the 4x800m run. This season's speed was an asset to the team that would have to be covered when he left to go to college.



Front Row: Dylan Brucki (11), Tyler Francis (12), David Morrow (10), Jacob Cash (10), Kyle Curtis (10), David Murphy (10), John Vello (11), James Trusley (9)
 Middle Row: Cody Burchett (11), Grant Jannello (9), Thomas Bradley (9), Joseph Caplinger (11), Robert Seymour (12), Ryan Hunter (9), Austin Steinhoff (9), Jason Snobold (12)
 Middle Back Row: Daniel Swaffar (12), John Wiggins (11), Joshua Gotschal (12), Ryan Smith (9), Jacob Clark (9), Tyler Hazelwood (9), Austin Thompson (9), Isaiah Baylar (9)
 Back Row: Teshawn Webb (9), Nicholas Colozza (9), Matthew Stiles (9), Daniel Seymour (10), Adam Saffin (9), Ryan Iler (9), Joshua Smith (9)



TEN JUMPS OF FURY. John Vitello (11) is shooting off the blocks at the start of the 110 meter hurdles at Knights Track Classic. John ran a season best time of 19.14 seconds which placed him thirty-fourth overall. At the same meet, John jumped long jump and triple jump. At Colonel Classic, he jumped a personal best long jump of 16-6.5 feet. John did marching band in the fall, swam in the winter, and then ran track in the fall where he did the 110 and 300 meter hurdles and long and triple jump. John considered his specialty to be the hurdles. He ran his 110 meter hurdle record of 18.90 at the River Ridge District Outdoor T&F Championships his sophomore year and his 300 meter hurdle record of 48.76 at Knights Track Classic his junior year.

SOARING HEIGHTS. Kyle Curtis (10) is throwing the Discus at Knights Track Classic. At this meet, Kyle threw a personal best in the discus of 122.5, placing him eighth, and then ran a personal best 100 meter time of 13.47 seconds. Kyle contributed to both running and throwing events. He threw shot put and discus while he ran the 100 meter dash as well as the 400 meter dash. In the off season, Kyle played school football and ran indoor track to maintain his fitness and further improve his track skills before the outdoor season. He was one of the most active athletes on the track team at practice which had paid off at meets.



Scorebox

CS

Knights Track Classic..... 19th

Colonel Classic..... 16th

Titan Distance Carnival..... 5th

Cosmos..... 7th



THE MAN THE LEGEND. Robert Seymour (12) is running the 3200 meter run at Knights Track Classic. Robert made a name for himself in his sport from the beginning of his high school career. He was the number one runner on the team all four years in all 3 of the running sports: cross country, indoor track, and outdoor track. Robert's success led him to signing with Highpoint University in North Carolina. Robert set the school record in the 5k and was part of the record setting indoor 4x800 relay of 8:34.53 and record setting 4x1600 relay of 19:32.70.

A Score From Many Events

Girls Outdoor Track



GOING THE DISTANCE Kerri Dalton(11) is running the 3200 meter run at the *Knights Track Classic*. She came off of a very successful indoor season where she ran her 3200 meter personal best time of 12:19.71 at the *Region IV Indoor T&F Championships*. Kerri had a very strong work ethic throughout her cross country and indoor season which continued into her outdoor season where she ran a 12:30.29 3200 meter run at the *Colonel Classic* where she placed third. Kerri was a *pace runner* and performed better the more the distance was increased which made the 3200 meter run a good distance for her.



Front Row: Paige Thompson(10), Lisa Reimann(10), Emily Drinkwater(10), Kerri Dalton(10), Candace Kemp(10), Meredith Young(12), Megan McCloud(10), Marta Timmermann(10), Erin Holsinger(10); **Second Row:** Taylor Alouf(10), Ashley Phillips(9), Emily Clark(10), Erin Martin(10), Lauren Cowher(10), Lisa Crawford(10), Emily Fulton(10), Katy Forner(10); **Back Row:** Cayla Martin(10), Mejra Colic(9), Selena Salazar(10), Mullory Orr(9), Maeve Sedivy(9), Lauren Lichtenstein(9), Safa Eltaib(9), Sandy Chang(10), Stephanie Weisberg(10)



RAISING THE BAR. Emily Fulton(10) propels herself over the bar in high jump at *Knights Track Classic*. In her sophomore year, Emily had great success. She ended her indoor season finishing eighth in high jump with a 4-10 at the *VHSL Group A State Indoor Championships*. Emily ran many events, ranging from the 100 meter hurdles to the 800 meter run. In addition to running, she also pole vaulted, competed in triple jump and long jump, and threw shot and discus.

STRATEGIC SOPHOMORE. Katie Fortner(10) is drafting off of Crystal Nelson of Millbrook in the 1600 meter run at the *Knights Track Classic*. Katie let Crystal break the wind for most of the run and then passed Crystal for the win and the time of 5:04.31. Katie had previously set the mile record at *New Balance Indoor Nationals* with a time of 4:49.79. She showed her resilience, when she was able to run after having a hip injury, by running a 5:03.34 mile at *Penn Relays* against some of the best competition in the country.



Scorebox

CS

Knights Track Classic.....11th

Colonel Classic.....14th

Cosmos..... 2nd



A SHOT OF GLORY. Imani Sowell(11) is preparing to throw the eight pound shot put at the *Knights Track Classic*. Imani received two season best throws at this meet. She threw the shot put 28'-3" and the discus 68'-7". Before the outdoor season started, Imani's personal best shot put throw was 30'-6", thrown at the *Virginia Tech High School Invitational* the previous indoor season, and her best discus throw was 69'-9", thrown at the *Norm Lineburg Last Chance Invitational* in her freshman year. Imani had a strong work ethic motivating her teammates.



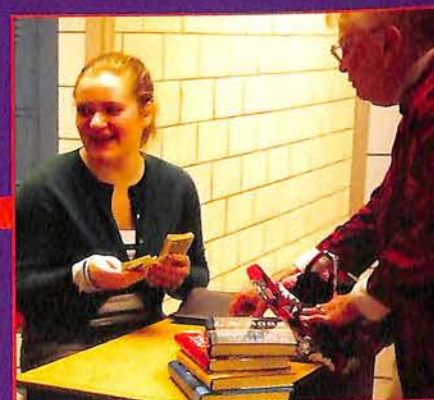
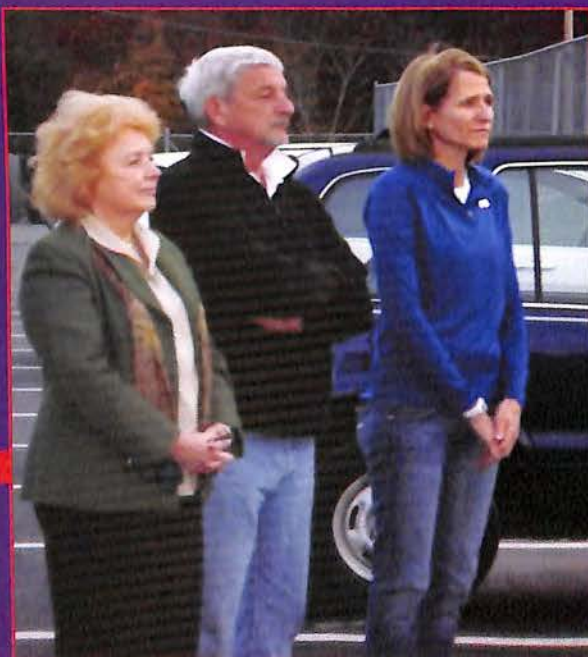


