

Kind acts are stepping stones to contentment and happiness.

The Illuminator

A man never gets so rich that he can afford to lose a friend.

Vol. X, No. 6

KENTUCKY POWER COMPANY

APPALACHIAN POWER COMPANY

KINGSPORT UTILITIES, INC.

March 1959



Proud of their safety record are these employees, representatives of all Kingsport Utilities departments. The banner they are holding signifies the completion of a million manhours without a disabling injury by the company's 117 employees. Employees of both Kingsport and Kentucky Power achieved the safety mark in February.

Kentucky, Kingsport Employees Reach Million Manhour Marks

Employees of both Kentucky Power and Kingsport Utilities reached the safety goal of a million manhours without a disabling injury in February.

The 371 Kentucky employees, in reaching the million manhour mark for the third time, compiled their manhour total from October 1, 1957 through February 4, 1959. Kingsport's 117 employees reached the coveted mark for the first time on February 17. Their record began on November 6, 1954.

Kentucky's other two million manhour records occurred during 1954 and in 1955-56. Although the latest injury-free period for the company ended February 9, five days after the million mark was reached, two districts were continuing injury-free manhour records at press time. Ashland employees have now worked over 1,100,000 manhours without a disabling injury, and Pikeville district employees are approaching the 500,000 manhour mark.

All three Kentucky districts have million manhour records to their credit, with Hazard employees exceeding the mark twice.

Kingsport employees have come close to the magic number several times before reaching it in February. Four times employees have gone three years without a disabling injury, with the best of these 1944 through 1946 when employees worked 717,616 manhours without a disabling injury.

During the current record Kingsport has won the Southeastern Electric Exchange Award four consecutive years in competition with 22 other utilities. This is also the fourth year the company has won the National Safety Council Award in its division.

Medical Claims Due By March 31

Employees insured under our companies' Group Medical Expense Benefits Plan are reminded to file 1958 medical claims with their personnel departments no later than March 31.

In some instances, where no claim has been filed in 1958, the expenses incurred during the last three months of 1957 may be considered part of your 1958 claim.

Such claims must be filed by March 31, 1959. Contact your personnel department for details about these instances.

F. M. Baker, Kentucky vice president and general manager, commenting on the safety performance of Kentucky employees, said: "Our success of three times achieving the one million manhour record during a five-year period clearly demonstrates the effectiveness of the personal attitude of every employee toward safety. Each employee's contribution to the total team effort is worthy of recognition. In addition to being proud of this success, we are also very grate-

ful because safety brings its own rewards."

J. E. Wright, Kingsport vice president and general manager, had this comment: "Alertness and cooperation were outstanding in establishing this commendable record."

And Wilson Trumbo, Kingsport personnel supervisor, added: "The greatest single factor in achieving the record was the safety consciousness and desire of all the employees to reach the million manhour goal."

TVA Financing Bills, Same As Those Of 1958, Are Introduced In Congress

Congress is faced again this year with the same TVA Bill that passed the Senate in the last session of Congress but failed to clear the House. Identical bills, S. 931 by Senator Robert S. Kerr (D-Okla.) and H. R. 3460 by Rep. Clifford Davis (D-Tenn.), have been introduced in the Senate and the House, respectively.

This is the fifth consecutive year that three different Congresses have been asked to act on the bill, in one form or another. TVA, under terms of the bills, would achieve complete flexibility and become self-financing. It proposes to do this through the flotation of its own bonds in the private money market. But along with this privilege of raising its own money, it seeks the added privileges in spending it with little or no Congressional supervision or control.

If enacted, the bills would permit virtually unlimited expansion of the TVA area. It would introduce a new fiscal device to finance its activities that would bypass the traditional Congressional controls. It would repeal fiscal controls, including Treasury Department control over issuance of bonds.

The bill also calls for extension from 40 to 120 years of the TVA's required repayment period for the \$1.2-billion appropriation investment in TVA power facilities. It also would allow the Authority a lower rate of return on the investment than the Government itself must pay on its own long-term obligations, and would provide for no repayment of, or even a return on, an additional \$470-million Government investment in power facilities.

Co-sponsors of the Senate bill are: Senators Case (R-S. Dak.); Gruening (D-Alaska); Gore and Kefauver (D-Tenn.); Hill and Sparkman (D-Ala.); Stennis and Eastland (D-

Miss.) and Cooper (R-Ky.). At least seven other Democratic Representatives from the TVA area have introduced identical bills in the House. They are: Jones (Ala.); Abernethy (Miss.); Everett, Ewins, Frazier and Loser (Tenn.), and Stubblefield (Ky.).

Office, Service Building To Be Built At Gate City

Construction will start this month on a new Appalachian office and service building in Gate City of the Abingdon district.

Contract for constructing the building, to be located at the corner of Jackson and Tucker Streets, has been let to Cassell Brothers of Kingsport. Early summer has been set as the completion date for the \$165,000 project.

The 44-foot by 90-foot, one-story building will contain Appalachian's office and service facilities serving Scott County. These facilities are presently housed in the Craft Building on Gate City's West Jackson Street. A total of 19 employees will be located in the new building, which will house the accounting, commercial, operation and line departments, with storage of materials and a garage in the basement.

It will also contain a 100-seat auditorium, including demonstration and work kitchens. The auditorium and its facilities will be made available to

civic and other groups.

The all-electric building will be heated and cooled by electric heat pumps. A unique feature will be a drive-in window on Tucker Street for customers paying their bills.

The building is designed to provide better working conditions for employees, and to enable them to serve customers more efficiently.

Annual Report Card Enclosed In Issue

The 1958 annual report is now available.

Enclosed with this issue of THE ILLUMINATOR is a postal reply card, which active and retired employees may use to obtain a copy of this report.

In addition, an Employee Information Program on company activities in 1958, using the sound slidefilm method of presentation, will be held for employees soon. It is called "The Story of 1958."

Each of the six major operating companies on the AEP System will have their own version of the film which will tell, on an individual company basis, the highlights of 1958, the income-outgo story and what the future may hold. In the presentation, the company's future is viewed through a special device invented especially for the program. Called a futurescope, the imaginary device enables one to focus on something as it exists today and see what it will look like in the future.

One of the featured players in the film is Gene B. Hale, former Pikeville district personnel supervisor and now office manager of the AEP Service Corporation.

Appalachian Hits Generating High

For the first time in its history, the Appalachian Power Company has generated more than one billion kilowatt-hours of electric power in a single month.

The company's January generation of 1,041,119,790 kilowatt-hours was a new all-time high. The previous single month's generation mark was 973,459,820 kilowatt-hours established in December 1958. The new record is 28.6% above the figure for January 1958.

Electric Living Concept Unveiled



Over 5,000 people toured the world premiere showing of the Westinghouse Total Electric Home display in Appalachian's Roanoke auditorium. The display features four of the "electrical centers" of the home. At left rear is

the food preparation center. Dials and buttons of the weather control center are visible at left center. The laundry-home planning center is located behind the weather control center. At right is the entertainment center.

A new idea in living—the Westinghouse Total Electric Home—had its world premiere showing in Roanoke during February.

The home—built around several "electrical centers"—emphasizes the concept of total electric living where electricity does all the work, including heating, cooling, cooking, cleaning and entertaining.

Westinghouse introduced the Total Electric Home concept in Roanoke as a test of their marketing methods. Although the Total Electric Home

display, which illustrates the concept, opened in Roanoke February 2, it was not introduced nationally until February 16 on television's Desilu Playhouse. During 1959, Westinghouse will spend \$2½-million on a public information program to promote what they term "this new concept in American living."

During the open house 5,242 people toured the display which featured four of the home's "electrical centers." These four were the entertainment, food preparation,

laundry-home planning and weather control centers.

In the compact, single-unit entertainment center are a television set, hi-fi, AM and FM radio, tape recorder, records and tape storage, games, card tables and chairs. One of the two record players features an automatic selector, which plays any record in the magazine at the push of a button.

The food preparation center includes an electronic range, capable of

(See New Idea, Page 6)

Paying Our Respects

When was the last time you pledged allegiance to our country's flag? How many of us really know the pledge?

The last time a good many of us repeated the pledge was in grammar school, and its wording has been changed since then. Try repeating it to yourself before reading further. Then check yourself with how it really goes:

"I pledge allegiance to the flag of the United States of America, and to the Republic for which it stands; one nation under God, indivisible, with liberty and justice for all."

The fact that many of us do not know the pledge, and that even more of us never have an opportunity to use it, is perhaps a good example of how we take our country and way of life for granted. Rare is the occasion when we pay our respects to this nation, and to what it stands for. About the only time we recognize our patriotism in so many words is when we attend a ball game or public meeting and sing the "Star Spangled Banner." And too often we are just singing the words automatically, not really listening to what they say. And how many of us know the other verses to our national anthem?

We have the best nation and way of life in the world—we ought to pay our respects to it more often.

Which Are You?

I watched them tearing a building down. With a ho-heave-ho and lusty yell, They swung a beam, and the sidewall fell. I asked the foreman "Are these men skilled, And the men you'd hire if you had to build?"

He gave a laugh and said: "No, indeed, Just common labor is all I need. With them I can wreck in a day or two, What builders have taken years to do." So I thought to myself as I went my way, Which of those roles have I tried to play? Am I a builder who works with care, Measuring life by a rule and square? Am I shaping by deed to a well-made plan, Patiently doing the best I can? Or am I a wrecker, who walks the town Content with the labor of tearing down?

Lincoln On Freedom

Those who deny freedom to others deserve it not for themselves; and under a just God cannot long retain it.

—ABRAHAM LINCOLN

The Illuminator

Published monthly for employees of Appalachian Power Company, Kentucky Power Company and Kingsport Utilities, Inc., and their families. Articles herein may be reproduced provided credit is given.

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Your Opinion

What does it mean to you to be an American?

IN THE SPOTLIGHT



MAVIS J. WEAVER, PBX Operator, Point Pleasant

Being an American means living in a country where the standards of living are the highest in the world; it means that we are able to read our Bibles without fear, and attend the church of our choice; it means we can speak our minds freely without fear of arrest by a member of the secret police; it means that we are protected by law and justice, which we ourselves helped to put in motion; it means if we are to keep our heritage of freedom we must work, we must lift instead of lean, we must push instead of ride, we must help maintain instead of complain.



S. E. PIERSON, Meter Serviceman, Kingsport

When I think of being an American and what it means to me, I recall my early history and the reason for the Pilgrims coming to this new land.

I think of the Declaration of Independence, the Constitution and the Bill of Rights—freedom; that all men are created equal and endowed by their creator with certain rights; that among these are life, liberty and the pursuit of happiness. I am privileged to have the right to worship as I please; the right to work and play as I please; the freedom of speech and the press. I am proud to be an American.



FLORENCE MURPHY, Personnel Clerk, Williamson

Recently I was helping my son with his homework and by a coincidence the lesson was about Russia. We read how a Russian was assigned a job, never to rise above that job. How religious freedom, freedom of speech

and the many other freedoms we enjoy daily are denied the Russian people.

How fortunate we Americans are; yet, many of us take these precious freedoms for granted. We pass them off lightly because we have never suffered the hardships of living under a dictatorship.

To me, the most precious of our freedoms is the right to worship as we please. Our country was founded on this principle by our forefathers who believed, as we do today: "Seek ye first the kingdom of God and His righteousness and all these things shall be added unto you."



GEORGE L. EVANS, Test Engineer, Glen Lyn Plant

When asked this question I believe most Americans will answer freedom of speech, freedom of worship, freedom of press, etc.

This is all very true; however, most Americans do not think about the modern conveniences such as automobiles, automatic appliances for your home, and the tools used by industry which most of the foreign countries do not have at all, or at least to the extent that we do.

When I was with the U. S. Army in Japan after World War II and saw the Japanese have to walk to most of their destinations and use the crudest of construction equipment, it made me appreciate my automobile and the American highway, which could have been built only by the modern construction equipment that we have.

What would you do if you could not drive your car to work in the morning or ride with a fellow employee, friend or city bus?



BETTY JANE BAKER, Stenographer, Fieldale

What does it mean to me to be an American? Quite a few answers come to mind. But most of all, being an American gives me the opportunity to choose my own form of worship.

We are all created in the image of God and have been given the Bible to use as our guide. I am grateful for this opportunity to worship as I please, to read my Bible, and to give my services to my church. It gives me a great deal of pleasure to work with the

youth and discuss with them the different religions and the privilege of choosing for themselves.

The church also offers fellowship unequal to any found elsewhere. That's the wonderful thing about Freedom Of Religion.



NELL NUNNERY, Secretarial - Stenographer, Welch

Foremost, being an American means I am able to live in a country that is ideal in most every way.

Because of the principles upon which America was founded, I am free from religious persecution and can thus worship God through the religion of my choice.

Our democratic government also assures me that I can read a newspaper or magazine and listen to the news on the radio or TV and know that it is true; therefore, I have available the latest happenings throughout the world.

I feel that being an American, I have a better chance of living a long life. I believe this because of the many varieties of healthful foods we have on our markets, the latest in medicines, qualified doctors, good hospitals, etc.

Because of these reasons and the many others that make life in America interesting and challenging, I'm glad to be an American.



