



CAVE SPRING HIGH SCHOOL

3712 CHAPARRAL DRIVE

**ROANOKE, VIRGINIA 24018** 

540 ▶7727550

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# EXELISEME

CCOLAGE 2014

with united to

WHILE ON A FAMILY VACATION,

JOE LANKFORD SCUBA DIVES IN

ST. JOHN, U.S. VIRGIN ISLANDS.

THE JUNIOR, WHO HAD BEEN SCUBA-CERTIFIED

FOR THREE YEARS, SAID HE LOVED HIS HOBBY,



DESPITE HIS MOTHER'S RESERVATIONS.

"SHE WON'T DIVE," HE SAID. "SHE CAN'T HANDLE

BEING UNDER THE WATER FOR THAT LONG."

ONCE WHILE DIVING IN THE TANK AT EPCOT,

HE SAID A TURTLE STARTLED HIM.

"WE WEREN'T ALLOWED TO TOUCH THEM,

BUT IT DEFINITELY TRIED TO TOUCH ME.

KIDS STARTED FREAKING OUT."





# NO ALIBIS

NATHANIEL AXT MADE MUSIC. IT
WASN'T SOMETHING HE CHOSE, IT WAS
SOMETHING HE WAS BORN TO DO.
TAYLOR WHITE MAY HAVE TORN HER
ACL, BUT SHE DIDN'T STOP. SEMILY
FULTON WOULD BE THE MINORITY,
BUT SHE HAPPILY ACCEPTED THE
CHALLENGE. CHASE MCDANIEL WAS
THE ONLY ONE LEFT ON THE MAT, BUT
HE GOT THE JOB DONE. RACHAEL
ALTICE CREATED ART WITHOUT
WORRYING ABOUT HER AUDIENCE.

SOME PEOPLE DIDN'T GET THE APPEAL OF THE TRUCK LINE, BUT THAT DIDN'T MATTER TO BRUNO DURON. >12 SPANDEX AND CHLORINE SCARED OFF SOME, BUT HAILEY BIVENS WOULD DIE WITHOUT THEM. ▶73 HER FRIENDS DIDN'T UNDERSTAND, BUT MEAGAN BOARD JUST DIDN'T CARE. > 65 JUGGLING TWO SPORTS AT ONE TIME COULDN'T WORK, BUT DANIEL SEYMOUR FIGURED IT OUT. ▶98 LIDYA TADESSE LEARNED TO ADAPT WHEN MOVED FROM THE ONLY LIFE SHE EVER KNEW. >115

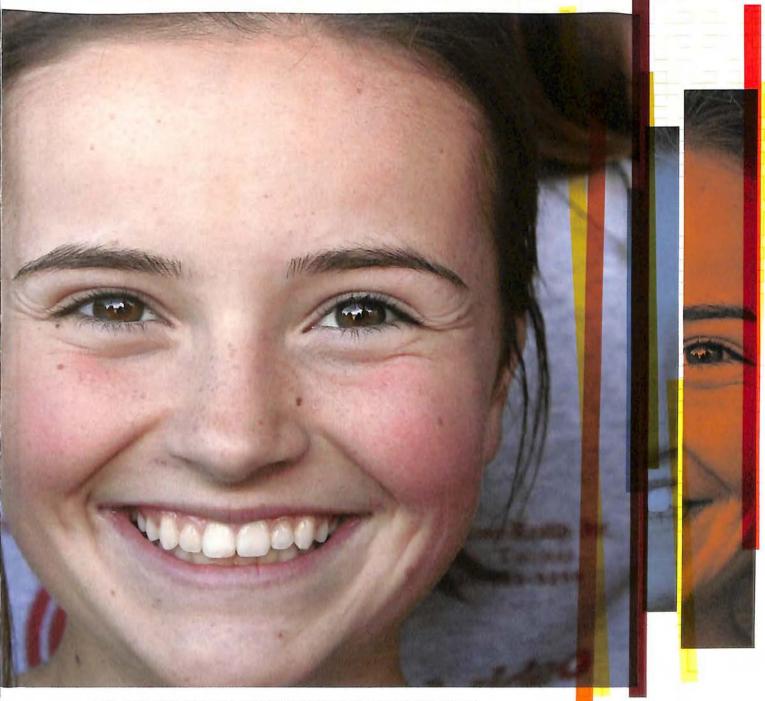


CAUGHT DURING YOUNG LIFE CAMP, MORGAN LEFTWICH MUGS FOR THE CAMERA.

THE FRESHMAN, KNOWN FOR HER SMILE AND

LIVELY PERSONALITY, MADE A COMMITMENT TO A

HEALTHY LIFESTYLE AFTER A FAMILY MEMBER'S LUPUS



DIAGNOSIS. "I REMEMBER THINKING, 'WHY AM I NOT HAPPY WITH WHO I AM?' THEN I THOUGHT OF ALL THE PEOPLE WHO CAN'T CONTROL THEIR HEALTH, BUT HOW I COULD. I DECIDED THEN TO BE HAPPY. I NOW GO TO THE GYM EVERY DAY. I WANT TO MAKE MYSELF THE BEST ME I CAN BE."

JUNIOR ZAC FOUTZ APPEARS ON THE FIELD

AFTER A NEAR-BRUSH WITH DEATH.

FOUTZ, WHO WAS INFECTED WITH FUNGAL MENINGITIS,

NEVER THOUGHT HE'D PLAY THE SPORT HE

LOVED AGAIN. "WHEN I FIRST GOT HOME FROM

THE HOSPITAL, I WAS TOLD I MAY NEVER



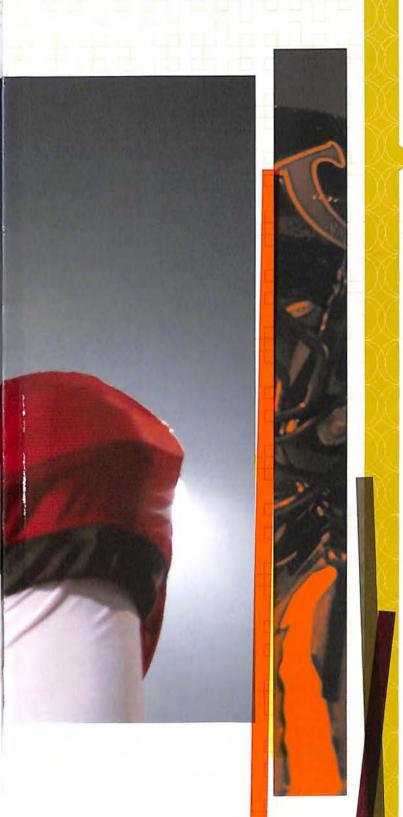
PLAY AGAIN. I HAD TO MOVE FORWARD. I HAD TO PUT

SPORTS ON THE BACK BURNER AND FIGURE

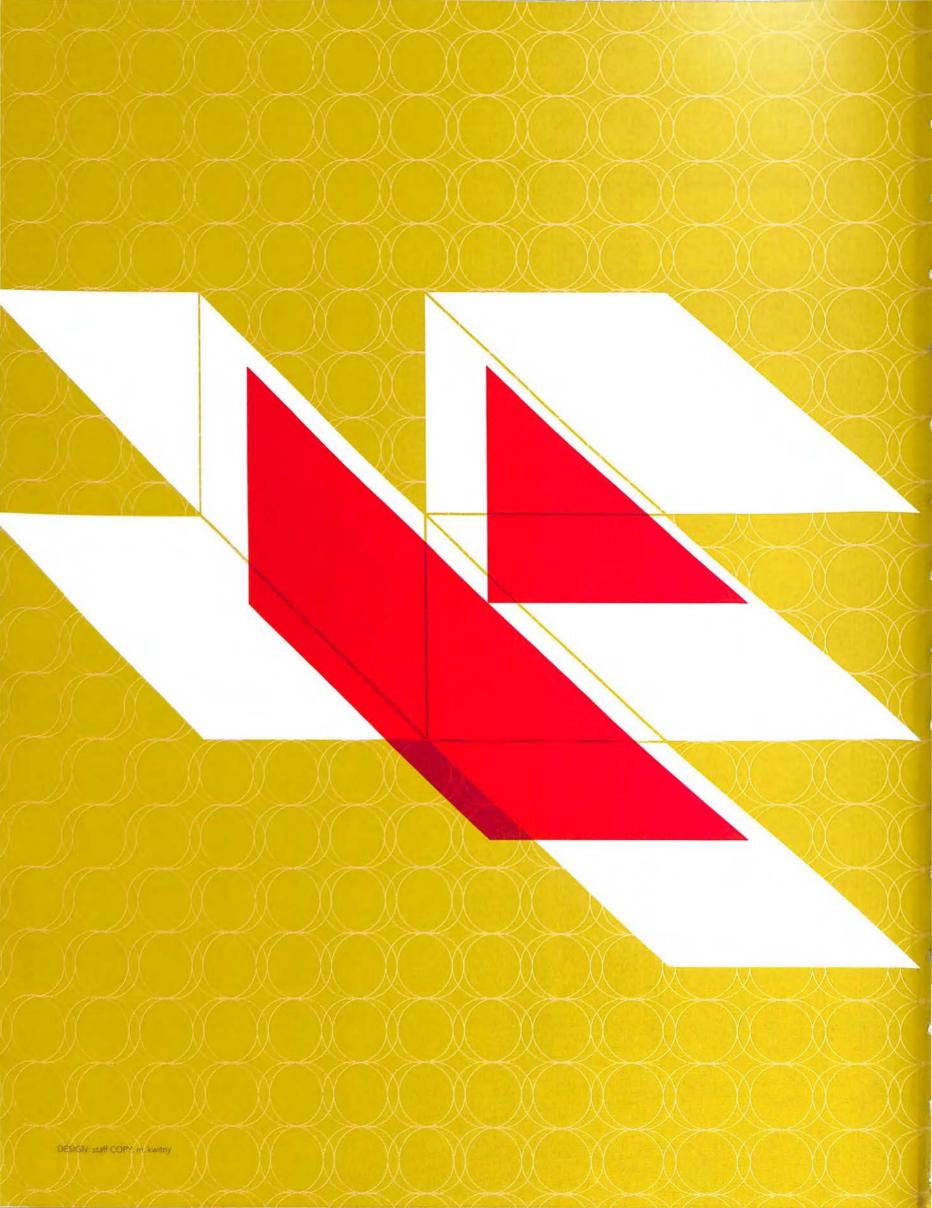
OUT HOW TO RECOVER ENOUGH TO HAVE A

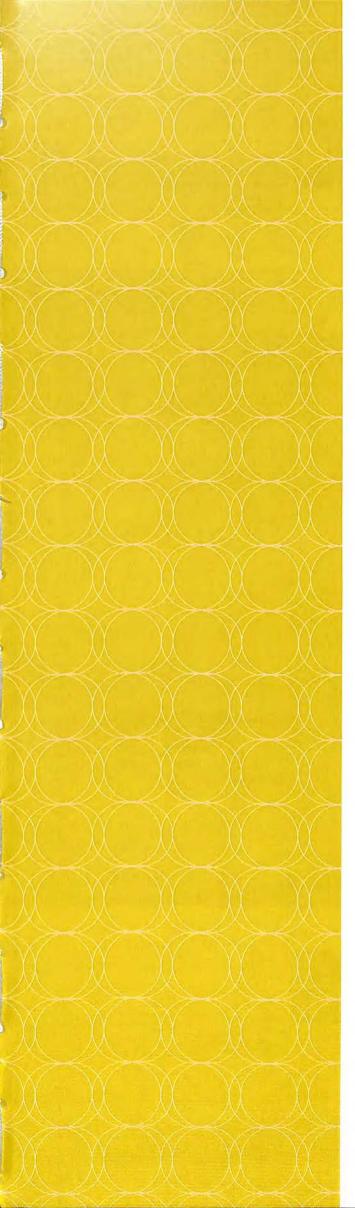
NORMAL LIFE AGAIN. GETTING

HEALTHY SOON BECAME THE FOCUS."



THE SMELL WORRIED KATIE FORTNER, BUT SHE READILY PUT ON THE HELMET. >107 HE COULD FALL ANY MINUTE, BUT THE RUSH WAS WORTH IT FOR ALEX DEHART. >29 SHE WAS TOLD IT WOULD NEVER HAPPEN, BUT BRITTON OLSEN GOT HER CRADLE. ▶94 CHRIS WOODRUM DIDN'T LET HIS DIFFERENCES DEFINE HIM. >63 WINNERS DON'T MAKE EXCUSES. THEY TAKE THEIR LUMPS, BUMPS, BRUISES AND BROKEN HEARTS AND USE THEM AS FUEL. AS IF TO SAY, "EXCUSE ME, I HAVE WORK TO DO." ▶





PARDON MY FRENCH "I GET AN

ADRENALINE RUSH." ▶45 "THAT JUST DOES

NOT HAPPEN. "▶30

"WE BASICALLY ATTACKED

PEOPLE BEFORE AND AFTER SCHOOL

TO GET WHAT WE

NEEDED." ▶35 "THAT'S WHY WE ALL FIT

TOGETHER." ▶10 "THAT'S

THE CLOSEST I'VE EVER BEEN

TO CRASHING." ▶28 "I FELT HONORED

AND A BIT HUMBLED." ▶16

"THEY ARE NOT

COMMON IN THE U.S., SO THEY

ARE VERY UNIQUE."

▶48 "IT WAS JUST REALLY

NERVE-RACKING." ▶18 "I USE IT FOR A LOT

OF HUMOR." ▶36 EXELISEME



"I've been friends with some of these guys since kindergarten. I am going to WVU, so I'll miss hanging out with all of them," Lucas Mobley, 12



"I parked there so I could know all the guys and hang out with them. We play music, talk and make plans for the weekend," Daniel Hartman, 11





"I drive a jeep, but I am allowed to park in the line because I am friends with all of them. We've been friends for four years now," Hunter Richards, 11



"The truck line was made up of all my friends. It was the best feeling knowing that your friends always had your back," Trey Guilliams, 11



## HOW WE ROLL

LINED UP AND READY TO
GO, THE TRUCK LINE IN
THE PARKING LOT BECAME
LEGENDARY, FEATURING
A LINE OF TOUGH TRUCKS
AND EVEN TOUGHER GUYS.

### ►THE "TRUCK LINE" HAD

simple beginnings. A group of friends parked together every day, showing their trucks, muddy wheel wells and 'Merica gear. Soon, however, these truck lovers were known around the school.

"I don't understand why they park in a line. I don't like how loud they rev their engines. It hurts my ear," junior Jordan Bennett.



## CONTINUED

Onlookers were at times confused. While they seemed to be friends, arguments would break out. They were always good-natured, though. Mostly the boys argued about who has the strongest truck.

They solved the argument with a truck pull in the lot.

While it was hard to tell, the strongest truck seemingly belonged to junior Jimmy Ratliff.

"Having the strongest truck made me proud," he said.



## MUD ON THE TIRES

#### RIDING DIRTY? NO PROBLEM.

The truck line saves money by avoiding car washes. Junior Hunter Smith's truck boasted layers of grime. "Leaving the dirt on your vehicle shows you either did a lot of work or had fun. I'll clean for an occassion, but I actually like my truck a little dirty," Smith said.

DESIGN staff COPY production is price PHOTO - delton

PRIDE ON DISPLAY,
junior Wyatt Abshire's
truck shows his love
for America. "My truck
is manufactured in the
U.S.A., so I want to
display my pride for
my truck and for my
country," Abshire said.



#### RESTING ON TOP OF HIS CHEVY

K1500, senior Landon Snyder waits for his crew to join him. The friends who parked in the truckline were appreciative of the attention received. "It feels really good to be recognized and know that we stand out not only at school but in Roanoke County" Snyder said.



WITH EVERYONE ASSEMBLED, the boys mill around before the start of a school day. What started as a parking lot coincidence turned into an almost unnoficial club of sorts. "We all act like brothers. We are a tight-knit group," junior Tyler Garner said. LOUNGING IN THE FRESH AIR, juniors Evan Heath and Tyler Garner enjoy a warm afternoon socializing and goofing around. The members of the line said they related to one another not only through their vehicles but with their attitude toward out of school activities and views. "I like trucks and people who drive them because you can off-road and you can tow and haul things," Heath said.



ON DISPLAY, junior Jon Roach's Dodge 1500 fits in the line. In a time where people went for fuel economy, that concern was not on the truck line memebers' minds. "Even though I get horrible gas mileage, I can still do things and go places that cars can't go, so it makes it worth it," Roach said.



ON TOP OF THE DASH, a "Farm Use" placard is in full view in senior Hunter Smith's Dodge Power Ram. While some trucks in the line were used primarily for fun, Smith used his truck as a source of income. "I use my truck to haul rock, mulch and wood to make monty. My truck is a true work truck, and I use it in the mountains," he said.



JUMPING INTO HIS TRUCK, senior Carl Heath prepares to leave school after a long day. For Heath, trucks were a necessity in his way of life and would hopefully lead to a promising career. "I tow horse trailers, so I have to drive a big truck. I also do all the work on my truck. I want to work on trucks once I graduate," he said.







ON THE BACK WINDOW of junior lain Wigglesworth's Nissan Hardbody rests a "Don't Tread on Me" logo. Most of the trucks featured some sort of adornment that embodied the Gadsden flag symbol. "We're all down-home, good country boys. That's why we all fit together," Wigglesworth said.

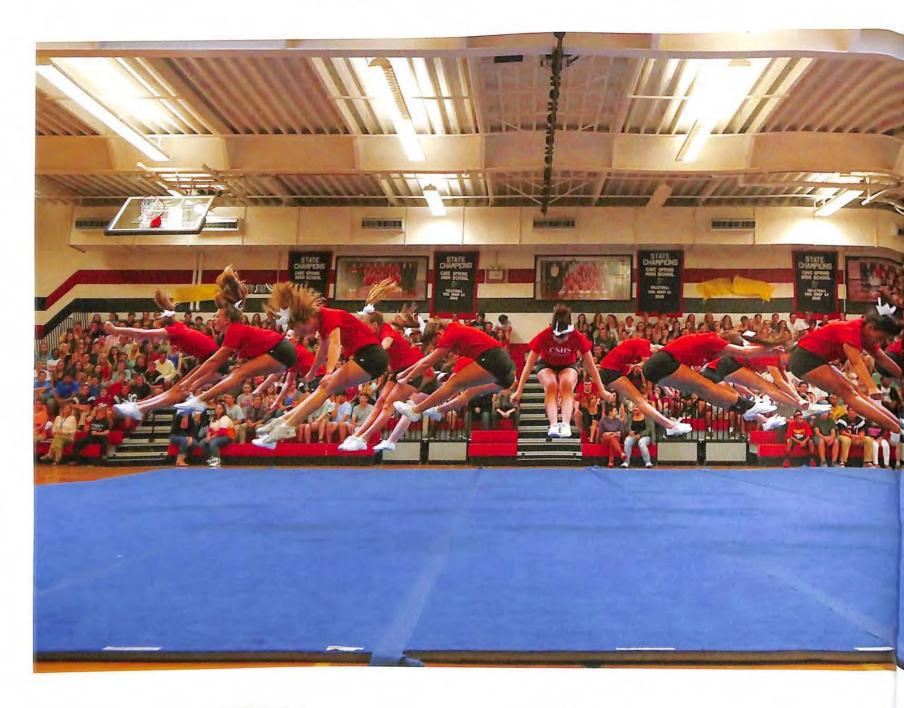


"I dressed up for 'Blast from the Past.' I wore shorts with leggings, a tank top covered with a shirt that had its side cut off and leg warmers. I was covered with blue and pink," Kandyce Miller, 11



"I liked sprit days the best during homecoming week. I loved dressing up and seeing what everyone else came up with costume-wise for all the different days,"

Lauren Zion, 9





"The pep rally was really cool. In the middle school we didn't ever have anything like it. I liked all the noise and the entertainment," Carlos Amaral, 9



"I didn't really get into all the homecoming stuff, especially the spirit days. My friends and I are more into gaming. Lately we're loving Elder Scrolls online." Charlie Seymour, 10



## FUN AND GAMES

FIVE DAYS OF SPIRIT, FOUR

GRADES, THREE TIME

PERIODS, TWO FOOTBALL

GAMES AND ONE DANCE

MADE UP HOMECOMING

WEEK

#### **▶THE DEAFENING ROAR**

of the elated crowd could be heard all around the field. The Knights had triumphed over the Alleghany Mountaineers, 30-28.

"It was my first time playing with varsity, so I was nervous, but the game was fun and exciting," freshman Mirnes Sabanija.

Before the game, though, students spent the week



#### CONTINUED

dressing up in accordance with each day's spirit theme.

"I dressed up with my brother on Tuesday, which was 'Twin Day.' We're not twins, though. He's a freshman," junior Brandon Eubank said.

After the spirit days and game, the anticipated dance took place.

"The precipice of my experience was the moment I found out our ruler was King James Cole," senior Jacob Cash said.



YARD GAMES CORNHOLE TOOK OVER THE FRONT LOBBY.

The seniors made a backyard for "Southern Seniors."
Before class, freshmen Drew Cannaday, Christian Howes, and Mirnes Sabanija enjoyed a game. "It was really cool to see the decorations. I liked the lights streaming across the lobby," Cannaday said.

INSTEAD OF FOUR, five seniors represent the homecoming court.

Two princes were named after a tie win.

"I was very surprised when Mr. [Alan] Moore called out my name second. I didn't expect it," Shabi Mustafa said.



ON HIS TRUSTY STEED, junior
Patrick Truskey shows off the style
for Wild West Monday, which
started off spirit week. After
Truskey, other students modeled
the themes for the rest of the week.
"I was excited. I knew it was going to
be fun and I don't get embarrassed
easily. I liked going out, running
around, making people laugh and
having fun," he said.



AMONG THE STUDENTS, junior varsity football players stand and are recognized during the pep rally. All teams were recognized at the event. "I felt honored and a bit humbled for all those people to be clapping for me and the team," sophomore Dylan Overfelt said. IN THE MIDDLE OF a packed gym, senior Nick Bondurant models the SCA homecoming t-shirt. Every year the design represents the theme and raises money to put on activities and the dance. "As a senior, it was really fun to model and represent the homecoming theme," said Bondurant.



PECORATING FOR THE
FRESHMAN FLOAT, Demi
Poulterman works on a paper
candy house for "Freshman
Candy Shop." The parade
was cancelled due to rain. "I
was very excited to be on the
float. I was so disappointed we
did all that work for nothing,"
freshman Alyssa Adler said.

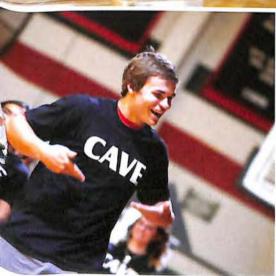


ON THEIR TIP TOES, sophomore
Kaitie Ireland and junior Kayla Carver
demonstrate their best ballet moves. The
pair dressed alike for twin day. "Kaitie
has been a dancer for a really long time.
She had two of the same costumes, so we
were like, 'Why not?' At first Kaitie didn't
have hers on, so everyone was looking at
me saying, 'Why do you have on a tutu?'"
Carver said.



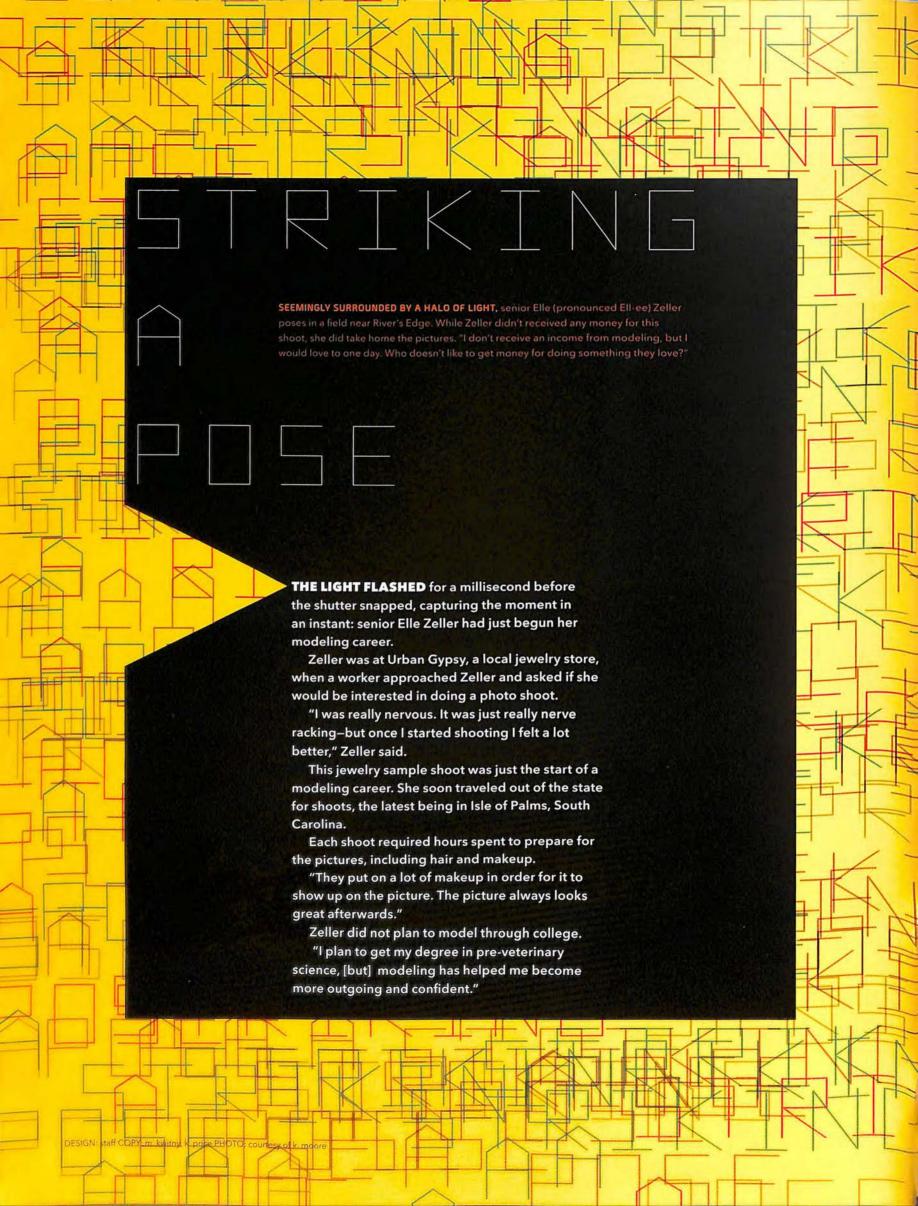
RUNNING THROUGH THEIR
BANNER PRE-GAME, players
prepare to take on the Alleghany
Mountaineers. The game resulted
in a win, 30-28. "I like playing
football because you have to be
mentally efficient and tough as
well as physically strong," senior
Kyle Curtis said.



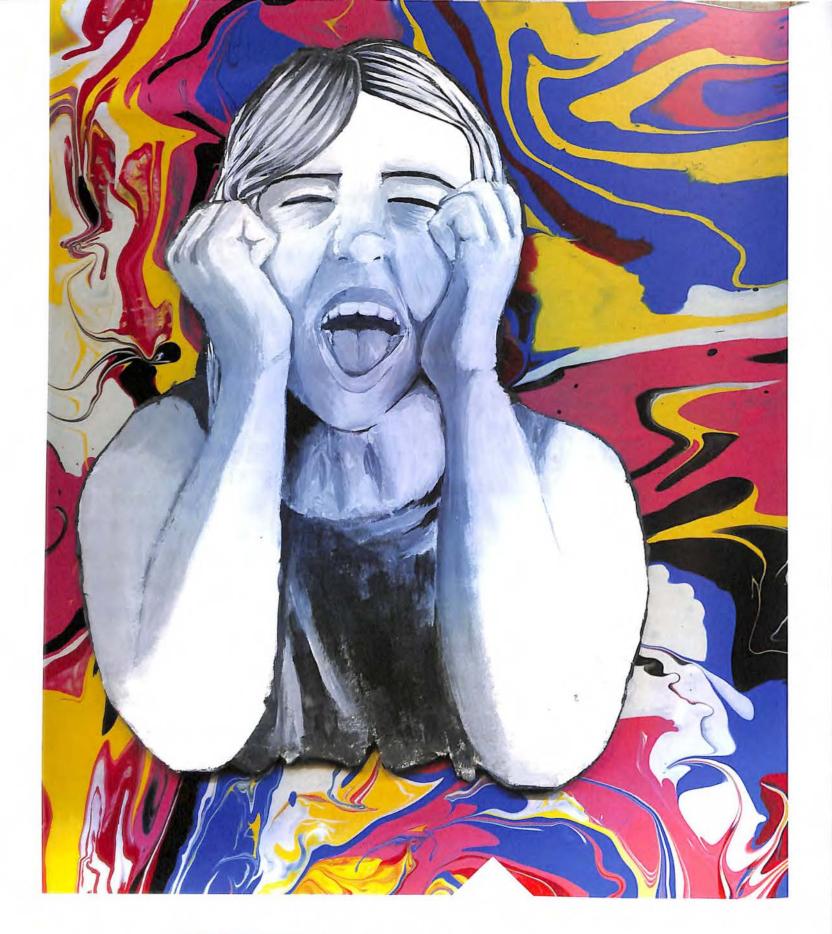




NEAR THE START OF THE GAME, the senior powder puff team stretch and discuss game plan. The senior and junior girls battled, while their male counterparts played the role of cheerleaders for the night. "It felt really good to win fairly. Last year the juniors won, but they gave points to the seniors so they won," senior Logan Engel said.





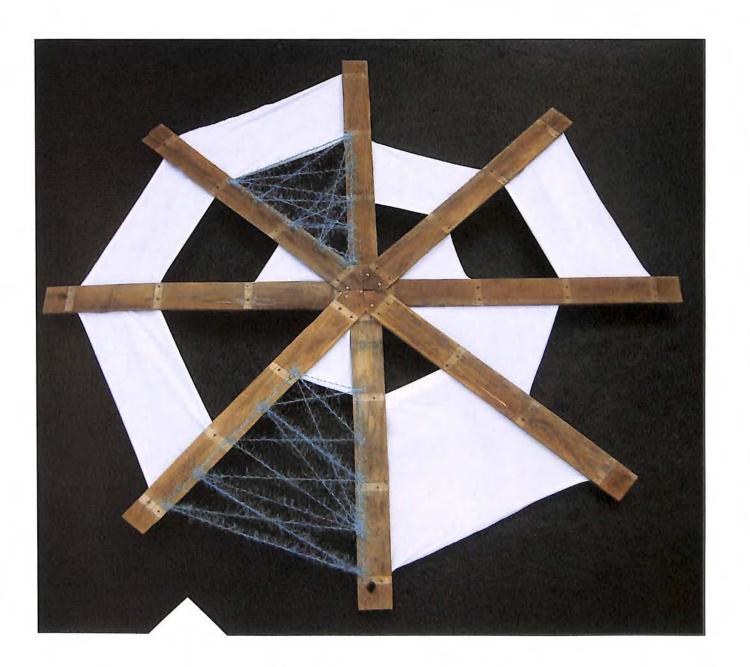




"The painting is entitled 'Excuse Me,' and it depicts someone screaming, 'Excuse me.'" It shows there is more to her than meets the eye. I used a technique called 'fluid acrylics,' where I poured the paint on the cardboard and tilted to make the swirly effect."

LINA HABAZI, 1







"This art form is called 'Found Object.' I found materials and combined them in sculpture form. If I see a piece of art and it makes me grin, I want to try and make it. I like Warhol because he made some really funny stuff. including making fun of the Queen of England."

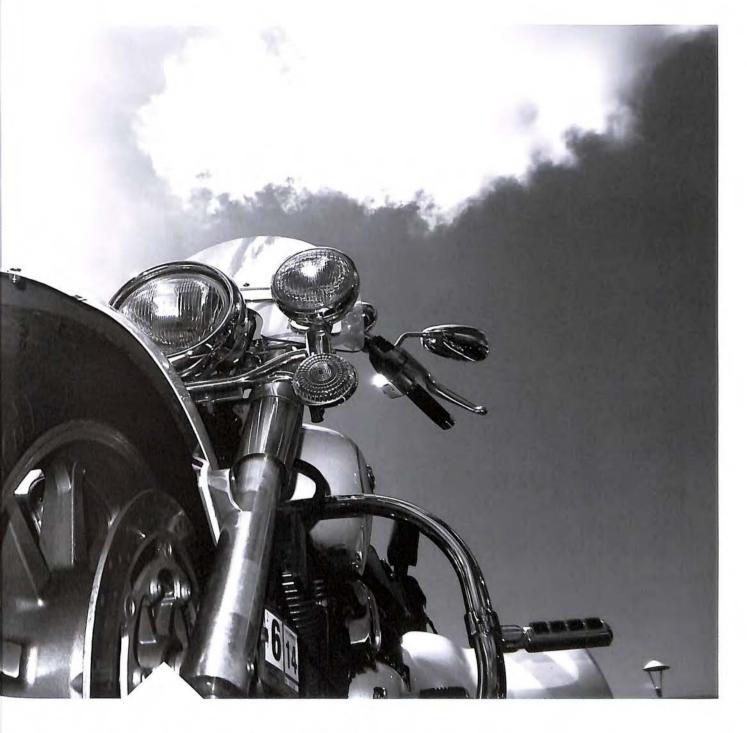
THOMAS KIDD, 12







"Art is not just a past time for me. I focus on my drawings too much for it just to be a hobby. I have put so much work into my art, I can't quit now. Mark Crilley inspires me. I like his work because he does a lot of Anime art and traditional pencil artwork. He's a great influence."
PAZ-TELLO, 10





"Art has always been very fun for me. It has allowed me to connect with my friends more. I love it all. I take pictures, do finger-painting, oil paintings and abstract pieces. I tell anyone who wants to make art to always, always keep trying. Never give up on your work."

.AYNE SIGMON, 9





"I discovered my love of art in pre-school. I would draw really fat horses and unicorns. This piece features grotesquely distorted figures. They're like distorted beauties, not conventional. I hope to live a happy life and create as much art as possible.

RACHAEL ALTICE. 12







"You can never get better with your drawings unless you practice. A lot. I like to work on human life and cartoon characters. I also do a lot of original creations, which is when you have one character you've created, but you draw different forms of the character,"







#### DON'T HIT SNOOZE

A TYPICAL WEEKEND

NORMALLY CONSISTS OF

SLEEPING IN, HANGING

OUT WITH FRIENDS.