United As One

Student Life

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Community



Community

The community kept the school's tradition strong from the first to the last day of school. Together we united around the family of one of our own Knights, Kendall Bayne. After Kendall was diagnosed with a rare cancer the community organized all types of fundraisers. Zumba was held in the parking lot, purple t-shirts were designed and sold, and Cave Spring families regularly dined at restaurants that gave a portion of the proceeds to the Bayne family. As Cave Spring and schools throughout the community and the country rallied together to give strength to one of our most beloved students, she gave us the strength and a purpose to unite even more as a Cave Spring family.

The community continued their strength in unity as they gave endless hours to help with homecoming, blood drives, the spring production, and year long sporting events. Parents of various sport backgrounds volunteered their time to sell tickets to get into basketball games, football games, as well as baseball and volleyball games. Parents also came together over dances such as homecoming and prom to give away snacks and to also prepare an after prom for juniors and seniors. The community gave endless amounts of their time and energy to unite the school and community as one.



ZUMBA. Many members of the community come together to participate in the popular activity of Zumba fitness. The proceeds went to Kendall Bayne to help pay for her medical expenses. Students, teachers, as well as people who did not even know Kendall danced and exercised to raise support for her cause.



RAKING. Parents of athletes as well as the team joined together in the landscaping of the new track facility. They made a new pole vault, discus, and shot area, as well as cleaned up the previous fields. Outside of the track, mulch and brick dust were placed to provide an aesthetic appeal.



FOOD DRIVE. The marketing class organizes the food drive during the holiday season. First period classes had competitions to see which class brought the most food in during the week. The winning class received a free breakfast from Hardees. Clubs and organizations donated money to purchase the turkeys to complete the dinners.



Community - Unity - 222-223

Footloose

Spring Production

Under the fantastic direction of Mrs. Sandy Gotschal, the Drama Department presented Rodger's and Hammerstein's *Footloose* for the spring production. The show, a hit theatrically and at the box office, centers on a young urbanite, Ren McCormick (Tony d'Alelio, 12) and his move to Beaumont, Texas with his mother Ethel (Beth d'Alelio). Beaumont is a traditional Texas town with a puritanical caveat: "there is no dancing, at anytime, anywhere, within the town limits of Beaumont". Ren proceeds to challenge this rule with the help of rhythmically impaired Willard Hewitt (Austin Clark, 12). Ren comes to understand the reasoning behind the law when he's introduced to the Moore family. Reverend Shaw Moore (Garrette Johnson, 12), the preacher and town autocrat, is a man dealing with the grief of a prematurely departed son by filling everyone in town with the fear of retribution. His wife, Vi (Lauren Chapman, 11) plays the quiet spouse trying to keep the peace, but easily demonstrates her fiery temper. Ariel (Amanda Levy, 9), their daughter, is a girl yearning to get out of town by any means necessary. As Ren, Ariel, and Willard campaign to change the law, they realize a good deal more about themselves, ranging from the ability to cut loose and dance to finding happiness and love in a town where gossip spreads like wildfire.

In mid-February, students interested in the production auditioned for parts using selected songs, dialogue from the show as well as a dance call by choreographer Riley Fitzgerald (Divine Dance Center) after which the cast list was announced and rehearsals started about a week later. All the students were excited, and when they weren't rehearsing their scenes, they spent their time writing bios for the student produced program, building set and finding costumes. "This show was really a show for and by the students" stated program coordinator Ottilia Walker (12). "We all did our parts and then some to put on, not only a fantastic show for our peers, but also for ourselves. And we really 'cut loose!'".



DANCE. After Ren McCormick (Anthony d'Alelio, 12) takes on the city council as well as Reverend Moore (Garrette Johnson, 12), Moore grants the request of Beaumont High's graduating class... a senior dance. The teens of the town erupted in joy at the news and preparations were made soon after.



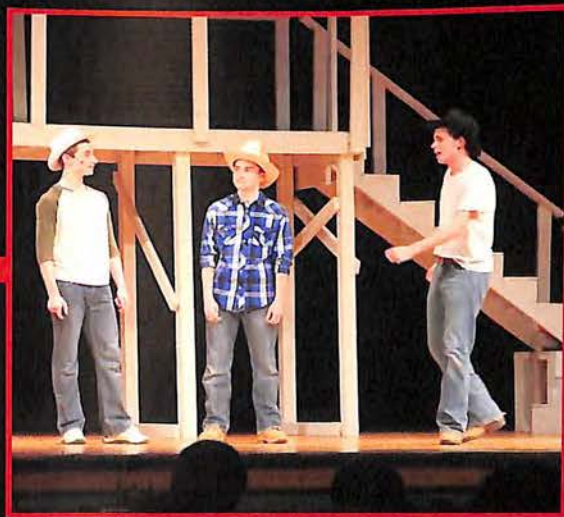
I'M FREE. Anthony d'Alelio (12) and the cast of *Footloose* bands together in the energetic conclusion to Act I. The students all decide that they are going to fight the law against public dancing as the law no longer serves any purpose other than a memorial to an event everyone is tired of reliving.



Still Rockin'. Austin Clark (12) does the worm in the opening scene of Act II. Clark's character, Willard Hewitt, is a typical country boy with two left feet. In the scene, his best friend Ren (played by Anthony d'Alelio, 12) teaches him how to dance at a Barbecue restaurant in the next town.



CUT FOOTLOOSE. The cast of *Footloose* perform the final scene in the spring musical. Amanda Levy(9) who played Ariel and Anthony d'Alelio(12) who played Ren, dance to the song *Footloose* in the prom scene. This scene was not only the culmination of the action of the show, but also, for the seniors, it was the culmination of their high school drama career, as it was the last time they would perform on the Cave Spring stage.



SOMEBODY'S EYES. The "mystery girls" perform their dance during the song "Somebody's Eyes". The song is a way for the teens of Beaumont to explain how the town works: no matter what you do, "somebody's eyes are watching you."



COUNTRY. Members of the *Footloose* cast perform a country line dance at Cowboy Bob's Barbecue. Jessica Buckley(12) as well as the rest of the dancer danced to "Still Rockin'" as the main characters have fun outside of the Beaumont town limits.



