
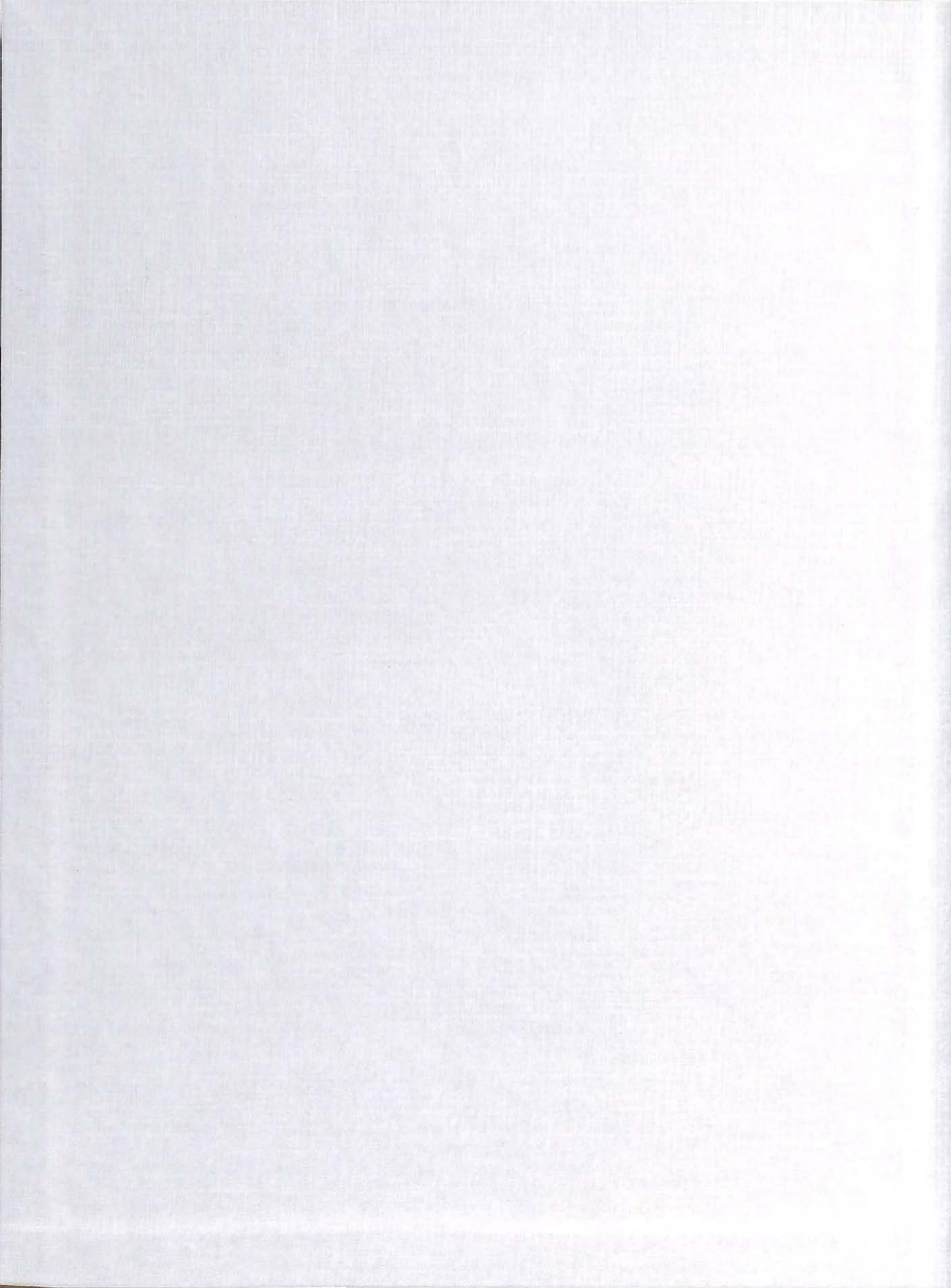


# THAT MOMENT WHEN

Accolade 2017









# THAT MOMENT WHEN

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YOU SHOWED

**UP** 8

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YOU SHOWED

**OFF** 44

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REFERENCE

72

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# CAVE SPRING HIGH SCHOOL

3712 Chaparral Drive  
Roanoke, Virginia 24018

540.772.7550

[www.rcs.k12.va.us/cshs](http://www.rcs.k12.va.us/cshs)

1160 Knights  
Seniors: 260  
Juniors: 242  
Sophomores: 267  
Freshmen: 283  
Faculty + Staff: 108

Accolade 2017  
Volume 61

## THAT MOMENT WHEN

*Accolade 2017*

"I had heels on and walked all the way to the middle of the gym in front of everyone, only for Mr. Moore to tell me to choose one of my friends with tennis shoes on. I asked my best friend, [senior] Layne [Sigmon], but she refused and instead took off her tennis shoes and told me to put them on and go back out. I did not know what I was getting myself into. He told us we were going to pull one another on blankets. I started panicking! My partners were [senior] Devin Duviella and Mr. [Ben] Creasy. I did not think they were going to be able to pull me, but I sat on the blanket. They started pulling and we were going faster than expected. I fell off and skinned my knee, but didn't feel it since my adrenaline was pumping and everyone was cheering. I underestimated Devin and Mr. Creasy."

Ieshia Ahmed, 12





# THAT MOMENT WHEN

Sophomore Grace Wetzel learned  
how to share the road. **Page 14**

Junior Bryce Fothergill's father  
snapped the picture at just  
the right moment. **Page 19**

Senior Ben Chapman climbed  
on top of the pyramid. **Page 22**

Sophomore Ethan Harris and  
senior Maha Ali didn't agree. **Page 27**

Sophomore Toni Perkins  
showed off her talent. **Page 28**

Senior Jake Furrow and  
sophomore Matt Taylor made  
senior Cody Hayden  
an internet sensation. **Page 33**

Junior Matthew Carter  
tore up the ground. **Page 38**

Junior Erin Holt didn't mind  
the dirt in her face. **Page 39**

**THROWING UP SOME DIRT**, junior Matthew Carter practices on his dirt bike on his Floyd County farm. Carter started riding eight years ago and racing six years ago. "I love the competition factor of battling and also riding with other friends and family. I can do a few tricks, but it just depends where I am riding," Carter said. One of the hardest parts about racing and riding would be endurance. Keeping your endurance is a key factor for being able to race as fast as you can and to keep going for two and a half hours. Dodging trees and going as fast as you can on some of the craziest terrain is a big adrenaline rush. My favorite race is River's Edge. Luckily I have not broken any bones yet, but I have fractured a few fingers, had a heat stroke and messed up my knee."









# THAT MOMENT WHEN

Senior Miranda Trump wanted to see a dog but broke her elbow. Page 35

Sophomore Jack Parker made a point to help others. Page 46

Sophomore Taylor Hypes explained made music. Page 65

Sophomore Cooper Albright smiled through the pain. Page 57

Junior Jace Matze was a defensive midi. Page 60

Junior Dakota Rice hit people for a reason. Page 60

Junior Om Patel made hard work look very easy. Page 70

Senior Sierra Lee explained why she was covered in blood. Page 75

**SITTING FOR PHOTOGRAPHER**  
SHANNON SWEENEY, sophomore Taylor Hypes attempts to stay still. Sweeney, a local photographer and mother of sophomore Ethan Sweeney, photographed nine students for the yearbook. "It's always a privilege to be invited to contribute to our school by way of photography; however, these features were a particular honor. Several of the students, I've known personally for years and some, I had just met. We wanted these images to complement the students' stories. It's always intriguing to find how much a person is willing to share in 15 minutes. For this group, capturing their personalities came naturally. With each click of the shutter, a new layer seemed to reveal itself and more depth emerged. A diverse collection of students, each with a unique story, left me hopeful for their futures and mine."









# THAT MOMENT WHEN

Seniors Ryan Eubank, Brayden Guthrie and Tom Milby realized they wouldn't have to say goodbye. **Page 21**

Senior Carlos Amaral worked at the family business. **Page 85**

Freshman Bella Crouse played eight instruments. **Page 90**

Junior Emma Muzzy got one step closer to Rio. **Page 95**

Sophomore Holly Roberts shared her talent. **Page 101**

Sophomore Quinton Spradlin looked down on the world. **Page 105**

Mrs. Ann Cranwell had a life-changing experience. **Page 113**

Mr. Eli Harrison discovered Spain with his friends. **Page 115**

**BEFORE BATTLING THE BLACKSBURG BRUINS**, junior captain Austin Ragan and senior captains Tom Milby, Brayden Guthrie and Ryan Eubank take the field. This season would not be the last for the three seniors, who were all signed to play at Ferrum. "It's like a dream come true because we've been playing ball together since we were eight. Now we're going to play together for four more years at the college level," Guthrie said. It's a better feeling going up there not alone but instead with your two best friends. I think we are better as three, and it's going to show when we play together on the field."









# YOU SHOWED UP

**WHILE WAITING FOR THE HOMECOMING PARADE TO BEGIN**, seniors Sarah Thompson and Jessica Lachowicz take time to get a picture. Thompson and Lachowicz met while in Kindergarten at Back Creek Elementary.

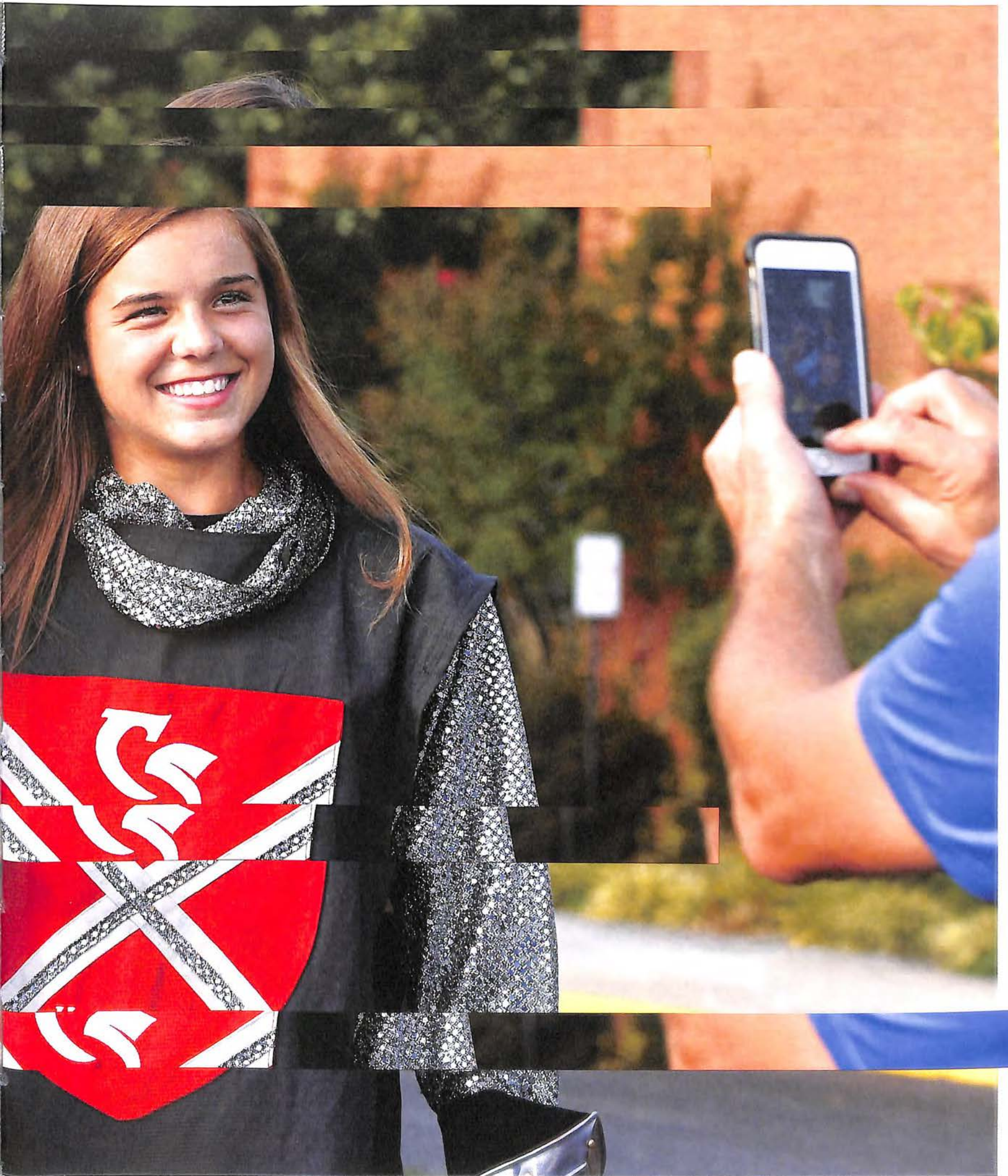
Thompson marched with the band and Lachowicz, the Knight, rode a horse during the parade. "Being the Knight is a huge honor and blessing. I have tried to be a positive influence on others and hope to do so well into the future.

I am playing soccer at Lynchburg College next year and hope to master in the new physician's assistant program there," Lachowicz said. "Hearing that one of the most influential people in my life was receiving that honor was so heartwarming. Jessica deserves it. She's one of those people you can't help but love. Her smile is contagious and she brightens everyone's day," Thompson said.

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# #summer2k16

"For a family vacation we went to Barbados, which was a really cool trip. I like to hammock and the beach was the perfect place for it, so that's what I did the entire trip."



@themasorony, 10



@aabbyweaver, 9



@ethan.harris\_32



@colozza, 10



@thenotsosociallifeofjake, 12

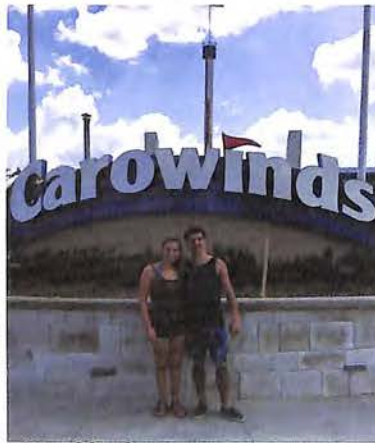


@brittanie\_fisher, 12

"Over the summer I went to Hungry Mother State Park with my mom and brother. We went to the lake there and kayaked almost all day. I ended up falling asleep while tanning later in the day."



@amayadaniels, 11



@jotarp99, 12



@anthonyk... 10





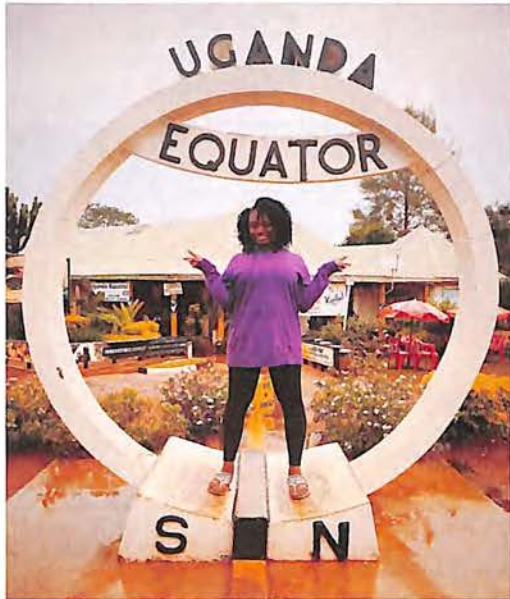
Mason White, 10

Wyatt Hage, 11

Amaya Danel, 11



@joslynn, 11



@norahmulinda, 12



@amaza.aysia, 10



@katherinerimer322, 12



@kinley\_99, 11



@wyaatt\_, 11

"My brother I were out at Chesapeake Bay to go fishing that day. During our trip we fished, hung out at the beach and went to the pool. While we were out fishing my brother somehow managed to get a hook stuck all the way through his pointer finger."



@laura\_mackenzie, 11



@becca77, 11



@cnve0989, 12



# GO away

ADVENTURES WHILE  
OVERSEAS LED TO  
STUDENTS LEARNING  
ABOUT MORE THAN JUST  
WHAT WAS IN PLAIN SIGHT

**RATHER THAN STICKING AROUND TOWN** over the summer, some students went international, turning fantasies of European adventures into reality.

As part of the Knights Around the World program, seniors had the opportunity to travel to Italy, touring Verona, Venice, Florence and Rome. While there, students took in all history and culture each region of the country had to offer. They also experienced what it was truly like to be a local.

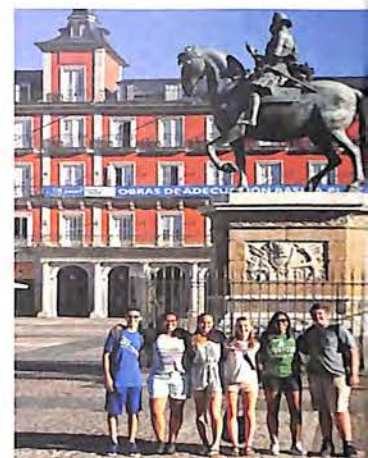
"During certain times of the year, the lagoons that surround Venice overflow into the streets. The water was so clear, though, that you could see everything you were standing in so it wasn't that bad. Some people bought booties from vendors, but a lot of of us just walked around with no shoes, even though everyone kept staring at us," senior Brittanie Fisher said.

Juniors Becca Bradley, Chloe Crouse and Mishelle Ganbayar spent 22 days traveling in Europe as part of a student exchange program. Each student had hosted a French student and was in turn given the chance to stay with that student in France.

"I wanted to go to Paris for the cultural experience and to see new places and try new things. I stayed with my French family and every day they'd take me to different places. Once we went to the Eiffel Tower and we had a picnic right next to it," Ganbayar said.

Junior Laken Ayers joined Mrs. Amy Bolen's immersion trip to Spain, which had her in language and cooking classes.

"I wanted to do Mrs. Bolen's Spain immersion trip because we stayed in the country the entire time, instead of hopping to different countries. I learned so much about the area were in, that I could probably give you a tour," Ayers said.







**TAKING IN THE SCENERY**, senior Lynn Fimbel admires the bridges lining a canal. Gondoliers piloted the vessels through the narrow channels. "At one point on our ride, all the gondoliers started singing in unison," Fimbel said. **AMID THE SCENERY OF SPAIN**, junior Laken Ayers pauses for a photo opportunity with new friends in Puerta del Sol, a square in Madrid. Ayers visited Spain as part of an immersion tour with Mrs. Amy Bolen. "The only bad experience was when I threw up in the middle of the market because I didn't know an olive I was eating had a pit," she said. **ABOARD A GONDOLA**, senior Josh Grubb enjoys a tour of the Venetian canals. Grubb's trip to Italy was his first international trip. "I loved the gondola and water taxi rides in Venice. In general, I just loved all the gorgeous sites of Italy," he said.



**MID-JUMP ON A CASTLE WALKWAY**, junior Mishelle Ganbayar has some fun while on a European adventure. Ganbayar spent 10 days with a host family in France before touring Germany, Poland, Hungary and Budapest. "At first I wasn't sure about the trip, but I knew I would never have an opportunity like that again. You should never deny an opportunity like that," she said.

**EXPLORING THE ROMAN COLOSSEUM**, seniors (first row) Mackenzie Saar, Liz Troy, Maha Ali, Lydia Floyd, Mackenzie Harris, (second row) Allie Gaylord, Lynn Fimbel, Cara Ghaphery, Brittanie Fisher, Taylor Kesler, Josh Grubb and Jacob Myers, gather among the ruins outside. Students toured Florence, Venice and Rome. "At the Colosseum, you could see everything that accumulated over the years. You could even still see some of the sections where the gladiators and animals came in," Ghaphery said.



## JUST THE WORST



**Chloe Crouse, 11**

"In parts of Europe, there are weird public bathrooms that clean themselves after every use once the door shuts. The man who went before me held the door for me to go in and of course, being a girl, I had to bring my friend with me. Once the door shut, the lights went off and water started spraying from the walls and flooding the floors. We tried to get out but couldn't see, and I ended up slipping and falling in the big puddle of water. Once the lights went back on, we found our way out of the bathroom and saw a huge group of people laughing at us. Our shrieking had attracted a lot of attention and we both had to walk around for the rest of the day in soaking wet clothes!"



**Liz Troy, 12**

"On my trip to London with my Girl Scout troop, we got a little too confident about our subway prowess. There was a car that was about to leave the station, and all seven of us thought we could just run and catch it. The two adult leaders and four students made it onto the subway before the doors closed, but three of us were left standing there. We ended up taking a different subway and it turned out we arrived there before the others, so we were sitting there waiting for them when they hopped off the subway. The leaders were crying, we were crying and we were just all causing a huge scene! It was such a tourist moment."



## sophomore SARRA ELTAIB *my trip to Africa*

"This past winter break I took a trip to Sudan. I went to the capital city of Khartoum to see family who still lives there. While in Khartoum, I went to many different malls and shopping centers to enjoy my time, along with going to eat at my aunt's fish restaurant. I was also able to see the Nile River and toured many different

surrounding cities. We visited my dad's side of the family and where they live. The area they live in is definitely in a more cultural area. I don't think I could pick one moment as the most memorable. I loved everything, down to the stray cats and dogs in the streets to the bathrooms that were just a hole in the ground."



## DECODE THE PLATE



**Autumn Simmons, 11**

"'AYE BUG' is a family nickname and because I got a bug, I thought it was punny to put that on the plate."



**Ms. Holly Moore**

"It's what my grandkids call me: Sugie. So now I'm Sugie on my license plate."



**Claudia Jarema 11**

"I thought 'PNCHN' was funny and creative name to put on a license plate since the car is a punch buggy."



**Casey Lawrence, 11**

"I picked Led Zeppelin for my license plate because they are my favorite classic rock band."

**LOOKING ABOVE THE STEERING WHEEL**, sophomore Grace Wetzel listens to her Share the Road instructor. Students learned about tractor trailer safety in the course. "The truck was huge inside. It even had a bed and tv," Wetzel said. **A FIGHT TO GET OUT**, drivers race to get out of the parking lot after school. Some students are stuck until 4pm. "Instead of fighting it, I relax in my car and play on my phone. I use the backed up lot as an excuse to be late getting home and avoiding taking out the dogs," junior Derek Caldwell said. **SCHOOL RESOURCE OFFICER VASS** holds on tightly while sophomore Casey Fentress steers a golf cart while wearing drunk goggles. Sophomores participated in the obstacle course activity to see how alcohol impairs drivers. "The goggles messed with my vision, and I ended up hitting so many cones," Fentress said.



**"I SPENT TWO YEARS RESTORING A 1977 MGB ROADSTER**, which is a rare car. I have only seen six in Virginia. When I first bought the car, it was basically uncooked. The paint was dried into the car so it did not have any shine. Seeing this car in this condition was sad, considering MGs are the ultimate classic British car. We had to take out the stock ignition, radiator, fuel pump, clutch and engine. My mom actually wanted to make a documentary about the process. One day we were driving and the car suddenly started smoking from the engine. We decided to take the car to this guy who does restoration, and it was like a gift from God. Luckily it was a quick fix. The car is small, and I can only carry a second passenger, unless someone wants to get in the trunk. Overall, I have put at least 500 hours into fixing this car. It was worth it in the end, because now I can just drive to Chick-fil-A or Starbucks whenever I want." **As told by junior Christian Strom**







# SKRT skrt

STUDENT DRIVERS  
FOUND THEMSELVES IN  
A TRAFFIC JAM OF EPIC  
PROPORTIONS IN THE  
PARKING LOT

**STUDENT DRIVERS SHOWED A WIDE VARIETY** of emotions while fighting the maze of traffic in the main parking lot after school. On a given day, one could find someone who was frustrated or irritated, or someone who had just given up on life. It seemed like there would never be an end to the traffic problems at school.

Senior Breanna Christley was one of many fed up with the parking lot traffic until senior release saved her.

"The parking lot is awful, especially in the afternoon. Usually we have to wait for the traffic to calm down to leave, but I do not have patience to wait. You just have to force people to let you out. That might be stupid, but oh well," Christley said. Thankfully I don't have to deal with that anymore because I have work release."

Junior Joslynn Lankford hated how rude people were when it came to leaving the parking lot.

"It's one of the most unorganized places I have ever been. Both students and parents become inconsiderate and pushy when entering. I feel like if more people backed in it would run a lot smoother, but most of the time in the morning people ride the back of your car or speed past you while you're trying to back up, which makes it difficult," Lankford said.

New drivers found themselves very stressed.

"Being in a parking lot that crazy is nerve-racking. The system we have going on is not good. You might hit someone you have to sit beside in class tomorrow," sophomore Kylie Angel said.



**TWINNING ON TOP OF THEIR JEEP CHEROKEES**, junior Kinsey Harris and senior Claire Flowers show off their matching vehicles. Both drivers said they chose Jeeps because they weren't small or girly. "I have always liked Jeeps. My aunt had a Wrangler and we used to ride on trails and explore. Kinsey and I were super excited when we found out we had the same car. We always park next to each other. Sometimes I get confused and try to unlock her car," Flowers said. "People come up to my car all the time, thinking it's Claire's. They ask us if we planned on having matching cars. I chose it because it's tough and not too girly," Harris said.



## junior TYLER TOFANO my car wreck

"Around 9 pm, we were driving too fast and hit a lawnmower trailer on the passenger side of the car. There were two other people in the car, but they did not get hurt. I was behind the driver in the back seat and ended up with a black eye and a popped blood vessel in my eye. Luckily the crash was not that serious. The hardest part for me was the black eye. When the crash happened I was nervous, but after the police came

they were nice and talked to me about it, so I was relieved and knew it would be fine. They wanted to take me to the hospital, but I told them no because my injuries were not that serious. Another passenger had a bloody nose, but besides that I was the only one who sustained injuries. If I could go back I would tell the driver to slow down."



# THAT MOMENT WHEN

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SENIOR JACOB MYERS  
WASN'T BOTHERED BY  
THE BLOOD AND  
NASTINESS

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**MY GRANDFATHER, WAS AN ORTHODONTIST AND** the owner of what is now Wheelock and Johnson. When I was 15 I really wasn't involved in a lot, and my grandfather felt like I needed to be before I started applying for colleges. He set me up with a sort of dental internship at the Bradley Free Clinic on Jefferson Street, a clinic whose mission is to service working adults who aren't insured and fall below a certain poverty level. The clinic provides other services and is government-funded. Patients may donate money, but they do not have to pay.

I guess you could say I'm a dental assistant volunteer. I've been in that role for two years now and love it. What I've been able to do there is now a huge influence on what I want to do with my career and my life. I assist the doctors when they extract teeth, by mostly dealing with tying sutures, which is tying stitches together and cutting them off for the doctor. I also deal with suctioning blood. The mouth can fill up with blood and the patients can choke.

The blood and the nastiness used to bother me, but you get used to it and now it's my favorite part. When I first started volunteering and assisting, the cracking of the teeth bothered me, but now it's just second nature. In fact, I love the hands-on experience. I love to really get in someone's mouth and can do so without any issues now.

One case that stands out is when I assisted a disabled veteran. The doctor operated on the man for two hours. We had to take out his teeth from first molar to first molar because they were rotting. That job was definitely one of the hardest I've ever assisted on. By law I am not allowed to pull teeth and couldn't help the doctor with that task, but I learned the process. There's a sort of finesse and strength involved because when you're trying to pull something out that muscles are holding on to. You have to know how to get the muscles to release the tooth from the socket.

After the veteran's procedure, I really felt like I helped someone. Usually with every patient who comes in, I feel like I've helped them in a way. I've had so many that it's hard to identify just one.









**THROWING CANDY TO THE CROWD**, seniors Alec Kendrick and Lilly Mitchell ride atop the sock hop themed senior float. Clubs and organizations tossed candy and yelled to the crowds lined up alongside the parade route, which ran from the high school to Cave Spring Elementary. "Everyone put in a lot of work to make this float look as good as it did," Mitchell said.



Katherine Rimer, 12; Azana Pierre, 11; Amberlee Davis, 11; Hannah Graham, 11; Norah Mulinda, 12; Taylor Sharp, 12; Whitney Cook, 11; Ben Bryant, 10; Laura Martin, 11



# PREshow

*While both the homecoming game and dance were much earlier than usual, occurring the weekend after Labor Day, students still came out and participated in all that spirit week had to offer. A Highlander was destroyed, a sock hop was held in the lobby and monsters roamed the halls, among many other themed events.*



**ALONE, BUT NOT DETERRED**, senior Austin Griffith attempts to start a cheering section before a competition cheer performance during the homecoming pep rally. Griffith said he and fellow seniors Jordan Doyle, Spencer Hickam, Walker Mastrangelo, Kyle Plunkett, Nelson Stanley and John Zielinski, made a point to attend and sit in the front row at every game they could their senior year, not just homecoming. "I liked being a part of the student section at the pep rally and all the games during homecoming week," Griffith said. "As a senior, I've made a point to get to all the games I can. I try to make sure I'm on the first row with all my friends. Sometimes we get in trouble for some of the things we say and chant, but it's still fun."



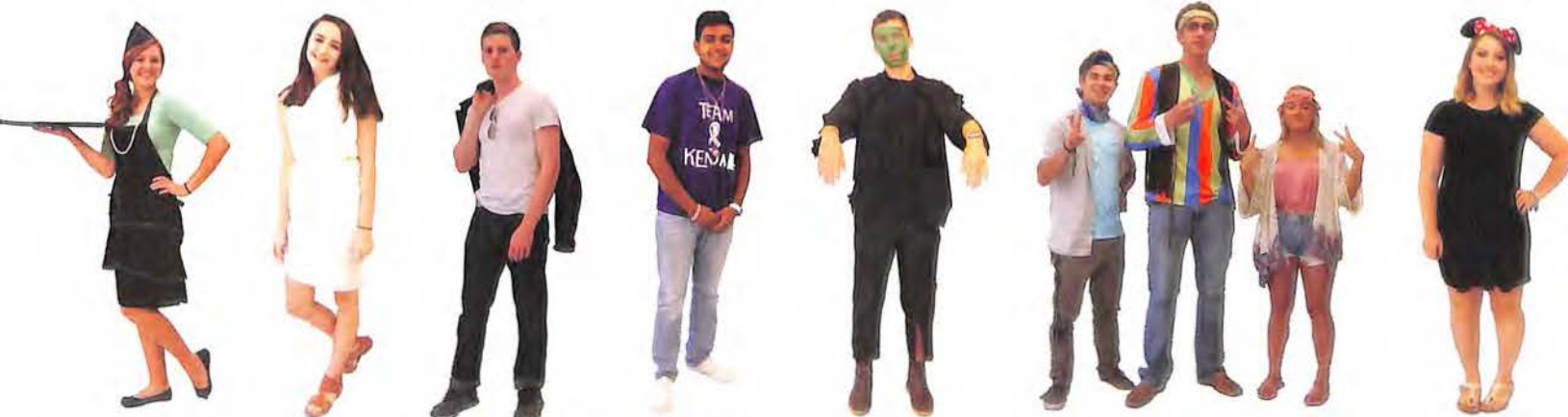
**MARCHING DOWN CHAPARRAL**, members of the color guard perform parts of their halftime routine. Junior Logan Neal (third from left) had been performing with the guard for three years. "We're just like any other sport: we have practices and we perform in front of people. We have our try-outs in May, start our conditioning in June or July and then join the band for their camp in August," Neal said. While at camp, we learn our show. We usually have to learn four different routines for sound, depending how much dance or flag work are in the songs. Our homecoming performance was stressful. The parade wasn't too bad. I didn't think of how long the walk was. Instead, I was too focused on my routine. My feet definitely hurt afterwards."



**IN GOOD HANDS**, junior Abby Slate comes into a lib after just completing a full-up. Slate and the rest of the competition squad performed their routine as an exhibition during the homecoming pep rally. The team first learned the routine in summer, before starting to compete in early fall and eventually earning second place at state. "We performed well during the pep rally and felt good about the routine's run through. Only one person fell, but it wasn't a big deal," Slate said. "When I was a freshman I used to be scared to death about being dropped or falling. But now I have complete faith in my team. I know they would risk anything to keep me safe and in the air. We have the highest level of trust in one another."



**ACHIEVING AN IMPRESSIVE TOE TOUCH**, junior Bryce Fothergill performs on the sidelines of the powderpuff game. Fothergill's moves caught the attention of his dad, who snapped the picture and then went on to post it to social media. "Everyone thought the picture was hilarious, especially my dad, who made it into a meme, which went viral," Fothergill said. **COMPETITION CHEERLEADERS PERFORM** at the pep rally after enduring six days of practice a week for one month. The routine was performed one month later at state competition in Richmond, where the team earned second place. "I've done gymnastics for years, but I've never performed a routine like this," sophomore Sara Stewart said.



Arana Jones, 12; Brittanie Fisher, 12; Banner Plumb, 12; Brij Patel, 11; Bryce Fothergill, 11; John Zielinski, 12; Austin Griffith, 12; Rachel Finch, 12; Chloe Crouse, 11





**DRESSED AS A GLENVAR HIGHLANDER**, senior Will Rinn, storms the gym floor looking for the Knight. Each year, students acted out the slaying of the rival football team's mascot. Senior Jake Furrow acted alongside Rinn before the knight, senior Jessica Lachowicz, took them down. "Jake and I put on our kilts, manned up, bearded up and painted up before being slaughtered," Rinn said.



Matthew Colozza, 10; Matthew Christopher, 10; Liz Troy, 12; Kelli Morris, 10; Liberty Fetzer, 10; Kayla Quinlan, 10; Kathleen Brett, 11; Julia Cundiff, 11



# DRESSup

*Part of homecoming week was knowing what to wear. Whether it was to represent a spirit week day, perform a routine or mock another school's mascot, students were all about dressing the part. The underclassmen couldn't wait to find out each day's theme, while the seniors went rogue and made their own days.*



**WORKING TO PROTECT HER TEAM**, senior Lydia Floyd pushes back against junior Sierra Landsman during the annual powderpuff football game. The game pitted senior girls against junior girls on the field. On the sidelines, the boys donned homemade cheerleading outfits and cheered for their grade level. As in years past, the seniors beat the juniors, but the win came with controversy, as the juniors thought the win was not fair. "Whether or not the juniors really won doesn't matter; the seniors always win in the end. We're seniors. That's how it is. The juniors will have their moment next year. In terms of our game, they put up a good fight, but it just wasn't enough because we have Ann Jackson. She flew down that field," Floyd said.



**GATHERED ON THE FIELD AFTER THEIR WIN**, the football team celebrates a homecoming victory over Glenvar. The 21-0 victory was one of only three wins for the team. "During a lot of our games we would have great momentum the first half, but lose it after halftime. At the Glenvar game, though, we were able to maintain and overpower them throughout the second half," senior captain Tom Milby said. Milby, along with the other senior captains Ryan Eubank and Brayden Guthrie, signed on to play at Ferrum College after graduation. "We have been playing together since we were eight and thought this year would be the last on a field together. Knowing we'll be playing together again for the next four years is like a dream come true," Milby said.



**PLAYING THEIR PARTS AT THE SOCK HOP**, seniors Michaela Garrett and Haley Fugate hang in the 1950s-themed front lobby. During spirit week, each grade level chose a theme, decorated a specific area of the school and dressed the part. Seniors took over the lobby, dancing to music from the era and eating and drinking treats from the time period. "A lot of us really love the movie 'Grease,' and thought the old-school theme would be fun. People chose to dress as greasers in leather, preps in khaki and poodle skirts or as waitresses in roller skates. In the lobby you could have your picture taken, eat ice cream, drink coke floats and listen to 1950s music on a record player. It was really cool to go back to that old period," Garrett said.



**A SMILE ON HER FACE DESPITE THE SUN**, senior Lynn Fimbel performs with the color guard while marching in the pre-homecoming game parade. The parade showcased both teams and clubs and even featured floats from some of the rec team sports in the area. "I love doing the parade each year. I don't mind the walk at all, because I love seeing all the kids so excited to see us," Fimbel said. **HANGING IN MID-AIR**, junior Kinsey Harris nails a jump during a pep rally performance of the competition squad routine. Squad members practiced for about one month before showcasing their skills at their first competition at Jefferson Forest, where they won. The girls went on to earn second place at state. "Earning second place was disappointing, but it just made us want to push even harder for next year," Harris said.



Lynn Fimbel, 12; Maddy Sarver, 11; Gabbi Parulis, 11; Laken Ayers, 11; Mackenzie Harris, 12; Matthew Taylor, 10; Mrs. Mara Pufko, Natalie Paul, 9



# FORshow

*Not many schools could boast a group of students feeling this relaxed and comfortable as the photographers. For tradition, students represented their grade in groups, while students performed selections from the school's repertoire.*



**TOP OF THE PYRAMID**, senior Ben Chapman, along with (clockwise) Kyle Plunkett, Walker Mastrangelo, Will Rinn, Jake Furrow and Alec Kendrick, cheer on the senior powderpuff players. The seniors defeated the juniors, 35-28. "You have to lose a little dignity to go out there, show your school spirit and get crazy," Chapman said.

**TROMBONE AT THE READY**, senior Jason Quakenbush marches with the brass section during the parade. Temperatures soared that day. "Walking in the parade is torture when it's hot. It's like walking with a puddle of water in your shoes. Your feet hurt after marching the mile to the school and you're still sweaty," Quakenbush said.

"It was such a privilege being in the parade with the band especially since it is my senior year. I'm extremely grateful for the experience Cave Spring has given me."

**Madison Bird, 12**



"The school pep rally was hype when Mr. Creasy got out there and ran around the court. I was laughing so much at him."

**Zane Callahan, 12**



"My friends and I were hitting beach balls in the student section at the football game, but Dr. Lange took mine and never gave it back. That was disappointing."

**Georgia Riffle, 12**



"At the pep rally I liked how the knight got to fight the opposing team's mascot, which as played by my brother [senior Will Rinn]. It was funny to watch."

**Jaxon Rinn, 9**



"At the pep rally I like how we can all come together as one school to support the cheerleaders and other teams and have fun all at the same time."

**Christian Boone, 12**



"I didn't get to help out when it was time to decorate the float for the parade, but being able to ride on top of it with my friends and throw out candy to the crowd was fun."

**Brad Kinder, 12**



"Being able to do color guard and perform with the band during homecoming week is such an honor."

**Hunter Murphy, 10**



"Homecoming in general really brings the school together, and winning the football game makes me even more proud to be a Knight."

**Morgan O'Quinn, 11**



Grace Viro, 9; Capers Koloda, 12; Claire Flowers, 12; Cori Clayton, 10; Morgan Stokes, 10; Emma Dmochowski, 10; Haley Fugate, 12; Jake Smith, 12





**ATOP HER CAR IN THE MOTORCADE**, freshman Maya Monsour, along with friend freshman Livie Bowling, represents the freshmen class. Each class voted on candidates and then those voted onto the court rode in the parade before the football game. "I wasn't expecting the nominations, but, what can I say, my friends love me," Monsour said.



Jessica Christensen, 10; Gracie Shelton, 11; Erick Mason, 11; Grace Holderman, 10; Claudia Draper, 11; Danielle Brinkley, 10; Cassie Ramsey, 12; Lauren St. Clair, 12



# GAMEface

The football players and cheerleaders had to wear costumes or uniforms. The boys getting hype in the student section. The girls themselves in a role reversal. The boys stepping into skins with...



**TOPLESS AND SCREAMING**, junior Devin Beckner (left) stands with the student section during the homecoming football game. Beckner was able to play the part of fan when not playing the part of basketball player in the gym. "Fans get you more energetic for a game and get you more pumped. I always appreciate the fans who come out and cheer for the basketball team," Beckner said. **ENJOYING A NIGHT OFF FROM THEIR UNIFORMS**, members of the marching band play in the stands at the powderpuff football game. The game was played on the upper soccer field. "I'd rather be in the stands on my drum than on the field dressed as a cheerleader. It was really fun watching the game, though," Ray said.



**MOVING THE BALL UP THE FIELD**, junior free-safety Dylan Robertson and junior slot receiver Logan Altizer attempt to keep the ball from the Glenvar Highlanders. The team beat the Highlanders, 21-0. The win was one of only three for the season, but capped up a successful homecoming week. This was Altizer's first year on the team, after playing as a safety for the Northside High School Vikings. "We were able to defeat Glenvar because it was homecoming and we were ready to go. There were so many people at the game, which helped," Altizer said. "Next year we are losing a lot of seniors, so we will need the team to step up. But, we are lucky in the fact that we have a great group of juniors about to step up."



**ALL SMILES BEFORE PILING ON THEIR HOMECOMING FLOAT**, members of the varsity volleyball team pause for a quick picture. Outside hitter Taylor Robertson (second row, left) was the only freshman on the varsity team, which lost eight seniors from the previous season. When not playing for the school's team, Robertson and sophomore Hannah Smith played together on their travel team, Roanoke United. "I had walked in the homecoming parade before with my brother's rec football team, but this was my first time riding on a float with a team. The parade was definitely fun, but a little chaotic," Robertson said. There were a lot of people cheering for us, and I had a hard time balancing having fun with my team and getting our candy out to the crowd."



**COMMITTED TO DRESSING THE PART**, junior Lynnden Rindorf cheers on his team in full cheerleading attire. Rindorf was one of just a few brave enough to step up for the team. The boys did routines and even formed a successful pyramid. "I just up woke up one day and decided I was going to be the best cheerleader Cave Spring High School has ever seen. I feel like I was extremely successful," Rindorf said. "Nick Gentiluomo's mom had made the tutu for something else and was nice enough to let me borrow it. Sam Rutigliano gave me her sports bra. The cheerleaders found the pom poms here at the school. I felt like we really motivated the junior girls to give it their all. I will for sure be cheering for the seniors at the game next year."



Morgan Cundiff, 12; Paige Assari, 12; Zolbor Erdenebaatar, 12; Sydney Brenner, 12; Ryan Burkhett, 11; Peyton Conner, 10; Norah Mulinda, 12





**PAINTING UP BEFORE THE POWDERPUFF GAME**, senior Laurin Hatcher puts eyeblack on senior Jessica Lachowicz's face. Per tradition, the seniors defeated the juniors. "Even if it gets rigged, the seniors are always going to win that game. And we should win because we are seniors. I was so excited to play. It's almost like a rite of passage," Hatcher said.