WATCHING TV, AND DOING

ACTIVITIES YOU ENJOY.

#### **ANYTHING BUT ORDINARY**

were what weekends were like for students who filled their time with adventurous hobbies.

These experiences helped them destress and take their mind off of the tedious demands of school.

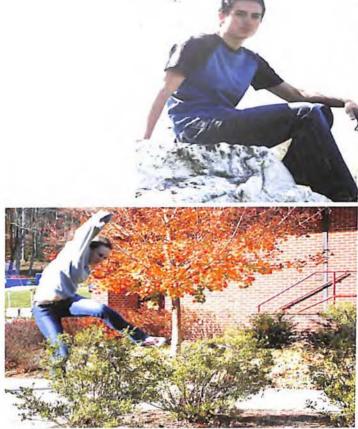
"During the week, the daily

excercies of the mind is very taxing," senior Bren Huggins said.

And whiles some wanted to relax on Saturday and Sunday, others looked forward to being productive and active.

"I don't usually relax on the weekends. I use this time to play soccer," senior Haley Mitchell said.

No matter what students chose to do on the weekends, it was their time to live outside of the four walls school.



PAUSING FOR A BREAK, freshman Alex Dehart sits atop a rocky mountain face. Dehart started rock climbing when he was four because it was a family activity. "Rock climbing allows me to test my limits and it's a dangerous way to have fun," he said.

LEAPING OVER A BUSH, Katherine Rimer entertains herself at a Young Life weekend trip that took place at Rockbridge. "It was a great weekend and I met a lot of new people. We had a lot of fun activities and games to do throughout the weekend. We went on a rockclimbing wall and there was a really cool swing," the freshman said.

# BRAVO ZULU

# SOPHOMORE LANDON CHASTEN IS FULL THROTTLE

For Chasten, flying has always been a dream. He started flying at three. Not all of his flying experiences have been smooth. "I was about six when a rutter got jammed and one of the cables got stuck. That's the closest I've ever been to crashing," he said. He hoped to pursue flying opportunities after high school at either Liberty or Emory and Riddle.





ON TOP OF "LYRIC," junior Kelly Alcoke jumps over an oxer. Alcoke started riding horses when she was six years old and has had three horses in her riding career. "My favorite event was riding in the Roanoke Valley Horse Show because it was the most competitive show I have ever riden in. I placed in a bunch of different categories," she said. AFTER DISPLAYING HER MUSICAL TALENT ON "THE VOICE," senior Kristina Price shows off her audition ticket. Price made the trip to Nashville the first weekend in February to audition for a spot on the show. "The line was really long, but I tried not to mind because it was my first time in Nashville. I didn't make it to the round where I could see Adam Levine, which was really unfortunate," she said.





"I couldn't get to school on time because I was busy slaying unicorns and that made me very late," Audri Schoonover, 11



"A teacher once asked me why I was late to class and I told her it was because Beyonce was preforming in the lobby," Diontae Duncan, 12



"The reason I am late to school every morning is because I buy three biscuits from McDonald's on my way in," Jaret Lipps , 10



"I'm late because I'm in an internship at Penn Forest Elementary, so I often lose track of time while helping out with the kids," Emily Clark, 12



things to put together to eat are peanut butter and Nutella. It's classic," Liz Troy, 9



"I always like to eat hamburgers with french fries. I think most people would do that though," Mitch Rutigliano, 10



"Nutella goes with everything. It's delicious, but I especially love to put Nutella on strawberries," Kelsie Wingo, 10





"I like to pair up Nike socks with Nike shoes. You can't mix brands. That just does not happen, Trey Mills, 12



peanut butter and bananas. In fact, I ate it for breakfast this morning. I eat it pretty often," Brendan Eubank, 11



"I always like to put leggings and boots together in the winter. It is my favorite thing to wear when it is cold outside," Kayla Carver, 11

#### PLUS ONE

THERE THEY WERE. SIDE BY

SIDE. IN MATCHING OUTFITS

TWENTY-EIGHT STUDENTS

WERE BORN WITH A

BUILT-IN BEST FRIEND (OR

FRENEMY) FOR LIFE.



PLUS ONE Koloda, Mary Beth & Mackenzie Hamby, Corbin & Annie Fentress; sophomores John & Justin Swisher, Rachael & Taylor Powell, Selena & Sabrina

#### ►MACKENZIE HAMBY, 9

"To me, she's just my sister. I don't really think about her being my twin. Mary Beth and I are the same gender, but our personalities are completely different. With twins, people automatically think we do the same stuff. We do color guard together and we practice together. It's like having a friend over from your team and you just practice."

### ►ANNIE FENTRESS, 9

"Being a twin is no different than being a sibling.Everyone always thinks it's so cool, but the concept isn't really a big deal to us. It's just our normal life. We've never known anything else. You can't really do anything without the other one knowing. People don't even know Corbin and I are twins until we tell them."

#### ►GRANT SNYDER, 12

"Landon and I are fraternal twins. I was born one minute earlier, but I don't think it made that much of a difference. We've grown apart a bit because we hang with different groups, but we're still close. It's always nice to come home and have someone there who knows exactly what and who you're talking about."



TO THE LEFT OF freshman Cole
Bunn is Connor Bunn, Cole's
fraternal twin. "We are really
different. He is more of a sporty
guy and I am more into music.
I like to listen to metal and he,
I think, listens to country. We
couldn't be more opposite,"
Cole Bunn said.



SITTING BESIDE freshman
Brandon Hatcher is his twin
Laurin. Although the Hatchers
competed in sports together,
they didn't always enjoy
sharing everything. "I don't like
sharing my birthday because
we have to share a cake," B.
Hatcher said. "At least I get to
pick the flavor."





"AP World is not bad, but it's hard. You need an 'A' in World History I to be prepared. And I wish you luck on the summer assignment," Michael Chang, 10



"AP World is a demon. I've spent so many hours reading that textbook. The pictures that took up entire pages were my only salvation. Oddly enough, I still enjoy the class," Sara Brunstetter, 10





"WHAP, as we call it, is the worst class I have ever taken. I think all of us have a love/hate relationship with it because the material is interesting, but the workload is terrible," Madeleine Lawson, 10



"AP World is fun and all, but the workload is strenuous when you have sports. I just wish we had more time to go in depth with all the topics we study,"

Andre Nguyen, 10



# KNOW IT ALL

INCORPORATING FUN

INTO LEARNING AND

THE CLASSROOMS

WAS VITAL TO KEEPING

STUDENTS INVOLVED AND

INTERESTED.

## *PEDUCATING STUDENTS*

without relying on textbooks or lectures led to earning the Governor's Award for Excellence. Combining fun and learning to interest students took more time for the teachers to plan, but the benefits for the students and their learning was evident and visible.

"I like interactive learning because I am more involved in my schoolwork. I find that



#### CONTINUED

I learn the material when I am involved in the learning process," senior Drew Maczugowski said.

Walking through the building, you could see psychology experiments being taped, dissections being performed, forts being built, games being played and yoga being practiced.

"Learning here is fun and different. I stay interested in my studies and enjoy the material," junior Blake Rahall said.



# KEEP MOVING DEBILITATING MIGRAINES DID NOT STOP JUNIOR KAITLYN DWYER.

Dwyer missed four months of school, but maintained her grades while doctors determined what caused her pain."People would ask me if I was blind because of the glasses. Sometimes I would just go along rather than explain the whole story to them. Having to wear my grandmother's glasses because of the light sensitivity: not cute," she said.

# **NUTRITION &** WELLNESS, sophomore Christley Richardson and juniors Margarete Rubel, Zach Meadows

and Kylie Kent do yoga led, by Mrs.Terena Hale. "Yoga made us relax,"Richardson said.



FAR FROM FINISHING, juniors Bruno Duron and Wyatt Abshire change the oil on a box truck as part of the auto service class at Burton Center for Arts and Technology. "It took us a month to take apart and put back together a truck," said Duron. In addition to getting to take things apart, "you get the ASE certification and state inspection license through the program," said Abshire.



IN A LINE OF MOLES.sophomore Lidya Tadesse celebrates mole day in Mrs. Margaret Taylor's Chemistry class. Mole day entailed crafts and food. "We make the moles. I lined them up because they looked like a family. They're not dangerous," Tadesse said. WITHOUT HESITATION, Mrs. Sherrie Tyler's class dressed for twin day. The group, made up of freshman Christy Cobb, sophomore Charlie Camden, juniors Amanda Williams and Danielle Durrance, Mr. Scott Fike, Ms. Barbara Dyers, Tyler and Ms. Jenna Unger learn and play together. "[Dressing up] was kind of weird, but it was okay because I was with my friends," Durrance said.



# FORT, sophomore Kieran Wigglesworth sits and enjoys her handy work in Mrs. Chrystal Shawn's English class. Students had to build a fort out of newspaper for a "Lord of the Flies" survivor-themed lesson.



# AFTER LEARNING THAT BRIBERY WORKS. sophomores Julie Dalton and Miranda Mallory prepare a sign advertising free candy to students who would offer a quote or an interesting story for the yearbook. "We basically attacked people before and after school to get what we needed. I ended up talking to people I have never met," Mallory said.



# AFTER POURING ANOTHER CUP,

senior Lillian Darist counts out senior Brooke Smith's money in the Knight 'N Day Cafe. The student-run coffee shop was started three years ago. "I work every morning. I know almost everyone's order by heart. I like interacting with the teachers and students in the shop," Darist said.







# SLICING INTO A CAT, senior Jonathan Ribbe was nothing but hands on in Mr. Chandler Douglas' Anatomy class. While most students did not find this activity enjoyable, Ribbe was not phased by the sight or smell. "I love science. I think I want to major in chemistry, but I liked seeing the integral workings of something else that lived," he said.

# CLAD IN HIS TRADEMARK T-SHIRT AND SHORTS, junior Sean O'Connor poses in a field WHAT IF A HANDICAP BECAME AN ENABLER? Junior Sean O'Connor was born with two arms, just like everybody else. Unlike everybody, however, one of his arms was considerably smaller than the other due to pre-natal conditions. This minor physical difference did not negatively affect O'Connor's outlook on life. Instead, he was encouraged to be independent and, in his words, had a normal childhood. "I was never really bullied. I actually got more friends because of it." O'Connor owned prosthetics he could wear, but chose not to wear them because they tended to get in the way, more than help. While he experienced difficulty doing some everyday tasks, he admitted a preference to only having one arm. "I would keep having one hand. I kind of enjoy it. I use it for a lot of humor. Life might be boring if I had two arms."





"Dr. [Tracey] Lange asked me to join the Relay for Life committee. I want to do anything I can to find a cure for [my sister] Kendall," Connor Bayne, 10



"I have served on the Relay for Life committee for two years now. I help plan the actual event. This year we made around \$16,000," Maddi Monsour, 10





"We lost to Mr. [Page] Hill's team. Even though we lost, I still had fun. I didn't even mind getting smacked with the ball. It's part of the game," Kaleb Tubbs, 9



"Everyone wore purple and orange to show support. Hannah [Bryant] threw the first pitch to start the game. Being a part of such a great event was a wonderful experience." Morgan Leftwich, 9



#### WATCH WHAT HAPPENS

STUDENTS DID MORE
THAN JUST PUT MONEY
IN A BUCKET TO HELP
SUPPORT THOSE IN NEED.
FUN AND CREATIVITY
WERE ABOUND.

## ▶IF ONE OF THEIR OWN

was hurting or in need, students stepped up.
Carnival for a Cure, Relay for Life, Midknight Madness, the Hannah Bryant Zumbathon and chicken biscuits at Bojangles were all ways students showed their support.

"Almost everyone in this school participates in programs meant to inspire and help keep people moving forward,"



# CONTINUED

freshman Jared Wells.

One of the more crazy events was the second annual dodgeball tournament.

The boys of Average Josés sent the returning champions, Victorious Secret home.

"Someone on the team wanted to have a Mexican theme. So, we took the title 'Average Joes' from the movie Dodge Ball and changed it to fit our theme," junior Noah St. Clair said.



# POSITIVE SIDE EFFECTS

# JUNIOR HANNAH BRYANT KICKS CANCER'S BUTT

Bryant, who was diagnosed with Leukemia her sophomore year, received treatment at Duke University Hospital. "This picture was taken on the last day of chemo for me. I was celebrating that chemo was finally over," she said.

#### DURING RELAY FOR I

LIFE, senior Lauren Nepper walks with her mother, a breast cancer survivor. "It's a sense of hope for me. I'm so fortunate to have spent the day with my fearless and strong mother," Nepper said.



WITH ARMS UP, junior Cassi Parulis moves to intercept the ball at the dodgeball tournament, which raised money for the baseball team. The "Super Six" was the only all-girls team. They won one game and tied another. "The six of us all played softball last year. Junior Pami White was the one who brought us together. I just thought it would be a fun and interesting thing to do,"



WITH GREAT CARE, senior Cody Peery pours Goldfish into cups at Carnival for a Cure, which raised money for junior Hannah Bryant and senior Kendall Bayne. Peery volunteered both for school and as an EMT. "I was working because I am part of Beta Club," he said. AMONG THE EXCITEMENT of the carnival, sophomores Brittany Myers and Cheyenne Muse do their nails. Students could get manicures and a free hair cut at the event. "I got my nails painted purple with pink polka-dots. I went to the carnival to support both Bryant and Bayne," Muse said.



INSIDE THE GYM, junior Becca Fisher has her hair cut and styled as part of Carnival for a Cure. The haircuts were free, but tips were appreciated. Other activities included face painting. "Kendall is part of the cheer team. A lot of the cheerleaders cut their hair in honor of her," Fisher said.



BESIDE THE TRACK, junior Pami White prepares bags for the luminary ceremony at Relay for Life. The ceremony gave participants a chance to make a silent lap around the track in remembrance. "The luminary honored the people who had survived or passed away from cancer. Many of the bags were decorated to honor different people. We lined them around the track," White said.

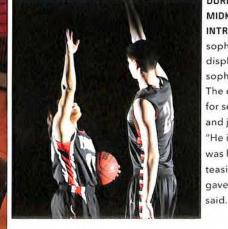


AMIDST A RIVALRY, William
Byrd students set aside their
true feelings and show their
support for senior Kendall
Bayne at Knight-Terrier game.
Several schools in the Roanoke
County community took up
Bayne's cause. "I thought them
dressing up for Kendall was a very
nice gesture. It was very, very
respectful and showed that two
rival schools could come together
for something more important
than football," junior Spencer
Smith said.



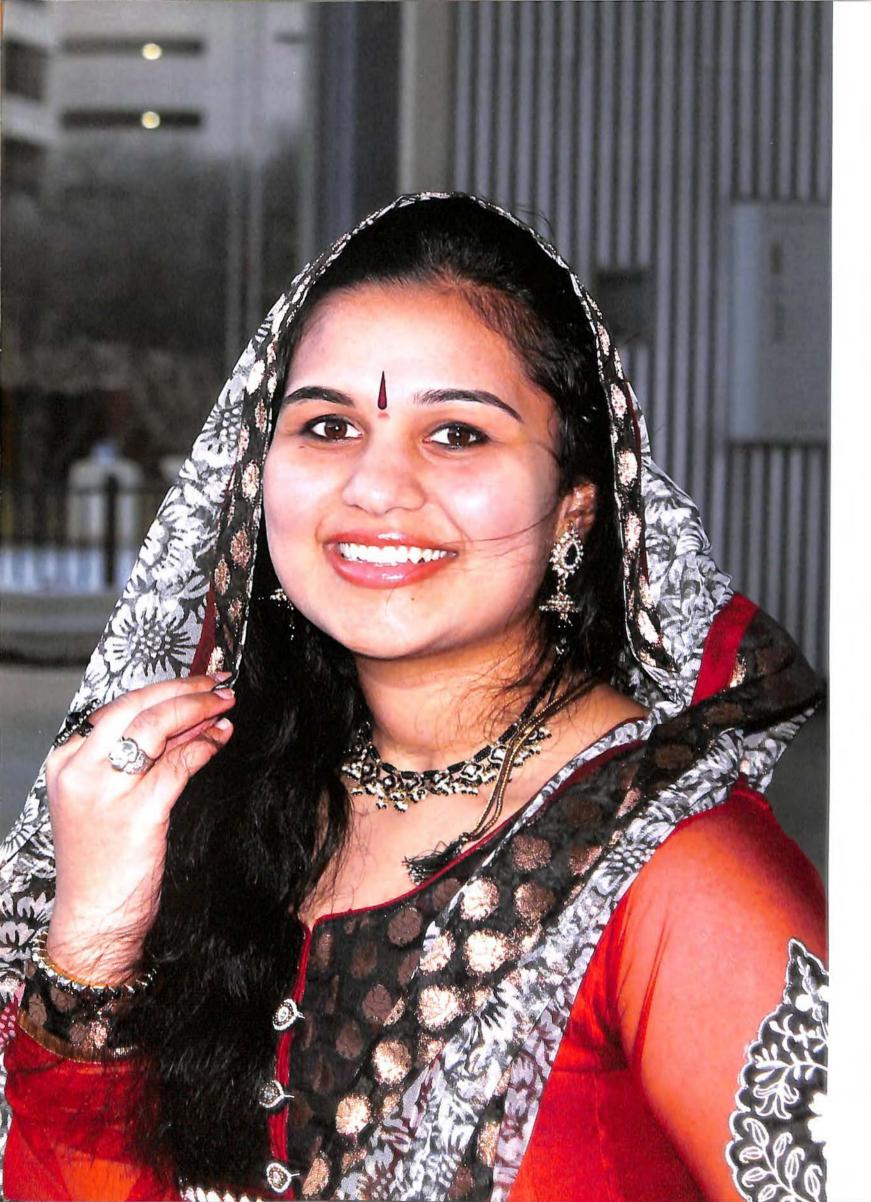
DURING THE





MIDKNIGHT MADNESS
INTRODUCTIONS,
sophomore Adam Sledd
displays his height over
sophomore Taylor White.
The event raised money
for senior Kendall Bayne
and junior Hannah Bryant.
"He is way taller, and it
was kind of like he was
teasing me. But then he
gave me a low five," White







"Over the past two summers I've volunteered at the Salem YMCA and helped out with the childrens' summer camp programs,"
Bianca Roman, 9



"I volunteer with the students in Mrs. Tyler's class. This is something I want to do as a profession one day. The time I get to spend with the students is very uplifiting." Kendall Harris, 11





"I volunteer my time at Healing Strides, a horse stable where I help mentally and physically challenged people try to work through their disabilities." Carson Koloda, 9



"I've worked for two years at the Pine Ridge Indian Reservation, in the Badlands of South Dakota. We invest a lot of time in the children, to help them better themselves." Michelle Jirout, 12



# RIGHT ON CUE

INSTEAD OF RELAXING AT

HOME OR HANGING OUT

WITH FRIENDS AFTER

SCHOOL, SOME STUDENTS

CHOSE TO WORK FOR

THEIR COMMUNITY.

## **WORKING WITHOUT**

pay was not an appealing concept for most. But many students were willing to work for nothing, in order to better their community and its people.

"I volunteer because it is a great way to gain experience for my future. It always feels good to help others in need. I am doing it because I want to, not because I am



#### CONTINUED

getting paid," sophomore Autumn Mehta said.

Sophomore Bailey Sharp spent her time working with special needs children.

"I help because I grew up around a number of special needs children. My heart goes out to them. It's taught me to never let anything hold me back, after watching the kids work through everyday challenges," Sharp said.



SENIOR COURTNEY STOVER SPENT HER SATURDAYS

**VOLUNTEERING AT THE RESCUE** 

MISSION.

While working at K&W Cafeteria, a regular customer suggested Stover volunteer at the mission. "It opened my eyes to how some kids don't have parents to look out for them," she said. "Volunteering there touches my heart."

WITHOUT BURNING A BIT, freshman Liz Troy serves popcorn at the Air Care Fair. The Girl Scout event educated people on improving air quality. "Scouts is an excellent way to reach out to your community," Troy said.



AS A VOLUNTEER EMT, senior Cody Peery takes the lead in a fire drill by controlling the water hose. Peery ran with the Bent Mountain Fire & Rescue Squad. "I get an adrenaline rush and some parts of the job are scary," Peery said. "But I get a lot of satisfaction from helping the

community."



IN FRONT OF a captive audience of elementary students, freshman Jillian Keith teaches about air for a community service event for Girl Scout Troop 127. In addition to girls scouts, Keith played on the new girls' lacrosse team in her spare time. "I rejoined this year because all of my friends were a part of this troop," she said. SURROUNDED BY PRESCHOOLERS Kristina Hale interns at Childcare Network, caring for and teaching children of various ages. "One of my favorite tasks is reading to the kids. They love it," the junior said. "I love knowing I am making a difference in the their lives and that I have impacted them in a positive way."



WHILE IN TAIWAN, senior
Sandy Chang volunteered as an
English teacher. "It opens my
eyes to how hard it is to learn
a language when I took it for
granted," the senior said of her
yearly visit to the country. "I
never would have experienced
that if not for them."



ON ROANOKE MEMORIAL HOSPITAL'S OUTPATIENT SURGERY FLOOR, junior Emily Sharp volunteers with patients and their families. Although she said she was not exposed to the medical field as a child, she had a desire to help others as a nurse practitioner. "The medical field has always interested me," she said. "Helping others who cannot help themselves is something I have always been interested in."



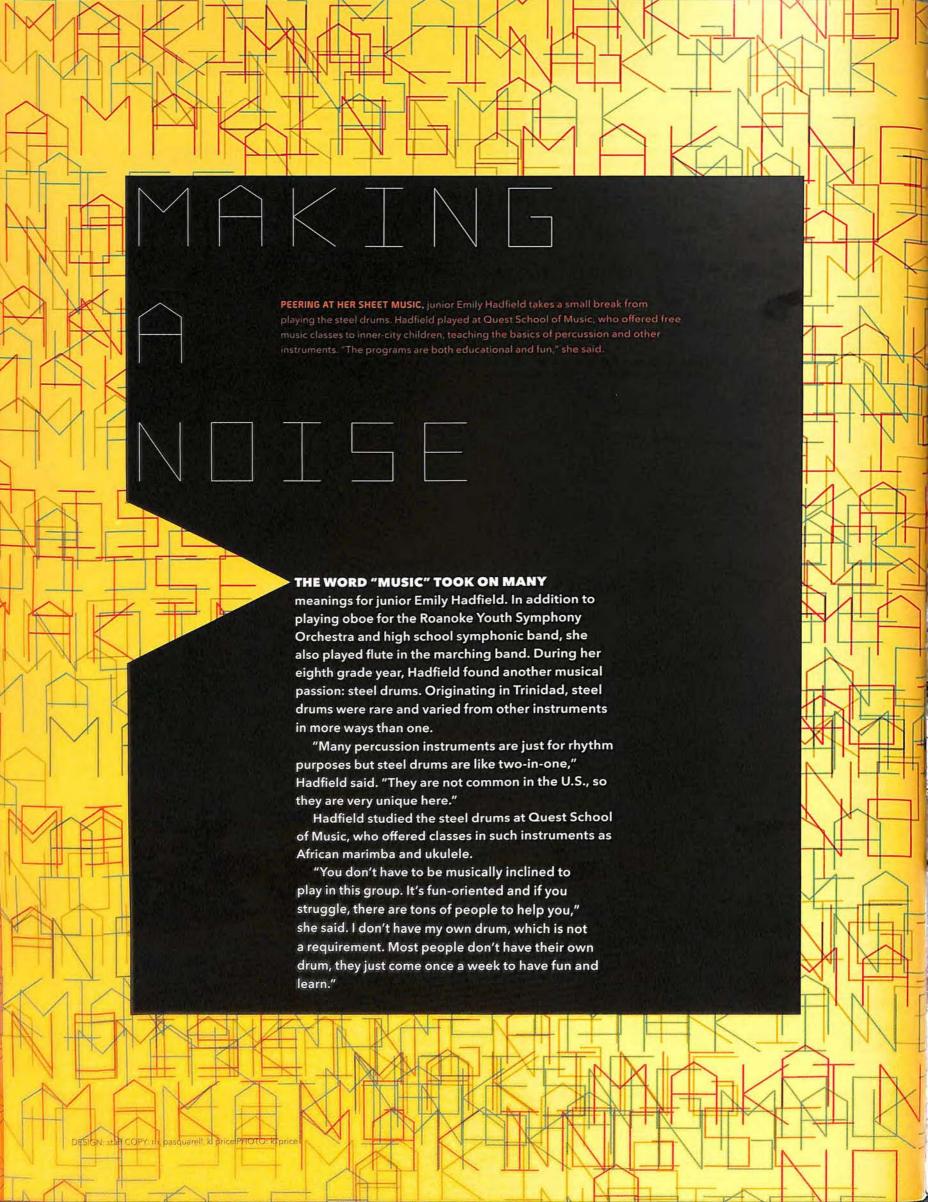
SAUCER IN HAND. Katie Farley serves a resident at Elm Park Estates, a retirement community housing 75 residents. "I have to exhibit a lot of patience because our residents tend to make complicated orders," the senior said. "But on the positive side, a lot of them tell cool stories and joke around with me."

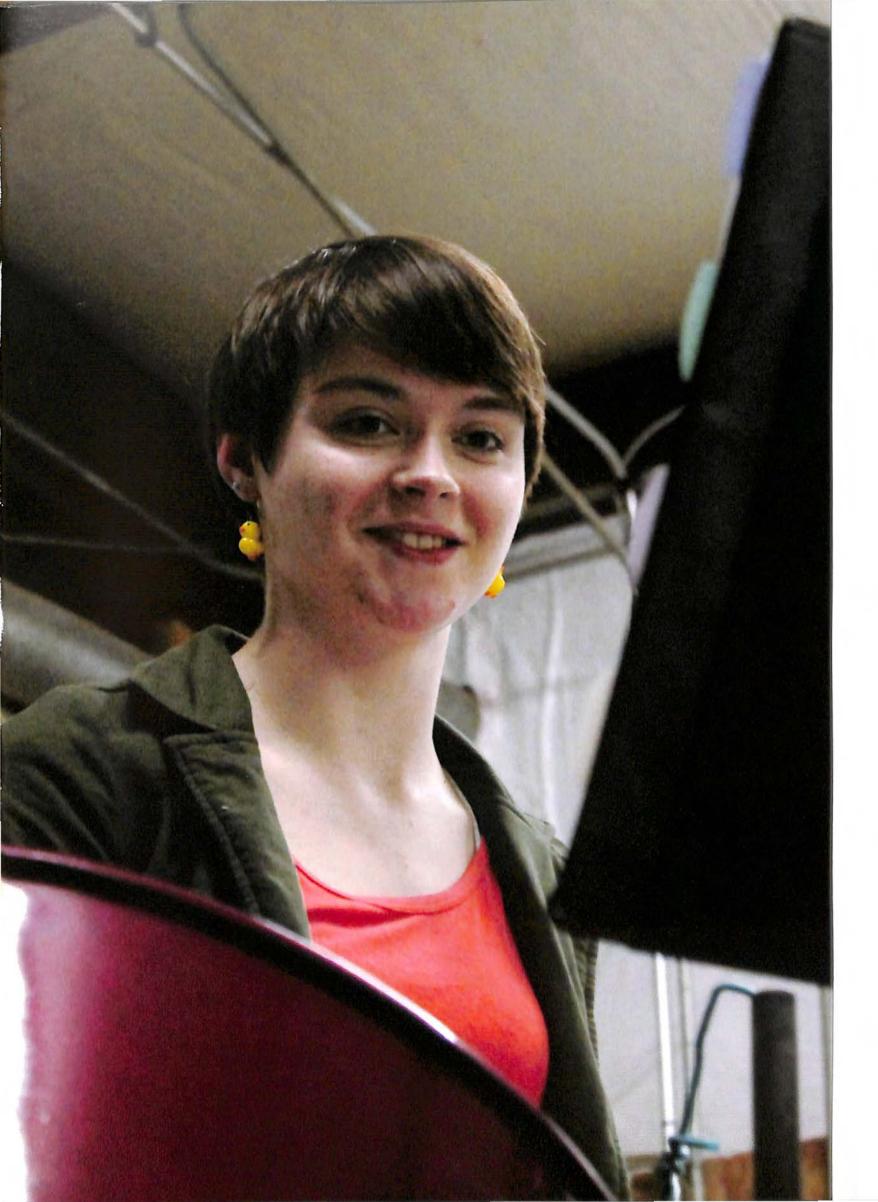






WHILE PLAYING WITH
A CAT freshman Juliana
Goodrich volunteers at
Angels of Assisi. Goodrich
worked with animals
three times a month,
mostly feeding, walking
and playing with those
being sheltered there. "I
would rather work with
animals because animals
are cute. I grew up on
a farm and have always
loved animals," she said.







DESIGN: staff COPY: d. waller PHOTO: courtesy of t. martin

# ANOCIAVE

SENIOR MEGAN PASQUARELL TAKES HER FLUTE FROM BANDROOM TO BALLROOM

Pasquarell started the piano at five and the flute at ten. Since then she has turned a hobby into a way to make some extra cash. "I like playing these gigs because I'm getting paid to do something I love," she said.





WEARING GLOVES TO ASSIST IN TOUCHING THE KEYS, senior Hannah Jackson warms up before the halftime performance at the Alleghany game on September 20. "I want go to ODU to play in the orchestra," the eight-year band member said.

# junior Adam Sulkin prepares to play with his band "Of Company." The band preformed at Bandfest held at Northside High School. Although the band did not place, Sulkin still enjoyed the time. "Playing music with the band is fun because it is a creative way to hang out with friends and have a good time," he said.



# MUSICAL MULTI-TASKER

GUITAR IN HAND, Nathaniel Axt performs in downtown's Market Square. The senior said he started playing when he was a freshman. "I felt like starting to play after getting into a rock band which I really like," he said. UNDER THE LIGHTS. Axt also played keyboard and won third place at Bandfest. As a fourth grader, Axt said he began testing the waters of his musical talents by learning to play piano





TRUMPET SOLOIST senior Jennifer Elig performs at the Christiansburg game on October 4. As the leader of the section, Elig assumed the responsibility of encouraging other players. "I was a soloist this year and I have been the section leader for the past two years," she said.

STICKS IN MOTION senior Aaron Devera plays tenor in the marching percussion section. "Being a part of the drum line is a great way to spend my Friday nights, and to support the school and cheer on the football team," the five-year band member said.



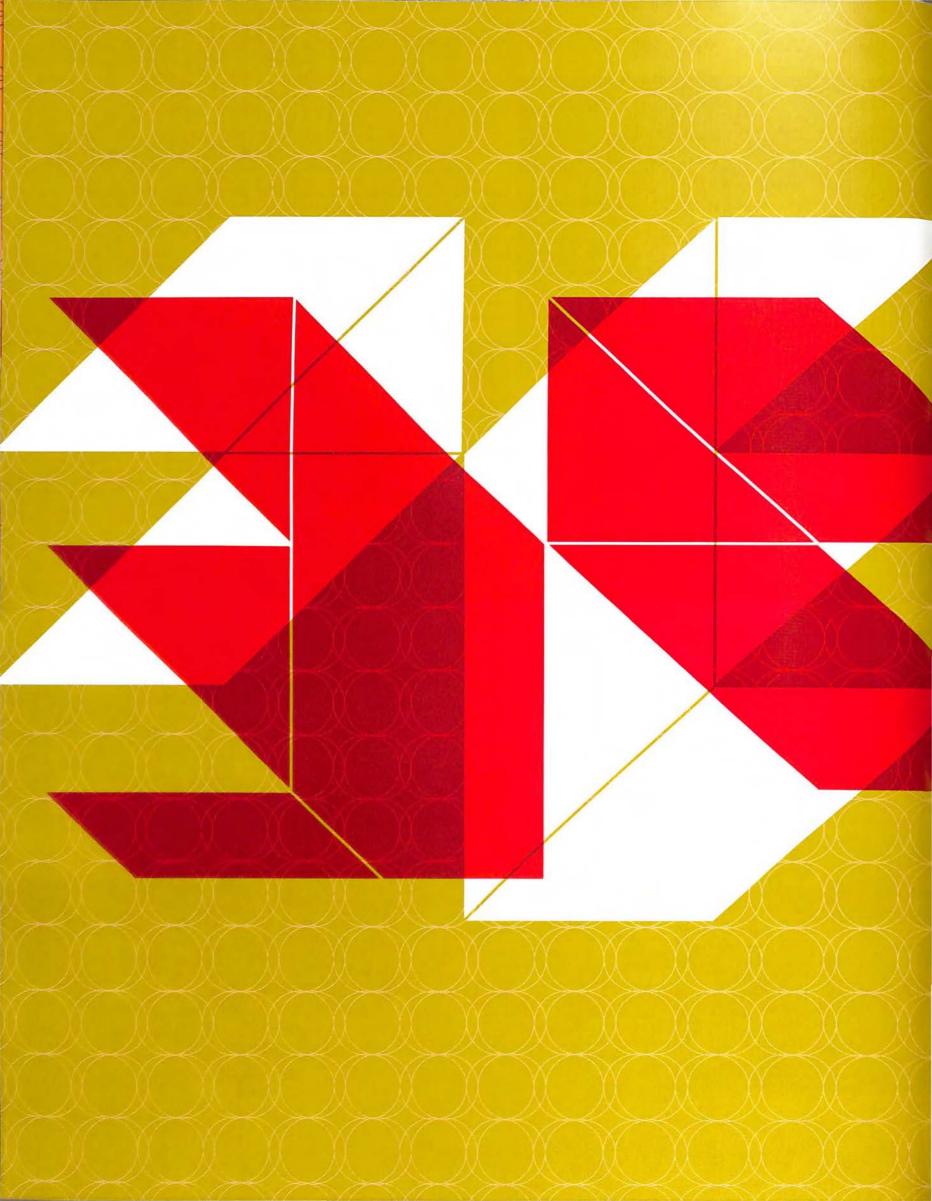


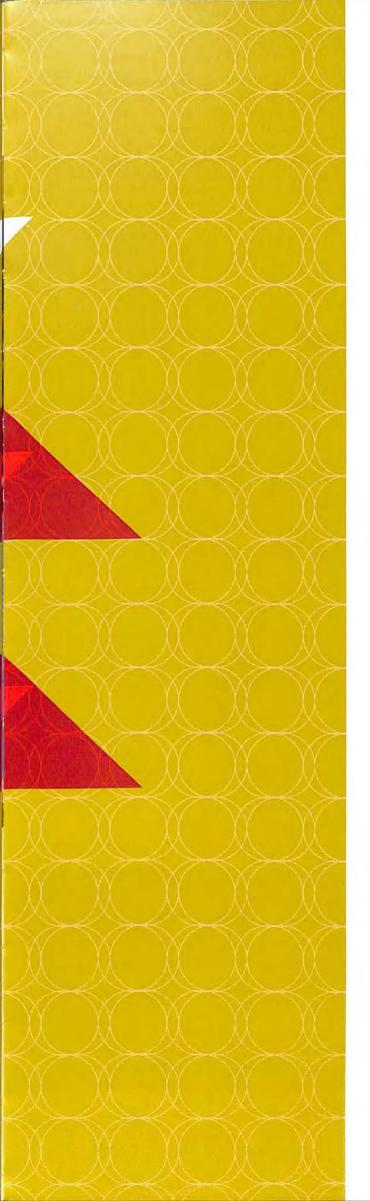




express who he is.
For four years the junior had written and recorded songs at Jefferson Center.
"It's one of my favorite things to do in the sense I can send a message to people and be able to move them," he said.







