1975

NORSEMEN

Grade 9 74-75

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Market Market Directions Sondaren Cool man yen Warnen Mr. Open & and 16 areal cool friend stay out of trouble love Burch 23 anice 2il of has you have a rice e chamer A Lee San Lee To a girl who I helped take to the office when she spranked her foot, rone significant Moses NRE NEW Solves Scools: 20 8° 2 (D.T.) (*3)/ (*3)/ To a nice girl who is in my History class. Son Pharley Laurence To a real Edson nise girl Richard MD

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NORSEMEN

In a period of turmoil, Northside Junior High have been affected by most of the changes that have occurred in the United States. Discussions have raged. Diverse topics such as Watergate, Nixon, inflation, the energy crisis, and the RESPONDING SERIES, all have had a place in the educational program.

When inflation hit, the valley teachers complained about the high price of lunches. Lunches for students rose from forty-five to fifty cents. Students tried to conserve paper by making spitballs out of scrap paper instead of wasting a whole sheet on which a homework assignment had been copied. Because of production costs, the school newspaper was published three times during the year, and it cost fifteen cents, instead of the previous ten cents.

Hall passes were new this year so as to cut down on the wandering in the hall. Doors were closed in the classrooms to conserve heat in the room and not to heat the halls. We wore warmer clothing and kept our hands in our pockets to keep from freezing.

The school widened with the new addition on "C" hall which was 'off limits to all students'. Mr. Johnston and the assistant principals patrolled the new wing. A new assistant principal, Mr. Dyer, took charge of the eighth grade.

In the realm of sports, our football team was undefeated. The Basketball and Wrestling teams experienced many victories. Girls sports received more recognition.

With changes in the economy came changes in education. The focal point in Social Studies classes was on Career Education and Economics. Career education was a 'hands on' activity for Pre-Vocational students. The importance of learning a saleable skill was stressed.

Student involvement and participation were significant in all subject areas. Besides the old techniques of discussion, research, and lecture, new methods of instruction including role playing, field trips, labs, television, and games offered unique opportunities. Interest blocks offered the student the opportunity to discover his abilities and talents.

New pressing needs have made us more aware and have called upon us to direct our energies to a tentative solution. Northside Junior High School has only begun to challenge the ever-changing problems of a technological world.



ADDITION TO
NORTHSIDE JUNIOR HIGH SCHOOL
ROANOKE COUNTY, VIRGINIA
SHERERTZ, FRANKLIN and SHAFFNER
ARCHITECTS ENGINEERS PLANNERS

VALLEY CONTRACTORS. CORPORATION

GENERAL CONTRACTOR - SALEM, VIRGINIA

ROANOKE, VIRGINIA



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CHANGING DIRECTIONS



SCHOOL STOP . . . Students arrive at Northside Jr. High School half-awake wondering what excitement the day has in store.



was introduced. Awinning season was the Norsemen's aim.



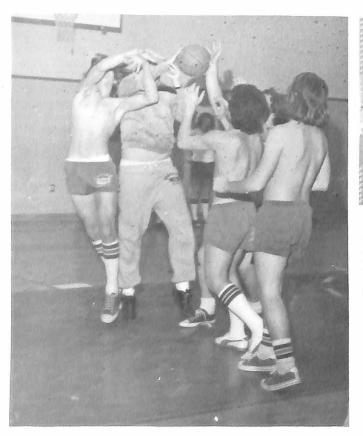
ENTHUSIASTIC CROWD... The crowd cheers as the Cheerleaders get spirits up, and the Football Team extension to C' hall. The sights, sounds, and smells of construction became familiar to the students.

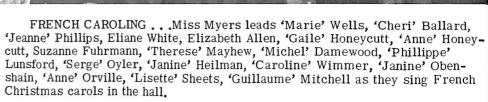




ENJOYING BREAKFAST . . . Mike Thomas and Tim Slocum enjoy eating cinnamon buns and drinking orange juice in the cafeteria before school.

YOU'RE KIDDING . . . Marsha Compton gives Russell Davis an inquiring look. They are trying to determine the freezing and melting point of moth flakes in Mrs. Birckhead's IPS class.



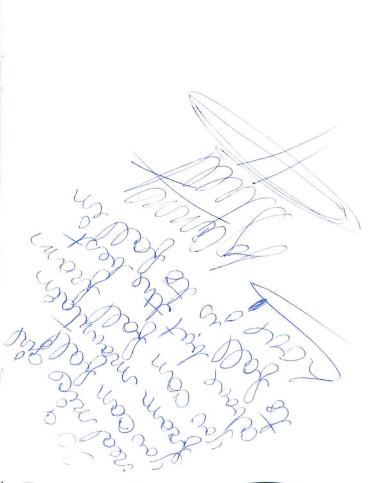


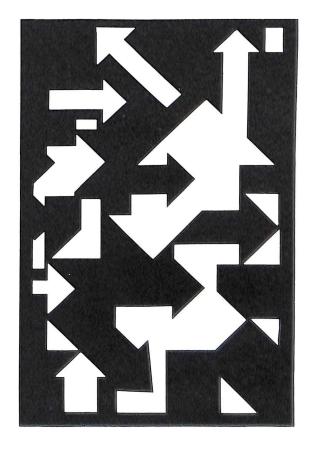
JUMP UP . . . Anthony Stout, Coach Maynard, Johnny Asimakopoulos, and Wally Foutz play basketball during ${\tt gym\ class}$

Odice) in Safety in sancing of July Sancing Sa

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ORGANIZATIONS









SCA OFFICERS ... FRONT ROW: Christi Hoback, Ginger Michael, Sherry Hogan. BACK ROW: Mary McManaway, Mr. Gallimore (sponsor), Melody Miller.

Seventh grade class officers were elected in the fall. Students donned campaign buttons and posters covered the halls. In an attempt to raise money and aid hunger pains, the ninth grade officers sold popcorn at the basketball games. The try was in vain--but the good thought was there.

The results for all elections were as follows: SCA Officers: Ginger Michael - President, Christi Hoback - Vice-President, Sherry Hogan - Secretary, Mary McManaway - Treasurer, Melody Miller -Chaplain. Ninth Grade Officers: Kim Allison - President, Vicki Riddle -Vice-President, Susan St. Clair -Secretary, Lisa Holland - Treasurer. Eighth Grade Officers: Mary Ridenhour - President, Leigh Anne Lilly -Vice-President, Pam Finley - Secretary, Terri Howard - Treasurer. Seventh Grade Officers: Dee Dee Bratton - President, Berk Robert son - Vice-President, Gina Allison -Secretary, Linda Gilmore - Treasur-

Successful endeavors have been made by the SCA. A Super Hero . . . Nicky Norsemen, built by the SCA, won first prize in the Homecoming decoration contest. The Christmas Dance sponsored by the SCA was a big success. A joint project, Industrial Arts Department and SCA, involved the construction of children's toys for the County Welfare Department.

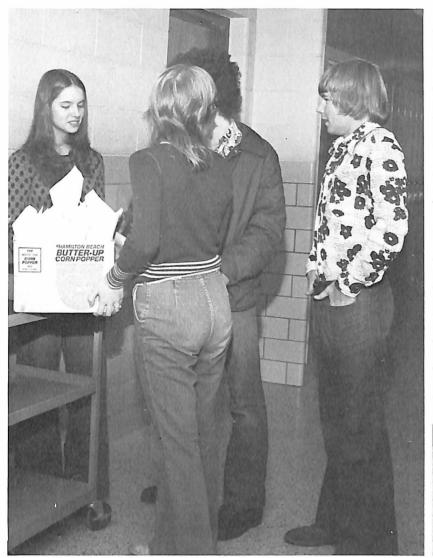
SCA AND CLASS OFFICERS LEAD STUDENT ACTIVITIES



NICKY NORSEMEN Nicky won first prize in the Homecoming decoration contest. The Homecoming Hero was made by the SCA. Tons of green, yellow, and white napkins were used to build Nicky.



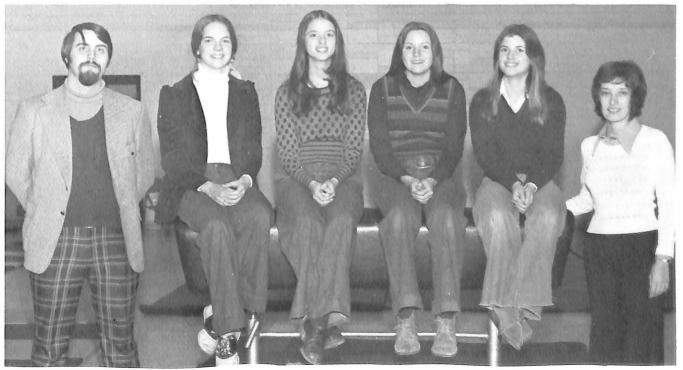
SEVENTH GRADE OFFICERS . . . Miss Thompson (sponsor), Dee Dee Bratton, Gina Allison, Miss Woody (sponsor), Linda Gilmore.



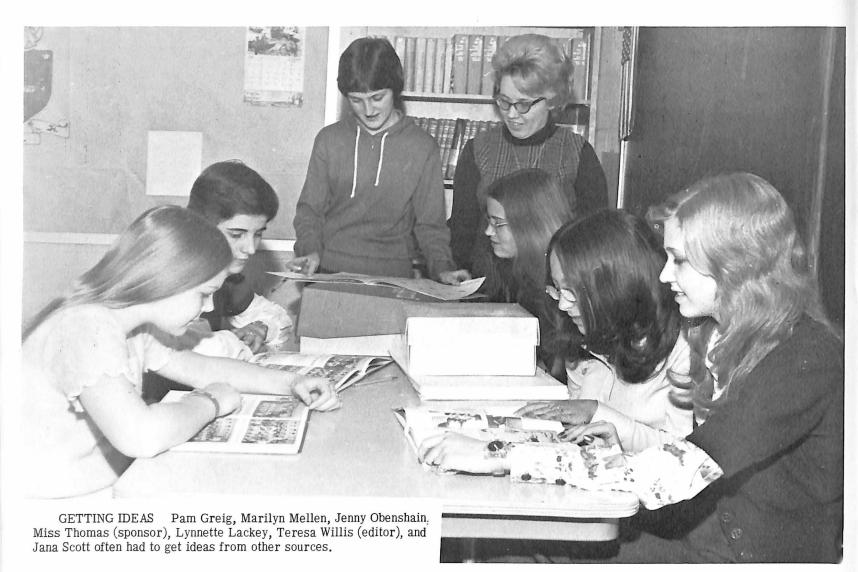
POPCORN ANYONE? Sheila Early provides popcorn for Vicki Riddle to sell at basketball games. Cliff Loving and Glenn Key prove to be good supporting customers.

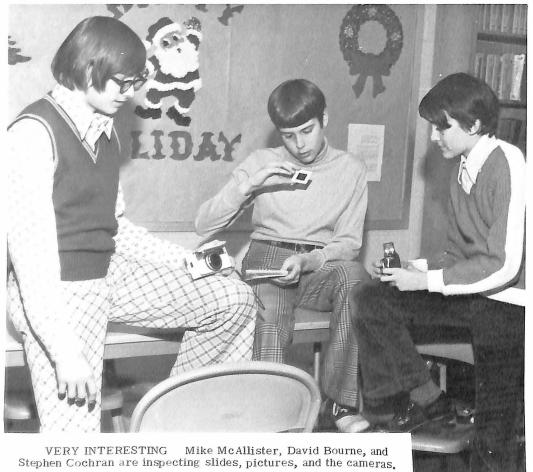


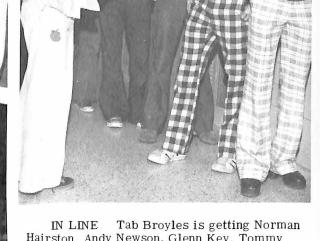
EIGHTH GRADE OFFICERS . . . FRONT ROW: Pam Finley. SECOND ROW: Miss Shell (sponsor), Mr. Williams (sponsor). THIRD ROW: Mary Ridenhour, Leigh Ann Lilly. FOURTH ROW: Terri Howard.



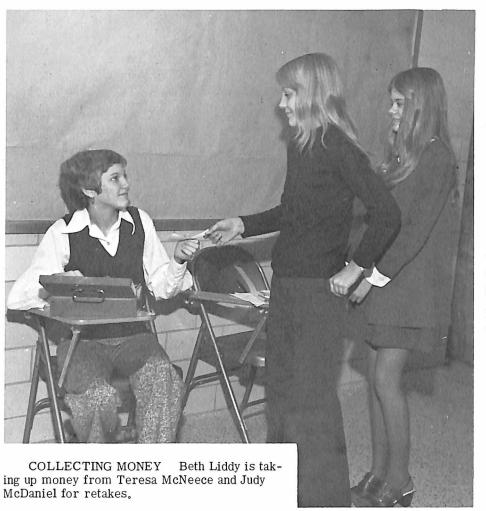
NINTH GRADE OFFICERS ... Mr. Mayes (sponsor), Kim Allison, Vicki Riddle, Susan St. Clair, Lisa Holland, Miss Dalton (sponsor).







IN LINE Tab Broyles is getting Norman Hairston, Andy Newson, Glenn Key, Tommy Ferrell, and Pat Kelley in order to get their pictures taken.



The annual staff consisted of four seventh graders, Stephen Cochran, Brian Porter, Sharon Swink and Rhonda Terrell; six eighth graders, David Bourne, Tab Broyles, Elizabeth Fisher, Beth Liddy, Mike McAllister, and Vicky Via; and seven Freshmen, Pam Greig, Lynnette Lackey, Marilyn Mellen, Jenny Obenshain, Kay Petersen, Jana Scott and Teresa Willis serving as editor. We also had two sponsors, Mrs. Ruby McClearn and Miss Betty Thomas.

The staff's tasks varied from putting pictures in alphabetical order and helping the photographer to doing layouts and asking teachers leading questions for copy. The high school gave a workshop to help us put our ideas together and produce a better annual.

The staff had trouble getting pictures taken when our photographer couldn't make it, but we came through. We had four of our own photographers and we also acquired the help of Guy Broyles for the Cave Spring game.

Our spirits were lifted when our sponsors would have a refreshments day to show their appreciation for our long and hard hours of work on the annual.

PICTURE TAKING
PROBLEMOVERCOME,
SPIRITS LIFTED
BY REFRESHMENTS





The newspaper contained such features as Dear Annie, up to date sports news, and student opinions on the Responding Textbook, Staff members were aided in their efforts by two sponsors, Mrs. Robertson and Mrs. Turner.

The 'North Star' was sold three times this year opposed to five times last year. Also, inflation hit and the price was boosted from ten to fifteen cents.

EXTRA! EXTRA! Michelle Toohig, Kathy King, Teresa Poff and Kim Hall sell newspapers to an eighth grade English class. Price of each paper is fifteen cents.

EDITIONS DECREASE, **PRICES INCREASE**

SKILLED TYPISTS Steve Smith, Chris Preston, Mrs. Robertson (sponsor), Steve Hussell (SEATED), Susan Estes, and Diane Simmons type articles for the 'North Star'.







Ayers Webster, Debbie Monroe, FINAL CHECK Linda Boitnott, Mrs. Turner (sponsor), Sandi Elmore, and Terry Viar proof read to see if there are any mistakes.

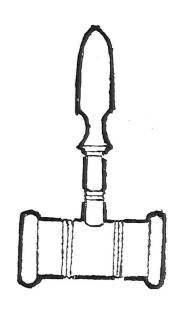




CHESS CLUB . . . FRONT ROW: Philip Lunsford, Nick Petersen, Richard Turner. BACK ROW: Mr. Spiers, Alan Ziegler, Teresa Markham.

ROMAN APPAREL...
These Latin Club members are sitting in the Hotel Roanoke lobby. Their tunics are all white. The colorful pallas and zonas (belts) added attraction to the convention banquet.





LATIN CLUB... FRONT ROW: Terry Rexrode, Lisa Diercks, Pam Greig, Paul Black, Mark Dreyer, Frank Spencer, Scott Cash. SECOND ROW: Gena Waldron, Lynette Lackey, Mary Lammey, Melanie Haskins, Sandra Nunn, Melanie Balder. BACK ROW: Miss Dalton, Ginger Michael, Melody Miller, Mari McManaway, Mary Lagasse, Bobbi Jordan, Marty Dickens, Bill Taylor.

SMALLER CLUBS NEED MEMBERS Plea

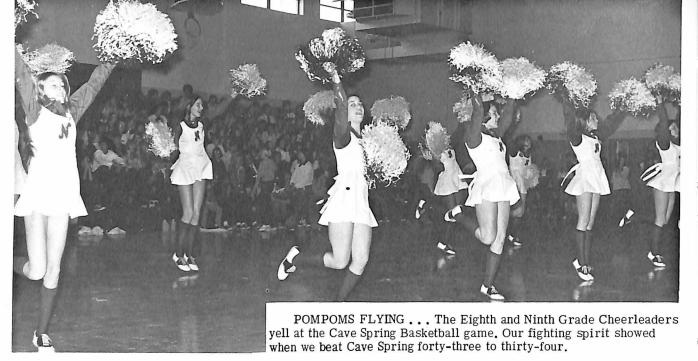


The Chess Club provided an opportunity for chess lovers to get together and play chess. Mr. Spiers planned a Spring Tournament for the members of the club.

The Latin Club had a large membership this year. The main activity of the club was attending the Latin Convention at Hotel Roanoke. Miss Dalton and a group of the Latin Club members dressed up in their togas, and attended the convention in November. The club participated in the Foreign Language Banquet held before Christmas.

The Science Club had various speakers throughout the year. One of the speakers was from the Science Explorers of the Roanoke Valley. All Science Club members belonged to the Science Explorers organization. A field trip was taken to the University of Virginia to view a nuclear reactor.

SCIENCE CLUB... SITTING: Jeff Howell, Mrs. Garst, Sharon Painter, Kay Petersen, Elizabeth Fisher. STANDING: Richard Whitescarver, Mark Beavers, David Maxey, David Schilling, John Eppling, Mrs. Keller, Mrs. Palmer.





PEP CLUB . . . FRONT ROW: Anita Richards (7th grade chairman), Leigh Ann Lilly (8th grade chairman), Sherri Hogan (9th grade chairman), Cindy Carroll (SCA representative), Karen Sarver (Treasurer), Mary McManaway (Secretary), Christy Anderson (Vice-President), Jill Johnson (President - NOT PICTURED). SECOND ROW: Debbie Lester, Lisa Flora, Teresa McIntyre, Jenny Meador, Susan Meador, Darlene Martin, Kim Ferrell, Shelly Earls. THIRD ROW: Pam Finley, Christi Hoback, Jackie Quinn, Kathy Booze, Sherry Ferrell, Pam Kerr, Mary Waddell, Linda Hale, Tammy Brubaker. FOURTH ROW: Jackie Graham, Linda Bell, Margaret Hippert, Phyllis Jones, Jo Isbell, Jill Hagood, Pam Hurt, Mary Lammey. Tammy Tuell, Carrie Thomas, Cheryl Thomas. FIFTH ROW: Teri Bussey, Mrs. Edmondson (sponsor), Miss Hall (sponsor), Lynn Wilborne, Beth Bailey, Karen Cox, Kathy Rice, Pam Greig, Tammy Edwards. SIXTH ROW: Dawn Sheets, Tammy Chisom, Bobbi Jordan, Stacy Huffman, Cheri St. Clair, Betty Angle, Lisa Crockett, Linda Welch, Leslie Chittum, Melody Miller, Martha Sayre.

Our Cheerleaders have done a tremendous job this year. They have showed alot of spirit and have helped the players 'To Keep on Truckin'. Spirit ribbons were sold by the Cheerleaders. These ribbons were sold on days before the games for fifteen cents. Support was given to the players during all games especially when our opponent was Cave Spring. The Cheerleading Squad showed so much spirit and pep that the students just had to scream along with them.

The Pep Club has also done a wonderful job of cheering and yelling. They cut all those oranges you saw at our games. Buses were rented by the Pep Club for some of our away games. On Spirit Day the Pep Club helped the Cheerleaders put up posters and banners. Members of the club attended the games to build school spirit.

Appreciation and commendation are extended to the Cheerleaders and Pep Club for a job well done.