Ryan Fugate, 9; Sarah Ramsey, 12; Anne Fentress, 12; Walker Mastrangelo, 12; Abbey Shorten, 11; Caitlin Carter, 11; Kinsey Harris, 11; Ingrid Webb, 11; Claudia Jarema, 11; Reagan Delp, 11; McKinley Pollara, 11; Brooke Fretwell, 10





## WHO SHOULD **WIN**

Jill Stein (G) 4%

Other 8%

Donald Trump (R) 52%

Hillary Clinton (D) 25%

Gary Johnson (L) 11%

## MY CHOICE



Hannah Graham, 11

"I support Donald Trump. Regardless of the changes that will be made, safety should be our number one priority. Many people slander Trump, but I agree with many of his policies he wants to instill and I think he is what is best for the United States."



Dillon Frost, 12

"I think the election didn't go the way a lot of people wanted it to and I feel the same way. I don't think Donald Trump will be the best president America has ever had. He does have some good plans for making jobs readily available, though."



Lauren St. Clair, 12

"Honestly, I think both candidates are extremely stupid and the US is doomed. This is the first time in 20 years we haven't had any good options. Both of them might be able to help our country in different ways, but I don't like either of the choices."



# PICK A side

THE MAJORITY OF  
STUDENTS COULDN'T  
VOTE, BUT STILL  
CAMPAIGNED FOR THEIR  
CANDIDATE OF CHOICE

**ALL ACROSS AMERICA, CITIZENS BECAME INVOLVED** in the presidential campaign and election. Initially, America was shocked that real-estate tycoon Donald Trump had announced his run, but many felt his previous background in business and economics made him a promising candidate.

"I support Trump because I agree with his tax policies and his plan for middle class families," junior Lynnden Rindorf said. "I agree with his veterans affairs policies and how he wants to support veterans."

Others chose Trump because they simply did not like his opposition.

"I do not like Hillary or her liberal beliefs. I am a republican with conservative values and Trump is the only choice we've got. I like his vice president, Mike Pence. He's a good guy with Christian values," senior Alex Brown said.

Trump ultimately lost the popular vote but won the electoral vote, which angered many Americans, triggering various protests across the country. Seniors Maha Ali and Liz Troy attended The Women's March on Washington in Washington D.C., the day after the inauguration.

"Everything Trump does not believe, in I believe in very strongly," Ali said. "The march was really inspiring. There were no arrests. There were also famous people there, such as Alicia Keys, Scarlett Johansson, Halsey and Katy Perry."

"I was struck by how many people went. It was awesome to know there were that many like-minded individuals willing to turn out. The Women's march gave me hope for the future," Troy said.

In addition to Ali and Troy, Ms. Holly Moore also went to the Women's March.

"I think it is important to show people in power that you either support their policies or you do not support their policies," Moore said. "It was neat to be there with all of those other people. There was a lot of support and it was empowering. This is something I will never forget and I am really happy that I went."



**WITH THE WHITE HOUSE IN THE BACKGROUND**, seniors Liz Troy and Maha Ali display posters they made for the Women's March on Washington. The seniors drove with their mothers to the march, which hoped to bring light to issues such as fair pay and affordable housing. "I believe in women's rights and climate change and that black lives matter," Ali said. **AMID A "TRUMP TRAIN" POSSE**, sophomore Ethan Harris shows his support for Donald Trump at a football game. Each game had a theme for its student section, and Harris and friends made their costumes political for "America" night. "If I could have voted, I would have picked Trump. I like how he expresses opinions without worrying about what others think. I also respected how much of his campaign he funded," he said.



Chey Bocanegra, 12

"I feel there were some things wrong with the election. I feel like the Democratic and Republican primaries were rigged. I was hoping Bernie Sanders would win. Some of Trump's policies I agree with, but I think his travel ban is stupid."



CJ Poulsen, 11

"Both are seemingly unfit; however, I would pick Hillary Clinton due to the fact that existing policies will not change. I believe both people have awful pasts that hurt their presidential campaign. Neither of the candidates are the cream of the crop."



Rachel Finch, 12

"I don't agree with many of Clinton's policies. I think Donald Trump is very outspoken. I think people are more upset over the things he has said than the things Hillary has done and I think that's a major problem."



# here FOR it

"AFTER THE RELEASE OF PROJECT RUNWAY JUNIOR IN 2015, I wanted to make clothes. I thought to myself if they could do it, I could.

The show was the main inspiration at first, but later I just wanted to have a unique style no one else had. I enjoy being different and creating clothes that represented me and my personality.

My favorite fashion designers are Marc Jacobs and Thom Browne. Lady Gaga is my fashion icon. She was wild, but eventually over time perfected her style, and she also takes inspiration from vintage fashion.

I've made shirts, shirts, a dress and pants. I don't think I would sell my clothes, because it would defeat the whole reason I started making clothes. I've never considered going into the fashion business, because it is cut-throat and I don't think it is right for me; however, I do consider keeping it as a hobby.

Overall, fashion is a huge part of who I am, and I don't see myself giving up on an easy way to easily express who I am."

as told by junior Toni Perkins



"I bought the bookbag at Zumiez. It's in Odd Future's clothing line. They are my favorite music group. I thought the bookbag was unique and that it would stand out. There was a blue one, too, but my friend already had that one. I bought the backpack also because the doughnuts are delicious."

Grant Floyd, 10



"I think the necklace is really stylish and goes with everything. Pearl is also my birthstone, so it has a more sentimental meaning to me. I bought it on Lulu's website, because, at the time, no one had it here. I wear it with almost anything, and I can wear it to both work and school. It's easy to style outfits with the necklace."

Claudia Draper, 11



"I wear Vineyard Vines because my grandma buys them for me and everyone else wears this brand. Also, only real men wear pink. I got this particular shirt in the Vineyards Vines store at the South Park Mall in Charlotte. I liked the look of it because it looked like cotton candy."

Carter Glenn, 11



"I love Birkenstocks because they're very comfortable. They also go with any outfit that I would pick out to wear to school. You can pair them with fuzzy socks or regular socks, and you can wear them to almost anything. I bought this style of Birkenstocks because the color won't get dirty."

Ingrid Diaz, 10



"I chose short hair because it's unique, and I like to be different from everyone else. I think it's what makes me interesting and noticeable. People have complimented me several times about how they like it."  
**Imahni Payne, 11**

"My hair is around 36-inches and hasn't been cut in two years. When I was little, my sister took scissors and cut my hair almost to my ears, and I've been scared to do a real cut ever since. I know that won't happen again, but what if it looks terrible when I cut it?"  
**Zehra Demir, 12**

"I've had my hair cut like this since the fifth grade. The reason I cut my hair was because I was tired of it, so I've basically been bald my whole life. It's very easy to keep up. All I do every morning is put water in it and comb."  
**Jordan Chambliss**

"I've never kept my hair the same color for a whole year. I hadn't had long hair since I was 11 and wanted to see what that was like again. The easiest way to do that was to buy extensions. I can say now that I like having short hair because long hair is hard to keep up with."  
**Veronica, Graves 10**

"My hair doesn't really take that long to do before school because I usually wear it up. I have to use frizz cream to make my hair less frizzy."  
**Maddi Stephens, 9**



"The apple watch is helpful in everyday life when dealing with school and other activities. I love how you can customize it to match your outfits, and I have different colored watch bands to match every outfit."  
**Bryce Fothergill, 11**



"Timberlands are very comfortable and they are a good trend. They also look great with the clothes that I wear. I bought the shoes a year ago at Foot Locker. I bought them because I needed new shoes and they hold up well. They're also warm and do great in the snow."  
**Lucas Duncan, 9**



"I really like my earrings because I like to stay within the trends. Not many people had them when I first got them. I got my ear pierced at Claire's. I coordinate my earring choices with my outfits. I have both clear and colored diamonds. I mostly wear diamonds because they match everything."  
**Nick Mills, 10**



"The most versatile article of clothing on the market: the olive-green parka. Multi-functional, weather-proof and stylish. It has many useful pockets. It's reversible. Well, not really, but with a camo interior I can make it reversible. It's the perfect length. It covers your rump when you don't want all the ladies checking you out. And it has a fishtail, which makes it really nice if you're running, because it doesn't get in the way."  
**Eric Smith, 12**



"Alex + Ani bracelets are pretty. I like the gold more, but I do have some silver. I have bought some of them but others were gifts. I have a 'G' for my name and one for my birthstone, which is aquamarine. The others have special meaning. My favorite has to be the one with my initial."  
**Gabbi Parulis, 11**





# THAT MOMENT WHEN

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*SOPHOMORE SELMA  
SOSIC'S FAMILY LEFT  
ALL THEY KNEW FOR A  
NEW LIFE*

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**I WAS BORN IN SARAJEVO, BOSNIA. IN JULY OF 2001, when I was just a baby, my family and I moved to the United States. Six years had passed since the war ended between Bosnia and Serbia. The Bosnian economy was unstable, there was a lot of destruction to the land and hardly any opportunities for the people existed.**

My aunt was the first to come to the United States and she settled in Roanoke. Shortly after, my parents, brother and I followed. My parents sacrificed a lot for us to be here. They left their family and everything they knew, including their culture and traditions. Those things haven't vanished completely, but life is different here.

Every two-three years, we go back to visit for a month or two. A lot of my family is still there. The landscape is different, and I love the diversity of the city and country. Both of my parents grew up in rural areas, and I enjoy going to places they grew up. I love my daily walks in downtown Sarajevo and daily trips to the bakery with my grandma. I love hearing the prayer call from the mosque. Ultimately, the best thing about my trips to Bosnia is seeing my family and being around people that speak the same language and have the same culture as I do.

Being Bosnian also makes me different. I have a different language and culture and I enjoy showing and teaching friends about it.

We are a small country that has been through a lot. I've been inspired by Bosnia to never give up, no matter what challenge is present. I speak for all Balkans when I say if you ever have a chance visit and explore the Balkan Peninsula, you should. It will be a trip you will not regret.







# DON'T LEAVE me on red

GAMEPIGEON BECAME YET ANOTHER app that students quickly became obsessed with.

The app allowed users to play mini-games within their contacts and text messages.

Junior Justin Lawson simply played to win.

"I started playing GamePigeon because it was fun to beat people. 8 Ball is my favorite to play. I love to try and destroy people. I currently have 72 wins and 35 losses."

Not everyone was great at GamePigeon but still played.

"I've been on it since Christmas, but I'm pretty bad at it. At least it gives me something to talk about with my friends," sophomore Azia Whitaker said.

Others could boast to being able to juggle multiple games at one time and still rack up wins.

"I'm playing with 50 people right now and am up to 150 wins," sophomore Kaitlyn Taylor said.



(clockwise) Juniors Justin Lawson and Willie Harden and sophomores Azia Whitaker and Kaitlyn Taylor all play GamePigeon.



77% 😂

9% 😊  
9% 😏

## WHAT'S YOUR GO-TO EMOJI

2% 😍  
3% 🐛

## GO POKÉ OR GO HOME

"When I first started playing, the first thing I caught was a squirrel. Maya [Monsour] and I got so into it that we rode bikes to a bunch of places to get Pokéstops. Whenever I went out of town I played all the time. I caught a Pikachu in Florida. It took me two months to find a Snorlax, but I finally found it in the library."

Kelsey Moore, 9



"I play Pokémon Go because it is fun and I can name all the Pokémon from highest power to lowest power: Mewtwo, Mew, Charizard, Dragonite, Snorlax, Blastoise. I did not play Pokémon as a kid when the game was really popular, but when Pokémon Go came out I started playing."

Cameron Warner, 11



"I was at the lake when I first downloaded it. I went out on the Jet Ski and slowly drove around to catch Pokémon. There is a myth that there is a Gyarados in the middle of Smith Mountain Lake. I was riding around on my jet ski trying to find it, but I never did. It was disappointing. I'm not going to lie."

Maya Monsour, 9







A CRINGE CREW FILM  
 matt taylor  
**saving cody hayden**  
 jake furrow baker haviland walker mastrangelo

# run CODY run

WHO KNEW THAT ONE  
 CROSS COUNTRY PICTURE  
 WOULD TURN SENIOR CODY  
 HAYDEN INTO A MEME  
 SENSATION

WHILE HE RACED TO THE CROSS COUNTRY finish line, the last thing on senior Cody Hayden's mind was becoming a social media sensation.

"This Twitter page started because I posted a picture to Instagram of me at the end of a race and I was pretty tired, had bad form and some bad hair," Hayden said.

Once senior Jake furrow got his hands on the picture, memes started popping up everywhere.

"Once I saw the picture on Facebook I saved it and sent it to [sophomore] Matt Taylor asked him if he could Photoshop it for me. I'm not good at that stuff, but I knew that he was. Matt started photoshopping Cody's face on other scenes," Furrow said.

"Jake told me what picture to edit Cody into, and then I would send images back to him to post. It only takes about 30 minutes to finish all of the editing," Taylor said.

Through all of the work put into these pictures, the Twitter account ended up blowing up. Hayden took his new-found celebrity in stride.

"I really like the 'Saving Private Ryan' one. It's a picture where I'm Private Ryan, and it's called Saving Private Hayden. I think the Twitter page and all the memes are pretty funny," Hayden said.



Meg Stephens, 11



Emanuel Burwell, 9



Tori White, 10



Drew Robertson, 11

THAT'S  
 SNAPTASTIC



# DON'T quit

*SOME SAID IT WAS SIMPLY  
FOR THE MONEY, OTHERS  
SAID IT WAS FOR A GOOD  
DISCOUNT. EITHER WAY,  
JOBS WERE IMPORTANT.*

**BABYSITTING WAS NOT FOR EVERYBODY**, but for seniors. Alison Williams and Brenna Harman, it was a fun way to earn some money.

"I babysit for four regular families, but every now and then there are others. My favorite part about babysitting is when they are tiny, and you can just teach them things," Williams said. "I taught one of my kids how to tie his shoe, and he got so excited. They are amazed with everything, so watching them figure stuff out is fun."

"I love bringing projects of my own invention. I bring cupcakes to ice, canvases to paint and chalk to use outside on the sidewalk and driveway. The most fun Ellie and I have is riding around on scooters and chasing each other," Harman said.

If children weren't their thing, there were plenty of other job opportunities for students. Many worked in restaurants or food services, including junior Cameron Warner and senior Layne Sigmon.

"My dad knows the owners of Bellacino's and helped me with filling out my application and getting the job. At work I make pizzas and grinders, re-stock the tables and clean up and do dishes. I love the job," Warner said."

"I work at Mission BBQ at Towers, where I get to take orders and clean the sitting area. I like that the location is close and the pay is good," senior Layne Sigmon said. "Mission BBQ is a good company. They do a lot to give back to first responders, active military and veterans."



a millionaire **112**

Victoria's Secret Angel **51**

superhero **30**

astronaut **29**

a Kardashian **28**

a rapper **22**

race car driver **15**

## WHAT WILL YOU BE WHEN YOU **GROW UP**



**TAKING A CUSTOMER'S ORDER**, senior Abby Svec mans the cash register at Elderberry's, a popular smoothie and wrap store. Svec took the job as a way to put gas in her car. "I love the people I work with and the atmosphere. Everyone is just so friendly. I love being on the register and getting to talk to people," she said.

**DECKED OUT IN THEIR BALLERINA GEAR**, Ellie Shawn, daughter of Mrs. Chrystal Shawn, and senior Brenna Harman pose for a picture after an afternoon of play. Harman worked as a nanny for the Shawn family, getting Ellie off the bus and watching her every day. Harman was hired after Mrs. Shawn learned another job was not going to work out for Harman. "Mrs. Shawn saved me at the beginning of the year, and I've worked for her every day since," Harman said. "Having school and a job is a really big commitment, and does at times have its downfalls. I had to learn to balance socializing and my commitments."

**BEAUTIFUL FABRIC IN HAND**, junior Amaya Daniels steams a dress while working at Patina's, a local dress shop. Daniels decided to work at Patina's because she loved the store. "We do everything for our customers. The best parts is when the girls say yes to a dress and the expressions on their faces," she said.

**BEHIND THE DESK AT CUSTOMER SERVICE**, senior Alex File helps a customer at the Salem Kroger. File usually handled money services, the register and returns. "One thing that is hard about my job is knowing how to fix things that are messed up like giving money back. The people I work with are great and nobody really has a bad attitude. All the customers are nice and our regulars know my name," he said.



## junior MIRANDA TRUMP *my job hurt me*

I work at Ragazzi's Italian Grill and on one of my shifts at work I was wearing boots when I should have been wearing non-slip shoes. I was walking too fast through part of the kitchen to go see one of my co-workers and their dog that was outside. As I approached the door I slipped and fell. I immediately knew something was wrong because I had a lot of pain in my right arm. When I got off my shift after working,

I went to Velocity Care to see a doctor. We did x-rays and found out I had broken my elbow. I had to get a cast that went up to my shoulder for six weeks. The cast kept my elbow bent, and my arm would itch all the time. The cast also started to break when I got it wet. It was really difficult in school, and I had to get excused from a lot of work since I couldn't write. And I didn't even get to pet the dog.



**MAKING A SHOW OF SUPPORT**, sophomores Amanda Bowman (second from left) and Belle Bowman (on right) stand with their family at the HDSA Walk. The Bowmans walked to raise money for the Huntington's Disease Society of America. The girls lost both their great-grandmother and grandmother to the disease. "My family wanted to raise money for the cause since the disease affected our family," B. Bowman said. "There were a good amount of people who showed up to support the cause. The day was a fun event, with lots of games for the kids," A. Bowman said.







# THAT MOMENT WHEN

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*JUNIOR ELIOTT WALLER  
DECIDED TO CHANGE  
HIS LIFE AND EDUCATE  
THOSE AROUND HIM*

---

## **I FINALLY DECIDED TO TRANSITION WHEN I**

got to the point where I wasn't able to take care of myself anymore. I couldn't look in the mirror, I hated taking showers and getting dressed was a nightmare. I began only wearing big sweatshirts all the time, even in 90-degree weather. Anytime I would have these problems, I would always just push them to the side and avoid them. But, eventually, I knew transitioning was something I needed to do.

The process of transitioning for me was really easy compared to others. I was able to start Hormone Replacement Therapy, HRT, about ten months after I came out, where other people can be forced to wait for years.

Coming out to my friends was hard but much easier than it was to come out to my mom. Before I came out to my mom I did research about how other parents reacted, which gave me resources to use but it also scared me because it showed the hard side of things.

The entire journey for me has been like a torturous walk in the park. Some of the hardest parts for me have been the fear of other people. Sometimes I'm scared to go to any bathroom that is not a single stall. A lot of people use the words "Tranny" or "Transvestite" to describe people who have transitioned, but those are not correct terms to use because they are highly offensive. I personally prefer if people call me a "Trans-man" or "Trans-person."

Throughout this journey, the support of my mom and sisters has helped me get through. Most of my family supports me and my decision or is at least trying to. Being a Trans-guy is a something that is a big part of me but is not the only thing that I am.



**Headband**

"It helps you identify yourself in the pictures they take on the course. You just type in your bid number, which is on your headband."

**Shirt**

"I usually do not wear a shirt, because there is a lot of water and mud that gets stuck to whatever you are wearing. The less you are weighed down, the faster you are going to be."



**COLE BUNN, 11**  
spartan race competitor

**Medals**

"They are why I do this. I am very proud of what I have done. The sacrifices I make to have time to train during the school year is pretty difficult, but I make it work."

**Boots**

"I run in trail running shoes, which help dig in the mud and helps you keep traction on the slippery parts of the course."

**Helmet + Goggles**

"I wear the goggles so I don't get hit in the eyes with rocks and dirt. I have to wear the helmet so I don't get a concussion. I've seen some bad head injuries on courses."

**Neck Brace**

"People have broken their necks while racing, so I always wear the neck brace. Luckily, I have not had any injuries that have caused me to break any bones."

**Racing suit**

"The suit protects my body. I wear a chest protector and knee braces under it, which protects my ribs, shoulders and knees. My dad once hyperextended his left leg, breaking his knee cap and tibia. So that's why I always make sure to wear braces."

**Boots**

"Boots protect my ankles and my feet the whole time. The boots and uniform also keep the motor and exhaust from burning my legs."



**MATTHEW CARTER, 11**  
dirt bike competitor

## CATCH AIR



Trey Hodson, 11

"I started skiing when I was five. My dad got me into it because he's always skied. I go skiing at Snowshoe in West Virginia. I like going really fast down the mountain and the feel of the wind going through my scalp. I've never had any serious injuries, although one time I went off a jump and hit the ground and it really hurt. My favorite part is the fresh powder. A funny memory I have was one time [junior] Cameron Warner went off a jump and then he got hurt, and he was pulled off by one of the snow things. That was definitely hilarious."



Jay House, 10

"About a year ago, my friend [sophomore] Dylan Smith and I saw skateboarding on tv and decided to do it. I can now do a tray flip, kick flip, front side flip, back side flip, half cab flip, half cab double flip and double flip. My favorite is the trick flip. I like jumping off things, but you get hurt a lot. I sprained my ankle when I was trying to make a fly ollie off six stair and one time when I was trying to do an ollie out flip three stair and the board hit me. My favorite memories come from when I go on skate trips to Christiansburg with junior Dawson [Hicks] and Dylan."



# GETTING dirty

MAKING IT IN A MALE-  
DOMINATED SPORT  
PROVED EASY FOR JUNIOR  
ERIN HOLT, WHO WASN'T  
AFRAID OF A LITTLE DIRT

**"FEAR IS OVERRATED," JUNIOR ERIN HOLT SAID.**

Holt said she was not intimidated when she first started riding dirt bikes at a young age. She said her father got her on a bike by the time she could walk, and she couldn't resist the adrenaline and challenge that drew her into the sport.

"I started riding dirt bikes when I was six years old. My dad got me into it, because he started riding when he was five. I really enjoy it, because I like the challenge and it is fun when you get to beat boys. I also like the scene of all the families that come together at the races," she said.

Her journey as a rider wasn't easy, though. Injuries temporarily kept her off the racing circuit.

"I broke my ankle riding a four wheeler. I am very passionate about dirt biking, and it was really hard on me when I could not ride. But, I do not think there has ever been a time where I go riding and not wiped out."

Despite the many challenges of riding, she had good memories associated with the sport.

"I have a lot of memories of riding when I was with my dad and even when I did things I was horrified to do. I think knocking out goals of attacking things I was scared to do is one of my best memories. The sport has definitely taught me determination and that you cannot fear anything."



Braden Dean, 12

"I started skiing when I was three years old and my parents took me on a trip with them. I have no memories of the day, but there are pictures. Now I ski a lot. I love that you get to go fast and feel like you're floating in the air all at the same time. Skiing is fun when it's like that. It's not fun when you get hurt, and that happened to me once at Snowshoe's terrain park. I came off a jump and landed on the flat part instead of landing on the downhill. The jolt went straight to my back. I tried to do one more run, but I had to pack it up and just drive home."



**CUTTING A CORNER ON HER DIRT BIKE**, junior Erin Holt practices for a competition. Holt, who had been racing since she was six years old, traveled all over Virginia for competitions. "I love the challenge the sport provides and being able to beat the boys," Holt said. "I don't think there has ever been a time where I went riding and didn't crash, but crashes never stop me." **ONE WHEEL IN THE AIR**, sophomore Ethan Fox pulls a wheelie while biking with friends. Fox started riding dirt bikes the summer after his freshman year. "[Junior] Matthew Carter almost ran me over once. He was coming up behind me and I crashed, and then he crashed on top of me," Fox said.



# standing ON A SOLID ROCK

YOUNG LIFE AND  
ROCKBRIDGE  
DREW STUDENTS  
TO WORSHIP



"God has impacted me in many ways. I've become a better person, and am more selfless. Through our relationship and through prayer, I've made better grades and better decisions, and **I'VE MATURED.**

I always look to Him for my hopes and worries. Since I was saved, life has become more enjoyable. I've put time into bettering myself and others. I go to bible study on Thursday nights. Every day I open my Bible and read for at least for 10 minutes. I've also **DEVELOPED MANY FRIENDSHIPS.**

Music has helped my spirituality. Gospel music is inspiring. I'm already a musical person so being able to worship with some **GOOD MUSIC IS COOL.** I'm also a part of the praise band at my church.

I battle anxiety, and when I went to church everyone there looked happy. I wanted that. I wanted someone I could always look to for my anxieties."

as told by freshman Danielle Brinkley

"I've been a part of Young Life since eighth grade. I enjoy the atmosphere there because I feel **ACCEPTED BY EVERYONE.** Being with some of your closest friends while sharing true emotion is a feeling like no other.

The best stories are from club when they play games. One time I was selected to play a game where **YOU HAD TO SAY PICKUP LINES** to a mysterious person. It was hilarious.

I've been on both sides at Rockbridge, work crew and as an attendee. It's one of the most special places in my heart because of its **REMOTENESS FROM THE OUTSIDE WORLD.** The best stories at Rockbridge cannot be told, but one of my favorites is when I was playing Ultimate Frisbee with [senior] Baker Haviland. He threw it into the creek like five times in a row. I love playing all different sports, especially Octoball and Frisbee golf. I personally love the singing during the clubs at Rockbridge, yet my favorite thing by far is the 'say-so' at the end of the week."

As told by sophomore Adam Gladfelter

"Having Young Life on a Monday night is such **AN AWESOME WAY TO START MY WEEK.** There's nothing better than being able to spend those nights with my friends.

Young Life is a club open to everyone, and is a great place to be yourself. The games are fun, the people are great and the **STORIES ARE LIFE-CHANGING.**

Although Young life is beyond amazing, Rockbridge has to be better. There are handfuls of awesome leaders who are very skilled at leading you toward the right path. The games we play are games **I WILL NEVER FORGET,** and the food is spectacular.

I have met so many inspiring boys and girls my age who I still keep in contact with today. The memories made at Rockbridge stay with you."

as told by junior Abbey Shorten





"Young Life is a place for teens to gather and just be able to be themselves as they interact with people they usually wouldn't at school. It's cool to see because it has **INFLUENCED MY LIFE**.

Rockbridge is like a camp. I have been twice as a camper and three times as work crew, where I do dishes or serve food. It has changed me, for sure. Freshman year I had no clue about God or what he had done for me.

[Our group] is different from other schools, because we are more close-knit, while still being able to accept newcomers. [The] club is like a taste of Rockbridge, which is like **A FIVE-COURSE, WEEK-LONG MEAL**. The club is better, the games are enhanced and the environment is amazing.

Rockbridge has made me consider theology as a path to pursue in life. I want others to hear and feel the way I did when I was **SURROUNDED BY HUNDREDS OF PEOPLE** enjoying life."

As told by junior CJ Poulsen



"There are different schools who have kids attending Rockbridge. You **MEET NEW PEOPLE** and have fun."

The first time I went, we were waiting for lunch and a snowball fight broke out. **SOME RANDOM GUY** pummeled [freshman] Kelsey Moore in the face with a snowball. We all started chucking snowballs and the counselors were all saying, 'Guys you have got to stop.' It was funny.

A game I enjoy is the 'Cupcake Game,' because all the girls hide behind a fort and the boys use slingshots to **SHOOT CUPCAKES AT US**. Right when I turned a corner a boy hit me right in the face. I do not think he knew what he was doing, because he did not have good aim.

Once, everyone did a skit where they were at the movies and they had to **SHAKE UP A BUNCH OF SODAS**. [Freshman] Maya Monsour and I were in the front row and got sprayed. We had to leave and go clean up because we were so sticky. It was a fun, but crazy, experience."

as told by freshman Sofia Midkiff



"I have been involved in Young Life for about two years now. Most of my friends were part of it and encouraged me to go, as well as the leader, Eric. That was two years ago, and I am **STILL GOING EVERY MONDAY**.

In Young Life, you learn about yourself and others. We are all comfortable with one another, because everyone is so nice. And while the **BEST PART ABOUT IT IS DEFINITELY THE PEOPLE WHO ARE THERE**, it's also the activities.

We learn about God, but we also get to sing and play games. The games definitely **GET YOU OUT OF YOUR COMFORT ZONE**. For example, one time I had to drink a bunch of Coke and the one who could burp the loudest won."

as told by sophomore Caleb Pritchard



# THAT MOMENT WHEN

FRESHMAN NATHAN  
LAPRADE WENT  
SEARCHING FOR LOST  
TREASURE

## I GOT MY METAL DETECTOR FROM GARRETT

Metal Detectors as a Christmas present. I use it to find older stuff, like Civil War artifacts and Revolutionary War objects.

I enjoy history and that's why I initially took up this hobby. I was watching different television shows on the National Geographic Channel and the History Channel with my grandpa is what gave me the idea to start this hobby. He started metal detecting in the 70s. He was allowed to go to Virginia Tech and metal detect there, where he found several civil war artifacts. I remember when I was six he brought me to his Botetourt County cabin for the first time, but at that time I wasn't really into it and didn't care too much about it.

The most enjoyable thing about metal detecting is searching for the different objects and items. I not only search in my yard but I take day trips to old farm houses, cabins and logging roads. So far my favorite place to go is the Botetourt County. Every now and again I will bring a friend along to enjoy the experience and to help, but I mostly just go alone.

When I find something in the ground, I first pinpoint the item, then I dig it up and clean it. The coolest object I've ever found was a bronze and silver mercury dime from 1917. Everything that I find, I keep and add to my collection until I find out how much they're worth. From there I decide what I want to do with them. I've also found civil war musket balls, old coins, pieces of old lanterns, casings from bullets and farming equipment.







# YOU SHOWED UP

**TEN YEARS IN THE MAKING**, seniors Brad Kinder, Jared Steele, Will Rinn, Baker Haviland and Jake Furrow recreate a picture that was taken of the boys when they were on the middle school basketball team. The seniors had been playing together since the second grade and would go their separate ways upon graduation. "Cave Spring is such a special team to play on because of the tradition. I grew up watching Cave Spring play, so to actually play for the team has always been a dream of mine, and I will miss that," Haviland said.

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# HERE FOR some fun

LIVES WERE CHANGED FOR  
THE BETTER WHEN  
STUDENTS CAME  
TOGETHER TO SERVE

**MRS. SHERRIE TYLER'S STUDENTS, ALONG WITH OTHERS** around the county, competed in the Special Olympics at William Fleming High School on September 26, 2016. The event was a day for athletes who normally didn't have the opportunity to participate in school sports and also gave them the chance to win accolades.

Sophomore Zach Martin was a volunteer at the county-wide event. Martin, along with other students, served as a teaching assistant for Mrs. Tyler, helping in the classroom and during monthly field trips.

"I love working with the kids because they're awesome," Martin said. "My favorite part of the Special Olympics event was when they get on the podium to get their prizes and they all had huge smiles on their faces. Every athlete gets a prize, so there's no such thing as first and last place."

During the event, sophomore Danielle Durrance took part in some events that showcased an athlete's power.

"I did the softball throw and I threw it really far," Durrance said.

Another person that took part on the event was special education teacher Ben Creasy.

"I enjoy being around the Special Olympic setting. The kids really do put a smile on your face because they enjoy it so much. It's kind of infectious to be around them, and I wanted to be a part of that," Creasy said. "Our kids are very independent, so we just kind of lead them down the right path and they take it from there."



**AFTER RELEASING HIS BALL,** Alex Reed watches to see how far his softball traveled. Reed and Danielle Durrance both participated in the softball throwing event at the Special Olympics Little Feet Meet. "I liked practicing the softball throw," he said. **LEANING IN FOR THE SHOT,** sophomore Brooke Fretwell prepares to return the shot in a game of pickleball, while her brother, sophomore Josh Fretwell looks on. The Fretwells learned and played many games in Mr. Tommy Maguire's Health and PE class. "It feels good to be able to get up and move in gym, compared to sitting in a desk for almost two hours every class. Being able to play games is much more fun than sitting in a desk and doing work. In gym we do different units that have different games, so we get to play something during almost every class," B. Fretwell said.

## WHY I HELP



"I've been volunteering with the special needs students for two years, because I have always liked working with kids who struggle. Working with them is the best part of my day. They're always happy to see me, and I think they like having me there. I really like taking field trips with them because they really enjoy doing fun activities, and the trips allow me to spend more time with them. My favorite field trip so far was the Special Olympics, an event that allows students with disabilities to be successful. It made me so happy to see these students excel in something they enjoy. Watching the joy on their faces when they crossed the finish line caused feelings in me that I can't even describe. The only struggles I have had working with these students is watching them have a hard time learning or doing something that comes so easy to everybody else. They want to do well and sometimes it's frustrating for them when it takes longer to finish or is harder for them to do than it should be. I plan on volunteering with these students for the next two years as well. I know that when I look back on high school, this will be one of my most memorable experiences."

As told by Jack Parker, 10





**IN THE CENTER OF HER GROUP**, sophomore Kasey Skaff takes the lead during SOL review in Mrs. Kayla Beggarly's tenth grade English class. All students in tenth grade English had to take their first of two English SOLs. "We played a version of blackjack for SOL review. We each got a different part of the writing SOL, like the body paragraph or a thesis statement, then we would write about it. We had to pick out different prompts and write about those. Each thing counted as a different amount of points and if you busted, someone else picked out your prompt. If you earned a higher score you got a thesis or a body paragraph," Skaff said. **RACING TOWARD THE FINISH LINE**, Amanda Williams participates in the 50-meter fast walk at the Special Olympics Little feet Meet. Hosting participants from around the county, the event was held at William Fleming High School. "I did track at Special Olympics. I won first and second place," Williams said.





# THAT MOMENT WHEN

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SENIOR NORAH  
MULINDA LEARNED  
MORE ABOUT HER  
CULTURE

---

**DURING THE SUMMER, MY FAMILY MAKES AN** effort to visit our family in Uganda. We have gone on a few safaris, visited the source of the Nile River, hiked a mountain that overlooks Lake Victoria and taught children at St. Catherine's Junior School.

St. Catherine's Junior School is a private elementary and middle school run by my dad's friend. During my ninth grade year, my sisters and I thought of the idea of creating a pen pal system between students in Virginia and the students in Uganda. During the summer we would take the letters written by the elementary students here and take them back to St. Catherine's and vice versa.

Last year we were able to see a performance from the Indere Troop, which is a group of professional dancers that represent the different regions of Uganda. They each perform a different style of dancing.

Two years ago we were able to meet the former Vice President of Uganda, Specioza Naigaga Wandira Kazibwe. She was the first woman in the entire continent of Africa to hold her title. She was able to give us an unforgettable tour of her magnificent estate. She recounted to us stories of times that she interacted with her friend Nelson Mandela.

My favorite part about visiting Uganda is seeing my family, but also it's a great opportunity for me to learn about a piece of my heritage and find out more about Busoga origin and the Lusoga language. I was born as a Musoga, into the Busoga tribe the second largest tribe in Uganda. We speak Lusoga, the second most spoken language. I am rarely given the opportunity to immerse myself in Uganda culture, language, and customs since very few Ugandans live in Virginia.

Traveling abroad has definitely expanded my perspective and made me more accepting of different backgrounds. In the next few years I definitely want to spend a couple months or a year in Uganda. Maybe one day I'll start an organization that helps connect people in Uganda and America, because we have plenty to learn from each other.







# READY FOR my career

FOR THOSE STUDENTS WHO  
WANT TO LEARN A TRADE  
OR CAREER SKILL,  
BURTON CENTER FOR ARTS & TECHNOLOGY  
OFFERS AN OPPORTUNITY

**BURTON CENTER FOR ARTS & TECHNOLOGY (BURTON)** offered a variety of specialty classes for students interested in educational opportunities outside of their normal high school curriculum. These classes fell into five categories: Associate Degree Technicians, College Bound, Work Force Entry, Specialized Programs and Adult Education.

Junior Garrett Abshire studied Welding and Motorports at Burton.

"I wanted to go Burton because I thought welding was cool, and I figured out I could actually do a lot with it. In Motorsports we are fabricating a drag car right now. It is a 1972 Chevrolet Chevelle that we're actually going to drag in a few years," Abshire said. I think Burton has definitely inspired me on my career choice. I have the chance to work with my hands and get experience in the field."

Junior Cameron Cassity also got to work with his hands in the two classes he took: Masonry and Building.

"When I toured, I remember thinking everything looked interesting. We're doing things like carpentry, plumbing and electrical. I placed in the state fair in masonry, and I'm on the building trades team. I think I've learned a pretty good amount so far," Cassity said.

Sophomore Julia Fleshman worked with children while at Burton.

"I want to be a teacher, so I'm in the early childhood education program, which allows me to earn internship hours for college when we go to elementary schools and work with children. Last year I worked with a first grade class and this year I'm with a kindergarten class," Fleshman said.

Burton provided special opportunities for students to prepare them for the workforce or college.

Mackenzie Powell (HVHS); Ethan Muncy, 11; Brandon Cheatham (WBHS); Carter Lawrence, 11; Landon Wood (NHS)



"I was asked to join the engine team at the end of my freshman year. The team tears down and rebuilds a Chevrolet small block as fast as we can, aiming for 20 minutes or less. We try to practice two times a week at the least and during our Burton class. We also try to do events out of school like Advanced Auto cruise-ins and the MDA car show. While I've been on the team we've traveled to at least 10 competitions in places like Tennessee, Illinois, Nevada and Indiana. The competitions are timed, and you can get penalized for dropping parts like the head, air filter and carburetor. Fasteners such as bolts and nuts don't get penalized but dropping pretty much anything else or hitting the torque wrench on a metal part will cause a penalty, which adds time. I have gotten \$10,000 in scholarships to 3-4 different schools within my two years of going to national competition. The best part about this team is building friendships with people who are across the nation. That is pretty spectacular. Also, I've learned to work better with others and to have more of an open mindset to people's ideas. If anyone is interested in a career in the auto field, take auto service, motorsports or welding. The instructors at Burton will help you succeed. Engine Team is a thrill."

As told by junior Carter Lawrence

Mackenzie Powell (HVHS); Carter Lawrence, 11; Landon Wood (NHS); Ethan Muncy, 11







**SCRIPTS IN HAND**, freshman Maysen Waller and senior Britton Olsen run lines for their spring show, "Sister Act." Waller and Smith were both in Mrs. Carol Webster's Performing Arts program at Burton. "I love the feeling of being up on stage, it's a big rush," Olsen said. "To be a different character you have to put aside all of what you're facing and struggling with to be a different person for a while. I've met so many amazing people, learned a lot and had a great time." **AFTER MAKING TACOS**, junior Nanci Boggs cleans up the leftovers. Boggs was in Ms. Teresa Baxter's Culinary Arts program at Burton. "I absolutely love the class, and Chef Baxter is the most amazing instructor. Being able to cook is definitely a skill everybody needs," Boggs said. "If you are interested in making a career out of it, or just really enjoy it, I would take the class. You get to cater and do competitions. It's so much more than just being in a kitchen every day. Be warned, there is a lot of work involved, but it's totally worth it." **MANNING THE TABLE SAW**, senior Benjamin Chapman cuts wood while in Mr. Shelton's Building Trades II class. Chapman and his class built a gazebo for the Home Show at the Salem Civic Center. "I thought the class looked fun and would help me in life," he said. "For example, if I need to do repairs on my house I don't have to call someone and have it cost me hundreds out of my pocket. Everyone needs to know a little bit of something for their house or anything really."



**LAUGHING BEFORE HER AUDIENCE**, sophomore Peyton Conner (right) eases her nerves before a dance practice. Conner planned on pursuing musical theater in New York after graduation. "I decided to study at Burton because I want to major in musical theater in college," Conner said. We study acting, singing and music theory, and we put on three shows a year. This is a great class to take if you're passionate about singing and dancing." **STEADY HAND ON PAPER**, freshman Sophie Currier draws in the early morning for her art class. Currier took Ms. Natalie Strum's Visual Arts I course at Burton. "At first you think, 'I don't know 90% of the people in this class, I'm going to be alone all year,' but everyone is fun. We're close, we make jokes and I enjoy the class. It's the only reason I would ever wake up at 6:00 in the morning," Currier said.



## TWIRL GIRLS



**Morgan Cundiff, 12**

"I did color guard for all four years. Originally, I was just going to try and see how it went. But, then I developed a love for it, which I never experienced because I never played any sports. Marching onto the field was always nerve-wracking, but I was fine with the performing part."



**Vika Fedchuk, 10**

"Competitions are stressful. The few minutes before we go out onto the field, that's when everyone is nervous. They tend to forget stuff like the first step off and the first note they have to play. But, if you keep calm and focus during those first few minutes before you go out onto the field, then you'll be okay. Franklin County High School was our only competition of the season, and we placed seventh overall."

# PLAY the beat

**MEMBERS OF THE BAND, COLOR GUARD AND CHOIR** showcased their skills to prove they were the best.

"I like performing, so color guard is a good experience," sophomore Alison Bassant said. "We have to get into character when performing during halftime because we have to act out a story on the field. To make sure we achieve a good performance, we always make sure that we work together."

Some students preferred to be a bit more vocal. Instead of performing on the field, they performed on stage at All-District Choir competitions.

"All-district choir is when all of the different choirs from Roanoke County get together at Northside High School and perform," junior Gracie Shelton said. One of the county's choir directors directs all of us. We sing the entire day, only getting around two or three small breaks. It's exhausting."

For those who wanted to go for a more symphonic and collective instrumental take on the arts, there were many band classes to choose from, including marching band. These students entertained the crowd at football half-time shows and competed for titles.

"We have to know our own music and make sure we get our stuff done before we can work as a section. If the section is strong, for example if all of the clarinets know their part and all of the percussionists know their part, then that makes everyone united and stronger," sophomore Vika Fedchuck said.