DEFEND WHAT'S OURS "WE WANTED TO KEEP

THE STREAK GOING, SO WE KEPT UP THE

SUPERSTITION." ▶83 "BEING

MENTALLY READY IS DEFINITELY THE

HARDEST PART OF THE GAME."▶ 57

"THERE'S SO MUCH MORE

PRESSURE BECAUSE A TITLE IS

ON THE LINE." ▶68 "YOU

HAVE TO DO YOUR ROLE." ▶66 "I

COULDN'T LET THEM DOWN." ▶34

"I THOUGHT I WAS GOING TO THROW

UP." ▶79 "I DON'T THINK

I REALIZED THE MAGNITUDE OF

IT ALL UNTIL I TRIED TO PLAY AGAIN." ▶ 56

"I WILL FOREVER BE A RUNNER." ▶ 60

"I'M CONSTANTLY TRYING TO GET BETTER." ▶ 90

EXCUSE**ME** 



"I love the physicality of football, and I like the fact that I can be a leader on and off the field," Anthony Ball, 12

"Going into overtime against Blacksburg was memorable. I made a few touchdowns, and it was a great win for the team," Jon Roach, 11



# Soy

# SUPER BOY

RECOVERING FROM

FUNGAL MENINGITIS

CREATED A ROUGH

START TO THE

FOOTBALL SEASON

FOR JUNIOR ZAC

FOUTZ. THIS SET BACK

STARTED AT THE END

OF THE PREVIOUS

SEASON WHEN FOUTZ

WAS EXPERIENCING

BACK PAIN.

### A DOCTOR SUGGESTED

shots to help him recover from and relieve some of his pain. Unfortunately, Foutz had problems after the shot, which was contaminated and infected Foutz with Fungal Meningitis, which led to a 17-day hospitalization and 11 spinal taps over the course of his treatment. He was unable to play the last games of football and missed all of the basketball season. For an athlete being courted by Division I schools, this was a huge blow.

"Coming back was a lot harder than I expected. I usually jump right in, but this year I really struggled to get back to where I was playing before. I don't think I realized the magnitude of it all until I tried to play again," he said. "It took

a while to get back to 100-percent, but I was there by the middle of next school year."

Much like Foutz, the football team didn't reach their collective stride until mid-season. Young players and injuries led to a slower season than usual.

"Our year was great, but not as good as we wished it was," senior Austin Beeker said.

"It took time to get working together, but we hit full stride in the Caroll Country game, following which we won three in a row," Coach Mr. Tim Fulton said.





RUSHING OVER THE 40-YARD LINE, first-time junior quarterback Alex Emery runs to gain yardage against a William Byrd opponent. The Terriers went on to win, 28-21. "Though I was nervous before the game, I was confident on the field. I grew as a quarterback, even though we didn't win," he said. READY TO POUNCE AFTER THE SNAP, junior defensive tackle Justin McGuire runs to the Terrier offensive line. McGuire's job was to shoot off the opposition and protect the gap. "If I don't do my job, I let my team down," he said.









JUST BEFORE KICKOFF AGAINST SALEM, junior Chris Woodrum leads his team across the field. Woodrum's entrance was a time-honored tradition. "It's great. I like football," he said. IN AN EARLY ATTEMPT AT STRATEGIZING DURING A SALEM MATCH-UP, coach Tim Fulton and junior Kodi McIlwraith plan their next move on the field before losing to the Spartans 42-6. McIlwraith was a full-year athlete, who also played baseball in the spring. "I picked up football as an offseason sport to stay in shape for baseball."



# STRENGTH IN NUMBERS

WHILE HOLDING HANDS. Side by side, senior captains Sebastian Welford, Anthony Ball, Kyle Curtis and Jacob Cash hold hands as a sign of unity. This tradition was performed before every coin toss. The winner of the coin toss could decide to kick, receive or defer their choice to the second half of the game. A deference allowed the loser of the coin toss to choose whether to kick or receive at the start of the game. Welford, Ball, Curtis and Cash usually chose to defer if they won the toss, as getting the ball first in the second half allowed them to come back from a potential deficit. "Being mentally ready is definitely the hardest part of the game," Cash said.

"The thrill of when you go onto the mat and hitting the routine perfectly is worth all the stress that I went through," Julia Weston, 12





"I've always looked up to cheerleaders as a kid, and now it's a great feeling to have others look up to me," Kaitie Ireland, 10

### **OUT OF THE BLUE**

HOW DID CHEER

MAKE THE LEAP

FROM 14TH AT STATES

TO 2ND IN JUST

ONE SHORT YEAR?

DETERMINATION,

FOCUS AND KILLER

SPIRIT FINGERS, OF

COURSE.

### **GETTING TO THE STATE**

level was obviously a huge deal for any sport. Going several years in a row made the accomplishment an even bigger deal, but moving ahead 12 places in just one year made the accomplishment unbelievable.

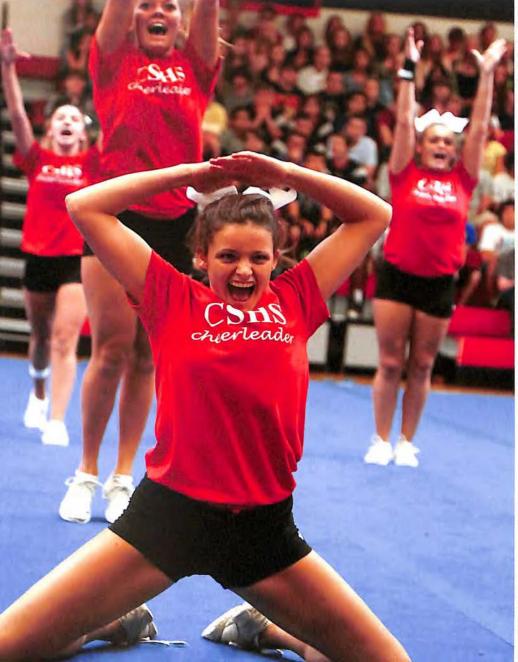
The cheer squad experienced that astonishing feeling first-hand, when they followed their 14th place state win with a 2nd place state win.

"We all worked together to reach the goals we made. We never dropped a stunt at a competition, and we understood where scores were coming from. We had a lot of people who worked very hard, even though we were a young team," sophomore Emma Cass said.

While the team was young, the lack of experience didn't hold them back. The squad earned first place finishes at Battle at Byrd, Cougar Classic, Districts, and Regions and a third place finish at Spotswood.

"Going into this season our team was closer than ever, which I think really helped with our success. I couldn't have asked for a better senior year and such a great end to our season," senior Julia Weston, who cheered on the competition squad all four years, said.

# Out of the blue



# BEFORE COMPLETING A BACK HANDSPRING

tumbling combination on the sideline, junior Alexis Elliot runs to gain momentum. Many cheerleaders noted their team was family. "I feel like I can talk about anything with my team," Elliot said. IN FRONT OF hundreds of fans, juniors Alexis Elliot and Lauren Austin beat a trash can to get their fans amped up. Taylor Billings looked up as Elliot and Baker led their charge. Billings also cheered on the competition team. "Placing second at state felt amazing," she said.





ON THE MAT DURING A PEP RALLY PERFORMANCE, junior Lauren Baker puts on her best "cheer face" to energize the crowd before Homecoming week. The routine was part of a pep rally that included games, a fashion show and the court announcement. "Performing for homecoming is a time to show the school our talents and the athleticism competition cheerleading actually takes" Baker said. AMONG THE ENTIRE STUDENT BODY, seniors Brianna Ragan and Julia Weston escort senior Katie Fortner before Fortner is revealed as the Knight.

Cheerleaders escorting the Knight was part of the knighting ceremony and has always been a part of the long-standing tradition. "Cheer captains always walk the Knight, and this year Julia and I had the honor,"





"I finished in the top seven for the team. I just started this year, so I am excited to see where I can take my skills from here," Michael Hill, 9

"I keep wanting to improve my times. Improving is something I can have control over," Audrey Kidd, 9



# Run

# Away

# **RUN AWAY**

WHILE YOU WERE

CHECKING OUT

FACEBOOK AND

TWITTER AFTER

SCHOOL, THE CROSS

COUNTRY TEAM

WAGED WAR AGAINST

RACING HEARTS

AND MUD IN THEIR

SNEAKERS.

### **OUT OF BREATH AND**

thoroughly exhausted would be how most people would find themselves after running the distance and the terrain the cross country team covered this season.

For the seven women who traveled to state, however, such an intense workout was just another day in the life of a runner. Seniors Katie Fortner and Sandy Chang, junior Ashley Phillips, and freshmen Rachel Finch, Laurin Hatcher and Jessica Lachowicz were the top seven women runners who competed at state.

"I will forever be a runner, whether for competition, fun, or anything else, I'll always be running," senior Katie Fortner said.

Fortner was signed with Clemson, a division one school in the Atlantic Coast Conference (ACC), where she planned to continue her running career on a collegiate level.

Running 3.1 miles multiple times a week seemed easy to these athletes. Freshman Banner Plumb said he easily found satisfaction in the sport.

"I enjoyed running the many terrains and appreciated any opportunity to achieve greatness," Plumb said.





AS COMPETITORS LAG BEHIND, senior Sandy Chang sprints the last 100 meters to the 10th Annual Knight's Crossing finish line. Chang, whose personal best time was 21:07, planned to run as an intramural athlete at UVa because "running on the varsity level would be too time consuming." IN FRONT OF THE PACK during the Knight's Crossing, senior Katie Fortner works to cover more terrain. "We are all going through the same amount of pain but are together, which makes the distance not so bad. When covering that much mileage, you need someone to distract you from the pain," Fortner said.









WITH A LOOK OF SHEER DETERMINATION, freshman Jacob Stewart, runner 4542, attempts to break from the pack during the Metro Festival. Twenty area high schools competed in the boys' event, where Stewart and his team placed third. "I like running because it is a stress reliever," he said. BEHIND A PATRICK HENRY OPPONENT, junior Matthew Stiles tries to gain ground during a meet. Cross country runs were 3.1 miles. "My average time in a run is 18 minutes. My all-time best time is 17 minutes 41 seconds," Stiles said.

# BEAST MODE

# THE CROSS COUNTRY LADIES CELEBRATE A VICTORIOUS SEASON BY STAGING A POSED, BUT TRADITIONAL, PHOTO



Many teams have rituals. For the womens' cross country team, arranging themselves atop hay barrels and posing for a picture with attitude was their ritual. Along with freshmen Katarina Martin (not pictured), freshmen Rachel Finch and Laurin Hatcher, junior Ashley Phillips, seniors Katie Fortner and Sandy Chang, junior Mercy Plumb and freshmen Jessica Lachowicz, Allison Meader and Audrey Kidd posed at the Oakton meet. Hats and jackets completed the team's look. "We made our hats for state, but we decided to wear them at regionals," Finch said.







BEFORE TEEING OFF, senior T.K. Garrett checks the yardage to make the perfect shot. Garrett ended up hitting it five feet from the hole. "Golf is played five inches between the ears. I visualize the shot and then execute the shot," he said. SWINGING FOR THE BALL, senior Drew Lagan concentrates on maintaining his form. Lagan started playing as a three year old with his grandfather. "I would love to play for South Carolina Aiken. This year we had great chemistry, making it to regionals," he said.



DURING HIS FOLLOW-THROUGH, sophomore Paul Wheelock watches the ball shoot through the air at the Metro Meet. Wheelock and team finished strong, earning second place at Old Monterey and Blue Hills. "My most memorable moment was the putt to leave, where everyone has to make a certain putt before we can go home," he said.



# ANGLE OF APPROACH

Nearing the final hole at Old Monterey golf course, junior Richard Fishwick smashes the ball toward its final destination. Fishwick had a great match the first day at Old Monterey, scoring an 82. "My favorite memory of this season was making it to the conference championship because it was a great team building experience," he said.





# A LITTLE BUMP & RUN

# SENIOR MEAGAN BOARD PROVES THAT WOMEN HAVE A PLACE ON THE GREEN

Being one of only three females (along with freshmen Sydney Brenner and Bianca Roman) the golf team meant nothing to senior Meagan Board. "I don't think a lot of females play golf because they think it's boring and they just don't see the fun of it," Board said. "I hated it when I was little, but my dad kept encouraging me. I continued to take lessons and soon realized how much I loved this individual game, where I had to rely on myself for every shot and move." Board will take her love for golf to Radford, where she will play in the fall.

# **FOLLOW THROUGH**

**GOLFERS SEAMLESSLY** 

TRANSITIONED TO A

BRAND-NEW COACH,

WHO FARED WELL ON

THE FAIRWAYS.

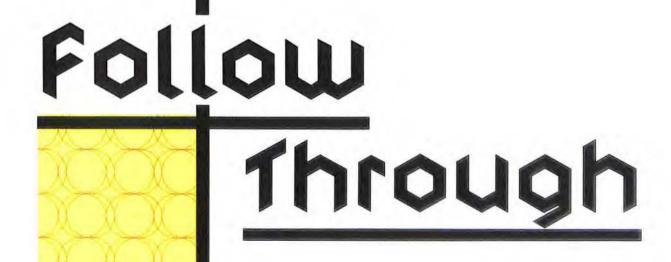
# WHILE COACH CHRIS

**BENSON** had many years of experience out on the green, he found himself re-learning the game from a different point of view as a first-year coach.

"I volunteered to be coach when the position opened up. It was a lot more time out of the classroom than I thought it would be, [but] I was happy to become the new coach. I've been playing since I was eight years old, when my grandfather got me involved," Benson said.

Prior to this season, most golfers only knew the leadership of Mr. Stephen Biscotte, who left at the end of last school year. However, the transition was an easy one, as seniors Megan Board, T.K. Garrett and Drew Lagan made it to states under Benson's direction. Board, who went to the VHSL Girls' State Championship, came in 18th out of 50 female golfers.

"I think he did a really good job for us for his first year. He was always supportive and cheered us on for every match," Board said.





UP FOR THE SERVE, sophomore Alayna Foutz keeps her focus on the ball. Foutz, who spent both her freshman and sophomore years as a varsity player, had to overcome a torn ACL and meniscus injury during her freshman year season. "The whole experience made me more mentally tough, and it also made me realize how much I really love volleyball," she said.



# BEFORE SERVING AT A HOME MATCH, senior Olivia Sass pauses to take a breath. Sass signed with Loch Haven University near Penn State in Pennsylvania. "I wasn't an original recruit at all. I had gone to Loch Haven for a camp and fell in love with the campus. When camp was over, the coach approached me, telling me how much they would love to see me play as a student there. I had no interest in attending the school, but after seeing how much the girls there loved their team and put their heart and soul on the court, I decided I was meant to be there," she



# TOTAL HARMONY

Of any sport, volleyball seemed to be the perfect example of dependency, with teammates relying on the moves of others in order for themselves to find success. Sophomores Cait Flippen and Fallon Delp were the perfect example of this. Flippen, who plays right-side hitter, prepares to pass the ball to a setter, while Delp, the libero, shouts words of encouragement. "When I'm waiting on that ball to get to me, I just think, 'You have to do your role,'" Flippen said. "I have to better the ball, so the setter can have a good set and the hitter can put it down."





# GIANT IN THE AIR

# 6' 2" SOPHOMORE PIPER ROE PROVES THAT SIZE MATTERS ON THE COURT

Piper Roe knew she needed a change.
Before she was the sophomore volleyball
star everyone knew, she was a North Cross
student who started playing volleyball
because the coach told her it would be
fun. "I was looking for a more competitive
atmosphere. It's so different here. We have
a better family atmosphere here than at
North Cross," she said.

# MUST LOVE FUN

HAY RIDES, ROCK

CLIMBING AND EVEN

ICE CREAM FIGHTS

WERE ESSENTIAL

COMPONENTS TO THE

VOLLEYBALL TEAM'S

SUCCESS.

### TO BE SUCCESSFUL,

the varsity volleyball team knew what they needed to practice: Bonding.

Each player believed victory on the court was dependent on what happened outside of practice.

"We did a whole bunch of team bonding activities to make us closer on a personal level which helped us on the court because we knew each other," sophomore Alayna Foutz said.

Just this year, the girls journeyed to Smith Mountain Lake, went to a rock climbing center and hosted a car wash to raise funds for the team. "All of us are like a big family instead of individuals," junior Charity Klimaitis said. "We have a really strong team coming back next year."

Additionally, players traveled to the farm of their coach's parents, where they met farm animals and enjoyed a hay ride. This approach plays into the success of the team during the volley ball season.

"We spend six months of our year together and we really become a family," senior Lauren Sigmon said. "It's hard to graduate without all of them coming with me."

# Must Love Fun



DURING A HALFTIME SET, freshman Nick Axt moves across field in formation. Performers in the halftime shows had to be in complete attention at all times and ready for any changes. "I always have to watch the drum major," Axt said. WITH A LOOK OF CONCENTRATION ON HER FACE, senior twirler McKenna Luzynski leaps above the marchers, prepared to catch her baton as it makes its way back to the field. Luzynski said she practiced for hours to perfect her routine. "In addition to marching band, I practice outside of school for up to ten hours a week," she said.



STANDING AT ATTENTION, the low brass section readies their trombones before a halftime show performance. Junior Drew Bond was a section leader, in charge of leading his fellow players.

"Being a leader in band is important because I'm able to help out everyone in my section in any way possible," Bond said.



# THUNDERING PULSATION

On any given Friday, among the roar of the cheering fans and noisy commotion of the football game, the beat of the drum line could always be heard. What made this section so impressive, other than their beats, was the fact that they had no music for any of their stand tunes. Instead, they relied on one another to drive the music that reverberated off their instruments. "I like the drum line because of the people on it," freshman Jarod Lim said. "They're my friends, and I've gotten really close to all of them."





### DAYS GONE BY

### THE FLAG CORPS PAID HOMAGE TO WWII IN A COLORFUL HALF-TIME PERFORMANCE.

The marching band used a theme to give cohesion to their stellar halftime shows. A World War II theme allowed for a variety of great tunes. Female flag corp members dressed their part, wearing fashion from the era. "The theme was very easy to work with, in terms of style and choreography. We could really be creative with rifle work and a different type of costume," sophomore Roshni Lalchandanui said.

### IN THE DARK

UNDER THE CLOAK

OF DARKNESS, THE

PRIDE OF SOUTHWEST

COUNTY DAZZLED

**AUDIENCES WITH** 

THEIR WWII-

THEMED HALFTIME

PERFORMANCE.

### THE CLOCK HIT ZERO

and the fans cheered in anticipation for what was to come: the halftime show. As "The Pride of Southwest County," the band perform during each home game halftime, but also traveled around the state, competing in three state-level competitions and marching in parades.

"We perform our halftime show at competitions. There's so much more pressure because a title is on the line," sophomore Madeleine Lawson said.

Band director Mr. Brian Quakenbush consulted members of the group to determine the halftime show theme, which came to be "World War II: On the Home Front" and featured songs such as "Swing Swing Swing," "Inferno," "Boogie Woogie Bugle Boy," and "America the Beautiful."

"I like this show because it has meaning and a story line that seems to resonate with a lot of people," sophomore clarinet section leader Haille Pettersen said.

Throught the show, the band and flag corps integrated visuals to keep the audience focused. Some included a giant newspaper announcing the U.S. going to war and young boys raising the American flag during "America the Beautiful."

# In the Dark





"My senior season was a great year. I just really liked going out and being able to swim," John Berberich, 12

"Going to states was very exciting. Once you get into this sport it is very competitive and pushes you to new extremes," Allie Lawson, 9



## keep Pace

### LACK OF TALENT

IF THE SWIM

SEASON COULD BE

SUMMED UP IN ONE

WORD IT WOULD BE

"DOMINATION," BOTH

MALE AND FEMALE

SWIMMERS TRAVELED

TO STATE AND TWO

FEMALES WERE

SIGNED TO COLLEGES.

### "I AM PROUD OF THE

individuals who made it as far as they did in the state meet and the places that they were able to finish," swim coach Andy Huray said. Certain members of the swim team were talented enough to reach the State level swim meet.

Senior Hailey Bivens, junior Maggie Harman and freshman Paige Assaid and Allie Lawson won in the 400-free state relay events. The girls finished in the top eight at state, went undefeated the entire season and won both Conference 32 and Region 3A West.

"I am extremely fortunate to have been able to be on the same team as seniors Sandy Chang and Lauren Cowher because they are great role models and really pushed me to stay motivated throughout the season," Harman said.

The boys' team raced relay events at state.

"We had a relay with [freshman] Mikey Berberich, [junior] Dominic Russo and [sophomore] Cole Cowher. It was for the 200 free, 200 medley, and the 400 freestyle," freshman Angelo Russo said.

Senior Hailey Bivens signed University of Richmond, while senior Lauren Cowher signed with Marshall University.

"I'm so excited to swim at Marshall University. My best event this season had to be the 50-free because I won that in states." Cowher said.



AVOIDING A MOUTHFUL OF WATER, senior Hailey Bivens competes in the 100-yard backstroke. "We have morning practice from 4:45-6:30 four days a week. We have an afternoon practice from 4:30-6:30 every day," she said. GASPING FOR AIR BEFORE GOING BELOW AGAIN, sophomore Anna Elmore races to continue her even breaststroke. "Breaststroke is my favorite because it's what I'm good at. It's also what I needed to be good at for my team. I swam a 1:15 in the 100," she said.









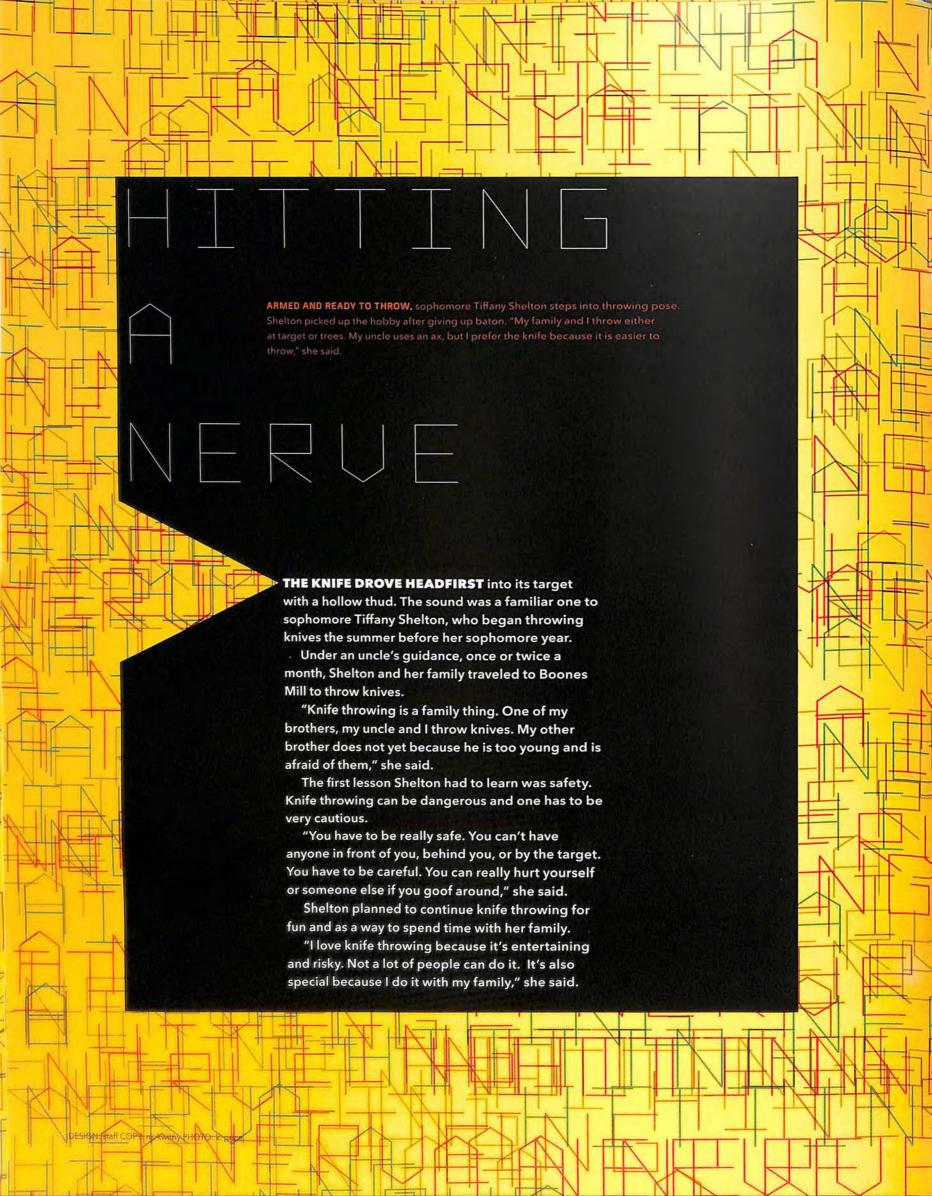
BENEATH THE CHLORINATED WAVES, senior Lauren Cowher is in perfect alignment while doing the breaststroke, one of her signature strokes. "I placed third in the 100-yard breaststroke at districts." MOVING DOWN THE LANE, sophomore Michael Chang completes one lap of a breaststroke race. Chang had been swimming for eight years, two of which were on the school team. "My best time was 1:14. Next year I plan to drop off more time and get faster," he said.



### BREATHE IN, BREATHE OUT SWIMMERS OVERCAME CHLORINE AND A FEAR OF SPANDEX TO

### **OVERSHADOW THE COMPETITION**

Freshman Mikey Berberich seemed to attack the water as he competed in the 100-yard breaststroke at the Gator Aquatic Center. Morning and evening practices and meets were held at the nearby facility, as the school lacked a pool. While Berberich competed in the breaststroke, the event was not counted among his most favored one. "Breaststroke is not my favorite because I'm not that good at it. I'm better at the butterfly, so I like that one much better," he said.







"I enjoy the thrill of the pin or getting someone on their back. You get an adrenaline rush through your body," Josh Neighbors, 9

"All the other teams started bleaching their hair, and we didn't want to look like we were following them," Josh McCray, 10



# The A Team

THE A TEAM

SENIOR WRESTLERS

TOOK OUT THE

COMPETITION AND

PICKED UP STATE

RECOGNITION WHILE

**ROCKING THEIR** 

SPANDEX.

### **SEVEN OUT OF 13**

WRESTLERS made it to states, a huge feat for the wrestling team. Senior Chase McDaniel was one of the seven wrestlers, but McDaniel can now say he's the only wrestler to ever become a state champion.

McDaniel pinned his opponent in one minute and 38 seconds.

"Our goal was to win the team title, but after we didn't get that I knew I had to win for the team and our coach. I couldn't let them down. Having my four years of hard work pay off is a great feeling," he said.

McDaniel is committed to wrestle at Virginia Tech in the fall.

Another standout on the mat was senior Logan Turner, who was signed to Virginia Military Institute.

"I am excited to further my athletic and academic careers at the Institute, and I am thankful for all the coaches and others who have helped me along the way," Turner said.

The team lost four seniors, including Lucas Mobley who placed fifth at state, leaving many underclassmen hopeful to live up to their legacy.





DURING THE SECOND PERIOD OF HIS MATCH, sophomore
Jacob Plunkett works for a pin. "I win most of my
matches by pinning. I usually go three periods, but this
match ended quickly because I got a take down early,"
Plunkett said. DOWN FOR THE COUNT, senior Chase
McDaniel pins a Rockbridge opponent. "I wrestled him
earlier in the year and pinned him, so I knew I could
go out there, wrestle and end up coming out on top,"
McDaniel said."

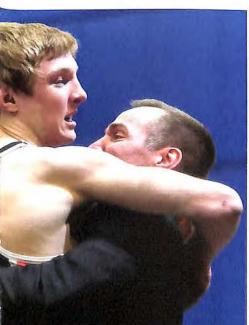








STARING DOWN HIS OPPONENT, senior Lucas Mobley prepares to strike. Mobley had eight years of experience. "I started wrestling because of my brother, Austin. He helped develop my skills over the years. I placed fifth at state this year," he said. WITH NO HESITATION, freshman Noah Bushman attempts to take out a Warren County opponent. This was Bushman's first year as varsity, where he helped the team place fifth at the 3A State Tournament. "I was happy to place fourth in my weight class," he said.



### TOTAL DOMINATION

### SENIOR CHASE MCDANIEL TOOK OUT ALL THE COMPETITION TO CLAIM THE SCHOOL A STATE CHAMPIONSHIP TITLE

Immediately after taking out a Rockbridge opponent for the state title, senior Chase McDaniel ran to find his coach, Mr. Tim Nininger. McDaniel, who wrestled in the 152-pound weight class, managed to take down his enemy twice and then pin him in just one minute and 38 seconds. Previously, McDaniel was a two-time runner up and four-time place finisher at previous state tournaments. "I had been waiting for that moment for four years. When I first came to Cave Spring, Coach promised me a state title before I graduated and I finally got it. He has done so much for me over the years," he said.





MIDWAY THROUGH HIS JUMP across the hurdle, sophomore Kyle Timmerman races to overcome his competition. Timmerman finished 14th place in the 55-meter hurdles at the Liberty meet, with a time of 8.66 seconds. "I started hurdling because my sister, Marta, told me to. Now I think it's fun. It's a short race and is over before you get tired," he said. LEAPING OVER his obstacle, freshman Jack Collier overtakes the fourth hurdle during a meet at Virginia Tech. Collier learned to hurdle just weeks before the start of season, joining several friends who were already on the team. "Our hurdler gang was very close this season," he said. APPEARING TO HOVER over air, junior Lauren Austin perfects her final jump at districts, held at Virginia Tech. Austin was the district champion in the long jump, with a personal best of 15' 5". "Jumping is my strongest event, and it came naturally. I worked really hard in my practice to improve my personal record," she said.





### SENIOR EMILY FULTON LAUNCHES A SIGNING WITH VMI

She said she'd never go there, but after a tour of VMI's campus, Fulton was pleased to accept an offer to pole vault at the historic military academy. The high jump state champion said, "The girls on the team told me it would be hard, but would pay off in the end."





"All other sports are about being a team. In track you have your times and no one else can change that." Mason Yopp, 9

"I had done dance prior, so I already enjoyed leaping. I've been learning from the older people on the team, and I think I can improve," Sarah Christensen, 10



## feet of Glory

**NEAR-MISSES WITH** 

VOMIT. GRUELING

WORKOUTS. TICKING

CLOCKS OF PRESSURE.

ALL WAS WORTH

IT FOR THE LADIES'

4X800 RELAY TEAM.

### **FEET OF GLORY**

### DON'T DROP IT

As last leg of the 4X400 relay, junior Mercy Plumb completes a successful baton hand off with senior Erin Martin. The relay team, which also included junior Lauren Austin and sophomore Meredith Campbell, place 5th at districts. "It was the last event, and I was tired, but I knew the team depended on me," Plumb said.

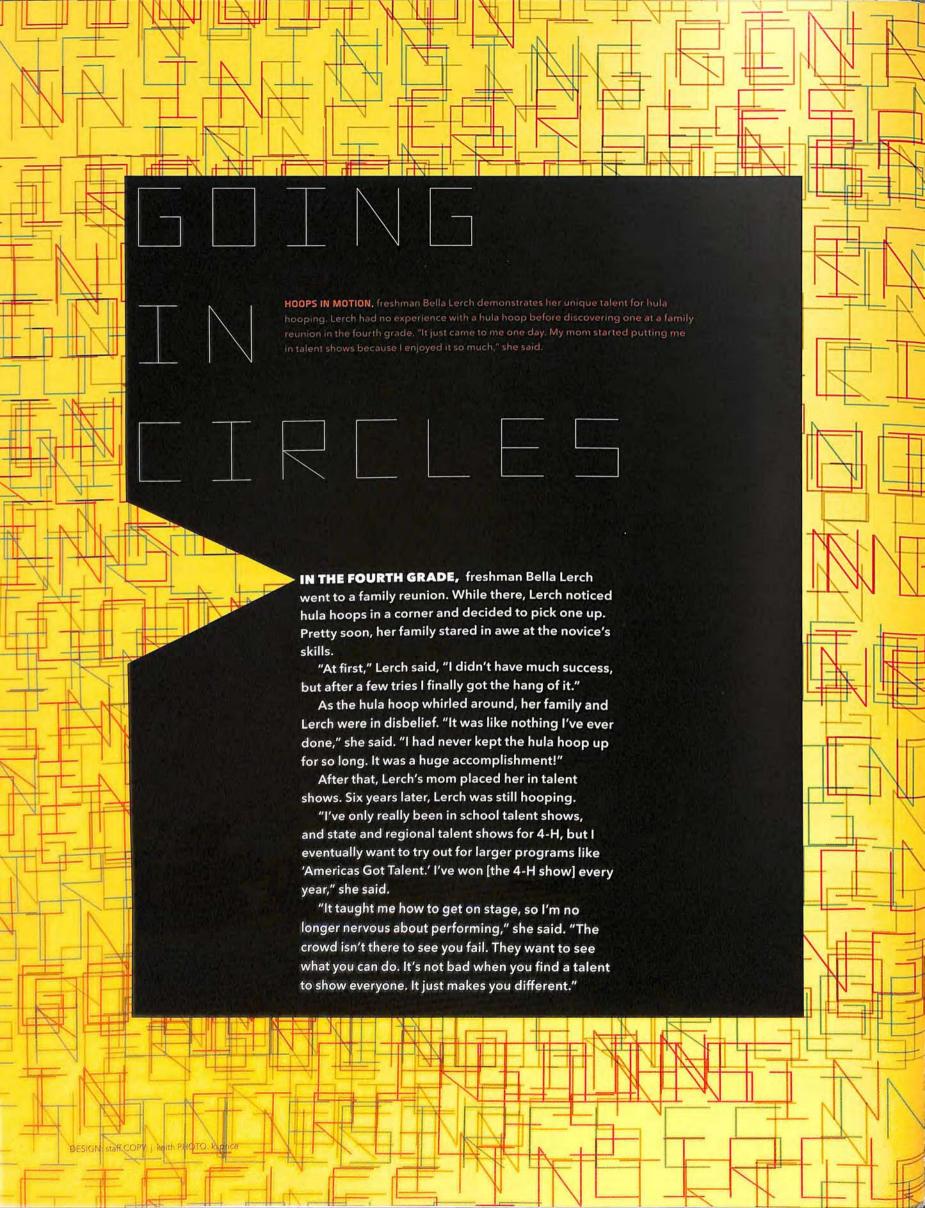
"I THOUGHT I WAS GOING TO THROW UP. I was just really nervous," freshman Laurin Hatcher, part of the fourth-place state-champion girls' 4X800 relay team said.

