

KNIGHT TIME









WAITING PATIENTLY FOR A NEW HOME, Cave Spring students and faculty have been in trailers for one and a half years while the school building remains out of commission for a full renovation. The trailer experience has been a defining part of this school year, and not everyone had the same opinion about it. Senior Mackenzie Kodatt was ready to leave this place and said "I wouldn't mind the trailers if it wasn't for the bathrooms." Junior Dylan Williams had mixed feelings about being in trailers, saying "They are a very different experience from having a school building. It's weird going outside in between classes; however, I like having more freedom and space." Senior Kayla Mutter likes the setup because "...it allows me and my friends to go outside and get some sunlight."



**CRANES, TRUCKS, PILES OF GRAVEL,
STACKS OF PIPES, AND CONSTANT NOISE
ARE ALL NORMAL HERE AT THE CAVE
SPRING TRAILER PARK.**

Watching the construction's development from the trailers for over a year has created varying perspectives among students. Some are eagerly looking forward to getting out of the trailers, while others don't mind the process. Junior Parker Waters says he is ready to get out and feels "...like the construction is chaotic and noisy. Earlier in the year power drills were going off in class and it was a little distracting. I just hope they finish before the next year starts, so I can have at least one year in the new school." Junior Ethan Wiid is just looking forward to the reward at the end of the journey, saying "I don't really mind the construction. I'm just excited for the new school."





AS THE CAVE SPRING FLAG WAVES IN THE BREEZE,

construction continues on the new school building. One day in March, the school flag went up on the new beams as a symbol of Knight pride. One of the beams used on this part of the construction also contains signatures from this year's students and staff. The beam was originally placed outside in one of the trailer park "hallways" for members of the school community to sign. As a part of the infrastructure of the new school, the beam represents how each student, teacher, and staff member is an important part of the fabric of this community.

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UNDER THE STARS

This fall at Cave Spring was full of school spirit and exciting events. From the Knighting Ceremony to Homecoming, you celebrated this community and everything that makes it unique. Full of school pride in the picture above, the color guard mesmerized the crowd with their majestic performance at the homecoming football game against Alleghany County.





Gleaming with excitement, senior Lena Scaer leads the rest of the Cave Spring marching band at the homecoming pep rally. Kicking off the homecoming traditions, the band hyped up the crowd with their booming music as the pep rally began on the track field.

Confessions 3.0

Back by popular demand for the third year in a row, the confessions board went digital this year! In our online survey, many of you revealed some of your best kept secrets.

I have no soul

I like Pineapple on my Pizza

One time I went to go see one of my friends in her class and my crush was in that class. My friend got caught when she buttoned up the whole thing. I was a snap and she ripped open her whole class. I was wearing spandex but I was very fed.

I have a huge crush on my coworker, but it's illegal.

In 1st grade I peed my pants and blamed it on someone else :)

I never actually read In Cold Blood.

I enjoy being alone and not dating anyone; I don't have to try and validate myself to another person, I can just be.

I used the staff restrooms because ours smell so bad.

I miss vines

I am scared of Mr Hall

A teacher accidentally farted on me and told me not to tell

One time I told this girl that I was going to go use the bathroom, but I never even went inside. I just did not feel like talking to her sorry

Last year I faked being sick and I got exempt for a week!

Everyday at school I put my hand in my pants


I confess that I use the staff bathrooms because ours smell so bad

I proved to my parents that the tooth fairy wasn't real by putting my tooth under the pillow and not there


THE CULINARY CRAFT



I have been cooking as a hobby at home for 4 years now, and it has quickly become one of my favorite activities. I first became interested in cooking through exposure to it thanks to my parents and the Internet. Watching others create a dish that everyone could enjoy always seemed so appealing, so from that point on I became motivated to learn it for myself. I was able to learn most of my skills I currently have through my dad or through the Internet, particularly YouTube. I am a visual learner, so seeing others demonstrate first-hand allowed me to eventually pick up on some skills and important knowledge.



Although I enjoy both cooking and baking, the more elaborate recipes I make tend to be baked goods. I have made recipes such as challah, crème brûlée, cream puffs, macarons, etc., many of which require special folding, baking, and proofing techniques. However, I would say for most of these recipes the key is plenty of time and practice.



So far, my cooking experiences have helped me better appreciate the food others make because I myself know how much effort can go into one single dish. Also for me personally, cooking is very calming, so it has always been a great de-stresser, especially when making longer recipes. I learn about special dishes mostly through documentaries and short-videos pertaining to certain cuisines, and then research recipes from there after I initially learn about them. At this point, my favorite thing to bake are French macarons due to their customizability and delicate texture, as well as the fact that they definitely provide a challenge. My main goals for the future are to further my limited bread-making skills and to start familiarizing myself with South American cuisines, an area I would love to test some recipes from. I hope I can continue to cook as much as possible, and I hope others try it out for themselves as well!



as told by freshman **Sophia Schumaecker**





@lq1_gymnast, Lauren Holm 12



@s.schumaecker, Simone Schumaecker 12



@cailey_gm, Cailey McLaughlin



@allenoelle, Allie Kahok 11



@schmunds, Reagan Ecklund 12



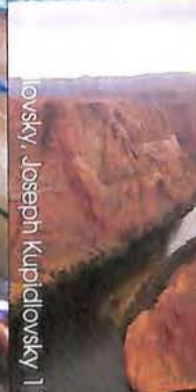
@bradley_loone, Bradley Looney 10



@sardhilliduff, Sarah Duff 10



@logan.white, Logan White 12



@jovskyy, Joseph Kupciulovskyy 11

INSTA STARS



@a_henton, Aaron Henton



@santigoobearfortheobobellin12



@annaLong, Anna Long 9



"In August 2019, my family and I had the opportunity to admire Horseshoe Bend. It was very beautiful and peaceful. Being able to experience the dynamic landforms I had once seen in pictures come to life in front of me, was truly a breathtaking experience. Glen Canyon truly shines in its beauty compared to many other natural parks and reserves I had the chance to see."

Joseph Kupidlovsky, 11


"I took this picture of the sunset reflecting off of the ocean during my flight from Tokyo to Fukuoka, Japan. Though the day was coming to an end, I was wide awake from the 13 hour time difference. Once in Fukuoka, I began my two-and-a-half month stay with a host family while studying Japanese at a language school."

Simone Schumaecker, 12

"I had heard about Randyland through social media, and it always looked so eclectic and welcoming. When we traveled to Pittsburgh for a family reunion, I insisted that we visit! I absolutely loved the house's scenery, all made from refurbished junk. Then, we met Randy himself, who told us how much it meant to him, as a child with ADHD and depression, to have such a limitless, no-rules outlet. He decided to connect people with this feeling, opening his home to children and adults alike as a way to share the happiness that it exudes. In his words, 'you are a thumb, unique and beautiful.'"

Lauren Frampton, 12

ALL THAT JAZZ



I play the French horn in symphonic band and the bass guitar in jazz band as well as the mellophone in the marching band.

I have been playing the French horn and bass for five years and the mellophone for three. My older sister, Lena, and I started playing the piano when we were very little. She was in band a few years before I was, so I thought I would join the band too when I reached middle school. My family is very supportive of me and my musical talents, my dad in particular. He has encouraged me to continue with my music the most. He got me my electric bass and gave me his upright bass that he played in college. Currently he is working on getting me my own acoustic bass. He also bought me an alto saxophone going into eighth grade, but I haven't gotten into that too much yet. My mom helped me to get a French horn to play throughout the years and brought me to piano lessons in my earlier years. My sister, Lena, always helps me to understand music more and inspires me to learn more instruments. She is amazing at all of the instruments she plays.



My favorite kind of music to play is jazz because of the freedom and liberties in the music. Sometimes I have the ability in jazz to change the style of the music to make the music better or flow easier. I also really enjoy the environment of jazz band; there is a significant decrease in the amount of people in the band so I can get to know everyone a little bit better. You are able to hear more individuals in jazz band compared to concert band, which can further improve the quality of the music. Music plays a pretty big role in my life mainly for the time commitment. During marching band in the fall, my time after school on weekdays is dedicated to making our shows special. And, Friday nights are dedicated to the football games. It also takes up two elective class periods during the school day. I really enjoy all of the friends I have made through band at Cave Spring High School. I have made friends out of my grade level and I am proud to call a few of them my best friends.

as told by sophomore Hanna Scaer



"I love working with kids because they always have something new to tell me. They enjoy the small things. Sometimes they throw tantrums and that is sort of annoying."
Megan Crowe, 12



"Zumiez has a very different atmosphere from anywhere else I've ever worked. The people I work with are super chill and down to earth, and I always have tons of fun at work."
Adrienne Heston, 11



"I've been at Chuck E. Cheese for over seven months. My favorite part of working at Chuck E. Cheese is definitely my coworkers. I don't mind dressing up as Chuck E. Sometimes, though, anagement and overcrowding makes it a tough."
Kieera Mooney, 12





"Buffalo Wild Wings is a fun place to work at because our manager is easy to work with. Other employees are also fun to work with."
Cameron Killinger, 12



"I first started at Kroger because it's so close to my house and I need the money. I'm a cashier and I also get to work at self-checkout. I like working there because I can ask for the days off I need for sports. It's great to work with other kids from Cave because I get to work with my friends."
Parker Waters, 11



"Rainbow! is a fun place to work because it is very chill. They are super flexible with our schedules so we can still do fun stuff hang out with our friends."
Jacob Mardian, 11

PUTTING IN WORK

favorite BOPS



"AJR because they have a unique but calming style."

Rachel Snodgrass, 11



"N.E Choppa because I believe that his views on today's geopolitical issues are pertinent and he expresses them well in his lyrics."

Walker Swanson, 11



"The Lumineers because I really like their music."

Laurel Hudson, 11



"Lil peep because his music is different."

Walker Tull, 9



"Lil Uzi Vert because he has cool music."

Haylie Adams, 9



"Hopsin because he doesn't mumble when he raps and he raps about things going on in his life."

Conner Evans, 10



"Kane brown - he really good singer."

Siera Hartman, 10

don't stop the MUSIC

ROCKING OUT, senior Sam Slate plays the bass with punk rock band Her Majesty as they perform at the 5 Points Music Sanctuary in downtown Roanoke. Slate participates in both the jazz and marching bands here at Cave Spring and plans to further his musical career in college.

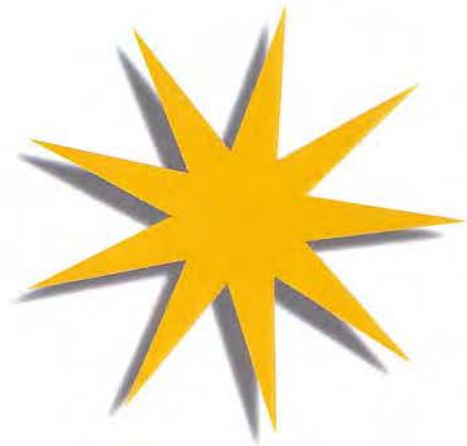




BEHIND THE SCENES, senior Nicole Bulla studies her multilingual pieces of music that she will soon perform at the prestigious All-State Choir competition for Virginia. Bulla is the first choir student from Cave Spring to qualify for All-States in over a decade, a moment she has been preparing for throughout her entire singing career.



GLEAMING WITH EXCITEMENT, freshman Elise Legault plays the electric guitar at the Jazz Cafe with her fellow Cave Spring Jazz Band members on February 28th, 2020. Legault first found her musical calling at an early age and has since learned to play 7 instruments. She also sings at her church and actively participates in musical theater with Mill Mountain Theater.



"Luke Combs because he is a unit."

Ben Kingery, 10



"Breaking Benjamin because they are the first band that got me into hard-rock."

Allison Matthews, 11



"The Police. My Dad introduced them to me and I like their sound and every song of theirs."

Jack Dellinger, 10





WITH HER FLAG POISED TO FLY, senior Katie Durica performs at Cave Spring Middle School for the homecoming football game crowd. Durica twirled her flag alongside the instrumentalists to add color and movement as the music began to hype up the crowd.

PERFORMING WITH GRACE, senior Jaclyn Howard shows off her talents by putting on a show for homecoming game audience. As a member of the color guard, Howard joined the marching band to entertain the crowd and encourage school pride.

MARCHING IN TIME, sophomore Holly Hinchy, junior Laurel Hudson, and sophomore Jack Horton perform in sync with their fellow marching band members. Students in the marching band must learn complicated choreography routines while also playing their instruments correctly. Describing the preparation for performances, Horton said "It's really difficult to learn, memorize, and perfect the show. But, being in marching band is worth it. I really enjoy band camp, bus rides, and dancing along to stand-tunes during games."

THE

MARCHING

BAND



NEW PLACE, SAME BAND

This year the marching band had multiple obstacles they had to overcome. Without having a school building, they had to find new places to practice. Cave Spring Middle School opened up its doors to the band, allowing them to practice in the cafeteria, auditorium, and on the football field. With these new locations came new challenges. This year's marching band went through a demanding season, but they ultimately triumphed.



The middle school practices over the summer were tight. Thankfully the drum line had full access to the auditorium, so we were able to knock out all of our practices there. For the whole band, we were just incredibly lucky to have access to the football field and the cafeteria to hold full rehearsals. Everything was so loud, and you could hear everything - every mistake. But, it made us humble and inspired us to push through the challenges of not having a real practice space.

Samuel Slate, 12



Luckily, we were able to play and march on the football field during band camp. Whenever we played in the cafeteria, the sound was much louder than if we were to play outside. We were lucky to get a big space like the cafeteria for band camp rather than a super small cramped trailer. Even though the cafeteria was still cramped and every mistake was heard, it made us better and inspired us to do our best both on and off the field

Emily Bassant, 10



Compared to my freshman year, it became a lot more crowded since we were in trailers. We had to practice in the cafeteria at the middle school, because we were in trailers. It was a huge struggle. I play the sousaphone, which is obnoxiously large, so I had almost no room to move. If you want to talk about loud, that is what loud was. I probably have hearing damage, but it was worth it.

Ethan Arrington, 10



WITH SPARKLE AND A SMILE,

majorette junior Lillian Hollins performs at the homecoming football game at Cave Spring Middle School. Before kickoff, the marching band put on a show to dazzle the crowd and build excitement before the game on September 20th, 2019. Hollins has been a majorette for two years now, having started as a sophomore. "I just wanted to join an extracurricular and I already twirled baton, so I thought it was perfect for me. Color guard and majorette really add visual interest to the band's performance. It keeps the audience's attention on the music and helps you understand the music as you listen to it."

FALLING INTO PLACE

SEASON HIGHLIGHTS



"The homecoming football game against Allegheny when the whole student section stormed the field to celebrate our victory."

Jahiem Tyler, 12



"My favorite volleyball match of the season was senior night against Pulaski County. We played a very tough game and we celebrated our seniors whom I love very much."

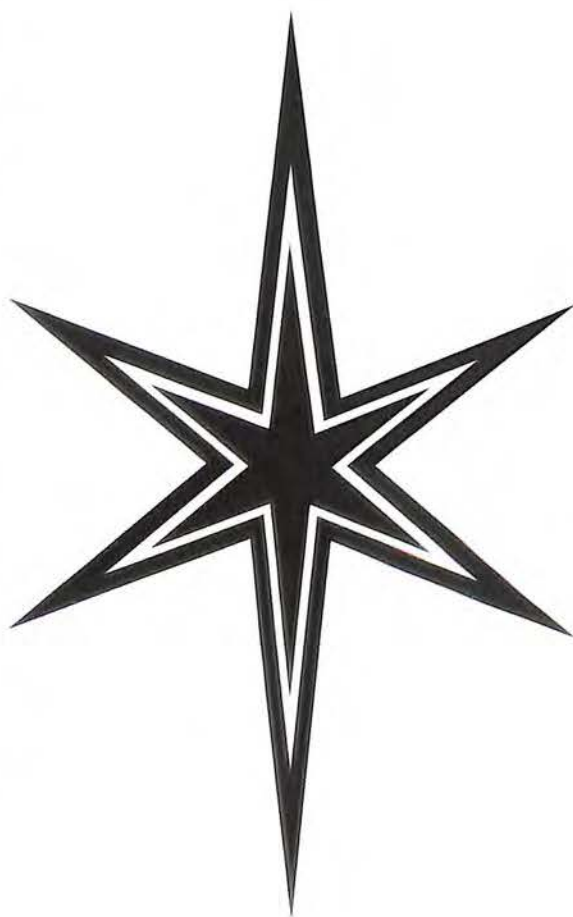
Allie Koinok, 11



"My favorite part of the season was going to states, and being around some amazing people."

Amber Mullins, 9

COMING TOGETHER, the JV boy's football team huddles up to say a prayer and give words of encouragement right before playing the Blacksburg Bruins at home. The boys came out with a win of 28-7 by pushing through and working together as a team. Sophomore Samuel Smith is proud to have been part of the team this season. "We had very successful season. I haven't had a team with as much chemistry and faith in each other in a long time," Smith remarked. "I loved being presented the opportunity to lead a group of kids like them. This past season was encouraging to all of us, and made the team feel like a family. I loved the support we received throughout our season even during the worst of weather. Thank you to the parents and fans that came out to cheer us on every Thursday night. The future is looking brighter for Cave Spring football, and I am happy to be a part of the change coming soon."



GEARING UP, senior Charlotte Shelor, Campbell Best, and Roxy Robinson pictured along with junior Eden Giannini and sophomore Jessica Palisca huddle together to wish each other luck and build encouragement before the crack of the gun at the Blue Demon Cross Country Race. The varsity girls tradition is to gather together before each race to chant "Csrc csrc csrc 1. 2. 3. go Knights!"

WITH HIS EYE ON THE BALL, junior Thomas Peterson watches as it makes its way to the hole at the Heritage Qualifying Golf Tournament. The tournament took place at the London Downs Golf Club in Lynchburg, Virginia just before school started. Peterson enjoys being a member of the golf team because of the way it produces jokes and competition between friends. "Because it is a hard sport, you get to see the real side of your friends when their anger comes out," he shared.





POISED WITH HANDS TOGETHER, senior Maya Monsour anticipates Pulaski County's next move. As a libero, it is Monsour's responsibility to protect the back row from incoming strikes. This match ended with a Pulaski County win but our Knights took the crown back later in the year with a crowd-pleasing victory on Senior Night.



SPIRITS SOARING HIGH, flyers Senior Ryleigh Balzer and sophomore Kirsten McKinney flank sophomore Abigail Holbrook during a competition at Brookville High School. "When my teammates hold me in the air, I get a rush of adrenaline. It is scary but I know that no matter what, my teammates will catch me," commented McKinney. The cheer squad brought home another victory which gave them one more win for their undefeated regular season.



SHOWING THEIR ENTHUSIASM, the cheerleaders perform in between skits and presentations of homecoming themes. Junior cheerleader Aidan Doyle spontaneously joined the cheer team this year to push himself and learn new skills. "My favorite thing about the pep rally was getting to be with my team while we were cheering on our school. I love cheer because it's a sport where you get to do unique things that you don't see anywhere else and I have the best team anyone could ask for. I joined cheer because I wanted to try something new and I thought cheer would be a really good thing to try and I instantly fell in love with the sport," Doyle disclosed.



FLYING THROUGH THE AIR, sophomore Kirsten McKinney performs a stunt with her fellow cheerleaders at the homecoming pep rally on the track field. Every year the week before homecoming, the cheerleaders entertain the teachers and students to hype up the approaching homecoming football game. McKinney's favorite part of the pep rally was, "...getting to stunt with my team and just being in front of the whole school with them. The thing I love about cheer is that we are such a close team that they are just like family to me."

THROWING A FIERCE PUNCH, senior Austin Hayden, the 60th knight, duels with senior Parker Huffman, dressed as a Highlander to save the kidnapped princess. The skit ended with the knight beating the Allegheny Highlanders and rescuing the princess to save her. "The Highlanders were kind of weak, I mean they got beat by a guy in khaki shorts," Hayden scoffed.



CHEERING WITH EXCITEMENT, juniors Cameron Bishop, Charlie Urgo, Frank Spiers and Holden Wilkerson watch the knight and princess skit. Students always look forward to the skit every year since the roles of the fighters and the princess are always kept a secret until the day of the event. "I loved the pep rally - the knight saving the princess never fails to excite me. I feel the pep rally is a great thing to have at the school because it hypes up the student body and you get to be there with your friends," Bishop said.

PEP IT UP

Cave Spring started off the year with their first-ever outdoor pep rally to show off some school spirit under the sun.



RAISING HIS TROMBONE TO THE SKY, senior Lucas Holt joins members of the Cave Spring band as they perform one of their dances during the homecoming pep rally to entertain the students and teachers. "Walking out in front of the whole school was nerve-wracking. It was the first time the band had ever gone out to do one of our dances we do in the stands. However, it was a lot of fun to show school pride when we needed it most. Being in the marching band all four years of high school has changed me so much. I've made so many friends and I've become part of a huge family that I can never forget," Holt said.



WATCHING HER FELLOW CLASSMATES IN BATTLE, senior Caroline Daly plays a kidnapped princess in the pep rally skit. Daly looked on as senior Austin Hayden, the knight, fought senior Parker Huffman, dressed as an Alleghany Highlander, the Knight's opponent in the upcoming football game. The knight and princess skit has become a tradition for the pep rally at Cave Spring, where the knight attempts to save the princess from the opposing team's mascot. "It was so much fun to be in the pep rally this year. I always thought the knight and princess skit was really funny my first three years of high school, but I never thought I would be in it my senior year," Daly exclaimed.

SENIOR HOMECOMING COURT



Front Row: Caroline Daly, Sofia Midkiff, Nandini Sriram, Olivia Bowling, Lauren Frampton and Maya Monsour.
Back Row: Owen Ghaphery, Kobey Simon, Josh Wainwright and Samuel Slate.



Abby Holbrook, 11



Ben Kingery, 9



Olivia Bowling, 12



Ashoka Wagner, 11



Nicholas Murphy, 10

SHOW YOUR SPIRIT

Crazy Cat Lady



THROWING UP A DAB, science teacher Mrs. Houston shows off her meme day outfit. Here at Cave Spring High School, Ms. Houston is lovingly known for being the most short-tempered person in the school. She decided to show her true self during spirit week through the grumpy cat meme pictured on her t-shirt. She described her outfit choice as "reflecting her mood after dealing with the students."



Danny Bahnken, 9



Jenna Nardone & Caroline Glenn, 12



Brennan Washington, 11



Kobey Simon, 12



ALL WRAPPED UP, junior Walker Swanson becomes a senior class victim during the last day of homecoming week. The 2020 senior class made the entrance of the trailer park a construction site and asserted their dominance by tangling other students with caution tape.

WITH MAGIC IN THEIR HEARTS, Ms. Walstrum, Mrs. Leonard, Mrs. Rodriguez, and Mrs. Gruse join forces to protect their trailer park. The teachers dressed up for fairytale day to save the underclassman from the woodstock takeover.

FADING TO BLACK, seniors Maliah Mizack, Kristin Johnson, Laine Burchinal, Kayla Mutter, Ashton Howard, and Eliana Miller gather with hands together during spirit week. The seniors showed their school pride by bringing out their dark side.



Mr. Hall & Charlie Urgo, 11

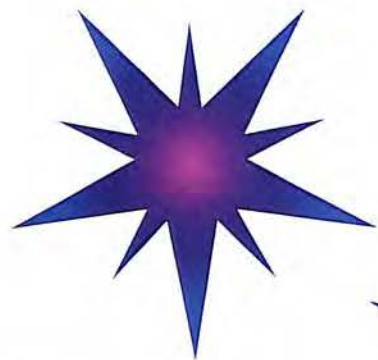


Abbie Robertson, 11

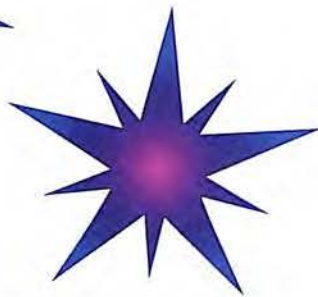


Dillon Key and Paige Hennen, 12

THEME DAY LOOKS



time to SHINE



PARADING AROUND

Homecoming is a special time of year when students, teachers and members of the community gather to celebrate life and togetherness. Senior Maddi Stephens enjoyed spending part of the day with Cave Spring's beloved Latin teacher, Mrs. Huray, who was the epitome of celebrating life. "Mrs. Huray and I had talked about this float for a week and I could get no one on board with it. Finally, a few of my closest friends helped me decorate and rode the float with me. This day ended up being one of my favorite memories with Mrs. Huray as she walked alongside the float with us," Stephens said. There's something undeniably special about getting to ride on a float in the parade. Senior Erin Akins knows this feeling well, having been in the parade four years in a row. "This year was especially exciting considering I got to ride on a jeep alongside the other senior cheerleaders on my team. I will never forget this unique experience," Akins said. However, senior Lauren Frampton had to wait until her senior year to participate in the parade. "After watching and cheering for the homecoming nominees for the last three years, it was an amazing experience to be on the court myself as a senior. I loved riding in the parade and giving out candy to all the little kids, because it reminded me of when I was in their position." No matter where you are during the parade, senior Nandini Sriram knows that making memories with friends is something everyone can enjoy. "Being on court was one of the most fun things I've done this year. Not only did I get to participate in making posters and riding in the parade, but I also got to do all of that with one of my best friends," Sriram said.

1. Sophomores Abigail Holbrook, Burkley Nichols, Kirsten McKinney, Taylor Hilovsky, Caroline Mills and Freshman Taylor Cox
2. Seniors Briggs Cooper and Maddi Stephens
3. Seniors Madison Lange and Erin Akins
4. Seniors Simone Schumaeker and Asha Johnson
5. Seniors Olivia Bowling and Lauren Frampton
6. Juniors Kate Manico, Ashlee Yeatts and Zada Porter
7. Seniors Caroline Daly and Nandini Sriram

HOLDING THE BRIGHT U.S.A THEMED BANNER, sophomore Lauren Fradette and the Cave Spring cheerleading squad wait for the varsity football team to break through the banner and come out to play the Allegheny Highlanders. Fradette and her teammates always hold the banner before every home football game, however this game was extra special because it was the annual homecoming game. Fradette said she loves homecoming because, "...we get to ride in the floats and see the whole Cave Spring community line the sides of Chaparral. I also love homecoming because there's always a ton of people at the game to make it extra fun."



WATCHING THE GAME WITH EXCITEMENT, seniors Alexis Boush, Hatley Loop and Baylee Hodson smile to the camera as they cheer on the varsity football team for their final homecoming game of their high school careers. This moment was bittersweet for all seniors because they got to celebrate homecoming with their classmates - but for the last time. "It's so much fun dressing up for games, especially homecoming. I think it is one of the most memorable parts about high school," Boush said.



BREAKING THROUGH THE BANNER, senior Carson Askew and the knights football team run through the homecoming banner with the American flag to start off the homecoming game as the cheerleaders look on with surprise. Every game, the football team breaks through a decorated banner to hype up the student section and parents in the audience. "I have played football my whole life. That game was one of the most fun games I've ever played. #plainandsimple," Askew said.



PLAYING HER CLARINET FOR THE CROWD, senior Brianna Bradley joins members of the Cave Spring marching band before the annual U.S.A. themed homecoming game at Bogle Field. "Being a part of band has been a very enjoyable part of my high school experience. It is a community of amazing people, and everyone is always so nice and positive. The best part is playing music in the stands and performing at the home games. I am truly going to miss being a part of this group and the bonds I have made," Bradley exclaimed.

GETTING INTO FOCUS, junior Tyler Mitchem prepares for a practice kick before the game. "Being a kicker is actually really fun, and it is a big job. It's super stressful in the moment because all the pressure is on you, but that just makes it more fun. The homecoming game was probably one of my better games, and it was a cool experience to be a part of the win. Overall, I'm glad that I joined the team and I can't wait for next year," Mitchem said with excitement.



DODGING AN OPPONENT, senior quarterback and safety Lucas Duncan races down the field with the ball while playing his last homecoming game of his high school career. Duncan played for the knights all four years of high school and this was the final time he would play a homecoming game in front of his classmates. When reflecting about the game, Duncan said, "Homecoming is one of, if not the best game of the year. Everyone is always excited to play in it and we were ready for the Highlanders. It was a close game going back and forth, but in the end my team and I got the hard-fought win."





WRITTEN IN THE STARS

Knowing that every step, every breath, every moment of your life has led you to where you are at Cave Spring High School right now - that is the beauty of fate. You belong here, whether you are the junior class president, a member of the robotics club, or captain of the golf team. No matter what kind of Knight you are, every one has a place in this community.





ABOVE: Leading the charge, junior Edén Giannini starts her journey on the Green Hill Park race course of the cross country Knights Crossing Invitational. Giannini joined her fellow Lady Knights to compete against over 70 other teams on a cool Saturday morning in November of 2019.


LEFT: With anticipation, senior Parker Huffman and junior Reed Pendleton watch as senior Matthew Cagle leaps to block the shot of Glenvar's opposing point guard. The boys varsity basketball team arose victorious in their away game against Glenvar in December 2019.



SLAY & PLAY




Starting a Dungeons and Dragons club was at first just a random thought akin to something like "What if I became president?" since my friend and co-founder Marshall Glas and I had always wanted to create one, but didn't know how. I then got the idea to ask Principal Spangler how to start a school club on a lark, and the rest is history. I asked him about starting the club with no expectations that it would go any further, but after hearing about the process, I went through with it.



Dungeons and Dragons (D&D) is a fantasy role-playing game where each player has a character which they control in the world that the Dungeon Master creates. It is a cooperative roleplaying experience that encourages math, problem-solving, and logic. D&D allows my friends and me to be creative and we often have lots of fun with the fictional encounters with monsters and bad guys we have. I first played the game three years ago with one of my friend's dad as the Dungeon Master. Ever since then, I've learned to play and have been the Dungeon Master of close to 20 adventures.



Without help from Marshall Glas and the other members of the club, the club wouldn't have succeeded as well as it did. We had close to 20 initial members, which eventually settled down to the current 14-15 people which has been a very good size. D&D Club allows any student to express themselves and be creative in ways conventional learning and other methods cannot. D&D Club has built many friendships between lots of people and has brought together a community which is built on cooperation and working as a team. Though D&D is not competitive, our club has a lot of school meet-ups on Saturdays at a local game shop called Mishap Games. Our normal school meetings are from 3:25 to 4:30 on Tuesdays in room 27.



as told by junior Weston Colip





NEW

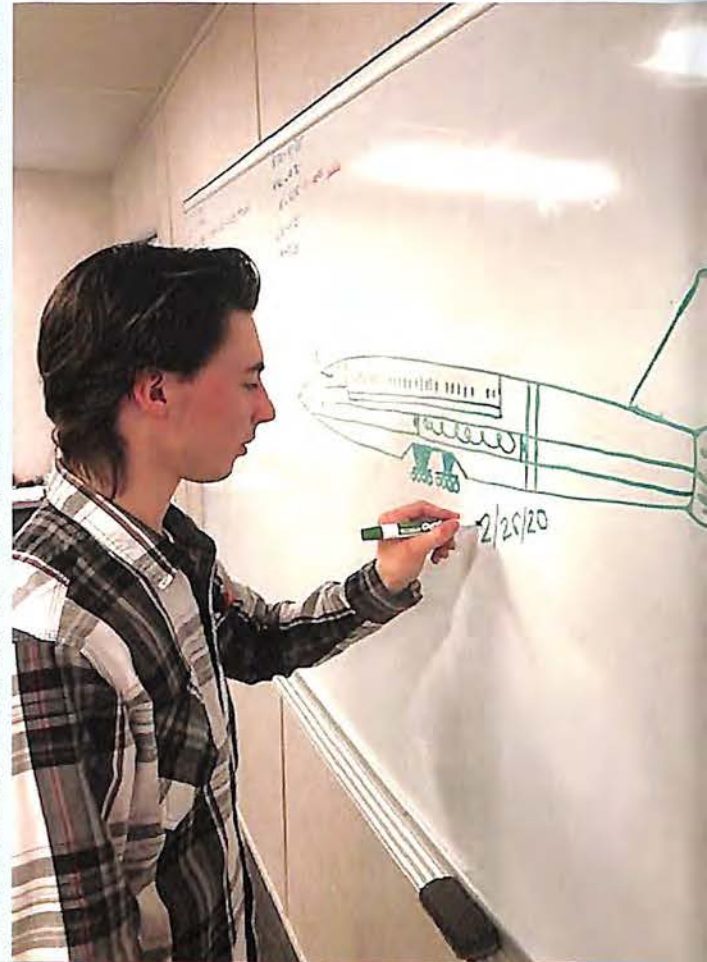
CRIMINAL JUSTICE CLUB

"We decided to make the Criminal Justice Club this year because we are passionate about governmental topics and believe that students should be educated on forensics and the criminal justice system. Generally, we study criminals and the connections between science and the law. We are raising money to begin setting up and evaluating fake crime scenes. My favorite thing about this club is how we help students learn in a fun, comfortable environment."