"**WE CHANGE OUR UNIFORMS** depending on the occasion. When we were performing for the home crowd we wanted to look really nice, so a lot of times we were our full suits. Otherwise, we would just wear white shirts to be more flexible and more comfortable with how we conduct the marching band. It is pretty stressful to conduct a marching band, but overall just to be able to be up there and control the band and lead them is a really great experience," junior Drum Major Matthew Flores said. "The commitment is time consuming to say the least. It's a lot of fun to hang out with the people in band, and even though it takes a long time it pays off in the end when you're performing at Friday games and just hanging out with everybody. I don't really get nervous when I conduct because I know the audience is not looking at me, they are looking at the band. When I played in the band before I conducted I would get nervous. After my first performance conducting, I was not nervous anymore," senior Drum Major Nick Axt said.







**WORKING THROUGH THEIR STRIDES**, twin seniors Mackenzie and Mary Hamby perform during the halftime show. Guard members practiced all summer and into the fall to perfect their routine. "Color guard is definitely hard, but it's fun to be a part of something where you push yourself to do things you didn't think you could do. Performing at football games is stressful, but once we get out there it's exhilarating," Mackenzie Hamby said. **FAN IN THE AIR**, freshman Katie Durica performs with the band on the field. Practices were three days per week while in season. "Halftime shows are our time to shine and show what we have accomplished throughout the week. It's a lot of fun, but a lot of work at the same time," Durica said. **DURING THEIR BEATLES-THEMED HALFTIME SHOW**, junior Haley Ingle plays trumpet with the horn section. Members spent months practicing to perfect their line formation. "I love band camp, even though we have to be out in the scorching hot weather nonstop for a week straight," Ingle said. "At the football games we do really stupid stuff in the stands and dance and just have a lot of fun."



**LOOKING TO MRS. TERRY HAYNIE FOR DIRECTION**, members of the choir practice before their choral assessment held at William Byrd Middle School. Senior Emily Phillips was one of the students who performed. "I have been in choir for six years. It's a great class to take," Phillips said. **WITH SENIOR JORDAN MEHTA BY HIS SIDE**, freshman Josh Wainwright plays saxophone during the marching band's performance. Wainwright said he struggled at first, but learned quickly with the help of his section. "I had never marched before and at first could not march and play at the same time," he said. "But everybody else did a good job of teaching me and showing me how to do everything."







# THAT MOMENT WHEN

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*FRESHMAN PARKER  
ALBRIGHT DOMINATED  
THE COMPETITION AT  
NATIONALS*

---

**MY DAD WAS THE FIRST TO START RACING IN** triathlons, which have competitors compete in swimming, cycling and long-distance running. He soon found out about Endorphin Fitness, a team that's based in Richmond. When I was about ten, he started to pull me into the triathlon world. You could say I kind of followed in his footsteps.

I enjoy doing the races, which require me to train year around and every day. I'm on a swim team and the cross country team, which helps me with running aspect. I also have a triathlon coach in Richmond who coaches me online and provides me with daily workouts.

A triathlon is a series of races and it's like a point system in cross country. My favorite course is definitely nationals, which I won in the 13-15 year old category.

I'm always nervous before a triathlon and have had bad races before. When that happens I'm always scared about what my coach is going to think, but he's always super supportive. Usually I shake it off and use that anger in the next race so I perform better.

The longest course I've done is called a sprint triathlon, which is a 700-meter swim, a 12-mile bike ride and a 5k-run. These aren't the norm for me. Usually, the distance I do is a 375-meter swim in a lake or an ocean, a six-mile bike ride and 1.55-mile run.

I love competing because I'm a really competitive person. These races give me a lot of adrenaline, they pump me up and excite me. It's what I love to do and I would love to be a professional triathlete.





Ryan Burchett, 11

## SPLIT PERSONALITY

"I usually come to school in khakis and a hoodie or sweatpants and a hoodie. I make all of my fashion and clothing decisions based on whatever is on the top of the pile in my drawer. I wear anything that feels comfortable. Unless it's a vest. Or if it's pink. I also play basketball, and I like the clothes that are part of that uniform a lot better. Both the jersey and shorts are smooth, lightweight and a lot easier to maneuver in than the golf outfit."

"I enjoy golf because it's a sport that you can play forever. When I'm on the course, I have to dress differently than I would at school. In order to go on the country club grounds, you have to follow certain guidelines. Your shorts have to be khakis and they have to be belted. Your shirt must have a collar and be tucked in. Hats are allowed, and I always wear one to keep the sun out of my eyes. You have to wear shoes that cover your feet. Denim is never allowed."

# PICK UP the pace

AN UNHAPPY FIGHT  
PROVIDED THE  
COMPETITION CHEER  
SQUAD WITH MOTIVATION

COMPETITION CHEER WENT TO STATES FOR THE THIRD consecutive year, and, while the squad came up short, they still pulled out an impressive performance after having a strong season.

"The year went pretty well," senior Claire Flowers said. "It didn't end how we wanted it to, but it's okay because I know we all tried really hard."

States was still a great opportunity to have team bonding, even though it was stressful.

"Going to states gave us all a really nervous feeling. When you walked into the arena [in Richmond] you could feel the intensity," freshman Baylee Hodson said.

The squad had five seniors, and their experience helped keep the girls focused and united as a unit.

"Having a lot of seniors was great, because they helped us get into the groove of things," freshman Annalee Yeaman said. "Everyone on the team was already close before the season even started, so we all fit together really well."

Going to states is more than just a competition, the journey was a time for them to bond and have some fun before the stress of competing for such a huge title.

"We always eat at Dave and Busters and we play games before we eat. Then we all go shopping at Short Pump Mall. Once we get to the hotel we always run around and get in trouble," Flowers said.

"The day of states is stressful because we have to wake up and be ready by a certain time, and then we have to ride the bus over to the arena," senior Riley Pedigo said. "Once there we have to check in, which takes an hour and a half, and then we have to sit and wait. Once we get going, though, it goes pretty quick."

And, even though the next chance at states won't come until next school year, the team was already starting to prepare.

"Now we are even more excited to prepare for next year," junior Kinsey Harris said. "We started open gyms a few weeks after we got back from states. To prepare for states our practices will go as long as they need to."







**BEFORE A KEY PLAY**, senior Tom Milby prepares to hike the ball to sophomore Jacob Knight. Milby had to switch positions at the last moment to center for his last season. "Playing my last homecoming game was a good feeling, but it was sad because it was one of the last big games I was able to play with people that I've played with for the last four years," Milby said. The Knights defeated the Highlanders 21-0. **HAND IN THE AIR**, junior Sam Rutigliano prepares to hit the ball straight down for a kill while playing Pulaski County. Rutigliano used to live in Minnesota and only played for fun, but decided to play competitively when she moved to Virginia. "I decided to try out for the school team," she said. "The hardest part was getting the timing right when hitting the ball and learning to play with others on the court." The Knights defeated the Cougars in three sets. **READING HIS PUTT TO DETERMINE THE SLOPE OF THE GREEN**, junior Carter Glenn attempts to figure out the speed in which he needs to putt. Golf was both an independent and team sport. "I like being able to go out to the course every day after school play to improve my skills," Glenn said. "I feel like the competition brings us closer because we try to outdo each other. We always play putting match-ups or just go out to the course and play."



Tori White, 10



Ryleigh Balzer, 9



Hannah Smith, 10, Hannah Graham, 11  
Eefke van den Heuvel, 12



Willie Harden, 11



**WHILE AT BATTLE AT BYRD**, freshman Hannah Ireland raises her megaphone for a cheer. The team won first place. "The competition was on my birthday, so that was really fun. A lot of people from our school come to support us, along with other fans. Going with all of your friends who are also your teammates makes going ten times better," Ireland said. "In high school you are allowed to do more difficult stunts and tumbling, which makes competition harder, but it also makes it more fun because it is more of a challenge." **PASSING A COMPETITOR**, sophomore Cooper Albright pushes through during the Knights Crossing. Albright said he could barely run a mile without wheezing, but after he started cross country he became stronger physically and mentally. "This season was my first, and I'm so grateful I was a part of it. I enjoy traveling out of town, running all of the courses and looking at all the nature on trails," he said.



Kinsey Harris and Abby State, 11



Josh Fretwell, 11



# LET'S STAY together

ON THE COURT TOGETHER  
SINCE SECOND GRADE, FIVE  
SENIORS PREPARED TO SAY  
GOODBYE

**FOR THE FIRST TIME SINCE SECOND GRADE, SENIORS** Baker Haviland, Jake Furrow, Brad Kinder, Will Rinn and Jared Steele will be going their separate ways after stepping off the court.

"These guys are my best friends and we have been through everything together. It feels good to call them my brothers and a part of my family," Rinn said.

The five boys had been through a lot together, including undergoing a coaching transition when Mr. Jacob Gruse took over the program.

"Coach Gruse has taught us how to handle adversity. Some things you just cannot control, but you can control attitude and effort," Furrow said.

When asked what they would miss, the boys had different answers.

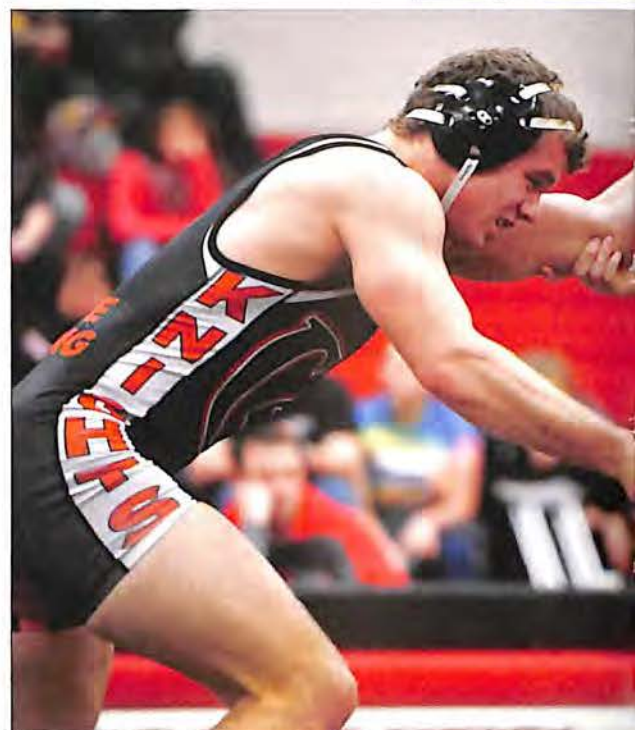
"I am going to miss all the funny memories with the guys and especially everything Will did in the team room," Kinder said.

"Cave Spring is such a special team to play on because of the tradition. I grew up watching Cave Spring play, so to actually play for the team has always been a dream of mine, and I will miss that," Haviland said.

"I am going to miss being able to spend time with these guys every day," Steele said.

And while the focus was on these five seniors leaving and what they would be giving up, one couldn't ignore the loss that was to come for Coach Gruse.

"The biggest loss of the five seniors leaving is their leadership and their work ethic. We have five seniors who were completely dedicated to Cave Spring basketball, from the time they were young to now. Any time we had volunteer work, optional open gyms, workouts, or team camps, they were the guys who were always there. We kind of depended on them, they were the ones who set the bar of what we want for Cave Spring basketball," Gruse said.



**RISE ABOVE THE SURFACE**, senior Paige Assaid surfaces to take a breath. Assaid signed on to swim at James Madison University. "I started swimming at the age of six when my parents put me in lessons and realized it was something I really enjoyed.

My favorite part is the racing because of the adrenaline. JMU was my dream school and my first choice, so when they contacted me it was an actual dream. Ever since I started swimming I knew it was something I wanted to do for a long time. Swimming takes a lot of dedication, so you have to be really committed. I spend about twenty hours a week practicing," Assaid said. **MID-DIVE**, junior Brooke Leftwich holds tight as she heads toward the water. This was Leftwich's first year diving and she earned second at state competition. "It was awesome and crazy, because I just started diving this year and I worked really hard for it. I did gymnastics before a hip surgery ended that. I decided to do diving, because one of my friends told me about it," she said.

## WHAT'S IN MY BAG

Angelo Russo, 12



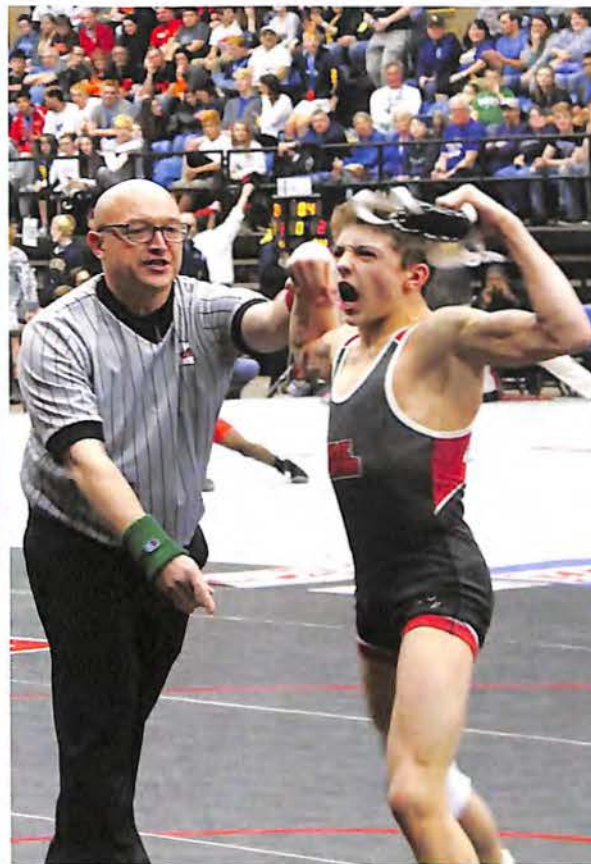
Cap, suit and goggles: "When I feel like I am forgetting something, all I make sure is I have my cap, suit and goggles. The cap is especially important, because it holds your hair and prevents drag."

Supplements: "My supplements help a lot after recovery. When I take them after a practice, I am not as sore the next day."





**PURE EXHILARATION ON HIS FACE**, senior Jason White reacts after beating alumnus Tiki Barber's triple jump record with a height of 45.5 feet. Months of practice led to White beating the Cave Spring graduate and former NY York Giant's record. "I felt accomplished and very surprised. Coach [Hollins] is only there once a week, so it is hard to practice jumps. I practice by myself and we do a lot of one-on-one stuff, so it took a lot of work. There were big crowds and it was nerve-wracking but very exciting," White said. **ARMS RAISED IN CELEBRATION**, freshman Kip Niningger cheers after a huge win against Christiansburg. Practicing two hours every day for twelve months out of the year, Niningger only took a two-week break. Niningger's uncle, Tim Niningger, served as head coach and helped his nephew on the tough journey to win a state title. "It was good wining, that is what we train year-round for. It feels good being the first freshman to win states and is a special and huge accomplishment," K. Niningger said. **LOCKED IN COMBAT**, senior Noah Bushman competes at the state wrestling tournament. Hard work paid off for Bushman, as he planned to continue his wrestling career at the division one level Old Dominion University. "Coach Niningger has always taught me that hard work and dedication pays off, to be the best person on and off the mat and to give one hundred percent for everything," he said. "This has been my dream since I was young."



Desny Vincent, 12



Keera Mooney, 9



Zach Bowling, 10



Vivienne Barnhart, 10



Jaquan Rivers, 10



Matthew Cagle, 9





**NEFETARI HEATH 12**  
defense

"When I play defense, I try to keep the opposite team's attacker from scoring. All the positions are difficult, but I feel like defense is very hard since you have to be alert, and it's just overall difficult for me. I don't really have a favorite part about lacrosse, because I love it all."



**ZACH MARTIN, 10**  
attack

"I play attack and stay on the offensive side of the field to score. To practice I just practice with wall ball, working on shooting and hand-eye coordination. It is one of the easier positions because you don't do as much of the running, but you're also seen as the ones who score. I used to play midi until last year when I made the switch to attack."



**JACE MATZE, 11**  
defensive midi

"I'm a defensive midi, which means I get to run around the whole field and play defense. When we practice we do a lot of running and passing drills and work on our movement. I think it can be a difficult position when you first start the season and you are out of shape. My favorite part is getting to hit the other people."



**JULIA BOOKER, 10**  
goalie

"I am playing goalie this year, and I'm the only one so it's kind of stressful. Goalie is an important position because you are the only one defending the goal. I am hoping during games it won't be as stressful. I'm excited to be able to start each game this year."

## SPRING forward

### CLEAN UP HOME

"We rake the field, drag it, hose it down, mow the grass and take up the bases. All of us working today makes it take about 10-15 minutes. It's all worth it. I like softball for the competition and because it keeps me active."

**Hannah Muncy, 10**



"We rake before and after games and put our bases away. I like keeping the field pretty, so when teams come they know we mean business. It's serious when we maintain the field. Coach [Ricky Lonker] will get us on the clock and tell us we only have nine minutes to clean it."

**Stephen Cacciatore, 12**



"Cleaning is super serious: If don't take care of the fields, no one else does. You break up into groups and one group puts bases away and the other rakes the field. I don't like raking, because you have to get the dirt back in the spot, so you don't have a bunch of bumps. If the ball hits a bump it bounces and you can't catch it."

**Emma Fields, 10**







Grace Page, 12

## WHAT'S IN MY BAG



**Tennis Balls:** "When you practice with the team or have a private tennis lesson, they are usually provided. But when you practice on public courts in your free time you have to bring all of your equipment, including tennis balls."



**Pre-wrap:** "I always keep pre-wrap or athletic tape, in case anyone needs to have a finger, wrist, or ankle wrapped."



**Exercise Band:** "It's for whenever I need to stretch or strengthen my shoulder. It has definitely suffered a lot of wear and tear from playing tennis over the years."

"I don't think sharing the field with the guys makes a difference. It's not really inconvenient, other than the occasional stealing of soccer balls. There are some advantages to sharing the field. Sometimes we scrimmage each other."

**McKinley Pollard, 11**



"I don't really care about sharing the field all that much. The smaller field space can be annoying, though. I feel that our team needs to be practicing on shooting and without the goals we can't shoot."

So that's a problem."

**Marc Sharrer, 10**



## RUN AROUND



**Evan Walker, 12**

"I love sprinting because it has a good type of pain to it. You hate it while you're doing it, but once you're done you're feeling really good. It gives you a little rush. I feel like I'm good but I'm not the best. I definitely know it takes a lot of technique, which I love. It's a push-pull type of thing."



**Elizabeth Kabath, 10**

"In hurdles you have to pace yourself more than sprinting, because your stepping has to be exact so you can get the right form. Personally, I like hurdles better than sprinting. It's a smaller group of people than sprinters, so we're close knit and have a lot of fun together."



**Jack Smith, 10**

"You look like the girl from 'Exorcist' when you clear the high-jump bar. I'm serious, it looks like the scene where she's floating over the bed. High jump is one of the most fun events in track, because it's a free event. It's more of a competition against yourself, rather than everyone else on the team, because you're focusing on your technique and what you can do to be better."



**Peter Smith, 11**

"The best part of distance is simply the distance. If I go for a long run at first it sucks, but then after two miles it just gets to this point where with each mile, I start thinking can bring my time down a little bit. It's a race against myself. It's to see what I can do to go past my limits on a long run. I feel like distance is more challenging than most events in track, because you have more laps to do. I'm definitely built more for stamina."

"I don't mind sharing the field with the guys, but it's sometimes annoying that they take the goals when we need them. Having a full field would just make it easier to practice and we would be able to better have the feeling of playing full field. Also, the boys can be distracting at times, especially when they take off their shirts."

**Alyson Meador, 12**



## SHARE THE FIELD



# THAT MOMENT WHEN

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*SOPHOMORE BEN  
BRYANT WAS INSPIRED  
TO APPRECIATE WHAT  
SURROUNDED HIM*

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**THE RELATIONSHIP I HAD WITH HANNAH WAS** one that's really hard to put into words. I think siblings these days don't really grasp how special it is to have somebody who you're close to. We were best friends for sure. We fought when we were little, but when we got older we grew out of that, or we just got over it a lot quicker. We never hated being around each other, any situation we could be together we were. It was really hard when Hannah left for college because we spent so much time together.

Vacations on the Outer Banks are some of my favorite memories with Hannah. We never went anywhere really special and always stayed in the same hotel or house, but we always looked forward to that beach trip. We enjoyed each other's company and it was always a special time for use.

She was just the most amazing person because she never complained, about anything. The biggest time that quality broke my heart when she was at Duke. One of the doctors was drawing her blood and it wasn't going well. He had to stick her multiple times, which was very painful, but she apologized to the doctor. If it were me, I would have been complaining and throwing things out the window, but that's just how amazing she was.

Duke was an awesome hospital. The nurses there loved her and fought over who got to take care of Hannah. We made a lot of great relationships with them.

Hannah lived in so many ways. I want her legacy to be "Keep Fighting," which she represented so well. Throughout it all she always kept fighting. And her last words were even, "I'm Fighting." I would say always keep fighting and never give up. Always be content with the situation and always be positive. Even in her worst times she was always concerned about spreading her Christianity and trying to influence other people and be that light for people. I now try to look around and be inspired by what's around me. I try not to complain about anything, I mean what do I have to complain about? I live a great life.







# up IN THE CLUB

INVOLVEMENT BOTH  
IN AND OUT OF  
SCHOOL EXPANDS  
STUDENTS' INTERESTS.



"It all started two years ago. My uncle deejays at a club and he **INSPIRED ME TO GET STARTED**. I started out with just an iPod and speaker, but finally was able to buy speakers, a mixer and a table.

It took a while to learn the programs, but now I'm a lot better at it. I do **ALL SORTS OF PARTIES** and even weddings and quinceañeras. I work under the name DJ Trip, and earn upwards of \$150.00 to \$300.00 per gig.

Using that money, **I AM ABLE TO FINANCE MY EQUIPMENT**, enabling me to maintain my business as a whole.

The client usually decides which genre of music I play at an event, and sometimes they give me an actual printed list of individual songs to play.

Sometimes, I'll throw in a couple songs and genres that I like personally, such as **EDM AND TRAP**.

Being a disc jockey is **MORE OF A SIDE JOB** to earn some extra cash. If I end up liking this hobby enough, I may go pro."

as told by sophomore Taylor Hypes



"Dance Team was formed to **EXPOSE THE CROWD** to a performance where the show is solely based on dance. The team energizes the basketball team, keeps the crowd entertained during half time, and gives the audience **SOMETHING TO LOOK FORWARD TO** for the next game.

The dance team practices are efficient and productive, but also fun with a lot of joking around and craziness. Dance team welcomes new members with a dance background, so if you love to dance and **GET PEOPLE HYPE**, come join us."

as told by junior Carol Chen



"In the OUT club we talk about bullying and how to deal with the ones who bully. We also talk about how to deal with parents and coming out.

Being in this club **MEANS A LOT TO ME**, because it's the first time something has happened like this in a school I've been in. **I WAS EXCITED** to see what the club was about.

People should join this club because sometimes it's hard for people to come out, and OUT can help people to **BECOME MORE COMFORTABLE** with coming out to their loved ones."

as told by freshman Bryanna Lowry





"Pre-Med Club is for anyone who wants to do something in the medical field. We have people who want to do EMS and some who **WANT TO DO SURGERY**.

In our meetings we get to talk with other students who want to do similar things. The club also helps prepare us for medical careers. We've had EMS professionals come and talk to us. They showed us all the tools they use. They are **PREPARED FOR ANYTHING** that could happen.

I would like to pursue something in the trauma field, like being an ER doctor. Trauma **DOESN'T FREAK ME OUT**, it can be entertaining."

as told by freshman Makayla Dowdy



"Help Save the Next Girls started because of Morgan Harrington. She was a 20-year-old Virginia Tech student, who graduated from Northside, and who disappeared in 2009 after attending a Metallica concert in Charlottesville. Her mother, Gil Harrington, made this non-profit organization to **HELP GIRLS STAY SAFE** when they go to college.

It's important to get ninth graders involved and to stay with our group for four years. **LEARNING DEFENSE SKILLS** and knowing how to be safe online are two of the most important things we learn.

Police officers teach us other useable skills, too, like what to do if we are alone and someone suspicious is around. We learned holds and **HOW TO GET AWAY** from someone attacking us.

I don't think the world is a horrible place, but I want to make sure I can keep both my friends and myself safe."

as told by freshman Asha Johnson



**"ARCHERY IS SIMPLE:** you have a bow and arrow and you use them both to shoot the target. It's a lot of hand/eye coordination, and you have to be accurate. Your goal is to **HIT THE BULLSEYE** every time.

I joined the club because I wanted to get better at bow hunting, and I didn't feel like practicing outside of school.

People should join because it is a fun thing to do. It sucks getting up early in the morning, but **IT'S A FUN TIME** to get to hang out with Mr. Soucie."

as told by Jacob Stewart



# TAKE A challenge

*SOME STUDENTS FOUND  
SPORTS OUTSIDE OF  
SCHOOL WERE JUST AS  
REWARDING*

**IN A SCHOOL FULL OF TALENTED ATHLETES, IT'S HARD TO** stand out, but there were many challenging activities outside of school students participated in. These sports and hobbies were sometimes overlooked because they weren't played through school.

Senior Jamie Houck enjoyed the competition involved with equestrianism.

"It's different because you're in sync with a two-ton animal who is following your every move, and there's a whole lot that goes into having a perfect ride," Houck said. "What I love most about it is that there really is no better feeling in the world than sitting on top of a horse, and the competition between other riders and their horses is different from other sports. It's harder mentally and physically."

Junior Dakota Rice found boxing was a way to change him not only physically, but mentally.

"I felt like I needed to discipline myself and I felt boxing was a good way to do that. It has helped me build my confidence. I also love it because there is a lot of physical contact. In most sports you aren't punching someone," Rice said. "There are a lot of mental components and training in between fights, and I can develop my own unique fighting style. The long hours and months between fights really taught me patience. My favorite thing about boxing is that it taught me to deal with and work my way out of tough situations. It had helped me become a better person."

Although some students participated in their sport because they wanted to show off their talents or were driven by the competition, others did it because of a simple love for the sport.

"I fish because of the excitement. It's slow in the beginning, but when you feel a fish hit the line it's an adrenaline rush. I love the accomplishment of pulling one in," sophomore Mason White.

Anna Gentiluomo, a freshman dancer said, "I started out with 'Mommy & Me' dance classes in preschool and loved it, so when I got old enough, I joined a studio. I love team work and always having a challenge. Dance is my escape from school and stress. It's an inspiring art form and it never gets old learning from new teachers."



**LANDING A JAB,** junior Dakota Rice keeps his opponent at range. His search for discipline led him to the sport. "I became part of a bad crowd and saw boxing as a form of discipline and a way to avoid that crowd. I've now become more responsible. Boxing pushes me to be the best I can be," Rice said.

**DOING A BEAUTIFULLY EXECUTED AERIAL,** senior Megan Benzie keeps her eye on the beam. Benzie had been a competitive gymnast for 15 years and committed to Eastern Michigan University. "I fell in love with gymnastics when I was little. I love the challenges the sport brings, both physically and mentally. When I was eight years old, I made my goal to do college gymnastics and I wasn't going to stop until I got there."





**SKATING ACROSS THE ICE,** senior Erik Sharrer prepares to take a shot. Sharrer had been playing hockey for 1 years. "I got into hockey because my dad played his whole life, so I decided to try it out. Learning how to skate was the trickiest part at first, but once you get a hang of it, it becomes second nature," Sharrer said.



**POSING WITH HIS LATEST KILL,** senior Christian Howes holds a 10-point buck he took down with a crossbow. "I have been hunting since I was six years old, and I'm planning on moving to Montana in July to attend a trade school to be a hunting and fishing guide," Howes said. "I love being in the outdoors, enjoying nature. Even if I don't kill anything or catch anything, it's still a good day. Hunting is an addiction once you start." **IN LOTUS POSE,** senior Lauren St. Clair does yoga on the beach. St. Clair said she practiced yoga to better herself. "Yoga helps me find my inner peace and helps me relax from my anxiety and stress. I've been doing it since I was 15, and I've really noticed that in certain stressful situations throughout life, I can remain calm and focus on my breathing. Also, my core has gotten a lot stronger, and I have a better sense of mind."









# THAT MOMENT WHEN

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*JUNIOR MASON AND  
HIS MOTHER ALMOST  
LOST THEIR LIVES TO  
THE UNKNOWN*

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**MY MOM HAS ADDISON'S DISEASE, WHICH IS** an incurable auto-immune disease that affects her adrenal glands. These glands produce adrenaline, which calms you down. So all of this means her body doesn't protect well against illnesses. When she gets sick she needs to go to the hospital. Even a cold will keep her bedridden for a week. She can't do as much as normal people do because it takes a lot of her energy. About one in every 100,000 people is diagnosed with Addison's.

Up until she was 34 years old, she had no real medical problems. She was married and then became pregnant with her second child, me. She soon couldn't hold down food, was always dehydrated, lost a lot of weight, was weak and tired and in extreme physical pain. Her doctor just thought she was depressed or had an eating disorder. My mom told her that this was not her first pregnancy and knew something was wrong. As the months passed, everyone started realizing this was not normal.

Seven months into the pregnancy, my dad was convinced she wouldn't be alive in six weeks. He carried her into another doctor's office. The doctor, a practitioner of 33 years, had never seen anything like this. But, by a complete miracle, he had just read an article in a medical journal the night before on Addison's disease and thought she could possibly have that. They went back to the hospital and tests confirmed it was indeed that. After a lot of medications, she began to feel better and was able to walk. She slowly started to gain weight. A few weeks later I was born, four weeks early, tiny and weighing only 4.5 pounds.

With Addison's comes other problems. She has thyroid disease and Vitiligo. But she is thankful because she knows we could both be dead.

My mom got lucky, but others may not be so fortunate to have their life saved by a small article in a magazine. Her ordeal has motivated me to begin a charity for raising awareness for Addison's. I will be giving all of the \$1500 I earned this past summer to the charity as soon as it launches.



# LEND A hand

## AP CLASSES OFFERED A CHALLENGE AND HANDS- ON LEARNING ENVIRONMENT

**AP CLASSES INTIMIDATED SOME STUDENTS, BUT OTHERS** jumped at the opportunity to learn in a more in-depth manner.

In Mr. Ed McMichael's AP Biology class and Mrs. Taylor's AP/Dual Chemistry class, students participated in labs that allowed them to learn in a hands-on environment.

"In AP Biology, the teacher expects more from you and tests are definitely harder. The coursework is more of a challenge because it takes more effort to finish," senior Haley Fugate said. "Mr. McMichael does labs with us that are very complicated and they have a lot more steps. AP Biology is definitely a good class to take, though, because it puts some concepts into perspective. For instance, we talked about blood in class and learned about blood matching and donation."

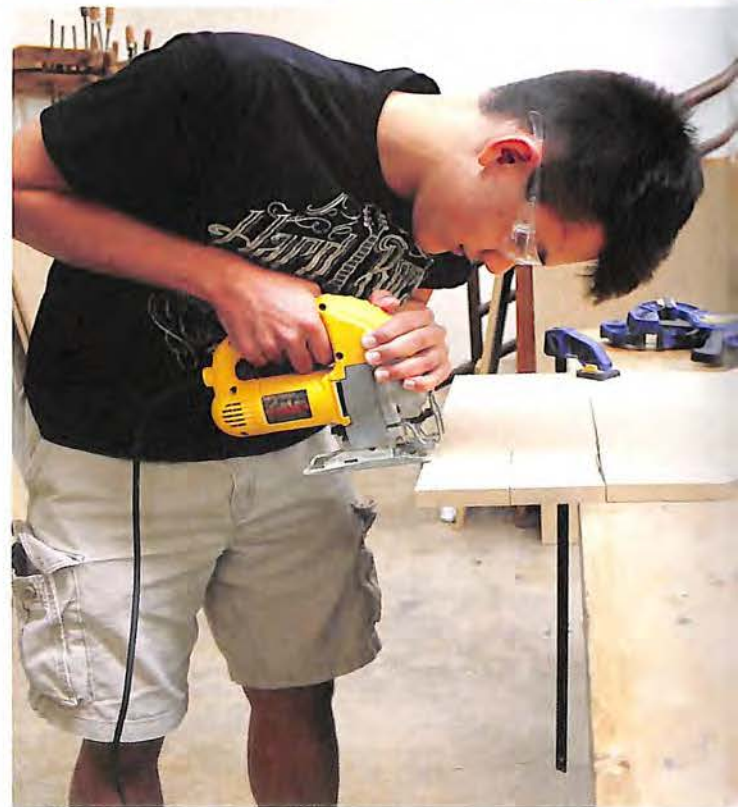
"AP Chemistry really is just an extension of the normal Chemistry that everyone takes, but it is much more in depth and tougher," junior Dylan Robinson said. "The labs are way more entertaining than in regular class because more chemicals are involved. Mrs. Taylor lets us handle most of the labs on our own, unlike last year where we wouldn't actually do as much. The class can be hard, but if you study and put in effort, it's not as hard as you think. Effort really goes a long way in that class."

Other students appreciated the student-centered style of learning that some AP teachers incorporated into their college-level classes.

"The difficulty of AP Government might vary for people. It depends on what your definition of 'hard' is," senior Zolboo Erdenebaatar said. "The students are expected to learn like they do in college, and that's what I like about it. The class is enjoyable and challenging at the same time. I like debating on current events. The challenging part is the reading quizzes, for which we have to read 40 pages of the textbook."

Mrs. Kelly Shilling's AP Calculus was considered by some to be one of the more difficult AP classes offered. Senior Alexander DeHart claimed to enjoy that aspect, though.

"AP Calculus is like taking the math of Physics, Algebra and Geometry and putting them all together. I found out that math is not enjoyable when it is not challenging. I like things that make me think hard, I like to see how things we learn in class can be applied," DeHart said. I think Calculus is going to be really useful if you go to a field that use advance math like engineer."





**TRYING ON A FIREFIGHTER'S UNIFORM,** junior Anna Sortore participates at the first-ever Career Fair. During the activity, students in all grade levels had the opportunity to get a better understanding of many different careers. "I learned that the smallest details matter in some jobs, and that, if you're going to be an expert, you have to pay attention to those details at all times," Sortore said.



**ALONGSIDE JUNIOR DYLAN ROBINSON,** senior Abhinav Verelly measures the perimeter of a submachine during Mr. Paul Soucie's Engineering Drawing class. Soucie's class was one of many that required students to first learn about a subject and then recreate what they had learned. "I chose to take an engineering class because I want to pursue in this degree in college," Verelly said. **WITH AN ATTENTION TO DETAIL,** junior Walker Westling focuses on his project in Mr. Ricky Lonker's Art II class. "It is pretty much the passion I had in fourth grade. The creativeness that it comes with, you can do so little but so much at the same time. I am trying to go to Burton next year, just see if I can build myself up," Westling said. **AFTER LAUNCHING HIS PROJECTILE IN THE AIR,** senior Sean Altice watches the trajectory of his catapult. In the AP Physics class, students were challenged to build their own launcher that could shoot projectile 15 feet away. "The projectile didn't fly as far as we expected, but after several adjustments and tests, we finally got it to fly for at least 15 feet," Altice said. **CONCENTRATING ON HIS WOODWORK,** senior David Collier prepares the materials he needs for his product. "I'm in Woods II. We had to make a knockdown table. The one in the library is actually made by us. We also made walking sticks. I think the best part of this class is you get to know and use different tools," Collier said.



## EMBRACE THE DIFFICULT



**Joseph Casazza, 12**

"I like my classes with Mr. Powers and Mr. Lustig. In Mr. Powers' class, he is funny enough to keep you invested but he is also strict enough to make you pay attention. I feel like I can remember a lot more in his lessons. In Mr. Lustig's class, you actually learn the knowledge instead of memorizing something for a test. You get to be who you are in that class. You don't have to feel like you will get in trouble for saying what you think. It is an open debate class, so there are a lot of discussions."

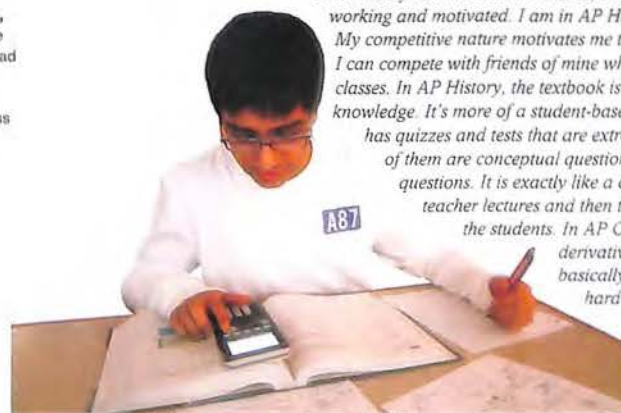


**Kayce Baker, 12**

"Engineering with Mr. Soucie is my favorite class. I want to pursue a career in aerospace engineering, which is a male-dominated field. We create blueprints in class. Usually we have a printout that Mr. Soucie gives us, and then we redraw it in a program named "Inventor" on the computer. After that step we start to build the actual product that we drew on the program. Sometimes we come up with our own ideas."

## WHAT I LEARN

"I think everyone can take AP classes, they just have to be hard-working and motivated. I am in AP History and AP Calculus. My competitive nature motivates me to take AP classes, so that I can compete with friends of mine who are also taking those classes. In AP History, the textbook is our major resource of knowledge. It's more of a student-based class. Mr. [Ryan] Poff has quizzes and tests that are extremely hard because most of them are conceptual questions instead of fact-based questions. It is exactly like a college class, in which the teacher lectures and then the work is turned over to the students. In AP Calculus we learn about derivatives and integrals, basically the math of Physics. It's hard to do AP courses as a sophomore, but what I learn is so interesting. As told by sophomore Om Patel





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# REFERENCE

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**NOT A TYPICAL SIGHT ON CAMPUS**, a dinosaur romps in leaves outside of school. Sophomore Cassie Counts donned the costume for the French fashion show that was held earlier in the day, but decided to throw it on after school and have some fun. "My friend [senior] Lauren Gill let me borrow the dinosaur costume, and I used it for the fashion show we had in French class. I was called 'grand, gras et éruption cutanéethe,' which means 'Big, Bold and Rash.' The reason I wanted to wear the costume was because the first reason that came to my mind was, 'eh, why not. #Yolo #dino #skrtskrt #Pulluplike.' When I put it on, I felt like I was who I was meant to be, like my spirit was coming through, that I didn't have to hide who I was anymore. But eventually, after running around the school as a dinosaur, the motor burned out and I had to take it off. That was kind of depressing," she said.

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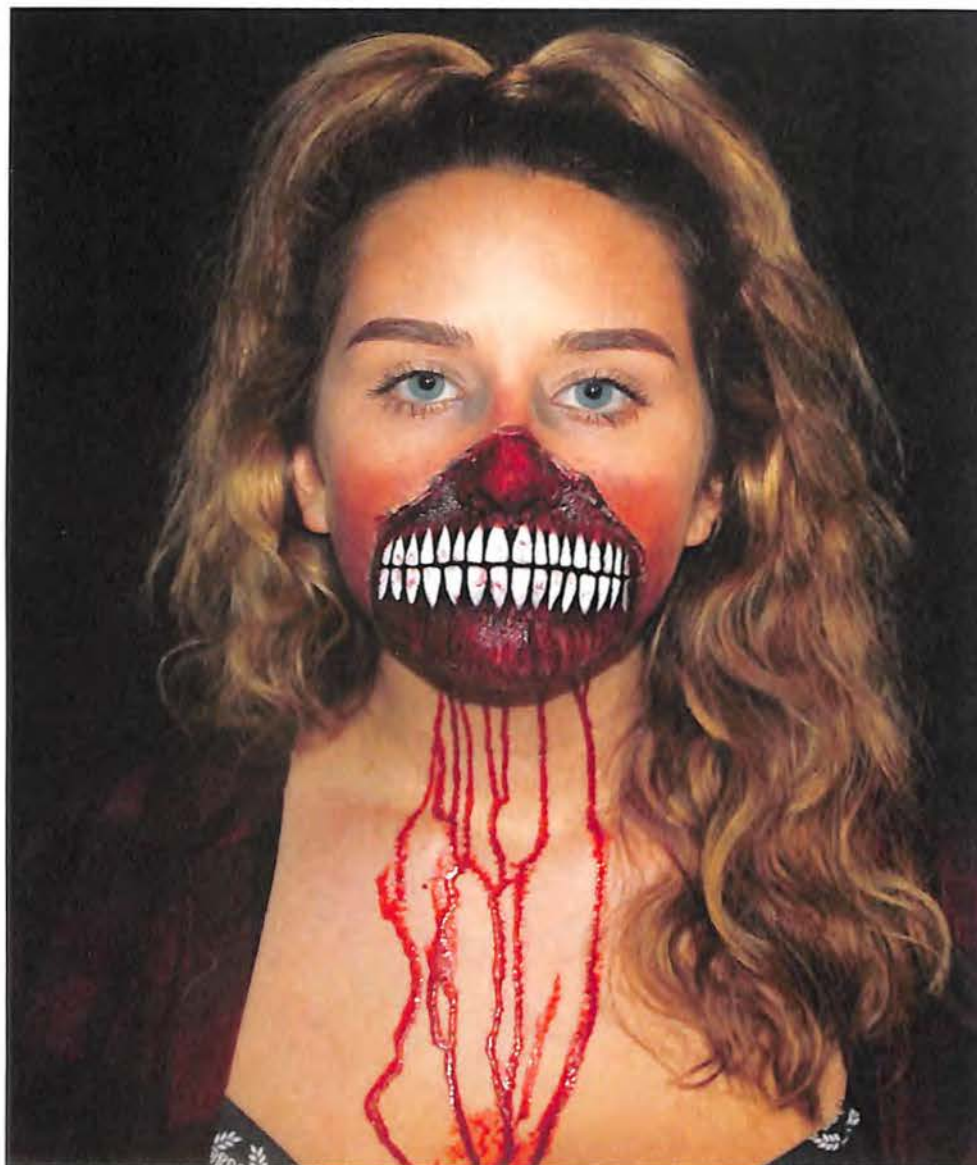






# FREAK SHOW

**"I STARTED LEARNING ABOUT MAKEUP IN THE SIXTH GRADE.** My mom worked at Sally's Beauty Supply, and she was able to bring new products home. I got my hands on some, and my love for makeup grew from there. I loved how confident I felt in makeup, even though I had no clue what I was doing. In seventh grade I moved to a new state and didn't want to stand out, so I put the makeup aside. Obviously, I got back into it. I found a makeup artist I connected with. Her name is Mykie from "Glam and Gore" on YouTube, and she is truly inspiring. She showed crossovers of glam and special effects.