Good thing she didn't, as her fellow relay runners, including senior Katie Fortner, junior Mercy Plumb and freshman Audrey Kidd couldn't complete their jobs without her. The weeks leading up to the state meet, coaches pushed the ladies through hard workouts to prepare. Going into the meet, they knew they had a good shot to get in the top eight and they never seemed to let up during their race.

"Having everyone there cheering for you helps you push your hardest. I pushed myself through the workouts and practices before states to be my very best. I still can't believe [we placed fourth]. I'm hoping I can take that and use it as motivation for next season and next year," Kidd said.

Coach Tommy Maguire shared in the girls' enthusiasm, noting just how amazing the team's finish was.

"This season was a great one for our girls. They scored the most points they ever had at a state meet, placing fourth," Maguire said.





"The best memory from this season would have to be winning the Conference 32 Championship," Chase Keister, 11





"Being able to play with my friends and winning the Conference Championship are definitely my two best moments from the season," Paxton Daniels, 10

### **DOWNWARD DOG**

YOGA AND ITALIAN

FOOD FOUND THEIR

PLACE IN THE BOYS'

BASKETBALL TEAM'S

SUCCESS

### **HOW DID YOGA WORK**

in high school boys' basketball? Easily. Coach Billy Hicks incorporated the ancient Indian discipline into his Saturday morning practices.

"A yoga instructor would come and actually make us do moves, like 'Downward Dog' and 'Baby Cobra.'
When she didn't come we would use YouTube videos. I thought it was relaxing and calming. The stretching really helped," sophomore Adam Sledd said.

Besides enjoying yoga, the boys loved getting together at junior Drew Jacobsen's house to watch college games and gorge on Italian food.

"This all started because we began a winning streak after the first time the team came over. We wanted to keep the streak going, so we kept up the superstition," Jacobsen said.

Both activities bonded the team, which was needed even more, seeing that there were no senior players. They did have the advantage of height, though. Sledd measured in at 6' 7" and juniors Zac Foutz, Cager Hicks and Noah St. Clair all came in around 6' 4".

"We're basketball players. I mean, we have to be tall," St. Clair said.

The team made it to the regional semi-finals, where they lost a close game to Spottswood, who wo was ranked number one in the state.

### bownward

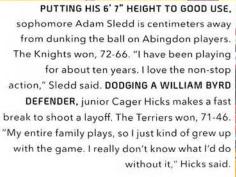




CLINGING TO THE BALL, sophomore Brody Hicks maneuvers around a Christiansburg defender. The Knights won, 65-44. "Our team has a lot of potential. We had no seniors this year, so it was surprising that we got as far as we did," Hicks said. WITH A LOOK OF, WELL, SOMETHING ON HIS FACE, sophomore Mason Reyer jumps up for a shot during Midknight Madness. "I've been playing since I was in the third grade," Reyer said. "I like it because we are constantly moving. And we have cheerleaders."











### WORKING BETWEEN BOTETOURT DEFENDERS.

sophomore Cait Flippen dribbles the ball. Flippen, who was placed on varsity as a freshman, continued down the court to sink two points, which gained the win. "I get to play against so many different people, and it interests me to see so many different styles of play," she said.



against a Cavalier defender. Parulis was a starter and leading scorer. "You have to work a lot harder than other teams and give 110% all the time. WITH FIERCE DETERMINATION ALL OVER HER FACE, sophomore Taylor White drives down the court against Lord Botetourt. White went on to score two points in the Winter Classic Tournament, although the game ended in a 56-40 loss. "Last year I tore my ACL, so the beginning of this season I was a step behind and wasn't able to cut as well as I normally can. By the end of the season, though, I was back to my normal game," she said.



### **GOTTA HUSTLE**

Junior Hailey Sitze was know for her quick turns and fast feet on the court. Considered a master at the art of defense, Sitze could always be found in an opponent's turf, just waiting for the chance to change the game. "Defense is my absolute favorite part of the game because I love stealing the ball away from the other team and turning the game around," she said.





### WHERE YOU AT

### THE GIRLS' BASKETBALL TEAM SHOWED JUST HOW MUCH THERE'S NO "I" IN "TEAM"

Crowds never seemed to bother senior
Courtney Stover, whether it was in the halls
at school or on the court during a game.
Stover always managed to get through
them and to her team. "The team was a
lot closer this year because we bonded
more than we have in the past. We went
shopping and out to eat a lot. On the court
we became a unified unit," she said.

### **UNDER HER LEAD**

A TORN ACL DID NOT
PREVENT SOPHOMORE
TAYLOR WHITE FROM
LEADING HER TEAM
BOTH ON AND OFF

THE COURT

### "BASKETBALL IS MY

**LIFE.** I can't see myself doing anything else," sophomore Taylor White said.

A torn ACL, however, threatened to destroy White's dream. During her freshman year she played on varsity but tore her ACL early in the season during a lay up attempt.

The injury prevented her from playing most of the season, only for short periods of time. The beginning of her next season was rough.

"I tore my ACL when going up for a lay up. I came down on my leg and it shifted right and left before finally popping. This year I was able to come back and play. I was back to myself by the end of the season," she said.

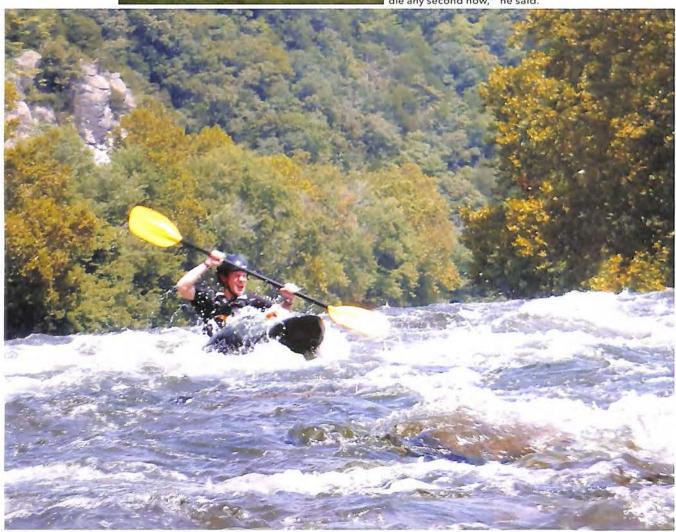
The team, who lost six of their seniors at the end of White's sophomore year, looked to her for leadership, winning nine of their games.

"There were not that many clicks. We did have to have our Doctor Phil moments but we got along better by the end of the season," she said.

## Under Her



ON TOP OF MICKEY'S SILLOETTE, sophomores Abby Frazier, Morgan Todd, Lauren Huff, Logan Skaff and Laurel Harris pause for a picture during a Roanoke Star's U-15 Team tournament. The team traveled to Disney World in Orlando, Florida. "Playing at the ESPN field was probably my favorite part of the entire trip. It was the field we won on," Skaff said. NAVIGATING WHITE WATER RAPIDS. junior Joe Lankford slices through the river in his kayak. Lankford learned how to kayak while working at Camp Bethel. "There's a mixture of thrill and pure terror. You feel the rush as you go down the rapids, but you're also terrified and can't help but think, 'I may die any second now,'" he said.



### JUST FOR KICKS

For senior Alex Smith, Taekwondo was more than a sport, it was a full-time job. "I like pushing myself harder instead of relying on other people." Not only did Smith partake in the sport five to six hours a week, but he taught young children every weekday.

"I can't even count the hours I teach every week."

Smith had practiced since the age of age seven and he planned on continuing in college. "I'm a 3rd degree decided black belt. The highest belt possible is 9th degree black belt. I still have a long ways to go before I achieve that," he says. Smith will test for his next belt at 18 years old.





### ALL OVER THE PLACE

JESSICA LACHOWICZ NEVER MET A SPORT SHE DIDN'T LOVE. DURING HER FRESHMAN YEAR, LACHOWICZ PLAYED BASKETBALL AND SOCCER AND RAN TRACK AND CROSS COUNTRY

Lachowicz's love of sports started at a young age. She started playing basketball and soccer on a recreation-league team when she was only six years old. In the fourth grade her love of running became apparant while participating in the Back Creek Elementary School Roadrunner's Team. "Running is relaxing and calming for me. It's my place to release all of life's stress. During competition is when I really find out the identity of my true self, from how hard I believe the limits allow me to stretch my talents," she said.

### **GET OUT NOW**

TO A SCHOOL TEAM
FOR MANY STUDENTS.
ON THE FIELD OR IN
THE WATER, THEY
ENJOYED GETTING

OUTSIDE OF SCHOOL.

### A PLETHORA OF SPORTS

were offered, catering to students who liked to work individually and to those who preferred to be with a team. Some students, however, found these traditional school sports were not enough.

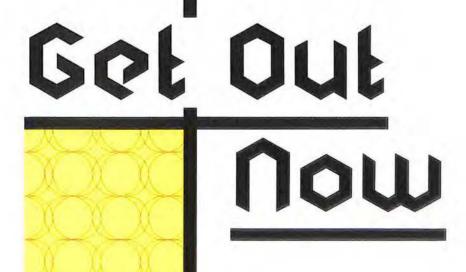
"I played Red Lacrosse before I joined the school team. I felt like it prepared me more," freshman Jarod Lim said.

For those who wanted to go above the caliber of a school-sponsored sport, travel leagues offered tournaments where athletes could work on their skills.

"There is a lot of tension between travel teams. They are all trying to gain the best players the quickest. It has led to some rivalries," junior Mercy Plumb said, when referring to her travel soccer team.

If pressure wasn't what one looked for, other opportunities provided stress-free athletic fun with the same adrenaline rush.

"I play rec league basketball because I don't have to try out," sophomore Noah Wells said.



JUMPING BACK OFF THE PLATE, freshman Brayden Guthrie dodges a wild pitch during a Northside game. "We ended up losing the game, but we're getting better. We've started winning since then," Guthrie said. FOLLOWING THE BALL DOWN THE FIELD, sophomore Amin Elhassan outruns an opponent. Elhassan was a forward, responsible for moving the ball down the field to score. "When I get the ball, I get excited and try to get through all the defenders," he said. FIGHTING AGAINST HIS OPPONENT, freshman Will Rinn pushes toward the ball. "I love lacrosse. It's a really fast-paced sport that promotes teamwork," Rinn said. WORKING TO KEEP POSSESSION. freshman Noah Mountcastle pushes off a Patriot opponent. Mountcastle had played for nine years. "I have continued to play for so long







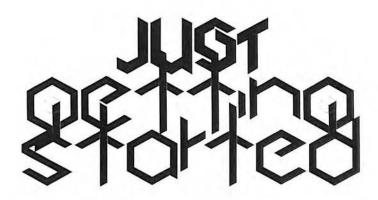








BEFORE THE START OF THE GAME, the junior varsity team observes the field. The players always warmed up before every game. "It's a good way to get out my aggression, but I'm friends with everyone on the team," sophomore Johnny Akers, number 82, said.



THE OLD SAYING, "PRACTICE MAKES PERFECT" RANG TRUE FOR

JUNIOR VARSITY PLAYERS. THEY DID NOT SHY AWAY FROM HARD WORK, CONDITIONING OR THE OCCASIONAL INJURY.



"I play because the sport has been in my family for a long time, and I'm continuing that legacy. I also love the sport, so that helps a lot," Lilly Mitchell, 9

"Beating Hidden Valley was a ton of fun. They're our rival and we hadn't beaten them in a while, so it was all very exciting," Khal Clary, 10





KEEPING HER EYES ON THE COMPETITION, freshman Britton Olsen defends her position by holding off a William Byrd mid-fielder. This year marked the first for a girls' lacrosse team. "I don't think there was a team before because it just wasn't that popular. It's now a growing sport, and that gave it the final push to be a team," Olsen said.



NEXT LEVEL, THEY FIRST HAD TO PROVE THEIR WORTH, ON AND OFF THE FIELD. HOURS OF PRACTICE LEFT THEM READY FOR THE CHALLENGE.



"I want to keep improving my running times. I'm constantly trying to get better. It's something I can have control over," Audrey Kidd, 9

"Going to state was very exciting. Once you get into this sport, it's competitive and pushes you to a new extreme," Allie Lawson, 9



JUST IN TIME FOR THE SAVE, freshman Kacie Shepherd slides into home plate during a William Byrd game. The match-up was a tough one, resulting in 0-14 loss. "The best part is getting to spend time with my teammates and getting close," Shepherd said. AWAITING THE OPPONENT'S NEXT MOVE, sophomore Cara Ghaphery, a middle hitter, stands in position. As hitter, Ghapery's job was to block any balls from making it over the net. "Our biggest competition would have to be Hidden Valley. They are good players, and we didn't beat them this year, but I know we will get them next season," she said.





"The cheers were a lot harder to learn this year compared to last year, but there was a lot more bonding time," Michaela Garrett, 9

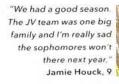
"My favorite memory from this season is when I pitched at the Franklin County Game and we ended up winning," Matt Gliniecki, 10







"I like to play basketball because I like the adrenaline while shooting. My position is shooting guard. I shoot to score," Jason White, 9





"I don't count the laps, I count the seconds. We had a really good season and we all worked together to accomplish great things," Bianca Roman, 9



"Basketball this year was a lot more intense than in middle school. The girls became more than a team, we became a family." Lauren St. Clair, 9



FROM THE SIDELINES, Alayna Francis readies for the next play. The junior stood at third base to catch a grounder. "We are a really close team. We're also young, with only two seniors," Francis said. ABOUT TO KICK THE BALL, senior Parker Benzie first traps it. "It's been a good year. I think that's because of how our team gets along so well," Benzie said. SEEMINGLY MID AIR, senior Elijah Hager completes a serve. GEARING UP FOR A SIDE KICK, freshman Jessica Lachowicz keeps her eye on the ball. Lachowicz played many sports, including soccer, basketball, cross country and track. She was pulled in eighth grade to play soccer for the high school. "I learned more playing with my superior teammates and competiting agains harder competition," she said.





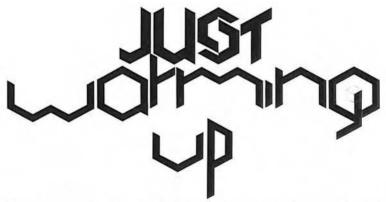








READY TO OVERTAKE A PASS, sophomore Justin King receives the ball from senior Alexander Nguyen. King, who had played for eight years, acted as defender. "When the other team has the ball, I have to wait for the right moment to step in an get the ball back," King said.



DURING AN USUALLY COLD AND HARSH WINTER, SCHOOL

CLOSINGS AND DELAY REACHED AN ALMOST RECORD HIGH.

BUT, FOR THESE DEDICATED ATHLETES, TEMPERATURE WAS

NOTHING BUT A NUMBER.



"My most painful memory from baseball is when I fouled off a ball and it went straight into my face," Jordan Stovall, 10

"Softball is not only great because of the sport, but it's also great because of the bond we have formed as a team," Jasmine Brickey, 10





IN POSITION TO RETURN A SERVE, sophomore Fallon Delp stands in position. Tennis, unlike other sports, focused more on the individual athlete. "I like to play singles because I like to make my own mistakes and my own accomplishments," Delp said.

AS THE HEAT ROSE AND THE PRESSURE WAS ONE, SPRING ATHLETES SHOWED THEIR STRENGTH, TEAMS POWERED

THROUGH A FRIGID PRE-SEASION TO ACHIEVE VICTORY.

EMOTION WRITTEN ALL OVER EVERYONE'S FACE, the Knights and William Fleming Colonels battle in an early-season scrimmage, which resulted in a win. "There are only four returning sophomores out of 24 total. A lot of the new players aren't used to playing at a high school level, so we really need to help them out," sophomore Tom Conroy said. DIGGING IN THE DIRT, junior Pami White attempts to stop a James River opponent from reaching home base. The Knights won, 3-2. "Being on the team is fun and we've won most of our games. It's all because of the chemistry and how we've been together for so long," White said.



There's a lot of ambition and hunger for wins between the teammates this year. We have a tremendous amount of talent and skills that will make a positive season," Kelsey Johnson, 11



"I have to work harder in high school than I did in middle school because there is a lot more competition. Ann Jackson, 9





"I play lacrosse because I like that it is an agressive sport. I have been playing for six years. John Webb, 11

"I like listening to hard core rock music before my tennis matches to help pump me up. Supreet Pannu, 10







"I started playing baseball because all of my friends played when we were younger. I fell in love with the game and it is my





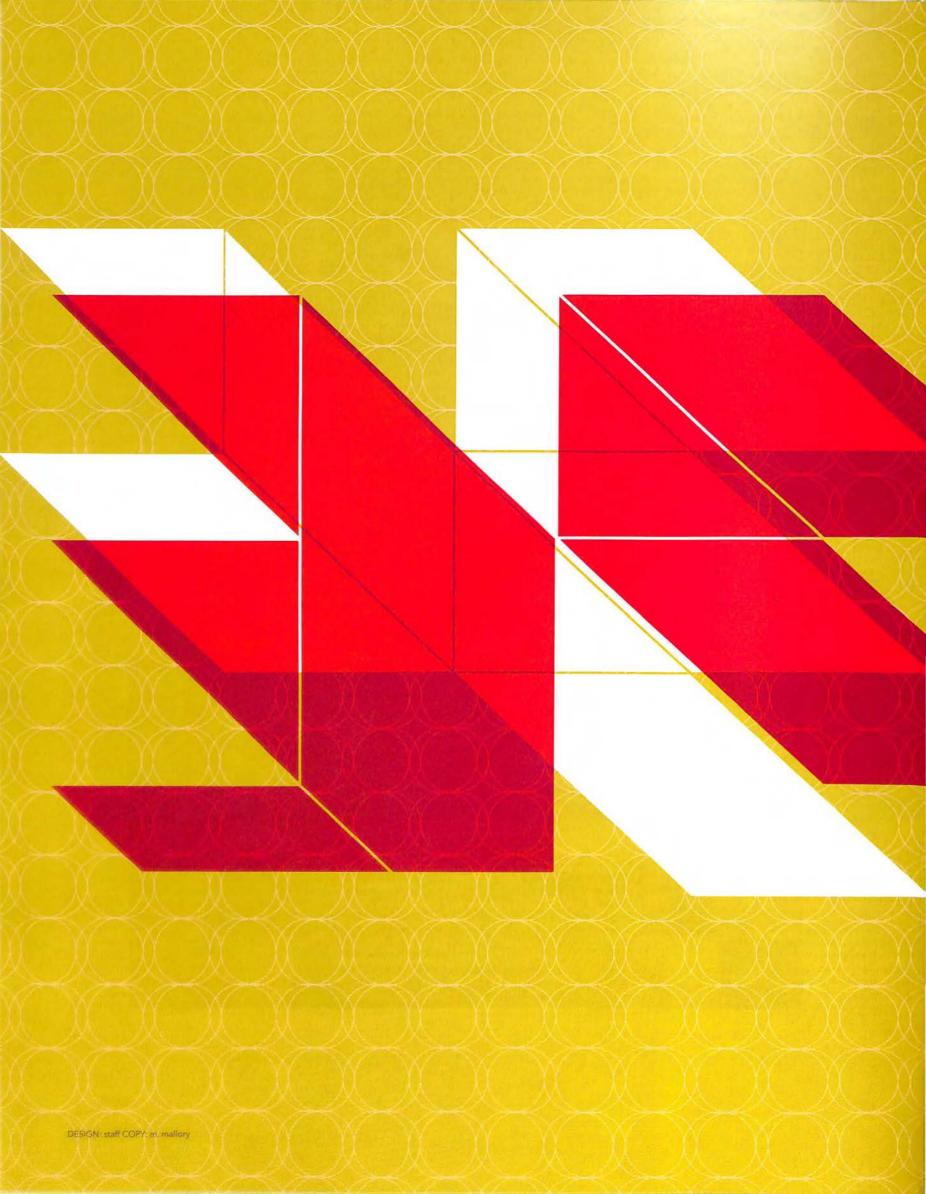
'If you have the passion for a sport it will be more enjoyable and more memorable," Jayali Samarasinghe, 9

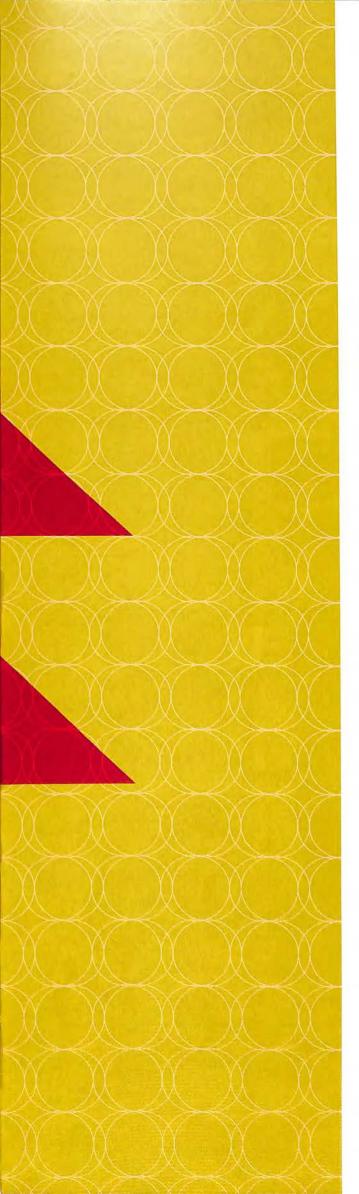
"We tied Blacksburg, which is basically a win. We were flawless in defense and our goalie Adam Sledd had a really good game," Andre Nguyen, 10



"It's not an individual sport at all. We have to work together to accomplish anything. We build each other up," Sydney McTigue, 11







REFERENCE "SHE IS THE FOOT

TO MY FUNGUS. THE MAC TO MY CHEESE." ▶100

"HE'LL JUST SIT THERE AND

WATCH US." ▶111 "YOU FEEL LIKE

A JERK." ▶131 "I JUST KIND

OF TOOK IT." ▶103 "I THINK

THERE IS A FEELING OF MAKING

A DIFFERENCE." ▶115 "I

DON'T SLEEP MUCH." ▶104

"I WAS ANNOYED." ▶120 "I WAS

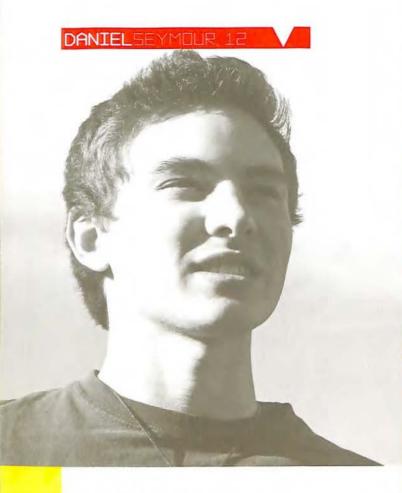
ALSO WORRIED ABOUT WHAT THE

COSTUME WOULD SMELL LIKE." ▶107

"I'VE ALWAYS TRIED

TO PUSH MYSELF." ▶123

EXCUSE**ME** 



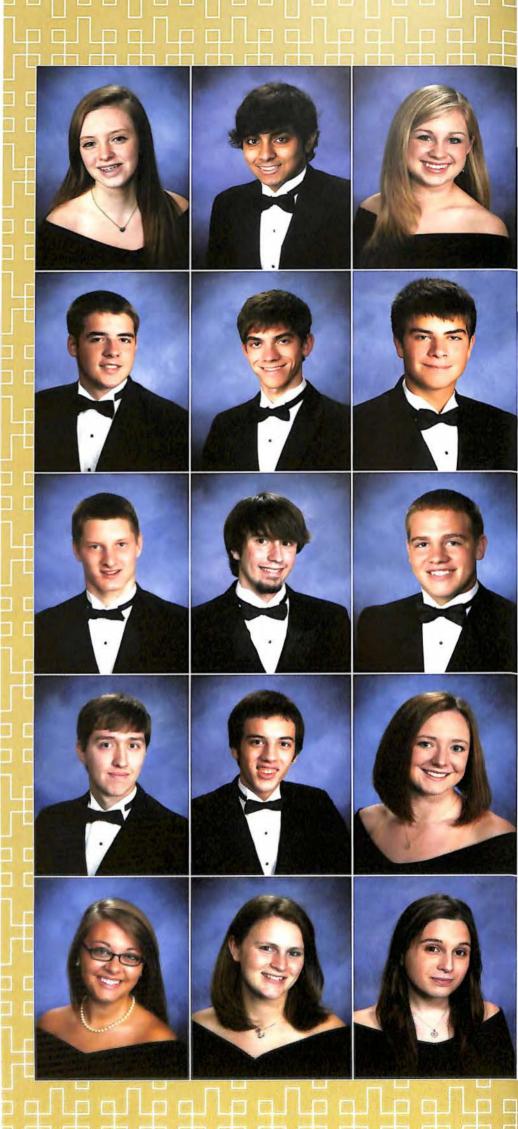
LIFE CHANGED for Daniel Seymour sophomore year. Outside during gym glass, Seymour and classmate Sebastian Wellford played football, taking turns kicking.

Wellford held the ball for Seymour, who kicked the ball directly through the tall, yellow uprights. The boys didn't know athletic trainer and gym teacher Mr. Jon Swartz was watching in awe.

Swartz asked Wellford to repeat his kick, recording it for football coach Mr. Tim Fulton. After viewing the footage, Fulton found a new kicker, but Seymour was already committed to running cross country for coach Mr. Tommy Maguire.

Fulton and Maguire brokered a deal, which allowed Seymour to compete in both sports. And what was "just goofing around" in gym turned serious as Seymour attended professional kicking camps during his summers and worked one-on-one with NFL kicking coach Doug Blevins.

"I was only going to do two practices with him," Seymour said, but eventually began working with Blevins twice a week. "Kickers aren't recruited until late. If I could go anywhere I'd choose University of Georgia."













Key Club (10-12), Knight and Day Café (10, 12), Spanish Club (9), National Spanish Honor Society (11-12), Key Club Vice President (12), FCCLA Vice President (10)

Club (12), Spanish Club (11), National Spanish Honor Society (10-12)





Corey Atwater – JV Baseball (9-10), Varsity Baseball (11), Latin Club (11) Nathaniel Axt - Symphonic Band (9-12), Jazz Band (9-11), Marching Band (9-12), Drum Major (11-12) Spanish Club (10-12), SciFi Club (12), Beta (12) Kendall Ayers - Baseball (9-11), French Club (9-10), Ultimate Frisbee (12)

Peter Ayers - Varsity Baseball (11), Jazz Band (9), Concert Band (9), Beta (12), French Club (9-12), National French Honor Society (11-12), Varsity Baseball Statistician, French Club Treasurer (9) Anthony Azar - JV Soccer (9)

(9-10), Varsity Baseball (12)

Utsav Bajgain - Technology Student Association (12)







Anthony Ball - JV Football (9-10), Varsity Football (11-12), Indoor Track (12), Beta (12), Varsity Football Captain (12), Second Team All-Conference Football (12) Skyler Barbour - FCCLA (10), Student Helper (10-12)

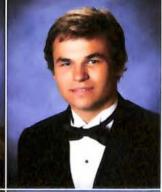
Hunter Barker - JV Football (9), Varsity Football (10-12), Archery (11-12), FCA (11), Latin Club (11-12), Spanish Club (9-10), Student Helper (9-12) Kendall Bayne – Spanish Club (9), Cheer (9-12), Beta (12), FCA (12)

Austin Beeker – Varsity Football (9-12), Outdoor Track (11), Key Club (10), Student Helper (9-11)

Parker Benzie – Indoor Track (9-10), JV Soccer (9), Varsity Soccer (10-12), Beta Club (12) National Spanish Honor Society (10-12)







Jack Berberich - Swimming (12) Lance Bibbs - Indoor Track (9)

Hailey Bivens - Swim (9.12), SCA (9), Sideline & Competition Cheer (9.10), Student Helper (11-12), Beta (12)

Meagan Board - Golf (9:12), DECA (11). Spanish (10), First Team Hall of Fame Gold. Second Team All-Conference Golf

Destiny Bonds - Sideline Football Cheer (9-11). Sideline Basketball Cheer (9). Outdoor Track (9), Pep Club (9), DECA (11), FCCLA (12)

AGEE

CAMERON

Nick Bondurant - Indoor Track (12) Lacrosse (9-12) Beta Club (12)







Kayla Boris Indoor & Outdoor Track (9) FCCLA (10) Key Club (9-12) Knight News (12) Knight and Day Cafe (10) Newspaper (12) Pep Club (9, 12) Spanish Club (9) Mindy Boyd - JV Basketball (9) DECA (12) FCCLA (11) Knight and Day Cafe (11) Pept

lub (9-11) Student Helper (11)

Julia Bratu - Debate Team (12) Drama (12) Knight and Day Cafe (12) National Latin

Chad Brittain JV Soccer (9) Varsity Soccer (10) FCA (12)

Ekika Bush Dance Team 10 fti

Max Cameron - DECA 9 Drama 12

### DESTINYBUNDS 12

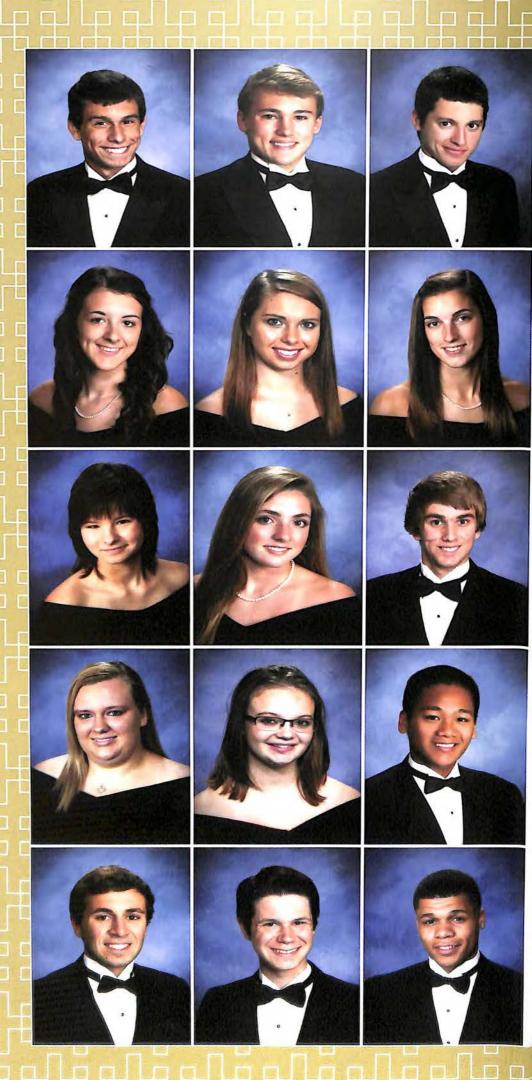


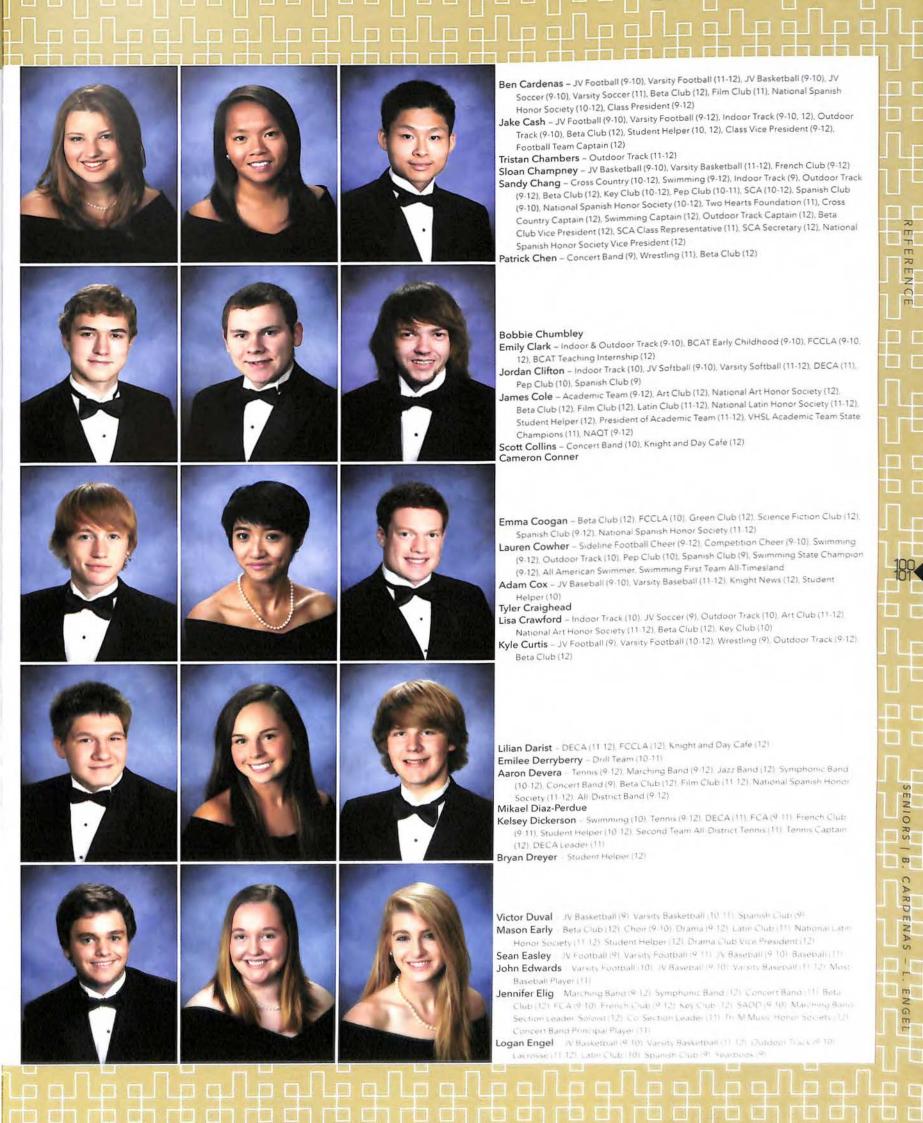
"NOT TO SOUND COCKY," but I'm going to be successful because that's the way I carry myself in life," Destiny Bonds said. "I want people to respect me, not judge me. I like to voice my full opinion and I don't care what other people have to say or think about that matter."