R. L. GORDON, Administrative Assistant, Ashland

Never having been anything else but an American, it is difficult to realize the true values of the many individual opportunities and freedoms which have been mine all my life and which belong to all Americans, either born or adopted.

The basic freedoms, of course, are those of religion, speech and work, in that order of importance. However, I would like to emphasize the right and privilege that is mine to hammer out my own destiny by choosing my own life's work and to work when and where and for whom I please, as long as my work is productive and satisfactory to both myself and my employer.

I personally have not had to gain these freedoms for myself but have been given them by and through the personal sacrifices and struggles of those who forged the founding of this great country. However, it is worth remembering that these values, which make life worth living and which have been given so freely, are in reality only ours in trust and could be lost or taken away if that trust is not cherished and jealously protected by those of us who possess it.

At Ashland Meeting

Sporn Lists Area Growth Steps

Before a community can expect economic and industrial growth, it must "step back and take an objective look at itself," was the advice of AEP President Philip Sporn in a talk at Ashland recently.

Speaking before the annual meeting of the Ashland Board of Trade, Mr. Sporn said that although the Ohio Valley has experienced rapid industrial growth, "Ashland has not participated to any notable degree in the Ohio Valley's growth in the past decade."

Outlining an initial course of action, Mr. Sporn said that the first task of the community is to find the reason for this by-pass of economic growth. "This can be done only by an objective evaluation of the many social, political and economic forces at work in Ashland."

The next step, he said, is to "formulate a rational development program, and take the steps necessary for its vigorous implementation."

One phase of this development program should be an inventory of all "advantages and impediments" to industrial expansion. "Perhaps Ashland's most important physical asset is its location in the Ohio Valley." This, he said, implies an abundance of water resources, transportation facilities, and electrical energy. It also means that the city is located close to markets and "established industrial complexes," he continued.

Another item to be listed on a survey of resources should be school facilities. "Good schools must not be overlooked and higher educational facilities are very important assets," he said.

He also listed the character and quality of the people of the community as "perhaps the most important of all assets." The people should be "vigorous, industrious, possessed of a variety of skills and aptitudes, with a tradition and desire for education..." he stated.

According to Mr. Sporn, one asset that will count heavily in a community's favor is the desire to welcome industry. "If it can demonstrate that it is functioning on the basis of sound civic principles and that it is carrying out its community responsibilities efficiently, economically and without extravagance, that too will count heavily in its favor," he went on.

About the community's finances, he said new industry "will not enter a situation in which extravagant fiscal



Mr. Sporn

programs, and the resultant heavy or unfair tax burden would impair its competitive position and its ability to thrive and prosper."

He also listed the appearance of the community as a feature for attracting industry. "Over all, is it a community in which the plant management of a new plant would want to live and raise their families?" he asked.

Mr. Sporn cautioned that attracting industry does not consist "merely of deciding to go after it, welcoming it, and showing it the community's assets. A good deal of work is needed to develop these advantages fully for those industries that are initially attracted."

In the competition among communities to attract new industries, "it is necessary to be aware of the realities," he said. Also, he went on to say, "the effort to attract industry and to promote development of the community is not one that can be undertaken and terminated swiftly; it is a

Beckley Man Goes To Division Post

John E. Hammer has been named to the new position of assistant division personnel supervisor of the Charleston division.



Mr. Hammer

Beckley district personnel supervisor for the past seven years, Mr. Hammer joined Appalachian in 1948 as a clerk in the Charleston district personnel department. He was named personnel supervisor at Beckley in 1951.

long-term project and a lengthy period may be necessary before the community can see any tangible benefits."

At the meeting, Mr. Sporn was named a Kentucky Colonel at the direction of Kentucky Governor A. B. Chandler. During the business portion of the meeting, F. M. Baker, Kentucky Power vice president and general manager, was elected one of 13 directors of the Ashland Board of Trade.

In addition to his appearance before the Board of Trade, Mr. Sporn also attended a luncheon with business and industrial leaders from Ashland, was conducted on a tour of the city, and spoke briefly with employee groups.

Charleston Man Dies In Hospital



Mr. Moir

Gordon B. Moir, Sr., 70, retired Charleston division employee, died February 17 in a Charleston hospital.

He was employed June 15, 1918 as treasurer of the Virginian Power Company, an Appalachian predecessor. In 1936 he became system statistician and in 1945 administrative assistant for the Charleston division. He retired November 30, 1953.

He was a member of the AF&AM Lodge, the Elks Lodge and the Ruffner Memorial Presbyterian Church.

Survivors include his wife, a son, a daughter, a sister, three grandsons and a great-granddaughter. Funeral services were held February 19 at the Wilson Funeral Home and burial was in Mountain View Cemetery.

A. T. Wilks Accepts Position With Bank

A. T. Wilks, who retired February 1 as assistant to the Huntington division manager, has accepted a position with the First National Bank of Ceredo.



Mr. Wilks

One of Mr. Wilks' duties as director of sales promotion and public relations for the bank will be to help in the development of a marketing program to make the bank's service available on a wide scale.

Bank President Henry J. Stark, in commenting on Mr. Wilks' appointment, said that the addition of Mr. Wilks to the staff was "in line with our plans to expand our organization and facilities in any way possible to keep pace with the growth of commerce and industry in the area." The bank recently vacated quarters occupied for 50 years to move into a new building.

National Electrical Week Celebrated By Appalachian With Plant Open House



During tours of Kanawha River plant as part of our company's celebration of National Electrical Week in February, visitors saw many parts of the plant as well as exhibits like this one. Here, N. D. Balliet, operations supervisor, explains a model of the new 450,000-kw unit boiler now under construction at Philip Sporn plant.

Celebrating the third annual National Electrical Week, Appalachian held open house in several of its plants February 8-14 to show our customers how electricity is generated.

The theme of this year's observance, which was held during the birthday anniversary week of Thomas Alva Edison, was "Electricity Builds Jobs." The theme symbolizes the electrical industry's humble beginnings, its rapid growth, its dynamic future and its vital impact in the country's employment.

At Kanawha River, 2,075 visitors toured the plant during the week. Sunday employees and their families were guests, and the rest of the week, during day and evening hours, representatives of civic groups, industry, schools and other organizations saw the nation's most efficient steam-electric generating plant.

Talks by Plant Manager H. C. Skaggs, Jr., and Assistant Plant Manager T. W. Abolin preceded tours of exhibits of various models of boilers by Babcock and Wilcox Company, transformers, condensers and switchgear displays by Allis-Chalmers Company, models of a feedwater heater by Griscom-Russell and a pump by the Worthington Company.

A special feature in the exhibit room was a closed circuit television camera and receiving set on which visitors could view themselves as they entered the room. At the end of the tour, visitors enjoyed hot dogs cooked on the electronic oven.

Visitors seemed to appreciate the chance to see the plant—some of the remarks made included: "This is a wonderful thing your company is doing, giving outsiders a chance to see the vast amount of equipment required to produce electricity for our homes"; "the next time I press a

O. B. Yost To Head Salvation Army Board

Okey B. Yost has been elected chairman of the Bluefield area Salvation Army Advisory Board.

The Bluefield assistant local office manager will head the Board that governs Salvation Army activities in the two Bluefields.

Mr. Yost is also secretary of the Kiwanis Club of Graham, councilman for the town of Bluefield, Va., and a member of the Graham Christian Church.

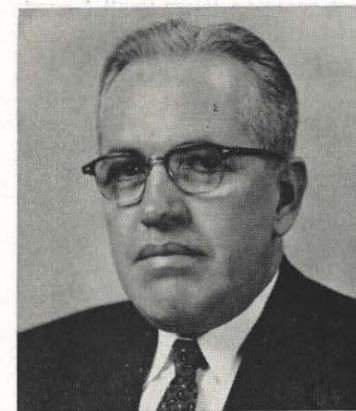


Mr. Yost

light switch, I will be a little more appreciative of the terrific investments made by the power company in providing me with electric service. Your plant is fabulous"; and others.

At Glen Lyn, 240 seniors from Bluefield and Princeton high schools, mostly from science classes, toured the plant on Edison's birthday, February 11. After the tour they were given a brief, simplified explanation of what they had seen.

J. A. Patterson Dies Suddenly



Mr. Patterson

John A. Patterson, 53, manager of Appalachian's new Clinch River plant, died February 12 shortly after being admitted to a Lebanon, Va., hospital.

A native of Point Pleasant, where he was born August 23, 1905, he had been associated with Appalachian and other companies in the AEP Company System for 26 years. He served as assistant plant superintendent at Cabin Creek plant and as superintendent of the Hazard plant of Kentucky Power.

He was promoted in May 1948 to assistant steam plant superintendent of Logan plant, and rose to superintendent in May 1949. He became Logan plant manager in November 1950. He was named manager of Clinch River plant on January 1, 1957.

He had served as president of the Logan Rotary Club and had been active in the Chamber of Commerce and the Boy Scouts of America.

Surviving are his wife, two daughters, mother, sister and brother. Services were held at the Lebanon Memorial Methodist Church February 14. Graveside rites were conducted at the Valley View Cemetery at Hurricane, W. Va.

31 And One Make Four



L. G. Dougan, Lynchburg district personnel supervisor, holds the pint of blood that made him a member of the Four Gallon Club. This is the 32nd pint of blood he has donated in the past 15 years. Discussing the blood donor's program with Mr. Dougan is Nurse Fern Winters. During March, which is Red Cross month, special emphasis is being put on the Bloodmobile program.



Hazard District

Sampson J. Cornett, meter reader, is recuperating at home after hospitalization for injuries received in an auto accident.

Pikeville District

The girls of Pikeville district honored Ruth Wells with a farewell party and a gift upon her resignation.

H. H. Kincaid, district manager, has been re-appointed chairman of the Flood Control Committee of the Chamber of Commerce. He was also elected a director of the Kiwanis Club.

Sympathy is extended L. M. Newsum, records supervisor, on the death of his uncle.



Beckley District

John M. Gates, commercial sales representative, has been elected vice president of the Men of the Beckley Presbyterian Church.

Elmer L. Wright, R/w agent, has returned to work following hospitalization due to a back ailment.

June Winner has been off from work several weeks due to illness.

Charles Flint, Oak Hill area serviceman, has been off from work due to a leg injury.

Mrs. K. K. Keatley, wife of the lineman, is at home after undergoing surgery.

Mrs. W. E. Zopp, personnel assistant, has been elected corresponding secretary of the Beckley Jaycee-ette Club.

Charleston District

K. P. Counts, Charleston office manager, has been elected treasurer of the Sons of the American Revolution, Daniel Boone Chapter.

Woodrum's Tea Room was the setting of a farewell luncheon given for Peggy McCullough, T&D stenographer, upon her resignation.

C. A. Perkins, division supervising engineer, is recuperating at home following surgery.

Mrs. Paul H. Parsons, wife of the personnel assistant, is recovering from

New Officers



Leading the Appalachian McDowell County Employees Benevolent Association in the Welch district in 1959 are these employees. They are from left: Ralph Slade, chairman; Bertha Vecellio, secretary; and Carroll Sluss, treasurer. A hundred members have pledged over \$1,000 so far in the campaign.

a broken leg suffered in an automobile accident.

Margaret, daughter of Paul Parsons, came in third in the K.V.B.A. Bowling Tournament recently.

Sympathy is extended E. V. Glenn, division survey, on the death of his father.

Philip Sporn Plant

Sympathy is extended Paul Scally, personnel supervisor, on the death of his mother-in-law.

Point Pleasant District

Diane, daughter of line foreman J. R. Crump, and Shirley, daughter of administrative assistant W. C. Gilmour, were elected to the offices of reporter and recorder, respectively, in the Order of the Rainbow Girls, Assembly No. 23.

Retired employee J. A. Ferrell visited the office recently.

Billy, son of W. H. Stricklen, line foreman, is a member of the Biddie Basketball Team.

Mrs. J. R. Crump, wife of the line foreman, and Mrs. H. J. Patterson, inspector, have returned home from the hospital after undergoing surgery.

Bessie S. Jones, commercial clerk-stenographer, has returned to work following an operation.

Vonda L. Barnette, accounting general clerk, was the first woman to serve on the jury from the Point Pleasant Office.

(See Pt. Pleasant, Page 7)



Huntington District

G. S. Nease, Jr., is a new division electrical engineer.

C. A. Beatty, district commercial manager, and J. T. Bing have returned to work following surgery.

Azel Walters has returned to work after an illness of several months.

Sympathy is extended Barbour V. Winkler on the death of his father and A. L. Merrifield on the death of his brother.

Sympathy is also extended G. S. Nease on the death of his brother-in-law.

Logan District

P. M. Vannoy was presented a Distinguished Service Plaque by the Logan Lions Club, the first such award made by the club.

H. R. Jackson, stores supervisor, is recuperating at home from an illness.

M. R. Atkinson, administrative assistant, was elected Venerable Master of the Lodge of Perfection, Scottish Rite Masons.

Logan Plant

Retired employee C. M. Blevins was a recent visitor at the plant.

Paul M. Hefner, Jr., son of the control operator, was elected Citizenship Chairman of the United Christian Youth Movement of Logan.