SUSPICION. Cody Bushman(12) playing Wes Warnicker and Kelsey Sine(12) playing Lulu Warnicker argue with Anthony d'Alelio (12) playing Ren McCormick after Ren loses his job. The town had become suspicious over the new kid and as his aunt and uncle, they had been taking flack due to the town's misconceptions of their nephew.

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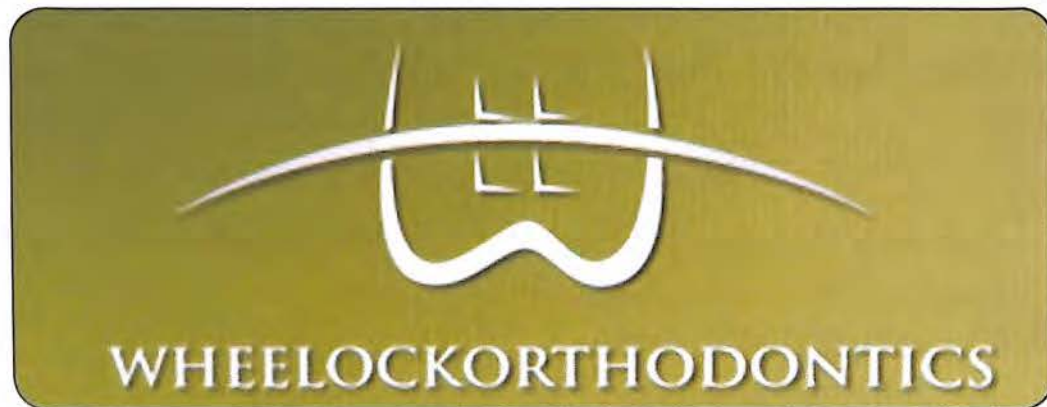
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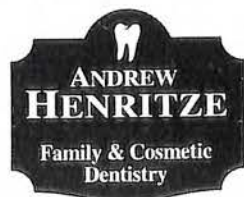
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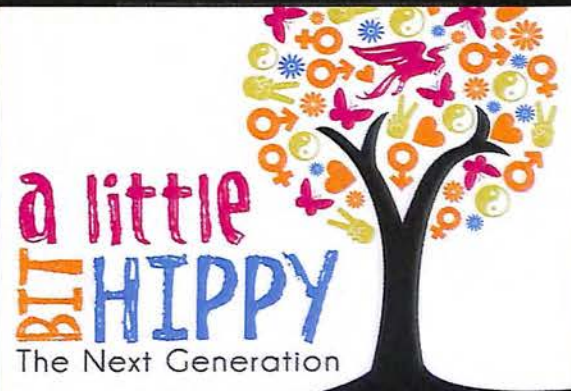


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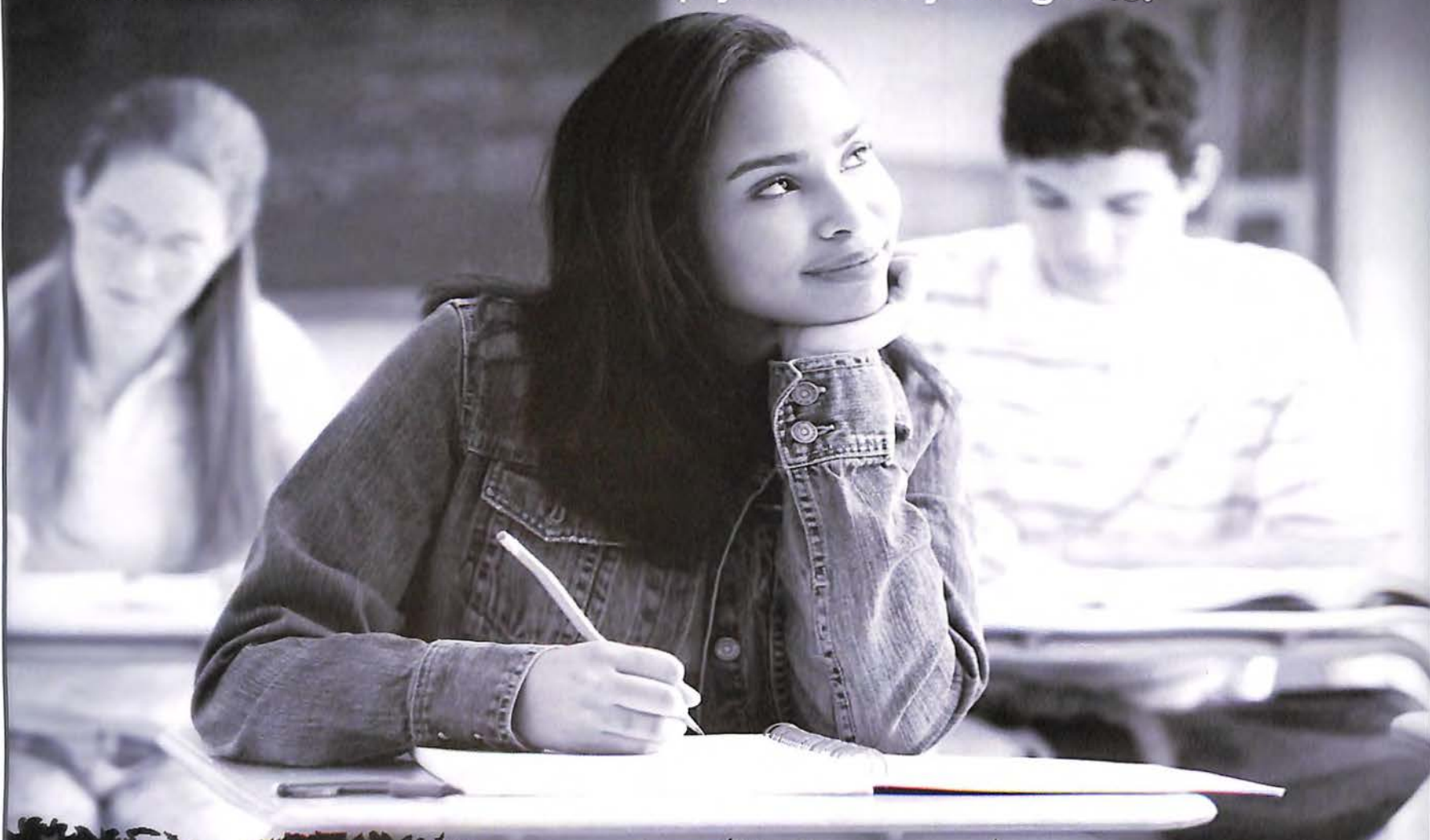


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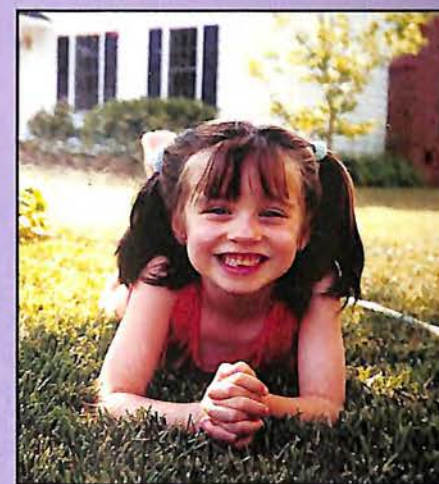
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~ Ottilia ~



How quickly the years have gone by since you were born, you have brought us joy and happiness. We are proud of the young woman you have become and look forward to cheering you on as you begin the next chapter in your life adventure.