The senior said she was not shy about expressing opinions or herself. When it came to clothes, Bonds cited Charlotte Russe, Body Central and, sometimes, Goodwill as her go-to stores. "I go mostly anywhere with cute clothing," she said. "Even Goodwill when I need a tacky Christmas sweater."

She admitted classmates may remember her for an infamous fight in the ninth grade, but "most people will remember me because I'm funny and chill to be around. I'm honestly a very good person at heart if you get to know me."

Classmate Courtney Taylor agreed.
"Courtney," she said, "is the foot to my
fungus. The mac to my cheese."





Collin Ensor - French Club (11) Abigail Epperly - FCCLA (12), Film Club (11), French Club (9-10), Key Club (9) Taylor Eubank - Sideline Football Cheer (9-10), Beta Club (12), National Spanish Honor Society (10-12) Katie Farley - Marching Band (9-12), French Club (9-12), President of French Club (12), Latin Club (11), Film Club (12), Student Helper (12), Beta Club (12) Griffin Ferguson - JV Soccer (9-10), Lacrosse (11), Archery Club (12), Student Helper (11) Hollie Ferguson - Drama (12), French Club (9-11), Friends of Rachel (11), Knight News (9-11), Student Helper (9-10) John Ferguson - Football (9-10), Indoor Tack (9), Outdoor Track (9), Latin Club (11) Katie Fortner - Cross Country (9-12), Indoor Track (9-12), Varsity Soccer (9), Outdoor Track (9-12), Beta Club (12), FCA (9-12), FCCLA (12), Knight News (9-10), Latin Club (9-11), National Latin Honor Society (9-12), SCA (9-12), Student Helper (12), Indoor Track Captain (12), Outdoor Track Captain (12), Cross Country Captain (12), Indoor Track State Champion and All-American, Cross Country "All-South" and All-State, Outdoor Track "All-State, FCA Leader, SCA Vice President (12) Averie Full - JV Volleyball (9), Sideline Cheer (9), Outdoor Track (9), Drill Team (10), DECA (10, 12), SADD (9-12) Emily Fulton - Cross Country (11), JV Volleyball (9-10), Varsity Volleyball (11), Indoor Track (9-12), Outdoor Track (9-12), FCA (9-12), FCCLA (9-11), Student Helper (11-12) Tayllar Gardner – DECA (11), FBLA (9), Key Club (9-12), Knight News (12), Newspaper (12), Pep Club (9-12), Spanish Club (9) T.K. Garrett - Golf (9-12), Golf Second Team All-District (9-11), Golf Second Team All-Conference (12), Golf First Team All-Region (12), Golf Second Team All-State (12), Golf First Team Junior Team Hall of Fame (12)

Ian Georgoulis – French Club (9-12)
 Mehgan Giammona – Varsity Soccer (9-12), FCA (9), Key Club (9-12), Knight News (11-12), Newspaper (9-12), Pep Club (9-11), Spanish Club (9), Student Helper (9-12), Two Hearts Foundation (11), Varsity Soccer Captain (12), Newspaper Editor (12)
 Reilly Graves –JV Soccer (9-10), Soccer (11), Indoor Track (10-11), Knight News (11)
 Deena Habazi – Beta Club (12), French Club (9-12), National French Honor Society (11-12), French Club Secretary (9), French Club Vice President (11-12), Beta Club Treasurer (12)

Charlie Hage – Archery Club (9-12) Elijah Hager – Tennis (9-12)

Ian Hall – Marching Band (9-10), Concert Band (9-10), Yearbook (9, 11)
 Clair Harkey – JV Basketball (9), Varsity Basketball (10-12), JV Soccer (9), Varsity Soccer (10-12), Newspaper (12), Pep Club (9)
 Colin Harris – Art Club (9-11), National Art Honor Society (11)
 Carl Heath – Archery Club (12), Beta Club (12)

Noah Holland - Chess Club (10)

Amie Hough – Indoor Track (11), Pep Club (10)

Bren Huggins – JV Football (9), Lacrosse (9-12), Symphonic Band (10-12), Concert Band (9), Beta Club (12), Latin Club (11-12), National Latin Honor Society (12), Science Fiction Club (11-12), Scili Club Officer(11-12), Latin Club Officer (11-12), Lacrosse Captain (12), All-County Band (12)

Sarah Hummons – DECA (12). French Club (9), National Society of High School Scholors

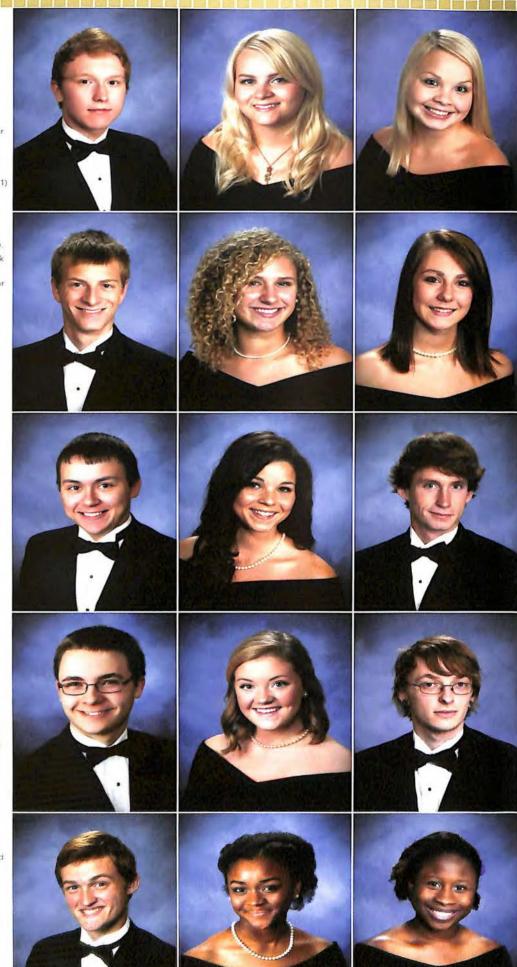
Hannah Jackson Marching Band (9-12), Symphonic Band (9-12), Archery Club (12), Choir (9-12), Debate Team (12), Knight Knotes (11), Spanish Club (10), Second Chair Piccolo (10), All District Band

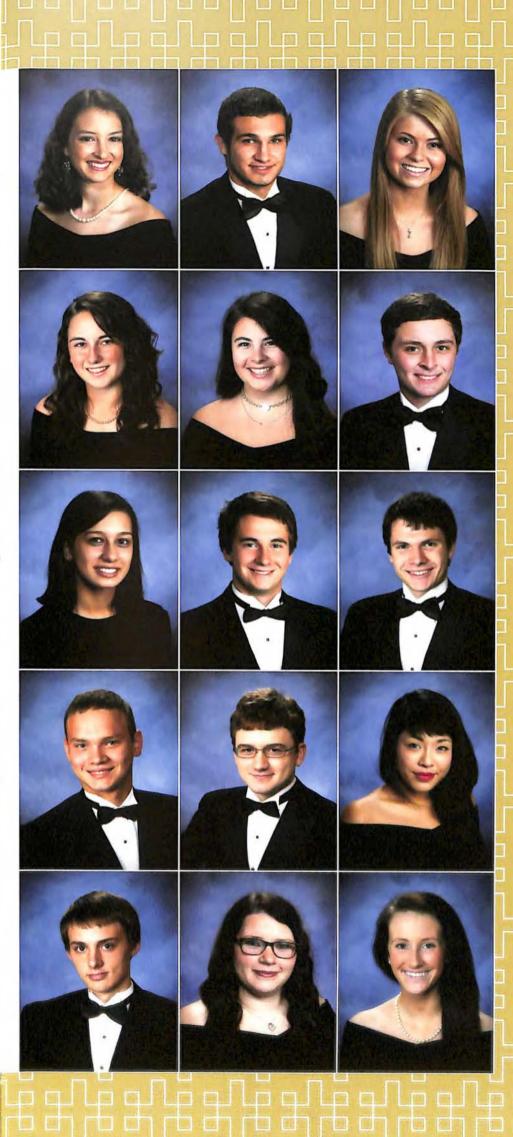
Alex Jeffers

Michelle Jirout - Art Club (11). Art Honor Society (12), FCCLA (10), Key Club (12).

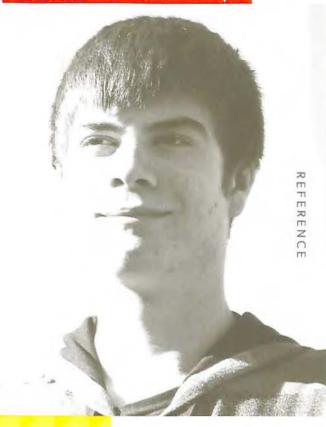
Taylor Kaase - IV Volleyball (9:10). Drama (12), FBLA (10), Student Helper (11:12).

Yearbook (12)





### KENDALLAYERS 12



### **EACH BEAT ETCHED THE LINES**

of concentration deeper into his forehead. The sticks attacked the batter head with a precise ferocity.

As Kendall Ayers played the drums, they seemed to be an extension of him. His sticks, limbs his body had possessed since birth. It was natural.

The senior started playing when his parents purchased a kit for his brother. But, over time, it belonged more to Kendall than his sibling.

"I just kind of took it," he said. Ayers took two years of lessons, and although he never joined an official band, he said he enjoyed jamming with friends. His favorite songs featured distinguished drums beats, and were "fast, but not too fast."

He said, "My favorite drummer is Travis Barker because he puts so much energy into drumming. He shows how drumming should be, not just making a beat. Actually feeling the music you are playing. Playing gets out emotion. I feel like I'm expressing myself to the full extent."

# CHANDLERMEGRAW, 12

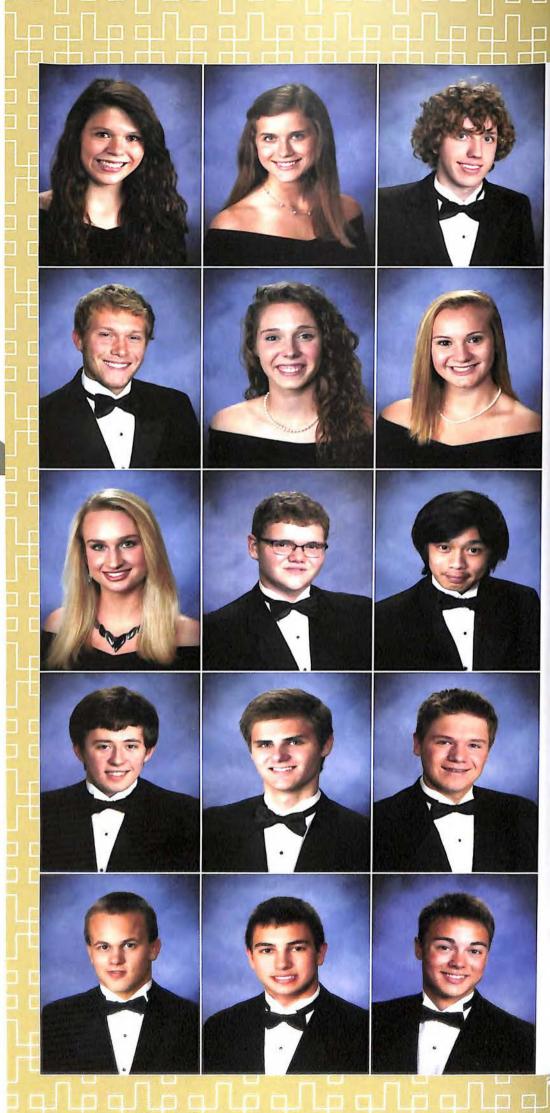
HIS OBSESSION STARTED when Chandler McGraw was in the eighth grade. He read Dostoevsky's "Notes from the Underground" while taking Spanish I. The novel sparked his interest in the Russian language, which he started to learn during his free time.

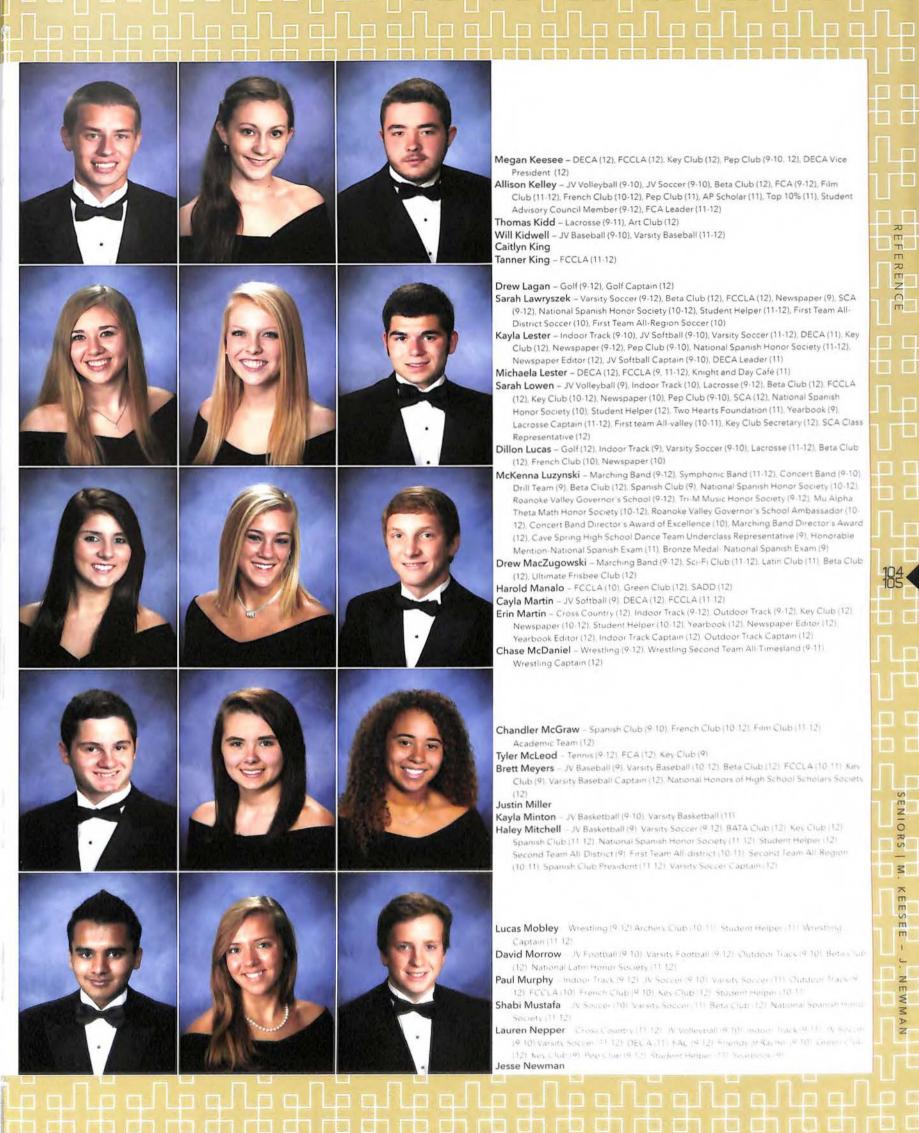
As a freshman, Chandler took French I while continuing with Spanish II. As a sophomore, he said he enrolled in a Japanese course through Virginia Western. While searching for a Japanese tutor, he discovered a local Chinese tutor and started learning Chinese as well.

"I don't sleep much," the senior said. Instead, he spent what little free time he had competing as part of the Academic Team, biking and photography.

"Get as much exposure to your language as possible," he said as words of advice. "Spend time with it. Read a book in the language. It does not matter if you have to spend half of your time with a dictionary in hand. See the language in context. Do not allow yourself to get frustrated."

"I believe in Charlemagne's words," he said.
"'To have a second language is to possess a second soul."





Alexander Nguyen – JV Soccer (9), Varsity Soccer (10-12), Symphonic Band (10), Concert Band (9), Beta Club (12), National Spanish Honor Society (10-12) Shannon O'Leary – Choir (9-11), Knight Notes (9-11), Drama Club (11) Jake Overman

Megan Pasquarell – Marching Band (9-12), Jazz Band (9-10), Symphonic Band (10-12), Concert Band (9), Beta Club (12), Spanish Club (9-12), National Spanish Honor Society (10-12), Student Helper (12), Yearbook (12), Spanish Club Vice President (11), Marching Band Section Leader (11-12)

Cody Peery – Beta Club (12), DECA (12), FCCLA (11), French Club (9-10, 12), Knight and Day Café (12), Student Helper (9-12), DECA President (12)

Sierra Pendleton – Swimming (9), Marching Band (9), French Club (9), Green Club (9), Pep Club (9-10), Student Helper (12)



Matthew Phlegar – Cross Country (9-12), Indoor Track (9-11), Outdoor Track (9, 11) Kristina Price – Drill Team (10), Beta Club (12), Choir (11-12), Knight Knotes (11), National Spanish Honor Society (11-12), Yearbook (12), Drill Team Captain (10)

Breann Ragan – Sideline Football Cheer (9-12), Sideline Basketball Cheer (9-12), Competition Cheer (9-12), FCA (12), Knight and Day Café (11), Student Helper (12)

Corey Raucheisen

Jonathan Ribbe – JV Football (9·10), Varsity (12), JV Basketball (9), JV Soccer (9), Varsity Soccer (10), Marching Band (9·11), Jazz Band (10), Symphonic Band (9·12), Academic Team (9), Beta Club (12), Drama (9), FBLA (11), FCA (9), Green Club (12), Science Club (9·10)

Kassidy Rimer – Color Guard (11), Beta Club (12)

Benjamin Roberts – JV Football (10), Outdoor Track (10), Marching Band (11), Symphonic Band (11), Concert Band (9-10), Drama (10-12)

James Rudder – Academic Team (10-12), Drama (12), FBLA (9-10, 12), Latin Club (11), Science Fiction Club (11-12)

Kylie Rudder – Beta Club (12), French Club (9-12), National French Honor Society (11-12), Key Club (12), Pep Club (12), French Club Secretary (12)

Binuk Samarasinghe – Tennis (9-12), Academic Team (9-12), Beta Club (12), National Spanish Honor Society (10-12)

Anthony Sanders – FBLA (11-12), Latin Club (10), National Latin Honor Society (11), Math Club (9-10), Spanish Club (9)

Olivia Sass – Varsity Volleybali (9-12), Indoor Track (10), BETA (12), FCA (12), FCCLA (12), Key Club (12), Knight News (11-12), Newspaper (10), Student Helper (10), Two Hearts (11), 2nd Team All-District Volleyball (11),

Annalee Schuck – JV Basketball (9), Varsity Basketball (10-12), Beta Club (12), Key Club (11-12), Spanish Club (9), NSHS (10-12), Student Helper 9-11)

Karla Sepulveda-Garcia – BETA (12), National Spanish Honor Society (11-12), Student Helper (10-11)

Mckenzy Settles

Daniel Seymour – XC (9-12), Varsity Football (11-12), Indoor Track (9-11), JV Soccer (9), Outdoor Track (9-11), Jazz Band (9), Symphonic Band (9-10), BETA (12), FCA (9-12), Yearbook (10), 1st Chair Concert Band All-District (10), All-Timesland 1st Team Football (11), All-Timesland Second Team XC (11), All-District Place Kicker (11), All-District XC (9-11), All-Region XC (11), All-Footbocker South Jr (11), All-District Indoor Track (9-11), All-Region Indoor Track (9-11)

Adam Shelton – JV Football (9:10), Varsity Football (12), FCCLA (9:12), Friends of Rachel (11:12). Knight and Day Cafe (9:10), SCA (12)

Lauren Sigmon - JV Volleyball (9) - Varsity Volleyball (10-12). Beta Club (12), French Club (9-10). Yearbook (9)

Alex Smith Beta Crub / 12), French Glub / 12), Key Club / 12), Pep Club / 12), National stransh Honor Sorsety / 11)

Brooke Smith UV Basketball (Manager 19-12). FCCL A (11). Student Helper (11). Nick Smith UV Football (9-10). Varsity Football (9-12). Book Club (9). FCA (9-12). Science Club (12).

Nick Snodgrass - JV Specier (9) Varsity Soccer (10.12) Beta Club (12)

Grant Snyder Baseball (9.12), Golf (9), Spanish (Cub (9)

















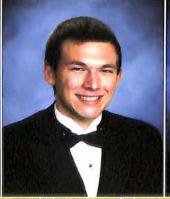




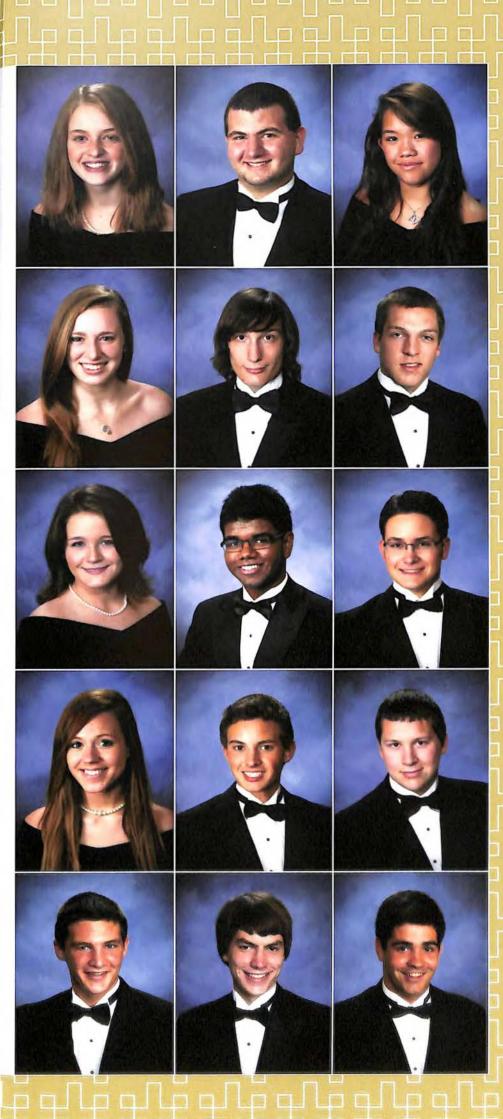












## KATTEFORNTER 12



## ANTICIPATION OVERWHELMED

the student body assembled in the auditorium for the unveiling of the school's Knight of Honor, the highest honor bestowed on a senior.

Cheerleaders escorted a veiled senior down the aisle and across the stage while Principal Steve Spangler made remarks and dubbed the recipient, still masked by the metal helmet and costume.

Then, a mass of curly, blond hair emerged from the gray steel as Katie Fornter revealed her identity.

"I was relieved people actually cheered when I took off the helmet," she said, remembering seeing both her parents and her sister in the audience.

"The day I was chosen to be the Knight I was excited," she said. "But I was also worried about what the costume would smell like. The inside of the gear is hot, smelly, blinding and deafening, but the experience was super inspiring and cool."

## HUNTERBARKER 12



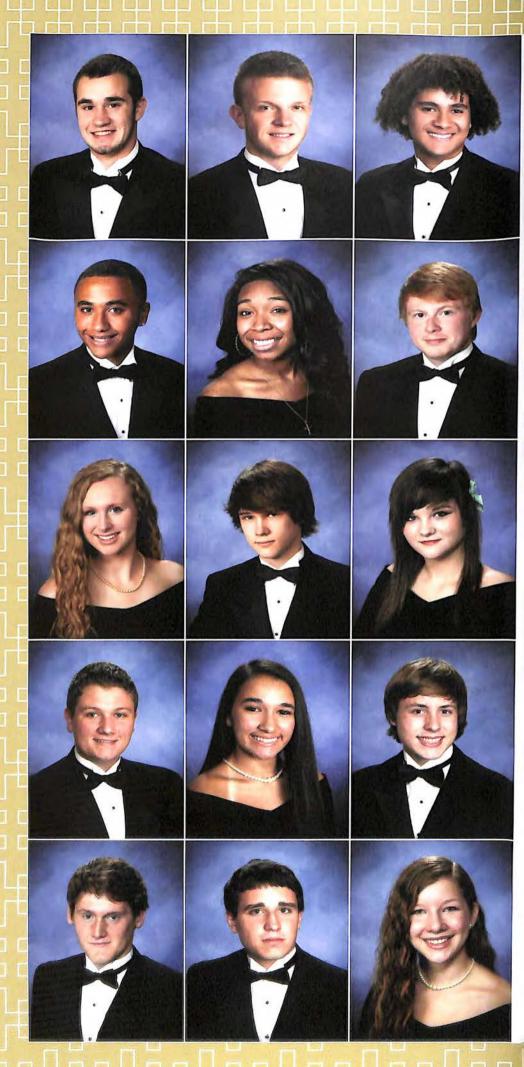
"DONT TRY TO SPEED IT UP or slow it down. Take it as it comes,"Hunter Barker said about his reflections on senior high.

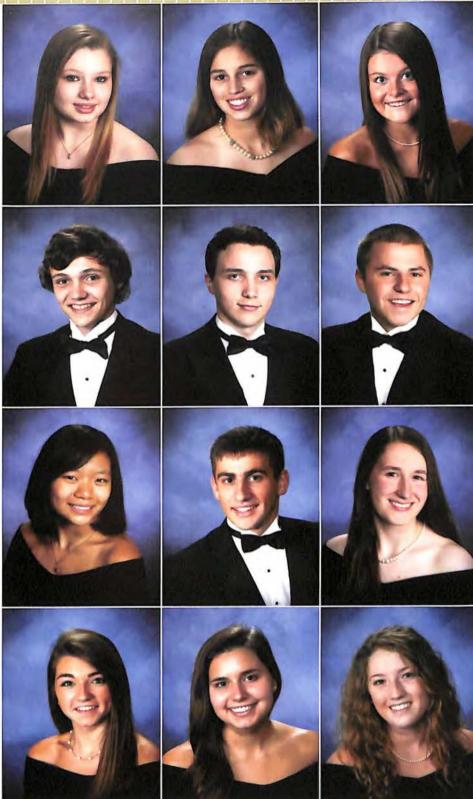
The senior said appreciated a slower pace because he grew up working on a cattle farm with his grandfather.

"My gradnfather took care of me, and taught me everything I needed to know about farming," he said. "It is not just about working on a field. It's also about buying and selling animals, reproducing them and keeping them healthy. There is a trade behind all of that."

Aside from farming, Barker said he enjoyed his time on the football team, a sport he started playing when he was six.

"I'm very outgoing and don't like to hold stuff in," he said. "But I do find a release on the football field."





Landon Snyder Jordan Stafford - Tennis (9-11), Beta (12), Student Helper (12), Ultimate Frisbee Club (12) Chris Stockton Cassidy Stovall - Choir (9-10), Knight and Day Cafe (12), Student Helper (9-12)

Courtney Stover – JV Basketball (9), Varsity Basketball (10-12), Pep Club (9-10), Student Mikala Tarpy - JV Volleyball (9-10), JV Soccer (9-10), Varsity Soccer (10-12), DECA (11).

REFERENCE

SENIORS

Г

SNYDER

Michael Tate

Newspaper (9-10)

Courtney Taylor - Outdoor Track (9), FCCLA (10-11), Pep-Club (9-11), Yearbook (12) Jayce Taylor

Nash Thomason - DECA (12), FCCLA (11), BCAT Mass Communication's Knight News Broadcast (9-11)

Zachary Trayer - FCA (11), Spanish Club (12) Kyle Utterback

Heather Vandergrift - Indoor Track (10-11), Outdoor Track (9-10), Beta Club (12), Book Club (11), National Spanish Honor Society (10-12), Student Helper (10-11) Aric Veatch - Archery (12)

Rachel Waddell - Choir (10)

Stephanie Weisberg - Outdoor Track (10), Symphonic band (11), Concert Band (9-10), Beta Club (12), FCA (9-12), National Spanish Honor Society (10-12), Student Helper

Sebastian Wellford – JV Football (9), Varsity Football (10-12), JV Basketball (9), Concert Band (9), Beta Club (12), National Spanish Honor Society (11-12)

Hannah Wellons - Symphonic Band (11-12), Concert Band (9-10), Drill Team (10), Beta Club (12), Drama (11-12), French Club (9-12), National French Honor Society (11-12) Co President of Burton Center for the Performing Arts (12), Secretary of Beta Club (12), Secretary of Drama Club (12), All-District Choir (12), All-State Choir (12), Tri-M Music Honor Society (9-12), AP Scholar with Honor (11-12)

Austin Wells

Tara Wells - Drill Team (9), Beta Club (12), Drama (9-12), Latin Club 911-12), National Spanish Honor Society (11-12)

Steven Westlake

Julia Weston - Sideline Football Cheer (9.12). Sideline Basketball Cheer (9.11.12) Competition Cheer (9.12), Beta Club (12), French Club (9.10), Varsity Cheer Capt (12) Kallie Wilkes - Varsity Volleyball (9.12), Beta (12), Green Club (12), Key Club (9.10. 12)

Pep Club (9-10, 12), SADD (11-12), National Spanish Honor Society (10), Varsity Volley Capt. (12). SCA President (12), Pep Club President (12), Class Treasurer (9-12)

Caitlyn Williams - JV Softball (9-10), Varsity Softball (11-12). FCCLA (12). Key Club (11-12), Newspaper (10), Student Helper (11-12), JV Softball Captain (9-10)

Zachary Williamson - JV Football (9:10), Wrestling (9), Outdoor Track (9), Marching Band (11 12), Jazz Band (9), Symphonic Band (11 12), Concert Band (9 10), Beta Club (12) Latin Club (9-11-12). Science Fiction Club (11-12).

Jonathan Wingfield - Track (9-10)

Elle Zeller - Indoor Track (10-11), Outdoor Track (10), Beta Club (12), National Spanish Honor Society (11)

JUNIORS Wyatt Abshire Taylor Agee Saffeya Ahmed Mohammad Ahsan Ty Albritton Kelly Alcoke Justin Alouf Claudia Anderson Rabiya Asim Lauren Austin Smita Bajgain Lauren Baker Rachel Baker Robbie Barabas Isaiah Baylor Lyle Beard Abigail Beatty Jordan Bennett Tyasia Bethez David Blades Drew Bond Griffin Bower Katelyn Bradley Thomas Bradley Brandon Brenner Will Brooks Mercedes Brown Kelsey Burchett Kayla Carver Ryan Carver Samantha Casauay Laura Cattigan Morgan Chacona Jacob Clark Sarah Clark Austin Coleman Grant Colip Nick Colozza Juliana Crouse Michaila Cunningham Annabelle Davis Lila Derrico Eric Dishner Antonia Douchi Meghan Dowdy Mackenzie Duncan Trevor Durham Bruno Duron Danielle Durrance Amin Elhassan Alexis Elliott Safa Eltaib Alex Emery Brendan Eubank Andrew Farley Rebecca Fisher Richard Fishwick Kinsey Fitzwater Aidan Fleenor Cole Flora Lauren Flores Zach Foutz Alayna Francis Brendan Gallagher Danielle Gallant Khuslen Ganbayar Jordan Gibson Darian Goodrich Justin Goria Emily Graham Abigail Gregory David Guilliams Travis Gunville **Emily Hadfield** Austin Hahn Kristina Hale Brooke Hall Jessica Hall Veronica Hamilton

Maggie Harman





## **POPPING CORN AND DIMMING**

the lights signified the start of a weekly Film Club meeting for members, including junior copresident Cassie Whitten.

The movies weren't the top box office picks, nor were they always known by most, but Whitten, junior co-president Josie Perrin, and club members appreciated every pick.

"We have watched 'Monsters, Inc.' and 'Christmas Vacation.' One of the most far-out movies I have seen would be 'Santa Conquers the Martians.' It was pretty bad," Whitten said.

"We do watch some mainstream movies, but we also encourage people to think outside the box and watch movies they usually wouldn't," senior Allison Kelley said.

English department chair Mr. Tim Sauls sponsored the club.

"Sauls is pretty quiet. Every once in a while he'll comment with a 'This is the worst movie I've ever seen,'" junior Pammi White said.

"He's different for the club than in class," Whitten added. "He'll just sit there and watch with us. Sometimes you'll hear him laugh."



## SCI-FI CLUB LIVED UP TO ITS

reputation as being anything but down to earth. A typical meeting consisted of students completing presentations on television series, including the different generations of Star Trek.

Senior Christie Reed was an active member of the club, which was sponsored by Mr. Jimmy Winterer.

"The club is really exciting because we do presentations and watch movies at other member's homes. We sit and talk to each other about it more as friends. Sometimes, we have a movie night. I first heard about the club last year, but the meetings were held in the morning and I could not go. This year, I can. I'm also excited that Mr. Winterer is the sponsor and that I have him as a teacher," Reed said.

Outside of school, Reed was employed in the Navy Delayed Entry Program, or DEP. The senior took her oath and started getting in shape for her upcoming boot camp.

"I've always wanted to join the military. I love the thought of honor, values, and commitment. I want to help and serve others," she said.