Williamson District

Vivian Gleda Gilman, T&D engineering section, and A. P. Henry, area serviceman, have resigned.

Fred Varney, line foreman, has returned to work after hospitalization.

Eugene Lawson King, son of E. E. King, district superintendent, received his BS degree in electrical engineering from the University of Kentucky.



Lawrence C. Jones, laborer, has resigned.

Roy Cloud, retired steam plant supervisor, and I. W. White, retired steam plant foreman, have returned to their homes after hospitalization.

Wayne Matthews, accounting, has returned to work following hospital treatment.

Sympathy is extended F. S. Russell, line section, on the death of his brother and Ralph Casteel, accounting, on the death of his mother.

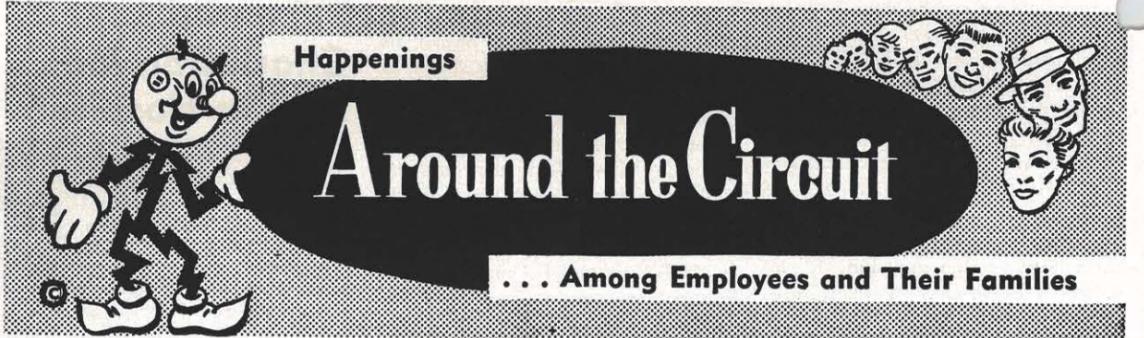
Sympathy is extended Ochael Wood, managerial, and Mae Deakins, commercial, on the death of their father.

Lynchburg Group Names Officers



New officers of the Lynchburg Appalachian Credit Union were selected by employees recently. They are from left: L. R. Hudson, vice president; C. W. Hogan, president; and J. W. McCarthy, treasurer. Joyce A. Brown, secretary, was absent when the picture was taken.

Happenings



Fieldale District

C. J. Hewitt was honored with a dinner and gifts upon his retirement.

Virginia Hancock, commercial; Norma Woodward, local accounting; and B. C. Harlowe, lineman, have returned to work following illnesses.

Lynchburg District

Helen E. Webber, home service representative, and Harry P. Ewers, Jr., clerk-typist, have resigned.

Maurice E. Campbell, groundman, is recuperating at home following hospitalization.

Maurice E. Campbell, groundman; William A. Kelley, general serviceman; and R. A. Campbell, PBX operator, have returned to work following extended illnesses.

System

Jesse E. Woolridge is a new system accounting employee.

Mildred Dowdy, managerial private secretary, and Ralph E. Martin,

AC Leaders



Shown in the Coffee Shop, which is sponsored by the Appaleisure Club of the Beckley district, are the organization's officers for 1959. They are from left: Robert L. Burnam, president; Parthenia Winner, vice president; and Meta Akers, secretary-treasurer, seated.

system operating, have returned to work after extended illnesses.

Sympathy is extended R. E. Hodges, assistant general manager, on the death of his mother.

Roanoke District

Two hundred Roanoke employees signed Red Cross blood donor cards pledging 340 pints of blood this year.

(See Roanoke, Page 10)



Welch District

April Vermillion, daughter of John and Helen Vermillion, was voted "Most Talented" in Who's Who at Welch High School. Mr. Vermillion is meter supervisor and Mrs. Vermillion is PBX Operator.

Vickie Bivens, daughter of Howard H. Bivens, storeroom supervisor, was taken into the Senior High School Honor Society.

Mrs. O. L. Robinson, wife of the local office manager, served as chairman of the Mother's March of Dimes Drive.

Mrs. B. G. Pearman, wife of the Coalwood area serviceman, is in critical condition in the hospital after an automobile accident.

Sympathy is extended J. M. Spence, Grundy serviceman, on the death of his wife and C. J. Peery, Coalwood station operator, on the death of his grandchild.

Clinch River Plant

Betty C. Johnson, clerk-typist; Wilmer L. Grubb, time clerk, Gary A. Kees, laborer; and Glenn Marshall, laborer, are new employees.

Thomas D. Watson, test engineer, has taken military leave to enter the Army.

Norman E. Bass, unit foreman, is recuperating after surgery.

H. G. Gillespie, Jr., test engineer, spoke before the Philip Sporn Plant supervisors, the Tazewell Rotary and the Lebanon Lions Club on privately owned public utilities versus government controlled utilities.

Sympathy is extended L. R. Marshall on the death of his father and Glenn Marshall on the death of his grandfather.

Pulaski District

Carson Dalton, power sales engineer, and D. B. Cassell, Marion lineman, have returned to work following illnesses.

Carl G. Powers, Wytheville T&D clerk, has returned to work after undergoing surgery.

Sympathy is extended Virginia N. Roberts, secretarial-stenographer, on the death of her mother and A. D. Clark, district superintendent, on the death of his brother-in-law.

Abingdon District

Rufus Bondurant, district superintendent, has been elected vice president of the Abingdon Chamber of Commerce.

W. H. Ferguson, Jr., dealer sales representative, is serving on the Board of Directors of the Retail Trade Council.

James B. White, assistant district manager, has been named Fund Drive Chairman for the Washington County Chapter of the American Red Cross. James M. Cole, power sales engineer, is chairman of the blood program for the organization.

H. A. Robinson, Lebanon working foreman, has resigned.

John H. Quillen, R/w agent, has returned to work following illness.

Bluefield District

Retired employees L. H. "Jack" Saunders and Warren E. Brooks visited the office recently.

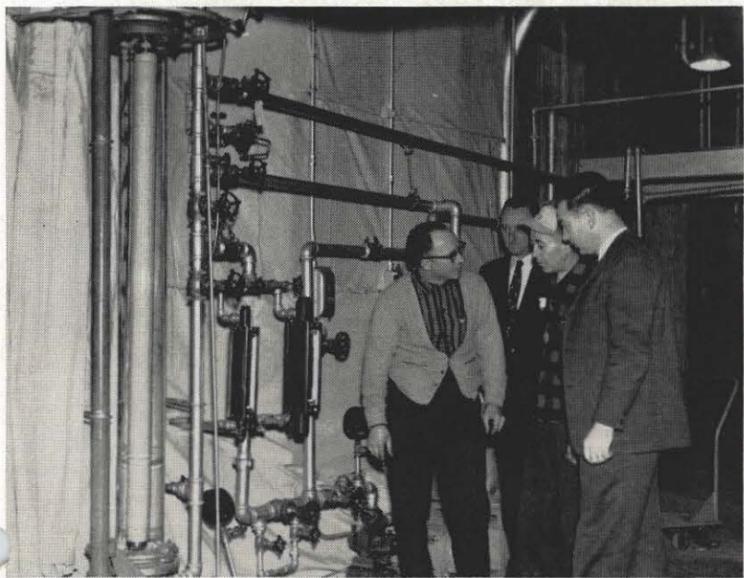
Richard J. Wood, assistant district manager, has been named vice president of the Bluefield United Fund.

D. P. Minichan, assistant division manager, has been elected to the board of directors of the Bluefield First National Bank. J. P. Gills, executive assistant to the vice president and general manager, has been re-elected to the board.

Freda, daughter of commercial sales representative Lewis C. Thomas, has been elected secretary of the Glama Club, Fairview Junior High School sorority.

(See Bluefield, Page 11)

Highly-Efficient Filter Under Test For New Unit Being Built At Sporn



The cylinder-type filter encased in the glass tube at left is a test model of the type to be used in Sporn plant's new Unit No. 5. Inspecting this model now installed at the plant on a test basis are, from left: Donald C. Brown, chief chemist; Frank Eaton of the Brown Company that produces the filter pulp; W. A. Garrison of the AEP Service Corporation; and Jack Qunlin, of the Croll Reynolds Company that furnished the equipment.

All of our water, whether it comes to us in rain, streams, rivers, or lakes contains solids and mineral impurities. Often, a major problem in putting water to practical use is filtering out these impurities.

Our generating plants have this problem just like city water departments and other industries. At our plants, water is changed to steam which drives the turbines to produce power. Impure water in the plant's boilers would cause stoppages and rust in the pipe systems.

In the new supercritical units, such as No. 5 at Sporn plant, temperatures and pressures are so high that the problem of rust and stoppages is magnified. To meet this problem, a model of a special filtering apparatus is being tested at Sporn.

This filter is so effective it could remove all but about three-one hun-

dred thousandths of a pound of dirt from a standard automobile gas tank filled with water. In other words, as it will operate in the unit, it will leave only one or two pounds of dissolved solids in 1,200,000 gallons of water.

The model now at Sporn is encased in a pyrex glass column about six feet long and six inches in diameter. It contains a stainless steel filter and other equipment. The filtering plant for Sporn's No. 5 unit will have 336 of these filters.

The filter was encased in glass for testing and training purposes.

Jesse G. Tucker, Retired Vet, Dies

Jesse G. Tucker, 69, retired Lynchburg employee, died February 16 after a long illness.

Employed July 23, 1916 as a lineman, he was promoted to line foreman in July 1928. He retired July 1, 1942 because of illness.

Born in Bedford County September 18, 1889, he was a member of the Chestnut Hill Baptist Church, the Lynchburg Chapter of Disabled American Veterans and an Army veteran of World War I.

Mr. Tucker is survived by his wife and two daughters. Funeral services were held at Faubers Funeral Chapel with burial in Fort Hill Memorial Park.

Prize Portable



A radio was the recent prize of Joe L. Mullins, Welch meter clerk. Here, Mr. Mullins, right, receives the prize from James Kinder. The radio was awarded in a drawing at the opening of a local laundry's new branch office.

Bluefield Commercial People Prove No Home Too Old For Electric Heat



A Bluefield doctor is living better electrically on weekends in this 150-year-old all-electric cabin. Featuring electric heat, it also has all-electric kitchen and laundry.

Bluefield district sales people have emphasized the point that no home is too old to be converted to electric heat.

When Dr. E. L. Gage of Bluefield decided to remodel a 150-year-old cabin as a weekend home, Archie G. Phlegar, area sales representative suggested it should be heated electrically. Dr. Gage bought the idea.

After the cabin was insulated to specifications, Dr. Gage installed 19.5-kw of radiant electric heat. What's more, he equipped the cabin with an electric deep well pump, water heater, range, automatic

Beckley Veterans Honored At Dinner

Forty-two persons attended a dinner honoring Beckley employees who received service pins during 1958.

J. V. Mann, district manager, was master of ceremonies and introduced each department head, who in turn introduced his employees who had reached service milestones during the year. C. W. Lovell, assistant Charleston division manager, was a guest and made a short talk.

Familiar Faces IN NEW PLACES

Appalachian Power Company

Abingdon District

SHIRLEY G. LANDRETH from clerk-stenographer to merchandise order and billing clerk; JOHN S. ORR from T&D clerk to lineman B.

Bluefield District

CHARLES E. BLANKENSHIP from lineman B to meter serviceman A; EDWIN D. COOPER from truck driver-groundman to T&D clerk; WILBUR L. SLUSS from meter serviceman B to lineman B; ANN B. TURNER from clerk-stenographer to stenographer.

Charleston District

BILLY L. CHASE from lineman C to lineman B; CHRISTINE CHRISTY from personnel clerk to managerial stenographer.

Kanawha River Plant

R. S. ELLIS from laborer to utility operator; J. W. KITCHEN from utility operator to auxiliary equipment operator.

Pulaski District

THOMAS M. BASS from lineman C to lineman B; JAMES T. KEGLEY from lineman B to station man B.

Roanoke District

K. D. COX from engineering aide to lead draftsman; BEATRICE EAKIN from clerk-stenographer to stenographer; R. A. OLIVER from T&D clerk, sr., to engineering aide; R. W. REESE from T&D clerk, sr., to engineering aide; C. E. RICHARDSON from draftsman, sr., to heating and builder sales representative; A. L. STEBAR from lineman B to T&D clerk, sr.

Philip Sporn Plant

SHIRLEY G. KARR from bookkeeper to secretarial stenographer; GEORGE G. MACKNIGHT from head-bookkeeping section to Ohio Power Construction Department, Philip Sporn Plant Unit No. 5.

System

FORREST W. ISLEY from rodman, Kingsport Utilities, to system utility helper, Holston station; VIRGINIA J. SNEAD from junior clerk-stenographer, Clinch River construction department to clerk-typist, Clinch River station.

Kentucky Power Company

Ashland District

DONALD BRYAN from merchandise order & billing clerk to area sales representative; ROBERT V. HORNBUCKLE from meter reader to meter serviceman B.