Josie Beheler, 11

DRAWING WITH INTENSE FOCUS,

senior Nick Moses works on a supersonic jet airliner blueprint for the Virginia Western Community College flight design competition. As a passionate member of the Architecture and Engineering Club, Moses comments on the student organization, "In this club we work on simple to complex projects related to architecture and engineering using multiple Autodesk drafting programs like SketchUp and Inventor. We also draft concept designs, and construct physical models of our projects. I believe this is a very important club for students to join and the school to have. I believe this because it was designed to give students a fun and interactive experience where they can learn, create, and develop new skills and techniques in the fields of architectural design and engineering. Some things that we have done are build small scale replica of the Cave Spring trailer park, creating a ginger bread house that looks like the White House, and a medical drone."



GATHERED AROUND THEIR CANDY, Help Save The Next Girl Members help hand out sweets at their Trunk-or-Treat Event at the Cave Spring United Methodist Church. Junior Katie Sullivan (second from right) joined her fellow club members to help educate children on how to be safe while trick-or-treating. "We decided to do the Trunk-or-Treat event because Help Save the Next Girl is all about learning how to stay safe and be aware of your surroundings. We wanted to pass on tips to younger kids about staying safe on Halloween. To educate the kids, we handed out candy with messages about not eating candy that had already been opened and also about buddying up or staying with a trusted adult while trick-or-treating," Sullivan remarked.



following a **PASSION**



AFTER A LONG CLASS OF SELF DEFENSE, the Help Save the Next Girl members strike a silly pose with their instructor to unwind. Senior Asha Johnson (at center) commented on the importance of the club by saying, "Help Save the Next Girl helps people to become strong and independent women in the new world without fear of living throughout their day to day life. We learn defense tactics to defend ourselves from predators and other harmful people. We had this Defense Training to teach us these skills. We also donate to organizations, and hold informational meetings. We all are very close - I always like to say that all the girls in the club are somewhat like sisters. The club is very effective, especially when it comes to learning how young women can protect themselves throughout life. This club is very important because it helps ensure members' safety with the informative tips that each girl learns with each meeting."



READY WITH SWEETS AND SMILES, senior Sofia Midkiff and junior Truman Collins help hand out Valentines to senior Tavia Wright. The money raised from the Valentine Grams went to support the Key Club Dance Marathon, an event put on by multiple schools in the area in order to raise money for the Children's Miracle Network Hospitals. Cave Spring High School joined forces with Hidden Valley, Patrick Henry, William Fleming, Faith Christian, Northside, Staunton River, and Salem high schools to raise over \$10,500 for the cause. Collins spent many hours working to support the mission. "The Valentine Gram was part of the largest fundraising effort in which I have been involved. Knowing that all of the money raised was going toward such an important cause made me feel good about all of the hours I put into it," he explained.

STAR STUDENTS



I take school as an uppermost priority for a variety of reasons. I plan to make a lasting impact on the world in my job after college. I enjoy making my friends, family, and teachers proud. Also, the pure act of learning new things is satisfying. As for studying, I retain information easily and am willing to put hard work in when necessary.

Walker Wright, 11



I think that school is really important to be successful in life, as it helps you decide what you want to do with your life, and it gives you the skills required to accomplish your goals. With my photographic memory, remembering various information is easy, but I do like to research new topics that will help give me a wide range of knowledge.

Lexie Rhodes, 11



Homework has taken a lot of my time in high school. While I am pretty good at math, a lot of subjects do not come naturally to me, so I spend a lot of time studying. The most important thing I have learned is to not stress out too much about grades. As long as I know I've tried my best, I will always be content with my grade. That mentality combined with a good work ethic has secured me a pretty successful high school career, and I plan on majoring in computer engineering at Georgia Tech in the fall.

Josh Wainwright, 12



Studying probably takes up the majority of my time as a student. I love studying for math and Japanese. Most of the time, I listen to music while I review content and practice different problems. And before I go to bed, I always skim over notes so that I can think about it while I'm falling asleep.

Simone Schumaecker, 12



Doing well in school is important to me because I always want to be prepared. Getting good grades opens up many more possibilities in the future that might not be available had you not put in the effort. I'd rather try harder than I might need to, than not try hard enough and not meet the qualifications for what I could want to do in the future. Because of this, I try to do all my work to the best of my ability and on time. For exams and tests, I study until I know the material thoroughly, and don't stop when I think I'll simply get the grade I want.

Carter Robertson, 11



IN DEEP FOCUS, freshman Trey Ludy sands down a piece of wood for the edges of a box. In woods, the students construct exquisite pieces of art from simple raw materials. **ANTICIPATING THE GRUB**, junior Laurel Beckett, senior Charlie Nichols, and junior Meg Askew watch as their marshmallows darken from a hot plate. Mrs. Taylor surprised her chemistry classes with s'mores for a Valentine's Day treat. **WITH ALL EYES ON HER**, junior Sarah Ballou strikes a pose after giving a presentation in history class. Ballou created this small poster in order to express her thoughts on imperialism using her artistic talents.

learning for LIFE



WITH SPARKS FLYING, senior Ben Palisca shows off his craftsmanship for materials and processing. Palisca ground down a small die in order to touch up his welding project.

WITH A TIGHT GRIP, junior Darden Trail-Barrett saws a piece of metal in materials and processing tech. Trail-Barrett proceeded to use the sawed off metal, for a hammer head he was assembling. **IN A DIFFERENT**

REALITY, sophomore Seth Fleshman enjoys a virtual reality rock climbing game after the weather prevented his P.E. class from going outside. The VR headset allowed the students to get their hearts pumping without needing a large space. **IN THE SPIRIT OF**

COOPERATION, seniors Jordan Rearick and Sophie Legault struggle to build a roller coaster in physics. The students built cardstock roller coasters as a substitution for taking a test. "It was better than a test, but only by a little," mentioned Rearick.



DE-STRESSING

Teachers know school - and life - can be stressful for students. These two teachers use mindfulness to help students learn to manage.

Mrs. Mills does yoga in her English classes. She teaches students teaching breathing techniques to help calm them. She says that, "...cultivating mindfulness creates a comforting silence within, a place of refuge when we're anxious, confused, off our game. It becomes a safe space for us to study and make friends with ourselves. We build this in the classroom with yoga, breath work, or journaling at the beginning of every class. it is my hope that students leave with tools to help regulate their emotions and understand themselves a bit better, as well as curiosity to learn more."



Ms. Lucas has mindful moments in her English and Yearbook classes. During her mindful moments, she uses a singing bowl to help students focus on their breath. She says "While the subject I teach is English, I also strongly believe in teaching life skills in the classroom. One important skill everyone should learn is to become more aware of how we respond to things in our lives. Oftentimes, when we respond too quickly we can find ourselves doing something we may regret later. By practicing mindfulness and taking time to just focus on our breath, we can have a moment of peace and learn to understand ourselves better"

A DAY IN THE LIFE



"Working in the trailer park is honestly a lot easier than in the building. Although, I do admit that the bathrooms are worse since they are porta-johns and not regular bathrooms. Something that is also more difficult manage is the weather, especially when it rains and snows."

Mike Chandler, Custodian



"Security is a big difference in the trailers. We just have the gate and fence, whereas in the school we had locked doors. To me, it makes it more difficult but there seem to be fewer problems. Fights have dropped a lot and larsony has dropped a lot because there are no more locker rooms. I prefer being in the trailer park when it is warm out, but in the winter and bad weather I would prefer being in the school. Overall I like the open space like a college campus, but I do admit I think everyone would be happy to get back in the building."

Officer Vass





CAUGHT LAUGHING, senior yearbook staffer Simone Schumaecker takes a break from getting some pictures of fellow students in the trailer park and rests in the gazebo. The gazebo, located in the middle of campus, is a great place for students to get out of the sun or eat lunch together outside. **IN THE MORNING SUN**, the beautiful mountain residing behind our school glistens in the light with our temporary home resting in the shade below. Ms. Lucas captured the essence of our mornings here in the Cave Spring valley as she headed into school. **WAITING PATIENTLY**, the Cave Spring High School time capsule sits in its brick case amid the new construction. Students and staff alike are looking forward to opening the capsule at the end of the school year to discover its contents. **MEETING UP**, sophomores Jacob West and Kayla Smith "dab up" as they leave the trailer park restrooms. The bathrooms make things difficult sometimes, but often they add some flair to the social aspects of high school. **DOING THEIR BEST TO STAY DRY**, sophomore Kendall Scott and senior Logan Scott use their handy umbrellas to keep out of the rain in the trailer park "hallways." While bad weather makes transitioning between classes tricky, it's another opportunity to show some style.

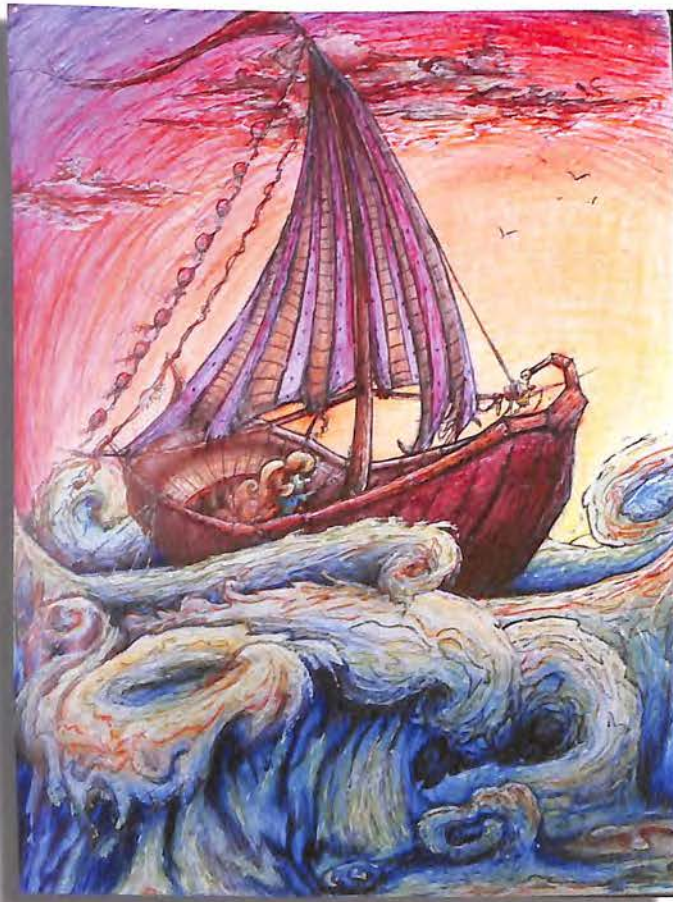


life in the TRAILER PARK

it's just an **EXPRESSION**

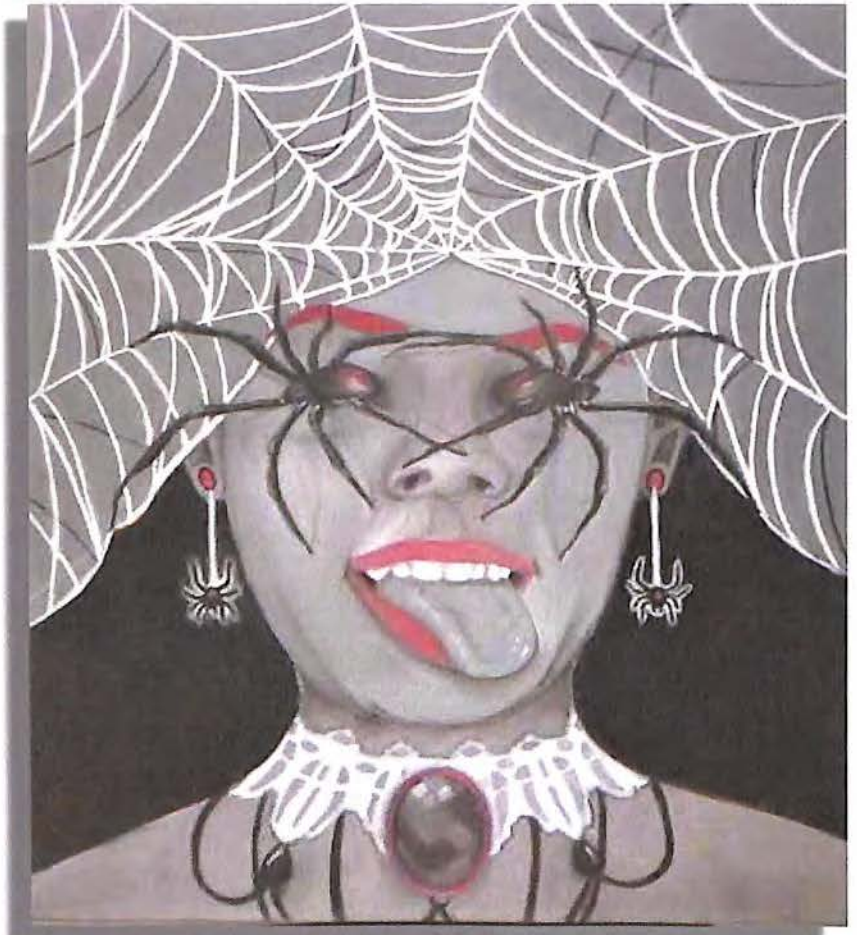
"I love pastel as an art medium because it's messy and, when blended correctly, it looks amazing. I thought it was a lot of fun so I just started by drawing weird people with coloured pencils...just super weird hard to understand pieces. It's not exactly a particular one but art is a lot more fun when its hard to interpret or its your own personal view of it."

as told by senior **Bryden Palmer**



"Art is such a beautiful thing I love getting to blend colors together, it's really satisfying to me to watch how the right color combinations can make something come to life. I started making art because my older sister used to doodle Toad from Super Mario, and I always thought her stuff looked cool. Now I just make it for fun. I've always wanted to give a shot at drawing detailed waves, and I think that ended up working out pretty well."

as told by senior **Charlotte Shelor**



"I enjoy sketching with pencils the most. I used to use fancy pencil sets but now I just use whatever I have around. I started making art when I would get bored out of my mind in elementary school. Lately, I'm obsessed with how beautiful eyes are. I love playing around with what scenes I can stage within them. This piece to me is like looking at the scene of "Twinkle Twinkle Twinkle Little Star." My older brother, Adam, has been a big inspiration when it comes to my art. When we were younger, we would go back and forth and try to out draw each other."

as told by senior Andria Sowder



"My two favorite mediums of art would be painting and photography. I am definitely more into photography just because I love being able to go out with friends and capture our moments together. I also enjoy challenging myself with photography by finding new settings out of my comfort zone and it also allows me to explore the local area to find cool places. Over the summer, I was in the Dominican Republic on a service trip. The Dominican had been in a drought all summer, however, one evening it started to thunderstorm. I stood outside as soon as I heard the first thunder in hopes of capturing a flash of light in the sky. I got lucky when capturing this picture and it is probably one of the pictures I'm most proud of capturing."

as told by senior Logan White



"I saw a video on YouTube of a guy designing shoes and I thought it would be pretty cool if I tried it myself. People's reactions when I tell them I painted the shoes myself motivates me to keep painting shoes because they think it's amazing. My biggest inspiration for my creative endeavors is my younger brother. He draws really well and I try to show him up with my shoe paintings."

as told by junior Spencer Cook



DRESSED & OBSESSED



Air Force 1's first came out in 1982 and were discontinued but then re-released 4 years later. The shoe was created as the first basketball shoe to use the Nike Air Technology, but it wasn't until recently that it became a symbol of aesthetics rather than a functional piece of gear. "When it comes to Air Force 1's, they can go with any outfit. The fact you can dress up or dress down while wearing them is the best part," expressed junior Catherine Thacker.



Gucci has been a beacon of high fashion since 1921. The expensive Italian luxury brand has many different products with their belts being the most seen around the school campus. The Gucci Belts displayed in the picture belong to junior Emily Cleveland, left and senior Jahiem Tyler, right. "Even with the price of the belt, I wanted to get one because I saw other people buying them and wanted to join the trend," said Jahiem Tyler.



PERSONAL

"WHEN IT COMES TO MY STYLE, there is only one word that I would use to describe it: wavy, which means different from everybody else. There is no specific person that inspired my style. I like to think my taste is original. I don't wear something because I see someone else wearing it. The most important part of an outfit is definitely the shoes. By taking a closer look at the fabric and colors of the shoes, it helps form a base for the rest of the outfit. Keeping up with trends is important to me because I want to stay in style. I don't want to find myself wearing baggy jeans in 2020 and have everyone look at me like I'm crazy."

as told by sophomore D'Angelo Freeman



"Gucci Slides"
Bryce Cooper, 10



"Socks and sandals"
Tanner Kennedy, 10



"Vans"
Madison Taylor, 10



"Bellbottoms"
Ryleigh Balzer, 12

FAVORITE FASHION TRENDS

STYLE

"WHEN I GET DRESSED, I JUST put random clothes together and sometimes it works and other times it just looks weird but I still wear it. I honestly just wear whatever I think looks good to me. A lot of times I start with one piece of clothing, like a shirt, and then I just pick out the rest of my outfit around that. In all honesty not one thing about the outfit is the most important, it's all about how you wear the clothes and your confidence you have when wearing it. I don't think it's too important to stay on top of trends. I never like to base my outfits on what other people are wearing - I just wear what I want to wear."

as told by senior
Maya Monsour



Beanies have been around since the 1990s, but first became really popular in the 2000s. The beanie was simply an effective way of keeping the head warm. However, since the 90s, the hat has been acquired by the grunge movement and consequently became used by fans connected with extreme sporting activities. "Beanies are a good way to keep your head warm but also make a fashion statement," says junior Bow Wallace while donning his favorite Carhartt hat.



Necklaces have been an accessory as long as humans have existed. There have been many types of necklaces worn throughout history, for reasons spanning from status to style to just because. But the length of the choker, fitted closely against the neck, has always been special. "Chokers can be paired with anything - that's why I think they're so popular. There are so many different types and styles," states junior Kierra Tiller (right) as she shows off her choker with senior Mackenzie Kodatt.

End of an Era

Looking Back on the 2010s



The wedding of Prince William and Catherine Middleton took place on 29 April 2011 at Westminster Abbey in London, United Kingdom.



Many people believed that the world was going to end on December 12, 2012.



Beyoncé put on an unforgettable show at half time during Super Bowl XLVII.



2011

2013

2010

The first iPad was released by Apple on April 3, 2010.



2012

The popular dance, gangnam style, became well known from the music video made by PSY.



2014

The Ice Bucket Challenge, sometimes called the ALS Ice Bucket Challenge, was an activity involving the dumping of a bucket of ice water over a person's head, either by another person or self-administered, to promote awareness for ALS.



"Beyoncé having twins"
Caroline Treubert, 12

"Juice Wrld's death"
CJ Williams, 12

"Area 51 raid"
Charlotte Shelor, 12

"Nipsey Hussle died"
Zyae Hopkins, 11



I'll
Always
Remember...



This year included the obsession over the "internet dress" posted on social media. Is it blue or white? In addition, gay marriage became legal in the United States and many people celebrated.

2015



The solar eclipse of August 21, 2017, the highlight of the media, was a total solar eclipse visible within a band that spanned the entire United States.

2017



In the final year of the decade, Stan Lee, founder of Marvel Studios, died at the age of 95. Also, "saving the turtles" became a trend and people around the world began trading plastic straws for metal ones.



2019

2016

The Vine app was shut down in the year 2016, with Pokemon Go becoming available to users. Leo DiCaprio finally won his Oscar for Best Actor. Harambe the gorilla became an internet sensation after his death.



2018



The Walmart yodeling boy, whose name is Mason Ramsey, became a hit and even performed at Coachella that summer. Billie Eilish also became a pop sensation, starting with her song "Ocean Eyes." And, the sudden death of Mac Miller, the famous artist, was mourned by millions of his fans in 2018.

Special Olympics



TOP TRIUMPHS



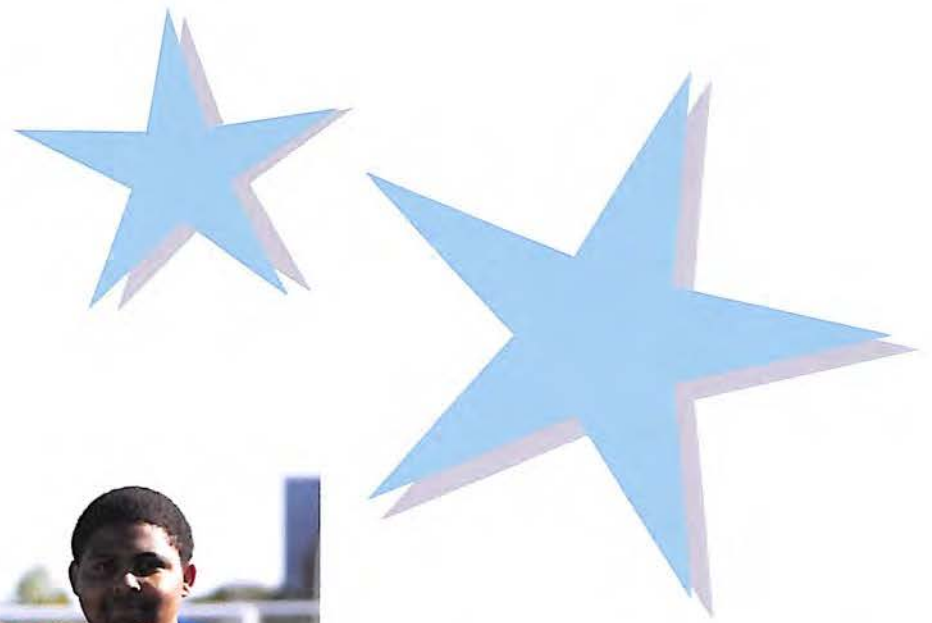
I loved the softball throw.
Nicholas Wynn, 12



My favorite event was the softball throw, because I like to throw and it was fun.
Donovan Goad, 11



I really enjoyed running the 100 meter.
Annabel Hassal, 9



AFTER A FUN DAY OF HARD WORK

at the Special Olympics, sophomores Austin Wilson and Ja'Lony Banks take a quick pause in their day after competing in their events. Wilson and Banks also spent their day supporting other Knights as they competed against students from other schools.

THUMBS UP FOR THE WIN as senior Nicholas Wynn reflects on a successful day at William Fleming High School. Wynn had a successful day in the games by finishing first in the 100 meter dash.



AS THE MORNING LIGHT SHINES on Special Olympics day, juniors Christian Wheeling and Tate Rhia prepare for a big day of athletics and fun on September 23rd, 2019. Wheeling looks onto the track ready to cheer on his classmates at William Fleming High School.



ANTICIPATING THE FINISH LINE, freshman Annabel Hassal gets first place for the 100 meter dash at William Flemming High School. Hassal sprinted past her opponents while her classmates and teammates cheered her on. **CELEBRATING HIS BEST THROW,** junior Donovan Goad finishes the softball throwing event at the Special Olympics. Goad's impressive throw of 118 feet landed him in third place at the competition.





GLIDING ACROSS HER LANE, senior Bryden Palmer competes with the goal of placing in the meet at the Christiansburg Aquatic Center. On December 7, at the second meet of the season, the Knights were competing against many other teams in the invitational that was being held in Christiansburg.

GRAPLING HIS OPPONENT, freshman Hunter Miller make a move that will allow him to pin his Salem Spartan opponent. On December 7, the Cave Spring wrestling team competed in this tournament to start off their winter season.



lucky CHARMS

Many athletes have a superstition or a lucky charm that they have to do or have while they compete. It is a necessity to many great players and they cannot perform without it. So, we decided to ask some of our own athletes about their secret weapons.



I have to flex my shoulder blades out before I swim!
Suzanne Harris, 11



I accidentally left a ring in my basketball bag before a game in the 4th grade and I played really well, so I have always kept it in there ever since.
Zada Porter, 11

MAKING HISTORY, junior Zada Porter receives the game ball and an embrace from Coach Ficarro after finally reaching 1000 points in a home game against Pulaski County. On January 17, many of the Knights' fans showed up in support of the historic event in Porter's career as a Knight basketball player.

HITTING HER STRIDE, sophomore Jessica Palisca competes in the indoor track meet at VMI. The team traveled to the VTCA Winter Classic on January 11 and had many of the team members place in their events.

SECURING THE BALL, freshman Coburn Enyart takes possession of the ball at the rest of the team plays defense against the Glenvar Highlanders. On December 9, the Junior Varsity boys basketball team beat the Highlanders with a final score of 42-32.



throughout the YEARS

Many of our winter sports athletes have been playing the sport throughout middle and high school. They continued to showcase their athleticism during this season.

RECREATING THEIR ORIGINAL PHOTO, these five senior boys consisting of Adnan Jasarevic, Parker Huffman, Matthew Cagle, Jalen Buster, and Lucas Duncan reminisce on their first season playing for high school basketball all the way back in eighth grade. On picture day, these members of the varsity boys basketball team struck the same pose to compare themselves from then to now.



I wear one black and one red sock for every race to represent our school colors.
Ben Palisca, 12



I have a pair of Rice Krispy underwear that I must wear when I weigh in.
Ashoka Wagner, 11

time to COMPETE



Junior Leah Sortore started mountain biking at the end of sixth grade. Sortore has ridden all over the East Coast. Training for this sport can be very difficult and time-consuming with all of the travel required for competitions. But, she says, "My favorite thing about mountain biking is the community and how many friends I've made through the sport. I also like how this is a sport that I will be able to do for a long time and I don't need a team or school to continue it on my own in the future."



THAT EVENT ALWAYS

"The most memorable event for me was the 1994 metro baseball tournament where Louisville Kentucky won."
Mr. Hartness

"It was the 2002 Pocono Nascar Race and it was the most memorable because it was the longest race ever and there were so many wrecks."
Mr. Huray

"It was the year 2008 and it was the SEC championship game. It took place in downtown Atlanta and it was the most memorable because I can remember all the different fans that were around."
Mr. Askew





WITH A TIGHT GRIP ON THE HANDLEBARS. junior Justin Hibbs flies through the air for a stunt at a motocross race. Hibbs has been racing since he was six years old. He says, "The best part of motocross is the audience and the high speed racing."

POSING WITH BOARD IN HAND, junior David Lawson shows off his skateboarding gear. Lawson has been a skater since seventh grade. His favorite part about skating is learning new tricks.

FOCUSING ON THE SKIES AHEAD, junior Suraj Lalchandani practices for his pilot license. Lalchandani is the first in his family to get a pilot license. He said he is getting it because "it seems cool to have."



I'LL REMEMBER

"It was Septemeber 29th 2018. My husband and I went on a trip to the Penn State vs Ohio State football game. Penn State's theme was white out, which is where everyone wears white. It was the final play and Penn State won 27-26."
Mrs. Deeds



"This took place last year and it was the UVA vs Louisville men's basketball game. I was sitting in the student section with my daughter and it was a very close and exciting game. It was senior night and we won 65-58."
Ms. Wilson



"It was 2001 and I was at a football game where we were against Florida state. Florida state was always ranked much higher than us, so when we won 41-9 it was such a memorable and exciting moment. The student section rushed the field and tore down bushes from all the excitement."
Mrs. Gruse



SADIES

The Sadie Hawkins dance occurs every 4 years at Cave Spring High School. It is tradition for the girls to ask the guys out for the evening.



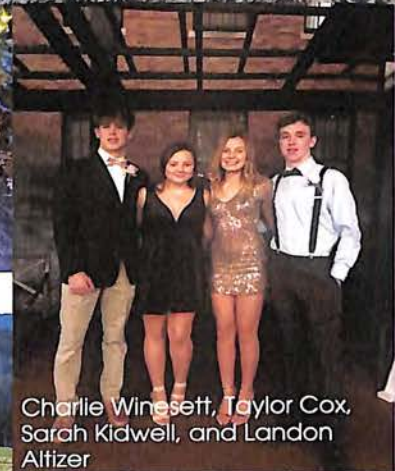
Alexis Boush, Baylee Hodson, Sofia Midkiff, Livvie Bowling, Charlie Nichols, and Maya Monsour



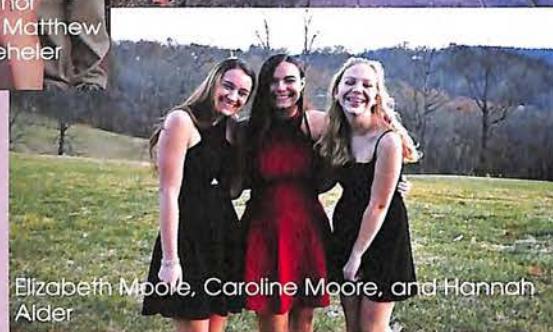
Jordan Akerson, Miranda Price, Connor Womack, Caitlin Moore, Kierra Tiller, Matthew Graham, Madison Cianelli, Lance Beheler



Laine Burchinal and Hunter Morris



Charlie Winesett, Taylor Cox, Sarah Kidwell, and Landon Altizer



Elizabeth Moore, Caroline Moore, and Hannah Alder

"The night started off with my boyfriend picking me up and after a few pictures at my house we met up at Hotel Roanoke with the rest of our group. We got there a lot later than planned but it all worked out in the end. It was freezing cold but we all knew we wanted pictures outside and I think they turned out pretty great! We went to Outback after and then went to Sadies. We all danced and laughed and had the best time. I think the slow dances and cha-cha slide had to be the best parts."

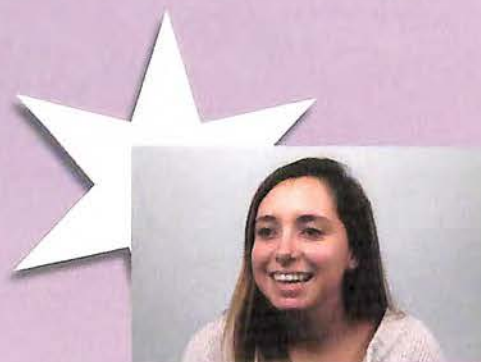
Caitlin Moore, 11

highlight reel



"We went to 4-19 for dinner. We went in a group of 7, so the conversation was playful and upbeat."

Jack Matthews, 9



"I loved spending the night with my friends. It was really fun dancing together, mostly to the hyped-up sounds."

Kayla Mutter, 12



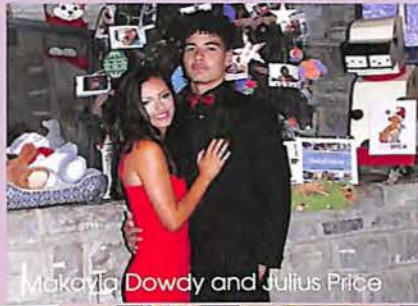
"My group and I went to Cabo Fish Taco before the dance. It was nice spending time with my friends, plus the food there is really good."

Charlie Urge, 11

HOW SHE ASKED

"Being all dressed up and spending the night with the people you care about, was by far the best way to spend that night."

Zada Porter, 11



Makayla Dowdy and Julius Price



Zada Porter and Tyler Cole



Carolyn Daly, Cicely Webb, and Jayna Keed



Ethan Sheehy and Eden Giannini



Deryn Casey and Amelia Spurlock



Charlie Urgo, Sam Smith, Aiden Dellinger, Bryce Cooper, and Seth Schindler

"I had a lot of fun running around Downtown Roanoke with our group of friends and seeing other groups there as well."

Sam Smith, 10

"Dalton plays football for Lord Botetourt, so I looked up football Sadies posters on Pinterest. I found this one and loved it. I gave it to him after his second round play off game against Hidden Valley. When he left the huddle he came over to me with a big smile. I also made him football shaped cookies which he shared with his team."

Kate Manico, 11

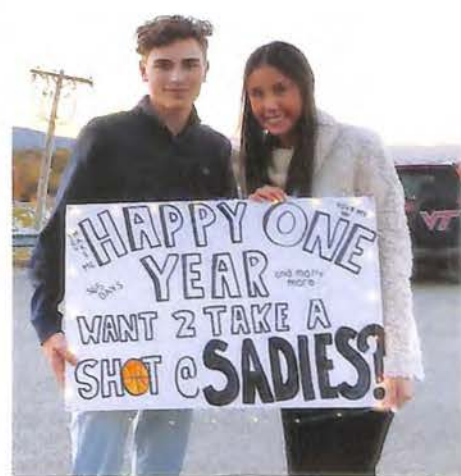


"We've watched the full series of The Office twice, so now it's our go-to show. I was looking up ideas on Pinterest and I found this idea. It took me two hours to make, but it was worth it. He was very surprised when he saw it. I had my mom distract him while I was setting up the poster in my room. After, he gave me a big hug and it was really cute."

Allie Kolnok, 11

"Adnan plays basketball so I knew that I wanted to do something basketball themed. I just wasn't sure when I wanted to ask him. Originally I was going to ask him at one of his games but I decided to do something more special and ask him on our one year. We went to dinner and when we walked into the parking lot there was the poster with a bunch of balloons. He was really surprised and it was adorable."