Rachel Ramsey Jimmy Ratliff Joshua Reiter **Hunter Richards** Marissa Riffle Jonathan Roach Margarete Rubel Paul Russell Dominic Russo Audri Schoonover Maeve Sedivy Andrea Sepulveda-Garcia Emily Sharp Maxwell Shockley Charles Simmons Hailey Sitze Jessi Slákman Hunter Smith Josh Smith Ryan Smith Spencer Smith Zach Smith Aaron Sortore Holly Spangler Nick Spicer Joseph Stahling Nathan St.Clair Austin Steinhafel Matthew Stiles Cody Stockton Devin Stokes Stephanie Strom Alaysha Stump Adam Sulkin Austin Thompson Lauren Tomlinson Jasen Tran Julia Treubert Patrick Truskey Carley Usery Andrew Via Samuel Walker John Webb Shawn Webb Rebekah Wellons Stuart Whisnant Pami White Kimberly Whitteker lain Wigglesworth Amanda Williams Garrett Williams Britney Witham Tristan Witham Cassie Witten Chris Woodrum Austin Wright Cheynne Young Siteng Zhang Alicia Zheng Haley Zielinski SOPHOMORES Johnathan Akers Mohammed Alnahas Cody Amos David Anderson Analea Angel Jonah Atkinson Aariqua Austin Noah Averill Joshua Ayers Charles Ball Connor Bayne Taylor Billings Hailey Bingham Amanda Boris Colton Bowling Joshua Bradley Tiffany Bradley Tyler Bradley

Kristen Bradshaw Colson Brandetsas





## WHEN FRESHMAN LIDYA

Tadesse was 4 years old she lived in Ethiopia. One day her parents informed her they would be moving to America. Tadesse quickly had to adapt.

"I remember my family being there for me, because I was young and didn't know what it meant to move from home," she said. "We still try to talk to family and keep close relationships. I wish I had more family in the United States. Ethiopia will always have a special place in my heart."

Tadesse quickly embraced her new surroundings by getting involved in her community. The involvement continued later in life, with activities such as Pep Club.

"My friend was in pep and really enjoyed it. This prompted me to join. I have become a better leader and have gained a feeling of unity. Our club finds creative ways to increase the school spirit. I think there is a feeling of making a difference. A lot of the activities in the school were sponsored by pep. Ms. [Jessica] Ficarro is very down to earth and extremely entertaining," she said.



## **TURNING 18 MEANT ONE COULD**

purchase certain items of vice, join the military or vote. Senior Jordan Stafford took full advantage of the latter of these privileges when he voted in the 2013 presidential election.

"I didn't really have a front-runner, but I voted for who I thought was the lesser of two evils," Stafford said.

Being involved in politics and government was important to Stafford, who planned to pursue a career in this field of worldwide affairs.

Stafford said he hoped to gain an internship with the Central Intelligence Agency, or the CIA, and then become active in international affairs. He noted an interest in all fields of global relations, but specifically in how countries worked together in their own government.

"I'm very interested in the way countries relate to each other," he said, "it's important to me to be involved now so I can be ready for my job."

Stafford planned to vote again in upcoming elections.





Macy Judge Zachary Kanode Chandler Keister Luke Kelley Joshua Key Justin King Matthew Kingery Karah Kittinger Byron Kramer Molly Kwitny Roshni Lalchandani Justin Larkin Madeleine Lawson Tiffanie Lester **Tanner Likens** Lexi Link Shelton Link Jaret Lipps Christian Loop Mason Lowen Savannah Lucas Christa Madison Miranda Mallory Kassie Martin Katarina Martin Joshua McCray Colin McHugh Connor McKeown Jonathan Mead Autumn Mehta Matthew Merhoff Khaila Mickens Casey Milan Christina Minton Hunter Mollica Samantha Molloy Hannah Mone Madison Monsour Kevin Moody Rod Morgan Jillian Morganelli Khalil Moye-McKinley Sabrina Munkhbaatar Selena Munkhbaatar Cheyenne Muse Tessa Muzzy Olivia Nepper Andre Nguyen Anthony Nichols Dylan Overfelt Kinsey Overfelt Claire Óverstreet Supreet Pannu Abigail Parker Dhruv Patel Valentin Paz-Tello Emma Pendleton Haille Pettersen Jacob Plunkett Seth Poore Rachael Powell Taylor Powell Haley Reed Cal Reeves Kyle Reoch Mason Reyer Tyler Rice Christley Richardson Jarod Roberts Amber Robtison Piper Roe Sean Romano Raysawn Rosarion Nathan Rose Eleah Ruffin Cassandra Russell Robert Russell Nicholas Salmons Kemper Scott Charles Seymour





## **EVER WONDERED WHO SET UP**

Red Ribbon Week or the prom fashion show? The Prevention Club. Students in the program come together to educate their peers on the dangers of drugs and other vices.

Sophomore Christa Madison was just one of the many students in prevention club who worked to spread awareness.

"It's basically a group of students who believe very strongly about helping the community against substance abuse, as well as alcohol and drugs," Madison said. "We speak at rallies and mainly focus on the negative side effects of illegal substance."

Over the course of a school year, the club planned several events that focused on preventing risky decisions that led to injury or death. One event, held at St. John's Lutheran Church, allowed the group to meet Miss Virginia.

"She was very insightful about her youth. She shared some of her experiences about how her life was growing up and how she stayed out of trouble," she said.



## CHANGING THE WORLD, ONE

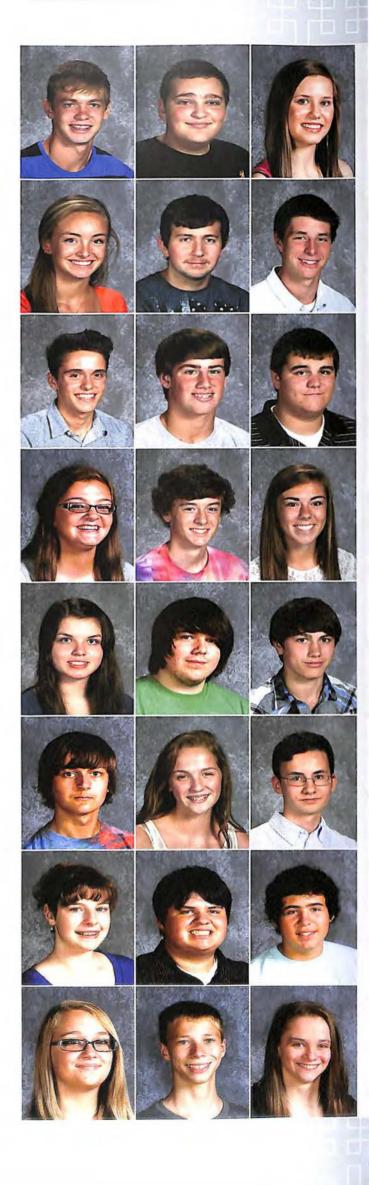
recycling bin at a time, was the newlyfounded Green Club's main goal. The club, founded by juniors Saffeya Ahmed, Rabiya Asim, Lila Derrico and Lydia Hoeppner, accomplished a lot during its first year, reintroducing a school recycling system.

"I was annoyed when they took out the recycling system last year because recycling is so easy," junior Lila Derrico said. "Green club is something that needed to be put together at our school. I find it easy to just recycle and pick up after myself. It isn't hard to help people realize how easy being green is."

The club, sponsored by Ms.
Erin Barnett, worked with Waste
Management Services in Salem. The
company sorted the recyclables and
sold it to other companies, who could
separate metals and plastics to be
reprocessed. This process helped
keep cans out of landfills and save
energy.

"Saving energy means less carbon dioxide released into the atmosphere," Ms. Barnett said.

The club also planted 50 small seedlings around the school grounds.





Logan Skaff Drake Slawson Adam Sledd Lauren Slough Kyra Smith Makayla Smith Summer Smith Kaitlyn Spangler Sydney Spar Eve Spradlin

Mark Stanisic Jordan Stovall James Stover Hailey Surrell Jordan Swain Ransom Sweeney John Swisher Justin Swisher Lidya Tadesse James Taylor

Samantha Taylor Kyle Timmermann Morgan Todd Austin Tolley Jessica Trayer Michaela Trout Clay Trump Sarah Vaden Alexa Vaughan Christopher Vaughan

Delaney Waller Cameron Walls Noah Webb Ada Wellford Joseph Wells Noah Wells Chris Weston Paul Wheelock James White Taylor White Tate Whiteside

Kieran Wigglesworth Ryan Williams Taylor Williams Miranda Wills Kelsie Wingo Carmen Wright

FRESHMEN < Shima Alamjamili Maha Ali Alyssa Allder

Alexandria Alldredge Stephen Allen Austin Alouf John Alouf Sean Altice Carlos Amaral Paige Assaid Nicholas Axt Trevor Ayersman Joshua Baier

Alexis Bamber Sean Barker Megan Benzie Michael Berberich Clayton Berger Chey Bocanegra Christian Boone Joshua Brandenburg Sydney Brenner Alex Brown

Connor Brumbaugh
Cole Burn
Chloe Bush
Noah Bushman
Isaac Butcher
Stephen Cacciatore
Emily Callahan
Zane Callahan
Charles Camden
Andrew Cannaday

Joshua Carter Joseph Casazza David Cattigan Benjamin Chapman Sarabeth Chapmon Landon Chasteen Sarah Christensen Breanna Christley Christine Cobb Edana Colegrove

Alaina Coleman Alexander Coleman David Collier Ryann Collins Morgan Cundiff Amberly Cunningham Wyeth Davis Ausha Dean Braden Dean Alex Dehart

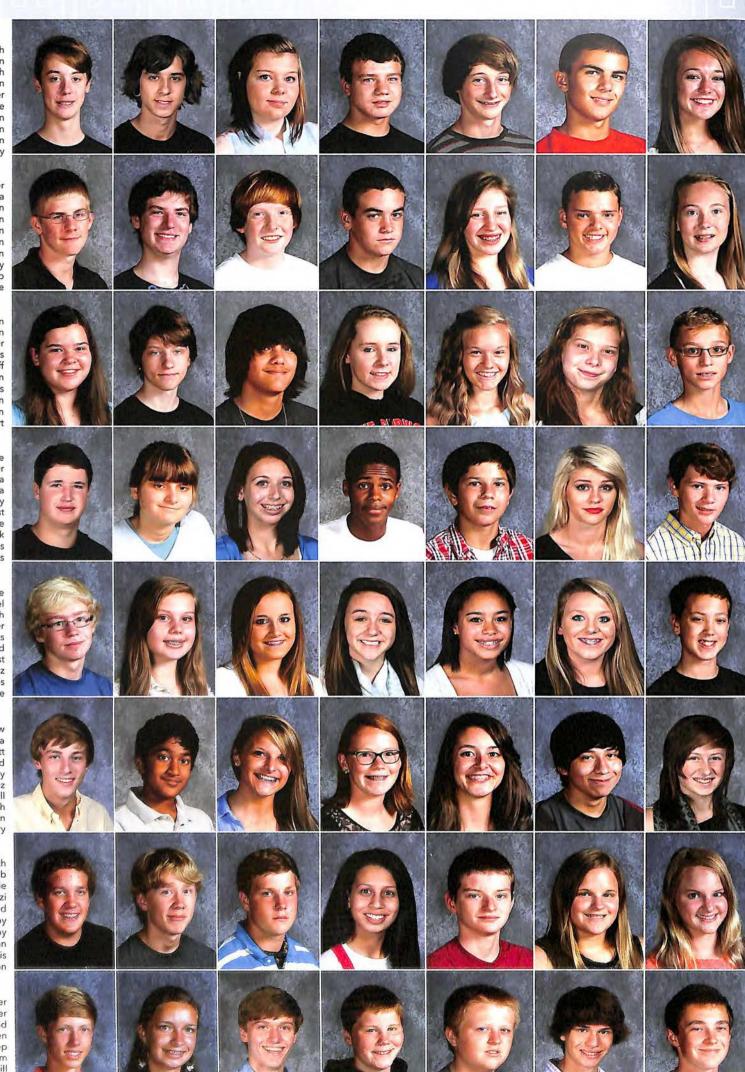
Jordan Doyle
Kate Drinkwater
Sarah Durica
Devin Duviella
Zach Early
Carly East
Austin Edge
Ryan Eubank
Annie Fentress
Corbin Fentress

Alex File Lynn Fimbel Rachel Finch Brittanie Fisher Claire Flowers Lydia Floyd James Forest Alex Foutz Sally Francis Haley Fugate

Jake Furrow Vinay Garimella Kristen Garrett Allie Gaylord Cara Ghaphery Sergio Gil Gutierrez Lauren Gill Juliana Goodrich Brianna Goodwin Nathan Gregory

Austin Griffith
Josh Grubb
Brayden Guthrie
Randa Habazi
Caleb Hadfield
Mackenzie Hamby
Mary Hamby
Brenna Harman
Mackenzie Harris
Madeline Harrison

Brandon Hatcher Lauren Hatcher Baker Haviland Cody Hayden Nick Heslep Spencer Hickam Michael Hill Jamie Houck Christian Howes Robert Hrysenko







## INTEREST IN THE PAST WAS

a requirement for success in World History. The class, taught by Mr. Ryan Poff, was a challenge for sophomores, including Katarina Martin

"I wanted to challenge myself and I thought it would be interesting because I love learning about the past," Martin said. "Plus,I've always tried to push myself with grades."

World History covered events from the beginning of mankind all the way to modern day events.

With that amount of information, "you need time management skills and the ability to stay on task," she said. "And you also need to be able to analyze and understand information given to you, and work under pressure or time constraints."

AP World History not only helped broaden her knowledge of world events but also taught her "how to handle large amounts of school work on a regular basis."

Who knew learning about the past would be so important for one's future.



GRAYSON WALKER H

## FRESHMAN YEAR WAS DIFFICULT

for anyone. What made it even harder for Grayson Walker, though, was moving to a new school for freshman year. Walker was used to Woodrow Wilson, his middle school in Roanoke City.

"I moved here with my brother and father," Walker said. "And this school is a lot smaller than Woodrow Wilson."

In order to learn more about his new school and make friends, Walker decided to take Journalism, which was responsible for producing the "Knight Letter," the student-run newspaper.

"I decided to take newspaper to get more experience writing wellwritten sentences," he said. "Reaching a due date is like homework, you are given an assignment to do, and it has to be done by a certain time. My favorite part is being able to put my hard work on Blackboard, so my peers can see it."

Walker had to conduct interviews, write articles and dig up information for his articles. He learned a lot about his new school in a short amount of time.





Braden Reid Christopher Ribbe Michael Richardson Georgia Riffle Sarah Riley Katherine Rimer William Rinn Nigel Robinson Bianca Roman Angelo Russo Zoe Ryder Mirnes Sabanija Jayali Samarasinghe Genevieve Sanders Austin Schoonover Taylor Sharp Erik Sharrer Anthony Shell Kacie Shepherd Layne Sigmon Zachary Siner Jostien Sky Alexandria Smauldon Eric Smith Jake Smith Christopher Snodgrass Jonathan Snuffer Daniel Sortore Savanna South Stuart Souza Dylan Speas Jacob Spiers Lauren St. Clair Nelson Stanley Morgan Starnes Jared Steele Jacob Stewart Madelyn Stone Abigail Svec Joel Tarpley **Chad Tate** Emily Taylor Brandon Thomas Sarah Thompson Liz Troy Kaleb Tubbs Alexander Vella Abhinav Verelly Joshua Vest Reanna Viliborghi Desny Vincent Evan Walker Grayson Walker Kaitlynn Walters Zachary Ward Alexander Weaver Joshua Webb Erik Wehner Sean Wehner Jared Wells Veronica Wernicke Jacob Wheeler Nathan Wheeler Jason White Luke Whithmer Austin Wilson Travis Wilson Amanda Woody Xavier Wooldridge Aidan Wright Mason Yopp Cody Young Brody Zastrow John Zielinski Michelle Zillioux

Lauren Zion





## "MADE IN THE USA" WOULD,

ironically, have been stamped on every salsa featured at the annual Spanish Club Salsa Competition if the entries were sold in stores.

Club members whipped up their best original recipes to compete. Club sponsor Mr. Chris Benson then instructed judges to determine who had the best south-of-the-border authenticity and flavor.

The salsa competition was not the only Spanish Club sponsored event. The salsa-loving, chip-eating, Spanish-speaking enthusiasts also loaned their hand to Relay for Life in the spring.

"We fundraised for the event" said Spanish Club president senior Haley Mitchell.

"Vice-president Pami White and member Gillian Horn had big plans for fundraising this year. Spanish club sold tarjetas de San Valentin (valentines) to raise money for a great cause," she said.

## FACULTY AND STAFF

Connie Alonso-Mosher - Bookkeeper.

Travis Anderson – BA & MS, Virginia Tech; Geometry; Sophomore Class.

Erin Barnett - BA & MA, University of Virginia; Earth Science

Christopher Benson – BA, University of Virginia, MAT, Hollins University, Spanish II-III; Golf; Senior Class, Spanish Club.

Joe Booan – BS, Springfield College; MSW, Albany University, Instructional Assistant.

Pat Bredenkamp - Attendance Secretary.

Sherry Brittain – BSW, Radford University; Instructional Assistant.
Brandy Browning – BS, Radford University; Biology, Earth Science, English 10
Dana Bryan – BA & MEd, Virginia Tech; Algebra 1, College Algebra.
Kelsey Burton – BS, Liberty University; AP US History, US History.
Sara Cann – BS & MAEd, Virginia Tech; Chemistry.
Gary Carrell – BS, James Madison University; MEd, Virginia Tech; Geometry.

Tamara Carson – BA, College of William and Mary; Geometry; Academic Team.

Elizabeth Corbett – MS, Dowling; CAGS, SUNY at Cortland, Business; Lacrosse

Chandler Douglas – BS, Virginia Tech; MS, East Carolina University; Pre-AP

Biology, Anatomy & Physiology.

Mary Douglas – BA, Franklin College; MA, Purdue University; MS, Roosevelt University; Spanish III-IV; Lead Clinical Faculty; NSHS.

David Dunstan – BS, Radford University; Pre-AP World Geography; Pre-AP World History I.

Jessica Ficarro – BA, Roanoke College; Algebra Readiness, Algebra I, Geometry Readiness, Geometry; Basketball; Pep Club

Scott Fike – BS, Bridgewater College; Instructional Assistant; Wrestling.

Sandra Gotschal – BA, Concord University; BS, East Tennessee State University,

Pre-AP English 10, 12, 12CB; Forensics.

Erinn Hailey – BS, Radford University; MAEd, Virginia Tech; English 11, 11CB, Journalism, Photojournalism; Accolade, Knight Letter.

Terena Hale – BS, Longwood College; MSEd, Virginia Tech; Culinary Arts, Nutrition & Wellness; FCCLA, Knight & Day Café.

Kelley Hall – BA, Roanoke College; Instructional Assistant.
Scott Hamilton – BS, Virginia Tech; Technical Drawing, Woods I-II

Theresa Hartley – BS, State University of New York Albany, MEd, University of Virginia; Geometry.

Brooke Haun – BS & MAEd, Virginia Tech, Algebra II. Computer Math; FCA, Sophomore Class.

Tim Hayes – BA, Roanoke College; MSW, Radford University; SAP, Prevention

Tori Hayes – BS, Virginia Tech; MAT, Hollins University. Spanish I
Fiona Hill – BS, University of South Carolina; MA, Virginia Tech; Assistant
Principal.

Page Hill - BA, Virginia Tech, English 9,10

Anna Hollins - School Counseling Secretary

Derrick Hollins - BS, Ferrum College; ITRT; Football, Track

Anne Houston - BA, Longwood University; MS, Hollins; Earth Science

Shawn Hughes – BS, Charter Oak State College, AS, College of Health Sciences; MAEd & PhD. Virginia Tech: School Counseling Coodinator

Andrew Huray – BS, Alfred University: MS, Virginia Tech, Advanced Accounting, Accounting, Principals of Business, Business Law, MS Office, Personal Finance, Swimming, Diving

Ashley Huray - BA, Gettyburg College, MAT, Hollins University, Latin I-AP, Senior Class, NLH5

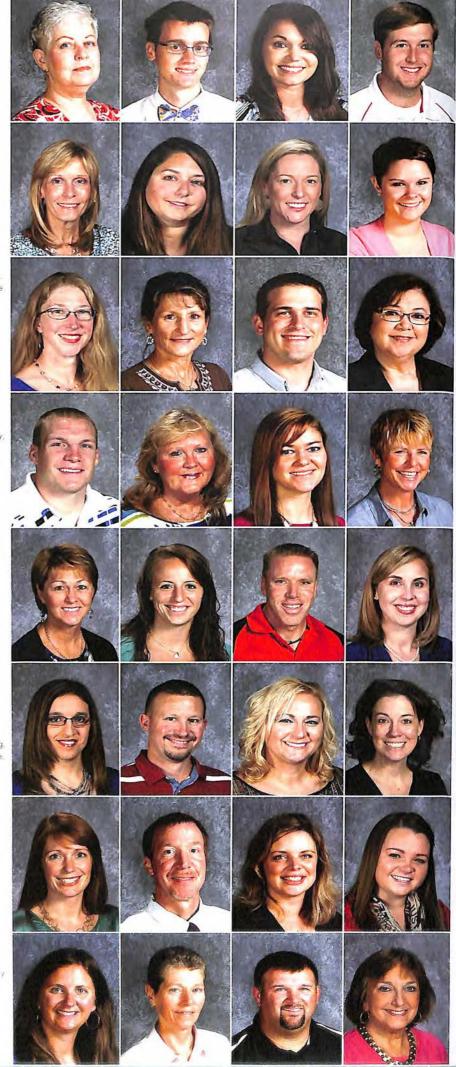
Meredith Hutton – BA, Grove City College, MA, Arizona State, ELL Nicholas lademarco – BA & MS, George Mason University, World History II Rebekah Johnson – BA, Virginia Tech, French Lill, French Club, EHS, Amanda Kinser – BS & MSEd, Virginia Tech, Nutrition & Wellness, Tracey Lange BA, Virginia Tech, MS, Radford University, Assistant Principal Amy Leonard – BS, East Tennessee, MSEd, College of Charleston, Earth

Science, Government Reading

Shannon Lewis: BS: Virginia Tech Pre Ap Biology, Biology.
Linda Long: BS: Radford University, US/VA-Government: Psychology Sociology.
Ricky Lonker: BA: Emory & Henry: Art. | Computer Graphics: Digital
Photography, Football: Baseball: Art Club.

Jacki Lucki BS Longwood MS Virginia Tech Economies Personal Finance
Peter Lustig BA University of Virginia MAEd Virginia Tech AP US History
Dual US History Psychology Sociology Young Life

Tommy Maguire BS. Radford University Driver Education Health J II final Equatry indoor Track Condoor Track







## **SEWING IS NOT SOMETHING**

most men admit to knowing how to do; however, Mr. Travis Anderson not only admits he sews, he admits he's good at it. His signature look is to wear bow ties that he has made himself.

"I started creating bow ties almost three years ago, but I only started making them myself because they were really hard for me to find in stores," he said.

Although he learned how to sew many years ago, he did not have a readily available pattern for making bow ties. He had to search on the internet in order to find what he needed. Now, with a pattern to follow, he has made a collection of over 20 bow ties.

Only one bow tie he owns was not made with his hands; it was made by one of his students as a geometry project. Wearing bow ties fits his personality as well as his style.

"I describe myself as laid back, goofy, and I never get stressed out," he said.

## FACULTY AND STAFF

Doreen Malcolm – BS & BA, Youngstown State University; Administrative Assistant.

Ken Mangone – AOS, ITT Technical Institute; IT Technician.

Erick Mauer – BS, Eastern Kentucky University; Instructional Assistant.

Elizabeth Mayer – BA, Salem College; English 10, Theatre Arts; Drama.

Harry Mills – BA, Roanoke College; MA, Hollins University; M. Phil., Columbia University; AP/Dual Enrollment English 12, AP French, French IV; Beta, NFHS.

Alan Moore – BS, Roanoke; Algebra II, Algebra Functions & Data Analysis; FCA. Holly Moore – BS, Longwood University; PE 9, 10.

Margaret Moore – BA, State University of New York Albany, JD, Stetson University College of Law; MEd, Regent University; English 12, World History, Geography

Amanda Newkirk – BS, Virginia Tech; MS & Ed.S., Radford University, School Psychologist.

Josh Noel - BBA, Radford University; Alegbra I.

Cathy Parker – BS, SUNY Fredonia; MS, Radford University; English 9, 11

Anne Pfeiffer – MALS, Hollins University; Art I-IV, Center for Visual Arts I; Art Club, NAHS

Ryan Poff – BS, Radford University; AP World History, World Geography; Football Bob Powers – BA & BS, Virginia Tech; MEd, Virginia Tech; Precalculus, Pre-AP Computer Science, AP Computer Science; Academic Team, Debate Team.

Kathleen Price – BA, Roanoke College; AP Government, World History II.

Brian Qakenbush - BS, East Tennessee Satte University, Concert Band, Stage Band, Symphonic Band, Marching Band, Pep Band, TRI-M Music Society

Tim Roberts - BS, Radford University, Instructional Assistant, Lacrosse

Tim Sauls – BA, Duke University, MALS, Hollins University, AP English 11, English 11 CB; Film Club.

Chrystal Shawn – BA, James Madison University; MAT, Hollins University; Pre-AP English 9, English 10 Pre-AP, CB; Accolade

Kelly Shilling – BA & MAT, Quinnipiac University; AP Calculus AB, AP Calculus BC

Susan Sine - BS, Roanoke College; AP Statistics, Algebra II.

Paul Soucie – BS & MEd, University of Nebraska at Lincoln, Architecture Drawing, Computer Aided Drafting, Digital Photography. Engineering Drawing, Woodworking, TSA, Archery Club.

Steve Spangler – BS, Slippery Rock State College: MS, Radford University: Principal Edward Spruel – BA, Elon University: MA, Hollins University, MS, Radford University. Media Specialist; United Way, Knight News.

John Swartz – BS, Roanoke College, Advanced Physical Education, Drivers' Ed. Strength Training & Conditioning, Health I-II. Athletic Trainer

Lesley Swartz – BBA, Roanoke College, MEd, Liberty University, School Counselor Teresa Tate – RN & BSN, Atlantic Christian College, School Nurse.

Margaret Taylor – BS, Roanoke College, MA, Virginia Tech; Pre-AP Chemistry, AP Chemistry, SCA

Sherrie Tyler – BS. University of Virginia, MS. Old Dominion University. Special Education

Jenna Unger - BA. Lamar University, Instructional Assistant

Maggie Wagner - BS. Roanoke College, Drivers, Ed. Health I-II. PE 9:10, Volleyball

Brittany Werner - BA & MA Virginia Tech. English 9: Freshman Class Gabriella Weston - BS. American University. Instructional Assistant

Elizabeth Willett B5 James Madison University Algebra Functions, Algebra Readiness, Applied Geometry

Penny Williams - BS & MEd Virginia Tech School Counselor

Kimberly Wilson BS, Roanoko College, MS, cousiana Tenti University, Brology Ecology, Junea CMBS

James Winterer BS Roaroke College AP Physics Physics Baseball Rick Wolfe AS Roaroke College BBA Radford University MBA Syracuse

Nancy Zimmerman Administrative Assistan



















## "LUCKY BREAK" WAS AN

expression that usually carried a positive connotation. Unfortunately for Mrs. Ashley Huray, this was not the case. When Mrs. Huray wasn't teaching Latin, she was riding horses.

"I do combined training and dressage with Louie, whose show name is Sox Appeal, because he is solid black with four big white socks," Huray said.

Louie stepped on Huray's foot on two separate occasions, tearing two ligaments and breaking a talus bone. She was forced to wear a boot for seven months. The bad luck then continued when doctors realized her foot was not healing and that she would need reconstructive surgery.

Maneuvering around school was a bit of a challenge. Among the many obstacles she faced while on crutches was having to rely on people for rides everywhere.

"You feel like a jerk," she said.

Even though she spent most of
e year healing, as soon as the bo

the year healing, as soon as the boot came off she was back in the saddle almost five days a week, with plans to compete.



Varsity and Junior Varsity Football see pages 56-57 for complete coverage

First Row: Jake Cash, Anthony Ball, Sebastian Wellford and Kyle Curtis. Second Row: Alex Dehart, Austin Beeker, Thomas Bradley, Jackson Nye, Matthew Glineki, Ben Cardenas, Charlie Ball, Alex Emery, Cal Reeves and Ty Albritton. Third Row: Jordan Stovall, Tyler Rice, Austin Amos, Dakota Kidd, Zac Foutz, Jon Roach, Nick Houhoulis, Kodi McIlwraith and Clayton Berger. Third Row: Brendan Gallagher, Landon Chasteen, Colton Bowling, Nick Swisher, Redzo Colic, Aaron Tate, Cole Cowher, Alex Brown, Josh Smith and Ryan Eubank.

Fourth Row: Daniel Seymour, Austin Tolley, Evan Heath, Jonathan Ribbe, Austin Steinhafel, Tyler Hazelwood, Patrick Truskey, Brayden Gutherie and Brody Zastrow. Fifth Row: Jordan Gibson, Tom Milby, Hunter Barker, Tanner Likens, Justin McGuire, Grayson Conner, Corbin Fintress, Noah Sharp and Dylan Overfelt. Sixth Row: Jake Smith, Nick Heslep, Isaiah Baylor, Walker Christley, Nick Smith, William Rinn, Alec Kendrick, Jonathan Akers, Kaleb Niles, Mirnes Sabanija and Patrick Sims. Seventh Row: Monathan Hollins, Coach Doug Curry, Coach Matt Herron, Coach John Swartz, Coach Tim Fulton, Coach Rodney Fulton, Coach Ryan Poff and Coach Ricky Lonker.

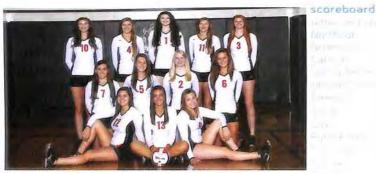
#### scoreboard



Cross Country see pages 60-61 for complete coverage First Row: Michael Chang, Mercy Plumb, Audrey Kidd, Rachel Finch, Sandy Chang, Cody Hayden and Banner Plumb. Second Row: Katarina Martin, Jessica Lachowicz, Michael Hill, Jessica Slakman, Katie Fortner, Lauren Nepper, Emily Fulton and Aaron Sortore. Third Row: Peter Smith, Matthew Stiles, Stuart Whisnant, Nicholas Colozza, Ashley Phillips, Kemper Scott, Sean Altice, Mason Yopp and Hunter Mollica.



Golf see pages 64-65 for complete coverage First Row: Hunter White, Richard Fishwick, TK Garret, Paul Wheelock, Stephen Cacciatore and Drew Lagan. Second Row: Coach Chris Benson, Walker Mastrangelo, Eric Smith, Megan Board, Sydney Brenner, John Alouf, Bianca Roman and Wyeth Davis.



Varsity Volleyball see pages 66-67 for complete coverage First Row: Kallie Wilkes, Olivia Sass and Lauren Sigmon Second Row: Sydney McTigue, Meagan Harrison, Alayna Foutz and Fallon Delp. Third Row: Cait Flippen, Tessa Klimaitis, Piper Roe, Charity Klimaitis and Shannon Holsinger



JV Volleyball see pages 88-91 for complete coverage First Row: Regan Delp, Savannah South, Katherine Rimer. Hana Coogan, Miranda Mallory, Jamie Houck and Ann Jackson. Second Row: Coach Deon Matthews, Christa Madison, Hope Sitze, Morgan Starnes, Erin Harrison, Cara Gaphery, Christy Goldsmith and Grace Page

# scoreboard

scoreboard

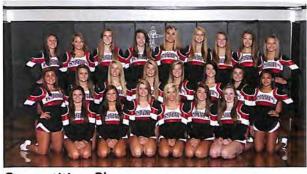
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## varsity scoreboard

The state of the s	
William Byrd	21 28
Northside	11 -44
Martinsville	24 29
Alleghany	30 38
Salem	B 42
Christianspura	1 49
Carroll Enunity	49. 28.
Pulaski	17 -100
Blacksburg	27 24
Hidden Valley	17 48
Western Altomorie	74 42
	4-7

## junior varsity scoreboard

A THE PARTY OF THE PARTY	The second second
William Byrd	8 25
Northside:	0.34
Martinsville	13 0
Alleghany	21 48
Salem	0 40
Christiansburg	8 42
Carroll Churity	27 6
Pulaski	14 37
Hlacksburg	II 27
Hidden Valley	5 0
	3-7

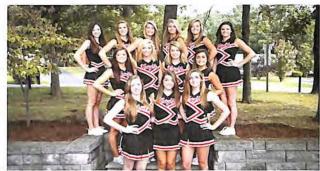


Competition Cheer see pages 58-59 for complete coverage First Row: Lauren Baker, Rebbeca Fisher, Alexis Elliot, Kinsey Fitzwater, Julia Weston and Breann Ragan. Second Row: Kaitie Ireland, Emma Cass, Taylor Billings, Chandler Keister, Kelsey Burchett, Kayla Carver, Haley Fugate and Clair Flowers. Third Row: Brooke Clayton, Amber Robtison, Jolie Matze, Brittanie Fisher, Caroline Nye, Alexis Link, Riley Pedigo, Hanna Buck and Kristen Garrett.

## scoreboard

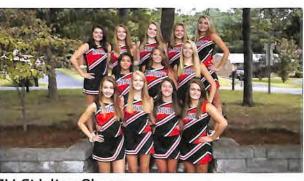
Battle at Byrd 7st/

Grand Champ



Varsity Sideline Cheer see pages 58-59 for complete coverage First Row: Breann Ragan, Julia Weston and Lauren Cowher. Second Row: Rebecca Fisher, Kinsey Fitzwater, Alexis Elliot and Kaitie Ireland. Third Row: Lauren Austin, Jolie Matze, Chandler Kesiter, Alayna Francis, Kelsey Burchett and Lauren Baker.





JV Sideline Cheer see pages 88-91 for complete coverage First Row: Hanna Buck, Alexis Link, Brooke Clayton and Emma Cass. Second Row: Clair Flowers, Amber Robtison and Taylor Billings. Third Row: Haley Fugate, Riley Pedigo, Kristen Bradshaw, Kristen Garrett and Caroline Nye.





Wrestling see pages 76-77 for complete coverage First Row: Manager Kip Nininger, Joshua Baier, Josh McCray, Noah Webb, Jacob Plunkett, Ben Chapman and Josh Neighbors. **Second Row:** Coach Scott Fike, Coach Tim Nininger, Nick Spicer, Lucas Mobley, Chase McDaniel, Cody Amos, Noah Bushman, Austin Amos, Logan Turner, Corbin Fentress, Coach Lawrence Van Liew and Coach Zach Hodges.