Plane And River Nemesis To Crew

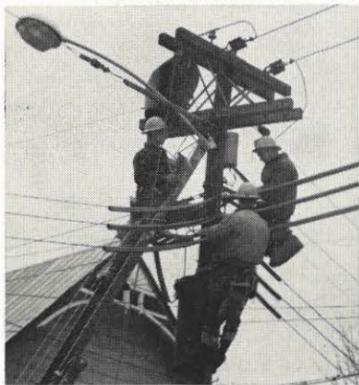
It wasn't Friday the 13th, but the way things happened it should have been.

Actually it was a February Sunday when a small plane accidentally clipped two phases of one Hazard district line and one phase of another 12,000 volt line. That was just the beginning.

A line crew was dispatched to repair the line. The crew found it necessary to carry wire across a river in a boat. During this operation, the boat hit a submerged log, and capsized. The motor was lost and Farris Erwin, lineman, and Crusoe Holliday, groundman, were tossed in the cold river.

The rest of the operation went smoothly and the line was soon repaired.

Brighter Night



Seventeen new mercury vapor street lights installed recently in Pocahontas give the town four times as much night-time illumination. Here, installing one of the lights are Welch district crewmen G. B. Gent, W. C. Wallace and C. D. Kinzer. The lights replaced 13 incandescent fixtures.

J. D. Ryan Dies Of Heart Ailment



Mr. Ryan

James Dinnis Ryan, 72, died February 2 in a Wytheville hospital of a heart ailment. He was a retired employee of the Pulaski district.

Mr. Ryan retired May 1, 1951 as a serviceman after 38 years with the company, all spent in the Wytheville area. He joined the company in 1913 when the facilities in the Town of Wytheville were purchased. He served under R. L. Peirce, who formed and managed the Appalachian Virginia Division with headquarters in Wytheville. In addition to doing the service work, Mr. Ryan also read meters, collected accounts and assisted in the patrolling of distribution lines.

He is survived by his wife and two sons. Funeral services were held at Holy Trinity Lutheran Church, of which he was a member, with burial in St. Johns' Cemetery in Wytheville.

Welch Employees Form Scout Troop For Grundy Youth



Welch employees W. L. Mitchell, left, and W. L. Crouse, right, have formed a new scout troop in Grundy. Shown with them are their seven scouts. The three boys across the middle are from left: Chucky Brown, son of Charles Brown, Grundy serviceman; Marshall Mitchell, son of Mr. Mitchell; and Jerry Crouse, son of Mr. Crouse.

Boy Scout Troop 71 has been organized in Grundy by two Welch employees.

William L. Mitchell, Grundy lineman, is scoutmaster, and Walter L. Crouse, Grundy serviceman, is assistant scoutmaster. Three of the seven boys in the troop are sons of employees.

All the parents of the boys attended the organizational meeting, where the boys received scout pins and saw a film on scouting activities in the area. The film was shown by W. T. Collins, local office supervisor and scoutmaster of another troop in Grundy.

Wasting no time, the boys recently followed up a five-mile hike with a cookout, and are now whitewashing trees in the American Legion grounds to earn money for a troop flag and other equipment. The troop meets every Tuesday night at the American Legion Hall, and already several boys are ready for their Tenderfoot tests.

From Our Companies

35 Students Enter 1959 Education Awards Competition; Last Year's Winners Excel

A total of 35 students, sons and daughters of employees of our three companies, have entered the 1959 competition for AEP System \$500 Education Awards.

They are part of the 100 high school students from all over the AEP System who will be competing for this year's ten awards. The deadline for applications was February 2 and winners will be announced about May 1.

The AEP System Trust Fund was established in 1955. This year the company is offering three awards each to winners of Appalachian and Ohio Power, two awards to winners in I&M and one to the AEP Service Corporation winner.

Applicants will take a competitive examination—the standard College Entrance Board Scholastic Aptitude Test. This exam will be given March 14 in key cities in or near our service area.

vided by the contestant. Eligible applicants are employees' sons and daughters who plan to enter the freshman year at a degree-granting institution in the fall to pursue a course leading to a baccalaureate degree.

As this year's applicants gird themselves for the 1959 competition, last year's winners are taking full advantage of their \$500 education awards. The four from our companies are making outstanding grades in their chosen courses of study, and all have expressed their appreciation for the awards.

Barbara E. Vines, daughter of John E. Vines, Beckley line foreman, is studying science and education at Concord College at Athens, W. Va.

Lynchburg Employee Enters U. S. Army

Charles R. Wooten began six month of active duty with the United States Army on February 22.



Mr. Wooten

He is a clerk-stenographer in the T&D line and station section of the Lynchburg district. Mr. Wooten was employed November 11, 1957. When he returns from military service, he will be a member of the U. S. Army Reserve.

Currently her quality credit average is 3.38 out of a possible 4.0. She says she would also like to include home economics in her studies so that she might be qualified to work as a home service representative for Appalachian.

R. L. Booth, son of W. L. Booth, Jr., Lynchburg electrical engineer, made the Dean's List for the first quarter at Virginia Polytechnic Institute with a quality credit average of 2.47 out of a possible 3.0. He is majoring in electrical engineering.

Nancy D. Richardson, whose father is C. E. Richardson, Roanoke district heating and builder sales representative, made Dean's List the first semester at Westhampton College in Richmond with three A's and three B's. She is studying various subjects in the field of education, with the thought of possibly being a teacher.

Virgil L. Brewer, Jr., son of the Ashland draftsman, is studying engineering at the University of Kentucky. His first semester he earned two A's and three B's.

Scouts Honor O. C. Hall For Outstanding Service

A Certificate of Appreciation has been awarded O. C. Hall, Point Pleasant district superintendent, by the Boy Scouts of America.

The citation reads "Your unselfish service is an impression to all your fellow scouters. You have made a great contribution to scouting in the Tri-State Area Council through your participation in the coordinated finance campaign." He also was given a Tenderfoot Badge Paperweight.



The food preparation center of the Westinghouse Total Electric Home is shown two Roanoke employees by M. E. Maxey, heating and builder sales representative. Being told about the refrigerator that "grows with the family" are Dot Mason, left, local accounting office, and Betty Lou Carter, system public relations. At extreme left of the photo is the electronic oven that can cook a roast in 20 minutes. On the wall between the girls are the microfilm recipe selector, left, and an appliance outlet center.

New Idea For Homes Unveiled In Roanoke

(Continued From Page 1)

cooking eggs in seconds and a roast in 20 minutes, and a refrigerator that can grow with the family. With doors opening from two sides, the refrigerator also features drawer-type refrigerator and freezer sections that can be added to as needed. There is also a recipe selector with hundreds of dishes on microfilm. Any recipe can be selected by the push of a combination of buttons.

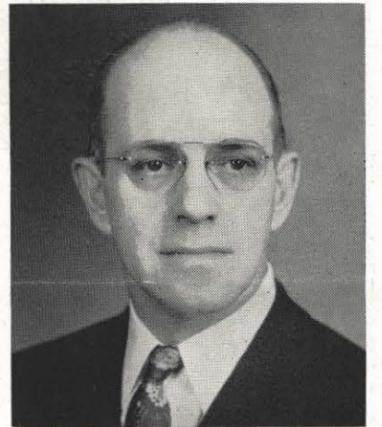
The laundry-home planning center features a washer and dryer, a sewing center and clothes hampers for different types of articles.

The weather control center includes push buttons for regulating the year-around air conditioning, the precipitron and germicidal lamps which clear bacteria and dust from the air and the other automatic extras. It has buttons to adjust shades, draperies and lights automatically by sun control; controls to de-ice sidewalks and the driveway and to sprinkle the lawn automatically when it is dry.

The week before the display was open to the public, it was shown to special Roanoke groups. These included Appalachian employees, builders, electrical contractors, insulation people, realtors and bankers. Besides seeing the display, these groups were shown an 8-minute movie filmed

in the actual Westinghouse Total Electric Home already built in California.

Roanoker Retires After 39 Years



Mr. Wells

Frank D. Wells, Roanoke head contract clerk, retired March 1 due to ill health after 39 years of service.

He was employed by the Roanoke Railway and Electric Company, an Appalachian predecessor, as a street car conductor at the age of 17. In 1922 he became a meter reader, and has also served as a collector, clerk, and assistant credit manager.

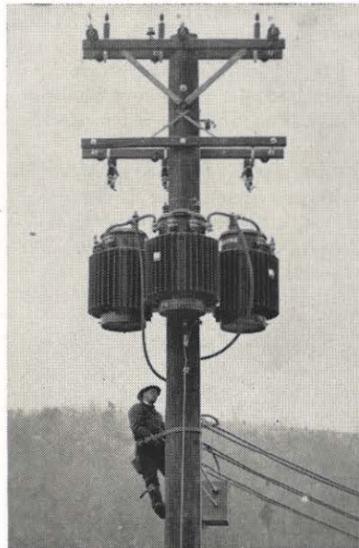
When he was reading meters there were only two meter readers, compared to seven today. He remembers it took only two days to read the rural meters. He also recalls when Christmas lighting was first used in downtown Roanoke—one of his jobs was to sell merchants on the idea.

He has been very active in Greene Memorial Methodist Church since 1934. He has been president of the Men's Club, chairman of the parsonage committee, collectors and ushers, and has served on the Board of Stewards for 15 years.

Mr. Wells has been a member of the United Commercial Travelers of America since 1944 and has held several offices. He is past counselor of the local lodge and has been treasurer of the grand council for the past four years. He is also a member of the Williamson Road Masonic Lodge No. 163. He is married and has a daughter.

In commenting on his retirement, he said: "Appalachian has been a good company to work for. I have enjoyed the work and association with my fellow employees over the years. And I do not know of any company that has a better insurance and retirement program."

Heavy Cluster Mount



Another indication of our company's efforts to provide economical, dependable service is this cluster-mounted installation of three 167-kva transformers in the Pulaski district. Here, E. P. Turman, Christiansburg line crew, checks connections to the secondaries serving the Montgomery Lime Company. This is the heaviest cluster transformer mounting in the district. These mounts are used where economy does not permit 2-pole platform structures.

For Outstanding Service

Citation for Outstanding Service from the Prestonsburg Schoolchildren Recovery Committee, signed by parents and company representatives.

This citation was presented the Pikeville district and its employees for the part played in the recovery of the victims of the tragic Prestonsburg school bus accident a year ago. The school bus disaster took the lives of 26 children and the driver. The citation, "in grateful recognition of outstanding service," is signed by the parents of the children as well as members of the Prestonsburg School Children Recovery Committee.



Abingdon: The Russell Manufacturing Corporation at Lebanon is planning an addition, which will result in employment being increased by 60 workers. The company will add 12,000 square feet of space to its present 33,000 square foot building, to be used for a cutting room and storage. This will free 6,000 square feet of space in the existing building for additional production.

Ashland: The Ashland Works of Armco Steel Corporation announced that employment has reached an all-time high of 3,908. The previous high was 3,906. Operating schedule is full for the first quarter of 1959, and management believes this condition will continue during the second quarter.

Pulaski: Electro Plastic Fabrics, Inc. of Pulaski has been awarded government contracts in the amount of \$2.7-million for the manufacture of ponchos for use by the armed forces. This will mean a substantial increase in employment by the company, presently employing 50 people.

Kingsport: Construction of new facilities for the production of glycol has started at Tennessee Eastman Company. The new unit will be located in the Beechwood section near the eastern portion of the present plant. Glycol is an intermediate in the production of Kodak, Eastman's new polyester fiber.

Huntington: ACF Industries has started the first cars through their new infra-red paint dryer, the first of two units to go into operation. Employment is now at 850.

40, 35-Year Anniversaries Observed By Five Veterans

Forty and thirty-five year milestones with the company have been marked by five Appalachian employees.

Celebrating their 40th anniversaries with the company are Walter F. Stoots, Byllesby hydro operator in the Pulaski district, and Wiley J. Dingess, Logan plant boiler operator. Reaching 35 years of service are Chester L. Robison, tax and statistical supervisor in system accounting; J. C. Miller, system valuation engineer; and Vernon L. Thacker, Huntington district station foreman.

W. F. Stoots

Mr. Stoots completed 40 years on February 10, joining the company on that day in 1919 as a maintenance man. He has also worked as station operator, and became hydro operator in 1947. He is currently Byllesby hydro operator in the Pulaski district. He has spent his entire service at Buck and Byllesby hydros.



Mr. Stoots

A native of Wythe County, he lived in Kentucky before joining the company. He and Mrs. Stoots, who have recently built a new home near Galax, have two children. A son, I. K., is employed in the distribution records department in Pulaski, and a daughter, Genevieve Akers, was formerly employed in Pulaski accounting.

W. J. Dingess

Mr. Dingess, Logan plant boiler operator, joined the company February 1, 1919 as a water tender. He became boiler room man in 1938 and moved to his present position in 1944.



Mr. Dingess

A Logan native, he attended the Godby and Rum Creek schools, and is a former C&O Railway employee. He is married and a member of the Nighbert Memorial Methodist Church.