Glam makeup is nice, but I love getting my hands dirty when it comes to special effects. When I start at 9pm only to get in bed at 3am, I want it to be for a good reason, something that'll get a response and make all the hard work worth it. I would prefer to do special effects any day. The first person I did my Avant Garde makeup on was my best friend Jada this past summer while I was visiting North Carolina. I had never done that type of makeup on anyone else, and she was the perfect person to do it for. I was having a really stressful day, and she knew makeup helps me relax and forget about my problems for a while. I enjoyed doing her makeup so much because she trusted all of my decisions.

When it comes to makeup these days, you have to be unique to make it to the top in the industry. Especially self-taught artists like myself. Nothing comes easy when you begin to express your art. Some people find it idiotic and useless, but others find it interesting and amazing. I just want people to know that makeup is art. You can't be scared to express yourself in your art. It takes a lot of long nights of watching YouTube videos and hours of practice just to get where I am today. I'm proud of who I've become and the talent I have. Although I am going to school to major in something else, I still want makeup to play a big role in my life. I plan to freelance throughout college but also try and start up my YouTube channel, which is what I truly want to take off in my life.

**AS TOLD BY SENIOR SIERRA LEE**



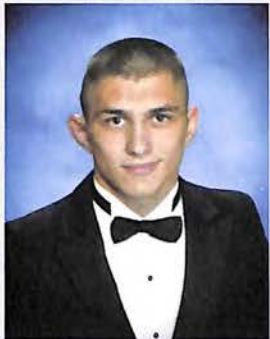




**Ieshia Ahmed** *Art Club 11*  
**Shima Alamjamili**  
**Maha Ali** *Tennis 9-12; Academic Team 9; Art Club 9-10; Beta Club 12; FCCLA 12; French Club 9-10; Green Club 11-12; Key Club 9-12*  
**Alyssa Alder** *Color Guard 10; Art Club 11; Yearbook 11*  
**Alexandria Alldredge** *Choir 12*



**Austin Alouf** *Varsity Football 11-12*  
**John Alouf** *Golf 9-10; Indoor Track 9-10; JV Soccer 10; JV Baseball 9; Outdoor Track 11; Beta 12; DECA 12; Key Club 9, 12; Spanish Club 9-10*  
**Sean Altice** *Cross Country 9-10; Indoor Track 9; Swim 10-11; Beta Club 12*  
**Carlos Amaral** *JV Soccer 10; Beta Club 12; Key Club 10-11; Spanish Honor Society 11; Spanish Club 9-11*  
**Caitlin Angel** *JV Basketball 9-10*



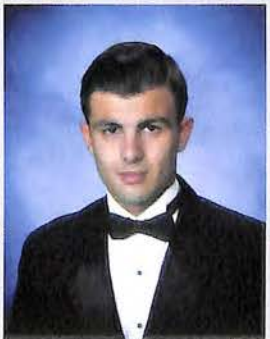
**Paige Assaid** *Swimming 9-12*  
**Nicholas Axt** *Marching Band 9-12*  
**Trevor Ayersman** *ROTC 9-12; Choir 11-12*  
**Joshua Baier** *Beta Club 12*  
**Kayce Baker** *JV Soccer 9; Concert Band 9; Marching Band 9; Beta Club 9, 12; DECA 10-12*



**Anastasia Barabanchuk** *Drama Club 10*  
**Megan Benzie** *Concert Band 9; Beta Club 12; FCA 9-12; Key Club 10-12; National Spanish Honor Society 10-12; Student Helper 10*  
**Mikey Berberich** *Swimming 9-12; FBLA 9-10; Green Club 11-12; National Art Honor Society 12*  
**Madison Bird** *Marching Band 11-12; Symphonic Band 11*  
**Chey Bocanegra**



**Christian Boone**  
**Sydney Brenner** *Golf Captain 9-12; Beta Club 12; Choir 9; Drama Club 9-10; FCCLA 12; Key Club 12; Spanish Club 9-10; Student Helper 9*  
**Alex Brown** *JV Football 9-10; Varsity Football 11-12; Indoor Track 9-11; Outdoor Track 9-11; Beta Club 12; DECA 12; Key Club 11*  
**Connor Brumbaugh** *Beta 12; DECA 12; Knight News 11*  
**Cole Bunn** *Concert Band 9; Marching Band 9-10*



**Connor Bunn** *Varsity Basketball 9-12*  
**Chloe Bush** *FBLA 11-12*  
**Noah Bushman** *Wrestling 9-12*  
**Stephen Cacciatore** *JV Baseball 9-10; Varsity Baseball 10-12*  
**Zane Callahan** *Indoor Track 12; Wrestling 10-11; Archery Club 12; French Club 9*



**Drew Cannaday** JV Basketball 9-10; Cross Country 11-12; Key Club 12  
**Joshua Carter**  
**Joseph Casazza** Beta Club 12  
**David Cattigan** JV Soccer 9-10; Varsity Soccer 11-12  
**Benjamin Chapman** Wrestling 9-12



**Sarabeth Chapmon** Outdoor Track 9; Choir 9-12; Two Hearts 11-12  
**Landon Chasteen** Varsity Football 11-12; JV Football 9-10; Archery Club 9; Beta 12; Green Club 10  
**Sarah Christensen** Cross Country 12; Indoor Track 9-12; Outdoor Track 9; JV Soccer 10; Varsity Soccer 11-12; National Art Honor Society 12; National Spanish Honor Society 10  
**Breanna Christley** Indoor Track 9; Outdoor Track 9-10; Outdoor Track Cpt. 10; FCCLA 11  
**Haley Clark** Competition and Sideline Cheer 10-12



**Marquis Cobbs** Wrestling (9-12)  
**Edana Colegrove** Cross Country 9; Varsity Soccer 11-12; JV Soccer 9-10; JV Soccer Capt. 10; Concert Band 9; Beta 12; FCA 9-10; Key Club 11  
**Alaina Coleman** Art Club 9; Choir 9-10; FCA 9-12  
**Alexander Coleman**  
**David Collier** Outdoor Track 9, 12; Indoor Track 9-10, 12



**Allison Collins**  
**Ryann Collins** FCCLA 9  
**Lynze Conner**  
**Julia Cundiff** Competition Cheer 9-10; Sideline Cheer 9-10, 12; JV Sideline Cheer Cpt. 10  
**Morgan Cundiff** Color Guard 9-12; Beta Club 12; DECA 11; Spanish Club 10-12; National Spanish Honor Society 10-12; Two Hearts 12



**Amber Cunningham**  
**Braden Dean** Beta 12; DECA 11-12; Latin Club 10; National Latin Honor Society 9-10  
**Alexander DeHart** JV Football 9; Indoor and Outdoor Track 9-12; FCA 9-12; Key Club 9-12  
**Zehra Demir** Lacrosse 9-10, 12; Academic Team 10; Archery Club 9-10, 12; Beta Club 12; Green Club 10; Key Club 12; National Spanish Honor Society 10; Spanish Club 10  
**Jordan Doyle** JV Baseball 9; Varsity Baseball 9; JV Basketball 9-10; Varsity Basketball 11; FCCLA 10; National Art Honor Society 12



**Sarah Durica** Beta Club 12; Jazz Band 9-11; Marching Band 9-12; Concert Band 9, 12; National Spanish Honor Society 10-12  
**Zach Early** Lacrosse 9-12; FCA 10-12  
**Austin Edge** Lacrosse 9-12  
**Cory Ensor**  
**Ryan Eubank** Varsity Football 9-12; Varsity Football Cpt. 11; Leadership Council Football 9-11







# ONE

"I HIKE BECAUSE IT'S NICE TO BE ALONE IN THE WOODS AND GET AWAY. It's like a having-something-to-do thing when you have nothing to do. I hike a good bit, but in general I'm just into nature activities, like white-water rafting and rock climbing.



# WHO GOT AWAY

One time I was doing a three-day backpacking trip by myself at Mt. Rogers. The first day I got lost and later ran into some people who said there was a shelter only four miles up from where we were. The shelter ended up being almost 16 miles away, though, so I didn't make it and instead had to set up a little tent beside a creek. That night I heard noises outside of my tent; those noises turned out to be wild ponies. The next day was better; I was able to watch the sunset and experienced some great views before going to bed.

The third day was not great. I rolled my ankle so hard that I thought I had broken it. After wrapping it, I took a shortcut back across the mountain but didn't know it cut through cow pastures. I saw something black moving through the trees and I thought it was just another pony, but then a big Longhorn bull walked out of the forest, and I really thought I was going to die. I had a little canteen, so I grabbed my knife and started tapping on the canteen and saying, "Hey bull, hey bull, I'm here." The bull didn't care; he just looked at me and snorted really loud. I backed up slowly and walked down a path. I thought I was in the clear, but I came to another open pasture where there were just a ton of bulls. That was horrifying. I hadn't seen a person in six hours at that point. I just started walking really fast, because I thought one was just going to heel kick me and I was going to die and I would never be found."

AS TOLD BY SENIOR TANNER WHITESELL



# WELCOME HOME



**"MY FAMILY HAS HOSTED INTERNATIONAL STUDENTS FOR SEVEN YEARS.**

At the beginning of every summer the program sends us names and profiles of a few students. We choose one who has similar interests to our family. We are then given the chance to Skype with them a few times before they come in August, in the hopes of getting to know them a little so they don't feel like complete strangers when they arrive. This definitely helped us get to know [senior] Eefke van den Heuvel before she came from the Netherlands. Once she was here and settled, we tried to be very purposeful in getting to know her so she felt comfortable. All of our exchange students stay the entire school year with no visits back home, so we want to make sure they are happy.

I think the most interesting part of living with someone who is from here is learning a new language; I also get to know about their cultures. I'm also always impressed at how much English they know when they come over.

For me, hosting is like having another sibling in the family. At the end of the school year, I always find it hard to say goodbye. I would love to be an exchange student myself, but I know I would get really homesick."

**AS TOLD BY SENIOR EVAN MILLER**







**Annie Fentress** JV Soccer 9; Swimming 10-12; Art Club 9-10; FCCLA 11; French Club 9-10

**Corbin Fentress** JV Football 9; Varsity Football 9-12; Lacrosse 9-12; DECA 12; FCCLA 11-12

**Alexander File** JV Soccer 9-10; Varsity Soccer 11; DECA 12

**Lynn Fimbel** Beta Club 12; Color Guard 10-12; FCA 12

**Rachel Finch** Cross Country 9-10; Competition Cheer 11; Indoor Track 9-10; Outdoor Track 9-10; Sideline Cheer 11-12; Beta Club 12; Key Club 10-12; Two Hearts 9-11

**Brittanie Fisher** Competition Cheer (9); FCA (9); Key Club 11-12; Student Helper 9-10; Two Hearts 11; Yearbook 12

**Claire Flowers** Competition and Sideline Cheer 9-12; Key Club 11-12

**Lydia Floyd** Lacrosse 9-12; Beta 12; Key Club 11-12; Latin Honor Society 11-12; Two Hearts 11

**James Forest** Concert Band 9; Jazz and Symphonic Band 11-12; Marching Band 10-12; Academic Team 10-12; FBLA 10

**Alex Foutz** JV Basketball 9; Varsity Basketball 10-12; JV Soccer 9-10; Varsity Soccer 11-12; Beta 12; DECA 11; FCA 9; FCCLA 9; French 9; Key Club 10-12; SCA 10-12; Two Hearts 9-12

**Sally Francis** Art Club 9-12; Green Club 12; Key Club 12

**Dillon Frost** FBLA 10

**Erica Frost** Color Guard 12

**Haley Fugate** Competition and Sideline Cheer 9-11; Beta Club 12; Key Club 11; SCA 11-12

**Jake Furrow** Varsity Baseball 11-12, 1st team All-Conference RF, 2nd team All-Region, 2nd team All-Timesland; JV Basketball 9-10, Cpt. 9-10; Varsity Basketball 9-12; DECA 11; FCCLA 10; Knight News 9-11; SCA 9-11; Student Helper 9-11

**Joseph Gallagher** JV Football 10; Lacrosse 10-12

**Vinay Garimella** Swimming 9-12; Academic Team 9-10; Beta Club 12; Spanish Club 11

**Michaela Garrett** Competition Cheer 9-12; Outdoor Track 9-10; Sideline Cheer 9-12; FCCLA 10; Key Club 11-12; SCA 12

**Allison Gaylord** Lacrosse 10-12; Beta Club 12; Key Club 10-12; Latin 11-12; National Latin Honor Society 10-12; Two Hearts 11

**Cara Ghaphery** JV Volleyball 9-10; Beta Club 12; Key Club 10-11; FCCLA 10

**Sergio Gil-Gutierrez** Spanish Club 12

**Lauren Gill** Choir 12; Drama 9-12; Forensics 10-11

**Katelyn Goad** Drama Club 11; Forensics 11

**Juliana Goodrich** Lacrosse 10-11; Key Club 11-12; Spanish Club 9-10

**Nathan Gregory** Academic Team 10; Beta Club 12; FBLA 10-11; Key Club 11; Math Club 10; Spanish Club 9-12

**Austin Griffith** JV Football 10; Varsity Football 11

**Josh Grubb**

**Brayden Guthrie** Baseball 9-10; Football 9-12

**Caleb Hadfield** Concert Band 9; Marching Band 9-11; Symphonic Band 10-11

**Mackenzie Hamby** Color Guard 9-12



**Mary Hamby** Color Guard 9-12

**Jackson Harbeson** Football 11

**Brenna Harman** Beta 12

**Mackenzie Harris** Soccer, JV 9, V 11-12, Cpt. 10; FCA 9-12; Green Club 10-12; Key Club 10-12; Latin Club & National Latin Honor 11-12; SCA 11; Class Sect. 9-10; Class Treas. 11-12

**Maddie Harrison** Outdoor Track 9; Tennis 10-11; Art Club 10; Green Club Officer 9-12; National Art Honor Society 12; National French Honor 11; Two Hearts 11



**Brandon Hatcher** XC 9-12; Swim 10-11; JV Baseball 9-10; Beta 12

**Laurin Hatcher** XC 9-12; Indoor & Outdoor Track 9-12; Key Club 11-12

**Baker Haviland** Basketball, JV 9, V 10-12; Lacrosse 9; DECA 11-12;

FBLA 12; SCA 10-12; Spanish Club & Spanish Honor 10-11

**Cody Hayden** XC & Indoor Track 9-12; JV Soccer 9-10; Art Honor 12; National Spanish Assoc. 9-11; Spanish Club 9-10

**Nefetari Heath** Lacrosse 11-12; Beta 12; Drama 9-10; Film 9-10; Key Club 12; Spanish Club & Spanish Honor 12; Two Hearts 11-12



**Nicholas Heslep** Football, JV 9-10, V 11-12; Outdoor Track 9; Lacrosse 10-12; Beta 12

**Spencer Hickam** Soccer, JV 9-10, V 11-12; DECA 12

**Michael Hill** Cross Country 9-11; Indoor & Outdoor Track 9-11

**Jamie Houck** Lacrosse 11-12; JV Volleyball 11-12; Beta Club 12; Green Club 11-12

**Christian Howes** Football 11-12; Soccer, JV 9-10; V 11-12; Archery 9-10



**Kelty Jansen** Outdoor Track 9-11

**Ariana Jones** Color Guard 9-12, Capt. 12; Marching Band 9-12; Drama 12; Key Club 11; Leaders of America 11; Spanish Club 9-12, Spanish National Honor, 11; Beta Sect. 12; National Latin Honor 11

**Tyler Jones** FBLA 9-10

**Alexander Kanode** Indoor Track 10-11; Soccer, JV 9-10, V 11-12; DECA 11-12

**Alec Kendrick** JV Football 9; Indoor Track 12; Lacrosse 9-12, Capt. 11; FCA 9; Latin Club 9



**Logan Kenny** Outdoor Track 11

**Taylor Kesler** Beta Club 12; FCCLA 10

**Audrey Kidd** Cross Country 9-12; Indoor Track 9-10, 12; Lacrosse 9-12; Choir 9; National French Honor 11-12

**John Kim** Tennis 9-12; Academic Team 10-12; Beta Club 12; National Spanish Honor 10-12

**Brad Kinder** Basketball JV 9-10, V 11-12



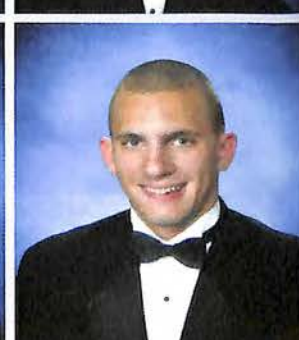
**Michael Klick** Archery Club 10-11

**Capers Koloda** Drama 10-12; FCCLA 9,12; Forensics 10-12; French Club 9; Green Club 9; Knight and Day Cafe 12; Yearbook 12

**Carson Koloda** Air Force JROTC 9-12, Airman and Tech Sergeant 9, Master Sergeant 10, 2nd Lieutenant 11, Capt. 12; Knight and Day Café 9;

**Michael Koloda** JROTC (9-12)

**April Kolozvary**





# CURL UP AND DYE



"I ATTEND BURTON FOR COSMETOLOGY, along with [senior] Madelyn Stone. I started later than she did, beginning a two-year program my junior year. She already has her license, and I am still working toward mine.

As part of the program, students have to take an exam at the end of their final year that has a written portion and a hands-on portion in which we have to demonstrate skills.

The class also makes you learn about anatomy, so it is not only learning haircuts but also different human body parts. I had always had an interest in cosmetology, but not as big as now that I'm in the class.

I had done haircuts for my old neighbors and friends back in New Jersey and they loved it. Soon after moving here and becoming friends with Madelyn, the two of us started doing hair together and making money.

One day I did [junior] Abby Shorten's hair, and after I was done she took a picture in front of my garage and posted it on Instagram. The response was crazy. We had over 40 followers in just 30 minutes. It just kicked up on Instagram since then, and now we have around 70 followers.

For the long-term, becoming a hairdresser is not exactly what I want to do, but I think it is a good skill to have."

**AS TOLD BY SENIOR MACKENZIE SAAR**



# NEW DIRECTION



**"WHEN I FIRST FOUND OUT I WAS GOING TO BE A FATHER,** my reaction was that my life was over. I didn't know what to think or know what to do. My parents pretty much said I ruined my life. They were more worried about me getting to go to college. I didn't really talk to my mom for a week, because she wouldn't talk to me. My dad would just chew me out every day for a while. Now that Caroline is here, though, everyone is so happy and loves her, of course. I am still going to college, and I am very fortunate Caroline's mother [William Byrd senior] Taylor [Clifton] is able to watch her.

There are so many changes that have happened in my life and many obstacles I now have to deal with. My schedule is I go to school and then I go to Taylor's house. While Taylor and I are at school, her mom watches Caroline. The biggest obstacle with being a father in high school is probably trying to juggle everything, as far as school, sports and still trying to have fun. I can't go out and do stuff like I used to; I can't go out and hang out with friends all the time. I have a job now at Texas Roadhouse, so I can support my family.

I love my daughter, but I would definitely tell my friends to wait."

**AS TOLD BY SENIOR LANDON CHASTEEN**







**Matthew Kvasnicka** DECA 11

**Will Kyle** JV Football 9-10; Varsity Football 10-12; Outdoor Track 9-10; Beta Club 12; Key Club 11-12; Spanish Club 10-11

**Jessica Lachowicz** Cross Country 9-12; Varsity Basketball 10-12; JV Basketball 9; Varsity Soccer 9-12; Outdoor Track 9-11; Beta 12; Choir 12; Drama 11; Forensics 11 SCA 12

**Amber Laster**

**Allie Lawson** Swimming 9-12; Beta Club 12



**Joshua Lawson**

**Sierra Lee** Beta Club 12; Yearbook 11

**Isabella Lerch** Drama Club 9-12; Sci Fi Club 9

**Jarod Lim** Lacrosse 9-10; Marching Band 9-12; Symphonic Band 10-11; Concert Band 9; Beta Club 12; Film Club 9-10; Key Club 9-10; Spanish Club 9-12; National Spanish Honor Society 11-12

**Daniel Link** FBIA 10



**Jonathan Linkous**

**Morgan Love** Beta Club 12; FCCLA 11; Key Club 11; National Latin Honor Society 11-12

**Tyler Lunnie** Lacrosse 9-10, 12

**Ethan Mackey** Academic Team 9-12, Academic Team Cpt. 10-12; Debate Team 9-12; Green Club 9-12; Latin Club 11-12; National Latin Honor 10-12

**Walker Mastrangelo** Golf 9; Indoor Track 9-12; Outdoor Track 9-11; National Art Honor Society 12



**Leigha Matthews**

**Margaret McDaniel** JV Soccer 9-10; Varsity Soccer 11-12; FCCLA 12

**Joshua McGlaughlin** Concert Band 9; Marching Band 10-12

**Elyssa McMaster** Indoor Track 9-10; Outdoor Track 9; Academic Team 9-12; Beta Club 12; Green Club 9-12; Latin Club 11-12; President 12; Latin Honor Society 10-12

**Alyson Meador** Cross Country 9-12; JV Basketball 9-10; Varsity Basketball 11; Indoor Track 12; JV Soccer 9-10; Varsity Soccer 11-12



**Jordan Mehta** Tennis 9-10; Concert Band 9; Jazz Band 9-12; Marching Band 9-12; Symphonic Band 10-12; Beta Club 12; Latin Club(9-11; National Latin Honor Society 11-12

**Zachery Meredith**

**Thomas Milby** JV Football 9; Varsity Football 10-12

**Evan Miller** Knight News 11

**Lilly Mitchell** Varsity Softball 11-12, Varsity Softball Cpt. 12; JV Softball 9-10, JV Softball Cpt. 10; Beta Club 12; FCA 9-10; FCCLA 9; Key Club 9-10; SCA 10-12; National Spanish Honor Society 10-12; Student Helper 10; Two Hearts 11-12



**Noah Mountcastle** DECA 12; FCCLA 12

**Norah Mulinda** Academic Team 10-12; Beta Club 12, Treasurer 12; DECA 12; Debate Team 10; Green Club 10; Key Club 10-12, Key Club Lieutenant 12; Latin Club 12; National Latin Honor Society 10-12; Newspaper 11-12, Editor-in-Chief 12

**Alexis Mullins**

**Jacob Myers**

**Josh Neighbors** Wrestling 9-11; Lacrosse 9-10, 12; Beta Club 12; DECA 12



**Briana Nix** FCCLA 11

**Caroline Nye** Competition Cheer 9-12; Sideline Cheer 9-12, Sideline Cheer Cpt. 10,12; Beta Club 12; Key Club 11; SCA 12

**Grayson Odham** Beta Club 12; DECA 11-12; FCCLA 12

**Britton Olsen** Lacrosse 9-10; Beta Club 12; Spanish Club 10

**Grace Page** JV Volleyball 9-10, Co-Cpt. 10; Tennis 11-12, Co-Cpt. 12; Beta Club 12; FCA 9-12; FCCLA 11-12; Key Club 11-12; Spanish Club 11; National Spanish Honor Society 10-12



**Aidan Page**

**Riley Pedigo** Competition Cheer 9-12; Indoor Track 11-12; Outdoor Track 9-12; Sideline Cheer 9-12; Swim 9-10; Key Club 12

**Connor Petzen** Swimming 9-12; Lacrosse 9-12; FBLA 11-12; French Club 9-10

**Brittany Phillips** Competition & Sideline Cheer 10; DECA 12; FCCLA 9-10; Key Club 12

**Emily Phillips** Choir (10-12)



**Banner Plumb** Cross Country 9-12; Indoor Track 9-12; JV Soccer 9; Varsity Soccer 10-12; Beta 12; Art Honor Society 12; Green Club 9; SCA 9; Spanish Club 10-12; National Spanish Honor Society 11-12

**Kyle Plunkett** Swimming 11-12; Beta Club 12; Key Club 12

**Casey Preuss** Cross Country 9-12; Swimming 10-12; Outdoor Track 9-10; Beta Club 12; DECA 12

**Jasmine Price** Cross Country 10-11; JV Basketball 9-10, Cpt. 10; Art Club 11; National Art Honor Society 12; Drama 11; Forensics 11

**Chris Qiu** FCA 10; Yearbook 10-12)



**Jason Quakenbush** Indoor Track 9; JV Soccer 9-10; Marching Band 9-12; Jazz Band 9-12; Symphonic Band 10-12; Concert Band 9; Beta Club 12; National Spanish Honor Society 11-12

**Cassandra Ramsey** Art Club 11-12; Drama Club 9-12; Forensics 10-12

**Sarah Ramsey** Beta Club 12

**Matthew Ray** JV Baseball 9-10; Varsity Baseball 11-12; Marching Band 9-12; Jazz Band 9-12; Archery Club 9

**Christian Reed** Concert Band 11-12; Marching Band 11-12; Academic Team 10-11; Choir 12



**Braden Reid**

**Michael Richardson** DECA 11; French Club 9

**Georgia Riffle** French Club 12; Student Helper 12

**Sarah Riley** Green Club 9; Spanish Club 10-11

**Katherine Rimer** JV Volleyball 9-10; Key Club 11-12



**William Rinn** JV Basketball 9-10; Varsity Basketball 11-12; JV Football 9-10; Varsity Football 9-12; Lacrosse 9-12; DECA 11-12; Spanish Club 10-11

**Kaitlyn Roberts** Beta Club 12; FBLA 11; FCCLA 10

**Nigel Robinson** Concert Band 9-10; Jazz Band 9-12; Marching Band 9-12; Symphonic Band 11

**Angelo Russo** Swimming 9-12; Beta Club 11-12

**Mackenzie Saar** Lacrosse 10-12, Cp. 10-12; DECA 11-12; FBLA 10; FCCLA 11; Green Club 10,12; Key Club 10-12, Secretary 11, President 12; Spanish Club 12







**"MY PARENTS CAME TO THE UNITED STATES AT DIFFERENT TIMES.**

My dad came in the 70s and my mom in the mid 90s. Life in Brazil is different. I can't speak for the country as a whole, as parents come from small cities where life is quiet and quaint. It is extremely cozy because everyone you pass by knows you. Unlike my parents, I was born in the United States, but I am a dual citizen.



# IN THE FAMILY

We usually go to Brazil every other year. While there, my favorite activities are fishing and going to my grandpa's farm. I love the comfort food my grandmother makes: rice, beans, sautéed beef, collard greens and polenta. It doesn't seem to be like anything I eat here.

My family got into the restaurant business when they moved to Roanoke in the early 90s. My dad worked in restaurants for a long time beforehand. He's worked in Vermont, Boston and Toronto before landing in Roanoke and starting his own business. Originally, my dad opened the restaurant with his sister. His inspiration came from the fact that no one else had a restaurant that served the kind of food he knew how to make. He wanted to be the first and ended up succeeding from that decision.

Taking part in their business has taught me work ethic and about management. I now understand how something on a larger scale gets done, and the fact that you have to be on top of things 24/7 or you're going under. I don't think I have seen a day where my dad has been able to stay away from his restaurant. My parents, especially my mom, always stresses to me the importance of work. She always expresses how I'm extremely lucky to have a family business to take part of and I shouldn't be casual with the way I work there. She likes to instill good habits.

When I'm not at the restaurant I like to do things any normal teenager does. Hang out with friends, play video games, listen to music (specifically Kanye West and Frank Ocean), and like every good student, study to get good grades. I also love helping around the community as I have worked with United Way and working at my engineering Internship at TMEIC."

**AS TOLD BY CARLOS AMARAL**



**Jayali Samarasinghe** Tennis 9-10; Concert Band 9-10; Academic Team 9-10; Art Club 9-10; Green Club 10-12; Spanish Club 9-12; National Art Honor Society 12; National Spanish Honor Society 10-12

**Austin Say**

**Taylor Sharp** Color Guard 10-12; Beta Club 12; FCA 9-12

**Erik Sharrer** JV Soccer 9-10; Lacrosse 12; Beta Club 12; Key Club 9-10; National Spanish Honor Society 11-12; Spanish Club 9-11

**Anthony Shell**

**Joseph Shelton** Book Club 10-12; Drama 9-12; Forensics 10-11

**Kacie Shepherd** Varsity Softball 9-12, Cpt. 11-12; Beta Club 12; FCCLA 9-10; Key Club 11-12; National Spanish Honor Society 10

**Layne Sigmon** Art Club 9-10; Beta Club 12; French Club 9; Key Club 11; Student Helper 10

**Zachary Siner**

**Eric Smith** Golf 9; Outdoor Track 9-12; Beta Club 12

**Jake Smith** JV Football 9-10; Varsity Football 11-12; Lacrosse 12; Indoor Track 9, 11; Outdoor Track 9-11; DECA 11; Key Club 11; Spanish Club 10

**Daniel Sortore** Swimming 9-12

**Stuart Souza** Lacrosse 9-12, Cpt. 9

**Lauren St. Clair** Beta Club 12; JV Basketball 9; Varsity Basketball 11-12; Choir 12; FCCLA 10-11; French Club 11-12; Key Club 11-12; Student Helper 9-11 Two Hearts 11

**Nelson Stanley** Varsity Baseball 9-12; DECA 11-12; French Club 9-12

**Morgan Starnes** JV Volleyball 9; Varsity Volleyball 10-12

**Jared Steele** JV Basketball 9-10; Varsity Basketball 11-12; JV Soccer 9; Varsity Soccer 10-12; Beta Club 12; Spanish Club 9-10

**Jacob Stewart** Cross Country 9-12; Indoor Track 9-12; Outdoor Track 9-12; Lacrosse 11-12; DECA 12

**Madelyn Stone** Art Club 9-12

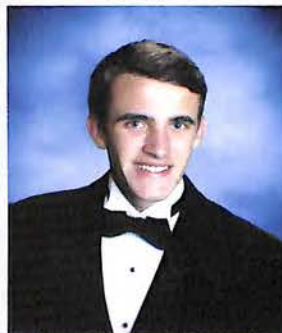
**Abigail Svec** Outdoor Track 11; Art Club 9 FCCLA 9

**Joel Tarpley** Beta Club 12; FCA 9-12; Key Club 12; Spanish Club 11; National Spanish Honor Society 10-12

**Emily Taylor** JV Soccer 9, Cpt. 10; Varsity Soccer 11-12; Beta Club 12; FCCLA 10-11; Key Club 11; SCA 12; National Spanish Honor Society 9-10

**Sarah Thompson** Marching and Concert Band 9-12; Beta Club 12; Spanish Club 11; Spanish Honor Society 12; Two Hearts 12

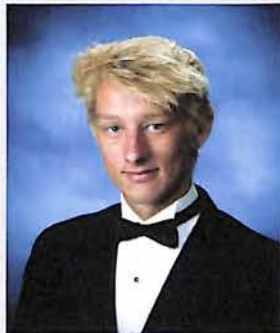
**Liz Troy** Beta Club 12; FCCLA 11; Green Club 11-12; Key Club 11-12; Spanish Club 12; National Spanish Honor Society 10-12







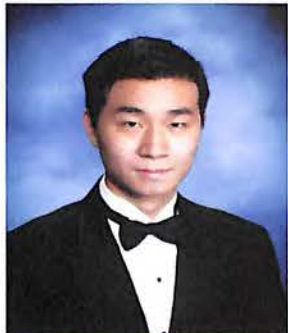
**Eefke van den Heuvel** Varsity Volleyball 12  
**Jett Vella** Swimming 9-12; French Club 9  
**Abhinav Verelly** Golf 9; Indoor Track 9-10; National Art Honor Society 12;  
 Key Club 12; Spanish Club 10-12  
**Joshua Vest**



**Desny Vincent:** JV Football (9), JV Basketball (10,12),  
 Outdoor Track (9-12)  
**Evan Walker:** Indoor Track (9-12), Outdoor Track (9-12);  
 FBLA (11), Key Club (12)  
**Kaitlynn Walters:** Competition Cheer (10), Sideline Cheer  
 (10); Beta Club (12) National Spanish Honor Society (10-  
 12), Student Helper (11-12)  
**Zachary Ward:** JV Baseball (9-10), Varsity Baseball (11-12),  
 Varsity Football (11)



**Alex Weaver**  
**Jessie Weber:** Competition & Sideline Cheer (11-12)  
**Erik Wehner**  
**Sean Wehner**



**Jacob Wheeler:** DECA (11), FBLA (11)  
**Nathan Wheeler:** Academic Team (9-10), Freshman Class  
 President, Newspaper (9-10)  
**Jason White:** JV Basketball (9), Varsity Football (11-12),  
 Indoor Track (10-12), Outdoor Track (9-12)  
**Zhane White:** Marching Band (9-10); Book Club (9),  
 French Club (9), Friends of Rachel (9), SCA (9-10)



**Tanner Whitesell**  
**Luke Whitmer:** Drama (11), French Club (9-11)  
**Alison Williams:** JV Basketball (9-10), Varsity Basketball  
 (11-12), Cross Country (9, 11), Varsity Soccer (9-12), Beta  
 (12), FCA (9-10), Student Helper (9-12), Two Hearts (11)  
**Aidan Wright:** DECA (11)



**Mason Yopp:** Cross Country (9-10), Indoor Track (9-10),  
 Outdoor Track (9-10); Beta Club (12), FCA (9-12), Key Club  
 (11), National Spanish Honor Society (10-12)  
**John Zielinski:** JV Soccer (9-10), Art Club (11-12), Key Club  
 (12), National Spanish Honor Society (11-12)  
**Lauren Zion:** Beta Club (12), Choir (9-12), Two Hearts (11)



# JUNIORS

Garrett Abshire  
Amruta Acharya  
Amarbold Altankhuyag  
Logan Altizer  
Caitlin Angell  
Laken Ayers  
Mary Baier  
Enji Baigalmaa



Asael Batineh  
Ernest Baughman  
Taylor Beck  
Devin Beckner  
Rachel Benton  
Hannah Bibbs  
Spencer Billman  
Nanci Boggs



Becca Bradley  
Jack Brancati  
Kathleen Brett  
Nick Brunn  
Joseph Bryant  
Ryan Burchett  
Andrew Cagle  
Cameron Caldwell



Derek Caldwell  
Faith Carleno  
Jazlynne Carroll  
Caitlin Carter  
Matthew Carter  
William Carver  
Cameron Cassity  
Jordan Chambliss



Thomas Chase  
Carol Chen  
Abigail Chernault  
Danny Chumbley  
Dylan Clark  
Zoie Clark  
Alexandra Collier  
Andy Comete



Whitney Cook  
Chloe Crouse  
Carly Curtis  
Arielle Cutaia  
Amaya Daniels  
Amberlee Davis  
Maria Deleon  
Blythe Dellinger



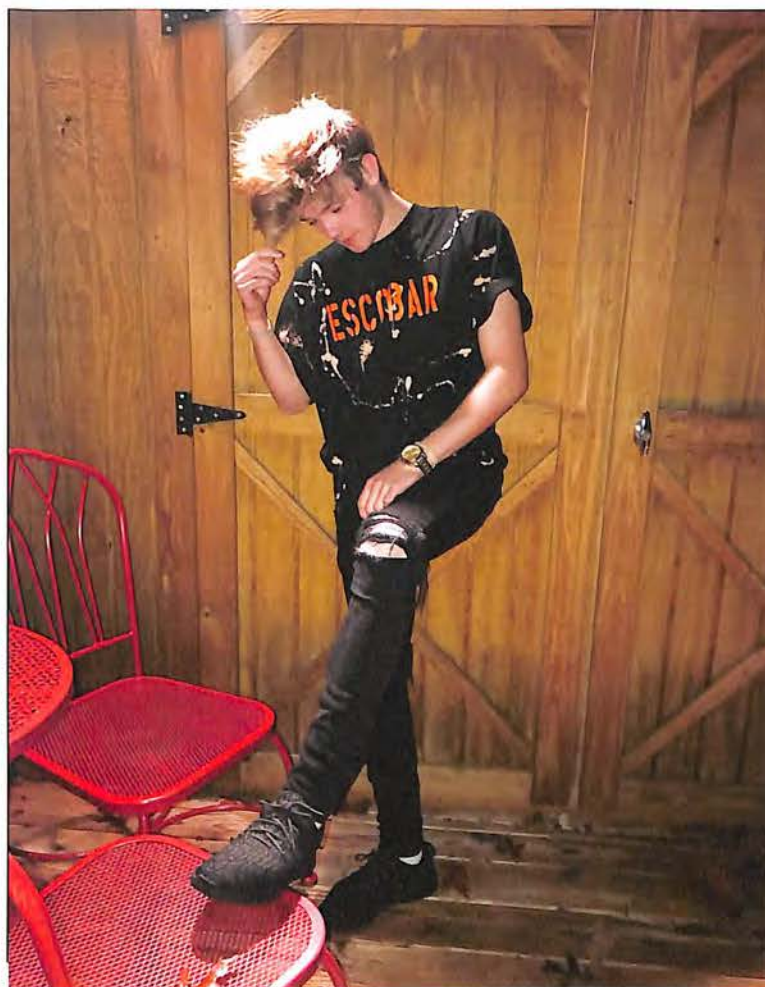
Reagan Delp  
Jared Dennis  
Mary Dickenson  
Claudia Draper  
Dominic Duval  
Austin Emery  
Alireza Esmaeili  
Tyler Fanning







# MAKING HIS MARK



**"I HAVE ALWAYS BEEN INTO FASHION.** Ever since I was young I was really big into shoes and then that interest kind of got me into more clothing. My mom has a sports jersey and fan wear clothing company called Yeaman Enterprises. She was definitely someone who supported me three years ago when my friend [Salem High School senior] Tyler Ferguson and I started our clothing line, Offset. We started printing our own shirts and outsourcing our own product, instead of going to my mom.

We have since put our clothing online. Since the launch of our website, we have done a lot of sales. On the first night we had over 13,000 views in only two hours. We have talked to famous rappers, such as Lil' Foreign. He has talked to Lil Yachty. The owner of Patina is taking me to England to talk to other guys, such as Cameron Dallas. Surprisingly I wasn't intimidated when talking to those people. Both sides were very humble, so it all went really well.

This is a career I would like to do for the rest of my life. When I am not wearing my own clothing line I like to wear Supreme BAPE, a lot of high-fashion and the latest trends."

**AS TOLD BY JUNIOR ISAAC YEAMAN**



# MAKE MUSIC



**"IN TOTAL, I CAN PLAY EIGHT MUSICAL INSTRUMENTS.** I've always been interested in instruments since I was little. The piano was the first instrument that I learned how to play, but it's not my favorite instrument. The oboe is my favorite because it's a very rare instrument. It only took about a day or two to learn every instrument that I know how to play, which, including the piano and the oboe, are the English horn, guitar, mellophone, saxophone, trombone and trumpet. When I listen to music I learn the music by ear, then change it to fit my abilities with the instruments.

My mom is a really good pianist. As a musician, she really supports any musical talent or interests we have. If we ask for an instruments, there's no way she's going to say no. I have five siblings, and the five of us who are old enough all are into music in some way.

In addition to making music, I also sing in a professional children's choir and perform in the marching band. I would definitely consider music, in any form, an art because without music there wouldn't be such thing as art."

**AS TOLD BY FRESHMAN BELLA CROUSE**







Joseph Ferguson  
Haley Fink  
Ryan Firchau  
Matthew Flores  
Bryce Fothergill  
Rachael French  
Jamie Fuller  
Mishelle Ganbayar



Anita Geiger  
Nicholas Gentiluomo  
Charles Gillespie  
Hannah Gillispie  
Carter Glenn  
Emily Goodman  
Makena Gormley  
Hannah Graham



Sofia Grochowski  
Wyatt Hage  
Jaylen Hairston  
Sara Hamilton  
Brianna Hamm  
Zoe Hannabass  
Willie Harden  
Kinsey Harris



Erin Harrison  
Jacob Harrison  
Andrew Hayes  
Dawson Hicks  
Krystal Hodge  
Trey Hodson  
Caleb Holland  
Erin Holt



Matthew Hudson  
Sophia Huffman  
Jon Huggins  
Valentin Iaga  
Rabia Ikram  
Haley Ingle  
Claudia Jarema  
Maddie Jenkins



Corrie Johnson  
Alexis Kegeler  
Kayle Kelly  
Colton Kent  
Sam Kidwell  
Allie Knight  
Jon Lachowicz  
Sierra Landsman



Joslynn Lankford  
Carter Lawrence  
Casey Lawrence  
Lexi Lawrence  
Mason Lee  
Brooke Leftwich  
Evan Levy  
Lili Lin



# LAI UP



**"I NEVER THOUGHT I WOULD END UP ON CRUTCHES** and sitting on the bench with an ACL injury. Back in September, I was playing basketball with the high school basketball team at Spectrum Sports Academy. I was on a fast break and I did a jump stop. My knee gave out right before I tried going up for a layup. I immediately knew something was wrong.

I ended up having to undergo surgery in October and am now out for the remainder of basketball season. I also think I will be out for most of baseball season. The doctors told me the recovery time is usually six to nine months from the date of surgery. Hopefully it will be just six months, so April should be the time I get back. The hardest part of this whole ordeal is probably knowing that I'm out from sports for a bit. Also, the recovery period right after surgery was hard, because I couldn't bear any weight or bend my leg, so it was hard to do everyday things. I missed two weeks of school after surgery and am still trying to catch up on my work.

I still go to all the practices, and I have physical therapy twice a week. I am trying to get recovered as fast as possible, so that I can join my teams again."