Jenna Hopstetter, 10



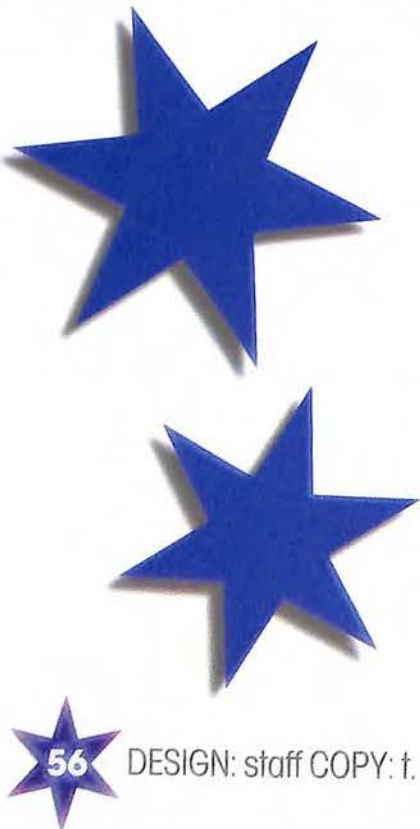
"It all started when the announcement was made that Sadies was actually happening. I knew I needed to ask him but I wasn't sure how, until I found this great idea on Pinterest. I waited until a couple weeks before Sadies to ask him. I went to his house and his mom helped me set everything up in his room while he was on his way home from practice. When he got home and came to his room, he was so surprised to see me standing there with this poster."

Isabelle Laprade, 11



REACH FOR THE STARS

As much as Cave Spring feels like home, it is also a transitional place meant to prepare students for adulthood. Underclassmen explore passions and develop talents in order to be ready for the life decisions that must be made during senior year. Seniors put the finishing touches on their resumes as they look ahead beyond a fast-approaching graduation. And, just as every Knight is on a personal journey, our whole community is on a journey towards a new school campus.





LEFT: Leaving their mark, a group of students gather to sign two of the beams that will be placed in the new school. When the construction beams arrived at the trailers in October 2019, students and staff at Cave Spring were all eager to leave their signatures.

RIGHT: In early August, Principal Steve Spangler led the staff on a tour through the construction site of the new Cave Spring campus. Spangler let the staff have an inside look at the school's progress and encouraged everyone about the plans for the future.

Bucket

I want to travel to France, Japan, Taiwan and China (again).

I want to leave Roanoke, go back to the West Coast, and meet my great-grandmother.

Learn how to dance.

I want to see one of the trailers be ripped in half like they used to do in cartoons.

1. Get people to use they/them pronouns for me.
2. Get my name legally changed.
3. Plant 100 trees.

Paint a ceiling tile in the school bathroom.

Before I die, I want to take a road trip throughout the United States - topping at each state.

Skydive, go to a lavender field, go to Japan and become an influential person.

Get into NYU and become a doctor.

Destroy every hard copy of "Richie Rich's Christmas Wish" that still wish.

Talk to one boy that I like.

Go to La Tomatina in Europe.

List 2.0

Where do you want to go in life? Who do you want to become?
Here are some of your anonymous future goals and aspirations.
Life is short - what can you add to the list?

I want to release an album!

I want to own a Riva Aquarama and get my pilot's license.

I want to go to an Imagine Dragons concert.

1. Go to Paris
2. Move to Colorado
3. Travel to over 50% of the countries in the world

I want a python.

One day, I wanna have a pretty little garden full of well-kept flowers and roses. I'd like to become as good of a cook as my grandma. I would get into a fight for her mashed potatoes.

I want to buy a parrot and teach it to say, "Help! I've been turned into a parrot!"

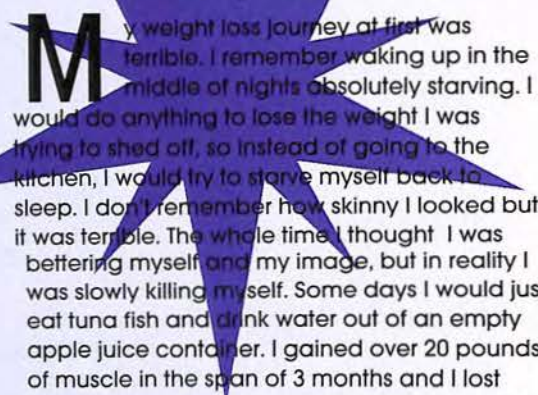
I want to see the new high school after I graduate.

I wanna go skydiving.


I want to be tik tok famous :D

I want to go to LA and look over the city from the Hollywood sign.

A FRESH START



My weight loss journey at first was terrible. I remember waking up in the middle of nights absolutely starving. I would do anything to lose the weight I was trying to shed off, so instead of going to the kitchen, I would try to starve myself back to sleep. I don't remember how skinny I looked but it was terrible. The whole time I thought I was bettering myself and my image, but in reality I was slowly killing myself. Some days I would just eat tuna fish and drink water out of an empty apple juice container. I gained over 20 pounds of muscle in the span of 3 months and I lost over 40 pounds during my irrational weight loss journey. I remember in the summer that year I'd wake up every day at 7:30 and make myself a protein shake and eat a banana. When I did get to the gym, I followed a program that my close friend Deonte Childress taught me. I owe a lot to him because he is the one, in the beginning, who showed me my true potential. I tried to work out at least 4 times to 5 times a week. During those gym sessions, I'd either do a day of upper body, lower body, or core. The worst part about the workout was doing the cardio. No one likes cardio, but it needed to be done. I didn't see results until maybe the 2nd week. I was growing out of my shirts and pants. My shoulders were starting to look so broad that it was getting to the point where I would walk around places and notice people looking at my physique. I'd never experienced that before so it all got to my head. I remember one day I was at the gym and this girl was watching me work out, so of course I tried to impress her. I put too much weight on the bench and I got stuck on the 3rd rep. She had to help me get it off of me. But in all seriousness, the exercise was the fun part. That's the part of this process where I can see the best of myself. The eating, on the other hand...that was the hard part.



When gaining all that muscle mass, of course I couldn't rely on just lifting weights and expecting my results to be major. I literally ate anything and everything. I feel so bad for my family. I'd take everything from the fridge or the kitchen table without consideration. My momma had to make extra rice. I love rice, but the amount of rice I ate was way too much. I tried to drink a gallon and a half everyday of water, and tried to sneak in two to three protein shakes. I eliminated everything that was junk food or high in sodium. What I ate most of the time was tuna, some rice, skinless chicken, and if I was lucky maybe some BBQ every now and then. Though I could see the amount of progress I had made, I didn't realize how much happier and healthier I felt until the true transformation pictures were released online. The impact I had on people was tremendous. I helped showed people that anything was possible. I wanted everyone to know that I started at 145 pounds and after two years of self dedication, I am happy and have finally found self-respect. I am now on track to lean out and I am aiming to be 205. I am currently at 210. After seeing the way I looked after changing dramatically from a fat kid to a borderline anorexic kid, I knew if I had continued that way I would have seriously endangered my health. I still wanted to play sports and the way I looked before was not going to hold up in college athletics. I am now planning on being a college lacrosse player next year and could never be as happy as I am now. My confidence disappeared back in the day, now I am as confident as I ever been. I hope my story is a good one, and whatever battle you're dealing with at this moment, I want you to know that there are people around you that love you. Love yourself and enjoy what you have been given.

as told by senior Steven Landsman



under construction

I CAN'T WAIT FOR...



"I am excited to have windows in the new school. And of course bathrooms that have stall doors that close (hopefully)."
Ethan Wiid, 11



"Being a senior, of course I am happy I'm leaving but apparently the new school is going to be nice but I won't be here so I don't care."
Mackenzie Kodatt, 12



"I am excited about having a cafeteria that I can eat in."
Truman Collins, 11



"I am excited to have bathrooms that don't smell like death"
Anjie Dinakin, 11



MAKING LIGHT OF THE SITUATION, the seniors dress up as construction workers for the last day of spirit week. Graduating out of trailers is not ideal, especially when the seniors have to watch the new school being built across the parking knowing they will not get the chance to use it. But, the senior class banded together to show their support to the new school anyway.

A GRAND ENTRANCE



August, 2019



October, 2019



December, 2019



WITH A BRIGHT SMILE, Principal Steve Spangler poses for a picture in front of the new school's blueprints that hang on his office wall. Spangler has played a big part in the how the school will turn out. He had a few words to say about how it's been developing the new school: "The original planning process for the renovation of Cave Spring High School started September 2, 2016. The planning stages have been challenging at times, but at the same time very exciting. In preparation to become a school administrator, there were no courses offered on how to plan for and move a school onto a football field of trailers, while keeping the instructional integrity of our programs at a high level. Communication and collaboration with all stakeholders has been essential to keep the day-to-day operations of the school running smoothly. Staff input on the needs of our students was the first phase of this project and played a large part of the design concept with the architects. The successful transitions over the duration of this project are a credit to our staff for their patience and willingness to trust in the process. Being involved with this project from day one has been a learning and rewarding experience for me personally. Seeing a design concept come off the paper and become a physical structure gives you a real sense of accomplishment."

IN THE GLOW OF A LONE BULB, hand prints and signatures from the 2019 senior class remain planted on an old wall in the construction site. The seniors thought the school was getting torn down and wanted to leave their final mark.



PLANNING OUT THEIR NEXT STEPS, the construction team gathers in what will become a hallway in the new school. The drywall had yet to be installed so the framework for the ceilings and walls were exposed.

SITTING EMPTY IN THE MIDDLE OF CONSTRUCTION CHAOS, the hall of fame once held the names of famous Cave Spring High School former athletes. Soon, the cabinet will be full of trophies once again with the opening of the new school.



WALKING THROUGH RAYS OF SUNLIGHT, the faculty takes a tour of the construction during teacher work week before school started. Principal Spangler led the staff through the site to help make the vision of the new school a reality.

IN THE MAKING



January, 2020



February, 2020



"I like volunteering at the West End Center because I think that helping kids in the community is really important. You form such close bonds with all the kids and can see the difference you are making."
Alex Mutter, 9

"My favorite non-profit to work for is Children's Miracle Network, especially setting up and running Dance Marathon, their largest fundraiser. It's such a humbling experience to meet the Miracle Kids and families, raise money, and provide a fun experience for them."
Lauren Frampton, 12



"My favorite non-profit is 4-H. The most rewarding part to me is being a teen leader at the local 4-H summer camp. I teach classes, lead evening program, and am a counselor to several campers for the week. At the end of the week, some campers come up and say I made their week, and it really warms my heart."
Kate Manico, 11

where we **SERVE**



places we LOVE



"McAfee Knob is my favorite spot in Roanoke. The end view is so worth the 8 miles of hiking. This picture of me and senior Kobey Simon was taken by a timer camera placed in a tree which was really sketchy...but it's one of my favorite pictures."
Sofia Midkiff, 12



"Smith Mountain Lake is my favorite place to go in the summer. There's always plenty of fun things to do and I always love to go out on a boat or swim. My aunt took that picture at her lake house which is in one of the many coves on the lake."
Aidan Doyle, 11



"My favorite spot is definitely Stiles falls. It's the perfect hiking spot for me and my pup. It's about a 3 mile hike with a 40-foot waterfall at the top, and in the summer there's a perfect swimming hole to cool off in."
Amethyst Wright, 12

ONLY LOCALS WILL KNOW

Located in the scenic valley of the Blue Ridge mountains, Roanoke and the surrounding areas are known for their lively, music-filled evenings and beautiful views to capture the picturesque scenery.



SPRINGTIME STARS...

"I have been playing baseball since I was four years old, I am currently a pitcher and I also play in the outfield and at first base. Throughout my baseball career, I have competed in many championships with my teams. I will never forget getting my first home run. After I graduate, I hope to play baseball in college at Liberty University."

Brody Luckey, 12



"I love the way lacrosse is played and how much fun I have with my teammates. I have been playing lacrosse for six years and I play attack which means I only play offense. Through lacrosse I have gotten honorable mentions and Second Team All-District. My favorite memory I will never forget is when the field practically flooded and the whole team slid through the mud." **Grace Furrow, 12**

"I have been playing soccer for twelve years now. I play center mid. I have accomplished a lot with my teams during my time playing soccer, but the biggest accomplishment would be when we won the State Championship my sophomore year, which was in 2018. After I graduate in May, I plan to play intramurals for soccer in college."

Kobey Simon, 12



"I have been running track for five years now. I run hurdles, sprints, jumps, and heptathlons. Throughout my five years running track I have been a region champion in the 100m, 2nd in the state, and First Team All-State. I have also been to states in 9th, 10th, and 11th grade. One memory I will never forget is states my sophomore year. It was raining and lightning constantly, the meet even got postponed for two days, and I still finished 5th in the state."

Baylee Hodson, 12

FOR THE



JUMPING OVER THE HURDLE in the state championship at Liberty University, Baylee Hodson finished the race in second place to end the meet. Reflecting back on the competition, Hodson stated, "States 2019 was the best meet because the team bonded so much and we stayed until the very end cheering on every race."



CELEBRATING HIS FIRST GOAL OF THE SEASON, Dylan Williams shares his excitement with his teammates.

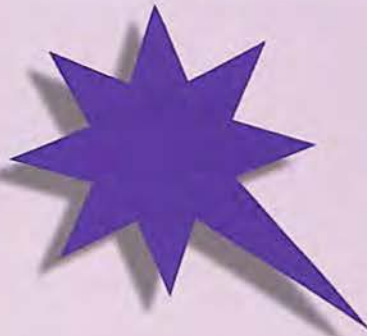
After scoring a second goal, Williams helped lead the team to a 6-2 win against Hidden Valley during the regional tournament at Cave Spring High School.



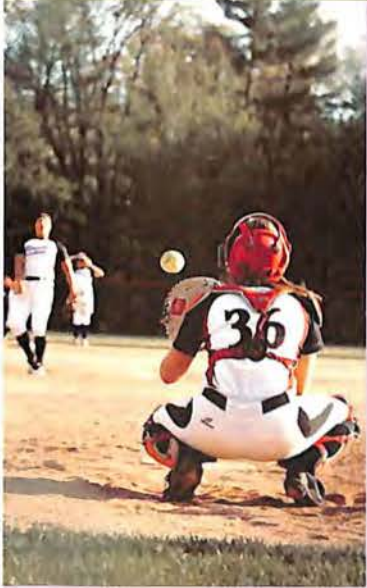
I have been running track for four years now. I currently run in the 100 meter and 200 meter. One memory I will never forget was going to regionals for indoor track last year, which was my sophomore year. After high school, I hope to continue my career in track and run in college at Virginia Tech."

Parker Waters, 11

WIN



SPRINTING DOWN THE FIELD, Steven Landsman prepares to face his opponent Liberty Christian on the Knights' home turf. After a hard-fought game, the Knights won with a final score of 19-4. About playing lacrosse Landsman shared, "I love playing lacrosse because it shows a different side of me. It also has brought me to opportunities I could only dream of."



GETTING READY TO CATCH THE BALL, senior Mikayla Ray helps to finish the game with a win against William Byrd while catching the ball from pitcher senior Abby Weaver. "I overall love the game and the support I get from the team," Ray said.



"I have been playing tennis for two years. I currently play doubles. I have really been improving over the years, but I just love how tennis is an independent sport so I can focus on my own goals. My favorite memory was definitely winning states my freshman year."

Emma Larson, 11

...ATHLETES TO WATCH



"I have been playing softball for ten years now. I have met so many amazing friends and I found out what it's truly like to be a part of a team. One memory I will never forget is playing my first Rec championship when I was ten years old. All my friends were on the other team and we all wanted to win the game. It was tied at the 4th inning until one of my teammates hit her first in the park home run, winning the game for us."

Mikayla Ray, 11

"I have been playing lacrosse since I was six years old, I currently play attack. I have learned so much through this sport, but specifically I have developed a lot of leadership skills. One memory I will never forget was when a few teammates almost got into a fight. For my future in this sport, I possibly want to play club at Virginia Tech."

Parker Mills, 12



"I have been playing soccer since I was six years old, right now I play forward, which is a position that focuses on scoring goals. During my time playing soccer, I have received First Team All-District, First Team All-Region, and I hold many school records. A time I will never forget is when I scored my first goal after I got back from tearing my ACL."

Catherine Thacker, 11



"During my time playing tennis, I have gone to regions many times. I love getting to leave school early with my friends and make memories. I will always remember the time that we almost got into a fight with Salem. After high school, I hope to play tennis in college."

Suraj Lalchandani, 11

PLAYERS OF THE YEAR



"I have been consistently doing this sport since middle school, and have never given up on cheer or any team I have been on. I love how this team is a family and we are so close."

Hannah Ireland, 12

"I go above and beyond for XC by doing morning runs before practice, weight lifting, and eating right. This is my fifth year on the team and I'm so thankful to be surrounded by great coaches, family, and teammates who are always there to push and support me."

Jessica Palisca, 10

"The XC team is like a family, thanks to Coach Maguire and Coach Wiggins. For this reason, I give my all every day in workouts and in races alike."

Austin Hayden, 12



"The sport of golf has not always been the center of athletic programs. Golf is a unique sport that requires focus for all 4 to 5 hours of each match. It is challenging and rewarding."

Owen Bright, 9

"I am a three year letterman and have worked very hard to get to where I am now. From the off-season workouts to the last week of football practice, you have to have the same hard-working mindset."

Lucas Duncan, 12

"I am very grateful to have a supportive team, parents, and coaches to help mold me into the player that stands before you. I was voted a captain at the being of the year by my teammates and I believe I was chosen because I was awarded first team in the district and second team in the region for my position as a libero."

Maya Monsour, 12



PLAYERS



OF THE YEAR continued...

"I've worked really hard the last couple of years to better my game and be a good leader on and off the court. I wouldn't be the player I am today without the support by my coaches and teammates. They keep pushing me to be great and I love them for that."

Zada Porter, 11



"I am proud to be a hard worker, good leader, and dedicated to helping my team excel. I have been on the varsity basketball team for three years, but I've played this sport all my life. My family, friends, and coaches have helped me get to this point."

Parker Huffman, 12



"I believe I was chosen for swim athlete of the year because of my ability to work hard, and to push others to work even harder. My dedication towards school and swimming comes from everyone who supports me, including my team."

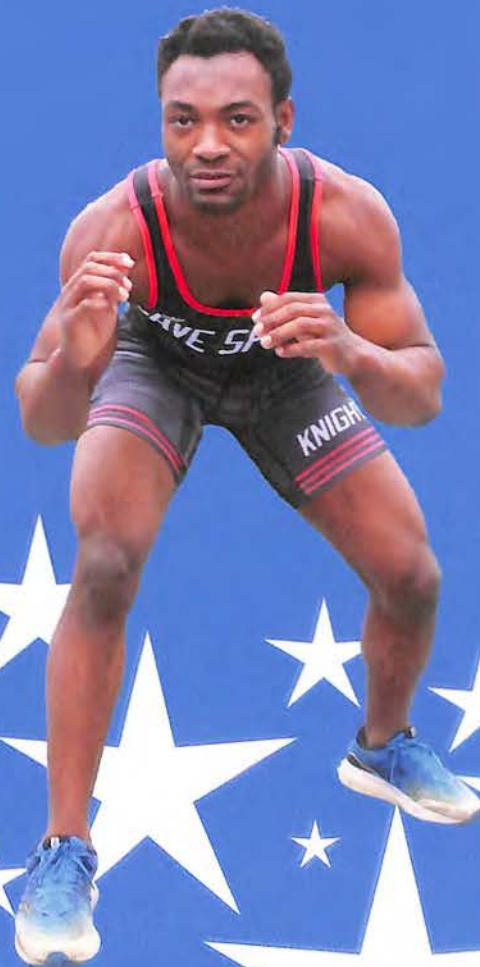
Mills Harris, 12

"Some qualities I bring to the team are my supportive personality, hard work, and dedication. I have been on this team for four years and I am so thankful to be surrounded by wonderful teammates and have such an encouraging coach."

Suzanne Harris, 11

"I have to put in a lot of work outside of the wrestling room. I go to the gym before school and run for 30 minutes with a breathing mask after school before I go into practice."

Mark Daroshefski, 12



ON TO NEW BEGINNINGS

POST GRAD PLANS



"After I graduate, the plan is to attend VCU to get a degree in business management, then work with my dad in the hotel business and make racks."

Raj Patel, 12

"I will graduate with an advanced diploma, and I plan on attending University of South Carolina to study marine science."

Logan White, 12



"I have decided to graduate a year early with a standard diploma, and I will be pursuing a career as a navy seal"

Joshua Williamson, 12

"I will be graduating with an advanced diploma, i will be attending ODU to study, and i plan on becoming an accountant."

John Milby, 12

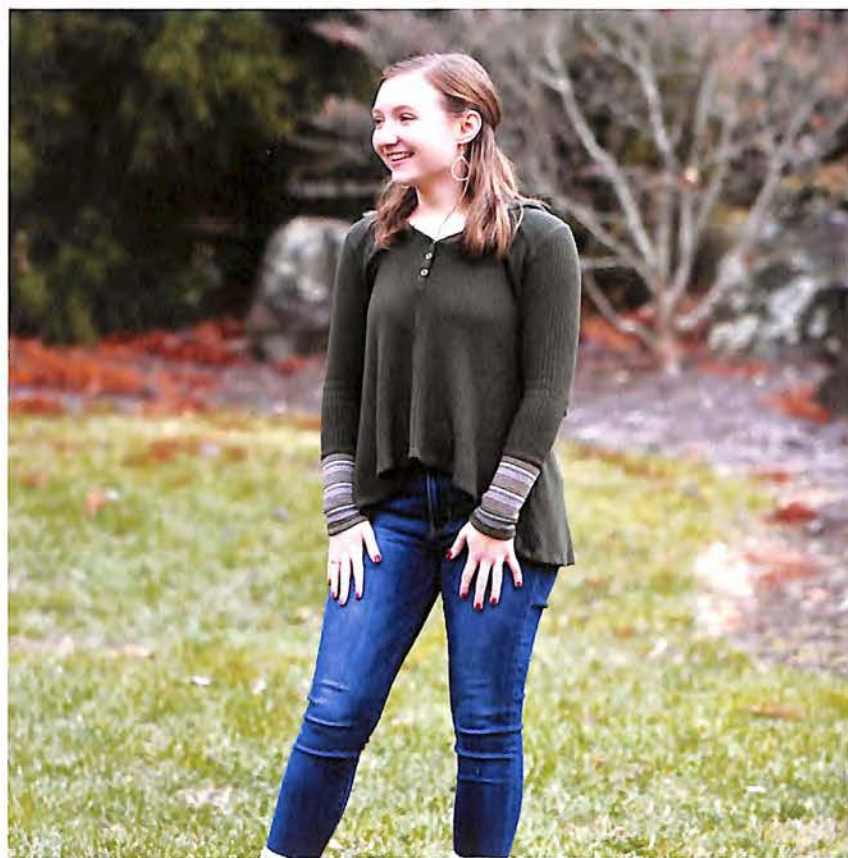


"I decided to graduate a year early, move to North Carolina to attend St. Andrews University to study biology to get my undergrad, and become either a NICU nurse or a dental hygienist."

Kaylin Grahame, 12

"I plan on graduating with an advanced diploma, and i will be attending JMU to study business."

Andrew Ferguson, 12



WITH A HEART FULL OF HOPE, senior Sophie LeGault is looking forward to what the future holds for her. This fall, LeGault will be attending William and Mary to start pursuing her dream of working in a foreign embassy and keeping strong connections with other countries.



WITH A BRIGHT SMILE, Senior Aida Doucoure is standing proud with her father at a medical convention. Due to Doucoure's love of caring for others, she hopes to persue a job in the medical field for the next 12 years of her career.



STANDING PROUDLY IN HIS UNIFORM, senior John Stelor attends a ROTC military ball at Patrick Henry High School. Shelor has applied to the Air force academy where he hopes to start his career this fall. He comes from a military family background where his father served for the Navy branch. Shelor felt the need to join the service partly to honor his father's legacy.



BATTER UP

"I was always into sports as a kid, but when I got older I realized baseball was my favorite sport, so I stuck with it. It was always a dream of mine to play at the next level. When I started getting emails and school contacting me for recruitment, that's when I knew I wanted to play at the next level. I'm really happy I committed to Radford University. I love the coaching staff and its facilitie - plus, it's also close to home. I am just excited for the grind of it being a college athlete. I love working on my craft. I'm always looking for way to get better and Radford is a great fit for that."

as told by senior Jalen Buster



REFERENCE

A PLACE TO SHINE

Cave Spring High School is comprised of a diverse group of students who all have unique talents and skills to share with the world. We have students here that are dominant athletes, thoughtful friends, award-winning debaters, dedicated students, generous volunteers, and more. Every student has the opportunity to use their talents to make our school community a better place. Freshman walking into school on the first day have many different paths laid before them. Some might become valued members of various sports teams, while others might choose to join clubs that fit their interests. Whatever way they choose, all are accepted by the people that make up this school. Cave Spring High School is a place where every student can stand out like a bright star in a dark sky.





EXPERIMENTING WITH SWEETNESS. sophomore Kylie Cundiff, junior Katie Mullins, and sophomore Gabe Southerland from Mrs. Hale's culinary class try their best to accurately follow their Caramel Cupcake recipe.

GRILLING AWAY, senior Fabienne Sinko makes the most of our trailer situation a sunny day as she cooks smoked chicken wings for the culinary program.

Abdullah Abdulkhaleq

Michael Aboujaoude

David Adams JV Baseball (9-10), V Baseball (11-12), Key Club (12), Latin Club (11-12)

Christian Adkins Concert Band (9-12)

Jadan Akerson HSTNG (11-12), Key Club (12)



Erin Akins Sideline Football Cheer (9-12), Sideline Basketball Cheer (9-12), Competition Cheer (9-12), JV Softball (9), HSTNG (12), Key Club (12), Pre-Med Club (9), Student Helper (11-12)

Andrew Allder

Cody Allen

Kaitlyn Alli FBLA (11), Green Club (9-11), HSTNG (9-11), Key Club (9-11), Pre-Med Club (9), Spanish Club (9-11), National Spanish Honor Society (11-12)

Lucas Alouf



William Altizer V Football (12), JV Football (9-10)

Amber Arthur Swimming (9-12), Marching Band (9-12), Concert Band (9-12), French Club (9-12)

Jennifer Asbury

Carson Askew V Football (11-12), JV Football (9-10)

Makayla Aviles FBLA (9)



Ryleigh Balzer

Nathan Banning V Soccer (10-12), JV Soccer (9)

Phillip Becher Cross Country (10-12), Indoor Track (9-10), JV Soccer (10), Outdoor Track (9), Knight Life (12), Archery Club (9-10), Beta Club (12), French Club (10-11), National French Honor Society (11-12), Chess Club (10-12), Green Club (9), Rho Kappa (11-12)

Lance Beheler Tennis (9-12), Beta Club (12), Key Club (11-12)

Logan Belcher



Campbell Best

Zachary Bishop FBLA (9-10), Day and Knight News (10-12)

Alexander Blanton V Soccer (11-12), JV Soccer (9-10), Beta Club (12), DECA (9-12), Rho Kappa (11-12), National Spanish Honor Society (11)

Cayce Boone Golf (12), JV Soccer (9), Art Club (9-11), French Club (9-10), HSTNG (9), Spanish Club (10-11), Peoples Club (11)

Alexis Boush JV Volleyball (9), Beta Club (12), FCCLA (9, 11), HSTNG (9-12), SCA (9-12), Spanish Club (9-12), National Spanish Honor Society (10)



Olivia Bowling Sideline Football Cheer (9-12), Sideline Basketball Cheer (9-12), Competition Cheer (9-12), Knight Life (12), Beta Club (12), DECA (10-12), FACES (10-11), SCA (12), National Spanish Honor Society (10-12)

Brianna Bradley Marching Band (9, 11-12), Symphonic Band (9-12), Beta Club (12), HSTNG (12), Spanish Club (10-11), National Spanish Honor Society (10-12)


Damien Brads

Grady Brydges Beta Club (12), Chess Club (10-12), Latin Club (11-12), National Latin Honor Society (11-12), Rho Kappa (11-12)

Nicole Bulla V Basketball (9), JV Basketball (10), Indoor Track (11), Outdoor Track (9-12), Beta Club (12), Choir (9-12), HSTNG (11), Key Club (11-12), Rho Kappa (11-12), Spanish Club (11-12)



ACHIEVING Greatness



"I committed to UVA September of my sophomore year for softball. I started getting recruited by them in 7th grade, but there was a coaching change so I had to get to know the new coaches. Being super young and getting recruited made me have to grow up faster than I was ready for, but it got me experience talking to adults I respect and created my work ethic for every other aspect of my life. Initially, it was really stressful being recruited because everyone I played with were committed in 8th and 9th grade so part of me believed that it was too late for me. A few colleges said they love how I play and who I am but I am too short to play for them, which was super discouraging. But then I got my first offer and then a few more after it and a different type of stress came up in my life. I made a board comparing all aspects of each college like campus, coaches, education, etc. UVA came out on top and the night after comparing them all I committed to them. Since then, being committed has been super easy. I just have to try and gain my spot on the field through my practices now, which adds a nice intensity."

As told by senior Abby Weaver

NO PAIN No Gain

"I never thought I was capable of reaching my goal in the fitness industry. I doubted myself every day for the past 3 years. I have always wanted to get the ideal physique such as a 6 pack, broad shoulders, big arms, V- shape back, and overall a healthy lifestyle. That's when I started to go to the gym with a couple of my friends and after a few times of going to the gym, I got hooked. I started from scratch. I first started watching YouTube videos on callsthenics and saw that their physique is what I have dreamed of. After going to the gym for a couple of weeks and physically forcing healthy food down my throat, I started to see results. My body fat percentage started to go down and I could see more definition. That motivated me more than ever. After a month of hard work I was able to do my very first muscle up, something that I've never thought I was able to do. As time progressed, I was able to do the front lever and the human flag, and my overall physique that I crave started to show. I learned that through hard work, dedication, consistency, and determination I can achieve anything. Because of that, fitness motivates me every day to push myself beyond my limits."