C. L. Robison

Mr. Robison, tax and statistical supervisor for Appalachian, was first employed in the utility business with Ohio Power on February 24, 1924. He was a utility and payroll clerk during construction of Ohio Power's Philo plant until 1926, when he transferred to Appalachian's construction department at Bluefield. Two years later he joined the system accounting office in Roanoke and moved up to his present position in 1950.



Mr. Robison

A member of the Evangelical United Brethren Church and the Masonic Lodge, he is married and has two sons and two daughters.

J. C. Miller

Mr. Miller, system valuation engineer, joined the Interstate Power

Company, an Appalachian predecessor, in Charleston February 18, 1924 in the construction department, working on 138,000 volt lines.



Mr. Miller

He transferred to the valuation department of Appalachian in 1930, doing inventory and valuation work. Nine years later he transferred to the American Electric Power Service Corporation, doing valuation work over the System until 1948, when he transferred back to Appalachian as a valuation engineer.

Mr. Miller is a member of Lakeland Lodge No. 190, AF&AM, and is an Elder of the First Christian Church. He is married.

V. L. Thacker

The Huntington station foreman was employed February 17, 1924 as a laborer. He has worked as substation man, maintenance man, chief electrician, assistant foreman and substation foreman and rose to his present position in 1953.



Mr. Thacker

A native of Wayne County, where he attended schools, he is a member of the Foreman-Managers Club. He is married.

Fieldale Man Dies At Hospital



Mr. Workman

Harry Escue Workman, 46, Fieldale draftsman, died in the Martinsville General Hospital January 30.

Mr. Workman joined the Fieldale district as rural sales representative in 1951. The next year he transferred to Roanoke as system civil engineer, and returned to Fieldale in 1954 as an instrument man. He became a draftsman last year.

He was a member of the Melrose Baptist Church of Roanoke, Melrose Masonic Lodge, Piedmont Masonic Lodge of Martinsville, Scottish Rites Bodies in Roanoke and the Kazim Temple and 300 Club in Roanoke.

He is survived by his wife, two sisters and one brother. Funeral services were conducted February 2 at the Melrose Baptist Church and interment was in Mountain View Cemetery.

Push Buttons Control Hydro Generators

Forty-seven years ago, they might have said "it couldn't be done," but today the generators of the Byllesby and Buck hydro plants in the Pulaski district are controlled automatically by push-buttons and electrical impulses.

From a control station, located at the Byllesby plant, an operator now can start, stop, speed up or slow down the generators at both plants by simply flipping a switch. This recently-installed equipment sends electrical impulses to the generators through a telemetering system which uses telephone lines to carry the signals.

In 1912, the year the plants went into operation, they were the area's primary source of power. Electricity was transmitted to Bluefield by means of a wooden pole line. The plant's first operators might have scoffed at the notion of push-button generator control. They might have found it hard to believe that a flipped switch or turned dial could do automatically jobs it took several trained men to do manually.



Through this relay system, electrical instructions are fed to Buck hydro plant generators from the Byllesby plant, two miles away. Checking the equipment are Foster Janich, left, from the company that supplied the equipment and Leroy Dalton, Pulaski district meterman.

New Line, Station Energized Recently At Point Pleasant

A new station and line were put into service at Apple Grove in the Point Pleasant district recently.

Energized were the Apple Grove 138/12-kv station and the 138-kv Mercerville-Apple Grove steel tower line. The station, with 7,500-kva capacity, will serve the Goodyear Tire and Rubber Company plant and the growing distribution system in the vicinity of Apple Grove. The single-circuit line has provisions for another circuit when needed.

Through the combined efforts of Ohio Power, Appalachian and three contractors, both the line and station were designed, contracted for and constructed within seven months. The new station gives the Point Pleasant district three sources of power. A year ago, the district had only one source.

The new Goodyear plant, which will produce Videne, a plastic, and Videl, a fiber material, was expected to be in limited production during February.

Point Pleasant . . .

(Continued From Page 4)

Kenneth Ray, son of Bernice M. Roush, managerial secretarial-stenographer, has gone to Lackland Air Force Base where he will receive his basic training.

The American Red Cross Blood Plan For Employees was re-organized recently and 37 employees signed for membership.

Kanawha River Plant

R. G. Whited and W. B. Moore have returned to work after extended illnesses.

Sympathy is extended Kenneth Fridley on the death of his mother, and to Arvle Frye on the death of his father.

Employee Promoted To Working Foreman

Robert R. Jones of Bluefield has been promoted from station man to working foreman.



Mr. Jones

A native of Crockett, Va., he attended schools at Speedwell and worked for the State Highway Department before joining the company on November 20, 1946. He has been a groundman, lineman and maintenance man with Appalachian.

Mr. Jones served in the Army from 1943 to 1946. He is married and has a son. His hobbies include hunting and fishing.

Beckley Serviceman Moves To Foreman

Thomas A. Dickenson has been named acting foreman in the Beckley district, succeeding L. D. McGraw who retired March 1.



Mr. Dickenson

Mr. Dickenson rises to the position from that of area serviceman. He joined the company July 17, 1945 as a clerk and became a truck driver-groundman six months later. He was a lineman before becoming area serviceman in 1948.

A native of Epperley, W. Va., he attended Beckley schools. He is married. Away from the job he is interested in music and has played with several bands in the area.

Logan Group Selects Officers



Recently elected officers of the Logan Federal Credit Union are from left: T. J. Hanley, treasurer; M. R. Atkinson, president; D. A. Woolcock, vice president; and J. H. Raper, clerk. S. D. Brinegar is a director. The credit union's assets are about \$51,000, and a six percent dividend was declared for 1958.

Service Vets Honored



J. W. Stephens
Roanoke
30 Years

J. M. Brown
Roanoke
30 Years

C. C. Delp
Pulaski
30 Years

C. L. Honaker
Charleston
30 Years



Rodman Crutchfield
Pikeville
30 Years

J. H. Witt
Roanoke
25 Years

G. R. Whitt
Glen Lyn
25 Years

F. W. Thompson
Glen Lyn
25 Years



T. H. Brown
Glen Lyn
25 Years

O. G. Brown
Glen Lyn
25 Years

Eugene Proctor
Kanawha River
20 Years

W. E. Fortune
Logan Plant
20 Years



F. E. Bennington
Pulaski
20 Years

SERVICE
These pins are awarded in recognition of years of faithful service. Each of these pins also recognizes the part the employee has played in the progress of the company during these years of service.

Employees Working On City Improvement

Working for improvements in all phases of the life of the city, the Point Pleasant Planning Commission has gone into action.

Several action committees have been formed, and four employees of our company have been named to these groups. W. M. Pancake, draftsman, is a member of the transportation and business district development committee, which will make recommendations for better parking and traffic conditions in the city.

F. H. Taylor, Jr., district commercial manager, is chairman of the land use committee which will revise the present zoning of the city and recommend new zoning regulations. C. A. Simmons, electrical engineer, and W. C. Gilmour, administrative assistant, have been named members of the city service committee. It will be the function of this committee to evaluate present city services and to develop a plan so that these services can meet the anticipated growth of Point Pleasant. This group will also establish codes for building, electrical, plumbing, health and sanitation, and recommend ways to enforce and inspect these codes.

Beckley Welfare Officers Selected



Elected to lead the Beckley Employees' Flower and Welfare Fund in 1959 are from left: Rhonald Meador, vice president; Mason Wood, president; and Ruth Wilson, secretary.

Excess Weight Presents Threat To Health, But Dieting Must Be Done With Care

(EDITOR'S NOTE: This is another in a series of articles on your health prepared and released as a public service by The Life Extension Foundation, Inc.)

Long life and excess weight do not go together. If you doubt it, try to recall how many fat people over 80 you know or have seen. If you still doubt it, consider this: for each 10 percent increase in overweight, mortality increases 20 percent.

Overweight is not only unattractive, it is a health hazard, directly and indirectly responsible for more disability and illness than any other disease. Heart disease, kidney disease, strokes and diabetes occur two and a half times as frequently among people 25 percent over normal weight than among those of the same age whose weights are normal.

Overweight—Why?

Why do some people tend toward overweight while others can stay at normal weight? All sorts of explanations are offered. Overweight persons are the first to rationalize and justify the existence of their condition as something inevitable. Many claim their excess weight is inherited, but this congenital tendency which they blame is really nothing but a congenitally good appetite unharnessed by will power. Others ascribe their chubbiness to their glands, but the number of people who have glandular dysfunction to account for their avoirdupois is small indeed. Well over 95 percent of overweight individuals have a perfectly normal glandular system that is working overtime to prevent the accumulation of unnecessary pounds.

For the vast majority who are fighting this "battle of the bulge" with varying degrees of success, the cause of their overweight can be attributed to nothing more or less than over-eating.

The cure is as obvious as the cause—restriction of food intake—but, unfortunately the promotion of fad diets and slenderizing gimmicks have eclipsed the safest, surest and soundest way to permanent weight reduction.

How To Reduce

How do you know that overweight has started? Keep your eye on the scales and keep a check on your weight chart (such charts are easily obtained from your doctor, druggist or hospital). When you have climbed 5 pounds over your normal weight, you are on the way. Changes in your eating habits are necessary. These changes should be taken in 3 steps.

First, accept the added 5 pounds as a permanent part of you and a reminder that there are many more to come unless you follow Step One in time. Cut out all in-between-meal snacks. Your eating now should be just three meals a day, generous portions but no seconds.

Step Two is a more strenuous change, but you may be faced with it if you haven't been too conscientious about Step One. In order to lose the additional pounds you must now remove all the fat from meat, rarely indulge in butter and eat desserts only on special occasions. You must eat vegetables plain—not creamed—in smaller portions. Potatoes, peas and corn must give way to the green leafy vegetables and your favorite fruits become apples and oranges, not bananas or grapes.

Gradually, as you follow this change, the fat will disappear. Your goal should be a reduction of a pound



a week or 5 pounds a month. Remember still, you are not on a silly diet. You have changed your eating habits and the weight loss will be slow but steady as was the original gain.

Rapid Loss Bad

When you embark on your weight-reducing campaign don't be overly ambitious. Don't try to lose a pound a day. Such enthusiasm is usually of short duration and, even if continued, would be undesirable. Rapid weight loss is not a sensible goal because after the loss there is too often an equally rapid gain. With an over-rapid loss there is also a loss of stamina, the sense of well-being is lacking, and resistance to infection is lowered. Occasionally the losing process goes too far, gets out of hand and the person is unable to stop the loss. Serious complications may develop from such over-ambitious reducing programs. Moderation is just as important here as in all other routines of life.

For some people, Step number Three is necessary. These are the more than 25 percent over normal weight individuals who have allowed their obesity to get so out of control that it has become a dangerous health hazard. Step Three is to see your doctor. Here is where a diet is a "must", where medicine may be required, but both should be followed only under the doctor's supervision.

Exercise Not Answer

Weight reduction through strenuous exercise is not only a comparatively ineffective method but such added activity frequently throws too large a burden onto the already over-worked heart. Serious damage may result. Moderate exercise such as walking is highly desirable for everyone, especially for one attempting to reduce, but walking will not significantly effect weight loss because it requires relatively little energy. Even violent exercise burns up surprisingly few calories. The immediate weight loss after a game of handball primarily is due to the fluid lost in perspiration and is quickly regained at the water fountain.

There is no justification for such rigid routines as "crash" or "elimination" diets. Indeed, they produce a rather dramatic weight loss in a short time, but they are harmful to the body. You should never eliminate vital proteins, minerals and vitamins from your daily menu. Your body requires a balance of all of these.

Many and varied drugs have been used from time to time in the treatment of obesity. All of these are intended to provide an easy way to reduce. Beware of any medication that is advertised to bring about a loss of weight which can be easily procured at the corner drug store without prescription. Any effective reducing medicine is too dangerous to be taken without the direction and close supervision of a physician.

Frequently, now-a-days, certain foods are advertised or promoted as containing reducing properties, but bear in mind that no single article of food can of itself bring about a reduction of weight. A complete change of eating habits is necessary, not the mere addition of this or that "slenderizing" food. Nobody ever lost weight by adding something to the diet. The reduction obviously results from omitting certain foods from the diet and substituting others of lower caloric value.

Word Of Caution

Before taking up your reducing program, go into conference with yourself to determine whether or not you are really serious about it. Review all the hazards of maintaining excess weight as well as the benefits gained by losing it. Consult your family doctor if there are any doubts in your mind about the wisdom of adopting this new routine. Next, ask yourself whether you have the will power to stay on a routine long enough to accomplish the desired result—and thereafter permanently continue your newly-acquired eating habits.

Once you have settled these questions fairly and squarely with yourself, you are ready to begin. Your rewards will be manifold; you will gain a feeling of self-achievement; you will experience a greater sense of well-being; you will look better to your family and friends; and you will be taking a giant step toward more vigorous health and longer life expectancy.

Williamson Names Groups' Officers



Williamson employees have chosen officers for two organizations. TOP: Leading the Employee Chest Fund are from left: Ford Muncy, treasurer; Virginia Stafford, secretary; H. A. Cross, president; and A. O. Hatfield, vice president. ALBERTA Shelton is a director. BOTTOM: Officers of the KYAP Federal Credit Union are from left: H. W. Cerrato, treasurer; Lorraine Corea, clerk-secretary; G. B. Trent, president; and J. E. Runyon, vice president. Credit committee members are Price Copley, H. A. Cross and Edward Herald. Supervisory committee members are M. P. Nowlin, Alberta Shelton and Florence Murphy. The credit union has 122 members and assets of \$49,550. A four percent dividend was declared for 1958.