**AS TOLD BY FRESHMAN JALEN BUSTER**







Kathleen Linsenman  
William Liu  
Brook Ludy  
Janae Lungren  
Ian Lynch  
Schuyler Lynch  
Emma Martin  
Laura Martin

Marcus Mattox  
Jace Matze  
Dejon Mayo  
Nick McGuire  
Journie McQuilkin  
Michael Messick  
Kevin Mickens  
Patrick Millehan

Dawson Miller  
Andrew Mitchell  
Hayden Mitchell  
Andrew Monsour  
Dakota Moore  
Melissa Moran  
Ethan Muncy  
Emma Muzzy

Logan Neal  
Kaitlin Nix  
Ryan Novitsky  
Morgan O'Quinn  
Kylie Oakley  
Dino Oikonomou  
Nick Orange  
Trey Orr

Dakota Palmero  
Ryan Palmero  
Gabbi Parulis  
Brij Patel  
Pragati Patel  
Alexandria Patro  
Lily Perkins  
Essence Peterson

Azana Pierre  
McKinley Pollard  
Nick Poole  
Demetri Poulos  
CJ Poulsen  
Jake Puckett  
Martin Quickel  
Austin Ragan

Nicole Reeves  
Karlyn Resneck  
Dakota Rice  
Hayley Richards  
Lynnden Rindorf  
Carla Risser  
Drew Robertson  
Will Robertson



Dylan Robinson  
Jesus Rosas  
Haley Rothbort  
Sam Rutigliano  
Maddy Sarver  
Zach Schmitt  
Kailey Shell  
Gracie Shelton



Sohil Sheth  
Abbey Shorten  
Chloe Simpson  
Isabelle Sizemore  
Abby Slate  
Hunter Smith  
Peter Smith  
Caleb Sneddon



Anna Sortore  
Adam Sowder  
Molly Spradlin  
Caroline Spruell  
Marie Stahling  
Meg Stephens  
Christian Strom  
Aimee Struzinsky



Nathan Sulkin  
Dawson Surrell  
Taylor Swartz  
Austin Taylor  
Tyler Tofano  
Ajnah Tolliver  
Miranda Trump  
Mary Turner



Amina Vates  
Flynt Vella  
Brice Via  
Nic Virto  
Elliott Waller  
Cameron Warner  
Ingrid Webb  
Nicholas Weitzenfeld



Sarah Welsh  
Cassidy West  
Walker Westling  
Caleb Wetzel  
Blade Whitt  
Jacob Willard  
Nicholas Wilson  
Dylan Wood



Cody Wydner  
Isaac Yeaman  
Alex Yost  
Luis Zaragoza  
**SOPHOMORES**  
Lexi Agee  
Cooper Albright  
Tyson Alderman  
Abby Altizer







# THIS IS REAL



**"LAST YEAR, PRE-OLYMPICS, I HAD DREAMS OF RIO.** I was actually invited to participate in the Olympic trials in Omaha, Nebraska. They were crazy and probably one of the coolest experiences I've ever had in my life. USA Swimming puts out time standards in order to qualify for the trials. They put these out around a year before. Any swimmer who has those qualifying times can go to the trials in their particular events.

The trials are the second biggest meet, next to the actual Olympics. The amount of people there was crazy. The opening ceremony every night was new, and way more dramatic than any other event I have ever participated in. I swam in two events: the 400 IM (individual medley) and the 200 IM.

Before each meet officials take swimmers back to a ready room. You and all the other swimmers have to sit and wait until they slowly brought you out for your event. Once you were out at the pool, they'd have this six-second countdown and super intense music that was crazy. One of the friends I went with was the first swimmer of the entire event, which hosted 1,790 swimmers.

I definitely plan on swimming in college. If I can go farther I will. I plan on going to the next Olympic trials, which will take place while I'm in college. I'd be swimming on a college team then, which will be a lot different."

**AS TOLD BY JUNIOR EMMA MUZZY**



# DANCE IS LIFE



**"I MOVED TO VIRGINIA FROM CALIFORNIA WHEN I WAS TEN.** In order to help me make friends, my mom enrolled me in dance at the Divine Dance Center, and I have been dancing with them ever since. I perform in four different types: lyrical, contemporary, jazz and ballet. Contemporary and jazz are my favorites, because contemporary comes easy to me and jazz is fun.

I am usually at practices four times a week, and they last around three hours. I also dance competitively, which is sometimes stressful, but totally worth it. I'll compete at least once a month from January to July and then at some others in the off-season. Learning all the dances and working harder on them after each competition can build up pressure, but then getting on stage and just performing makes the stress worth it. The best feeling when I am on stage is when I have been practicing a certain part in a dance, whether it is a turn sequence or a leg hold, and I end up nailing that section.

I see myself always dancing. I plan on attending the University of the Arts in Philadelphia and then becoming a professional dancer or a studio owner."

**AS TOLD BY FRESHMAN MADDI STEPHENS**







Makaela Anders  
Makenzie Anders  
Kylie Angel  
Joel Argabright  
Noah Arseneau  
Laurel Ayers  
Katie Ball  
Vivienne Barnhart

Alison Bassant  
Rebecca Bauer  
Arsh Baxi  
Lilly Bay  
Taylor Bershader-Squires  
Natalie Bingham  
Jessica Blankenship  
Rachel Boch

Julia Booker  
Ashlynn Boone  
Baylor Boone  
Zach Bowling  
Amanda Bowman  
Belle Bowman  
Cooper Brandetsas  
Garrett Breiner

Danielle Brinkley  
Aidan Brown  
Ben Bryant  
Madi Bushman  
Tyler Byers  
AJ Cacciatore  
Seth Carswell  
Eloise Chandler

Kira Chapman  
Will Chewning  
Diontae Childress  
Hunter Childress  
Jessica Christensen  
Matthew Christopher  
Mimi Clark  
Mayali Clary

Cori Clayton  
Jason Clingenpeel  
Olivia Coates  
Christine Cobb  
Jasmine Colburn  
Matthew Colozza  
Peyton Conner  
Alexis Cook

Daniel Cook  
Cassie Counts  
Aria Davis  
Cortez Davis  
Samantha Dewhirst  
Ingrid Diaz  
Ola Dinakin  
Andrew Dittmore



Emma Dmochowski  
Cecily Doyle  
Danielle Durrance  
Cole Eller  
Holly Ellis  
Will Elmore  
Sarrah Eltaib  
Crawford Enyart



Juan Estrella  
Viktoria Fedchuk  
Casey Fentress  
Liberty Fetzer  
Emma Fields  
Chris Fisher  
Matthew Fisher  
Leah Fleshman



Grant Floyd  
Ashton Foster  
Ethan Fox  
Jack Frazier  
Brooke Fretwell  
Josh Fretwell  
Olivia Fuglein  
Ryan Fugate



Drew Fulton  
Stas Funk  
Aysia Garrett  
Brady Gates  
Owen Gates  
Audric Gayo  
Anna Gentiluomo  
Adam Gladfelter



Alyssa Godfrey  
Nathan Goerner  
Veronica Graves  
Madison Greimel  
Timothy Grider  
Madi Griffin  
Geneva Grochowski  
Delaney Groves



Simona Gruia  
Audrey Hale  
Tommy Haroules  
Ethan Harris  
Katie Harris  
Hunter Hartman  
Heather Hatcher  
Quamyra Hayden



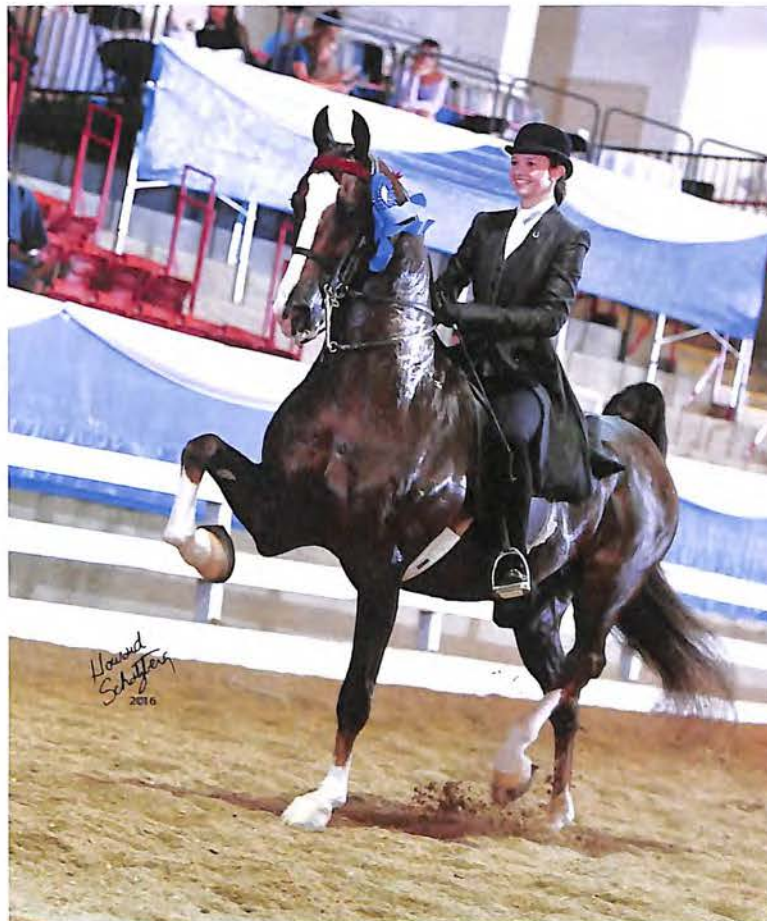
Allison Henion  
Odalys Hernandez  
Oscar Hernandez  
Elizabeth Hertzberg  
Sydney Hilovsky  
Grace Holderman  
Keaton Hopkins  
Jay House







# BEST IN SHOW



**"I STARTED RIDING HORSES AT A BARN IN WISCONSIN** when I was twelve. The barn I ride at now is in North Carolina and is called High Caliber Stables. I really love riding horses because I've been riding my whole life. The trainer my mom grew up with moved to North Carolina, so my family and I followed her from Wisconsin.

My whole family rides horses, which makes me love riding even more. I show saddle seat horses, which is based on performance, how well you can control your horse and how well you can perform with your horse. We mainly have showed once a week over the summer. I also have two horses for competition, one I ride and the other I use for driving a cart. The horse I ride is named Henry and the other one is a pony who is named Audi.

I have a team at my barn and we all show at the showcase but we also all show individually with our own horses. I practice a lot before each showcase, and then we always go up a week before each showcase in the summer and practice. I have to miss a lot of school to pursue my passion, but my coaches understand that we have to miss school and always have a tutor there for us if we need any help."

**AS TOLD BY FRESHMAN ASHLEY CREEKMORE**



Timothy Howell  
Haley Hurd  
Taylor Hypes  
Timothy Iferika  
Waleed Iftikhar  
Vova Jacobsen  
Kenley Jennings  
Mark Jirout



Mike Jirout  
Damien Jones  
Elizabeth Kabath  
Dylan Keith  
Abhinav Khanal  
Brian King  
Jacob Knight  
Matthew Knight



Michael Kyle  
Jeremy Lachowicz  
Claire Lawson  
Justin Lawson  
Kyoko Leaman  
Sara Lee  
Connor Lewis  
Zachary Lichtenstein



Steven Liu  
Kirkland Loughlin  
Taylor Loving  
Zeke Luebeck  
Billy Luqiu  
Ronald Maga  
Emmanuel Mahgerefteh  
Joshua Mannon



Zach Martin  
Shaun Matthews  
Emma Maxwell  
Dasia Mayo  
Jacob Mays  
Jayden McCubbin  
Logan McDaniel  
Dayle McGraw



Emoni Mollwraith  
Jenna McKeown  
Joseph McPeake  
Lindsay Merritt  
Savannah Mihalo  
Nick Mills  
Kelli Morris  
Benny Mortellaro



Hannah Muncy  
Hunter Murphy  
Charles Neal  
Andrew Neighbors  
Nathaniel Nesbit  
Morgan Newbold  
Michael Nichols  
Jonathan Numeiry







# OUTSIDE THE LINES



**"I WAS FIVE YEARS OLD WHEN I STARTED DRAWING.** The first thing I learned how to draw was a penguin because I asked my dad to teach me how to draw the animal. My dad is also a artist; he draws comics for a living. The comic book series he draws for is called "Manifest Destiny," which is also a creation of Robert Kirkman, the man who created "The Walking Dead" comic series. Most of my family, not just my dad, is artistic, so that's probably where I picked up my interest and talent.

My favorite thing about drawing is that I can create other worlds and tell stories that make people happy with art. Drawing also helps me clear my mind and get out ideas quickly so that I don't have to stress over them. I also like to draw for my friends and family who all really like my stuff.

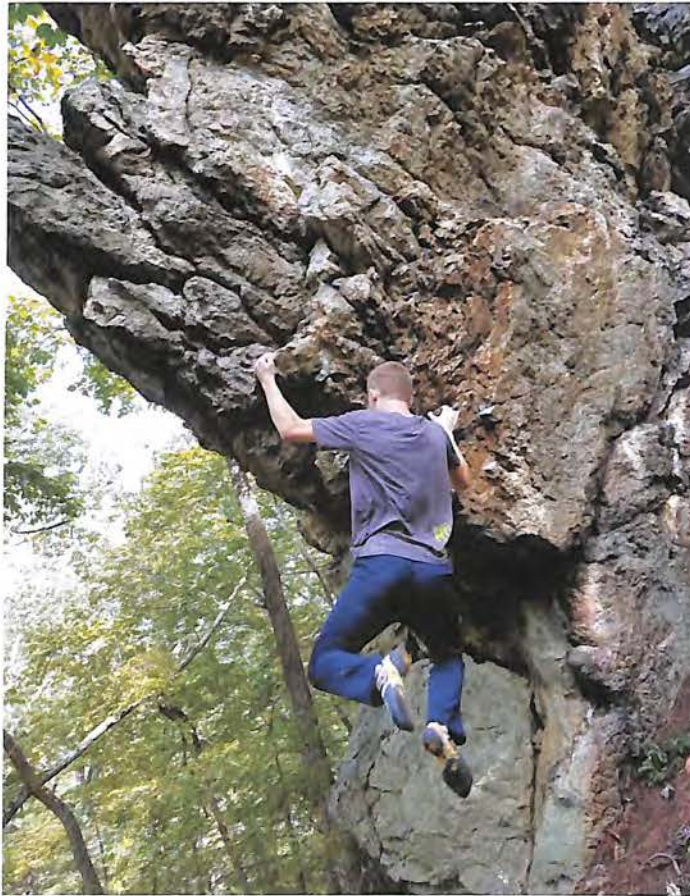
My favorite type of art is sketching or inking. Inking is where you usually have a special pen with ink and you go over your artwork that you have sketched out and you clean up your lines and make it darker. Crosshatching is involved, and sometimes you color it. The process can sound tedious to some people, but I love it. Sometimes this type of art is a challenge because of how much time it can take, but it's also rewarding because it looks really cool if you're successful.

I hope to continue art to hopefully make it a career one day."

**AS TOLD BY SOPHOMORE HOLLY ROBERTS**



# DON'T LET GO



"MY DAD GOT SICK WHEN I WAS IN THE SIXTH GRADE, and I needed something to distract me, so I ended up doing rock climbing. I've been rock climbing for almost five years now, and it takes up most of my life.

There are teams for rock climbing, and all you do is practice together, but you compete by yourself. I'm on a competitive team right now. The name of my team is River Rock climbing team.

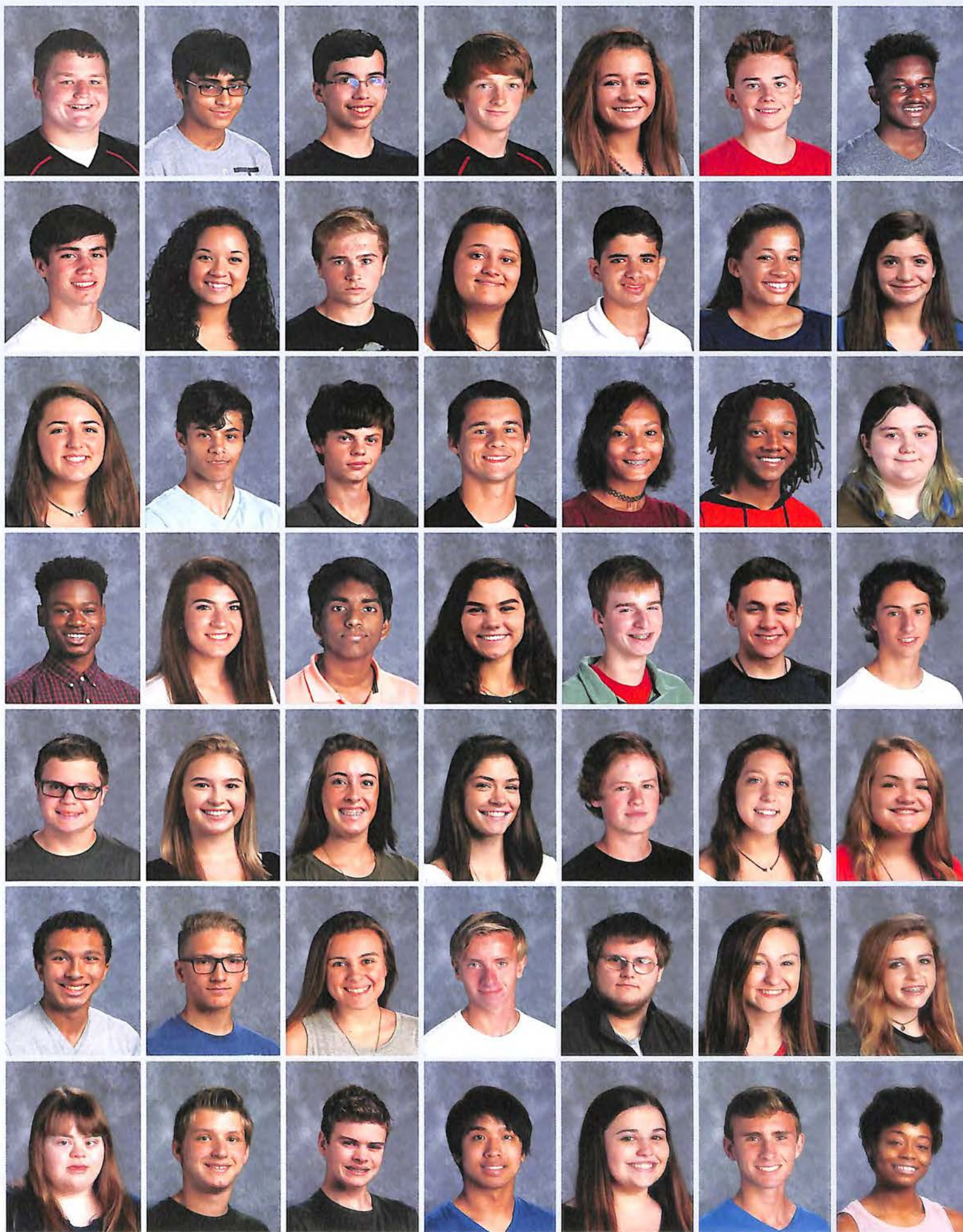
The rocks I climb range from 15 feet to 200 feet. I have a partner because you can't climb 200 feet inside and you need someone to spot you. My friends Aaron and Davis are usually my partners. I can pretty much communicate with them without saying anything.

I do competitions all along the east coast. I've done some in Manassas, some in Richmond and one in Blacksburg, where I earned first place. Every time I've competed, I've placed somewhere in the top ten. It is placed by how difficult the route is. In the competition they give you five different routes to climb, and whoever climbs the most difficult routes and has the most point values wins. I like climbing because I enjoy my coaches and friends who are there with me."

AS TOLD BY SOPHOMORE WILL ELMORE







Patrick Owen  
Jack Parker  
Om Patel  
Tucker Patout  
Austin Patterson  
Toni Perkins  
Nic Plybon  
Cameron Poindexter

Avery Poulsen  
Spencer Pratt  
Lauren Price  
Caleb Pritchard  
Melanie Proffitt  
Dawoud Qasem  
Kayla Quinlan  
Alix Rainsbury

Thomas Rainsbury  
Lily Ray  
Zachary Ray  
Zachary Rehart  
Andrew  
Richardson  
Nava Rickey  
Jaquan Rivers  
Holly Roberts

Hunter Rogers  
Jeremiah Rosarion  
Abby Rutigliano  
Abinash Saravanan  
Taylor Schindler  
Travis Schuck  
Ameen Serdah  
Joseph Sesler

Marc Sharrer  
Tyler Shaywitz  
Kiley Sheldon  
Kasey Skaff  
Blake Smith  
Dylan Smith  
Erin Smith  
Hannah Smith

Jackson Smith  
Tanner Smith  
Riley Snowden  
Selma Sosic  
Brandon Spradlin  
Quinton Spradlin  
Jessica Sprinkel  
Sara Stewart

Morgan Stokes  
Hailey Surrell  
Ryan Svec  
Ethan Sweeney  
Alex Tayloe  
Kaitlyn Taylor  
Matthew Taylor  
McKinzy Toliver



Alyssa Totin  
Jessica Tribble  
Olivia Tull  
Hannah Underwood  
Alexandra Venaas  
Gavin Via  
Bernard Vrljic  
Anna Walker  
Blake West



Brandon West  
Elizer Westerband  
Grace Wetzel  
Andrew Wheeler  
Annalise Wheeler  
Valeciya Whitaker  
Mason White  
Tori White  
Tyler White



Angel Whitlock  
Preston Wiest  
Gavin Wilkerson  
Clay Williams  
Grant Wilson  
Elexia Wynn  
**FRESHMEN**  
Abdullah Abdulkhaleq  
David Adams  
Christian Adkins



Saira Ahmed  
Jadan Akerson  
Erin Akins  
Parker Albright  
Cody Allen  
Kaitlyn Alli  
Sukanah Almosawy  
Huda Almusawi  
Lucas Alouf



Zahraa Alsaady  
William Altizer  
Amber Arthur  
Lauren Arthur  
Jennifer Asbury  
Carson Askeu  
Jason Austin  
Makayla Aviles  
Ryleigh Balzer



Nathan Banning  
Phillip Becher  
Lance Beheler  
Logan Belcher  
Campbell Best  
Gunnar Bird  
Zachary Bishop  
Alexander Blanton  
Cayce Boone



Alexis Boush  
Olivia Bowling  
Brianna Bradley  
Damien Brads  
Grady Brydges  
Laine Burchinal  
Maia Bush  
Jalen Buster  
Emily Butkovich







# HEADS ABOVE



**"I'VE BEEN TALL ALL OF MY LIFE.** I was a broad and fat baby. My shoulders were so large that my mom says I made birthing a very chaotic challenge. A 6' 6" tall and only 16 years old, my height has a lot of advantages and disadvantages. It helps me navigate the annex. I can just take a look over everyone's heads and see what the crowd is like.

My size hurts me in the terms of knee and back pain, especially when I'm really active. There's only certain stores that carry my size, and I have to sleep in a king-size bed. There aren't any other options.

At school I have a special desk in some classes. I don't think that really draws too much attention to me; people know me and know I'm big. Plus, I get more space and can spread out and relax more than everyone else.

I don't mind if people feel intimidated by my height. Sometimes it's a good thing because it helps my world stay quiet, and I like a quiet world."

**AS TOLD BY SOPHOMORE QUINTON SPRADLIN**



# NOT A LUCKY BREAK



**"I FINALLY DECIDED TO SEE A DOCTOR AFTER** experiencing some foot pain. When the doctor looked at the x-ray he ordered, he could see that I actually had an extra bone in my foot, but he told me nothing could be done until my foot stopped growing. They did not know how long exactly that would take because certain growth plates stop at certain times and your foot doesn't stop growing for a while.

I thought that was going to be my only issue until last year during my ninth grade basketball season. I started having a tough time with running, but I tried not to let on to anyone because I didn't want to stop playing. My coach works for Carilion, though, and could tell I was in pain.

I agreed to go back to the doctor and they told me I could get my foot fixed on March 29. I was nervous about it, but it was an easy surgery. I was on crutches for a week and was then put in a boot I wore for almost three months. Since I couldn't put weight on my foot I couldn't shower and had to take baths with my foot out. It was awful.

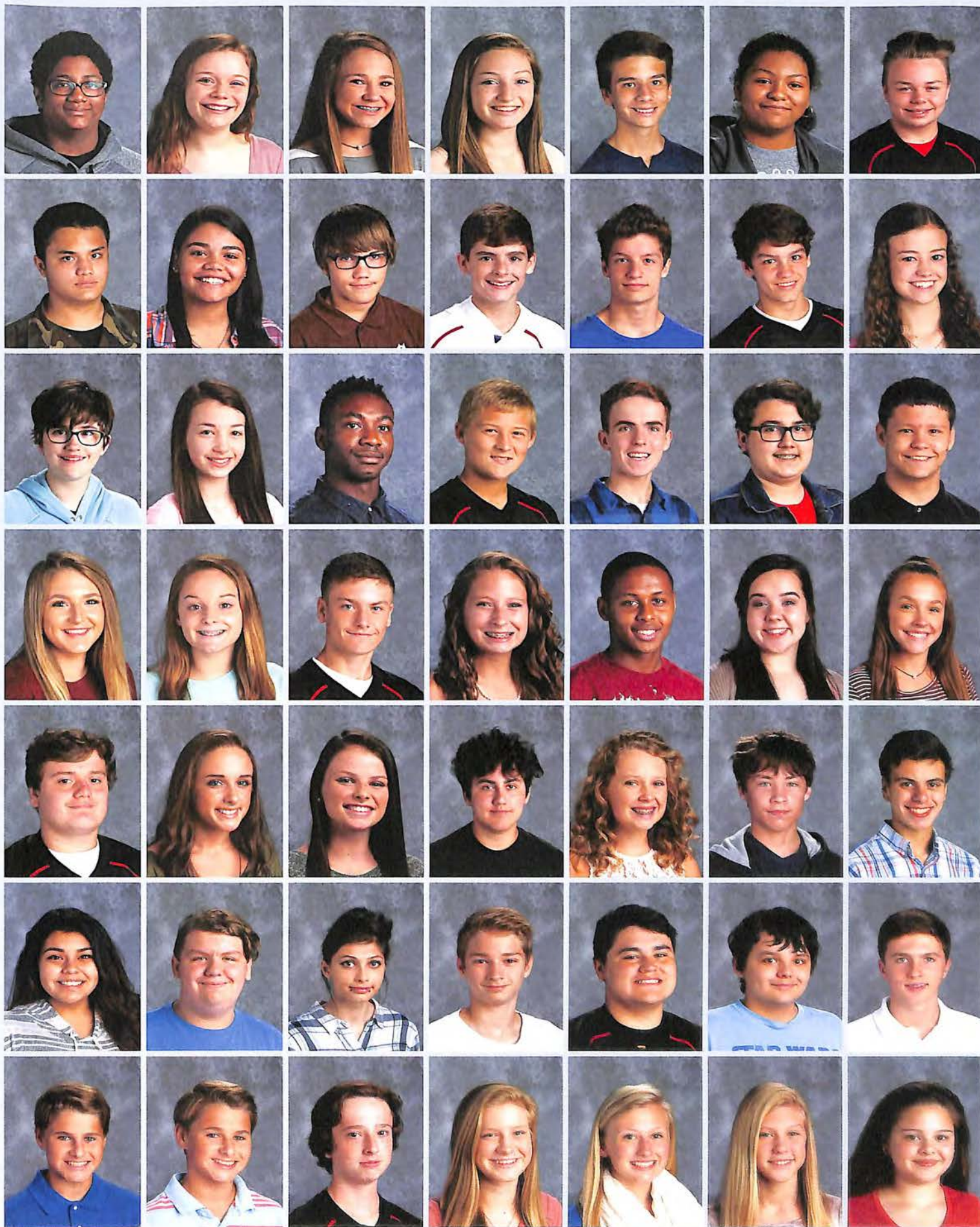
I was out of the boot in June but wasn't cleared to run until July, so I had to miss team camp and open gyms. I was finally able to make an open gym when school started. And then the pain started again. It turns out I had broken the screw they put in during my surgery, so I had to have another surgery just one week later. I was so frustrated because I did not want to miss anymore basketball then I already had.

The entire process has been so draining and hard, both emotionally and physically. I'm just ready to have a normal foot and be back in the sport I love.

AS TOLD BY SOPHOMORE CORI CLAYTON







Matthew Cagle  
Parker Callahan  
Grayson Campbell  
Gabriel Campoverde  
Allison Carter  
Mackenzie Casella  
Ryan Cass  
Michael Cavicchio  
Amanda Cerdana  
Kenneth Chapman

Julia Chogjinjalav  
Ethan Coates  
Jennifer Colebrook  
Charles Collier  
Thanaira Colon  
Mason Corvin  
Jack Cowher  
Austin Craddock  
Ethan Craddock  
Ashley Creekmore

Tobias Crooke  
Bella Crouse  
Megan Crowe  
Sophie Currier  
Caroline Daly  
Oyis Daroshefski  
Alexander Davis  
Jacob Dellinger  
Mehmet Demir  
Tanner Dillow

Madison Doceti  
Aida Doucure  
Makayla Dowdy  
Megan Doyle  
Elizabeth Draper  
Lucas Duncan  
Katie Durica  
Jabin Duviella  
Ashlyn Echols  
Reagan Edmunds

Laken Edwards  
Eric Eisenzimmer  
Matthew English  
Andrew Ferguson  
Sarah Fisher  
Lauren Frampton  
Riley Freccero  
Olivia Furrow  
Trevor Furrow  
Owen Ghaphery

Shane Gibson  
Giovanna Gilbert  
Caroline Glenn  
Samantha Gobellan  
Patrick Goodman  
McKenzie Guttman  
Elijah Hadfield  
Dylan Hammes  
Shad Hannabass  
Mills Harris

Erin Hassall  
Austin Hayden  
Kaeleb Heck  
Nicholas Henritze  
Will Henritze  
Matthew Heslep  
Ainslee Hicks  
Hannah Hodges  
Baylee Hodson  
Maryanne Hoffman



Tyler Hoffman  
William Holland  
Lucas Holt  
Ashton Howard  
Jaclyn Howard  
Logan Howard  
Julia Hrysenko  
Parker Huffman  
Miranda Hughes  
Nevaeh Hughes



Colten Iademarco  
Bilal Iftikhar  
Leonardo Inga  
Hannah Ireland  
Noah Jackson  
Connor Jarczynski  
Adnan Jasarevic  
Julianna Jenkins  
Asha Johnson  
Kristin Johnson



Mikala Kanode  
Andrew Keller  
Tyler Kendrick  
Dillon Key  
Richard Kidwell  
Cameron Killinger  
Mackenzie Kodatt  
Elliott Kroll  
Lena Kwitny  
Steven Landsman



Chloe Lane  
Madison Lange  
Nathaniel Laprade  
Charles Lawhorn  
Emily Lawson  
Lia Lawson  
Sophie LeGault  
Zachelle Lexima  
Joshua Long  
Ty Looney



Hatley Loop  
Rayner Lora  
Bryanna Lowry  
Broderick Luckey  
Michael Mahoney  
Quinton Mallory  
Jacob Mannon  
Bethany Maristela  
Baylen Martin  
David Martin



Morgan Martin  
Tyler Martin  
Lucas McClanahan  
Natalie McGhee  
Annalise McNamara  
Peyton McQuilkin  
Kamdyn Meredith  
Sofia Midkiff  
John Milby  
Eliana Miller



Parker Mills  
Dawson Mitchell  
Maliah Mizack  
Ben Mone  
Maya Monsour  
Kieera Mooney  
Kelsey Moore  
Hunter Morris  
Nicholas Mort  
Nicholas Moses







# THEIR LEGACY



**"MY MIDDLE BROTHER IS THE ONE WHO STARTED THIS TRADITION.**  
[Alumnus and Liberty University freshmen] Body first got the tattoo. He has designed all of his tattoos and they each have a special meaning for him. This particular tattoo features the Greek letters for CBDA. The letters stand for all four siblings: Cager, Brody, Dawson and Ainslee.

The tattoo is symbolic of a time that our siblings felt like all we had was each other. We have our own little way of communicating with each other. No one else needs to understand it but us; that's why we chose to put it in a different language.

My mom was with Brody when he had his done. He said that when his was done, she decided to get it, too. She was very supportive of the tattoo because she always encouraged us siblings to stick together when dealing with tough stuff. Afterwards she sent a picture to Cager, and he was the next to have it done. When it was my turn my mom had to take me since I wasn't 18 years old yet. My little sister, Ainslee, says she is going to get the tattoo when she turns 18.

I guess you could say this shows how close my siblings and I are."

**AS TOLD BY JUNIOR DAWSON HICKS**



Emily Murano  
Kayla Mutter  
Jenna Nardone  
Jarrett Neese  
Ashton Nichols  
Charlie Nichols  
Ethan Nichols



Christopher Niningner  
Caleb O'Dell  
Dixie Overfelt  
Kaden Oxendine  
Cyrus Pace  
Bryden Palmer  
Nina Palmero



Venkata Panchumarthi  
Joshua Parsons  
Raj Patel  
Natalie Paul  
Samantha Perez  
Caitlin Phillips  
Robert Pickelsimer



Julius Price  
Alex Puthoff  
Sam Quakenbush  
Marisa Quesenberry  
Jordan Rearick  
Prime Reece  
Alexander Reed



Dylan Rice  
Haylee Rice  
Jaxon Rinn  
Marshall Roach  
Taylor Robertson  
Roxanne Robinson  
Conner Rogers



Jacob Roragen  
Elijah Ruffin  
Arunabh Sarkar  
Maya Sawh  
Magdalena Scaer  
Simone Schumaecker  
Christian Sciuillo



Matthew Sciuillo  
Logan Scott  
Nathan Sharp  
Charlotte Shelor  
John Shelor  
Kevin Sheng  
Kobey Simon







Haili Sink  
 Samuel Slate  
 Brianna Slawson  
 Cody Smith  
 Wesley Smith  
 Rachael Snodgrass  
 Madison Snowden



Canzaeda Southerland  
 Nandini Sriram  
 Maddi Stephens  
 Nicole Struzinsky  
 Bradley Taylor  
 Tori Teller  
 Trieu Tran



Abigail Trayer  
 Caroline Treubert  
 Tristan Tryal  
 Miles Vance  
 Grace Virto  
 Blake Waddell  
 Henry Wagner



Joshua Wainwright  
 Maysen Waller  
 William Waller  
 Ashlynn Ward  
 Ethan Warner  
 Tahlek Washington  
 Abigail Weaver



Jessica Wei  
 Hallie Weitzenfeld  
 Grace Welsh  
 Alissa Westerband  
 Andrew Wheeler  
 Samantha White  
 Reeselynn Williams



Dakota Wilson  
 Gracie Wiseman  
 Connor Womack  
 Blaise Wood  
 Amethyst Wright  
 Tavia Wright  
 Nicholas Wynn



Annalee Yeaman



**Connie Alonso-Mosher** Bookkeeper  
**Kathy Anderson** GCA Building Manager  
**Travis Anderson** BA & MS, Virginia Tech; Geometry; Sophomore Class  
**Chris Askew** BA, Emory and Henry; Health, Physical Education, Drivers Ed; Football  
**Kayla Beggarly** BS, Radford University; Pre-AP and College Bound English 10  
**Chris Benson** BA, University of Virginia; MAT, Hollins University; Spanish III; Spanish Honor Society

**Elisabeth Bivens** NCSU, Radford University; Reading, Science  
**Amy Bolen** BA, Liberty University; MA, Virginia Tech; Spanish III/IV, AP Spanish; Spanish Club  
**Pat Bredenkamp** Attendance Secretary  
**Dana Bryan** BA & MEd, Virginia Tech; Algebra I, College Algebra, Geometry  
**Kelsey Burton** BS, Liberty University; AP US History, US History; Senior Class; Swim  
**Sara Cann** BS & MAEd, Virginia Tech; Chemistry

**Ann Cranwell** BS, Radford University; Government, World Geography, World History II  
**Ben Creasy** BS, Radford University; Special Education  
**Lori Culver** Instructional Assistant  
**Mistie Dickenson** BS, Longwood College; MS, Mississippi State University; Anatomy/Physiology, Biology  
**Amanda Downing** BS, Virginia Tech; MS & Ed.S., Radford University; School Psychologist  
**David Dunstan** BS, Radford University; Pre-AP World Geography, Pre-AP World History

**Scott Fike** BS, Bridgewater College; Instructional Assistant; Wrestling  
**Tim Fulton** BS, Milligan College; Computer Math, Pre-AP Algebra II; Football, Track  
**Jacob Gruse** BS, Concord University; Personal Finance; Boys Basketball  
**Kristen Gruse** BA, University of North Carolina Chapel Hill; MAT, Kaplan University; Testing Coordinator  
**Terena Hale** BS, Longwood College; MEd, Virginia Tech; Culinary Arts, Family and Consumer Science; FCCLA, Knight & Day Café  
**Eli Harrison** BA, Roanoke College; Spanish I; Spanish Club

**Elizabeth Hatcher** BA, MAT, Hollins University; Pre-AP English 9, ADR; Sophomore Class  
**Matt Herron** BA, Roanoke College; Instructional Assistant; Baseball, Football  
**Derrick Hollins** BS, Ferrum; Informational Technology Resource; Football, Track  
**Shawn Hughes** BS, Charter Oak State College; AS, College of Health Sciences; PhD & MAEd, Virginia Tech; School Counseling Coordinator  
**Andy Huray** BS, Alfred University; MS, Virginia Tech; Accounting, Advanced Accounting, Business Law, MS Office, Personal Finance, Principles of Business; Swimming, Diving; FBLA  
**Ashley Huray** BA, Gettysburg College; MAT, Hollins; Latin IV; Latin Honor Society

**Zane Hurst** BS, College of William and Mary; MPA, George Mason; VA/US History, VA/US Government, World History II  
**Nick Iademarco** BA & MAEd, George Mason University; World History II, Psychology, Sociology  
**Rebekah Johnson** BA, Virginia Tech; French III; French Club, French Honor Society  
**Tracey Lange** BA, Virginia Tech; MS, Radford University; EdD, Liberty University; Assistant Principal  
**Carly Lee** BS, Longwood University; Pre-AP and General Biology  
**Amy Leonard** BS, East Tennessee State University; MEd, College of Charleston; English

**Linda Long** BS, Radford University; US/VA Government, Psychology, Sociology  
**Ricky Lonker** BA, Emory & Henry; Digital Photography II, Art I; Art Club, Baseball, Football  
**Jacki Lucki** BS, Longwood; MS, Virginia Tech; Culinary Arts, Nutrition and Wellness, Child Development; FCCLA  
**Pete Lustig** BA, University of Virginia; MAEd, Virginia Tech; Psychology/Sociology, AP US History, Dual US History; YoungLife  
**Tommy Maguire** BS, Radford University; Health I-II, Driver Education; Cross Country, Indoor Track, Outdoor Track  
**Doreen Malcolm** BS & BA, Youngstown State University; Administrative Assistant







## LIFE CHANGER

"INDIA HAS BEEN PART OF MY FAMILY'S MISSION field for 35 years; my parents were incredibly involved over there, and I continued to support that mission when I married. One of the first things my husband and I did as a couple was adopt a little boy named Anthony. Since putting him through school, we've adopted more children.

My church and Sunday-school class is involved in this mission, too. We've bought a cow for an orphanage to help them get milk. We've sponsored around 800 children in four different orphanages. We even helped build an orphanage to help children who lost their parents after the tsunami. My church also gets hands-on with their assistance and travels to India. I've never had a great desire to go. They always go around Christmas, and that time just doesn't work with a teacher's schedule. Also, I never wanted to leave my kids when they were little. This year, however, my church planned their trip for July, and I was able to go along with them.

While there I worked with people who had learning disabilities or special needs. We also helped seminary students conduct classes. After my experiences there, I understand why my parents for all those years had a heart for India. The people there are the nicest, most generous, most hospitable people I have ever met. The people I worked with were destitute. They lived in the streets, and even in train stations, and yet they're happy. If I could go back tomorrow, I would go in a heartbeat."

AS TOLD BY MRS. ANN CRANWELL



**Erich Mauer** BA, Eastern Kentucky University; Instructional Assistant

**Elizabeth Mayer** BA, Salem College; English 12

**Harry Mills** BA, Roanoke College; MA, Hollins University; M. Phil., Columbia University; AP/Dual Enrollment English 12, French IV; Beta

**Alan Moore** BS, Roanoke College; Algebra II, Algebra Functions & Data Analysis, Computer Math; FCA

**Holly Moore** BS, Longwood University; PE 9,10

**Margaret Moore** BA, State University of New York-Albany; JD, Stetson University College of Law; MEd, Regent University; Special Education

**Colleen Morrison** BA, Roanoke College; MAT, Hollins University; College Bound and General English 10, Journalism; Knight News

**Cathy Parker** BS, State University of New York-Fredonia; MS, Radford University; Math 9, Algebra Functions, English 9 & 10, Directed Study

**Chuck Parker** BA, Virginia Intermont College; MS, Radford University, Assistant Principal

**Kadie Pentecost** BS, Radford University; Pre AP and CB Chemistry

**Jake Paysour** BA, University of North Carolina; MTS, Wesley Theological Seminary; Algebra I, Algebra II, Algebra Readiness; Freshman class

**Ryan Poff** BS, Radford University; AP World History, World Geography, Football

**Bob Powers** BA & BS, Virginia Tech; MEd, Virginia Tech; Pre-Calculus, Pre-AP Computer Science, AP Computer Science; Academic Team, Debate Team

**Kathleen Price** BA, Roanoke College; AP Government, World History II; Underwater Basket Weaving

**Mara Pufko** BA, James Madison University; M.ED. Virginia Tech; English 11; Help Save the Next Girl

**Brian Quakenbush** BA, East Tennessee State University; Concert Band, Instrumental Ensemble, Jazz Band, Music Theory, Marching Band, Symphonic Band

**Kaitlin Rice** BS, MEd, Radford University; English 9 & 11, Reading Strategies

**Brittany Rodriguez** BS, Southern Wesleyan University; MAEd, Mary Baldwin; Science

**Chrystal Shawn** BA, James Madison University; MAT, Hollins University; Pre-AP English 9, AP/DE English 11; AP English 12 Virtual High School, Photojournalism; Accolade

**Kelly Shilling** BA & MAT, Quinnipiac University; AP Calculus AB, AP Calculus BC

**Meredith Shuman** BS, Virginia Tech; Sports and Entertainment Marketing, Advanced Marketing, Entrepreneurship; DECA

**Cheryl Shupe** VWCC; BS, UNCW; Special Education

**Susan Sine** BS, Roanoke College; AP Statistics, Algebra II; Two Hearts Foundation

**Tamra Sloan** BA, Hollins University; Special Education.

**Duncan Smith** BS, & MA, Virginia Tech; AP Physics, Physics

**Paul Soucie** BS and MEd, University of Nebraska at Lincoln; Sports and Entertainment Marketing, Advanced Marketing, Entrepreneurship, Engineering Drawing; TSA

**Steve Spangler** BS, Slippery Rock State College; MS, Radford University; Principal

**Edward Spruell** BA, Elon University; MA, Hollins University; MS, Radford University; Media Specialist; Latin Club

**John Swartz** BS, Roanoke College; Health II, Advanced Physical Education, Drivers Ed, Strength Training and Conditioning; Golf, Girls' Basketball

**Lesley Swartz** BBA, Roanoke College; MEd, Liberty University; School Counselor

**Margaret Taylor** BS, Roanoke College; MA, Virginia Tech; Pre-AP Chemistry, AP Chemistry; SCA

**Sherrie Tyler** BS, University of Virginia; MS, Old Dominion University; Special Education

**Charlie Wallace** BS, Radford University; Information Technology Technician

**Liz Willett** BS, James Madison University; Geometry

**Penny Williams** BS & MEd, Virginia Tech; School Counselor

**Kim Wilson** BS, Roanoke College; MS, Louisiana Tech University; Biology, Ecology; Junior Class







# SOUL SEARCHER

**"COMPLETING THE CAMINO FRANCES**, the primary route to Santiago, takes around two months. I completed a shorter version of the Camino, the Camino Portugués, and spent about a week walking the entire trail.