As told by senior Trieu Tran





Laine Burchinal Beta Club (12), DECA (10), FCCLA (9,11), HSTNG (10)
Jalen Buster
Matthew Cagle V Basketball (9-12), Outdoor Track (9-11), Beta Club (12), FCA (10-12), Student Helper (11)
Grayson Campbell Golf (10), French Club (9-10), Student Helper (11)
Michael Cannon Marching Band (9), FBLA (11-12), French Club (11-12)



Dymond Carmon Choir (9-10), HSTNG (10-12)
Allison Carter Indoor Track (9-10), Outdoor Track (9-10), French Club (9-10)
Ryan Cass
Michael Cavicchio Marching Band (9-12), Symphonic Band (9-12), Tri-M (11-12), Beta Club (12), Latin Club (11-12), National Latin Honor Society (11-12), Architecture and Engineering Club (11-12)
Kenneth Chapman JV Football (9-10), V Football (11-12)



Ethan Coates JV Football (9-10), V Football (9-12), JV Basketball (9), Indoor Track (11), Outdoor Track (9-12)
Jennifer Colebrook Art Club (11), Debate Team (9), FBLA(9,11), HSTNG (9-12), Key Club(11), Rho Kappa (11-12), Spanish Club(11-12), National Spanish Honors Society(10-12)
Charles Collier Marching Band (12), Academic Team (11-12), French Club (10-12)
Thanaira Colon Knight Life (12), FCCLA (9-10), HSTNG (11), Key Club (12), Spanish Club (12), National Spanish Honor Society (10-12), Accolade (12)
Corey Conner



Briggs Cooper
Jack Cowher JV Football (9-10), V Football (11-12), Swimming (9-12), Key Club (9-12), Spanish Club (9-10)
Austin Craddock
Ethan Craddock JV Football (9), V Football (10)
Ashley Creekmore V Lacrosse (9-12), Beta Club (12), FCCLA (9), Key Club (9-12), Two Hearts Foundation (9-10)



Tobias Crooke
Megan Crowe Swimming (12), Indoor Track (10-12), Outdoor Track (9-12), DECA (12), FBLA (10), FCA (10), HSTNG(10,12), Spanish Club (12), Accolade(11-12)
Gabe Currier Sympthonic Band (9), Concert Band (9), Latin Club (11-12), National Latin Honor Society (11-12), OUT Club (10-12)
Caroline Daly Key Club (9-10), Knight News (9-12), National Spanish Honors Society (10-12), Accolade (11-12)
Oyis Daroshefski



Luke Defalco Swim (11-12), Marching Band (9-12), Jazz Band (9-12), Symphonic Band (9-12), Beta Club (12), Latin Club (11)
Mehmet Demir Golf (11), Robotics (9-12), Spanish Club (9)
Eric Dmochowski
Madison Doceti Indoor track (10), Outdoor Track (9-10), Beta Club (12), FCCLA (9), HSTNG (9-12), Key Club (9-12), Latin Club (2), Pre-Med Club (9), Prevention Club (10)
Aida Doucoure Golf (9-11), Beta Club (12), Academic Team (9,10), Debate Team (9-12), DECA (9-10), French Club (10-11), HSTNG (9-12), Latin Club (11), National Honor Latin Society (11-12), Rho Kappa (11-12), Spanish Club (9-11), TSA (10)

Makayla Dowdy V Lacrosse (9-12), Pre-Med Club (9)

Megan Doyle

Lucas Duncan JV Football (9), V Football (10-12), JV Basketball (9), V Basketball (10-12), JV Baseball (9)

Katherine Durica Swimming (11-12), Symphonic Band (9-12), Color Guard (9-12), Beta Club (12), FCCLA (9), HSTNG (9-12), Pre-Med Club (9), Spanish Club (10-11), National Spanish Honors Society (11-12)

Jabin Duviella



Reagan Edmunds Sideline Football Cheer (9-11), Sideline Basketball Cheer (9-11), Competition Cheer (9), V Lacrosse (9-11), Beta Club (12), Key Club (10-12), Pre-Med Club (9), National Spanish Honor Society (10-12), Two Hearts Foundation (9)

Tiffany Edwards Color Guard (9), FCCLA (10-12),

Eric Eisenzimmer Beta Club (12)

Matthew English JV Football (9-10), V Football (11-12), V Lacrosse (12)

Andrew Ferguson JV Football (9), V Football (10-12),



Lauren Frampton JV Volleyball (9-10), Beta Club (12), HSTNG (10-12), Key Club (10-12), Spanish Club (10-12), National Spanish Honor Society (10-12)

Riley Freccero

Grace Furrow V Lacrosse (9-12), FBLA (9), Key Club (11), Accolade (12)

Owen Ghaphery V Lacrosse (9-12), Beta Club (12), DECA (10-11), Key Club (10-12), Latin Club (11-12), National Latin Honor Society (11-12)

Caroline Glenn JV Volleyball (9-10), V Volleyball (11-12), JV Basketball (9), V Softball (9), FCA (9-12), HSTNG (12), Knight News (11)

Samantha Gobellan Knight News (11-12), Accolade (11-12)

Brooklin Goff

Patrick Goodman Beta Club (12), Key Club (11), Knight News (11)

James Graham

Kaylin Graham Indoor Track (12), V Soccer (11-12), JV Soccer (9-10)



Elijah Hadfield Lacrosse (9-12), Beta Club (12), Student Helper (9-11)

Dylan Hammes

Shad Hannabass

Mills Harris Swim (9-12)

Austin Hayden Cross Country (9-12), Indoor Track (10-12), V Soccer (9-12), Outdoor Track (10), Beta Club (12), FCA (9-12) Key Club (9-10), Student Helper (10-11)



Andrew Hayes

Paige Hennen Marching Band (9-12), Symphonic Band (10-12), Concert Band (9), Knight Club (12), Choir (9), Drama (9), HSTNG (10-12), Rho Kappa (11-12), Spanish Club (10-11), National Spanish Honor Society (11-12), Two Hearts (10), Tri-M (9, 11-12)

Nick Henritze Golf (10-12), Swim (9-12), JV Soccer (9-10), V Soccer (11-12), DECA (10), FBLA (11), FCCLA (11), Chess Club (11), Student Helper (10-11)

Will Henritze Golf (10-12), Swim (9-12), JV Soccer (9-10), V Soccer (11-12), Beta Club (12), DECA (10), FBLA (11), FCCLA (11), National Spanish Honor Society (10)

Matthew Heslep JV Football (9-10), V Football (11-12), FBLA (12)





A NEW Beginning



"Moving to the US in my Senior Year was definitely not the easiest thing to do. It was really scary because I didn't know what to expect when school started, but I'm really happy that I came to Cave Spring and got to meet the people I did. I think I've adjusted pretty well. I've had some really great people introduce me to their friends and inviting me to hang out on weekends. I'm really enjoying being here and I love getting to meet new people. For such a small town I'm finding that there's a lot to do if you really pursue the stuff you're interested in. Something that has surprised me about living here is how nice and accepting people are. Cave Spring really feels like a community and the teachers are a great support system. I always feel like I have someone to talk to, and even though I was so nervous to start school here, I never should have been. One thing that has been different is how people interpret the pronunciation of my last name. People usually just give up or make up their own version of my last name which is really funny. I also like teaching people phrases in my language because they never know what it means and it always turn into jokes and laughs."

As told senior Lana Van Jaarsveld

SENIOR IN Shining Armor

"The chainmail shirt and hood are made from steel wire which I wound on a dowel rod and cut out. Each ring is then closed together with pliers so that it creates the pattern. It took a lot of time to do, and I could not spend all my time on it at once. By working for an hour or two every night, I completed it after about four months. My interest sparked from my dad, who made a similar shirt when he was a teenager. Continuing this family tradition has been a fun and fulfilling experience because the more time I put into it, the more you could see the progress of something I personally made."

**As told by senior
Robert Picklesimer**





Hannah Hodges

Baylee Hodson *Indoor Track (10-12), Outdoor Track (9-12)*

Tyler Hoffman

Lucas Holt *Swim (10-12), JV Soccer (9-10), Lacrosse (12), Marching Band (9-12), Concert Band (9, 11), Beta Club (12), Tri-M (11-12)*

Ashton Howard *Beta Club (12), French Club (11)*



Jaelyn Howard *Color Guard (10-12), Art Club (11), Beta Club (12), HSTNG (11-12)*

Logan Howard

Parker Huffman *V Basketball (10-12), JV Basketball (9), FCA (9-12), FCCLA (9-12)*

Nevaeh Hughes

Zoey Hughes *Art Club (10-12), Beta Club (12), FBLA (9), French Club (10), Key Club (9), Knight News (11-12)*



Grace Hurst

Colten Iademarco *V Soccer (11-12), JV Soccer (9-10), Beta Club (12), FCCLA (11), Key Club (10-12), Spanish Club (10-11), National Spanish Honor Society (11-12)*

Bilal Iffikhar *V Football (11), Beta Club (12), Key Club (11-12), Spanish Club (11-12)*

Leonardo Inga *Swim (10-12)*

Hannah Ireland *Sideline Football (9-12), Sideline Basketball Cheer (9-12), Competition Cheer (9-12), FACES (10-11), Two Hearts (10)*



Connor Jarczynski

Adnan Jasarevic *V Basketball (10-12), JV Basketball (9)*

Julie Jenkins *Indoor Track (9), V Soccer (9-12), DECA (10), FCCLA (11), French Club (11), HSTNG (9-11), Key Club (9), Spanish Club (9-10), Two Hearts (9)*

Asha Johnson *Beta Club (12), HSTNG (9-12), Pre-Med Club (12), Spanish Club (11)*

Kristin Johnson *FCCLA (9), French Club (9), Key Club (9)*



Lauren Kadolph *Lacrosse (9-12), Academic Team (10), Beta Club (12), Key Club (9-12), Spanish Club (9-11), National Spanish Honor Society (9-12)*

Mikala Kanode *Knight Life (12), Student Helper (11)*

Shania Kasey-Mays

Andrew Keller *V Soccer (11), JV Soccer (9-10), FBLA (11), FCCLA (10)*

Tyler Kendrick *Lacrosse (9), FBLA (10-11), Robotics Club (11-12)*



Dillon Key *Marching Band (9-12), Jazz Band (9), Symphonic Band (9-12), Knight Life (12), Beta Club (12), National Spanish Honor Society, Tri-M (11-12)*

Richard Kidwell

Cameron Killinger

Brianna King *JV Softball (9), Choir (9)*

Mackenzie Kodatt *V Soccer (12), Accolade (12)*

Elliott Kroll *Marching Band (9-12), Symphonic Band (9-12), Academic (10-12), Beta Club (12), French Club (9-11), Latin Club (11-12), National Latin Honor Society (11-12), Ultimate Frisbee Club (11)*

Lena Katherine Kwitny *Lacrosse (9-12), Beta Club (12), DECA (10-11), FCCLA (9-10), HSTNG (10-11), Key Club (9-12), Latin Club (9, 11), National Latin Honor Society (11-12), Pre-Med Club (9-10), Rho Kappa (11-12), Two Hearts (9)*

Steven Landsman *V Football (11), Lacrosse (9-12), Ultimate Frisbee Club (9)*

Chloe Lane

Madison Lange *Sideline Football Cheer (9-12), Sideline Basketball Cheer (9-12), Competition Cheer (10-11), JV Soccer (10), JV Softball (9), Beta Club (12), FCCLA (11), Key Club (11-12)*

Nathaniel LaPrade *Architecture & Engineering Club (12)*

Emily Lawson *HSTNG (11), Spanish Club (11)*

Lia Lawson *HSTNG (11-12)*

Grace Layman *JV Soccer (9-10), Color Guard (11), Drama (9-12), Knight and Day Cafe (10-11), OUT Club (9-12)*

Sophia Legault *Beta Club (12), French Club (9-12), National French Honor Society (11-12)*

Zachelle Lexima *Knight Life (12), Criminal Justice Club (12), HSTNG (12), Key Club (12), Student Helper (11)*

Jason Li *Tennis (12), DECA (12), FBLA (12)*

Joshua Long

Ty Looney

Hatley Loop *Lacrosse (10-12), Beta Club (12), FCCLA (9), French Club (9-10), HSTNG (9), Two Hearts (9-10)*

Bryanna Lowry *Criminal Justice Club (12), FCCLA (11), Knight and Day Cafe (11), National Latin Honor Society (9)*

Broderick Luckey

Michael Mahoney *Lacrosse (9-12), DECA (12)*

Jacob Mannon

David Martin

Morgan Martin *Swim (10-12), V Soccer (10-12), JV Soccer (9), Beta Club (12), Key Club (11-12), Rho Kappa (10-12), Spanish Club (10-12), National Spanish Honor Society (10-12)*

Tyler A. Martin *Engine Team (9-10, 12)*

Kamdyn Meredith

Sofia Midkiff *V Lacrosse (9-12), Beta Club (12), DECA (9-12), HSTNG (9-11), Key Club (9-12), SCA (12), Spanish Club (9-12), National Spanish Honor Society (9-12), Student Helper (9-11), Two Hearts (9-10)*

John Milby *V Football (10-12), JV Football (9)*

Eliana Miller *V Volleyball (11-12), JV Volleyball (9-10), V Soccer (11-12), JV Soccer (9-10), Beta Club (12), FCCLA (9)*

Parker Mills *Lacrosse (9-12), DECA (11), FCA (10-11), Key Club (10-12)*

Dawson Mitchell

Maliah Mizack *V Softball (9-12), HSTNG (11-12), Key Club (9-11)*

Benjamin Mone *Beta Club (12)*





BE THE Change



"This past summer, I went on a trip through Rustic Pathways to the Dominican Republic. On the trip, my group conducted 5 major beach clean ups. One of them we even got in the water and picked up trash in the bay. We also got to replant mangrove forests and create bases for coral gardens. The trip taught me a lot about how we have negatively impacted our oceans. The chemicals we dump in the ocean as waste and our CO2 emissions have caused the corals to begin bleaching. The corals reefs are the main ecosystem in the ocean and acts as the ocean's primary oxygen source. They also act as protected barriers against our shores. They break up currents and slow weather patterns that come to shore. Because of the climate crisis, however, the corals are getting sick and bleaching themselves. Nearly 50% of our coral reefs have begun bleaching, and have died. This has affected me immensely and has encouraged me to get involved in the climate movement here in Roanoke. I started working with the Appalachian Youth Climate Coalition this fall. We have focused on building the youth climate movement in the Appalachia and plan to conduct multiple strikes throughout the year. The AYCC is also passionate about raising awareness of local problems. We have fought against Mountain Valley Pipeline and the mountain top removal methods for coal mining. Both of these issues have further endangered many local species in the Appalachia that are important to the ecosystem and are encouraging people to think about the environment the next time the vote because scientists feel that we are reaching the tipping point where these changes will be irreversible."

As told by senior Logan White

FORGED In the Fire

"At an early age, my father introduced me to metalworking through the business he founded, and continues to run to this day, Iron Mountain Fabrication. Generally metalworking consists of lots of blueprint reading, and eventually putting tools to the metal that you're working on, laying out designs, cutting them with saws, or blowtorches, and fitting them together in patterns. Once fitted, you usually use a welding machine to hold all the pieces together, and give them the ability to handle a lot of stress, or weight, pressing on them. At Iron Mountain, we primarily work with steel, either mild, or stainless steel, although occasionally we work with specialty metals like aluminum, or bronze. One of my favorite things about learning how to be an ironworker is that over the years of practice, you eventually get much better at what you're doing, and you get to spend a lot of time around some very intelligent people. Sometimes the quietest, most collected people in the room are the wisest, and in my experience, sometimes they're the ones that are capable of building the building you're in."

As told by senior Charles Collier





Maya Monsour V Volleyball (10-12), JV Volleyball (9), V Soccer (9-12), Academic Team (11-12), Beta Club (12), DECA (11-12), FBLA (9-12), FCA (9-12), FCCLA (9-12), French Club (10-12), HSTNG (9-11), Key Club (9-12), SCA (9-12), Rho Kappa (9-11), Student Helper (9-11), Two Hearts (9-10)

Kiera Mooney V Basketball (9-12), FCCLA (9), Knight News (9), OUT Club (9-12)

Kelsey Moore DECA (12), HSTNG (11-12), Key Club (12), Student Helper (11), Two Hearts (9-10)

Hunter Morris V Football (12), V Soccer (9-12)

Nic Mort Ultimate Frisbee Club (12)



Nicholas Moses Architecture & Engineering Club (11-12), Robotics Club (9-10)

Emily Murano Concert Band (9-12)

Kayla Mutter Golf (10-12), Swim (9-12), Beta Club (12), DECA (9), HSTNG (10-11), Pre-Med Club (9-10), Accolade (12)

Jenna Nardone JV Soccer (9-10)

Jarrett Neese HSTNG (9)



Ashton Nichols Indoor Track (9-10), Outdoor Track (9-10)

Charlie Nichols Cross Country (10), Indoor Track (9-10), Outdoor Track (9-10)

Dixie Overfelt

Kaden Oxendine

Cyrus Pace



Benjamin Palisca

Bryden Palmer Swim (9-12)

Sujith Panchumarthy JV Soccer (9-10), Academic Team (9), Beta Club (12), Latin Club (11-12), National Latin Honor Society (12)

Harsh Patel

Jay Patel Beta Club (12), Debate Team (10), Pre-Med Club (10-11)



Raj Patel Tennis (9-12), SCA (12)

Natalie Paul Knight Life (12), DECA (12), FCCLA (9, 11), Knight News (11-12), Two Hearts (10)

Caitlin Phillips Art Club (11-12), Beta Club (12), FCCLA (11), National French Honor Society (12) Knight and Day Cafe (11)

Rebecca Mia Picard (Becky) Dungeons & Dragons Club (10, 12), Anime Club (9-10), Fencing (9)

Robert Pickelsimer Indoor Track (10-12), Outdoor Track (9-12), Marching Band (9-12), Concert Band (9-12)



Christa Potgieter Golf (11), Beta Club (12)

Julius Price

Alexzandra Puthoff

Samuel Quakenbush Swim (12), Outdoor Track (9), Lacrosse (11-12), Marching Band (9-12), Concert Band (9-12), French Club (10), Ultimate Frisbee Club (9)

Marisa Quesenberry

Dawood Rashid Tennis (9)
Matthew Razvillas
Jordan Rearick
Primeminister Reece the First FBLA (11)
Dylan Rice



Haylee Rice V Softball (9-10), FCCLA (9-11)
Jaxon Rinn V Football (12), Competition Cheer (11), JV Basketball (9-10), Lacrosse (9-12)
Roxanne Robinson Cross Country (11-12), Indoor Track (11-12), Outdoor Track (10-12), Jazz Band (9-12), Symphonic Band (9-10), Color Guard (9-11), Beta Club (12), Key Club (10), National Spanish Honor Society (12), Two Hearts (10)
Conner Rogers
Jacob Roragen Engine Team (9-12)



Elijah Ruffin Marching Band (10-12), Jazz Band (9-12), Symphonic Band (12)
Maya Sawh Academic Team (9-12), Beta Club (12), French Club (9-12), National French Honor Society (12), HSTNG (9), Pre-Med Club (9), SCA (9-11), Rho Kappa (11-12), Spanish Club (10)
Lena Scaer Swim (11-12), Outdoor Track (10), Marching Band (9-12), Jazz Band (9-12), Concert Band (9-10), Symphonic Band (11-12), Beta Club (12)



Simone Schumaecker Indoor Track (9-10, 12), Outdoor Track (9-10, 12), Academic Team (10), Beta Club (12), French Club (9-10), HSTNG (11), Key Club (12), Rho Kappa (11-12)
Christian Sciullo Cross Country (9-11), JV Football (12), Outdoor Track (9), Debate Team (12)

Matthew Sciullo Cross Country (9-11), JV Football (12), Outdoor Track (9), Debate Team (12)
Logan Scott V Softball (10-12), JV Softball (9), Knight Life (12)



Sakib Shadab V Soccer (9-12)
Nathan Sharp V Soccer (11-12), JV Soccer (9-10), Beta Club (12), FCA (9-10), FCCLA (9), Student Helper (9-11)
Charlotte Shelor Cross Country (9-12), Outdoor Track (9, 11), FCCLA (11), Knight and Day Cafe (11)

John Shelor Cross Country (9-12), Outdoor Track (11), Jazz Band (9-12), Beta Club (12)

Kevin Sheng Swim (9-12), Academic Team (9-10), Beta Club (12)

Kobey Simon V Soccer (9-12), Beta Club (12), FCCLA (9), Key Club (11), Spanish Club (11), National Spanish Honor Society (10-11), Student Helper (11)

Haili Sink
Fabienne Sinko Swim (12), Outdoor Track (12)



Lance Sipes Marching Band (10-12), Concert Band (10-12)
Samuel Slate V Baseball (10), JV Baseball (9), Marching Band (11-12), Jazz Band (9-12)

Brianna Slawson
Cody Smith
Madison Snowden





IT'S IN THE Cards



"I have always taken an interest in the unknown, outer space, and theories in general. I think I find the most interest in zodiac signs just because of the different archetypes and psychology of people. What is most interesting to me is how different birthdays and signs determine different personality types, and how most of the time people actually fit into their archetype. I just started getting into tarot cards this year. I don't quite remember what started my interest in readings, but once I educated myself, I didn't want to stop. Most people think tarot readings are scary because it'll tell you things about your future you don't want to know or you'll find out something bad will happen to you, but that's never the case. Tarot is a good way to gain insight into your current situation, good or bad, the cause of the situation, and what is the possible outcome. I enjoy doing readings for my friends because of the clarity and ease it brings them. I started getting into astrology and tarot for personal reasons, because I wanted to learn more about myself. Also, just because I've found it so interesting. My mom has taught me a lot in this area too, and that's another reason I love it so much. The best thing is that all the information and knowledge I've gained I can apply to my everyday life."

As told by senior Julia Hrysenko

A TRADITION of Honor

I found out I was the Knight the Saturday night before we came back to school in August. It was so surreal, I could hardly believe it. I think with our unique trailer park circumstances, people will look for an excuse to be miserable - especially in the winter. I've had to make sure that I'm setting a good example and staying positive about our situation. But in general, I think I enjoy the vibes I get from everyone the most. A smile, a nice comment, or a simple hi, is enough to make anyone's day, mine included. I will always remember the homecoming parade and the day of the knighting ceremony. Those days stick out the most in my mind as great memories bring the Cave Spring knight.

As told by Senior Austin Hayden





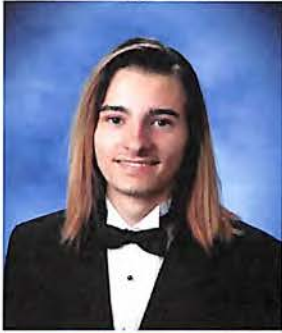
Andria Sowder

Nandini Sriram Indoor Track (10), Tennis (9-12), Academic Team (9), Beta Club (12), Key Club (9-11), Pre-Med Club (9-10), Spanish Club (9-12), National Spanish Honor Society (10-12)

Mahmoud Srour Swim (11-12), V Soccer (12), DECA (12), FBLA (10)

Madelynn Stephens French Club (10-11), HSTNG (10-11), Two Hearts (9-10)

Nicole Struzinsky French Club (9-10)



Savannah Stump

Avery Sutherland Golf (11-12), HSTNG (11), People Club (11)

Bradley Taylor

Tori Teller Swim (12), FBLA (11), FCCLA (9, 12), Knight and Day Cafe (9)

Trieu Tran Swim (9-12), Beta Club (12)



Caroline Treubert Tennis (9-12), Concert Band (9-12), Drama (10)

Tristan Tryal

Jahiem Tyler V Football (9-12), JV Football (9), Wrestling (9), Outdoor Track (9-12), Student Helper (11), Accolade (12)

Lana Van Jaarsveld Knight Life (9), Debate Team (9-10), SCA (10)

Miles Vance Academic Team (9-12), Beta Club (12), Latin Club (11-12), National Latin Honor Society (11-12)



Blake Waddell TSA (9)

Henry Wagner Swim (9-12), Concert Band (9-12)

Joshua Wainwright Lacrosse (9-12), Marching Band (9-12), Jazz Band (11), Symphonic Band (9-10, 12), Beta Club (12), Rho Kappa (11-12), National Spanish Honor Society (10-12), Tri-M (11-12)

Tahlek Washington

Abigail Weaver JV Basketball (9), V Softball (9-12), Beta Club (12), FCCLA (9), Latin Club (11-12), National Latin Honor Society (11-12)



Jessica Wei Tennis (9), Academic Team (9), Art Club (10), Beta Club (12), Debate Team (9-12), Latin Club (11-12), National Latin Honor Society (11-12), Rho Kappa (11-12)

Hallie Weitzenfeld Tennis (9-10), Jazz Band (11), Art Club (9-12), Beta Club (12), Choir (9), Green Club (9-10), OUT Club (11), Prevention Club (10), Spanish Club (10-12), National Spanish Honor Society (10-12)

Nicholas Welch Jazz Band (10-11)

Grace Welsh FCCLA (10), HSTNG (12)

Alissa Westerband



Andrew Wheeler Cross Country (9-12), Beta Club (12)

Logan Elizabeth White Cross Country (9-12), Swim (9-12), Outdoor Track (9-12), Beta Club (12), Key Club (12)

Samantha White

Dante Whitley FCCLA (12)

CJ Williams Swim (9-10), Outdoor Track (10-11), Knight Life (12)

Reeselynn Williams *HSTNG (9, 11-12), Knight and Day Cafe (11)*

Dakota Wilson

Gracie Wiseman *Beta Club (12), National Spanish Honor Society*

Connor Womack *V Football (11-12), JV Football (10)*



Blaise Wood *Golf (9-12)*

Amethyst Wright *French Club (9-11), National French Honor Society (9)*

Tavia Wright *FCCLA (9-10), HSTNG (11), Key Club (12), Knight and Day Cafe (9-10), Accolade (12)*

Nicholas Wynn *Outdoor Track (10)*



"My favorite memory was in junior year when I was pulling into the Arby's parking lot and got a call from Roanoke County saying we were going to be out for the next week. I put the car in park and just started yelling to myself in excitement, looking forward to another week of freedom."

- Patrick Goodman, 12



"My favorite memory from high school is all around just the small things that have made me build better relationships with my peers that have been here with me throughout these past 4 years...and getting my license."

- Grayson Campbell, 12



"My favorite memory from high school hasn't happened yet because it is graduation"

- Allison Carter, 12



"My favorite memory was in sophomore year when I was on the girl's tennis team and we won states. I was so happy because it was my very first time winning States at Cave Spring."

- Caroline Treubert, 12



"My favorite memory from high school was catching my first ally-oop in gym class by Steven Landsman, it was my first time ever dunking."

- Jaxon Rinn, 12

THOSE TIMES WE'LL NEVER FORGET

"My favorite memory from high school will have to be the flood during my junior year when it took at least two hours to get home."

- Michael Cannon, 12

"My favorite memory from high school was probably that last day we were in the school before it was torn down. I remember teachers just tossing paint and brushes at us and letting us all go loose in the library, I'll never forget the pure joy of flinging paint at the ceiling."

- Charlotte Shelor, 12

"My favorite memory from high school was sophomore year during Regionals. I went in knowing I was barely going to be able to finish due to a stress fracture, however, it was completely worth it when I crossed the line and found out my team had made it to states!"

- Logan White, 12

"My favorite memory must be homecoming week of this year. Seeing all my friends dress up in our senior themes was just really fun. It was a fun way to step out of our normal comfort zone, and all take pictures together. Coming in early, and then getting Chick-fil-a for breakfast was definitely a highlight."

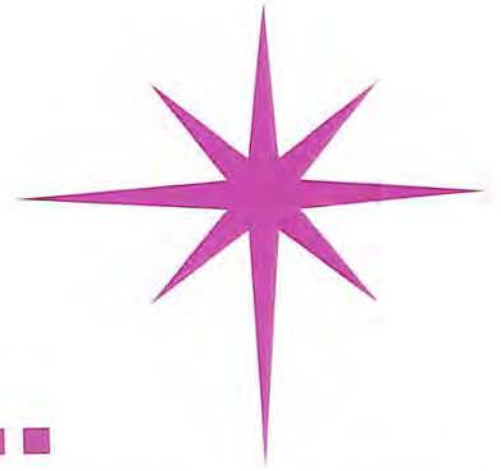
- Christa Potgieter, 12

"My favorite memory from high school would have to be being named one of the team captains for Cave Spring's golf team. It showed me that all the efforts I make and what I accomplish with hard work really do matter, and that I accomplish more."

- Blaise Wood, 12



one last word...



Abdullah Abdulkhaleq: "Better ingredients, better pizza. Papa John's" - Papa John

David Adams: "My clothes are more expensive than yours."

Jadan Akerson: "May your GPA respect you. Don't let your bank account neglect you. Angels protect you. FAFSA accept you."

Erin Akins: "I am probably laughing as you're reading this."

Kaitlyn Ali: "Be fearless in the pursuit of what lets your heart of fire." - Jennifer Lee

Lucas Alouf: "You can't out top the Brock Top."

Amber Arthur: "Why do they call it oven when you of in the cold food of out ho eat the food." - Jon Arbuckle, Garfield

Carson Askew: "Wait... your coach Askew's son?"

Nathan Banning: "I'm Nathan Banning and I'm gonna be the next great Hokage! Believe it!"

Phillp Becher: "I don't know how you like your steak, but I'm in rare form."

Lance Beheler: "My eye is still twitching."

Logan Belcher: "You may not be able to change the world, but simply being around those you care about is enough to move mountains in theirs."

Zachary Bishop: "Make friends, join things, have some fun, time goes by faster than you realize."

Alex Blanton: "Some people smell bad."

Olivia Bowling: "Imagine if I never met the broskies." - Drake

Cayce Boone: "I want abs... olutely all the pasta and breadsticks."

Alexis Boush: "It's pronounced 'Bush.'"

Brianna Bradley: "You have no idea how high I can fly." - Michael Scott

Grady Brydges: "I knew exactly what to do. But in a much more real sense I had no idea what to do." - Michael Scott

Nicole Bulla: "I really just want to go home."

Laine Burchinal: "May the rest of our lives be the best of our lives." - Mamma Mia

Matthew Cagle: "The Office, season 7, episode 19, minute 14:45."

Michael Cannon: "Dude, side missions are better than the main missions. Think about all the good memories that happen to you in your life, lock them in a vault, and never let them go."

Dymond Carmen: "My granny always told me to do my best and never look back. I love you Granny."

Allison Carter: "Valarr monghulis."

Bailey Cassell: "Matthew 19:26."

Michael Cavicchio: "You will never find a more wretched hive of scum and villainy." -Obi Wan Kenobi

Nathan Chapman: "Where the goth shawtys at?"

Ethan Coates: "That's tuff!" - Solilluminate

Jennifer Colebrook: "Let's not go and ruin it by thinking too much." - Clint Eastwood

Charles Collier: "Well, that's over now. Good luck to you all, care for each other."

Thanaira Colon: "You would think grading papers and teaching a class was the most stressful for a teacher, but apparently it was pronouncing my name."

Jack Cowher: "Smart investors never give up."

Ethan Craddock: "Surround yourself with people who have the same mindset as you and progress in whatever is important to you, and you will succeed. Don't let negativity set you back."

Ashley Creekmore: "See kids, I told you I was cool in high school."

Megan Crowe: "Turn your location back on." - My Mom

Gabe Currier: "If I decided to be an idiot, then I'll be an idiot on my own accord." - J.S. Bach

Caroline Daly: "Yes I'm the girl who did the announcements on the Daly."

Oyis Daroshefski: "Haitian sensation we never give up."

Luke DeFalco: "I am straight up vibing."



Akif Demir: "I don't know what to write, so I wrote this"

Madi Doceti: "One fish, two fish..."

Aida Doucoure: "... Red fish, blue fish."

Makayla Dowdy: "In & Out." - Lud Foe

Lucas Duncan: "A.k.a. Pookums."

Katherine Durica: "Believe deep down in your heart that you're destined to do great things." - Joe Paterno

Ariel Lea Echols: "Live your life like we die when the world ends." - Lil Skies

Reagan Edmunds: "Just imagine if I woke up one day and I was whack. What would I do then?" - Kanye West

Laken Edwards: "And in the end it's not the years in your life that count; it's the life in your years." - Abraham Lincoln

Ricky Eisenzimmer: "You can have the most accurate bow and the sharpest arrow, but, without a target, you will only hit the ground."

Matthew English: "I ain't doing it."

Andrew Ferguson: "A\$AP hold the Rocky add the Ferg." - Matthew Heslep

Lauren Frampton: "No amount of time spent learning, traveling, loving, or helping others is ever wasted."

Grace Furrow: "Zoo Wee Mama" - Rowley Jefferson

Owen Ghaphery: "I understand nothing." - Michael Scott

Caroline Glenn: "My heads big but my attitudes bigger."

Samantha Gobellan: "I am not Raini Rodriguez."

Patrick Goodman: "The thing about happiness is that you only know you had it when its gone. It's only looking back by comparison with what comes after that you really understand, that's what happiness felt like." - Kellogg, Fallout 4

Kaylin Grahame: "If there is a will there's a way. If there's a quizlet there's an A."

Elijah Hadfield: "Yeah you may take a spill and knock your noggin and get 10 stitches here and there but if you wanna play you gotta pay." - Chad

Shad Hannabass: "When life gives you lemons, squeeze them into your eyes and cry."

Mills Harris: "An expert with a stone can beat a novice who has a shuriken." - Zetsu

Austin Hayden: "From that day on, if I was going somewhere, I was running." - Forrest Gump

Paige Hennen: "If you want it all lay it on the line. Its the only life you've got, so you gotten live it big time." - Big Time Rush

Nick Henrize: "Copy"

Will Henrize: "And paste"

Matthew Heslep: "Figuring out a quote was harder then actual high school"

Ryan Cass Highfill: "Valar dohaeris."

Baylee Hodson: "Yes, the weather is nice up here."

Lucas Holt: "Do you wanna buy some band fruit?"

Ashton Howard: "Ight imma head out."

Jaclyn Howard: "Follow a path that will give you the most happiness."

Julia Hrysenko: "That shh hurted."

Parker Huffman: "I need a room full of mirrors so I can be surrounded by winners." - Kanye West

Zoey Hughes: "... We young people, are unstoppable." - Greta Thunberg

Colten Iademarco: "It ain't about how hard you hit. It's about how hard you can get hit and keep moving forward." - Rocky Balboa

Bilal Ifkikhar: "If you ain't talking money... I don't want to talk."

Leonardo Inga: "Pectus Excavatum."

Hannah Ireland: "0% Irish." - ancestry.com

Julie Jenkins: "Though the road's been rocky, it sure feels good to me." - Bob Marley

Asha Johnson: "No one can stop a queen from wearing her crown."

Kristin Johnson: "I feel like this year is really about, like the year of just realizing stuff, and everyone around me, we're all just realizing things." - Kylie Jenner

Lauren Kadolph: "Nevertheless, she persisted." - said by Former U.S. Attorney General Jeff Sessions about Senator Elizabeth Warren

Mikala Kanode: "Something weird might just be something familiar from a different angle, and that's not scary right?" - Rebecca Sugar

Andrew Keller: "Did we just graduate to go to school again?"

Tyler Kendrick: "Comedy is above ego." - Cameron Mckay

Dillon Key: "If idiots could fly, this place would be an airport."

Brianna King: "None of my assignments are done but I sure am."

Mackenzie Kodatt: "I don't like it when people call me a dumb blonde, it gets on my pet peeves."

Elliot Kroll: "If an expert says it can't be done, get another expert." - David Ben-Gurion

Lena Kwitny: "All high school has taught me is how to make 0 into 10 in less than a year."

Steven Landsman: "Success is obtainable, but failure is part of the process. Embrace the process and embrace your future." - Steven Landsman

Nathaniel LaPrade: "I couldn't think of a quote to the last minute so I'm just gonna put this."