CHEERLEADERS...FRONT ROW: Betty Angle, Linda Welch, Melody Miller, Cheri St. Clair, Lisa Crockett. SECOND ROW: Stacy Huffman, Dawn Sheets, Lynn Wilborne, Leslie Chittum, Martha Sayre. THIRD ROW: Tammy Chisom, Beth Bailey, Bobbi Jordan.

CHEERLEADERS AND PEP CLUB LEAD THE SCHOOL IN SPIRIT

SPIRIT RIBBON? Dawn Sheets and Cheri St. Clair, Ninth Grade Cheerleaders, sell spirit ribbons for fifteen cents.



Olice,
Best wishes to a sweet
person and one of the hardest
workers I have this year. Good
luck at NHS and forever.
Miss (7/all)

Bestwister)
Westwister)
Westwister)
White alexander

ADMINISTRATION OFFICE STAFF FACULTY

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GUIDANCE EXTENDS A HELPING HAND



GRADE CARDS And, now for the grand prize, grade cards! Mrs. Journell is busy getting ready for report cards.

The Guidance Department was primarily concerned with students' needs and problems ranging from losing his way to class to losing his best friend, or deciding on an elective for next year.

There were four full time counselors and, for the first time this year, a full time secretary. There was an 'open door' policy, students could see any counselor they chose. This policy seemed to assure a student that a counselor would be available.

Group Counseling, getting together with other students who have similar needs and problems, seemed to be popular with our students. This helped to add another perspective or point of view to the counseling session.

This year a Guidance Committee was formed which consisted of an administrator, a parent representative for each grade level, a teacher representative for each grade level, and the counselors. Their function was to discuss the needs of students and how the school can best meet those needs.



HEALTH PROBLEMS Smile, you're on 'Candid Camera'! Mrs. Sizemore and Mrs. Shepard, the health nurse, chat about the day's routine.

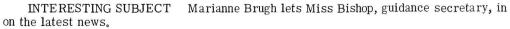


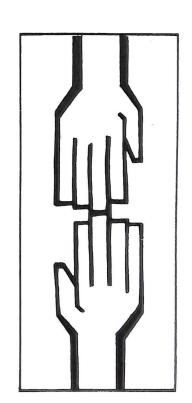
JAM SESSION Watch out, Miss Martin will chase you outside for a group counseling session.

Alux
Best with always
good Mich 3
m. B.

TEST RESULTS $\,$ Mr. Blevins discusses test score results with Charlie Bandy . This is a task assigned guidance counselors,





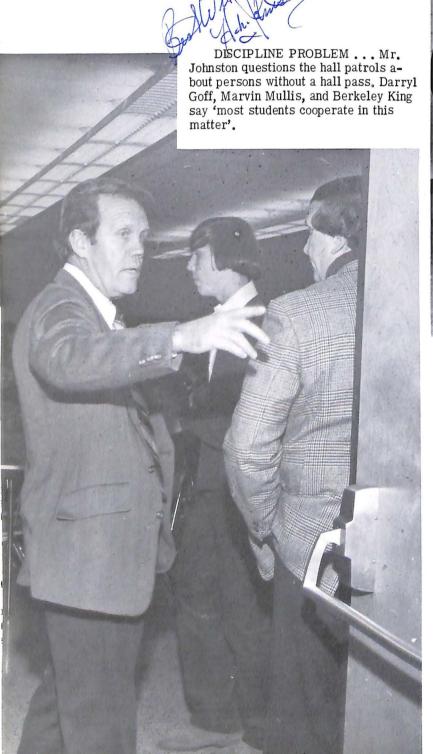


Mr. Johnston, ninth grade and school principal, commented, 'Our school has more spirit than it has ever had. The students have less personal problems that require help and the students seem to be taking a more cooperative attitude. The kids aren't as uptight. They take a more serious outlook on the part that school plays in daily life.'

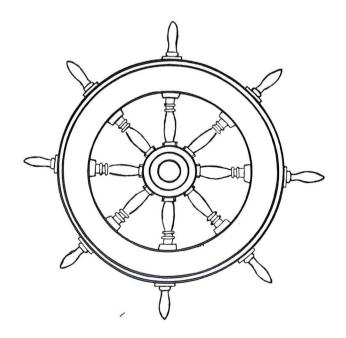
When the students arrived and the year began problems were encountered. The main problem was the discipline on the school buses. Students do not seem to realize that the bus driver has the same or more authority than a regular classroom teacher,' says Mr. Johnston. Another serious problem was smoking in the restrooms. With the help of the teachers and students Mr. Johnston hoped to resolve this problem before the school year ended. Even though problems existed, one of last year's problems was solved and toilet tissue, soap could be found in the restrooms.

Mr. Johnston stated proudly, 'We are told by outsiders that our fine student body makes our school one of the outstanding schools visited. Also, our academic programs have been praised

highly by people in other areas of the state.'



HEY YOU . . . Cafeteria problems come up many times this year. Mr. Johnston discusses one of these problems with Mr. Mc-Clearn. The cafeteria keeps the principals

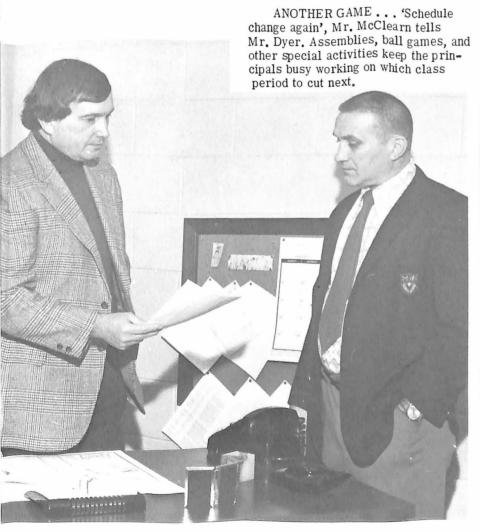




Mr. McClearn. seventh grade assistant prinipal, was in charge of athletics, supervision of the school and bus duty. Mr. Dyer, eighth grade ssistant principal, was constantly changing chedules, solving locker problems and making amouncements. Both assistants felt that we had a exceptional school year even though some problems remained unsolved.

The secretaries felt that their major reponsibility was to help the faculty and student ody. Mrs. Robertson's job consisted of the secretarial duties. Miss LaPrad's work involved hainly the bookkeeping duties. Student office assistants aided the secretaries.

PRINCIPALS AND OFFICE STAFF DIRECT SCHOOL'S OPERATION





LARRY ADAMS
WANDA ARRINGTON
NANCY BATES
ANN BIRCKHEAD
GAYLORD BOWER
JEAN BRINDLE

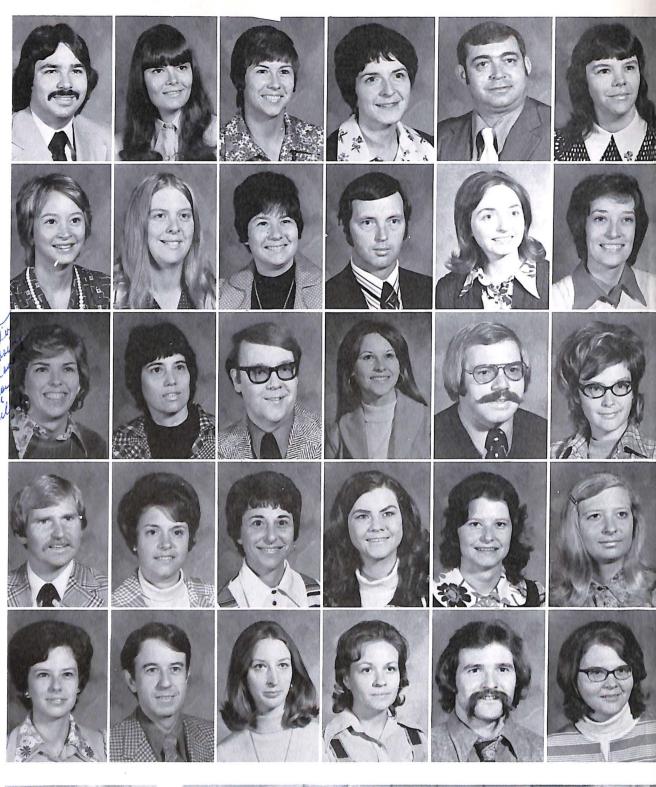
MARY LOU BRUCE MARILYN BUSSEY BOBBIE CATON JOHN CONNER PAM CONNER KAREN DALTON

BRENDA DILLARD
NORMA DILLON
RICHARD DUNCAN
LYNN EDMONDSON
JERRY ENGLISH
DOROTHY FRANCISCO

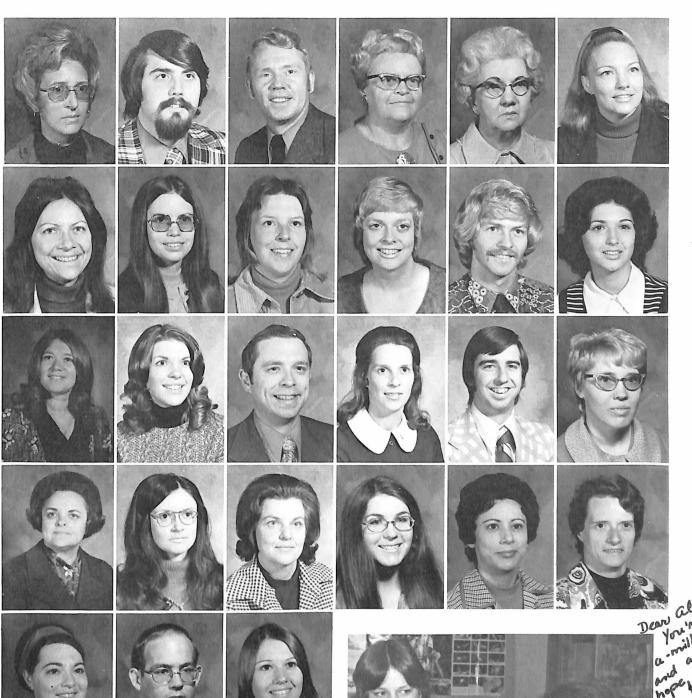
MIKE GALLIMORE LINDA GALLION CHARLOTTE GARST SUE GILES DENA GILL SUSAN HALL

ANITA HALTERMAN RAY JENNINGS DORIS KAVITZ PAT KELLER STEVE LAMBRUSCATI LEE LANG

COFFEE BREAK
Mr. and Mrs. Conner,
Mrs. Tate, Mrs. Lang,
Miss Thomas, Mr.
Jennings, Mrs. Schwarz
and Mr. Richard McDonald (student teacher)
enjoy a mid-morning
coffee break.







LENORE MALOUF SAM MAYES GARY MAYNARD RUBY McCLEARN FRANCES McFARLANE JENNY MEDLEY

JOANNE MYERS HAZEL PALMER PAM POYTHRESS MARTHA ROBERTSON MIKE SCHUSTER PENNY SCWARTZ

SUS AN SHELL
BECKY SINK
BOB SPIERS
BETTY SPRAKER
DON ALD
SUMMERVILLE
BETTY THOM AS

SUE THOMPSON TONI TILLMAN BETTY TATE DIANE TULLY MARY TURNER SALLY WEBB

WHITFIELD JOE WILLIAMS SUSAN WOODY





STOP TALKING John Scott looks on as Mrs. Gill calls down her ninth grade Earth Science class for talking.

CHECK ERRORS Mrs. McFarlane checks Lisa Simmons letter to the Ambassador of Norway. Mrs. McFarlane's fourth period English class wrote letters to the Ambassador asking that they not kill the harp seals.



LIBRARIANS PERFORM DUTIES

Library additions included new books, projectors, record players, and audio visual materials. More books have been checked out this year by our students. A student teacher during the winter quarter assisted the librarians with their duties.

Colorful art prints were displayed on the library wall. Students in the Humanities prepared Arts and Crafts for the library showcase. The Media Center became quite an attractive and enticing area in which the student could read, study, or do reference work.



REFERENCE WORK Mark Kalstrom is working in the library as many students do during their study hall.



ENJOYABLE WORK Mrs. McAllister stamps books as Frosty The Snowman looks on.



WHICH ROOM? Mrs. Knight can't seem to decide if David Strickland should deliver the equipment. Looks like a tug-of-war game.

Acice

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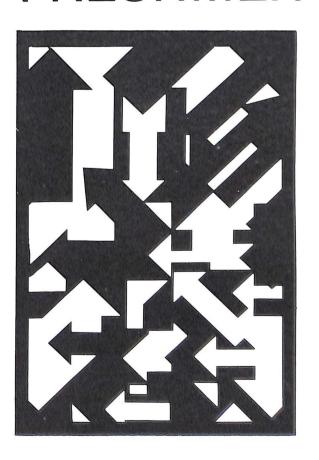
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FRESHMEN



GARY ABBOTT BRYAN ADAMS TERI ADAMS SHEILA AGNEW ERIC AKERS MARK ALACHNOWICZ

SUSAN ALDERMAN
DEBBIE ALIFF
STEVE ALL
KIM ALLISON
DENNIS ALTICE
CHRISTY ANDERSON

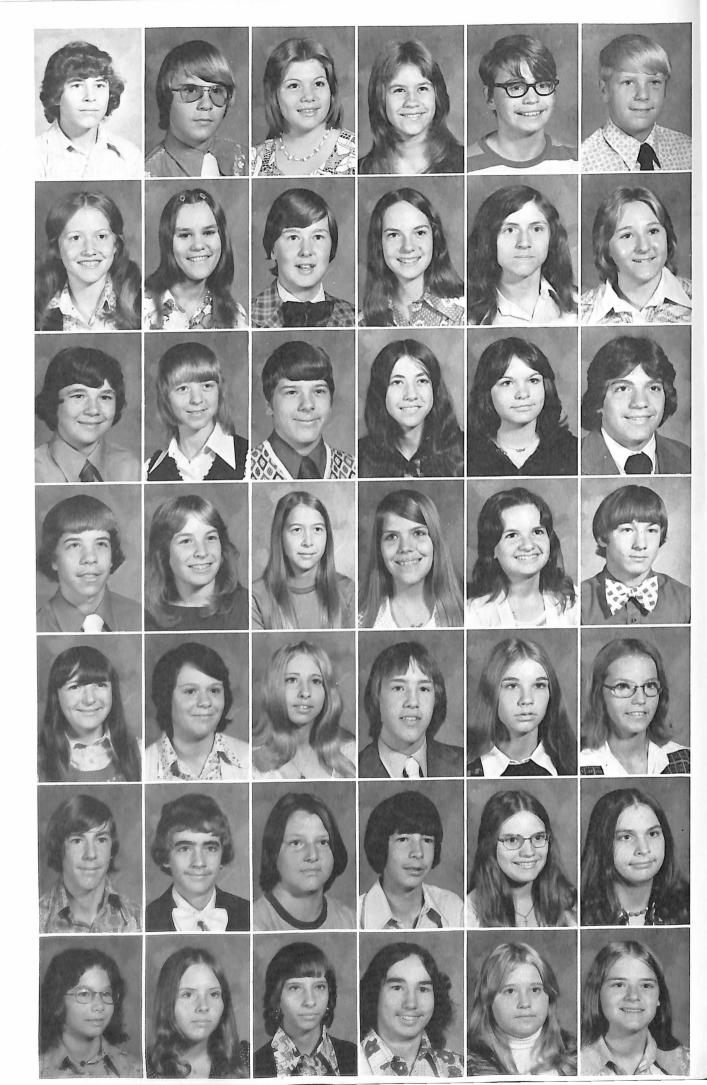
EDDIE ANDERSON KATHY ANDERSON DARYL ANDREWS DIANA ANGLE REGINA ASHLIN JOHNNY ASIMAKOPOULOS