Love always,
Dad and Mom



Congratulations Christina!



We are so proud of you!

Love,
Mom, Danny, & Lee



BEN

We are so proud of you! We know you will be successful in whatever you choose to do!

We love you,
Mom, Dad, Sam, and Gracie



Elizabeth

We are so proud of the young lady you have become. We can't wait to see where your next adventure will take you!



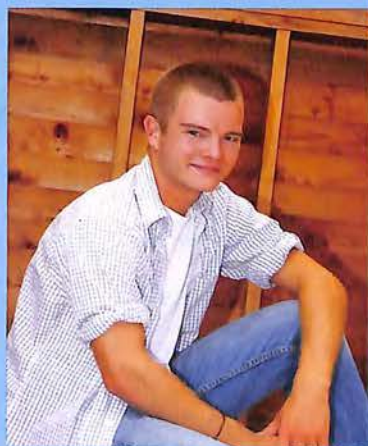
Love,
Mom & Dad

Ashlyn



Ashlyn, Your compassion for life and your unique personality makes us very proud of you. You entertain us with your sense of humor and your smile. We are amazed and humbled by the strength you carry in your heart. We love you our Little Red Haired Girl!

Love, Mama, Daddy, Angel, Tara, Derek, and Walker



Justin



Congratulations on a great job. We are so proud of you!

Love,
Mom & Dad

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Not Pictured: Grant Backlund, Michael Bingham, Graham Harkey, Jessica Wells and Erik Zimmerman

Cody



We are very proud of
you and all of your
accomplishments

Congratulations

Love,
Mom and Dad



Clare



Congratulations! We are extremely proud of you. You've worked hard and accomplished so much. It has been a pleasure watching you grow and become the person you are today. We look forward to seeing what the future will hold for you. Remember... "The future belongs to those who believe in the beauty of their dreams."

We love you with all our hearts,
Mom, TK, and Maddie



Jacob

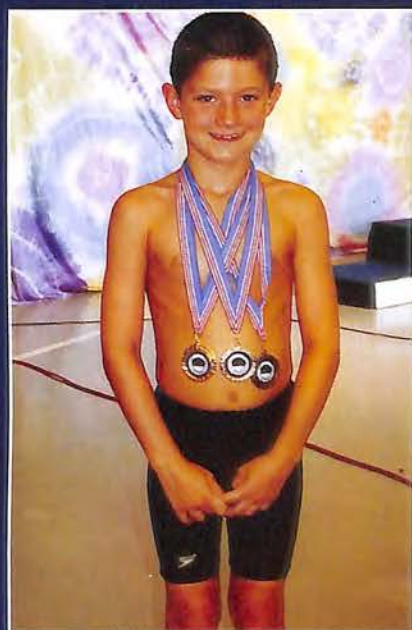


We are so proud of our "little buddy" : the goals you have reached and the ones you have ahead of you...

Always remember this prayer: "With God all things are possible." Matthew 19:26. Just believe in yourself as we do!



We love you with all our hearts!
Dad, Mom and Becca



HARRISON



When you were a little boy we carried you in our arms, but now you're a young man and we carry you in our hearts

We are so proud of you and your accomplishments!

Congratulations on your new beginning.

Love, Mom and Dad



ASHLEN

Peace

Love



Puppies

Love you Always,
Ashlen Cary

-- Mama, Papa, Alexandra, Aimee and Aric

1 Thessalonians 5:23

Savannah

We have always believed in you and we know your future is bright.



We are proud of you
Love,
Mom and Dad



Austin

Life is not about how fast you run or how high you climb, but how well you bounce
- Vivian Kimori -



We are very proud of you.
(Joshua 1:9)

Love,
Dad, Mom, Jake,
and Aubrey

The more you read, the more things you will know. The more that you learn, the more places you'll go." Dr. Seuss

Love, Mom, Dad & Hanna



Callie

HOLLY

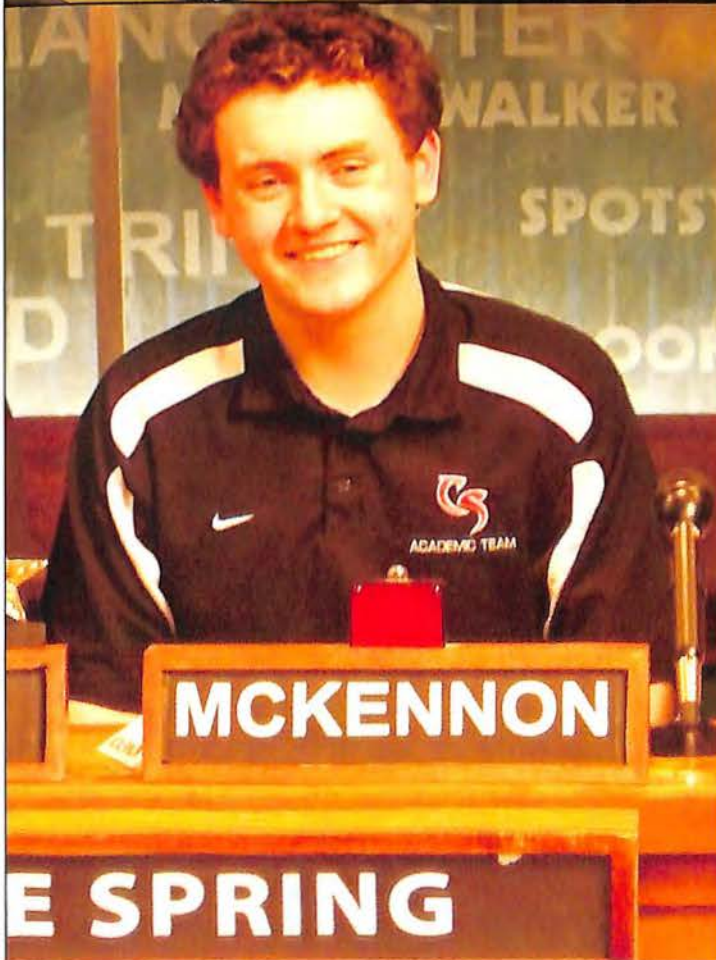


Congratulations Holly!
We love you and are so proud!