Trey Lawhorn: "And I oop."

Emily Lawson: "Peace comes from within, do not seek it without." - Buddha

Lia Lawson: "I still don't know how to pay my bills, but thank God I know how to find X."

Grace Layman: "Be strong in the moments where you want to be weak." - Dean Winchester

Sophie LeGault: "I always get to where I'm going by walking away from where I've been." - Winnie the Pooh

Zachelle Lexima: "Bruh, we graduated just go to school again."

Jason Li: "Being sleepy is part of my personality."

Hatley Loop: "I know changing can be scary, but it's part of growing up. It's how we find out who we are and who we're gonna be." - Hannah Montana

Ray Lora: "I want to thank Google, Wikipedia, Quizlet, and whoever invented copy and paste. Thank you."

Bryanna Lowry: "Will there be food involved?"

Morgan Martin: "I swear my dad's Asian."

Sofia Midkiff: "Sonic at 9?" - Every high schooler in Roanoke on a Saturday night

John Milby: "Plain and simple."

Eliana Miller: "Don't let your past define you... God has something greater in store for your future!"

Parker Mills: "Is it bad I didn't hear anything you said?" - Parker Mills

Maliah Mizack: "Because I said so!" - (The only four words my mom knows)

Benjamin Mone: "Peanut butter chocolate great when separate but when they combine they make the morning time epic." - General Mills

Maya Monsour: "I like to eat them with the skin peeled off."

Kierra Mooney: "Be humble, but let em know." -Ki

Kelsey Moore: "Pull up. Hit a stain. Leave."

Hunter Morris: "As my idol Ronnie Coleman said, 'NEXT!' and 'Light Weight.'"

Nic Mort: "A great man once said, 'Zoinks.'"

Nicholas Moses: "For if their is no change, their is no progress."

Emily Murano: "I'm not running away from hard work, I'm too lazy to run."

Kayla Mutter: "Goodbye...? Oh no, please. Can't we go back to page one and do it all over again?" - Winnie the Pooh

Jenna Nardone: "If we can't sleep in school why do we have to study at home."

Jarrett Neese: "When you pass through the waters, I will be with you." - Isaiah 43:2

Ashton Nichols: "I'm being kept in these squares against my will! What do you mean, 'I'm not actually in these squares?'"

Cyrus Pace: "kinDA" - Christian Sciuillo



...before

we go



Bryden Palmer: "Finally, I've got more important places to be. Soory not soory."

Sujith Panchumarthy: "[@0:14](https://soundcloud.com/user-tizmo/story-prod-kid-ocean)."

Harsh Patel: "Anything."

Jay Patel: "I'm gonna go stand outside. If anyone asks I'm outstanding."

Raj Patel: "Diamonds hittin' left, right; I'm just livin my best life." - NAV

Natalie Paul: "Sometimes you will never know the value of a moment until it becomes a memory." - Dr. Suess

Caitlin Phillips: "Follies and nonsense, whims and inconsistencies, do divert me, I own, and I laugh at them whenever I can." - Elizabeth Bennet, *Pride and Prejudice*

Rebecca Mea Picard: "Education never ends, Watson. It is a series of lessons, with the greatest for the last." - Sherlock Holmes (Sir Arthur Conan Doyle, *His Last Bow*)

Robert Pickelsimer: "It's not like the food."

Christa Potgieter: "**But if you're from Africa, why are you white?**" - **Literally Everyone**

Sam Quakenbush: "4 years of high school and I still don't know Obama's last name."

Dawood Rashid: "Be yourself."

Primeminister Reece the First: "I primeminister Reece has a dream."

Haylee Rice: "Memories are the key not to past, but to the future."

Jaxon Rinn: "I'm not injured."

Roxanna Robinson: "I may be an idiot, but I'm not stupid." - Spencer Shay

Jacob Roragen: "School is good, but fishing is gooder."

Elijah Ruffin: "**What are ye doing in my trailer park?**"

Maya Sawh: "Reserving judgements is a matter of infinite hope." - Nick Carraway

Andria Sowder: "Graduated early... from a trailer park."

Lena Scaer: "Life is too important to be taken seriously." - Oscar Wilde

Simone Schumaecker: "Nothing in life that's worth anything is easy." - Barack Obama

Christian Sciuillo: "Just graduated high school, but kinDA have trouble following the speed limit." - Cyrus Pace

Matthew Sciuillo: "The kid to the left of me is when cloning goes wrong and makes you uglier."

Logan Scott: "I would rather be at Woodstock right now."

Sakib Shakab: "**People dabbled when I pronounced my last name.**" - **Sakib ShaDAB**

Nathan Sharp: "Has been released from his 4 year sentence."

Charlotte Shelor: "You can't force someone to love you. The best you can do is strive to be someone worth loving." - Dipper Pines (*Gravity Falls*)

John Shelor: "These doughnuts are great! Jelly-filled are my favorite. Nothing beats a jelly-filled doughnut!" - Brock Distinguished Gym Leader and Pokemon Breeder

Kevin Sheng: "Confidence is 10% hard work and 90% delusion." - Tina Fey

Kobey Simon: "**Idk its only my third day out here.**"

Fabienne Sinko: "Jobs fill your pockets, adventures fill your soul."

Lance Sipes: "Failure is the opportunity to begin again more intelligently." - Henry Ford

Samuel Slate: "Working hard for something you don't care about is called stress; working hard for something you love is called passion." - Gee Anzalone

Cody Smith: "**Roanoke County PD is fast, but I'm faster.**" - **Me**

Rachael Snodgrass: "Ravioli, ravioli, give me the Diplomioli."

Madison Snowden: "Be better than the person you were yesterday."

Nandini Sriram: "What's with white people and zombies?"

Madelynn Stephens: "SeatGeek is an app that helps you buy tickets in literally the easiest way possible." - David Dobrik

Nicole Struzinsky: "**Go confidently in the direction of your dreams. Live the life you have imagined.**" - **Henry David Thoreau**

Avery Sutherland: "Just trying to kick it and not get a ticket!"

Trieu Tran: "**Yo, follow me on Tik Tok.**" - **ChopDaPork**

Tori Teller: "Well, I'm going through a little bit of a rough patch. The whole year actually." - Michael Scott, *The Office* (S.6 E.24)

Caroline Treubert: "If there is ever a tomorrow that we are not together, there is one thing you should always remember. You are braver than you believe, stronger than you seem, and smarter than you think. But the most important thing is even if we're apart, I will always be with you in the heart." - Winnie the Pooh

Tristan Tryal: "www.youtube.com/roanoke roadrash. Like and subscribe."

Jaheim Tyler: "**Get your money up not your funny up grrr.**"

Lana van Jaarsveld: "**Crossing the border was easier than graduating.**" - **Me**

Miles Vance: "Memento mori, vivo puo deo."

Blake Waddell: "You can't buy happiness, but you can buy cars and that's kind of the same thing." - Anonymous

Henry Wagner: "Sometimes it's the people who no one imagines anything of who do the things that no one can imagine." - Alan Turing

Josh Wainwright: "I don't understand the question, and I won't respond to it." - Lucille Bluth

Abby Weaver: "Will it matter in 50 years? No. So just do it."

Jessica Wei: "No pressure, no diamonds." - Thomas Carlyle

Hallie Weitzenfeld: "**It's 3:25 somewhere.**"

Nicholas Welch: "Lasagna is just spaghetti flavored cake."

Grace Welsh: "I'm running away from my responsibilities, and it feels good." - Michael Scott

Andrew Wheeler: "It's fine, calm down."

Logan White: "Took a mug shot this year... only because my coffee was looking pretty cute."

Dante Whitley: "I love it when a plan comes together!" - John "Hannibal" Smith

CJ Williams: "You only get one life live it to the fullest."

Reeselynn Williams: "I've spent 113,880 hours of my life for a piece of paper and a handshake."

Josh Williamson: "Me and Jesus are cool. I'm cool with all the Gods. Gods recognize Gods." - Connor McGregor

Dakota Wilson: "**There are a million ways we should've died before today, and a million ways we can die before tomorrow. But we fight... for every second we get to spend with each other, whether it's two minutes, or two days... We don't give that up. I don't want to give that up.**" - **Riley Abel**

Gracie Wiseman: "A smile is the best makeup a girl could wear." - Marilyn Monroe

Connor Womack: "Innocent until proven guilty."

Blaise Wood: "The harder the victory, the greater the satisfaction when you win."

Amethyst Wright: "Just keep truckin' on." - The Grateful Dead

Tavia Wright: "**I would like to thank my caffeine addiction for getting me here.**"

Nicholas Wynn: "Thank you for the best years of high school."

Ring Acuol
 Jordan Akerson
 Eden Albrecht
 Elighja Anderson
 Hailey Angell
 Jeremiah Ashby



John Asimakopoulos
 Meg Askew
 Jacob Ball
 Sarah Ballou
 Tanner Barker
 Lucas Beardsley



Laurel Beckett
 Josie Beheler
 Destina Bermo
 Aubrey Billings
 Cameron Bishop
 Kinzie Blankenship



Damian Bodner
 Nikolas Boone
 Mariam Botrous
 Jason Bowles
 Emily Bradley
 Kameryn Brenner



Ashlee Brickey
 Emily Browning
 Fletcher Burden
 Gianni Cacciatore
 Jaela Calloway
 Kaitlyn Carter



Ryan Chewning
 Madison Cianelli
 Hunter Clark
 William Clark
 Emily Cleveland
 Justin Clingenpeel



Zechariah Coates
 Christine Cobb
 Dylan Colburn
 Tyler Cole
 Weston Colip
 James Collier



Kit Kat **40%**



Reese's Peanut Butter Cups **28%**



Sour Patch Kids **14%**



Skittles **12%**



Snickers **8%**



sweet tooth cravings

396 students polled



Truman Collins
Kaleb Cook
Spencer Cook
Sierra Cox
Garrett Craig
Matthew Crawford

Tyler Cundiff
Daren Darnell
Anjolaoluwa Dinakin
Isabelle Divers
Victoria Downie
Aidan Doyle

LOOKING AHEAD TO SENIOR YEAR



"Graduating and never having to come back."
Brennan Washington, 11



"I'm excited about graduating and getting out of this school."
Tyler Cole, 11



"Getting to do everything one last time with all my friends."
Frank Spiers, 11



"To get done with high school and make memories with all my friends."
Sabrina Landsman, 11



"Hopefully getting to graduate in the new school."
Rachael Riley, 11



"Finally getting to share the school with all the freshmen."
Ashoka Wagner, 11



"Getting away from Icy Big Fat aka Jahiem Tyler."
Jordan Akerson, 11



"Getting to play basketball in the new school."
Jacob Tozier, 11

Cruz Duran
Ayush Dutt
Joshua Earls
Jumana El`shenawy
Abigail Estrada
Benjamin Falatic



Holden Foster
Lily Fox
Natasha Fuller
Sateen Garcia
Eden Giannini
Grayson Glas





Marshall Glas
Alexander Glick
Donovan Goad
Matthew Graham
Ahmad Gul
Madison Hall



Macey Harder
Payton Harman
Mason Harris
Suzanne Harris
Noah Hartson
Dorian Havens



Lauren Hays
Kaleb Hedrick
Ravon Henson
Adrienne Heston
Justin Hibbs
Lillian Hollins



Zyae` Hopkins
Jacob Hopstetter
Laurel Hudson
Holden Jeffords
Kaitlyn Jenkins
Skye Jeong



Armani Jones
Blake Jones
Lauren Kelly
Saad Khan
Sowon Kim
Gabriel King



Alexandra Kolnok
Joseph Kupidlovsky
Robert Kyle
Suraj Lalchandani
Sabrina Landsman
Isabelle Laprade



Emma Larson
Charles Lawhorn
David Lawson
Timothy Lilley
Tom Lin
Aurora Love

Gabriel Lumsden
 Autumn MacGregor
 Kathryn Manico
 Jacob Mardian
 Allison Matthews
 Cailey McLaughlin



Aiden McLaughlin
 Reese McMaster
 Morgan Meadows
 Matthew Miles
 Alexia Miller
 Landon Mitchell



Makenna Mitchell
 Tyler Mitchem
 Caitlin Moore
 Kaitlynn Mullins
 Rome Myers
 Akanimo Ndem



Emma Newcomb
 Dossie O`Dell
 Jarin Olsen
 William Omeara
 Iris Oranchak
 Roshan Patel



Reed Pendleton
 Cody Perdue
 Skylar Perdue
 Larissa Pesina
 Hannah Peters
 Thomas Peterson



Zada Porter
 Diego Powell
 Elizabeth Pretz
 Miranda Price
 Colson Pritchard
 Braden Prokopchak



Arian Radfar
 Ella Ray
 Mikayla Ray
 Jayna Reed
 Daniel Reeves
 Devin Ren



Mean Girls **43%**



Avengers: Endgame **27%**



The Joker **16%**



A Quiet Place **14%**



your favorite flick

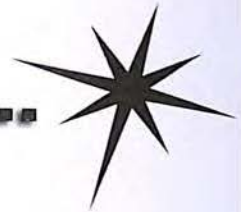
396 students polled



Anna Richardson
David Richardson
Tate Riha
Rachael Riley
Abigail Robertson
Carter Robertson

Benjamin Robinson
Hailee Rogers
Scott Rose
Michael Rothborf
Amisha Sahni
Charles Sanders

IF I WAS STRANDED ON AN ISLAND...



"If I was stranded on a deserted island I would bring my cat, Tobias Weiner, the stuffed animal unipig my boyfriend got me, named Patricia, and an iced vanilla latte with light ice from Mill Mountain."
Madison Cianelli, 11



"If I was stranded on a deserted island, I would bring a helicopter, pilot, and gas. Y'all stupid!"
Chloe Lane, 12



"If I was stranded on a deserted island I would bring my clothes, my car, and my phone to keep in touch with my ladies."
Nathan Chapman, 12



"If I was stranded on an island I would bring a phone, food, hunting rifle and a friend."
Jason Clark, 10



"If I was stranded, I would bring my phone, my clothes and that boy Trieu Tran."
Jonathan Chen, 10



"On a deserted island, I would obvi have to bring my baby, Miranda Price. That's literally it. She can choose the next two."
Josie Beheler, 11

Seth Schindler
 Emma Schlosser
 Ethan Sheehy
 Justin Sheldon
 Shane Shepherd
 Devin Showers



Brianna Slawson
 Taylor Smithson
 Bennett Snyder
 Oriel Soltysik
 Leah Sortore
 Franklyn Spiers





Katherine Sullivan
Walker Swanson
MacKenzie Sylvester
Catherine Thacker
Kierra Tiller
Sarah Beth Tirico



Jacob Tozier
Darden Trail ~ barrett
Saige Trail ~ barrett
Riley Trotter
Nathan Tryal
Layton Turner



Charles Urgo
Sarah Varney
Ashoka Wagner
Madison Wagner
Madison Wagner
Braunson Wallace



Brennan Washington
Robert Waters
Cicely Webb
Cameron Weld
Caroline Weston
Daniel Wheeler



Joshua Wheeler
Christian Wheeling
Milan Whitley
Gage Whitt
Ethan Wiid
Holden Wilkerson



Dylan Williams
Faith Williams
Grace Williams
Jesse Wills
Dillon Wingo
Jonah Wood



Ronnie Worth
Walker Wright
Ashlee Yeatts
Hannah Young
Lizbeth Zaragoza

Tristan Akins
 Hannah Alder
 Ashton Alli
 Carmen Anderson
 Griffin Anderson
 Ethan Arrington



Jason Arthur
 Brandon Austin
 Allison Ayers
 Rachel Baffoe-bonnie
 Keon Bakhit
 Ja` Lony Banks



Bailey Barker
 Thomas Barrow
 Emily Bassant
 Laurel Bay
 Bryce Bennett
 Garrett Billings



Jacob Blackwell
 Walker Bolin
 John Booker
 Colt Boone
 Nicholas Borchevsky
 Blake Bowles



Jason Bradshaw
 Hadley Brandetsas
 Isabelle Brooks
 Andrew Brunelle
 Bryce Brunelli
 Skylor Carroll



Alicia Carvalho
 Alexander Cassell
 Nicholas Cavicchio
 Sara Chapman
 Arin Chavali
 Catherine Chen



Jonathan Chen
 Chloe Clark
 Jason Clark
 Omarrion Claytor
 Mallory Cochran
 Corben Coleman



All Star by Smash Mouth **28%**



Airplanes by B.o.B. **22%**



Dynamite by Taio Cruz **22%**



Hey, Soul Sister by Train **15%**



Since U Been Gone by Kelly Clarkson **13%**



top throwback tunes

396 students polled



Benjamin Cook
Bryce Cooper
Ethan Corbett
Landon Cox
Zachary Crain
Sadie Crouse

Kylie Cundiff
Matthew Danco
Elliot Danz
Isabela Deleon
Aiden Dellinger
Mark Dellinger

WORDS TO LIVE BY



"I am not him I am me."
Connor Lange, 10



"Nobody can predict the future. You just have to give your all to the relationship you're in and do your best to take care of your partner."
Kaleb Wright, 10



"Jump in the shower and the blood starts pumpin'."
Alenna Williamson, 10



"Plain and simple."
- Coach Fulton"
Sam Smith, 10



"I've seen many people fight for others, but I've never seen others fight for themselves."
Jade McNuff, 10



"If you aren't going all the way, then why go at all?"
Sarah Earls, 10

Alexandra DeNeal
Timothy Dewhirst
Thomas Dinsmore
Ashley Dittmore
Colin Doyle
Sarah Duff



Riley Duncan
Sarahann Earls
Megan Eller
Austin Elmore
Blair Emery
Conner Evans





Jacob Fidler
 Seth Fleshman
 Lauren Fradette
 De'angelo Freeman
 Leonardo Gallardo-nakanouchi
 Ashiyah Garcia



Vikas Garimella
 Brendan George
 Hailey Gesler
 Victoria Goodman
 William Goodman
 Joseph Graham



Mason Graham
 Jeffrey Gregory
 Gabrielle Greimel
 Breann Hagee
 Lorelai Hale
 Serena Hall



Timothy Hanson
 Kailyn Hardy
 Grant Hartman
 Olivia Hartman
 Siera Hartman
 Alexandra Heffron



Oliver Hernandez-pequeno
 Taylor Hilovsky
 Holly Hinchy
 Abigail Holbrook
 Edward Holderman
 Molly Holthouser



Reese Hood
 Jenna Hopstetter
 Jack Horton
 Jason Hunter
 Jaden Iademarco
 Caleb Iferika



Zachary Jefcoat
 Jada Jones
 Labryant Jones
 Jordan Kalafut
 Zachary Kelley
 Tanner Kennedy

Christian Keriazakos
Elliott Kesler
Jakob Kielty
Alexander Kinzie
Gage Koelsch
Sofia Kouser



Mary Laferty
Connor Lange
Maria Lanter
Cheyenne Lawless
Sabian Lawrence
Marijo Ljevar



Bradley Looney
Ryan Lucas
Christian Lumsden
Matthew Mahoney
Alexa Maronic
Andrew Martin



Lauren Matthews
Miykael Mays
Benjamin McBride
Eli McGraw
Kirsten McKinney
Corbin McLaughlin



Jade McNutt
Faith McPeake
Mersad Mehmedovic
Danial Mehmood
Jacob Miller
Caroline Mills



Caroline Moore
Elizabeth Moore
Rebecca Moore
Ryan Moore
Erika Morris
Nicholas Murphy



Idaraesif Ndem
Timothy Neighbors
Kamryn Newman
Burkley Nichols
Mallory O`Donnell
Angel Oxendine



Relaxing on the Beach in Fiji **35%**



Hiking across Europe **27%**



Cruising the Caribbean **16%**



Road Tripping the U.S. **14%**



Skiing in Canada **8%**



dream vacations

396 students polled



Gideon Pace
 Jessica Palisca
 Trinity Paschal
 Priya Patel
 Summer Patterson
 Lucy Pendleton

Lauren Pennington
 Thomas Pierce
 Mine Potgieter
 Seth Poulsen
 Andrew Pronko
 Ian Rainsbury

HOW ACCURATE IS YOUR ASTROLOGY SIGN?



"I'm not sensitive, if anything I'm probably the most insensitive person you'll ever meet. But my lucky number is three so, like, I must be a Pisces."
Ashoka Wagner, 11



"I am a Gemini for the most part. They are two-faced and express emotions differently than other people. We might be two-faced, but you only need to see our good side."
Eli McGraw, 10



"I agree that the traits of a Sagittarius line up with me. I'm very outgoing and friendly. I will talk to anyone and everyone. I also agree that I'm straight forward and I don't hold back."
Joshua Earls, 11



"I agree with the Virgo traits because I am a very neat, clean and organized person, and I don't like things getting in my way of thinking. I'm somewhat of a perfectionist."
Caleb Shedrack, 10



"I match with the Taurus traits because I am more of a lover than a fighter. I also don't like taking big risks or major changes throughout my life."
Cameron Killinger, 12



"There are some traits I do not fit, passionate, bravery, and resourcefulness. But, like Scorpios, I do tend to be teasing. I am loyal, and QUITE stubborn."
Elise LeGault, 9



"I agree with most of the Aquarius traits as I see myself as a quiet person among a crowd of strangers, but a very energetic person with people I know well."
Kaitlyn Jenkins, 11



"I fit the Capricorn traits, because I think that I am very responsible and hard working. I believe that I work hard towards all my goals. I also expect the worst."
Olivia Bowling, 12



"I agree with Cancer traits, because I can be an extrovert and introvert at the same time. I am also very emotional and caring for others. I believe in being nice and giving."
Faith Williams, 11



"The Aries traits suit me because I see myself as a daring, spontaneous, person. I also am kind of impatient at times."
Kayla Smith, 10



"I have about half of Libra traits. I do value my intelligence and my inner peace. However, I'm too introverted to really be a full Libra. I am not really the best in a big group."
Cayton Savinda, 10



"I don't show most of the Leo personality traits, because they're said to be outgoing and loud. I am more quiet and gentle. However, I do agree with hating being ignored and dealing with difficult situations."
Amra Vaires, 10

Muneeba Rashid
 Laura`rose Reed
 Karina Resendiz
 Austin Reustle
 Ayden Rinn
 Hannah Ritchson



Benjamin Rubin
 Amanda Salters
 Cayton Savinda
 Hanna Scaer
 Sydney Schillen
 Liam Schopf





Alexander Scott
 Kendall Scott
 Matthew Seymour
 Victoria Shanley
 Kelsey Shaywitz
 Caleb Shedrack



Devin Shepherd
 Marisa Sigrist
 Jackson Simmons
 Grace Simon
 Adam Smith
 Kayla Smith



Samuel Smith
 Summer Smith
 Grayson Snyder
 James Snyder
 Gabriel Southerland
 Jaden Sowers



MacKenzie Sowers
 Nathan Stutler
 Krithika Subramanian
 Kaile Surrell
 Emalyn Sylvester-Johnson
 Carter Taylor



Zachary Thompson
 Lainey Thornhill
 Ella Tkachenko
 Henry Ton
 Talon Trotter
 Angel Tyler



Evan Ulmer
 Hannah Underwood
 Apurv Verelly
 Noah Virto
 Gracie Walker
 Riley Wampler



Jacob West
 Aaron Wheeler
 Caleb Wheeler
 Vincent Williams
 Alenna Williamson
 Benjamin Wills



Austin Wilson
Savannah Wilson
Katelyn Wissinger
Connor Woods
Joshua Woolfolk
Kaleb Wright



Daniel Wynn
Michelle Zheng
FRESHMEN
Haylie Adams
Tristen Akers
Morgan Allardi
Haider Almusawi



Landon Altizer
Carlos Alvarez
Rachael Anderson
Cali Arbogast
Lucas Arthur
Graelyn Askew



Ayden Babich
Daniel Bahnken
Danielle Barbour
Kirsten Barnett
Gabriel Barraza
Amelia Beamer



Jane Beheler
Sarah Bell
Alexis Bennett
Caitlyn Bennett
Caitlyn Bennette
Riley Black



Brandi Blankenship
Holden Blanton
Rose Boch
Isabella Bonhotel
Rowan Boone
Jonathan Bowman



Joshua Bowman
Owen Bright
Mary Brooks
Devon Brown
Richard Bryant
Cacy Caldwell



Hanging with Friends **34%**



Doing Homework **19%**



Sleeping **15%**



Working **15%**



Watching TV **10%**



Watching Sports **7%**



what's up on the weekend?

396 students polled



Marc Caldwell
Jaleel Calloway
La'daja Calloway
Katherine Carroll
Zoe Caterina
Matthew Chapman

Carlie Coleman
Acacia Collier
Grace Comstock
Campbell Cooper
Carson Cooper
Helen Cox



THE MOST EMBARRASSING SCHOOL MOMENT



"I peed my pants in 1st grade."
Bays Bryant, 9



"I accidentally fell off the top of the tubes at my elementary school."
Jackson Matthews, 9



"First day of kindergarten, I jumped off the monkey bars platform and fell on my booty."
Elise LeGault, 9



"I almost died on the slide and got made fun of in 1st grade."
Steven McKabney, 9



"I went down a wet slide and it looked like I peed myself."
Jeremy Hudson, 9

Madison Crouch
David Cupp
Althea Danz
Jacob Darnell
Ian Deweese
Aidyn Dowling



Robert Draper
Bryce Duncan
Maggie Dunstan
Jake East
Victoria Edwards
Jackson Egle





Mohamed Elbadri
 Macle Emerson
 Andrew Enyart
 Ian Era
 Trevor Ermel
 Benjamin Evans



Ahmed Faisal
 Emma Falatic
 Brooklyn Ferguson
 Canaan Fetzer
 Maggie Fields
 Sarah Fimbel



Hunter Fink
 Rielly Fralin
 Dera Freeman
 Juliana Gabrielson
 Melody Garcia-Vega
 Karley Gaylor



MacKenzie Gibson
 Joseph Gilley
 Charles Gilroy
 Gustavo Gobellan
 Elizabeth Goodman
 Jared Gottstein



Tyler Green
 Brenden Grice
 Caleb Grider
 Evan Gullede
 Anna Gwinn
 Carmelo Hairston



Martin Hanson
 Susan Hanson
 Andrew Harder
 Briana Hartman
 Annabel Hassall
 Madison Haynes



Michael Hays
 Owen Heck
 Tyler Henesy
 Aaron Henion
 Alexandra Henion
 Morgan Hennen

Claire Henritze
 Aubrey Hertzberg
 Mikayla Heslep
 Alan Heston
 Steven Heston
 Ava Hibbs



Amarria Hicklin
 Michael Hill
 Aidan Hiner
 Danielle Holland
 Jillian Holt
 Kara Hopkins



Peyton Horsley
 Parker Houk
 Jeremy Hudson
 Alexander Hunter
 Zoe Hylton
 Joseph Ihlenburg



Montana Ireland
 Zachary Jefcoat
 Carter Jeffords
 Lucas Jennings
 Madison Johnson
 Kelly Jones



Emily Kadolph
 Benjamin Kelley
 Hannah Kelly
 Zach Kennedy
 Sarah Kidwell
 Benjamin Kingery



Watson Koepfel
 Grace Landesmann
 Mary Katherine Larracas
 Elise Legault
 Cole Lester
 Joshua Levering



Graham Lilley
 Ashley Linsenman
 Anna Long
 Ava Luckey
 Trey Ludy
 Andrew MacGregor



Snapchat **46%**



Instagram **37%**



Twitter **13%**



Facebook **4%**



the best social media

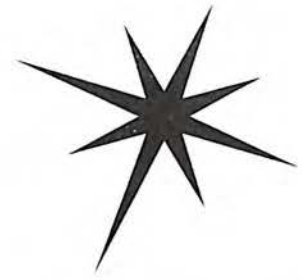
396 students polled



Cameron Main
Robert Masone
Sarah Massengill
Jackson Matthews
Gracyn Matze
Christopher McBroom

Steven McKabney
Hunter Miller
Bryson Mitchem
Priya Mittal
Rebekah Mohnney
Parker Morgan

IF I COULD LIVE ANYWHERE FOR ONE MONTH...



"Paris because I just like that place."
Oliver Hernandez, 10



"Germany, because it's cool."
Sadie Crouse, 10



"South Africa, I miss home!"
Christa Potgieter, 12



"China because it's pretty."
Jake Darnell, 9



"L.A. because the weather is great."
Zechariah Coates, 11



"L.A because it's the best city in the world."
David Richardson, 11



"Japan because the food tastes very good."
Kaleb Hedrick, 11



"Florida...Roanoke is too cold."
Sarah Varney, 11

Amber Mullins
Alexandra Mutter
Ava Muzzy
Kylan Nash
Anne Nelson
Julia Parker



Ethan Passudetti
Evan Patterson
C`nyah Pearse
Lane Pendleton
Devin Perdue
Karl Pierce





Trevor Poff
 Tyler Poff
 Taylor Polfelt
 Samuel Pollard
 Anna Kate Pratt
 Gary Proctor



Ke`anzae Pulliam
 Jack Purnell
 Jason Quam
 Gabriella Ramirez
 Jashly Ramos-Checo
 Riley Reynolds



Thomas Rhodes
 Jonathan Richardson
 Lacey Richardson
 Ainsley Robertson
 Samuel Robertson
 Elvin Rodriguez-Gutierrez



Emma Roshioru
 Maribel Saade
 Kimberly Salgado
 Kameron Salisbury
 Edward Sanders
 Anyssa Sauer



Dylan Saunders
 Reva Sawh
 Sophia Schumaecker
 Jenson Selvia
 Jenna Sesler
 Sydney Sexton



Grant Shanks
 Mason Sheehy
 Alayna Shelton
 Dorothy Shepherd
 Jacob Shorter
 William Sloane



Abby Smith
 Carly Smith
 Carter Smith
 Sydney Smith
 Mayssa Soauer
 Nathan Sprouse

Amelia Spurlock
 Stefan Staley
 Olivia Stanfill
 Erin Sullivan
 Laura Tanner
 Divya Tennant



Emily Thacker
 Fiona Thurston
 Tristyn Tofano
 Saniya Tolliver
 Lyndsey Tran
 Walker Tull



Logan Turner
 Sarah Turner
 Sydney Uherick
 Linsey Umberger
 Jack Urgo
 Jenna Van-Jaarsveld



Ella Vance
 Jackson Vest
 Aiden Vigue
 Kaitlyn Vitolo
 Claire Wei
 Lindler Wessinger



Erica West
 Olivia Wheeling
 Rebecca White
 Neena Whitley
 Jenna Williams
 Taylor Williams



Zane Williams
 William Windel
 Charles Winesett
 Sierra Wright
 Thomas Wright
 Penelope Young



Riley Young
 Oscar Zhang



Apple **74%**



**faithful to this
fab phone**

396 students polled



Android **26%**



Connie Alonso-Mosher Bookkeeper

Chris Askew BA, Emory & Henry College; Health/PE 10, Advanced PE, Strength & Conditioning

Pat Bredenkamp Administrative Assistant

Kaitlin Brubaker BS & MS, Radford University; Pre-AP English 10, English 11 CB; Sophomore Class

Laine Brummell BA & M. Ed, Virginia Tech; Pre-AP English 9

Dana Bryan BS & M. Ed., Virginia Tech; Algebra I, Double Block Geometry, Pre-AP Geometry



Kelsey Burton BS, Liberty; US/VA History, AP US History, World History II; Swim & Dive; Middle School Track & Field; Senior Class

Chad Campbell BS, Brevard College; MS, Virginia Tech; Earth Science, Pre-AP Earth Science

Sara Cann BS & M. Ed., Virginia Tech; Pre-AP Biology, Pre-AP Chemistry; Help Save the Next Girl

Lisa Conroy B.B.A, Roanoke College; Instructional Assistant, Special Education

Callie Cook BA, University of Colorado; M. Ed., Virginia Tech; School Counselor

Ann Cranwell BS, Radford University; World Geography



Lori Culver Instructional Assistant

Haley Deeds BS, Roanoke College, M. Ed, American College of Education; Assistant Principal

Kimberly Emory BS, Roanoke College; M. Ed, Radford University; Geometry

Jacob Gruse BS, Concord University; Principles of Business, Business Law, Economics, Personal Finance; Boys' Basketball; FCA, FBLA

Kristen Gruse BA, UNC Chapel Hill; MAT, Kaplan University; School Testing Coordinator; FCA

Terena Hale BA, Longwood College; M.S.Ed, Virginia Tech; Intro to Culinary, Nutrition and Wellness; FCCLA



Eli Harrison BA, Roanoke College; Spanish I & II; Diversity Club, OUT

Jon Hartness BA & BS, Virginia Tech; Athletic Director

Chance Henry BA, Roanoke College; Instructional Assistant

Wesley Holdren BA & M. Ed, Virginia Tech; English 9, English 10

Anna Hollins Guidance Secretary

Becky Hollins Instructional Assistant



Anne Houston BA, Longwood University; MA, Hollins University; Anatomy & Physiology, Biology; Key Club

Mark Hough BS, Radford University; Earth Science; FCA

West Hubbard BA, Hampden-Sydney College; MA, UNC Charlotte; MAT, Hollins; Dual Enrollment US/VA History, US/VA Government, Psychology/Sociology; Dungeons & Dragons Club

Ethan Humphries BS, Roanoke College; M. Ed, Liberty University; School Counselor; Boys' Basketball

Michelle Hunter RN, Fanshawe College; School Nurse

Andrew Huray BS, Alfred University; MS, Virginia Tech ITRT; Golf



Ashley Huray, 1981 - 2020 BA, Gettysburg College; MAT, Hollins; Latin I-IV; Latin Honor Society

Kathleen Hurst BA, UNC Charlotte; M. Ed, Keene State College; Algebra I

Nick Iademarco BA & M. Ed, George Mason University; US History II, US/VA History

Rebekah Johnson BA, Virginia Tech; French HV, AP French; French Club, National French Honor Society

Patrick Kemp BA, Virginia Tech; VA/US History; Swim & Dive

Carly Lee BS, Longwood University; Biology



Amy Leonard BS, East Tennessee State University; MAT, College of Charleston; English 11, Algebra Functions; Help Save the Next Girl

Katie Lineback BS, Radford University; Earth Science, ADR; Cheer; Freshman Class

Michelle Lionberger

Ricky Lonker BA, Emory & Henry; Digital Photography, Art; Art Club, National Art Honor Society; Baseball, Football

Paige Lucas BA, Tufts University; MAT, Hollins University; College Bound English 11, AP/Dual Enrollment English 11, Photojournalism; Accolade

Pete Lustig BS, University of Virginia; M. Ed, Virginia Tech; Dual Government, Psychology/Sociology





JAMMING Out

I have been playing in bands ever since I was a teenager. I took private guitar lessons ever since I was in middle school and haven't been able to put it down since. I currently play in an indie rock band here in Roanoke and I have so much fun. In my band, there are four of us. Señor Harrison is our bassist and he rocks. I sing and play guitar. We have played in a lot of different places downtown, including The Spot on Kirk which is a great venue that hosts both local and national acts. Roanoke has a pretty great local music scene. You just have to look in the right places.