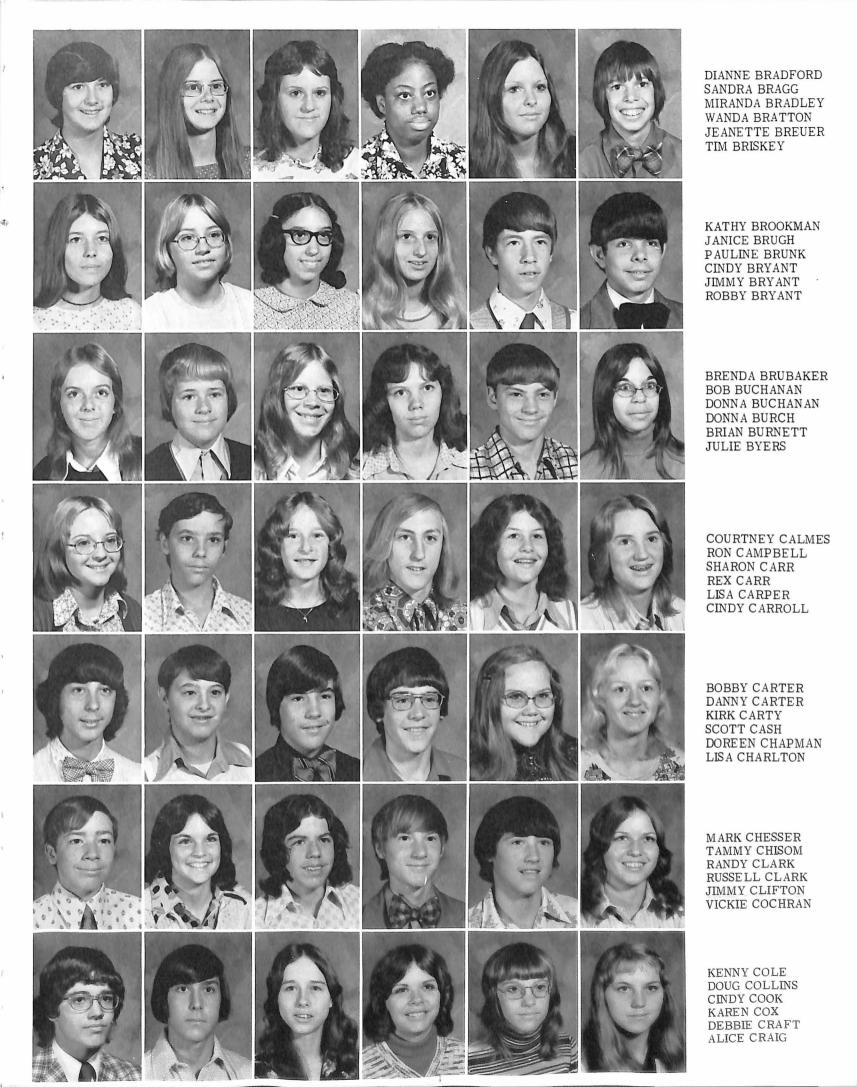
MIKE ATKINS
CAROL BABCOCK
CAROL BABER
MELANIE BALDER
DAWN BALLARD
CHARLIE BANDY

KIM BARE PAM BARR DIANA BECKNER JOEL BEK LINDA BELL BRENDA BESSELL

MARK BLACK
PAUL BLACK
JON BLOSSER
TIM BOGGS
LINDA BOITNOTT
LIBBY BOONE

TERESA BOOTH CHERYL BOOTHE VICKI BOOTHE RICHARD BOUCK DIANE BOWLING DONNA BOWLING





RANDALL CREGGER
ALICE CRONISE
CHARLES
CRUTCHFIELD
MARY LEE CUDD
BEVERLY DALTON
MIKE DAMEWOOD

RICKY DAMEWOOD DOUG DARNELL LINDA DAY ANN DEARING ANDREA DELP MIKE DENNIS

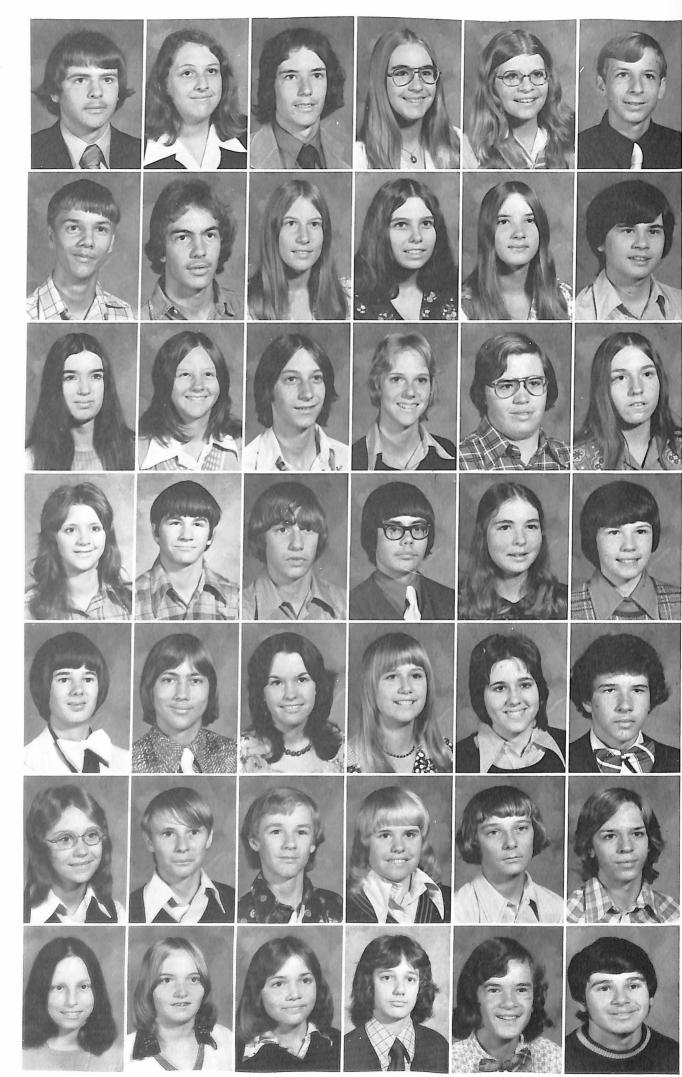
GAYLE DESPER MARTY DICKENS MATT DILLON KATHY DIVERS RANDY DODD LORETTA DOOLEY

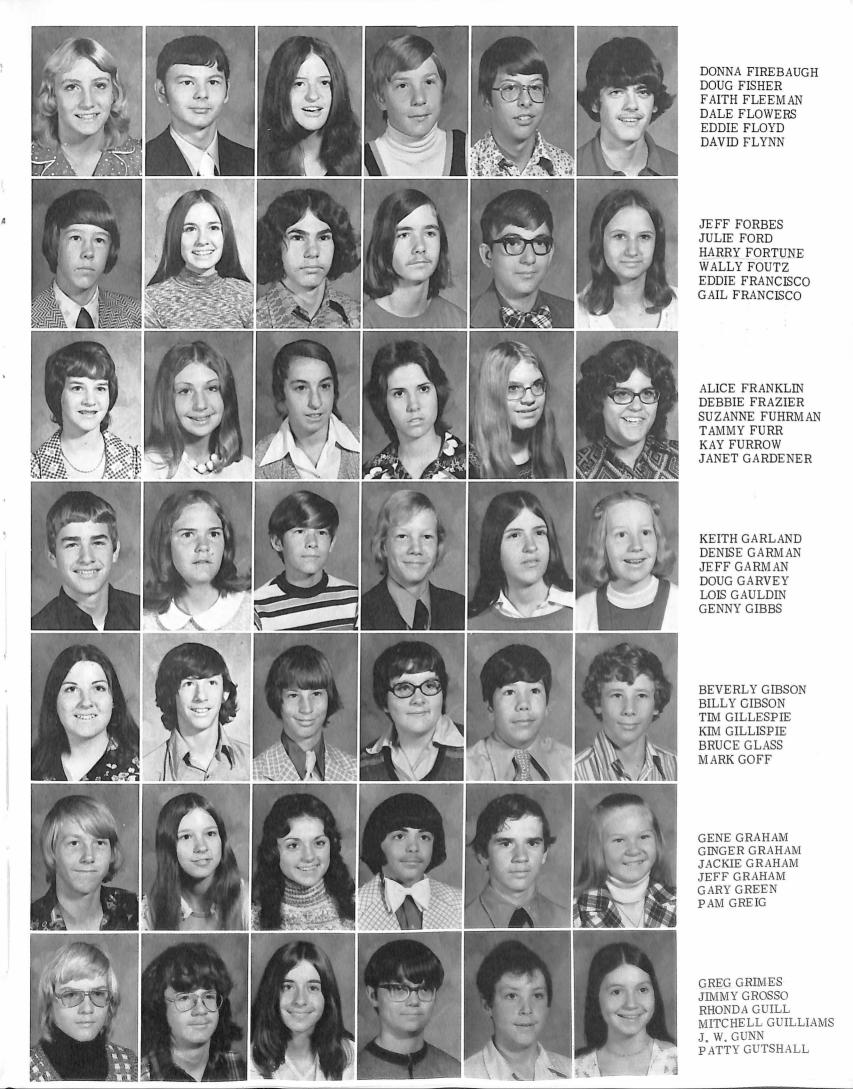
SANDY DOOLEY KENNETH DOSS STEVE DOWDY MARK DREYER LANAE DRIVER BELINDA DUFFY

DAVID DUGGAN
SAM DUNCAN
MARTHA DUNN
SHERRY EARLY
TAMMY EDWARDS
LAWRENCE EIDSON

SUSAN ELLIOTT MARK ELLIS STEVE ELLIS SUSAN ESTES JOHN EUTON TOMMY EVANS

DARLA FAINTER
DENISE FEAZELL
SUSAN FELTS
BRENT FERGUSON
TOMMY FERRELL
LARRY FIELDER





JIMMY HAGGERMAN JILL HAGOOD BOBBY HALE JANICE HALE RUTH HALEY DEBBIE HALSEY

JUDY HALSEY ROD HAMBLIN SHARON HAMLIN JANET HAMBRICK JULIE HAMBRICK ALICE HAMPTON

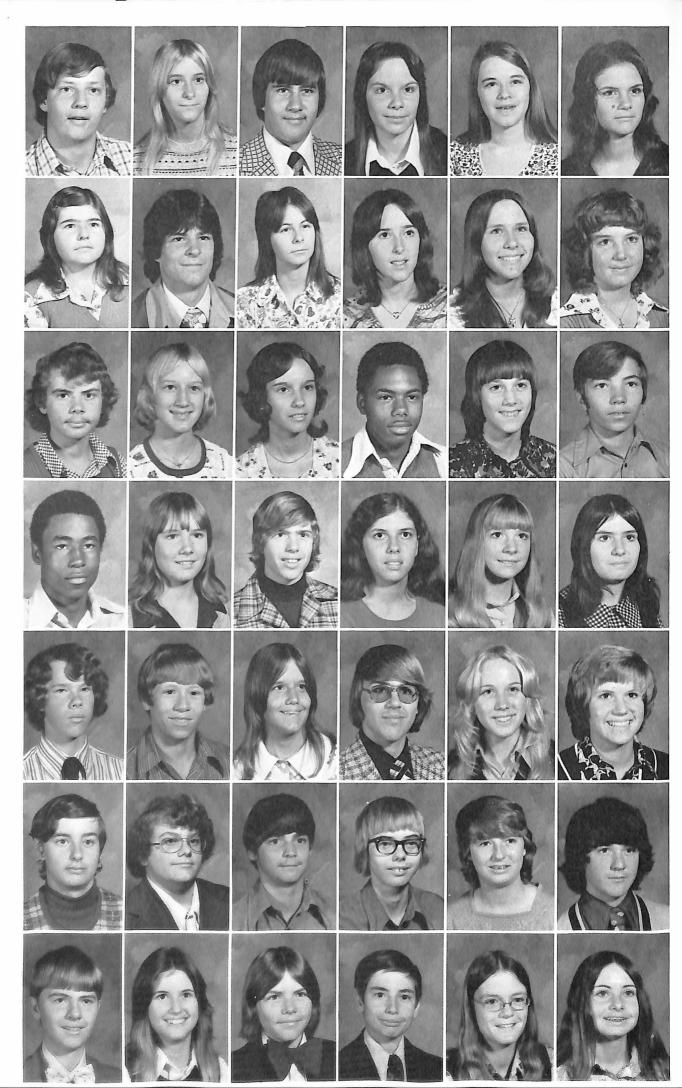
GERALD HAMPTON ANDREA HARE ANNETTE HARPER BERNARD HARRIS CINDY HARRIS ROSS HARRIS

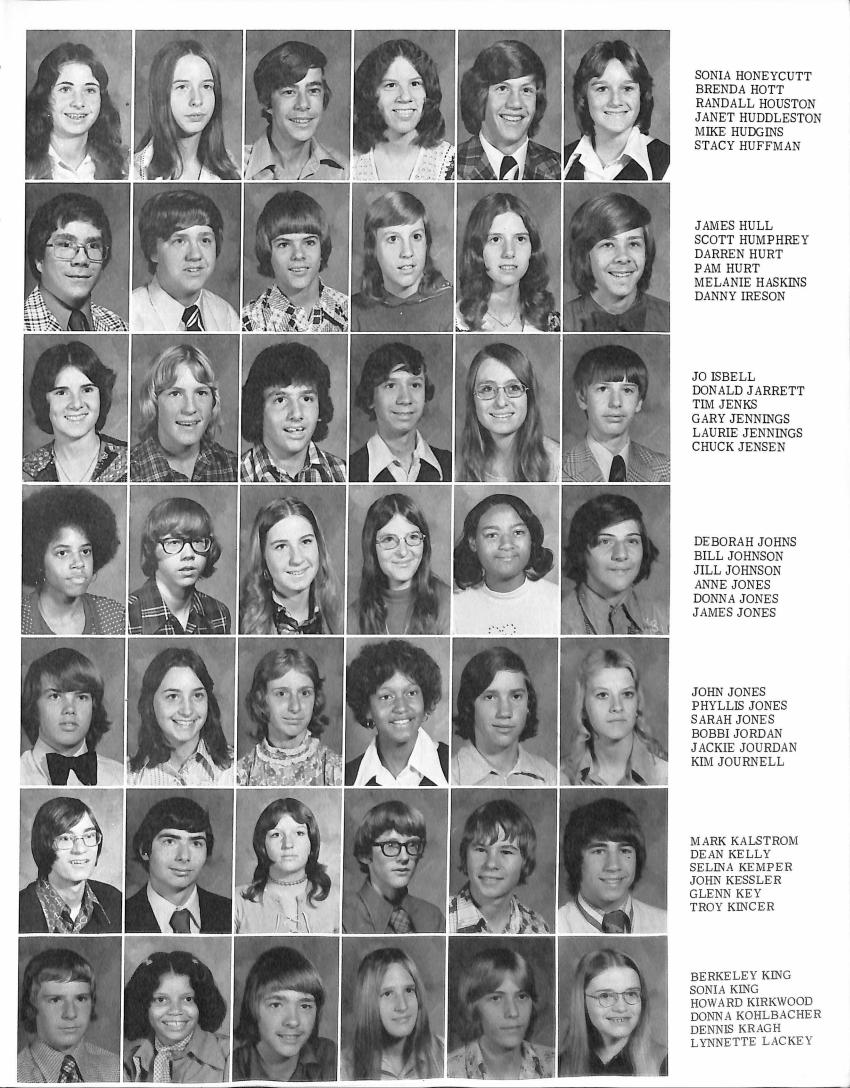
NORMAN HARRISTON KELLY HAWLEY KENNY HAWLEY PAM HAWTHORNE DIANE HAYTH JENNIFER HEILMAN

CHARLIE HENRY
BILLY HESS
KATHY HICKS
JIMMY HILL
MARGARET HIPPERT
CHRISTY HOBACK

ALVIN HODGE JERRY HOER JEFF HOFMANN ALAN HOGAN SHERRI HOGAN DON HOKE

EUGENE HOLDREN LISA HOLLAND REGGIE HOLLINGSWORTH CHARLES HOLMES LIZ HOLMES JOY HONEYCUTT





JAMES LAFFOON MARY LAGASSE MARY LAMMEY JEFF LANGFORD DEBBIE LAWHORN PHILIP LAYMAN

SHERRI LAYMAN
MICHAEL LEE
CINDY LEFFEL
ERIC LEWIS
DONALD
LINKENHOKER
ROBIN LINTON

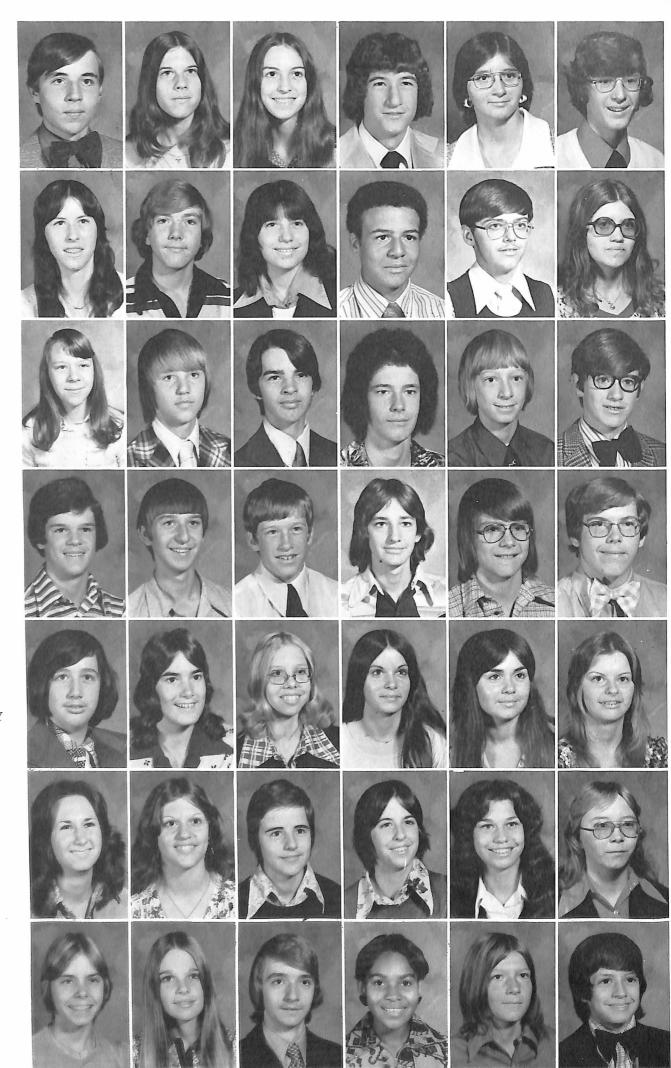
CAROLYN LINVILLE RONNIE LONG DAVID LOVELACE CLIFF LOVING KENNY LUCAS PHIL LUNSFORD