Abingdon Employee, Wife Construct Their Own 5-Room Home In 17 Months



Standing in front of the home they built themselves are the A. S. Buchanans of the Abingdon district. With Mr. Buchanan, who is a pre-audit clerk, is daughter Elizabeth Leigh. With Mrs. Buchanan is daughter Melanie Ann.

After 17 months of hard work, A. S. "Bucky" Buchanan and his family are living in the all-electric home they built for themselves.

The Abingdon district pre-audit clerk and his wife, Patsy, a former employee, bought a 30-acre tract of land in May, 1957. With advice from a carpenter and a company wiring and heating specialist, they purchased materials and went to work.

The house has wood siding, five rooms, a bath and full basement. It is heated electrically by radiant ceiling cable.

The work isn't quite finished, says Mr. Buchanan. Although they are living in the home, storm windows are still to be made and the grading and landscaping must be done.

Retired Man Dies After Illness



Mr. Carr

William E. Carr, retired Pocahontas employee of the Welch district, died February 5.

He had been in ill health for two years, and retired early September 30, 1958. Mr. Carr was born in Littleburg, W. Va. on November 14, 1896 and attended school there. He served in World War I and was discharged a sergeant.

He was employed by the company as a lineman April 1, 1930. He worked as a truck driver, truck driver-groundman, distribution record clerk, field time and material clerk and was a T&D clerk at the time of his retirement.

He was a member of the Pocahontas Methodist Church, American Legion Post 14 and the Knights of Pythias.

He is survived by his wife, two daughters, and two grandchildren.



(The following items are based on material appearing in recent issues of "Electrical World.")

King Coal: One kilowatt of electricity is required to enrich enough atomic fuel to yield two kilowatts of electricity. But it requires only one pound of coal to provide enough power to mine 145 pounds of coal.

Comparison: Latest figures show that of each \$1 spent by consumers, only 1.32 cents goes for electricity, while 2.13 cents is spent for tobacco, 3 cents for gasoline, and 5.18 cents for recreation.

Paradox: Despite the fact that kwhr rates have a long history of decline, electric company rates still bring more gripes from customers than any other factor. Study made by Central Surveys, Inc. indicates that on the average one person in three is critical of the cost of electricity. In comparison, only an average of one customer in 30 is critical of service, employees or general conduct of his electric company.

Another Advantage: Use of electric autos would eliminate the potential health hazard which results from the exhausts of internal combustion engines.

Scout Presented High Award



Proudly showing his parents the Ad Altari Dei Scouting Award that he was recently presented is Charles Garten. His father, C. R. S. Garten, is Beckley assistant local office manager. The equivalent of the God and Country Award, the Ad Altari Dei Award is the highest presented by Scouting to children in parochial schools. Charles is a first class scout, one of the award's qualifications. The award is also based on achievements and conduct.

SERVICE ANNIVERSARIES

Appalachian Power Company

- Beckley District**—10 YEARS: ELIZABETH A. SCOTT, stores clerk.
- Bluefield District**—10 YEARS: MARY ALICE NUNN, credit and collection clerk. 5 YEARS: LEONARD W. ROBINETTE, power sales engineer.
- Cabin Creek Plant**—15 YEARS: P. H. PAULEY, plant janitor; H. L. STONE, boiler maintenance helper. 10 YEARS: C. E. PETRY, JR., results maintenance man.
- Charleston District**—10 YEARS: J. M. MATHENEY, appliance serviceman; R. H. HIVELEY, division commercial manager. 5 YEARS: J. E. YOUNG, station man helper.
- Charleston Division**—30 YEARS: C. L. HONAKER, division meter engineer.
- Fieldale District**—10 YEARS: J. W. WRIGHT, JR., utility clerk.
- Glen Lyn Plant**—25 YEARS: OATHER G. BROWN, unit foreman; THOMAS H. BROWN, chief plant dispatcher; FRED W. THOMPSON, shift supervisor; GEORGE R. WHITT, equipment operator. 10 YEARS: DONALD A. BUCKLAND, maintenance mechanic.
- Huntington District**—35 YEARS: VERNON L. THACKER, station foreman. 10 YEARS: PHYLLIS P. REEDER, head contract clerk. 5 YEARS: PEGGY L. GROSE, contract clerk.
- Kanawha River Plant**—20 YEARS: EUGENE PROCTOR, crane operator. 5 YEARS: S. V. CAUDLE, test engineer.
- Logan Plant**—40 YEARS: WILEY J. DINGESS, boiler operator. 20 YEARS: WINIFRED E. FORTUNE, instrument maintenance mechanic.
- Point Pleasant District**—10 YEARS: T. J. ROSE, meter clerk.
- Pulaski District**—40 YEARS: WALTER F. STOOT, hydro operator. 30 YEARS: CURTIS C. DELP, hydro operator. 20 YEARS: FRED M. BENNINGTON, area sales representative. 15 YEARS: WILLIAM W. BALLINGER, meter serviceman.
- Roanoke District**—30 YEARS: J. M. BROWN, street light attendant; J. W. STEPHENS, division line engineer. 25 YEARS: J. H. WITT, line foreman. 15 YEARS: L. R. BUCHANAN, building supervisor. 10 YEARS: J. ELLA JONES, elevator operator; JULIA L. LAW, elevator operator; C. L. REYNOLDS, commercial sales engineer.
- Philip Sporn Plant**—5 YEARS: JOSEPH E. CULLEN, coal handler; MARTHA F. NASH, payroll clerk.
- System**—35 YEARS: C. L. ROBISON, tax and statistical supervisor; J. C. MILLER, appraisal engineer. 15 YEARS: R. T. HYPES, system transmission man; W. S. SHEPPARD, system station man. 10 YEARS: B. W. MIDDAUGH, system relay engineer. 5 YEARS: RUTH R. PYLES, clerk-stenographer, system transportation.
- Welch District**—10 YEARS: WALTER J. THOMAS, meter serviceman.
- Williamson District**—5 YEARS: MYRTLE M. BEVINS, cashier.

Kentucky Power Company

- Ashland District**—10 YEARS: LOUISE DOOLEY, stenographer.
- Pikeville District**—30 YEARS: RODMAN CRUTCHFIELD, head transmission and distribution clerk. 15 YEARS: DENVER LAYNE, line foreman.

Mayce Sanderson Dies In Roanoke



Mrs. Sanderson

Mayce Z. Sanderson, 55, retired Roanoke district chief PBX operator, died January 29.

She retired April 1, 1957 due to ill health after 29 years of service. Born in Tazewell, she was employed as a telephone operator in Roanoke November 21, 1927 and was promoted to senior PBX operator July 1, 1944. She became chief PBX operator April 1, 1949.

She is survived by a son, two grandchildren, two sisters and a brother. She had been making her home with a sister, Mary Mills, who is Roanoke district local accounting utility clerk.

Employee Saves Grandson's Life

A continuing interest in modern methods of first aid has helped D. E. Jeffrey of Logan plant save the life of his grandson.

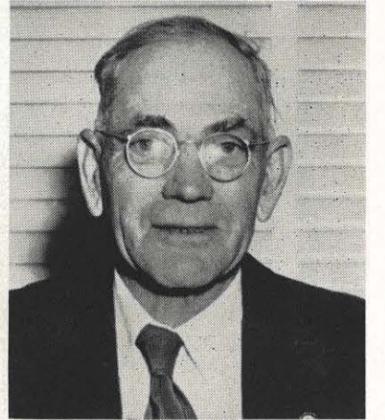
The plant auxiliary equipment operator used mouth-to-mouth resuscitation to restore breathing to three-year-old Don Gregory Jeffrey when the child was ill recently.

While the child's father is in Korea with the Air Force, Don and his mother are staying with his grandparents. One morning recently, Don, who had a bad cold, developed complications. He was found unconscious, turning blue and not breathing. Later they learned phlegm had lodged in his throat.

The grandfather was called and he first attempted the Schafer method of artificial respiration. He switched to the back pressure-arm lift method, again unsuccessfully.

He then began the mouth-to-mouth method and forced the phlegm back into the child's lungs. Don began breathing and was taken to a hospital where he recovered. Mr. Jeffrey reports that it has been several years since he took first aid training, but he recently purchased a copy of the revised First Aid Textbook and read about the mouth-to-mouth method. The attending physician testifies that this knowledge saved the child's life.

Fieldale Veteran Retires To Farm



Mr. Hewitt

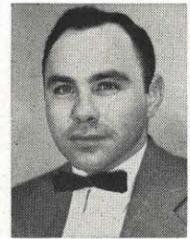
After 30 years with the company, C. J. Hewitt, Fieldale meter service helper, has retired.

A native of Dover, O., he attended Ohio schools and served with the Navy and the Merchant Marines for several years before moving to Patrick County in 1927. He worked for the Stuart Ice and Cold Storage Company until 1930, when he joined the Virginia East Coast Utilities Company as plant operator. East Coast was purchased by Appalachian in 1939.

Mr. Hewitt is a member of the Mountain Home Masonic Lodge, the Patrick Springs Methodist Church and the Critz Ruritan Club. For many years he was chairman of both the Patrick County Red Cross Chapter and the Patrick County Chapter of the Polio Foundation. He is past president of the Stuart PTA. Mr. Hewitt is married and has four daughters.

Hazard Editor Named For Operating Notes

E. Stanley Slone has been named editor of AEP's *Monthly Operating Notes* for the Hazard district.



Mr. Slone

The Hazard supervising engineer joined the company in June 1948 as an engineer and was distribution engineer before becoming supervising engineer in 1955.

A graduate of Caney Junior College and the University of Kentucky with a BS degree in electrical engineering, he is a World War II veteran, serving in the Navy. He is a member of the Kentucky Society of Professional Engineers, past president of the Hazard Rotary Club and member of the Hazard Golf Club. He is married and has two children.

Good Reason For High Bill

It happened recently in Roanoke.

A customer notified the company that he thought his electric bill was too high. The inquiry was investigated, and a few days later District Manager W. P. Booker received this note from the customer:

"... A gentleman had hooked in a wire to one of our meters and his portable home heater was keeping him snug and cozy in his parked car that served as his office. So, when this was discovered we then understood why the bill was so high. All of which goes in a day's work."

Five Couples Take Wedding Vows



Married in recent weeks were, from left: Mrs. William A. Griggs, Williamson; Mr. and Mrs. Buford Williamson, Pikeville; and Mrs. Thomas Parker Moore, Charleston.

Givens-Moore

Marilyn Givens became the bride of Dr. Thomas Parker Moore on February 13 at Calvary Baptist Church in Charleston. Mrs. Moore is the daughter of John S. Givens, St. Albans office supervisor in the Charleston district.

Keene-Williamson

Sybil Keene and Buford Williamson were united in marriage on January 24. Mrs. Williamson is a merchandise order and billing clerk and Mr. Williamson is a part-time accounting employee in Pikeville district.

Bartlett-Johnson

The Hyattsville, Md., Methodist Church was the setting February 8 for the double ring ceremony uniting Alice Ann Bartlett and Justis Alan Johnson. Mrs. Johnson is a former Point Pleasant district home service representative.

Retired Woman In Bluefield Dies

Mary Virginia Jenkins, 68, retired Bluefield employee, died January 28 after a long illness.

Miss Jenkins retired early from the company in 1950 because of illness, after working 21 years in the meter department. She was a life-long resident of Bluefield.

Services were held January 31 at the Memorial Chapel of the Mercer Funeral Home. They were conducted by the Reverend G. P. Whiteley of the First Presbyterian Church, assisted by the Reverend Paul L. Royer, pastor of Immanuel Lutheran Church.

Thompson-Griggs

Doris Thompson and William A. Griggs were married January 14 at the Church of Christ, Clintwood, Va. Mrs. Griggs is the daughter of Calvin Thompson, Williamson district truck driver-groundman.

Milam-Dodson

A double ring ceremony performed January 17 in Roanoke united Shirley Ann Milam and Jerry L. Dodson. Mr. Dodson is a system civil engineering draftsman in Roanoke.

Employee's Wife Has Poem Writing Hobby

Writing poetry is the hobby of Bernadine Gilmour, whose husband is Point Pleasant district administrative assistant.



Mrs. Gilmour

She has written poems for her husband and children on special occasions and has also included her poetry in a church publication she produces.

"To sit down with the idea of writing a poem is almost impossible for me," she said. Usually, while she is doing something else, an idea will come to her. If unable to write it at the time, she will make a note of the idea and write it when she gets the opportunity.

Recently, an idea for an Easter poem came to her after she went to bed. She immediately arose and in 10 minutes had written an 8-line poem which she included in the spring issue of her church publication.

Piano Recital Wins 4-H Grand Prize

Henrietta Cornett was the grand prize winner of the specialty act at the recent 4-H Club Talent Show at Hazard High School.