As told by Mr. Wes Holdren



Tommy Maguire BS, Radford University; Health II, PE 10, Driver's Ed; Cross Country, Track & Field
Doreen Malcolm BA & BS, Youngstown State University; Administrative Assistant
Holly Moore BS Longwood University; Advanced PE, PE 10, Drivers Ed, Health
Colleen Morrison BA, Roanoke College; MAT, Hollins University; College Bound English 10, Digital Journalism; Day and Knight News
Joe Mullins School Resource Officer
Courney Noell Instructional Assistant



Catherine Parker BS, SUNY Fredonia; MS Radford University; English 10, World History II, Math 9
Chuck Parker BA, Virginia Intermont College; MS, Radford University; Assistant Principal
Amy Perkins BA, Lynchburg College; Culinary Arts, Child Development; FCCLA
Ryan Poff BA, Radford University; World Geography, Pre-AP World Geography, Pre-AP World History I; Football
Bob Powers BA, BS, & M. Ed, Virginia Tech; Pre-Calculus, Pre-AP Computer Programming, Pre-AP Algebra II, AP Computer Science; Scholastic Bowl, Debate Team
Kathleen Price BA, Roanoke College; AP Government, Pre-AP World History II; Rho Kappa



Rachel Prill BA & MA, Virginia Tech; Pre-AP English 9; Volleyball
Brian Quakenbush BA, East Tennessee State University; MA, Virginia Tech; Band, Jazz Band; Marching Band
Timothy Roberts BS, Radford University; Instructional Assistant, Special Education; Football
Brittany Rodriguez BS, Southern Wesleyan; MAT, Mary Baldwin; Earth Science, Biology
Ryan Schilling BS, Ferrum College; Double Block Geometry
Meredith Shuman BS & MS, Virginia Tech; Introduction to Marketing, Marketing, Advanced Marketing, Sports Marketing, Entrepreneurship; DECA



Cheryl Shupe BS, UNC Wilmington; Special Education
Susan Sine BS, Roanoke College; Algebra II, AP Statistics
Bill Slawson BS, University of Central Florida; MAT, Hollins University; Personal Finance, MS Office, Accounting, Cyber Security; FBLA
Tamra Sloan BA, Hollins University; Special Education; FAACTS
Brie Smith BA & M. Ed, Virginia Tech; English 11, College Bound English 11, English 12; Help Save the Next Girl
Paul Soucie BS & M. Ed, University of Nebraska at Lincoln; Geospatial, Materials Process, CAD, Dual Enrollment CAD, Architectural/Engineering Drawing; Architecture & Engineering Club
Steve Spangler BS, Slippery Rock State College; MS, Radford University; Principal
Michael Spradlin BS, Radford University; Pre-AP World Geography, AP World History, US/VA Government; Criminal Justice Club
John Swartz BS, Roanoke College; Health, PE, Driver's Ed, Advanced PE, Strength & Conditioning; Girls' Basketball
Lesley Swartz BBA, Roanoke College; M. Ed, Liberty University; School Counselor
Margaret Taylor BS, Roanoke College; M. Ed, Virginia Tech; College Bound Chemistry, AP/Dual Enrollment Chemistry; SCA
James Tiffani BS, Plymouth State University New Hampshire; MA, Mary Baldwin; Special Education



Sherrie Tyler BS, University of Virginia; MS, Old Dominion University; Functional Academics, Vocational & Life Skills; FAACTS, Peer Helpers
Matt Vass School Resource Officer
Charles Wallace BS, Radford University; Information Technology Technician
Darlene Walstrum BA, Hollins University; M. Ed, Radford University; Algebra II, ADFA, Computer Math
Lydia Washington
Gabriella Weston BSBA, American University; Instructional Assistant, Special Education



Penny Williams BS & M. Ed, Virginia Tech; School Counselor
Kim Wilson BS, Roanoke College; MS, Louisiana Tech University; Biology, Ecology; Junior Class
Julie Wright BA & MAT, Marshall University; Spanish III





POWERS Tells All



"Many tall tales have been told about my past throughout the years, but I don't believe I am anymore mysterious than the next. I worked many jobs as a teenager, but the most infamous one was when I worked for a small government contractor. We mainly processed projects dealing with the United States Navy and I worked in the Anti-Submarine Warfare (ASW) section of the office. My official job title was a systems analyst, which is basically a computer programmer. I worked on various simulations dealing with the detection of foreign assets approaching high value units (i.e., carrier groups). I got my job through a mentorship program in high school. For a block every other day, I would go to this office to work during school hours. Since I did well in the mentorship program, they hired me during the summers to help with their various other projects. I thought this would be a good job for me considering, I wanted to be a computer programmer when I got into college and I signed up for the computer science program at Virginia Tech. Ironically, halfway through the program, I found that volunteering my time tutoring local high school students was much more rewarding intrinsically that I decided to look into teaching as a possible career. I decided to finish out my various degree programs and went into the field of education shortly thereafter, where I teach computer science to high school students. I hope to be able to give students the same opportunities that were given to me by my previous teachers to pursue whatever they want."

As told by Mr. Bob Powers

FOOTBALL

VARSITY (us-them)

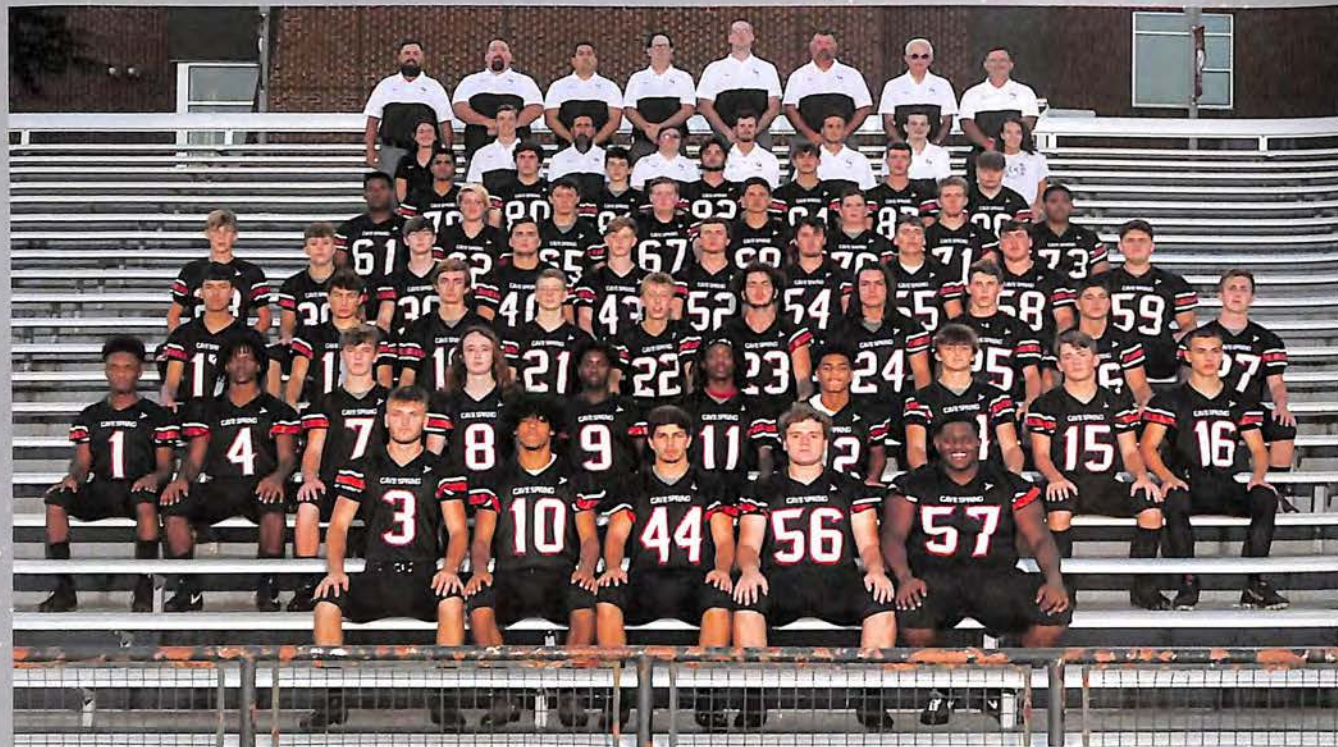
William Byrd	21-42
Northside	13-37
Glenvar	6-27
Alleghany	27-20
Pulaski	12-49
Blacksburg	3-55
Patrick Henry	7-42
Salem	3-59
Christiansburg	21-37
Hidden Valley	0-35

Record 1-9

JV

William Byrd	49-0
Northside	39-11
Glenvar	13-12
Alleghany	47-0
Pulaski	27-30
Blacksburg	34-21
Patrick Henry	14-39
Salem	14-42
Christiansburg	28-42
Hidden Valley	22-27

Record 5-5



Front Row: Lucas Duncan, Ethan Coates, John Milby, Andrew Ferguson, Jahiem Tyler. **Second Row:** Zyae Hopkins, Chris Hall, Landon Altizer, Matthew Heslep, Ronnie Worth, Carmelo Taylor, Josh Wollfolk, Conner Lange, Ben Robinson, DJ Chisom. **Third Row:** RJ Chaustre, David Richardson, Tyler Mitchem, Timmy Neighbors, Layton Turner, Will Altizer, Cameron Killenger. **Fourth Row:** Brandon Prokopchak, Kameron Sallsbury, Daren Darnell, Ayden Rinn, Tyler Poff, Hunter Morris, Ben Grider, Carson Askew, Connor Womack, Ben Kelley. **Fifth Row:** Jordan Akerson, Ian Kessler, Nathan Stutler, Grant Hartman, Sam Smith, Cole Lester, Matthew English, Jahlony Banks. **Sixth Row:** Arin Charivelli, Michael Aboujoude, Aidan Babos, Jaxon Rinn, Charlie Winsett, Harrison Sloan, Nathan Chapman. **Seventh Row:** Danielle Power, Mr. Cameron Caldwell, Mr. Mike Kendrick, Mr. Levi Sey, Mr. Landon Dermott, Mr. Jeremy Linkous. **Back Row:** Aubrey Billings, Mr. Chris Askew, Mr. Ryan Poff, Mr. Mark Madden, Mr. Tim Roberts, Mr. Shawn Chisom, Mr. Ricky Lonker, Mr. Rodney Fulton, Head Coach Mr. Tim Fulton.

MARCHING BAND & COLOR GUARD

Lord Bofetourt

Music	2nd
Marching	1st
General Effect	2nd
Percussion	2nd
Guard	1st
Drum Major	3rd

George Wythe

Music	3rd
Marching	2nd
General Effect	1st
Percussion	1st
Guard	1st
Drum Major	3rd

George Washington

Music	1st
Marching	2nd
General Effect	2nd
Percussion	2nd
Guard	1st
Drum Major	2nd



Front Row: Hannah Young, Mason Graham, Charles Collier, Jordan Kalafut, Holden Jeffords, Nicky Ostrander, Noah Hartson, Samuel Slate, Emily Bradley, Nick Cavicchio, Robert Pickelsimer, Steven Heston, Abbie Robertson, Lena Scaer. **Second Row:** Lillian Hollins, Nathan Sprouse, Haley Lipscomb, Jack Horton, Brianna Bradley, Jared Hollins, Dillon Key, Skylar Perdue, Will Goodman, Katie Sullivan, Lauren Hudson, Holly Hinchy, Caroline Haggett Paige Walters. **Third Row:** Katie Durica, Joshua Wainwright, Vikas Garimella, Rose Boch, Isabelle Divers, Elijah Ruffin, Michael Cavicchio, Devin Perkins, Justin Clingenpeel, Jesse Wills, Paige Hennon, Hannah Underwood. **Fourth Row:** Calley McGlaughlin, Webb Holderman, Jack Purnell, Luke DeFalco, Jason Bradshaw, Fletcher Burden, Jeremy Hudson, Drew Quakenbush, Lucas Holt, Sam Quakenbush, Gideon Pace, Hannah Scaer, Jaclyn Howard. **Fifth Row:** Alex Puthoff, Jillian Holt, Santiago Rodriguez, Emily Bassant, Lance Sipes, Aiden McLaughlin, Amber Arthur, Elliott Kroll, Matthew Danco, Krithika Subramanian. **Back Row:** Christian Estrada, Adienne Heston, Ethan Arrington, Malt Mahoney, Isaiah Swanson

CROSS COUNTRY



Front Row: Charlotte Shelor, Liam Schopf, Dylan White, Lathan Gregory, Charlie Sanders, Andrew Wheeler, Lauren Niday.
Second Row: Wyatt Hayden, Rose Boch, Logan White, Campbell Best, Thomas Loschner, Cade Gregory, Truman Collins.
Back Row: Connor Jarczyński, Ryan Chewning, John Shelor, Austin Hayden, Phillip Becher, Ben Rubin

BOYS

Blue Demon	4th
Knights Crossing	23rd
Clash w/ Titans	12th
Lord Botetourt	1st
VTCA	10th
Great American	22nd
Don Cumbow	5th
Runnin' w/ Wolves	8th
Metro	7th
Regionals	4th
States	4th

GIRLS

Blue Demon	5th
Lord Botetourt	1st
VTCA	14th
Don Cumbow	6th
Runnin' w/ Wolves	8th
Metro	6th
Regionals	4th
State	6th

GOLF



Front Row: Blaise Wood, Jack Cowher, Walker Bolin, Thomas Peterson, Cameron Weld, Garrett Billings, Matthew Sciuolo, Christian Sciuolo.
Second Row: Mr. Earl Henritze, Kayla Mutter, Michael Hays, Cayce Boone, Drew Harder, Nate Faulkner, Owen Bright, Avery Sutherland, Payton Hurst. **Back Row:** Mr. Tommy Lovell, Mr. Bob Van Kerchave, Nick Henritze, Alex Glick, Tyler Cundiff, Walker Wright, Ethan Wiid, Will Henritze, Mr. Andy Huray, Head Coach Mr. Andy Henritze.

District Minis

at Blacksburg	2nd
at Cave Spring	3rd
at Pulaski	3rd
at Hidden Valley	2nd
at Christiansburg	4th
Districts	2nd
Regionals	3rd

Invitationals

Metro	8th
Heritage	11th

Dual Match (us-them)

William Byrd	166-179
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JV Matches

Patrick Henry	174-195
Franklin Co.	190-184
William Fleming	169-180
William Byrd	180-192

COMPETITION CHEER

Brookville High 1st
 Broadway High 1st
 Jefferson Forest High 1st
 UCA Invitational 1st
 Mountain View High 1st
 Region 1st
 State 2nd



Front Row: Ryleigh Balzer, Madison Lange, Erin Atkins, Karley Gaylor, Hannah Ireland, Livvie Bowling, Hannah Hodges **Second Row:** Burkley Nichols, Madison Wagner, Lily Fox, Emily Cleveland, Katie Manico, Siera Hartman **Third Row:** Abby Holbrook, Caroline Mills, Lauren Fradette, Taylor Hilovsky, Kirsten McKinney **Back Row:** Alex Mutter, Haylie Adams, Amber Mullins, Aidan Doyle, Taylor Cox, Maggie Fields, Graelyn Askew

VARSITY SIDELINE CHEER



Front Row: Ryleigh Balzer, Charlie Nichols, Hannah Ireland, Livvie Bowling, Hannah Hodges. **Second Row:** Kate Manico, Madison Wagner, Madison Lange, Erin Atkins, Lily Fox, Abby Holbrook. **Back Row:** Emily Cleveland, Lauren Fradette, Aidan Doyle, Burkley Nichols, Kirsten McKinney.

JV SIDELINE CHEER



Front Row: Caroline Mills, Siera Hartman, Taylor Hilovsky **Second Row:** Alex Mutter, Graelyn Askew, Haylie Adams, Karley Gaylor **Back Row:** Amber Mullins, Taylor Cox, Maggie Fields, Elise LeGault

VARSITY VOLLEYBALL



Front Row: Eliana Miller, Maya Monsour, Caroline Glenn. **Second Row:** Georgia Enyart, Alexa Maronic, Alenna Williamson, Ava Luckey, Gracie Walker, Isabelle LaPrade. **Back Row:** Ms. Sam Edge, Ashley Dittmore, Allie Kolnok, Hannah Peters, Lauren Hays, Ms. Prill, Mr. Chris McCoy

William Byrd	L	Hidden Valley	L
Lord Botetourt	L	Blacksburg	L
Northside	L	Christiansburg	L
William Byrd	L	Rockbridge Co.	L
Blacksburg	L	Giles Co.	L
Catholic	W	Patrick Henry	L
Rockbridge Co.	L	Salem	W
Hampton Roads Ac.	W	Pulaski	W
St. Mary's	W	Hidden Valley	L
Bishop O'Connell	L		
Northside	L	RECORD 7-17	
Christiansburg	W		
Patrick Henry	L		
Salem	W		
Pulaski	L		

JV VOLLEYBALL



Front Row: Katie Carroll, Blair Emery. **Second Row:** Aubrey Hertzberg, Mallory Odonnell, Cacey Caldwell. **Back Row:** Holly Enyart, Julia Parker, Jenna Sesler, Kendall Wolfe, Ms. Prill

William Byrd	L	Pulaski County	W
Lord Botetourt	L	Hidden Valley	L
Northside	W		
William Byrd	W	RECORD 5-12	
Blacksburg	L		
Northside	W		
Christiansburg	L		
Patrick Henry	L		
Salem	W		
Pulaski County	L		
Hidden Valley	L		
Blacksburg	L		
Christiansburg	L		
Patrick Henry	L		
Salem	L		

SWIM & DIVE

BOYS

Salem	L
Glenvar	W
Bassett	W
William Byrd	W
Jefferson Forest	L
Hidden Valley	L
Christiansburg	W
Blacksburg	L
Radford	L
Pulaski	W
Hidden Valley	L
Regionals	2nd
States	11th

GIRLS

Salem	L
Glenvar	L
Bassett	W
William Byrd	W
Jefferson Forest	L
Hidden Valley	L
Christiansburg	L
Blacksburg	L
Radford	L
Pulaski	W
Hidden Valley	L
Regionals	2nd
States	10th



Back Row: Claire Henritze, Sam Robertson, Ava Muzzy, Jackson Matthews, Julia Parker, Aaron Henion and Jenna Williams. **Fourth Row:** Ben Dellinger, Grant Shanks, Lyndsey Tran, Morgan Hennon, Althea Danz, Penny Young, Talon Trotter, Connor Woods, Jacob West, Eliza Wagner, Alyna Shelton, Amelia Beamer, Taylor Polflet and Jillian Holt. **Third Row:** Jonathan Chen, Jacob Miller, Ben Falatic, Riley Trotter, Hannah Young, Cameron Weld, Joseph Kupidlovsky, Ayush Dutt, David Muzzy, Suzanne Harris, Alicia Carvalho, Caroline Moore, Laurel Bay and Elizabeth Moore. **Second Row:** Trieu Tran, Andrew Wheeler, Kevin Sheng, Mahmoud Srour, Tori Teller, Amber Arthur, Fabienne Sinko, Kayla Mutter, Katherine Durica, Lena Scaer, Luke DeFalco, Henry Wagner, Mills Harris, Connor Jarczynski and Ben Mone. **Front Row:** Nick Henritze, Lucas Holt, Will Henritze, Bryden Palmer, Leo Inga and Jack Cowher.

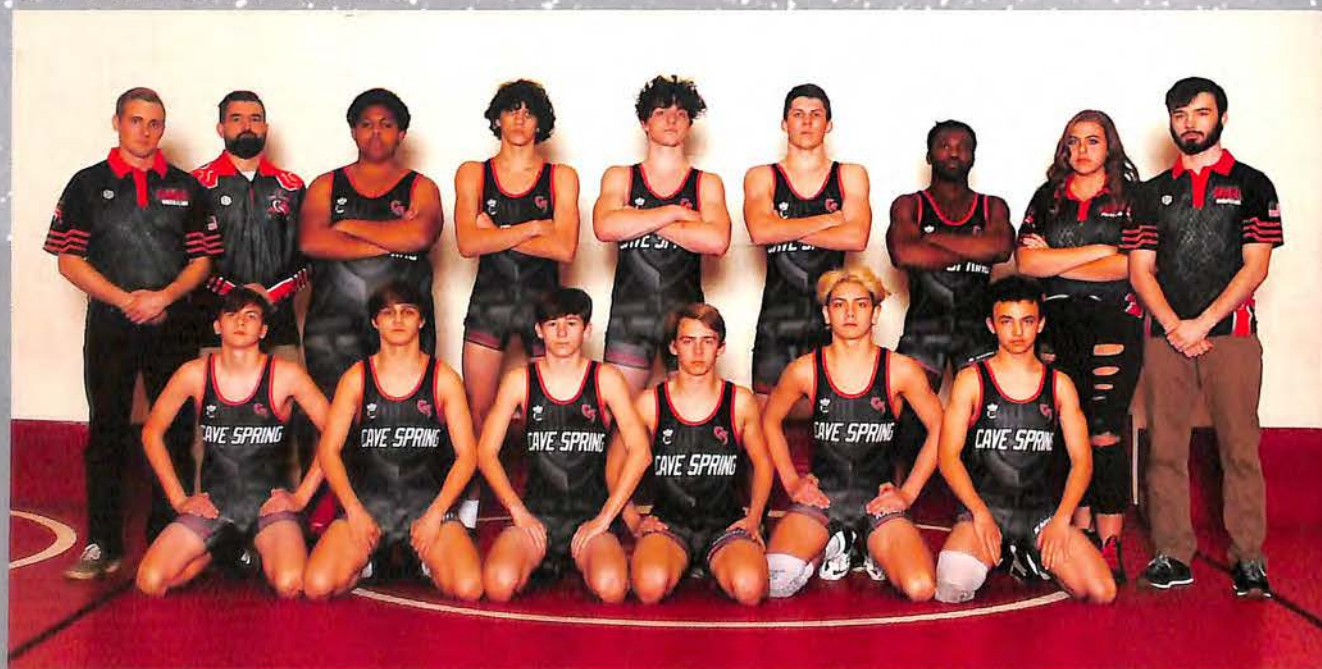
WRESTLING

3D Regional Results

Ashoka Wagner: 4th
Mark Daroshefski: 4th
CSHS defeated: Tunstall

Class 3 State Results

Mark Daroshefski: 100th career victory
CSHS defeated: Lakeland, Tunstall, Tabb, Bassett, Northside, Colonial Heights, Fort Defiance, Goochland, Phoebus and Southampton



Front Row: Hunter Miller, Hunter Fink, Bobby Draper, Bryce Duncan, Ashoka Wagner and Lindan Galvan.
Back Row: Coach Thompson, Coach Wynn, Jalony Banks, Logan Turner, Josh Williamson, Layton Turner, Mark Daroshefski, Statistician Lexi Miller and Coach Kemper.

INDOOR TRACK



Front Row: Nicole Bulla, Ashlee Brickey, Simone Schumaeker, Jayna Reed, Aubrey Hertzberg, Dara Ndem, Eden Giannini, Roxy Robinson, Sophie Schumaeker and Jessica Palisca. **Second Row:** Coach Ryan Austin, Ethan Sheehy, John Asimakopoulos, Robert Pickelsimer, Carmelo Taylor, Parker Waters, Corbin McLaughlin and Ben McBride. **Back Row:** Coach McCoyd, Austin Hayden, Truman Collins, Ben Rubin, Jack Horton, Nick Cavicchio, Ben Palisca, Ryan Chewing and Coach John Wiggins.

State Results

Jessica Palisca:
4th in 500m Dash (1:20.65)
& 10th in 1000m Run
(3:19.78)
Baylee Hodson:
2nd in 55m Hurdles (8.68)
Carmelo Hairston:
18th in 55m Dash (6.89) &
7th in 300m Dash (36.68)
Austin Hayden:
3rd in 3200m Run
(9:48.71)
Simone Schumaeker,
Nicole Bulla, Ashlee Brickey,
and Baylee Hodson:
13th in 4x200m Relay
(1:54.05)

VARSITY BOYS' BASKETBALL



Front Row: Assistant Coach Mr. Derrick Roth, Mr. Tim Myers, Director of Basketball Operations Mr. Bill Turner, Jalen Buster, Matthew Cagle, Parker Huffman, Lucas Duncan, Adnan Jasarevic, Ball Boy Taylor Gruse and Manager Thomas Barrow.
Back Row: Head Coach Mr. Jacob Gruse, Cameron Bishop, Reed Pendleton, Charlie Urgo, Akan Ndem, Bryce Cooper, Jacob Tozier, Reese McMaster, Walker Swanson, Mr. John Sharp and Assistant Coach Mr. Ethan Humphries.

(us-them)

William Byrd	71-52
Glenvar	92-63
Northside	88-77
Lord Botetourt	65-54
Floyd County	76-55
Floyd County	61-47
Lord Botetourt	81-68
Salem	71-67
Blacksburg	64-47
Christiansburg	83-53
Hidden Valley	52-46
Salem	72-69
Pulaski County	84-54
Patrick Henry	58-62
Lord Botetourt	75-45
Blacksburg	56-51
Christiansburg	71-46
William Byrd	56-50
Patrick Henry	63-66
Salem	71-58
Pulaski County	78-34
Hidden Valley	61-23

Record 20-2

JV BOYS' BASKETBALL

(us-them)

William Byrd	52-46	Lord Botetourt	54-46
Glenvar	42-32	Blacksburg	44-59
William Byrd	66-51	Christiansburg	36-40
Northside	35-58	Patrick Henry	49-29
Lord Botetourt	40-48	Salem	49-50
Floyd County	68-46	Pulaski	48-31
William Fleming	68-48	Hidden Valley	47-34
William Fleming	43-58		
Jefferson Forest	62-49		
Blacksburg	41-43		
Christiansburg	49-42		
Salem	53-35		
Pulaski	53-42		
Patrick Henry	68-65		
Hidden Valley	46-38		

Record 15-7



Front Row: Bays Bryant, Marijo Ljevar, Tanner Kennedy, Skylor Griffiths, Mark Dellinger, Shawn Washington and Jack Urgo. **Back Row:** Manager Ben Evans, Caleb Grider, Kameron Tinsley, Coeburn Enyart, Dylan Saunders, Charlie Winesett, Joseph Ihlenburg, Graham Lilley and Head Coach Mr. Ethan Humphries.

VARSITY GIRLS' BASKETBALL

(us-them)

William Byrd	45-30	Christiansburg	77-35
Northside	59-33	Patrick Henry	57-69
William Byrd	42-32	Salem	73-58
Northside	67-53	Pulaski County	48-66
Franklin County	35-48	Hidden Valley	56-39
Franklin County	37-63		
Blacksburg	42-34		
Amherst County	58-39		
Christiansburg	73-19		
Patrick Henry	45-65		
Salem	70-48		
Pulaski County	48-64		
Hidden Valley	51-34		
Franklin County	67-59		
Blacksburg	56-44		

Record 14-6



Front Row: Abby Smith, Sabrina Landsman, Kieera Mooney, Madison Hall and Katie Carroll. **Back Row:** Head Coach Jessica Ficarro, Emma Falatic, Zada Porter, Rachael Anderson, Ava Hibbs and Assistant Coach Mr. John Swartz.

JV GIRLS' BASKETBALL

(us-them)

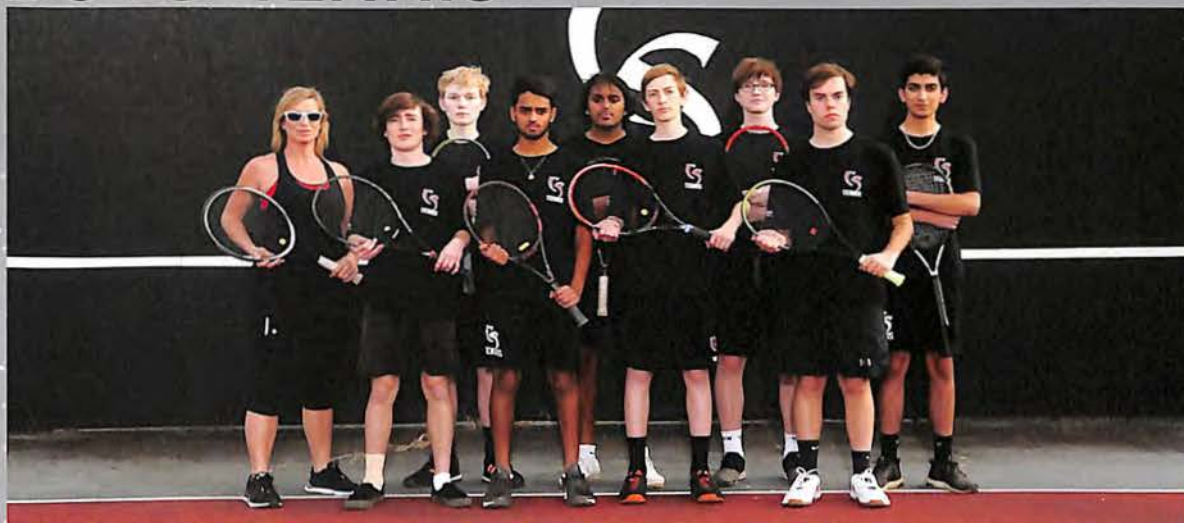
William Byrd	30-27	Christiansburg	30-28
Northside	40-20	Patrick Henry	10-39
William Byrd	31-24	Salem	13-37
Northside	40-39	Pulaski County	31-53
Franklin County	32-27	Hidden Valley	47-3
EC Glass	2-0		
Brookville	19-23		
Blacksburg	16-33		
Christiansburg	38-23		
Patrick Henry	22-49		
Salem	35-59		
Pulaski County	11-48		
Hidden Valley	41-25		
Franklin County	41-33		
Blacksburg	16-46		

Record 11-9



Front Row: Grace Simon, Isabella Cavicchio, Ainsley Robertson, Makenzie Gibson and Danielle Holland. **Back Row:** Anna Gwinn, Sophie Mills, Rossi Kate, India Cox, Lacey Richardson and Sarah Bolin.

BOYS' TENNIS



Front Row: David Lawson, Roshan Patel, Webb Holderman, and Lance Beheler. **Back Row:** Coach Rebecca Wessinger, Jack Bowman, Raj Patel, Aaron Henion, and Suraj Lalchandani.