#### scoreboard



Swimming see pages 72–73 for complete coverage First Row: Chris Woodrum, Casey Milan, Stuart Whisnant, Lauren Cowher, Sandy Chang, Hailey Bivens, Maggie Harman, Tessa Muzzy and Cole Cowher. Second Row: Michelle Zillioux, Angelo Russo, Dominic Russo, Allie Lawson, Emma Muzzy, Riley Pedigo, Anna Elmore, Paige Assid, Daniel Sortore and Jon Snuffer **Third Row:** Mikey Berberich, Michael Chang, Stephen Cacciatore, Austin Alouf, Richard Fishwick, John Berberich, Reiley Curtis Jett Vella, Connor Petzen, Vinay Garimella and Bianca Roman

#### scoreboard



scoreboard Conference 32 2nd 3A West Region 7th 3A State 4th



Boys' Indoor Track see pages 78-79 for complete coverage
First Row: John Alouf, Cody Hayden, Jacob Stewart, Jake Cash,
Matt Merhoff, Evan Walker, Justin King, Colton Bowling, Michael
Hill and Jack Brancotti. Second Row: Walker Mastrangelo,
Mason Yopp, Alex Brown, Jake Smith, Brandon Hatcher, Sean
Barker, Sean Altice, Jason Quakenbush, Abhinav Verelly, David
Collier and Peter Smith. Third Row: Drake Slawson, Hunter Mollica, Nick Colozza, Kemper Scott, Kyle Timmermann, Edwin Ball,
Matt Stiles. Conor Bondurant. Patrick Truskey and Alex Dehart.



First Row: Mercy Plumb, Maeve Sedivy, Lauren Austin, Katie Fortner, Emily Fulton, Erin Martin, Ashley Phillips, Yvette Kennedy and Audrey Kidd. Second Row: Rachel Finch, Breanna Christley, Sarabeth Chapmon, Katarina Martin, Allie Collier, Elyssa McMaster, Lauren Hatcher, Alex Lemire, Bianca Roman, Hannah Mone and Meredith Cambell.



Boys' Varsity Basketball see pages 82-83 for complete First Row: Manager Jordan Poff, Andrew Jacobsen, Alex Emery, Ty Albritton, Zach Shannon, Chase Keister, Paxton Daniels, Mason Reyer and Manager Conner Bunn. Second Row: Coach Bob Hicks, Manager Christian Howes, Spencer Smith, Noah St. Clair, Zac Foutz, Adam Sledd, Cager Hicks, Brody Hicks, Coach Tim Meyers and Coach Billy Hicks.

## scoreboard

William Byrd 88 Broadway Christiansburg 57 Carroll County Vorthside 62 Radford 61 Pulaski Blacksburg 54 F/ Christianshurg Carroll County 14 48 9-12



Boys' JV Basketball see pages 88-91 for complete coverage First Row: Chad Tate, Raysawn Rosarion, Jake Furrow, Coach Derrick Roth, Khal Clary, Jared Steele and Jason White. Second Row: Brad Kinder, William Rinn, Noah Sharp, Baker Haviland, Jordan Doyle and Drew Cannaday.

#### scoreboard

scoreboard

Girls' Varsity Basketball See pages 84-85 for complete First Row: Taylor Asimakopoulos, Annalee Schuck, Clair Harkey, Courtney Stover, Logan Engel and Sloan Champney. Second Row: Coach Jessica Ficarro, Alexa Vaughan, Hailey Sitze, Cassandra Parulis, Cait Flippen, Analea Angel and Taylor White.

## scoreboard

William Byrd
EC Drass
William Byrd
Northode
EC Drass
Salem
Patrick Henry
Boretourt
William Byrd
Patrick Henry
Pulaski
Blacksburg
Carroll Counts
Hidden Valley
Northode
Patrick energy
Pulaski
Blacksburg
Christian
Chris

8-14



Girls' JV Basketball see pages 88-91 for complete coverage
First Row: Ann Jackson, Jessica Lachowicz, Ada Wellford, Jennifer Hartman, Miranda Mallory and Sierra Landsman. Second
Row: Manager Brooke Smith, Reagan Delp, McKinley Pollard,
Lauren St. Clair, Jasmine Price, Alex Foutz, Alyson Meador and
Manager Makayla Smith.

### scoreboard



Boys' Varsity Soccer see pages 92-95 for complete coverage First Row: Khuslen Ganbayar, Sam Hillyard, Parker Benzie, Zach Kanode, Andre Nguyen, Tyler Bradley, Ryan Carver, Aaron Sortore, Mark Stanisic and Jasen Tran. Second Row: Coach Chris Collins, Coach Brad Collins, Nick Snodgrass, Alex Nguyen, Justin King, Mason Reyer, Adam Sledd, Zach Shannon, Chase Keister, Paxton Daniels, David Blades, George Funk, Coach Marcus Reed and Coach Will Krause.



"During this season, I'm looking foward to newtriendships, scoring goals and hopefully getting back to state," George Funk, 10



JV Boys' Soccer see pages 92-95 for complete coverage

First Row: Jostien Sky, Noah Mountcastle, Khal Clary and
Christian Howes . Second Row: Erik Sharrer, Alex File, Mohammed Alnahas, Wyeth Davis, John Zielinski, Chris Woodrum,
Mirnes Sabanija, David Cattigan, Banner Plumb and Cody
Hayden. Third Row: Coach Eric Mesmore, Alex Kanode, Christian Loop, Mazin El Hassan, Matthew Merhoff, Jason Quakenbush, Spencer Hickam, Tom Conroy, Jared Steele and Amin El
Hassan.



"I think I've always been good at soccer, I started playing when I was only four years old, and I've been hooked on the sport ever since." Cody Hayden, 9



Girls' Varsity Soccersee pages 92-95 for complete coverage
First Row: Haley Zielinski, Laurel Harris, Melissa Mortellaro, Mikala Tarpy, Haley Mitchell, Lauren Nepper, Mehgan Giamonna,
Clair Harkey, Morgan Todd and Logan Skaff. Second Row:
Coach Whitney Huffman, Mercy Plumb, Laura Cattigan, Kelsey
Johnson, Kayla Huff, Kaitlyn Huff, Lauren Huff, Abigail Frazier,
Alison Williams, Kristen Williams, Lila Derrico, Elise Jarema and
Jessica Lachowicz



"I like the competition and the team atmosphere, I'd love to make it to state this year. Last year we went to regions, but I think we can make it further.

Kristen Williams, 11



Girls' JV Soccer see pages 92-95 for complete coverage
First Row: Alexandra Lemire, Claudia Jerema, Alex Foutz, Hannah Mone, Meredith Campbell, Emily Taylor, Tiffany Shelton,
Edana Colegrove, Julia Cundiff and Maddi Monsour. Second
Row: Margaret McDaniel, Mackenzie Harris, Annie Fentress,
Amanda Boris, McKinley Pollard, Coach Scott Jenkins, Olivia
Nepper, Sara Brunstetter, Allison Meador and Taylor Beck.



"I always look forward to meeting new girls on my team and being around all of my friends I like the competitiveness of the sport."



Varsity Baseball see pages 92-95 for complete coverage
First Row: Nelson Stanley, Joe Lankford and Justin Larkin. Second Row: Grant Snyder, Cole Flora, Daniel Hartman, John Edwards, Adam Huffman, Sam Walker and Thomas Forest. Second Row: Kodi McIlwraith, Alex Emery, Robert Milby, Jordan Stovall, Hunter Richards, Dakota Kidd, Chase Cundiff and Brett Myers.



The triends and the team bonding are my lawnide parts of the sport. I'm looking toward to imperuly having a good season and winne for Alex Emery. It



JV Baseball see pages 92-95 for complete coverage
First Row: Christian Polumbo, Matt Ray, John Alouf, Isaac Yeaman, Carter Glenn, Matt Gliniecki, Patrick Millehan, Nick Giantillomo. Second Row: Zach Ward, Brandon Hatcher, Stephen Cacciatore, Michael Messick, Drew Monsour, Dawson Miller, Brayden Guthrie and Jordan Doyle.



Tive been playing since was able to throw a pair if someone (bert known the team or full taken to stand a mention of the pair in a mention of the



Varsity Softball see pages 92-95 for complete coverage
First Row: Cassi Parulis, Pami White, Kylie Kent, Taylor Asimakopoulos, Jordan Clifton, Hailey Sitze, Abigail Beatty and Alayna Francis Second Row: Coach Scott Sharp, Molly Kwitny, Jasmine Brickey, Morgan Leftwich, Kinsey Overfelt, Coach Nick Sharp and Coach Scott Hodge.



"I think our season looks awesome Last year we won state. This year, on our tirst day of gractice it felt like last year I nope that's a good sign."

Kylie Kept. 11



JV Softball see pages 92-95 for complete coverage
First Row: Bailey Bushman, Julie Dalton, Casey Sheppard,
Kristen Bradshaw, Analea Angel, Lilly Mitchell and Kinsey Harris
Second Row: Coach Jim Bradshaw, Kailey Callahan, Joslynn
Lankford, Gabbi Parulis, Olivia Rowe, Brooke Ludy, Coach Ed
Kilbane and Coach Doug Sheppard.



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present and tike to
that the upper in the
memory and agressive
to be appeared,
them have planted,
them Branchaw, 10



Boys' Outdoor Track see pages 92-95 for complete coverage
First Row: Tyler Hazelwood, Michael Hill, Grayson Odham, Matthew Stiles, Jacob Stewart, Alex DeHart and Walker Mastrangelo.
Second Row: Alex Brown, Thomas Bradley, Jake Clark, Ryan Iler,
Josh Smith, Kaleb Tubbs, Desny Vincent, Sean Barker, Will Kyle
and Nick Heslep. Third Row: Paul Murphy, Jake Collier, Hunter
Mollica, Ryan Smith, Austin Steinhafel, Kemper Scott, Nick
Colozza, Mason Yopp, Patrick Truskey, Evan Walker and Drake
Slawson.



in Salem Everytody was supposed to ride the bus, but it was full Another teaminal and it deed to be but it was all the but at a part of the but at a part of



Girls' Outdoor Track see pages 92-95 for complete coverage
First Row: Maeve Sedivy, Yvette Kenndy, Taylor Alouf, Erin Martin, Emily Fulton, Sandy Chang, Karla Sepulveda, Katie Fortner, Lauren Austin and Reily Curtis. Second Row: Kelty Jansen, Kelsey Wingo, Brenna Christley, Michaela Garrett, Maddie Harrison, Sarah Christensen, Madeleine Lawson, Makayla Smith, Lauren Hatcher, Riley Pedigo, Sarabeth Chapman, Autumn Mehta, Ann Jackson, Taylor White and Eleah Ruffin.



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Boys' Tennis see pages 92-95 for complete coverage
First Row: Jordan Mehta, Chris Ribbe, Chris Dickensen and
John Kim. Second Row: Tristan Witham, Elijah Hager, Andrew
Bond and Coach Ross Harvey.



An index place of the control of the



Girls' Tennis see pages 92-95 for complete coverage
First Row: Kelsey Dickerson Second Row: Bianca Roman,
Fallon Delp, Jayali Samarasinghe and Maha Ali. Third Row:
Christy Goldsmith, Cait Flippen, Veronica Hamilton and Coach
Susan Delp.



The control the control of the contr



Boys' Lacrosse see pages 92-95 for complete coverage

First Row: Jarod Lim, Tyler Lunnie, Stuart Souza, Austin Edge, AJ Bennett, Manager Elijah Hadfield, Alec Kendrick, John Huggins, Jace Matez, Zack Early and Josh Chambers. Second Row: Chris Weston, Darian Goodrich, John Webb, Grant Patterson, Dylan Lucas, Bren Huggins, Alex Line, Nick Bondurant, Cameron Kenney, Travis Gunville, Jackson Nye and Davis Fore. Third Row: Coach Rick Kelly, Coach Timmy Roberts, Coach Denny Barbour, Connor Petzen, Will Rinn, Mason Lowen, Brendan Gallagher, Justin Alouf, Baker Haviland, Davis Perkins, Adam Shelton, Luke Kelly, Corbin Fentress, Jonah Atkinson, Coach Tom Dowdy, Coach Colby Loftus, Coach Thomas Chandler.



"I like the leadership position" ( get from being gcalle. It's a very rospect-based position and cartief being goal) is leading your team and commanding the geteroe."



Girls' Lacrosse see pages 92-95 for complete coverage

First Row: Taylor Swartz, Sierra Landsman, Abby Lord, Delaney Waller, Jillian Keith, Kaitlyn Creekmore, Faith Carleno, Sydney Spar and Lexi Lawrence. Second Row: Coach Elizabeth Corbett, Hannah Jackson, Audrey Kidd, Kassidy Stevenson, Amberlee Davis, Haille Pettersen, Lydia Floyd, Becca Fisher, Abby Keng and Marissa Riffle.



Tos is the first year for the girls lacrosse team. I had already played for three years and was about to age out so I petitioned for a duc team is a laws till or at the high school lave!



Marching Band see pages 68-69 for complete coverage

Drum Majors: Nathaniel Axt and Sarah Clark. Feature Twirler: McKenna Luzynski. Color Guard: Roshni Lalchandani, Christley Richardson, Larissa Ferrari-Souza, Mackenzie Hamby, Analea Angel, Morgan Cundiff, Ariana Jones and Mary Beth Hamby. Drumline: Cole Bunn, Kevin Moody, Drew Maczugowski, Joseph Wells, Jarod Lim, DeAndre Grieshaber, Isaac Butcher, Aaron DeVera and Jayden Olsen. Low Brass: Michael Jennings, Drew Bond, Josie Perrin, Cassie Witten, Christopher Ribbe, Jason Quakenbush, Andrew Farley, Joe Lankford, Christian Loop and Jordan Clingenpeel. Clarinets: Alicia Zheng, Khaila Mickens, Sarah Durica, Haille Pettersen and Madeleine Lawson. Trumpets: Josh Key, Josh Vest, Nigel Robinson, Claire Overstreet, Emma Pendelton, Adam Sulkin, Tom Conroy, Jennifer Elig, Matt McGarry and Allen Britt. Saxophones: Kristina Hale, Zach Williamson, Caleb Hadfield, Nick Axt, Lauren Hirsch, Juliana Crouse, Lance Garrett, Ryan Iler, Jordan Mehta and Danny Haroules. Flutes: Hannah Jackson, Julia Treubert, Emily Hadfield and Sydney Spar. Piccolo: Megan Pasquarell. Mellophones: Kathleen Brett, Veronica Hamilton, Josh DeFalco, Jacob Spier and Katie Farley. Pit: Stephen Allen, Matthew Ray and Mallory Orr.

Scoreboard

Lord Batetourt Cavaller Classic

Class 3A Champions

People's Choice Award Best Band

1st Place Music, General Effect, Marching People 2

Lynchburg Classic



Archery Club
First Row: Adviser Mr. Paul Soucie, Emma Pendelton, Tiffany Shelton, Haley Reed, Alex
Hernandez, Ransom Sweeney, Tiffanie Lester and Brittany Ferguson. Second Row: Josh
Key, Aric Veatch, Carl Heath, Noah Wells, Christian Howes, Charles Hage, Jimmy Ratliff
and David Blades.



"I have been doing archery for three years now. My brother and my dad also do the sport; sometimes we have competitions against each other. We try to bring back the biggest kill we can get and see who has the biggest wins. When I go hunting I prefer to use a bow. I just have the passion for it. I was only ten years old when I started. My dad and brother were always out there shooting, and I wanted to do it too. They told me how to aim and where to place my hands. I like to shoot deer when I go hunting, because it is easier to shoot a deer than a squirrel. The peace and quiet while you are out there shooting is the best part, but the hardest part would be trying not to shake your hands while aiming for your kill."



Art Club
First Row: Jayali Samarasinghe, Annie Fentress and Lina Habazi. Second Row: Lauren
Lichtenstein, Saffeya Ahmed, Abby Svec and Layne Sigmon.



National Art Honor Society Lauren Lichtenstein, Saffeya Ahmed and Lina Habazi.



BETA Club

First Row: Emma Coogan, Lisa Crawford, Lauren Sigmon, Brianna Agee, Deena Habazi, Sandy Chang, Kendall Bayne, Katie Fortner, Sarah Lawryszek, Megan Pasquarell, Erika Zeller and Tara Wells. Second Row: Kylie Rudder, Caitlyn King, Kallie Wilkes, Kassidy Rimer, Heather Vandergrift Allison Kelly, Hannah Wellons, Taylor Eubank: Julia Weston, Annalee Shuck, Jen Elig, Haley Mitchell, McKenna Luzynski, Kristina Price and Karla Sepulveda. Third Row: Peter Ayers, Aaron de Vera, Shabi Mustafa, Katie Farley, Stephanie Weisberg, Nick Snodgrass, Alex Nguyen, Daniel Seymour, Cody Perry, Kyle Curitis, Taylor Alouf and Michelle Jirout, Fourth Row: Jonathan Ribbe, Lari Heath, Zach Williamson, Drew Maczugowski, Brett Meyers, Ben Cardenas, Parker Benzie, Sebastian Wellford and Jake Cash.



"Beta Club looks good on a college application and everyone else I know participates in it. I feel like it is a good program because people don't always have the opportunity to volunteer outside of school. So Beta Club, being an extension of a school program, gives people a better opportunity to volunteer. I enjoy tutoring and teaching people through Beta. I tutor a freshman in World History, and I might consider tutoring in Biology and Latin. When we log our hours, one hour of tutoring equals one hour of volunteer work. I like tutoring because I feel like it is a lot more beneficial and sustaining for the people I tutor. Overall, Beta Club has made me a better person."



## Debate Team

First Row: Mick Murphy, Rebekah Wellons and Lydia Hoeppner. Second Row: Khaila Mickens, Ethan Mackey and Julia Bratu.



## DECA

**First Row:** Adviser Mrs. Elizabeth Corbett, Jackson Nye, Steven Westlake, Abby Epperly, Sarah Hummons, Averie Full and Nash Thompson. **Second Row:** Adam Huffman, Kelly Alcoke, Megan Keesee, Sloan Champney, Cody Peery, Lilian Darist, Cayla Martin and Michaela Lester.



Fellowship of Christian Athletes

First Row: Adviser Alan Moore, Pamela White, Allison Kelley, Emily Fulton, Lauren Nepper, Kendall Bayne, Katie Fortner and Daniel Seymour. Second Row: Tyler Mcleod, Olivia Nepper, Chris Weston, Jessi Slakman, Alayna Francis, Samantha Casauay, Kylie Kent, Sara Muncy, Yvette Kennedy, Lauren Tomlinson, Alaina Coleman and Austin Coleman. Third Row: Eleah Ruffin, Bailey Sharp, Lilly Mitchell, Paige Assaid, McKenzie Harris, Lauren Lichtenstein, Ashley Phillips, Christa Madison, Piper Roe, Alayna Foutz, Shannon Holsinger, Cait Flippen and Madison Monsour.



"I have been in the FCA for about a year now, and I have some friends while in the group. We have meetings once a week Thursday; usually we go out for dinner, have a big cookout, or whatever we think is fun. I heard from a friend [senior] Emily Fulton that FCA might be fun club for me to join. My favorite part would be learning that there aren't always demons in the school. I always thought that school had bad things to it more than good. Before, there was never peace that I could find, and I felt like the school just wasn't welcoming. I found that there were some people that were going through the same things as me, like changes in life. In addition to FCA, I also do indoor and outdoor track and participate in FCCLA."

Yvette Kennedy. 11



## **FCCLA**

First Row: Sarah Lawryszek, Katie Fortner, Chandler Keister, Zachary Howard, Sean Easly, Darian Goodrich, Abigail Epperly, Selena Salazar, William Inman-Goecke and Sergio Gil'Guterrez. Second Row: Mikala Tarpy, Alex Hamblin, Miranda Mallory, Taylor Williams, Samantha Malloy, Macy Judge, Tanner Martin, Kristina Hale, Rebecca Fisher, Asia Bethel and Braden Reid. Third Row: Adam Huffman, Josh Reiter, Yvette Kennedy, Cheyenne Muse, Caitlyn King, Jessica Hall, Jordan Bennett, Lauren Northern, Lilly Mitchell, Rachel Wadell, Amie Hough, Matthew Mort, Tanner King, Capers Kolada and Shima Alaganeli.



## Film Club

First Row: Maeve Sedivey, Abby Gregory, Allison Kelley, Pamela White, Joe Lankford and Katie Farley. Second Row: Cassie Parulis, Kinjal Patel, Josephine Perrin, Andrew Farley, Jasen Tran and Christian Loop.



## French Club

First Row: Rachael Altice, Deena Habazi, Kylie Rudder, Katie Farley, Lidya Tadesse and Mallory Orr. Second Row: Julia Bratu, Jayden Olsen, Rebekah Wellons, Alicia Zheng, Emily Hadfield, Juliana Crouse, Jennifer Elig and Lina Habazi. Third Row: Peter Ayers, Cody Peery, Alex Smith, Hannah Ruth Wellons, Maeve Sedivey, Josephine Perrin, Andrew Farley, Luke Whitmer and Chandler McGraw.



"I didn't originally plan on taking French, but I also didn't know the school did not offer Japanese. I want to be a writer, but a chef is such a great way to be creative and practice being social. French really helps with this career since all the best restaurants are in France, and you need to know the language to understand your customers. I didn't want to take Latin. Everyone takes Spanish and I wanted to be different. I would like to speak to people and know they would understand it. I will most definitely use French throughout life. The first day I started French Club we were flipping Crepes, I really enjoyed it since my dream to be a global cuisine chef. This is my first year in the club and I can't wait to play paint ball with all the members in the spring."



## National French Honor Society

First Row: Deena Habazi, Kylie Rudder, Katie Farley, Hannah Ruth Wellons and Jayden Olsen. Second Row: Rebekah Wellons, Peter Ayers, Alicia Zheng, Maeve Sedivey, Josephine Perrin, Juliana Crouse, Emily Hadfield, Mallory Orr and William Beard.



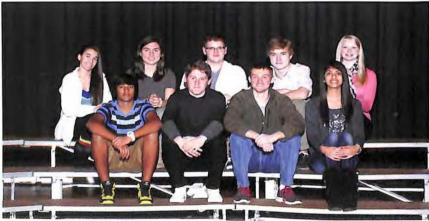
## Key Club

First Row: Lidya Tadesse, Katarina Martin, Lydia Hoeppner, Sandy Chang, Kylie Rudder, Taylor Alouf and Lilly Mitchell. Second Row: Molly Kwitny, Fallon Delp, Kallie Wilkes, Haley Zielinski, Erin Martin, Megan Kessee, Annalee Shuck, Jennifer Elig and Haley Mitchell. Third Row: Patrick Truskey, Christa Madison, Roshni Lalchandani, Alayna Foutz, Piper Roe, Jessi Slakman, Jennifer Hartman, Hannah Coogan, Veronica Hamilton, Sara Muncy, Rabiya Asim and Nayan Shree Raghavendra-Prasad.



#### Knight News

First Row: Tayllar Gardner, Kayla Boris, Mehgan Giamona, Samantha Casauay, Amanda Boris, and Shannon Holsinger Second Row: Roshni Lalchandani, Olivia Sass, Kendall Harris, Safa Eltaib, Madison Monsour and Alayna Foutz. Third Row: Jared Lipps. Adviser Edward Spruel and Drew Jacobson



## Latin Club

First Row: Jordan Mehta, Zach Williamson, Camillus Huggins and Roshni Lalchandani. Second Row: Tara Wells, Madeleine Lawson, Andrew Maczugowski, James Cole and Alayna Foutz.



National Latin Honor Society
First Row: Tara Wells and Julia Bratu. Second Row: Mason Early, James Cole and Bren Huggins.



"I have been in Latin for three years. They just kind of put me in National Latin Honor Society because I get such good grades. I've always enjoyed Latin. It is considered a dead language, so it is exciting to know a language that few people know. One day I want to be a clinical neuropsychologist, and Latin will help in that career path. I have always wanted to help people. I have a few family members with mental illness, and I want to help them, along with other people who suffer as well. Latin is a base in other languages, which make languages derived from Latin faster to learn. Plus, the language gets the grammar functions out of the way. Also I am on debate team, I work at TJ Maxx, and I am also in drama club."

Julia Bratu, 12



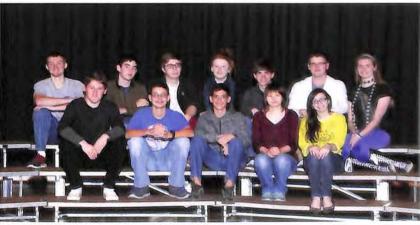
**Newspaper First Row:** Mehgan Giammona, Kayla Lester, Erin Martin, Tayllar Gardner, Kayla Boris, Kendall Harris and Brenna Harman. **Second Row:** Ms. Adviser Erinn Hailey, Noah Wells, Julienn Dalton, Kaity Demuth, Jillian Keith, Juliana Goodrich, Natalie Horn and Nathan Wheeler.



Pep Club
First Row: Olivia Nepper, Emily Sharp, Roshni Lalchandani, Kallie Wilkes and Piper Roe.
Second Row: Molly Kwitney, Lidya Tadesse, Safa Eltaib, Alayna Foutz and Shannon Holsinger. Third Row: Jennifer Hartman, Alex Smith, Megan Keesee and Kylie Rudder.



SCA
First Row: Sarah Lawryrzek, Sandy Chang, Kallie Wilkes, Sarah Lowen and Safa
Eltaib. Second Row: Cager Hicks, Nick Bondourant, Katie Fortner, Mercy Plumb,
Alayna Francis and Lauren Flores. Third Row: Patrick Truskey, Madison Monsour,
Kinjal Patel, Missy Mortellaro and Pamela White.



Science Fiction Club
First Row: Zach Williamson, Michael Jennings, Nick Axt, Emma Coogan and Isabella Lerch. Second Row: Camillus Huggins, Andrew Farley, Benjamin Roberts, Julia Waller, Nate Axt, Andrew Maczugowski and Christie Reed.



Spanish Club

First Row: Joe Lankford, Lilly Mitchell, Haley Mitchell, Megan Pasquarell, Pamela White, Emily Sharp, Emma Coogan and Thomas Bradley. Second Row: Gillian Horn, Veronica Hamilton, Piper Roe, Christa Madison, Hana Coogan, Jessica Trayer, Jayali Samarasinghe, Sara Muncy, Alexandra Lemire and Zachary Trayer.



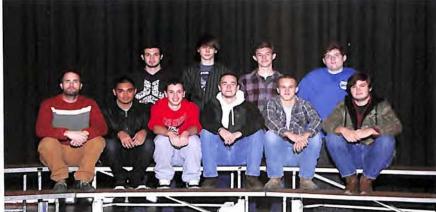
#### National Spanish Honor Society

First Row: Joe Lankford, Lilly Mitchell, Haley Mitchell, Megan Pasquarell, Pamela White, Emily Sharp, Emma Coogan and Thomas Bradley. Second Row: Gillian Horn, Veronica Hamilton, Piper Roe, Christa Madison, Hana Coogan, Jessica Trayer, Jayali Samarasinghe, Sara Muncy, Alexandra Lemire and Zachary Trayer.



#### Prevention Club

First Row: Adviser Mr. Timothy Hayes, Molly Kwitney, Lidya Tadesse, Safa Eltaib and Saqib Ahmed. Second Row: Sarah Durica, Taylor Powell, Roshni Lalchandani and Christa Madison.



#### Technical Student Association

**First Row:** Adviser Mr. Paul Soucie, Utsav Baigain, Thomas Forest, Charles Hage, Lucas Mobley and Jimmy Ratliff. **Second Row:** Griffin Ferguson, Aric Veatch, Evan Walker and Eric Wehner.



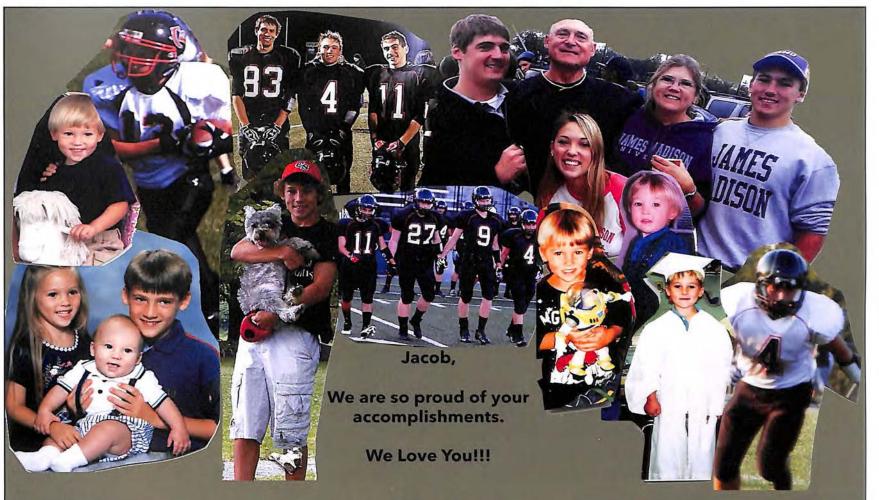
#### Yearbook

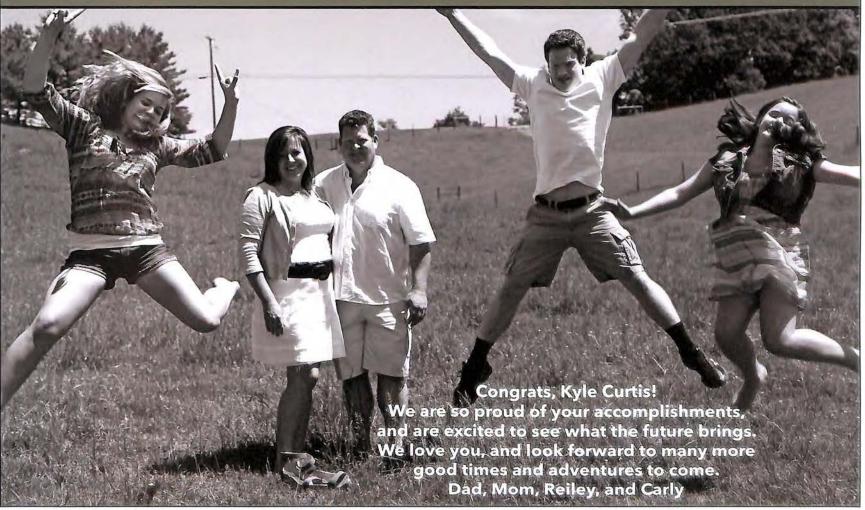
First Row: Adviser Mrs. Chrystal Shawn, Molly Kwitny, Erin Martin, Taylor Kaase, Miranda Mallory and Adviser Ms. Erinn Hailey. Second Row: Delaney Waller. Kristina Price, Julie Dalton. Olivia Nepper. Jillian Keith and Megan Pasquarell. Not pictured: Christie Reed and Courtney Taylor.



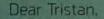
"I started taking yearbook as a club in eighth grade. I originally joined because I wanted to learn how to take quality pictures. In ninth grade, I continued yearbook as a class so I could have it on my college resume. I was also hoping for an easy. A in the class, but soon after starting I learned you had to work for your. A.' You had to stay on task and meet your deadlines. I left yearbook my freshman year with stronger communication and leadership skills, along with a new found love for photography. I started to take pictures in my free time, as well as read magazines such as National Geographic, which is known for its breathtaking photography. Yearbook has given me a great sense of respect for photography and provided me with lifelong skills."

Molly Kwitny. 10





**Tristan Chambers** 



How blessed we are to be your parents. We are so proud of you! You are very hard working, kind and caring, which are some of your great qualities. Hold that throughout your life. We know you will be successful in all you do, and cannot wait to see the man you will become.

Te amamos mucho,

Mom and Dad





Mehgan Giammona
Mehgan, It is so hard to believe that our baby is graduating high school. It seems

Mehgan, It is so hard to believe that our baby is graduating high school. It seems like just yesterday you were a cute, little curly haired toddler running around in your Teletubbie pajamas. It has been such a blessing to watch you grow up and the beautiful young lady you have become inside and out. As you begin this next phase of your life, we pray that the Lord will continue to guide and protect you in all that you do and the adventures you embark on. No matter how old you are or where you are in life, you will always be our baby girl. We love you SO much!

Mom and Dad (and Oscar & Bentley)



Mehgan,

Ah! I can't believe you are graduating! I love you more than you will ever know, and I can't explain to you how grateful I am not only that you are my sister, but that you are truly my best friend. I am thankful for all the clothes sharing, sisterly fighting, advice giving, and adventure seeking that we have gotten to do together. Even though you are my younger sister, I have always looked up to you, and I admire how pure and kind your heart is. I am here for you always-I love you to the moon and back!

Love,

Marion (and Millie)

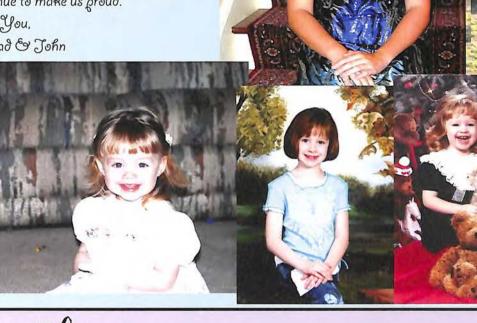




# Taylor Polouf

You have been a true blessing and our greatest joy since the day you were born. We could not be more proud of the loving and caring person you have become. Congratulations on all your many accomplishments. Stay sweet and believe in yourself. Your future is bright; make the most of it. We know you will continue to make us proud.

> Love You, Mom, Dad & John



Jennifer Elig

Jennifer, We are so very proud of your and may all of your

dreams come true.

Love. Momand Dad



#### Daniel

We've enjoyed the privilege of helping to shape your foundation and look forward to seeing the future you'll build!

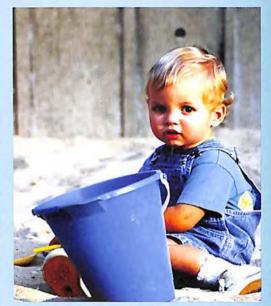
Congratulations!