I prepared for my journey by diligently practicing my conversational Spanish whenever possible to ensure that my mind was honed as well as my body. To physically prepare for the journey, I increased the amount of running that I did on a regular basis as well as made attempts to go hiking each weekend. The only part of the journey I felt unprepared for was the amount of fatigue that sets in after several consecutive days of hiking.

I went with a group from Roanoke College, and though there were roughly 15 people who went on the trip, my primary traveling companions were a group of three students whom I had known prior to my trip. I also ended making pilgrim friends from all over the world. Given that most people stay in the same hostels along the way, you tend to see the same people as you travel, so it becomes pretty easy to form bonds with people. I made friends with people from France, Italy, South Africa, Germany, Greece and more. The coolest part is that many of them didn't speak English at all, but spoke Spanish as a second language like I do, so we were still able to communicate.

I had a professor, Dr. Talbot, who taught several Spanish classes that I took at Roanoke College. During these classes, I learned about the cultural and spiritual significance of this journey, which sparked a fire within me to want to go and see it for myself.

I appreciate that the trail takes you through more rural parts of Spain, not just the touristy locations, which is the best way to travel. It provides a more authentic experience."

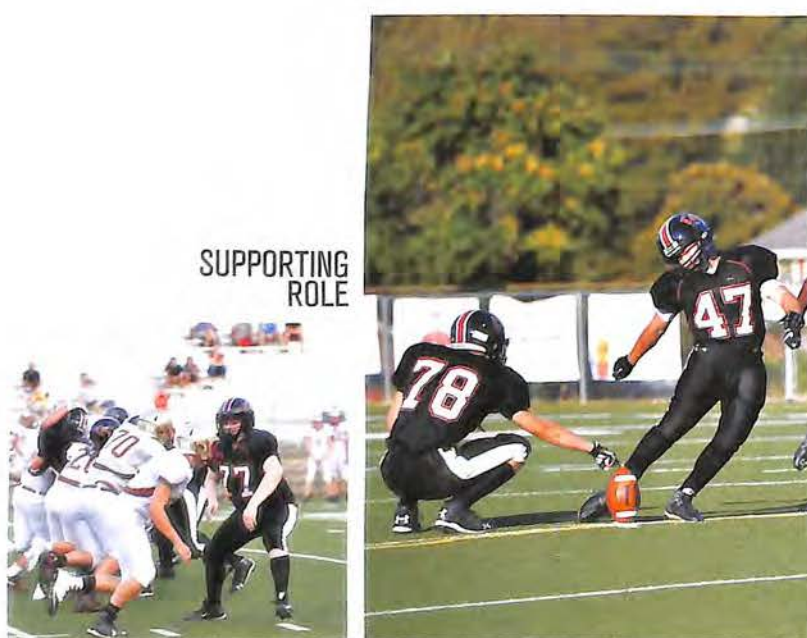
**AS TOLD BY MR. ELI HARRISON**



# VARSITY & JV FOOTBALL



**Front Row:** Brayden Guthrie, Austin Ragan, Ryan Eubank and Tom Milby. **Second Row:** Cameron Caldwell, Zach Bowling, Logan Altizer, Will Rinn, Jacob Knight, Willie Harden, Caleb O'Dell, Drew Monsour, Lucas Duncan, Dylan Robinson, Andrew Ditmore, Austin Emery, Austin Patterson, Ethan Coates and Jason White. **Third Row:** Will Altizer, Jaquan Rivers, Mirnes Sabanija, Austin Price, Christian Howes, Andrew Richardson, Dawson Surrrell, Kirkland Loughlin, Hunter Childress, Noah Jackson, Clayton Berger, Chase Hammes and John Milby. **Fourth Row:** Thomas Vova Jacobsen, Alex Brown, Jake Puckett, Nicholas McGuire, Carson Askew, Andrew Ferguson, Alex Davis, Tyler Tofano, Austin Alouf, Cameron Poindexter, Ethan Craddock, Dylan Rice, Drew Fulton and Nick Weitzenfeld. **Fifth Row:** Corbin Fentress, Jake Smith, Matthew English, Thomas Haroules, Nick Heslep, Landon Chasteen, Justin Lawson, Jack Parker, Matthew Knight, Richard Kidwell, Jack Cowher, John Ploschke and Devin Duviella. **Back Row:** Coaches Luke Vance, Matt Herron, Ryan Poff, Josh Woodrum, and Ricky Lonker. Matthew Heslep, Will Kyle, Nathan Chapman and Quinton Mallory. Coaches Derrick Hollins, Chris Askew, Rodney Fulton, Tim Roberts and Tim Fulton.



SUPPORTING  
ROLE

**STARTING A GAME AGAINST PULASKI**, sophomore Jack Parker blocks his opponent to keep his quarterback safe. Parker wasn't just with his team when on the field. Instead, the team came together for volunteerism. "Outside of football the team gets to do a lot of community service, like helping at the rescue mission and bagging lunches and taking them to people," he said. **COMING IN FOR A KICK**, sophomore Vova Jacobsen focuses on sophomore Matthew Knight's ball placement. Jacobsen said practices were almost more difficult than the actual games. "The best part about football is the actual game, but all the preparations can be difficult because we have to learn all the plays and the training can be hard," Jacobsen said.



**Captains:** Tom Milby, Austin Ragan, Brayden Guthrie and Ryan Eubank.

## VARSITY

Floyd County	14-42
Greenbrier East	14-28
William Byrd	14-42
Pulaski County	14-28
Glenvar	21-0
Alleghany	28-42
Christiansburg	28-20
Patrick Henry	0-24
Carroll County	27-7
Blacksburg	23-35
Salem	7-40
Hidden Valley	24-31

## RECORD

3-9

## JV

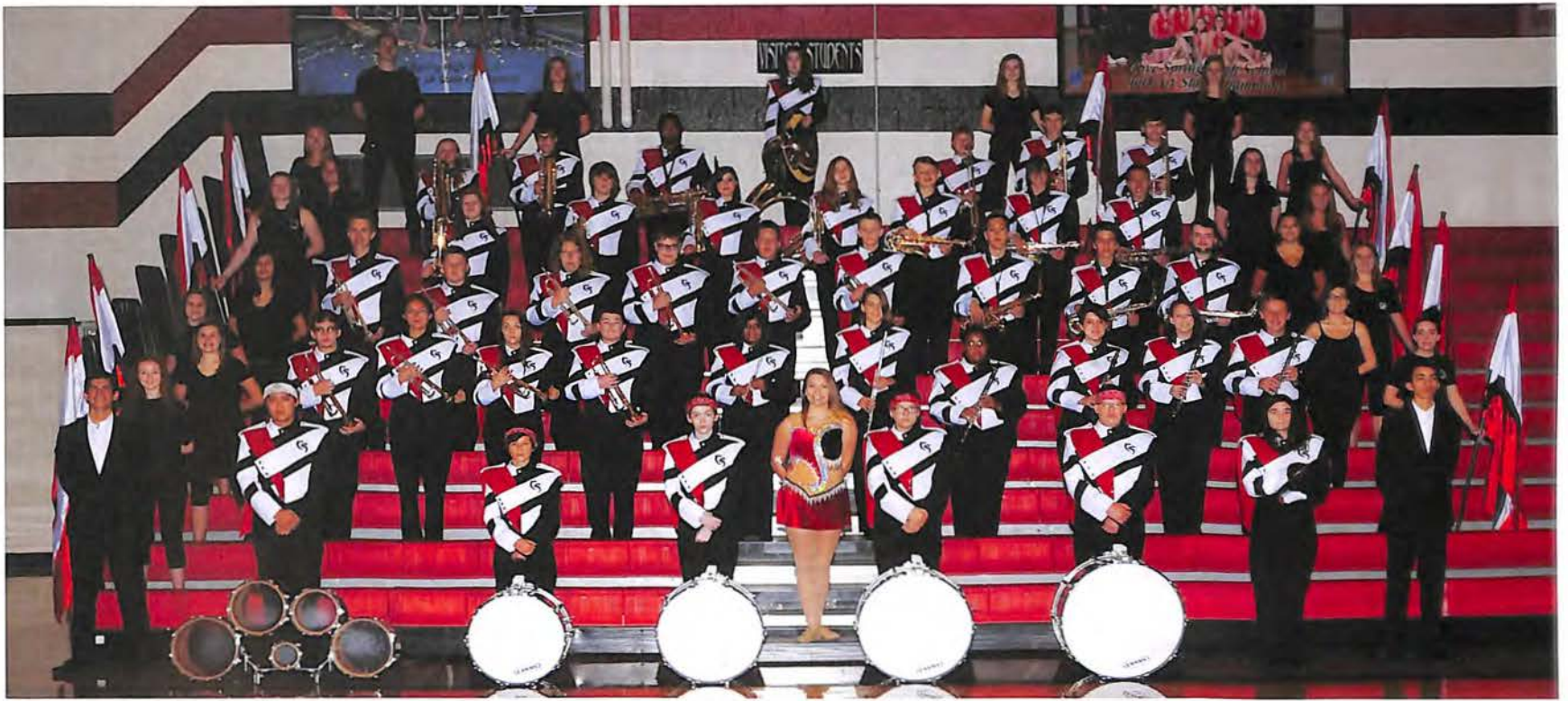
William Byrd	14-16
Pulaski County	14-38
Glenvar	21-13
Alleghany	29-6
Christiansburg	6-7
Patrick Henry	14-37
Carroll County	14-20
Blacksburg	0-49
Salem	7-54
Hidden Valley	29-17

## RECORD

3-7



# MARCHING BAND & COLOR GUARD



**Color Guard:** Alison Bassant, Rachel Boch, Morgan Cundiff, Katie Durica, Laken Edwards, Moriah Elkins, Lynn Fimbel, Erica Frost, Mackenzie Hamby, Mary Beth Hamby, Kenley Jennings, Ariana Jones, Bethany Maristela, Cailey McLaughlin, Hunter Murphy, Roxy Robinson, Taylor Sharp and Amethyst Wright. **Drum Majors:** Nicholas Axt and Matthew Flores. **Featured Twirler:** Rachel Benton. **Drum Line:** Emily Bassant, Vika Fedchuk, Noah Hartson, Jarod Lim, Kaden Oxendine, Robert Pickelsimer and Matt Ray. **Clarinets and Flutes:** Brianna Bradley, Sarah Durica Anita Geiger, Haley Ingle, Dillon Key and Claire Lawson. **Low Brass:** Madison Bird, Luke DeFalco, Lucas Holt, Josh McLaughlin, Jason Quakenbush and Sarah Thompson. **Mellophones:** Rebecca Bauer, Kathleen Brett, Bella Crouse and Sam Quakenbush. **Saxophones:** Cooper Albright, Michael Cavicchio, James Forest, Jordan Mehta, Spencer Reed, Tanner Smith and Josh Wainwright. **Trumpets:** Amber Arthur, Abigail Chernault, Matt Christopher, Jason Clingenpeel, Elliott Kroll, Evan Levy, Nigel Robinson, Magdalena Scaer, Gavin Wilkerson and Nick Wynn.



**Drum Majors:** Matthew Flores and Nick Axt.

## FRANKLIN COUNTY COMPETITION

Overall	Seventh
Music	Sixth
General Effect	Sixth



## BAND TOGETHER

**WHILE THE COLOR GUARD PERFORMS BEHIND HIM**, senior Spencer Reed stands at a holding place during a halftime show. The color guard and marching band performed to Beatles songs. "Marching band was really fun, and our conductors [senior] Nick Axt and [junior] Matthew Flores did a good job," Reed said. **PLAYING HIS SAXOPHONE**, senior James Forest performs on the field. Forest was a marching band member all four years. "I sometimes get nervous to perform at halftime games, but because we prepare so much it becomes second nature. I just try to run the routine as we do in practice," he said.





Jefferson Forest	1st
William Byrd	1st
Conference	1st
Region	1st
State	2nd

## COMPETITION CHEER



**Front Row:** Ryleigh Balzer, Amaya Daniels, Kinsey Harris, Kayla Quinlan, Olivia Bowling and Annalee Yeaman. **Second Row:** Reagan Edmunds, Madison Griffin, Abby Slate, Claire Flowers, Sara Stewart, Kenzie Casella and Hannah Hodges. **Back Row:** Michaela Garrett, Riley Pedigo, Jessie Weber, Baylee Hodson, Erin Akins, Hannah Ireland and Haley Clark.

## BOYS' CROSS COUNTRY

Blue Demon	3rd
Knights Crossing	6th
Lord Botetourt Tri-meet	1st
Great American Invitational	3rd
Metro Championship	2nd
Running With the Wolves	1st
Conference 32 Champ.	4th
3A West Region Champ.	7th & 8th



**Front Row:** Andrew Wheeler, Casey Preuss, John Shelor, Ben Palisca, Banner Plumb, Matthew Sciallo, Jeremy Lachowicz and Christian Sciallo. **Back Row:** Jacob Stewart, Josh Fretwell, Peter Smith, Brandon Hatcher, Will Chewning, Cooper Albright, Drew Cannaday, Cody Hayden and Austin Hayden.

## GIRLS' CROSS COUNTRY

Knights Crossing	22nd
Lord Botetourt Tri-meet	1st
Great American Invitational	14th
Metro Championship	8th
Running With the Wolves	5th
Conference 32 Champ.	3rd
3A West Region Champ.	5th
State 3A Champ. Overall	8th



**Front Row:** Parker Albright, Audrey Kidd, Heather Hatcher, Laurin Hatcher, Charlotte Shelor and Lilly Bay. **Back Row:** Alyson Meador, Sarah Christensen, Jessica Christensen, Dasia Mayo, Jessica Lachowicz and Toni White.



# GOLF



**Front Row:** Mark Jirout, Hayden Mitchell, Cameron Warner, Sydney Hilovsky, Trey Orr and Blaze Woods. **Back Row:** Carter Glenn, Tyler Fanning, Jack Frazier, Andrew Cagle, Ryan Burchett and Coach John Swartz.

Heritage	11th
William Byrd	9th
HV, Cburg, Salem, Bburg	4th
Northside	2nd
Abing, Bburg, Cburg, HV, RC	4th
Blacksburg	5th
Salem	3rd
Christiansburg	Tied 4th
Hidden Valley	5th

# VARSITY VOLLEYBALL



**Front Row:** Erin Harrison, Morgan Starnes and Meg Stephens. **Middle Row:** Elizabeth Hertzberg, Hannah Smith, Sam Rutigliano and Abbey Shorten. **Back Row:** Blake Smith, Taylor Robertson and Hannah Graham.

Liberty Christian	W
Northside	L
Liberty Christian	W
Lord Botetourt	L
Carroll County	W
Blacksburg	L
Pulaski County	W
Patrick Henry	L
Salem	L
Christiansburg	L
Hidden Valley	L
Carroll County	W
Blacksburg	L
Patrick Henry	L
Salem	L
Pulaski County	W
Christiansburg	W
Hidden Valley	L
Conference: Abington	L

RECORD 7-12

# JV VOLLEYBALL



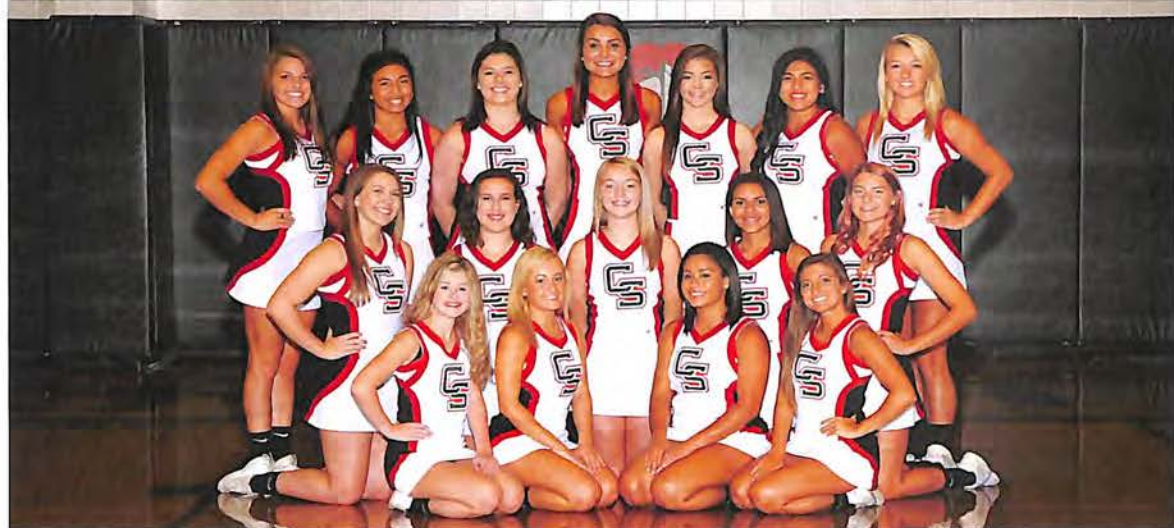
**Front Row:** Lauren Frampton, Kylie Angel, Alexis Boush, Avery Poulsen and Maya Monsour. **Middle Row:** Casey Fentress, Megan Doyle, Caroline Glenn and Ainslee Hicks. **Back Row:** Coach Jenny Doyle, Annalise Wheeler, Vivienne Barnhart, Cecily Doyle and Manager Eliana Miller.

Northside	W
Liberty Christian	L
Lord Botetourt	L
Carroll County	W
Blacksburg	L
Pulaski County	L
Patrick Henry	W
Salem	W
Christiansburg	L
Hidden Valley	W
Carroll County	L
Blacksburg	L
Patrick Henry	W
Salem	L
Pulaski County	L
Christiansburg	L
Hidden Valley	L

RECORD 6-11



## VARSITY SIDELINE CHEER



**Front Row:** Whitney Cook, Rachel Finch, Claire Flowers and Kinsey Harris. **Middle Row:** Rachel Benton, Becca Bradley, Laken Ayers, Amaya Daniels and Abby Slate. **Back Row:** Michaela Garrett, Mimi Clark, Julia Cundiff, Caroline Nye, Jessie Weber, Haley Clark and Riley Pedigo.

## JV SIDELINE CHEER



**Front Row:** Sara Stewart, Kayla Quinlan, Ryleigh Balzer and Madison Griffin. **Middle Row:** Hannah Hodges, Annalee Yeaman, Reagan Edmunds, Kenzie Casella and Olivia Bowling. **Back Row:** Hannah Ireland, Madison Lange, Baylee Hodson and Erin Akins.

## SWIMMING & DIVING

Blacksburg	Boys L
	Girls L
SW Invitational	Boys 10 of 24
	Girls 12 of 22
Salem	Boys L
	Girls L
Patrick Henry	Boys L
	Girls L
Christiansburg	Boys W
	Girls W
All-Timesland	Boys 2 of 12
	Girls 5 of 12
Jefferson Forest	Boys L
	Girls L
Hidden Valley	Boys L
	Girls L
Conference 32	Boys 3 of 5
	Girls 3 of 6
3A State	Boys 7 of 25
	Girls 8 of 26



**Front Row:** Jett Vella, Connor Petzen, Mikey Berberich, Paige Assaid, Angelo Russo, Allie Lawson, Casy Preuss, Zolboo Erdenebaatar and Daniel Sortore. **Middle Row:** Amber Arthur, Jack Cowher, Mills Harris, Sydney Hilovsky, Emma Muzzy, Brooke Leftwich, Kathleen Brett, McCain Quinkle, Timothy Grider, Drew Robertson, Brandon West, Madison Griffin, Kevin Sheng, Henry Wagner and Bryden Palmer. **Back Row:** Lexi Wynn, Kayla Mutter, Iris Oranchak, Odalys Hernandez, Riley Trotter, Claire Lawson, Suzanne Harris, Will Henntze, Thieu Tran, Josh Long, Nick Henntze and David Lawson.



# WRESTLING



**Front Row:** Caleb O'Dell, Connor Jakrznsh, Preston Weise, Zach Schmitt, Ben Chapman, Mark Darosheski, Joshua Baier and Kip Nining. **Middle Row:** Marquis Cobbs, Jayden McCubbin, Noah Bushman, Clayton Berger, Mahlic Sallah, Kyle Plunkett and Mason Lee. **Back Row:** Coaches Luke Vance, Zach Hodges, Austin Amos, Nick Spicer, Scott Fike and Tim Nining.

Tennessee Invitational	8th
Knights of the Round Table	1st
Independence High School	Loss
Greensboro Tournament	3rd
Basset High School	1st
Conference	2nd
Region	2nd
State	2nd

# VARSITY BOYS' BASKETBALL



**Front Row:** Coach Jordan Poff, Coach Jamie Brooks, Will Rinn, Jake Furrow, Baker Haviland, Brad Kinder, Jared Steele, Coach Jacob Gruse and Connor Bunn. **Middle Row:** Coach John Sharp, Willie Harden, Trey Murphy, Zach Bowling, Crawford Enyart, Matthew Cagle, Ryan Burchett, Dawson Hicks, Devin Beckner and Coach Ethan Humphries. **Back Row:** Coach Tim Myers, Coach Derrick Roth, Coach Lucas Vance and Coach Burt Sparks.

William Byrd	49-42
Northside	52-56
Carroll County	68-40
Blacksburg	56-50
Franklin County	57-56
Northside	53-63
Pulaski County	65-36
Patrick Henry	40-43
Salem	64-49
Christiansburg	69-49
William Fleming	46-37
Carroll County	64-53
Hidden Valley	61-45
Blacksburg	73-65
Salem	55-52
Pulaski County	48-46
Christiansburg	64-66
Hidden Valley	44-54
<b>RECORD</b>	<b>12-6</b>

# JV BOYS' BASKETBALL



**Front Row:** Coach Jamie Brooks, Jay House, Lucas Duncan, Jeremiah Rosano, Adnan Jasarevic, Emanuel Burwell and Coach Ethan Humphries. **Back Row:** Nick Mills, Cameron Poindexter, Ethan Coates, Matthew Colozza, Parker Huffman, Jaxon Rinn, Brian King, Jalen Buster and Manager Gavin Via.

William Byrd	42-28
Northside	43-61
Carroll County	59-41
Blacksburg	37-35
Franklin County	43-41
Northside	28-64
Martinsville	49-31
William Fleming	42-59
Pulaski County	53-42
Patrick Henry	39-48
Christiansburg	41-35
Carroll County	58-34
Hidden Valley	43-59
Blacksburg	44-33
Patrick Henry	39-42
Salem	53-47
Pulaski County	45-50
Christiansburg	44-28
Hidden Valley	56-22
<b>RECORD</b>	<b>12-7</b>



William Byrd	49-25
Northside	43-38
Bassett	28-35
Carroll County	53-65
Blacksburg	33-42
Northside	37-58
Pulaski County	50-60
Patrick Henry	54-56
Salem	51-39
Christiansburg	54-57
Carroll County	29-61
Hidden Valley	42-61
William Byrd	41-50
Blacksburg	47-41
Patrick Henry	58-34
Salem	47-46
Pulaski County	52-39
Christiansburg	49-40
Hidden Valley	46-71
RECORD	13-5

## VARSITY GIRLS' BASKETBALL



**Front Row:** Alison Williams, Alex Fout, Reagan Delp, Jessica Lachowicz and Jasmine Price. **Back Row:** Coach Jon Swartz, Manager Taylor Swartz, Jordan Chambliss, Kieera Mooney, McKinley Pollard, Vivienne Barnhart, Sierra Landsman, Elizabeth Hertzberg, Monica Paige and Coach Jessica Ficarro.

## JV GIRLS' BASKETBALL

William Byrd	40-8
Northside	31-33
Bassett	39-18
Carroll County	32-35
Blacksburg	54-13
Northside	23-32
Pulaski County	51-23
Patrick Henry	40-24
Christiansburg	40-20
Carroll County	35-50
Hidden Valley	37-19
William Byrd	48-11
Blacksburg	26-8
Patrick Henry	54-22
Salem	36-50
Pulaski County	51-29
Christiansburg	30-17
Hidden Valley	37-19
RECORD	13-5



**Front Row:** Zada Porter, Abby Weaver, Danielle Brinkley, Kylie Angel and Tori White. **Back Row:** Sarra Eltaib, Casey Fentress, Cori Clayton, Dasia Mayo, Taylor Robertson, Caroline Glenn and Sophia Huffman.

## BOYS' INDOOR TRACK

### State Results

- Cooper Albright: 14th in 4x400 relay team (3mins 42.31s)
- Garret Breiner: 14th in 4x400 relay team (3mins 42.31s)
- Jaylen Hairston: 17th in 300m (39.89s) and 14th in 4x400 relay team (3mins 42.31s)
- DeJon Mayo: 10th in Long Jump (20 feet 0.1in)
- Peter Smith: 5th in 3200 (9min 52.61s)
- Jason White: 3rd in Triple Jump (44 feet 3 in.) and 14th in 4x400 relay team (3mins 42.31s)



**Front Row:** Jaquan Rivers, Dejon Mayo, Alex DeHart, Noah Jackson, Jason White, Jaylen Hairston, Desny Vincent and Travis Schuck. **Second Row:** Timothy Ifenika, Ben Palisca, Drew Fulton, Evan Walker, Jacob Stewart, Garrett Breiner and Peter Smith. **Third Row:** Austin Hayden, Cyrus Pace, Cody Hayden, Zane Callahan, Joseph Casazza, Matthew Flores and Josh Fretwell. **Back Row:** Jack Smith, Jack Brancati, Jabin Duviella, Jacob Gilbert, Alec Kendrick, Cooper Albright, and Andrew Wheeler.



# GIRLS' INDOOR TRACK



**First Row:** Laurin Hatcher, Audrey Kidd, Sarah Christensen, Ann Jackson and Nefetari Heath. **Second Row:** Mary Grae Baier, Haley Ingle, Kira Chapman and Madison Greimel. **Middle Row:** Elizabeth Kabath, Julie Jenkins, Morgan Martin, Simone Schumaecker and Jenna McKeown. **Back Row:** Lilly Bay, Heather Hatcher, Abby Rutigliano and Grace Wetzel.

## State Results

Ann Jackson: 6th in Triple Jump (34' 3") and 13th in Long Jump (15' 6")

Dasia Mayo: Tied for 3rd in High Jump (5')

# BOYS' LACROSSE



**Front Row:** Brady Gates, Grant Floyd, Casey Preuss, Ethan Fox, Zach Early, Stuart Souza, Jacob Stewart, Zach Martin and Josh Neighbors. **Middle Row:** Ashton Foster, Joseph Gallagher, Mason Lee, Alec Kendrick, Austin Edge, Connor Petzen, Tim Milby and Tyson Alderman. **Back Row:** Coach Dean McDaniel, Coach Mike Kendrick, Nick Heslep, Jack Frazier, Corbin Fentress, Will Rinn, Brayden Guthrie, Jace Matze, Garrett Breiner and Denny Barber.

## Schedule

Franklin County	Away	3/14
William Byrd	Home	3/18
Rockbridge County	Away	3/22
Jefferson Forest	Home	3/29
Patrick Henry	Away	4/3
Franklin County	Home	4/5
William Byrd	Away	4/10
Rockbridge County	Home	4/24
Hidden Valley	Away	4/28
William Fleming	Home	5/4
EC Glass	Home	5/8
Liberty Christian	Away	5/11
Salem	Away	5/15
Hidden Valley	Home	5/18

# GIRLS' LACROSSE



**Front Row:** Ryleigh Dawn, Schuyler Lynch, Olivia Bowling, Lena Kwitny, Lydia Floyd, Sofia Midkiff and Zehra Demir. **Middle Row:** Makayla Dowdy, Julia Booker, Norah Mulinda, Makena Gormley, Sierra Landsman, Reagan Edmunds, Jamie Houck and Grace Furrow. **Back Row:** Coach Bryan Dowdy, Alix Rainsbury, Sierra Lee, Amberlee Davis, Ashley Creekmore, Nefetari Heath, Faith Carleno, Audrey Kidd and Coach Craig Kidd.

## Schedule

Franklin County	Away	3/14
William Byrd	Home	3/18
Rockbridge County	Away	3/22
Jefferson Forest	Home	3/29
Patrick Henry	Away	4/3
Franklin County	Home	4/5
William Byrd	Away	4/10
Rockbridge County	Home	4/24
Hidden Valley	Away	4/28
William Fleming	Home	5/4
EC Glass	Home	5/8
Salem	Away	5/15
Hidden Valley	Home	5/18



Schedule		
Christiansburg	Home	3/21
Hidden Valley	Away	3/24
Carroll County	Home	3/28
Blacksburg	Away	3/31
Pulaski	Away	4/4
Patrick Henry	Home	4/7
Salem	Home	4/10
Christiansburg	Away	4/13
Carroll County	Away	4/25
Hidden Valley	Home	4/28
Blacksburg	Home	5/2
Patrick Henry	Away	5/5
Salem	Away	5/9
Pulaski	Home	5/12

## BOYS' TENNIS



**Front Row:** Dino Oikonomou, Raj Patel, Taylor Hypes, Jay House and Om Patel. **Back Row:** Coach Goran Vukovic, Brij Patel, Dawson Hicks, Lance Beheler and Coach Mile Markovic.

## GIRLS' TENNIS

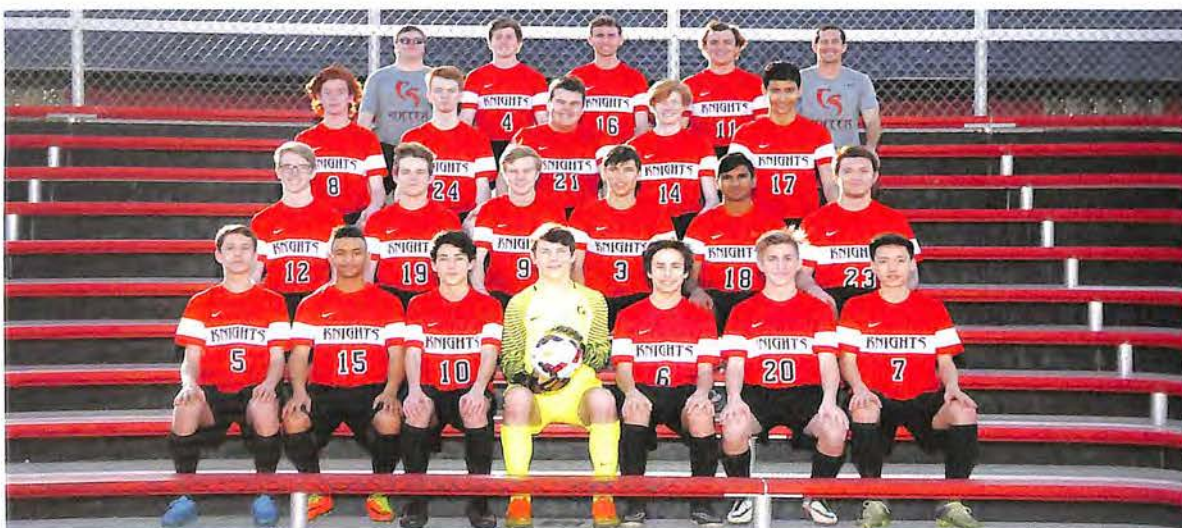
Schedule		
Christiansburg	Away	3/21
Hidden Valley	Home	3/24
Carroll County	Away	3/28
Blacksburg	Home	3/31
Pulaski	Home	4/4
Patrick Henry	Away	4/7
Salem	Away	4/10
Christiansburg	Home	4/13
Carroll County	Home	4/25
Hidden Valley	Away	4/28
Blacksburg	Away	5/2
Patrick Henry	Home	5/5
Salem	Home	5/9
Pulaski	Away	5/12



**Front Row:** Grace Holderman, Caitlin Carter, Reagan Delp and Maha Ali. **Back Row:** Caroline Treubert, Jessica Wei, Eefke van den Heuvel and Nandini Sriram.

## BOYS' VARSITY SOCCER

Schedule		
Jefferson Forest	Home	3/13
Broadway	Away	3/17
Broadway	Home	3/25
Carroll County	Home	3/28
Blacksburg	Away	3/31
Pulaski County	Away	4/4
Patrick Henry	Home	4/7
Salem	Home	4/11
Christiansburg	Away	4/13
Carroll County	Away	4/25
Hidden Valley	Home	4/28
Blacksburg	Home	5/2
Patrick Henry	Away	5/5
Salem	Away	5/9
Pulaski County	Home	5/12
Christiansburg	Home	5/16
Hidden Valley	Away	5/18



**Front Row:** Jeremy Lachowicz, Willie Harden, Carlos Sepulveda, Austin Hayden, Kobey Simon, Cameron Killinger and Marc Sharrer. **Middle Row:** Will Robertson, Baylor Boone, Christian Howes, Stas Funk, Sohil Sheth and Vova Jacobsen. **Back Row:** Manager Chris Woodrum, Banner Plumb, Matthew Taylor, CJ Poulsen and Coach Brad Collins.



# BOYS' JV SOCCER



**Front Row:** Dylan Williams, Ryan Fugate, Andrew Keller, Alex Blanton, Lucas Holt, Ola Dinakin and Nathan Sharp. **Second Row:** Benny Mortellaro, Damien Brads, Will Henritze, Audric Gayo, Nick Henritze and Nic Plybon. **Third Row:** Jason Clingenpeel, Tyler Martin, Nathan Banning, Venkata Panchumathy, Colten Ideamarco, Hunter Morris and Oscar Hernandez. **Back Row:** Nathan Goerner, Coach Clarence Cheridue and Elizer Westerband.

Schedule		
Jefferson Forest	Home	3/13
Broadway	Away	3/17
Broadway	Home	3/25
Carroll County	Home	3/28
Blacksburg	Away	3/31
Pulaski County	Away	4/4
Patrick Henry	Home	4/7
Salem	Home	4/11
Christiansburg	Away	4/13
Carroll County	Away	4/25
Hidden Valley	Away	4/27
Blacksburg	Home	5/2
Patrick Henry	Away	5/5
Salem	Away	5/9
Pulaski County	Home	5/12
Christiansburg	Home	5/16
Hidden Valley	Home	5/17

# GIRLS' VARSITY SOCCER



**Front Row:** Abby Rutigliano, Tayler Schindler, Gracie Shelton, McKinley Pollard, Toni Perkins, Danielle Brinkley and Carla Risser. **Middle Row:** Sarah Christensen, Eloise Chandler, Edana Colgrove, Abby Altizer, Mackenzie Harris and Nicole Reeves. **Back Row:** Coach Whitney Huffman, Alison Williams, Jessica Lachowicz, Margaret McDaniel, Taylor Beck, Alyson Meador, Heather Hatcher, Alex Foutz and Coach Scott Jenkins.

Schedule		
Jefferson Forest	Away	3/7
Broadway	Home	3/17
Broadway	Away	3/25
Carroll County	Away	3/28
Blacksburg	Home	3/31
Pulaski	Home	4/4
Patrick Henry	Away	4/7
Salem	Away	4/11
Christiansburg	Home	4/13
Carroll County	Home	4/25
Hidden Valley	Home	4/28
Blacksburg	Away	5/2
Patrick Henry	Home	5/5
Salem	Home	5/9
Pulaski	Away	5/12
Christiansburg	Away	5/16
Hidden Valley	Away	5/18

# GIRLS' JV SOCCER



**Front Row:** Rachael Snodgrass, Eliana Miller, Lexi Miller, Makenna Mitchell, Ingrid Diaz and Chloe Lane. **Middle Row:** Morgan Martin, Cayce Boone, Grace Virto, Leah Fleshman, Katie Harris, Emma Dmochowski and Maya Monsour. **Back Row:** Coach Scott Jenkins, Olivia Tull, Megan Doyle, Jessica Christenson, Selma Sosic, Jenna Nardone, Julie Jenkins and Coach Whitney Huffman.

Schedule		
Jefferson Forest	Away	3/7
Broadway	Home	3/17
Broadway	Away	3/25
Franklin County	Home	3/27
Carroll County	Away	3/28
Blacksburg	Home	3/31
Pulaski	Home	4/4
Patrick Henry	Away	4/7
Christiansburg	Home	4/13
Carroll County	Home	4/25
Hidden Valley	Away	4/27
Blacksburg	Away	5/2
Patrick Henry	Home	5/5
Franklin County	Away	5/9
Salem	Home	5/9
Pulaski	Away	5/12
Christiansburg	Away	5/16
Hidden Valley	Home	5/17



## VARSITY BASEBALL

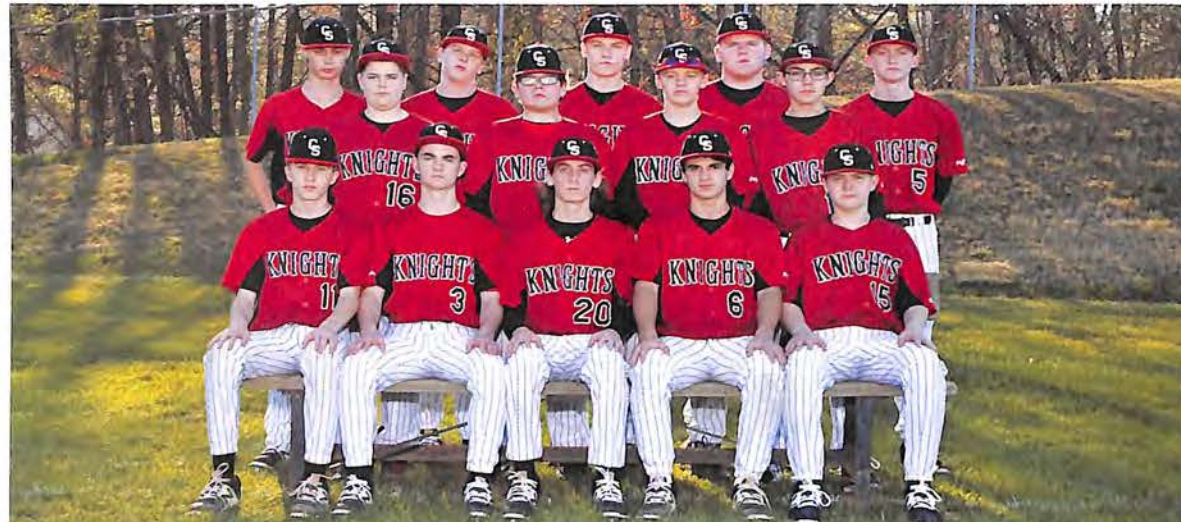
Schedule		
William Byrd	Home	3/14
William Byrd	Away	3/21
Christiansburg	Away	3/23
Carroll County	Home	3/28
Blacksburg	Away	3/31
Pulaski	Away	4/4
Patrick Henry	Home	4/7
Salem	Home	4/11
Carroll County	Away	4/25
Hidden Valley	Home	4/28
Blacksburg	Home	5/2
Patrick Henry	Away	5/5
Salem	Away	5/9
Pulaski	Home	5/12
Christiansburg	Home	5/16
Hidden Valley	Away	5/18



**Front Row:** Matthew Ray, Stephen Cacciatore, Caleb Wetzel and Austin Emery. **Second Row:** Daniel Cook, Caleb Pritchard, Michael Messick, Trey Hodson and Carter Glenn. **Third Row:** Isaac Yeaman, Joey Bryant, Dawson Miller, Logan Altizer, Jalen Buster and Nelson Stanley. **Back Row:** Wyatt Hage, Zachary Ward, Jacob Furrow, Cameron Caldwell and Grant Wilson.