Henrietta Cornett

Winning with a piano recital, the daughter of Chalmer B. Cornett, Hazard power sales engineer, will go on to the state meet at the University of Kentucky Experimental Station at Quicksand.

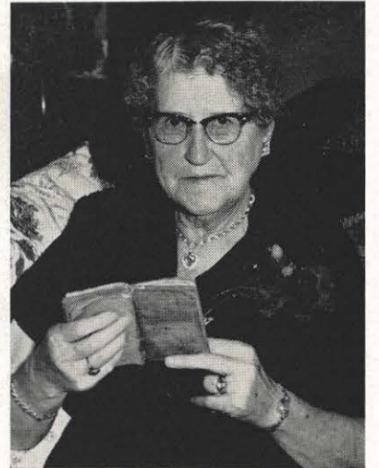
Mother Of E. Paul Hager Presented War Diary Of Her Dad, A Union Captain

The diary of her father, a Union army captain who witnessed the Appomattox surrender, was recently presented Mary Hager, mother of E. Paul Hager, Logan district commercial department.

Written in 1865, the diary of John Henry Wood gives an insight into the war and the activities of the era. The diary had been in possession of a Florida man who has had it for about 30 years. Found by the man in a home on Mill Creek in Logan County, it was given Mrs. Hager last December.

Captain Wood, who had lived at St. Albans, served with the 11th Regiment of the West Virginia Volunteers.

Among incidents recorded in the diary are inspections of the regiment by Generals Meade and Grant and by President Lincoln. Captain Wood expressed surprise at General Grant's youthful appearance. The diary also tells of the pain and suffering of the soldiers.



Mrs. Paul Hager, mother of E. Paul Hager, Logan commercial department, reads her father's war diary, given to her recently by a man who had found it about 30 years ago. Mrs. Hager's father, Captain John Henry Wood, served with the 11th Regiment, West Virginia Volunteers.

Supervisors Are Hosts To Wives At Meeting

Foregoing their regular all-day monthly operating meeting for February, the supervisors of the Point Pleasant district entertained their wives at a dinner.

George E. Hervey, district manager, welcomed the group and complimented the wives on the important part they play in helping their husbands perform their duties. Joe P. Gills, Charleston division manager, who along with his wife was a guest, also talked briefly to the group. Other talks were made by F. H. Taylor, Jr., and M. W. Scott.

Employee's Daughter Receives DAR Award

Frances Layne has been selected by her classmates and the faculty to receive the Daughters of the American Revolution Good Citizenship Award.



Frances Layne

She is the daughter of John Layne, Pikeville janitor, and is a high school senior. The award is given annually to a member of the graduating class, and is based on the educational, social and general abilities of the student. It is also based on an essay students must write on "What A Good Citizen Is."

Along with other high school seniors who won in other towns, Frances will visit Frankfort, the state capitol, and the governor and his wife.

Frances plans on entering West Virginia State College or Central Ohio College this fall.

Roanoke . . .

(Continued From Page 4)

Hazel P. Williams is a new clerk-trainee in Rocky Mount local accounting. Ann Campbell, division payroll; O. B. Murphy, appliance serviceman; Frances Rader, meter clerk; J. W. Bryant, O. B. Gillespie and O. L. Turner, line and station section, have returned to work after extended illnesses.

Sympathy is extended J. L. White, division supervising engineer, on the death of his sister and R. W. Sanderson, retired local accounting employee, on the death of his mother.

J. L. White, division supervising engineer, has been re-elected president of the Hospital Service Association of Roanoke for the seventh consecutive year.

R. E. "Toby" Slaydon, heating and builder representative, attended the Grand Lodge meeting, Masonic Lodge, in Richmond, Va., as a delegate representing Lakeland Lodge No. 190.

Employees Club Elects Officers



Taking the 1959 reins of the Abingdon Employees Club were these new officers. They are from left: Shirley Landreth, secretary; James E. Prater, treasurer; J. M. Orr, president, and Tom Brabson, vice president.

Abingdon District

MR. AND MRS. JAMES W. CALLAHAN, a daughter, Connie Jo, January 31. Mr. Callahan is a lineman.

MR. AND MRS. JAMES E. FLEENOR, a daughter, Lynda James, February 15. Mr. Fleenor is a meterman.

Beckley District

MR. AND MRS. JAMES A. KIRBY, a daughter, Kathryn Louise, February 1. Mr. Kirby is a T&D records employee.

Bluefield District

MR. AND MRS. JOHN A. DANLEY, a son, John A., Jr., February 9. Mr. Danley is a credit and collection clerk.

MR. AND MRS. GRADY L. PARKER, a son, Michael Grady, January 28. Mr. Parker is an electrical engineer.

Charleston District

MR. AND MRS. HERMAN SUMMERS, a son, Bradford Ray, February 2. Mr. Summers is a Kanawha Valley Power Company hydro plant clerk.

Clinch River Plant

MR. AND MRS. PAUL B. BLIZZARD, a daughter, Sarah Lou, January 25. Mr. Blizzard is maintenance foreman.

Glen Lyn Plant

MR. AND MRS. CHARLES D. THOMPSON, a son, February 11. Mr. Thompson is a utility man.

MR. AND MRS. ERVIN E. THOMPSON, a son, February 13. Mr. Thompson is a switch-board operator.

Hazard District

MR. AND MRS. ROBERT MUNCY, a son, Robert Lee II, February 4. Mrs. Muncy is a former commercial department employee.

MR. AND MRS. JOHN PENNINGTON, a son, Robert Douglas, February 3. Mr. Pennington is a lineman.

Huntington District

MR. AND MRS. JAMES F. HICKS, a son, James Austin, February 10. Mr. Hicks is an engineering aide.

Kanawha River Plant

MR. AND MRS. STACEY L. ELLIS, a daughter, Shirley Lynn, January 26. Mr. Ellis is a laborer.

MR. AND MRS. JOSEPH W. DALTON, a daughter, Mary Louise, February 4. Mr. Dalton is a chemist.

Logan Plant

MR. AND MRS. EBEN D. WHITE, a daughter, Diana Lynn, January 28. Mr. White is a mechanical maintenance man.



New Arrivals



System

MR. AND MRS. L. T. BIAS, a daughter, Elizabeth Sue, January 28. Mr. Bias is a system operating employee at Turner Station.

MR. AND MRS. VALENTINE CARR, a daughter, Vickie Marie, January 21. Mr. Carr is a system accounting employee in Roanoke.

MR. AND MRS. PAUL C. CLOWER, a son, Douglas Randall, January 27. Mr. Clower is a system accounting employee in Roanoke.

MR. AND MRS. WAYNE E. WEBB, a daughter, Linda Suzann, January 31. Mr. Webb is a system meterman.

Welch District

MR. AND MRS. H. W. FIZER, JR., a daughter, Susan Gail, February 7. Mrs. Fizer is a former record department employee.

MR. AND MRS. JACKIE MARTIN, a son, Timothy Wayne, February 13. Mr. Martin is a groundman.

Williamson District

MR. AND MRS. EDWARD HERALD, a daughter, Anita Ann, February 11. Mr. Herald is a T&D clerk.

MR. AND MRS. JAMES W. ROBINSON, a daughter, Kimberly Ann, January 27. Mr. Robinson is a meter reader.

Girl Scouts Learn Cooking Art



Learning the art of cooking young are these Girl Scouts, part of Troop 11, who attended cooking classes conducted by Ann Bartlett, Point Pleasant home service representative, at left. Using company facilities, the girls made chocolate fudge and popcorn. They also learned the clean-up operation of cooking—here Miss Bartlett shows them the automatic dishwasher. Next to Miss Bartlett is Bonnie Hervey, daughter of District Manager G. E. Hervey.

With No Home Court, Mullins Team Is Still Winning Under Garry Layne

Athletic coaches have many problems, face many frustrations. But Garry Dean Layne's problem is a little unusual.

He is coaching the Mullins High School basketball team without a gym. Located eight miles outside of Pikeville, it is the only school in the district without a gymnasium.

But Gary's ability as a coach, and the enthusiasm of his team, has earned the squad a 10-9 record so far this season. The son of Denver Layne, Pikeville line foreman, Garry trains his team on courts at other schools, and of course, all games are played away.

One of the mainstays on the team is Jimmy Lykins, son of Edward Lykins, Pikeville draftsman. A first year man, Jimmy is counted on for his height and the experience he is gaining.

Ignoring the handicap of no home



A coach with a problem is Garry Dean Layne, left, coach of the Mullins High School basketball team, which has no home gym. At right is Jimmy Lykins, son of Pikeville employee Edward Lykins, a member of Garry's team.

court and the home crowds that go with it, Garry and his team are playing to win, no matter where they play.

Bluefield Personals . . .

(Continued From Page 4)

Mrs. Ray C. Heldreth, wife of the dealer sales representative, has returned home after extensive hospitalization.

Sympathy is extended Neal Howard, division private secretary, on the death of her mother and Bob Simmons, T&D clerk, on the death of his sister-in-law.

Sympathy is also extended G. Leroy Poynthress, division civil engineer, on the death of his mother.

Emmett D. Hicks, draftsman, has returned to work after hospitalization.

Alfred H. White, photographer and reproduction man, and his wife have been re-elected first vice president of the Y-Weds Club of the Bluefield YWCA.

Sally F. Litz, Pearisburg general clerk, has been named secretary-treasurer of the Giles County Heart Council.

E. Vance Dunn, Bland area serviceman, has returned to work after an illness.

Karnes Hoge, division air conditioning engineer, has been elected to the board of directors of the Princeton Park and Recreation Association.

Beth, daughter of Howard S. Meadows, district engineer, was named "Queen of the Valentine Formal" at a Fairview Junior High School dance.

Anne, daughter of W. J. Gillespie, Jr., district manager, has been chosen a member of the cast of the Graham High School play "Ladies of the Mop."

Jane McNabb, home service representative, is a member of the cast of "Two Little Girls in Blue," a production of the Jeffersonville Woman's Club.

Lois K. Rounion, division secretarial-stenographer, and Mary Ruth Chambers, system secretarial-stenographer, attended the third annual secretarial workshop sponsored by the Roanoke, Va., Chapter of NSA (International).

Mrs. Willard A. Johnson, wife of the Princeton meter reader, has been elected president of the Princeton Council of United Church Women. Mr. Johnson is serving as superintendent of the Princeton Presbyterian Church Sunday School.

W. J. Gillespie, Jr., district manager, has been elected to the board of directors of the Bluefield Country Club and the Bluefield United Fund.

Robert L. Caudill, division line inspector, has returned to work after breaking a foot.

Lois K. Rounion, division secretarial-stenographer, is serving the second consecutive year as chairman of the Mercer County Easter Seal mailing campaign.

"Sammy" Award Winners



For outstanding sales records, these two Williamson district employees received distinguished salesmen awards, nicknamed "Sammies", from the Sales Executive Club of Huntington. At left is J. E. "Sonny" Runyon, heating and builder sales representative. Right is M. P. Nowlin, dealer sales representative. These awards were reserved for sales personnel of the Huntington division. The club conducted the competition in cooperation with the National Sales Executive Club. Under the rules of the contest, awards were to go to outstanding salesmen from each member company of the Huntington Club.

Junior Spacemen: Play It Safe Flying Kites

It may be some time before man reaches the moon, but today interest in flight is at an all-time high.

And just as popular with today's junior spacemen as it ever was is the kite. Children still find the kite a lot of fun. If they can't send up a rocket, then launching a kite is the next best thing.

Reddy Kilowatt, who knows how much fun kite flying is, has a few words of wisdom for today's youngsters. He cautions all junior spacemen to play it safe.

There are many dangers to kite flyers—busy streets, power lines, trees too easy to fall out of, and other things that can hurt a child when his mind is on his kite.

Reddy feels that safety precautions should begin when the kite is purchased or made. The kite should contain no metal, and the cord should have no tinsel or little strands of wire in it. If they come in contact with a power line, these metal cords can cause burns and shock.

The "launching pad" for our spaceman's kite should be a level spot, away from power lines, TV antennas, rocks and trees so there is plenty of room to run. Children should stay away from streets when flying kites, because there is a real danger of being hit by a car.

Sometimes launchings are unsuccessful—the kite may land in a tree or on top of a pole or electric wires. Reddy cautions that the kite should be left alone. It's a whole lot better to get a new kite than to have a child injured.

E. L. Whitley Takes Country Club Reins

E. Lane Whitley, assistant Pulaski district manager, has been elected president of the Pulaski Country Club.



Mr. Whitley

Mr. Whitley joined the company in 1934 and worked at Roanoke, Lynchburg and Bluefield before going to Pulaski in 1952. He became assistant district manager in January.

A VMI graduate with a BS degree in electrical engineering, he is at present a Colonel in the Army Reserve. He has previously served the country club as treasurer and a member of the board of directors. Also a member of the Pulaski Presbyterian Church and the Rotary Club, he is married and has a son and a daughter.

Roanoke Developing Another Tight Race

A tight race seems to be the accepted thing in the Roanoke Bowling League.

After the first half went down to the wire and was decided in a play-off, the second half is developing into the same pattern. At present System and Division Engineering are tied for first place with 13-8 records. Just two games off the pace are the Local Office and Accounting teams with 11-10 records. In the first half, Division Engineering lost the play-off to Meter-Distribution.