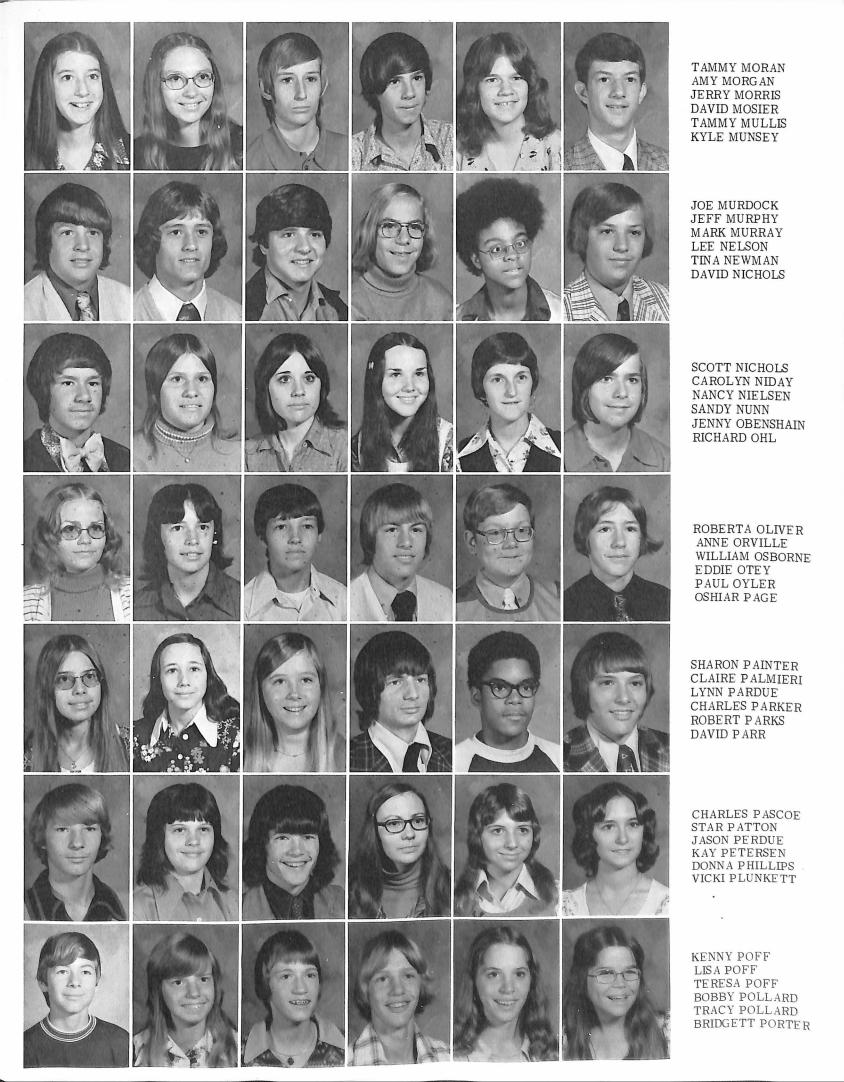
JEFF LUNSFORD JUSTIN MABRY RICHARD MANN BILL MANSPILE GREG MARR MIKE MARSHALL

BRENT MARTIN
SHERRY MASON
THERESA MAYHEW
B. J. McCLELLAN
BRIDGET McCULLEY
SANDY McDANIEL

MARY McMANAWAY DEBBTE McNEESE MARILYN MELLEN GINGER MICHAEL MELODY MILLER ROXANNE MILLER

JENNY MIMS
CONNIE MITCHELL
KEN MITCHELL
DEBRA MONROE
GEORGE
MONTGOMERY
ROBERT MOORE





BECKY PRICE MIKE PRICE DEBBIE PUPILLO MIKE PYLES ROBIN QUESINBERRY GAIL REED

LAURIE REINHARDT TERRY REXRODE BRIAN REYNOLDS KATHY RICE VICKI RIDDLE LEATTA ROBBINS

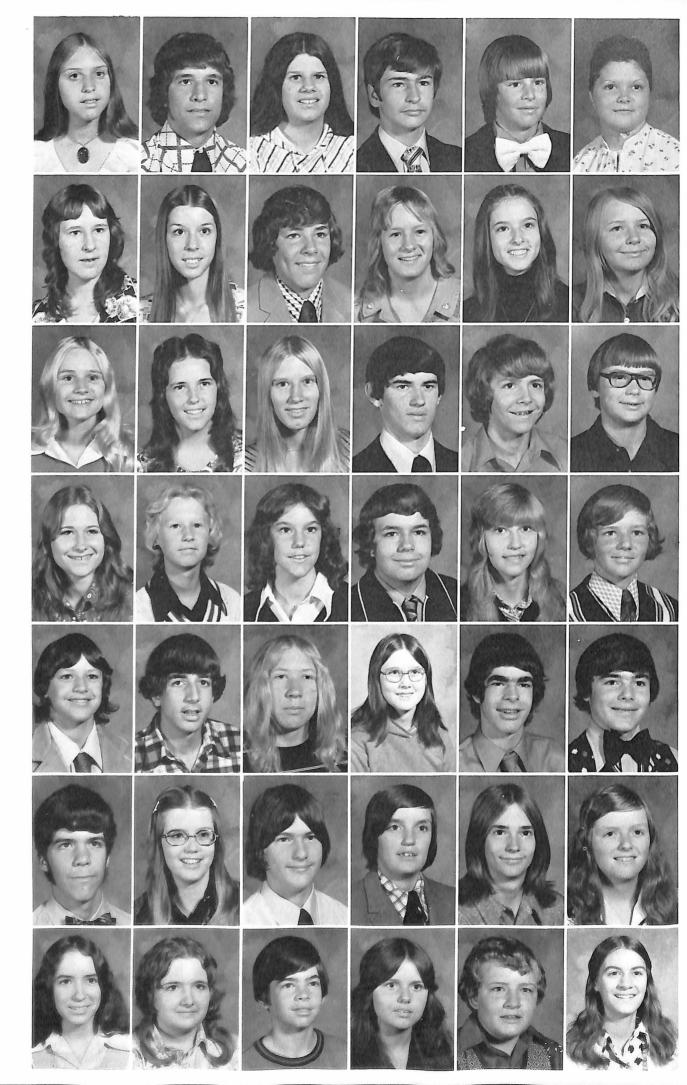
MARTHA ROBERTSON TAMMY ROWSEY CATHY RUCKER DAVE RUSSELL KEN RUSSELL TOMMY RYDER

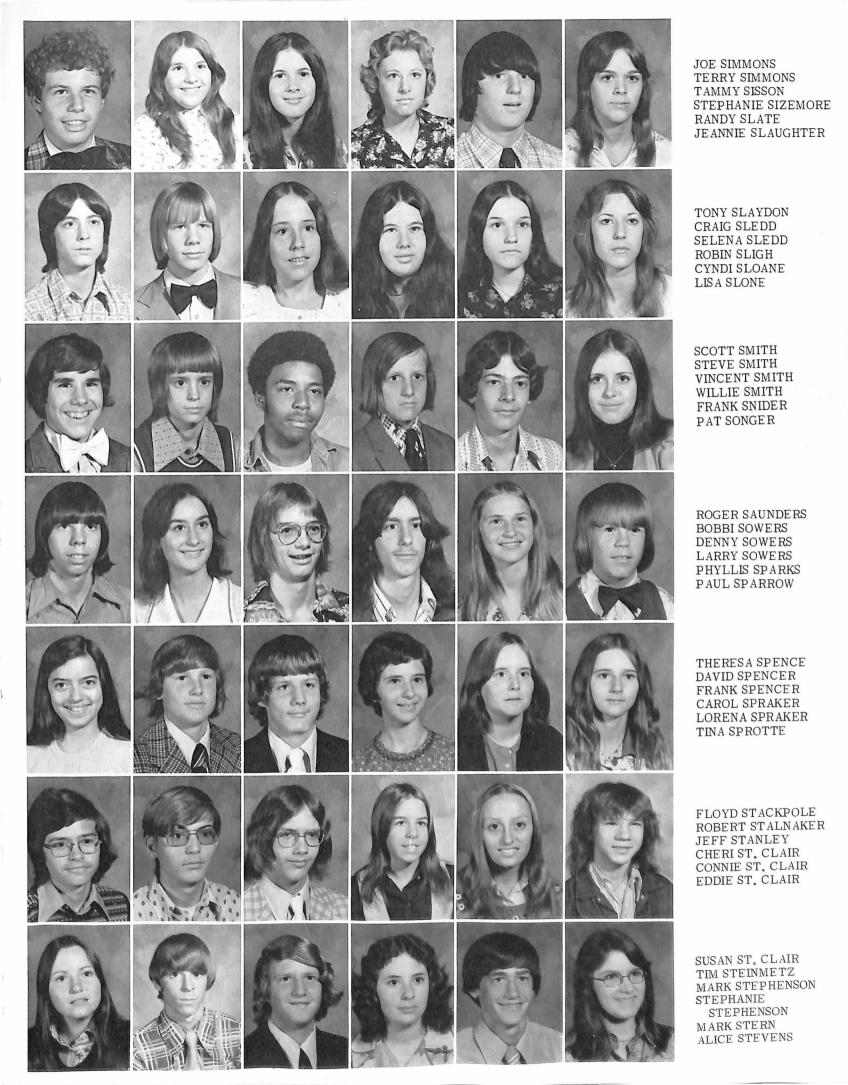
JENNIFER SANDBURG KAREN SARVER MARTHA SAYRE DAVID SCHILLING JANA SCOTT JEFF SCOTT

JOHN SCOTT LESLIE SCOTT RONNIE SCOTT WANDA SCOTT STEVE SEMONES "D" SHANNON

IRV SHARP
DAWN SHEETS
ANDY SHELTON
B. L. SHELTON
DANNY SHELTON
LISA SHELTON

DEANNA SHEPHERD LENA SHEPHERD WESLEY SHINAULT ROBIN SHORTER KEN SIGMON DIANE SIMMONS





ELIZABETH STEVENS LORETTA STEVENSON LAURA STOKLEY CURTIS STOREY ANTHONY STOUT DAVID STRICKLAND

ROGER STRICKLAND VICKI STRICKLER DENNIS STUMP TIM SUSTAR TERESA SWAIN JEFF SWIFT

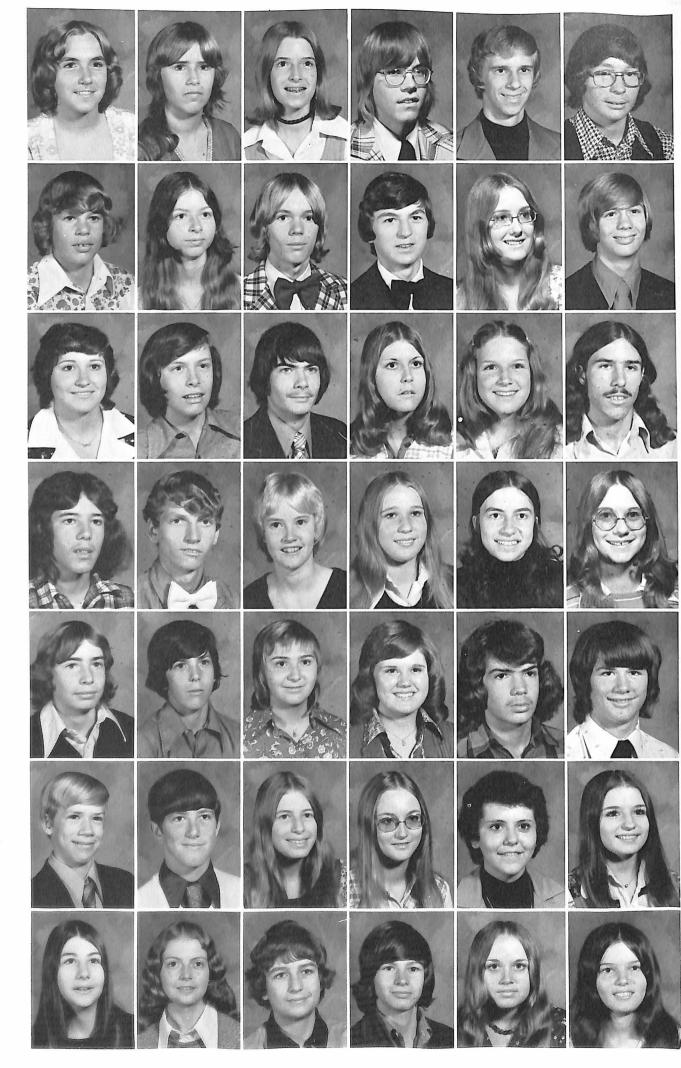
DENISE SWINK
ALAN TARTER
BILL TAYLOR
KATHY TAYLOR
MARIS TAYLOR
MIKE TENCH

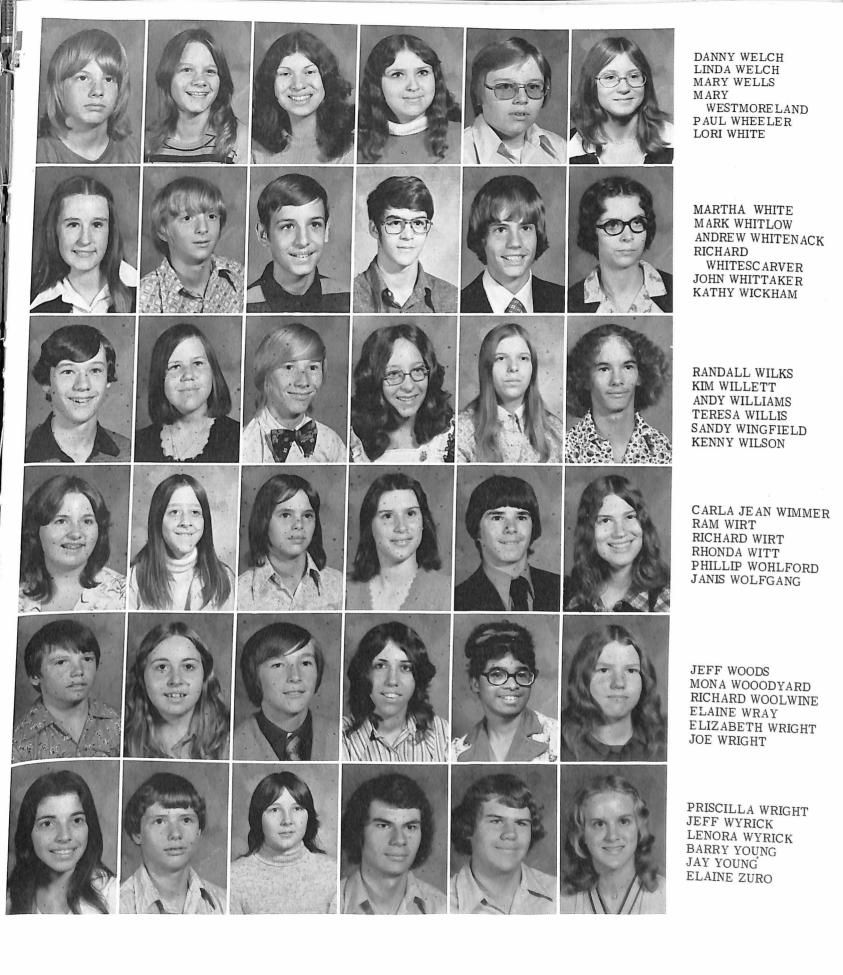
RICKY TENCH BUTCH TERRY MARY TEWELL CARRIE THOMAS KATHY THOMAS LEIGH THOMPSON

DAVID TOLLEY
TERRY TOOHIG
HEATHER TOWNSEND
TAMMY TUELL
TAMMY TUELL
JOE TURNER
MARK TURNER

RICHARD TURNER DENNY ULREY MONICA UNDERWOOD JANET WADE MELANIE WADOSKY CARRIE WAID

GENA WALDRON CATHY WALLS TONY WALROND EDDIE WATKINS LIZ WEBBER KAREN WEDDLE



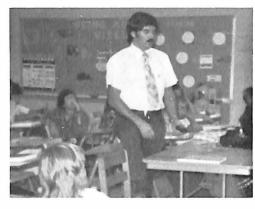




REST TIME Pam Rhodes takes a break from playing witch in the Mardi Gras last year. Terry Rexrode was queen and Mike Price was king.



ARCHAEOLOGICAL DIG Leslie Scott and Johnny Asimakopoulos find they have a pleasure in digging for artifacts in Mr. Duncan's World History class.



JOB TRAINING Mr. David Nedrow explains to the seventh graders the job skills and training available at the Roanoke County Education center.



WHAT'S UP? Vincent Smith gives our photographer a surprised look as he guards the restroom. The photographer caught many people offguard.

CHANGES IN ROUTINE CREATE INTEREST

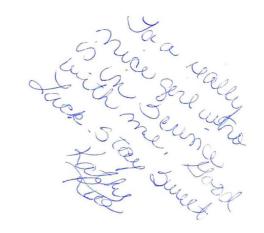


IT FITS Brian Porter receives a hat Kim Eanes made in Home Ec. Brian says, 'It's a cool hat and a perfect fit!'

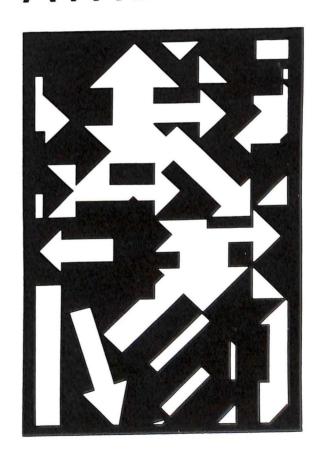




 ${\tt SPIRIT\ DAY} \quad {\tt Freshmen\ effort\ is\ rewarded\ by\ winning\ the\ hall\ showing\ for\ the\ most\ spirit\ before\ the\ Cave\ Spring\ game.}$



ATHLETICS

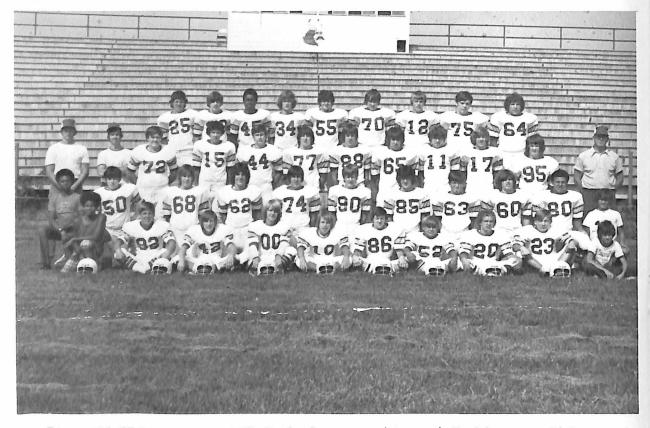


ANOTHER TOUCHDOWN! Andy Newson catches a pass to score again for the mighty Norsemen. The Norsemen won again defeating Cave Spring 13-7.

The Norsemen by Coach Gary Maynard

When the season started, we all had one dream,
To be the very best, the number ONE team.
Practice was long and hot and hard,
We shed a little blood and a whole lot of lard.
Up the hill, down the hill, we ran every day,
Getting in shape to make them all pay.
When others play us, they must pay the price,
We're going to play rough and never be nice.
Back from last year we've got several guys,
From experience we'll draw so we'll always be wise.
To win all our games, our line must be fast,
So we work awful hard on the board, on the grass.
Otey and Lewis we have on the beam,
And Murphy moved back to join our great team.
Woolwine and Hairston can run with the ball,
While Marshall and Price make a hole through a wall.
Hamblin and Sharp will block on the line,
So Newson and Ulrey can catch passes on time.
Parr and Kincer play defense for us,
With Marshall and Jones we have a big plus.
It takes quite a few to make up a team,
Thirty-five fellows share the very same dream.
Thompson and Slate want real bad to start,
While Long and Asimakopoulos give all their heart.
Edison and Spencer bump heads on the ground,
While Cregger and Hale just run round and round,
Cole tries to learn his plays every day,
And Rodney and Robert carry water our way.
Humphry missed a block and Blevins got racked,
If one fails his job another gets sacked,
Kessler runs to the right and finally scores,
While Ricky and Mike Moore tape up some sores.;
Bandy on the sidelines is great with the joke,
And Campbell enjoys throwing rocks at Don Hoke.
Abbott just giggles and Hudgins can kick,
Mike Pyles tries to avoid Steve Dill's little tricks.
Jensen and Turner help make up our team,
If only our coaches can get on the beam,
Eight teams we have played, eight teams we have beat,
Not once in eight games did we taste a defeat.
So now in the end we all can be proud,
Others talked big but they were just loud.
We worked the hardest, we faced the test,
Our seasons now over, WE KNOW WE'RE THE BEST.





FOOTBALL TEAM ... FRONT ROW: Charles Sweetenburg (Manager), Neal Saunders, Richard Woolwine, Ron Long, Todd Campbell, David Kessler, Tony Thompson, Duane Abbott, Robert Stalnaker, Robert Moore (Manager), SECOND ROW: Alvin Newman (Manager), James Marshall, Joel Bek, John Asimakoupolos, Robert Hale, Frank Spencer, Don Hoke, Denny Ulrey, John Jones, Eric Lewis, Rod McAllister (Manager). THIRD ROW: Jerry Shumpert (Coach), Don Summerville (Coach), Scott Humphrey, Lawrence Edison, Mike Pyles, Randy Slate, Andy Newson, Troy Kincer, Rick Miley, Mike Hudgins, Mark Turner, Gary Maynard (Head Coach). BACK ROW: Kenny Cole, Randall Cregger, Norman Hairston, Jeff Murphy, Rod Hamblin, David Parr, Eddie Otev, Mike Marshall, Mike Price.

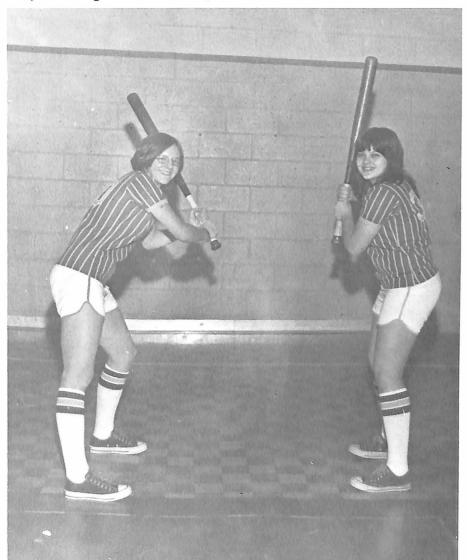
GIRLS SOFTBALL . . . FRONT ROW: Star Patton, Terri Howard, Kathy Rice, Donna Firebaugh, Sharon Lunsford, Celeste Sparrow. SECOND ROW: Marty Dickens, Debbie McNeese, Marty Lee Cudd, Cathy Hicks, Luella Myers, Teresa Russ. BACK ROW: Coach Poythress, Linda Day (Manager), Diana Robertson, Charlotte Stinnett, Betsy Hale, Debbie Carter, Lisa Poff, Donna Bowling (Manager), Coach Bussey, (Connie Royer and Kaye Scott - NOT PICTURED).

SOFTBALL	SCOREBOARD
NJH11	Addison 6
NJH 7	Jackson 2
NJH 19	Ruffner 6
NJH 39	Wilson0
NJH 22	Breckinridge6
NTH 11	Madican



FALL TEAMS GO UNDEFEATED

OUTSTANDING PLAYERS . . . Marty Dickens and Star Patton show batting ability. Marty is the Most Improved Player and Star is the Most Valuable Player on the girl's softball team.

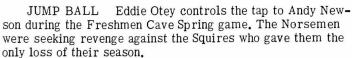


The girl's softball team finished their second season with an undefeated record of 6-0. Evan though the girls were weak in batting, they displayed excellent fielding ability throughout the season. The Co-Captains for the Norsewomen were Kathy Rice and Donna Firebaugh.

NORSEWOMEN CHAMPS . . . The girl's softball team shout for joy after winning their last game against Madison 11-9.









HIGH JUMP Eddie Otey scores a three point play against Cave Spring.



FRESHMEN... FRONT ROW: Paul Friel, Paul Sparrow, Ricky Tench, Jason Perdue, Doug Garvey, Phillip Wohlford, Steve Smith. BACK ROW: Jeff Lunsford, Jeff Murphy, Andy Newson, Charlie Crutchfield, Eddie Otey, Doug Collins, Coach English, Mike Stevens.



EIGHTH GRADE ... FRONT ROW: Cary Weatherly, Duane Abbott, Jeff Patton, Rick Orange, Steve Carter, Ronnie Malone, Scott Sutherland, David Haskins (NOT PICTURED). BACK ROW: Brent Ferguson, Sammy Williams, Jeff Rakes, Russell Davis (Captain), Kenny Hutcherson, Dan McGarrell, Coach Summerville.

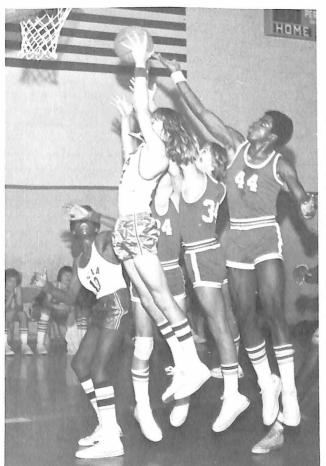
FRESHMEN SCOREBOARD Martinsville..... Franklin County.,.... NJH...... 94 NJH..... 103 William Byrd..... 36 Cave Spring 74 NJH..... 59 Glenvar..... NJH.... 93 NJH..... 38 Andrew Lewis..... 28 60 NJH...... Liberty 54 NJH...... Cave Spring 34 NJH..... William Byrd 23 80 Glenvar..... 47 NJH...... Franklin County 58 NJH...... NJH...... 74 Liberty..... 54 61 NJH....... Martinsville. 40 Andrew Lewis 63 NJH......