Love,
Mom, Dad, and Nick



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With all our love,
Mom and Dad

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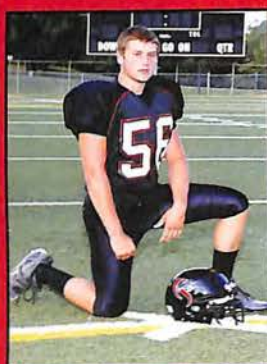
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Daniel

Look back with fondness, look ahead with confidence, look to the Lord for direction, God has blessed you with many talents and he has a great plan for your life!

Jeremiah 29:11



We are so proud of you!
Love Always, Mom, Dad and Katie



Danielle

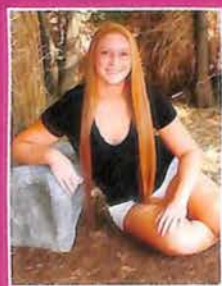
You are such a blessing to us all. You have worked hard to accomplish your goals. We love your spunky, caring, and fun-loving ways. You make us proud!

Love,
Daddy, Mama, and Mariah



Hannah

Live every moment
Laugh every day
Love beyond words



We are so very proud of you and
☆☆☆☆☆☆
hope all your dreams come true!

Love,
Dad, Mom, Hadley
and Hope

A
M
I
N

I've always said that there is no greater love than the love of a child. I'm so very proud of you and know with faith and hard work that your future will be blessed with great things.

Psalms 29

Love Mom & Family



ADAM

IF

If you can keep your head when all about you
Are losing theirs and blaming it on you,
If you can trust yourself when all men doubt you,
But make allowance for their doubting too;
If you can wait and not be tired by waiting,
Or being lied about, don't deal in lies,
Or being hated, don't give way to hating,
And yet don't look too good, nor talk too wise:

If you can dream - and not make dreams your master;
If you can think - and not make thoughts your aim;
If you can meet with Triumph and Disaster
And treat those two imposters just the same;
If you can bear to hear the truth you've spoken
Twisted by knaves to make a trap for fools,
Or watch the things you gave your life to, broken,
And stoop and build 'em up with worn-out tools:

If you can make one heap of all your winnings
And risk it on one turn of pitch-and-toss,
And lose, and start again at your beginnings
And never breathe a word about your loss;
If you can force your heart and nerve and sinew
To serve your turn long after they are gone,
And so hold on when there is nothing in you
Except the Will which says to them: 'Hold on!'

If you can talk with crowds and keep your virtue,
'Or walk with Kings - nor lose the common touch,
If neither foes nor loving friends can hurt you,
If all men count with you, but none too much;
If you can fill the unforgiving minute
With sixty seconds' worth of distance run,
Yours is the Earth and everything that's in it,
And - which is more - you'll be a Man, my son!

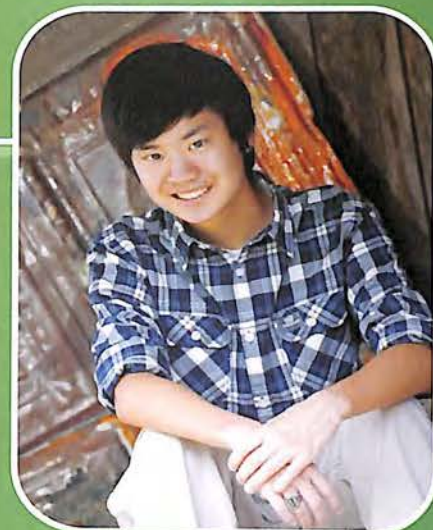


May God bless you
and keep you safe
so that you may go
out into this world
and do great things.

We love you.
Dad, Mom and Tristan

Taylor

*We are so proud of
the fine young man
you have become. We
look forward to your
future endeavors.
Congratulations on
your accomplishments!
Love, Mom and Dad*



DANIEL

**You are a joy to us and we are
proud of the man you are
becoming.**

Well done.

**Love,
Dad, Mom & Abby**

**Trust in the Lord with all your
heart... Proverbs 3**



Kathryn,

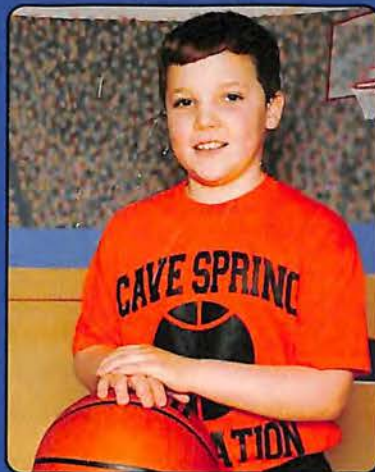
*As you begin your new journey, you have
so much to look forward to and so many
wonderful gifts to share with the world...*

**Embrace every
moment.**



**We Love You,
Mom, Dad
and Becca**

CONGRATULATIONS— YOU'VE
COME A LONG WAY! WE'RE VERY
PROUD OF YOU!
LOVE, DAD, MELINDA, MOM, &
DANIELLE



Elizabeth

*We are so proud of you!
Love, Mom, Dad, & Jessica*



You're the best son a mother could
ask for. We love you and are so proud
of your accomplishments. Wishing
you great success for your future.
Proverbs 3: 5-6

Love,
Mom, Dad, JT, Bailey, Noah, Madi;
Meme & Papaw; Aunt Ashley &
family.





Find your passion.
Be true to your beliefs.
Keep your word.
Remember integrity always matters.
Believe in yourself.
Trust in God.
We love you-always!
Mom Dad Luke Elizabeth Grant

My Girl,

*You have grown up to be such a
beautiful person inside and out.
Words cannot describe how
proud I am of you. Your
enthusiasm for life touches
everyone around you. Don't ever
lose that love for life and always
laugh, especially at yourself.
You Are My Sunshine
Love You Always Mom*



You have grown into such a
beautiful young woman-- both
inside and out. Your smile,
your kind heart and your zest
for life are infectious! No
matter what path you
choose in life, it will be a good
one. Time to fly sweet girl!
We are so proud of you.
Much love,
Mom, Dad & Matthew

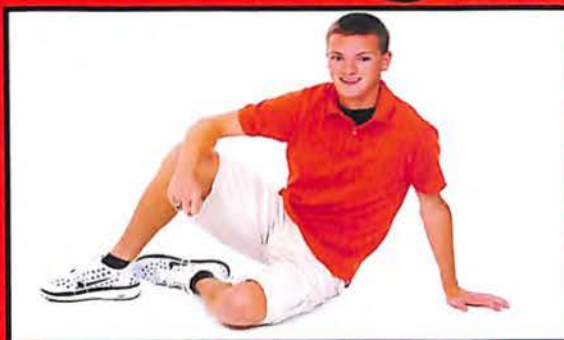


Josh Gotschal



Turn and Burn
Little Buddy

Cody



Your journey so far has been wonderful and exciting as you have continued to strive for high goals and ideals. As you encounter each new path in life's amazing race, may you remember the past with fond memories and move forward with determination, love of God and respect for your fellowman.