## JV BASEBALL

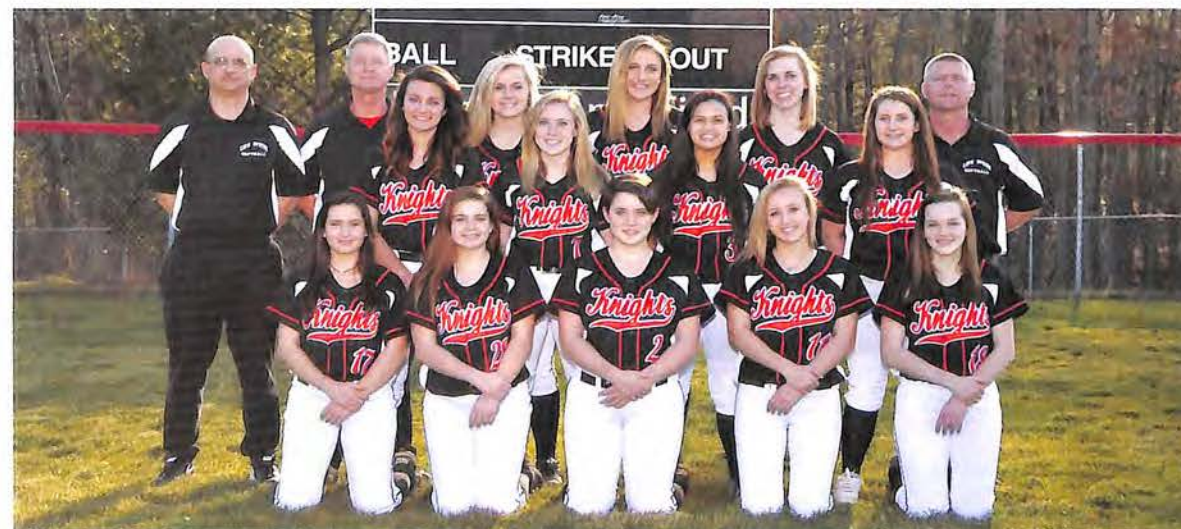
Schedule		
William Byrd	Away	3/14
William Byrd	Home	3/21
Christiansburg	Home	3/23
Carroll County	Away	3/28
Blacksburg	Home	3/31
Pulaski	Home	4/4
Patrick Henry	Away	4/7
Salem	Away	4/11
Carroll County	Home	4/25
Hidden Valley	Away	4/28
Blacksburg	Away	5/2
Patrick Henry	Home	5/5
Salem	Home	5/9
Pulaski	Away	5/12
Christiansburg	Away	5/16
Hidden Valley	Home	5/18



**Front Row:** Charlie Urgo, Andrew Neighbors, Samuel Slate, Anthony Cacciatore and Spencer Craig. **Second Row:** David Muzzy, Gavin Via, Davis Yeaman and David Adams. **Back Row:** Broderick Luckey, Connor Lewis, Lucas Duncan, Adam Gladfelter and Frank Speirs.

## VARSITY SOFTBALL

Schedule		
William Byrd	Away	3/14
Northside	Away	3/16
William Byrd	Home	3/21
Northside	Home	3/23
Carroll County	Away	3/28
Blacksburg	Home	3/31
Pulaski	Home	4/4
Patrick Henry	Away	4/7
Salem	Away	4/11
Christiansburg	Home	4/12
Carroll County	Home	4/25
Hidden Valley	Away	4/28
Lord Botetourt	Home	5/1
Blacksburg	Away	5/2
Patrick Henry	Home	5/5
Salem	Home	5/9
Pulaski	Away	5/12
Christiansburg	Away	5/16
Hidden Valley	Home	5/18



**Front Row:** Mahiah Mizack, Emma Fields, Haley Ingle, Taylor Loving and Hannah Muncy. **Middle Row:** Brook Ludy, Kacie Shepherd, Abby Weaver and Kailey Shell. **Back Row:** Coach Scott Hodges, Coach Scott Sharp, Caroline Glenn, Gabbi Parulis, Lilly Mitchell and Coach Nick Sharp.



# JV SOFTBALL



**Front Row:** Delaney Groves, Taylor Smithson, Erin Akins, Logan Scott and Hannah Peters. **Middle Row:** Haylee Rice, Avery Poulsen, Makayla Ray, Racheal Riley, Hannah Underwood and Sierra Cox. **Back Row:** Coach Issac Peters, Coach Jay Glenn, Katie Mullins, Addi Browning, Madison Lange, Coach Joe Mullins and Coach Ed Kilbane.

Schedule		
William Byrd	Home	3/14
Northside	Home	3/16
William Byrd	Away	3/21
Northside	Away	3/23
Carroll County	Home	3/28
Blacksburg	Away	3/31
Jefferson Forest	Away	4/3
Pulaski	Away	4/4
Patrick Henry	Home	4/7
Salem	Home	4/10
Christiansburg	Away	4/13
Carroll County	Away	4/25
Hidden Valley	Home	4/28
Lord Botetourt	Away	5/1
Blacksburg	Home	5/2
Patrick Henry	Away	5/5
Salem	Away	5/9
Pulaski	Home	5/12
Christiansburg	Home	5/16
Hidden Valley	Away	5/18

# BOYS' OUTDOOR TRACK



**Front Row:** Jabin Duviella, Timothy Iferika, Andrew Wheeler, Noah Jackson, Jason White, Desny Vincent, Clayton Berger, Dejon Mayo and Cameron Poindexter. **Second Row:** Matthew Cagle, Jaquan Rivers, Jeremiah Rosarion, TK Washington, Joh Lachowicz, Julius Price, Austin Patterson and Ashton Nichols. **Third Row:** Matthew Sciuillo, Phillip Becher, Christian Sciuillo, Cyrus Pace, Drew Fulton, Travis Schuck, Riley Snowden, Ethan Coates and Quinton Mallory. **Fourth Row:** Joey Sesler, Sam Quakenbush, Brandon Hatcher, Josh Fretwell, Cody Hayden, Banner Plumb, Jason Quakenbush, Jack Brancati and Robert Pickelsimer. **Back Row:** Jaylen Hairston, Andrew Ditmore, Jack Smith, Timothy Grider, Jacob Stewart, Ben Palisca, Peter Smith, Cooper Albright and Matthew Flores.

Schedule	
#1 River Ridge Meet	4/5
Colonial Classic	4/8
#2 River Ridge Meet	4/12
#3 River Ridge Meet	4/26
Blacksburg Invitational	4/29
Cosmo Invitational	5/5
Knights Track Classic	5/12
Conference 32	5/17
3A Region	5/25
3A State	6/3

# GIRLS' OUTDOOR TRACK



**Front Row:** Ann Jackson and Laurin Hatcher. **Second Row:** Madison Doceti, Emily Murano, Simone Schumaecker, Mayali Clary, Samantha Perez, Mackenzie Mish, Allison Carter, Grace Wetzels and Sara Stewart. **Third Row:** Charlotte Shelor, Lilly Bay, Nava Rickey, Tori White, Belle Bowman, Elizabeth Hertzberg, Jenna McKeown and Reagan Delp. **Back Row:** Megan Crowe, Elexia Wynn, Baylee Hodson, Dasia Mayo, Ainslee Hicks and Vivienne Barnhart.

Schedule	
#1 River Ridge Meet	4/5
Colonial Classic	4/8
#2 River Ridge Meet	4/12
#3 River Ridge Meet	4/26
Blacksburg Invitational	4/29
Cosmo Invitational	5/5
Knights Track Classic	5/12
Conference 32	5/17
3A Region	5/25
3A State	6/3



## ACADEMIC TEAM



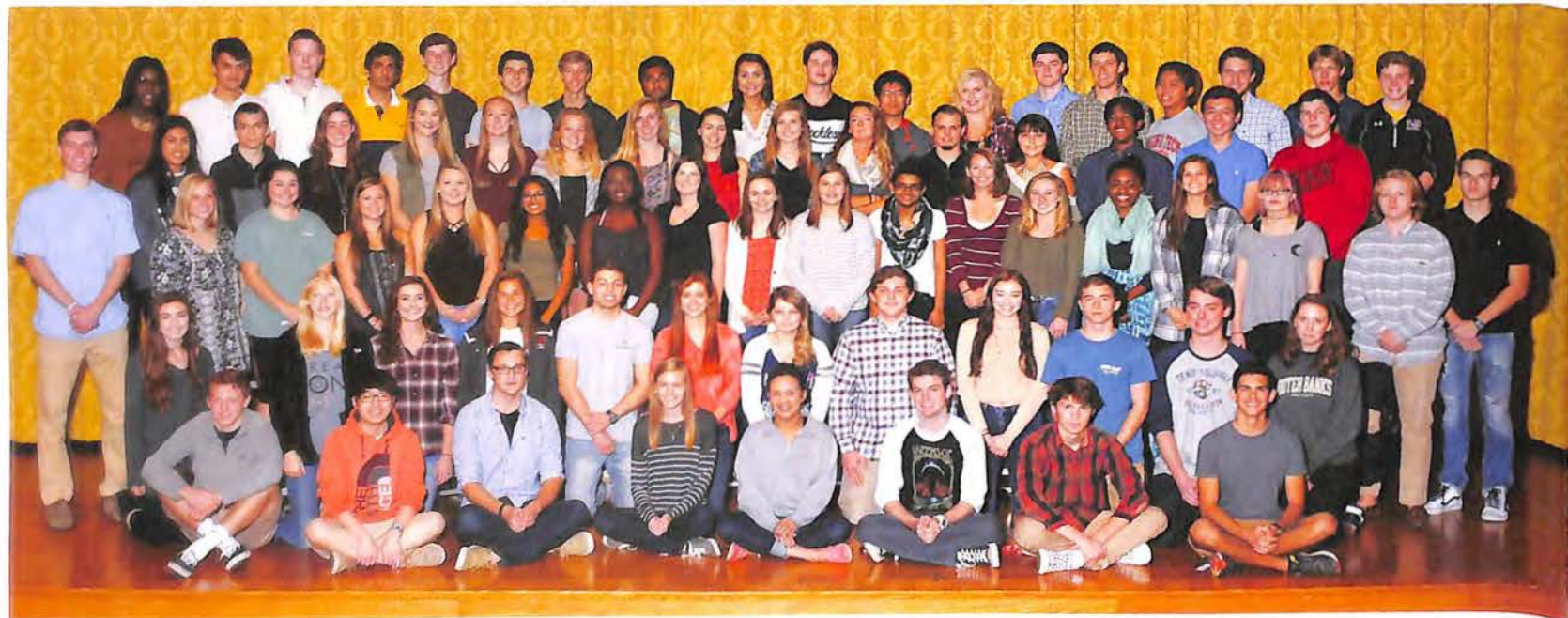
**Front Row:** Front Row: Kyoko Leaman, Allison Henion, Lexi Agee, Maya Sawh, Nandini Sriram and Amruta Acharya. **Middle Row:** Kevin Sheng, Billy Luqiu, Natalie McGhee, Sujith Panchumarthy, Abinash Saravanah, Jessica Wei and Saira Ahmed. **Back Row:** Aida Doucours, Spencer Reed, James Forest, Ethan Mackey, Patrick Owen, Miles Vance and Grady Brydges.

## ARCHERY CLUB



**Front Row:** Zehra Demir, Lili Lin and Mr. Soucie. **Back Row:** Evan Walker, Jacob Stewart, Zane Callahan and Andrew Wheeler.

## BETA CLUB



**Front Row:** Kyle Plunkett, Chris Qiu, Mason Yopp, Morgan Cundiff, Jasmine Price, Joseph Cazasa, Austin Edge and Nick Axt. **Second Row:** Emily Taylor, Alyson Meador, Cara Gaphery, Jessica Lachowicz, Grayson Odham, Ariana Jones, Kaitlyn Roberts, Braden Dean, Layne Sigmon, Casey Preuss, Connor Brumbragh and Liz Troy. **Third Row:** Sarah Thompson, Haley Fugate, Morgan Love, Lydia Floyd, Maha Ali, Norah Mulinda, Brenna Harman, Megan Benzie, Taylor Sharp, Jayali Samarasinghe, Sarah Durica, Kacie Shepard, Ann Jackson, Alison Williams, Sarah Ramsey, Nick Heslep and Walker Mastrangelo. **Fourth Row:** Baker Haviland, Haley Clark, Daniel Sortore, Mackenzie Harris, Sierra Lee, Sarah Christianson, Lauren Zion, Lilly Mitchell, Grace Page, Lynn Fimbel, Lauren St. Clair, Landon Chasteen, Zehra Demir, Vinay Ganmella, Erik Sharrer and Chris Snodgrass. **Back Row:** Nefe Heath, Jake Collier, Ethan Mackey, Abhinav Khanal, John Alouf, Joel Tarpley, Michael Berbench, Jordan Metha, Caroline Nye, Jordan Doyle, Jon Kim, Allie Lawson, Jared Steele, Will Kyle, Jarod Lim, Sean Altice, Brandon Hatcher and Cody Hayden.



"I started singing in the sixth grade. I love it so much and hope to find a choir club in college. Choir is really fun and a huge stress-reliever. You get to make a lot of new friends who become like family. That's the best part about it: getting to meet new people and really getting close to them."

**Lauren Zion, 12**



## CHOIR



**Front Row:** Madison Greimal, Akiva Simpson, Liberty Fetzer, Emily Phillips, Alex Aldridge, Allison Bassanet and Noah Arsono. **Middle Row:** Mayson Corvin, Amethyst Wright, Racheal Boch, Chris Fisher, Lauren Zion, Vehniese Burrell and Sarah Welsh. **Back Row:** Amberlee Davis, Lauren Gill, Spencer Read, Joey Shelton, Sarahbeth Chapmon, Trevor Ayersmen and Nathaniel Laprando.

## DANCE TEAM



**Front Row:** Olivia Coates, Carol Chen, Aimee Struzinsky, Hatley Loop and Lainey Burchinel. **Back Row:** Lily Perkins, Lindsay Merrit, Jarret Neese and Kristen Johnson.



"I started the dance team to bring girls together who love to dance and show what we do. It's kind of like a family. It's all about kind of supporting each other, as well showing our love for dance and expressing it in whatever way we want to. My favorite part is how close we are. I get to meet a tone of new girls."

**Aimee Struzinsky, 11**



## DEBATE TEAM



**Front Row:** Grace Holderman, Alison Henion And Om Patel. **Middle Row:** Elizabeth Cokbook, Aida Dakor, Jessica Wei and Caroline Spruell. **Back Row:** Garratt Breiner, Ethan Mackey, Billy Liqiu and Audrey Hale.

## DECA



**Front Row:** Kayla Mutter, Sierra Landsman, Cara Ghaphery, Matt Ray, Josh Neighbors, Clay Carver and John Lachowicz. **Middle Row:** Faith Carleno, Nefe Heath Jessica Lachowicz, Grayson Odham, Travis Shuck, Casey Preuess, Mason Lee and Alex File. **Back Row:** Cameron Warner, Wyatt Hage, Michel Messic, Corbin Fentress, Baker Havland, Connor Brumbaugh, Will Kyle, Alex Kanode and Braden Dean.

## DRAMA CLUB



**Front Row:** Kelli Morris, Cassandra Ramsey, Dayle McGraw and Caroline Treubert. **Second Row:** Isabella Lerch, Caleb Holland, Grace Virto, Cayce Boone and Liberty Fetzer. **Back Row:** Jake Dellinger, Hunter Murhpy, William Waller and Mr. Wes Holdren.

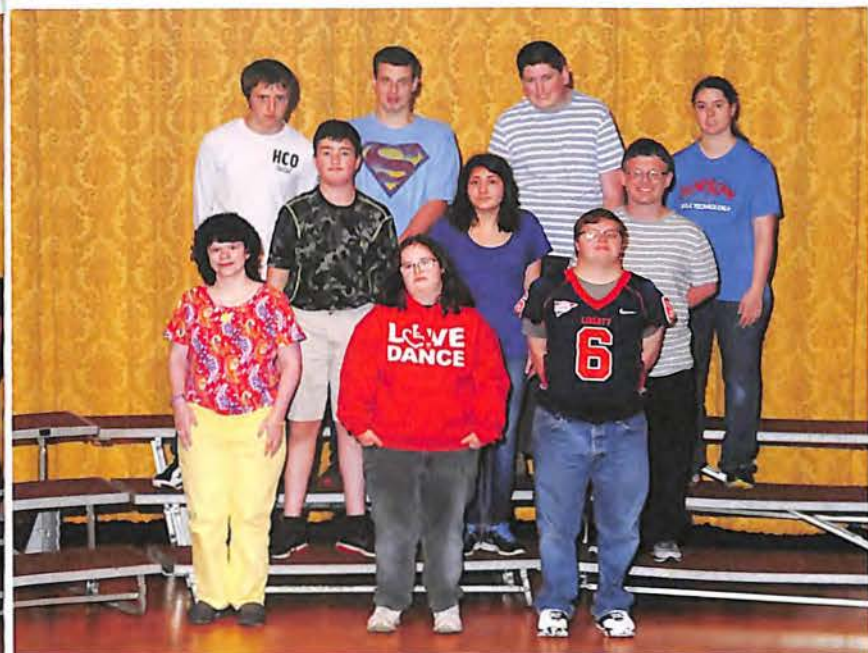


"Getting up on stage isn't exactly comfortable, but it's exhilarating. It's showing other people what you can do and what you've been working on. There's a sense of pride behind all the work, especially for things like memorizing lines. We are all really open and supportive of each other, and we all know each other really well."

**Liberty Fetzer, 10**



## FACES



**Front Row:** Micheel Trout, Amanda Williams and Chris Woodrum. **Middle Row:** Nick Wynn, Brianna Slawson and Timmy Howell. **Back Row:** CJ Gillespie, Jeremy Linkous, Alex Reed and Christine Cobb.

"I like going to Burton. I do lots of things there. I work with Mrs. Yurechko. I do lots of different things every day. I love school, especially art class and life skills. My favorite thing to make in life skills are pancakes!"

**Hailey Surrell, 10, and Mrs. Lisa Conroy**



## FBLA



**Front Row:** Grace Wetzel, Ingrid Diaz, Emma Fields, Chloe Crouse, Gunnar Bird and Grace Furrow. **Middle Row:** Ashlynn Boone, Abinash Saravanan, Austin Taylor, Luis Zaraguza, Miranda Hughes and Josh Lawson. **Back Row:** Micheal Richardson, Chey Bocanegra, Jaxon Rinn, Baker Haviland, Tyler Jones, Andrew Cagle and Zach Siner.

## FCA



**Front Row:** Taylor Sharp, Megan Kenzie, Hunter Hartman, Katie Hams and Alaina Coleman. **Middle Row:** Elijah Hadfield, Faith Carleno, Mackenzie Harris, Elizabeth Hertzberg, Andrew Wheeler and Eloise Chandler. **Back Row:** Lynn Fimbel, Grace Page Mason Yopp, Joel Tarpley, Brooke Fretwell and Joseph Gallager.



## FCCLA



**Front Row:** Maha Ali, Tavia Wright, Maddie Doceti, Nathan Sharp, Simon Kobey, Eliana Miller, Maya Monsour, Sofia Midkiff, Abby Weaver, Natalie Paul, Alexis Boush and Katherine Durica. **Middle Row:** Jay House, Jeremiah Rosarion, Brij Patel, Emily Shockley, Thanaira Colon, Giovanna Gilbert, Madison Snowden, Grace Page, Abby Slate, Ryan Cass, Julia Booker, Margaret Mcdaniel and Ameen Serdah. **Back Row:** Lia Lawson, Adnan Jasarevic, Cameron Warner, David Christian, Capers Koloda, Janae Lungren, Marquis Cobbs, Kristin Johnson, Laine Burchinal, Erin Akins, Askley Creekmore, Brody Luckey, Taylor Robertson and Samantha Rutigliano.

## FRENCH CLUB



**Front Row:** Sophie Legault, Allison Carter, Vika Fedchuk, Jazlyne Carroll, Hatley Loop, Bella Crouse, Emma Maxwell, Canzaeda Southerland and Kaitlin Nix. **Second Row:** Maya Sawh, Emily Murano, Lexi Lawerence, Chloe Crouse, Odalys Hernandez, Heather Hatcher, Taylor Hypes, Abinesh Saravanan, Amber Arthur, Jessica Sprinkel and Nava Rickey. **Back Row:** Phillip Becher, Simone Schumaeker, Lily Mitchell, Caitlin Carter, Kristen Johnson, Corrie Johnson, Jacob Spiers, Gavin Wikerson, Miranda Hughes, Mckenzy Toliver and Amethyst Wright.



## GREEN CLUB



**Front Row:** Kathleen Brett, Jazlyne Carrol, Ingrid Diaz, Toni Perkins and Odalys Hernandez. **Middle Row:** Chloe Crouse, Sara Hamilton, Caroline Spruell, Eloise Chandler and Rachel Boch. **Back Row:** Ms. Erin Barnett, Lexi Lawrence, Ethan Mackey, Selma Sosic, Heather Hatcher and Alyssa Godfrey.

"Saving the planet is crucial because it's the only planet we have. We have to provide a solid future for next generations, and we can't do that with a broken Earth. I like participating in Green Club because a lot of my friends are in it, and we all have a common interest. Helping clean up is also a lot of fun."

**Jazlyne Carrol, 11**



## KEY CLUB



**Front Row:** Julia Booker, Maya Monsour, Toni Perkins, Norah Mulinda, Taylor Schindler, Sydney Hilousky, Maliah Mizack and Charlie Nichols. **Second Row:** Sofia Midkiff, Kinsey Harris, Brooke Leftwich, Ingrid Diaz, Anna Gentilomo, Kathleen Brett, Amruta Acharya, Zehra Demir, Liz Troy, Maha Ali, Megan Benzie, Katie Ball and Katie Harris. **Third Row:** Heather Hatcher, Caroline Daly, Alex Rainsbury, Eloise Chandler, Samantha White, Corrie Johnson, Kristin Johnson, Jack Cowher, Hatley Loop, Aaron Baughman, Maddy Sarver, Laurin Hatcher, Brooke Fretwell and Brittany Philips. **Fourth Row:** Cori Clayton, Morgan Stokes, Abby Shorten, Laken Ayers, Rebecca Bradley, Caroline Spruell, Sara Hamilton, Odalys Hernandez, Hannah Smith, Mackenzie Harris, Grace Page, Alex Dehart, Alyssa Godfrey and Ashley Creekmore. **Back Row:** Nefatari Heath, John Zielinski, Nick Gentilomo, Allie Knight, Andrew Monsour, Caitlin Carter, Gabbi Parulis, Bryce Fothergill, Laura Martin, Selma Sosic, Elizabeth Kabath, Joel Tarpley, Micheal Beberich, Joslynn Lankford, Drew Fulton, Julianna Goodman and Evan Walker.



## KNIGHT AND DAY CAFE



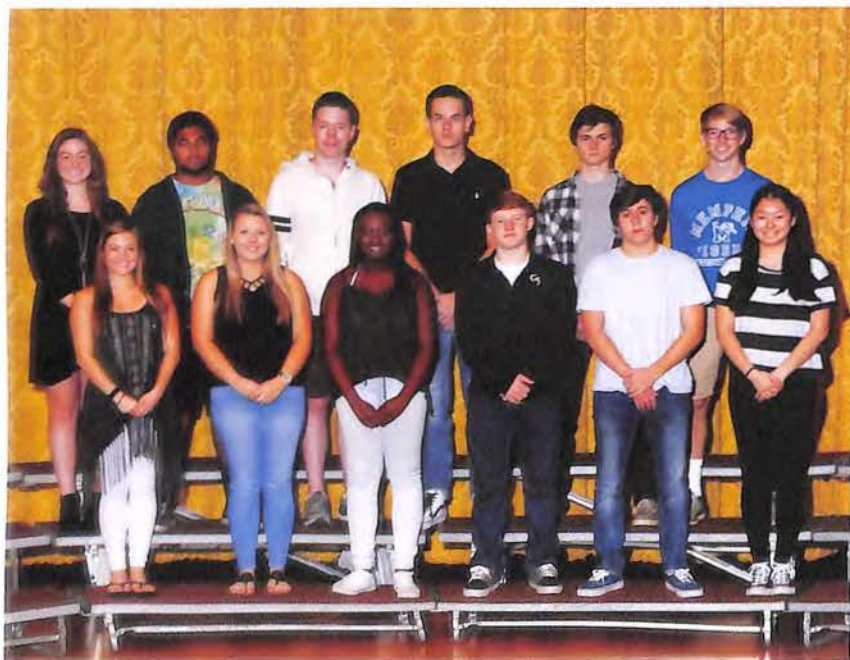
**Front Row:** Tavia Wright, Natalie McGhee and Hailey Surrell. **Middle Row:** Mrs. Terena Hale, Timothy Howell, Nick Wynn and Brianna Slawson. **Back Row:** Jeremy Linkous, Will Elmore and David Christian.

## LATIN CLUB



**Front Row:** Claire Lawson, Carol Chen, Sarah Hamilton, Caroline Spruell, Amruta Acharya, Emma Maxwell and Katie Ball. **Middle Row:** Nathan Gregory, Mackenzie Harris, Anna Sortore, Billy Luqiu, Norah Mulinda, Kyoko Leamen and Allison Henion. **Back Row:** Haley Ingle, Audrey Hale, Erin Harrison, Jacob Spiers, Ethan Mackey, Ethan Harris, Will Robertson and Mr. Edward Spruell.

## NATIONAL LATIN HONOR SOCIETY



**Front Row:** Morgan Love, Lydia Floyd, Norah Mulinda, Josh Neighbors, Clay Carver and Carol Chen. **Back Row:** Mackenzie Harris, Jordan Mehta, Ethan Mackey, Walker Mastrangelo, Jon Huggins and Will Robertson.

## NEWSPAPER



**Front Row:** Logan Neal, Caroline Daly, Kinsey Harris and Skyler Lynch. **Back Row:** Demetri Poulos, Norah Mulinda, Abbey Shorten, Hannah Graham, Alix Rainsbury and Ms. Colleen Morrison.

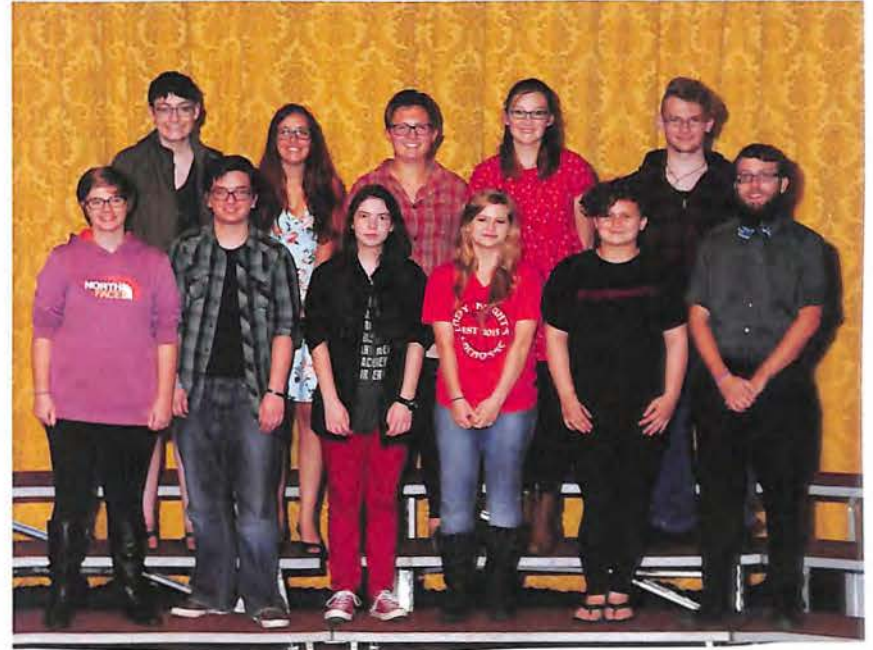


## OUT



"OUT was created to be a safe space for members of the LGBTQIA community. All we do is sit in a circle and talk about our own experiences. we take advice from other people, as to how we can deal with certain situations. My favorite part is helping younger students deal with what other people say. I try to help them be themselves."

**Chloe Simpson, 11**



**Front Row:** Bryanna Lowry, Elliott Waller, Kelli Morris, George Lynch, Chloe Simpson and Mr. Eli Harrison. **Back Row:** Jaky Grochowski, Grace Virto, Amberlee Davis, Nanci Boggs and Ian Lynch.

## PRE-MED CLUB



**Front Row:** Mr. Eli Harrison, Rachel Snodgrass, Thanaira, Katie Durica, Lexi Kegeler, Alissa Westerband, Om Patel, Nandini Siram, Saira Ahmed, Kayla Matter, Allison Carter and Hannah Hodges. **Middle Row:** Aida Doucoré, Sarah Durica, Sierra Landsman, Carol Chen, Narah Mollinda, Ingrid Diaz, Tayler Shindler, Julia Booker, Delaney Groves, Alyssa Godfrey and Makayla Dowdy. **Third Row:** Faith Carleno, Sara Hamilton, Caroline Spruell, Nick Axt, Alec Kendrick, Mason Lee, Sara Lee, Abinesh Saravanan, Odalys Hernandez and Erin Akins.



## SCA



**Front Row:** Laken Ayers, Becca Bradley, Brooke Leftwich, Michelle Graybear, Claire Flowers and Emily Taylor. **Middle Row:** Drew Monsour, Catlin Carter, Brij Patel, Mackenzie Harris, Michela Garrett, Allie Knight and Jessica Lachowicz. **Back Row:** Reagan Delp, William Rinn, Bryce Fothergill, Baker Haviland, Jake Furrow, Joslynn Lankford, Caroline Nye and Alex Foutz.



"The goal of SCA is to get the student body involved in different events, and it's fun to come up with everything we get to do with the school. All the fundraisers we do go to a good cause, and it's great to be part of something that amazing. My favorite event has been participating in Carnival for a Cure."

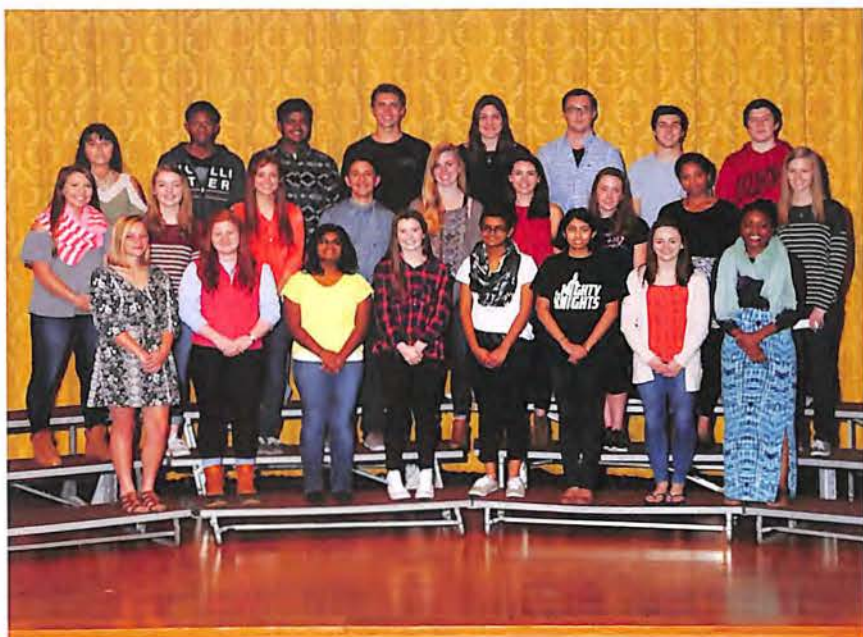
**Alex Foutz, 12**

## SPANISH CLUB



**Front Row:** Sarah Thompson, Kathleen Brett, Anita Geiger, Brooke Leftwich, Mackenzie Saar, Ann Jackson, Ingrid Diaz, Hunter Hartman, Matt Christopher and Amruta Acharya. **Middle Row:** Jayali Samarasinghe, Liz Troy, Rachel Benton, Dino Oikonomou, Ariana Jones, Rachel Boch, Selma Sosic, Alyssa Godfrey, Natalie McGhee and Mrs. Amy Bolen. **Back Row:** Nefe Heath, Drew Monsour, Morgan Cundiff, Brij Patel, Bryce Fothergill, Elizabeth Kabath, Dejon Mayo, Chris Snodgrass, Nathan Gregory, Travis, Schuck and Gavin Wilkerson.





**Front Row:** Sarah Thompson, Kathleen Brett, Anita Geiger, Brooke Leftwich, Jayali Samarasinghe, Amruta Acharya, Megan Benzie and Ann Jackson. **Middle Row:** Rachel Benton, Laken Ayers, Ariana Jones, Dino Oikonomou, Lilly Mitchell, Grace Page, Liz Troy, Ajnah Tolliver and Morgan Cundiff. **Back Row:** Zehra Demir, Dejon Mayo, Brij Patel, Bryce Fothergill, Emma Muzzy, Mason Yopp, Joel Tarpley and Chris Snodgrass.

"Finding out I had been invited to join this nationally-recognized society, which honors students for taking Spanish throughout high school and doing well in the classes, was a nice surprise. The induction ceremony was nice. I really enjoy learning languages. I do hope to reach being fluent eventually."

**Amruta Acharya,**  
11



## STUDENT HELPERS



**Front Row:** Maddison Bird, Anita Geiger, Blythe Dellinger, Kathleen Brett, Zach Martin, Maya Monsour, Kinsey Harris, Madelyn Sarver, Abby Rutigliano, Ingrid Diaz. **Second Row:** Jesus Rosas, Norah Mulinda, Nicole Reeves, Anna Sortore, Caroline Spruell, Sierra Landsman, Allison Knight, Allison Williams, Abbey Shorten, Morgan Stokes, Delaney Groves, Sophia Huffman, Miranda Hughes. **Third Row:** Cody Hayden, Nanci Bogg, Allie Lawson, CJ Poulsen, Drew Monsour, Gabbi Paulis, Chloe Crouse, Meg Stephens, Hannah Graham, Nava Rickey, Samantha Rutigliano, Spencer Reed. **Back Row:** Spencer Reed, Ethan Mackey, Nick Weitzenfeld, Jack Parker, Cameron Caldwell, Noah Bushman, Tom Milby, Alex Brown, Andrew Mitchell, Dakota Rice, Taylor Robertson.





"I'm interested in TSA because I want to go into architecture or engineering in the future. I like to do stuff with my hands, and I've always found it interesting to build things out of nothing or fix things. This club is a good start for my future. I've also taken all the elective classes in that field, which will also help."

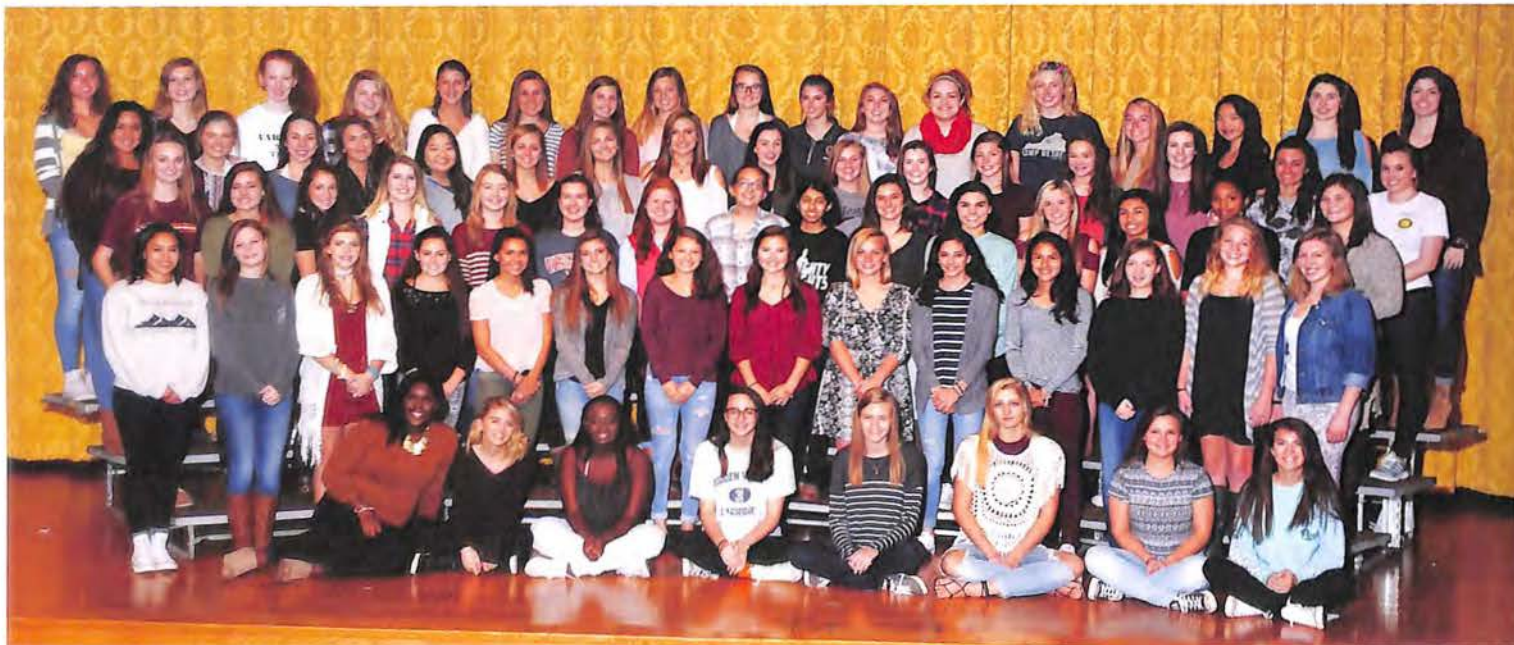
**Evan Walker, 12**

## TSA



**Front Row:** Cody Smith, Blake Waddell, Cody Wydner, Andrew Wheeler, Connor Womack and Mr. Paul Soucie. **Back Row:** Jacob Stewart, Noah Bushman, Parker Callahan, Hunter Smith, Charles Collier, Zane Callahan and Evan Walker.

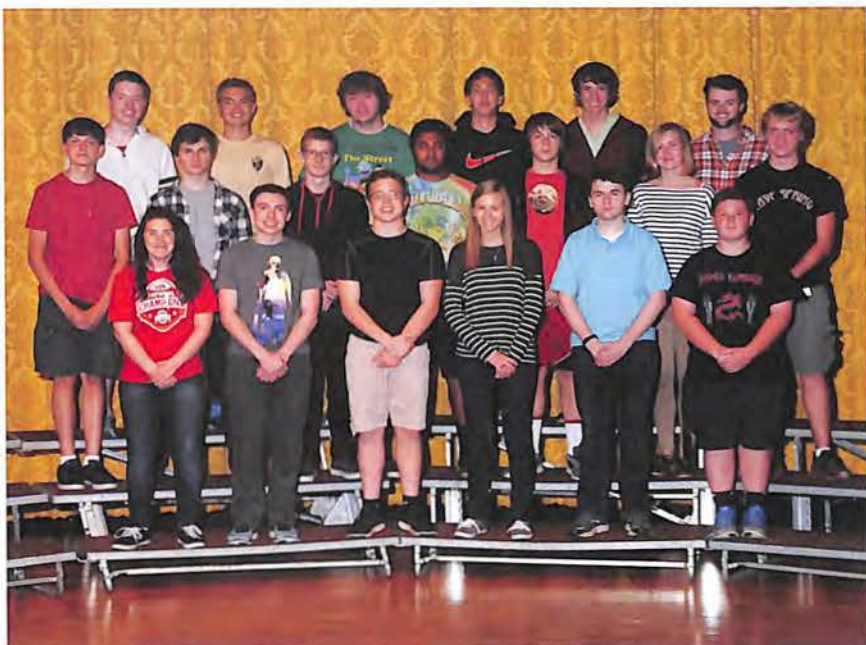
## TWO HEARTS



**Front Row:** Nefe Heath, Mackenzie Saar, Norah Mulinda, Brittanee Fisher, Morgan Cundiff, Hannah Graham, Avery Poulsen and Abby Rutigliano. **Second Row:** Claire Flowers, Allison Carter, Sara Stewart, Sydney Hilovsky, Amaya Daniels, Kinsey Harris, Sofia Midkiff, Danielle Brinkley, Sarah Thompson, Anna Gentiluomo, Ingrid Diaz, Sophie LeGault, Lauren Zion and Sarabeth Chapman. **Third Row:** Laura Martin, Julia Booker, Anna Sortore, Chloe Crouse, Laken Ayers, Becca Bradley, Kathleen Brett, Viktoriya Fedchuk, Amruta Acharya, Delaney Groves, Tayler Schindler, Kylie Angel, Haley Clark, Ajnah Tolliver, and Faith Carleno. **Fourth Row:** Sierra Landsman, Abbey Shorten, Lily Perkins, Julie Jenkins, Mishelle Ganbayar, Maddy Sarver, Allie Knight, Gabbi Parulis, Elizabeth Hertzberg, Grace Wetzel, Brooke Leftwich, Hannah Ireland, Kenzie Casella, Brooke Fretwell, Brook Ludy and Taylor Squires. **Back Row:** Heather Hatcher, Lynn Fimbel, Erin Harrison, Morgan Stokes, Cori Clayton, Selma Sosic, Alex Yost, Taylor Beck, Taylor Robertson, Sam Rutigliano, Casey Fentress, Hannah Smith, Joslynn Lankford, Makena Gormley, Annalise Wheeler, Vivienne Barnhart and Blake Smith.



# ULTIMATE FRISBEE CLUB



**Front Row:** Madison Bird, Gunnar Bird, Nathan Gregory, Morgan Cundiff, Caleb Holland and Evan Levy. **Middle Row:** Matthew Hudson, Jon Huggins, Colten Kent, Jordan Mehta, Sam Quakenbush, Allie Collier and Jacob Spiers. **Back Row:** Ethan Mackey, James Forest, Jason Quakenbush and Spencer Reed.

"The Ultimate Frisbee Club is literally just that: playing ultimate frisbee. What makes it ultimate is that you have to catch the frisbee in the end zone to score points for your team. Also, in ultimate frisbee you can't move once you catch it. You have one step only before throwing it. My sister joined, so I thought maybe I would have fun, too."

**Gunnar Bird, 9**



# YEARBOOK



**Front Row:** Adviser Mrs. Chrystal Shawn, McKenzie Guttman, Lily Ray, Chris Qiu, Chloe Crouse, Lexi Lawrence and Demetri Poulous. **Back Row:** Morgan Starnes, Erin Smith, Karlyn Resneck, Capers Koloda, Cooper Brandetsas, Hannah Smith, Heather Hatcher and Cori Clayton. Not pictured: Brittanie Fisher.