Won 13 Lost 1

EIGHTH GRADE SCOREBOARD

NJH	50	Martinsville	49
NJH	40	Franklin County	36
NJH	51		49
NJH	42		47
NJH	36	Botetourt	38
NJH	53	Hidden Valley	
NJH	38	Franklin County	24
NJH	36	0 1	38
NJH	30	Hidden Valley	35
NJH	48		47
NJH	44	Botetourt	50
NJH	41	Salem Intermediate	37
NJH	33	Roanoke Catholic	44
NJH	33	Martinsville	50

WON 6 LOST 8



REBOUNDS, REBOUNDS Kenny Hutcherson, Russell Davis, and Dan McGarrell are working to pull down a last second rebound in the Catholic game.

WE LOVE YOU NORSEMEN

 $\hbox{EASY LAYUP} \quad \hbox{Andy Newson scores an easy layup against Cave Spring.}$

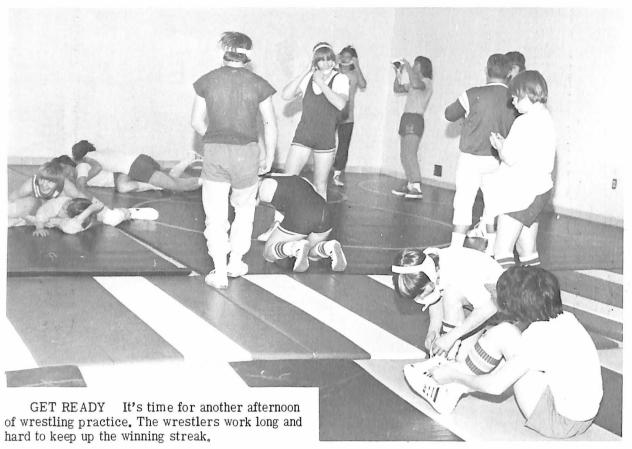


'We're No. 1' was the cry of the fans at the Freshmen Northside - Cave Spring game at the Salem Civic Center on February 10, 1975. The game was to see who would be County Champs. Cave Spring won the first meeting of the two (74-59) on their home court and the Norsemen won the second on their home court (53-34). The Championship was won by the Norsemen with 46 and the Squires scoring 45. The game was close but the Champs were known.

The Eighth grade team also lost the first game to Cave Spring and won the second. Although the Eighth grade wasn't as successful as the Freshmen, they had a 6-8 season.



TIME OUT Referee Don Lee blows his whistle as Kenny Hutcherson and Russell Davis pull down the final rebound against Catholic.

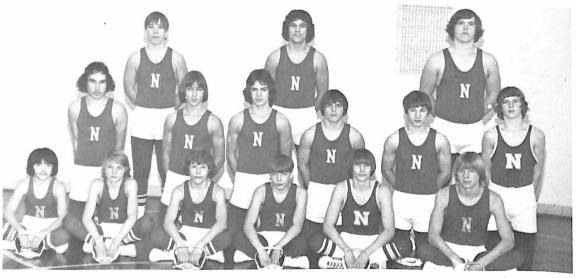


WRESTLING SCOREBOARD

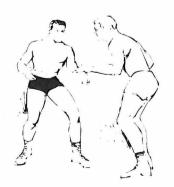
Won 7 Lost 1 2 Games Not Played

MAT MEN KEEP UP WINNING STREAK

WRESTLING STARTERS FRONT ROW: Jeff Graham, Jeff Hoer, Gray Weatherly, Robert Bandy, Danny Deacon, Craig Sledd. SECOND ROW: Richard Bouch, Sam Duncan, Joe Turner, Rick Copenhaver, Charlie Bandy, Berkley King. BACK ROW: Neil Saunders, Mike Price, Mike Marshall.







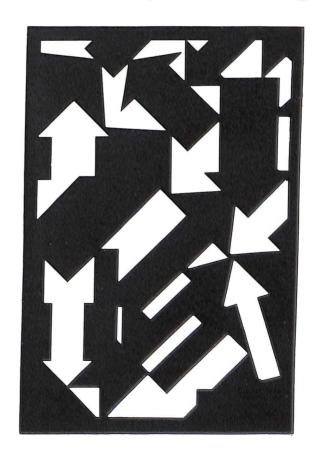
WRESTLING TEAM FRONT ROW: Bruce Stritesky, David Baldwin, Clyde Bandy, Scott Mayorshi, Darren Hurt, Tony Thompson, Jim McCoy, Rod McAllister, Jimmy Hill, William Booze, SECOND ROW: Timmy Summers, Frank Spencer, Ronnie Long, Mike Pyles, Cliff Loving, Darren Gauldin, Bill Manspile, Troy Kincer, Marty Riddlebarger, BACK ROW: Duane Carter, Ben Murdock, Wendall Lackey, Mark Beavers, Don Stafford, Ken Lanford, Mike Painter, Eric Lewis, David Parr, Johnny Asimakopolous, Jackie Jourdan, Scott Cash, Joel Bek, Tom Mitchell, Nick Palmeiri, David Bourne.

TO THE HOUSE AND DE LINE OF THE BUSE OF TH

To a girl cl wish cl had got to know better. See ya next year. Xathy

Best wishes!

EIGHTH GRADE



Duane Abbott Sandra Adkins James Akers Todd All Liz Allen Keith Altice

Phillip Ammerman Gina Amos Sandra Amos Teresa Amos Vicky Amos Tammie Anderson

Betty Angle Ricky Atkins Beth Bailey David Baldwin Larry Ballard Robert Bandy

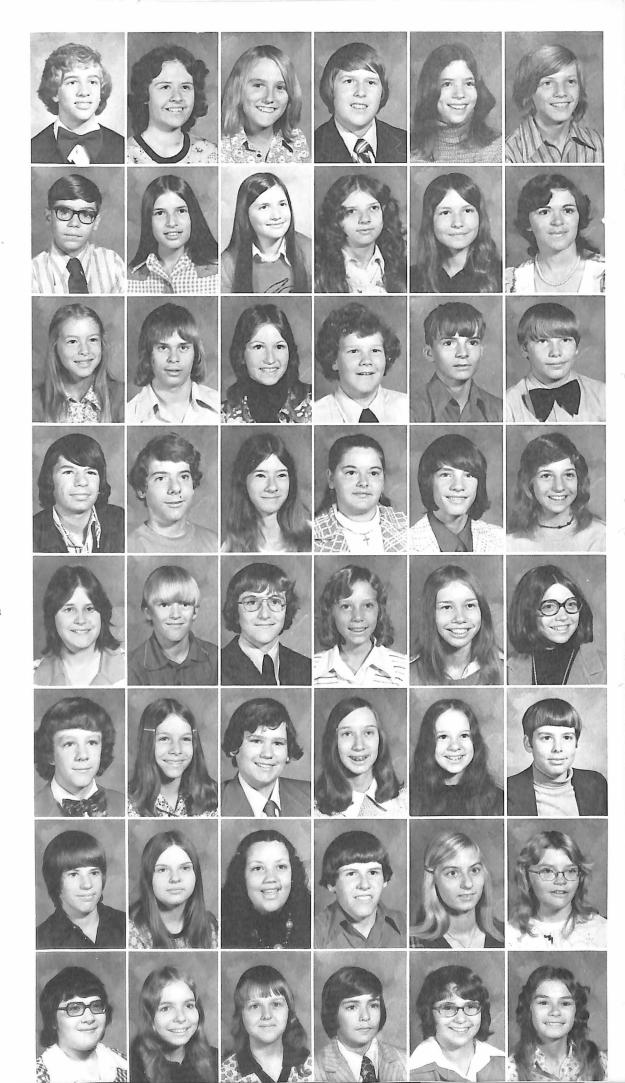
Roger Banks Richard Beall Lisa Beasley Sandra Bell Ricky Benfield Denise Berube

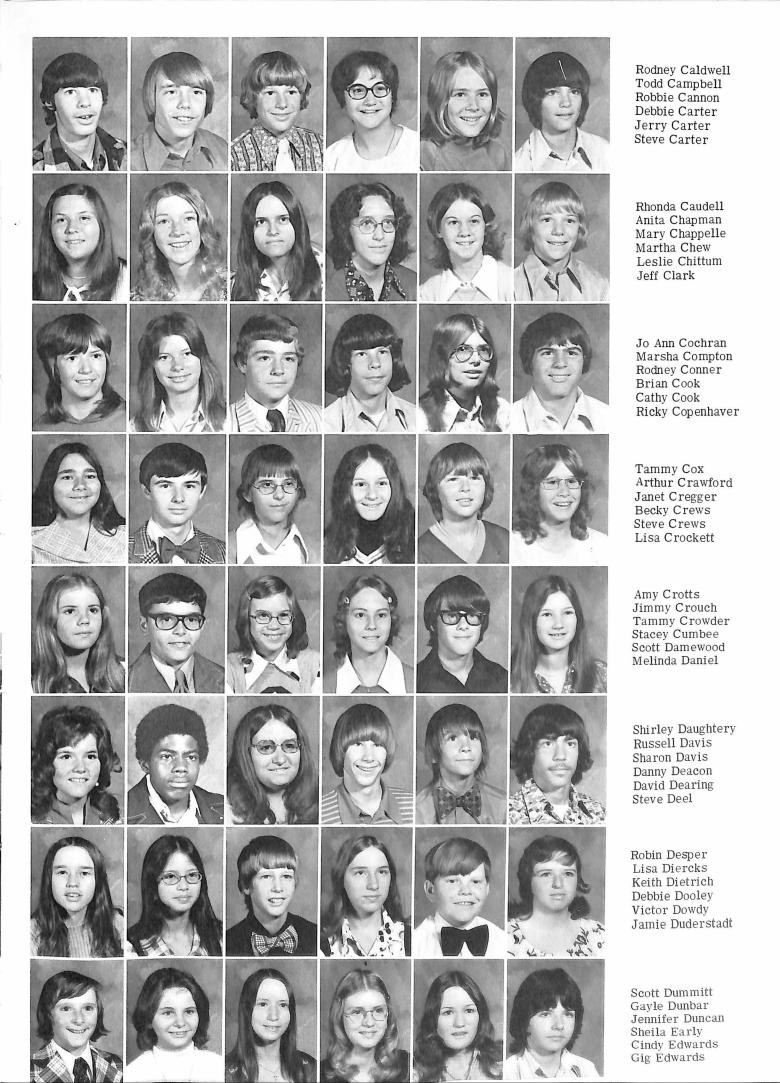
Joy Bird Maurice Blankensh Steve Blevins Julie Boitnott Harriet Bond Debbie Boone

Steve Boone Kathy Booze William Booze Pam Bostic Joy Bourhill David Bourne

Steve Bowery Rita Bragg Beverly Braxton Terry Brown Tab Broyles Marianne Brugh

Aleace Bryant Sharon Bryant Lonna Burton Mark Bushway Karen Butler Sabrina Butta





Mary Kate Edwards Jenny Eisner Andy Ellis Sheila Ellis Sandi Elmore John Eppling

Angie Erwin Harold Ewers Pat Farley Glenda Faulkner Larry Feazell Chuck Ferguson

Elizabeth Ferguson Karen Fernatt Sherry Ferrell Pam Finley Elizabeth Fisher Lisa Flora

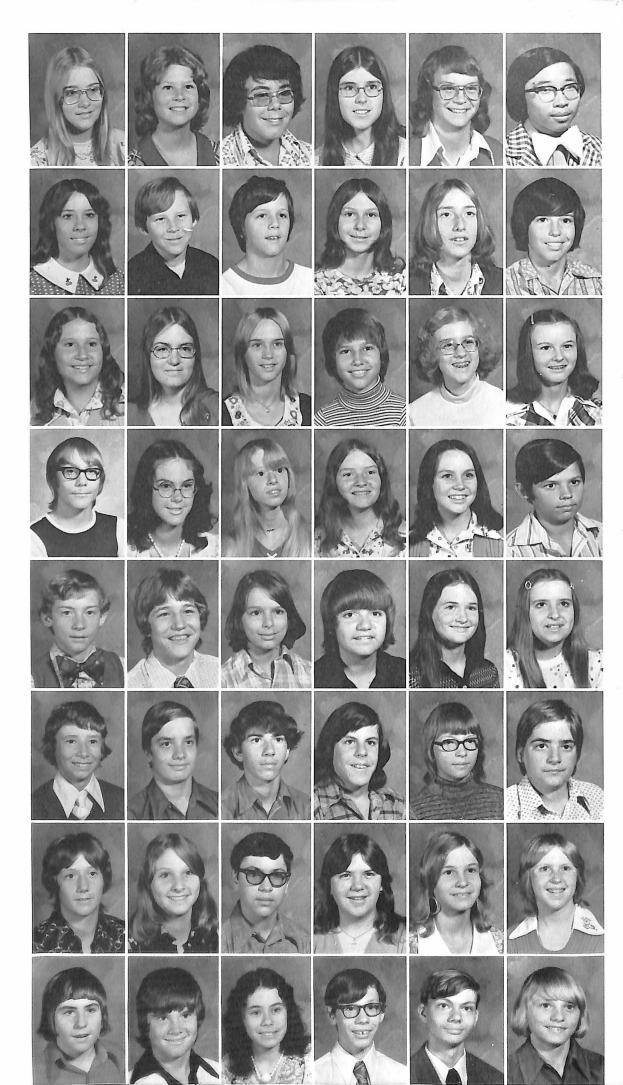
Larry Flournoy Carol Fortune Sharon Francisco Teresa Francisco Lynda Fulwider Frank Garman

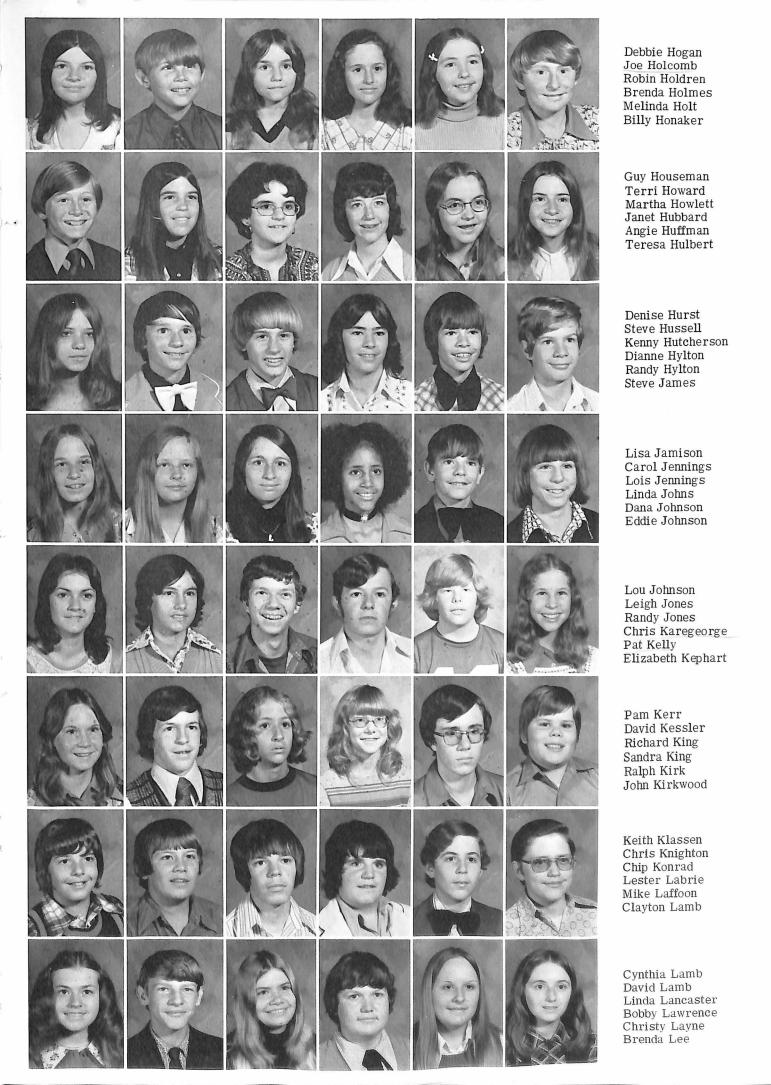
Ricky Garman Darin Gauldin Victor Gibson James Giles Juanita Givens Diane Goad

Darryl Goff Curtis Graves David Green Mark Greer Ruby Gregory John Gulley

Betsy Hale Sheila Hale Garry Hall Kim Hall Debbie Hannah Becky Hart

Tommy Hartman David Haskins Jackie Hill Forest Hiner David Hodges Jeff Hoer





Danny Lemon Debbie Lester Mike Lester Beth Liddy Donna Liddy Lee Lilly

Leigh Ann Lilly Richard Long Howard Lyon Barbara Maberry Rodney Malone Teresa Markham

James Marshall Carol Martin Terry Neil Martin Terry Wayne Martin Lisa Maupin David Maxey

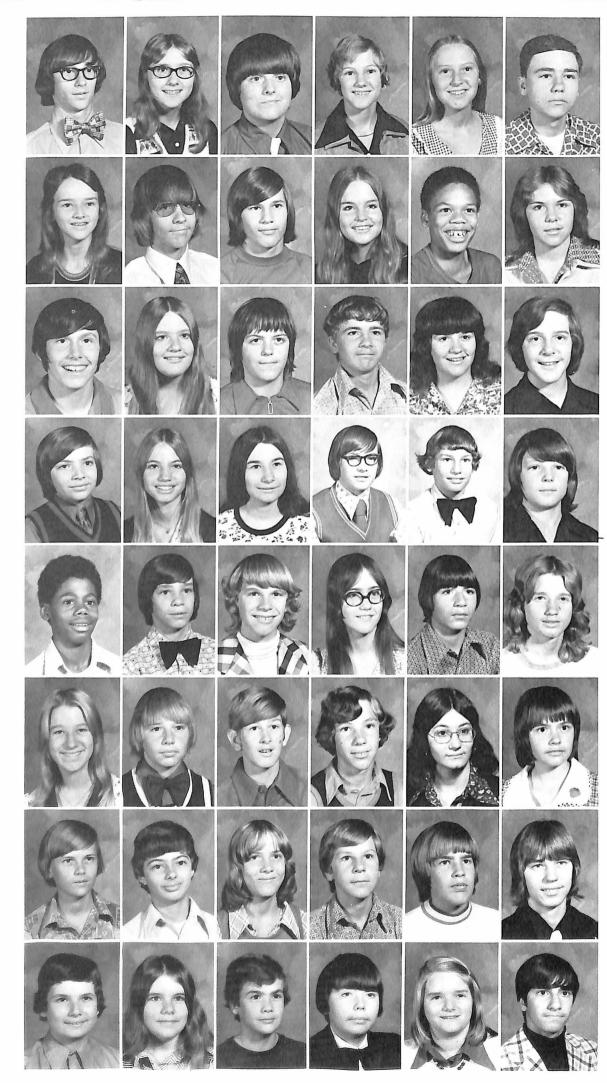
Scott Mayorshi Laurie Mayes Suzan Mayes Mike McAllister Rodney McAllister Corky McCormack