Schedule

Northside	Away	3/16
Pulaski County	Away	3/17
William Byrd	Away	3/20
Blacksburg	Home	3/27
Christiansburg	Away	3/31
Patrick Henry	Away	4/3
Salem	Away	4/14
William Byrd	Home	4/15
Pulaski County	Home	4/17
Hidden Valley	Home	4/21
Northside	Home	4/22
Blacksburg	Away	4/28
Christiansburg	Home	5/1
Patrick Henry	Home	5/5
Salem	Home	5/7
Hidden Valley	Away	5/14

GIRLS' TENNIS

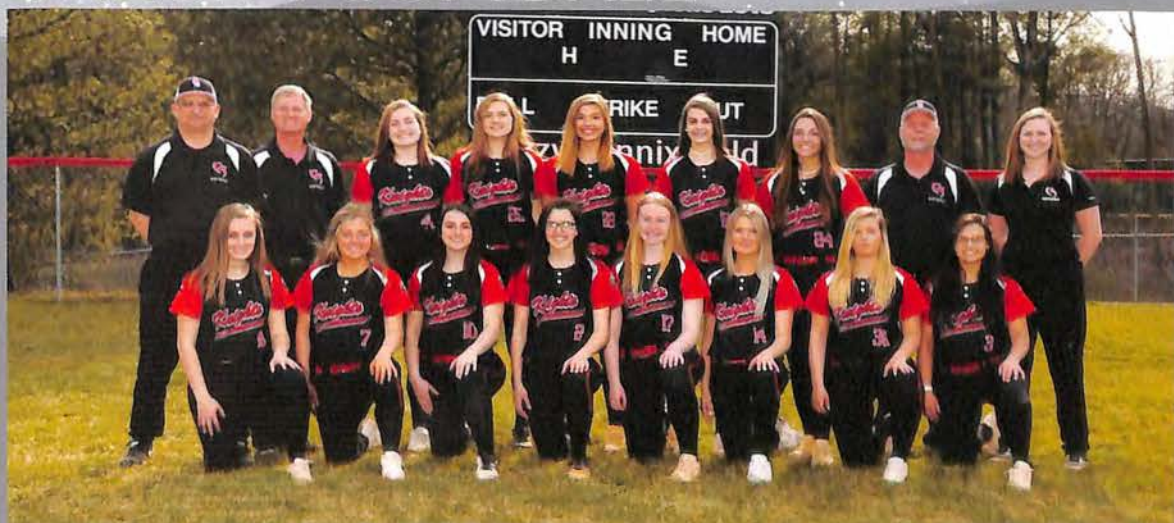


Front Row: Alex Henion, Nandini Sriram, Caroline Treubert, Payton Harman, and Hanna Scaer. **Back Row:** Head Coach Tommy Harmon, Josie Beheler, Catherine Chen, Amisha Sahni, Sarah Bell, and Michelle Zheng.

Schedule

Northside	Home	3/16
Pulaski County	Home	3/17
William Byrd	Home	3/20
Blacksburg	Away	3/27
Christiansburg	Home	3/31
Patrick Henry	Home	4/3
Salem	Home	4/14
William Byrd	Away	4/15
Pulaski County	Away	4/17
Hidden Valley	Away	4/21
Northside	Away	4/22
Blacksburg	Home	4/28
Christiansburg	Away	5/1
Patrick Henry	Away	5/5
Salem	Away	5/8
Hidden Valley	Home	5/14

VARSITY SOFTBALL



Front Row: Ashley Ditmire, Sierra Cox, Rachael Riley, Katie Mullins, Sydney Smith, Taylor Smithson, Mikayla Ray, and Abby Weaver. **Back Row:** Assistant Coach Scott Hodge, Assistant Coach Scott Sharp, Tristyn Tofano, Addi Browning, Alexa Maronic, Kylie Cundiff, Logan Scott, Head Coach Nick Sharp, and Assistant Coach Olivia Gess.

Schedule

Northside	Home	3/16
Franklin County	Home	3/17
William Byrd	Away	3/20
Franklin County	Away	3/24
Blacksburg	Away	3/27
Christiansburg	Home	3/31
Patrick Henry	Home	4/3
Salem	Home	4/14
William Byrd	Home	4/15
Pulaski County	Away	4/17
Hidden Valley	Away	4/21
Northside	Away	4/22
Lord Botetourt	Away	4/27
Blacksburg	Home	4/28
Christiansburg	Away	5/1
Rockbridge County	Home	5/4
Patrick Henry	Away	5/5
Salem	Away	5/8
Pulaski County	Home	5/12
Hidden Valley	Home	5/14

Schedule

Northside	Away	3/16
Franklin County	Away	3/17
William Byrd	Home	3/20
Franklin County	Home	3/24
Blacksburg	Home	3/27
Christiansburg	Away	3/31
Patrick Henry	Away	4/3
Salem	Away	4/14
William Byrd	Away	4/15
Pulaski County	Home	4/17
Hidden Valley	Home	4/21
Northside	Home	4/22
Lord Botetourt	Home	4/27
Blacksburg	Away	4/28
Christiansburg	Home	5/1
Rockbridge County	Away	5/4
Patrick Henry	Home	5/5
Salem	Home	5/8
Pulaski County	Away	5/12
Hidden Valley	Away	5/14

JV SOFTBALL



Front Row: Blair Emory, Ella Bishop, Sophie Deleon, Kennedy Lange, Sydney Urick, Katie Carroll, Abby Harrison, and Olivia Hartman. **Back Row:** Assistant Coach Isaac Peters, Assistant Coach Ed Kilbone, Reilly Young, Madison Haynes, Sarah Earls, Sophie Peters, Lane Bennett, Lexi Bennett, Head Coach Joe Mullins, Assistant Coach Brian Earls.

VARSITY BASEBALL



Front Row: Bays Bryant, Spencer Craig, Matt Miles, and Trey Ludy. **Back Row:** Thomas Peterson, Aiden Dellinger, Holden Wilkerson, Brody Luckey, and RJ Chaustre.

Schedule

Northside	Away	3/16
William Byrd	Home	3/20
Blacksburg	Home	3/27
Christiansburg	Away	3/31
Patrick Henry	Away	4/3
Salem	Away	4/14
William Byrd	Away	4/15
Pulaski County	Home	4/17
Hidden Valley	Home	4/21
Northside	Home	4/22
Blacksburg	Away	4/28
Christiansburg	Home	5/1
Patrick Henry	Home	5/5
Salem	Home	5/8
Pulaski County	Away	5/12
Hidden Valley	Away	5/14

JV BASEBALL



Front Row: Tyler Green, Thomas Dinsmore, and Chandler Foster. **Middle Row:** Sam Skaff, Landin Altizer, Jack Richardson, Gary Proctor, Ayden Babich, Walker Bolin, and Jack Urgo. **Back Row:** Mason Hazelwood, Peyton Horsley, Cameron Main, Austin Reustle, Kyle Cook, Ben Kingery, and Skylor Carroll.

Schedule

Northside	Home	3/16
William Byrd	Away	3/20
Blacksburg	Away	3/27
Christiansburg	Home	3/31
Patrick Henry	Home	4/3
Salem	Home	4/14
William Byrd	Home	4/15
Christiansburg	Home	4/16
Pulaski County	Away	4/17
Hidden Valley	Away	4/21
Northside	Away	4/22
Blacksburg	Home	4/28
Christiansburg	Away	5/1
Patrick Henry	Away	5/5
Salem	Away	5/8
Pulaski County	Home	5/12
Hidden Valley	Home	5/14

VARSITY BOYS' SOCCER



Front Row: Dylan Williams, Mason Harris, Matthew Chapman, Joshua Earls, Austin Hayden, Hunter Morris, and Seth Poulson. **Middle Row:** Seth Flesman, Kobey Simon, Jaden Iademarco, Nathan Banning, Trevor Ermel, Ben Mone, Nathan Sharp, and Sakib Shadab. **Back Row:** Coach Brad Collins, Holden Blanton, Colton Iademarco, Will Henritze, Alex Blanton, Jakob Kielty, Nick Henritze, Blake Bowles, Tyler Mitchem, Chris Woodrum, and Coach Connor.

Schedule

Northside	Away	3/16
William Byrd	Home	3/20
Blacksburg	Home	3/27
Christiansburg	Away	3/31
Patrick Henry	Away	4/3
Salem	Away	4/14
William Byrd	Away	4/15
Pulaski County	Home	4/17
Hidden Valley	Home	4/21
Northside	Home	4/22
Blacksburg	Away	4/28
Christiansburg	Home	5/1
Patrick Henry	Home	5/5
Salem	Home	5/8
Pulaski County	Away	5/12
Hidden Valley	Away	5/14

JV BOYS' SOCCER



Front Row: Drew Ermel, Finn Boccier, Trevor Poff, Michael Hayes, Sam Hoefner, Martin Hanson, Wyatt Smith, and Henry Ton. **Back Row:** Head Coach Landon Dermott, Mersad Mehmedovic, Eddie Saunders, Oliver Hernandez, Jack Matthews, Dule Smith, Bryson Mitchem, Ahmed Faisal, Canaan Fetzer and Bryce Duncan.

Schedule

Northside	Away	3/16
William Byrd	Home	3/20
Blacksburg	Home	3/27
Christiansburg	Away	3/31
Patrick Henry	Away	4/3
Salem	Away	4/14
William Byrd	Away	4/15
Pulaski County	Home	4/17
Hidden Valley	Home	4/21
Northside	Home	4/22
Blacksburg	Away	4/28
Christiansburg	Home	5/1
Patrick Henry	Home	5/5
Salem	Home	5/8
Pulaski County	Away	5/12
Hidden Valley	Away	5/14

VARSITY GIRLS' SOCCER



Front Row: Maya Monsour, Kaylin Graham, Rachel Snodgrass, and Emily Viesca. **Middle Row:** Megan Eller, Neena Whitaker, Macey Harder, Catherine Thacker, Charlie Nichols, Emily Thacker, Cicely Webb, and Sarah Beth Tirico. **Back Row:** Assistant Coach Tori Doyle, Caitlyn Bennett, Ella Ray, Aubrey Billings, Fabienne Sinko, Lauren Pennington, Summer Smith, Claire Henritze, Head Coach Katie Denault, and Assistant Coach Evan Tkachenko.

Schedule

Northside	Home	3/16
William Byrd	Away	3/24
Blacksburg	Away	3/27
Christiansburg	Home	3/31
Patrick Henry	Home	4/3
Salem	Home	4/14
William Byrd	Home	4/15
Pulaski County	Away	4/17
Hidden Valley	Away	4/21
Northside	Away	4/22
Blacksburg	Home	4/28
Christiansburg	Away	5/1
Patrick Henry	Away	5/5
Salem	Away	5/8
Pulaski County	Home	5/12
Hidden Valley	Home	5/14

JV GIRLS' SOCCER

Schedule

Northside	Home	3/16
William Byrd	Away	3/24
Blacksburg	Away	3/27
Christiansburg	Home	3/31
Patrick Henry	Home	4/3
Salem	Home	4/14
William Byrd	Home	4/15
Pulaski County	Away	4/17
Hidden Valley	Away	4/21
Northside	Away	4/22
Blacksburg	Home	4/28
Christiansburg	Away	5/1
Patrick Henry	Away	5/5
Salem	Away	5/8
Pulaski County	Home	5/12
Hidden Valley	Home	5/14



Front Row: Jillian Holt, Grayson Snyder, Cali Arbogast, Alicia Carvalho, Mine Potgieter, Ainsley Robertson, and Rowan Boone. **Back Row:** Head Coach Tori Doyle, Eliza Wagner, Maggie Dunstan, Jane Beheler, Alex Heffron, Cacy Caldwell, Lainey Thornhill, and Burkley Nichols.

BOYS' LACROSSE

Varsity Schedule

Christiansburg	Home	3/16
Patrick Henry	Away	3/19
E.C. Glass	Home	3/24
William Byrd	Away	3/26
Salem	Home	3/31
Rockbridge County	Away	4/2
Franklin County	Away	4/14
Hidden Valley	Away	4/21
Blacksburg	Home	4/27
Jefferson Forest	Away	4/29
William Byrd	Home	5/5
William Fleming	Away	5/7
Blacksburg	Home	5/11
Hidden Valley	Home	5/14

JV Schedule

Patrick Henry	Away	3/19
E.C. Glass	Home	3/24
Salem	Away	3/30
Franklin County	Away	4/14
Jefferson Forest	Home	4/29
Blacksburg	Away	5/11



Front Row: Lucas Holt, Owen Ghaphery, Elijah Hadfield, Chase Humas, Tazewell Cooper, Parker Mills, Josh Wainwright, Steven Landsman, Dylan Rice, Michael Mahoney, Jackson Rinn, and Sam Quakenbush. **Second Row:** Layton Turner, Ben Kelley, Charlie Winsett, Ayden Rinn, Davis Lilley, Ethan Wild, Jacob Mardian, Matthew Crawford, Holden Foster, Joe Kupidlovsky, and Landon Prokopchak. **Third Row:** Thomas Peters, Carter Jeffords, Caleb Wheeler, Riley Wompler, Tanner Kennedy, Matthew Mahoney, John Booker, Alex Scott, Cole Lester, and Chaz Gilroy. **Fourth Row:** DJ Chisom, JP Gagnor, Hays Reger, Walker Tull, Logan Turner, Sam Pollard, Cameron Salisbury, Graham Lilley, and Chris McBroom. **Back Row:** Coach Mike Kendrick, Coach Charles Gilroy, Coach Dean McDaniel, Head Coach Denny Barber, and Coach Rick Kelley.

VARSITY GIRLS' LACROSSE



Front Row: Destina Bermo, Dori Havens, Abby Holbrook, Sofia Midkiff, Taylor Hilovsky, and Kirsten McKinney. **Second Row:** Madison Johnson, Lauren Hays, Caroline Mills, Anjie Dinakin, Makayla Dowdy, and Grace Furrow. **Third Row:** Lauren Fradette, Dara Ndem, Kieera Mooney, Jenna Hopstetter, Ashley Creekmore, Siera Hartman, Miranda Price, Reagan Edmunds, and Sabrina Landsman. **Back Row:** Coach Patrick Truskey, Coach John Swartz, Assistant Coach Tim Pratt, Coach Holbrook, and Head Coach Meredith Lawrence.

Schedule

Christiansburg	Away	3/16
Patrick Henry	Home	3/19
E.C. Glass	Away	3/24
William Byrd	Away	3/26
Salem	Home	3/31
Rockbridge County	Away	4/2
Franklin County	Home	4/14
Hidden Valley	Away	4/21
Blacksburg	Away	4/27
Jefferson Forest	Away	4/29
William Byrd	Home	5/5
Blacksburg	Home	5/11
Hidden Valley	Home	5/14

JV GIRLS' LACROSSE



Front Row: Amalia Midkiff, Morgan Allardi, Samantha Manico, Karley Gaylor, and Sophie Fueglein. **Second Row:** Lilly Swanson, Zoe Hylton, Emma Sexton, Anna Kate Pratt, and Sarah Kidwell. **Third Row:** Susan Hanson, Maisey Hanson, Holly Enyart, Elise Mosley, Amanda Spurlack, and Sarah Massengill. **Back Row:** Assistant Coach Patrick Truskey, Assistant Coach John Swartz, Assistant Coach Tim Pratt, Coach Holbrook, and Head Coach Meredith Lawrence.

Schedule

Patrick Henry	Home	3/19
E.C. Glass	Away	3/24
Salem	Away	3/30
Rockbridge County	Away	4/2
Franklin County	Home	4/14
Hidden Valley	Home	4/22
Blacksburg	Away	4/27
Jefferson Forest	Home	4/29
Blacksburg	Home	5/11
Hidden Valley	Home	5/13

BOYS' OUTDOOR TRACK



Front Row: Vikas Garimella, Steven McKabney, Jaleel Calloway, Ben McBride, Ben Evans, Charlie Sanders, Blake Jones, Jack Purnell, Andrew Wheeler, Tom Lin, and Apurv Verelly. **Middle Row:** Landon Cox, Joseph Ihlenburg, Carmelo Hairston, Truman Collins, Ryan Chewning, Corbin McLaughlin, Ben Palisca, Ethan Sheehy, Parker Waters, and Vincent Williams. **Back Row:** Ben Rubin, Jack Horton, Josh Woolfolk, Ethan Coates, Jahiem Tyler, Ben Grider, Chris Hall, Ryan Lucas, Richard Picklesimer, Connor Womack, and Zech Coates.

Schedule

Northside	Away	4/4
William Byrd	Away	4/18
Hidden Valley	Away	4/22
Staunton River	Away	4/25
William Fleming	Away	5/1
William Fleming	Away	5/2
Radford	Away	5/2
Blacksburg	Away	5/6
Highland Springs	Away	5/9
Patrick Henry	Away	5/13
Staunton River	Away	5/28

GIRLS' OUTDOOR TRACK

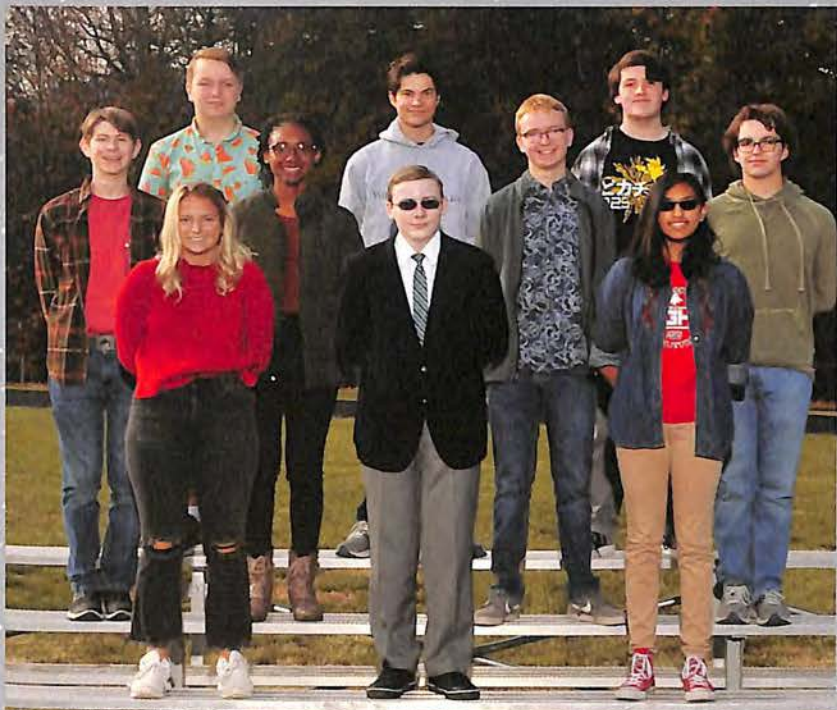
Schedule

Northside	Away	4/4
William Byrd	Away	4/18
Hidden Valley	Away	4/22
Staunton River	Away	4/25
William Fleming	Away	5/1
William Fleming	Away	5/2
Radford	Away	5/2
Blacksburg	Away	5/6
Highland Springs	Away	5/9
Patrick Henry	Away	5/13
Staunton River	Away	5/28



Front Row: Kelsey Shaywitz, Campbell Best, Simone Schumaecker, Bailey Hodson, Roxy Robinson, Megan Crowe, Aubrey Hertzberg, and Kate Manico. **Middle Row:** Jessica Palisca, Caitlin Moore, Ashlee Brickey, Faith Williams, Jayna Reed, Oriel Soltysik, Jada Jones, and Summer Patterson. **Back Row:** Lyndsey Tran, Lindler Wessinger, Saniya Tolliver, Emma Falatic, Sophia Schumaecker, Anna Long, Isabella Bonhotel, Jashly Ramos, Reva Sawh, Rose Boch, and Melody Garcia-Vega.

Academic Team



Front Row: Maya Monsour, Weston Colip, and Maya Sawh. **Middle Row:** Jack Purnell, Rachel Baffoe-Bonnie, Bennett Snyder, and Elliott Kroll. **Back Row:** James Snyder, Miles Vance, and Elliot Kesler.

Accolade



Front Row: Kate Manico and Tavia Wright. **Second Row:** Kayla Mutter, Grace Furrow, and Thanaira Colon. **Third Row:** Samantha Gobellan, Megan Crowe, Simone Schumaecker, and Mackenzie Kodatt. **Back Row:** Adviser Ms. Paige Lucas, Zada Porter, Jahiem Tyler, Caroline Daly, and Miranda Price.

Architecture and Engineering Club Art Club



Front Row: Oriol Soltysik and Nicholas Moses. **Middle Row:** Mehmet Demir, Gideon Pace, and Vikas Garimella. **Back Row:** Michael Cavicchio and Nathaniel LaPrade.



Front Row: Asha Johnson. **Middle Row:** Andrew Keller and Ashlee Brickey. **Back Row:** Charlotte Shelor, Mr. Lonker, and Elijah Sylvester-Johnson.

Band - Concert



Front Row: Brianna Bradley, Christian Adkins, Hanna Scaer, Emily Murano, Paige Hennen, Jordan Kalafut, and Caroline Treubert. **Middle Row:** Isabelle Divers, Katie Sullivan, Robert Picklesimer, Webb Holderman, Ethan Arrington, Abigail Robertson, and Amber Arthur. **Back Row:** Magdalena Scaer, Nicholas Cavicchio, Michael Cavicchio, Samuel Quakenbush, Lance Sipes, Jack Horton, Jason Bradshaw, and Matthew Mahoney.

Band - Concert



Front Row: Hannah Young, Henry Wagner, Elijah Ruffin, Justin Clingenpeel, and Katherine Durica. **Middle Row:** Laurel Hudson, Elliott Kroll, Jeremy Hudson, Skylar Perdue, and Thomas Rhodes. **Back Row:** Dillon Key, Aiden McLaughlin, Jesse Wills, Joshua Wainwright, and Luke DeFalco.

Band - Jazz



Front Row: Oriel Soltysik, Elise LeGault, Holly Hlnchy, Hanna Scaer, Emily Bassant, and Emily Bradley. **Second Row:** Amber Arthur, Sydney Schillen, Roxanne Robinson, Justin Clingenpeel, Rachael Baffoe-Bonnie, Abigail Robertson, and Vikas Garimella. **Third Row:** Thomas Rhodes, Truman Collins, Samuel Slate, Jason Bradshaw, Fletcher Burden, Magdalena Scaer, Webb Holderman, and Elijah Ruffin. **Back Row:** Ryan Chewning, John Shelor, Luke Defalco, Jackson Matthews, Jesse Wills, Noah Hartson, John Horton, Jeremy Hudson, and Skylar Perdue.

Beta Club



Front Row: Lauren Kadolph, Jessica Wei, Alexis Bousch, Cameron Killenger, Elliott Kroll, Roxanne Robinson, Morgan Martin, and Andrew Wheeler. **Second Row:** Jennifer Colebrook, Kevin Sheng, Ben Mone, Ashley Creekmore, Venkata Panchumarthy, Trieu Tran, Nathan Sharp, and Laine Burchinal. **Third Row:** Simone Schumaecker, Aida Doucoure, Elijah Hadfield, Phillip Becher, Dillon Key, Will Henritze, Colten Iademarco, Magdalena Scaer, and Nicole Bulla. **Back Row:** Lance Beheler, Jay Patel, Miles Vance, Joshua Wainwright, Michael Cavicchio, Owen Gaphrey, Grady Bridges, Zachary Bishop, John Shelor, and Patrick Goodman.

Beta Club



Front Row: Gracie Wiseman, Olivia Bowling, and Brianna Bradley. **Second Row:** Sophia Midkiff, Sophia LeGault, Eliana Miller, Ashton Howard, Hatley Loop, and Abby Weaver. **Third Row:** Madison Doceti, Asha Johnson, Nandini Sriram, Lauren Frampton, Christa Potgeiter, Maya Monsour, and Kayla Mutter. **Back Row:** Paige Hennen, Caitlin Phillips, Gabe Currier, Lena Kwitny, Logan White, Maya Sawh, Katherine Durica, and Zoey Hughes.

Choir



Front Row: Kara Hopkins and Kimberly Salgado. **Second Row:** Larissa Pesina, Acacia Collier, Lizabeth Zaragoza, Grant Shanks, Erin Sullivan, and Ashley Linsenman. **Third Row:** Angel Oxendine, Grayson Glas, Ella Vance, Erika Morris, and Zoe Caterina. **Back Row:** Milan Whitney, Carly Smith, Riley Reynolds, Joshua Bowman, Nicole Bulla, and Hailey Gester.

Criminal Justice Club



Front Row: Caitlin Moore, Laurel Hudson, Kameryn Brenner and Oriel Soltysik. **Middle Row:** Payton Harman, Josie Beheler, and Jade McNutt. **Back Row:** Madison Cianelli, Riley Trotter, Carter Taylor, and Michelle Zheng.

Debate Team



Front Row: Erin Sullivan, Erika Morris, and Oriel Soltysik. **Middle Row:** Ella Vance, Ahmed Faisal, Emma Roshioru, and Jessica Wei. **Back Row:** Juliana Gabrielson, Aida Doucoure, Elliott Kesler, Bennett Snyder, and Rachel Baffoe-Bonnie.

Dungeons and Dragons Club FAACTS



Front Row: Madison Johnson and Victoria Edwards. Middle Row: Weston Colip, Gabe Lumsden, Liz Pretz. Back Row: Marshall Glas and Andrew Hayes.



Left to Right: Caroline Weston and Olivia Hartman.

FBLA



Front Row: Christian Adkins and Taylor Hilovsky. Middle Row: Maya Monsour, Thomas Borrow, and Bailey Barker. Back Row: Jordan Akerson, Mr. Slawson, Mr. Gruse, and Caleb Iferika.

FCA



Front Row: James Graham, Nathan Sharp, Zada Porter, Maya Monsour. Middle Row: Mrs. Gruse, Cameron Bishop, Reese McMaster, Walker Swanson, Jalen Buster, Alexa Moronic, Mr. Gruse. Back Row: Akan Ndem, Bryce Cooper, Parker Huffman, Matthew Cagle, Lucas Duncan, Reed Pendelton.

FCCLA



Front Row: Aubrey Hertzberg, Kara Hopkins, and Jillian Holt. **Middle Row:** Erika Morris, Madison Johnson, Lillian Hollins, and Autumn MacGregor. **Back Row:** Jacob Miller, Yash Patel, Parker Huffman, Blake Bowles, and Jumana El-Shenawy.

French Club



Front Row: Kaitlyn Jenkins, Hanna Scaer, and Hannah Allder. **Second Row:** Nathan Tryal, Tom Lin, Elizabeth Moore, Maria Lanter, Blake Jones, Erika Morris, and Eli McGraw. **Third Row:** Caitlin Phillips, Emily Bradley, Marisa Sigrist, Kevin Sheng, Alexis Boush, Gemma Shenawi, Adrienne Heston, and Maya Sawh. **Back Row:** Amethyst Wright, Devin Ren, Michael Cannon, Philip Becher, Matthew Miles, James Snyder, and Bennett Snyder.

Guitar Club



Front Row: Andrew Allder and Devin Shepherd. **Back Row:** Andrew Hayes, Sabian Lawrence, and Elijah Siylvester-Johnston.

Help Save the Next Girl



Front Row: Trinity Paschal, Caroline Weston, and Brianna Bradley. **Second Row:** Asha Johnson, Aurora Love, Madison Doceti, Rachael Snodgrass, Autumn MacGregor, and Taylor Hilovsky. **Third Row:** Lily Fox, Laurel Hudson, Grace Williams, Mariah Lanter, Savannah Stump, Katherine Durica, and Cicely Webb. **Back Row:** Amanda Salters, Grace Welsh, Kaitlynn Mullins, Katie Sullivan, Aida Doucoure, Amisha Sahni, Marisa Sigrist, and Hannah Young.

Key Club



Front Row: Taylor Hilovsky, Kameryn Brenner, Ashlee Yeatts, Maya Monsour, Lizbeth Zaragoza, Oriol Soltysik, and Sophie Midkiff. **Second Row:** Lily Fox, Skye Jeong, Cicely Webb, Sarah Tirico, Payton Harman, Kelsey Shaywitz, Jayna Reed, Lena Kwitny, and Tom Lin. **Third Row:** Josie Beheler, Hailee Rogers, Lauren Pennington, Jaden Iademarco, Jacob West, Marisa Sigrist, Henry Ton, Ethan Sheehy, Madison Cianelli, and Erin Akins. **Back Row:** Lance Beheler, Simone Schumaecker, Riley Trotter, Truman Collins, Colten Iademarco, Owen Ghaphrey, Reed Pendleton, Steven Landsman, Katie Mullins, Nicole Bulla, and Amisha Sahni.

Knight Life



Front Row: Mrs. Cundiff, Sophia Midkiff, Taylor Hilovsky, Erika Morris, Paige Hennen, Erin Sullivan, and Kimberly Salgado. **Middle Row:** Rebecca White, Ella Vance, Emma Roshioru, Alexis Boush, Syndey Smith, Maribel Saade, and Olivia Bowling. **Back Row:** Bailey Barker, Carly Smith, Joshua Bowman, Riley Reynolds, Jack Purnell, and Caroline Daly

Knight News



Front Row: Kathryn Manico, Zoe Caterina, Kaylin Grahame, Natalie Paul, Lizbeth Zaragoza, Ryleigh Balzer, Hannah Hodges, and Trinity Paschal. **Second Row:** Kelsey Shaywitz, Skye Jeong, Mrs. Morrison, Tom Lin, Eden Giannini, and Cailey McGlaughlin. **Third Row:** Sarah Tirico, Zoey Hughes, Emma Larson, Kaitlyn Carter, Allie Kolnak, Samantha Gobellan, and Blake Jones. **Back Row:** Hallie Weitzenfeld, Tanner Barker, Patrick Goodman, Josh Williamson, Zachary Bishop, Michael Rothbart, Hunter Clark, and Miranda Price.

National French Honor Society



Front Row: Sophia Legault and Caitlin Phillips. **Back Row:** Kevin Sheng, Philip Becher, and Maya Sawh.

National Latin Honor Society



Front Row: Abby Weaver, Lena Kwitny, Gabe Currier, and Madison Doceti. **Middle Row:** Jessica Wei, Aida Doucoure, Luke Defalco, Magdalena Scaer, and Elliott Kroll. **Back Row:** Jay Patel, Michael Cavicchio, Owen Ghaphrey, and Miles Vance.

National Spanish Honor Society



Front Row: Olivia Bowling, Caroline Weston, Oriel Soltysik, Sophia Midkiff, and Brianna Bradley. **Second Row:** Nandini Sriram, Katherine Durica, Jayna Reed, Roxanne Robinson, David Lawson, Catherine Thacker, Thainaira Colon, Hannah Young, and Jordan Rearick. **Third Row:** Lauren Frampton, Taylor Smithson, Alexis Boush, Katie Sullivan, Morgan Martin, Caroline Daly, Ben Robinson, Jennifer Colebrook, Amisha Sahni, and Paige Hennen. **Back Row:** Nicole Bulla, Dillon Key, Truman Collins, Joshua Wainwright, Akan Ndem, Alex Glick, Will Henritze, Colten Iademarco, and Tyler Mitchem.

Rho Kappa



Front Row: Zoey Hughes, Maya Sawh, Paige Hennen, Caroline Weston, and Sophia Midkiff. **Middle Row:** Morgan Martin, Kevin Sheng, Simone Schumaecker, Jennifer Colebrook, Elliott Kroll, and Jessica Wei. **Back Row:** Bennett Synder, Philip Becher, Grady Bridges, Owen Ghaphrey, Joshua Wainwright, Truman Collins, and Aida Doucoure.

Robotics Team



Front Row: Mehmet Demir and Laurel Hudson. **Middle Row:** Katie Sullivan, Sydney Schillen, and Tyler Kendrick. **Back Row:** Fletcher Burden and Webb Holderman.

SCA



Front Row: Carter Dole Smith, Claire Henritze, Matthew Chapman, and Holden Blanton. **Second Row:** Sofia Midkiff, Taylor Hilovsky, Lily Fox, and Olivia Bowling. **Third Row:** Taylor Smithson, Alexis Boush, and Allie Kolnok. **Back Row:** Joe Kupidlovsky, Raj Patel, James Snyder, and Elliot Kroll.

Spanish Club



Front Row: Sofia Midkiff, Alicia Carvalho, Lauren Frampton, Laurel Hudson, Olivia Bowling, and Brianna Bradley. **Middle Row:** Jayna Reed, Thanaira Colon, Morgan Martin, Holly Hinchy, Paige Hennen, and Nandini Sriram. **Back Row:** Alexis Boush, Michelle Zheng, Jennifer Colebrook, Colten Iademarco, Nicole Bulla, Amisha Sahni, and Catherine Chen.

Student Advisory Council



Front Row: Taylor Hilovsky. **Middle Row:** Sophia LeGault, Emma Roshioru. **Back Row:** Rachel Baffoe-Bonnie, Jake Hopstetter, Caroline Daly.

Student Helpers



Front Row: Jayna Reed, Dylan Williams, Allie Kolnok. **Back Row:** Truman Collins, John Asimakopoulos, Ethan Wiid, Zada Porter.