L. G. Gregory continues to lead the league with a 110 average and high game of 151. W. M. Mills has high set of 389. Line and Station has high team set of 1,611 and Accounting has high team game of 592.



Kite season is just about here, and our junior spacemen will soon be launching their kites. Reddy says: "Let's make kite flying fun by making it safe."

Kilowatt Bowlers Score In Tourney

Individual and team honors were won by employees when the Logan district Kilowatts entered the Logan City Bowling Tournament.

Rolling for the team were Mary Elizabeth Davis, Barbara Williamson, Harriet Javins, Ruby Walls and Mildred Hannah. The team placed sixth in the two-day tourney.

Barbara Williamson and Ruby Walls combined to place first in doubles with 1,130 pins, and Ruby placed second in singles with 571 pins.

Bland Hunting Party Bags 400-Pound Bear

A 400-pound bear was the prize when Robert S. Hylton recently was a member of a hunting party.

The Bland meter serviceman in the Bluefield district helped land the bear in the Bland County area. The group also downed other sheep destroyers in the area, including another bear which Mr. Hylton bagged himself.

Charleston Bowlers Best Beckley In Annual Inter-District Tourney



Outstanding in the first section of the annual Beckley-Charleston bowling tournament were, from left: Eugene O'Neal, high single game, Beckley; Judy Hackney, high series and game for Beckley girls; Bob Selbe, high series and game for Charleston; Emma Jean Wilson, high singles and series for Beckley girls, and Bob Thomas, high series for Beckley.

Charleston bowlers were victors in the first section of their annual bowling tournament with Beckley. Charleston won the affair by a 192 pin margin.

History repeated itself as Charleston's No. 2 team clinched the victory, just as they did last year. The No. 1 teams were rolling close with Beckley winning 2,899 to 2,890. Also, Beckley's girls won by 57 pins over Charleston girls. However, with a 258 point winning margin, Charleston No. 2 saved the day.

Bob Selbe had high series and game for the Charleston men with 586 and 217 respectively. Judy Hackney's 472 and 175 were high for Charleston's girls.

Eddie Berginnis was high for Beckley with 556 and Eugene O'Neal rolled high game for Beckley of 213. Emma Jean Wilson rolled high single, 150, and high series, 427, for Beckley girls.

The match was followed by a buffet supper held in the banquet room of the bowling alley.

Kentucky Discontinues Sales Of Appliances; Pledges Continued Support Of Area Dealers

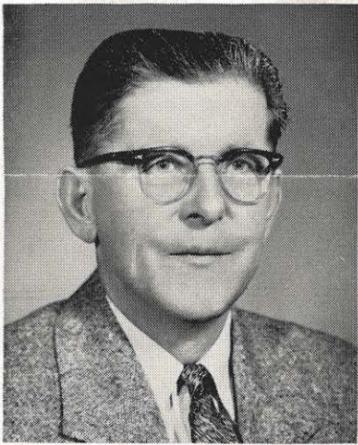
Kentucky Power Company is discontinuing the sale of electric ranges, water heaters and dryers, thus placing the sale of all electric appliances to the public in the hands of dealers.

The policy change was announced to electric appliance dealers in the area during a series of meetings in February. Appalachian and Kingsport discontinued merchandising appliances several years ago.

In making the announcement, F. M. Baker, Kentucky power vice president and general manager, said: "We are pleased to be able to turn over completely the job of selling these three major appliances to the dealers who have proved by their performance that they can handle our customers' needs. We will continue to lend the dealers our support in promoting these major appliances that have been gaining rapid acceptance in our service area. We certainly want to thank all of our customers for their business and urge them to see their local dealers for all types of electrical equipment."

During the 30-minute programs Mr. Baker traced the power company's efforts to promote the use of electrical appliances, beginning with

Beckley Foreman Retires March 1



Mr. McGraw

Leslie D. McGraw, Beckley line foreman, retired March 1 after almost 33 years with the company.

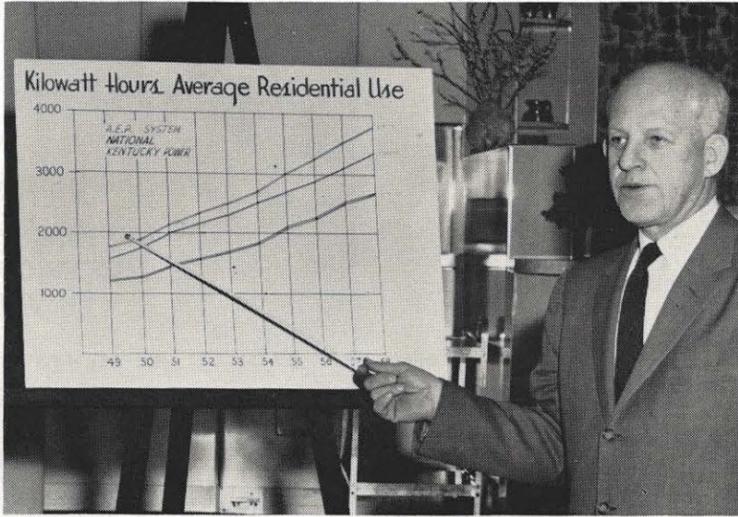
He was employed November 16, 1926 as a laborer and in 1935 moved up to groundman. In 1948 he became line foreman.

Born February 21, 1899 at Ramsey, W. Va., he operated a store there before joining the company. He is married and the father of a son. Mr. McGraw states he plans to remain in the Beckley area during his retirement.

Giant Transformer For Tazewell



Preparing to make a mile-long trip from a railroad siding at North Tazewell to its destination at the Tazewell station is this 58-ton transformer. The 40,000 kva three-phase transformer, which will step power down from 138,000 volts to 33,000 volts, will provide for present and future growth at the Bluefield district station, as well as give additional voltage regulation in the area. The transformer, which weighs 58 tons without oil or bushings installed, was transferred from the railroad car to the truck, and then set on its base at the station with the help of a giant bulldozer. J. G. Tapley, system senior station engineer, is the company engineer in charge of the station work.



At a series of meetings where he announced that Kentucky Power was discontinuing the sale of electric ranges, water heaters and dryers, F. M. Baker, vice president and general manager, used this chart to compare average residential usage of electricity. He pointed out that Kentucky Power residential customer usage, bottom line, was below the national average, middle line, and the AEP System average, top line.

the refrigerator. He told of Kentucky Power's programs during the last 30 years encouraging the public to live better electrically, pointing out that in the appliance field the major concentration of promotional efforts in recent years has been on electric ranges, water heaters and dryers.

He went on to say: "Your power company has never had a residential rate increase. We have been able to hold the line on rising costs of materials and manpower by practicing every operating economy and by the continuing increased use of electricity by the customer. Our customers' increased use of kilowatt-hours has been a major factor in our being able to fight inflation and rising costs."

However, he pointed out that even with encouraging gains the residential customer of Kentucky Power used an average of 2,701 kilowatt-hours last year — below the national average of 3,385 kwh and further below the average of 3,797 kwh on the Amer-

Unit Four At Sporn Returned To Service

Following an outage of almost a month for repairs, Unit 4 at Philip Sporn plant has been returned to service.

During the outage the high pressure turbine was disassembled, inspected, repaired and reassembled. Other work included replacement of dust collector tubes, installation of turbine steam seal, renewal of boiler casing joints, rebuilding of clinker grinders, replacing coal distributor heads and numerous inspections and repairs to unit equipment.

ican Electric Power System. He called on the dealers for more active programs that encourage a higher standard of living.

After reviewing present promotional activities sponsored by Kentucky Power and outlining some features in the future program, Mr. Baker concluded: "We believe you dealers are equipped to do the job in the year ahead and we intend to help you serve the people of our service area in eastern Kentucky."

Fall Is Fatal To Bluefielder



Mr. Whittaker

Joseph Wesley Whittaker, Jr., 38, Bluefield meterman, died January 31, six days after falling from a substation structure.

Mr. Whittaker was installing metering equipment at the Jewel Ridge station January 25 when he fell 20 feet from the structure, suffering back and chest injuries. He was taken to the Mattie Williams Hospital at Richlands, and then transferred to the Bluefield Sanitarium, but died January 31.

Born in Bluefield May 29, 1920, he attended public schools there and Bluefield College, majoring in business administration. He joined the company January 13, 1941 as a meter helper and later rose to meterman. He served in the Army from 1941 to 1945.

He was a member of the Calvary Baptist Church and the Wesleyan Bible Class of the Bland Street Methodist Church. He was also a member of the Cumberland Heights Lions Club and the Pocahontas Electrical and Mechanical Institute.

Surviving are his wife, a son, a daughter, his parents, one brother and two sisters. Funeral services were conducted at the Hawkins Funeral Home on February 1 in Bluefield.

Appalachian Employees Have Ideas Printed In 'Monthly Operating Notes'

Five ideas originating with Appalachian employees were featured in the February issue of *Monthly Operating Notes*.

Two of the ideas were described in articles by W. J. Buchanan, Jr., Kanawha River plant maintenance supervisor. In "Easier Access To Crane-Motor Resistors," he points out a problem at his plant of poor access to the resistor bank in the motor-control circuit of the coal unloading crane. Because of close quarters, the bank could not be inspected and repaired easily. His article shows how the rows of resistors have been arranged to alleviate this space problem.

In another article, "Switch Labels Save Time," Mr. Buchanan described a list posted on each main 550 volt air circuit breaker at the plant, showing what equipment that breaker controls. This has speeded up and made easier switching and de-energizing equipment.

P. E. Evans, auxiliary equipment operator at Kanawha, was the author of "Guard For Hot Engines." He relates how a portable gasoline engine driven pump used to supplement fire fighting equipment had to be handled with care because of its hot exhaust pipe. He describes a metal guard designed for the pipe.

V. K. Casto, transformer maintenance foreman at Cabin Creek plant, was the author of "Vacuum Aids Repair Of Solder-Seal Bushings." He describes how 37 manhours are saved each time a solder-seal bushing is repaired by the use of vacuum. The old method was to replace the bushing, a time consuming and costly job.

"Retaining Meter Numbers" was written by James E. Fleenor, Abing-



Mr. Buchanan

Mr. Evans



Mr. Casto

Mr. Fleenor

don district meterman. He points out that his district saves about five minutes a meter, and cuts down on the possibility of error, when a new dial replaces a damaged dial on a meter. This is done by simply clipping off the original meter number from the old meter dial and transferring it to the new dial.

"First Love"



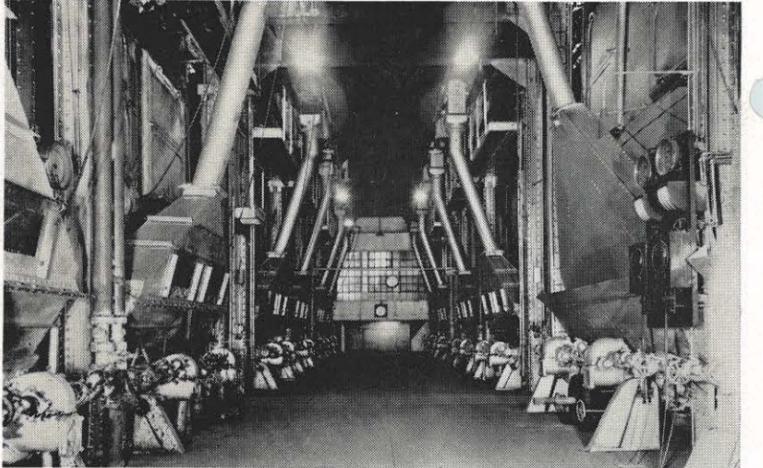
This is a copy of a prize winning photograph taken by Lt. Bricker, son-in-law of J. E. Taylor, Bluefield local office manager. The boy in the picture, George Edward Bricker, is Mr. Taylor's grandson. Called "First Love," the photo placed second in the 1958 intra-service photo contest, placed high in "U. S. Camera" magazine's annual contest, and has been run in several newspapers.

Retired AEP Man Dies In February

Victor Sansted, former American Electric Power Service Corporation consulting electrical design engineer, died February 12 of a heart attack.

Mr. Sansted, a veteran of 33 years' service, started with AEP as a draftsman in 1925. He took early retirement last November because of failing health. He is survived by a wife and son who live in Somers, New York.

Turbine, Boilers At Cabin Creek Retired After 40 Years' Service



These boilers, which have been in service for over 40 years, were retired recently at the Cabin Creek Plant. The 12 boilers of No. 2 boiler room were taken from service January 1.

A veteran of over 40 years' service retired recently at the Cabin Creek plant.

In service since 1914, No. 2 turbine was retired along with No. 2 boiler room, in service since 1918.

A predecessor of Appalachian, Virginian Power Company, put the turbine into operation. Rated at 8,250 kilowatts, it was operated at 250

pounds steam pressure. Ashes were originally removed from the boilers that fed the turbine by small horse-drawn carts.

No. 2 boiler room has 12 Babcock and Wilcox boilers. Ten of these were originally erected by the government to supply needed power during World War I. The other two boilers were placed in service in 1924.