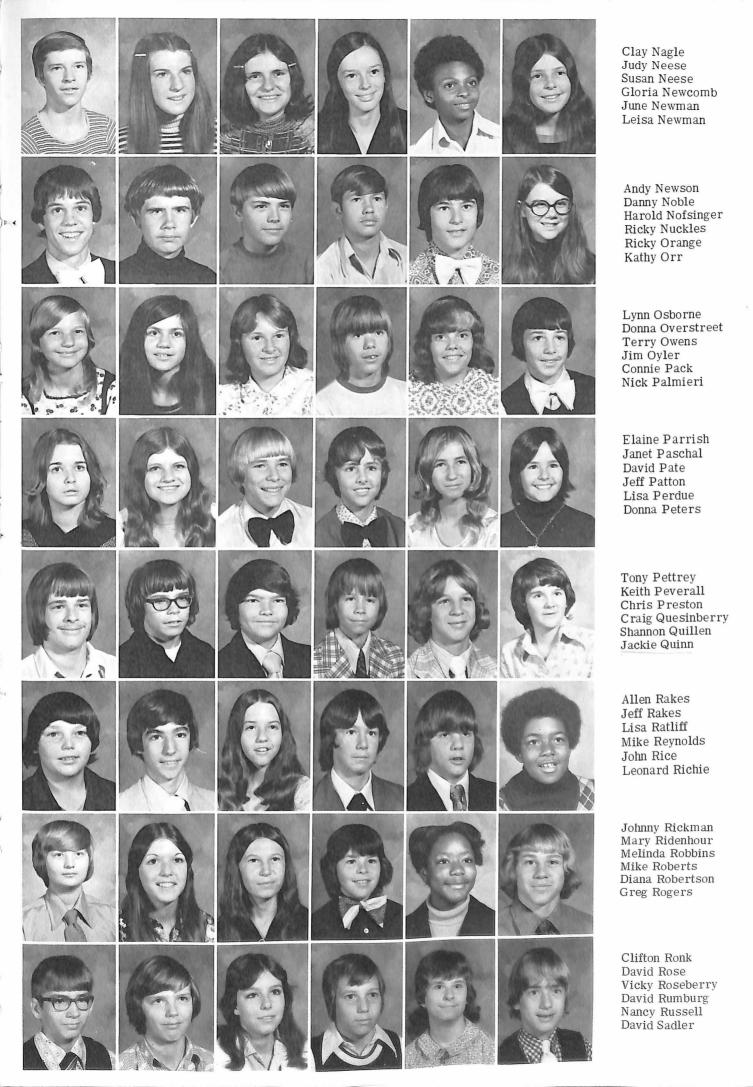
Chris McCoy Jim McCoy Danny McGarrell Teresa McIntyre Alan McNutt Jeff Meador

Jenny Meador John Meador Mike Meese Garry Michael Pam Milan Ann Miley

Chris Milgrim Steve Mills Tom Mitchell Quinton Montgomery Bobby Moore Kenny Morris

Shane Moses Kim Mowbray Marvin Mullis Kim Myers Luella Myers Joe Nackley





Benjie Sarver Donna Saunders Brian Saute Charles Scruggs Mark Setchel Laura Shannon

Mike Shannon Debbie Shay Mary Shelor Eddie Shelton Scott Shepard Trina Shepherd

Terry Simmons Lisa Simpson John Sink Mary Gail Sink Jane Sirry Sharon Sledd

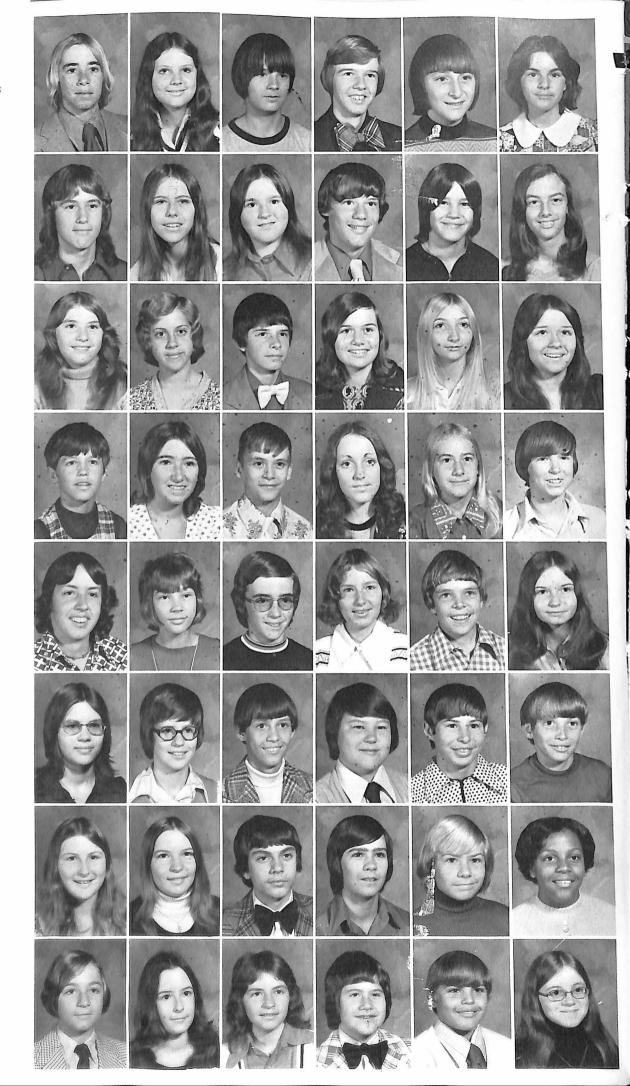
Chris Slone Cindy Smith Dean Smith Gigi Smith Lisha Smith Richard Smith

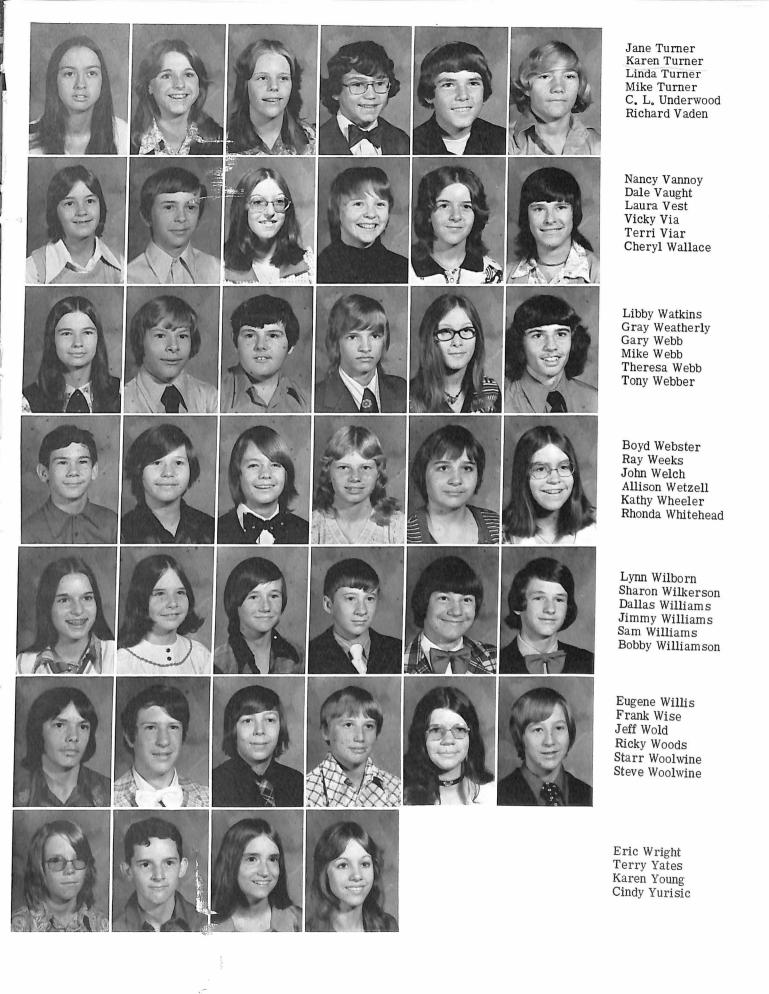
John Soldorfen Sandra Stader Don Stafford Teresa Staples Harvey Stebbins Sharon Stephens

Lisa Stilwell Carolyn Storey Paul Stover Bruce Stritesky David Stultz Jerry Stultz

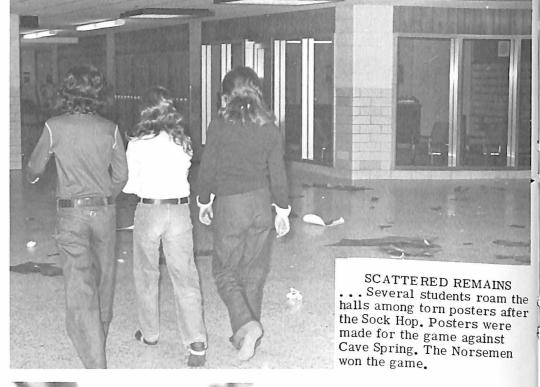
Lisa Stultz Sherry Stultz Tim Summers Jeff Taylor Mark Taylor Regena Taylor

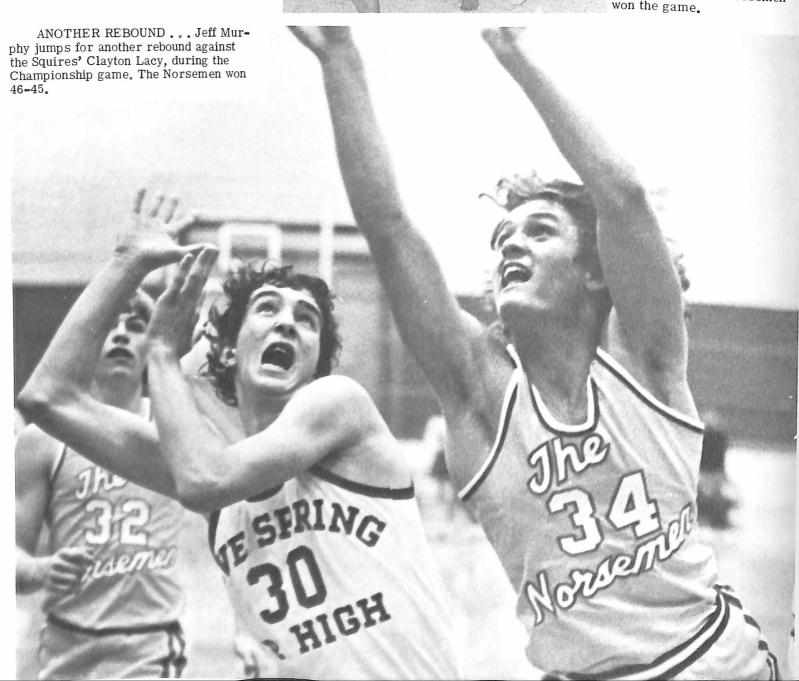
Buddy Terry Lynn Thomas Rella Thomas Tim Thompson Tony Thompson Denise Tillery



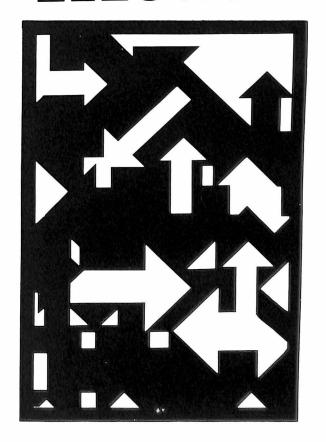


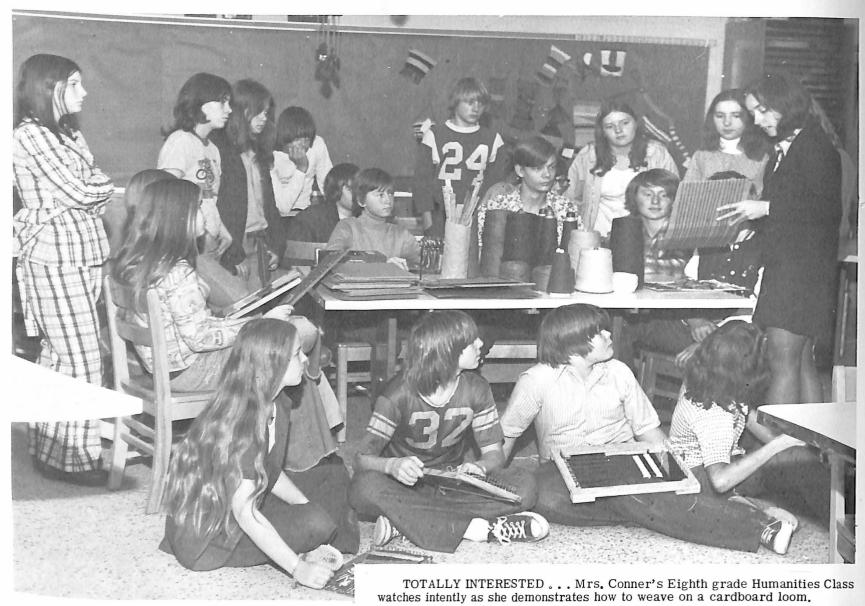
TWICE IN A ROW NORSEMEN DEFEAT SQUIRES





ELECTIVES









PICKIN, GRINNIN . . . Mrs. Giles Eighth grade class learns how easy it is to play guitars and autoharps.

The Humanities and Elective classes have worked to broaden the student's mind in the different areas, and have helped the student to discover what he liked or where his talents and abilities could be channeled. The French Interest Blocks have learned the basics in French speaking. At the end of each six weeks, the class had a French Buffet where the students brought in different foods that came from France. This course helped to prepare interested students for French I in the ninth grade.

The French I students enjoyed learning basic and everyday conversation as well as gaining a greater cultural appreciation by studying France, the French speaking countries, and French cooking. The class took a field trip to Roanoke College to see a French play. Also, a guest speaker gave a presentation on his travels in France.

The Art classes have concentrated heavily on arts and crafts, particularly pottery and weaving. An Art Show has been planned for the spring.

The Music Humanities class studied Country music, Jamacian music, Rock music, analyzed Popular songs and played the guitar. Each year the Humanities have a musical Mardi Gras program.

To perfect the Typing skill a student must master the key-board and not look at his fingers. The Typing students received a treat on Fridays. They typed pictures instead of words. The first semester classes made Christmas booklets.

HUMANITIES AND ELECTIVES AROUSECURIOSITY



FRANCIS EST DROLE . . . Miss Myers French I students say 'French is fun'. They are practicing oral response.



MANGEONS! MANGEONS! 'Let's Eat, Let's Eat,' says Seventh grade French Interest Block students. Today is French Buffet Day.



ALL-REGIONAL JUNIOR HIGH BAND... FRONT ROW: Janet Huddleston, Bob Buchanan, Debbie Lawhorn, Teresa McIntyre, Lois Jennings. SECOND ROW: Bill Taylor, Kathy Wheeler, Sharon Wilkerson, Mike Laffoon (NOT PICTURED).

The Music Department was very busy this year. There was Virginia District Six All-Regional Junior High Band, at Cave Spring High, on January 3-5, 1975. The band had nine musicians to make All Regional. There was also All-County Junior High Band held at William Byrd High School on January 17-19.

The Choir had the privilege to perform at Hotel Roanoke. They sang to entertain at the State School Board Convention on September 21, 1974. The Band and Choir combined efforts and presented a Christmas concert. The program lasted two class periods. The Choir performed last spring for the PTA.

The Pep Band played at most of the home football games. The music helped add enthusiasm and spirit. When the weather was cold you could have heard 'Hurry Mr. Spiers, let's play something! My horns gonna freeze'. The Pep Band played songs like 'Have It Your Way' and 'V for Victory'.

Future plans for the Music Department included another spring PTA program for the Choir and Band competition for the District held at Radford College in March.



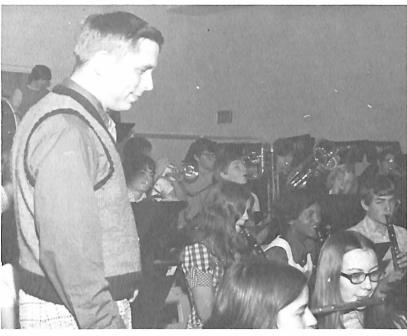


SING OUT! The Choir looks and sings their best at Hotel Roanoke for the State School Board Convention.



ALL COUNTY JUNIOR HIGH BAND ... FRONT ROW: T. McIntyre, S. Wilkerson, L. Jennings, L. Diercks, L. Stokley. SECOND ROW: J. McCoy, J. Nackley, B. Buchanan, D. Phillips, J. Brugh. THIRD ROW: Mr. Spiers, G. Houseman, T. Ryder, K. Wheeler, D. Lawhorn, P. Lunsford, V. Boothe, BACK ROW: B. Taylor, D. Flowers, T. Sustar, J. Hill, R. Parks, J. Huddleston, S. Stevenson, D. Bradford and J. Laffoon (NOT PICTURED).



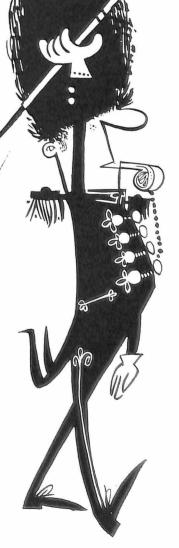


FAKE IT . . . Mr. Spiers finds some people 'faking it' in band class while watching Kay Petersen and Kathy Thomas.

PRACTICE, PRACTICE...
In the band room we hear songs like 'Rhythm of the Winds', 'Storm King' and 'Battaglia'. These songs make the program for the band at the District Band Festival.



CHOIR . . . FRONT ROW: C. Jennings, L. Maupin, A. Wetsel, V. Via, A. Huffman, Mrs. Giles (Director), N. Vannoy, L. Flora, E. Fisher, J. Hill, S. Budda, L. Stilwell, L. Simpson. SECOND ROW: K. Myers, B. Duffy, A. Stevens, M. Dunn, C. Boothe, M. Sink, S. Painter, V. Plunkett, D. Hannah, L. Boitnott, D. Buchanan, S. Ellis. THIRD ROW: C. Baber, C. R. Shorter, L. Landcaster, M. White, B. Liddy, S. Jones, S. Bragg, D. Garman, P. Brunk, D. Duggan. FOURTH ROW: C. Cook, S. Elmore, R. Miller, B. Lee, J. Neece, S. Early, D. McNeece, S. Early, L. Chittum, K. Allison, B. Bailey, B. Dalton, J. Hill, T. Summers. FIFTH ROW: D. Peters, A. Crotts, A. Bryant, R. Taylor, E. Ferguson, M. Lee, D. Lovelace, E. Anderson, D. Carter, R. Whitescarver, T. Sisson, L. Thompson, S. McDaniel. SIXTH ROW: J. Quinn, A. Craig, T. Edwards, B. Hale, D. Carter, K. Fernat, B. Mayberry, K. Divers, L. Jennings, S. Davis, P. Layman, T. Maybbar.



MEN'S LIB IS ON ITS WAY



FHA CLUB... FRONT ROW: Janet Hubbard, Darla Fainter, Debbie Pupillo, Dreama Dinkle. SECOND ROW: Pat Worley, Terri Owens, Annette Harper, Teresa Boothe, Martha Howlett, Cindy Leffel. BACK ROW: Miss Tully (Sponsor), Michelle Toohig, Lynn Cahill, Lynda Fulwider, Terri Simmons, Sandra King, Cindy White, Mrs. Dillard (Sponsor).

Are guys allowed in Home Ec? A group of guys came from study hall to learn the art of cooking. They learned to plan and prepare meals.

Home Ec I and II students were shown the right way to bathe and dress a baby. Then each girl had the opportunity to practice the procedure. A room decoration course was also offered. The Home Ec II students sponsored a bakeoff contest in which anyone could compete regardless of sex.

The FHA consisted of twentytwo members with five serving as officers. Jamie Duderstadt was President, Lorena Soraker was First Vice-President, and Lisa Beasly was Second Vice-President. Tracy Pollard served as Secretary and Carol Fortune served as Treasurer. The Future Homemakers of America had several bake sales which were very successful.



FHA OFFICERS ... Lisa Beasly, Carol Fortune, Lorena Spraker, Tracy Pollard, Jamie Duderstadt gather around the Christmas tree decorated by Home Ec students.



NO THREAD Cindy Harris is trying to sew on one of the garments that is a requirement of Home Ec II students. She isn't going to get far without thread.



CHILD CARE Julie Hambrick bathes and dresses the model baby while Mary Lammey, Tammy Rowsy, and Roberta Oliver observe the procedure.



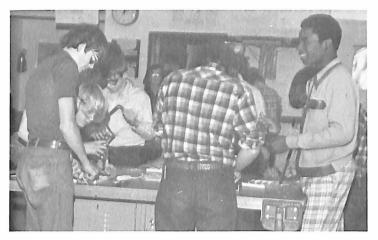
FIRST TIME Howard Kirkwood, Bobby Hale, and Mike Hudgins make a first attempt to bake cookies. Looks like an assembly line job.



 ${\tt EFFICIENCY\ COUNTS}$ 'One cup or two' exclaims Tammy Moran. Donna Buchanan, Linda Johns, and Dianna Robertson mix ingredients together.