Tri-M Music Honor Society



Front Row: Jordan Kalafut, Holly Hinchy, Katherine Durica, Amber Arthur, Emily Bradley, Hannah Young, Paige Hennen, Laurel Hudson, and Hanna Scaer. **Second Row:** Sydney Schillan, Katie Sullivan, Isabelle Divers, Elijah Ruffin, Justin Clingenpeel, Rachel Baffoe-Bonnie, Oriol Soltysik, Roxanne Robinson, and Henry Wagner. **Third Row:** Abigail Robertson, Elliott Kroll, Samuel Slate, Edward Holderman, Truman Collins, Dillon Key, Skylar Perdue, Lena Scaer, Holden Jeffords, Robert Picklesimer, and Lucas Holt. **Back Row:** Jason Bradshaw, Jack Horton, Noah Hartson, Michael Cavicchio, Jesse Wills, Samuel Quakenbush, Joshua Wainwright, Aiden McLaughlin, Luke Defalco, and Nicholas Cavicchio

Campbell Best

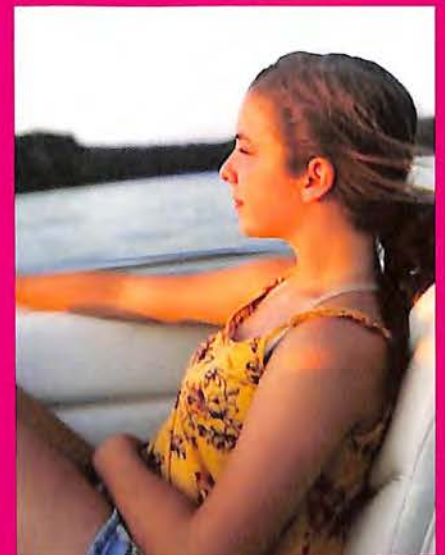
Campbell, I've had the pleasure of watching you grow into an amazing young lady over the last 18 years.

Your academic, Taekwondo, and Cross Country achievements have only been supposed by your undeniable faith in Jesus Christ. I love you so much and am so blessed to get to call you my little girl. I cannot wait to see what else you do with this life! You are "so special" (as grandma would say). Always remember Phil 4:13 NLT "For I can do everything through Christ, who gives me strength." Love you, Dad



Cam Cakes, I am so blessed you gave me the privilege of being in your life. You have filled my heart with so much love and pride. I am so proud of the person you have become and the life you have created for yourself. You are a hard worker, loyal, and a dedicated Christian and you inspire me every day. I love you so much and thank you for letting me be your bonus mom. (Clean your car and take your smelly, disgusting CX shoes with you to college.)

Love you forever, Kelli



Sister, thanks for being a great big sister and don't drink too much Coke at school. Love you Crooked Mouth, Peyton



Amethyst Wright

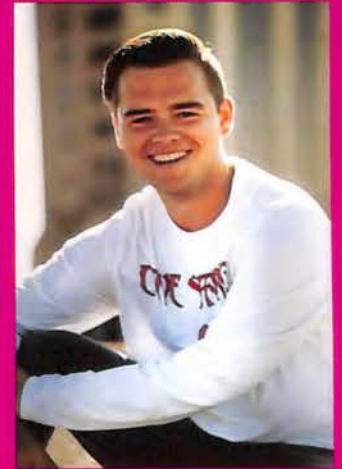


Keep shining!
We love you
more than
words can tell.
Mom, Ricky &
ET



Andrew Keller

Congratulations,
Andrew! You always
seem to amaze us. We
are so proud of you!
Follow your dreams and
you will go far! We love
you very much!!! Love
always, Mom, Dad, &
Mitchell

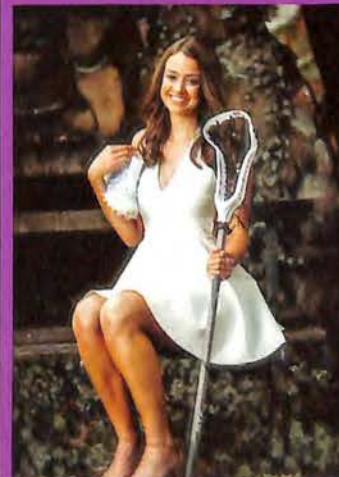


Blaise Wood

Blaise, we are beyond proud of
the young man you have become.
You have the most genuine soul
that is full of compassion, goals
and heart for everything you do!
Can't wait to see what things
you accomplish! We love you,
Dad, Mom and Braylan



Ashley Creekmore



Ashley, your HEART is KIND, your
MIND is FIERCE, your SPIRIT is
BRAVE, and this world is SO LUCKY
to have you. Follow your dreams,
and enjoy the ride, wherever they
may take you. I will always be here
for you when you want to come
home. I love you, always, Mom



Sophia Midkiff



Sofia, no one could have told us how wonderful it would be to have you as a daughter. We have watched you grow into this smart, kind and lovely young woman. We are so proud of you, and can't wait to see the things you'll do (make all the memories). Go conquer the world! With all our love and support,
 Dad, Mom, Amalia, Tomás, Athena and Lola

"What lies behind us, and what lies before us, are small matters compared to what lies within us"
 - Ralph Waldo Emerson

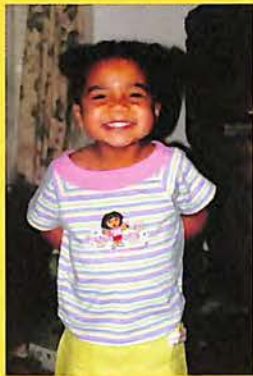


Elijah Ruffin

We are so proud of you, Elijah! Your incredible intellect, strong character, mild temperament, and steadfastness are shining examples of the young man you have become. Your academic achievements, heart for service, quick wit and sense of humor are wonders to behold. From trains to planes, from legos and books to video games, from piano to clarinet and then to alto sax, we have watched in awe as your interests evolved, your God-given talents became evident, and you have spread your wings. We know that you will achieve great things in the future! Always remember that "the steps of a good man are ordered by the LORD, And He delights in his way." Psalms 37:23. We love you more than you can imagine! Dad, Mom, Ebony and Eleah



Brianna Bradley

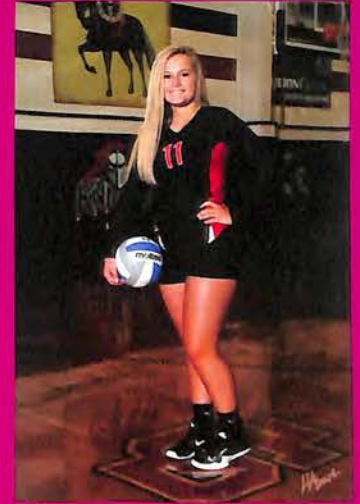


Words cannot express how very proud I am of the young lady you have become. You have such powerful goals for your life and I look forward to watching you conquer them one by one.

I love you Brianna Nicole. - Mom

Caroline Glenn

Congratulations, Caroline! We are so proud of you and the smart, talented, and beautiful young woman you have become. Keep true to your faith and keep working toward your goals. We love you! - Mom, Dad, Carter, and Chandler.
Dad said, "Now go mow the grass"



Lance Beheler

Congratulations Lance! We cannot believe how quickly the years have flown by! From the moment you came into this world as a 2 pound, 12 ounce preemie, we knew you would be strong and a leader in all you do. God has a special plan for you. It has been such a joy to watch you grow into a handsome, loving, smart young man. Words cannot express how proud we are and how much we love you! We know you will go far! Just remember to always be you no matter what, and never give up!

Love you, Mom, Dad, and Josie



Lance Sipes



Congratulations
Lance..remember, the road to success is always under construction. It may get bumpy, it may be beautiful, but it is your trail to blaze and we will always be here for you along the way. With love,
-Your Family (and the dogs too!)

Eric Eisenzimmer



Your enthusiasm for life, spirit for adventure, endless curiosity and amazing compassion is a gift only a son could give. In the blink of an eye, you have grown into a man that I am incredibly proud of! As you begin your next journey, always know there is a place to call home. Good luck, son. I love you more!



Grace Welsh



The past 18 years have been a wonderful journey. I am so excited for the next chapter to begin. Grace and Savannah I wish you both the best for the future and I am so proud of you both. Love you to the lake and back!



Asha Johnson



Asha, we are so proud of you. You have been a ray of sunshine since the day you were born. Continue to follow your heart and pursue your dreams. We love you! Dad, Mom, and Tyus



Colossians 3:23-24

Jennifer Colebrook

Psalms 37:3-4



From princess charm and pumpkin face to sanguine poise and lovely grace your independence radiates confidence, kindness, tenacity, gentleness, optimism...stern resolve and mischief bound for adventure unbridled not to be tied, free, seeking purpose, meaning and significance, and happiness. Fly young lady! Ride loose, light softly, hold firm to Truth, let your Spirit fly . . . The world eagerly awaits the likes of you, Jennifer. Your intuition, self-command, virtuous character, intelligence and reason are the blessings of our Loving God that will guide you and challenge you; take Him by the hand, follow His lead, walk resolutely, live in peace. We have been and are truly blessed by your presence, your wonderful countenance, inspiring Spirit of life to the fullest God blesses you! We are unspeakably proud of you, we dearly love you. With all our heart we love you. As the sun brightens each morning we know the world unfolds before you with untold promise.

- Mom and Dad



May the road rise up to meet you.
May the wind be always at your back.
May the sun shine warm upon your face;
The rains fall soft upon your fields and until we meet again,
May God hold you in the palm of His hand.
- Irish Blessing

Hatley Loop



Hatley, we're very proud of the young lady you have become. We know you will be successful in all your future endeavors. We love you, Mom, Dad & Christian



Jordan Rearick

"What of Art?
-It is a malady.
-Love?
-An Illusion.
-Religion?
-The fashionable substitute for Belief.
-You are a skeptic.
-Never! Skepticism is the beginning of Faith.
-What are you?
-To define is to limit."
-Oscar Wilde, The Picture of Dorian Gray



Jalen Buster

Thank you for being a great son. Thank you for being a great brother, friend, and leader. Thank you for being coachable. Thank you for working hard and setting goals. Thank you for wanting more. Thank you for never settling. Thank you for knowing right from wrong. Thank you for putting God first. Thank you for choosing kindness. Thank you for being YOU. You mean the world to so many people, and we thank you for that. Your dreams have always been big, and you have always gone after them! Don't stop now!
Love you, mean it, Mom, Dad, and Colt



Jadan Akerson



As your next phase of life approaches us rapidly, please know we are going to miss our "RockstAr". God has blessed you tremendously and you have been an inspiration to us all. We are ecstatic to be your "parents" and to call you our "daughter." The sky is the limit you can achieve anything you put your mind to it and put God first. Philippians 4:13 "I can do all things through Christ who strengthens me." We LOVE you so much!!!
Dad, Mom, Ashley, and Jordan

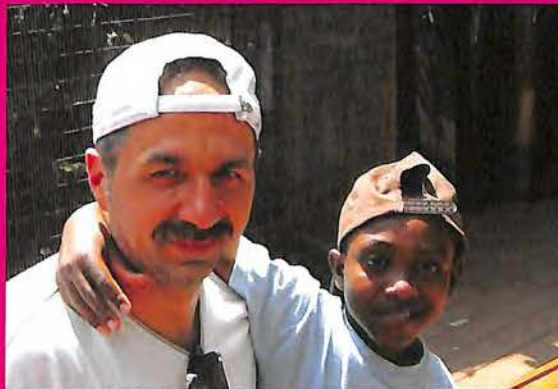
Briggs Cooper



Briggs, you continue to amaze us in all that you do. Your creativity, hard work, determination, perseverance and the gift of turning "stumbling blocks" into "stepping stones" truly define the wonderful young man that you are. We are so proud of you and are anxious to see the plans that God has in store for you. Keep being you! We love you more than you could ever imagine!
Love, Daddy, Mama, Abigail, and Campbell



Mark Daroshefski



Mark you have grown into an incredible man. As your parents we would love to take credit, but it's all you! The one thing you never learned in school: How to say I can't! You've never let anything get in the way of your goals and dreams. That is one thing we hope you never lose sight of. With your winning attitude and determination, you can do ANYTHING! Here's to your next successful endeavor! We love you and are more than proud! Mom & Dad



Avery Sutherland

Avery Brooke, we are so proud of your accomplishments and the beautiful young woman you've become. Thank you for teaching us about finding joy, creating your own path, and patience. We love you and can't wait to see what your future holds.

Love, Mom, Joe, Dad, Jamey, Langley, James, Eric, and Lilah



Joshua Wainwright

Here's to it and to it again... Josh, your family loves you and is proud of you, and we'll always have your back. Now, get to it and do it!



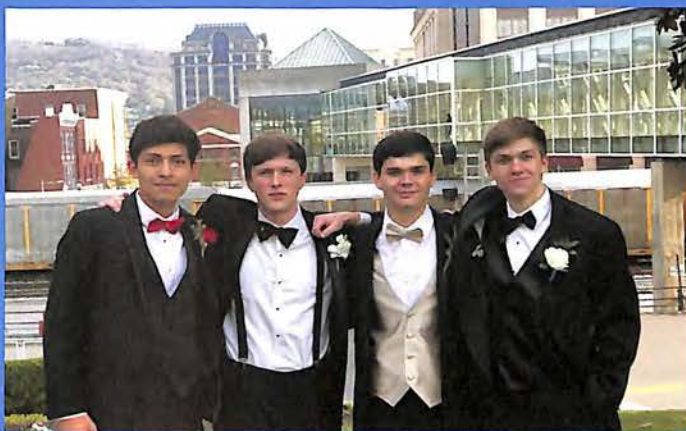
Katherine Durica

Kate, we are so proud of the wonderful young woman you have become. Love, Mom, Dad, Sarah, Bella, and Jackson



Parker Mills & Mills Harris

"A good friend knows your best stories, but a best friend has lived them with you."



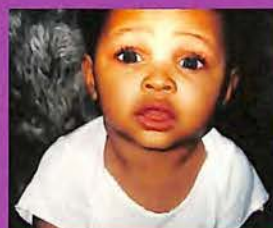
Kiera Mooney

Kieera, we are so proud of you and all that you will do in the future. You will always be our goofball, stay true to yourself. We love you. - Your family

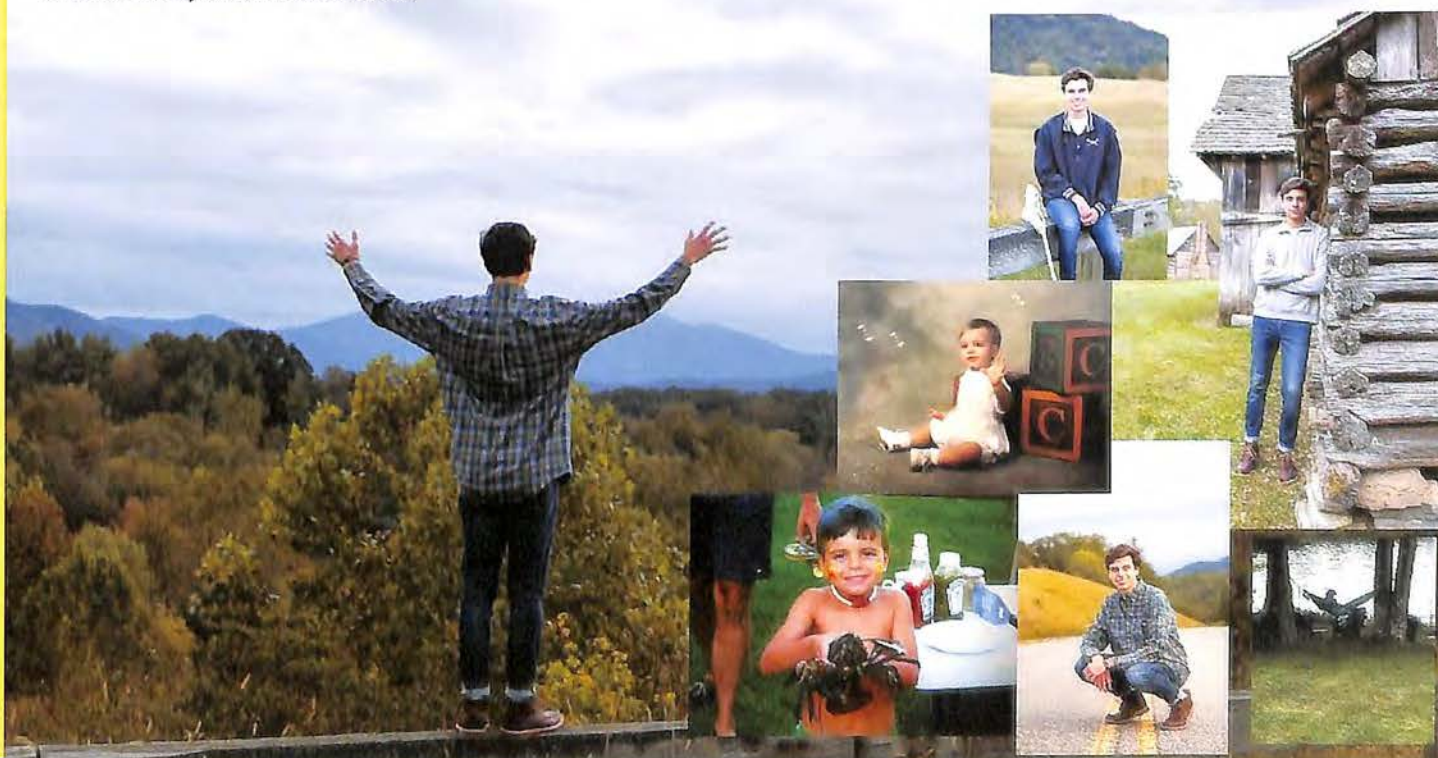


Jabin Duviella

Congratulations Jabin! We love you dearly. You have a wonderful future ahead. Be humble and treat others kindly. We are super proud of you. Love always,
Your Family



Owen- You are a smart, loyal, and determined young man and have always dedicated yourself to reaching your goals through hard work and tenacity. This will serve you well in life as you pursue your dreams! We are excited to see where life takes you and the wonderful impact you will have on the people around you. We are so very proud of you and love you with all our hearts. Enjoy your journey and don't let any obstacles hold you back from the great things God has prepared you to do!
Love-Dad, Mom and Cara



Lauren Frampton



In what seems like the blink of an eye, you've gone from being an active toddler with boundless energy and an enthusiasm for life, who loved playing outside, jumping on a trampoline, swinging on the bars, balancing on the beam, and flipping at the gym, to traveling the world, enjoying fantastic adventures, and maintaining a passion for gymnastics, skiing, and helping others, ultimately growing into an extraordinarily talented, intelligent, curious, independent, funny, hardworking, caring, and compassionate young adult. It has been an absolute pleasure, privilege, and honor to watch you develop into such an incredible and inspirational leader, courageously overcoming challenges, working tirelessly to accomplish so much in such a short time, and demonstrating passion and commitment that rightfully earned you tremendous respect. We are very proud of you and your achievements, Lauren, and even more proud of your character and integrity. As you enter the next exciting phase of life's journey, we wish you the greatest happiness, health, and success, living your life in your way. Follow your dreams, trust your instincts, and always stay true to yourself. We love you very much! Mom and Dad





Matthew Cagle

We are very proud of you and we know you will be successful at anything you put your mind and heart into. We wish you the strength to live your life with integrity and not be afraid to find your own path.

Love, Mom and Dad



Grace Furrow

Don't let anyone or anything stop you from becoming who you want to be! Thanks for brightening our lives! We look forward to seeing what you achieve in your life!

Love, Dad & Mom



"You are braver than you believe, stronger than you seem and smarter than you think"
- Winnie the Pooh

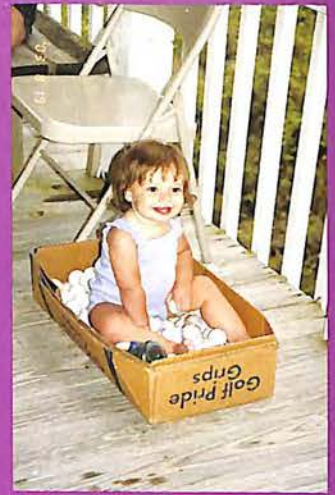


Kayla Mutter



Kayla Sue, we love you and the wonderful person, sister, and daughter you have always been. You continue to do amazing things and we are so proud of you! Congratulations on your graduation. We are so excited to see what you accomplish next!

"Always remember, there was nothing worth sharing like the love that let us share our name." - The Avett Brothers



Lena Kwitny



"We hope your dreams take you to the corners of your smiles, to the highest of your hopes, to the windows of your opportunities, and to the special places your heart has ever known."

- Unknown

We're proud of you!
Congratulations! Love,
Dad, Mom, and Molly

Lucas Holt

Congratulations Lucas! We have always been proud of you, but we are so incredibly proud of the young man you have become. We are truly blessed to call you our son! Your sister has always looked up to you, even when you picked on her! Be true to yourself, keep God in your life above all, family first, and you will know true happiness!

We love you! Love, Mom, Dad, Jillian, and Tori!



Maddi Stephens



Maddi, you bring such joy to our world! We are immensely proud of you and all that you've accomplished. The Lord has great plans for you...keep your eyes on Him. And remember, we will always be your biggest fans...cheering and praying! Go get 'em Tiger! We love you!

- Mom, Dad and Meg

Madison Lange



Congratulations Madison! We are so proud of you! We love you to the moon and back, forever and always!

Love,
Mom and Dad, Connor and Kennedy



Maya Sawh

Your success is a direct result of your hard work and pursuit of excellence. Your determination and competitive spirit will help you actualize your dreams. Remember to smell the roses.

Congratulations and love always,
Mom, Dad, Reva and Sanjay



Maya Monsour



"You're off to great places! Today is your day! Your mountain is waiting. So...get on your way!" - Dr. Seuss. We have so enjoyed watching you grow into a strong, smart and beautiful young woman. Thanks for always making us laugh and for the joy you bring to our family everyday. We can't wait to see all you will become!
Love, Dad, Mom, Madison, Drew, Jesse and Jaiden



Roxanne Robinson



Roxy, our wish for you is that your life becomes all that you want it to, your dreams stay big, your worries stay small, your challenges met, your love fulfilled. We are super proud of you and can't wait to see what your future holds!
Love, Mom, Dad, and Nigel



Matthew Razvillas

Matthew, since the day you entered this world you have made us all laugh and warmed our hearts. We are so proud of the young man you have become and we all know you will be successful in your future endeavors. The Big



Top loves you!
Mom, Dad, Kelsey,
Kassidy & Mason



Nick Henritze



Nick, you always keep us laughing and will accomplish whatever you set your mind to!
We are so proud of you!
Love always, Mom, Dad, Claire,
Davis, Mason, and Caroline

Sophie Currier



Sophie, we are so proud of you and we know you have a bright future ahead. Love you. "It is good to love many things, for therein lies the true strength, and whosoever loves much performs much, and can accomplish much, and what is done in love is well done."

- Vincent Van Gogh



Michael Mahoney



We are so very proud of you Michael! We're so excited to see what your future holds. We love you so much!
- Mom, Dad, & Matthew

Nicole Struzinsky

Congratulations Nicole! Your nickname, Sunshine, is fitting as you have brought much joy and laughter to our lives. We have enjoyed watching you grow in to such a smart, determined, hardworking, and responsible young lady. You have always been tiny, yet fierce. Adventurous and independent - never hesitating to explore new things and travel to faraway places. You are a caring daughter, sister, and friend and we are so proud of you. As you move on to new adventures, be true to yourself and know that all you need to fulfill your dreams is already within you. Continue to spread your sunshine to others you meet as that is what will truly bring you happiness and help change the world. We love you so much! Mom, Dad, Aimee and Zoe



"In the middle of the road, in the moment you want to give up, shout out even louder, So What?" -BTS



Raj Patel

Raj, we are astonished by all your achievements. You are a true blessing in our life, and we hope all your future endeavors come true. As a family we love you and cannot wait to see how much you accomplish.



Samuel Slate

Congratulations, Sam on a job well done! Your hard work, determination, and talent have paid off in a big way. We couldn't be more proud of your many accomplishments and the young man you've become. It's certainly going to be quiet around here next year without band practice and baseball tournaments, but we know the next chapter of your life will be just as great. Continue to be the thoughtful, compassionate, kind soul you have always been, and you will achieve great things!

We love you! Mom, Dad, & Abby



Will Henritze

Will, you have an amazing independent spirit and we can't wait to see where you go in life! We are so proud of you! Love always, Mom, Dad, Claire, Davis, Mason, and Caroline



Alexis Boush

Congratulations Alexis! We are amazed by you! We are truly in awe of the smart, sweet, kind, caring, funny, and optimistic young woman you have become. We wish you all the success and happiness the world can offer. We are so proud of you and love you so very much. Love, Mom, Dad, and Luke



Reagan Edmunds



Itty-bitty is all grown up! We can't believe how fast it happened, and we couldn't be prouder of the beautiful, smart, independent young woman you've become. We love you, Baby. -Mom & Dad



Christa Potgieter

"Strong women aren't simply born. They are made by the storms they walk through."

You have concurred every storm and walk today in victory. We are all so proud of you and wish you all the best for this new chapter in your life book. You go girl and write us another breathtaking chapter filled with excitement, love, bravery, compassion and enthusiasm. Continue to live your life by your "ouma's" saying: "It is all in the mind."

Lief vir jou altyd en gaan gooi mielies.
Pappa, Mamma, Miné, Dinel en Dirk



In Memory of Mrs. Ashley Sadler Huray

"For we walk by faith, not by sight."

- 2 Corinthians 5:7

"Carpe Diem"





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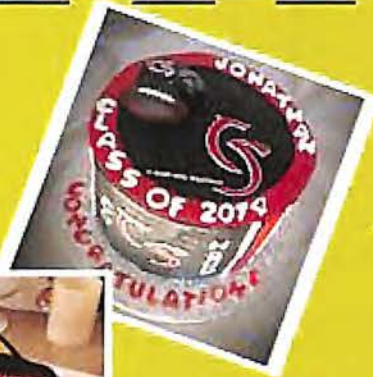
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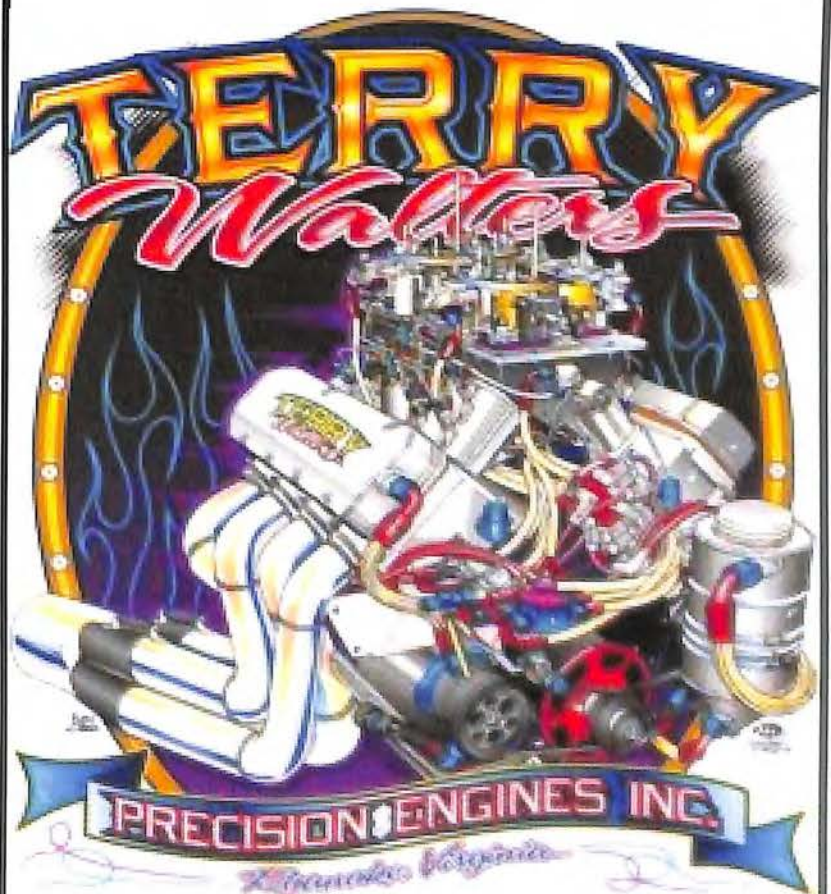
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THEME:

"KNIGHT TIME" seemed fitting as a theme this year. If there was ever a time to come together as a true Knight community, this year has been it. We've been in the trailers all year, suffered the unspeakable loss of our beloved Mrs. Huray, faced a global pandemic and transitioned to online schooling, and more. All of these events have just proven how strong of a community we truly are, and we wanted this yearbook to reflect that as much as possible. Now, more than ever, is Knight Time. Amidst all of these changes, we've shown strength. The seniors used their spirit week theme day to turn their final year in trailers into something fun. In the wake of Mrs. Huray's death, everyone came together to support Mr. Huray and celebrate the life that his wonderful wife lived. Despite never playing a game in their true home gym, the boy's basketball team had their best season ever and became state champions. This is what it means to be a Knight.

We also wanted to play on the rhyme of "night time" with our theme, so we included many star graphics and modular elements throughout. We want our students to "shoot for the stars" and do their best in everything they pursue. We also want them to keep "stars in their eyes" as we go through challenging times. If we keep these "stars" in our eyes as we look at the unfortunate things, we can learn to see all of the possibilities.

ASSEMBLY:

COVER: Our staff put a lot of work into this custom cover design, and it perfectly displays our theme. The cover is the first thing you see, and we wanted it to be remembered. Our base material is vista executive litho permocote wrapped around 145-point cover board. We also used an anti-scruff matte lamination and silver foil.

PRINTING: Vegetable-based inks on 100-pound premium matte paper applied in the Herff Jones Kansas City printing facility.

PORTRAITS & GROUPS: Lifetouch

RECOGNITION: The Cave Spring High School *Accolade* has appeared on both the CSPA Crown and NSPA Pacemaker lists and won numerous state championships, including the 2018 and 2019 books.

SPECIAL THANKS:

Jess St. John: Year three down and it was once again an amazing year. Thank you for everything you did to help us plan and design - we couldn't have done it without you and your bright ideas.

Mark Plyer: Thank you for everything you do. From answering technical questions to catching our mistakes, we appreciate all you do.

Amy Hayden: Thank you for your pictures, which you so generously let us use. You're amazing!

Connie Alonso-Mosher: Thank you for being such a meticulous and diligent bookkeeper. You keep our ship afloat! Mr. Spangler, Mr. Parker, Mrs. Deeds and Mr. Hall: Thank you for always giving us your support. From getting pictures inside the new school to coordinating buses on club picture day to sending out marketing emails and so much more, we could not have done this without you.

Mrs. Shawn: Thank you for all of the information and materials you passed down this year. We are lucky to have inherited the wisdom of such an incredible, generous yearbook adviser.

STAFF:



Samantha
Gobellan, 12



Simone
Schumaecker, 12



Caroline
Daly, 12



Grace
Furrow, 12



Kayla
Mutter, 12



Tavia
Wright, 12



Thanaira
Colon, 12



Jahiem
Tyler, 12



Mackenzie
Kodatt, 12



Megan
Crowe, 12



Zada
Porter, 11



Kate
Manico, 11



Miranda
Price, 11

This year's staff is a small but mighty group of thirteen smart, driven, caring, creative, funny, and spirited individuals. With only four staffers returning this year with yearbook experience, this year was a huge learning curve for all of us. I am immensely proud of these students and their professionalism, attention to detail, leadership, and ability to lift each other up as a team. I love each and every one of you. Thank you for an amazing year! Love, Ms. Lucas

TOURING THE SECOND FLOOR SCIENCE

WING, faculty and staff see this new part of the school for the first time. They explored the science wing on a February teacher work day, admiring the large classrooms and ample windows that let in lots of natural light. Science teacher Mrs. Sara Cann was very pleased with the progress of the new Cave Spring High. She commented, "It was very exciting to see our new science wing. I am looking forward to our new home and ready to leave behind our mobile classroom and port-a-potty bathrooms!"





LOOKING OUT AT THE TRAILER PARK FROM WITHIN THE NEW CONSTRUCTION, realization has set in that the time in the trailers has come to a close. The progression of the new school is apparent as in the beginning of last year it was all rubble and now there's actual rooms that are ready for future classrooms. "When we first heard about the trailers, we all dreaded the thought of it. In the end, I personally liked the trailers because being in them gave our senior class have memories that will last forever. Ultimately, they brought us together during a tough situation," said senior Caroline Daly as she recalled her fourteen-month experience in the trailers.





CONSTRUCTION TAPE, NEON VESTS, HARD HATS, WORK BOOTS AND SMILING FACES fill the

walkways during the morning of the class theme day for Spirit Week. Many worried that not being able to decorate an actual hallway would not be as fun. However, plenty enjoyed that morning and realized that this year's senior class would most likely be the only group to do that. The aftermath of seeing all the leftover "caution" tape and random pieces of streamer left seniors with a bittersweet taste. They had finally gotten their chance to do a senior theme, but would never be able to do that again. "We were all sad because it would be our last homecoming as a class together. We took advantage of the construction around us and used it for our theme. It was fun seeing underclassmen get frustrated with having to unwrap themselves from the tape. I'd do it all over again," senior Andrew Keller said.