"I've been doing yearbook for three years. Sometimes it's stressful. At times we have problems, like not being able to find people or pictures, but once we overcome those issues we have fun. A favorite memory is going to New York last year. I made it my mission to find all the penny crushing stations around the city. I ended up with seven."

**Chris Qiu, 12**

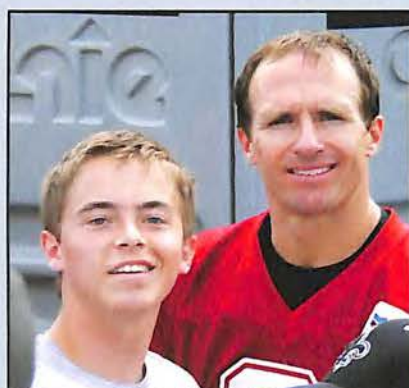




# CASEY PREUSS

Casey, we love you more than words can ever express on paper. You have always made us proud. You have always made us laugh. Now, take this crazy world and do something with it like only you can! Go for the Lambo!!! And remember, "Quiet people have the loudest minds" (Stephen King).

Love Forever,  
Mom & Dad



# Rachel Finch

Rachel, you experienced much of what Cave Spring had to offer. You will remember your high school days forever. Keep living life to the fullest.

We love you, Lil' Finch.  
Mom & Dad







## MATT RAY

Matt, you have always marched to the beat of your own drum, and we are thankful you did because it's what made you you! We are so proud of the young man you have become. We are very excited for your next adventure in life. Always remember: When God pushes you to the edge, trust Him fully, because only two things can happen. Either He will catch you when you fall, or He will teach you how to fly (author unknown).

Love you bunches,  
Dad, Mom, Nanny & Papa



We are so proud of all that you have achieved and the special young man you have become. We are excited for you as you approach the next phase in life and look forward to your bright future.  
Love, Mom, Dad and Nate

## NICK AXT



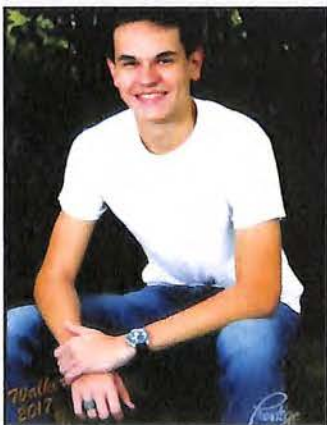
## Kacie Shepherd

We are so proud of you! Now and always.

Love,  
Mom, Dad, Shane,  
Elaine & Suz



## WALKER MASTRANGELO



From Walker Baby to Wozz...  
You make us laugh, smile, shake our heads and feel loved! We LOVE you being you! May all your dreams for the future come true!  
"Keep your nose out of the sky, keep your heart to God, and keep your face to the rising sun." Kayne West  
Much love,  
Mama, Dad, Angel, Tara, Derek, Ashlyn & the "Little Ones"

## TYLER JONES

Congratulations, Tyler!  
We are so proud of you. We love you and wish you success and happiness in the future.  
Love,  
Dad, Mom & Blake





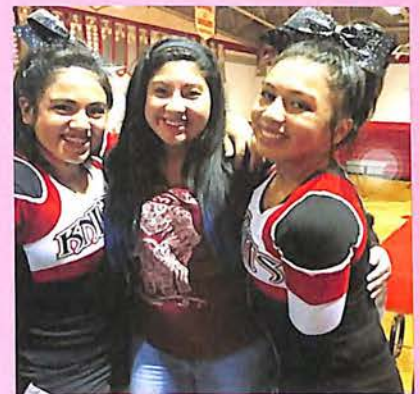
# Hailey Clark

Congratulations, Hailey!

We are so proud of you. Your kind heart and beautiful smile brings happiness to us every day.

You are smart, hard-working and see the humor in the world around you. We can't wait to see your accomplishments grow in the future!

We love you,  
Mom, Dad, Lexi and Mimi



Congratulations, Chris!

You did it...finally! We, as parents, did our job well! Follow your dreams toward accomplishing the goals that you have set for the future. We look forward to your future endeavors and career path that you have chosen.

Love, Mom and Dad



## CHRIS QIU





## ETHAN MACKEY

Proud doesn't begin to describe how we feel as your parents, Ethan! You are an amazing young man with such a bright future ahead.

We love you!  
Mom & Dad

"Be sure you put your feet in the right place, then stand firm." Abraham Lincoln



## LAUREN ST. CLAIR

You got this, now on to the next chapter!

We love you, Lauren!  
Mom, Dad & Noah



## CONNOR BRUMBAUGH



Our baby boy has finally made it! Now the fun begins! Remember what we have taught you. Work smarter not harder. Be happy with less. And most of all, always do the right thing whether you like it or not.

We love you!

Congratulations on all your hard work!



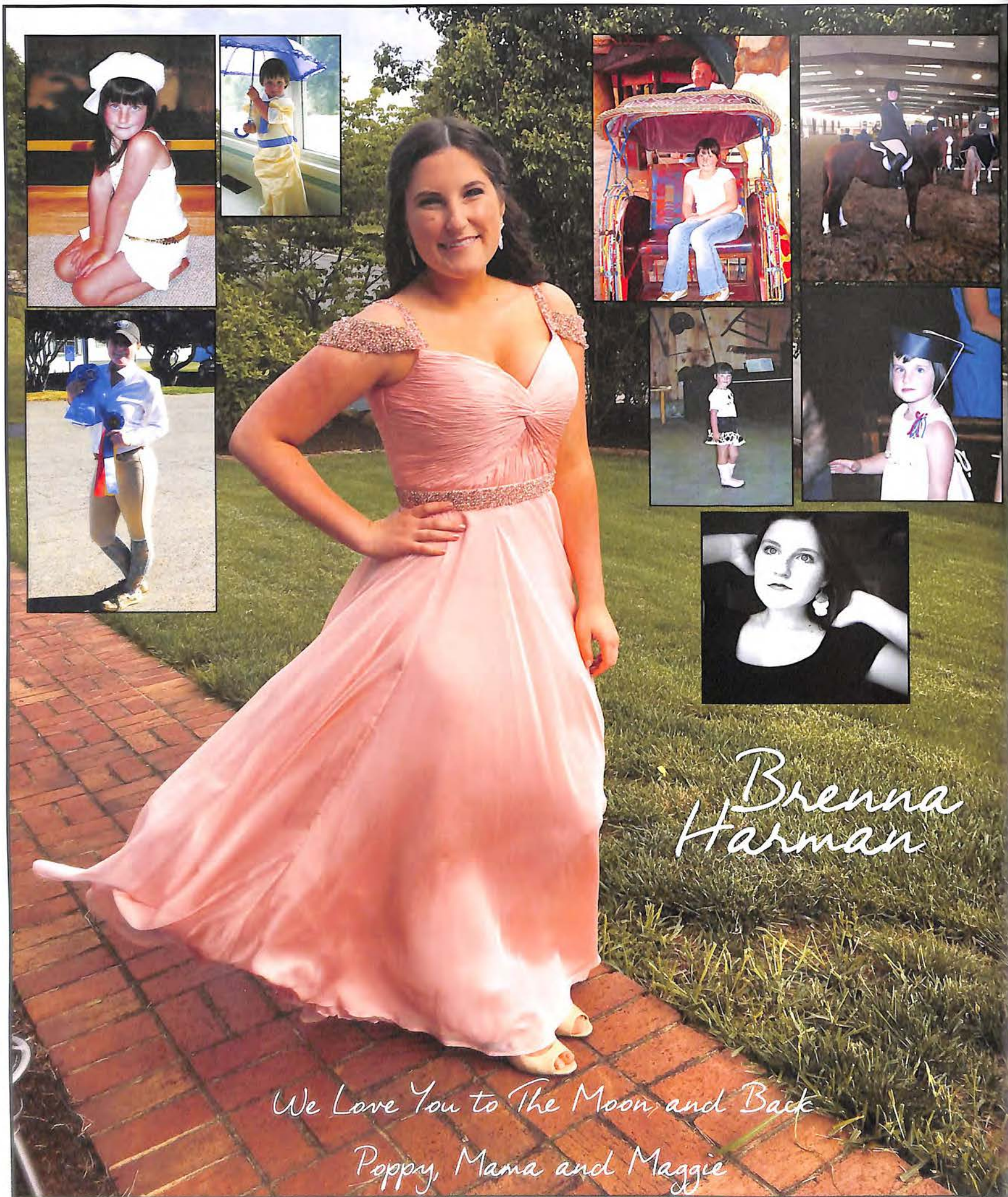
## Riley Pedigo

From the very beginning you were a sweet, smart, kind and loving child and now you are a sweet, strong, smart, determined, kind, brave and loving young woman. Can't wait to see what's in store for you! We are so proud of you and love you so much!

Mom, Dad & Trace







Brenna  
Harman

We Love You to The Moon and Back  
Poppy, Mama and Maggie



# Caroline Nye



Congratulations, Caroline!  
We could not be more proud  
of the beautiful, young woman  
that you have become, but no  
matter what you will always  
be our "Tiny"!  
We love you!  
Mom, Dad, Jackson & Reagan



"Live life when you have it. Life is a  
splendid gift-there is nothing small  
about it."  
Florence Nightingale

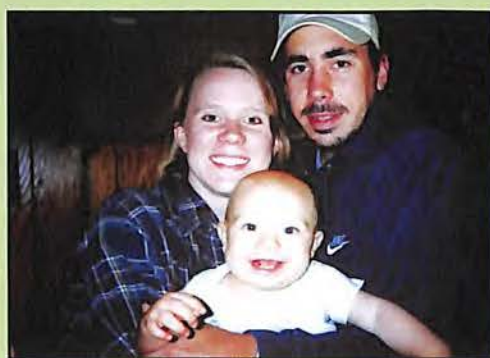
# Cara Chaphery



Cara, you are a kind, witty, mature, and  
responsible young woman and your family is  
very proud of you! We will feel the emptiness in  
our home when you leave to begin your new  
journey, but we are excited to see what you will  
do with the opportunities that lay ahead. Enjoy  
every moment! Live life to the fullest  
and SOAR!!!!  
Love You, Dad, Mom and Owen



# ALEC KENDRICK



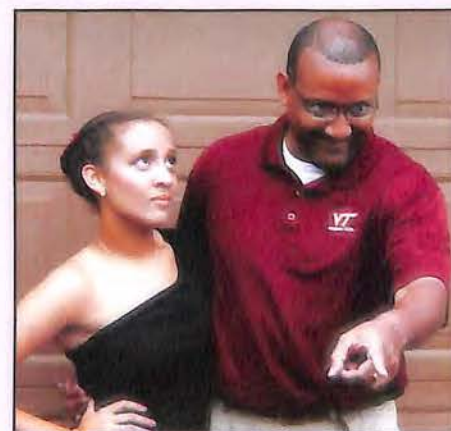
You have brought us so much joy  
to our lives! Go grab your joy in life  
and live big! We love you to the  
moon and back!  
Mom, Dad & Tyler

# Jasmine Price

50 teachers, 18 birthdays, 11 coaches, 7 schools, and 5 youth pastors later, you have  
reached another milestone in your life.

There are not enough words to describe how proud we are of you. You have grown up to be a  
hardworking, independent, confident, compassionate, strong leader, who loves the Lord.  
Continue to love & pursue the Lord, and the plans He has set before you.

We love you with all that we have,  
Mom, Dad, Kristina, Lauren & Miranda





# BRAD KINDER



Brad, a beach hippie then and now! We are so proud of you. So thankful for your loving, crazy ways and things you say to always keep us laughing.



Love always,  
Dad, Mom  
& Hannah



# KYLE PLUNKETT



We wish you the strength to face challenges with confidence...along with the wisdom to choose your battles carefully...We wish you adventure on your journey and may you always stop to help someone along the way...listen to your heart and take risks carefully. Remember how much you are loved...We are so proud of you!

Mom and Jeff



# Margaret McDaniel



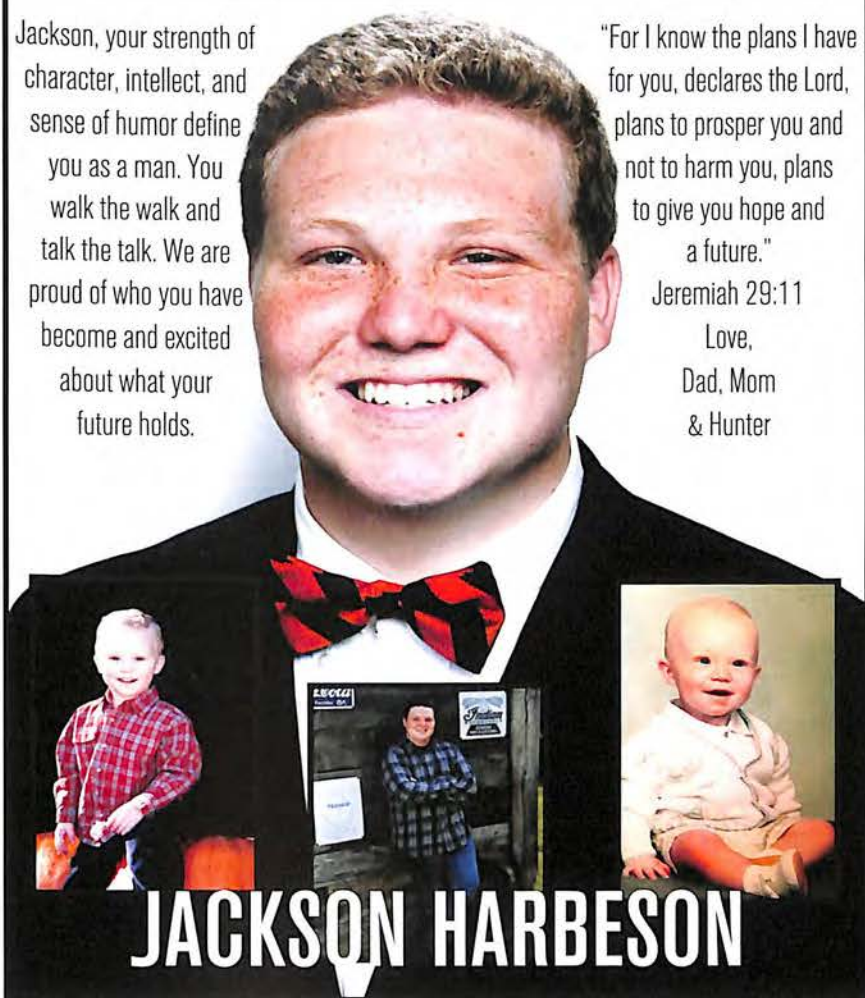
Words can't describe how incredibly proud we are of you! You are a beautiful, funny, intelligent, and kind-hearted young lady. Keep working hard to achieve your goals and your dreams will come true. In Christ, all things are possible. Congratulations! We love you!

Mom, Dad, Haley, Chase, Nana & Pop





Jackson, your strength of character, intellect, and sense of humor define you as a man. You walk the walk and talk the talk. We are proud of who you have become and excited about what your future holds.



**JACKSON HARBESON**

"For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future."

Jeremiah 29:11

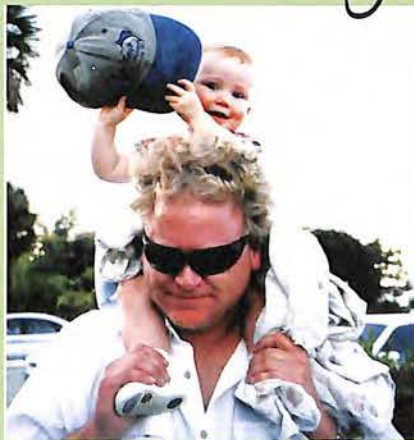
Love,  
Dad, Mom  
& Hunter

## Sarah Durica



We are so proud of the young woman you have become!  
Love, Mom & Dad

## Allie Gaylord



Alliecat,  
We are so proud of you and all of your accomplishments. Watching you grow into the bright and beautiful woman you are has been such a privilege, and we are so excited to see the next chapter of your life begin!

We love you so much,  
Daddy, Momma, and Eliza

"Let us step into the night and pursue that flighty temptress, adventure." - The Half-Blood Prince



# Ann Jackson



Ann, we are so proud of you for your continued excellence in school and your amazing achievements in Track & Field.

We know you have an extremely bright future ahead of you!

Love,  
Mom, James III, Hannah and Noah

# LOGAN KENNY



Every day do your best, and God will do the rest.  
We love you Logan and are so proud of you!

Love,  
Mom, Dad, Cameron, Ace, Gage & Fegie  
Nanny and Grampy  
and Sweet Trooper

# Kaitthynn Watters



We are so proud of you  
and all of your  
accomplishments.  
We can't wait to see  
what the future  
holds for you.  
Love, your family





# Alaina Coleman

Alaina,

We are so proud of you! You are a shining example of God's love to us and so many others. We love you very much and know that you will go out and change the world through the Gospel!

Romans 1:16

Love,

Dad, Mom, Austin and Mimi



# Emily Taylor



From the day you were born, we knew you were destined to be a great young lady. Your sweet disposition and beautiful smile light up our world. Don't let anything hold you back. Believe in yourself and dream big! We love you!

Dad, Mom, Danny, Allison and Matthew



And will you succeed?  
YES, YOU WILL, INDEED  
(98 and 3/4 percent guaranteed)  
KID, YOU'LL MOVE  
MOUNTAINS  
-Dr. Seuss



# JARED STEELE

Jared,  
Congratulations! We are very proud of you and your accomplishments. Keep God in your heart as you continue your journey. We love you!  
Mom, Dad  
& Hayley





# Brittanie Fisher



Brittanie, I am so proud of your accomplishments, your compassion, the caring person you are and your love of family and friends. Believe, keep your faith, dream big and follow your dreams.

I know you are going to be successful in whatever you do.  
Always remember I am here for you.

I love you,  
Mom





# 



"Promise me that you will always remember you are braver than you believe, stronger than you seem and smarter than you think."  
-Christopher Robin



It has been an absolute joy to watch you grow into a beautiful, smart and confident young lady. Your passion for life and loyalty and love for others amazes us! As you begin the next chapter in your life, never stop following your dreams or fighting for what you believe in. We are so proud of you and know that you will always achieve all that you set your mind to. Do your best and forget the rest! We love you, Haleybug, Mom, Dad and Ryan

# 

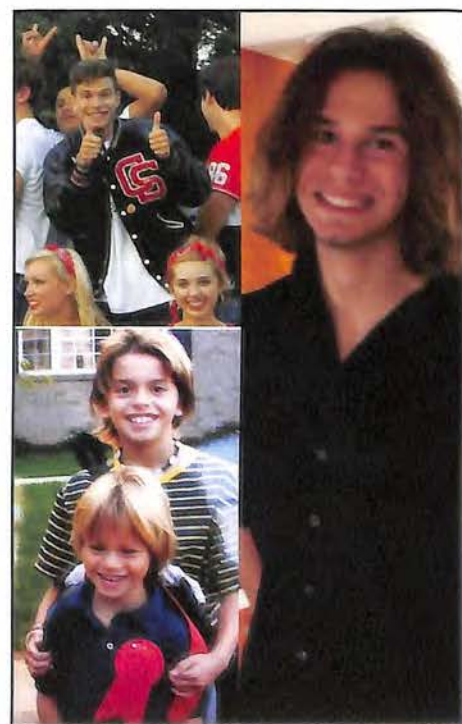


"It's all too astounding to comprehend  
It's just the beginning, this isn't the end."  
-Adam Young

We love you, Eric, and are so very proud of you!  
Dad, Mom, Sarah, Ryan & Hannah

# 

Son, since the very first day you went to school your Dad, brother, Hunti, and I have enjoyed watching you grow and become the wonderful boy you are now. We are so very proud of you and will continue to cherish all your accomplishments in the future to come!! Blessings and much love to you, my sweet SPENCI!!!



Go Confidently  
in the direction  
of your *Dreams*.

Live the life  
you have *Imagined*.  
-Thoreau

We are very  
proud of you.

Love,  
Mom, Dad, Trey,  
and Tyler

#



# Hailey Fugate



It seems like only yesterday that our wonderful granddaughter was born and now you are graduating from high school.

You are a treasure from above filled with laughter, warmth and charm, and you will always be our little angel.

You filled our lives with joy and pride as we watched you grow from a baby to a young lady who is as beautiful on the inside as the outside. As you start on another life journey we pray God will always bless you with health and happiness.

We love you to the moon and back!

Mamoo and Granddaddy

We knew this day would come, although it has come too soon

It seems just yesterday you were learning to use a spoon

With much pride and love, we've watched you grow from boy to man

But we often miss those days when we held your little hand.

A great future lies ahead for you.

Go and grab it!

Love,

Mom, Dad, Storm, Ryan & Courtney



# TYLER LUNNIE

Congratulations, Tyler!  
We are very proud of the young man you have become and look forward to admiring the man you will grow into. Keep your eyes on the destination, but make sure you enjoy the journey. We love you very much!

Dad, Samantha, Carson  
& Caleb



# Emily Phillips

We have enjoyed watching you grow into a beautiful and smart young lady.

Be confident and always believe in yourself.

We Love You,  
Dad, Mom and Devin



# JAKE FURROW



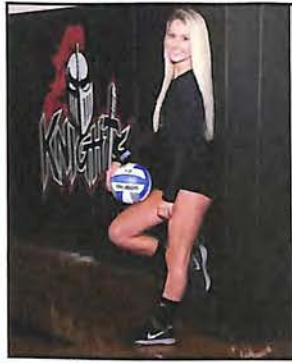




**CONGRATULATIONS TO OUR SENIOR BAND MEMBERS! GO KNIGHTS!**



# Morgan Starnes



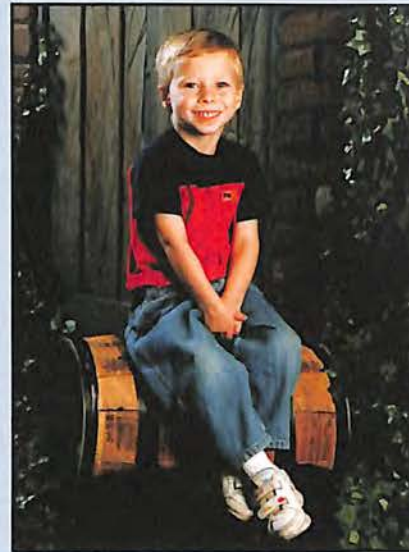
Congratulations, Morgan! We are so proud of you and all you have accomplished so far. We can't wait to see what the future holds for you. Never stop chasing your dreams; we know you are going to go far.

Love,

Mommy, Daddy, and Papaw

"For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope."

# SEAN BARKER



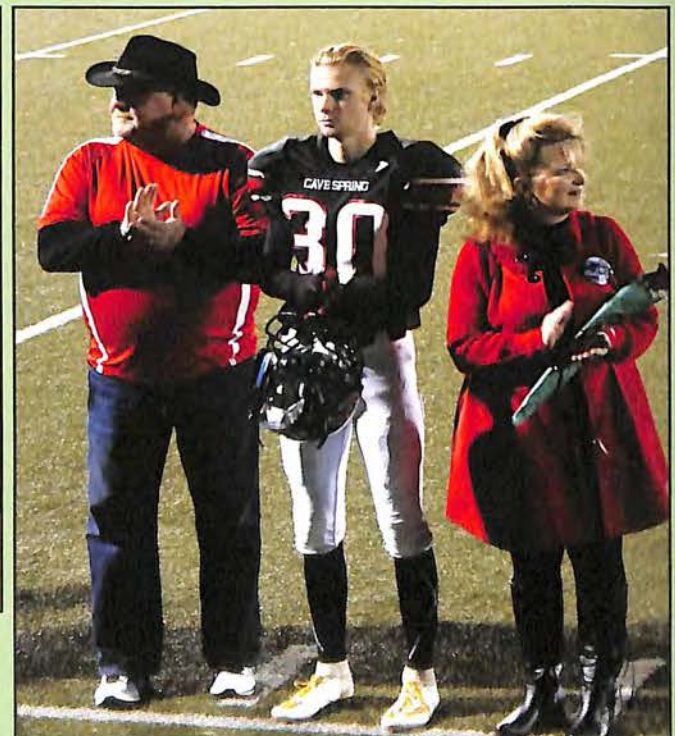
Congrats! We are proud of you.

We know you will be successful in any endeavor you put your mind to. Remember to always put God first!

Love you,

Mom, Chris, Lynsey and Grandma

# CHRISTIAN HOWES



Congratulations!

We are proud of your accomplishments and your passion for adventure and life.

Always believe in yourself and work hard toward your dreams and always know we have your back.

Love, Mom and Dad





# Juliana Goodrich

Juliana, congratulations on graduating high school! We could not be more proud of the person you have become. You are poised, intelligent, and, most importantly, kind. Wherever life may take you from here, embrace the experiences and stay true to who you are.

Over these next four years as you explore the world of academia and develop lifelong friendships, never cease to enjoy yourself! Your family always has your back and that will never change. We love you very much.

While in college, you are free to enroll in any elective classes that you so desire, but keep in mind, you have to be my lifelong doctor. Devon



You've grown up to be everything that I've ever wanted in a sister and more. I'm lucky to have you in my life and I can't wait to spend every day with you once again next year at school!

With love, Darian

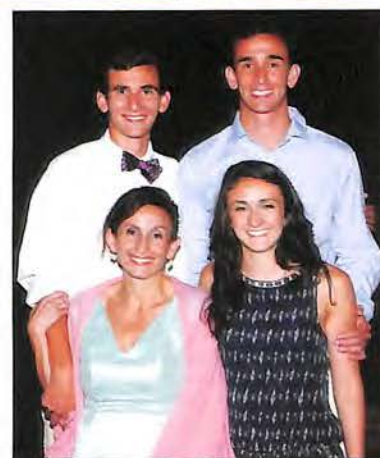
I think of you as my daughter and Hannah's sister. I want to thank you for bringing so much joy into our lives. It is emotional, amazing, and rewarding to reflect on how much you have evolved over the years. You possess qualities and attributes that will take you far in life. I wish you much success in college and in all you do. May life bless you always! I love you with all my heart. Auntie Lama



Thank you for always being my partner in crime. Now you are not a peanut anymore, and we don't have to sneak around and get caught eating candy.

Love, Hannah

Don't leave life to chance, be the active part in it. Live in each moment, stay real and raw, embrace the whole journey, give it your all every day, and above all always love both yourself and others. I love you! Mom





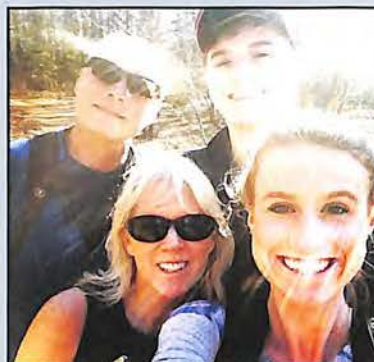
# Grace Page



Congratulations, Grace!  
You have our love and  
support in whatever the  
future holds.  
Love,  
Mom & Dad



# BAKER HAVILAND



Even as a young boy, you always  
put your heart and soul into  
everything you did. Now, that  
young boy has grown into a  
wonderful, intelligent and driven  
young man. Your hard work,  
dedication and discipline have paid  
off, and we are so proud of all that  
you've accomplished and look  
forward to the exciting opportunities  
and adventures that lie ahead.

We love you,  
Mom, Dad and Aynsley

Congratulations! Today is your day. You're off to Great Places! You're off and away! You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose. And will you succeed? Yes! You will, indeed! (98 and 1/4 percent guaranteed) Kid, you'll move mountains! Dr. Seuss

# Alyson Meador



Congratulations, Sunshine! We  
are proud of you and we love  
you to the moon and back!  
- Mom, Dad, Michael  
and Snappy

To be yourself in a world that is  
constantly trying to make you  
something else is the greatest  
accomplishment.  
- Ralph Waldo Emerson



# Lauren Gill

A STAR IS BORN! MAY THIS  
STAR SHINE BRIGHT NOW  
AND ALWAYS!

Congratulations,  
Lauren E. Gill  
Class of 2017

We are so proud of you!

All our love,  
Mom, Jeff and Evan





## JETT VELLA



Our Dearest Jett,

We wish for you the most amazing future, may you use your sparkling personality, your inherent charm, your great wisdom and your inner and outer beauty to take the world by storm! We love you to the moon and back and know that you can make a difference, leave your mark and have fun doing so. Through all the challenges know most importantly that you are loved to the moon & back!

Daddy, Blaine, Flynt, Zak, Stella & Vito

## ACCOLADE SENIORS

Congratulations to  
CAPERS KOLODA  
BRITTANIE FISHER  
CHRIS QIU



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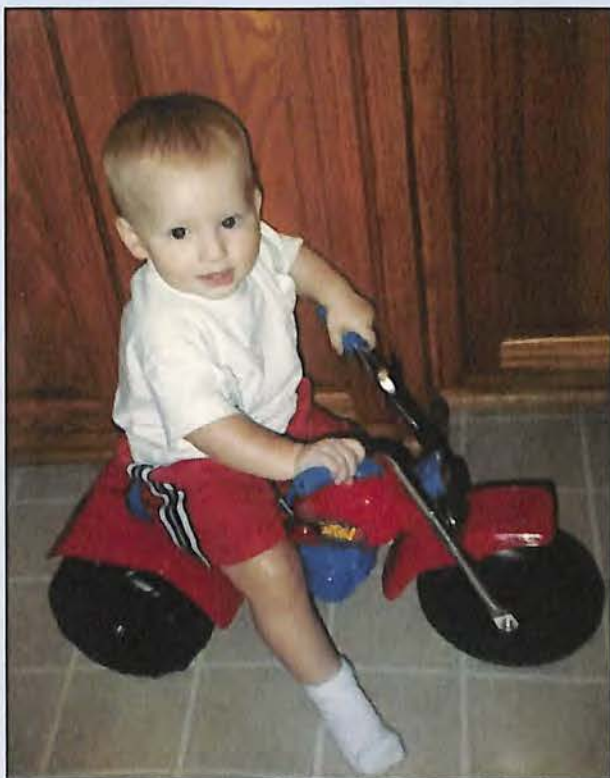
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John, you were the baby brother. Then in "a couple 30 minutes" you were all grown up. Congratulations on surviving high school. We know your next adventure is going to be great! Love, Mom, Dad, Kathryn and Haley

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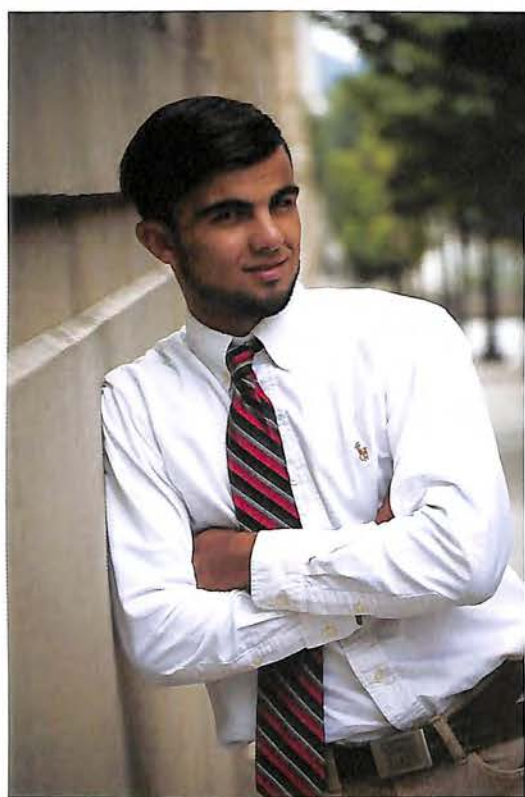
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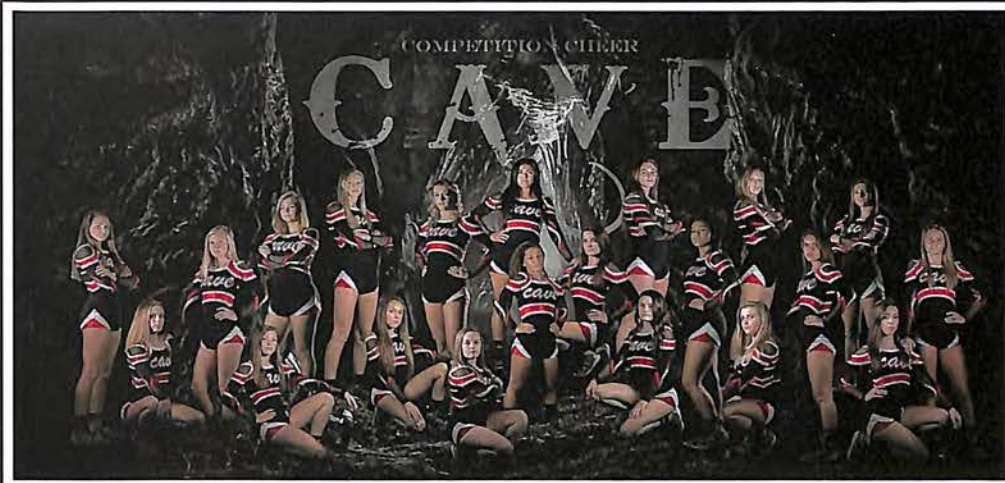


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## THEME

"That Moment When" came us after several themes crashed and burned. Funny that something so simple took so long to stumble across. Thank goodness Steve Kent was there to help us pick it up when we almost missed it. We hope the readers see the theme throughout the book. We tried to capture all those collective moments we experience, whether they be happy, sad or meh. So that's why we talked about breaking bones, getting into car wrecks and skrt skirting into school, among other things. And that's why we have a bunch of crazy pictures. One of our favorites is sophomore Geneva Grochowski on page 175. We couldn't find a place for it but just had to get it in the book, even if it was just the index.

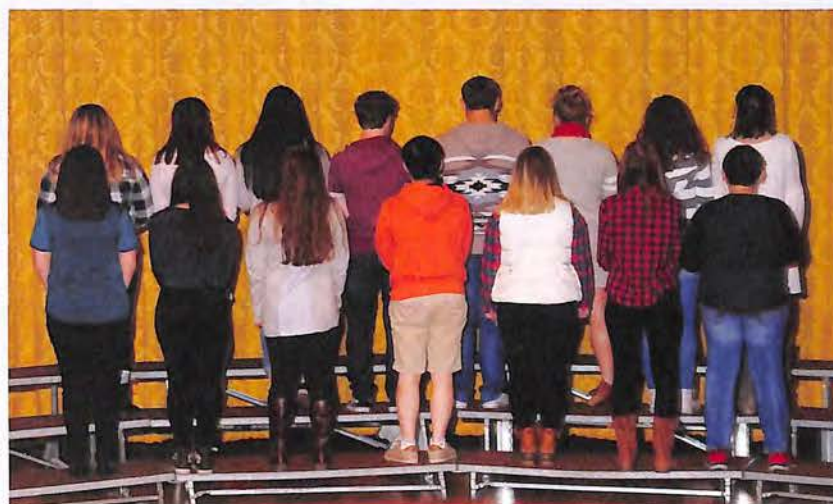
## ASSEMBLY

COVER: Designed by Hannah Smith and printed on Vista Litho Fusion, 1871 VTEX Black Linen. Smyth sewn round and back. PRINTING: Vegetable-based inks on 100-pound premium matte paper applied in the Herff Jones Kansas City printing facility. Mark Plyler served as customer service adviser. PORTRAITS AND GROUPS: LifeTouch RECOGNITION: "It Shows," volume 61, received a "Trophy Class" from VHSL, marking the program's fourth consecutive state championship. Within the past five years, Accolade has appeared on both the CSPA Crown and NSPA Pacemaker lists. GOLD CURTAINS: Yes, we know. We know.

## SPECIAL THANKS

Mr. Steve Kent: You're amazing, and I wouldn't do this without you. The end. #WWSD #who you tellin #when are we doing the morningshow #elrosoo? #butseriouslywhen are we doing elro Mr. Mark Plyler: You were VERY patient, especially on 3/22/17. Mrs. Connie Alonso-Mosher: Mrs. Shawn isn't leaving you again. Promise. It's medically impossible, remember? Mr. Spangler, Dr. Lange and Mr. Parker: You support us by trusting us to do our thang. Thank you! Mrs. Shannon Sweeney: You are both amazing and entertaining. Thank you for sharing your talent with us! Mrs. Frances Rogers: You are so kind and generous. Thank you for always being willing to help us out! Ms. Colleen Morrison: Thanks for letting us take over your space and for snapping some amazing pictures.





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McKenzie Guttman



# THAT MOMENT WHEN

Junior Carter Lawrence tried not  
to drop anything. **Page 50**

Senior Jason White beat Tiki  
Barber. **Page 59**

Freshman Asha Johnson  
learned how to stay safe. **Page 64**

Senior Spencer Reed stopped  
for the color guard. **Page 117**

Junior Aimee Struzinsky started  
a dance team. **Page 129**

Freshman Gunnar Bird joined  
the ultimate frisbee club. **Page 139**

Senior Lauren Gill put on the  
finishing touches for "Beauty  
and the Beast." **Page 181**

Junior Sam Rutigliano thought  
she was cheated. **Page 182**

**TAKING CARE TO MAKE SURE HER MAKEUP IS PERFECT**, senior Lauren Gill prepares backstage before performing the role of Lumiere in "Beauty and the Beast." Students joined forces with performers from Glenvar High and Middle School to put on the play, under the leadership of choir director Mrs. Terry Haynie. "The show was just so much fun, and I was happy to close out seven years of drama and my senior year of high school with it," Gill said. "I am very thankful to Mrs. Haynie for the opportunity."











**AS THE SUN SETS BEHIND THE TREES**, senior Alison Williams (19) and junior Samantha Rutigliano (36) run downfield as a play is advanced during the powerpuff football game. The annual event held on the upper field pits seniors against juniors. The seniors took home the win. "Being able to play football with my friends was a fun experience. Playing a sport I don't normally play was definitely different," Rutigliano said. "Even though we were cheated out of our win, I still had an amazing time. It made homecoming week my favorite one of the year."





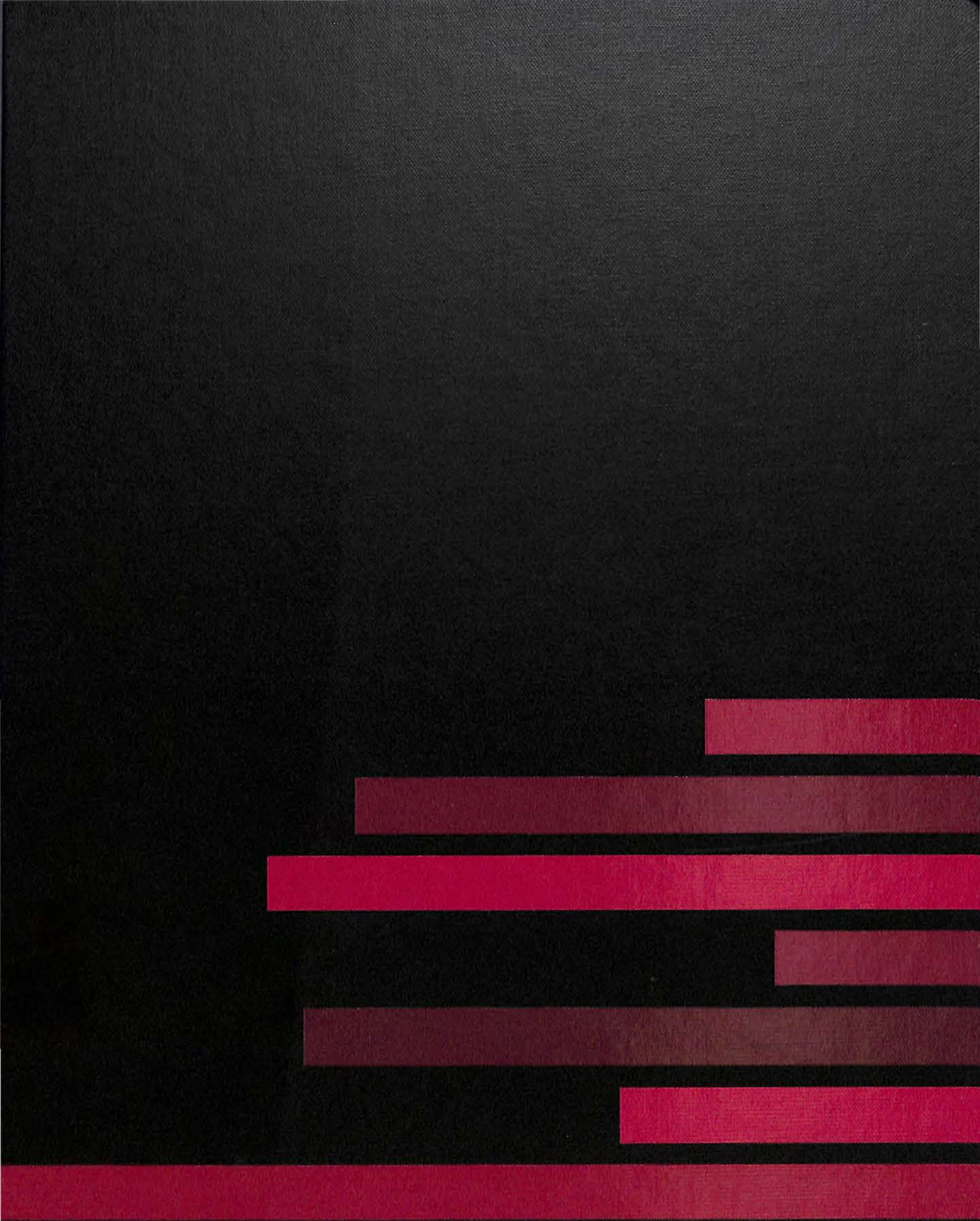






ALWAYS  
REMEMBER  
THAT  
MOMENT  
WHEN





SEIZE *THE* **MOMENT**