Love,

Dad Mom

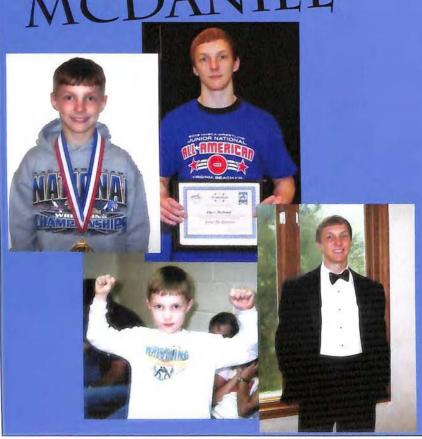


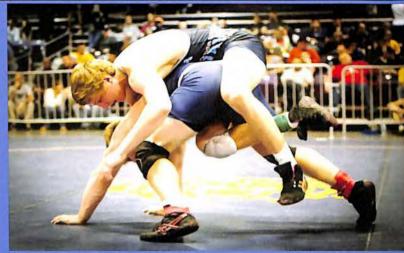




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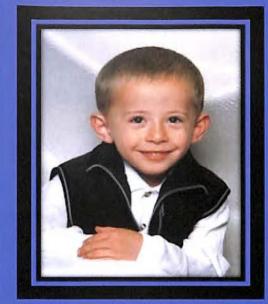




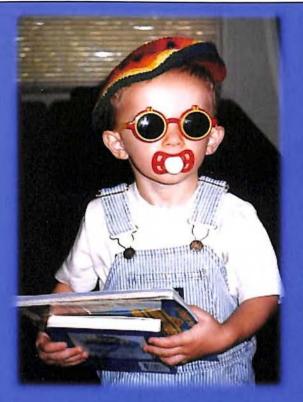


Congratulations! You have set high goals in your life and worked hard to achieve them. Your entire family is extremely proud of you! We are blessed to have you in our lives. All things are possible through Christ. Continue to let His light shine through you in all you do.

We love you! Mom and Dad Haley and Margaret



Congratulations
Chanman!
Proud of my boy!





You're one of a kind! Keep being yourself!

# CHANDLER MCGRAW



#### Kristina Price

Kristina,

29:11

Where has the time gone? Tast yesterday, you were the inquisitive, creative, energetic, and imaginative, "Small Small." We blinked our eyes once... and now you're a senior in high school, ready to graduate. We are so proud of the young woman you have become. You have taken those traits and allowed God to use you in mighty ways. We pray that your love for The Lord continues to with each passing day and that you never lose the passion to follow His plan for your life. Jeremiah

We love you, Mom, Dad, Tasmine, Lauren, Miranda, Grandma & Granddaddy

### Taylor Asimakopoulos



To our amazing daughter,

It is hard to believe you are already a senior. How time flies when you're having fun. We couldn't be more proud of you and the young lady you've become! Always remember to imagine your dream, create your happiness, and live your life to the fullest.

We love you, Mom, Dad, & Josh

#### Nathaniel Axt



Your hard work, commitment and passion have led to your many accomplishments. We are very proud of you and know you will continue in making your dreams come true. We look forward to all the wonderful things the future holds for you.

Love, Mom. Dad and Nick

#### Kendall Bayne

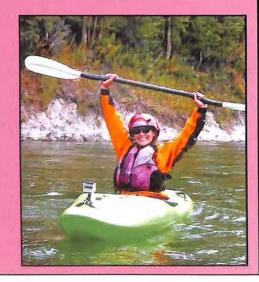


"The flower that blooms in the face of adversity is the rarest and most beautiful of all."

Walt Disney

We love you very much and are so proud of everything you have accomplished. You have faced so many challenges with grace and dignity and we adore you.

Love, Dad, Mom, and Connor



#### Kayla Boris

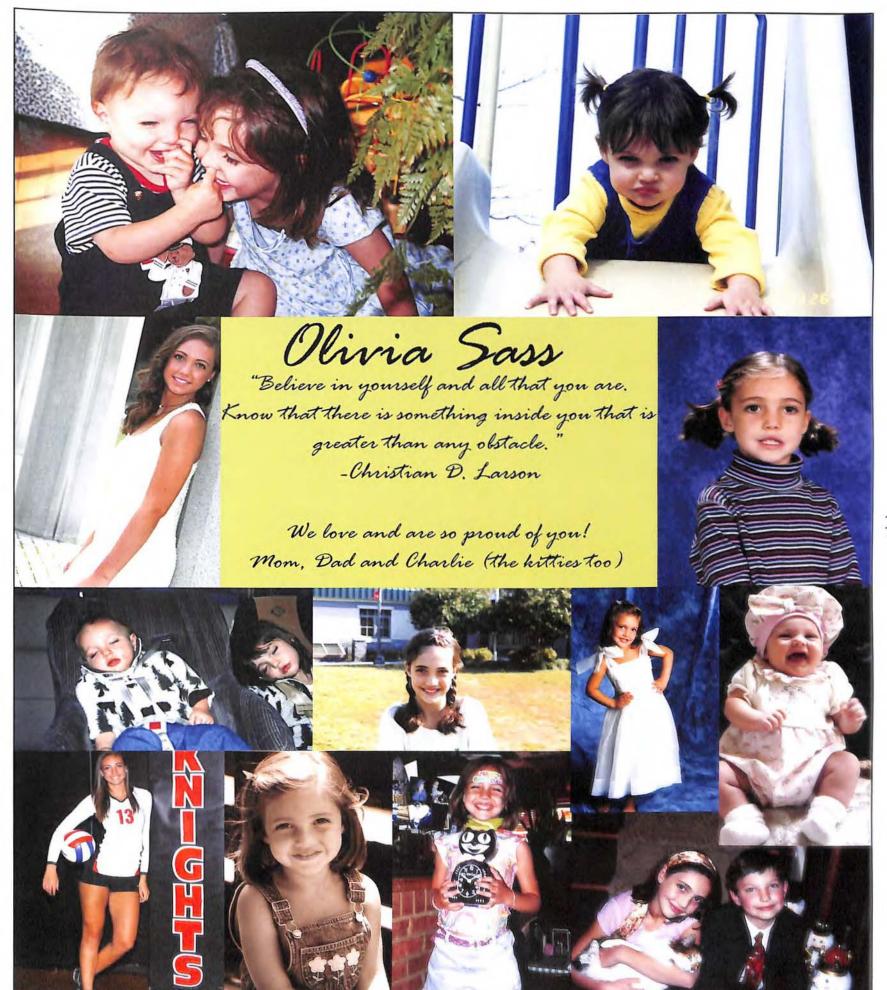


A daughter is the happy memories of the past, the joyful moments of the present, and the hope and promise of the future. We will always love you baby Kay-kay, Love Mom, Dad, & Amanda









#### Lance



#### Lance

How quickly the years have gone by since you came into our lives. It seems like yesterday you started Kindergarten. We are so proud of the amazing young man you have become and look forward to cheering you on as you face your exciting future!

as you face your exciting future!

Much Love,

Mom, Greg, Little Grandma, Hannah

& Christopher

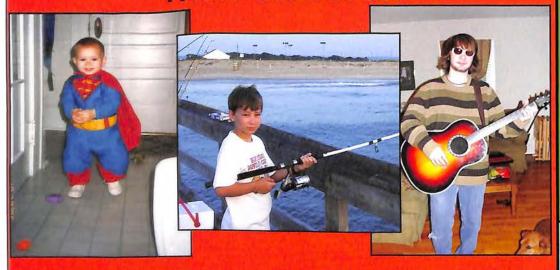
"Go confidently in the direction of your dreams. Live the life you have imagined." Henry David Thoreau





#### Bibbs

#### Max Cameron



Max, you are a wonderful son and brother.

We are so proud of the kind, creative and funny young

man you have become.

You make us smile every day.

We love you, Mom, Dad, Evan and Olivia

#### Peter Agers

It seems like yesterday that I was holding you in my arms and taking you to little league geames and now you are a handsome young man.

We are very proud of you and all your accomplishments.
Good luck in everything you do because you deserve it.
Love, Mom, Dad,
and Stephanie

#### Courtney Stover

Congratulations! Go forward!
We are so proud of you. Stay
strong and keep on the track of
adulthood. We are behind
you 100%!
Love,
Dad and Julia

#### Lisa Crawford



Lisa,

We are so proud of your accomplishments and look forward to your bright future.

Love, Mom, Dad, and Clare

#### Sloan Champney



We are so proud of the person you have become. Beautiful inside and out!

We love you,

Mom, Dad and Walker

#### Kelsey Dickerson



"Live with intention. Walk to the edge. Listen hard. Practice wellness. Play with abandon. Laugh. Choose with no regret. Appreciate with your friends. Continue to learn. Do what you love. Live as if this is all there is."

-Mary Anne Radmacher

Kelsey, We hope your dreams take you to the most special places your heart has ever imagined. Stay true to your convictions. Believe in yourself and all that you are. We are so proud of you!

With Love, Mom and Dad



#### Jordan Clifton



Congratulations, we are so proud of you, Jordan!
Love you to the moon and back,
Mom, Chris, and Hunter

# Carl Heath

Carl Aleksander,

Always pursue your hopes and dreams, and when you achieve them, be certain to praise God who makes all magnificent things possible....

Treasure your family and friends and use their love to energize your service to others...

Stay the kind and caring person that you are and know that any defeats in life merely pave the ways for future successes that God holds in His hands for you...

Your family loves you always and is so very proud of your accomplishments! A brilliant future is yours to behold! Love forever,

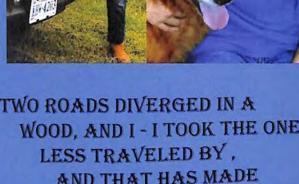
> Mom, Dad, Valentina, and Evan your loving grandparents, and Aunt Jan and Uncle Marty

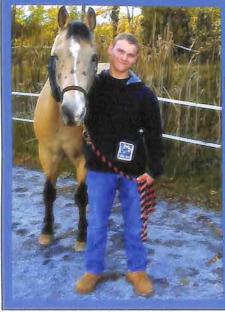
I CAN DO EVERYTHING THROUGH HIM WHO GIVES ME STRENGTH Philippians 4:13



TWO ROADS DIVERGED IN A WOOD, AND I - I TOOK THE ONE LESS TRAVELED BY, AND THAT HAS MADE ALL THE DIFFERENCE.



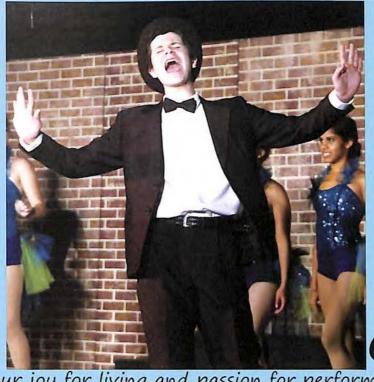




IN RIDING A HORSE **WE BORROW FREEDOM** Helen Thompson







# MasonEarly

Your joy for living and passion for performance truly makes us live. We will love you forever.
"All the world's a stage" and now is the time to make your entrance.
Love always,
Mom, Dad & Zachary

#### AARON DE'VERA



ROSES ARE RED
VIOLETS ARE BLUES
YOU ARE GRADUATING!
HOORAY FOR YOU!
HA! HA! GOT YOU!
LOVE DAD, MOM, AND ATE

# Emily Fulton



Hi Emily,
We are so proud of what
you have become and are
so excited for your future.
Dedicate yourself to a
mighty purpose and SFT.
Love,
Dad, Mom and Drew

Our sincere thanks to those who have believed in Emily and influenced her...teachers, coaches, administrators, staff and her office mamas. She will carry you and your lessons with her always.

FOREVER A KNIGHT!



#### IAN HALL



MY HOW THE YEARS HAVE FLOWN
- I CAN'T BELIEVE YOU'RE ABOUT
TO GRADUATE HIGH SCHOOL! I'M
SO PROUD OF THE YOUNG MAN
YOU'VE BECOME, AND I KNOW
YOU HAVE A BRIGHT FUTURE
AHEAD OF YOU!
I LOVE YOU WITH ALL MY HEART,
MOM



#### Erin Martin

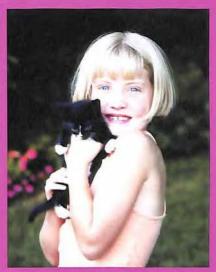


Congratulations! We are so proud of all you have accomplished so far and we know God has big plans for your future. You are a beauty inside and out. You fill our hearts with joy. The world is a better place with you in it. Stay true to who you are and keep chasing your dreams with all your might. We can't wait to see them come true

We love you so much!

Mom, Dad, Jake, and Daisy

### Clair Harkey



We are so proud of you and all your accomplishments.
We love you so much,
Mom, Dad, and Graham

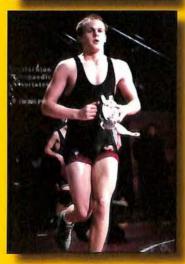
#### **Lucas Mobley**

We are so proud of the young man you have become. We know you will do great things. Stay true to yourself and keep reaching for the stars. May all your hopes and dreams come true. We love you so much. Congratulations.

Love, Dad, Mom, and Austin







#### Drew Lagan



Congratulations Drew on your graduation! We are so proud of you and love you so much! Looking forward to watching you grow into the next chapter of your life.

We love you,

Mom and Mitch

# Taylor Kaase



Taylor,
It takes courage to stay yourself when everyone else around you wants you to change. You have compassion, courage, and love.

You are our angel!

Love you so,

Mom and Dad

#### Krysta McKenna Luzynskí

"Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the Lord your God will be with you wherever you go."

Joshua 1:9



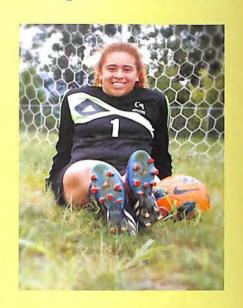
Congratulations on all that you have achieved. God has great plans for your future.
We are so proud of you!



Love Always, Mom, Dad and Kasia



#### Haley Mitchell



Congratulations, Haley!
Follow your dreams and you
will go far! We are all so
proud of you!
Love, Mom, Dad,
Lilly and Makenna

#### Kayla Lester



Kayla,

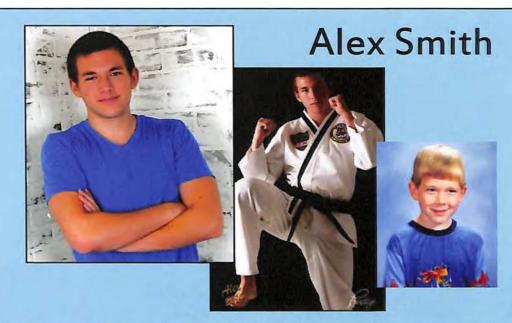
We are so proud of you and the amazing young lady that you have become. You accomplished so much and we wish you the best as you continue your journey. Work hard and never give up on your goals. Remember to always believe in yourself. We love you!

Mom, Dad, and Cole

On the day a man becomes a father, holding his newborn child for the first time, he sends up a silent prayer for two things in regards to himself and his child. For himself, he prays for the ability to guide this young life in all of the right directions. For his child, he prays that they have the humility to accept his guidance. Looking back over these years, I can honestly say that my prayers were answered, yet not in the way I thought they would be. Seeing you now, on the brink of adulthood, I feel that I was given the humility to accept you as my able guide along the path of what was truly right for you. Therefore, I will have the faith to let you spread your wings and fly out into the vastness of this world to create your own future, of which I am most assured will be full of wonder and excitement. And along that path I hope to

travel with you. May I never stand behind you to be forgotten. May I always be by your side to help clear the way, to keep you from slipping, and to offer my shoulder when you need a place to rest; but most importantly of all to share in the glories that will be yours. With love, Dad





Alex, you have worked hard and we are so proud of the man you are becoming. We know that God has great plans for your future!

We love you, Mom, Dad and Summer

#### Megan Pasquarell



Born in Hong Kong, raised in China and Roanoke, your life has been marked by adventure and challenge. Your buoyant spirit and sense of humor have paved the way for a successful life. You are a gift from God to our whole family! We can't wait to see what God has in store for your future!!! Love, Dad & Mom

Karla Sepulveda





Congratulations, your entire family is very proud of you and all your accomplishments. We know that with your commitment and dedication, success will continue to come to you.

We love you very much and always will. Que dios te bendiga siempre. Mom, Dad, Andrea and Carlos

# Hannah Wellons



Hannah Ruth
In whatever roles you play in the
future, remember who and whose you
are. Walk in the light. We love you,
Ruthie (a.k.a. Scout).
Mom, Pa, and Rebekah

#### Cassidy Amber Stovall



Four years of library assistant. Two years of choir. I am so proud of you. Working hard in school and at home. My little girl is all grown up. Good luck, college girl.

# Katie Farley

Katie,
Congratulations! We are so proud of you.
God has great plans for your future.
Complimenti! Siamo così orgogliosi di te!
Dio ha grandi progetti per il tuo futuro.
Félicitations! Nous sommes fiers de toi.
Dieu a de grands projets pour ton avenir.
Gratulatione! Lorem superba tibi.
Deus consiliis vestris magnam futuram.

Love always, Mom, Dad and Andrew



#### Courtney Stover



Congratulations
Courtney, #34.

You are an amazing
young woman!
Love, Mom

#### **Aric Veatch**

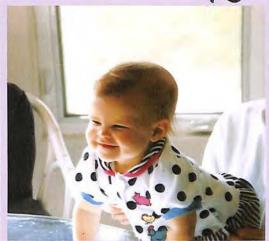


Farmer boy Kennel Right Hand Mechanical engineer We love you! Papa, Mama, Alexandra, Aimee, and Ashlen



You are a blessing to our family! We are so proud of you and look forward to seeing how you will accomplish your goals and share your gifts in the world. Love, Dad, Mom. Genevieve, Charlie, and Eddie

# Tony Sanders Mikala Tarpy



We are so proud of you! Your beautiful smile, kind heart, and desire to do well will take you far. Continue to follow your dreams! We love you! Mom and Dad

## Kallie Wilkes



Congratulations, Kallie!

We love you, Dad, Mom, Jack & leah



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Congratualtions to our Accolade seniors:

Taylor Kaase
Erin Martin
Megan Pasquarell
Kristina Price
Christie Reed
Courtney Taylor

Best wishes for an exciting future!

Love, Ms. Hailey and Mrs. Shavvn



# **Betsy Thomas**



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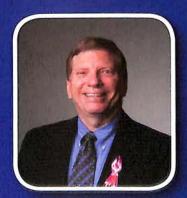
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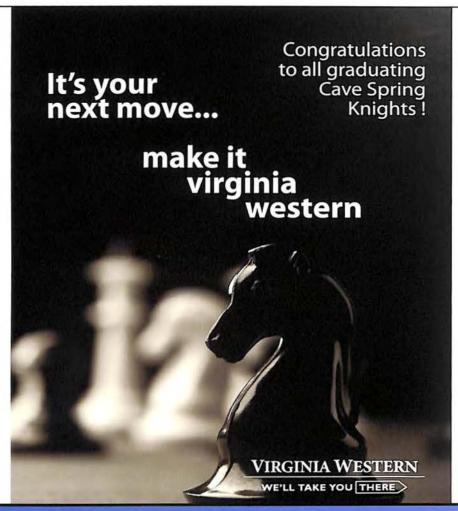
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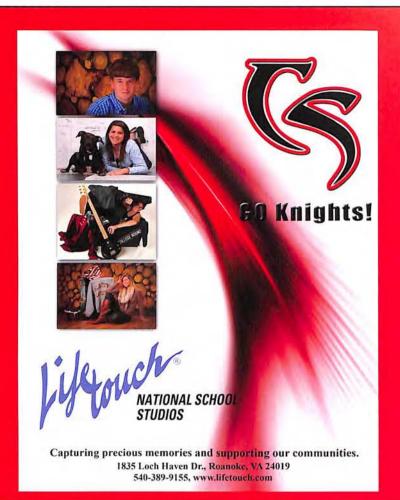
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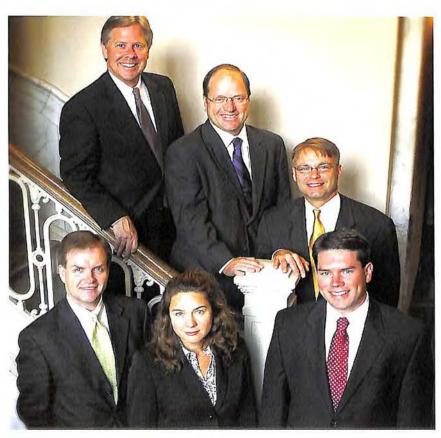


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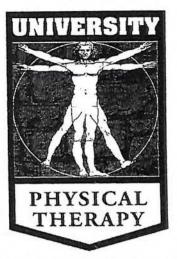
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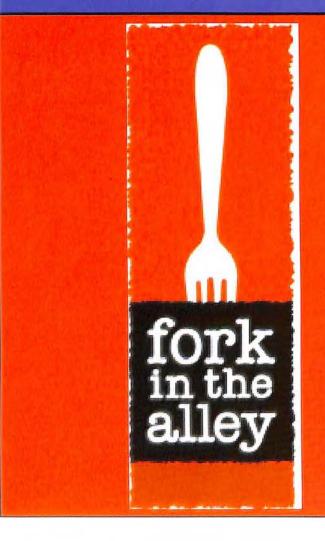
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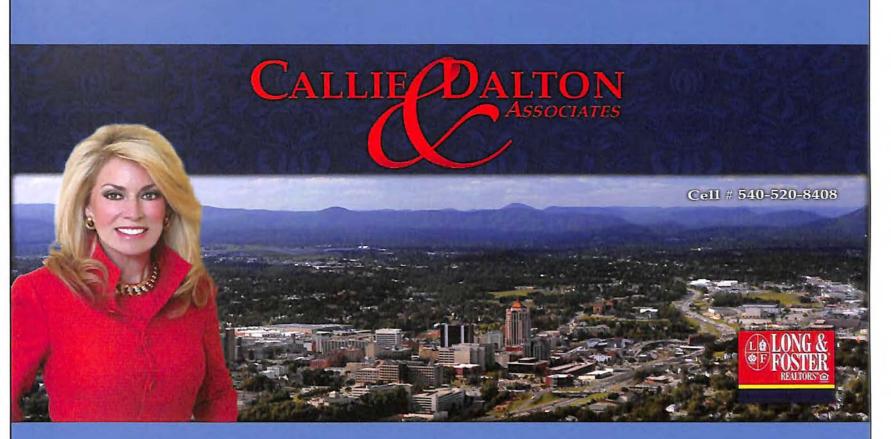
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Brenda Dickerson,
Melissa Patton,
Amy Hayes,
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THANKS FOR BEING PART OF MY FAMILY.



HERFF JONES YEARBOOKS

ACCOLADE 2014 is a product of the offset lithography process of Herff Jones' Gettysburg, Pennsylvania plant. Mark Plyler provided white glove service to all 182 of our process color vegetable-based ink pages, which were produced at 175-line screen on a Komori SuperPerfector 10-color press on premium 100-pound matte paper, which contains 10% post-consumer waste. All images passed through Herff Jones' image enhancement process, known as ColorPlus, so all images could be corrected for optimum reproduction. Cover is a staff-designed process color lithograph wrapped on 145-point binders board featuring a combination of matte and gloss lamination. Endsheets are printed different front and back on 65-pound uncoated white stock with the next development of the concept packaging and patterning. The base pattern, as with all the patterns in the book, is an original staff-generated vector. Most of the patterns play off the interlocking CS unveiled on the front endsheet which was developed by co-adviser Erinn Hailey. Design, photo and copy credits appear on the lower left of each spread, opposite the folios on the right. Before this book could be printed, the editorial panel (seniors Erin Martin and Kristina Price and sophomores Molly Kwitny, Miranda Mallory and Delaney Waller), co-advisers Erinn Hailey and Chrystal Shawn and yearbook stud, no. god, Steve Kent spent hours trying to develop a concept that conveyed all possible connotations of the phrase, "Excuse me." That included "Excuse me?!" which implies "What you talking about?!?!" And then there's "Excuse me," which is a politely curious way to ask, "What just happened?" And, finally, there was "excuse me," which implies you're sorry, but, come on, we never are. We love fonts! In fact, we've never met one we didnt love, but, unfortunately, we had to narrow them down to: Avenir, Borda, Cubic, makiiriiகare and THE PROBLEM WITH THE RUSSIANS. Most people would love to be watching the Winter Olympics from Sochi, Russia and see their exact designs appear on the Games' branding. Not us. You read correctly. The overlapping triangles, the pink-to-purple-to-blue. Everything except the Russian houndstooth and snowflakes looked exactly like our initial designs. So horrified were we that Vladimir Putin would land in Roanoke and expect us to compete in curling that we immediately starting ripping the pattern and palette from the pages. Whew! That was a near miss...The Russian invasion actually worked in our favor because it forced us to look at our pages from a different perspective, and see that some of the graphic applications we were using (and Putin copied) were not serving our readers. Instead, we stripped the patterns back to their original outline states and found new, more subtle, ways of using them. The result is, unapologetically, better than where we started. Unless noted, all photography, graphic design and copy is the work of a 12-member staff using seven Dell workstations running Adobe CS4 software. One Epson Perfection scanner assisted with business and baby ads. Lifetouch Photography in Roanoke took portraits, club and team photos. Special thanks to Steve Kent who put up with a first-year adviser and a really tired veteran adviser. Let's quit this crazy business and go make some Kinky Boots, boo; Dr. Lorraine Lange, Mr. Steve Spangler, Mrs. Fiona Hill, Dr. Tracey Lange, Mr. Jon Hartness and Mrs. Connie Alonso-Mosher for supporting the production of this book; and to businesses and parents who purchased advertisements. ACCOLADE 2013 was named a CSPA Crown Finalist and took home a Silver Crown award, netting Cave Spring High School its first national award in 20 years. © No portion of this book may be duplicated, reproduced or photographed, including educational materials and slideshows, without prior, written consent from the advisers, the copyright holders of this publication.

Editorial Panel: Seniors Erin Martin and Kristina Price; Sophomores Molly Kwitny, Miranda Mallory and Delaney Waller.

Staff: Seniors Taylor Kaase, Megan Pasquarell, Christie Reed, Courtney Taylor; Sophomores Julie Dalton and Olivia Nepper; Freshman Jillian Keith



Dear Erin, we're so glad you made the transition from newspaper to yearbook. You completed any task that was asked at you (and we know we asked a lot of you!). You'll never know how much we appreciated you coming in when you didn't have to. Oh, and did we mention how you beasted those scores and names?? XOXO, Ms. Halley and Ms. Share.



Dear Kristina, I need you to wait, just kidding, the yearbook is finally done. Why did you wait to take yearbook your SENIOR year??? You do know that we will kidnay you from Tech next year, right? We're so happy you discovered your inner masterphotographerness. Without your pictures, we wouldn't have this book XOXO. Ms. Hailey and Mrs. Shawn



Dear Molty, if you aren't on staff next year due to your schedule we will strike Who takes two sciences??? Why are you so smart??? Seriously, though, we so appreciate you coming in before school and during your lunch to get anything done that we needed We never saw you sitting around. You always asked for something to do! XOXO, Ms. Hailey & Mrs. Shawen.



Dear Miranda, thank you for coming back after a crazy first year on staff. I guess you just like being tortured or something (we're forcing you to come back for a thind, minkay?) We feel like you have potential to be the new "handler." Thanks to you and Molly our seniors have beautiful ads to look at Here's to another great time next year XOXO, Ms Hailey and Mrs. Shawn



Christie, the year didn't start

Dear Delaney, you wrote a crap-ton of copy (which was worded a lot better than what we just typed)! We're so glad you're only a sophomore and that we get to work with you for two more years (whether you like it or not!). Thank you for stepping up to a leadership position. Your attitude truly encompasses this book. XOXO, Ms. Hailey and Mrs. Shawin.



Dear Taylor your laugh was contagious. Thank you for keeping the staff and yearbook room light-nearted. We will definitely miss your smile next year. What will we do without you write browsing at 11 Maxx?? Good luck on your journey you'll start in the tall. We wish you all the tiest! XDXD, Ms. Hailey, and Mrs. Shawin



Dear Megan, Ms. Hailey appreciates your willingness to track down anyone she needed during first block. You should we tracked your miles, you probably ran a marathon. Mrs. Shawn wants to make sure you Controlivell, you know the rest. J. Thank you for your copy contributions, especially when we threw them at you last minute! XOXO, Ms. Hailey and Mrs. Shawn.



off as smoothly as one would want. BUT you soon hit your stride as a staffer When you shed that long hair, you seemed to come alive! Thanks for sticking it out, that quality will definitely come in handy when you're kicking butt in the Navy. We wish you all the best. XOXO. Ms. Hailey and Mrs. Shawn.



Dear Courtney, first, thank you for taking such an awesome selfie.

I We loved having you on staff because you always gave honest opinions and a fresh perspective. Mrs. Shawin is happy you weren't scared of her last year and signed up for yearbook. Ms. Halley empoyed swapping fashion fips with you (and comparing personality styles.) XOXO. Ms. Halley and Mrs. Shawin.



Dear Julie, let me tell you how upset we were when you said you were leaving us for Buston next year instead of taking yearhook. We are really glad you came to your sensest We need your ability to throw out a good headline like nobody's business! We also need your story ideas! Can't wait for next year! KDXO, Ms. Hailey and Mrs. Shawin.



Dear Olivia, we were always amazed by your ability to name ANYONE in a picture. What kind of facial recognition software did "the man" implant in your brain??? You have a very griving personality, one that will carry you far in life. Even though life was tough at times you always had a smile on your face! XOXO Ms. Hailey and Mrs. Shayon.



Dear Jillian, thank you for your over-the-top, larger-than-life personality that sold a lot of our ads and interviewed a lot of the students featured in this book. We are convinced you really could talk to a brick wall (and we sincerely mean that in the nicest most loying way possible!) Carit wall for next year XOXO Ms. Hailey and Mrs. Shawn.



OMS, friend. We never thought this day would come. I [Chrystal] really thought frinn was going to abandon this craziness, but somehow. I managed to convince her it's actually worth it in the end. I mean you have fur with your trends, and it's very interesting. (Earna), cannot tell you how much I appreciate you and chrystal helping me survive my first year advising. I never thought I would see the day that I thought about yearbook 2477 and would telecome a YERO. I found myself texting Chrystal. Oh my gosh, where can we fit this in the book 2707. We (Chrystal and Error) don't think you't ever get just how truly amazing you are gishe? A wrise group of people brien sang. Once I was alread but their you, rame along Pat your faith in me and I was challenged to be strong. Where lost my way, you were tries to see me through. Now let [Chrystal and Error] lend same love and do the same for you! Love you boom.



"Iskip school because I don't do my homework. I don't do my homework because I am busy with social activities and working,"
Tayllar Gardner, 12



"I missed school because I thought I was dreaming when I heard my alarm clock, and then it took me an hour to realize it was, in fact, real," Corey Rauchelsen, 12



"School bores me. I mean why do I need to learn some of this stuff. I [dislike] what they teach, so I have no motivation," Brittanie Fisher, 9



"I ditched school because I broke my toe nail off. I tripped over the base while playing baseball. It's a serious toe injury," Kodi McIlwraith,

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"I skipped school because I didn't feel like going. Being a teen, I have good days and bad days. Sometimes I just need time to cool down," Alexandra Hamblin, 10



"I ditch sometimes because I have a test first period and I forget or don't study, so I fake being sick," Marissa Riffle, 11



"I have never really skipped school, but I have faked sick a couple times. My parents still haven't really caught on," T.K. Garrett, 12



"We ditched because Maggie [Harman, junior] and I wanted to go get our nails done and eat Mexican. We ate at El Rodeo and it was totally worth it," Brenna Harman,

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"I only clean my room because my dad goes a little crazy if it is not clean. But, in reality, I could care less if it is clean all the time," Danny Haroules, 10



"It's not really that everything is a mess, it's just that it's all unorganized. I have piles of artowrk, quotes and books everywhere," Rachael Altice, 12



"My room is normally clean. My mom is super OCD, so she makes me clean it. Even though I was raised to clean my room, if I had the choice, I am not sure it would be," Devin Duviella,9



"I don't have time to clean. I have to study for tests that I end up failing in the end because my studying normally turns into a date with me and the television," Nick Houhoulis, 11



"I honestly can't find anything if my room is clean. My mom is always telling me to clean it up, but I always just tell her that it may be dirty, but it is not unorganized," Logan Skaff, 10



"My room is decent because I am a neat freak. I do make excuses for getting out of homework, though. I sometimes say I just don't want to do it,"

Justin King, 10



"Because of the way I keep things, I know where everything is at in my room. If I clean, then I'll end up losing the things I need," Hammza Khan, 10



"Making your bed is like untieing your shoes and putting them back on. It is pointless. My room is always somewhat clean, but it is never spotless,"
Griffin Bower, 11

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WHILE IN THE STANDS DURING THE WILLIAM BYRD

FOOTBALL GAME, SENIOR CAGER HICKS STANDS

OUT IN THE CROWD WEARING A GORILLA SUIT.

THE BACK-AND-FORTH BETWEEN THE SCHOOLS

STARTED WHEN TERRIER FANS DRESSED AS "PREPS,"



HICKS SAID, TO GET UNDER HIS AND OTHER FANS' SKIN.

TO RETALIATE, HE SAID STUDENTS DRESSED IN CAMO

AND BLAZE ORANGE TO MIMIC BYRD'S FANS.

"THEY POKE FUN AT US BY DRESSING PREPPY,"

HE SAID. "HONESTLY, I JUST LIKE WEARING

THE SUIT EVERY GAME. I WORE IT WHENEVER

WE PLAYED BYRD. THE STUDENT SECTION WEARS CAMO

TO POKE FUN AT THEM BECAUSE THEY'RE COUNTRY."





FRESHMAN BELLA LURCH HAD NEVER
HULA HOOPED BEFORE BUT THAT
DIDN'T STOP HER FROM OWNING
TALENT COMPETITIONS. THEIR
SENIORS PLAYERS LEFT THEM, BUT
ADAM SLEDD'S HEIGHT HELPED FILL
THE GAP. SHE HAD TO GIVE
UP THE BATON, BUT SOPHOMORE
TIFFANY SHELTON FOUND A WAY
MORE ENTERTAINING HOBBY. ONE
PRINCE WAS THE NORM, BUT STUDENTS
DEMANDED MORE.

"GOD CREATED A 24-HOUR DAY.

WHAT YOU DO WITH THAT TIME IS YOUR DECISION,

WHICH MEANS THERE'S NO EXCUSE FOR YOU NOT GETTING

YOUR STUFF DONE. YOU HAD TIME. YOU JUST

WASTED IT SOMEWHERE ELSE.



AT CAVE SPRING YOU'RE HELD TO A HIGHER
STANDARD. IT'S DEFINITELY A CALIBER THING. I DON'T

SET OUT TO MAKE THINGS DIFFERENT
INTENTIONALLY. IF I CHANGE THINGS, THAT'S GREAT.
I WAS RAISED TO TAKE CARE OF BUSINESS. DON'T GIVE ME

AN EXCUSE. COME BACK AND TALK TO ME

WHEN IT'S DONE. REMEMBER, IF YOU

CARE ABOUT SOMETHING YOU'LL RESPECT IT."

KRISTINA PRICE, 12