NEED HELP? Mr. Lambruscati gives some advice to Jeff Lunsford, John Kessler, and Steve Dowdy. They are working on a house model.

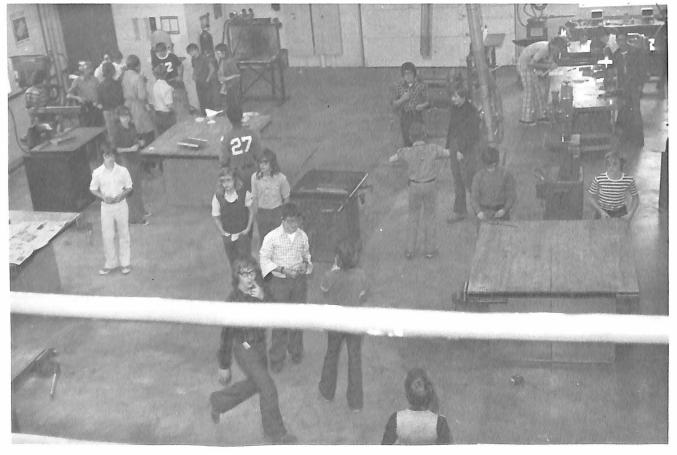


HAVING FUN? David Flynn, Mark Alachnowicz, Alan Tarter, and Norman Harriston smile as they work on their models.

The Seventh grade boys, and some girls, got a chance to take Industrial Arts for six weeks this year. Each student worked on his own project, and got an opportunity to become acquainted with the Industrial Arts Lab.

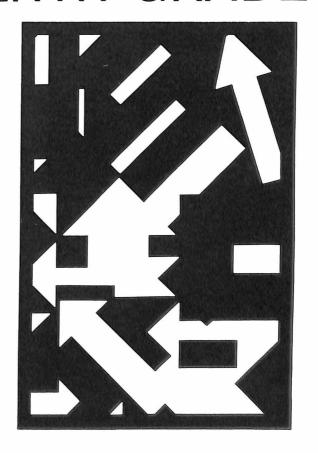
The Eighth and Ninth graders worked on rockets part of the year. After the students finished the construction, they took the rockets out in the field and launched them. Some students who had classes on 'E' hall gazed out the windows at the rockets. The boys also made cars out of wood and ran them on CO2 cartridges. They enjoyed racing them up and down the hall near the Industrial Arts Lab.

IA PROVIDES SKILLED TRAINING



FINISHING UP . . . Some of these Industrial Arts students are putting some finishing touches on their projects. Others are preparing for the bell to ring by cleaning up.

SEVENTH GRADE



Courtney Aders Gina Allison Annette Almond Darel Altic Richard Amos Debbie Anderson

Robbie Anderson Glen Argabright Karen Assaid Jackie Baber Clyde Bandy Donna Barber

Pam Barber Kathy Barton Richard Barton Debbie Bauman Lori Beard Mark Beavers

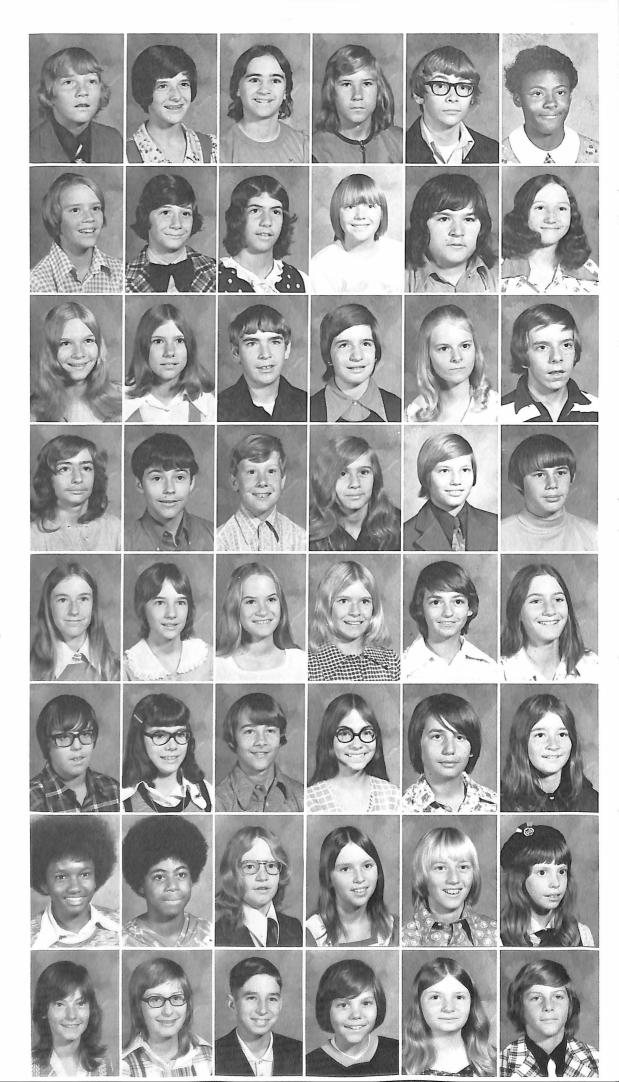
Chris Beckner Ken Beckner Lance Beckner Tommy Beckner Mark Bessell David Bible

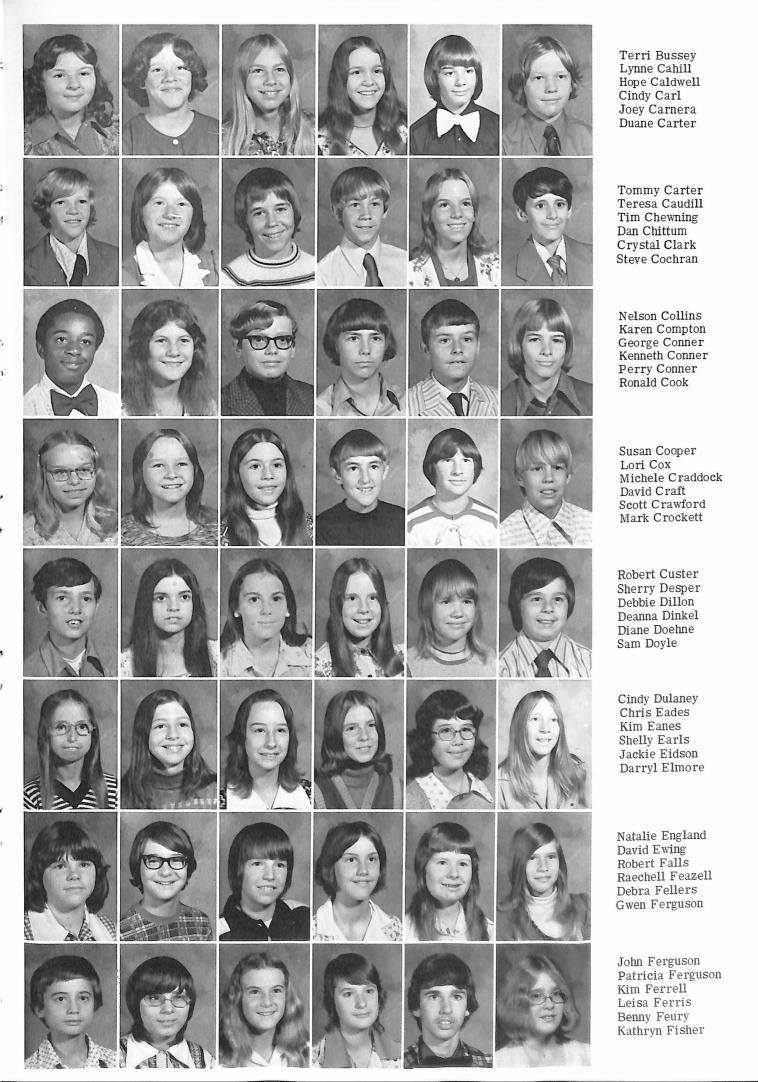
Dana Black Mary Black Cindy Blake Debbie Blankenship Ellen Block Betsy Boaz

Don Bonhotel Delores Bonn David Booth June Boskoski David Bower Rhonda Boyd

Charlotte Bratton Dee Dee Bratton Billy Brewer Kammy Brewer Danny Broom Becky Brown

Tammy Brubaker Martha Brugh Isaac Brunk Randy Bryant Teresa Bryant Bryan Buchholtz





Ami Fitzgerald Jill Forbes Mary Forbes Cheryl Fox Rachel Frazier Tina Freeman

Paul Friel Wayne Furrow Debbie Garman Jennifer Garman Keith Garman Terri Garman

Nancy Garrison Barbara Gearheart Karen Gibson Linda Gilmore Barbara Givens Mark Goad

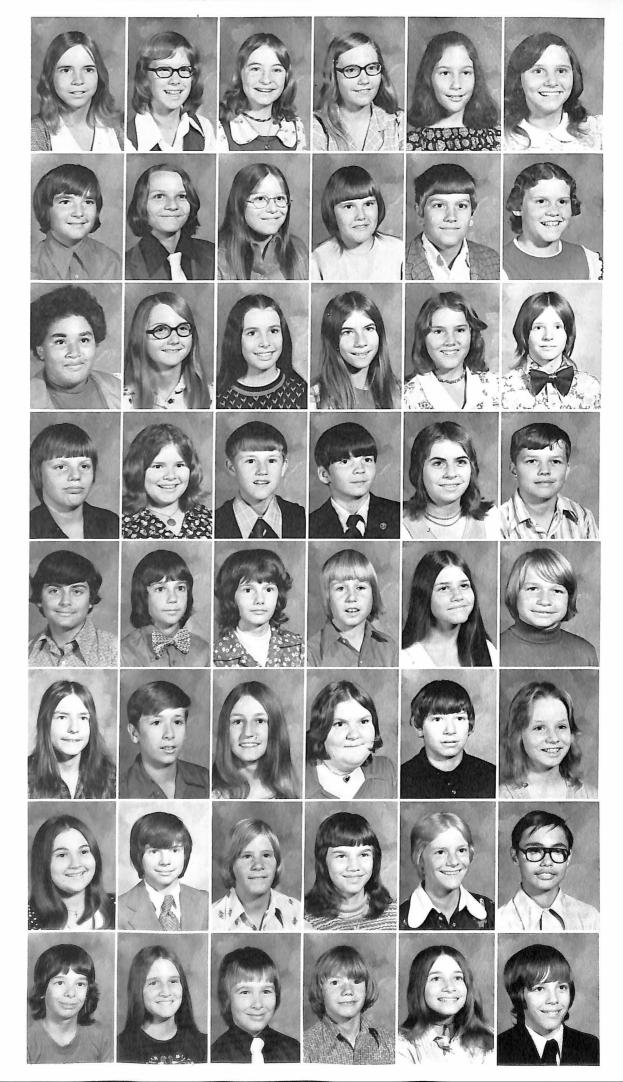
Mike Gordon Kathy Grimsley Mark Grubb Allen Gutshall Linda Hale Richard Hall

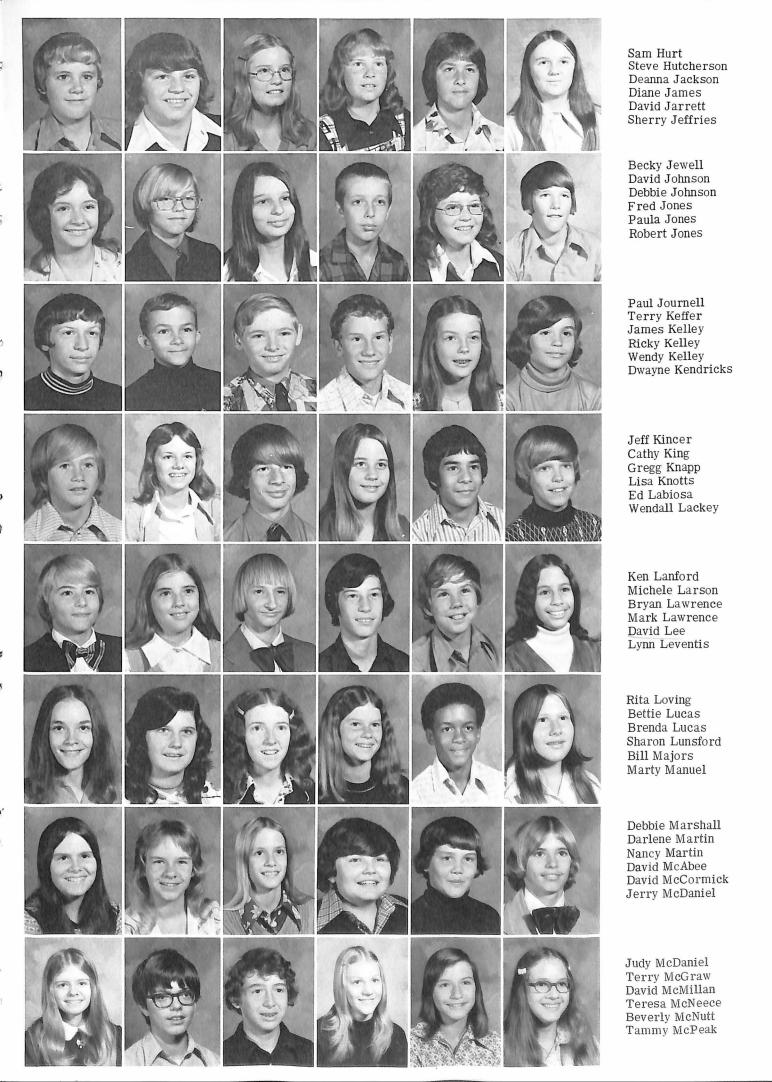
James Hamblin Philip Hancock Becky Hannah Benjie Hartman Kelly Heavener Mike Hensley

Erik Herdman Jeff Hess Lesa Hetherington Gaye Hicks Kelvin Hodge Mona Hodge

Gena Hoke Jeff Holdren Mark Holdren Julie Holliday Carol Holmes Steve Holmes

Tommy Housman Vicki Howard Jeff Howell Kevin Hughes Katrina Hurst Gary Hurt





Susan Meador Rose Meadors Sidney Meadors Jeff Metz Dana Miller Eric Miller

Mike Moore Lora Morgan Mike Mosier Greg Mundy Ben Murdock Chris Myers

Patty Myers Jody Nelson Keith Newcomb Lori Newman Mike Nielsen Cindy Odum

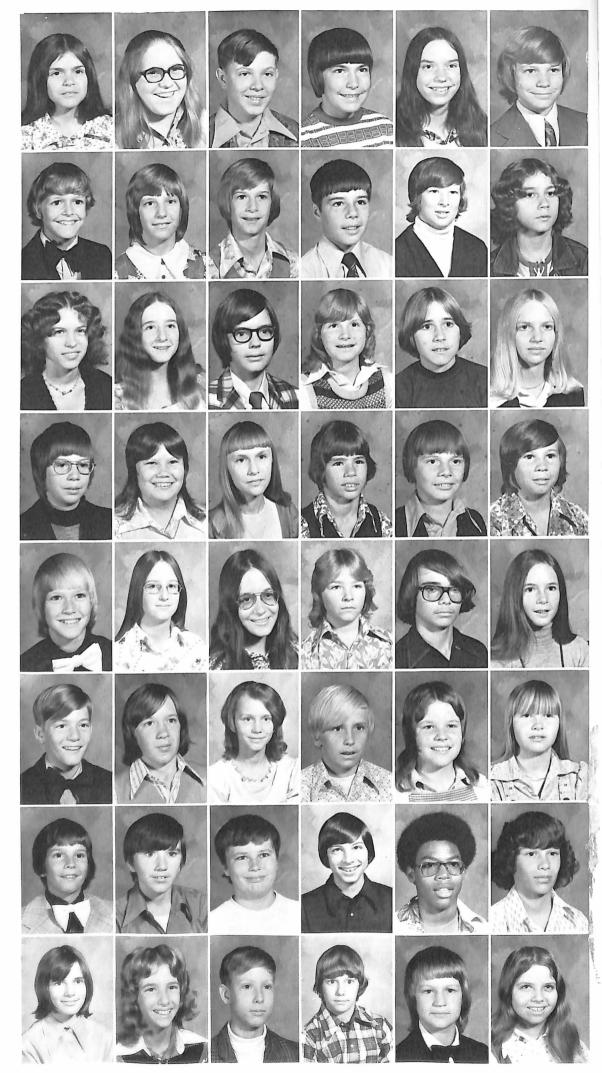
Barry Ogle Tonya Osborne Debbie Overacre Robert Page Michael Painter Duane Pannell

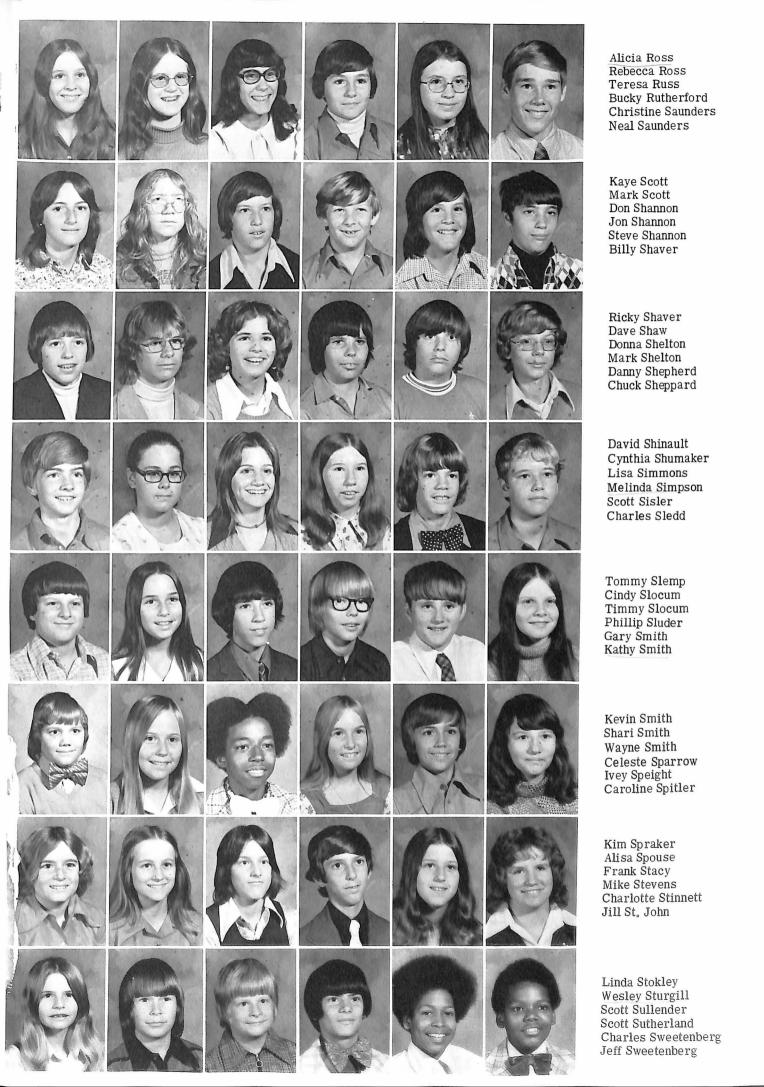
Don Parr Tammy Parrish Jeannie Peroulas Sammy Peters Nick Peterson Cindy Plunkett

Bruce Poff Brian Porter Connie Potter Frank Powers Michele Price Tracy Proffitt

Tommy Quinn Rodney Rakes Donald Ramsey Clay Ratcliff Chuck Ray Timmy Reynolds

Janice Rhodes Anita Richards Jay Richards Marty Riddlebarger Berk Robertson Sharon Rose





Sharon Swink
Ricky Switzer
Belinda Taliaferro
Donna Taylor
Susan Tench
Rhonda Terrell
Ruth Terry

Cheryl Thomas Mike Thomas Penny Thomas Robbie Thompson Barbara Tice Michele Toohig Ramona Trout

Chris Turley Delbert Turman Jeff Turner Peggy Vaughan Mary Waddell Alice Wade Mike Walls

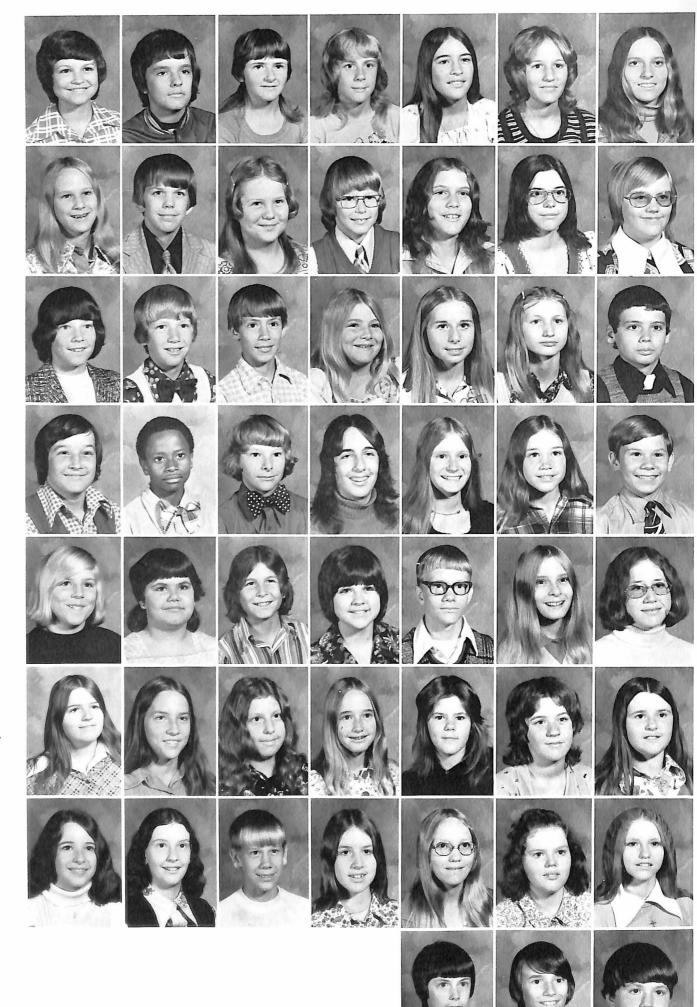
Mark Ward Sam Ward Carry Weatherly Lisa Webb Wanda Webb Rhonda Webber Ayers Webster

Robbie Weiman
Kara Westmoreland
Zack Wheeler
Cindy White
James White
Kathy Whitenack
Darla Willett

Patty Willis
Cindy Wimmer
Sara Wimmer
Michelle Winebarger
Susan Wingfield
Susan Withers
Deborah Witty

Melinda Wolfe Linda Wood Tony Wood Jill Woodyard Beverly Wooten Patty Worley Debbie Wright

Mike Wright Billy Yopp Alan Ziegler





WATCH CAREFULLY Mrs. Malouf instructs Ami Fitzgerald, Becky Jewell and Kevin Hughes in the operation of the Aud-X machine.