Continued love and support,
Nanny and Gran



AUSTIN



AUSTIN,
YOUR SWEET
SMILE HAS
WARMED OUR
HEARTS FOR 18
YEARS.
WHEREVER YOUR
ROAD LEADS YOU -
REMEMBER WE'RE
YOUR BIGGEST
FANS!
MOM, DAD &
ETHAN

Morgan

Congratulations!

*This is only the first step in
what promises to be an amazing
life and we know you are going to
do great things!*

We love you.

Mom, Dad, and Zach



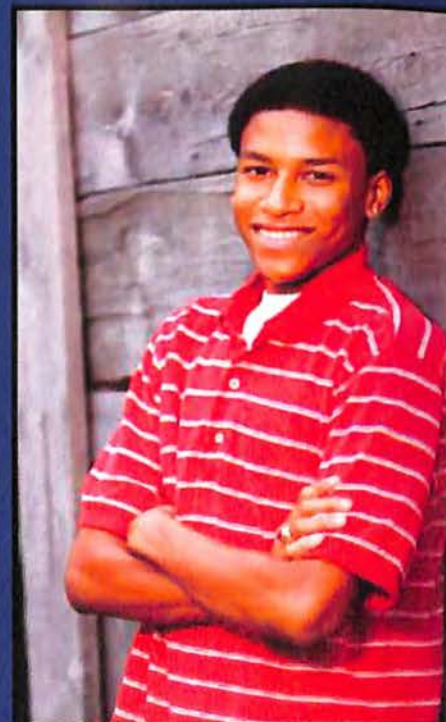
Daniel



The Beginning-
Kindergarten
1999

Daniel,
Congratulations on achieving
your first major academic
milestone. We are so proud of
you and look forward to your
future accomplishments as well
as the outstanding mark you will
make in this world.

We got your back and
unconditionally love you.
Dad, Mom, Adrienne and Imani



GRADUATION
2012!!!



Helen



You are fabulous!!
 From the day you entered our lives and every day since, you have brought us bliss. Through soccer, softball, choir, piano, basketball, writing, singing, debate, dance, sleepovers, vacations, and countless other events, you have radiated joy and happiness and you brought joy and happiness to all around you. You are our Angel Baby! We are so proud of the child you have been and the woman you are becoming. You are destined to be a shining star. You already shine- inside and out, in all ways on all days. Life is an adventure. Remember to find joy in your journey. As you follow your dreams, and the words in your heart become wisdom on paper, know how very much we love you and support you. And May God hold you in the palm of His hand, always.

--Mommy, Dad, Griffin

"Once the mind has been stretched by a new idea, it will never again return to its original size."

-Oliver Wendell Holmes, Jr.



Kelsey



We are so proud of your accomplishments and look forward to your bright future.
Love,
Mom, Dad, Camden, and Frannie



AUSTIN

Austin –
Congratulations! We are so very proud of you and are looking forward to watching you succeed in the next chapters of your life.
Love Mom, Dad, and Alex

Nicole

NICOLE

A little Princess came screaming into the world 17 years ago! Who could have imagined that she would become such a beautiful, young woman. Scholar. Athlete. All around great kid. We are proud of you and we know great accomplishments await you. Congratulations, Nicole.

Love,

Mom, Dad, and Ryan

(You will always be my little Princess, love Dad)



Amory



Congratulations! We are very proud of all you have accomplished and look forward to the years to come. I know they will be as great as the first 18 years we have had together because you are an exceptional young lady. A mother could not ask for a more loving and talented daughter. We love you! Mom, Dad, and Alex



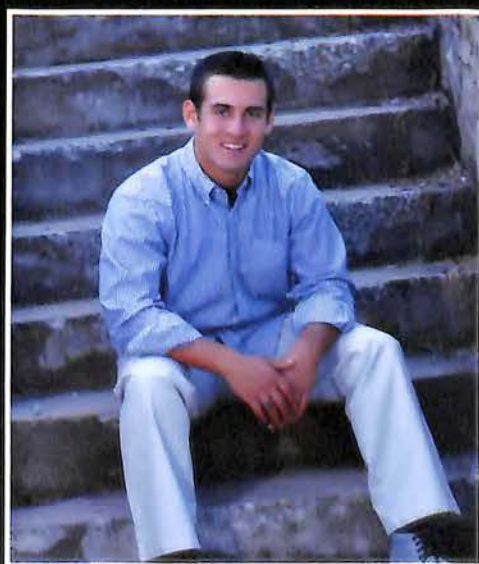
Molly



MOLLY

You always have been the light of our lives. We know you will continue to shine and have a bright future. Congratulations! Love, Dad and Mom

WILLIAM RYAN



Smart, kind, funny, competitive, fearless and loving- we are so proud to call you our son! Go chase your dreams and we will cheer you on!

We love you,
Mom and Dad



CALEB

We are so proud of your accomplishments and you are a wonderful person inside and out. We are excited to see where your life takes you! Love Mom and Dad



Jessi



It seems our little princess, your dreams are but one leap away. We are so proud of you! We love you! Mom, Dad, and Kyle



We are so proud of your accomplishments and bright prospects.

Mom, Dad, and Lisa

Congratulations Clare!



Congratulations Volleyball Seniors



- #1 Shannon Craighoad
- #10 Morgan Shannon
- #4 Kelli Long
- #7 Lauren Sledd
- #11 Kelsey Sine

Much love and admiration from your families!



MARK

We are so blessed to have you as our son. And we are proud of the wonderful faith filled young man you have become. we love you.

Mom, Dad, and Melina



Congratulations!



Graham
David
Steve
Teddy



Jordan

*"So be sure when you step,
step with great care and great tact.
And remember that life's
a great balancing act.
And will you succeed?
Yes! You will, indeed!
98 and 3/4 percent guaranteed."*

-Dr. Seuss

Love

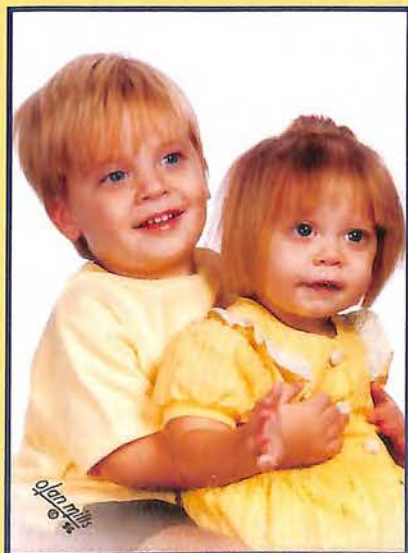
Dad, Mom, Lynsey,
Andrew, and Lauren



JACK

**"Go confidently in the direction of
your dreams! Live the life you have
imagined."**

-- Henry David Thoreau



**We are so proud of
you!
Love,
Dad, Mom & Liv**



ALEX



Congratulations
Alex! We are so
proud of you for
the challenges you
have accepted and
the successes you
have earned.
All our love,
Mom, Dad and
Tori.