The Reading classes used various machines such as the Aud-X and Controlled Reader to help the student comprehend and increase his reading speed. Reading labs also helped the students to become better readers. The Language Arts program included the study of the English language (grammer, spelling), literature and reading.

The Latin classes proved that Latin is not a dead language. The students greeted one another and talked together in Latin outside of class. They celebrated holidays in Roman fashion. Along with the increased knowledge, the students learned that Latin can be fun.

The knowledge of English and Latin mixed. A good English background helped the Latin student. Unless a student had taken Latin, he would not have realized that he used the language practically every day. Many of our scientific and medical terms are derived from the Latin language.

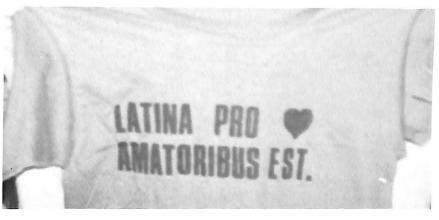


ATTENTION PLEASE In Latiff I Miss Dalton helps the students to learn Latin by using flash cards or the overhead projector.

ENGLISH - LATIN ARE THEY RELATED?



GET READY $\,\,$ Jeanie Eidson, Sam Hurt, Tim Chewning, and Cindy Plunkett use the listen and think tapes to learn to understand what they are reading.



WHAT'S THAT? Latin I students could purchase Latin-T-Shirts at the Junior Classical League Convention. The shirt says 'Latin is for Lovers'.

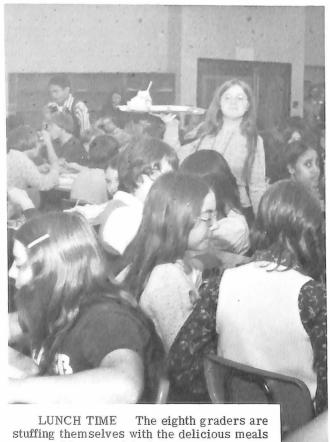


YUM, YUM Our caf sweet rolls for breakfast. Our cafeteria workers Myrtle Grogan, Ella Hall, and Margaret Robertson icing



PREPARING LUNCH Lunch is being prepared by Lillie May Wood and Dorothy Lugar. The ladies begin early so as to meet the lunch schedule.

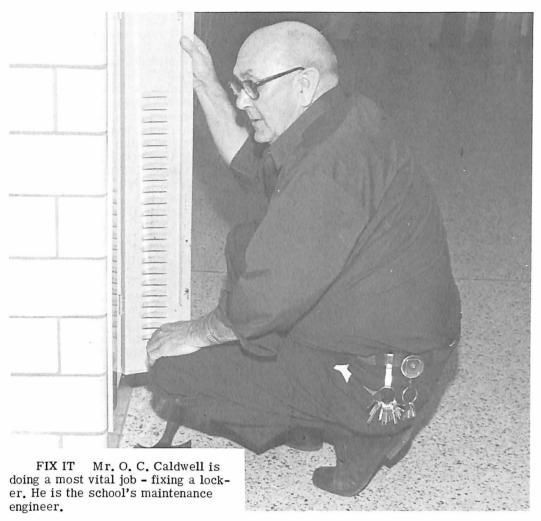
CAFETERIA STAFF PREPARES STUDENTS'MEALS



prepared in our cafeteria.



MENU PLANNING Mrs. Evona Turner plans the lunch menu for the next week. She is the manager of the cafeteria.



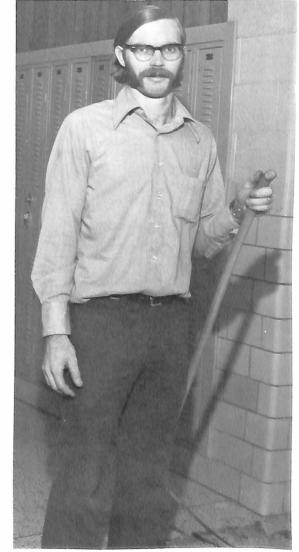
Our custodial staff has the difficult job of keeping our school nice and clean. Some of the problems are getting chewing gum off of the desks, scuff marks off the floor, keeping the cafeteria floor free of food, and vaccuming in the rooms with carpet. We are grateful for everything this staff does.

About eight hundred delicious, nourishing meals are served daily by our cafeteria staff. Some of the favorite meals were hot dogs and hamburgers. The newest lunch was tacos and having soup every day. When the price increased for the teachers lunches, most teachers stopped buying lunch. Soon the school board lowered the price from \$1.25 to 75¢. The participation soon was back to normal.

CLEAN, NEAT SCHOOL IS KEPT



tables. This is just one of the many jobs she performs each day.



HARD WORKING Custodian Mark Surface pauses in the hall for a picture. Usually you see Mr. Surface ready to clean up a student's mess.



The Girl's Varsity Basket-ball Team received several prospects from Hidden Valley Intermediate. Last year, Hidden Valley's Junior Varsity placed first in the county. The Norsewomen hoped to keep up the winning streak of our school this year. They played Addison, Hidden Valley (JV only), North Cross, Jackson, Wilson, Breckinridge, Catholic (Varsity only), Ruffner, Cave Spring, and Madison.

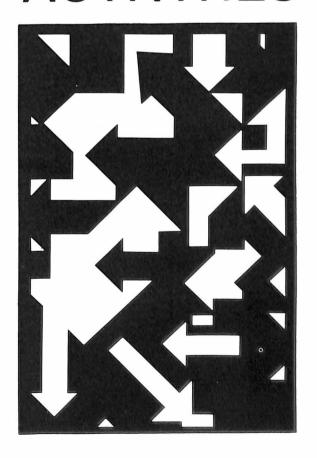
VARSITY BASKETBALL
... FRONT ROW: Star Patton, Ginger Michael, Kathy
Rice, Marty Dickens, Jill
Hagood. BACK ROW: Coach
Bussey, Sonia King, Andy Hare,
Donna Firebaugh, Betsy Hale,
Lisa Carper, Lisa Poff, Coach
Poythress.

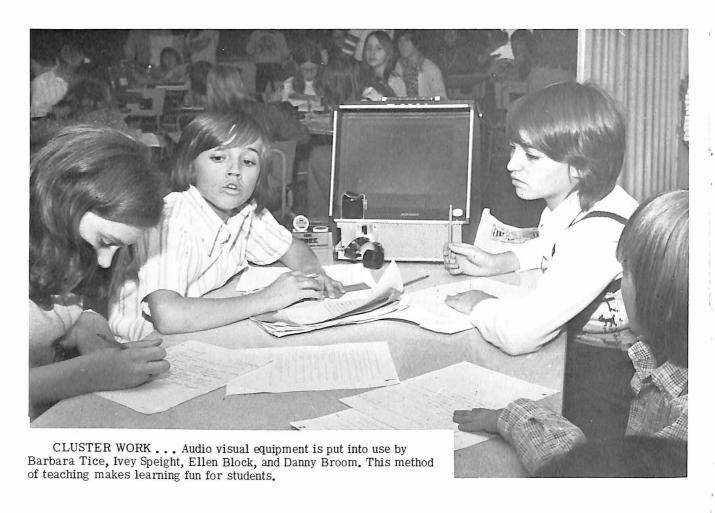
GREAT EXPECTATIONS AHEAD FOR NORSEWOMEN



JV BASKETBALL . . . FRONT ROW: Brenda Bessell (Manager), Shari Smith, Nancy Vannoy, Terri Howard, Mary Lee Cudd (Manager), BACK ROW: Coach Bussey, Linda Day (Manager), Connie Potter, Karen Assaid, Jo Ann Cochran, Charlotte Stinnett, Michele Toohig, Donna Bowling (Manager), Coach Poythress, (Celeste Sparrow - NOT PICTURED).

ACTIVITIES





CLASS ACTIVITIES OFFER VARIETY

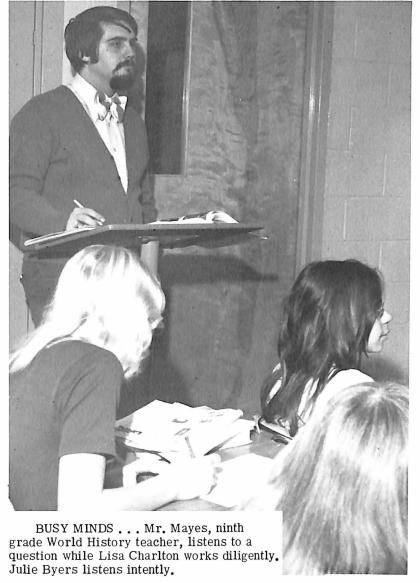
The Classroom Teacher aimed at a goal for his students for the year. The major objective became his area of concentration. The ninth graders learned to write term papers. The English and Social Studies teachers made a joint effort to help the student achieve the task of writing a research paper on an event in the history of the world.

Seventh graders worked on Fractions, Fractions and more Fractions. This was especially important if the student planned to take algebra or geometry. The Social Studies classes at the seventh grade level focused attention on student involvement through the use of cluster (group) work and packages. The use of audio visual equipment, speakers, and games related to the field of study added interest to the program.

Life Science classes (seventh grade) studied the outdoors and nature. IPS classes (eighth grade) concentrated on finding characteristic properties of substances.



PROBLEM SOLUTION ... 'Renaming fractions by multiplying or dividing the numerator and denominator by the same number' says Mrs. McClearn as she explains a fraction problem to Duane Carter.



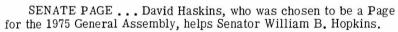


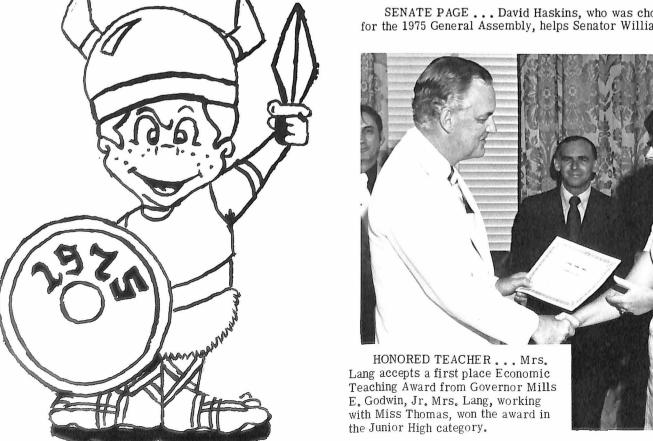




CONCLUSION









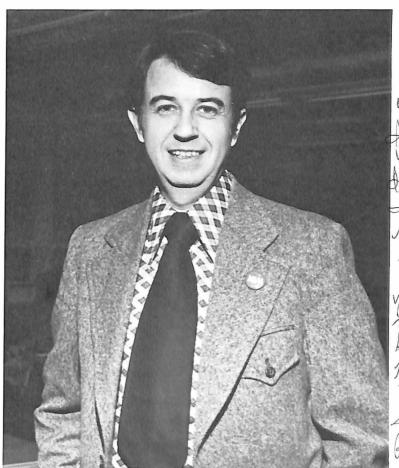
DUO BUTTON . . . If you turn this 'Whip Inflation Now' button upside down, you get 'No Immediate Miracles'. So, whatever your feelings about inflation, you can wear the button either way.

Our athletic teams, boys and girls, were the best in the valley. It was through hard practice that they came out 'Number 1'. In football six players received awards for outstanding play. They were Mike Price (Offensive Lineman), Jeff Murphy (Defensive Lineman), Richard Woolwine (Defensive Back), Eric Lewis (Running Back), Eddie Otey (Most Valuable Player), and Andy Newson (Unsung Hero). Not only were we Champs in Football but also Softball and Boys Freshmen Basketball.

Mrs. Lang and Miss Thomas received a trip to Richmond at the beginning of the school year. They toured the State Capitol and received a pin of the State Seal and a certificate of recognition from the Governor along with \$50 cash for each teacher. The award was given for a nine weeks Economics unit in the Seventh grade Social Studies curriculum. In this unit they had banking, budgeting, speakers in the business field, textbook activities, and the use of many audio-visual materials.

David Haskins was chosen as a Senate Page for State Senator Hopkins. As a Page he ran errands for the Senator while the General Assembly was in session.

The school as a whole tried its best in academics, athletics, and spirits. Indeed, 1974-75 will be remembered as a year of recognition, when we strove to do our best.



WHAT'S THAT . . . Instead of wearing his button the 'WIN' way, Mr. Jennings turned it upside down to make it the 'NIM' way.



PROUD ATHLETES . . . Showing off their football trophies are Eddie Otey, Jeff Murphy, Mike Price, Richard Woolwine, Andy Newson, and Eric Lewis.

At NJHS we have tried to 'Whip Inflation Now', and we have lived up to the Norsemen tradition by doing our best. However, we find that even if we do our best that there are 'No Immediate Miracles'. We hope that we can work with our community to control inflation and the energy

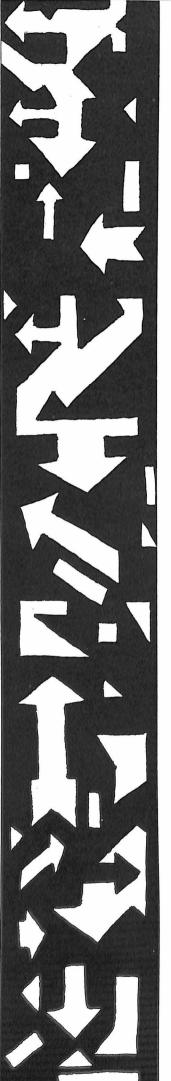
The main ambition of teachers has been to help the students so they can make wise decisions at Northside High and after graduation. The teachers have helped the students decide about careers and future occupations.

The Guidance Department has not only tried to provide information about careers and help solve academic and personal problems, but have also undertaken to solve

the weight problem.

Interest, cooperation, and leadership were furthered through club participation. Unfortunately, the number of students in clubs dropped because the meetings were held after school. We hope that in the future more students will take advantage of opportunities afforded through club membership.

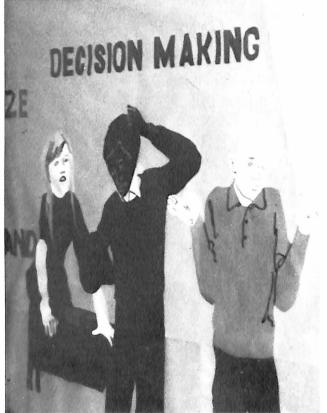
In changing directions this year, we met obstacles but we overcame them with optimism and the Norsemen spirit.





NO PROBLEM ... Ellen Block is sure to open her locker this time. She has had much practice during the school year.

YEAR'S ACTIVITIES DRAW TO A CLOSE





SOLVING PROBLEMS . . . This bulletin board shows the trouble a student sometimes goes through making a decision. Many teachers stressed 'decision making' as a step toward maturity and responsibility.

No or right Descriptions of the state of th Best Miches Warden ma prison Halfernar pest suches tudent of the such such student of the such of the suc As you slide down the barrister of life, Inope ya get a splinter in your ca-reen! (Not REALIY) TOGRAPHS 10 a cool girl short hangs around the cookyest group are 300 M. ff Hour

mes almonso) strick ilt has been fun TO A REAL SWEET having you in + Nice girl science with me. Even the el don't know you that well Money Son the girl. Donna Lambert but behind in has been Mire Deemy in English class.
Wishes! History View Struller mr. Durcais المحادث المحاد nonia exposed med need arth Asing book gratail in you in English class. Best wishes! next year. Have bun this summer here in the you the Mestan Hor the forting action of the Gera avenueze lordeng At Goer wie 10. aday to how we have all My man ment were for a for a form i jeogé por Cathillan follow.

Best of future. Monther Angelone fun this summer. Debra Monroe Took appin, upon Rid, Rove at Northside Wigh. Sax you this summer, 'So a real Love Greg Nice girl. Have fun This summer, I hope your Ja a nery desplan Jean. Some of my classes ment Claims Juro JON MILIN Gregory went you? and who in om high Milhe Whinh Injoyed having you in my class and hope you'll continue and Supply of the su 200 m Miss chary James Jac Mars Jac Mars & I point distant Jo, a sweet little tourth where Jose Demograms Shirk who Doe thoun for a long line Story sweet See jour west yeur.
Tay Lone ent yeur.
79

alia all the good looking The collection of the color of and the second of the second o destar Same in the state of the state A STATE OF THE STA J. M. M. M. J. C. S. J. C.

real Develop My wood to see show as 10 12001 Cin God enice Stanthat way Jenourina you. I what I would have get to bette money al peniet milital at the und el con oue yours a real ammer y Ber good organise of the second organ this been really mice De good at it. Sulina Kempy the search of th girl who F Her foot Alicia 6027

Wear alice, I'm real glad I met you. your a real cool chick. I hope that O the can be in some classes together ment year. I hape you get aff your Crutches soon. I'll always remember the good laughs we've had at lunch. Remember the suky lunches that you never ate. But it did. Remember me starving for lunch to come. I don't think I can use the whole page. I'll just, do my job Lave,

Beserved for Rhonda Witt Dear Alice, I know you would like me to use What if I run out of things to say? It will! To start with it das really been cool being in classes this year and last year Remember My Death and 4th poriod English, sure you do . I after got the feeling She thought we (David, Day, Charle, Alles) blonged in a home. Now what I hope is that we all get for next year. Then we can prove fer right. You're a real good friend and I tope you get what ever you want, out of life that is. Have fun at figh school next year. Olice.
D've only know you Its of Lord friend for a white, but its user your plants.
You're eating with Rhonda, real nier eating with ya. You're real subset, stay that way. Orusis chennings