Erik

We are so proud of you. Follow your
dreams, work hard and they will
become a reality.

Love you,
Mom, Dad, Ann, and Colleen.

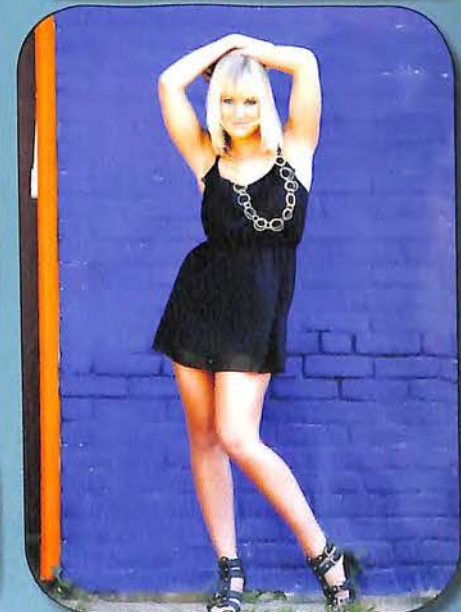


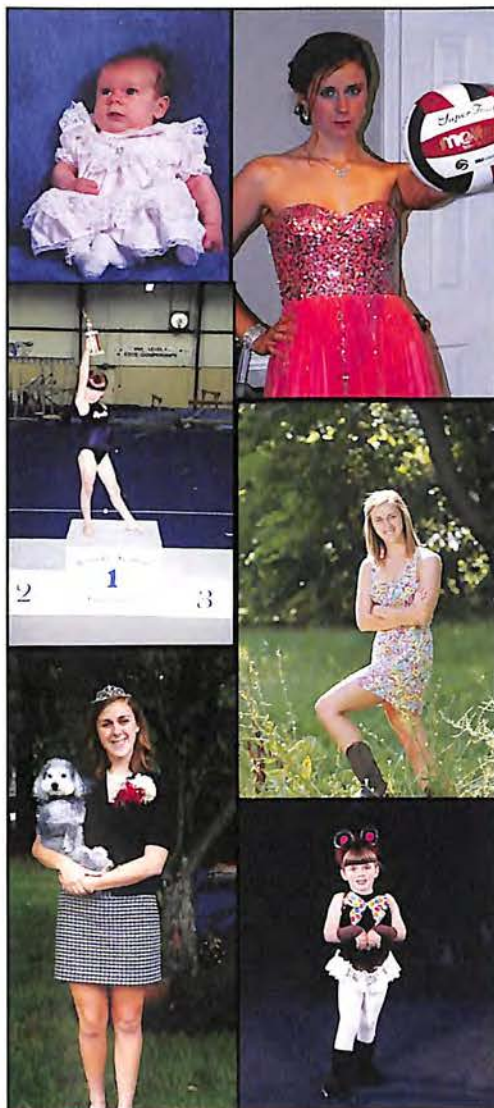
Macy Elizabeth Kinder



Macy, We are so proud of all
your accomplishments! Best
wishes for a wonderful future.

We love you,
Mom, Dad, Clay, Andy, Meredith,
Todd, Ally, Teagan and Ruthie.

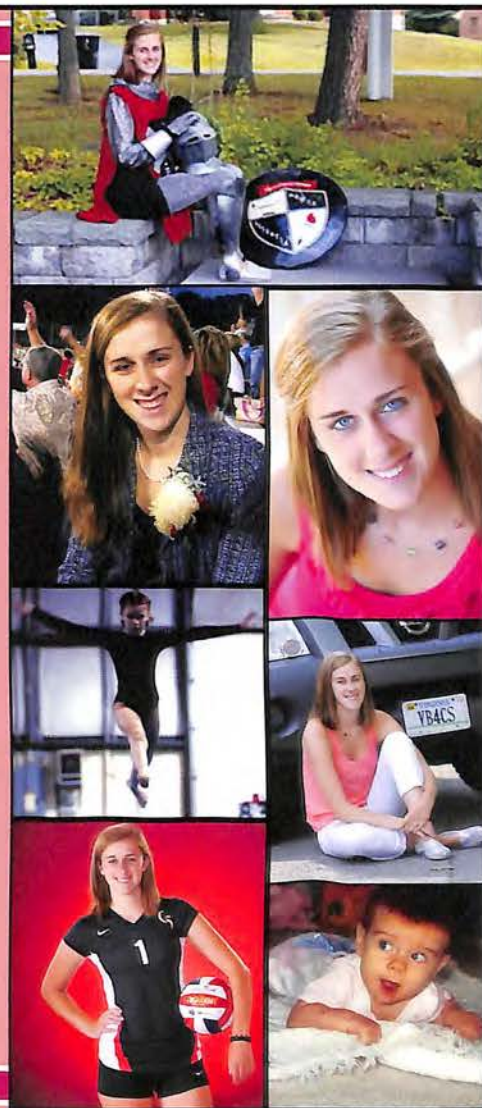




Shannon

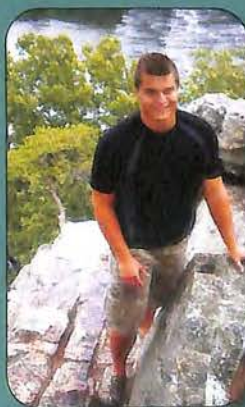
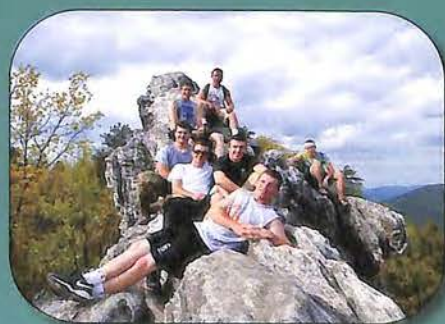
Do not follow where the path may lead. Go, instead, where there is no path and leave a trail.

Believe in yourself always.
You are a wonderful daughter and a terrific sister.
We love you very much and wish you the best in everything you do.



NICK

WE ARE SO PROUD OF YOU!
BEST WISHES IN YOUR JOURNEY AHEAD.
LOVE, MOM, DAD, AND GABBY



DAVID

David, You have been such a blessing to us and we are so proud of you.
Congratulations!
We love you!
Dad, Mom and Laura



Hannah

Bella,

You are a blessing and we are so proud of you and all you've accomplished. Walk forward with pride and remember...

"And by knowledge shall the chambers be filled with all precious and pleasant riches."
~Proverbs 24:4~



Caitlin Pagan



Hard to believe this day has come. I am so proud of you. I know God has great plans for you. Proverbs 3:5-6.

I love you always, Dad.

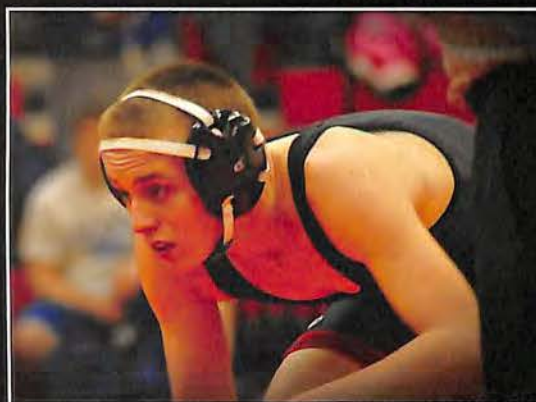
No Matter where you go, you will always be my baby and yes, my "favorite". So proud of you! We love you, Mom, Breann, Austin



Graham Harkey

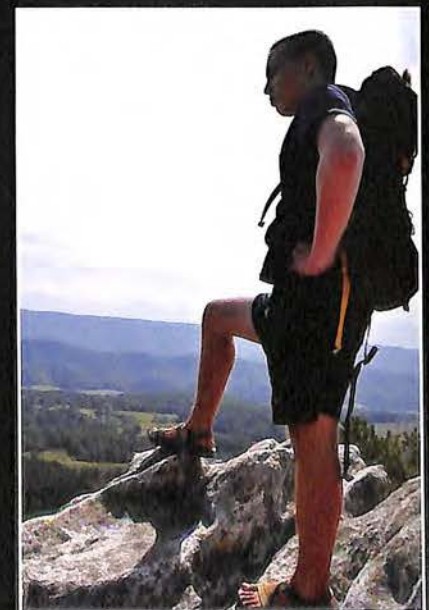
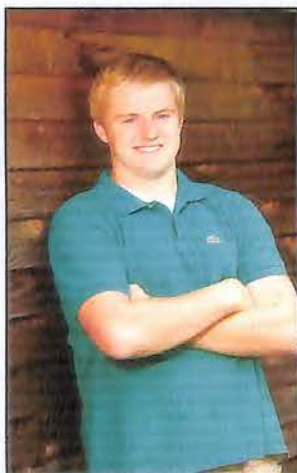
Congratulations!!
We are so proud of you!
We love you!

Mom, Dad, and Clair



AUSTIN

YOU ARE TRULY A BLESSING TO OUR FAMILY. WE ARE SO PROUD OF YOU. MAY ALL YOUR HOPES AND DREAMS COME TRUE. WE LOVE YOU SO MUCH. DAD, MOM, & LUCAS



Kenzie

Elizabeth

Best Friends Dancing Through The Years!



Unlimited! Your future is unlimited! We are so proud of you!
Much Love,
Mom, Dad, Kathryn, and Alex



You are a beautiful young lady and we are so proud of you and your accomplishments!
Love,
Dad, Mom, Edward, and William

*A
N
N
A*



We are so proud of you. You are our angel sent from heaven to make us smile, laugh, live, and love. the world is so excited to have you in it! wishing you a lifetime of happiness and success. Congratulations!

Love always,
Mom and Dad



TRAVIS EMERSON

What a blessing you have been to us.
We are very proud of you and wish you the best for your future!
Remember,
"Always Be A Good Boy!"
Love, Mom & Dad



Michael, from the day you were born, we knew you were a special gift from God. Everyone you meet knows you walk in his spirit and have been touched by his grace. We are so proud of the young man you have become and the path you have chosen.

Love, Mom, Dad and Alea



Michael Bier

"I know the plans I have for you, declares the Lord, plans to prosper you and not harm you, plans to give you hope and a future."
 - Jeremiah 29:11

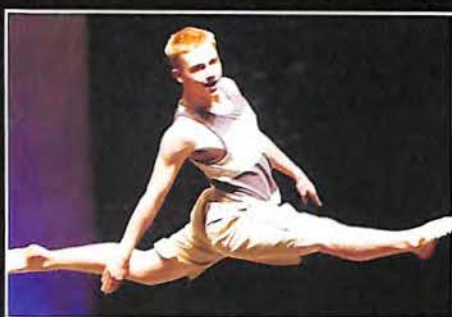


TONY

Most little ones start to walk. You started to dance, and haven't stopped! The hard work you have put into school and performing has finally paid off. We are so very proud of you! Now is the time to follow your dreams.

Get ready Broadway...
Tony is on his way!!!!

Love,
Mom, Dad, Nick and Joey



A
P
R
I
L



We are so proud of you!
What a beautiful and special lady
you've become. Always remember,
No challenge is too great if you just
believe you can.

Congratulations!
We Love You!
Dad, Mom and Jared



"Delight yourself in the Lord
and He will give you your
heart's desires!"
-Psalm 37:4

Josh

You have crested your first summit
and ahead lies a great and beautiful
expanse to explore and experience.

Do it all with joy, happiness,
honesty and integrity.



My love and support are with
you in every step on all the
paths you choose.

Love Always,
Mom



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in ballet, tap, jazz, clogging,
contemporary, and in hip-hop for
ages 3-adult.*

Aston



**Congratulations,
Aston!**

**We are so
proud of you!**

Love Mom & Dad



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CLUBS and Organizations



Fellowship of Christian Athletes



Jazz Band



SCA



F.O.R.



Spanish



Spanish Honor



Student Assistants



F.C.C.A.



Newspaper



Literature



Yearbook



P.E. Helpers



Student Helpers



Deca



Film



Key



Drill Team



Knight News



Pep



Drama



Symphonic Band



Art Honor



Art



Choir



Beta



Debate



Academic



National Latin Honor Society



French



French Honor



Girls' Lacrosse



Boys' Lacrosse

Colophon

The 2012 Accolade was published by Jostens Publishing Company located at Clarksville Tennessee. The job number was #30313 and they printed four hundred and twenty five books that were sold for \$55 and \$65 depending upon the purchase date. The local representative was Hank Whitaker and the inplant representative was Randy Bush. The contract photographer was WingIT. The book contains two hundred and sixty eight pages. The cover was designed by editor Josh Gotschal and put into art form by Hank Whitaker. The cover is a custom litho cover material #1 with high gloss litho #478 on it with cove application process color #317. Cover application has two glitter silver #353 Uv also. For the headlines it was a Deanna Script font; whereas, the sidebar was a Eric Brush font. The copy font was Olive Oil.

The theme unity was developed during the first few weeks of school by the staff. It became obvious that our school was uniting around Kendall Bayne one of our sophomores that had been diagnosed with cancer. Kendall is a member of newspaper staff which worked closely with the yearbook staff. The book was produced using the Jostens Yearbook Avenue online program. The staff helped with designing pages, taking photos and writing copy.

